SOLIDARITY SPORTS

England & Wales · Charity number 1123589

Details

Status	Registered
Legal form	Other
Registered	2008-04-11
Register	View on the Charity Commission register

Contact

Address	253 North End Road London W14 9NS
Phone	07828 949 650
Email	info@solidaritysports.org
Website	www.solidaritysports.org

Activities

Objects: TO HELP YOUNG PEOPLE, IN PARTICULAR BUT NOT EXCLUSIVELY THOSE WHO HAVE BEEN EXCLUDED, ESPECIALLY BUT NOT EXCLUSIVELY THROUGH LEISURE TIME ACTIVITIES, SO AS TO DEVELOP THEIR CAPABILITIES THAT THEY MAY GROW TO A FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY.

Activities: We support children's healing through sports, arts and crafts, healthy eating, mentoring, days out and holidays within the UK and abroad. The glue that binds our programmes together is a commitment to creating a safe, inclusive, and loving environment where happy memories can flourish. We believe every child deserves happiness.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

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Geography

- City Of Westminster
- Hammersmith And Fulham
- Kensington And Chelsea
- Wandsworth

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£654,947	£654,294	£366,389	5
2024-03-31	£520,283	£524,512	£365,736	5
2023-03-31	£583,203	£516,190	£369,965	6
2022-03-31	£374,417	£350,983	-	-
2021-03-31	£476,845	£294,219	-	-

Trustees

Name	Role	Appointed
Dr Melernie Meheux	Chair	2019-04-09
ALAIN MANDY		2017-10-01
Dr Wajma Torkmani		2023-03-29
HASSAN LAROUSSI		2013-03-06
UNA MCGUINNESS		2014-10-10

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SOLIDARITY SPORTS

England & Wales - Charity number 1123589

Accounts



Solidarity Sports

Trustees' Report and Financial Statements

For the year ended 31 March 2025

Charity No 1123589

Charity Information

Trustees	Dr Melernie Meheux Mr Hassan Laroussi Mr Alain Mandy Ms Una McGuiness Dr Wajma Torkmani Mr Liam Mahoney
CEO	Mr Sean Mendez
Charity Registration Number	1123589
Registered Office	Seven Stars 253 North End Road London W14 9NS
Bankers	HSBC 92 Kensington High Street London W8 4SH
Independent Examiners	Bannerman Johnstone Maclay Ltd 213 St. Vincent Street Glasgow G2 5QY

Our Partners

BNP PARIBAS

The Earls Court Development Company

THE HARGREAVES FOUNDATION

THE LEATHERSELLERS

THE LOWE GROUP

The Daisy Trust
Supporting the Hammersmith and Fulham Community

CITY BRIDGE FOUNDATION

Since 1618 HAMMERSMITH UNITED CHARITIES

smart CURRENCY EXCHANGE
20 YEARS OF EXCELLENCE

h&f giving

THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA

h&f hammersmith & fulham

JackPetchey Foundation
Inspire • Motivate • Achieve

Peabody

Beauty Banks

THE HURLINGHAM CLUB FOUNDATION

The London Community Foundation

PGL

the grove trust

sky cares

Dads House Helping Dads...be Dads

The ChildhoodTrust

LMP GROUP

IMMEDIATE MEDIA Co

THE DISTRICT NURSING TRUST **THE CALLEVA FOUNDATION** **TURVILLE SCHOOL TRUST**

THE FREEMANS

The trustees have the pleasure in presenting the report and independently examined financial statements for the year ended 31 March 2025.

Table of Contents

A MESSAGE FROM OUR CHAIR 4

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2025 5

STRUCTURE, MANAGEMENT, GOVERNANCE AND OBJECTIVES 6

ORGANISATIONAL BACKGROUND 7

ACHIEVEMENTS AND IMPACT

1. IMPROVING CHILDREN'S WELLBEING AND CONFIDENCE 8-9
2. CASE STUDY - CHAD'S STORY 10
3. EXPANDING OPPORTUNITIES THROUGH SCHOOL HOLIDAY PROJECTS 11
4. CREATING LIFELONG MEMORIES AND POSITIVE FUTURES 12
5. FINANCIAL AND FUNDRAISING REVIEW 13-14

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS

REPORT OF THE TRUSTEES
STATEMENT OF FINANCIAL ACTIVITIES 17-21
BALANCE SHEET 22
CASH FLOW STATEMENT 23
NOTES TO CASH FLOW STATEMENT 24
NOTES TO THE FINANCIAL STATEMENTS 25-34
DETAILED STATEMENT OF FINANCIAL ACTIVITIES 35-36

A Message from Our Chair



As Chair of Solidarity Sports, I continue to be humbled by the extraordinary resilience of the children and families we support. Every story we encounter reminds me why our work matters. Behind every smile is a journey of courage, and behind every moment of joy is a team that believes in the power of play, care and love.

This year has shown once again that healing happens through connection. Whether it is a child finding the confidence to speak up, a young person discovering a new skill, or a family beginning to trust again, these moments capture what Solidarity Sports stands for. They remind us that progress does not always look dramatic; sometimes it is the quiet, steady rebuilding of hope and resilience.

I have watched our team continue to approach their work with compassion, excellence and professionalism, adapting to challenges while never losing sight of the children at the heart of everything we do. To our staff, volunteers, trustees, partners and funders, I offer my heartfelt thanks. Your support gives us the strength to keep moving forward, even in uncertain times.

Together, we are not only improving lives today but helping to shape a kinder and more hopeful future for generations to come.

With gratitude and thanks,

Dr Melernie Meheux
Chair of Solidarity Sports

Trustees Report for the Year Ended 31 March 2025





This report covers the period 1 April 2024 to 31 March 2025.

At Solidarity Sports, we believe that every child deserves happiness. Our mission is to help children heal and thrive by creating safe, nurturing spaces where they can rebuild confidence, form positive relationships and simply be kids again.

This year, our focus has been on strengthening our holistic family support and enhancing the quality of our school holiday projects. With generous funding from the Hargreaves Foundation, we developed our Specialist Coaching Programme, enabling children to access structured sports coaching bridging the gap for children who have been historically been excluded from such opportunities.

We also launched Grandparents Rock in November 2024, thanks to generous funding from The Daisy Trust, a new initiative supporting grandparents who act as primary carers, and ran another successful Winter Appeal to help families through the ongoing cost-of-living crisis. These projects reflect our continued commitment to removing barriers, reducing hardship and supporting those directly involved in the lives of the children and young people we care for.

In January 2025, our Chief Operating Officer, January Jones, stepped down. While we were sad to see her go, this transition allowed us to review our structure and strengthen collaboration across our small but dedicated team. We also welcomed a new Project Manager, whose role focuses on expanding our relationships with the local community and further developing our school holiday programmes to ensure they meet the evolving needs of our children and young people.

The following sections outline our achievements and the impact of our work throughout the year.

Public Benefit

The Trustees confirm that they have complied with Section 4 of the Charities Act 2011 by considering the Charity Commission's guidance on public benefit, 'Charities and Public Benefit', when reviewing the Charity's aims and planning future activities.

Risk Management

The trustees regularly review key risks that could affect the charity's operations, reputation and ability to deliver its objectives. A comprehensive risk register is maintained and updated throughout the year, with particular attention given to safeguarding, financial sustainability and staff wellbeing.
Mitigation measures include robust safeguarding procedures, regular policy reviews, strong financial oversight and clear lines of accountability. The Board is confident that appropriate systems and controls are in place to manage identified risks and to ensure the charity continues to operate safely and effectively.

Structure, Governance and Management

Solidarity Sports is a registered charity governed by a Board of Trustees who hold overall responsibility for the organisation's strategic direction and compliance with regulatory requirements. The Board meets quarterly and delegates day-to-day management to the Chief Executive, supported by a small core team and a wider network of volunteers and sessional staff.

During this reporting period, the Board of Trustees welcomed new members, bringing fresh insight and expertise to support the charity's continued growth.

Our team comprised 3 full-time, 3 part-time and 22 sessional staff members, alongside an incredible group of 320 volunteers. Volunteers remain at the heart of our work, providing vital support across school holiday projects, mentoring, fundraising, and community events.

We continue to prioritise high standards of safeguarding, training and supervision to ensure all staff and volunteers uphold our trauma-informed approach. Corporate volunteers from a range of partner organisations also contributed their time and skills throughout the year, helping to enrich our children's experiences and strengthen community connections.

Objectives and Organisational Background

Solidarity Sports was founded in 2007 as a small football club for disadvantaged children in West London. Over time, we evolved into a charity that believes every child deserves happiness, dedicated to helping children and families heal from trauma, rebuild confidence and create happy memories.
Our objectives are to:

- Support children's emotional recovery and mental well-being through trauma-informed care and consistent relationships.
- Reduce inequality by offering free access to enriching opportunities in sport, art, education and nature.
- Strengthen families and carers through practical and emotional support that promotes stability and belonging.
- Empower children to develop resilience, social skills and aspirations for the future.

We work closely with Children's Services in Kensington and Chelsea and Hammersmith and Fulham, as well as local agencies including Dad's House, West London Welcome and Hestia. These partnerships enable us to reach those most vulnerable including families affected by poverty, overcrowded housing and domestic abuse, ensuring our support reaches those who need it most.

Our holistic model combines sports, creative arts, mentoring, school holiday projects and family-focused initiatives that promote wellbeing and inclusion. This joined-up approach ensures every child receives consistent, individualised care designed to meet their emotional, social and developmental needs.

This report was approved by order of the Board of Trustees on Tuesday 23rd December 2025 and signed on their behalf by:



Dr. Melernie Meheux
Chair of Solidarity Sports

Achievements and Impact

This year, Solidarity Sports supported 256 children and families through a holistic programme of year-round projects. Across 13 weeks of delivery, we provided school holiday activities, mentoring, a homework club, an Under 5's group, and family-focused 'Health is Wealth' initiatives. Our work focused on improving the quality of our services, broadening opportunities, and ensuring every child and family received the consistent, trauma-informed care they deserve.



Improving Children's Wellbeing and Confidence

This year was centred on strengthening the quality and impact of our support. We refined our feedback methods to reach families more inclusively, ensuring every voice helped shape our projects. We also developed our Specialist Coaching Programme, funded by the Hargreaves Foundation, which provided expert-led sports and wellbeing sessions across our holiday projects.
Our focus on nutritional education and healthy eating continued through our school holiday projects, where children learned practical skills such as reading food labels, urban gardening and trying new healthy snacks. We also supported parents and carers through a six-week series of 'Happiness Workshops', delivered as part of our wider Health is Wealth project, which focused on wellbeing, self-care and building positive daily habits.

We also prioritised female participation in male-dominated sports, giving girls equal opportunities to build confidence and develop new skills through football and basketball.
In response to rising referrals of children with complex needs, including those managing bipolar disorder, our staff adapted programmes to offer more 1-1 support and calming spaces. Despite external challenges, such as navigating the fear caused by the summer riots, our team remained steady and compassionate, ensuring that every child felt safe, valued and seen.

"There are so many highlights. 1 the activities were amazing, and really allowed the kids to immerse themselves and have fun while being active and social 2 the staff were welcoming, friendly, knowledgeable, and lead by example 3 the kids all knew what to expect, and this level of organisation really helped both myself (a first time volunteer) and the kids relax and have a good time" - Volunteer





"Many of you in Children's Services, like me, will know about Solidarity Sports and maybe will even have referred children to them. "I have personally had a mum thank me in tears years later for all the charity did for her son and her when she was going through a mental health crisis. This showed me the power of Solidarity Sports to change lives in our community through their passion and commitment!"
She added: "Solidarity Sports is a rock for many people in our H&F community. Many of the children and families they support have sadly suffered trauma due to issues such as domestic abuse, mental health, poverty and fleeing war and persecution.
- Ella Foskett-Barnes, Early Help Service,

Case Study: Chad's Story



Chad* first joined us in April 2024 after being referred by Children's Services. At just seven years old, he had already experienced severe trauma, including neglect and physical abuse. Both of his parents struggle with substance misuse, and he has been placed in the care of his grandmother. His behaviour is highly disruptive, and he currently attends school for only two hours a day. Other local services have refused to support him. His grandmother shared, "It's difficult coping with him when he's constantly rejected everywhere we go."

When Chad joined us during our Summer 2024 Project, he initially struggled to settle into any group, and our staff found it challenging to manage his behaviour. He would often lash out at both adults and children, and found large groups overwhelming. Our team worked patiently to assess his needs and eventually paired him with adults he connected with. To help him adjust, Chad first spent 1-1 time with an adult before joining group activities with their support. We also worked closely with his grandmother to better understand how to support him.

While Chad is still adjusting, we have seen a significant decline in his tantrums, and he has begun attending more full-day sessions. He has also been able to take part in activities he would normally miss out on, such as swimming, which he now enjoys.

Our Summer Project 2024 provided a strong foundation for continuing to support Chad in the years ahead. Our team developed new skills for managing challenging behaviour and adapting activities for children with additional needs. Plans include supporting Chad and his family during term time through our mentoring programme. Drawing on our learning from the summer, staff have since undertaken further training on managing challenging behaviour and using accessible communication tools such as PECS and visual timetables to help children express themselves and prepare for transitions.

(Name and photo not related to case study)

Expanding Opportunities through School Holiday Projects

We delivered projects during every school holiday, a total of 13 weeks of activities across the year, including two residential trips to PGL Osmington Bay and Turville. Our Summer Project, hosted at Holland Park School, welcomed children for five weeks of sports, creative arts and day trips across London.

Through new partnerships, we introduced children to a wider range of experiences than ever before. The Hurlingham Club funded weekly private swimming lessons during term time for nine children and their carers, helping families overcome barriers, reduce the risk of drowning and increase participation among children who face cultural barriers to swimming. We also collaborated with Stagecoach to develop our own performance during the summer project, worked with private tennis and basketball coaches, and partnered with Ella at Tie Dye Drama, who delivered trauma-informed drama workshops that allowed children to explore storytelling and the art of performance.

For the first time, we hosted our own Sports Day, bringing together more than 115 children and 65 adults for a celebration of teamwork and healthy competition. Overall, more children and families engaged with our programmes this year than ever before, broadening horizons and creating opportunities that the majority would not otherwise have access to.



"My child has been coming to Solidarity Sports for three years. I've seen him grow in confidence, try new things and finally find a place where he belongs. I cannot thank you enough for everything that you have done for us."
- Mother of two

Strengthening Family and Community Support

"I didn't realise until today, but it's been exactly a year since my first day volunteering at Solidarity Sports. It brought a tear to my eye. This place has become my family, I'm so happy to be part of it all. A lot can change in a year; I'm in such a better place now. Volunteering here is the best thing that's ever happened to me." - Volunteer



Our impact extends beyond the children we work with. We recognise that healing and stability come from supporting the whole family. Through initiatives such as Grandparents Rock, launched in November 2024, we now provide targeted support for grandparents acting as primary carers.

Our Health is Wealth workshops continued to offer families essential skills in nutrition, budgeting and self-care, while our Saturday trips and family days gave parents and carers opportunities to bond with their children in safe and fun environments.

We also expanded our community partnerships, working closely with Dad's House, West London Welcome and Hestia to reach families affected by poverty, overcrowded housing and domestic abuse. By strengthening these local networks, we have created a stronger foundation of support that reaches those most in need.

Creating Lifelong Memories and Positive Futures

Through the Hashim Family Legacy, children experienced an unforgettable trip to Disneyland Paris. For many, it was their first time travelling abroad or spending time away from their carer. The trip offered a precious chance for them to be themselves, feel safe and enjoy being part of something special.

The Legacy was created in memory of Firdaws Hashim, aged 12, who lost her life in the devastating Grenfell Tower fire. Each year, in her honour, we take a group of children on this magical journey, giving them the opportunity to create the kind of happy memories that every child deserves. Even the smallest experiences, such as tasting snails for the first time or immersing themselves in French culture, are moments the children continue to talk about months later, showing just how special and lasting this experience truly is.

"Leon* wanted Paris to continue forever... he can't stop talking about the trip. Thank you for giving my child the best time. He misses you all, and our family loves you so much." - Parent





I have been very impressed with what Solidarity Sports does with young people in the local community, including those affected by the Grenfell Fire. I have also been hugely impressed by the dedication and skills of the staff, who are able to connect with and support young people of all ages and backgrounds. Their work is inspiring. - Dr Sara Northey, Clinical lead (Children and young people's team at Grenfell Health & Wellbeing service

Our work also continued through our Mentoring Programme, Under 5's Club, Homework Club and Teen Drop-In Sessions, ensuring support for children at every stage of their development. These projects give young people the stability and encouragement they need to thrive academically, socially and emotionally.

Together, these achievements reflect a year of growth, resilience and unwavering belief in the potential of every child we care for. With continued support, Solidarity Sports will keep providing an environment where children can play, heal and flourish to reach their full potential.





"When Layla* comes back from a trip, she tells us all about it and lifts the whole house. She changes the atmosphere, and seeing her like this makes me and my mum so much happier. Thank you so much." - Older sibling



Financial and Fundraising Review

The trustees present their report with the financial statements for the year ended 31 March 2025. The accounts have been prepared in accordance with the Charities SORP (FRS 102), which sets out the recommended framework for charities reporting in the UK.

During the year, Solidarity Sports generated **£654,947** in income (compared with £520,283 in 23/24), enabling us to meet rising demand and strengthen our support for children and families across West London.

Trusts and Foundations remained our most significant income stream, contributing £345,984, or 53% of total income. This reflects continued confidence from long-standing supporters and the stability offered by renewed multi-year grants, including those from The Leathersellers and City Bridge Foundation.

Individual Giving accounted for £116,523 (18% of income), representing a notable increase from the previous year (£77,915). This increase reflects stronger donor relationships and a growing base of supporters who remain deeply committed to our mission.

Corporate Partnerships contributed £121,170, making up 19% of total income. Our corporate network has continued to expand, with a new partner joining our Memory Maker programme and existing partners increasing their involvement through both financial support and volunteering.

Government Grants provided £71,270 (11% of income), largely through the Holiday Activities and Food (HAF) programme. This funding plays a crucial role in addressing holiday hunger and ensuring children eligible for Free School Meals have access to healthy food and enriching activities during school breaks.

We also continued to operate from our in-kind five-year leased premises, which has significantly enhanced our capacity to deliver high-quality activities, maintain consistent contact with families, and provide a safe, stable environment for our year-round programmes.

We are incredibly grateful to Solidarity Sports' funders for supporting our work. In particular, we would like to thank:

City Bridge Foundation, The Leathersellers, The Hargreaves Foundation, The Tudor Trust, Grenfell Project Fund (through RBKC), The Grove Trust, London Community Foundation, The Calleva Foundation, The Steel Charitable Trust, H&F Giving, The Mercers Company, John Lyons Foundation, Hammersmith United Charities, Lightbulb Trust, The Childhood Trust and The Earls Court Development Company.

Reserves Policy



The trustees closely monitor the charity's financial position throughout the year to ensure that Solidarity Sports maintains an appropriate level of unrestricted reserves. Our policy is to hold reserves equivalent to a minimum of six months of operating expenditure, which we consider sufficient to protect the charity against fluctuations in income and ensure continuity of essential services for the children and families we support.

This approach allows the charity to operate confidently, manage financial risk, and respond swiftly to urgent or unforeseen needs. In recent years, our reserves have played a critical role in enabling us to act immediately when families have faced sudden hardship, increases in referrals, or unexpected welfare concerns. Maintaining adequate reserves ensures that we remain flexible and responsive, particularly as demand for our programmes continues to grow.

At the end of the financial year, Solidarity Sports held £366,389 in unrestricted reserves. Based on total annual expenditure of £654,294, this represents approximately 6.7 months of operating costs, which sits within the parameters of our reserves policy and demonstrates strong financial discipline. The trustees will continue to review the reserves position regularly in light of programme expansion, cost pressures, and the wider funding environment.

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

FOR

SOLIDARITY SPORTS

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. Any surplus of unrestricted funds is carried forward to future periods, and may be expended in accordance with the charity's constitution as the Trustees decide.

Income from restricted sources is expended in the year to which it relates. Any surplus remaining at the end of the year is carried forward to the next financial year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its constitution, and constitutes an unincorporated charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1123589

Principal address

253 North End Road
London
W14 9NS

Trustees

Dr M Meheux
Ms U McGuinness
H Laroussi
A Mandy
Dr W Torkmani
L Mahoney

Independent Examiner

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

Approved by order of the board of trustees on 29 January 2026 and signed on its behalf by:

Melernie Meheux
Chair of Trustees



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS

Independent examiner's report to the trustees of Solidarity Sports
I report to the charity trustees on my examination of the accounts of Solidarity Sports (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants of Scotland, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Douglas Paton BSc CA
The Institute of Chartered Accountants of Scotland

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

29 January 2026

SOLIDARITY SPORTS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	119,513	535,434	654,947	520,283
EXPENDITURE ON					
Charitable activities	3				
Charitable activities		36,278	480,434	516,712	392,068
Other		82,582	55,000	137,582	132,444
Total		118,860	535,434	654,294	524,512
NET INCOME/(EXPENDITURE)		653	-	653	(4,229)
RECONCILIATION OF FUNDS					
Total funds brought forward		365,736	-	365,736	369,965
TOTAL FUNDS CARRIED FORWARD		366,389	-	366,389	365,736

The notes form part of these financial statements

SOLIDARITY SPORTS

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	8	4,850	-	4,850	7,709
CURRENT ASSETS					
Debtors	9	35,187	-	35,187	31,444
Cash at bank and in hand		344,776	-	344,776	341,589
		379,963	-	379,963	373,033
CREDITORS					
Amounts falling due within one year	10	(18,424)	-	(18,424)	(15,006)
NET CURRENT ASSETS		361,539	-	361,539	358,027
TOTAL ASSETS LESS CURRENT LIABILITIES		366,389	-	366,389	365,736
NET ASSETS		366,389	-	366,389	365,736
FUNDS	11				
Unrestricted funds				366,389	365,736
TOTAL FUNDS				366,389	365,736

The financial statements were approved by the Board of Trustees and authorised for issue on 29 January 2026 and were signed on its behalf by:

Trustee

SOLIDARITY SPORTS

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	3,187	(29,895)
Net cash provided by/(used in) operating activities		3,187	(29,895)
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(273)
Net cash provided by/(used in) investing activities		-	(273)
Change in cash and cash equivalents in the reporting period		3,187	(30,168)
Cash and cash equivalents at the beginning of the reporting period		341,589	371,757
Cash and cash equivalents at the end of the reporting period		344,776	341,589

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	653	(4,229)
Adjustments for:		
Depreciation charges	2,859	2,859
Increase in debtors	(3,743)	(17,636)
Increase/(decrease) in creditors	3,418	(10,889)
Net cash provided by/(used in) operations	3,187	(29,895)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank and in hand	341,589	3,187	344,776
	341,589	3,187	344,776
Total	341,589	3,187	344,776

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

Monetary amounts in these financial statements are rounded to the nearest £.

Critical accounting judgements and key sources of estimation uncertainty
The trustees consider there to be no critical accounting estimates and judgements.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Unrestricted grants and other income are accounted for in the year in which they are receivable. Restricted grants and other income are accounted for in the year in which the projects are expected to take place.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. Other expenditure includes costs of an indirect nature necessary to support its charitable activities.

Cash and cash equivalents
Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Charitable activities
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Tangible fixed assets
Tangible assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses. Cost includes the original purchase price, costs directly attributable to bringing the asset to its working condition for its intended use, dismantling and restoration costs.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	-	20% on cost
Fixtures and fittings	-	33% on cost
Computer equipment	-	33% on cost

continued...

1. ACCOUNTING POLICIES - continued

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments
The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include certain debtors and cash and bank balances, are initially measured at transaction price including transactions costs and are subsequently carried at amortised cost using the effective interest method. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities
Basic financial liabilities, including certain creditors are initially recognised at transaction price. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

continued...

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Trusts and foundations	345,984	321,330
Individual giving	116,523	77,915
Government grants	71,270	46,167
Corporate partnerships	121,170	74,871
	654,947	520,283

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 4)
	£
Charitable activities	516,712

4. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2025	2024
	£	£
Staff costs	169,937	137,693
Trip bookings	61,235	42,999
Venue hire	4,015	9,434
Family support	114,558	72,693
Food for children	14,471	2,936
Volunteer expenses	2,626	3,350
Equipment	1,842	1,373
Transport	9,057	1,440
Sessional staff	137,466	120,150
Staff and volunteer wellbeing	1,505	-
	516,712	392,068

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

continued...

6. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	217,648	192,577
Social security costs	19,154	15,926
Other pension costs	14,871	6,764
	251,673	215,267

The average monthly number of employees during the year was as follows:

	2025	2024
Staff	5	5

The number of employees whose total employee benefits excluding pension contributions earning over £60,000, classified within bands of £10,000 is as follows:

	2025	2024
£70,000 - £79,999	1	1

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	374,181	146,102	520,283
EXPENDITURE ON			
Charitable activities			
Charitable activities	254,368	137,700	392,068
Other	129,077	3,367	132,444
Total	383,445	141,067	524,512
NET INCOME/(EXPENDITURE)	(9,264)	5,035	(4,229)
Transfers between funds	19,416	(19,416)	-
Net movement in funds	10,152	(14,381)	(4,229)
RECONCILIATION OF FUNDS			
Total funds brought forward	355,584	14,381	369,965
TOTAL FUNDS CARRIED FORWARD	365,736	-	365,736

continued...

8. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2024 and 31 March 2025	11,899	4,124	6,187	22,210
DEPRECIATION				
At 1 April 2024	4,760	3,554	6,187	14,501
Charge for year	2,380	479	-	2,859
At 31 March 2025	7,140	4,033	6,187	17,360
NET BOOK VALUE				
At 31 March 2025	4,759	91	-	4,850
At 31 March 2024	7,139	570	-	7,709

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	21,187	25,444
Prepayments and accrued income	14,000	6,000
	35,187	31,444

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade creditors	21	745
Taxation and social security	11,096	10,388
Other creditors	7,307	3,873
	18,424	15,006

continued...

11. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	365,736	653	366,389
TOTAL FUNDS	365,736	653	366,389

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	119,513	(118,860)	653
Restricted funds			
Other miscellaneous restricted funds	1,118	(1,118)	-
St Clement and St James CE School Trust	23,500	(23,500)	-
Let Me Play Group	46,340	(46,340)	-
London Community Foundation	22,000	(22,000)	-
Earls Court Development Company	50,000	(50,000)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	40,000	(40,000)	-
London Borough of Hammersmith and Fulham	500	(500)	-
The Childhood Trust	60,820	(60,820)	-
John Lyons	5,000	(5,000)	-
Calleva Foundation	68,000	(68,000)	-
Jack Petchey	5,200	(5,200)	-
City Bridge Foundation	15,847	(15,847)	-
H&F Giving	10,000	(10,000)	-
The Hargreaves Foundation	23,975	(23,975)	-
Family Support	26,779	(26,779)	-
Hurlingham Foundation	4,500	(4,500)	-
Stronger Communities	2,000	(2,000)	-
DEBK	5,856	(5,856)	-
Daisy Trust	2,500	(2,500)	-
Tudor Trust	30,000	(30,000)	-
The Leathersellers' Foundation	21,999	(21,999)	-
Major Gifts	25,000	(25,000)	-
Grove Trust	40,000	(40,000)	-
HAF RBKC	4,500	(4,500)	-
	535,434	(535,434)	-
TOTAL FUNDS	654,947	(654,294)	653

continued...

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	355,584	(9,264)	19,416	365,736
Restricted funds				
Other miscellaneous restricted funds	6,881	(965)	(5,916)	-
St Clement and St James CE School Trust	7,500	-	(7,500)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	-	6,000	(6,000)	-
	14,381	5,035	(19,416)	-
TOTAL FUNDS	369,965	(4,229)	-	365,736

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	374,181	(383,445)	(9,264)
Restricted funds			
Other miscellaneous restricted funds	3,721	(4,686)	(965)
Octavia	9,558	(9,558)	-
Let Me Play Group	48,383	(48,383)	-
London Community Foundation	20,000	(20,000)	-
Earls Court Development Company	14,000	(14,000)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	26,000	(20,000)	6,000
London Borough of Hammersmith and Fulham	1,440	(1,440)	-
The Childhood Trust	7,500	(7,500)	-
John Lyons	5,000	(5,000)	-
Young K&C	10,500	(10,500)	-
	146,102	(141,067)	5,035
TOTAL FUNDS	520,283	(524,512)	(4,229)

continued...

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	355,584	(8,611)	19,416	366,389
Restricted funds				
Other miscellaneous restricted funds	6,881	(965)	(5,916)	-
St Clement and St James CE School Trust	7,500	-	(7,500)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	-	6,000	(6,000)	-
	14,381	5,035	(19,416)	-
TOTAL FUNDS	369,965	(3,576)	-	366,389

continued...

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	493,694	(502,305)	(8,611)
Restricted funds			
Other miscellaneous restricted funds	4,839	(5,804)	(965)
Octavia	9,558	(9,558)	-
St Clement and St James CE School Trust	23,500	(23,500)	-
Let Me Play Group	94,723	(94,723)	-
London Community Foundation	42,000	(42,000)	-
Earls Court Development Company	64,000	(64,000)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	66,000	(60,000)	6,000
London Borough of Hammersmith and Fulham	1,940	(1,940)	-
The Childhood Trust	68,320	(68,320)	-
John Lyons	10,000	(10,000)	-
Young K&C	10,500	(10,500)	-
Calleva Foundation	68,000	(68,000)	-
Jack Petchey	5,200	(5,200)	-
City Bridge Foundation	15,847	(15,847)	-
H&F Giving	10,000	(10,000)	-
The Hargreaves Foundation	23,975	(23,975)	-
Family Support	26,779	(26,779)	-
Hurlingham Foundation	4,500	(4,500)	-
Stronger Communities	2,000	(2,000)	-
DEBK	5,856	(5,856)	-
Daisy Trust	2,500	(2,500)	-
Tudor Trust	30,000	(30,000)	-
The Leathersellers' Foundation	21,999	(21,999)	-
Major Gifts	25,000	(25,000)	-
Grove Trust	40,000	(40,000)	-
HAF RBKC	4,500	(4,500)	-
	681,536	(676,501)	5,035
TOTAL FUNDS	1,175,230	(1,178,806)	(3,576)

St Clement and St James CE School Trust: Grant contribution towards staffing costs for the After School Club.

Let Me Play Group: Grant contribution towards staffing, activity, venue, and food costs for H&F children attending the School Holiday Projects.

continued...

11. MOVEMENT IN FUNDS - continued

London Communities Foundation: Grant contribution towards activities and support for children living in North Kensington.

Earls Court Development Company: Grant contribution towards Solidarity Sports After School Club and Family Den Under 5's Project.

Royal Borough of Kensington and Chelsea - Grenfell Project Fund: Grant contribution towards activities and support for children living in North Kensington. Partial payment received March 2024, with £6,000 payment received in April 2024.

The Childhood Trust: Donor funds received towards Big Give campaign to benefit the Summer Project.

Calleva Foundation: Contribution towards core costs, Teenage programme and Winter Support fund.

City Bridge Foundation: Support towards Health is Wealth project which provides activities and support to carers of preschool children.

H&F Giving: Contribution towards Winter Support Funds, supporting families affected by the ongoing cost of living crisis.

The Hargreaves Foundation: Contribution towards the development of our school holiday programmes, specifically specialist coaching.

Tudor Trust: Contribution towards overall core costs.

The Leathersellers' Foundation: Contribution towards core costs.

Grove Trust: Contribution towards core costs.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

SOLIDARITY SPORTS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Trusts and foundations	345,984	321,330
Individual giving	116,523	77,915
Government grants	71,270	46,167
Corporate partnerships	121,170	74,871
	654,947	520,283
Total incoming resources	654,947	520,283
EXPENDITURE		
Charitable activities		
Wages	149,665	123,171
Social security	11,362	10,193
Pensions	8,910	4,329
Trip bookings	61,235	42,999
Venue hire	4,015	9,434
Family support	114,558	72,693
Food for children	14,471	2,936
Volunteer expenses	2,626	3,350
Equipment	1,842	1,373
Transport	9,057	1,440
Sessional staff	137,466	120,150
Staff and volunteer wellbeing	1,505	-
	516,712	392,068
Other		
Wages	67,983	69,406
Social security	7,792	5,733
Pensions	5,961	2,435
Subscriptions	4,936	4,923
Telephone, internet and office costs	1,009	1,079
Staff and volunteer training	7,355	2,621
Staff and volunteer wellbeing	8,680	13,360
Miscellaneous expenses	3,975	2,097
Insurance	367	369
Accounting fees	3,465	3,525
Bank fees	282	357
Carried forward	111,805	105,905

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Other		
Brought forward	111,805	105,905
Fundraising	4,436	3,180
Subsistence	9,093	9,909
Entertainment	1,310	1,032
Travel	2,490	2,305
After school club materials	620	304
Meeting expenses	871	433
Repairs and maintenance	155	(182)
Office costs	323	341
Postage and stationery	86	122
Office light, heat and water	3,534	6,236
Improvements to property	2,380	2,380
Fixtures and fittings	479	479
	137,582	132,444
Total resources expended	654,294	524,512
Net income/(expenditure)	653	(4,229)

SOLIDARITY SPORTS

England & Wales - Charity number 1123589

Accounts



Solidarity Sports

Trustees' Report and Financial Statements

For the year ended 31 March 2024

Charity No 1123589

Charity Information

Trustees	Dr Melernie Meheux Mr Hassan Laroussi Mr Edward Harvey (*resigned 30.04.2023*) Mr Alain Mandy Ms Una McGuiness Dr Wajma Torkmani Mr Liam Mahoney
CEO	Mr Sean Mendez
Charity Registration Number	1123589
Registered Office	Seven Stars 253 North End Road London W14 9NS
Bankers	HSBC 92 Kensington High Street London W8 4SH
Independent Examiners	Bannerman Johnstone Maclay Ltd 213 St. Vincent Street Glasgow G2 5QY

Our Partners

h&f giving
IMMEDIATE MEDIA Co
THE HARGREAVES FOUNDATION
THE LEATHERSELLERS
sky cares
THE LOWE GROUP
THE MERCERS' COMPANY
The Daisy Trust
Supporting the Hammersmith and Fulham Community
The Steel Charitable Trust
CITY BRIDGE FOUNDATION
LMP GROUP
smart CURRENCY EXCHANGE
20 YEARS OF EXCELLENCE
Since 1618 HAMMERSMITH UNITED CHARITIES
YOUNG K&C
The Earls Court Development Company
THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA
h&f hammersmith & fulham
JackPetchey Foundation
Inspire • Motivate • Achieve
Beauty Banks
Peabody
JOHN LYON'S CHARITY
BNP PARIBAS
LIGHTBULB TRUST
The London Community Foundation
PGL
the grove trust
THE HURLINGHAM CLUB FOUNDATION
DR EDWARDS & BISHOP KING'S FULHAM CHARITY
Dads House Helping Dads...be Dads
The ChildhoodTrust
BUTTLE uk FOR CHILDREN & YOUNG PEOPLE
the Tudor trust

THE DISTRICT NURSING TRUST **THE CALLEVA FOUNDATION** **TURVILLE SCHOOL TRUST**

The trustees have the pleasure in presenting the report and independently examined financial statements for the year ended 31 March 2024.

Table of Contents

A MESSAGE FROM OUR CHAIR 4

TRUSTEES REPORT FOR THE YEAR ENDED 31 MARCH 2024 5

STRUCTURE, MANAGEMENT, GOVERNANCE AND OBJECTIVES ..... 6 - 8

ORGANISATIONAL BACKGROUND ..... 8 - 9

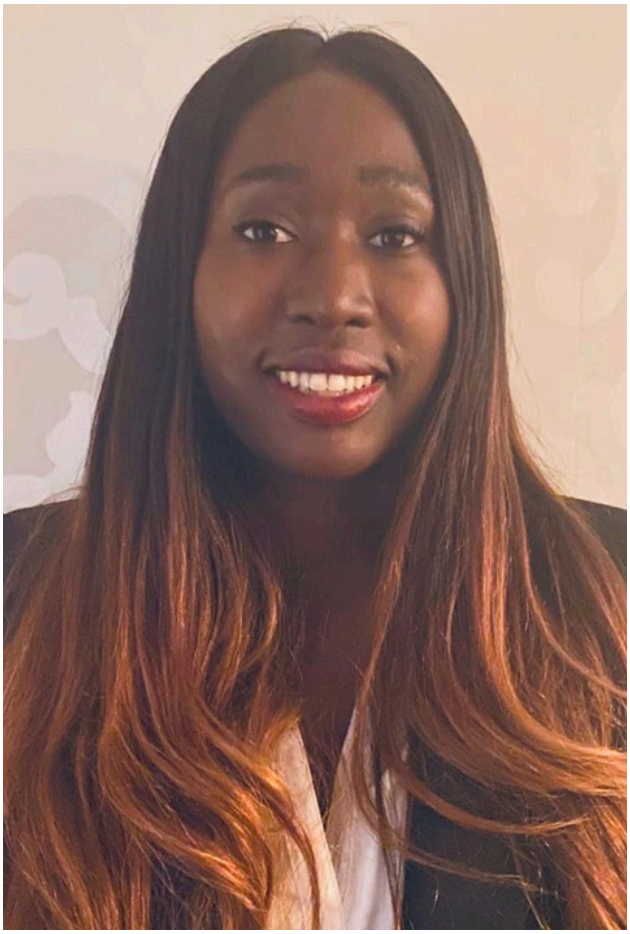
ACHIEVEMENTS AND IMPACT

1. IMPROVING CHILDREN'S PHYSICAL AND MENTAL WELLBEING 10
2. ADVANCING CHILDREN'S DEVELOPMENT, SKILLS AND RESILIENCE ..... 10 - 11
3. REDUCING BARRIERS TO LEISURE ACTIVITIES 12
4. FACILITATING DREAMS THROUGH THE HASHIM FAMILY LEGACY 12
5. WORKING WITH CARERS TO PROVIDE HOLISTIC FAMILY SUPPORT ..... 12 - 13
6. FINANCIAL AND FUNDRAISING REVIEW 15

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS 18

REPORT OF THE TRUSTEES 20
STATEMENT OF FINANCIAL ACTIVITIES 22
BALANCE SHEET 23
CASH FLOW STATEMENT 24
NOTES TO CASH FLOW STATEMENT 25
NOTES TO THE FINANCIAL STATEMENTS ..... 26 - 34
DETAILED STATEMENT OF FINANCIAL ACTIVITIES ..... 35 - 36

A Message from Our Chair



As both the Chair of Solidarity Sports and an Educational Psychologist, I have had the privilege of witnessing the profound, life-changing impact that the right support can have on a child's life. Many of the children we work with have endured complex trauma, experiences that leave deep scars and often make them feel isolated and hopeless. Yet, through our projects, I have seen these children rediscover joy, resilience, and a sense of belonging.

At Solidarity Sports, we create safe, nurturing environments where children can begin to heal. Whether through sports, creative arts, or shared moments of play, we help them rebuild trust in others and confidence in themselves. These moments are more than activities; they are lifelines, offering children a chance to reclaim their childhoods and imagine a brighter future. I know first-hand the transformative power of investing in young lives. Every act of support, whether it's offering a listening ear, introducing a child to a new skill, or simply showing them they matter can alter their trajectory in ways that ripple far beyond the present. It is this belief that underpins all we do at Solidarity Sports.

I want to take a moment to thank our incredible team of staff and volunteers, whose dedication and compassion make this work possible. Their commitment shines brightly, even in the face of the economic and social challenges we all face. To our ambassadors, donors, and supporters, your generosity and engagement mean the world to us. Together, we are creating a space where children can thrive, no matter what they have been through. It is a privilege to be part of this journey, and I look forward to continuing to champion the potential of every child we serve.

With hope for the future,



Dr. Melernie Meheux
Chair of Solidarity Sports

Trustees Report for the Year Ended 31 March 2024

Structure, Management and Governance

The charity is controlled by its governing document, its constitution, and constitutes a **Registered Charity (1123589)**. Solidarity Sports is governed by a Board of Trustees, chaired by Dr. Melernie Meheux. Trustees act in a voluntary capacity. Trustees are approved by the Board according to the contributions, skills, diversity, and value they bring, in effectively managing Solidarity Sports. The Board meets quarterly during the year to discuss and oversee the governance of the organisation.

New trustees who are elected may serve a period of 4 years, after which they can be re-elected by the Board. During the past year, one valued member of the Board stepped down after serving 5 years with Solidarity Sports. All board members complete an induction process to ensure they are fully aware of their responsibilities and must have an enhanced DBS checked. Board members work on a voluntary basis and receive no remuneration. Trustees are encouraged to visit our holiday projects throughout the year.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Public Benefit

The Trustees confirm that they have complied with Section 4 of the Charities Act 2011 by considering the Charity Commission's guidance on public benefit, 'Charities and Public Benefit', when reviewing the Charity's aims and planning future activities.

This report was approved by order of the Board of Trustees on 21st January 2025 and signed on their behalf by:



Dr. Melernie Meheux
Chair of Solidarity Sports

Management

Solidarity Sports is led by Sean Mendez, Founder and Chief Executive Officer, who is supported by a small team of 8 staff members (4 full-time and 4 part-time). This year saw growth in the team's structure, as we welcomed a new Head of Operations to support the fundraising and daily operational running. We recruited a Partnership and Admin Lead, a new role, to work closely with the Volunteer Manager to develop partnerships with universities and corporate businesses. On the delivery side, Solidarity Sports recruits wellbeing coaches to support and lead activities with our children throughout the year. This year, we worked with 18 freelance wellbeing coaches.

Volunteers

Volunteers are the lifeblood of our organisation and they are essential in maintaining our unique 1:2 adult- to-child ratio that sets us apart from other organisations.

"It was incredible to see how engaged the children were during basketball. Not a single child sat out during the session, and even those who are more reserved when it comes to taking part in physical activity got involved!"
-Staff Member

This year, we worked with over 400 volunteers, 60% of whom were corporate volunteers. This growth reflects our dedication to creating meaningful relationships with corporate partners, universities, and the community. Most volunteers are aged 18-25, often former beneficiaries, bringing empathy and lived experience. Their ability to connect with our children helps create a safe space where they can play freely and feel valued. Additionally, giving back provides our young volunteers with valuable life and employment skills.

It is mandatory for all volunteers to have an up-to-date enhanced DBS check, complete a safeguarding quiz and attend our bespoke in-house training, 'Understanding Vulnerable Children'. New volunteers who wish to continue volunteering with Solidarity Sports are referred to complete the Level 1 Child Safeguarding course through the local authority and are encouraged to advance through to Level 3. By expanding our corporate volunteer base, Solidarity Sports children interact with adults from diverse backgrounds, broadening their horizons. Many corporate volunteers have such a positive experience that they return outside their company-allocated days, which is a wonderful testament to their time with us.

This year, we offered corporate volunteer places to the following companies:

Dunnhumby, The Lowe Group, Sky Cares, Legal and General, Immediate Media, Neighbourly, FCA (Financial Conduct Authority), Virgin Media, Nokia, Simply Business, Hays, Smart Currency Exchange and BNP Paribas.

Professional volunteers have continued to provide specialist guidance through the year, including change management, IT, and HR support, thus saving the organisation tens of thousands of pounds.

Events

In September 2023 we held our a Volunteer Appreciation Night in honour of our volunteers. To continue attracting and retaining quality volunteers, this year we launched a new incentive scheme. Benefits include signed-off work experience hours, certificates, references from staff members, training, and social events.

"For me personally, I grew up in the system. I was in Children's Services and raised by one parent. Volunteering means everything to me...it's about giving kids the substance, guidance, and support they need to grow up, along with the critical advice to help them face obstacles and tough times. It's almost like going back in time and watching myself grow up. It means a lot to me, and I love helping in any way I can."

-Andre, Volunteer







Objectives

Solidarity Sports' mission is to nurture the wellbeing of disadvantaged children by creating a safe and loving environment where happy memories flourish. Our aim is to deliver healthy and stimulating activities in London to children who are recovering from complex trauma.

Charitable Objectives:

- Improve the physical, mental and emotional wellbeing of children; particularly children living in poverty and living with trauma
- Advance children's development, education, and resilience to improve their chances for success
- Reduce barriers to participation in leisure activities for children who have historically been excluded
- Grow and honour the Hashim Family Legacy by facilitating the dreams of our children
- Provide holistic family support by working with carers to give children the best care and chance in life

Organisational Background:

Solidarity Sports was founded on the belief that **every child deserves happiness**.
Established in 2007, we started out as an after-school football club. Since then, we have evolved adding healthy eating initiatives, arts, educational group trips, mentorship programs, after school clubs, holidays in the UK and abroad, and wellbeing support for parents and carers. The glue that binds our programmes together is a commitment to creating a safe, inclusive, and loving environment where children can play together and create happy memories.

"Your work makes me feel like I'm not alone anymore and that when I have a bad day, it will get better. Thank you so much." ***- Parent***



Caring for London's Vulnerable Children

Solidarity Sports cares for children and families in West London, who are deeply affected by the intersecting issues of poverty, trauma, and housing instability. We serve communities Kensington & Chelsea, Hammersmith & Fulham, and in the past year we have been able to increase provision to support children and families in Westminster. Our services and activities are tailored for children, from birth to 17 years, who have experienced trauma, which is compounded by living in poverty amidst wealth. 40% of children who access our projects live in Kensington & Chelsea, considered to be the "richest" borough in the UK. However, extreme disparity divides the North and South of the borough, where 6,000 children and young people live in poverty, 45% of whom live in just three north Kensington wards: Notting Dale, Golborne and Dalgarno.



This year, children accessing our projects were referred by Children's Services in Kensington & Chelsea (40%) and Hammersmith & Fulham (60%). We also receive referrals from Westminster Children's Services, food banks, schools, and domestic abuse shelters. We work closely with community organisations, such as a West London Welcome and Migrant Organise, to support asylum seeking and refugee children and their families. We also witnessed a 10% increase in referrals for children with learning disabilities and Autism. Each referral is reviewed by our Family Wellbeing & Safeguarding Lead who can escalate referrals to specialised services.

Expanding our Support to Meet a Growing Need

This past year, we established a new partnership with **Great Ormond Street Children's Hospital (GOSH),** specifically to support children who are affected by the complications of obesity. Referrals are made by the Complications from Excess Weight Clinic (CEW), who care for children and young people <18 years old experiencing a wide range of health issues including diabetes, heart diseases, sleep apnoea, and poor mental health. This year, we offered our projects to 5 children, inviting them to participate in school holiday projects, summer residential trips and mentoring. Our team offered fun and challenging physical activity opportunities, emotional support, and nutritional education. Children benefitted from increases in confidence, happiness, and positive changes in the family home dynamic, alongside safe reductions in weight. We have continued to receive referrals from the clinic and look forward to developing our partnership with GOSH.

Achievements and Impact

1. **Improving Children's Physical and Mental Wellbeing**

This year, we expanded our school holiday trips, giving more children opportunities to explore their city, stay active, and build social connections. We ran 13 weeks of holiday projects across four West London locations, supporting vulnerable children facing food insecurity, poor housing, and complex home lives. To counter these challenges, we provide free, enriching daily trips, ensuring safety with our 1:2 adult-to-child ratio.

Summer Project 2023

The theme for Summer 2023 was "SOS – Summer of Solidarity!". We are grateful to have continued our partnerships with Holland Park School and All Saints Sixth Form College, who opened their facilities over four weeks of the summer holidays for the enjoyment of our children. Between Monday to Friday during these four weeks, we planned a schedule of sports, arts, and play-inspired activities, which are delivered by experienced and trained Solidarity Sports coaches. In the final week of "SOS – Summer of Solidarity!", we arranged special outings across London, including a beach day at Southend-on-Sea.



Addressing Food Insecurity

Over the school holidays, financial pressure on parents and carers increases, especially for those relying on Free School Meals. Our Summer 2023 project was partly funded by the HAF program through Hammersmith & Fulham and Kensington and Chelsea local authorities, allowing us to provide 2,250 healthy meals to children attending our activities. For those who didn't meet HAF requirements, we continued offering nutritious meals through partnerships with local food banks**. Every child in our care received daily healthy lunches, with additional support for families in temporary accommodation or with no recourse to public funds.**

2. **Advancing Children's Development, Skills, and Resilience**

During the 2023 Summer Project, we were delighted to collaborate with community organisations to introduce new activities that nurtured our children's confidence, skills, and future opportunities. Activites included drama lessons with Tie Dye Drama, basketball coaching with London Knights and a special photography workshop with acclaimed photographer Alison Jackson, each experience encouraged creativity, teamwork, and personal development.



Mentor Programme

This year, 30 children participated in our mentoring scheme - a six-month structured programme with weekly one-to-one sessions. Children referred often face complex challenges and need additional support beyond our school holiday projects. For example, children attending may be dealing with bereavement, court proceedings, low confidence, caregiving responsibilities, or extreme weight management challenges. Each week, an activity is planned, such as visiting a museum, park, city farm, pottery, bouldering and swimming. Mentors complete training before being 'matched' with a child and receive ongoing clinical supervision from our Family Wellbeing and Safeguarding Lead. This year, our mentoring programme contributed to the de-escalation of 19 child protection and child-in-need plans with Children's Services.

After-School Activities

Thrive Club; we continued our fantastic 'Thrive After-School Club' at St. Clement and St. James Primary School in North Kensington. Activities take place three times a week reaching the schools most vulnerable children who are unable to take part in mainstream extracurricular activities due to their additional needs.

This project is funded by John Lyon's Charity School in Partnerships, with Solidarity Sports as the partner. We are so pleased with this partnership and believe our aligned values of creativity, compassion and care is the why this project is oversubscribed (and why many children who attend the mainstream school activities request to join Thrive!).

"[My son] loved the science museum and ice skating; he wouldn't stop talking about it! He loves everything you guys do; for me, it means so much to know my son is well looked after and entertained." ***- Parent.***

Thrive has also become a lifeline for carers and has allowed for cross-referrals. For example, our team has identified families in need of specialist services that were not picked up due to a lack of trust in Children's Services. By slowly building trust with these families, Solidarity Sports has been able to make meaningful referrals for at-risk children.

Champions Club

We have continued to offer homework support at our Hub in West Kensington, increasing our reach during term time and helping more children stay on track in school. Champions Club, our two-hour after-school programme, provides one-to-one support using school-approved AI driven platform - IXL, which tailors content to each child's needs. By creating a focused and encouraging environment, our homework club helps children struggling in school improve their academic performance.

3. Reducing Barriers to Leisure Activities

This year, 42 children joined Solidarity Sports for a unique and memorable five-day holiday to PGL Osmington Bay and Turville. Many had never been away from home or had the chance to leave London. Based on feedback, we changed our PGL trip to a new location in Dorset, bringing children closer to the beach. This allowed them to try new water sports like paddleboarding and take part in exciting activities, including zip wire, fencing, archery, and aeroball. Beyond the activities, children received three nutritious meals and daily support from adults, who encouraged good hygiene habits and taught essential life skills like learning how to brush your teeth and keep your room tidy.



This year also saw a new partnership formed with the Turville School Trust, allowing 12 children to attend a holiday in Buckinghamshire. Children spent time in the countryside participating in activities like horse riding and raft building. We are truly thankful to the Turville School Trust for welcoming our children and allowing them to take part in incredible experiences.

4. Facilitating Dreams Through the Hashim Family Legacy

We have continued to honour the legacy of Firdaws Hashim, a young girl who lost her life in the Grenfell Tower fire in 2017. In April 2023, we took 20 children on a life-changing trip to Disneyland Paris a special annual tradition that allows children to fulfil a dream that Firdaws was never able to. Our trip to Paris is always memorable, as children fully immerse themselves in French culture, try new foods, make new friends, and step out of their comfort zones.

5. Working with Carers to Provide Holistic Family Support

Over the past year, Solidarity Sports has provided extensive family support through practical and emotional services. These include food parcels, discretionary oyster card top-ups, combating digital poverty, referrals to adult education courses, job centres, and support with essential items e.g. school uniforms and winter clothing.

For children and families facing extreme hardship our team helped with daily tasks, such as school pick-ups, attending appointments and court hearings, alongside the parent or carer.



Health is Wealth Project

In the past year, we have scaled-up the *Health is Wealth* project, which offers practical and emotional support for parents and carers. Activities include coffee mornings, reflexology, and yoga sessions. Many parents and carers we work with are recovering from trauma. By addressing their needs, the project helps to improve their mental health, reduce loneliness, and strengthen family relationships, creating safer and more stable home environment.

Our aim is for carers to be able to access vital resources. Our team has made referrals to specialist services like therapy, legal aid, and employment support. Families who are facing the cost-of-living crisis have been further supported through donations raised in fundraising campaigns like the Big Give Christmas Challenge, which enabled the distribution of food vouchers and energy top-ups. To provide immediate intervention for families, we purchased winter clothing, school uniforms and home appliances e.g. air fryers.

Grandparents Rock Project

We are very excited about a our new project: Grandparents Rock. Due to various challenges and difficulties in parents' lives, grandparents often step in to become the primary carers for their grandchildren, preventing the child from entering the care system and saving the state millions of pounds.

Unfortunately, these carers get little-to-no support from the state and face their own financial and practical challenges caring for young children full-time. We organise weekly outings for these carers, offering a space to connect with other grandparents, take time for themselves and to feel valued for their incredible role in their grandchild(ren)'s life.

"I am so sad that we have to leave, I won't get to see the stars in London".
- Girl, 8 years old at Turville

Lucy's Story

In 2023, our team received a distressing call from Lucy* - a mother we have supported for four years.

Lucy shared: ***"His liver is failing, and the doctors tell me he now weighs 108 kg. I'm scared of losing my son; I'm scared he's going to die."***

Her son, Harry*, spent two weeks at Great Ormond Street Hospital. During this time, Lucy called us almost daily, sharing his struggles:

"They bully him in school; they call him names. At home, he's always sad, and he's started to hurt himself. I'm worried… what will life be like when he goes to secondary school?"

We took urgent action, taking Harry on a five day adventure holiday to PGL Osmington Bay. He participated in sports, followed a healthy eating plan, and spent time with caring adults by the beach. Harry lost 7kg. Though a significant achievement, when he returned home he regained the weight.

Lucy confided: ***"I stopped taking him to his doctor's appointments. I love my son, but they make me feel like I'm a bad parent. They make me cry, and I don't trust them. I only want him to spend time with his Solidarity Sports family. My son is happy when he is with you; he comes home smiling and tells me all about his friends."***

Now weighing 120 kg, we intervened again, taking Harry on a four-day trip to France. With support from a leading nutritionist, we implemented a healthy eating and wellbeing plan for his return home.

Harry said: ***"Paris is the best city! I loved watching the Eiffel Tower light up at night, and I liked trying new things, like snails for the first time. They're not that bad… they taste like garlic."***

Through open and honest communication, we encouraged Harry to make healthier choices. He lost 4 kg and later an additional 2 kg.

Harry shared: ***"I decided I was going to give everything my best shot. I feel proud of myself for losing weight."***

We continue to support the family with frequent contact, and Harry now has weekly mentoring with a trusted adult.

Over the holidays, Lucy sent this message: ***"Thank you to my Solidarity Sports for everything you have done for me and my son. You make us so happy. I feel lucky to have you in my life."***

6. Financial and Fundraising Review

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This year, Solidarity Sports raised £520,283 (£583,203 in 22/23), to continue our mission in improving children's wellbeing in West London.

62% of our income was raised from Trusts & Foundations, which has maintained steady at £321,330 (£320,483 in 22/23) and strengthened through new multi-year funding grants from The Leathersellers and City Bridge Foundation.

15% of our income was raised from Individual Giving, where we experienced a shortfall from the year before (£77,915 compared to £208,159 in 22/23). Although this is a significant drop in Individual Giving, we understand this to be attributed to the highly successful online campaign we ran in 2022 for families affected by the Cost-of-Living Crisis (which was at its peak in 2022).

A key area of revenue growth this year has been in Corporate Partnerships, accounting for 14% of our income. We have invested our fundraising resources into increasing investment from key corporate partnerships, including BNP Paribas and Smart Currency Exchange. This year, three key partners signed up to our 'Corporate Memory Maker' programme, committing to annual financial support.

A further 9% of income was raised from Government Grants, the majority attributed to from the government's Holiday, Activities and Food programme (HAF) which we receive from both Hammersmith and Fulham and Kensington and Chelsea local authorities. This funding has been critical in tackling food insecurity among our children eligible for free school meals (FSM) which is exacerbated over school holidays.

We have also made a significant investment in our premises, where we hold an in-kind five-year lease, greatly enhancing our impact. This space has allowed us to offer more activities and maintain regular contact with our families throughout the year

We are incredibly grateful to Solidarity Sports' funders for supporting our work. In particular, we would like to thank:

City Bridge Foundation, The Leathersellers, The Hargreaves Foundation, The Tudor Trust, Grenfell Project Fund (through RBKC), The Grove Trust, London Community Foundation, The Calleva Foundation, The Steel Charitable Trust, H&F Giving, The Mercers Company, John Lyons Foundation, Hammersmith United Charities, Lightbulb Trust, The Childhood Trust and The Earls Court Development Company.



Reserves Policy

Recognising the strategic risk of not securing sufficient funding to cover our core costs, trustees regularly monitor Solidarity Sports' financial position, seeking to ensure that sufficient reserves are on hand to cover our projected running costs for at least six months. We believe that this reserve is prudent and allows the charity to address its principal objectives of raising funds for its charitable objectives with confidence. More importantly in the past we have had to use our reserves for urgent, critical support during acute periods of need for our most vulnerable families. Our reserves strengthen our financial resilience but moreover they allow us to continue to be nimble, agile, and responsive to the unpredictable, precarious needs of some of our families.

During the last year we saw a huge spike in demand for our teenage project and looking ahead we know that many of our children are going to graduate into this age bracket in the upcoming year. The trustees have therefore decided to invest immediately in greater support for this group. They have designated £40k to fund a dedicated part time worker to support them into pathways to employment, to run ongoing engagement sessions, and to pay for a dedicated residential trip like we do with the other groups. Within 2025, this money will be ringfenced for this, with the long-term ambition being to use the data, learning and feedback acquired to fundraise effectively for this programme in the future.

At the end of this current financial period, our free reserves after designation represented approximately 7 months running costs which is within the policy set by trustees.

"I can't believe I'm actually on a beach... I've never been to the beach before. There are rocks everywhere, and it's so beautiful."
- Girl, 9 years old, at PGL









The notes form part of these financial statements

Independent Examiner's Report to The Trustees of Solidarity Sports

Independent examiner's report to the trustees of Solidarity Sports
I report to the charity trustees on my examination of the accounts of Solidarity Sports (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants of Scotland, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Douglas Paton BSc CA
The Institute of Chartered Accountants of Scotland

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

Date: 27 January 2025

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

FOR

SOLIDARITY SPORTS

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. Any surplus of unrestricted funds is carried forward to future periods, and may be expended in accordance with the charity's constitution as the Trustees decide.

Income from restricted sources is expended in the year to which it relates. Any surplus remaining at the end of the year is carried forward to the next financial year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its constitution, and constitutes an unincorporated charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1123589

Principal address

253 North End Road
London
W14 9NS

Trustees

E Harvey (resigned 30.4.23)
Dr M Meheux
Ms U McGuinness
H Laroussi
A Mandy
Dr W Torkmani
L Mahoney

Independent Examiner

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

Approved by order of the board of trustees on 27 January 2025 and signed on its behalf by:

Dr. Melernie Meheux
Chair of Solidarity Sports

Independent examiner's report to the trustees of Solidarity Sports
I report to the charity trustees on my examination of the accounts of Solidarity Sports (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants of Scotland, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Douglas Paton BSc CA
The Institute of Chartered Accountants of Scotland

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

27 January 2025

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	374,181	146,102	520,283	583,203
EXPENDITURE ON					
Charitable activities	3				
Charitable activities		254,368	137,700	392,068	308,014
Other		129,077	3,367	132,444	208,176
Total		383,445	141,067	524,512	516,190
NET INCOME/(EXPENDITURE)		(9,264)	5,035	(4,229)	67,013
Transfers between funds	11	19,416	(19,416)	-	-
Net movement in funds		10,152	(14,381)	(4,229)	67,013
RECONCILIATION OF FUNDS					
Total funds brought forward		355,584	14,381	369,965	302,952
TOTAL FUNDS CARRIED FORWARD		365,736	-	365,736	369,965

The notes form part of these financial statements

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	8	7,709	-	7,709	10,295
CURRENT ASSETS					
Debtors	9	31,444	-	31,444	13,808
Cash at bank and in hand		341,589	-	341,589	371,757
		373,033	-	373,033	385,565
CREDITORS					
Amounts falling due within one year	10	(15,006)	-	(15,006)	(25,895)
NET CURRENT ASSETS		358,027	-	358,027	359,670
TOTAL ASSETS LESS CURRENT LIABILITIES		365,736	-	365,736	369,965
NET ASSETS		365,736	-	365,736	369,965
FUNDS	11				
Unrestricted funds				365,736	355,584
Restricted funds				-	14,381
TOTAL FUNDS				365,736	369,965

The financial statements were approved by the Board of Trustees and authorised for issue on 27 January 2025 and were signed on its behalf by:

Dr. Melernie Meheux
Chair of Solidarity Sports

The notes form part of these financial statements

SOLIDARITY SPORTS

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	(29,895)	72,424
Net cash (used in)/provided by operating activities		(29,895)	72,424
Cash flows from investing activities			
Purchase of tangible fixed assets		(273)	(13,062)
Net cash used in investing activities		(273)	(13,062)
Change in cash and cash equivalents in the reporting period		(30,168)	59,362
Cash and cash equivalents at the beginning of the reporting period		371,757	312,395
Cash and cash equivalents at the end of the reporting period		341,589	371,757

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(4,229)	67,013
Adjustments for:		
Depreciation charges	2,859	3,097
Increase in debtors	(17,636)	(2,664)
(Decrease)/increase in creditors	(10,889)	4,978
Net cash (used in)/provided by operations	(29,895)	72,424

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank and in hand	371,757	(30,168)	341,589
	371,757	(30,168)	341,589
Total	371,757	(30,168)	341,589

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

Monetary amounts in these financial statements are rounded to the nearest £.

Critical accounting judgements and key sources of estimation uncertainty
The trustees consider there to be no critical accounting estimates and judgements.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Unrestricted grants and other income are accounted for in the year in which they are receivable. Restricted grants and other income are accounted for in the year in which the projects are expected to take place.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Charitable activities
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Tangible fixed assets
Tangible assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses. Cost includes the original purchase price, costs directly attributable to bringing the asset to its working condition for its intended use, dismantling and restoration costs.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	-	20% on cost
Fixtures and fittings	-	33% on cost
Computer equipment	-	33% on cost

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

continued...

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments
The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include certain debtors and cash and bank balances, are initially measured at transaction price including transactions costs and are subsequently carried at amortised cost using the effective interest method. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities
Basic financial liabilities, including certain creditors are initially recognised at transaction price. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Trusts and foundations	321,330	320,483
Individual giving	77,915	208,159
Government grants	46,167	37,000
Corporate partnerships	74,871	17,561
	520,283	583,203

continued...

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 4)
	£
Charitable activities	392,068

4. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024	2023
	£	£
Staff costs	137,693	101,560
Trip bookings	42,999	65,737
Venue hire	9,434	11,533
Family support	72,693	13,755
Food for children	2,936	12,315
Volunteer expenses	3,350	2,901
Equipment	1,373	4,482
Transport	1,440	5,714
Sessional staff	120,150	90,017
	392,068	308,014

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

6. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	192,577	179,904
Social security costs	15,926	15,490
Other pension costs	6,764	7,726
	215,267	203,120

The average monthly number of employees during the year was as follows:

	2024	2023
Staff	5	6

The number of employees whose total employee benefits excluding pension contributions earning over £60,000, classified within bands of £10,000 is as follows:

	2024	2023
£60,000 - £69,999	1	-

continued...

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	431,402	151,801	583,203
EXPENDITURE ON			
Charitable activities			
Charitable activities	199,031	108,983	308,014
Other	140,703	67,473	208,176
Total	339,734	176,456	516,190
NET INCOME/(EXPENDITURE)	91,668	(24,655)	67,013
RECONCILIATION OF FUNDS			
Total funds brought forward	263,916	39,036	302,952
TOTAL FUNDS CARRIED FORWARD	355,584	14,381	369,965

8. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2023	11,899	3,851	6,187	21,937
Additions	-	273	-	273
At 31 March 2024	11,899	4,124	6,187	22,210
DEPRECIATION				
At 1 April 2023	2,380	3,075	6,187	11,642
Charge for year	2,380	479	-	2,859
At 31 March 2024	4,760	3,554	6,187	14,501
NET BOOK VALUE				
At 31 March 2024	7,139	570	-	7,709
At 31 March 2023	9,519	776	-	10,295

continued...

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	25,444	13,808
Prepayments and accrued income	6,000	-
	31,444	13,808

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	745	-
Taxation and social security	10,388	9,310
Other creditors	3,873	16,585
	15,006	25,895

11. MOVEMENT IN FUNDS

	At 1.4.23	Net movement in funds	Transfers between funds	At 31.3.24
	£	£	£	£
Unrestricted funds				
General fund	355,584	(9,264)	19,416	365,736
Restricted funds				
Other miscellaneous restricted funds	6,881	(965)	(5,916)	-
St Clement and St James CE School Trust	7,500	-	(7,500)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	-	6,000	(6,000)	-
	14,381	5,035	(19,416)	-
TOTAL FUNDS	369,965	(4,229)	-	365,736

continued...

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	374,181	(383,445)	(9,264)
Restricted funds			
Other miscellaneous restricted funds	3,721	(4,686)	(965)
Octavia	9,558	(9,558)	-
Let Me Play Group	48,383	(48,383)	-
London Community Foundation	20,000	(20,000)	-
Earls Court Partnership	14,000	(14,000)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	26,000	(20,000)	6,000
London Borough of Hammersmith and Fulham	1,440	(1,440)	-
The Childhood Trust	7,500	(7,500)	-
John Lyons	5,000	(5,000)	-
Young K&C	10,500	(10,500)	-
	146,102	(141,067)	5,035
TOTAL FUNDS	520,283	(524,512)	(4,229)

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	263,916	91,668	355,584
Restricted funds			
Other miscellaneous restricted funds	-	6,881	6,881
BBC Children in Need	29,574	(29,574)	-
Octavia	3,154	(3,154)	-
K&C Foundation	6,308	(6,308)	-
St Clement and St James CE School Trust	-	7,500	7,500
	39,036	(24,655)	14,381
TOTAL FUNDS	302,952	67,013	369,965

continued...

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	431,402	(339,734)	91,668
Restricted funds			
Other miscellaneous restricted funds	41,103	(34,222)	6,881
BBC Children in Need	-	(29,574)	(29,574)
Octavia	10,000	(13,154)	(3,154)
K&C Foundation	-	(6,308)	(6,308)
St Clement and St James CE School Trust	7,500	-	7,500
Hammersmith United Charities	10,000	(10,000)	-
Let Me Play Group	48,198	(48,198)	-
London Community Foundation	1,500	(1,500)	-
The Freeman Family Trust	33,500	(33,500)	-
	151,801	(176,456)	(24,655)
TOTAL FUNDS	583,203	(516,190)	67,013

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	263,916	82,404	19,416	365,736
Restricted funds				
Other miscellaneous restricted funds	-	5,916	(5,916)	-
BBC Children in Need	29,574	(29,574)	-	-
Octavia	3,154	(3,154)	-	-
K&C Foundation	6,308	(6,308)	-	-
St Clement and St James CE School Trust	-	7,500	(7,500)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	-	6,000	(6,000)	-
	39,036	(19,620)	(19,416)	-
TOTAL FUNDS	302,952	62,784	-	365,736

continued...

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	805,583	(723,179)	82,404
Restricted funds			
Other miscellaneous restricted funds	44,824	(38,908)	5,916
BBC Children in Need	-	(29,574)	(29,574)
Octavia	19,558	(22,712)	(3,154)
K&C Foundation	-	(6,308)	(6,308)
St Clement and St James CE School Trust	7,500	-	7,500
Hammersmith United Charities	10,000	(10,000)	-
Let Me Play Group	96,581	(96,581)	-
London Community Foundation	21,500	(21,500)	-
The Freeman Family Trust	33,500	(33,500)	-
Earls Court Partnership	14,000	(14,000)	-
Royal Borough of Kensington and Chelsea - Grenfell Project Fund	26,000	(20,000)	6,000
London Borough of Hammersmith and Fulham	1,440	(1,440)	-
The Childhood Trust	7,500	(7,500)	-
John Lyons	5,000	(5,000)	-
Young K&C	10,500	(10,500)	-
	297,903	(317,523)	(19,620)
TOTAL FUNDS	1,103,486	(1,040,702)	62,784

St Clement and St James CE School Trust: Grant contribution towards staffing costs for the After School Club.

Hammersmith United Charities: Grant contribution towards general project costs for the Easter Project.

Let Me Play Group: Grant contribution towards staffing, activity, venue, and food costs for H&F children attending the School Holiday Projects.

London Communities Foundation: Grant contribution towards activities and support for children living in North Kensington.

Octavia: Grant contribution towards general project costs for the Summer Project.

The Freeman Family Trust: Grant contribution towards Family Support.

Earls Court Partnership: Grant contribution towards Solidarity Sports After School Club and Family Den Under 5's Project.

Royal Borough of Kensington and Chelsea - Grenfell Project Fund: Grant contribution towards activities and support for children living in North Kensington. Partial payment received March 2024, with £6,000 payment received in April 2024.

The Childhood Trust: Donor funds received towards Big Give campaign to benefit the Summer Project.

continued...

11. MOVEMENT IN FUNDS - continued

Young K&C: Grant contribution towards project costs for the Summer Holiday Project.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Trusts and foundations	321,330	320,483
Individual giving	77,915	208,159
Government grants	46,167	37,000
Corporate partnerships	74,871	17,561
	520,283	583,203
Total incoming resources	520,283	583,203
EXPENDITURE		
Charitable activities		
Wages	123,171	89,952
Social security	10,193	7,745
Pensions	4,329	3,863
Trip bookings	42,999	65,737
Venue hire	9,434	11,533
Family support	72,693	13,755
Food for children	2,936	12,315
Volunteer expenses	3,350	2,901
Equipment	1,373	4,482
Transport	1,440	5,714
Sessional staff	120,150	90,017
	392,068	308,014
Other		
Wages	69,406	89,952
Social security	5,733	7,745
Pensions	2,435	3,863
Resources	4,923	4,155
Telephone, internet and office costs	1,079	2,068
Staff and volunteer training	2,621	2,453
Staff and volunteer wellbeing	10,378	1,028
Miscellaneous expenses	2,097	1,614
Insurance	369	383
Accounting fees	3,525	11,010
Bank fees	357	118
Staff benefits	2,982	2,604
Fundraising	3,180	173
Subsistence	9,909	2,517
Entertainment	1,032	52
Interest paid	-	26
Travel - national	2,305	2,476
Carried forward	122,331	132,237

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
Other		
Brought forward	122,331	132,237
After school club materials	304	277
Meeting expenses	433	206
Repairs and maintenance	(182)	67,925
Office costs	341	2,255
Postage and stationery	122	204
Office light, heat and water	6,236	1,975
Improvements to property	2,380	2,380
Fixtures and fittings	479	560
Computer equipment	-	157
	132,444	208,176
Total resources expended	524,512	516,190
Net (expenditure)/income	(4,229)	67,013

SOLIDARITY SPORTS

England & Wales - Charity number 1123589

Accounts



Solidarity Sports

Trustees' Report and Financial Statements

For the year ended

31 March 2023

Charity No 1123589

TABLE OF CONTENTS

TABLE OF CONTENTS 1
CHARITY INFORMATION 2
PARTNERS 3
TRUSTEES' REPORT 4
1. OBJECTIVES & ACTIVITIES 4
Objectives 4
Organisational background 4
Beneficiaries 5
2. ACHIEVEMENTS AND IMPACT 6
Holiday Projects 6
Summer 2022 7
Family Support 9
Mentoring 10
3. ORGANISATIONAL GROWTH 11
Office Refurbishment & Launch 11
Fundraising 11
Volunteers 12
4. Structure, governance and management 13

CHARITY INFORMATION

Trustees	Dr Melernie Meheux Mr Edward Harvey* Mr Ramzi Rafih* Mr Hassan Laroussi Mr Alain Mandy Ms Una McGuiness Dr Wajma Torkmani** Mr Liam Mahoney**
CEO	Mr Sean Mendez
Charity Registration Number	1123589
Registered Office	Seven Stars 253 North End Road London W14 9NS
Bankers	HSBC 92 Kensington High Street London W8 4SH
Independent Examiners	Bannerman Johnstone Maclay Ltd 213 St. Vincent Street Glasgow G2 5QY

**Resigned April 2023*

***Appointed March 2023*

PARTNERS


the Tudor trust

The Childhood Trust

OCTAVIA

the grove trust

THE KENSINGTON & CHELSEA FOUNDATION

THE MERCERS' COMPANY

Dads House
Helping Dads...be Dads

PGL

The London Community Foundation

KX

BBC Children in Need

BNP PARIBAS

The Earls Court Development Company

h&f
hammersmith & fulham

sky cares

COMMUNITY FUND

KidZania

LIGHTBULB TRUST

We are
united
IN HAMMERSMITH FULHAM
Join us at UnitedHF.org

Since 1618
HAMMERSMITH UNITED CHARITIES

THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA

WEST WAY TRUST

smart
CURRENCY EXCHANGE

The Daisy Trust
Founded in 1981

TRUSTEES' REPORT

The trustees present their report and financial statements for the year ended 31 March 2023.

1. OBJECTIVES & ACTIVITIES

Objectives

The charity nurtures the well-being of children in West London who are recovering from severe trauma. Our aim is to deliver happiness through participation in healthy and stimulating activities.

Specific objectives are to:

- Improve the physical, mental and emotional well-being of children; particularly children living in poverty and recovering from trauma;
- Advance children's development, education, and resilience to improve their chances for success;
- Reduce barriers to participation in leisure activities for children who have historically been excluded;
- Grow and honour the Hashim Family Legacy by facilitating the dreams of our children;
- Provide holistic family support by working with carers to give children the best care and chance in life.

Organisational background

Solidarity Sports was founded on the belief that every child deserves happiness.

Established in 2007, we started out as an after-school football club. Since then, we have evolved beyond just sports, adding healthy eating initiatives, arts, educational group trips, mentorship programs, and holidays in the UK and abroad.

The glue that binds our programmes together is a commitment to creating a safe, open-minded, inclusive, and loving environment where children can play together and create happy memories.

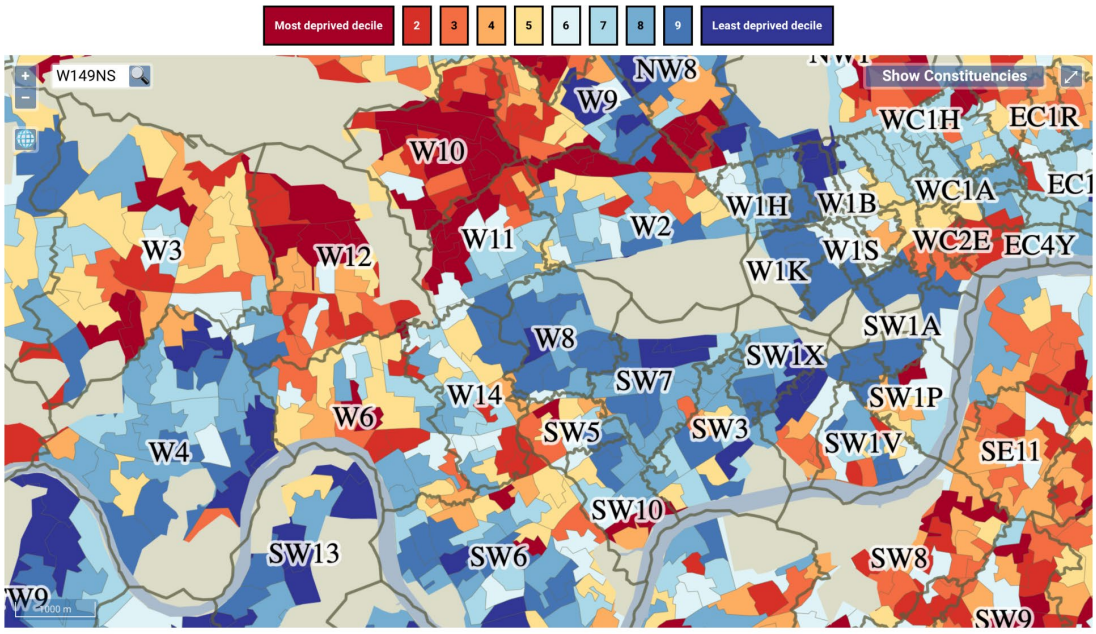
Beneficiaries

Our services and activities are tailored for children, aged between 5 to 17 years, who face multiple disadvantages and have experienced complex trauma. We receive 95% of referrals from Social Services, who entrust us to care for the most vulnerable children in these boroughs.

Many of our children face difficulties at school, making friends or struggling to regulate themselves and express emotions due to adverse experiences. Their cognitive and social development is impacted by chronic trauma, including abuse, abandonment, displacement, and bereavement. We also care for children who have Special Educational Needs, including those with Autism.

Over 96% of our families live in social housing, often of such poor quality that children's health and development is compromised. Eighty-five percent (85%) of our children speak English as an additional language. It is common for children to bear the burden of translating and communicating on behalf of their parents. Eighty-six percent 86% of children are from minority ethnic backgrounds.

Forty-five percent (45%) of our children live in London's richest borough, Kensington and Chelsea (RBKC). Three wards in the borough fall in the three 'most deprived' deciles, according to the English Index of Multiple Deprivation, whilst three wards are in the 'least deprived' deciles. Our children live and grow up in a hugely disparate region of London, where there is a 22-year difference in life expectancy between the richest and poorest ward (*Figure 1*).



(Figure 1: English Index of Multiple Deprivation, rebased for London. Source, Trust for London)

2. ACHIEVEMENTS AND IMPACT

Holiday Projects

During school holidays, children join us for a range of stimulating and enriching activities across London. Trips enable children to explore the city they live in, engage in daily physical activities, develop friendships, and create happy memories.

In the past year, we continued to expand our reach to meet the increasing demand for our services. We increased provision from two locations to four, now delivering activities across Hammersmith, Shepherds Bush, Notting Hill, and Earls Court, simultaneously.

Our children's safety remains our priority during trips, and we have continued to maintain our unique ratio of 1 adult to every 2 children, throughout projects.

Between April 2022 and March 2023, we delivered trips during Easter, May Half Term, Summer, October Half Term, Christmas, and February Half Term.

"My children always love it when they attend during the holidays. The Solidarity Sports Team has provided them adventures and trips to places I have not been able to take them to, for that I am grateful… because of these experiences they never feel left out."

Parent of two children who attended our Easter Holiday activities



Table below shows the number of children and volunteers engaged in school holiday activities between 2022/23.

Holiday Projects 2022-23	Children	Volunteers
Easter 2022	92	63
May Half Term 2022	92	63
Summer 2022	123	151
October Half Term 2022	116	82
Christmas 2022	121	140
February 2023	106	109

Activities and Impact (continued)

Summer 2022

We were thrilled to return to Westway Sports Centre for the first week of the project. Many of our children are sedentary in their home lives, which we aim to counteract by offering at least four hours of physical activity every day during the summer holidays.

New partnerships with Holland Park school (Kensington) and Latymer Upper school (Hammersmith) facilitated opportunities for children during the summer project. For three weeks we were based at Holland Park school, with access to tennis courts, football pitches and art rooms. Latymer Upper school offered free swimming lessons every week for our children, delivered by professional swim coaches. Our continued partnership with the Holidays and Food programme (HAF) with Let Me Play (LMP) remained crucial for children experiencing food insecurity to access a daily hot meal and healthy snacks whilst attending our activities. In just four weeks, we provided 1,200 nutritious hot lunches to our children aged 5 to 15 years old.

Feedback collected in the last week revealed 98% of children felt safe with us, 60% reported they would not change anything during summer and 78% children scored the summer project 5 stars (between 1 to 5).

"My time with Solidarity Sports has been so much more than I could have ever asked for. The team's generosity, kindness and care are incomparable. Being able to work with and make a difference to children filled with enthusiasm, kindness, and excitement is a rewarding privilege that I am grateful for each day."

Nura, former volunteer and current staff member

For our summer residential trip, we increased capacity due to additional funding awarded to us from RBKC through the Grenfell Projects Fund (Round 2). We returned to PGL, Isle of Wight, with 30 children. PGL remains life-changing and is very special since for many of our children this is their first time away from home.

"The giant swing was so high! I was a little scared but mostly excited. It made me so happy because it was something I'd never tried before, and it gave me a rush."

Girl, aged 9





Activities and Impact (continued)



Family Support

In the past 12 months we have continued to expand our holistic family support services. By providing practical and emotional support to parents/carers, we aim to improve mental wellbeing, reduce loneliness, and strengthen familial relationships; ultimately, making home a better and safer place for our children. Whilst many families we worked with were recovering from the effects of the pandemic, the cost-of-living crisis posed a greater threat to housing, physical and mental health, and food insecurity.

Funds raised from our winter *cost-of-living* campaign and small grants were used to offer practical support for families living in destitution, temporary accommodation and those experiencing high levels of debt. We purchased specific one-off items, such as fridges for asylum seekers living in temporary hotel accommodation. Throughout the winter, our team frequently 'topped-up' electricity and gas metres to allow families to keep the heating and lights on. This was accompanied by advocacy aimed to provide long-term solutions to housing disrepair by facilitating communications between housing associations, councils, debt companies and sought support from local MPs and councillors.

An important area of our family support work includes making referrals onto organisations, who can deliver specialist advice on issues pertaining to housing, therapy, immigration, and family law matters. Our non-judgemental approach with families commonly seen as 'hard-to-reach' has enabled very vulnerable carers to be referred onto food banks, legal-aid, therapy, and debt-relief organisations who have provided effective advice and support.

Mentoring

Children engaged in our mentoring programme benefit from weekly mentoring for a minimum of six months. Mentors receive training prior to being placed with a child and receive clinical supervision from our Family and Safeguarding Lead. Children are often referred to our mentoring programme if struggling with traumatic and stressful experiences. Many mentees have very low confidence, not feel worthy of attention, or have additional caring responsibilities at home. Each week an activity is planned in the community, such as visiting a museum, park, city farm or art trip, like pottery. This programme has resulted in the de-escalation of children on child protection and child-in-need plans with Social Services.





3. ORGANISATIONAL GROWTH

This was the first year where Covid-19 did not disrupt our activities, meaning a permanent return to in-person support for all projects. In the past 3 years we have grown rapidly as an organisation, increasing from two project locations to four and from no permanent office space to a huge 3,000 square foot building, leased for five years. There were changes to our staff team with our Development Manager returning to full-time study in September 2022, along with the welcome addition of a full time Fundraising Officer and part time Admin Support. We also continued ramping up volunteer partnerships with corporate organisations, increasing volunteer numbers for another year in a row.

Office Refurbishment & Launch

We settled into our new office space in West Kensington and made huge progress with the refurbishment and design project, led by a staff member and volunteer. The aim for our new office was to have a dedicate children and family section, for our weekly *under 5's group and after-school club.* We required another section to be a functioning workspace for staff members, a place for meetings and a kitchen. The design project involved consultations with our children, volunteers, and staff, including the invaluable support from our ambassador, Fiona Humberstone. Renovations took place over the summer of 2022, and we now could not imagine Solidarity Sports without this space!

Fundraising

Solidarity Sports endeavours to grow income from trusts and foundations. We also invest our efforts in individual giving campaigns to garner long-term support from donors. Our income from trusts and foundations grew by roughly 106% from £155,727 the previous year to £320,483.

Regular giving remains a priority area for individual giving and improving our fundraising sustainability. After multiple event cancellations due to the Coronavirus pandemic, we were finally able to celebrate the 'relaunch' of our regular-giving campaign, *Memory Makers*, in December 2022. Still, growing this campaign remains a challenge, outside of delivery projects as this is a time when we have less face-to-face contact with volunteers and partners. In the past we have relied upon personal networks and the local community, which requires us to pursue innovative fundraising campaigns to effectively grow the campaign in the coming year.

The charity ran several successful individual-giving campaigns, attracting one-time donors, to address the increasing cost-of-living crisis which is negatively impacting our families. Over an eight-week period, we raised £50,000 from online donations to support families with heating bills, school uniforms, food, and other essentials. We were also a recipient of the joint Evening Standard and The Childhood Trust's 'On the Breadline' campaign, being awarded £50,000 to sustain crucial family support. We also participated in Champions for Children, for another year, garnering social media support for the match-funding campaign, with funds dedicated to running our school holiday projects.

Finally, our corporate partnerships have continued to strengthen, particularly with BNP Paribas, Sky UK and Smart Currency Exchange. In addition to financial donations, we have been able to organise competitions for children, family hampers, games for children, vitamins and one-off items for families.

Volunteers

This year, we worked with **296 volunteers and 123 corporate volunteers.** Our coaches are supported by volunteers, mostly aged between 16-25. From the year before, general volunteer figures have increased by 44% and corporate volunteers by over 250%.

Volunteers are the lifeblood of the organisation; they are vital in maintaining our unique 1:2 adult-to-child ratio that sets us apart from other organisations. The passion and enthusiasm volunteers bring to our projects contributes positive energy and an invaluable 'fun element'. Many of our existing volunteers have grown up in the same communities as our children. Volunteers are recruited through universities, corporate partnerships, local colleges/sixth forms, and individual enquiries through social media. We attract most volunteers via word-of-mouth.

It is mandatory for all volunteers to have an up-to-date enhanced DBS check. All volunteers are required to attend our specialist in-house Child Safeguarding training, where they learn about attachment styles, how to spot signs of abuse, and how to understand the broad spectrum of needs our children have. Volunteers are encouraged to attend advanced training where available.

Sustaining the flow of volunteers and retaining existing volunteers is key to the future of Solidarity Sports. Widening our network of corporate partnerships has in-turn increased volunteer numbers and often volunteers return and sign-up outside of work. So far, this has worked well for our projects. Over the next year we will need to ensure groups have a good balance of experienced volunteers and a small number of corporate volunteers who cannot provide the same level of consistency as our other volunteers.

Professional volunteers have continued to provide specialist guidance through the year, saving the organisations tens of thousands of pounds. These individuals have supported on key tasks including copywriting, website management, accounting, videography, governance, and bid writing

4. Structure, governance and management

Trustees act in a voluntary capacity. They are selected and approved by the Board of Trustees for the respective contributions each trustee can make, in support of Solidarity Sports in meeting its objectives.

All board members complete an induction process to ensure they are fully aware of their responsibilities. They are encouraged to take further development training as appropriate and available.

The Board meets quarterly during the year to discuss and oversee the governance of the organisation. Meetings follow an agreed agenda including reviews of the annual budget, management accounts, business plan, reviews of operational and financial performance, staffing, project work, plus additional specific items as required.

Solidarity Sports has a committed team that has continued to grow in the past year. Between April 2022 to March 2023, we employed 6 full time and 18 part time staff (including well-being coaches).

- Chief Executive Officer, Sean Mendez, is responsible for running and operating the charity on a day-to-day basis.
- Family & Safeguarding Lead, Miriam Mendez, manages the support for over 200 families, provides clinical supervision of mentors, and oversees family outreach work.
- Development Manager oversees the charity's fundraising, partnerships and financial operations.
- Volunteer and Projects Manager manages all volunteers, organises projects and supports the delivery.
- Fundraising Officer manages the charity's regular giving campaign.
- Admin Assistant supports the team with administrative duties, strategy and communications.

Well-being coaches lead delivery across all of our projects. All our coaches joined as volunteers before progressing to paid staff and 32% joined us as child participants in our programmes.


MIO
GIRL
STELLA

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

FOR

SOLIDARITY SPORTS

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

SOLIDARITY SPORTS

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

	Page
Report of the Trustees	1
Independent Examiner's Report	2
Statement of Financial Activities	3
Balance Sheet	4
Cash Flow Statement	5
Notes to the Cash Flow Statement	6
Notes to the Financial Statements	7 to 14
Detailed Statement of Financial Activities	15 to 16

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

General reserves are carried forward to future periods, and may be expended in accordance with the charity's Trust Deed as the Trustees decide.

Income from restricted sources is expended in the year to which it relates. Any surplus remaining at the end of the year is carried forward to the next financial year. In the year ended 31 March 2023, the restricted expenditure exceeded income for those purposes by £24,655 (2022: £14,305) and this deficit was met by restricted funds carried forward.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1123589

Principal address

253 North End Road
London
W14 9NS

Trustees

E Harvey (resigned 30.4.23)
Dr M Meheux
Ms U McGuinness
H Laroussi
A Mandy
Dr W Torkmani (appointed 29.3.23)
L Mahoney (appointed 29.3.23)

Independent Examiner

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

Approved by order of the board of trustees on 11 January 2024 and signed on its behalf by:



Dr. M. Meheux, Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS

Independent examiner's report to the trustees of Solidarity Sports
I report to the charity trustees on my examination of the accounts of Solidarity Sports (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants of Scotland, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Douglas Paton BSc CA
The Institute of Chartered Accountants of Scotland

Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

11 January 2024

SOLIDARITY SPORTS

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	431,402	151,801	583,203	374,398
Investment income	3	-	-	-	19
Total		431,402	151,801	583,203	374,417
EXPENDITURE ON					
Charitable activities	4				
Charitable activities		199,031	108,983	308,014	223,767
Other		140,703	67,473	208,176	127,216
Total		339,734	176,456	516,190	350,983
NET INCOME/(EXPENDITURE)		91,668	(24,655)	67,013	23,434
RECONCILIATION OF FUNDS					
Total funds brought forward		263,916	39,036	302,952	279,518
TOTAL FUNDS CARRIED FORWARD		355,584	14,381	369,965	302,952

The notes form part of these financial statements

SOLIDARITY SPORTS

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	9	10,295	-	10,295	330
CURRENT ASSETS					
Debtors	10	13,808	-	13,808	11,144
Cash at bank and in hand		357,376	14,381	371,757	312,395
		371,184	14,381	385,565	323,539
CREDITORS					
Amounts falling due within one year	11	(25,895)	-	(25,895)	(20,917)
NET CURRENT ASSETS		345,289	14,381	359,670	302,622
TOTAL ASSETS LESS CURRENT LIABILITIES		355,584	14,381	369,965	302,952
NET ASSETS		355,584	14,381	369,965	302,952
FUNDS	12				
Unrestricted funds				355,584	263,916
Restricted funds				14,381	39,036
TOTAL FUNDS				369,965	302,952

The financial statements were approved by the Board of Trustees and authorised for issue on 11 January 2024 and were signed on its behalf by:

Trustee

The notes form part of these financial statements

SOLIDARITY SPORTS

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	72,424	20,273
Net cash provided by operating activities		72,424	20,273
Cash flows from investing activities			
Purchase of tangible fixed assets		(13,062)	-
Interest received		-	19
Net cash (used in)/provided by investing activities		(13,062)	19
Change in cash and cash equivalents in the reporting period		59,362	20,292
Cash and cash equivalents at the beginning of the reporting period		312,395	292,103
Cash and cash equivalents at the end of the reporting period		371,757	312,395

The notes form part of these financial statements

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income for the reporting period (as per the Statement of Financial Activities)	67,013	23,434
Adjustments for:		
Depreciation charges	3,097	1,990
Interest received	-	(19)
Increase in debtors	(2,664)	(8,074)
Increase in creditors	4,978	2,942
Net cash provided by operations	72,424	20,273

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	312,395	59,362	371,757
	312,395	59,362	371,757
Total	312,395	59,362	371,757

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

Monetary amounts in these financial statements are rounded to the nearest £.

Critical accounting judgements and key sources of estimation uncertainty
The trustees consider there to be no critical accounting estimates and judgements.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Unrestricted grants and other income are accounted for in the year in which they are receivable. Restricted grants and other income are accounted for in the year in which the projects are expected to take place.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Charitable activities
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

Tangible fixed assets
Tangible assets are stated at cost (or deemed cost) less accumulated depreciation and accumulated impairment losses. Cost includes the original purchase price, costs directly attributable to bringing the asset to its working condition for its intended use, dismantling and restoration costs.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 20% on cost
Fixtures and fittings	- 33% on cost
Computer equipment	- 33% on cost

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

continued...

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments
The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include certain debtors and cash and bank balances, are initially measured at transaction price including transactions costs and are subsequently carried at amortised cost using the effective interest method. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities
Basic financial liabilities, including certain creditors are initially recognised at transaction price. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Trusts and foundations	320,483	155,727
Individual giving	208,159	155,703
Government grants	37,000	33,083
Furlough scheme	-	19,273
Corporate partnerships	17,561	10,612
	583,203	374,398

continued...

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	-	19

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 5)
	£
Charitable activities	308,014

5. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023	2022
	£	£
Staff costs	101,560	99,982
Trip bookings	65,737	27,915
Venue hire	11,533	11,775
Family support	13,755	5,606
Food for children	12,315	8,166
Volunteer expenses	2,901	2,329
Equipment	4,482	2,880
Transport	5,714	9,928
Sessional staff	90,017	55,186
	308,014	223,767

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

7. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	179,904	176,639
Social security costs	15,490	18,916
Other pension costs	7,726	4,408
	203,120	199,963

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	6	6

No employees received emoluments in excess of £60,000.

continued...

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	237,654	136,744	374,398
Investment income	19	-	19
Total	237,673	136,744	374,417
EXPENDITURE ON			
Charitable activities			
Charitable activities	115,244	108,523	223,767
Other	84,690	42,526	127,216
Total	199,934	151,049	350,983
NET INCOME/(EXPENDITURE)	37,739	(14,305)	23,434
RECONCILIATION OF FUNDS			
Total funds brought forward	226,177	53,341	279,518
TOTAL FUNDS CARRIED FORWARD	263,916	39,036	302,952

9. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2022	-	2,688	6,187	8,875
Additions	11,899	1,163	-	13,062
At 31 March 2023	11,899	3,851	6,187	21,937
DEPRECIATION				
At 1 April 2022	-	2,515	6,030	8,545
Charge for year	2,380	560	157	3,097
At 31 March 2023	2,380	3,075	6,187	11,642
NET BOOK VALUE				
At 31 March 2023	9,519	776	-	10,295
At 31 March 2022	-	173	157	330

continued...

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade debtors	13,808	8,310
Prepayments and accrued income	-	2,834
	13,808	11,144

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Taxation and social security	9,310	5,413
Other creditors	16,585	15,504
	25,895	20,917

12. MOVEMENT IN FUNDS

	At 1.4.22	Net movement in funds	At 31.3.23
	£	£	£
Unrestricted funds			
General fund	263,916	91,668	355,584
Restricted funds			
Other miscellaneous restricted funds	-	6,881	6,881
BBC Children in Need	29,574	(29,574)	-
Octavia	3,154	(3,154)	-
K&C Foundation	6,308	(6,308)	-
St Clement and St James CE School Trust	-	7,500	7,500
	39,036	(24,655)	14,381
TOTAL FUNDS	302,952	67,013	369,965

continued...

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	431,402	(339,734)	91,668
Restricted funds			
Other miscellaneous restricted funds	41,103	(34,222)	6,881
BBC Children in Need	-	(29,574)	(29,574)
Octavia	10,000	(13,154)	(3,154)
K&C Foundation	-	(6,308)	(6,308)
St Clement and St James CE School Trust	7,500	-	7,500
Hammersmith United Charities	10,000	(10,000)	-
Let Me Play Group	48,198	(48,198)	-
London Community Foundation	1,500	(1,500)	-
The Freeman Family Trust	33,500	(33,500)	-
	151,801	(176,456)	(24,655)
TOTAL FUNDS	583,203	(516,190)	67,013

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	226,177	37,739	263,916
Restricted funds			
Other miscellaneous restricted funds	53,341	(53,341)	-
BBC Children in Need	-	29,574	29,574
Octavia	-	3,154	3,154
K&C Foundation	-	6,308	6,308
	53,341	(14,305)	39,036
TOTAL FUNDS	279,518	23,434	302,952

continued...

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	237,673	(199,934)	37,739
Restricted funds			
Other miscellaneous restricted funds	74,858	(128,199)	(53,341)
BBC Children in Need	46,886	(17,312)	29,574
Octavia	5,000	(1,846)	3,154
K&C Foundation	10,000	(3,692)	6,308
	136,744	(151,049)	(14,305)
TOTAL FUNDS	374,417	(350,983)	23,434

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	226,177	129,407	355,584
Restricted funds			
Other miscellaneous restricted funds	53,341	(46,460)	6,881
St Clement and St James CE School Trust	-	7,500	7,500
	53,341	(38,960)	14,381
TOTAL FUNDS	279,518	90,447	369,965

continued...

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	669,075	(539,668)	129,407
Restricted funds			
Other miscellaneous restricted funds	115,961	(162,421)	(46,460)
BBC Children in Need	46,886	(46,886)	-
Octavia	15,000	(15,000)	-
K&C Foundation	10,000	(10,000)	-
St Clement and St James CE School Trust	7,500	-	7,500
Hammersmith United Charities	10,000	(10,000)	-
Let Me Play Group	48,198	(48,198)	-
London Community Foundation	1,500	(1,500)	-
The Freeman Family Trust	33,500	(33,500)	-
	288,545	(327,505)	(38,960)
TOTAL FUNDS	957,620	(867,173)	90,447

St Clement and St James CE School Trust: Grant contribution towards staffing costs for the After School Club.

Hammersmith United Charities: Grant contribution towards general project costs for the Easter Project.

Let Me Play Group: Grant contribution towards staffing, activity, venue, and food costs for H&F children attending the Summer Project.

London Communities Foundation: Grant contribution towards activities and support for children living in North Kensington.

Octavia: Grant contribution towards general project costs for the Summer Project.

The Freeman Family Trust: £30,000 of a grant contribution towards costs associated with refurbishment of donated office space, with £3,500 towards Family Support.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

SOLIDARITY SPORTS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Trusts and foundations	320,483	155,727
Individual giving	208,159	155,703
Government grants	37,000	33,083
Furlough scheme	-	19,273
Corporate partnerships	17,561	10,612
	583,203	374,398
Investment income		
Deposit account interest	-	19
Total incoming resources	583,203	374,417
EXPENDITURE		
Charitable activities		
Wages	89,952	88,320
Social security	7,745	9,458
Pensions	3,863	2,204
Trip bookings	65,737	27,915
Venue hire	11,533	11,775
Family support	13,755	5,606
Food for children	12,315	8,166
Volunteer expenses	2,901	2,329
Equipment	4,482	2,880
Transport	5,714	9,928
Sessional staff	90,017	55,186
	308,014	223,767
Other		
Wages	89,952	88,319
Social security	7,745	9,458
Pensions	3,863	2,204
Resources	4,155	4,883
Telephone, internet and office costs	2,068	2,793
Staff and volunteer training	2,453	797
Staff and volunteer wellbeing	1,028	7,343
Miscellaneous expenses	1,614	1,716
Insurance	383	455
Accounting fees	11,010	1,350
Bank fees	118	54
Staff benefits	2,604	1,832
Fundraising	173	123
Carried forward	127,166	121,327

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Other		
Brought forward	127,166	121,327
Subsistence	2,517	3,899
Entertainment	52	-
Interest paid	26	-
Travel - national	2,476	-
After school club materials	277	-
Meeting expenses	206	-
Repairs and maintenance	67,925	-
Office costs	2,255	-
Postage and stationery	204	-
Office light, heat and water	1,975	-
Improvements to property	2,380	-
Fixtures and fittings	560	483
Computer equipment	157	1,507
	208,176	127,216
Total resources expended	516,190	350,983
Net income	67,013	23,434

SOLIDARITY SPORTS

England & Wales - Charity number 1123589

Accounts



Solidarity Sports
Trustees' Report and Financial Statements
For the year ended
31 March 2022

Charity No 1123589

TABLE OF CONTENTS

TABLE OF CONTENTS....1
CHARITY INFORMATION....2
PARTNERS....3
TRUSTEES' REPORT....4

CHARITY INFORMATION

Trustees	Ms Melernie Meheux Mr Edward Harvey Mr Hassan Laroussi Mr Alain Mandy Ms Una McGuiness
CEO	Mr Sean Mendez
Charity Registration Number	1123589
Registered Office	Seven Stars 253 North End Road London W14 9NS
Bankers	HSBC 92 Kensington High Street London W8 4SH
Independent Examiners	Bannerman Johnstone Maclay Ltd 213 St. Vincent Street Glasgow G2 5QY

PARTNERS


the Tudor trust

The Childhood Trust

OCTAVIA

the grove trust

THE KENSINGTON & CHELSEA FOUNDATION

THE MERCERS' COMPANY

Dads House
Helping Dads...be Dads

PGL

The London Community Foundation

KX

BBC Children in Need

BNP PARIBAS

The Earls Court Development Company

h&f
hammersmith & fulham

sky cares

COMMUNITY FUND

KidZania

LIGHTBULB TRUST

We are
united
IN HAMMERSMITH FULHAM
Join us at UnitedHF.org

Since 1618
HAMMERSMITH UNITED CHARITIES

THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA

WEST WAY TRUST

smart
CURRENCY EXCHANGE

The Daisy Trust
Founded in 1981

TRUSTEES' REPORT

The Trustees present their report and financial statements for the year ended 31 March 2022.

1.1 Structure, Management and Governance

Trustees act in a voluntary capacity. They are selected and approved by the Board of Trustees for the respective contributions each trustee can make, in support of Solidarity Sports in meeting its objectives.

All board members complete an induction process to ensure they are fully aware of their responsibilities. They are encouraged to take further development training as appropriate and available.

The Board meets at least four times annually to discuss and oversee the governance of the organisation. Meetings follow an agreed agenda including reviews of the annual budget, management accounts, business plan, reviews of operational and financial performance, staffing, project work, plus additional specific items as required.

1.2 Our People

Solidarity Sports has a committed team that has continued to grow in the past year. Between April 2021 to March 2022, we employed 6 members of staff on a permanent basis (4 full time and 2 part time):

- Chief Executive Officer, Sean Mendez, is responsible for running and operating the charity on a day-to-day basis.
- Family & Safeguarding Lead manages support for over 200 families, provides clinical supervision of mentors, and oversees family outreach work.
- Development Manager oversees the charity's fundraising, partnerships and financial operations.
- Volunteer and Projects Manager to manage all volunteers, organises projects and supports the delivery.
- Memory Makers Lead manages the charity's regular giving campaign.
- Operations Manager supports the team with administrative duties, strategy and communications.

Well-being coaches lead delivery across all of our projects. 98% of coaches joined us as volunteers before progressing to paid staff. 32% joined us as child participants in our programmes. Between April 2021 to March 2022, we employed 16 coaches on a freelance basis.

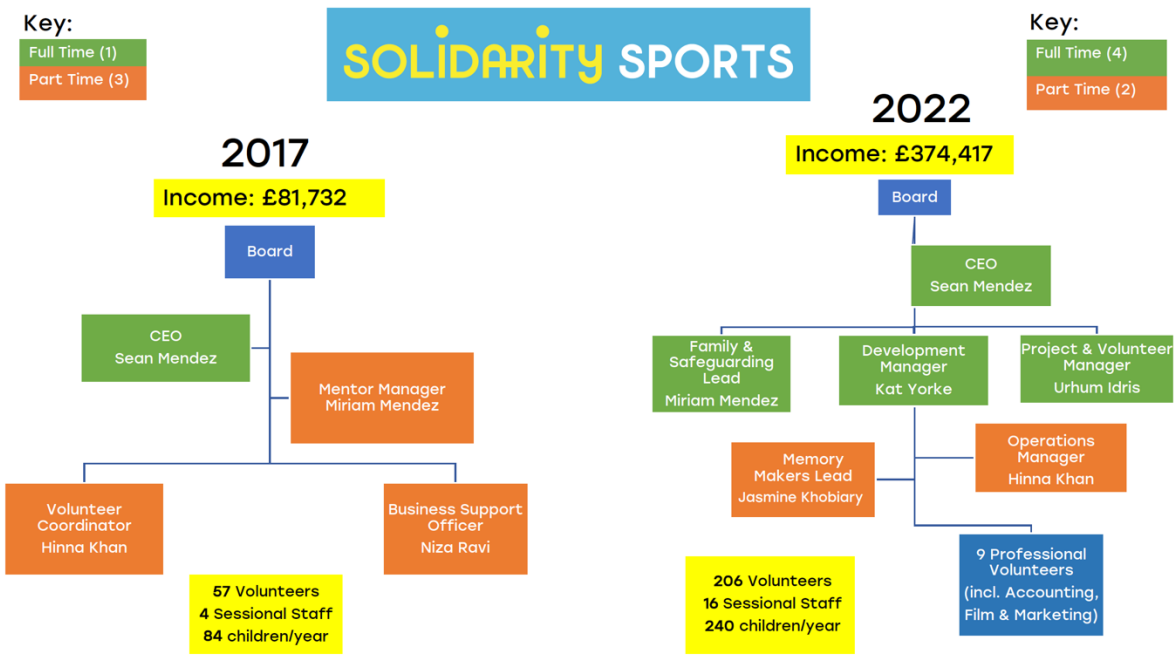
Alongside our coaches, we have over 200 registered volunteers, mostly aged between 16-25. Volunteers are the lifeblood of the organisation; they are vital in maintaining our unique 1:2 adult-to-child ratio that sets us apart from other organisations. The passion and enthusiasm volunteers bring to our projects contributes positive energy and an invaluable 'fun element'. Many of our existing volunteers have grown up in the same communities as our children. Volunteers

are recruited through universities, corporate partnerships, local colleges/sixth forms, and individual enquiries through social media. We attract most volunteers via word-of-mouth.

It is mandatory for all volunteers to have an up-to-date enhanced DBS check. All volunteers are required to attend our specialist in-house Child Safeguarding training, where they learn about attachment styles, how to spot signs of abuse, and how to understand the broad spectrum of needs our children have. Volunteers are encouraged to attend advanced training where available.

Sustaining the flow of volunteers and retaining existing volunteers is key to the future of Solidarity Sports. Restrictions imposed by Covid-19 made recruiting volunteers more difficult, as we could no longer visit university fairs and corporate volunteering started up again at the beginning of 2022. Volunteer recruitment remains an area we wish to improve and will be an important area for development in 2023.

This year, we worked with **206 volunteers**; 9 are professional volunteers who work alongside staff on a variety of key tasks including copywriting, website management, accounting, videography, governance, and bid writing. In the past year, this pro-bono work has saved the organisation tens of thousands of pounds.



2. Services and Impact

MISSION & OBJECTIVES

The charity nurtures the well-being of children in West London who are recovering from severe trauma. Our aim is to deliver happiness through participation in healthy and stimulating activities.

Specific objectives are to:

- Improve the physical, mental and emotional well-being of children; particularly children living in poverty and recovering from trauma;
- Advance children's development, education, and resilience to improve their chances for success;
- Reduce barriers to participation in leisure activities for children who have historically been excluded;
- Grow and honour the Hashim Family Legacy by facilitating the dreams of our children;
- Provide holistic family support by working with carers to give children the best care and chance in life.

ORGANISATIONAL BACKGROUND & BENEFICIARIES

Solidarity Sports was founded on the belief that every child deserves happiness.

When we established in 2007, we focused on sports. Since then, we have added healthy eating initiatives, arts activities, educational group trips, mentorship programs, and holidays in the UK and abroad.

The glue that binds our programmes together is a commitment to creating a safe, open-minded, inclusive, and loving environment where we can play together and create happy memories.

95% of our children have been referred by Social Services. Our children are affected by abuse, neglect, abandonment, displacement, and bereavement. The majority have experienced chronic trauma, which affects their cognitive and social development. We also care for children who have Special Educational Needs, including those with Autism. An increasing number of our children are overweight or obese, which has a profound effect on their physical and mental wellbeing.

Almost all our families live in social housing (over 96%) -the quality of which is often so poor that our children's health and development is adversely affected.

85% of our children speak English as an additional language and 86% are from minority ethnic backgrounds.

45% of our children live in London's richest borough, Kensington and Chelsea (RBKC). Termed the 'most unequal borough in Britain', there are 3 wards in the

'least deprived' and 3 in the 'most deprived'. Golborne ward is the most deprived ward across the Office for National Statistics (ONS) deprivation scores. To highlight the inequality, there is a 22-year difference in life expectancy between the richest and poorest ward.

In 2021, we were commissioned by RBKC to mobilise an urgent effort to provide suitable activities for over 111 children who had recently Afghanistan. This, alongside, a continual stream of referrals has increased our engagement numbers by 120% from the previous year.

	2019/20	2021/22
Total Participants	127	240
Total Volunteers	123	206
Total Projects	9	11

PROGRAMMES April 2021 – March 2022

From Easter 2021, we expanded our reach to deliver trips simultaneously across three locations in West London: Shepherds Bush, Notting Hill and Earls Court. Trips aim to improve the wellbeing of our children through enriching activities, sports, new skills, and play.

Holiday Projects 21-22	Children	Project Location
Easter 2021	84	Westway Sports Centre
May Half Term 2021	75	Trips inc. Hyde Park and boating
Summer 2021	105	Westway Sports Centre and trips inc. Brighton Beach and Ice Skating
October Half Term 2021	146	Trips inc. Vauxhall City Farm and Go Ape
Christmas 2021	100	Trips inc. Kidzania and parks
February 2022	100	Trips inc. Sky studio tour and Oceanarium

'These trips are invaluable to both Jake* and I as they are the only respite we have. He

Summer 2021

For 3 weeks we were based at Westway Sports Centre in North Kensington, where an average of 65 children joined us each day. Whilst here, our children benefited from 3 hours of physical activity a day, hot and healthy lunches, sports coaching and arts and crafts sessions.



We were thrilled to return to PGL Adventure Centre, on the Isle of Wight after 2 years of paused trips during the pandemic. We took 30 children on a memorable 5-day holiday, where they got to try abseiling, kayaking, trapeze jumping.

In addition to new experiences, time with friends and being immersed in a completely different environment, children learnt hugely important skills, like brushing their teeth, washing and getting up on time each morning. Most evenings, all the children and volunteers would walk 20 minutes down to the beach to watch the sunset, play games and dip their toes into the sea. It was beautiful to witness children with very complex home lives have this vital respite time, where they could relax and simply be children for 5 days.

> "My favourite moment of summer was on the big swing at PGL. It was scary at first, it goes so high! I remember almost touching the clouds. I wish I could go back one day." – girl, age 9

Tackling isolation and promoting togetherness

In the last financial year, our services have been crucial to support children and their families who have been disproportionately affected by the pandemic. The knock-on effect from lockdowns, extended time in cramped conditions and missing out on learning due to an inability to access online schooling has been at detriment to their social development. We have witnessed children finding it hard

to make friends, express themselves and more children displaying anxious behaviour.

Our aim for our programmes has been to lift these barriers and address the isolation felt by our children and their families.

In 2021, we introduced weekend family outings to encourage positive family bonding and reduce isolation. Trips were organised weekly on a Saturday, across London, by our Family and Safeguarding Lead. The forced closeness for these families, often living in overcrowded conditions and refuges, brought stress on the family dynamics. Both our children and carers benefited of a safe and loving environment to re-establish healthy family interactions and have respite from tense and sometimes unsafe, home lives.



Our mentoring programme has also been key in tackling the loneliness felt by children, who were isolated during the pandemic. Between 2021-2022, 20 children were matched with mentors for a minimum of 6 months. Mentors planned activities and trips with their mentee once a week, in the community. We truly believe in this transformational programme, which has resulted in the de-escalation of children on child protection and child-in-need plans with Social Services.

We have maintained an excellent partnership with Dad's House food bank, who we continue to refer vulnerable families to, so they can access regular fresh food. As well as tackling food insecurity, when we refer families to Dad's House, they have access to expert solicitors in a weekly pro-bono legal clinic, which has supported families going through domestic violence cases and complex family law.

In 2021, we partnered with Dad's House to put on a weekly refugee cooking night at the food bank for Afghan women in the local hotels. We leaned on our volunteer network for translation help and within a couple of weeks, the food bank on Lillie Road was bustling with women preparing and cooking food for their families and friends back in the hotel. Each week, we would source the ingredients and learn more about these incredible women.

ORGANISATIONAL GROWTH

New Office

In December 2021, we moved into our new home – Seven Stars on North End Road – a huge 3,000 square ft space in the heart of our community.

Just 18 months after securing our office on Lillie Road, we were thrilled to be offered a larger space by our partners, Earls Court Development Company, for a lease of 5 years, in-kind.

This change is a massive step for Solidarity Sports – we now have the space to facilitate more support than ever, with dedicated areas for meetings, activities, and office work.

Fundraising

Solidarity Sports endeavours to grow income from trusts and foundations. We also invest our efforts in individual giving campaigns to garner long-term support from donors. Whilst still addressing the impact the pandemic had on our families, the fundraising landscape has also suffered as a result.

The charity saw a 21% decline in income, compared to the previous year. This was anticipated due to the spike we saw between 2020-2021, because of a generous increase in individual giving and stricter financial controls.

Unfortunately, we had to cancel another relaunch for *Memory Makers* in December 2021, due to growing Covid-19 cases. However, as of 2022, we are looking forward to the opportunities to grow our *Memory Makers* campaign – now with more support from corporate partners thanks to time spent investing in this area.

Individual giving has continued to grow, thanks to participation in Champions for Children (match-funding) campaign and increasing brand awareness on social media.

Finally, our corporate partnerships have gone from strength to strength, particularly with Sky UK and BNP Paribas. In addition to financial donations, we have been able to organise competitions for children, family hampers, vouchers for books and digital devices for children in need.

The trustees and staff would like to express their gratitude and thanks to the following trusts and foundations for their very generous support and kindness shown in the past year.

Calleva Foundation, Lightbulb Trust, Let Me Play, RBKC, Brian Murtagh, Children in Need, Childhood Trust, Daisy Trust, Jack Petchy, London Community Fund, H&F Giving, Octavia, K&C Foundation, Young K&C, The Mercers' Company, Earls Court Development Company, and the Hollick Foundation.

REGISTERED CHARITY NUMBER: 1123589

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31 March 2022

for

Solidarity Sports

Bennett Brooks & Co Ltd
Chartered Accountants
14 Grosvenor Court
Foregate Street
Chester
Cheshire
CH1 1HG

Solidarity Sports

Contents of the Financial Statements
for the year ended 31 March 2022

	Page
Report of the Trustees	1
Statement of Financial Activities	2
Balance Sheet	3
Notes to the Financial Statements	4 to 8
Detailed Statement of Financial Activities	9

Solidarity Sports

Report of the Trustees
for the year ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

FINANCIAL REVIEW

Reserves policy

General reserves are carried forward to future periods, and may be expended in accordance with the charity's Trust Deed as the Trustees decide.

Income from Restricted sources is expended in the year to which it relates. Any surplus remaining at the end of the year is carried forward to the next financial year, while any deficit is met from Unrestricted sources.

In the year ended 31 March 2022 Restricted expenditure exceeded income for those purposes by £14,305 and this amount was met from Unrestricted Funds.

During the course of the year ended 31 March 2021, the Trustees decided to increase the level of reserves to 12 months, given the challenges presented by Covid-19.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1123589

Principal address

253 North End Road
London
W14 9NS

Trustees

E Harvey
Dr M Meheux
Ms U McGuinness
H Laroussi
A V Mandy

Approved by order of the board of trustees on 31 October 2022 and signed on its behalf by:

Dr M Meheux - Trustee

Solidarity Sports

Statement of Financial Activities
for the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Incoming resources		237,654	136,744	374,398	476,844
Investment income	2	19	-	19	-
Total		237,673	136,744	374,417	476,844
EXPENDITURE ON					
Charitable activities					
Projects		252	-	252	-
Charitable Activities		114,992	108,523	223,515	178,838
Other		84,690	42,526	127,216	115,382
Total		199,934	151,049	350,983	294,220
NET INCOME/(EXPENDITURE)		37,739	(14,305)	23,434	182,624
RECONCILIATION OF FUNDS					
Total funds brought forward		226,177	53,341	279,518	96,894
TOTAL FUNDS CARRIED FORWARD		263,916	39,036	302,952	279,518

The notes form part of these financial statements

Solidarity Sports

Balance Sheet
31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	6	330	-	330	2,320
CURRENT ASSETS					
Debtors	7	11,144	-	11,144	3,070
Cash at bank		273,359	39,036	312,395	292,103
		284,503	39,036	323,539	295,173
CREDITORS					
Amounts falling due within one year	8	(20,917)	-	(20,917)	(17,975)
NET CURRENT ASSETS		263,586	39,036	302,622	277,198
TOTAL ASSETS LESS CURRENT LIABILITIES		263,916	39,036	302,952	279,518
NET ASSETS		263,916	39,036	302,952	279,518
FUNDS	9				
Unrestricted funds				263,916	226,177
Restricted funds				39,036	53,341
TOTAL FUNDS				302,952	279,518

The financial statements were approved by the Board of Trustees and authorised for issue on 31 October 2022 and were signed on its behalf by:

M Meheux - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Unrestricted grants and other income are accounted for in the year in which they are receivable. Restricted grants and other income are accounted for in the year in which the projects are expected to take place.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	-	33% on cost
Computer equipment	-	33% on cost

Taxation
The charity is exempt from tax on its charitable activities.

Restricted and unrestricted projects
The charity organises its work between a number of projects. Certain projects are supported in whole, or major part, by specific donations or grants, and these are designated as being restricted projects. These
restricted funds can only be used for those particular restricted purposes within the objects of the charity. Other projects are undertaken as part of the general work of the charity, and are regarded as being unrestricted projects. The unrestricted funds allocated to those projects can be used at the discretion of the trustees. Staff may work both on restricted and unrestricted projects, and their employment costs have been analysed based on time spent.

Pension costs and other post-retirement benefits
The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	19	-

continued...

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

4. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	176,639	153,276
Social security costs	18,916	15,954
Other pension costs	4,408	7,583
	199,963	176,813

The costs incurred in respect of these employees were as below. Their employment costs have been analysed between restricted projects, and unrestricted or administrative duties based on an estimate of time spent, except where funders have underwritten specific roles.

Analysed between:
Restricted projects: £79,488 (2021: £70,725)
Unrestricted projects: £120,475 (2021: £106,088)

Key management personnel received £ 56,196 (2021: £51,173) for their services to the charity.

The average monthly number of employees during the year was as follows:

	2022	2021
Staff	6	6

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted fund	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Incoming resources	293,992	182,852	476,844
EXPENDITURE ON			
Charitable activities			
Charitable Activities	87,689	91,149	178,838
Other	77,020	38,362	115,382
Total	164,709	129,511	294,220
NET INCOME	129,283	53,341	182,624
RECONCILIATION OF FUNDS			
Total funds brought forward	96,894	-	96,894
TOTAL FUNDS CARRIED FORWARD	226,177	53,341	279,518

continued...

6. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2021 and 31 March 2022	2,688	6,187	8,875
DEPRECIATION			
At 1 April 2021	2,033	4,522	6,555
Charge for year	482	1,508	1,990
At 31 March 2022	2,515	6,030	8,545
NET BOOK VALUE			
At 31 March 2022	173	157	330
At 31 March 2021	655	1,665	2,320

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	8,310	270
Prepayments and accrued income	2,834	2,800
	11,144	3,070

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Taxation and social security	5,413	5,437
Other creditors	15,504	12,538
	20,917	17,975

9. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
Unrestricted Fund	226,177	37,739	263,916
Restricted funds			
Restricted Fund	53,341	(14,305)	39,036
TOTAL FUNDS	279,518	23,434	302,952

continued...

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Fund	237,673	(199,934)	37,739
Restricted funds			
Restricted Fund	136,744	(151,049)	(14,305)
TOTAL FUNDS	374,417	(350,983)	23,434

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
Unrestricted Fund	96,894	129,283	226,177
Restricted funds			
Restricted Fund	-	53,341	53,341
TOTAL FUNDS	96,894	182,624	279,518

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Fund	293,992	(164,709)	129,283
Restricted funds			
Restricted Fund	182,852	(129,511)	53,341
TOTAL FUNDS	476,844	(294,220)	182,624

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
Unrestricted Fund	96,894	167,022	263,916
Restricted funds			
Restricted Fund	-	39,036	39,036
TOTAL FUNDS	96,894	206,058	302,952

continued...

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Unrestricted Fund	531,665	(364,643)	167,022
Restricted funds			
Restricted Fund	319,596	(280,560)	39,036
TOTAL FUNDS	851,261	(645,203)	206,058

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Solidarity Sports

Detailed Statement of Financial Activities
for the year ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Incoming resources		
Trusts and Foundations	155,727	277,138
Furlough Scheme	19,273	49,738
Corporate Partnerships	10,612	10,125
Government Grants	33,083	12,122
Individual Giving	155,703	127,721
	374,398	476,844
Investment income		
Deposit account interest	19	-
Total incoming resources	374,417	476,844
EXPENDITURE		
Charitable activities		
Salaries	88,320	76,638
Social security	9,458	9,241
Pensions	2,204	2,528
Trip bookings	27,915	24,323
Venue Hire	11,775	5,650
Family Support	5,606	5,636
Food for children	8,166	3,059
Volunteer Expenses	2,329	1,211
Equipment	2,880	9,649
Transport (inc. coach travel)	9,928	6,931
Sessional Staff	55,186	33,972
	223,767	178,838
Other		
Salaries	88,319	76,638
Social security	9,458	6,713
Pensions	2,204	5,055
Resources(brought in services)	4,883	15,074
Telephone Internet &Office Exp	2,793	5,762
Staff/Volunteer training	797	1,380
Staff/Volunteer Wellbeing	7,343	200
Miscellaneous	1,716	2,387
Insurance	455	124
Audit & Accountancy Fees	1,350	-
Bank Fees	54	-
CEO Benefits	1,832	-
Fundraising	123	-
Subsistence	3,901	-
Fixtures and fittings	481	496
Computer equipment	1,507	1,553
	127,216	115,382
Total resources expended	350,983	294,220
Net income	23,434	182,624

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS

Independent examiner's report to the trustees of Solidarity Sports
I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2022.

Respective responsibilities of trustees and examiner
As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
The charity's gross income exceeded £250 000 but was less than £1 million, and its gross assets were less than £3.26 million, and these accounts therefore do not require independent audit. Your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by being a member of the Institute of Chartered Accountants in Scotland (ICAS), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the Charities Act; or
2. the accounts did not accord with the accounting records; or
3. the accounts did not comply with the applicable requirements concerning the format and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of report
This report is made solely to the charity's trustees, as a body, in accordance with Section 145 of the 2011 Act. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, or for the opinions I have formed.

Douglas Paton BSc CA
Institute of Chartered Accountants for Scotland
Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

27 January 2022

SOLIDARITY SPORTS

England & Wales - Charity number 1123589

Accounts

Solidarity Sports

Trustees' Report and Financial Statements

For the year ended

31 March 2021

Charity No 1123589

TABLE OF CONTENTS

TABLE OF CONTENTS 1
CHARITY INFORMATION 2
PARTNERS 3
TRUSTEES' REPORT 4
STATEMENT OF BOARD OF TRUSTEES RESPONSIBILITIES 18
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS 20
STATEMENT OF FINANCIAL ACTIVITIES 22
BALANCE SHEET 23
NOTES TO THE FINANCIAL STATEMENTS 24

CHARITY INFORMATION

Trustees	Ms Melernie Meheux Mr Edward Harvey Mr Hassan Laroussi Mr Alain Mandy Ms Una McGuiness Mr Ramzi Rafih
CEO	Mr Sean Mendez
Charity Registration Number	1123589
Registered Office	26 Lillie Road West Brompton London SW6 1TS
Bankers	HSBC 92 Kensington High Street London W8 4SH
Independent Examiners	Bannerman Johnstone Maclay Ltd 213 St. Vincent Street Glasgow G2 5QY

PARTNERS


the Tudor trust

The Childhood Trust

OCTAVIA

the grove trust

THE KENSINGTON CHELSEA FOUNDATION

THE MERCERS' COMPANY

Dads House
Helping Dads...be Dads

PGL

The London Community Foundation

KX

BBC Children in Need

BNP PARIBAS

The Earls Court Development Company

h&f
hammersmith & fulham

sky cares

COMMUNITY FUND

KidZania

LIGHTBULB TRUST

We are
united
IN HAMMERSMITH FULHAM
Join us at UnitedHF.org

Since 1618
HAMMERSMITH UNITED CHARITIES

THE ROYAL BOROUGH OF KENSINGTON AND CHELSEA

WEST WAY TRUST

smart
CURRENCY EXCHANGE

The Daisy Trust
Founded in 1981

TRUSTEES' REPORT

The Trustees present their report and financial statements for the year ended 31 March 2021.

1.1 Structure, Management and Governance

Trustees act in a voluntary capacity. They are selected and approved by the Board of Trustees for the respective contributions each trustee can make, in support of Solidarity Sports in meeting its objectives.

All board members complete an induction process to ensure they are fully aware of their responsibilities. They are encouraged to take further development training as appropriate and available.

The Board meets at least four times annually to discuss and oversee the governance of the organisation. Meetings follow an agreed agenda including reviews of the annual budget, management accounts, business plan, reviews of operational and financial performance, staffing, project work, plus additional specific items as required.

The Board's focus this year has been navigating the operational and financial challenges created by Covid-19. Decisions made in the early stages of the pandemic, including increasing charitable reserves, has been a part of ongoing cost controls, which has seen Solidarity Sports continue to deliver all its services during the crisis, whilst remaining financially secure.

Upon submitting these accounts in December 2021, the Board has considered how Covid-19 is likely to impact operations for the next 12 months. This is based on a review of the past year's income, end of year closing balance, level of unrestricted reserves and funding strategy (both secured and targeted). The Board has concluded it is confident that the charity will be able to continue operating, regardless of infection rates.

1.2 Our People

Solidarity Sports has a committed team that has more than doubled since 2017. 5 members of staff are employed on a permanent basis:

- Chief Executive Officer, Sean Mendez, is responsible for running and operating the charity on a day-to-day basis.
- Family & Safeguarding Lead manages support for over 200 families, provides clinical supervision of mentors, and oversees family outreach work.
- Development Manager oversees the charity's fundraising and financial operations.
- Volunteer and Projects Manager to manage all volunteers and supports project planning and delivery.
- Memory Makers Lead manages the charity's regular giving campaign.

Well-being coaches lead delivery across all of our projects. 98% of coaches joined us as volunteers before progressing to paid staff. 32% joined us as child participants in our programmes. Between April 2020 to March 2021, we employed 22 coaches on a freelance basis - a **175% increase** from the previous year.

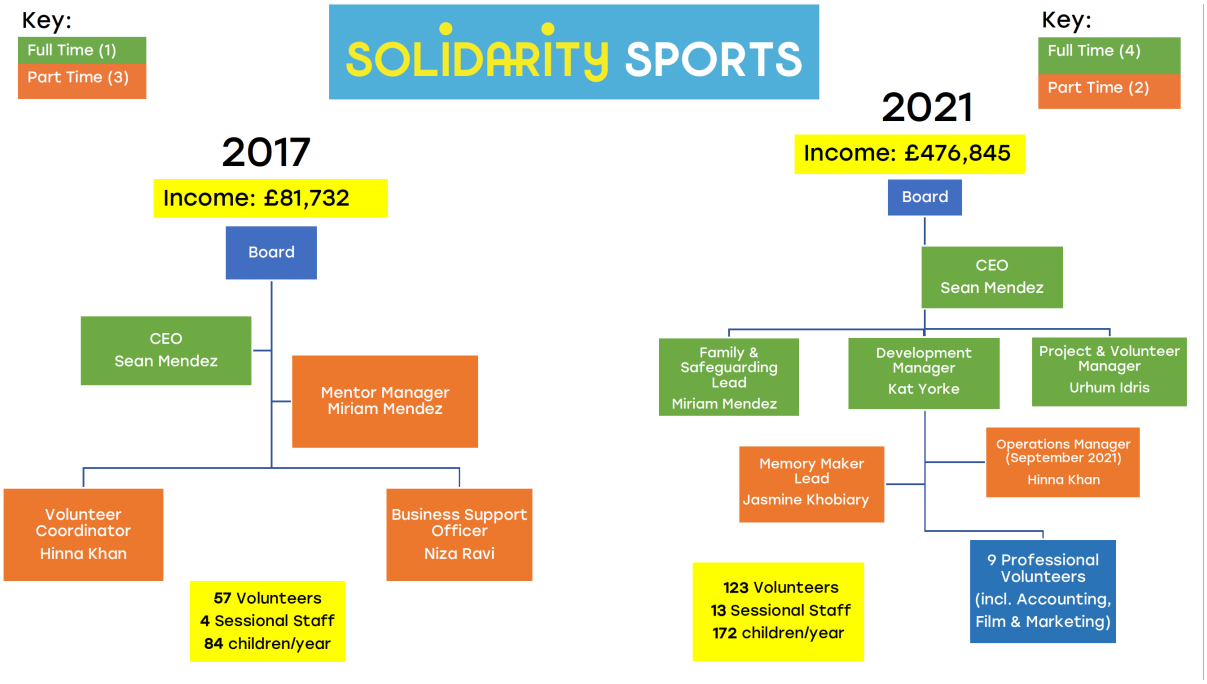
Alongside our coaches, we have over 200 registered volunteers, mostly aged between 16-25. Volunteers are the lifeblood of the organisation; they are vital in maintaining our unique 1:2 adult-to-child ratio that sets us apart from other organisations. The passion and enthusiasm volunteers bring to our projects contributes positive energy and an invaluable 'fun element'. Many of our existing volunteers have grown up in the same communities as our children. Volunteers are recruited through universities, corporate partnerships, local colleges/sixth forms, and individual enquiries through social media. We attract most volunteers via word-of-mouth.

It is mandatory for all volunteers to have an up-to-date enhanced DBS check. All volunteers are required to attend our specialist in-house Child Safeguarding training, where they learn about attachment styles, how to spot signs of abuse, and how to understand the broad spectrum of needs our children have. Volunteers are encouraged to attend advanced training where available.

Sustaining the flow of volunteers and retaining existing volunteers is key to the future of Solidarity Sports. Covid-19 threatened this, as businesses paused volunteer days and university fairs were cancelled. Limitations on travel, isolation periods, and ensuring that volunteers felt safe were issues that we had to navigate once face-to-face delivery resumed.

This year, we worked with **123 volunteers**; 9 are professional volunteers who work alongside staff on a variety of key tasks including copywriting, website management, accounting, videography, governance, and bid writing. In the past year, this pro-bono work has saved the organisation tens of thousands of pounds.







(Playing in the playground at Westway during February half term, 2021)

2. Services and Impact

MISSION & OBJECTIVES

The charity nurtures the well-being of children in West London who are recovering from severe trauma. Our aim is to deliver happiness through participation in healthy and stimulating activities.

Specific objectives are to:

- Improve the physical, mental and emotional well-being of children; particularly children living in poverty and recovering from trauma;
- Advance children's development, education, and resilience to improve their chances for success;
- Reduce barriers to participation in leisure activities for children who have historically been excluded;
- Grow and honour the Hashim Family Legacy by facilitating the dreams of our children;
- Provide holistic family support by working with carers to give children the best care and chance in life.

ORGANISATIONAL BACKGROUND & BENEFICIARIES

Solidarity Sports was founded on the belief that every child deserves happiness.

When we established in 2007, we focused on sports. Since then, we have added healthy eating initiatives, arts activities, educational group trips, mentorship programs, and holidays in the UK and abroad.

The glue that binds our programs together is a commitment to creating a safe, open-minded, inclusive, and loving environment where we can play together and create happy memories.

95% of our children have been referred by Social Services and Hestia – a refuge housing women and children fleeing domestic violence. Our children are affected by abuse, neglect, abandonment, displacement, and bereavement. The majority have experienced chronic trauma, which affects their cognitive and social development. We also care for children who have Special Educational Needs, including those with Autism. An increasing number of our children are overweight or obese, which has a profound effect on their physical and mental wellbeing.

All our families live in social housing--the quality of which is often so poor that our children's health and development is adversely affected.

85% of our children speak English as an additional language and 86% are from BAME backgrounds

45% of our children live in London's richest borough, Kensington and Chelsea (RBKC). Termed the 'most unequal borough in Britain', there are 3 wards in the 'top least deprived' and 3 in the 'top most deprived'. Golborne ward is the most deprived ward across the Office for National Statistics (ONS) deprivation scores. To highlight the inequality, there is a 22-year difference in life expectancy between the richest and poorest ward.



2020-21 was another year of growth for Solidarity Sports. Despite a global pandemic, we engaged 174 children in our projects, a 24% increase from the previous year.

	2019/20	2020/21
Total Participants	139	174
Total Volunteers	118	123
Total Projects	7	9

Our services are concentrated in Kensington and Chelsea and Hammersmith and Fulham. We have developed and nurtured excellent relationships with Social Services in both boroughs, evidenced by a continuous stream of referrals.

VIRTUAL PROJECTS (LOCKDOWN)

For the first time since its inception, Solidarity Sports delivered 3 virtual holiday projects in April, May, and December of 2020. Online events were part of a wide range of support activities we curated by establishing what our children and families were experiencing and deciding how we could best support them while in lockdown.

Two weeks before the lockdown was announced, we collected survey data from over 90 families to understand what they were struggling with most. Three themes were prevalent in their responses: financial stress, increased

anxiety, and food insecurity. Early consultation with our families meant that when the UK was plunged into a nationwide lockdown, we were confident that our adapted services would meet their immediate needs.



"Every other day I top-up my electricity meter. How can I do this if I have to self-isolate or the shops close?".

"I'm scared to let my girls out because they might bring COVID back home. I can't risk it because my mum is very ill".

Our emergency response resulted in the following:

- Over **100** local families received tailored care packages including food, nappies, and toiletries.
- **90** digitally excluded families were provided immediate internet access through sim cards.
- **25** children received a tablet or laptop, enabling them to access their virtual school. We went on to source laptop/tablet devices for an additional **36** children between the summer of 2020 and March 2021.

The repercussions of Covid-19 included school closures, working entirely remotely, postponing fundraising events indefinitely, and cancelling upcoming Easter trips. We were faced with a decision:

'Do we stop provision, as we can no longer see our children face-to-face?',

'If we continue offering support, will we be able to manage financially?'

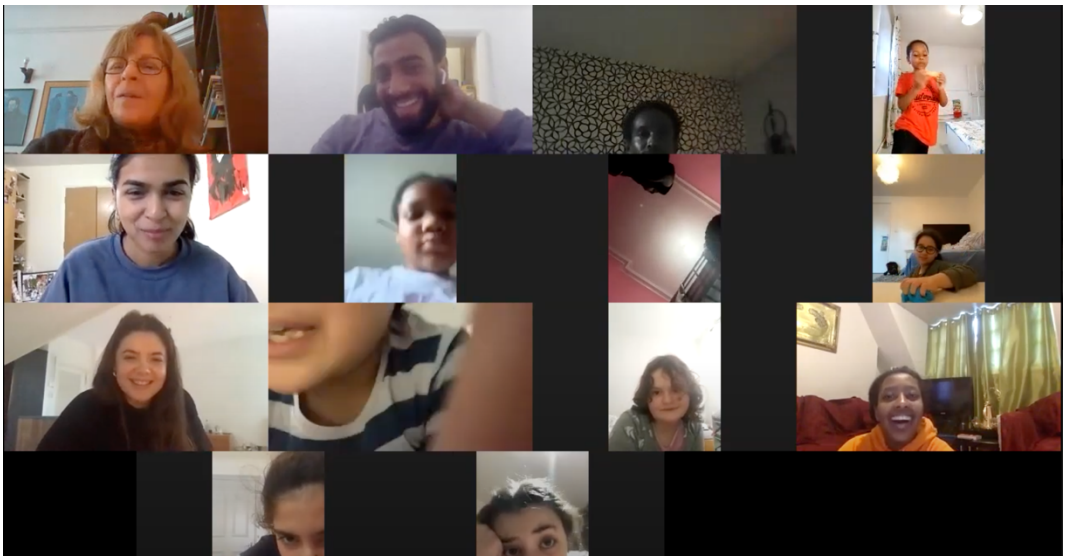
Our decision was ultimately made when we considered the question: *'What will happen to our children if we are not there for them?'.* Conversations with social workers highlighted just how fragile the home lives were for many of our children. Some were on the precipice of entering the care system and there were mounting safeguarding concerns for others. We remained aligned with our organisation's mission and entered lockdown determined to make a

significant positive impact on our children. It was imperative that we showed them that we will never give up on them.

We would like to thank Giffgaff, Motorola, Vitabiotics, TK Maxx and Sky TV for their help in mobilising our emergency response, through donating supplies and delivering support to our families.

Zoom Holiday Projects

For the first time, we delivered group activities online during the Easter and May 2020 school holidays. 76 children benefitted from a range of daily activities including cooking, boxing, dance, drumming, and yoga. Our aim was for the activities to be interactive, high energy, and lots of fun to keep our young children engaged. We organised challenges like 'The Fort Challenge' for children to be creative, which involved building forts in their homes using any material available to them, whether it be sofa cushions or tinned food!



(Christmas Zoom Activities, December 2020)

Buddying Programme

With extended time at home, we learned early on that our children were experiencing loneliness. For many who did not have a computer or tablet device of their own, these children could not even connect virtually with friends or family, which exacerbated their sense of isolation. To address this, we set up a 'buddying programme' between our volunteers and children. 60 children benefitted from meaningful contact with volunteers for a minimum of 3 days per week. Video calls involved card games, homework help, fitness games, and calming activities like yoga. Feedback from both children and

adults was incredibly positive, highlighting how crucial this respite was for families during this time.

"When my girl speaks with her buddy she always comes away smiling. She looks forward to her video calls and it also means I can focus on my son for a bit."

Bedtime Stories

A problem faced by both children and their carers during lockdown was a lack of structure, which had a detrimental effect on children's bedtime routine. To support families, we ran Zoom 'bedtime story' sessions twice a week, which gave children a consistent familiar evening activity and 30 minutes respite for carers. A highlight was Sky's story writing competition, which was exclusively organised for Solidarity Sports. A Sky Sports presenter read a story written by one of our 8-year-old children, who won first place in the competition.



PROGRAMMES (TRANSITIONING TO A NEW NORMAL)

In July 2020, we returned to in-person delivery, beginning with our Summer Holidays. To remain open for the full 5 weeks we had to drastically adapt how we have been running activities for 13 years and implement covid-19 measures, including the following:

- Children and volunteers were grouped into 'bubbles' for the whole project
- Regular handwashing/hand sanitiser
- Temperature checks upon arrival
- Vigorous risk assessments, reviewed by Sky's Health & Safety team and RBKC
- Coach travel organised for families not within walking distance to avoid public transport

- Equipment cleaning between groups
- All groups followed a one-way system at the venue
- Regular lateral flow testing for staff and volunteers

Summer Holidays 2020

69 children participated in arts and crafts, football, basketball, indoor games, Lego, and fitness activities for 5 weeks. Summer activities took place at All Saints Catholic College in North Kensington for 4 weeks and 1 week was spent at Kensington Gardens for daily park trips.



(Switch Sports, Summer 2020)

Physical activity was prioritised to help combat alarming obesity concerns, release tension, improve fitness, and boost self-esteem. Key to the success of this project was maintaining the 1 adult to 2 children ratio. This unique factor is what we believe makes our children feel safe with us, as shown in our end-of-summer feedback. **100% of children told us the volunteers were the reason they felt safe with us.**

Although restrictions limited volunteers, we were able to take advantage of the Furlough Scheme, which allowed temporarily out-of-work employees to volunteer. By attracting young people from retail and hospitality, we were able to maintain our ratio and support our local community by offering volunteering opportunities.



(Trip to Holland Park, 2020)

Half Term Activities

	Children	Volunteers
October 2020	68	45
February 2021	64	50

Mentoring Programme

One of the difficulties we faced last year was the recruitment of mentors.

As lockdown heightened already strained home lives for some of our children, the need for mentors increased.

Mentoring is offered to our children where there are safeguarding concerns, as well as for those going through court proceedings.

We were fortunate to receive funding from the National Lottery Community Fund to expand and grow our mentoring programme. These funds enabled us

to make the mentor position a paid role. This attracted more of our experienced volunteers who had struggled financially due to the pandemic.



Mentors work with their child for a minimum of 6 months. Training emphasises the long-term commitment, which has been a barrier in the past to recruitment--we ask for sessions to take place at the same time each week (usually after school) to establish consistency in our children's lives with an adult who will always show up for them.

One of the successes of this programme includes our strengthened relationship with Social Services, who have seen the transformative results in children who under Child in Need plans.

18 children have engaged in our mentor programme in the last 12 months.

After-school activities

During the past year we ran varied after-school and weekend activities for a small number of children. Activities included Saturday 'lunch club' and 'smoothie club'. Sessions were aimed to improve the health of our children and encourage positive eating behaviours.



ORGANISATIONAL GROWTH

New Office

Our growth in the past 12 months is largely attributed to securing new premises in Lillie Road. The space was very generously donated to us in-kind by Delancey and Earls Court Development Company.

For the first time in 13 years, we have a home of our own, after years of working in hotel lobbies, coffee shops, and various living rooms. Covid-19 changed this for us.

It did not take us long to adapt to this space and now we cannot imagine the charity without it. It has been a space where mentors can come with their children, confidential meetings can be held for our children's social workers and therapists, and it provides desk space for our team to work from. It has also been frequently used by our young volunteers and teenage group.

A key part of our organisational strategy in the next 12 months is to secure a larger space, where we can run activities from. This will grant us with greater flexibility and security when planning and delivering our activities, particularly with the uncertainty of Covid-19.

Dad's House Food Bank

For over a decade we have worked with Dad's House Food Bank, referring families and even setting up a Monday night football club for local single dads. Once we relocated to Lillie Road and became neighbours with the food bank, it was only natural to formalise our partnership and grow our reach even more.

At the peak of lockdown, the food bank saw 50-60 clients each day.

One of the projects we have been working together on is the Family Law Clinic. Held at the food bank each Wednesday, it attracts pro-bono support from some of the country's top family lawyers, such as Simon Bruce.

We have referred mothers who have not been aware of all their rights, carers scared of abusive ex-partners finding where they live, and provided support on how to navigate family courts. 6 of our families have been supported by the legal clinic.

During lockdown, we held 'Iranian Night' at the food bank each Thursday, for Iranian refugees living in local hotels. After talking to them, we realised many missed foods from their home. We partnered with an Iranian restaurant in Ealing and served traditional foods, including lamb, grilled vegetables, and rice.



Team Growth

As part of the National Lottery Community Fund grant, we recruited a Family Wellbeing Advisor in September 2020 to support our Family Safeguarding Lead for 6 months, as per the terms of the grant.

In March 2021 we hired our part time Memory Makers Lead, Jasmine. When revising our fundraising strategy, we decided to invest in regular giving, an area we have not fully explored before. It was important for us to consider relying less on Trusts and Foundations of our charitable income, especially in the post-pandemic climate.

Fundraising

Solidarity Sports endeavours to grow income from trusts and foundations. We also invest our efforts in individual giving campaigns to garner long-term support from donors.

Covid-19 required us to be adaptable and act quickly to safeguard the financial health of our charity. We launched a fundraising campaign early in the first lockdown to raise immediate funds for our families in crisis. This was followed by applying for new funds and strengthening our relationships with local funders.

The charity grew its income by 80% from the previous financial year. Solidarity Sports has partnered with 20 trusts and foundations this year, totalling

£277,138 in awarded funds spread across core and project costs of the charity.

Due to the lockdown, we had to cancel all fundraising events, including our *Memory Makers* relaunch. To build our regular giving support, we have recruited a part time campaign lead. Our goal is to sign up 500 regular donors via direct debit.

Our participation in the Big Give–twice in the last financial year–resulted in an increase in our budgeted income for individual giving. The success of our Big Give campaigns was largely due to our corporate partner, BNP Paribas, who held internal fundraising challenges to help us reach our goal.

Finally, our corporate partnership with Sky Cares continues to go from strength to strength. Along with financial support, the team has helped us with deliveries to families, food, gifts for children, competitions to engage children in learning, provision of laptops, and volunteers.



The trustees and staff would like to express their gratitude and thanks to the following trusts and foundations for their very generous support and kindness shown in the past year.

Calleva Foundation, Childhood Trust, Children in Need, The Daisy Trust, DEBK, Hammersmith United Charities, Jack Petchy, Kensington & Chelsea Foundation, London Community Fund, The Mercers' Company, National Lottery Community Fund, Octavia, Peguera Trust, Sported, Street Games, Stronger Communities, The Tudor Trust, United Hammersmith & Fulham, Westway Trust and Wasps Family Charitable Trust.

Planning for the future

At the year-end, the Trustees established a level of unrestricted reserves of £144,000 that the charity have set aside in a separate savings account. They set this level to ensure adequate coverage of the running costs of the charity for six months.

Given the challenges faced by the charity during the COVID-19 pandemic, the Trustees have since decided to set aside a higher level of reserves to cover 12 months.

In addition, £60,000 has also been set aside for renovations in January 2022 on the new office space secured by the charity.

We saw a spike in our income, due to several year-long grants we were awarded, which will run until the final quarter of 2021/22. We also experienced a significant increase in individual giving, as donors understood the increased hardship many people were facing as part of the pandemic.

It is important for us to recognise that this spike is not permanent, and it is in our charity's best interests to remain resourceful and expect a decrease in next year's income.

STATEMENT OF BOARD OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the trust and of the incoming resources and application of resources of the trust for that year.

To ensure its responsibilities, the Board of Trustees has acted as follows:

- Selected suitable accounting policies and applied them consistently
- Prepared the financial statements on the going concern basis
- Made judgements that are reasonable but also prudent
- Ensured proper accounting records are kept
- Regularly reviewed financial and operating performance

- Followed applicable accounting standards, subject to any material departures disclosed and explained in the financial statements
- Been responsible for safeguarding the assets of Nova and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the trust and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

During the year the trustees met 4 times.

This report was approved by the Board on 19 December 2021 and signed on their behalf by:



Ms Melernie Meheux

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS

I report on the accounts of Solidarity Sports for the year ended 31 March 2021, as set out on pages 16 to 25.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250 000 but was less than £1 million, and its gross assets were less than £3.26 million, and these accounts therefore do not require independent audit. I am qualified to undertake the examination by being a member of the Institute of Chartered Accountants in Scotland.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the Charities Act; or

2. the accounts did not accord with the accounting records; or

3. the accounts did not comply with the applicable requirements concerning the format and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Douglas Paton BSc CA
The Institute of Chartered Accountants of Scotland
Bannerman Johnstone Maclay
213 St Vincent Street

Glasgow
G2 5QY

Date: 13 December 2021

STATEMENT OF FINANCIAL ACTIVITIES

	Notes	2021 Unrestricted £	2021 Restricted £	2021 Total £	*2020 Total £*
Incoming resources					
Government Grants		180	11,942	12,122	-
Individual Giving		81,679	46,043	127,722	*98,055*
Corporate Partnerships		10,125	-	10,125	-
Furlough Scheme		49,738		49,738	
Trusts and Foundations		152,271	124,867	277,138	*172,854*
Total incoming resources	2	**293,993**	**182,852**	**476,845**	**270,909**
Resources expended					
Charitable Activities		(33,768)	(56,662)	(90,430)	*(69,199)*
Other Expenses		(130,940)	(72,849)	(203,789)	*(217,722)*
Total resources expended	3	**(164,708)**	**(129,511)**	**(294,219)**	**(286,921)**
Net income/(expenditure)		129,285	53,341	182,626	*(16,012)*
Transfers between funds	13	-	-	-	-
Net movement in funds		*129,285*	*53,341*	*182,626*	*(16,012)*
Reconciliation of funds					
Total funds at brought forward		96,893	-	96,893	*112,905*
Total funds carried forward		**226,178**	**53,341**	**279,519**	***96,893***

The notes on pages 24 to 32 form part of these accounts

BALANCE SHEET

		Unrestricted funds £	Restricted funds £	2021 Total £	*2020 Total £*
Fixed assets					
Tangible fixed assets	8	2,320	-	2,320	*3,852*
Current assets					
Debtors	9	3,070	-	3,070	*23,361*
Cash and bank balance	10	238,762	53,341	292,103	*120,578*
Current liabilities					
Creditors falling due within one year	11	(17,974)	-	(17,974)	*(50,898)*
Net current assets		**223,858**	**53,341**	**277,199**	***93,041***
Total assets		**226,178**	**53,341**	**279,519**	***96,893***
Funds of the Charity					
Total funds	12	226,178	53,341	279,519	*96,893*
		226,178	**53,341**	**279,519**	***96,893***

The financial statements were approved by the Board of Trustees on 19 December 2021 and were signed on its behalf by:



Ms Melernie Meheux

Chair of Trustees

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

a) Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

b) Income and expenditure

Unrestricted grants and other income are accounted for in the year in which they are receivable. Restricted grants and other income are accounted for in the year in which the projects are expected to take place. All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

c) Restricted and Unrestricted projects

The charity organises its work between a number of projects. Certain projects are supported in whole, or major part, by specific donations or grants, and these are designated as being Restricted projects. These restricted funds can only be used for those particular restricted purposes within the objects of the charity. Other projects are undertaken as part of the general work of the charity, and are regarded as being Unrestricted projects. The unrestricted funds allocated to those projects can be used at the discretion of the trustees. Staff may work both on Restricted and Unrestricted projects, and their employment costs have been analysed based on time spent.

d) Fixed assets and depreciation

Depreciation is calculated by writing down the cost of all fixed assets to their estimated residual values by equal instalments over the period of their estimated useful lives, which are considered to be three years. Only fixed assets with an individual cost exceeding £750 are capitalised.

e) Taxation

The charity Is exempt from corporation tax on its activities.

2. Income

Calleva Foundation	-	15,000	15,000	-
Campden Charities	-	2,000	2,000	-
Childhood Trust	11,350	-	11,350	*11,250*
Children in Need	-	23,443	23,443	-
Daisy Trust	1,720	-	1,720	-
DEBK	1,500	-	1,500	-
Family Action				*5,093*
Hammersmith United Charities	9,980	70	10,050	*13,850*
Jack Petchey Foundation	1,750	1,500	3,250	*3,120*
K&C Foundation	47,000	-	47,000	-
London Community Foundation	15,000	15,000	30,000	*10,000*
Mercers'	-	30,940	30,940	*25,000*
National Lottery Community Fund	-	19,469	19,469	-
Octavia Foundation	-	5,000	5,000	*2,500*
Peguera Trust	1,000	-	1,000	-
RBKC	23,031	-	23,031	*33,333*
Sported	-	1,495	1,495	-
StreetGames	-	4,000	4,000	-
Stronger Communities	-	4,950	4,950	-
United Hammermith & Fulham	10,940	-	10,940	-
Tudor Trust	27,000	2,000	29,000	*25,000*
Wasps Charitable Fund				*2,500*
Westway Trust	2,000	-	2,000	*5,000*
Trusts and Foundations Total	**152,271**	**124,867**	**277,138**	-
Government Grants				
Social Services LBHF	-	1,872	1,872	*1,944*
Social Services RBKC	180	10,070	10,250	*14,876*
Social Services Tower Hamlets				*388*
Furlough	49,738		49,738	-
Government Grants Total	**49,918**	**11,942**	**61,860**	
Individual Giving	77,157	46,043	123,200	*98,055*
Gift Aid	4,522	-	4,522	-
Individual Giving Total	**81,679**	**46,043**	**127,722**	
Other Income				
Corporate Partnerships	10,125	-	10,125	-
Other Income Total	**10,125**	**-**	**10,125**	-
Total income	**293,993**	**182,852**	**476,845**	*270,909*

3. Total Expenditure

Total expenditure is made up as follows:-

	Unrestricted £	2021 Restricted £	Total £	*2020 Total £*
Expenditure on charitable activities				
Sessional staff	10,403	23,569	33,972	*23,369*
Volunteer expenses	322	889	1,211	*2,559*
Equipment	1,188	8,461	9,649	*1,186*
Family Support	5,636	-	5,636	-
Food for Children	1,169	1,890	3,059	*4,697*
Trip bookings	11,807	12,516	24,323	*24,012*
Venue hire	2,156	3,493	5,650	*2,790*
Transport (inc. coach travel)	1,087	5,844	6,931	*10,586*
Total expenditure on charitable activities	**33,768**	**56,662**	**90,430**	***69,199***
Other expenses				
Fundraising	-	-	-	*424*
Resources (brought in services)	14,676	398	15,074	*5,171*
Telephone, Internet and other office expenses	5,145	617	5,762	*1,733*
Staff/volunteer training	708	672	1,380	*2,064*
Staff/volunteer wellbeing	200		200	
Office rent	-	-	-	*3,478*
Miscellaneous	1,950	437	2,387	*27,827*
Depreciation expense	2,049	-	2,049	*2,295*
Insurance	124	-	124	*664*
Salaries (inclusive of pensions and NI)	106,088	70,725	176,813	*174,066*
Total expenditure on other expenses	**130,940**	**72,849**	**203,789**	***217,722***
Total expenditure	**164,708**	**129,511**	**294,219**	***286,921***

4. Net Income/(Expenditure)

Net income/(expenditure) Is stated after charging/(crediting):

	2021 Total £	*2020 Total £*
Depreciation - owned assets	2,049	*2,295*
Total	**2,049**	***2,295***

5. Staff Costs

An average of 6 people were employed on a full or part-time basis by the charity. (2019/20: 5). The costs incurred in respect of these employees were as below. Their employment costs have been analysed between restricted projects, and unrestricted or administrative duties based on an estimate of time spent, except where funders have underwritten specific roles.

	2021 Total	*2020 Total*
	£	*£*
Wages and salaries	153,275	*146,982*
Pension costs	5,056	*4,718*
Social Security costs	18,482	*22,365*
	176,813	***174,065***
Analysed between:		
Restricted projects	106,088	*69,250*
Unrestricted projects	70,725	*104,815*
Total	**176,813**	***174,065***

Key management personnel recevied £51,173 (2020: £54,641) for their services to the charity. No employees received employee benefits for the reporting period of more than £60,000.

6. Trustee Remuneration

There were no trustees' remuneration, other benefits or expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

7. Comparatives for the Statement of Financial Activities

	Unrestricted funds £	Restricted funds £	Total £
Incoming resources			
Individual Giving	73,297	24,758	98,055
Trusts and Foundations	93,223	79,631	172,854
Other Income			-
Total incoming resources	166,520	104,389	270,909
Resources expended			
Charitable Activities	(31,975)	(37,224)	(69,199)
Other Expenses	(147,791)	(69,931)	(217,722)
Total resources expended	(179,766)	(107,155)	(286,921)
Net income/(expenditure)	(13,246)	(2,766)	(16,012)
Transfer between funds	(2,766)	2,766	-
Reconciliation of Funds			
Total funds brought forward	112,905	-	112,905
Total funds carried forward	**96,893**	**-**	**96,893**

8. Tangible Fixed Assets

	Fixtures, fittings and equipment £
Cost at 1 April 2020	8,358
Additions	517
Disposals	-
Cost at 31 March 2021	8,875
Depreciation at 1 April 2020	4,506
Charge for the year	2,049
Depreciation on disposals	-
Depreciation at 31 March 2021	6,555
Net book value at 31 March 2021	**2,320**
Net book value at 31 March 2020	***3,852***

9. Debtors

	2021 Total £	2020 Total £
Trade debtors	270	2,968
Prepayments	2,800	20,393
Total	**3,070**	**23,361**

10. Cash and Bank Balances

Cash and Bank balances are held in immediately available accounts with HSBC.

11. Creditors

	2021 Total £	2020 Total £
Deferred income	-	(37,000)
Salaries and related taxes payable	(17,974)	(13,898)
Other creditors		
Total	**(17,974)**	**(50,898)**

Deferred income relates to income received during the year ended 31 March 2020 relating to events after the year-end.

12. Reserves

General reserves are carried forward to future periods, and may be expended in accordance with the charity's Trust Deed as the Trustees decide.

Income from Restricted sources is expended in the year to which it relates. Any surplus remaining at the end of the year carried forward to the next financial year, while any deficit is met from Unrestricted sources.

In the year ended 31 March 2020 Restricted expenditure exceeded income for those purposes by £2,766 and this amount was met from Unrestricted Funds.

During the course of the last 12 months, the Trustees decided to increase the level of reserves to 12 months, given the challenges presented by Covid-19.

13. Movement in Funds

	Funds b/f At 1.4.20 £	Net movement in funds £	Transfer between funds £	Funds c/f At 31.3.21 £
Unrestricted funds				
General fund	96,893	129,285	-	226,178
Restricted funds				
Other restricted funds and individual giving	-	53,341		53,341
	-	53,341	-	53,341
TOTAL FUNDS	**96,893**	**182,626**	**-**	**279,519**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Outgoing resources £	Net movement in funds £
Unrestricted funds			
General fund	293,993	(164,708)	129,285
Restricted funds			
Calleva Fondation	15,000	(15,000)	-
National Lottery Community Fund	19,469	(19,469)	-
Children in Need	23,443	(23,443)	-
Social Services RBKC	10,070	(10,070)	-
London Community Fund	15,000	(15,000)	-
Mercers Trust	30,940	(30,940)	-
Other restricted funds and individual giving	68,930	(15,589)	53,341
	182,852	(129,511)	53,341
TOTAL FUNDS	**476,845**	**(294,219)**	**182,626**

Comparative for movements in funds

	Funds b/f At 1.4.19 £	Net movement in funds £	Transfer between funds £	Funds c/f At 31.3.20 £
Unrestricted funds				
General fund	112,905	(13,246)	(2,766)	96,893
Restricted funds				
Other restricted funds and Individual Giving	-	(2,766)	2,766	-
	-	(2,766)	2,766	-
TOTAL FUNDS	**112,905**	**(16,012)**	**-**	**96,893**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Outgoing resources £	Net movement in funds £
Unrestricted funds			
General fund	166,520	(179,766)	(13,246)
Restricted funds			
Hammersmith United Charities	5,430	(5,430)	-
Brian Murtagh	10,000	(10,000)	-
Childhood Trust	6,250	(6,250)	-
London Community Fund	10,000	(10,000)	-
Mercers Trust	25,000	(25,000)	-
Social Services RBKC	12,171	(12,171)	-
Other restricted funds and Individual Giving	35,538	(38,304)	(2,766)
	104,389	(107,155)	(2,766)
TOTAL FUNDS	**270,909**	**(286,921)**	**(16,012)**

14. Related Party Disclosure

There were no related party transactions for the year ended 31 March 2021.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SOLIDARITY SPORTS

I report on the accounts of Solidarity Sports for the year ended 31 March 2021, as set out on pages 14 to 23.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250 000 but was less than £1 million, and its gross assets were less than £3.26 million, and these accounts therefore do not require independent audit. I am qualified to undertake the examination by being a member of the Institute of Chartered Accountants in Scotland.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which give me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the Charities Act; or

2. the accounts did not accord with the accounting records; or

3. the accounts did not comply with the applicable requirements concerning the format and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Douglas Paton

Douglas Paton BSc CA
The Institute of Chartered Accountants of Scotland
Bannerman Johnstone Maclay
213 St Vincent Street
Glasgow
G2 5QY

Date: 13 December 2021