



**CHARITY INFORMATION  
FOR THE YEAR ENDING  
31 MARCH 2023**



**TRUSTEES:**

Shaindel Stern  
Gitel Grinvald  
Rachel Herman

**REGISTERED OFFICE:**

52 East Bank London N16 5PZ

**CHARITY NUMBER: 1123747**

**INDEPENDENT EXAMINER:**

De Claron Ltd.  
Unit A, 3 The Vale  
LONDON NW11 8SB

# MESSAGE of the Chair

As we reflect on the past year, we are filled with gratitude for the support that has fueled the mission of Friends of Zichron Dovid, now proudly known as 'Twilight Kindness.'

A major milestone this year was our charity's rebranding and name change to 'Twilight Kindness.' This transformation reflects our evolving vision and commitment to kindness that extends to the twilight moments of life, ensuring our reach and impact are even more profound.

In addition to this exciting change, we are delighted to share the launch of a new project, 'On Your Own, But Not Alone.' Recognizing the challenges faced by widowed women—loneliness, isolation, and financial difficulties—this initiative aims to build a supportive community, offering solace and strength in shared experiences. Your support has allowed us to take a significant step towards making a positive difference in the lives of those navigating the journey of widowhood.

Throughout 2022-2023, we have achieved significant milestones and overcome challenges with resilience and determination.

None of this would have been possible without the dedication of our team, the generosity of our donors, and the support of our community. Together, we have strengthened the foundation of Twilight Kindness, ensuring that our impact will endure and continue to grow in the years to come.

As we look ahead, our commitment to supporting our elderly beneficiaries remains steadfast. Thank you for being an integral part of the Twilight Kindness family. Your trust and partnership inspire us to reach greater heights and make a positive difference in the world.

Gratefully,  
Rachel Herman  
Trustee



**Enable low-income, vulnerable older adults to lead meaningful and dignified lives by facilitating education, advocacy, and acting as a liaison between them and services and care in our community**

**Simply said, We work to improve the quality of life for elderly people in the community and to overcome obstacles so living at home remains an option.**

**Daily activities and living at home become more challenging as we age. In a perfect world, every older adult would have nearby relatives or neighbours to help prepare meals, errands, mild home repairs. In reality many do not.**

**Without this kind of assistance, older adults can struggle alone at home.**

**We are here for seniors when family, mobility and resources are lacking.**



# VISION:

**WE WANT YOUNG PEOPLE TO TREAT SENIORS LIKE AGED WINES, THEY GAIN VALUE WITH AGE.**

## **OUR AIMS:**

Encourage Intergenerational connection

Tackle food and fuel poverty  
among seniors

Enrich quality of life for seniors and those  
with progressive illness such as  
Parkinson's and Dementia,

Give mini breaks to carers and support  
them to maintain their own wellbeing.

# OUR





### **Loaves of Love:**

Seniors enjoy a homemade Brunch with specialty delicacies like banana bread, fruit yoghurt, vegetable omelets and soup prepared by other seniors and volunteers. We serve special modified meals for participants on restricted medical diets e.g for cholesterol, swallowing difficulties etc. Participants receive 1/3 of their daily nutritional requirement and the most important meal of the day, a crucial component for well-being that benefits those facing food insecurity.

For some, loaves of Love is the only meal of the day. Furthermore, the meal program offsets the effects of isolation for people who live alone, promotes social interaction, provides opportunities for establishing friendships, and is often an entry point into other social activities. Participants are collected in accessible transport and transported home

### **Repair and Care**

We complete small DIY jobs for older people to help them maintain their homes and their independence. Operating in Hackney, Repair and Care does jobs that might be more difficult to complete as we get older, but not big enough to call in a tradesperson. The most common services required by older people are small gardening jobs, minor paint jobs, changing light bulbs, hanging curtains, installing security locks and chains and installing domestic smoke alarms.

### **Click and Connect:**

A dual point project engaging young people and seniors to lead and learn.

Young volunteers helps seniors use any technology item born after them- from video calling with family members, to downloading pictures, using a printer, booking online appointments, helping install and set up new hardware and software, configuring settings and adjusting accessibility options. This project helps improve confidence and ability with technology to ensure all the benefits of the digital world can be experienced by our senior citizens.

Seniors introduce young people to forgotten arts and underrated activities from, knitting, crocheting, physical albums and creative writing.

### **Caregivers Café:**

Caregivers Cafe connects family caregivers one morning a week for a light Breakfast and, to enjoy an informal peer-support group and monthly recreational workshop e.g glass fusion jewellery. This is chaired by users on a rotational turn taking basis. We have fortnightly guest speakers to present a workshop or lead a discussion with participants on pertinent self care and caring skills and ideas. These include self care and exercise experts, psychotherapist, dementia specialists and more. Participants produce a monthly newsletter which give participants a voice and a chance to share their experiences, recipes for special diet foods, tips, new research on treatments and local services and organisations offering support. We also offer a six-hour day retreat with an interactive program designed to improve the quality of life of a family caregiver.

### **On your Own:**

**But Not Alone Strives to offset the loneliness; isolation and financial challenges and build community among widowed women.**

This initiative was established by a group of women who have themselves experienced the loss of a spouse. Their firsthand understanding of the unique challenges faced by widowed women adds depth and empathy to this project. Our program offers monthly social brunches, events, and food distributions specifically aimed at supporting financially vulnerable widows.

# OUR YEAR IN A SNAPSHOT



**5  
CARING  
PROJECTS**



**88 ELDERLY  
USERS ATTENDING  
OUR PROJECTS  
ON A REGULAR  
BASIS**



**72 WIDOWS  
SIGNED UP TO  
OUR NEW  
PROJECT**



**46 CARERS  
JOINING  
OUR  
CAREGIVERS  
CAFÉ**



**923  
COST-OF-LIVING  
PACKAGES  
DELIVERED**



**112 REPAIR  
& CARE JOBS  
COMPLETED  
BY OUR  
VOLUNTEERS**



# TRUSTEES REPORT

## TRUSTEES REPORT

The trustees presents their report with the financial statements of the charity for the period ending 31 March 2023. The trustee confirm that the annual report and the financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" effective from 1 Jan 2015.

### CONSTITUTION, POLICIES AND OBJECTIVES

Our primary objective is:

The relief of poverty, sickness and infirmity amongst members of the Jewish faith.

#### Our Activities are:

- 1) Advocating to improve social well-being and connections among elderly people and their carers; and promoting intergenerational interactions thereby strengthening families and communities.
- 2) Alleviating poverty among elderly people and carers with a focus on increasing access to food and financial crises support.

### REVIEW OF ACTIVITIES

The charity is currently staffed by Shaindel Stern, Rachel Herman and Gitel Grinvald. The trustees have served through the year and have the power to appoint new trustees.

### FUNDING AND ACTIVITIES

Twilight Kindness is able to sustain its operations through a diverse range of funding sources. These include generous grants from individuals, corporations, charitable trusts, and legacy income. We are deeply grateful to all our valued partners and friends who enable us to extend our support, care, and kindness to a wide community of elderly users. Their contributions make a meaningful difference in the lives of those we serve.

### CHARITY NAME CHANGE

In our ongoing commitment to growth, improvement, and promoting equality, our charity has made the decision to rebrand, unveiling a new name chosen by our community: Twilight Kindness. After careful consideration and extensive input from our users, the name "Twilight Kindness" emerged as a symbol of our organization's evolving services and dedication to fostering increased equality within our community. This decision has been driven by a collective desire to align our identity seamlessly with our mission, ensuring that it resonates with the diverse needs of those we serve.



# TRUSTEES REPORT

## **FUTURE PLANS**

At Twilight Kindness, we have an exciting vision to broaden the impact of our charity. We are actively exploring opportunities to expand our activities, offering a diverse range of programs that will benefit a wider group of individuals in need. By doing so, we aim to make an even greater difference in the lives of those we serve and create meaningful change for our beneficiaries.

## **MEMBERSHIP**

Twilight Kindness is currently not a member of any roof body or professional organisation.

## **RESERVES POLICY**

The Trustee Board diligently reviews the charity's reserves, annually determining the necessary funds to sustain ongoing operations and facilitate the organization's growth. Historically, our policy aimed to uphold a reserve level equivalent to 3-6 months of essential organizational expenditures. As of March 31, 2023, our free reserves stand at £30,153.40, falling short of the range established by our Trustees. We are actively engaged in concerted efforts to bolster our reserves to align with the prescribed level.

## **RISK ASSESSMENT**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing

those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its activities

## **INDEPENDENT EXAMINATION**

An independent examiner's report will be prepared by De Claron Ltd.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011

## **ON BEHALF OF THE BOARD SIGNED:**

Gitel Grinvald - Trustee  
12 October 2023



# INDEPENDENT EXAMINER' S REPORT TO THE MEMBERS OF

## Twilight Kindness

for the Year Ending 31 March 2023

### Independent Examiner' s Report to the Trustees of Twilight Kindness

We report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 8-9.

### Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the accounts. The charity' s trustees consider that an audit is not required for this year under the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners of the 2011 Act and;
- to state whether particular matters have come to our attention.

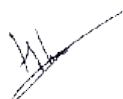
### Basis of independent examiner' s report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

### Independent examiner' s statement

The accounts were constituted from notes, information and explanation of the trustees. We found nothing unusual or suspicious in the records presented to us.

In connection with our examination, no other matter except that referred to above, has come to our attention to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



De Claron Ltd  
3a The Vale  
LONDON NW11 8SB

05 October 2023

## Twilight Kindness - y/e 31.03.2023

### Income & Expenditure Statement

	Y/e 31.03.2023		Y/e 31.03.2022	
	UNRESTRICTED £	RESTRICTED £	£	£
INCOMING RESOURCES				
DONATIONS and LEGACIES	60,811.49	397,641.00	185,480.00	
GRANTS RECEIVED	69,800.00	25,000.00	10,000.00	
	130,611.49	422,641.00		195,480.00
TOTAL INCOMING RESOURCES		553,252.49		195,480.00
CHARITABLE EXPENDITURE				
INCOME GENERATION and GOVERNANCE	1,000.00			
		1,000.00		-
CHARITABLE ACTIVITIES				
RELIEF OF POVERTY	46,320.00		31,300.00	
COST OF LIVING SUPPORT CHARITABLE PROGRAMS	200,920.00		64,150.00	
KLICK AND CONNECT HUB	20,000.00		51,600.00	
CAREGIVERS COFFEE CLUB	15,467.87		3,460.47	
LOAVES OF LOVE	246,701.00		36,500.00	
		529,408.87		187,010.47
OTHER EXPENDITURE				
ACCOUNTANCY, ADM & LEGAL FEE	330.00		-	
POSTAGE, STATIONERY, OFFICE EXPENSES	-		644.19	
BANK CHARGES & INTEREST	133.57		55.00	
		463.57		699.19
TOTAL CHARITABLE EXPENDITURE		530,872.44		187,709.66
NET MOVEMENT IN FUNDS		22,380.05		7,770.34

### Balance Sheet

	as at 31.03.2023		as at 31.03.2022	
	£	£		
CURRENT ASSETS				
DEBTORS		-		-
CASH IN HAND & BANK		30,153.40		7,773.35
a/c 91519204	30,153.40		7,773.35	
		30,153.40		7,773.35
SHORT TERM CREDITORS				
TRADE CREDITORS	-		-	
NET CURRENT LIABILITIES		-		-
TOTAL FUNDS		30,153.40		7,773.35
CAPITAL ACCOUNT				
NET MOVEMENT IN FUNDS		22,380.05		7,770.34
FUNDS B/F		7,773.35		3.01
EXCESS / (DEFICIENCY) OF FUNDS		30,153.40		7,773.35

On behalf of the board signed:



Rachel Herman  
12 October 2023



Twilight Kindness