



**FRIENDS OF ZICHRON DOVID**  
**CHARITY INFORMATION**  
**FOR THE YEAR ENDING 31 MARCH 2022**



**TRUSTEES:**

R. Herman

P. Guttman

**REGISTERED OFFICE:**

52 East Bank London N16 5PZ

**CHARITY NUMBER: 1123747**

**INDEPENDENT EXAMINER:**

De Claron Ltd.

Unit A, 3 The Vale

LONDON NW11 8SB

# MESSAGE of the Chair

As we gradually chart our way out of the pandemic into a hopefully more secure future, and none of us would like to hear the word Covid-19 ever again, I can not help but reflect on year 2020. I want that our charity and community should always remember the steel resilience, commitment and compassion of our staff, volunteers, supporters and senior community one to another.

A core element of our service model had ground to a halt overnight, and yet our seniors were in greater need than ever before—in need of nutritious food, housing where they could shelter in place, health support and COVID testing, and safe ways to stay connected. In order to keep delivering on our vital mission, we had to do things differently-and fast. We're proud to say that FOZD rose to that challenge. In a matter of days, we more than tripled our home-delivered meals implemented new socialization programs adapted our wraparound model to a socially distanced world all while meeting the needs of a 32 percent increase in clients. But none of this would have been possible without you, our generous supporters. It's our great pleasure to present the following report as a testament to all you've made possible. We thank you for your partnership.

R. Herman



# OUR MISSION

**Enable low-income, vulnerable older adults to lead meaningful and dignified lives by facilitating education, advocacy, and acting as a liaison between them and services and care in our community**

**Simply said, We work to improve the quality of life for elderly people in the community and to overcome obstacles so living at home remains an option.**

**Daily activities and living at home become more challenging as we age. In a perfect world, every older adult would have nearby relatives or neighbours to help prepare meals, errands, mild home repairs. In reality many do not.**

**Without this kind of assistance, older adults can struggle alone at home.**

**We are here for seniors when family, mobility and resources are lacking.**





### **Loaves of Love:**

Seniors enjoy a homemade Brunch with specialty delicacies like banana bread, fruit yoghurt, vegetable omelets and soup prepared by other seniors and volunteers. We serve special modified meals for participants on restricted medical diets e.g for cholesterol, swallowing difficulties etc. Participants receive 1/3 of their daily nutritional requirement and the most important meal of the day, a crucial component for well-being that benefits those facing food insecurity.

For some, loaves of Love is the only meal of the day. Furthermore, the meal program offsets the effects of isolation for people who live alone, promotes social interaction, provides opportunities for establishing friendships, and is often an entry point into other social activities. Participants are collected in accessible transport and transported home

### **Repair and Care**

We complete small DIY jobs for older people to help them maintain their homes and their independence. Operating in Hackney, Repair and Care does jobs that might be more difficult to complete as we get older, but not big enough to call in a tradesperson. The most common services required by older people are small gardening jobs, minor paint jobs, changing light bulbs, hanging curtains, installing security locks and chains and installing domestic smoke alarms.

### **Click and Connect:**

A dual point project engaging young people and seniors to lead and learn.

Young volunteers helps seniors use any technology item born after them- from video calling with family members, to downloading pictures, using a printer, booking online appointments, helping install and set up new hardware and software, configuring settings and adjusting accessibility options. This project helps improve confidence and ability with technology to ensure all the benefits of the digital world can be experienced by our senior citizens.

Seniors introduce young people to forgotten arts and underrated activities from, knitting, crocheting, physical albums and creative writing.

### **Caregivers Café:**

Caregivers Cafe connects family caregivers one morning a week for a light Breakfast and, to enjoy an informal peer-support group and monthly recreational workshop e.g glass fusion jewellery. This is chaired by users on a rotational turn taking basis. We have fortnightly guest speakers to present a workshop or lead a discussion with participants on pertinent self care and caring skills and ideas. These include self care and exercise experts, psychotherapist, dementia specialists and more. Participants produce a monthly newsletter which give participants a voice and a chance to share their experiences, recipes for special diet foods, tips, new research on treatments and local services and organisations offering support. We also offer a six-hour day retreat with an interactive program designed to improve the quality of life of a family caregiver.

# VISION:

**WE WANT YOUNG PEOPLE TO TREAT SENIORS LIKE AGED WINES, THEY GAIN VALUE WITH AGE.**

## **OUR AIMS:**

Encourage Intergenerational connection

Tackle food and fuel poverty among seniors

Enrich quality of life for seniors and those with progressive illness such as Parkinson's and Dementia,

Give mini breaks to carers and support them to maintain their own wellbeing.

# OUR



# TRUSTEES REPORT

FRIENDS OF ZICHRON DOVID

REPORT OF THE TRUSTEES

for the Year Ending 31 March 2022

The trustees presents their report with the financial statements of the charity for the period ending 31 March 2021. The trustee confirm that the annual report and the financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" effective from 1 Jan 2015.

## CONSTITUTION POLICIES AND OBJECTIVES

Friends of Zichron Dovid is a charity and is constituted as a trust dated 18 April 2008.

The principal **objectives** of the charity are:

The relief of poverty sickness and infirmity amongst members of the Jewish faith.

The principal activities of our charity are:

1. Advocating to improve social well-being and connections among elderly people and their carers; and promoting intergenerational interactions thereby strengthening families and communities.
2. Alleviating poverty among elderly people and carers with a focus on increasing access to food and financial crises support.

## REVIEW OF ACTIVITIES

### Staff

The charity is currently staffed by P. Guttman - Chairperson, R. Herman - Secretary. The trustees have served throughout the year and the power to appoint new trustees vest in the current board. All funds are raised by the trustees.

### Funding and Activities

Friends of Zichron Dovid is currently financed private donations. During 2021 we ran a range of programs and activities as detailed above.

### Future Plans

Friends of Zichron Dovid will be seeking to expand our current services through offering more programs for a wider range of users.

### Membership

Friends of Zichron Dovid is currently not a member of any roof body or professional organisation.

The trustees are satisfied with the results and activities of the charity for the year and do no anticipate any significant changes in the forthcoming year.



# TRUSTEES REPORT

## RESERVE POLICY

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity at a level which equates to approximately three months unrestricted expenditure. This provides sufficient fund to cover management and administration costs.

## RISK ASSESSMENT

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its activities

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011

## INDEPENDENT EXAMINATION

An independent examiner's report will be prepared by De Claron Ltd.

## ON BEHALF OF THE BOARD SIGNED:

P. Guttman - Trustee



21 April 2022



## Friends of Zichron Dovid Trust - y/e 31.03.2022

### Income & Expenditure Statement

	Y/e 31.03.2022		Y/e 31.03.2021	
	£	£	£	£
INCOMING RESOURCES				
DONATIONS and LEGACIES	185,480.00		540,435.55	
GRANTS RECEIVED	10,000.00			
OTHER TRADING ACTIVITIES				
INTEREST RECEIVED			12.12	
TOTAL INCOMING RESOURCES		195,480.00		540,447.67
CHARITABLE EXPENDITURE				
INCOME GENERATION and GOVERNANCE			160.00	
		-		160.00
CHARITABLE ACTIVITIES				
RELIEF OF POVERTY	31,300.00		121,500.00	
	64,150.00		181,765.00	
CHARITABLE PROGRAMMS			321,500.00	
KLICK AND CONNECT HUB	51,600.00			
CAREGIVERS COFFEE CLUB	3,460.47			
LOAVES OF LOVE	36,500.00			
		187,010.47		624,765.00
OTHER EXPENDITURE				
ACCOUNTANCY, ADM & LEGAL FE	-		450.00	
POSTAGE, STATIONERY, OFFICE	644.19			
BANK CHARGES & INTEREST	55.00			
		699.19		450.00
TOTAL CHARITABLE EXPENDITURE		187,709.66		625,215.00
NET MOVEMENT IN FUNDS		7,770.34		(84,927.33)

### Balance Sheet

	as at 31.03.2022		as at 31.03.2021	
	£	£		
CURRENT ASSETS				
DEBTORS		-		-
CASH IN HAND & BANK		7,773.35		3.01
a/c 91519204	7,773.35		3.01	
		7,773.35		3.01
SHORT TERM CREDITORS				
TRADE CREDITORS	-		-	
NET CURRENT LIABILITIES		-		-
TOTAL FUNDS		7,773.35		3.01
CAPITAL ACCOUNT				
NET MOVEMENT IN FUNDS		7,770.34		(84,927.33)
FUNDS B/F		3.01		84,930.34
EXCESS / (DEFICIENCY) OF FUNDS		7,773.35		3.01

**INDEPENDENT EXAMINER' S REPORT TO THE MEMBERS OF  
FRIENDS OF ZICHRON DOVID**

for the Year Ending 31 March 2022

**Independent Examiner' s Report to the Trustees of Friends of Zichron Dovid**

We report on the accounts of the charity for the year ended 31 March 2022, which are set out on page 8.

**Respective responsibilities of trustees and examiner  
Staff**

The charity' s trustees are responsible for the preparation of the accounts. The charity' s trustees consider that an audit is not required for this year under the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners of the 2011 Act and;
- to state whether particular matters have come to our attention.

**Basis of independent examiner' s report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

**Independent examiner' s statement**

The accounts were constituted from notes, information and explanation of the trustees. We found nothing unusual or suspicious in the records presented to us.

In connection with our examination, no other matter except that referred to above, has come to our attention to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



De Claron Ltd  
3a The Vale  
LONDON NW11 8SB

21 April 2022

