

Registered number: 06471938
Charity number: 1123665

TOGETHER AGAINST CANCER
(A company limited by guarantee)

UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022



TOGETHER AGAINST CANCER
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TOGETHER AGAINST CANCER
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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 DECEMBER 2022**

Trustees	Mr Lawrence MacKay Mrs Joy MacKay Mrs Merris Bacos Tabay Mrs Sarah Jackson (resigned 12 December 2022) Mr Edwin Bulaon
Company registered number	06471938
Charity registered number	1123665
Registered office	Unit 2 Charnwood Edge Business Park Syston Road Cossington Leicester LE7 4UZ
Company secretary	Mrs Merris Bacos Tabay
Website	https://www.togetheragainstcancer.org.uk
Accountants	Magma Audit LLP Chartered Accountants Unit 2 Charnwood Edge Business Park Syston Road Leicester LE7 4UZ
Bankers	Metro Bank 1 Southampton Row London WC1B 5HA CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Principal address	Education and Wellness Centre Unit S1 Troon Way Business Centre Humberstone Lane Leicester LE4 9HA

TOGETHER AGAINST CANCER
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their annual report together with the financial statements of the charity for the 1 January 2022 to 31 December 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

• **Policies and objectives**

The charity's objectives are to assist in the relief of persons with cancer and any similar or related diseases or conditions particularly but not exclusively by the provision of homeopathic and holistic treatments; to advance education and raise public awareness about cancer or any other similar or related diseases or conditions, their incidence, causes, treatment, avoidance and relief.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

• **Public benefit**

The Trustees have complied with their duty in section 17 of the Charities Act 2011 to have due regard to guidance published by the Charity Commission.

Achievements and performance

• **The Highlights**

- We continued with educational workshops and other group events with 104 events for 434 attendees in 2022 compared to 178 events in 2021 with 978 attendees.
- We recorded 2736 one to one therapeutic sessions in 2022, compared to 1887 in 2021
- We launched the Hydroxy Therapy in January 2022, bringing oxygen and hydrogen to clients.
- We launched the Measure Your Concern and Wellbeing programme to monitor individual progress.
- The new website and TAC Healing Hub continued to have more content.
- We were successful in securing grants to the total value of £7,500 in 2022.
- Individual fundraising for the year brought in an additional £2,164.
- Our total public donation appeals raised £535,485 and legacies of £17,000 were received in the year.
- We provided some Wellbeing Services to the NHS which raised £5,570.
- Two major events took place, The Health and Wellness Show and The Open Day.

TOGETHER AGAINST CANCER
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

• **Grant approvals for 2022**

DESTINY

Located in the Philippines, Destiny Medical Fund supports ongoing cancer projects at hospitals and clinics throughout the Philippines.

In 2022, Together Against Cancer provided a grant of £39,600 to Destiny Medical Fund. This funding made a difference to thousands of lives in the fight against cancer and other degenerative diseases. The Destiny Medical Fund supports medical projects at hospitals and clinics throughout the Philippines that treat cancer and other degenerative diseases. Free cancer examinations are also funded for patients in the Province of Cebu. The Destiny Medical Fund supports educational programs and distributes medical supplies and equipment to 20 hospitals and clinics that treat cancer and other related diseases.

PATIENT FUNDING PROGRAM

Together Against Cancer launched their patient funding program in 2015. In 2022, total grants awarded to those living with cancer was £4,792.

These were:

- 11 people received a weekly organic veg box, approximately 210 boxes were purchased at a total cost of £4,302.
- 2 people received a contribution towards equipment (juicer, blender or water filter) a total cost of £490.

The funding program ceased in September 2022.

• **Review of activities**

EDUCATION AND WELLNESS CENTRE – LEICESTER

Early 2022, all lockdown restrictions were lifted, meaning all normal activities resumed nationwide. The charity continued to run the support group and other online activities until June 2022 due to low attendance.

Our Educational Workshops continued on a regular basis (weekly) with new guest speakers and old ones too.

We started a new therapy, Hydroxy therapy, where patients breathe in a gas of oxygen and hydrogen. This is proven to have antioxidant, anti-inflammatory and apoptotic properties. Over 2022, this demonstrated an average improvement of 15% for those having 6 consecutive weeks of treatment or more.

The website continued to be developed with new content for the TAC healing Hub, blogs and fundraising pages. Healing Hub memberships also generated a contract with the NHS for 100 medical practice managers to have access over for a year in 2023.

Since April 2022, the UK has seen an economical crisis. The impact on donations received via our mailings was reviewed by the Trustees and Management Team in July 2022. This review resulted in the Trustees agreeing on a restructure of the team to save costs. This was announced in October 2022, with the final redundancies being paid in Feb 2023. The team of 12 employees was reduced to 8 employees by December 2022.

The charity received a grant from Pink Ribbon for £5,000 to fund therapies and workshops for breast cancer patients.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

Visitors to Centre

In 2022, the doors reopened to the general public to attend group sessions and even book therapies at a cost of £25 from October 2022. This has meant that more attendees have joined us and an additional income stream was created.

Clients continued to benefit from the therapies, educational workshops, as well as counselling and wellbeing coaching.

"Together Against Cancer has given me hope that the medical side is not the only support available"

"I've learned a lot from the workshops"

"Since I have started using hydroxy gas, my energy levels have massively gone up"

Educational Workshops and Events

A total of 69 workshops/wellness sessions were held in 2022, split as follows:

Centre Based Sessions	22 workshops/wellness sessions
Online/Zoom Sessions	12 workshops/wellness sessions
Hybrid Sessions*	35 workshops/wellness sessions

*Hybrid sessions are held in person at the centre and streamed live through our online Healing Hub.

The range of workshops and group sessions included the following:

Weekly Sessions

Tai Chi
Meditations
Distance Reiki Sessions
We're in This Together Support Group

Guest Speakers

Mark Evans Conversations with Impact
Sound Bath
Foraging
Mental Health and Wellbeing
Introduction to Microgreens

Wellbeing Workshops

Nutrition for Life
Juicing for Health
Gut Health and Fermented Foods
Kombucha
Stress Less Workshop
Emotional Freedom Technique
Smoothie
Introduction to a Healthy Lifestyle
Healthy Meals Made Easy
Visualisation Workshop
Homemade Sauces and Dressings

All our workshops are available to everyone over the age of 18, whether they have cancer or a similar health issues. In 2018, over 9.6m people died of cancer and over 17m people are diagnosed with cancer each year so prevention of disease is paramount and as 90-95% of cancers can be attributed to lifestyle, we are trying to address a big part of this with our varied workshops.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

"A brilliant charity offering well being workshops and activities on nutrition, relaxation, fitness and coping mechanisms for people living with chronic illness and their carers. Sat nav cannot find it properly with the address thorough. Search for Troon Way industrial estate instead. Highly recommended" G/MR

"Together Against Cancer is an incredible charity. Attended one of their events some time ago and recently visited the Centre. It is wonderful to see that there is help available to people who need it the most. Wish more charities were as hands-on as Together Against Cancer" FB/DK

"Went to a Nutrition for life workshop. It was very informative and helpful. Met some great people on the workshop. A healthy and nutritional lunch was provided which was amazing. A great bunch of hard working people trying to help us get back on the right track of eating healthy and nutritional foods " G/SM

Events

We organised 2 large events during the year, The Health & Wellness show in April 2022 and the Open Day in October 2022.

Both events helped raise the general public awareness of the charity as well as bring in revenue to the charity.

Complementary Therapy Sessions (Cancer Patients and their Carers)

We began providing complementary therapy sessions in May 2017, offered mostly by volunteers and when necessary, trained staff members.

In 2022, we provided a total of 2741 therapy sessions to patients living with cancer, which was an increase of 45% on therapies delivered in 2021. This was as a result of the hydroxy therapy being launched in January 2022.

Number Complementary Therapies

January	245 sessions
February	266 sessions
March	251 sessions
April	214 sessions
May	259 sessions
June	227 sessions
July	246 sessions
August	256 sessions
September	241 sessions
October	228 sessions
November	202 sessions
December	106 sessions
Total	2741 sessions

These sessions are a lifeline to those diagnosed with cancer; the impact of a cancer diagnosis and the treatment can be traumatic for not only the cancer patient but also their carer/family. We were fortunate to be able to increase our complementary therapy sessions in 2022.

"Amazing place, amazing people! It's a world of knowledge and support. I have benefitted so much from them. Their warmth and kindness shines through! One of the most welcoming places I have ever been x" FB/AW

"Treatments are so lovely and the staff are amazing x" G/CE

"What a fabulous place, everyone is so kind and patient. The support and services offered here is filled with care and compassion. Amazing centre" FB/MBC

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

WEBSITE/SOCIAL MEDIA

The charity launched its brand new website in September 2021, this coincided with a rebrand to a more modern logo which is more appealing to all age groups.

The new website was completely overhauled with new brighter sections on how we support people with cancer, how people can support the charity and our innovative Healing Hub.

In 2021, we planned to launch a new web-based support program called TAC Connected, which would focus on our new LEAP Support Program. The web-based support program was re-named the Healing Hub, which better fits into the TAC ethos, with the LEAP support program sitting discretely at the back of the Healing Hub, ensuring that we work to provide the four elements (Learning, Empowerment, Action and Purpose).

The Healing Hub provides online support and includes:

- Cooking Videos
- Meditation Videos
- Expert Videos
- Exercise and Self Soothing Videos
- Member Forum
- Live Streamed Events

In 2022, we continued with developing the content of the new website, with blogs and videos for the Healing Hub membership section.

The following videos were added to the Healing Hub page:

- 15 Cooking videos
- 6 Meditation videos
- 3 Self Help techniques videos

We are very active on social media, specifically the charity's Facebook page.

Our social media exposure grew with 4,054 likes on Facebook (203 extra from 2021). We also increased our presence on LinkedIn and Instagram.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

• **Fundraising activities and income generation**

For the past 14 years TAC has been using a Fundraising Consultant to raise money through a direct mail program. The company, Market Development Group (MDG) has been in operation since 1978 and has worked with some of the largest and oldest charities. Their method of fundraising is very successful and has raised adequate funds to meet the ongoing needs of TAC for the past 12 years.

Not only does the direct mail program raise funds for the TAC's programs but it also educates the public about the dangers of cancer and the need for early detection of cancer and any similar or related diseases. Medical research has proven that early detection of cancer and similar or related diseases has saved lives by treating the disease at an early stage.

Located in Washington, DC, MDG is a full service direct marketing consulting firm with 20+ employees, providing clients with turn key services, including the following:

- Program analysis, strategic planning and fiscal projecting
- Copywriting
- Full service creative art department with extensive art library
- List research, list brokerage and management
- Direct mail production and management
- Marketing research

Lawrence MacKay, Chairman and President, Kimberly Aldridge, Executive Director and the UK office staff work closely with representatives of MDG to prepare fundraising packages; scheduling, package content, copy accuracy, package budget, testimonies and package educational material.

The main source of income for TAC is the monthly educational/fundraising promo package. This promo package is mailed to a database of committed donors. The majority of the contents of the promo package (85%) is educational; encouraging donors to practice early detection and wellness life-style living standards, like eating a balanced diet, exercising, drinking eight glasses of water daily, practicing relaxation techniques, getting a good night sleep and reducing stress. Donors who indicate that they do not want to receive this package are removed from the database immediately. The charity has taken the decision to not use door to door or telephone fundraising as this is intruding on peoples personal space and time and it puts pressure on people to donate.

TAC is a member of the Fundraising Regulator.

Reputation

The TAC Education and Wellness Centre is creating a very positive reputation for the charity as it demonstrates programs that assist people living with cancer or similar conditions. Many testimonials have been given by those we support and their families.

Educating the public

Between the TAC Education and Wellness Centre, the monthly promo packages and the website, a vast amount of educational material is being presented to the public.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Financial review

• **Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

With the economical crisis in 2022, the income from donations has reduced by around 37% compared to 2021. The team focused on new income streams and maximising donations at the centre. With the restructure process taking place in November and December 2022, those efforts were paused and restarted in the new year.

The charity has sourced all relevant and available support to ensure that the charity can continue, and although unclear what the impact of the 2022 economical crisis will be, the Trustees have assessed the position of the charity, the financial support they have received and the available reserves and believes that the charity has adequate resources to continue operating for the foreseeable future. With this in mind the Trustees believe that the charity has considered and concluded that the preparation of the financial statements on a going concern basis is appropriate.

• **Reserves policy**

The major risk to the charity is reliance on private fundraising, donations and legacies. As an organisation relying on voluntary income, our policy is to hold adequate reserves to enable the charity to respond to any difficult unexpected events such as the recent COVID-19 pandemic. It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. On 31 December 2022 the charity held restricted reserves of £17,357 (2021 - £42,180), and unrestricted reserves of £275,037 (2021 - £427,111). Included within unrestricted reserves in 2021 is £200,000 of designated funds towards a potential future property purchase, this amount was released back to the general fund in the year after the Trustees made the decision that this was no longer feasible. Actual free reserves, calculated as unrestricted reserves less designated funds and fixed assets, amount to £265,267. The Trustees consider the reserves level at 31 December 2022 are in line with target.

• **Principal funding**

The charity received £552,673 (2021 - £907,781) during the year from voluntary donations and legacies. The charity has also been able to generate income from grants this year amounting £7,500 (2021 - £69,300). The charity received £33,078 (2021 - £8,382) from workshops, classes and events. The net assets of the charity as at 31 December 2022 amounted to £292,394 (2021 - £469,291).

TOGETHER AGAINST CANCER
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Structure, governance and management

• **Constitution**

Together Against Cancer (TAC) is a company limited by guarantee, registered in England and Wales number 06471938, its registered charity number 1123665. Its governing document is its Memorandum and Articles of Association, dated, 11 March 2008.

The Trustees, who are also the directors for the purpose of company law, and who served during the year are:

Mr Lawrence MacKay
Mrs Joy MacKay
Mrs Merra Bacos Tabay
Mrs Sarah Jackson (resigned 12 December 2022)
Mr Edwin Bulaon

None of the Trustees have any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The CEO is Larry MacKay and the day to day management of the UK centre is delegated to the Centre Manager Melanie Gamble and the Education and Wellness manager Stephen Gamble, both of whom resigned after the year end with Kamlesh Dawda and Valerie Viot taking over their responsibilities. Larry MacKay approves any new services which require a contract signing or are over the value of £500.

• **Methods of appointment or election of Trustees**

There is no formal method for recruiting new charity trustees. Each current trustee can make recommendations if the need arises to replace or add a new trustee. At the annual board meeting in December of each year trustees are appointed and elected to serve for the approved period of time.

• **Policies adopted for the induction and training of Trustees**

New trustees are encouraged to visit the UK Education and Wellness Centre and meet the Centre Manager and Education and Wellness Manager, learn more about the services provided and meet the staff and volunteers. New trustees are encouraged to obtain a copy of the charity commission booklet 'The Essential Trustee: what you need to know, what you need to do'.

• **Pay policy for key management personnel**

With over 40 years of administrative work for non profit corporations, Larry MacKay has developed an understanding for what is fair and reasonable compensation for management positions at a non profit corporation. Salaries are determined by the importance of the position being filled, the experience of the person being hired and the ability of the charity to meet this obligation.

TOGETHER AGAINST CANCER
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Structure, governance and management (continued)

• **Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The major risks identified are as follows:

Raising enough money to meet the yearly budget

The Board of Trustees and the management team have been actively pursuing fundraising personnel to assist TAC in its fundraising efforts. When it comes to raising money for charity work there are only a few successful methods that a charity can pursue. The most successful over the years is to develop a database of committed donors who will support the efforts of the charity over an extended period of time. Once the database is established it is in the best interest of the charity to begin to communicate with these donors, especially the ones who have given repeatedly over and over again with the substantial donations, as to their willingness to make larger donations, capital donations or legacy bequests.

Plans for future periods

Together Against Cancer will continue to support worthy organisations who provide care and assistance to those with cancer, specifically those patients who use integrated medicine as part of their fight against cancer.

Our pledge for 2023 is:

- To continue support to cancer patients via complementary therapies, educational workshops, and counselling.
- Continue delivering Hydroxy Therapy to cancer patients.
- Grow our corporate support and increase engagement in the local community.

We have 8 part-time staff members, ranging from administration, accounting, donation processing, digital marketing and therapists.

In 2022, we were supported by 24 volunteers, ranging from guest speakers, receptionists, admin/office and therapists who kindly volunteered 786 hours to the charity.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Lawrence MacKay

Mr Lawrence MacKay
Trustee

Date: *31/07/2023*

TOGETHER AGAINST CANCER
(A company limited by guarantee)

STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on its behalf by:



Mr Lawrence MacKay
Trustee

Date:

31/07/2023

TOGETHER AGAINST CANCER
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent Examiner's Report to the Trustees of Together Against Cancer ('the charity')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of the Together Against Cancer ('the charitable company') for the year ended 31 December 2022 which comprise of the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and Basis of Report

As the trustees of charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent Examiner's Statement

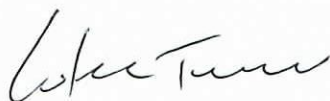
Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW specify other appropriate body, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:



Dated:

15/8/2023.

Luke Turner FCCA FCA

Magma Audit LLP

Chartered Accountants

Unit 2 Charnwood Edge Business Park

Syston Road

Leicester

LE7 4UZ

TOGETHER AGAINST CANCER
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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	4	552,673	7,500	560,173	977,081
Charitable activities	5	33,078	-	33,078	8,382
Other trading activities	6	2,164	-	2,164	824
Investments	7	1,211	-	1,211	4
Total income		589,126	7,500	596,626	986,291
Expenditure on:					
Raising funds	8	148,782	-	148,782	91,034
Charitable activities		592,418	32,323	624,741	700,900
Total expenditure		741,200	32,323	773,523	791,934
Net movement in funds		(152,074)	(24,823)	(176,897)	194,357
Reconciliation of funds:					
Total funds brought forward		427,111	42,180	469,291	274,934
Net movement in funds		(152,074)	(24,823)	(176,897)	194,357
Total funds carried forward		275,037	17,357	292,394	469,291

The notes on pages 17 to 34 form part of these financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)
REGISTERED NUMBER: 06471938

BALANCE SHEET
AS AT 31 DECEMBER 2022

	Note	2022 £	2021 £
Tangible assets	17	9,770	15,232
		<u>9,770</u>	<u>15,232</u>
Current assets			
Stocks	18	1,630	865
Debtors	19	45,701	33,286
Cash at bank and in hand		310,914	491,091
		<u>358,245</u>	<u>525,242</u>
Creditors: amounts falling due within one year	20	(75,621)	(71,183)
Net current assets		<u>282,624</u>	<u>454,059</u>
Total net assets		<u>292,394</u>	<u>469,291</u>
Charity funds			
Restricted funds	21	17,357	42,180
Unrestricted funds	21	275,037	427,111
Total funds		<u>292,394</u>	<u>469,291</u>

The charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


Mr Lawrence MacKay
Trustee

Date: 31/07/2023

The notes on pages 17 to 34 form part of these financial statements.

TOGETHER AGAINST CANCER
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STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash used in operating activities	(180,706)	152,841
Cash flows from investing activities		
Dividends, interests and rents from investments	261	4
Proceeds from the sale of tangible fixed assets	1,900	-
Purchase of tangible fixed assets	(1,632)	(17,688)
Net cash provided by/(used in) investing activities	529	(17,684)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	(180,177)	135,157
Cash and cash equivalents at the beginning of the year	491,091	355,934
Cash and cash equivalents at the end of the year	310,914	491,091

The notes on pages 17 to 34 form part of these financial statements

TOGETHER AGAINST CANCER
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. General information

Together Against Cancer is an incorporated charity registered with the Charity Commission. It's registered office is Unit 2, Charnwood Edge Business Park, Syston Road, Cossington, Leicester, LE7 4UZ. The Company registration number is 06471938 and the registered Charity number is 1123665.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Together Against Cancer meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company Status

The Charity is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate, i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt over the ability of the charity to continue as a going concern. The Trustees make this assessment in the respect of the period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. Accounting policies (continued)

2.4 Income

All income is recognised once the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and the receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in Kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the Statement of Financial Activities as incoming resources when reasonable.

2.5 Expenditure

Expenditure is recognised on an accruals basis, inclusive of Value Added Tax.

Expenditure included in costs of generating funds are the charitable company's marketing costs.

Expenses relating to charitable activities relate to grants paid and gifts in kind. Support costs are also included within this category of expenditure which include consultancy and office support.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

2.6 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2.7 Operating leases

Rentals paid under operating leases are charged to the Statement of financial activities on a straight line basis over the lease term.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

2. Accounting policies (continued)

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following basis:

Fixtures and fittings - 20% on a straight line basis

Office and computer equipment - 33% - 50% on a straight line basis

2.9 Stocks

Stocks are valued at the lower of cost and estimated selling price less costs to complete to sell. Cost comprises direct materials and where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or normal consideration are measured the lower of replacement costs and cost.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

2. Accounting policies (continued)

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basis financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried out at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basis financial liabilities

Basis financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

2.12 Employee benefits

The costs of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2.13 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 17 for the carrying amount of the tangible assets, and note 2 for the useful economic lives for each class of assets.

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	535,673	-	535,673	850,329
Legacies	17,000	-	17,000	57,452
Grants	-	7,500	7,500	69,300
Total 2022	552,673	7,500	560,173	977,081
Total 2021	895,460	81,621	977,081	

5. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Workshops, classes and events	33,078	33,078	8,382
Total 2021	8,382	8,382	

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Sale of merchandise	2,164	2,164	824
	<u>2,164</u>	<u>2,164</u>	<u>824</u>
Total 2021	824	824	
	<u>824</u>	<u>824</u>	

7. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Profit on sale of fixed assets	950	950	-
Bank interest received	261	261	4
	<u>950</u>	<u>950</u>	<u>-</u>
Total 2022	1,211	1,211	4
	<u>1,211</u>	<u>1,211</u>	<u>4</u>
Total 2021	4	4	
	<u>4</u>	<u>4</u>	

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

8. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Other fundraising costs	108,949	108,949	67,235
Wages and salaries	36,797	36,797	22,606
National insurance	2,442	2,442	865
Pension costs	594	594	328
Total 2022	<u>148,782</u>	<u>148,782</u>	<u>91,034</u>
Total 2021	<u>91,034</u>	<u>91,034</u>	

9. Analysis of grants

	Grants to Institutions 2022 £	Total funds 2022 £	Total funds 2021 £
Grants payable	44,392	44,392	92,039
Total 2021	<u>92,039</u>	<u>92,039</u>	

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

10. Grants payable

	Total Funds 2022 £	Total Funds 2021 £
Grants to institutions		
Mary How Trust	-	2,500
Destiny Medical Fund	39,600	52,800
Patient Funding - HBO Therapy	4,792	14,239
The Foundation for Collaborative Medicine and Research	-	22,500
	<u>44,392</u>	<u>92,039</u>

11. Analysis of expenditure by activities

	Direct costs 2022 £	Grants payable 2022 £	Support costs 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities	343,632	-	236,717	580,349	608,861
Grant giving	-	44,392	-	44,392	92,039
Total 2022	<u>343,632</u>	<u>44,392</u>	<u>236,717</u>	<u>624,741</u>	<u>700,900</u>
Total 2021	<u>391,107</u>	<u>92,039</u>	<u>217,754</u>	<u>700,900</u>	

Analysis of direct costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	115,387	101,400
Cancer awareness and support and marketing	221,309	280,831
Nutrition workshops and conferences	6,936	8,876
	<u>343,632</u>	<u>391,107</u>

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

11. Analysis of expenditure by activities (continued)

Analysis of support costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	65,684	49,963
Depreciation	6,144	2,456
Cancer awareness and support and marketing	-	18,236
Management charges	60,000	57,000
Marketing	21,895	17,689
Repairs and maintenance	137	803
Rent and rates	11,728	11,734
Governance costs (see note 12)	71,129	59,873
	<u>236,717</u>	<u>217,754</u>

12. Governance costs

	Total funds 2022 £	Total funds 2021 £
Accountancy	3,820	3,629
Examiners fees	3,974	3,690
Legal and professional fees	6,724	1,859
Bank charges and foreign exchange differences	26,396	14,158
Office support costs	29,229	35,094
Travel and subsistence	986	1,443
	<u>71,129</u>	<u>59,873</u>

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

13. Independent examiner's remuneration

	2022 £	2021 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	3,974	3,690
Fees payable to the charity's independent examiner in respect of: All other services not included above	3,820	3,629
	<u>3,820</u>	<u>3,629</u>

14. Staff costs

	2022 £	2021 £
Wages and salaries	207,386	163,748
Social security costs	9,938	8,916
Pension costs	3,580	2,498
	<u>220,904</u>	<u>175,162</u>

The average number of persons employed by the charity during the year was as follows:

	2022 No.	2021 No.
Employees	12	9
	<u>12</u>	<u>9</u>

No employee received remuneration amounting to more than £60,000 in either year.

The key management personnel of the charity comprise of the Trustees who do not receive any direct remuneration and management staff in our UK centre. The total amount of employee benefits paid was £78,913 (2021 - £88,023).

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

15. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 December 2022, no Trustee expenses have been incurred (2021 - £NIL).

16. Volunteers

The charity benefited from the work of a number of volunteers who are involved in admin/workshop and therapist sessions.

17. Tangible fixed assets

	Fixtures and fittings £	Office and computer equipment £	Total £
Cost or valuation			
At 1 January 2022	172	17,516	17,688
Additions	-	1,632	1,632
Disposals	-	(1,900)	(1,900)
At 31 December 2022	<u>172</u>	<u>17,248</u>	<u>17,420</u>
Depreciation			
At 1 January 2022	12	2,444	2,456
Charge for the year	33	6,111	6,144
On disposals	-	(950)	(950)
At 31 December 2022	<u>45</u>	<u>7,605</u>	<u>7,650</u>
Net book value			
At 31 December 2022	<u>127</u>	<u>9,643</u>	<u>9,770</u>
At 31 December 2021	<u>160</u>	<u>15,072</u>	<u>15,232</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

18. Stocks

	2022 £	2021 £
Finished goods and goods for resale	1,630	865
	<u>1,630</u>	<u>865</u>

19. Debtors

	2022 £	2021 £
Trade debtors	-	1,369
Other debtors	32,935	20,634
Prepayments and accrued income	12,766	11,283
	<u>45,701</u>	<u>33,286</u>

20. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	48,967	59,097
Taxation and social security	4,217	2,776
Other creditors	1,782	602
Accruals and deferred income	20,655	8,708
	<u>75,621</u>	<u>71,183</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

21. Statement of funds

Statement of funds - current year

	Balance at 1 January 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2022 £
Unrestricted funds					
Designated funds					
Property funds	200,000	-	-	(200,000)	-
General funds					
General funds	227,111	589,126	(741,200)	200,000	275,037
Total Unrestricted funds	427,111	589,126	(741,200)	-	275,037
Restricted funds					
John Lewis - West Sussex	638	-	-	-	638
John Lewis - Basingstoke	930	-	-	-	930
DNV Services UK	5,800	-	(5,800)	-	-
Gerson Support Group	32,792	-	(23,593)	-	9,199
Leicestershire County Council	-	2,500	(2,500)	-	-
Mark Beams fundraiser	2,020	-	(105)	-	1,915
Pink Ribbon Grant	-	5,000	(325)	-	4,675
	42,180	7,500	(32,323)	-	17,357
Total of funds	469,291	596,626	(773,523)	-	292,394

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

21. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 January 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2021 £
Unrestricted funds					
Designated funds					
Property funds	-	-	-	200,000	200,000
General funds					
General funds	266,371	904,670	(743,930)	(200,000)	227,111
Total Unrestricted funds	266,371	904,670	(743,930)	-	427,111
Restricted funds					
John Lewis - West Sussex	638	-	-	-	638
John Lewis - Basingstoke	930	-	-	-	930
DWD Foundation	1,806	-	(1,806)	-	-
Edward Gostling	2,462	-	(2,462)	-	-
TAC connected donations	2,727	70	(2,797)	-	-
DNV Services UK	-	5,800	-	-	5,800
Gerson Support Group	-	35,000	(2,208)	-	32,792
Leicestershire County Council	-	3,000	(3,000)	-	-
Florance Turner Trust	-	500	(500)	-	-
Anne Rylands	-	1,000	(1,000)	-	-
Ragdale Ladies	-	5,595	(5,595)	-	-
Mark Beams fundraiser	-	2,629	(609)	-	2,020
Valerie McCaffrey wellbeing week fundraiser	-	784	(784)	-	-
Ann Bury	-	25,000	(25,000)	-	-
The Hospital Fund	-	2,000	(2,000)	-	-
Mel's wellbeing week fundraiser	-	243	(243)	-	-
	8,563	81,621	(48,004)	-	42,180
Total of funds	274,934	986,291	(791,934)	-	469,291

TOGETHER AGAINST CANCER
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

21. Statement of funds (continued)

The specific purposes for which the funds are applied are as follows.

Designated funds

The Trustees were looking to expand the charity. To enable this to happen they needed to look to seek larger premises. To enable them to fund such a venture, the Trustees agreed in 2021 to put aside £200,000 towards a future property or land purchase. In 2022, it was decided that this was no longer feasible and therefore the designated funds of £200,000 have been released back into the general fund.

Restricted Funds

The John Lewis West Sussex funding was received to be used towards the patient funding programme to help those patients in the Horsham and West Sussex area. The unspent funds have been carried forward.

The John Lewis Basingstoke funding was received to be used towards the patient funding programme to help those patients in the Basingstoke area. The unspent funds have been carried forward.

The DWD Foundation income was received to be used towards the costs of the new TAC Connected project, the funds were spent in full during the 2021 financial year by providing online workshops.

The Edward Gostling income was received to be used towards the new TAC Connected project, all funds were spent during the 2021 financial year by providing counselling and therapy services including one-to-one sessions.

The income received from DNV Services UK was in memory of a late patient who attended the centre. The income was given to provide complementary therapy sessions. The funds were spent in full during the year.

The charity received income from the Gerson Support Group for three projects. 1. Vegetable boxes for patients; these funds were spent in full during the year. 2. TAC Connected funds, to be used towards the cost of workshops, developing and hosting online courses on the Healing Hub, contributions towards grant and event management, talks at the centre and live streamed content. The unspent funds of £9,199 have been carried forward. 3. Training staff; these funds were spent in full during the year.

The charity received £3,000 from Leicestershire County Council during the 2021 financial year to fund online therapy and consultations; this amount was spent providing sessions in May to August 2021. A further £2,500 was received and expensed in full during the current year.

Funds from the Florence Turner Trust were received to be used towards one-to-one workshops via the TAC Healing HUB. All funds were spent during 2021.

The funds received from Anne Rylands were to help fund the TAC Connected project, all funds were fully spent in 2021.

Ragdale Ladies are funds received from staff at Ragdale Hall in respect of fundraising events held. Funds were raised towards the TAC Connected project, £2,798 was fully spent and used towards the cost of the new website in 2021. Further funds were raised towards providing therapy sessions, £2,797 was fully spent in 2021.

The funds received from the Mark Beams fundraiser are in respect of fundraising events held. Some funds were raised towards the cost of meditation videos as part of the TAC Connected project. The income has helped to fund the cost of two videos, there is £800 unspent and included in the carry forward. Funds were also raised to help to provide mobile therapy sessions for patients who are unable to attend the centre, £1,115 of the funds were unspent at the year end and have been carried forward.

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

21. Statement of funds (continued)

Funds received from Valerie McCaffrey were in respect of a fund raising event during Wellbeing week. Funds were collected to be used towards the TAC Healing Hub. All funds were spent during the 2021 financial year by providing cooking videos.

The Ann Bury funds were received to fund a grant for The Foundation for Collaborative Medicine and Research and to help with the operating costs of TAC. All funds were spent during the 2021 financial year.

The charity received £2,000 from the Hospital Fund to help provide physical and mental scar therapy. All funds were spent providing sessions between May 2021 and November 2021.

Mel's wellbeing week fundraiser income were funds raised specifically to be used towards providing therapy sessions. All funds were fully spent during the 2021 financial year.

The Pink Ribbon grant was received in order to provide therapy sessions for breast cancer patients with the aim to provide two therapies per client for a total of forty clients over a two year timeline. During the year, £325 of the funds were spent carrying out these sessions, the remaining balance of £4,675 has been carried forward to future years.

22. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	9,770	-	9,770
Current assets	340,888	17,357	358,245
Creditors due within one year	(75,621)	-	(75,621)
Total	275,037	17,357	292,394

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	15,232	-	15,232
Current assets	483,062	42,180	525,242
Creditors due within one year	(71,183)	-	(71,183)
Total	427,111	42,180	469,291

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

23. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(176,897)	194,357
Adjustments for:		
Depreciation charges	6,144	2,456
Dividends, interests and rents from investments	(261)	(4)
Loss/(profit) on the sale of fixed assets	(950)	-
Decrease/(increase) in stocks	(765)	114
Increase in debtors	(12,415)	(17,533)
Increase/(decrease) in creditors	4,438	(26,549)
Net cash provided by/(used in) operating activities	(180,706)	152,841

24. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	310,914	491,091
Total cash and cash equivalents	310,914	491,091

25. Analysis of changes in net debt

	At 1 January 2022 £	Cash flows £	At 31 December 2022 £
Cash at bank and in hand	491,091	(180,177)	310,914
	491,091	(180,177)	310,914

26. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £3,580 (2021 - £2,498). Contributions payable to the fund and included in creditors at the balance sheet date are £1,782 (2021 - £602).

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

27. Operating lease commitments

At 31 December 2022 the charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	7,621	9,157
Later than 1 year and not later than 5 years	3,826	6,600
	<u>11,447</u>	<u>15,757</u>

28. Related party transactions

During the year the charity received £17,994 (2021 - £16,136) in donations from and paid £37,459 (2021 - £57,000) and £24,000 (2021 - £nil) in management fees and donations respectively to Cancer Aid and Research Fund, Together Against Cancer's affiliate charity in the USA. In addition to being a Trustee of Together Against Cancer, Lawrence MacKay is also the president and Founder of this affiliate charity.

The charity also incurred consultancy fees amounting to £17,736 (2021 - £17,485) from Creative Journey. This company is owned by Kimberly Aldridge, the daughter of Lawrence and Joy MacKay, who are both Trustees of Together Against Cancer. These consultancy fees are paid at arm's length.

Registered number: 06471938
Charity number: 1123665

TOGETHER AGAINST CANCER
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**UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**



TOGETHER AGAINST CANCER
(A company limited by guarantee)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 DECEMBER 2022**

Trustees	Mr Lawrence MacKay Mrs Joy MacKay Mrs Merris Bacos Tabay Mrs Sarah Jackson (resigned 12 December 2022) Mr Edwin Bulaon
Company registered number	06471938
Charity registered number	1123665
Registered office	Unit 2 Charnwood Edge Business Park Syston Road Cossington Leicester LE7 4UZ
Company secretary	Mrs Merris Bacos Tabay
Website	https://www.togetheragainstcancer.org.uk
Accountants	Magma Audit LLP Chartered Accountants Unit 2 Charnwood Edge Business Park Syston Road Leicester LE7 4UZ
Bankers	Metro Bank 1 Southampton Row London WC1B 5HA CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Principal address	Education and Wellness Centre Unit S1 Troon Way Business Centre Humberstone Lane Leicester LE4 9HA

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their annual report together with the financial statements of the charity for the 1 January 2022 to 31 December 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

• **Policies and objectives**

The charity's objectives are to assist in the relief of persons with cancer and any similar or related diseases or conditions particularly but not exclusively by the provision of homeopathic and holistic treatments; to advance education and raise public awareness about cancer or any other similar or related diseases or conditions, their incidence, causes, treatment, avoidance and relief.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

• **Public benefit**

The Trustees have complied with their duty in section 17 of the Charities Act 2011 to have due regard to guidance published by the Charity Commission.

Achievements and performance

• **The Highlights**

- We continued with educational workshops and other group events with 104 events for 434 attendees in 2022 compared to 178 events in 2021 with 978 attendees.
- We recorded 2736 one to one therapeutic sessions in 2022, compared to 1887 in 2021
- We launched the Hydroxy Therapy in January 2022, bringing oxygen and hydrogen to clients.
- We launched the Measure Your Concern and Wellbeing programme to monitor individual progress.
- The new website and TAC Healing Hub continued to have more content.
- We were successful in securing grants to the total value of £7,500 in 2022.
- Individual fundraising for the year brought in an additional £2,164.
- Our total public donation appeals raised £535,485 and legacies of £17,000 were received in the year.
- We provided some Wellbeing Services to the NHS which raised £5,570.
- Two major events took place, The Health and Wellness Show and The Open Day.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

• **Grant approvals for 2022**

DESTINY

Located in the Philippines, Destiny Medical Fund supports ongoing cancer projects at hospitals and clinics throughout the Philippines.

In 2022, Together Against Cancer provided a grant of £39,600 to Destiny Medical Fund. This funding made a difference to thousands of lives in the fight against cancer and other degenerative diseases. The Destiny Medical Fund supports medical projects at hospitals and clinics throughout the Philippines that treat cancer and other degenerative diseases. Free cancer examinations are also funded for patients in the Province of Cebu. The Destiny Medical Fund supports educational programs and distributes medical supplies and equipment to 20 hospitals and clinics that treat cancer and other related diseases.

PATIENT FUNDING PROGRAM

Together Against Cancer launched their patient funding program in 2015. In 2022, total grants awarded to those living with cancer was £4,792.

These were:

- 11 people received a weekly organic veg box, approximately 210 boxes were purchased at a total cost of £4,302.
- 2 people received a contribution towards equipment (juicer, blender or water filter) a total cost of £490.

The funding program ceased in September 2022.

• **Review of activities**

EDUCATION AND WELLNESS CENTRE – LEICESTER

Early 2022, all lockdown restrictions were lifted, meaning all normal activities resumed nationwide. The charity continued to run the support group and other online activities until June 2022 due to low attendance.

Our Educational Workshops continued on a regular basis (weekly) with new guest speakers and old ones too.

We started a new therapy, Hydroxy therapy, where patients breathe in a gas of oxygen and hydrogen. This is proven to have antioxidant, anti-inflammatory and apoptotic properties. Over 2022, this demonstrated an average improvement of 15% for those having 6 consecutive weeks of treatment or more.

The website continued to be developed with new content for the TAC healing Hub, blogs and fundraising pages. Healing Hub memberships also generated a contract with the NHS for 100 medical practice managers to have access over for a year in 2023.

Since April 2022, the UK has seen an economical crisis. The impact on donations received via our mailings was reviewed by the Trustees and Management Team in July 2022. This review resulted in the Trustees agreeing on a restructure of the team to save costs. This was announced in October 2022, with the final redundancies being paid in Feb 2023. The team of 12 employees was reduced to 8 employees by December 2022.

The charity received a grant from Pink Ribbon for £5,000 to fund therapies and workshops for breast cancer patients.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

Visitors to Centre

In 2022, the doors reopened to the general public to attend group sessions and even book therapies at a cost of £25 from October 2022. This has meant that more attendees have joined us and an additional income stream was created.

Clients continued to benefit from the therapies, educational workshops, as well as counselling and wellbeing coaching.

"Together Against Cancer has given me hope that the medical side is not the only support available"

"I've learned a lot from the workshops"

"Since I have started using hydroxy gas, my energy levels have massively gone up"

Educational Workshops and Events

A total of 69 workshops/wellness sessions were held in 2022, split as follows:

Centre Based Sessions	22 workshops/wellness sessions
Online/Zoom Sessions	12 workshops/wellness sessions
Hybrid Sessions*	35 workshops/wellness sessions

*Hybrid sessions are held in person at the centre and streamed live through our online Healing Hub.

The range of workshops and group sessions included the following:

Weekly Sessions

Tai Chi
Meditations
Distance Reiki Sessions
We're in This Together Support Group

Guest Speakers

Mark Evans Conversations with Impact
Sound Bath
Foraging
Mental Health and Wellbeing
Introduction to Microgreens

Wellbeing Workshops

Nutrition for Life
Juicing for Health
Gut Health and Fermented Foods
Kombucha
Stress Less Workshop
Emotional Freedom Technique
Smoothie
Introduction to a Healthy Lifestyle
Healthy Meals Made Easy
Visualisation Workshop
Homemade Sauces and Dressings

All our workshops are available to everyone over the age of 18, whether they have cancer or a similar health issues. In 2018, over 9.6m people died of cancer and over 17m people are diagnosed with cancer each year so prevention of disease is paramount and as 90-95% of cancers can be attributed to lifestyle, we are trying to address a big part of this with our varied workshops.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

"A brilliant charity offering well being workshops and activities on nutrition, relaxation, fitness and coping mechanisms for people living with chronic illness and their carers. Sat nav cannot find it properly with the address thorough. Search for Troon Way industrial estate instead. Highly recommended" G/MR

"Together Against Cancer is an incredible charity. Attended one of their events some time ago and recently visited the Centre. It is wonderful to see that there is help available to people who need it the most. Wish more charities were as hands-on as Together Against Cancer" FB/DK

"Went to a Nutrition for life workshop. It was very informative and helpful. Met some great people on the workshop. A healthy and nutritional lunch was provided which was amazing. A great bunch of hard working people trying to help us get back on the right track of eating healthy and nutritional foods " G/SM

Events

We organised 2 large events during the year, The Health & Wellness show in April 2022 and the Open Day in October 2022.

Both events helped raise the general public awareness of the charity as well as bring in revenue to the charity.

Complementary Therapy Sessions (Cancer Patients and their Carers)

We began providing complementary therapy sessions in May 2017, offered mostly by volunteers and when necessary, trained staff members.

In 2022, we provided a total of 2741 therapy sessions to patients living with cancer, which was an increase of 45% on therapies delivered in 2021. This was as a result of the hydroxy therapy being launched in January 2022.

Number Complementary Therapies

January	245 sessions
February	266 sessions
March	251 sessions
April	214 sessions
May	259 sessions
June	227 sessions
July	246 sessions
August	256 sessions
September	241 sessions
October	228 sessions
November	202 sessions
December	106 sessions
Total	2741 sessions

These sessions are a lifeline to those diagnosed with cancer; the impact of a cancer diagnosis and the treatment can be traumatic for not only the cancer patient but also their carer/family. We were fortunate to be able to increase our complementary therapy sessions in 2022.

"Amazing place, amazing people! It's a world of knowledge and support. I have benefitted so much from them. Their warmth and kindness shines through! One of the most welcoming places I have ever been x" FB/AW

"Treatments are so lovely and the staff are amazing x" G/CE

"What a fabulous place, everyone is so kind and patient. The support and services offered here is filled with care and compassion. Amazing centre" FB/MBC

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

WEBSITE/SOCIAL MEDIA

The charity launched its brand new website in September 2021, this coincided with a rebrand to a more modern logo which is more appealing to all age groups.

The new website was completely overhauled with new brighter sections on how we support people with cancer, how people can support the charity and our innovative Healing Hub.

In 2021, we planned to launch a new web-based support program called TAC Connected, which would focus on our new LEAP Support Program. The web-based support program was re-named the Healing Hub, which better fits into the TAC ethos, with the LEAP support program sitting discretely at the back of the Healing Hub, ensuring that we work to provide the four elements (Learning, Empowerment, Action and Purpose).

The Healing Hub provides online support and includes:

- Cooking Videos
- Meditation Videos
- Expert Videos
- Exercise and Self Soothing Videos
- Member Forum
- Live Streamed Events

In 2022, we continued with developing the content of the new website, with blogs and videos for the Healing Hub membership section.

The following videos were added to the Healing Hub page:

- 15 Cooking videos
- 6 Meditation videos
- 3 Self Help techniques videos

We are very active on social media, specifically the charity's Facebook page.

Our social media exposure grew with 4,054 likes on Facebook (203 extra from 2021). We also increased our presence on LinkedIn and Instagram.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

• **Fundraising activities and income generation**

For the past 14 years TAC has been using a Fundraising Consultant to raise money through a direct mail program. The company, Market Development Group (MDG) has been in operation since 1978 and has worked with some of the largest and oldest charities. Their method of fundraising is very successful and has raised adequate funds to meet the ongoing needs of TAC for the past 12 years.

Not only does the direct mail program raise funds for the TAC's programs but it also educates the public about the dangers of cancer and the need for early detection of cancer and any similar or related diseases. Medical research has proven that early detection of cancer and similar or related diseases has saved lives by treating the disease at an early stage.

Located in Washington, DC, MDG is a full service direct marketing consulting firm with 20+ employees, providing clients with turn key services, including the following:

- Program analysis, strategic planning and fiscal projecting
- Copywriting
- Full service creative art department with extensive art library
- List research, list brokerage and management
- Direct mail production and management
- Marketing research

Lawrence MacKay, Chairman and President, Kimberly Aldridge, Executive Director and the UK office staff work closely with representatives of MDG to prepare fundraising packages; scheduling, package content, copy accuracy, package budget, testimonies and package educational material.

The main source of income for TAC is the monthly educational/fundraising promo package. This promo package is mailed to a database of committed donors. The majority of the contents of the promo package (85%) is educational; encouraging donors to practice early detection and wellness life-style living standards, like eating a balanced diet, exercising, drinking eight glasses of water daily, practicing relaxation techniques, getting a good night sleep and reducing stress. Donors who indicate that they do not want to receive this package are removed from the database immediately. The charity has taken the decision to not use door to door or telephone fundraising as this is intruding on peoples personal space and time and it puts pressure on people to donate.

TAC is a member of the Fundraising Regulator.

Reputation

The TAC Education and Wellness Centre is creating a very positive reputation for the charity as it demonstrates programs that assist people living with cancer or similar conditions. Many testimonials have been given by those we support and their families.

Educating the public

Between the TAC Education and Wellness Centre, the monthly promo packages and the website, a vast amount of educational material is being presented to the public.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Financial review

• **Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

With the economical crisis in 2022, the income from donations has reduced by around 37% compared to 2021. The team focused on new income streams and maximising donations at the centre. With the restructure process taking place in November and December 2022, those efforts were paused and restarted in the new year.

The charity has sourced all relevant and available support to ensure that the charity can continue, and although unclear what the impact of the 2022 economical crisis will be, the Trustees have assessed the position of the charity, the financial support they have received and the available reserves and believes that the charity has adequate resources to continue operating for the foreseeable future. With this in mind the Trustees believe that the charity has considered and concluded that the preparation of the financial statements on a going concern basis is appropriate.

• **Reserves policy**

The major risk to the charity is reliance on private fundraising, donations and legacies. As an organisation relying on voluntary income, our policy is to hold adequate reserves to enable the charity to respond to any difficult unexpected events such as the recent COVID-19 pandemic. It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. On 31 December 2022 the charity held restricted reserves of £17,357 (2021 - £42,180), and unrestricted reserves of £275,037 (2021 - £427,111). Included within unrestricted reserves in 2021 is £200,000 of designated funds towards a potential future property purchase, this amount was released back to the general fund in the year after the Trustees made the decision that this was no longer feasible. Actual free reserves, calculated as unrestricted reserves less designated funds and fixed assets, amount to £265,267. The Trustees consider the reserves level at 31 December 2022 are in line with target.

• **Principal funding**

The charity received £552,673 (2021 - £907,781) during the year from voluntary donations and legacies. The charity has also been able to generate income from grants this year amounting £7,500 (2021 - £69,300). The charity received £33,078 (2021 - £8,382) from workshops, classes and events. The net assets of the charity as at 31 December 2022 amounted to £292,394 (2021 - £469,291).

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Structure, governance and management

• **Constitution**

Together Against Cancer (TAC) is a company limited by guarantee, registered in England and Wales number 06471938, its registered charity number 1123665. Its governing document is its Memorandum and Articles of Association, dated, 11 March 2008.

The Trustees, who are also the directors for the purpose of company law, and who served during the year are:

Mr Lawrence MacKay
Mrs Joy MacKay
Mrs Merra Bacos Tabay
Mrs Sarah Jackson (resigned 12 December 2022)
Mr Edwin Bulaon

None of the Trustees have any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The CEO is Larry MacKay and the day to day management of the UK centre is delegated to the Centre Manager Melanie Gamble and the Education and Wellness manager Stephen Gamble, both of whom resigned after the year end with Kamlesh Dawda and Valerie Viot taking over their responsibilities. Larry MacKay approves any new services which require a contract signing or are over the value of £500.

• **Methods of appointment or election of Trustees**

There is no formal method for recruiting new charity trustees. Each current trustee can make recommendations if the need arises to replace or add a new trustee. At the annual board meeting in December of each year trustees are appointed and elected to serve for the approved period of time.

• **Policies adopted for the induction and training of Trustees**

New trustees are encouraged to visit the UK Education and Wellness Centre and meet the Centre Manager and Education and Wellness Manager, learn more about the services provided and meet the staff and volunteers. New trustees are encouraged to obtain a copy of the charity commission booklet 'The Essential Trustee: what you need to know, what you need to do'.

• **Pay policy for key management personnel**

With over 40 years of administrative work for non profit corporations, Larry MacKay has developed an understanding for what is fair and reasonable compensation for management positions at a non profit corporation. Salaries are determined by the importance of the position being filled, the experience of the person being hired and the ability of the charity to meet this obligation.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Structure, governance and management (continued)

• **Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The major risks identified are as follows:

Raising enough money to meet the yearly budget

The Board of Trustees and the management team have been actively pursuing fundraising personnel to assist TAC in its fundraising efforts. When it comes to raising money for charity work there are only a few successful methods that a charity can pursue. The most successful over the years is to develop a database of committed donors who will support the efforts of the charity over an extended period of time. Once the database is established it is in the best interest of the charity to begin to communicate with these donors, especially the ones who have given repeatedly over and over again with the substantial donations, as to their willingness to make larger donations, capital donations or legacy bequests.

Plans for future periods

Together Against Cancer will continue to support worthy organisations who provide care and assistance to those with cancer, specifically those patients who use integrated medicine as part of their fight against cancer.

Our pledge for 2023 is:

- To continue support to cancer patients via complementary therapies, educational workshops, and counselling.
- Continue delivering Hydroxy Therapy to cancer patients.
- Grow our corporate support and increase engagement in the local community.

We have 8 part-time staff members, ranging from administration, accounting, donation processing, digital marketing and therapists.

In 2022, we were supported by 24 volunteers, ranging from guest speakers, receptionists, admin/office and therapists who kindly volunteered 786 hours to the charity.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Lawrence MacKay

Mr Lawrence MacKay
Trustee

Date: *31/07/2023*

TOGETHER AGAINST CANCER
(A company limited by guarantee)

STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on its behalf by:



Mr Lawrence MacKay
Trustee

Date: 31/07/2023

TOGETHER AGAINST CANCER
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent Examiner's Report to the Trustees of Together Against Cancer ('the charity')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of the Together Against Cancer ('the charitable company') for the year ended 31 December 2022 which comprise of the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and Basis of Report

As the trustees of charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent Examiner's Statement

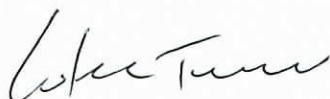
Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW specify other appropriate body, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:



Dated:

15/8/2023.

Luke Turner FCCA FCA

Magma Audit LLP

Chartered Accountants

Unit 2 Charnwood Edge Business Park

Syston Road

Leicester

LE7 4UZ

TOGETHER AGAINST CANCER
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	4	552,673	7,500	560,173	977,081
Charitable activities	5	33,078	-	33,078	8,382
Other trading activities	6	2,164	-	2,164	824
Investments	7	1,211	-	1,211	4
Total income		589,126	7,500	596,626	986,291
Expenditure on:					
Raising funds	8	148,782	-	148,782	91,034
Charitable activities		592,418	32,323	624,741	700,900
Total expenditure		741,200	32,323	773,523	791,934
Net movement in funds		(152,074)	(24,823)	(176,897)	194,357
Reconciliation of funds:					
Total funds brought forward		427,111	42,180	469,291	274,934
Net movement in funds		(152,074)	(24,823)	(176,897)	194,357
Total funds carried forward		275,037	17,357	292,394	469,291

The notes on pages 17 to 34 form part of these financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)
REGISTERED NUMBER: 06471938

BALANCE SHEET
AS AT 31 DECEMBER 2022

	Note	2022 £	2021 £
Tangible assets	17	9,770	15,232
		<u>9,770</u>	<u>15,232</u>
Current assets			
Stocks	18	1,630	865
Debtors	19	45,701	33,286
Cash at bank and in hand		310,914	491,091
		<u>358,245</u>	<u>525,242</u>
Creditors: amounts falling due within one year	20	(75,621)	(71,183)
Net current assets		<u>282,624</u>	<u>454,059</u>
Total net assets		<u>292,394</u>	<u>469,291</u>
Charity funds			
Restricted funds	21	17,357	42,180
Unrestricted funds	21	275,037	427,111
Total funds		<u>292,394</u>	<u>469,291</u>

The charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


Mr Lawrence MacKay
Trustee

Date: 31/07/2023

The notes on pages 17 to 34 form part of these financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash used in operating activities	(180,706)	152,841
Cash flows from investing activities		
Dividends, interests and rents from investments	261	4
Proceeds from the sale of tangible fixed assets	1,900	-
Purchase of tangible fixed assets	(1,632)	(17,688)
Net cash provided by/(used in) investing activities	529	(17,684)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	(180,177)	135,157
Cash and cash equivalents at the beginning of the year	491,091	355,934
Cash and cash equivalents at the end of the year	310,914	491,091

The notes on pages 17 to 34 form part of these financial statements

TOGETHER AGAINST CANCER
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. General information

Together Against Cancer is an incorporated charity registered with the Charity Commission. It's registered office is Unit 2, Charnwood Edge Business Park, Syston Road, Cossington, Leicester, LE7 4UZ. The Company registration number is 06471938 and the registered Charity number is 1123665.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Together Against Cancer meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company Status

The Charity is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate, i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt over the ability of the charity to continue as a going concern. The Trustees make this assessment in the respect of the period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. Accounting policies (continued)

2.4 Income

All income is recognised once the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and the receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in Kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the Statement of Financial Activities as incoming resources when reasonable.

2.5 Expenditure

Expenditure is recognised on an accruals basis, inclusive of Value Added Tax.

Expenditure included in costs of generating funds are the charitable company's marketing costs.

Expenses relating to charitable activities relate to grants paid and gifts in kind. Support costs are also included within this category of expenditure which include consultancy and office support.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

2.6 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2.7 Operating leases

Rentals paid under operating leases are charged to the Statement of financial activities on a straight line basis over the lease term.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

2. Accounting policies (continued)

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following basis:

Fixtures and fittings - 20% on a straight line basis

Office and computer equipment - 33% - 50% on a straight line basis

2.9 Stocks

Stocks are valued at the lower of cost and estimated selling price less costs to complete to sell. Cost comprises direct materials and where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or normal consideration are measured the lower of replacement costs and cost.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

2. Accounting policies (continued)

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basis financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried out at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basis financial liabilities

Basis financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

2.12 Employee benefits

The costs of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2.13 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 17 for the carrying amount of the tangible assets, and note 2 for the useful economic lives for each class of assets.

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	535,673	-	535,673	850,329
Legacies	17,000	-	17,000	57,452
Grants	-	7,500	7,500	69,300
Total 2022	552,673	7,500	560,173	977,081
Total 2021	895,460	81,621	977,081	

5. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Workshops, classes and events	33,078	33,078	8,382
Total 2021	8,382	8,382	

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Sale of merchandise	2,164	2,164	824
	<u>2,164</u>	<u>2,164</u>	<u>824</u>
Total 2021	824	824	
	<u>824</u>	<u>824</u>	

7. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Profit on sale of fixed assets	950	950	-
Bank interest received	261	261	4
	<u>950</u>	<u>950</u>	<u>-</u>
Total 2022	1,211	1,211	4
	<u>1,211</u>	<u>1,211</u>	<u>4</u>
Total 2021	4	4	
	<u>4</u>	<u>4</u>	

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

8. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Other fundraising costs	108,949	108,949	67,235
Wages and salaries	36,797	36,797	22,606
National insurance	2,442	2,442	865
Pension costs	594	594	328
Total 2022	<u>148,782</u>	<u>148,782</u>	<u>91,034</u>
Total 2021	<u>91,034</u>	<u>91,034</u>	

9. Analysis of grants

	Grants to Institutions 2022 £	Total funds 2022 £	Total funds 2021 £
Grants payable	44,392	44,392	92,039
Total 2021	<u>92,039</u>	<u>92,039</u>	

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

10. Grants payable

	Total Funds 2022 £	Total Funds 2021 £
Grants to institutions		
Mary How Trust	-	2,500
Destiny Medical Fund	39,600	52,800
Patient Funding - HBO Therapy	4,792	14,239
The Foundation for Collaborative Medicine and Research	-	22,500
	<u>44,392</u>	<u>92,039</u>

11. Analysis of expenditure by activities

	Direct costs 2022 £	Grants payable 2022 £	Support costs 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities	343,632	-	236,717	580,349	608,861
Grant giving	-	44,392	-	44,392	92,039
Total 2022	<u>343,632</u>	<u>44,392</u>	<u>236,717</u>	<u>624,741</u>	<u>700,900</u>
Total 2021	<u>391,107</u>	<u>92,039</u>	<u>217,754</u>	<u>700,900</u>	

Analysis of direct costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	115,387	101,400
Cancer awareness and support and marketing	221,309	280,831
Nutrition workshops and conferences	6,936	8,876
	<u>343,632</u>	<u>391,107</u>

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

11. Analysis of expenditure by activities (continued)

Analysis of support costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	65,684	49,963
Depreciation	6,144	2,456
Cancer awareness and support and marketing	-	18,236
Management charges	60,000	57,000
Marketing	21,895	17,689
Repairs and maintenance	137	803
Rent and rates	11,728	11,734
Governance costs (see note 12)	71,129	59,873
	<u>236,717</u>	<u>217,754</u>

12. Governance costs

	Total funds 2022 £	Total funds 2021 £
Accountancy	3,820	3,629
Examiners fees	3,974	3,690
Legal and professional fees	6,724	1,859
Bank charges and foreign exchange differences	26,396	14,158
Office support costs	29,229	35,094
Travel and subsistence	986	1,443
	<u>71,129</u>	<u>59,873</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

13. Independent examiner's remuneration

	2022 £	2021 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	3,974	3,690
Fees payable to the charity's independent examiner in respect of: All other services not included above	3,820	3,629
	<u>3,820</u>	<u>3,629</u>

14. Staff costs

	2022 £	2021 £
Wages and salaries	207,386	163,748
Social security costs	9,938	8,916
Pension costs	3,580	2,498
	<u>220,904</u>	<u>175,162</u>

The average number of persons employed by the charity during the year was as follows:

	2022 No.	2021 No.
Employees	12	9
	<u>12</u>	<u>9</u>

No employee received remuneration amounting to more than £60,000 in either year.

The key management personnel of the charity comprise of the Trustees who do not receive any direct remuneration and management staff in our UK centre. The total amount of employee benefits paid was £78,913 (2021 - £88,023).

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

15. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 December 2022, no Trustee expenses have been incurred (2021 - £NIL).

16. Volunteers

The charity benefited from the work of a number of volunteers who are involved in admin/workshop and therapist sessions.

17. Tangible fixed assets

	Fixtures and fittings £	Office and computer equipment £	Total £
Cost or valuation			
At 1 January 2022	172	17,516	17,688
Additions	-	1,632	1,632
Disposals	-	(1,900)	(1,900)
At 31 December 2022	<u>172</u>	<u>17,248</u>	<u>17,420</u>
Depreciation			
At 1 January 2022	12	2,444	2,456
Charge for the year	33	6,111	6,144
On disposals	-	(950)	(950)
At 31 December 2022	<u>45</u>	<u>7,605</u>	<u>7,650</u>
Net book value			
At 31 December 2022	<u>127</u>	<u>9,643</u>	<u>9,770</u>
At 31 December 2021	<u>160</u>	<u>15,072</u>	<u>15,232</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

18. Stocks

	2022 £	2021 £
Finished goods and goods for resale	1,630	865
	<u>1,630</u>	<u>865</u>

19. Debtors

	2022 £	2021 £
Trade debtors	-	1,369
Other debtors	32,935	20,634
Prepayments and accrued income	12,766	11,283
	<u>45,701</u>	<u>33,286</u>

20. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	48,967	59,097
Taxation and social security	4,217	2,776
Other creditors	1,782	602
Accruals and deferred income	20,655	8,708
	<u>75,621</u>	<u>71,183</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

21. Statement of funds

Statement of funds - current year

	Balance at 1 January 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2022 £
Unrestricted funds					
Designated funds					
Property funds	200,000	-	-	(200,000)	-
General funds					
General funds	227,111	589,126	(741,200)	200,000	275,037
Total Unrestricted funds	427,111	589,126	(741,200)	-	275,037
Restricted funds					
John Lewis - West Sussex	638	-	-	-	638
John Lewis - Basingstoke	930	-	-	-	930
DNV Services UK	5,800	-	(5,800)	-	-
Gerson Support Group	32,792	-	(23,593)	-	9,199
Leicestershire County Council	-	2,500	(2,500)	-	-
Mark Beams fundraiser	2,020	-	(105)	-	1,915
Pink Ribbon Grant	-	5,000	(325)	-	4,675
	42,180	7,500	(32,323)	-	17,357
Total of funds	469,291	596,626	(773,523)	-	292,394

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

21. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 January 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2021 £
Unrestricted funds					
Designated funds					
Property funds	-	-	-	200,000	200,000
General funds					
General funds	266,371	904,670	(743,930)	(200,000)	227,111
Total Unrestricted funds	266,371	904,670	(743,930)	-	427,111
Restricted funds					
John Lewis - West Sussex	638	-	-	-	638
John Lewis - Basingstoke	930	-	-	-	930
DWD Foundation	1,806	-	(1,806)	-	-
Edward Gostling	2,462	-	(2,462)	-	-
TAC connected donations	2,727	70	(2,797)	-	-
DNV Services UK	-	5,800	-	-	5,800
Gerson Support Group	-	35,000	(2,208)	-	32,792
Leicestershire County Council	-	3,000	(3,000)	-	-
Florance Turner Trust	-	500	(500)	-	-
Anne Rylands	-	1,000	(1,000)	-	-
Ragdale Ladies	-	5,595	(5,595)	-	-
Mark Beams fundraiser	-	2,629	(609)	-	2,020
Valerie McCaffrey wellbeing week fundraiser	-	784	(784)	-	-
Ann Bury	-	25,000	(25,000)	-	-
The Hospital Fund	-	2,000	(2,000)	-	-
Mel's wellbeing week fundraiser	-	243	(243)	-	-
	8,563	81,621	(48,004)	-	42,180
Total of funds	274,934	986,291	(791,934)	-	469,291

TOGETHER AGAINST CANCER
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

21. Statement of funds (continued)

The specific purposes for which the funds are applied are as follows.

Designated funds

The Trustees were looking to expand the charity. To enable this to happen they needed to look to seek larger premises. To enable them to fund such a venture, the Trustees agreed in 2021 to put aside £200,000 towards a future property or land purchase. In 2022, it was decided that this was no longer feasible and therefore the designated funds of £200,000 have been released back into the general fund.

Restricted Funds

The John Lewis West Sussex funding was received to be used towards the patient funding programme to help those patients in the Horsham and West Sussex area. The unspent funds have been carried forward.

The John Lewis Basingstoke funding was received to be used towards the patient funding programme to help those patients in the Basingstoke area. The unspent funds have been carried forward.

The DWD Foundation income was received to be used towards the costs of the new TAC Connected project, the funds were spent in full during the 2021 financial year by providing online workshops.

The Edward Gostling income was received to be used towards the new TAC Connected project, all funds were spent during the 2021 financial year by providing counselling and therapy services including one-to-one sessions.

The income received from DNV Services UK was in memory of a late patient who attended the centre. The income was given to provide complementary therapy sessions. The funds were spent in full during the year.

The charity received income from the Gerson Support Group for three projects. 1. Vegetable boxes for patients; these funds were spent in full during the year. 2. TAC Connected funds, to be used towards the cost of workshops, developing and hosting online courses on the Healing Hub, contributions towards grant and event management, talks at the centre and live streamed content. The unspent funds of £9,199 have been carried forward. 3. Training staff; these funds were spent in full during the year.

The charity received £3,000 from Leicestershire County Council during the 2021 financial year to fund online therapy and consultations; this amount was spent providing sessions in May to August 2021. A further £2,500 was received and expensed in full during the current year.

Funds from the Florence Turner Trust were received to be used towards one-to-one workshops via the TAC Healing HUB. All funds were spent during 2021.

The funds received from Anne Rylands were to help fund the TAC Connected project, all funds were fully spent in 2021.

Ragdale Ladies are funds received from staff at Ragdale Hall in respect of fundraising events held. Funds were raised towards the TAC Connected project, £2,798 was fully spent and used towards the cost of the new website in 2021. Further funds were raised towards providing therapy sessions, £2,797 was fully spent in 2021.

The funds received from the Mark Beams fundraiser are in respect of fundraising events held. Some funds were raised towards the cost of meditation videos as part of the TAC Connected project. The income has helped to fund the cost of two videos, there is £800 unspent and included in the carry forward. Funds were also raised to help to provide mobile therapy sessions for patients who are unable to attend the centre, £1,115 of the funds were unspent at the year end and have been carried forward.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

21. Statement of funds (continued)

Funds received from Valerie McCaffrey were in respect of a fund raising event during Wellbeing week. Funds were collected to be used towards the TAC Healing Hub. All funds were spent during the 2021 financial year by providing cooking videos.

The Ann Bury funds were received to fund a grant for The Foundation for Collaborative Medicine and Research and to help with the operating costs of TAC. All funds were spent during the 2021 financial year.

The charity received £2,000 from the Hospital Fund to help provide physical and mental scar therapy. All funds were spent providing sessions between May 2021 and November 2021.

Mel's wellbeing week fundraiser income were funds raised specifically to be used towards providing therapy sessions. All funds were fully spent during the 2021 financial year.

The Pink Ribbon grant was received in order to provide therapy sessions for breast cancer patients with the aim to provide two therapies per client for a total of forty clients over a two year timeline. During the year, £325 of the funds were spent carrying out these sessions, the remaining balance of £4,675 has been carried forward to future years.

22. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	9,770	-	9,770
Current assets	340,888	17,357	358,245
Creditors due within one year	(75,621)	-	(75,621)
Total	275,037	17,357	292,394

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	15,232	-	15,232
Current assets	483,062	42,180	525,242
Creditors due within one year	(71,183)	-	(71,183)
Total	427,111	42,180	469,291

TOGETHER AGAINST CANCER
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

23. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(176,897)	194,357
Adjustments for:		
Depreciation charges	6,144	2,456
Dividends, interests and rents from investments	(261)	(4)
Loss/(profit) on the sale of fixed assets	(950)	-
Decrease/(increase) in stocks	(765)	114
Increase in debtors	(12,415)	(17,533)
Increase/(decrease) in creditors	4,438	(26,549)
Net cash provided by/(used in) operating activities	(180,706)	152,841

24. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	310,914	491,091
Total cash and cash equivalents	310,914	491,091

25. Analysis of changes in net debt

	At 1 January 2022 £	Cash flows £	At 31 December 2022 £
Cash at bank and in hand	491,091	(180,177)	310,914
	491,091	(180,177)	310,914

26. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £3,580 (2021 - £2,498). Contributions payable to the fund and included in creditors at the balance sheet date are £1,782 (2021 - £602).

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

27. Operating lease commitments

At 31 December 2022 the charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	7,621	9,157
Later than 1 year and not later than 5 years	3,826	6,600
	<u>11,447</u>	<u>15,757</u>

28. Related party transactions

During the year the charity received £17,994 (2021 - £16,136) in donations from and paid £37,459 (2021 - £57,000) and £24,000 (2021 - £nil) in management fees and donations respectively to Cancer Aid and Research Fund, Together Against Cancer's affiliate charity in the USA. In addition to being a Trustee of Together Against Cancer, Lawrence MacKay is also the president and Founder of this affiliate charity.

The charity also incurred consultancy fees amounting to £17,736 (2021 - £17,485) from Creative Journey. This company is owned by Kimberly Aldridge, the daughter of Lawrence and Joy MacKay, who are both Trustees of Together Against Cancer. These consultancy fees are paid at arm's length.

Registered number: 06471938
Charity number: 1123665

TOGETHER AGAINST CANCER
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**UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**



TOGETHER AGAINST CANCER
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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 DECEMBER 2022**

Trustees	Mr Lawrence MacKay Mrs Joy MacKay Mrs Merris Bacos Tabay Mrs Sarah Jackson (resigned 12 December 2022) Mr Edwin Bulaon
Company registered number	06471938
Charity registered number	1123665
Registered office	Unit 2 Charnwood Edge Business Park Syston Road Cossington Leicester LE7 4UZ
Company secretary	Mrs Merris Bacos Tabay
Website	https://www.togetheragainstcancer.org.uk
Accountants	Magma Audit LLP Chartered Accountants Unit 2 Charnwood Edge Business Park Syston Road Leicester LE7 4UZ
Bankers	Metro Bank 1 Southampton Row London WC1B 5HA CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ
Principal address	Education and Wellness Centre Unit S1 Troon Way Business Centre Humberstone Lane Leicester LE4 9HA

TOGETHER AGAINST CANCER
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees present their annual report together with the financial statements of the charity for the 1 January 2022 to 31 December 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the charity qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

• **Policies and objectives**

The charity's objectives are to assist in the relief of persons with cancer and any similar or related diseases or conditions particularly but not exclusively by the provision of homeopathic and holistic treatments; to advance education and raise public awareness about cancer or any other similar or related diseases or conditions, their incidence, causes, treatment, avoidance and relief.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

• **Public benefit**

The Trustees have complied with their duty in section 17 of the Charities Act 2011 to have due regard to guidance published by the Charity Commission.

Achievements and performance

• **The Highlights**

- We continued with educational workshops and other group events with 104 events for 434 attendees in 2022 compared to 178 events in 2021 with 978 attendees.
- We recorded 2736 one to one therapeutic sessions in 2022, compared to 1887 in 2021
- We launched the Hydroxy Therapy in January 2022, bringing oxygen and hydrogen to clients.
- We launched the Measure Your Concern and Wellbeing programme to monitor individual progress.
- The new website and TAC Healing Hub continued to have more content.
- We were successful in securing grants to the total value of £7,500 in 2022.
- Individual fundraising for the year brought in an additional £2,164.
- Our total public donation appeals raised £535,485 and legacies of £17,000 were received in the year.
- We provided some Wellbeing Services to the NHS which raised £5,570.
- Two major events took place, The Health and Wellness Show and The Open Day.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

• **Grant approvals for 2022**

DESTINY

Located in the Philippines, Destiny Medical Fund supports ongoing cancer projects at hospitals and clinics throughout the Philippines.

In 2022, Together Against Cancer provided a grant of £39,600 to Destiny Medical Fund. This funding made a difference to thousands of lives in the fight against cancer and other degenerative diseases. The Destiny Medical Fund supports medical projects at hospitals and clinics throughout the Philippines that treat cancer and other degenerative diseases. Free cancer examinations are also funded for patients in the Province of Cebu. The Destiny Medical Fund supports educational programs and distributes medical supplies and equipment to 20 hospitals and clinics that treat cancer and other related diseases.

PATIENT FUNDING PROGRAM

Together Against Cancer launched their patient funding program in 2015. In 2022, total grants awarded to those living with cancer was £4,792.

These were:

- 11 people received a weekly organic veg box, approximately 210 boxes were purchased at a total cost of £4,302.
- 2 people received a contribution towards equipment (juicer, blender or water filter) a total cost of £490.

The funding program ceased in September 2022.

• **Review of activities**

EDUCATION AND WELLNESS CENTRE – LEICESTER

Early 2022, all lockdown restrictions were lifted, meaning all normal activities resumed nationwide. The charity continued to run the support group and other online activities until June 2022 due to low attendance.

Our Educational Workshops continued on a regular basis (weekly) with new guest speakers and old ones too.

We started a new therapy, Hydroxy therapy, where patients breathe in a gas of oxygen and hydrogen. This is proven to have antioxidant, anti-inflammatory and apoptotic properties. Over 2022, this demonstrated an average improvement of 15% for those having 6 consecutive weeks of treatment or more.

The website continued to be developed with new content for the TAC healing Hub, blogs and fundraising pages. Healing Hub memberships also generated a contract with the NHS for 100 medical practice managers to have access over for a year in 2023.

Since April 2022, the UK has seen an economical crisis. The impact on donations received via our mailings was reviewed by the Trustees and Management Team in July 2022. This review resulted in the Trustees agreeing on a restructure of the team to save costs. This was announced in October 2022, with the final redundancies being paid in Feb 2023. The team of 12 employees was reduced to 8 employees by December 2022.

The charity received a grant from Pink Ribbon for £5,000 to fund therapies and workshops for breast cancer patients.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

Visitors to Centre

In 2022, the doors reopened to the general public to attend group sessions and even book therapies at a cost of £25 from October 2022. This has meant that more attendees have joined us and an additional income stream was created.

Clients continued to benefit from the therapies, educational workshops, as well as counselling and wellbeing coaching.

"Together Against Cancer has given me hope that the medical side is not the only support available"

"I've learned a lot from the workshops"

"Since I have started using hydroxy gas, my energy levels have massively gone up"

Educational Workshops and Events

A total of 69 workshops/wellness sessions were held in 2022, split as follows:

Centre Based Sessions	22 workshops/wellness sessions
Online/Zoom Sessions	12 workshops/wellness sessions
Hybrid Sessions*	35 workshops/wellness sessions

*Hybrid sessions are held in person at the centre and streamed live through our online Healing Hub.

The range of workshops and group sessions included the following:

Weekly Sessions

Tai Chi
Meditations
Distance Reiki Sessions
We're in This Together Support Group

Guest Speakers

Mark Evans Conversations with Impact
Sound Bath
Foraging
Mental Health and Wellbeing
Introduction to Microgreens

Wellbeing Workshops

Nutrition for Life
Juicing for Health
Gut Health and Fermented Foods
Kombucha
Stress Less Workshop
Emotional Freedom Technique
Smoothie
Introduction to a Healthy Lifestyle
Healthy Meals Made Easy
Visualisation Workshop
Homemade Sauces and Dressings

All our workshops are available to everyone over the age of 18, whether they have cancer or a similar health issues. In 2018, over 9.6m people died of cancer and over 17m people are diagnosed with cancer each year so prevention of disease is paramount and as 90-95% of cancers can be attributed to lifestyle, we are trying to address a big part of this with our varied workshops.

TOGETHER AGAINST CANCER
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

"A brilliant charity offering well being workshops and activities on nutrition, relaxation, fitness and coping mechanisms for people living with chronic illness and their carers. Sat nav cannot find it properly with the address thorough. Search for Troon Way industrial estate instead. Highly recommended" G/MR

"Together Against Cancer is an incredible charity. Attended one of their events some time ago and recently visited the Centre. It is wonderful to see that there is help available to people who need it the most. Wish more charities were as hands-on as Together Against Cancer" FB/DK

"Went to a Nutrition for life workshop. It was very informative and helpful. Met some great people on the workshop. A healthy and nutritional lunch was provided which was amazing. A great bunch of hard working people trying to help us get back on the right track of eating healthy and nutritional foods " G/SM

Events

We organised 2 large events during the year, The Health & Wellness show in April 2022 and the Open Day in October 2022.

Both events helped raise the general public awareness of the charity as well as bring in revenue to the charity.

Complementary Therapy Sessions (Cancer Patients and their Carers)

We began providing complementary therapy sessions in May 2017, offered mostly by volunteers and when necessary, trained staff members.

In 2022, we provided a total of 2741 therapy sessions to patients living with cancer, which was an increase of 45% on therapies delivered in 2021. This was as a result of the hydroxy therapy being launched in January 2022.

Number Complementary Therapies

January	245 sessions
February	266 sessions
March	251 sessions
April	214 sessions
May	259 sessions
June	227 sessions
July	246 sessions
August	256 sessions
September	241 sessions
October	228 sessions
November	202 sessions
December	106 sessions
Total	2741 sessions

These sessions are a lifeline to those diagnosed with cancer; the impact of a cancer diagnosis and the treatment can be traumatic for not only the cancer patient but also their carer/family. We were fortunate to be able to increase our complementary therapy sessions in 2022.

"Amazing place, amazing people! It's a world of knowledge and support. I have benefitted so much from them. Their warmth and kindness shines through! One of the most welcoming places I have ever been x" FB/AW

"Treatments are so lovely and the staff are amazing x" G/CE

"What a fabulous place, everyone is so kind and patient. The support and services offered here is filled with care and compassion. Amazing centre" FB/MBC

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

WEBSITE/SOCIAL MEDIA

The charity launched its brand new website in September 2021, this coincided with a rebrand to a more modern logo which is more appealing to all age groups.

The new website was completely overhauled with new brighter sections on how we support people with cancer, how people can support the charity and our innovative Healing Hub.

In 2021, we planned to launch a new web-based support program called TAC Connected, which would focus on our new LEAP Support Program. The web-based support program was re-named the Healing Hub, which better fits into the TAC ethos, with the LEAP support program sitting discretely at the back of the Healing Hub, ensuring that we work to provide the four elements (Learning, Empowerment, Action and Purpose).

The Healing Hub provides online support and includes:

- Cooking Videos
- Meditation Videos
- Expert Videos
- Exercise and Self Soothing Videos
- Member Forum
- Live Streamed Events

In 2022, we continued with developing the content of the new website, with blogs and videos for the Healing Hub membership section.

The following videos were added to the Healing Hub page:

- 15 Cooking videos
- 6 Meditation videos
- 3 Self Help techniques videos

We are very active on social media, specifically the charity's Facebook page.

Our social media exposure grew with 4,054 likes on Facebook (203 extra from 2021). We also increased our presence on LinkedIn and Instagram.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Achievements and performance (continued)

• **Fundraising activities and income generation**

For the past 14 years TAC has been using a Fundraising Consultant to raise money through a direct mail program. The company, Market Development Group (MDG) has been in operation since 1978 and has worked with some of the largest and oldest charities. Their method of fundraising is very successful and has raised adequate funds to meet the ongoing needs of TAC for the past 12 years.

Not only does the direct mail program raise funds for the TAC's programs but it also educates the public about the dangers of cancer and the need for early detection of cancer and any similar or related diseases. Medical research has proven that early detection of cancer and similar or related diseases has saved lives by treating the disease at an early stage.

Located in Washington, DC, MDG is a full service direct marketing consulting firm with 20+ employees, providing clients with turn key services, including the following:

- Program analysis, strategic planning and fiscal projecting
- Copywriting
- Full service creative art department with extensive art library
- List research, list brokerage and management
- Direct mail production and management
- Marketing research

Lawrence MacKay, Chairman and President, Kimberly Aldridge, Executive Director and the UK office staff work closely with representatives of MDG to prepare fundraising packages; scheduling, package content, copy accuracy, package budget, testimonies and package educational material.

The main source of income for TAC is the monthly educational/fundraising promo package. This promo package is mailed to a database of committed donors. The majority of the contents of the promo package (85%) is educational; encouraging donors to practice early detection and wellness life-style living standards, like eating a balanced diet, exercising, drinking eight glasses of water daily, practicing relaxation techniques, getting a good night sleep and reducing stress. Donors who indicate that they do not want to receive this package are removed from the database immediately. The charity has taken the decision to not use door to door or telephone fundraising as this is intruding on peoples personal space and time and it puts pressure on people to donate.

TAC is a member of the Fundraising Regulator.

Reputation

The TAC Education and Wellness Centre is creating a very positive reputation for the charity as it demonstrates programs that assist people living with cancer or similar conditions. Many testimonials have been given by those we support and their families.

Educating the public

Between the TAC Education and Wellness Centre, the monthly promo packages and the website, a vast amount of educational material is being presented to the public.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Financial review

• **Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

With the economical crisis in 2022, the income from donations has reduced by around 37% compared to 2021. The team focused on new income streams and maximising donations at the centre. With the restructure process taking place in November and December 2022, those efforts were paused and restarted in the new year.

The charity has sourced all relevant and available support to ensure that the charity can continue, and although unclear what the impact of the 2022 economical crisis will be, the Trustees have assessed the position of the charity, the financial support they have received and the available reserves and believes that the charity has adequate resources to continue operating for the foreseeable future. With this in mind the Trustees believe that the charity has considered and concluded that the preparation of the financial statements on a going concern basis is appropriate.

• **Reserves policy**

The major risk to the charity is reliance on private fundraising, donations and legacies. As an organisation relying on voluntary income, our policy is to hold adequate reserves to enable the charity to respond to any difficult unexpected events such as the recent COVID-19 pandemic. It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. On 31 December 2022 the charity held restricted reserves of £17,357 (2021 - £42,180), and unrestricted reserves of £275,037 (2021 - £427,111). Included within unrestricted reserves in 2021 is £200,000 of designated funds towards a potential future property purchase, this amount was released back to the general fund in the year after the Trustees made the decision that this was no longer feasible. Actual free reserves, calculated as unrestricted reserves less designated funds and fixed assets, amount to £265,267. The Trustees consider the reserves level at 31 December 2022 are in line with target.

• **Principal funding**

The charity received £552,673 (2021 - £907,781) during the year from voluntary donations and legacies. The charity has also been able to generate income from grants this year amounting £7,500 (2021 - £69,300). The charity received £33,078 (2021 - £8,382) from workshops, classes and events. The net assets of the charity as at 31 December 2022 amounted to £292,394 (2021 - £469,291).

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Structure, governance and management

• **Constitution**

Together Against Cancer (TAC) is a company limited by guarantee, registered in England and Wales number 06471938, its registered charity number 1123665. Its governing document is its Memorandum and Articles of Association, dated, 11 March 2008.

The Trustees, who are also the directors for the purpose of company law, and who served during the year are:

Mr Lawrence MacKay
Mrs Joy MacKay
Mrs Merra Bacos Tabay
Mrs Sarah Jackson (resigned 12 December 2022)
Mr Edwin Bulaon

None of the Trustees have any beneficial interest in the company. All the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The CEO is Larry MacKay and the day to day management of the UK centre is delegated to the Centre Manager Melanie Gamble and the Education and Wellness manager Stephen Gamble, both of whom resigned after the year end with Kamlesh Dawda and Valerie Viot taking over their responsibilities. Larry MacKay approves any new services which require a contract signing or are over the value of £500.

• **Methods of appointment or election of Trustees**

There is no formal method for recruiting new charity trustees. Each current trustee can make recommendations if the need arises to replace or add a new trustee. At the annual board meeting in December of each year trustees are appointed and elected to serve for the approved period of time.

• **Policies adopted for the induction and training of Trustees**

New trustees are encouraged to visit the UK Education and Wellness Centre and meet the Centre Manager and Education and Wellness Manager, learn more about the services provided and meet the staff and volunteers. New trustees are encouraged to obtain a copy of the charity commission booklet 'The Essential Trustee: what you need to know, what you need to do'.

• **Pay policy for key management personnel**

With over 40 years of administrative work for non profit corporations, Larry MacKay has developed an understanding for what is fair and reasonable compensation for management positions at a non profit corporation. Salaries are determined by the importance of the position being filled, the experience of the person being hired and the ability of the charity to meet this obligation.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Structure, governance and management (continued)

• **Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The major risks identified are as follows:

Raising enough money to meet the yearly budget

The Board of Trustees and the management team have been actively pursuing fundraising personnel to assist TAC in its fundraising efforts. When it comes to raising money for charity work there are only a few successful methods that a charity can pursue. The most successful over the years is to develop a database of committed donors who will support the efforts of the charity over an extended period of time. Once the database is established it is in the best interest of the charity to begin to communicate with these donors, especially the ones who have given repeatedly over and over again with the substantial donations, as to their willingness to make larger donations, capital donations or legacy bequests.

Plans for future periods

Together Against Cancer will continue to support worthy organisations who provide care and assistance to those with cancer, specifically those patients who use integrated medicine as part of their fight against cancer.

Our pledge for 2023 is:

- To continue support to cancer patients via complementary therapies, educational workshops, and counselling.
- Continue delivering Hydroxy Therapy to cancer patients.
- Grow our corporate support and increase engagement in the local community.

We have 8 part-time staff members, ranging from administration, accounting, donation processing, digital marketing and therapists.

In 2022, we were supported by 24 volunteers, ranging from guest speakers, receptionists, admin/office and therapists who kindly volunteered 786 hours to the charity.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Lawrence MacKay

Mr Lawrence MacKay
Trustee

Date: *31/07/2023*

TOGETHER AGAINST CANCER
(A company limited by guarantee)

**STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

The Trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on its behalf by:



Mr Lawrence MacKay
Trustee

Date: 31/07/2023

TOGETHER AGAINST CANCER
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent Examiner's Report to the Trustees of Together Against Cancer ('the charity')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the financial statements of the Together Against Cancer ('the charitable company') for the year ended 31 December 2022 which comprise of the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and Basis of Report

As the trustees of charitable company you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2022

Independent Examiner's Statement

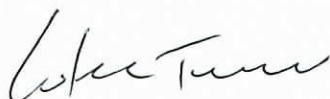
Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW specify other appropriate body, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:



Dated:

15/8/2023.

Luke Turner FCCA FCA

Magma Audit LLP

Chartered Accountants

Unit 2 Charnwood Edge Business Park

Syston Road

Leicester

LE7 4UZ

TOGETHER AGAINST CANCER
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	4	552,673	7,500	560,173	977,081
Charitable activities	5	33,078	-	33,078	8,382
Other trading activities	6	2,164	-	2,164	824
Investments	7	1,211	-	1,211	4
Total income		589,126	7,500	596,626	986,291
Expenditure on:					
Raising funds	8	148,782	-	148,782	91,034
Charitable activities		592,418	32,323	624,741	700,900
Total expenditure		741,200	32,323	773,523	791,934
Net movement in funds		(152,074)	(24,823)	(176,897)	194,357
Reconciliation of funds:					
Total funds brought forward		427,111	42,180	469,291	274,934
Net movement in funds		(152,074)	(24,823)	(176,897)	194,357
Total funds carried forward		275,037	17,357	292,394	469,291

The notes on pages 17 to 34 form part of these financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)
REGISTERED NUMBER: 06471938

BALANCE SHEET
AS AT 31 DECEMBER 2022

	Note	2022 £	2021 £
Tangible assets	17	9,770	15,232
		<u>9,770</u>	<u>15,232</u>
Current assets			
Stocks	18	1,630	865
Debtors	19	45,701	33,286
Cash at bank and in hand		310,914	491,091
		<u>358,245</u>	<u>525,242</u>
Creditors: amounts falling due within one year	20	(75,621)	(71,183)
Net current assets		<u>282,624</u>	<u>454,059</u>
Total net assets		<u>292,394</u>	<u>469,291</u>
Charity funds			
Restricted funds	21	17,357	42,180
Unrestricted funds	21	275,037	427,111
Total funds		<u>292,394</u>	<u>469,291</u>

The charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


Mr Lawrence MacKay
Trustee

Date: 31/07/2023

The notes on pages 17 to 34 form part of these financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash used in operating activities	(180,706)	152,841
Cash flows from investing activities		
Dividends, interests and rents from investments	261	4
Proceeds from the sale of tangible fixed assets	1,900	-
Purchase of tangible fixed assets	(1,632)	(17,688)
Net cash provided by/(used in) investing activities	529	(17,684)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	(180,177)	135,157
Cash and cash equivalents at the beginning of the year	491,091	355,934
Cash and cash equivalents at the end of the year	310,914	491,091

The notes on pages 17 to 34 form part of these financial statements

TOGETHER AGAINST CANCER
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. General information

Together Against Cancer is an incorporated charity registered with the Charity Commission. It's registered office is Unit 2, Charnwood Edge Business Park, Syston Road, Cossington, Leicester, LE7 4UZ. The Company registration number is 06471938 and the registered Charity number is 1123665.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Together Against Cancer meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Company Status

The Charity is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

2.3 Going concern

The Trustees assess whether the use of going concern is appropriate, i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt over the ability of the charity to continue as a going concern. The Trustees make this assessment in the respect of the period of at least one year from the date of authorisation for issue of the financial statements and have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

TOGETHER AGAINST CANCER
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

2. Accounting policies (continued)

2.4 Income

All income is recognised once the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and the receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in Kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the Statement of Financial Activities as incoming resources when reasonable.

2.5 Expenditure

Expenditure is recognised on an accruals basis, inclusive of Value Added Tax.

Expenditure included in costs of generating funds are the charitable company's marketing costs.

Expenses relating to charitable activities relate to grants paid and gifts in kind. Support costs are also included within this category of expenditure which include consultancy and office support.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

2.6 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

2.7 Operating leases

Rentals paid under operating leases are charged to the Statement of financial activities on a straight line basis over the lease term.

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2. Accounting policies (continued)

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following basis:

Fixtures and fittings - 20% on a straight line basis

Office and computer equipment - 33% - 50% on a straight line basis

2.9 Stocks

Stocks are valued at the lower of cost and estimated selling price less costs to complete to sell. Cost comprises direct materials and where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or normal consideration are measured the lower of replacement costs and cost.

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

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2. Accounting policies (continued)

2.11 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basis financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried out at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basis financial liabilities

Basis financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

2.12 Employee benefits

The costs of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2.13 Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

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3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 17 for the carrying amount of the tangible assets, and note 2 for the useful economic lives for each class of assets.

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	535,673	-	535,673	850,329
Legacies	17,000	-	17,000	57,452
Grants	-	7,500	7,500	69,300
Total 2022	552,673	7,500	560,173	977,081
Total 2021	895,460	81,621	977,081	

5. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Workshops, classes and events	33,078	33,078	8,382
Total 2021	8,382	8,382	

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6. Income from other trading activities

Income from fundraising events

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Sale of merchandise	2,164	2,164	824
	<u>2,164</u>	<u>2,164</u>	<u>824</u>
Total 2021	824	824	
	<u>824</u>	<u>824</u>	

7. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Profit on sale of fixed assets	950	950	-
Bank interest received	261	261	4
	<u>950</u>	<u>950</u>	<u>-</u>
Total 2022	1,211	1,211	4
	<u>1,211</u>	<u>1,211</u>	<u>4</u>
Total 2021	4	4	
	<u>4</u>	<u>4</u>	

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8. Expenditure on raising funds

Costs of raising voluntary income

	Unrestricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Other fundraising costs	108,949	108,949	67,235
Wages and salaries	36,797	36,797	22,606
National insurance	2,442	2,442	865
Pension costs	594	594	328
Total 2022	<u>148,782</u>	<u>148,782</u>	<u>91,034</u>
Total 2021	<u>91,034</u>	<u>91,034</u>	

9. Analysis of grants

	Grants to Institutions 2022 £	Total funds 2022 £	Total funds 2021 £
Grants payable	44,392	44,392	92,039
Total 2021	<u>92,039</u>	<u>92,039</u>	

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**NOTES TO THE FINANCIAL STATEMENTS
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10. Grants payable

	Total Funds 2022 £	Total Funds 2021 £
Grants to institutions		
Mary How Trust	-	2,500
Destiny Medical Fund	39,600	52,800
Patient Funding - HBO Therapy	4,792	14,239
The Foundation for Collaborative Medicine and Research	-	22,500
	<u>44,392</u>	<u>92,039</u>

11. Analysis of expenditure by activities

	Direct costs 2022 £	Grants payable 2022 £	Support costs 2022 £	Total funds 2022 £	Total funds 2021 £
Charitable activities	343,632	-	236,717	580,349	608,861
Grant giving	-	44,392	-	44,392	92,039
Total 2022	<u>343,632</u>	<u>44,392</u>	<u>236,717</u>	<u>624,741</u>	<u>700,900</u>
Total 2021	<u>391,107</u>	<u>92,039</u>	<u>217,754</u>	<u>700,900</u>	

Analysis of direct costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	115,387	101,400
Cancer awareness and support and marketing	221,309	280,831
Nutrition workshops and conferences	6,936	8,876
	<u>343,632</u>	<u>391,107</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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11. Analysis of expenditure by activities (continued)

Analysis of support costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	65,684	49,963
Depreciation	6,144	2,456
Cancer awareness and support and marketing	-	18,236
Management charges	60,000	57,000
Marketing	21,895	17,689
Repairs and maintenance	137	803
Rent and rates	11,728	11,734
Governance costs (see note 12)	71,129	59,873
	<u>236,717</u>	<u>217,754</u>

12. Governance costs

	Total funds 2022 £	Total funds 2021 £
Accountancy	3,820	3,629
Examiners fees	3,974	3,690
Legal and professional fees	6,724	1,859
Bank charges and foreign exchange differences	26,396	14,158
Office support costs	29,229	35,094
Travel and subsistence	986	1,443
	<u>71,129</u>	<u>59,873</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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13. Independent examiner's remuneration

	2022 £	2021 £
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	3,974	3,690
Fees payable to the charity's independent examiner in respect of: All other services not included above	3,820	3,629
	<u>3,820</u>	<u>3,629</u>

14. Staff costs

	2022 £	2021 £
Wages and salaries	207,386	163,748
Social security costs	9,938	8,916
Pension costs	3,580	2,498
	<u>220,904</u>	<u>175,162</u>

The average number of persons employed by the charity during the year was as follows:

	2022 No.	2021 No.
Employees	12	9
	<u>12</u>	<u>9</u>

No employee received remuneration amounting to more than £60,000 in either year.

The key management personnel of the charity comprise of the Trustees who do not receive any direct remuneration and management staff in our UK centre. The total amount of employee benefits paid was £78,913 (2021 - £88,023).

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15. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 December 2022, no Trustee expenses have been incurred (2021 - £NIL).

16. Volunteers

The charity benefited from the work of a number of volunteers who are involved in admin/workshop and therapist sessions.

17. Tangible fixed assets

	Fixtures and fittings £	Office and computer equipment £	Total £
Cost or valuation			
At 1 January 2022	172	17,516	17,688
Additions	-	1,632	1,632
Disposals	-	(1,900)	(1,900)
At 31 December 2022	<u>172</u>	<u>17,248</u>	<u>17,420</u>
Depreciation			
At 1 January 2022	12	2,444	2,456
Charge for the year	33	6,111	6,144
On disposals	-	(950)	(950)
At 31 December 2022	<u>45</u>	<u>7,605</u>	<u>7,650</u>
Net book value			
At 31 December 2022	<u>127</u>	<u>9,643</u>	<u>9,770</u>
At 31 December 2021	<u>160</u>	<u>15,072</u>	<u>15,232</u>

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18. Stocks

	2022 £	2021 £
Finished goods and goods for resale	1,630	865
	<u>1,630</u>	<u>865</u>

19. Debtors

	2022 £	2021 £
Trade debtors	-	1,369
Other debtors	32,935	20,634
Prepayments and accrued income	12,766	11,283
	<u>45,701</u>	<u>33,286</u>

20. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	48,967	59,097
Taxation and social security	4,217	2,776
Other creditors	1,782	602
Accruals and deferred income	20,655	8,708
	<u>75,621</u>	<u>71,183</u>

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21. Statement of funds

Statement of funds - current year

	Balance at 1 January 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2022 £
Unrestricted funds					
Designated funds					
Property funds	200,000	-	-	(200,000)	-
General funds					
General funds	227,111	589,126	(741,200)	200,000	275,037
Total Unrestricted funds	427,111	589,126	(741,200)	-	275,037
Restricted funds					
John Lewis - West Sussex	638	-	-	-	638
John Lewis - Basingstoke	930	-	-	-	930
DNV Services UK	5,800	-	(5,800)	-	-
Gerson Support Group	32,792	-	(23,593)	-	9,199
Leicestershire County Council	-	2,500	(2,500)	-	-
Mark Beams fundraiser	2,020	-	(105)	-	1,915
Pink Ribbon Grant	-	5,000	(325)	-	4,675
	42,180	7,500	(32,323)	-	17,357
Total of funds	469,291	596,626	(773,523)	-	292,394

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NOTES TO THE FINANCIAL STATEMENTS
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21. Statement of funds (continued)

Statement of funds - prior year

	Balance at 1 January 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 December 2021 £
Unrestricted funds					
Designated funds					
Property funds	-	-	-	200,000	200,000
General funds					
General funds	266,371	904,670	(743,930)	(200,000)	227,111
Total Unrestricted funds	266,371	904,670	(743,930)	-	427,111
Restricted funds					
John Lewis - West Sussex	638	-	-	-	638
John Lewis - Basingstoke	930	-	-	-	930
DWD Foundation	1,806	-	(1,806)	-	-
Edward Gostling	2,462	-	(2,462)	-	-
TAC connected donations	2,727	70	(2,797)	-	-
DNV Services UK	-	5,800	-	-	5,800
Gerson Support Group	-	35,000	(2,208)	-	32,792
Leicestershire County Council	-	3,000	(3,000)	-	-
Florance Turner Trust	-	500	(500)	-	-
Anne Rylands	-	1,000	(1,000)	-	-
Ragdale Ladies	-	5,595	(5,595)	-	-
Mark Beams fundraiser	-	2,629	(609)	-	2,020
Valerie McCaffrey wellbeing week fundraiser	-	784	(784)	-	-
Ann Bury	-	25,000	(25,000)	-	-
The Hospital Fund	-	2,000	(2,000)	-	-
Mel's wellbeing week fundraiser	-	243	(243)	-	-
	8,563	81,621	(48,004)	-	42,180
Total of funds	274,934	986,291	(791,934)	-	469,291

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NOTES TO THE FINANCIAL STATEMENTS
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21. Statement of funds (continued)

The specific purposes for which the funds are applied are as follows.

Designated funds

The Trustees were looking to expand the charity. To enable this to happen they needed to look to seek larger premises. To enable them to fund such a venture, the Trustees agreed in 2021 to put aside £200,000 towards a future property or land purchase. In 2022, it was decided that this was no longer feasible and therefore the designated funds of £200,000 have been released back into the general fund.

Restricted Funds

The John Lewis West Sussex funding was received to be used towards the patient funding programme to help those patients in the Horsham and West Sussex area. The unspent funds have been carried forward.

The John Lewis Basingstoke funding was received to be used towards the patient funding programme to help those patients in the Basingstoke area. The unspent funds have been carried forward.

The DWD Foundation income was received to be used towards the costs of the new TAC Connected project, the funds were spent in full during the 2021 financial year by providing online workshops.

The Edward Gostling income was received to be used towards the new TAC Connected project, all funds were spent during the 2021 financial year by providing counselling and therapy services including one-to-one sessions.

The income received from DNV Services UK was in memory of a late patient who attended the centre. The income was given to provide complementary therapy sessions. The funds were spent in full during the year.

The charity received income from the Gerson Support Group for three projects. 1. Vegetable boxes for patients; these funds were spent in full during the year. 2. TAC Connected funds, to be used towards the cost of workshops, developing and hosting online courses on the Healing Hub, contributions towards grant and event management, talks at the centre and live streamed content. The unspent funds of £9,199 have been carried forward. 3. Training staff; these funds were spent in full during the year.

The charity received £3,000 from Leicestershire County Council during the 2021 financial year to fund online therapy and consultations; this amount was spent providing sessions in May to August 2021. A further £2,500 was received and expensed in full during the current year.

Funds from the Florence Turner Trust were received to be used towards one-to-one workshops via the TAC Healing HUB. All funds were spent during 2021.

The funds received from Anne Rylands were to help fund the TAC Connected project, all funds were fully spent in 2021.

Ragdale Ladies are funds received from staff at Ragdale Hall in respect of fundraising events held. Funds were raised towards the TAC Connected project, £2,798 was fully spent and used towards the cost of the new website in 2021. Further funds were raised towards providing therapy sessions, £2,797 was fully spent in 2021.

The funds received from the Mark Beams fundraiser are in respect of fundraising events held. Some funds were raised towards the cost of meditation videos as part of the TAC Connected project. The income has helped to fund the cost of two videos, there is £800 unspent and included in the carry forward. Funds were also raised to help to provide mobile therapy sessions for patients who are unable to attend the centre, £1,115 of the funds were unspent at the year end and have been carried forward.

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**NOTES TO THE FINANCIAL STATEMENTS
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21. Statement of funds (continued)

Funds received from Valerie McCaffrey were in respect of a fund raising event during Wellbeing week. Funds were collected to be used towards the TAC Healing Hub. All funds were spent during the 2021 financial year by providing cooking videos.

The Ann Bury funds were received to fund a grant for The Foundation for Collaborative Medicine and Research and to help with the operating costs of TAC. All funds were spent during the 2021 financial year.

The charity received £2,000 from the Hospital Fund to help provide physical and mental scar therapy. All funds were spent providing sessions between May 2021 and November 2021.

Mel's wellbeing week fundraiser income were funds raised specifically to be used towards providing therapy sessions. All funds were fully spent during the 2021 financial year.

The Pink Ribbon grant was received in order to provide therapy sessions for breast cancer patients with the aim to provide two therapies per client for a total of forty clients over a two year timeline. During the year, £325 of the funds were spent carrying out these sessions, the remaining balance of £4,675 has been carried forward to future years.

22. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	9,770	-	9,770
Current assets	340,888	17,357	358,245
Creditors due within one year	(75,621)	-	(75,621)
Total	275,037	17,357	292,394

Analysis of net assets between funds - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	15,232	-	15,232
Current assets	483,062	42,180	525,242
Creditors due within one year	(71,183)	-	(71,183)
Total	427,111	42,180	469,291

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23. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(176,897)	194,357
Adjustments for:		
Depreciation charges	6,144	2,456
Dividends, interests and rents from investments	(261)	(4)
Loss/(profit) on the sale of fixed assets	(950)	-
Decrease/(increase) in stocks	(765)	114
Increase in debtors	(12,415)	(17,533)
Increase/(decrease) in creditors	4,438	(26,549)
Net cash provided by/(used in) operating activities	(180,706)	152,841

24. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	310,914	491,091
Total cash and cash equivalents	310,914	491,091

25. Analysis of changes in net debt

	At 1 January 2022 £	Cash flows £	At 31 December 2022 £
Cash at bank and in hand	491,091	(180,177)	310,914
	491,091	(180,177)	310,914

26. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the group in an independently administered fund. The pension cost charge represents contributions payable by the group to the fund and amounted to £3,580 (2021 - £2,498). Contributions payable to the fund and included in creditors at the balance sheet date are £1,782 (2021 - £602).

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27. Operating lease commitments

At 31 December 2022 the charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	7,621	9,157
Later than 1 year and not later than 5 years	3,826	6,600
	<u>11,447</u>	<u>15,757</u>

28. Related party transactions

During the year the charity received £17,994 (2021 - £16,136) in donations from and paid £37,459 (2021 - £57,000) and £24,000 (2021 - £nil) in management fees and donations respectively to Cancer Aid and Research Fund, Together Against Cancer's affiliate charity in the USA. In addition to being a Trustee of Together Against Cancer, Lawrence MacKay is also the president and Founder of this affiliate charity.

The charity also incurred consultancy fees amounting to £17,736 (2021 - £17,485) from Creative Journey. This company is owned by Kimberly Aldridge, the daughter of Lawrence and Joy MacKay, who are both Trustees of Together Against Cancer. These consultancy fees are paid at arm's length.