

' Approved '

REGISTERED COMPANY NUMBER: 06340472 (England and Wales)
REGISTERED CHARITY NUMBER: 1123549

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
TAMESIDE, OLDHAM AND GLOSSOP MIND**

TAMESIDE, OLDHAM AND GLOSSOP MIND

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for the Year Ended 31 March 2024**

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TAMESIDE, OLDHAM AND GLOSSOP MIND
REFERENCE AND ADMINISTRATIVE DETAILS
for the Year Ended 31 March 2024

Registered Company number

06340472 (England and Wales)

Registered Charity number

1123549

Registered office

216-218 Katherine Street
Ashton-under-Lyne
Lancashire
OL6 7AS

Trustees

K Beal
A J Coren
B Dey
C Eastwood
A Flynn
R Mercer (resigned 07.08.2023)
B Mirza
V J Murcott
R Umpleby
Dr Keith Jeffery
S Dawson (appointed 13.05.2024)

Company Secretary

J Higson

Auditors

Moss & Williamson Limited
Chartered Accountants
Statutory Auditor
Booth Street Chambers
Ashton-under-Lyne
Lancashire
OL6 7LQ

TAMESIDE, OLDHAM AND GLOSSOP MIND

REPORT OF THE TRUSTEES for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the Charity are to promote the preservation and the safeguarding of mental health and wellbeing by carrying out such activities that relieve persons suffering from mental health problems and promote their recovery and foster their emotional and physical wellbeing. The Charity abides by any membership agreement with National Mind and is a Local Mind Association (LMA). In carrying out its objects, the Charity promotes equality of opportunity and opposes any form of discrimination on grounds of race, ethnic origin, gender, sexual orientation, age, disability or religion.

Our vision and mission are at the heart of the services we deliver:

- Vision: Enabling everyone in our communities to achieve better mental health.
- Mission: To continue to provide the best quality local mental health services in prevention, early intervention and primary care; alongside empowering individuals and our communities to live well.

Our values underpin our approach to providing quality services:

- Relationships: we listen and ask questions to understand others and to build trust. People matter to us both inside and outside our organisation.
- Aspiration: we support one another, clients, and communities to achieve better mental health.
- Learning: we seek insight and grow from experience; finding new or better ways to contribute to the field of mental health.
- Potential: we encourage personal responsibility for development by discovering and realising the abilities and energies of people.

We delivered our objectives and aims by providing mental health and wellbeing support services to some of the most vulnerable in our communities, both adults and young people. This included early intervention and prevention mental health services, services for people in crisis, talking therapies, community wellbeing activities and training services.

During 2023-24 we have been pleased to continue to deliver services to support our communities to achieve better mental health. Our key achievements included:

- Providing support to over 7,500 individuals.
- Delivering more than 20,000 appointments across all services.
- 78% of our clients achieved significant goal-based improvements.
- 9 out of 10 clients in our family and young people services would confidently recommend us to their friends.

We provided quality services to our diverse communities and sought feedback to enable us to continuously improve. Our clients fed back the following about our services.

*"I really wanted to send you a massive thank you for your **kindness, openness, support** and encouragement. You have helped to give me back some of my confidence, self-esteem and self-worth.... you've given me back things I thought I'd lost forever"*

*"We were **treated as individuals** and not made to feel as if our troubles were trivial or that we were to blame in any way."*

*"Facilities are good, **staff amazing** with children."*

*"Safe space to open up and **felt understood**. Great suggestions to take home and try."*

*"I **feel better** than I had hoped at the end of the session, and I now have relief from my stress and anxiousness."*

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"I want to thank you (and the Peer Support Project) for your time, and all the experience I have gained. From the managerial and clinical supervision provided to me, and the educational / qualification opportunities afforded to me.

*You have been a great mentor and **I have learned a lot** about myself."*

*"This service has helped me **feel calmer and more relaxed** about things, enabling me to cope better!"*

*"I felt **less overwhelmed and less anxious** at the end of the session."*

*"I feel very lucky that this service is available to us. The drop in is a godsend. Everybody we have had contact with have been **very warm and supportive**."*

*"Through the groups, I **made new friends** and developed a routine that stabilised my mood."*

*"I felt like I was **understood, and not judged**. You made me feel really comfortable."*

*"I felt calmer, less anxious, and **more motivated** at the end of my session!"*

*"I feel that the service was very helpful, and I felt supported.... I did not feel judged.... and she displayed excellent empathy throughout.... It is so important that a service user feels that it is a **safe space to talk**...."*

Significant activities

The significant activities undertaken during the 2023-2024 financial year are detailed below.

Accessible and trauma-informed services

To support our communities to achieve better mental health we continued to look at ways to improve access to services that are safe and trauma-informed. We established a trauma-informed working group and delivered training to our managers on trauma-informed approaches. We put trauma-informed training licenses in place for our staff working with children and young people.

We have continued to enhance our buildings to create welcoming, informal community spaces. Changes to our reception waiting areas were designed with open access in mind to support our wellbeing and drop-in services.

We supported access for neurodivergent clients by:

- Creating quieter waiting spaces.
- Providing pre-booked appointments.
- Creating service information videos to show what to expect in our buildings.
- Providing fidget toys and low stimulus rooms.

We increased our digital offer by providing online self-referrals and embedding digital wellbeing platforms. This included:

- Providing digital mental health and wellbeing courses for children and young people through SilverCloud, an online mental health platform.
- An online referral form developed for our family services.
- Providing online self-referrals via National Mind's Supported Self-Help platform.

We supported our staff to increase their knowledge and engage with clients across a broad range of diverse communities. This included:

- Neurodiversity training for staff delivering children and young people's services.
- Holding lunch and learn sessions and sharing celebration stories for South Asian Heritage Month.
- Delivering menopause awareness training to managers across the organisation.

TAMESIDE, OLDHAM AND GLOSSOP MIND

REPORT OF THE TRUSTEES for the Year Ended 31 March 2024

We co-designed services with our lived experience forum and stakeholders throughout the community. This included:

- Establishing a Lived Experience Forum and Lived Experience Co-ordinator in Oldham.
- Co-designing our volunteer strategy with volunteers.
- Providing opportunities for young people to be involved in local commissioning and gain qualifications through the HOPE co-production group.
- Working with Diversity Matters Northwest to codesign a culturally appropriate and multi-lingual counselling service for South Asian communities.

We continued to ensure wide accessibility to sources of support by delivering services in the community, providing drop-in services and delivering a wide variety of services to meet the different needs of our communities.

Service development

We have continued to work with our commissioners, partners, stakeholders, staff, volunteers and clients to develop and deliver high-quality services that enable our diverse communities to achieve better mental health.

We were pleased that we have been able to continue our key contracted services to adults including Improving Access to Psychological Therapies (IAPT), Living Well, Multi-Agency Safeguarding Hub (MASH), Delayed Transfer of Care (DTC), Listening Space and The Safe Haven.

We further developed services by delivering from additional community spaces and increasing the number of Navigators on the Living Well service in Oldham to cover every Primary Care Network, resulting in 1,931 clients being referred. The DTC service was expanded as part of the Greater Manchester Moving on Project to include the Steps to Home service.

The counselling service Minds Matter, which we delivered in partnership with The Big Life Group, continued through 2023-24, supporting 661 clients. However, the funding came to an end early in the 2024-25 financial year, after 40 successful years of the service existing in various forms. We continued to deliver our paid for counselling services and are reviewing options to expand this to fill the gap left by the end of the Minds Matter service.

We expanded delivery on the Supported Self-help adults service, supporting 118 people through the continuation of grant funding from National Mind.

We were pleased to be one of the first VCSE partners involved in the Mental Health Urgent Triage pilot. This involved our practitioners being based in the 111-helpline service to provide information to people in need of non-urgent mental health support. The service will continue into 2024-25.

We provided further support to adults through a partnership with Turning Point to deliver a co-occurring conditions service on behalf of Oldham Council, which has been extended into 2024-25. We worked with Diversity Matters Northwest to provide a multi-lingual counselling service for South Asian communities.

Our Wellbeing Hub in Tameside has continued to provide wellbeing activities to the local community delivering 256 group sessions including creative writing, arts and crafts, an autism group, over 50s peer support group, get to know your gadget sessions, yoga, walk and talks, and boards games and brews. There were 1,345 people who participated in activities, and 78% of people accessing the Wellbeing Hub reported a positive change due to the activities they had undertaken.

We added additional wellbeing activities including an allotment to provide a community garden. We provided sessions to connect people with local practical, financial and social support. These community connections sessions also helped people affected by the increased cost of living with access to support through a free food pantry, free hygiene items and foodbank voucher referrals.

Our Peer Support service continued to support adults who are struggling with their mental health through trained volunteers, who have first-hand experience of mental health challenges. We continued to be part of Oldham Social Prescribing, in partnership with Action Together, Positive Steps and Age UK, which connects people to community groups, activities and organisations to support people to improve their health, wellbeing and social connections.

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We were pleased to have sustained funding for our core children and young people contracted services, and across these services we received a total of 2,522 referrals. We continued the successful delivery of services including the Take 5 Hub, Mental Health Support Teams in schools, schools counselling services, #Thrive with Pennine Care, Community Hive with 42nd Street, and the Youth Justice Service with Positive Steps.

Through ongoing grant funding from National Mind, we were able to continue to provide a young peoples' counselling service, which supported over 150 young people.

Through ongoing grant funding from the Eric Wright charitable Trust, we were able to provide support to 56 families. In addition, we were pleased to secure funding from the Charlie Waller Trust to train staff as parent carer peer supporters, which further enhanced our families service offer.

A significant number of our services couldn't have been delivered without the support of our dedicated volunteers. To recognise their contribution, we held a volunteer celebration day to thank them for their invaluable support in delivering our activities.

We continued to provide training to organisations and individuals including tailored training, Connect 5 and accredited courses for Mental Health First Aid and Youth Mental Health First Aid.

We developed further training including Supporting Mental Health, Managing Stress in the Workplace, Youth Mental Health Awareness and Suicide Prevention. We delivered 52 of these training sessions throughout the year, with attendees reporting that as a result of the training:

- Their knowledge of the training topics had increased by 48.5%.
- Their confidence in the training topics had increased by 73%.

Of the attendees who provided feedback:

- 100% agreed the trainer kept their interest in the session.
- 100% agreed the trainer was knowledgeable on the content.
- 98% of people scored the training 5 out of 5 on the question 'How satisfied were you with the training'.
- 98% of people scored the training 5 out of 5 on the question 'How likely are you to recommend this training'.

We continued to work in partnership with Mind in Salford, Manchester Mind, Rochdale Mind and Stockport District Mind to deliver a project focussed on supporting people experiencing menopausal symptoms and SMEs working to support their employees through the menopause. This project will continue until March 2025 through funding from the Voluntary, Community and Social Enterprise Health and Wellbeing Fund, a joint initiative run by the Department of Health and Social Care, NHS England and the UK Health Security Agency.

We continue to be grateful to all the people, schools, groups and businesses in our communities who supported us through their fundraising activities and all those who have kindly made any donations to us.

Partnership

We recognise that clients who use our services have multiple needs. We have worked with our partners across the sector to help clients navigate the system to get the support they need. We use our well-established relationships to co-deliver services, work as part of multi-disciplinary teams and smooth the referral process.

We undertook further engagement with partners to support system-wide access and increase place-based delivery of services. This included delivering the following services and activities:

- Co-occurring conditions service delivered in partnership with Turning Point.
- Mental Health Urgent Triage service implemented with NHS trusts as part of 111 triage team.
- Living Well workers established in local authority place based hubs.
- Local Community Worker supporting South Asian community groups to establish Carer's Group for people with dementia.
- Providing a space in our Tameside office for a community group to provide a cancer support service in Hindu, Jain, Sikh and other minority and Gujarati speaking communities.
- Bereavement Support project delivered in partnership with Diversity Matters Northwest, offering culturally appropriate and multi-lingual counselling service for South Asian communities.
- 'Human Factor' VCSE partnership event held focussed on strengthening relationships between mental health providers

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We have continued to deliver contracted services through well-established partnership working with organisations across the VCSE and health sectors. This has included peer support, social prescribing, Delayed Transfer of Care, The Safe Haven, Mental Health Urgent Triage, #Thrive and the Community Hub.

Governance

We continue to look at ways to strengthen our organisation governance and during 2023-2024 we undertook the following activities to support this:

- Established an organisation-wide safeguarding steering group.
- Developed an internal supervision framework and training programme focussed on supporting safe working practices.
- Undertook a comprehensive staff feedback exercise, through the launch of our employee engagement survey, and produced action plans to take forward the feedback received.
- Reviewed our approach to induction training and launched an improved programme for all staff joining the organisation.
- Delivered a line management training programme to support managers to more effectively work with their teams.

Following on from successfully achieving the Mind Quality Mark – a rigorous quality assurance standard, which sets the bar of good practice and legal compliance for all organisations in the Mind Federation – we took part in the Local Mind Excellence Awards. We were pleased to be awarded the Equality and Diversity Award. The ‘hallmarks of excellence’ for the award are expertise, courage, vision, creativity and commitment and we received the following feedback from the awards panel:

“They have an especially good commitment to equality and diversity and strong commitment to improving EDI in the organisation, they have a lot of inclusive engagement strategies.”

Social investments

The Charity does not carry out social investment activity.

Grant making

Grant making is not material to the Charity's charitable activities.

Volunteers

Volunteers continue to make a vital contribution to the organisation's achievements. During 2023-24 we had over 100 volunteers who are involved in all aspects of the charity's activities.

Financial review

There was a 20% increase in total income from the previous year. Contract income made up 90%, Grant income made up 7%, followed by income from paid training, rental income and fundraising income which collectively made up the remaining 3%.

The Trustees consider the Charity to be a going concern.

Investment policy

The Executive Committee has decided not to invest available funds in stocks and equities. This is due to cash being utilised for working capital purposes.

Plans for the future period

We will continue to support those accessing our services to feel safe and provide trauma-informed mental health and wellbeing support services. To achieve this in 2024-2025, we will:

- Work with NHS Greater Manchester on the implementation of the Patient Safety Incident Response Framework.
- Roll out Safety Plan training to staff across the organisation.
- Continue to develop and improve our links with local authority Safeguarding Boards.

We plan to increase the support we provide to our communities through:

- Developing an affordable and sustainable counselling offer.
- Expanding our children and young people drop-in services with the implementation of the Safe Zones services.
- Reviewing our crisis support through Safe Haven services.
- Increasing support through a whole-family approach across children, young people, and adult services

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REPORT OF THE TRUSTEES for the Year Ended 31 March 2024

To improve our client's experiences of our services we will support our staff and increase our partnership working through:

- Offering skills development for our staff through training programmes and apprenticeships focussed on improving knowledge of people's health and wellbeing.
- Enhancing data intelligence and using data insights to analyse reach and emerging themes to develop responsive services based on client need.
- Furthering our partnership work with the Greater Manchester local Minds.
- Working to support the further integration of the wider VCSE sector in healthcare provision to improve access to services.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 10 August 2007 and registered as a charity on 10 April 2008. The company was established under a Memorandum of Association that established the objects and powers of the charitable company and is governed under its Article of Association as revised on 18 November 2013. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Recruitment and appointment of new trustees

The directors of the company are also charity trustees for the purpose of charity law and under the company's articles are known as members of the Executive Committee.

The Executive Committee members are elected for a period of one year after which they must be re-elected. All Executive Committee members give their time voluntarily and receive no benefits from the charity.

Organisational structure

The Executive Committee of Tameside Oldham and Glossop Mind has not less than three and not more than fifteen members who meet monthly and are responsible for the strategic direction and policy of the charity. All the members are from a variety of professional backgrounds relevant to the work of the charity. The Chief Executive is also part of the Executive Committee as secretary but has no voting right.

The Executive Committee retains responsibility in all circumstances for ensuring the organisation operates within the requirements of the law, the Charity Commission and Companies House and its own Memorandum and Articles of Association. It determines the overall strategic direction of the Charity and is responsible for promoting and protecting TOG Mind's position, values, integrity, image and reputation. The Executive Committee ensures high standards of governance that command the confidence of TOG Mind's stakeholders, including members, service users and commissioners. The committee monitors the performance of the CEO and holds her to account for delivery against the business plan, budget and balanced scorecard performance.

Chief Executive Officer: Jennifer Higson

Decision making

The majority of operational decisions are delegated to the CEO, in line with her responsibilities for managing the organisation in accordance with the strategic, planning and budgetary parameters and risk management strategy approved by the Board. The Chief Executive is supported by directors and they are responsible for the supervision of their staff teams and operational service delivery and compliance.

Operational issues will be escalated to the Executive Committee where, in the judgement of the CEO, there is the risk of deviation from the organisation's strategic or financial plans or where there is political sensitivity or significant operational or reputational risk.

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REPORT OF THE TRUSTEES for the Year Ended 31 March 2024

Induction and training of new trustees

The Executive Committee members are recruited for their specific skills and experience in specialist areas to meet organisational-wide priorities across a range of services. The Executive Committee members are provided with an induction process which includes the provision of written information about the organisation and their responsibilities as committee members. Each member has an induction meeting with the Chair, the Chief Executive, a member of the Executive Committee and a member of the Leadership Team who cover the organisational history, current focus and future strategy.

Key management remuneration

The Executive Committee takes responsibility for remuneration decisions concerning the CEO and directorate heads.

Risk management

The Executive Committee has conducted a review of the major risks to which the charity is exposed. A risk register has been established and is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces. Significant external risks to funding have led to the process of developing a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers and clients. The continuing implementation of the British Association for Counselling & Psychotherapy (BACP) ensures a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Reserves policy

Tameside Oldham and Glossop Mind Board has agreed that it will endeavour to maintain sufficient reserves to ensure that adequate funding is available to finance wind-down costs that would be associated with closure, and to manage cost issues relating to withdrawal of specific contracting funding in a way that is the least damaging to those in need of our services.

The Board is conscious that the closure of services or whole charities is not uncommon but part of the responsibility of the trustees of any charity is to mitigate the negative effects rapid closure can have on vulnerable services users and staff.

The trustees agree that a minimum reserve of three months running costs are prudent to protect the organisation from financial risk.

In addition, the buildings occupied by the charity, 212-218 Katherine Street is fully owned and could be realised if required.

The reserves are in place to fund the following points:

- To maintain cash flow. Committed regular expenditure including salaries need to be protected against delayed income or income paid in arrears. Three months typical running costs have been calculated as sufficient to protect the organisation from financial risk.
- Grant/Contract income not being renewed, allowing to cover costs at short notice.
- To cover the costs of making the workforce redundant.
- For repairs and maintenance. Where a large-scale repair or maintenance is required which would otherwise threaten the running of the charity and is not covered by an insurance policy
- To provide an investment fund. Where a new service that meets the charitable objectives and has been calculated to be self-sufficient but requires a start-up fund to establish it.
- Wind-up or re-build. Where the charity has been forced to make the majority of paid workers redundant, to continue the payment of those staff and services identified as essential to either complete the wind-up of the charity, or to re-build it.

TAMESIDE, OLDHAM AND GLOSSOP MIND

REPORT OF THE TRUSTEES for the Year Ended 31 March 2024

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Tameside, Oldham and Glossop Mind for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Moss & Williamson Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 2.12.24 and signed on its behalf by:


Cheryl Eastwood - Trustee Chair

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF TAMESIDE, OLDHAM AND GLOSSOP MIND

Opinion

We have audited the financial statements of Tameside, Oldham and Glossop Mind (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF TAMESIDE, OLDHAM AND GLOSSOP MIND

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Enquiries were made of the Trustees and management with a view to identifying those laws and regulations that could be expected to have a material impact on the financial statements.

We obtained an understanding of the legal and regulatory framework that the company operates in, and the principal risks of non-compliance with laws and regulations which we identified as being significant to the company related to UK Financial Reporting Standards, Company Law, Charity Law, UK Tax Legislation and Health & Safety regulation. We considered the extent to which the non-compliance with these regulations would have an impact on the accounts.

The audit procedures we undertook in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) included, but not limited to:

- enquiries of management about procedures for compliance with laws and regulations
- enquiring of management as to whether they had any knowledge of actual, suspected or alleged fraud
- we inspected the minutes of meetings of those charged with governance
- in addressing the risk of fraud through management override of controls we tested the appropriateness of journals entries
- we ensured the audit team were alert for any identification of non-compliance throughout the audit

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
TAMESIDE, OLDHAM AND GLOSSOP MIND**

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Moss & Williamson Limited

Moss & Williamson Limited
Chartered Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Booth Street Chambers
Ashton-under-Lyne
Lancashire
OL6 7LQ

Date:

2/12/2024

TAMESIDE, OLDHAM AND GLOSSOP MIND

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 March 2024**

				2024	2023
	Notes	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	48,015	-	48,015	41,808
Charitable activities					
Adult Services	3	2,420,964	65,715	2,486,679	1,835,655
Children and Young People		1,306,139	83,794	1,389,933	1,365,683
Community Development		447,634	27,750	475,384	344,121
Central Services		99,900	164,390	264,290	301,774
Other income		3,441	-	3,441	741
Total		4,326,093	341,649	4,667,742	3,889,782
EXPENDITURE ON					
Raising funds	4	10,611	-	10,611	12,583
Charitable activities					
Adult Services	5	1,865,620	65,746	1,931,366	1,344,772
Children and Young People		986,251	135,555	1,121,806	983,297
Community Development		309,848	27,750	337,598	281,063
Central Services		936,807	169,390	1,106,197	963,217
Total		4,109,137	398,441	4,507,578	3,584,932
NET INCOME/(EXPENDITURE)		216,956	(56,792)	160,164	304,850
Transfers between funds	15	(53,912)	53,912	-	-
Gains/(Losses) on revaluation of fixed assets		-	-	-	105,000
Net movement in funds		163,044	(2,880)	160,164	409,850
RECONCILIATION OF FUNDS					
Total funds brought forward		1,395,969	22,983	1,418,952	1,009,102
TOTAL FUNDS CARRIED FORWARD		1,559,013	20,103	1,579,116	1,418,952

TAMESIDE, OLDHAM AND GLOSSOP MIND

BALANCE SHEET
31 March 2024

		Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	11	571,303	-	571,303	581,750
CURRENT ASSETS					
Debtors	12	410,601	15,103	425,704	678,602
Cash at bank and in hand		779,127	5,000	784,127	696,015
		<u>1,189,728</u>	<u>20,103</u>	<u>1,209,831</u>	<u>1,374,617</u>
CREDITORS					
Amounts falling due within one year	13	(202,018)	-	(202,018)	(537,415)
		<u>987,710</u>	<u>20,103</u>	<u>1,007,813</u>	<u>837,202</u>
NET CURRENT ASSETS					
		<u>987,710</u>	<u>20,103</u>	<u>1,007,813</u>	<u>837,202</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>1,559,013</u>	<u>20,103</u>	<u>1,579,116</u>	<u>1,418,952</u>
NET ASSETS					
		<u>1,559,013</u>	<u>20,103</u>	<u>1,579,116</u>	<u>1,418,952</u>
FUNDS					
Restricted funds		-	20,103	20,103	22,983
Unrestricted funds		1,559,013	-	1,559,013	1,290,969
Revaluation reserve		-	-	-	105,000
TOTAL FUNDS	15	<u>1,559,013</u>	<u>20,103</u>	<u>1,579,116</u>	<u>1,418,952</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

TAMESIDE, OLDHAM AND GLOSSOP MIND

BALANCE SHEET - continued
31 March 2024

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The financial statements were approved by the Board of Trustees and authorised for issue on

8 2.12.24 and were signed on its behalf by:

8 Cheryl Eastwood
Cheryl Eastwood
Trustee

TAMESIDE, OLDHAM AND GLOSSOP MIND

**STATEMENT OF CASH FLOWS
for the Year Ended 31 March 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Net cash provided by operating activities	1	115,694	113,702
 Cash flows from investing activities			
Purchase of tangible fixed assets		(27,582)	(32,218)
 Net cash used in investing activities		<u>(27,582)</u>	<u>(32,218)</u>
 Net cash used in financing activities		<u>-</u>	<u>-</u>
 Change in cash and cash equivalents in the reporting period		88,112	81,484
 Cash and cash equivalents at the beginning of the reporting period	2	696,015	614,531
 Cash and cash equivalents at the end of the reporting period	2	<u><u>784,127</u></u>	<u><u>696,015</u></u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

NOTES TO THE STATEMENT OF CASH FLOWS
for the Year Ended 31 March 2024

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024	2023
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	160,164	304,850
Adjustments for:		
Depreciation charges	38,029	37,925
(Increase)/decrease in debtors	252,898	(175,211)
Increase/(decrease) in creditors	<u>(335,397)</u>	<u>(53,862)</u>
Net cash provided by operations	<u>115,694</u>	<u>113,702</u>

2. CASH AND CASH EQUIVILANTS

	2024	2023
	£	£
Cash at bank and in hand	<u>784,127</u>	<u>696,015</u>
Total cash and cash equivalents	<u>784,127</u>	<u>696,015</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 01.04.23	Cash flows	At 31.03.24
	£	£	£
Net cash			
Cash at bank and in hand	<u>696,015</u>	<u>88,112</u>	<u>784,127</u>
Total	<u>696,015</u>	<u>88,112</u>	<u>784,127</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 March 2024

ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, as modified by the revaluation of certain assets.

The charity meets the definition of a public benefit entity.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably, and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition is met.

Expenditure and liabilities

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

TAMESIDE, OLDHAM AND GLOSSOP MIND

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 March 2024

ACCOUNTING POLICIES - continued

Expenditure and liabilities

Liabilities arising from future funding commitments and constructive obligations including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain give rise to a provision in the accounts which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities and is decreased by the utilisation of any provision within the period and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Allocation and apportionment of costs

Costs are allocated into 4 divisions - Adult Services, Children and Young People, Community Development and Central Services in line with budget.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Short leasehold property improvements	- 10% on cost
Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 25% on cost

Freehold land and property are valued at the latest surveyors' valuation. The Trustees consider that the valuation remains appropriate.

Debtors

Trade debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds can only be used for particular, restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular, restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Volunteers

In accordance with the SORP and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

Going concern

The trustees have at the time of approving the financial statements, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis of accounting in preparing the financial statements.

TAMESIDE, OLDHAM AND GLOSSOP MIND

**NOTES TO THE FINANCIAL STATEMENTS – continued
for the Year Ended 31 March 2024**

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	<u>48,015</u>	<u>41,808</u>

3. INCOME FROM CHARITABLE ACTIVITIES

Activity		2024	2023
		£	£
Contract income	Adult Services	2,415,015	1,735,356
Earned income	Adult Services	5,949	6,299
Grants	Adult Services	65,715	94,000
Contract income	Children and Young People	1,302,939	1,221,888
Earned income	Children and Young People	3,200	2,180
Grants	Children and Young People	83,794	136,173
Other	Children and Young People	-	5,442
Contract income	Community Development	447,434	290,173
Grants	Community Development	27,750	53,948
Earned income	Community Development	200	-
- Contract income	Central Services	17,500	22,200
Earned income	Central Services	82,400	123,679
Grants	Central Services	164,390	155,895
Other	Central Services	3,441	741
		<u>4,619,727</u>	<u>3,847,974</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Small grants individually less than £1,000	1,422	2,745
Unlocking Wellbeing – Men's groups	-	22,500
Unlocking Wellbeing – Peer Support Development	-	6,250
PHE - Prevention and Promotion Fund	-	56,296
National Mind Extend Wave One System	-	45,130
National Mind Active Monitoring	65,715	31,500
10GM Bolton Hub Home from Hospital Grant	-	22,500
National Mind Counselling	26,315	40,000
British Science Association Ideas Fund	-	3,000
Charlie Waller Trust - Parent Carer Peer Support	5,242	1,748
Eric Wright Trust	49,000	30,000
Action Together - Tameside Peer Support project	-	23,252
National Mind Time to Talk Grant	-	1,000
Department of Health and Social Care Work and Health Fund	158,718	154,095
National Mind Time to Talk Day Legacy Grant	5,000	-
National Mind Time to Talk Day Small Grant	1,000	-
Tameside MBC Winter Pressures Grant	1,000	-
Screwfix Foundation Grant	5,000	-
National Mind Flexigrant - CYP Hive	3,237	-
National Mind Cost of living crisis fund	20,000	-
	<u>341,649</u>	<u>440,016</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2023**

4. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Fundraising costs	<u>10,611</u>	<u>9,153</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Adult Services	590,892	13,876	604,768
Children and Young People	87,046	15,126	102,172
Community Development	87,777	9,305	97,082
Central Services	<u>134,572</u>	<u>398,950</u>	<u>533,522</u>
	<u>900,287</u>	<u>437,257</u>	<u>1,337,544</u>

6. SUPPORT COSTS

	Administrative overheads £	Financial costs £	Human resources £
Adult Services	755	-	12,256
Children and Young People	2,411	-	12,011
Community Development	5,865	127	3,186
Central Services	<u>99,403</u>	<u>2,449</u>	<u>13,908</u>
	<u>108,434</u>	<u>2,576</u>	<u>41,361</u>

	Professional fees £	Premises expenses £	Governance costs £	Totals £
Adult Services	285	580.00	-	13,876
Children and Young People	-	704.00	-	15,126
Community Development	127	-	-	9,305
Central Services	<u>145,183</u>	<u>128,707</u>	<u>9,300</u>	<u>398,950</u>
	<u>145,595</u>	<u>129,991</u>	<u>9,300</u>	<u>437,257</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Auditors' remuneration (Exc. VAT)	7,500	7,000
Depreciation - owned assets	38,029	37,925
Hire of plant and machinery	2,887	3,974
Other operating leases	<u>49,442</u>	<u>53,392</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

Trustees' expenses paid in the year amounted to nil (2023: £90).

9. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	2,785,941	2,295,923
Social security costs	239,493	194,104
Other pension costs	<u>134,110</u>	<u>108,481</u>
	<u>3,159,544</u>	<u>2,598,508</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Services	124	112

One employee received emoluments in excess of £60,000 in the year ended 31 March 2024. No employee received emoluments in excess of £60,000 in the year ended 31 March 2023.

TAMESIDE, OLDHAM AND GLOSSOP MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024**

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	41,808	-	41,808
Charitable activities			
Adult Services	1,741,655	94,000	1,835,655
Children and Young People	1,229,510	136,173	1,365,683
Community Development	290,173	53,948	344,121
Central Services	145,879	155,895	301,774
Other income	741	-	741
Total	3,449,766	440,016	3,889,782
EXPENDITURE ON			
Raising funds	12,583	-	12,583
Charitable activities			
Adult Services	1,250,772	94,000	1,344,772
Children and Young People	834,165	149,132	983,297
Community Development	227,115	53,948	281,063
Central Services	830,178	133,039	963,217
Total	3,154,813	430,119	3,584,932
NET INCOME/(EXPENDITURE)	294,953	9,897	304,850
Transfers between funds	(13,086)	13,086	-
Gains/(Losses) on revaluation of fixed assets	105,000	-	105,000
Net movement in funds	386,867	22,983	409,850
RECONCILIATION OF FUNDS			
Total funds brought forward	1,009,102	-	1,009,102
TOTAL FUNDS CARRIED FORWARD	1,395,969	22,983	1,418,952

TAMESIDE, OLDHAM AND GLOSSOP MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024**

11. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold property improvements £	Fixtures and fitting £	Computer equipment £	Totals £
COST OR VALUATION					
At 1 April 2023	440,000	125,190	38,594	105,384	709,168
Additions	-	-	-	27,582	27,582
At 31 March 2024	440,000	125,190	38,594	132,966	736,750
DEPRECIATION					
At 1 April 2023	-	36,055	28,172	63,191	127,418
Charge for year	-	12,734	1,563	23,732	38,029
At 31 March 2024	-	48,789	29,735	86,923	165,447
NET BOOK VALUE					
At 31 March 2024	440,000	76,401	8,859	46,043	571,303
At 31 March 2023	440,000	89,135	10,422	42,193	581,750

Cost or valuation at 31 March 2024 is represented by:

	Freehold property £	Short leasehold property improvements £	Fixtures and fittings £	Computer £	Totals £
Valuation in 2023	440,000	-	-	-	440,000
Cost	-	125,190	38,594	132,966	296,750
	440,000	125,190	38,594	132,966	736,750

TAMESIDE, OLDHAM AND GLOSSOP MIND
NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

11. TANGIBLE FIXED ASSETS – continued

If the freehold properties had not been revalued it would have been included at the following historical cost:

	2024	2023
	£	£
Cost	<u>591,255</u>	<u>591,255</u>
Aggregate depreciation	<u>174,046</u>	<u>163,132</u>

The freehold property at Katherine Street was valued by Breakey & Nuttall chartered surveyors on 7th February 2023. The property at 212-214 Katherine Street was valued at £120,000. The property at 216-218 Katherine Street was valued at £320,000.

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	377,243	602,650
Other debtors	5,000	5,000
Prepayments and accrued income	<u>43,461</u>	<u>70,952</u>
	<u>425,704</u>	<u>678,602</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	13,249	8,269
Social security and other taxes	55,539	42,483
Other creditors	21,608	22,594
Accruals	10,290	14,966
Deferred income	<u>101,332</u>	<u>449,103</u>
	<u>202,018</u>	<u>537,415</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR - Continued

Income is deferred based on the service delivery of projects. The movement in deferred income is below:

	Opening deferrals £	Released in year £	Received less released in year £	Deferred at year end £
Emotional Wellbeing consultancy	35,750	(35,750)	-	-
DToC	200,000	(200,000)	-	-
National Mind Flexigrant - CYP Hive	3,237	(3,237)	-	-
Eric Wright Charitable Trust	19,000	(19,000)	-	-
Positive Steps Youth Justice Service (YJS)	13,333	(13,333)	6,667	6,667
Tameside & Glossop CCG - CYP 21/24				
Community offer	7,000	(7,000)	-	-
Peer Support Workers – Tameside & Oldham	40,509	(40,509)	-	-
Early Break Navigators	13,286	(13,286)	-	-
Non MHST schools support in Oldham	35,581	(17,790)	17,791	17,791
Greater Manchester Crisis co-ordinator	13,333	(13,333)	-	-
Early Help Engagement Worker	27,750	(27,750)	-	-
Prepaid training services	31,324	(31,324)	12,000	12,000
Dtoc Steps to Home Worker (Dtoc Step down flats)	-	-	14,875	14,875
Mental Health Urgent Triage (MHUT)	-	-	50,000	50,000
Connect5 contract extension	9,000	(9,000)	-	-
	<u>449,103</u>	<u>(431,312)</u>	<u>101,333</u>	<u>101,333</u>

14. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024 £	2023 £
Within one year	52,262	52,262
Between one and five years	201,131	203,394
In more than five years	120,833	170,833
	<u>374,226</u>	<u>426,489</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

15. MOVEMENT IN FUNDS

	At 01.04.23	Net Movement in Funds	Transfers between funds	At 31.03.24
	£	£	£	£
Unrestricted funds				
General fund	1,395,969	216,956	(53,912)	1,559,013
Restricted funds				
Department of Health & Social Care Work and Health Fund	22,983	(7,880)	-	15,103
National Mind Active Monitoring	-	(32)	32	-
National Mind Counselling	-	(50,353)	50,353	-
Eric Wright Trust	-	(1,408)	1,408	-
Screwfix Foundation Grant	-	5,000	-	5,000
	<u>22,983</u>	<u>(54,673)</u>	<u>51,793</u>	<u>20,103</u>
TOTAL FUNDS	<u>1,418,952</u>	<u>162,283</u>	<u>(2,119)</u>	<u>1,579,116</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND
NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

15. MOVEMENT IN FUNDS - continued

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	4,326,093	(4,109,137)	216,956
Restricted funds			
Small grants individually less than £1,000	1,422	(1,422)	-
National Mind Active Monitoring	65,715	(65,746)	(31)
National Mind Counselling	26,315	(76,668)	(50,353)
Charlie Waller Trust - Parent Carer Peer Support	5,242	(5,242)	-
Eric Wright Trust	49,000	(50,407)	(1,407)
National Mind Time to Talk Day Legacy Grant	5,000	(5,000)	-
National Mind Time to Talk Day Small Grant	1,000	(1,000)	-
Tameside MBC Winter Pressures Grant	1,000	(1,000)	-
Screwfix Foundation Grant	5,000	-	5,000
National Mind Flexigrant - CYP Hive	3,237	(3,237)	-
National Mind Cost of living crisis fund	20,000	(20,000)	-
Department of Health and Social Care Work and health fund	158,718	(168,719)	(10,001)
	<u>341,649</u>	<u>(398,441)</u>	<u>(56,792)</u>
TOTAL FUNDS	<u><u>4,667,742</u></u>	<u><u>(4,507,578)</u></u>	<u><u>160,164</u></u>

TAMESIDE, OLDHAM AND GLOSSOP MIND
NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 01.04.22	Net Movement in Funds	Transfers between funds	Other gains/ (losses)	At 31.03.23
	£	£	£	£	£
Unrestricted funds					
General fund	1,009,102	294,953	(13,086)	105,000	1,395,969
Restricted funds					
National Mind Counselling	-	(12,958)	12,958	-	-
Department of Health & Social Care Work and Health Fund	-	22,855	128	-	22,983
	-	9,897	13,086	-	22,983
TOTAL FUNDS	<u>1,009,102</u>	<u>304,850</u>	<u>-</u>	<u>105,000</u>	<u>1,418,952</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND
NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds - continued

Net movement in funds included in the above are as follows:

	Incoming resources	Resources expenses	Movement in funds
	£	£	£
Unrestricted funds			
General fund	3,449,766	(3,154,813)	294,953
Restricted funds			
Small grants individually less than £1,000	2,745	(2,745)	-
PHE - Prevention and Promotion Fund For Better Mental Health 21/22	56,296	(56,296)	-
National Mind Active Monitoring	31,500	(31,500)	-
10GM Bolton Hub Home from Hospital Grant	22,500	(22,500)	-
National Mind Counselling	40,000	(52,958)	(12,958)
Ideas Fund	3,000	(3,000)	-
Extend Wave 1 Systems Change	45,130	(45,130)	-
Parent Carer Peer Support (PCPS)	1,748	(1,748)	-
Eric Wright Families	30,000	(30,000)	-
Unlocking Wellbeing - Men's groups	22,500	(22,500)	-
Unlocking Wellbeing – Peer Support Development	6,250	(6,250)	-
Tameside Peer Support project	23,252	(23,252)	-
Time to Talk Grant	1,000	(1,000)	-
Department of Health and Social Care Work and health fund	154,095	(131,240)	22,855
	440,016	(430,119)	9,897
TOTAL FUNDS	<u>3,889,782</u>	<u>(3,584,932)</u>	<u>304,850</u>

TAMESIDE, OLDHAM AND GLOSSOP MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024**

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds included in the above are as follows

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	7,775,859	(7,263,950)	511,909
Restricted funds			
Small grants individually less than £1,000	4,167	(4,167)	-
PHE - Prevention and Promotion Fund For Better Mental Health 21/22	56,296	(56,296)	-
National Mind Active Monitoring	97,215	(97,246)	(31)
10GM Bolton Hub Home from Hospital Grant	22,500	(22,500)	-
National Mind Counselling	66,315	(129,626)	(63,311)
Ideas Fund	3,000	(3,000)	-
Extend Wave 1 Systems Change	45,130	(45,130)	-
Parent Carer Peer Support (PCPS)	6,990	(6,990)	-
Eric Wright Families	79,000	(80,407)	(1,407)
Unlocking Wellbeing - Men's groups	22,500	(22,500)	-
Unlocking Wellbeing – Peer Support Development	6,250	(6,250)	-
Tameside Peer Support project	23,252	(23,252)	-
Time to Talk Grant	1,000	(1,000)	-
National Mind Time to Talk Day Small Grant	1,000	(1,000)	-
Tameside MBC Winter Pressures Grant	1,000	(1,000)	-
Screwfix Foundation Grant	5,000	-	5,000
National Mind Flexigrant - CYP Hive	3,237	(3,237)	-
National Mind Cost of living crisis fund	20,000	(20,000)	-
Department of Health and Social Care Work and health fund	312,813	(299,959)	12,854
	<u>776,665</u>	<u>(823,560)</u>	<u>(46,895)</u>
TOTAL FUNDS	<u><u>8,552,524</u></u>	<u><u>(8,087,510)</u></u>	<u><u>465,014</u></u>

TAMESIDE, OLDHAM AND GLOSSOP MIND
NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 March 2024

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

TAMESIDE, OLDHAM AND GLOSSOP MIND

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 March 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	48,015	41,808
Charitable activities		
Contract income	4,182,888	3,269,617
Earned income	91,749	132,158
Grants	341,649	440,016
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	4,616,286	3,841,791
Other income	3,441	6,183
Total incoming resources	4,667,742	3,889,782
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	10,611	12,583
Charitable activities		
Staff costs	2,825,354	2,335,204
Social security	239,493	194,104
Pension costs	134,110	108,481
Computer costs	98,665	88,387
Volunteer costs	1,951	1,093
Direct Project Costs	900,289	564,539
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	4,199,861	3,291,808
Support costs		
Administrative overheads		
Equipment rental	2,886	3,974
Professional charges	27,830	40,819
Insurance	18,974	17,234
Communication costs	37,200	33,800
Office stationery	20,910	13,055
Premises costs	129,992	120,253
Office administration costs	18,709	10,316
Plant and machinery	38,029	37,925
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	294,530	277,377
Financial costs		
Bank charges	2,576	3,164