

MYSMALLHELP

England & Wales · Charity number 1123830

Details

Status Registered

Legal form Other

Registered 2008-04-22

Register [View on the Charity Commission register](#)

Contact

Address 6 Sandown Avenue
Esher
Surrey
KT10 9NT

Phone 07770774012

Email info@mysmallhelp.org

Website <http://www.mysmallhelp.org/>

Activities

Objects: A. TO RELIEVE CHILDREN, YOUNG ADULTS AND FAMILIES WHO ARE LIVING IN CONDITIONS OF POVERTY, SICKNESS AND DISTRESS ANYWHERE IN THE WORLD IN SUCH WAYS THAT THE TRUSTEES FROM TIME TO TIME SEE FIT B. TO ADVANCE THE EDUCATION OF UNDERPRIVILEGED CHILDREN AT SELECTED SCHOOLS IN NEPAL, MEXICO AND PERU, PROVIDING SPONSORSHIP OF SCHOOL FEES, EDUCATIONAL MATERIALS, SCHOOL UNIFORMS AND PROVISION OF EXTRA-CURRICULUM EDUCATIONAL COURSES.

Activities: We raise money to: *provide sponsorship and education to disadvantaged children in the developing world; *support education projects that improve the infrastructure in schools by providing resources, improving facilities and buildings and providing training for teachers.

Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Charities Or Voluntary Bodies

Geography

- **Area of benefit:** NATIONAL AND OVERSEAS
- Nepal

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£70,908	£58,698	-	-
2024-03-31	£48,279	£35,522	-	-
2023-03-31	£32,083	£32,076	-	-
2022-03-31	£29,705	£41,001	-	-
2021-03-31	£26,259	£16,682	-	-

Trustees

Name	Role	Appointed
ALISTAIR CHARLES WALTER WILLIAMS		2012-03-19
JOSHUA REUBEN STAMP		2017-06-20
Kim Marie Karmozyn		2015-05-04
LEANDER MARIA HOLLINGS		2015-11-27
LEE FORSYTH		2011-05-26

MYSMALLHELP

England & Wales - Charity number 1123830

Accounts

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2025 **UK registered charity number: 1123830**

Section A: Reference and Administration Details

The charity's principal address during the year was:

6 Sandown Avenue
Esher
Surrey
KT10 9NT
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn, Deb Priestley and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, Pramila and Isela for all their hard work, making this, once again, a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2024 to 31 March 2025 funds were sent to MySmallHelp Nepal, Marybert School Nepal and Fundasevi Panama. These organisations are separate legal entities, are independent of MySmallHelp UK and each have their own local governance and control structures.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The focus of activities during this period was as follows:

- Finding sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school (section D1)
- Supporting the development of Marybert School in Lalitpur, Nepal (section D1).
- Assisting Fundasevi Panama with a new programme to improve the living conditions and education of under-privileged children in Panama. Fundasevi's excellent work was introduced to MySmallHelp by our Trustee, Lee Forsyth (section D2).

Section D covers achievements and performance in more detail.




Section D: Achievements and Performance




D1 MySmallHelp Nepal

Child Educational Sponsorship Project

Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have 16 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 16 children, 14 of them are girls and 2 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS	
	<p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rebika is currently perusing Bachelor of Science in Computer Science and Information Technology. It is her 3rd semester. It is a 4 years course. MySmallHelp has been partly supporting her for her education.</p>
	<p><u>Nabina</u></p> <p>Educational Support Year: Since 2011</p> <p>Nabina is currently perusing Diploma in Civil Engineering. It is her 6th or last semester of 3 years.</p>
	<p><u>Dipika</u></p> <p>Educational Support Year: Since 2014</p> <p>Dipika is in Higher Secondary Level. She is currth grade and now in 12th grade.</p>
BOYS	

	<p><u>Rojan</u></p> <p>Educational Support Year: Since 2007</p> <p>Rojan completed her Bachelor's degree in Business Studies and looking forward to doing Master's degree aboard.</p>
	<p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon just completed his 1st year of Bachelor's degree in Business Studies and now continuing 2nd year. He is also teaching computer at Marybert School.</p>
	<p><u>Manish</u></p> <p>Educational Support Year: Since 2019</p> <p>Manish is in Higher Secondary Level and just completed his 11th grade and now joined 12th grade.</p>

List of Children with School/University			
No.	Student Name	Education	School/ University
1	Nabina B	Diploma in Civil Engineering	Souvenir School
2	Dipika K	Higher Secondary Education	Hotland School
3	Simon R	Bachelor's Degree in Business Studies	Patan Campus
4	Manish S	Higher Secondary Education	Baba Batika School
5	Rebika R	Bachelors in IT	Asia Education Foundation
6	Utri M	Grade 10 (Completed)	Pravat School
7	Aliza M	Grade 10	Pravat School
8	Manita C	Grade 10	Pravat School
9	Shristi C	Grade 9	Marybert School
10	Arpana C	Grade 7	Marybert School

11	Rachana C	Grade 7	Marybert School
12	Pratikchya C	Grade 7	Marybert School
13	Manima L	Financial Support	
14	Suprim T	Grade 6	Motherland School
15	Jeshan K	Grade 4	Garima School
16	Parisha T	Grade 1	Amar Kanti School

Rojan: A Journey of Dedication and Success

Rojan, a bright and determined young man who stayed at the Marybert hostel for over 12 years, supported by MySmallHelp Nepal. With hard work and perseverance, he successfully completed his Bachelor's degree in Business Studies—and now, an incredible new chapter begins!

Rojan has been awarded a scholarship to pursue a Master's degree in Economics in Austria! His journey is a testament to the power of education and the impact of kindness.



Trustees from MySmallHelp, UK Alistair Williams' Visit

In November 2024, Alistair Williams, Trustee of MySmallHelp, UK, visited Nepal to meet with MySmallHelp members and the children supported through the charity's programs. His visit also marked the successful inauguration of Phase 3 of the renovation project at Marybert School, a major milestone in improving educational facilities. Joined by Rob and Claire, Alistair celebrated the progress made and expressed deep appreciation for the transformation, which has created a more welcoming and vibrant learning environment for students and teachers alike.



Matt from Schools For Nepal at Marybert Hostel

In November 2024, Matt from the Australian charity Schools For Nepal visited the children at Marybert Hostel in Lalitpur. He spent meaningful time engaging with the children, sharing gifts, and creating joyful memories. His visit exemplified the power of global compassion and strengthened our shared commitment to nurturing young lives.



Christmas treat for the children living at the Marybert children homes

Charlotte and Aaron from the UK have once again shown incredible generosity by raising and contributing funds for the children at Marybert Children Home for the 2024 Christmas season. Their unwavering support continues each year, and this year is no exception. With the funds they raised, we were able to purchase essential items for the children, including shoes, bags, jumpers, blankets, a rice cooker, and more.

In addition, we completed several much-needed renovations. This included repairing and fixing cupboards in the children's rooms, replacing door hardware, and upgrading the kitchen cupboard doors. We also enhanced the lighting in the children's dormitory to make their living space brighter and more welcoming. Part of the funds were also allocated to improving the safety of the school by adding a protective fence around the stairs.

The main highlight of the celebrations was that the children had the joy of celebrating Christmas with delicious food and cakes for dessert. The event also included fun songs and dances, adding to the festive spirit and creating lasting memories for the children.

A huge thank you to Charlotte and Aaron for their continued generosity and support in making this holiday season special for the children.



Phase 4 Upgrades at Marybert School

Transformative Upgrades at Marybert School: Completion of Phase 3

In our ongoing commitment to enhance educational environments and support underprivileged communities, MySmallHelp has made significant strides in upgrading Marybert School, situated in Satdobato, Lalitpur, Nepal. This past year, we successfully completed Phase 3 improvement plan, bringing notable improvements to the school's infrastructure and facilities. Currently, Phase 4 renovation program is going on.



Before



After

D2 Fundasevi Panama

During the last financial year FUNDASEVI has continue working on projects directed to support children and their families living in extreme poverty to achieve education and financial relief, these projects include:

- Academic Scholarships
- Food Secure & Financial Independency for the families of the Academic Scholarship Beneficiaries
- Humanitarian help



While these projects are targeting to achieve their aims as described below, recent changes in the management structure of FUNDASEVI mean that MySmallHelp does not believe that FUNDASEVI has the administrative capacity required to develop this work further in 2025-26. The Trustees are working closely with the donors that created this fund to find an alternative operational partner in Panama to deliver these important programmes. No further grants to FUNDASEVI are planned in 2025-26.





Academic Scholarships





In 2024 the lives of 16 students and their families have been positively impacted. For 2025 scholarships will be offered to 19 students including 3 scholarships for students with disabilities.




For 2025 the scholarships will be extended to reach out to students in conditions of vulnerability aspiring a university degree.

The below is the list of students benefited during 2024 and 2025, ages 6 to 17 years old.

	Ana Sixth grade
	Jonathan Third grade

	<p>Patricio Kindergarten</p>
	<p>Oveida Sixth grade</p>
	<p>Oriemer Fourth Grade</p>
	<p>Jeison Fourth grade</p>
	<p>Zaleb Third grade</p>

	<p>Jose Fourth Grade</p>
	<p>Azeneth First grade</p>
	<p>Neithan Second grade</p>
	<p>Jahir Second grade</p>

	<p>Jandel Second grade</p>
	<p>Isaac Third Grade</p>
	<p>Milagros Eleventh grade</p>
	<p>Joshua Tenth grade</p>
	<p>Yahir Seventh Grade</p>

Food Secure & Financial Independence Project

In 2024 FUNDASEVI initiated a project to financially support the families of the beneficiaries to our scholarships to develop entrepreneurial activities that could create a source of food and/or an additional income to support their families. For this year the financial aid went to the Montezuma's family and their 9 family members which include Oveida Montezuma, beneficiary of one of our scholarships.

The Montezuma Family are panamanian indigenous, their main source of income comes from the father's work in a farm.

FUNDASEVI donated \$200 that were used to initiate chicken rearing and corn growing.



Humanitarian Help

Humanitarian Aid was offered to 4 families where students were awarded with scholarships.

- Family 1: The repair of a collapsed wall for the room where a student and his mom sleep. The student has been diagnosed with acute asthma which is worsened by the rain/cold
- Family 2: Help with the buying of pampers for disabled family member
- Family 3: the buying of 3 bicycles for a family of 5 students walking 2 hours to go to school.
- Family 4: Funds to cover the exam for admission to university of a family member.



Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £36,532, which was allocated to the General fund (£903), support for MySmallHelp Nepal (£10,186), Marybert School Nepal (£665) and funds for Fundasevi Panama (£24,778).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £70,908 an increase of £22,629 compared to the previous year. These amounts included donations of £16,280 to MySmallHelp Nepal, £28,098 to Marybert School Nepal and £25,800 for Fundasevi Panama. The General Fund recorded an income of £730. Contributions received by the charity are allocated to the General Fund when a donor does not dedicate the donation to a particular purpose.

Reflecting the charity's success in raising funds this year and in previous years, donations of £15,720 were made to MySmallHelp Nepal, £28,049 to Marybert School Nepal and £14,444 to Fundasevi Panama.

Operational costs for the year were £485, including accounting costs of £249 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 3 October 2025

MySmallHelp (UK registered charity no. 1123830)

Receipts and payments accounts for the year from 1 April 2024 to 31 March 2025

£	General Fund	MSH Nepal	Marybert School Nepal	Panama Projects	Total	Previous year
<u>Unrestricted receipts:</u>						
Donations	187				187	100
Bank interest	543				543	123
Total unrestricted receipts	730	0	0	0	730	223
<u>Restricted receipts:</u>						
Sponsorship		13726		25800	39526	37898
Projects in Nepal		1473	17195		18668	6714
Gift Aid credit from HMRC		1081	10903		11984	3444
Total restricted receipts	0	16280	28098	25800	70178	48056
Total receipts	730	16280	28098	25800	70908	48279
<u>Costs:</u>						
Just Giving fees	-216				-216	-216
Website and software costs	-20				-20	-20
Accountancy fees	-249				-249	-183
Total costs	-485	0	0	0	-485	-419
<u>Payments:</u>						
MSH Nepal		-15720			-15720	-15279
Marybert School			-28049		-28049	-6834
Fundasevi Panama		0		-14444	-14444	-12990
Total payments	0	-15720	-28049	-14444	-58213	-35103
Total outflows	-485	-15720	-28049	-14444	-58698	-35522
Net inflow/(outflow) of funds	245	560	49	11356	12210	12757
Opening bank balance	£658	£9626	£616	£13422	£24322	£11565
Closing bank balance	£903	£10186	£665	£24778	£36532	£24322

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

03 October 2025



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
My Small Help

**On accounts for the year
ended**

31 March 2025

**Charity no
(if any)**

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

30/09/2025

Name:

Karen Swash

**Relevant professional
qualification(s) or body
(if any):**

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

MYSMALLHELP

England & Wales - Charity number 1123830

Accounts

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- Finding sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school (section D1)
- Supporting the development of Marybert School in Lalitpur, Nepal (section D2).
- Assisting Fundasevi Panama with a new programme to improve the living conditions and education of under-privileged children in Panama. Fundasevi's excellent work was introduced to MySmallHelp by our Trustee, Lee Forsyth (section D3).

Section D covers achievements and performance in more detail.



Section D: Achievements and Performance

D1 MySmallHelp Nepal





Child Educational Sponsorship Project



Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 20 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 20 children, 17 of them are girls and 3 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS (9)	
	<p><u>Hannah</u></p> <p>Educational Support Year: Since 2007</p> <p>Though Hannah completed her Bachelor's Degree in Theology, she is still finding hard to make ends meet. She is currently teaching at Pre-Primary level at Marybert School. She is also taking Dance Class. MySmallHelp has been supporting for her dance class and also helping her in her accommodation.</p>
	<p><u>Sushmita</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushmita is in 4th year of her Bachelor's Degree in Humanities in Sanjibani Campus. It is of 4 years course.</p>

	<p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rebika has completed her Higher Secondary Level Education. She has chosen IT in Bachelor's Degree. It is a 4 years course. She is in the 1st year of her degree and MySmallHelp has been partly supporting her for her education.</p>
	<p><u>Rasna</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna completed her Higher Secondary Level Education. She is now doing a part time teacher in one of the school nearby. She decided to join Bachelor's degree in coming year.</p>
	<p><u>Nabina</u></p> <p>Educational Support Year: Since 2011</p> <p>Nabina is currently perusing Diploma in Civil Engineering. It is a 3 years course with 6 semester. She is now in 5th semester.</p>
	<p><u>Sarita</u></p> <p>Educational Support Year: Since 2011</p> <p>Sarita has just completed Higher Secondary Level Education.</p>

	<p><u>Sushma</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushma has just completed Higher Secondary Level Education.</p>
	<p><u>Dipika</u></p> <p>Educational Support Year: Since 2014</p> <p>Dipika is in Higher Secondary Level. She has just completed 11th grade and now in 12th grade.</p>
	<p><u>Smriti</u></p> <p>Educational Support Year: Since 2015</p> <p>Smriti successfully completed her Higher Secondary Level Education.</p>
<p>BOYS (3)</p>	
	<p><u>Rojan</u></p> <p>Educational Support Year: Since 2007</p> <p>Rojan completed her Bachelor's degree in Business Studies and looking forward to doing Master's degree abroad.</p>

	<p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon just completed his 1st year of Bachelor's degree in Business Studies and now continuing 2nd year. He is also teaching computer at Marybert School.</p>
	<p><u>Manish</u></p> <p>Educational Support Year: Since 2019</p> <p>Manish is in Higher Secondary Level and just completed his 11th grade and now joined 12th grade.</p>

List of Children with School/University			
No.	Student Name	Education	School/ University
1	Rojan S	Bachelor in Business Studies - completed	Grand Academy
2	Rasna G	Intermediate in Science - completed	Sooryodaya Secondary School
3	Nabina B	Diploma in Civil Engineering	Souvenir School
4	Dipika K	Grade 12	Hotland School
5	Smriti R	Intermediate in Commerce - completed	New Ceres School
6	Simmon R	Bachelor's Degree in Business Studies	Grand Academy
7	Sushma S	Intermediate in Humanities - completed	Kavre Multiple Campus
8	Sushmita S	Bachelor in Humanities - completed	Sanjibani Campus
9	Sarita M	Intermediate in Commerce - completed	Nepal Adarsha Sec. School
10	Manish S	Intermediate in Commerce	Baba Batika School
11	Manisha R	Grade 5	Phulchoki Sec. School
12	Rajina R	Grade 8	Phulchoki Sec. School
13	Rebika R	Intermediate in Information Technology	Pravat School
14	Utri M	Grade 10	Pravat School
15	Aliza M	Grade 9	Pravat School
16	Manita C	Grade 9	Pravat School
17	Shristi C	Grade 8	Marybert School
18	Arpana C	Grade 6	Marybert School
19	Rachana C	Grade 6	Marybert School
20	Pratikchya C	Grade 6	Marybert School

From School to Skills: Manish Shrestha's Barista Training Journey with 'MySmallHelp'

Manish, after completing his schooling, received a three-month Barista training from the charity organization "MySmallHelp". This program was designed to provide him with the skills and knowledge needed to pursue a career in the hospitality industry, offering him a valuable opportunity to build a brighter future.



Trustees from MySmallHelp, UK visit to Nepal

Trustees from MySmallHelp, UK, Alistair Williams and Lee Forsyth, visited Nepal in November 2023 to oversee the projects, assess the ongoing work, and explore potential collaborations. One of their key focus areas includes partnering with Marybert School to develop and implement impactful educational programs to support our intended beneficiaries. Their visits not only strengthen the bond between the two organizations but also ensure that the initiatives are effectively addressing the needs of the community.



MySmallHelp, UK Trustee Alistair Williams visit to different projects

Alistair Williams, a trustee from MySmallHelp, UK, visited Nepal in November 2023 to oversee various projects. During his visit, he interacted with sponsored children and students pursuing their education. We trekked to the hilly mountains of Lamjung to inspect a hostel block constructed by a Dutch couple in collaboration with MySmallHelp, Nepal. Additionally, we gained valuable insights

into the operations of Marybert School, a central hub for our activities, and explored opportunities for future partnerships.



"Revitalizing Education: Renovation of Shree Mangaladevi Basic School"

In 2012, a UK citizen named Lee Forsyth raised funds to build a school block with four rooms at Shree Mangaladevi Basic School in Dhrumthali, Sindupalchok, Nepal, a mountainous hilly area. In 2022, during a visit with Deb Priestley, we were asked to assist in repairing and coloring the ground floor classrooms of this building. With a generous fund of 1200 GBP from our trustee Lee Forsyth, we undertook the project to paint the building and toilet block. In addition, we provided the school with a fully furnished and functioning library and computer lab. The project was successfully completed in 2023, enhancing the learning environment for the students.



Before



After



"Connecting Hearts: Annette Berger and Sylvia Alpers Visit Sponsored Children in Nepal"

Annette Berger and Sylvia Alpers from Germany visited Nepal to meet the children they sponsor through our charity, MySmallHelp Nepal. They generously support these children's education, and their visit allowed them to personally connect with the impact of their contributions.



Christmas treat for the children living at the Marybert children homes

My Small Help has been an integral part of Marybert School and Homes. Marybert children home has adopted 10 children from various part of Nepal who come from the extreme poverty and some without families. My Small Help has been supporting Marybert children for their food and education since 2007. My Small Help also supporting children for their higher education.

MySmallHelp, Nepal celebrates Christmas with the children living at Marybert Children Homes each year. This year too, MSH Nepal celebrated children by providing gifts, cutting cakes with music and dance. There are all together 12 children (11 girls and 1 boy) living at the homes.

Each children got warm jacket, sports shoes along with school black shoes for 6 children, White shoes for 4 children and much needed school stationaries.

My Small Help's past volunteer Aaron from UK and her sister Charlotte helped in raising funds for the children of Marybert.





D2 Marybert Project

Brighter Days at Marybert Children's Home!

Thanks to the incredible generosity of Aaron, Charlotte from the UK, and all our wonderful supporters, Marybert Children's Home has undergone a heartwarming transformation! The dormitories have received a much-needed refresh, with fresh paint brightening the walls and cozy carpets adding warmth underfoot.

In addition, new cupboards have been installed, providing much-needed storage space for the children's belongings. Additionally, existing cupboards have been repaired, ensuring everything functions smoothly. This project creates a more comfortable and organized living environment for the children at Marybert Children's Home.

We are incredibly grateful to Aaron, Charlotte, and all our supporters for making this positive change possible. Their kindness directly impacts the well-being of the children at Marybert!



BEFORE



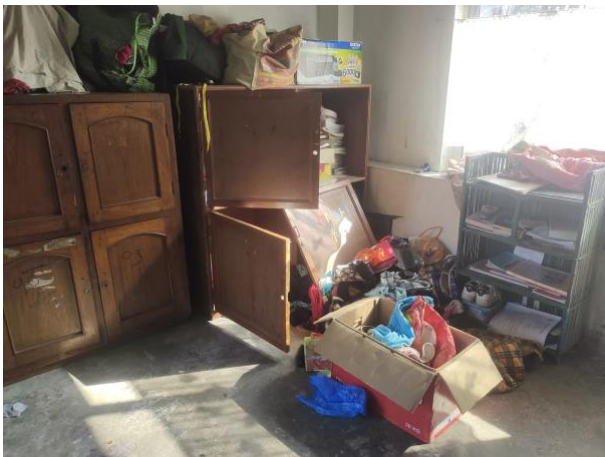
AFTER



BEFORE



AFTER



BEFORE



AFTER

Phase 2 Upgrades at Marybert School

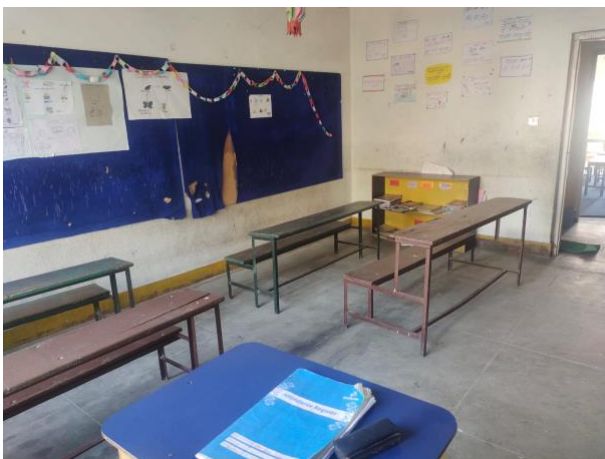
Transformative Upgrades at Marybert School: Completion of Phase 2

In our ongoing commitment to enhance educational environments and support underprivileged communities, MySmallHelp has made significant strides in upgrading Marybert School, situated in Satdobato, Lalitpur, Nepal. This past year, we successfully completed Phase 2 of our four-phase improvement plan, bringing notable improvements to the school's infrastructure and facilities.



Classroom Renovations: A Fresh Start for Learning

One of the major accomplishments in Phase 2 was the comprehensive renovation of all eight classrooms on the first floor. Each classroom received a fresh coat of paint, revitalizing the learning environment and creating a more welcoming and stimulating space for students. This transformation is expected to have a positive impact on students' academic performance and overall school experience.



BEFORE



AFTER



Enhanced Sanitation Facilities

Recognizing the importance of hygiene and sanitation in schools, we also focused on upgrading the toilet facilities. Three toilet blocks were renovated: one for teachers, one for students, and one dedicated to the children residing in the Marybert Children Home. These renovations have ensured that all users have access to clean, safe, and functional restroom facilities, promoting better health and hygiene practices within the school community.



BEFORE



AFTER

Resolving Plumbing Issues

Prior to our intervention, Marybert School faced significant plumbing issues that affected the water supply. Our team addressed these challenges by fixing major plumbing problems, ensuring a reliable and adequate water supply throughout the school. This crucial improvement supports both daily school operations and the overall well-being of students and staff.



Kitchen Floor Plastering: A Safer Space for Meal Preparation

In addition to classroom and restroom upgrades, we also focused on improving the kitchen area. The temporary kitchen floor was plastered, creating a safer and more hygienic space for meal preparation. This enhancement not only benefits the school staff but also ensures that the children receive their meals in a clean and safe environment.

Gratitude to Our Supporters

These significant upgrades were made possible through the generous donations and unwavering support of Alistair Williams, a dedicated trustee of MySmallHelp, UK. His contributions have been instrumental in realizing Phase 2 of our school improvement plan. We extend our heartfelt gratitude to Mr. Williams and all our supporters for their commitment to our mission.

Looking Ahead: Phases 3 and 4

As we celebrate the successful completion of Phase 2, we are also looking ahead to the future. Plans for Phases 3 and 4 are already underway, with a focus on further enhancing the school's infrastructure, resources, and overall learning environment. We remain dedicated to our goal of providing quality education and support to the children of Marybert School and the surrounding community.

Conclusion

The Phase 2 upgrades at Marybert School mark a significant milestone in our journey to improve educational facilities for underprivileged children in Nepal. With continued support from our donors and partners, we are confident that we will achieve even greater success in the upcoming phases. Together, we are making a lasting impact on the lives of these children, empowering them to achieve their full potential.

D3 Fundasevi Panama

About FUNDASEVI

FUNDASEVI (Fundacion Soplo de Esperanza y Vida/ Breath of Hope and Life Foundation) is a Christian non-profit organisation incorporated and authorised by the laws of Panama, Republic of Panama since 2017. Our legal status has been granted by Government Resolution No. 106-PJ-106 of May 18 2017, number 292, RUC 25034388-3-2017 DV 8

The purpose of FUNDASEVI is to help men, women, children and young people living in underprivileged conditions with limited or no access to basic healthcare, food, school, work. As part of our work we conduct medical trips with free-of-cost medical checks, medicines, trips to deliver donations of food, clothes, footwear, personal hygiene items and school supplies. Our assistance is complemented by support and spiritual guidance, which contributes to the empowerment of people thus, improving their living conditions.

We are working towards achieving an efficient and sustainable model of aid that will ultimately empower and prepare members of the communities to achieve financial independence. We also envision establishing ourselves as a trustworthy and reliable platform of collaboration with other organisations national and international that share the same vision, so that through a joint effort the programs have greater scope and become more effective.

Since 2007, FUNDASEVI has received non- financial donations of food, clothing, footwear, school supplies and medicines from local donors for the relief of impoverished communities. We have a team of professionals from different backgrounds part of JEIVI (Jesucristo Imperio de Vida) ministry offering their time and professional expertise to achieve FUNDASEVI's aid programs.

UK Partnership

In May 2023 we partnered with My Small Help (MSH), a UK registered charity that since 2008 works to improve the welfare and education of disabled and disadvantaged children and young adults and their families in Nepal.

From this recent collaboration we are benefiting from the experience of a well-established charity that has a successful record of achieving an improvement in the lives of children and young adults. Through MSH we are receiving financial donations from individual donors (UK citizens) who believe in FUNDASEVI's work and vision.

Background to activities in 2023-24

In Panama, the financial disparity between the rich and the poor is evident in far reaching communities, mostly occupied by indigenous and afro descendants. The impact of poverty means that children and young adults within these communities are soon forced to abandon their education and work in coffee or sugar cane plantation fields to financially support their families. While the situation is well known by the local authorities and publicly denounced by NGO's, the help provided to these communities is usually insufficient and inconsistent.

FUNDASEVI's Main Activities and Achievements - May 2023 to March 2024

During 2023, FUNDASEVI organised various humanitarian trips to different communities within the territory of Panama where families live in extreme poverty. Some of these families walked a minimum of 2 hours to receive humanitarian aid.

The help was delivered in the form of food, clothing and footwear. (see Annex A)

FUNDASEVI also delivered its first academic sponsorship for a young adult with excellent academic grades aspiring to enter the Police Academy but lacking financial resources to buy the essential clothing and footwear required to access the academy (see Annex B)

Since May 2023 FUNDASEVI helped:

- 53 families with bags of food
- 100 children with clothing and footwear
- 1 young adult with supplies to be admitted to professional education

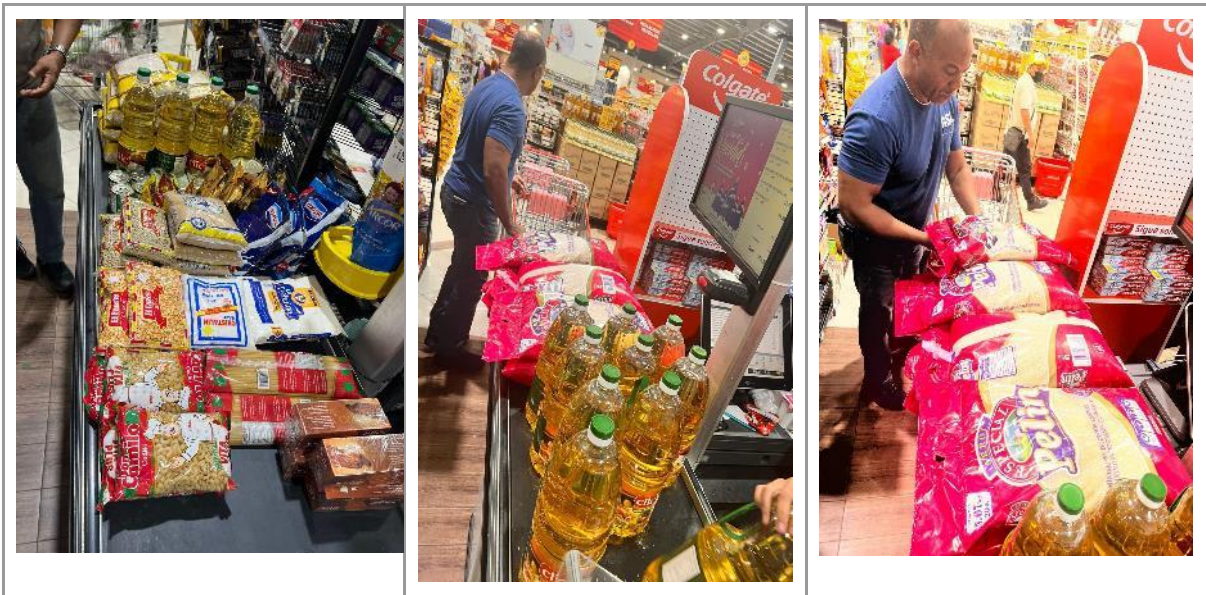
In March 2024 FUNDASEVI initiated 2 new projects that will provide more permanent solution (details in Annex C & D) and that are focused on helping students living in underprivileged conditions as follows:

- The Academic Scholarships 2024
16 students living in underprivileged are benefited with the academic scholarships. These scholarships will cover school essentials and a monthly bag of food during the school term.
- The Student Starter Packs Program
75 children benefited from a one-off delivery of school supplies that allowed them to commence school in time.

ANNEX

A - FUNDASEVI 2023 - 2024 HUMANITARIAN AID TRIPS

Volunteers from JEIVI- FUNDASEVI delivered food, clothing and footwear to various communities in the Republic of Panama, mainly populated by indigenous and farmers living in underprivileged conditions.







B - ACADEMIC SPONSORSHIP



This is Valentin De León, the first young adult whose access to professional education has been sponsored by FUNDASEVI.

Valentin finished high school with excellent grades but due to financial restraints of his family he was not able to acquire the basic clothing and footwear required to initiate a career as a Police Officer.

Members of JEIVI-FUNDASEVI delivered clothing and footwear items.





C - ACADEMIC SCHOLARSHIPS 2024

PROJECT I ACADEMIC SCHOLARSHIPS 2024 ACADEMIC YEAR 2024

Purpose

The Academic Scholarships 2024 Project seeks to create an ongoing platform of collaboration to financially assist children and young people living in conditions of vulnerability to have access to education and opportunities to overcome their financial struggles

Goal

The Academic Scholarships 2024 Project will deliver financial help and food basics to children and young people living in impoverished conditions.
The financial aid will allow the beneficiaries of the scholarships to obtain school supplies to access, remain and take advantage of the academic year.
The scholarship will also support them with food basics which has been identified as a key issue within the households of the beneficiaries giving up on their studies

Project Term

March to December 2024

Target Population

16 children and young adults from the ages of 6 to 21 years

Project Budget

Total USD 7.200.00

Project Plan

The funds will be released to the beneficiaries of the scholarships in 2 phases:

Phase I: March 2024

Total amount: USD 2.400.00

Funds will cover USD 150 per beneficiary worth in school supplies, footwear and clothing and a family food bag

Phase II: April to December 2024

Total amount: USD 4.800.00

Funds will be delivered in the form of family food basket and any required school supplies with a total value of USD 30 per beneficiary/ per month

C.1. DELIVERY OF THE ACADEMIC SCHOLARSHIPS 2024

FUNDASEVI delivered 16 scholarships that will benefit children and young adults living in conditions of vulnerability. These scholarships will cover school essentials and a monthly bag of food during the school term.





D - STUDENT STARTER PACKS FOR ACADEMIC YEAR 2024

PROJECT II STUDENT STARTER PACK ACADEMIC YEAR 2024 JEIVI - FUNDASEVI

Purpose

The Student Starter Pack 2024 Project will assist children and young people living in impoverished conditions to count with the basic school supplies required by public schools for to initiate the academic year and that in their absence students cannot commence school

Goal

The Student Starter Pack 2024 Project will deliver school supplies to to 75 children and young people living in impoverished conditions. The packs will contain the minimum tools required by public schools to be able to commence the academic year

Project Term

One time assistance at the beginning of the academic year

Target Population

75 children and adolescents between the ages of 6 to 17 years

Project Budget

USD 1.500.00

Project Plan

The Student Starter Pack will contain school supplies with a total value of USD 30. The pack will be provided to the beneficiaries at the beginning of the academic year 2024

DELIVERY OF STUDENT STARTER PACKS 2024

FUNDASEVI delivered 75 student starter packs to benefit children living in impoverished areas.



Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £24,322, which was allocated to the General fund (£658), support for MySmallHelp Nepal (£9,626), Marybert School Nepal (£616) and funds for Fundasevi Panama (£13,422).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £48,279 an increase of £16,196 compared to the previous year. These amounts included donations of £18,194 to MySmallHelp Nepal, £7,450 to Marybert School Nepal and £22,412 for Fundasevi Panama. The General Fund recorded an income of £223. Contributions received by the charity are allocated to the General Fund when a donor does not dedicate the donation to a particular purpose.

Reflecting the charity's success in raising funds this year and in previous years, donations of £15,279 were made to MySmallHelp Nepal, £6,834 to Marybert School Nepal and £12,990 to Fundasevi Panama.

Operational costs for the year were £419, including accounting costs of £183 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 27 September 2024

MySmallHelp (UK registered charity no. 1123830)

Receipts and payments accounts for the year from 1 April 2023 to 31 March 2024

£	General Fund	MSH Nepal	Marybert School Nepal	Fundasevi Panama	Total	Previous year
<u>Unrestricted receipts:</u>						
Donations	100				100	193
Bank interest	123				123	13
Total unrestricted receipts	223	0	0	0	223	206
<u>Restricted receipts:</u>						
Sponsorship		15,486		22,412	37,898	23,980
Projects in Nepal		1,514	5,200		6,714	5,323
Gift Aid credit from HMRC		1,194	2,250		3,444	2,574
Total restricted receipts	0	18,194	7,450	22,412	48,056	31,877
Total receipts	223	18,194	7,450	22,412	48,279	32,083
<u>Costs:</u>						
Just Giving fees	-216				-216	-216
Bank charges	0				0	-35
Website and software costs	-20				-20	0
Accountancy fees	-183				-183	-156
Total costs	-419	0	0	0	-419	-407
<u>Payments:</u>						
MSH Nepal		-15,279			-15,279	-31,699
Marybert School			-6,834		-6,834	0
Fundasevi Panama		0		-12,990	-12,990	0
Total payments	0	-15,279	-6,834	-12,990	-35,103	-31,699
Total outflows	-419	-15,279	-6,834	-12,990	-35,522	-32,076
Net inflow/(outflow) of funds	-196	2,915	616	9,422	12,757	7
Opening bank balance	£854	£6,711	£0	£4,000	£11,565	£11,558
Closing bank balance	£658	£9,626	£616	£13,422	£24,322	£11,565

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

27 September 2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
My Small Help

**On accounts for the year
ended**

31 March 2024

**Charity no
(if any)**

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

27/09/2024

Name:

Karen Swash

**Relevant professional
qualification(s) or body
(if any):**

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

MYSMALLHELP

England & Wales - Charity number 1123830

Accounts

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2023
UK registered charity number: 1123830

Section A: Reference and Administration Details

The charity's principal address during the year was:

6 Sandown Avenue
Esher
Surrey
KT10 9NT
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed. Deborah Priestley was appointed as an additional Trustee on 16 March 2023, recognising her valuable contribution as a committed volunteer for the charity.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, and Pramila for all their hard work, making this, once again, a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2022 to 31 March 2023 funds were only sent to MySmallHelp Nepal, a separate legal entity from MySmallHelp in the UK, which is independent and has its own local governance and control structures.

During the year an opportunity to support the work of Fundasevi charity in Panama was identified. Fundasevi undertakes some excellent work assisting under-privileged families in Panama. No funds were sent during the financial year, although a donation of £4,000 was received for this cause.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The main focus of activity during this period was to find sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school.

Section D covers achievements and performance in more detail.



Section D: Achievements and Performance

D1 MySmallHelp Nepal

Child Educational Sponsorship Project

Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 25 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 25 children, 19 of them are girls and 6 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS (9)	
	<p><u>Hanna</u></p> <p>Educational Support Year: Since 2007</p> <p>Hanna has recently completed her 3 years Bachelor's in Theology, Karala, India and returned back to Nepal. She is currently teaching at Marybert School for Grade 1 to 6. She is also taking Dance Class. MySmallHelp has been supporting for her dance class and also helping her in her accommodation.</p>
	<p><u>Sushmita</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushmita is in 3rd year of her Bachelor's Degree in Humanities in Sanjibani Campus. It is of 4 years course.</p>
BOYS (3)	



Rojan

Educational Support Year: Since 2007

Rojan has completed his 4th and final year of Bachelor's in Business Studies. He is still waiting for the result.



Simon

Educational Support Year: Since 2013

Simon has completed his 2 years Intermediate in Commerce in Grade Academy. He is currently studying Japanese Language to study and work in Japan. He is also taking computer class for small kids at Marybert School.



Smriti

Educational Support Year: Since 2015





Smriti has completed her Intermediate in Commerce which is of 2 years and now waiting for the result.





Rasna

Educational Support Year: Since 2011

Rasna is in 2nd and final year of her Intermediate in Science. It is a 2 years course.

	<p><u>Sarita Magar</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna is in 2nd and final year of her Intermediate in Commerce. It is a 2 years course.</p>
	<p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rasna is in 2nd and final year of her Intermediate in Commerce. It is a 2 years course.</p>
	<p><u>Sushma</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushma is in 2nd and final year of her Intermediate in Commerce. It is a 2 years course.</p>
	<p><u>Nabina</u></p> <p>Educational Support Year: Since 2011</p> <p>Nabina has completed her 10th Grade – SEE and now joined 3 years Diploma in Civil Engineering Course.</p>

	<p><u>Dipika</u></p> <p>Educational Support Year: Since 2014</p> <p>Dipika has completed her 10th Grade – SEE this year. She is now waiting for the result.</p>
	<p><u>Manish</u></p> <p>Educational Support Year: Since 2019</p> <p>Manish has completed his 10th Grade – SEE this year. He is now waiting for the result.</p>

List of children with pictures



List of Children with School/University			
No.	Student Name	Education	School/ University
1	Rojan Shakya	Bachelor in Business Studies - completed	Grand Academy
2	Rasna Gosain	Intermediate in Science	Sooryodaya Secondary School
3	Nabina Balami	Grade 10	Souvenir School
4	Dipika Karki	Grade 9	Hotland School
5	Smriti Rai	Intermediate in Commerce	New Ceres School
6	Simmon Rai	+2 Commerce	Grand Academy
7	Sushma Sundas	Intermediate in Humanities	Kavre Multiple Campus
8	Sushmita Sundas	Bachelor in Humanities	Sanjibani Campus
9	Sarita Magar	Intermediate in Commerce	Nepal Adarsha Sec. School
10	Bardan Thago	Grade 6	Baba Batika School
11	Manish Shrestha	Grade 8	Baba Batika School
12	Manisha Rawat	Grade 5	Phulchoki Sec. School
13	Rajina Rawat	Grade 10	Phulchoki Sec. School
14	Rebika Rai	Intermediate in Science	Pravat School
15	Anjana Tamang	Grade 10	Baba Batika School
16	Utri Moktan	Grade 8	Pravat School
17	Aliza Magar	Grade 7	Pravat School
18	Manita Chepang	Grade 7	Pravat School
19	Shristi Chepang	Grade 6	Pravat School

Success Stories

Anita working as an Project Development Officer after completing her studies.



Anita has been with us since 2007. She was the first child that My Small Help supported. She was in Grade 6 when My Small Help started supporting. She completed her Master's Degree in Social Work from Ganpat University, Gujarat, India. Currently she is working as Project Development Officer in an NGO.

Bipana working as an Optometrist in India after completing her studies.



Bipana has been with us since 2011. Bipana completed her Bachelor's Degree in Optometry from Christian University, Bangalore, India. Currently working as an Optometrist in India.

Completing the semi-finished school building in rural part of Nepal

Shree Jay Durga Dalit Basic School is located around 160km from Kathmandu near a city called Birjung. The nearby community around the school is home to eighty families with over 100 children coming to study from different places. Families living in the community are mostly so-called Dalits (untouchables) or other neglected communities. Their livelihood is dependent on agriculture and livestock, a lifestyle that has been passed down the generations.

The aim of MSH's project in Birjung is to improve a government school that wasn't properly finished when initially constructed. This left a school in a poor state that was barely adequate for even basic education. The school lacks wall boundary, toilet and water resources.

MySmallHelp, Nepal successfully completed the semi-finished school building in rural part of Nepal. 1 storied building has 2 large classroom which can accommodate 30 children in each class. The building was half completed with brick walls and pillars. It needed covering the roof, plastering the walls, putting up doors and windows, electricity and finally painting the building. MySmallHelp, UK and Australia helped in raising funds to complete the building.

School Name: Shree Jaya Durga Dalit Basic School
Address: Mortol, Nechuta, Parsa, Nepal

These are the achievement made for the school

1. Covering the building roof
2. Plastering walls
3. Fitting doors and windows
4. Painting
5. Maintaining the classroom floors
6. Electric Wiring



Before



After



Matt from Australia and Becca from UK visited the site

Distribution of Educase school bags

MySmallHelp, Nepal distributed over 60 Educase bags to all the children studying at the school. The distributed bags are convertible to table to study and carry books which is very handy mostly in the rural parts where they lack table and chairs to study. The team member demonstrated the process of using bags.



Christmas treat for the children living at the Marybert children homes

My Small Help has been an integral part of Marybert School and Homes. Marybert children home has adopted 10 children from various part of Nepal who come from the extreme poverty and some without families. My Small Help has been supporting Marybert children for their food and education since 2007. My Small Help also supporting children for their higher education.

MySmallHelp, Nepal celebrates Christmas with the children living at Marybert Children Homes each year. This year too, MSH Nepal celebrated children by providing gifts, cutting cakes with music and dance. There are all together 12 children (11 girls and 1 boy) living at the homes.

Each children got warm jacket, sports shoes along with school black shoes for 6 children, White shoes for 4 children and much needed school stationaries.

My Small Help's past volunteer Aaron from UK and her sister Charlotte helped in raising funds for the children of Marybert. We would like to thank Rushcliffe Care and High Grange School for their kind donation.



Marybert School – Toilet Renovation Project Project

MySmallHelp helped to renovate of toilet block and its area for Marybert school. There are 1 washing room, 2 toilet blocks for girls, and 1 large one with commod for boys. The condition of the block was very bad which needed renovation. We helped to in renovating all the toilet block with 4 water basins for washing.

We also renovated kitchen with tiling for Marybert Children home and the play area for the school.



Before



After



Before



After



Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £11,565, which was allocated to the General fund (£854), support for MySmallHelp Nepal (£6,711), and funds for Fundasevi Panama (£4,000).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £32,083 an increase of £2,378 compared to the previous year. These amounts included an initial donation for Fundasevi Panama of £4,000, donations for school construction in Nepal of £3,772 and contributions to the general fund of the charity of £193. Contributions received by the charity are allocated to the general fund when a donor does not dedicate the donation to a particular fund.

Reflecting the charity's success in raising funds this year and in previous years, donations of £31,699 were made to MySmallHelp Nepal. Operational costs for the year were £407, including accounting costs of £156 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 13 July 2023

MySmallHelp (UK registered charity no. 1123830)**Receipts and payments accounts for the year from 1 April 2022 to 31 March 2023**

£	General Fund	MSH Nepal	Construction projects in Nepal	Fundasevi Panama	Total	Previous year
<u>Unrestricted receipts:</u>						
Donations	193				193	541
Bank interest	13				13	2
Total unrestricted receipts	206	0	0	0	206	543
<u>Restricted receipts:</u>						
Sponsorship		19,980		4,000	23,980	24,267
Projects in Nepal		1,551	3,772		5,323	1,559
Nepal covid appeal		0			0	2,135
Gift Aid credit from HMRC		2,574			2,574	1,201
Total restricted receipts	0	24,105	3,772	4,000	31,877	29,162
Total receipts	206	24,105	3,772	4,000	32,083	29,705
<u>Costs:</u>						
Just Giving fees	(216)				(216)	(216)
Bank charges	(35)				(35)	0
Website and software costs	0				0	(356)
Accountancy fees	(156)				(156)	(159)
Total costs	(407)	0	0	0	(407)	(731)
<u>Payments:</u>						
MSH Nepal		(26,681)	(4,988)		(31,669)	(38,135)
Nepal covid appeal		0			0	(2,135)
Total payments	0	(26,681)	(4,988)	0	(31,669)	(40,270)
Total outflows	(407)	(26,681)	(4,988)	0	(32,076)	(41,001)
Net inflow/(outflow) of funds	(201)	(2,576)	(1,216)	4,000	7	(11,296)
Opening bank balance	£1,055	£9,287	£1,216	£0	£11,558	£22,854
Closing bank balance	£854	£6,711	£0	£4,000	£11,565	£11,558

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

13 July 2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
My Small Help

**On accounts for the year
ended**

31 March 2023

**Charity no
(if any)**

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

13/07/2023

Name:

Karen Swash

**Relevant professional
qualification(s) or body
(if any):**

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

MYSMALLHELP

England & Wales - Charity number 1123830

Accounts

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2022
UK registered charity number: 1123830

Section A: Reference and Administration Details

The charity's principal address changed during the year to:

6 Sandown Avenue
Esher
Surrey
KT10 9NT
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, and Pramila for all their hard work, making this, once again, a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2021 to 31 March 2022 funds were mainly sent to MySmallHelp Nepal, a separate legal entity from MySmallHelp in the UK, which is independent and has its own local governance and control structures. An additional donation was made to the Nepal Government's National Disaster Management Trust relating to a Covid emergency appeal.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

During the year the Trustees decided that the charity should concentrate on collecting funds for projects in Nepal.

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The main focus of activity during this period was to find sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school.

Section D covers achievements and performance in more detail.



Section D: Achievements and Performance

D1 MySmallHelp Nepal

Child Educational Sponsorship Project

Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 25 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 25 children, 19 of them are girls and 6 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS (9)	
	<p><u>Anita</u></p> <p>Educational Support Year : Since 2007</p> <p>Anita has successfully completed her Masters' Degree in Social Work from Ganpat University, India with 3.45 GPA on . It was a 2 years course with 4 semesters.</p>
	<p><u>Bipana</u></p> <p>Educational Support Year : Since 2011</p> <p>Bipana has completed her 4 year Bachelor's Degree in Optometry in Christian College in Bangalore, India which includes a year internship. She has started working in a hospital in Bengaluru, India.</p>

	<p><u>Hanna</u></p> <p>Educational Support Year: Since 2007</p> <p>Hanna has recently completed her 3 years Bachelor's in Theology, Karala, India and returned back to Nepal. She is currently teaching at Marybert School for Grade 1 to 6.</p>
	<p><u>Sarmila</u></p> <p>Educational Support Year: Since 2007</p> <p>Sarmila, after completing her Higher Secondary Education in 2017, she learn Germany language A1, A2 and B1 course. She was also working as an Accountant in Finance Institute while learning the language. She has finally left to Germany on 21st Dec 2021 on Aupair. She is very happy and thankful for the opportunity.</p>
	<p><u>Rozy</u></p> <p>Educational Support Year: Since 2007</p> <p>Rozy, after completing her Higher Secondary Education in 2017, she received Barista Training and also learned cooking. She then worked in various restaurant as a Server and cook. With her talent, she got an opportunity to work in 5 start hotel, Annapurna.</p> <p>Because of Covid 19, she was left out of job. She then got an opportunity to work in Dubai in Alici restaurant.</p>
	<p><u>Kalpana</u></p> <p>Educational Support Year: Since 2007</p> <p>Kalpana is in 3rd year of Bachelor's in Business Studies. It is a 4 years course. She is also working as a Teacher in Marybert School during day.</p>



Sushmita

Educational Support Year: Since 2007

Sushmita has completed her Higher Secondary Level which is of 2 years course. She has now joined Bachelor's Degree in Humanities in Sanjibani Campus. It is of 4 years course.



Alisha

Educational Support Year: Since 2007

Alisha has completed her 2 years Higher Secondary Education in Humanities (Arts) and currently doing Bachelor's in Humanities which is of 4 years. She is also working as a popcorn seller in a store.

BOYS (3)



Rojan

Educational Support Year: Since 2007





Rojan has completed his 4th and final year of Bachelor's in Business Studies. He is currently busy taking extra computer class and IELTS class for abroad studies.





Ashok

Educational Support Year: Since 2007

Ashok has completed his 4th and final year of Bachelor's in Business Studies. He is now looking for further career ahead.

	<p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon is in 2nd and final year of Intermediate is Commerce in Grade Academy. He will be attending final exam in few month's time and in the future he is planning to be a Soldier.</p>
	<p><u>Smriti</u></p> <p>Educational Support Year: Since 2015</p> <p>Smriti has completed her 10th Grade – SEE in 3.70 GPA. She has now joined Intermediate is Commerce. It is a 2 years course.</p>
	<p><u>Rasna</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna has completed her 10th Grade – SEE in 3.40 GPA. She has now joined Intermediate is Science. It is a 2 years course.</p>
	<p><u>Sarita Magar</u></p> <p>Educational Support Year: Since 2011</p> <p>Rasna has completed her 10th Grade – SEE. She has now joined Intermediate is Humanities (Arts). It is a 2 years course.</p>

	<p><u>Rebika</u></p> <p>Educational Support Year: Since 2019</p> <p>Rasna has completed her 10th Grade – SEE. She has now joined Intermediate is Science. It is a 2 years course.</p>
	<p><u>Sushma</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushma has completed her 10th Grade – SEE. She has now joined Intermediate is Humanities. It is a 2 years course.</p>

List of children with pictures



List of Children with School/University			
No.	Student Name	Education	School/ University
1	Anita Gurung	Master in Social Work (BSW) - completed	Ganpat University
2	Bipana Thapa	Bachelor in Optometry - completed	Christian College
3	Kalpana Bi.Ka	Bachelor in Business Studies	Grand Academy
4	Rojan Shakya	Bachelor in Business Studies - completed	Grand Academy
5	Ashok Tamang	Bachelor in Business Studies - completed	Grand Academy
6	Rozy Tamang	+2 Commerce - completed	Arunima College
7	Sharmila Sunuwar	+2 Commerce - completed	KIST college
8	Alisha Thapa Magar	Bachelor in Humanities	Nirvana college
9	Rasna Gosain	Intermediate in Science	Sooryodaya Secondary School
10	Nabina Balami	Grade 10	Souvenir School
11	Dipika Karki	Grade 9	Hotland School
12	Smriti Rai	Intermediate in Commerce	New Ceres School
13	Simmon Rai	+2 Commerce	Grand Academy
14	Sushma Sundas	Intermediate in Humanities	Kavre Multiple Campus
15	Sushmita Sundas	Bachelor in Humanities	Sanjibani Campus
16	Sophiya Timilsina	Grade 6	Garima Boarding school
17	Sarita Magar	Intermediate in Commerce	Nepal Adarsha Sec. School
18	Jessica KC	Grade 5	Garima Boarding school
19	Suprim Thapa	Grade 3	Motherland School
20	Binisha Magar	Grade 10	Shree Kanya Secondary school
21	Bardan Thago	Grade 6	Baba Batika School
22	Manish Shrestha	Grade 8	Baba Batika School
23	Manisha Rawat	Grade 5	Phulchoki Sec. School
24	Rajina Rawat	Grade 10	Phulchoki Sec. School
25	Rebika Rai	Intermediate in Science	Pravat School

Success Stories

Anita Completed Her Master's Degree in Social Work



Anita has been with us since 2007. She was the first child that My Small Help supported. She was in Grade 6 when My Small Help started supporting. Now, she is in Masters. Because of Covid 19 Anita was forced to return back to Nepal from Gujarat, India where she was studying Master's Degree in Social Work from Ganpat University. Through online she took 2nd year of her Master's Degree. She has now successfully completed her Degree with very good grade. She is now looking for the possible opportunities.

Bipana completed her Bachelor's Degree in Optometry



Bipana has been with us since 2011. She completed her Higher Secondary Education in Science in 2017. On November 2017, she left for India to study Bachelor's Degree in Optometry. After 4 years of her studies, she has successfully completed her Degree. She is now working as an Optometrist in rural part of India.

Sarmila left for Germany under Au-pair



Sarmila has been with us since 2007. She completed her Higher Secondary Education in Commerce in 2018. She was then given an opportunity to learn German Language. Along with language, she also worked as an accountant / Cashier in a small finance company. She completed A1, A2 and B1 course. After much hard work and dedication she got an opportunity to travel to Germany on Dec 2021 under Au-pair. She is now working as Online Data Posting. She is doing good and happy with her achievement.

Rozy left for Dubai as a cook



Rozy has been with us since 2007. She completed her Higher Secondary Education in Commerce in 2018. Then she did Barista and cooking Training. After working as a cook, bartender for number of years, she got an opportunity to work in Nepal's 5 star hotel as a cook. After covid 19, she got an opportunity to work in Alici Restaurant in Dubai.

Hanna Completed Her Bachelor's Degree in Theology



Hanna has been with us since 2007. She completed her Higher Secondary Education in Commerce in 2018. She left to Karala, India on May 2018 to study 3 years course Bachelor's Degree in Theology. She has now successfully completed her Degree. Currently she is working as a grade teacher in Marybert School. She was raised at Marybert Homes.

Shreebe's Hearing loss

My Small Help, Nepal did a small fundraising campaign to support a 5 years old girl Shreebe who has a bilateral profound hearing loss since birth. We were able to raise £89 which is equivalent to around Nepali Rupee 15000. My Small Help visited her house and handed the cheque to her parents. This amount will help her do some support in her operation. She is now successfully operated with first internal implant.



My Small Help celebrated Pre-Dashain Festival with Marybert Homes Children

My Small Help has been an integral part of Marybert School and Homes. Marybert has adopted 16 children from various part of Nepal who come from the extreme poverty and some without families. My Small Help has been supporting Marybert children for their food and education since 2007. My Small Help also supporting children for their higher education. During Nepal's biggest festival Dashain, My Small Help gave a special festival treat to the children of Marybert.



Marybert Children Celebrating Christmas

My Small Help's past volunteer Aaron from UK and her sister Charlotte helped in raising funds for the children of Marybert to celebrate Christmas and also helping with their clothing and daily needs.



Marybert Children Received Washing Machine

With the funding from Aaron and Charlotte on Just Giving for Christmas, Marybert Home children received Washing Machine. Now children no longer need to wash their clothes by hand anymore.



Marybert Home water problem fixed

Children at Marybert Home, often faced water crisis and government couldn't source water so Marybert used to buy water which was costly. My Small Help, managed to fix water crisis by filtering the well water for washing and drinking. This has reduced the cost of Marybert drastically.



Shree Jay Durge Dalit Basic School completion

During the year a donation was made to MySmallHelp Nepal to begin completing a partially built government school in the Terai region.

Location: Nichuta, Birgunj, Nepal
Village: Paterwa village

Shree Jay Durge Dalit Basic School is located around 160km from Kathmandu near a city called Birjung. The nearby community around the school is home to eighty families with over 100 children coming to study from different places. Families living in the community are mostly so-called Dalits (untouchables) or other neglected communities. Their livelihood is dependent on agriculture and livestock, a lifestyle that has been passed down the generations.

The aim of MSH's project in Birjung is to improve a government school that wasn't properly finished when initially constructed. This left a school in a poor state that was barely adequate for even basic education. The school lacks wall boundary, toilet and water resources.

We want to achieve SEVEN things for these children:

1. Covering the building roof
2. Plastering walls
3. Fitting doors and windows
4. Painting
5. Maintaining the classroom floors

6. Electric Wiring
7. Toilet facilities

The initial donation enabled MySmallHelp Nepal to start the project by completing the roof and improving the plastering in the school. The aim is to raise further funds in the current financial year to complete the project.

Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of the beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £11,558, which was allocated to the General fund (£1,055), support for MySmallHelp Nepal (£9,287), and funds for future construction projects in Nepal (£1,216).

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £29,705 an increase of £3,446 compared to the previous year. These amounts included contributions to the general fund of the charity of £541. Contributions received by the charity are allocated to the general fund when a donor does not dedicate the donation to a particular fund.

Reflecting the charity's success in raising funds this year and in previous years, donations of £38,135 were made to MySmallHelp Nepal, including £6,590 in relation to the school refurbishment project. Operational costs for the year were £731, including website and software costs of £356 and Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 27 May 2022

MySmallHelp (UK registered charity no. 1123830)**Receipts and payments accounts for the year from 1 April 2021 to 31 March 2022**

£	General Fund	MSH Nepal	Construction projects in Nepal	Total	Previous year
Unrestricted receipts:					
Donations	541			541	364
Bank interest	2			2	4
Total unrestricted receipts	543	0	0	543	368
Restricted receipts:					
Sponsorship in Nepal		24,267		24,267	19,929
Projects in Nepal		1,559		1,559	3,435
Nepal covid appeal		2,135		2,135	0
Gift Aid credit from HMRC		1,201		1,201	2,527
Total restricted receipts	0	29,162	0	29,162	25,891
Total receipts	543	29,162	0	29,705	26,259
Costs:					
Just Giving fees	(216)			(216)	(216)
Website and software costs	(356)			(356)	(21)
Accountancy fees	(159)			(159)	(120)
Total costs	(731)	0	0	(731)	(357)
Payments:					
MSH Nepal		(31,545)	(6,590)	(38,135)	(16,325)
Nepal covid appeal		(2,135)		(2,135)	0
Total payments	0	(33,680)	(6,590)	(40,270)	(16,325)
Total outflows	(731)	(33,680)	(6,590)	(41,001)	(16,682)
Net inflow/(outflow) of funds	(188)	(4,518)	(6,590)	(11,296)	9,577
Opening bank balance	1,243	13,805	7,806	22,854	13,277
Closing bank balance	1,055	9,287	1,216	11,558	22,854

Authorised by Trustees:

Signed by Alistair Williams on behalf of the Trustees

Date:

27 May 2022



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
My Small Help

**On accounts for the year
ended**

31 March 2022

**Charity no
(if any)**

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

26/05/2022

Name:

Karen Swash

**Relevant professional
qualification(s) or body
(if any):**

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

MYSMALLHELP

England & Wales - Charity number 1123830

Accounts

Trustees' Annual Report for MySmallHelp for the year ended 31 March 2021
UK registered charity number: 1123830

Section A: Reference and Administration Details

The charity's principal address changed during the year to:

Flat 4 Dorset House
Stanton Road
Barnes
SW13 0EU
United Kingdom

The Trustees that managed the charity during the year were Josh Stamp, Lee Forsyth, Alistair Williams, Kim Karmozyn and Leander Hollings. Selection to the Board of Trustees is through election by serving Trustees. The charity is a trust governed by a trust deed.

The Trustees met regularly through the year to review progress against the charity's stated objectives and would particularly like to thank Raju, Binod, and Pramila for all their hard work, making this once again a very successful year to report on.

Section B: Structure, governance and management

MySmallHelp is a UK registered charity primarily set up as a fundraising arm to support partner projects overseas. During the period 1 April 2020 to 31 March 2021 funds were sent to MySmallHelp Nepal, a separate legal entity from MySmallHelp in the UK, which is independent and has its own local governance and control structures.

Section C: Objectives and activities

C1 Objectives

During the year the objects of the charity were unchanged:

- To assist children, young adults and families who are living in conditions of poverty, sickness and distress anywhere in the world in such ways that the Trustees from time to time see fit.
- To advance the education of underprivileged children at selected schools in Nepal, Mexico and Peru, providing sponsorship of school fees, educational materials, school uniforms and provision of extra-curriculum educational courses

This year the Trustees decided that the charity would concentrate on collecting funds for projects in Nepal.

In planning the charity's activities, we kept in mind the Charity Commission guidance on public benefit. The main focus of activity during this period was to find sponsors for individual children in Nepal to provide access to education for children who otherwise would not be able to go to school.

Section D covers achievements and performance in more detail.





Section D: Achievements and Performance



D1 MySmallHelp Nepal



1. Child Educational Sponsorship Project

Child educational sponsorship has been a key project since the MySmallHelp, Nepal was set up. We have been supporting and sponsoring children from different background who are especially poor, single parent and orphans. This year we have around 32 children who are sponsored for education. These children age range from 6 years to 28 years. Out of 32 children, 21 of them are girls and 11 are boys.

Here are the lists of children who have completed their schooling and doing further course as per their interest.

GIRLS (9)	
	<p><u>Anita</u></p> <p>Educational Support Year : Since 2007</p> <p>She is in final year (4th semester) of Master's Degree in Social Work in Ganpat University, India. It is a 2 years course with 4 semester.</p>
	<p><u>Bipana</u></p> <p>Educational Support Year : Since 2011</p> <p>Bipana has completed her 3 year Bachelor's in Optometry in Christian College in Bangalore, India. She is currently doing a year internship in hospitals of Bengaluru.</p>
	<p><u>Hanna</u></p> <p>Educational Support Year: Since 2007</p> <p>Hanna has completed her 3 years Bachelor's in Theology, Karala, India. Graduation Day: 14th April 2021</p>
	<p><u>Sarmila</u></p> <p>Educational Support Year: Since 2007</p> <p>Sarmila has completed her 'Intermediate in Management'. She has completed studying A1, A2 German Language Course and looking forward to giving B1 exam. She is currently working in a Co-operative Finance Office.</p>

	<p><u>Rozy</u></p> <p>Educational Support Year: Since 2007</p> <p>Rozy completed her 'Intermediate in Management' in July 2017 and received Barista Training. After working in few places, because of her talent and skill she got an opportunity to work in Nepal's best hotel. Because of Covid 19, she faced some difficulties but she is doing good and started working.</p>
	<p><u>Kalpana</u></p> <p>Educational Support Year: Since 2007</p> <p>Kalpana is in 1st year of Bachelor's in Business Studies. It is a 4 years course. She also works as a Teacher in Marybert School during day.</p>
	<p><u>Rekha</u></p> <p>Educational Support Year: Since 2010</p> <p>Rekha is in 1st year of Bachelor's in Arts with Nepali as major. It is a 4 years course.</p>
	<p><u>Sushmita</u></p> <p>Educational Support Year: Since 2007</p> <p>Sushmita has completed her schooling and has joined 'Intermediate in Humanities' and it is 2 years course.</p>
	<p><u>Alisha</u></p> <p>Educational Support Year: Since 2007</p> <p>Alisha has recently completed her Higher Secondary Education in Humanities (Arts) which was 2 years course.</p>
<p>BOYS (3)</p>	
	<p><u>Rojan</u></p> <p>Educational Support Year: Since 2007</p> <p>Rojan is in 4th year or final year of Bachelor's in Business Studies. He recently gave 3rd year exam. He is also working in a small shoe shop.</p>

	<p><u>Ashok</u></p> <p>Educational Support Year: Since 2007</p> <p>Ashok is in 4th year or final year of Bachelor's in Business Studies. He recently gave 3rd year exam.</p>
	<p><u>Simon</u></p> <p>Educational Support Year: Since 2013</p> <p>Simon has recently completed schooling. He is in 11th Grade studying Intermediate in Commerce in Grand Academy. It is a 2 year course.</p>

List of children with pictures



List of Children with School/University			
No.	Student Name	Education	School/ University
1	Anita Gurung	Master in Social Work (BSW)	Ganpat University
2	Bipana Thapa	Bachelor in Optometry	Christian College
3	Kalpana Bi.Ka	Bachelor in Business Studies	Grand Academy
4	Rekha Mijar	Bachelor in Sociology	Mahindra Adarsha
5	Rojan Shakya	Bachelor in Business Studies	Grand Academy
6	Ashok Tamang	Bachelor in Business Studies	Grand Academy
7	Rozy Tamang	+2 Commerce	Arunima College
8	Sharmila Sunuwar	+2 Commerce	KIST college
9	Alisha Thapa Magar	+2 Humanities	Nirvana college
10	Rasna Gosain	Grade 10	Sooryodaya Secondary School
11	Nabina Balami	Grade 9	Souvenir School
12	Dipika Karki	Grade 8	Hotland School
13	Smriti Rai	Grade 9	New Ceres School
14	Simmon Rai	+2 Commerce	Grand Academy
15	Sushma Sundas	Grade 9	Sanjiwani English School
16	Sushmita Sundas	+2 Humanities	Kavre Multiple Campus
17	Sophiya Timilsina	Grade 5	Garima Boarding school
18	Sarita Magar	Grade 10	Nepal Adarsha Sec. School
19	Jessica KC	Grade 4	Garima Boarding school
20	Suprim Thapa	Grade 2	Motherland School
21	Binisha Magar	Grade 9	Shree Kanya Secondary school
22	Sobit Thapa	Grade 5	Baba Batika School
23	Saurav Thapa	Grade 10	Baba Batika School
24	Anjana Tamang	Grade 8	Baba Batika School
25	Bardan Thago	Grade 5	Baba Batika School
26	Navaraj Sunuwar	Grade 7	Baba Batika School
27	Sudip Thapa	Grade 8	Baba Batika School
28	Manish Shrestha	Grade 7	Baba Batika School
29	Umesh Shrestha	Grade 4	Baba Batika School
30	Manisha Rawat	Grade 4	Phulchoki Sec. School
31	Rajina Rawat	Grade 10	Phulchoki Sec. School
32	Rebika Rai	Grade 8	Pravat School

2. Covid 19, Lockdown support

Nepal faced more than 8 months of complete lockdown during Covid 19 pandemic. During these times, MSH supported children faced difficulties so to ease their daily problem. We hand cash depending upon their situation ranging from £50 to £80. We also received support from an organisation 'Friends For Global Change', USA. We support more than 15 children which supported some of their families too.



3. Child Friendly Educational Program with New Study Materials in remote school

Ladkeshwor School is a government run school which lies in the mountainous eastern part in Nepane, Balthali of Kavre district of Nepal. It is about 45 kms away from Kathmandu. It is a lower secondary school which means children from kindergarten (KG) to grade 8 can study in this school.

Since it's a government school, children are taught for free while teachers are paid by government. The local people are mostly Tamang community who are mostly back warded in many sector and education is one part of it.

In order to uplift the community, providing quality education for children plays a main role. After building a school block with the support from Friends For Global Changes, USA (FFGC) and District Education Office, Kavre, the main challenge was to upgrade the quality of educational standard.

To uplift the quality, 'Child Friendly Educational Program' was launched in April 2017 with the support from FFGC where 2 teachers were hired for the program. It has been 3 years now. There is lot of changes in overall school environment, children's behaviour, their education. The teachers also focus on extra activities like singing, dancing, yoga, art and more.

Because of Covid 19 pandemic, schools couldn't run. The school was shut completely for more than 10 months. Even during pandemic MSH Nepal continuously supported this project till Nov 2020 but we hold this project for now.

Also, we handed them with improvised books, copies and study materials.



4. Women Entrepreneurship Development Project - SEWING AND TAILORING PROJECT

Nepal faced a big crisis because of ovid 19 and the lockdown started from March to August 2020. This affected many people, even labour from abroad were forced to return back. Many of them lost their job and struggling to survive. Sewing and Tailoring was much needed training for women to sustain and help the family from the crisis.

Situation of Selected:

The majority dwellers of the selected women are among marginalized, low income and willing make sewing and tailoring as a career in future.

Project Objectives

The overall goal of the project is to access of poor girls and young women to vocational training and to develop entrepreneurship skills.

Duration

Time Period: 9 months (August 2020 – April 2021)

By the end of the project, we aim to

- **Enhance capacity by providing training on sewing and tailoring skill of 15 women**
- **The duration of the course is of 9 months.**
- **To train 25 + clothing items**

The training will include the work of cutting and sewing training of ladies; and other garments items. This project will help individual women to get skill conducts for women clothing which is on high demand.



Inauguration by local government officer



Participants with MSH team and official



5. Christmas Treat for Children

Our dear friend Aaron, past volunteer, from UK came up with an idea of raising funds for over 15+ children of Marybert Orphanage and over 5 children living outside as a Christmas treat. A 'JustGiving' page was set up and Aaron helped us to raise £770. Here is the link <https://www.justgiving.com/campaign/treat>

With that money we were able to do following things.

1. Food with Fruits
2. Toys
3. Toiletries Items (Soap, Shampoo, Toothpaste, Toothbrush and more)
4. Cloths (Jacket and trouser)
5. Cake and biscuits







Section E: Financial Review

E1 Policy on reserves

Much of MySmallHelp UK's income is derived from non-recurring sources and therefore has no fixed or predictable pattern. Expenditure is based on an appeals system through which funds are channelled directly to the point of need. Based on this background, the reserve policy is to make sure that total cash balances do not fall below £1,000 at any one time to ensure that MySmallHelp UK continues to meet the needs of the beneficiaries.

At the financial year end, MySmallHelp UK had total cash reserves of £22,854, which was allocated to the General fund (£1,244), support for MySmallHelp Nepal (£13,805), and funds for future construction projects in Nepal (£7,805). MSH Nepal is currently working on a proposal for the refurbishment of buildings at Ladkeshwor (Devisthan), a government school outside Kathmandu, and the majority of the construction fund is likely to be used for this purpose.

E2 Financial statement review

During the year, MySmallHelp UK collected total donations and other income of £26,259 a decrease of £5,380 compared to the previous year. These amounts included contributions to the general fund of the charity of £868. Contributions received by the charity are allocated to the general fund when a donor does not dedicate the donation to a particular fund.

Reflecting the charity's success in raising funds this year and in previous years, donations of £16,325 were made to MySmallHelp Nepal. Operational costs for the year were £357, including Just Giving charges of £216.

E3 Financial controls

During the year, the Trustees reviewed internal controls and financial reporting and concluded that these controls were operating effectively, given the operational limitations that apply to smaller charitable organisations.

Section F: Other Optional Information

Nothing to report.

Section G: Declaration

The Trustees declare that they have approved the Trustees' Report above and authorised signature of the report as shown below.

Signature: Alistair Williams
Full name: Alistair Williams
Position: Trustee
Date: 7 May 2021

MySmallHelp (UK registered charity no. 1123830)**Receipts and payments accounts for the year from 1 April 2020 to 31 March 2021**

£	General Fund	MSH Nepal	Construction projects in Nepal	Total	Previous year
<u>Unrestricted receipts:</u>					
Donations	364			364	195
Bank interest	4			4	3
Total unrestricted receipts	368	0	0	368	198
<u>Restricted receipts:</u>					
Sponsorship in Nepal		19,929		19,929	24,523
Projects in Nepal		845	2,590	3,435	1,773
Projects in Peru				0	35
Gift Aid credit from HMRC	500	2,027		2,527	5,110
Total restricted receipts	500	22,801	2,590	25,891	31,441
Total receipts	868	22,801	2,590	26,259	31,639
<u>Costs:</u>					
Bank charge				0	(15)
Just Giving fees	(216)			(216)	(216)
Website and software costs	(21)			(21)	(76)
Accountancy fees	(120)			(120)	(120)
Total costs	(357)	0	0	(357)	(427)
<u>Payments:</u>					
MSH Nepal		(16,325)		(16,325)	(29,103)
MSH Peru				0	(458)
Payments to individual beneficiaries in Peru				0	(3,151)
Total payments	0	(16,325)	0	(16,325)	(32,712)
Total outflows	(357)	(16,325)	0	(16,682)	(33,139)
Net inflow/(outflow) of funds	511	6,476	2,590	9,577	(1,500)
Opening bank balance	733	7,329	5,215	13,277	14,777
Closing bank balance	1,244	13,805	7,805	22,854	13,277

Authorised by Trustees:

Date:

Signed by Alistair Williams on behalf of the Trustees

07 May 2021



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
My Small Help

**On accounts for the year
ended**

31 March 2021

**Charity no
(if any)**

1123830

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Karen Swash

Date:

14/05/2021

Name:

Karen Swash

**Relevant professional
qualification(s) or body
(if any):**

FCA, ICAEW member

Address:

Hillside, Woolstone

Faringdon, Oxon

SN7 7QL

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.