

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

England & Wales · Charity number 1123534

Details

Status Registered

Legal form Other

Registered 2008-04-09

Register [View on the Charity Commission register](#)

Contact

Address 114-116
Plumstead High Street
Plumstead
London
SE18 1SJ

Phone 02082652702

Email info@cesi-uk.org

Website www.cesi-uk.org

Activities

Objects: 1) THE RELIEF OF POVERTY2) THE ADVANCEMENT OF EDUCATION3) THE PROMOTION OF EQUALITY AND DIVERSITY AND THE ELIMINATION OF DISCRIMINATION4) THE PROMOTION OF GOOD RELATIONS BETWEEN PERSONS OF DIFFERENT RACIAL GROUPS5) THE DEVELOPMENT OF THE CAPACITY AND SKILLS OF THE SOCIALLY OR ECONOMICALLY DISADVANTAGED MEMBERS OF THE COMMUNITY IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY AND HELP MEET THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY, AND6) THE PROMOTION OF SUCH OTHER CHARITABLE PURPOSES AS THE TRUSTEES MAY FROM TIME TO TIME DETERMINE.

Activities: ??? Support, advice and signposting to various services??? Case work support??? Welfare rights advice and information??? Capacity building and fundraising support??? Partnership working with relevant organisations, groups and bodies??? Promoting community cohesion??? Community empowerment??? Cultural awareness and preservation??? Policy campaign

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE NATIONAL
- Greenwich

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£47,274	£31,805	-	-
2024-03-31	£18,205	£28,548	-	-
2023-03-31	£13,727	£47,825	-	-
2022-03-31	£32,313	£50,711	-	-
2021-03-31	£107,732	£58,730	-	-

Trustees

Name	Role	Appointed
Yam Bahadur Raya	Chair	2025-10-20
Arka Raj Timsina		2025-10-20
CHAKRA RANA		2025-10-20
LAXMAN SAH		2025-10-20
Om Prakash Deo		2025-10-20

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2024		31	March	2025

Section A Reference and administration details

Charity name	COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES, UK
Other names charity is known by	CESI
Registered charity number (if any)	1123534
Charity's principal address	114-116 PLUMSTEAD HIGH STREET
	PLUMSTEAD
	LONDON
Postcode	SE18 1SJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ARKA RAJ TIMSINA	CHAIR		AGM OF CESI
2	Yam Raya	SECRETARY		AGM OF CESI
3	DEEPAK THAPA	TREASURER		AGM OF CESI
4	Chakra Rana	MEMBER		AGM OF CESI
5	Om Prakash Deo	MEMBER		AGM OF CESI
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

COMMUNITY GROUP
ANNUAL GENERAL MEETING (AGM) OF CESI

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

CESI executive members are trained in charity management, function of CESI, Preparing Business Plan, Organisational Policy, Strategy and Procedures, Project Planning and preparing Action Plans.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote for the benefit of the public and in particular Minority Asian Community Groups the following charitable purposes include:

1. The relief of poverty.
2. The advancement of education.
3. The promotion of equality and diversity and the elimination of discrimination.
4. The promotion of good relations between persons of different racial groups
5. The development of the capacity and skills of the socially

	or economically disadvantaged members of the community in such a way that they are better able to identify and help meet their needs and to participate more fully in society, and 6. The promotion of such other charitable purposes as the trustees may from time to time determine.
4	The board of trustees present their report and the financial statements for the year ended 31 March 2025. Principal objective CESI was established on March 2008 with the objective to improve the quality of life of the deprived and minority communities, especially among Nepalese in the UK particularly in the London Borough of Greenwich and raising awareness of the issues faced by them. Activities carried out during the reporting period. Reducing Isolation A one day seaside visit was organised at Hasting Sea site for 100 Ex-British Gurkha community. They visited some of the places around the area and spent a day with singing and dancing in a group. It was very well appreciated by the other visitors in and around the sea seaside and by local community. It was a well-remembered visit by the Ex-British Gurkha community. This has to some extent reduced their isolation and mixed with other people. This trip was organised under the city bridge funded project. Health and healthier living. Greenwich Healthier Community Fund was started from October 2024 for a total of 18 months. Under this fund the following activities were started until 31st March 2026. 1. Cookery Classes: One Healthy Eating Workshop was organised for a total of 15 people from Nepalese community. The Workshop was organised on 6th November 2024. The workshop was organised in close coordination and collaboration of GCDA (Greenwich Cooperative Development Agency). A practical session was organised on how to cook a healthy food and what ingredients in what proportion to be used while cooking. The workshop highlighted on Learn

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Practical Skills, Healthy Living Tips and Hands-On Cooking. The main objective of this cookery classes was to provide them practical information with details of ingredients which will certainly change their thought and habit regarding healthy food and will lead a healthier life.

2. Similarly, a total of two Mobile training was organised for a total of 30 community people, 15 in each training session. The first training was organised on 18 November 2024 in Capricorn Training Hall, Plumstead. The second training was organised on 6th of January 2025 in Bentham House, Woolwich. Each training was organised for two hours for five days. The training consisted of informative session on basics of smart mobile phone operation. It included informative sessions on Basic Phone Functions, Messenger Usage, Whats up Usage, Vibre Usage, Facebook Basics, camera Use and Email Communication. The objective of this mobile training session was to provide information and educate the participants about how to operate smart phone to keep in touch with their friends, relatives and nearest ones who are not with them in the UK. It also strengthens their communication skills and net-working and keep them updated about up to date information. The sessions were facilitated by IT Specialist Mr. Punya prasad Regmi.
3. Two Health and Healthier consultation event were organised in the year 2024-25 under City Bridge Trust funded project. The first consultation was organised on 8th September 2024 followed by another consultation on health and healthier living on 23rd January 2025.
4. Similarly informative session on healthy eating was organised on 20th September 2024 at the Greenwich Gurkha Ex-servicemen Association Community centre which was attended by 75 Elderly Nepalese Gurkhas (male 43 and female 32). The objective of this interactive session was to inform and educate the participants about healthy eating habits. Ms. Andrea from Greenwich Healthy Living Services facilitated the session.

5. Similarly, Yoga and keep fit classes were organised for 52 elderly people (male 22 and female 30) for 8 weeks. The training was conducted at the Church Hall in Plumstead and was facilitated by Christine Preston.
6. Feedback through beneficiary surveys was collected to get their individual feelings regarding their increased confidence in accessing health services through visits made to GPs and hospitals as well as improvement in their health. The feedback given by the beneficiaries demonstrated their increased confidence in accessing the health services and reducing isolation.

Additional details of objectives and activities (Optional information)	
---	--

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D **Achievements and performance**

Achievements and Performance of CESI include the following

A. CESI Executive Committee members trained in:

- Project Management
- Monitoring and Evaluation
- Policies development
- Strategic Planning including

B. Following CESI's policy, Procedures, system were up-dated and / or developed:

- Adults Safeguarding Policy
- Business plan
- Complaints Policy
- Confidentiality Policy
- Customer satisfaction policy
- Data Protection Policy
- Discipline, Dismissal and Grievance Policy
- Equal Opportunities Policy
- Financial Procedures
- Health and Safety Policy

Section D Achievements and performance

- IT Usage Policy
- Monitoring Policy
- Quality Assurance Policy
- Recruitment and Selection Policy-Contracts of employment
- Risk management
- Staff Handbook
- Training and Development Policy
- Trustee Code of Conduct
- Volunteer Policy
- Whistle blowing
- CESI Cookies Policy
- CESI Terms and Conditions policy
- CESI Privacy Policy and Notice
- CESI Data Protection and IT Security

Summary of the main achievements of the charity during the year

Section E Financial review

Brief statement of the charity's policy on reserves

The reserve balance is carried forward in order to accomplish remaining activities of the project in the following year.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

CESI has been able to secure funding from the following donors in the year 2023-2024:

1. The National Lottery -Community Fund.
2. The City Bridge Trust
3. Greenwich Healthier Community

Section F Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	Arka raj Timsina	
Full name(s)	Arka Raj Timsina	
Position (eg Secretary, Chair, etc)	Chairperson	
Date	19/09/2024	

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Charity No. 1123534

Trustees' Report and Unaudited Accounts

31 March 2025

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Contents

	Pages
Trustees' Annual Report	2 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Statement of Cash flows	14
Notes to the Accounts	7 to 13
Detailed Statement of Financial Activities	14 to 16

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1123534

Principal Office

Second Floor
114-116 Plumstead High Street
London
SE18 1SJ

Trustees

The following trustees served during the year:

O.P. Deo
C. Rana
Y.B. Raya
D. Thapa
A.R. Timsina

Key Management Personnel

Chair

Arka Raj Timsina

Treasurer

Deepak Thapa

Independent Examiner

Asmita & Associates Ltd
114-116 Plumstead High Street
Plumstead
London
SE18 1SJ

Bankers

Lloyds Bank

OBJECTIVES AND ACTIVITIES

CESI was established on March 2008 with the objective to improve the quality of life of the deprived and minority communities, especially Nepalese in the UK and particularly in the London Borough of Greenwich and raising awareness of the issues faced by them.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Trustees Annual Report

Reducing Isolation

A one day seaside visit was organised at Hasting Sea site for 100 Ex-British Gurkha community. They visited some of the places around the area and spent a day with singing and dancing in a group. It was very well appreciated by the other visitors in and around the sea seaside and by local community. It was a well-remembered visit by the Ex-British Gurkha community. This has to some extent reduced their isolation and mixed with other people. This trip was organised under the city bridge funded project.

Health and healthier living.

Greenwich Healthier Community Fund was started from October 2024 for a total of 18 months. Under this fund the following activities were started until 31st March 2025.

Cookery classes

One Healthy Eating Workshop was organised for a total of 15 people from Nepalese community. The Workshop was organised on 6th November 2024. The workshop was organised in close coordination and collaboration of GCDA (Greenwich Cooperative Development Agency). A practical session was organised on how to cook a healthy food and what ingredients in what proportion to be used while cooking. The workshop highlighted on Learn Practical Skills, Healthy Living Tips and Hands-On Cooking. The main objective of this cookery classes was to provide them practical information with details of ingredients which will certainly change their thought and habit regarding healthy food and will lead a healthier life.

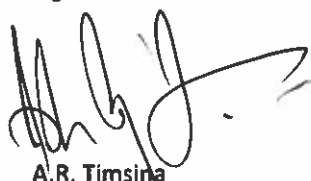
Similarly, a total of two Mobile training was organised for a total of 30 community people, 15 in each training session. The first training was organised on 18 November 2024 in Capricorn Training Hall, Plumstead. The second training was organised on 6th of January 2025 in Bentham House, Woolwich. Each training was organised for two hours for five days. The training consisted of informative session on basics of smart mobile phone operation. It included informative sessions on Basic Phone Functions, Messenger Usage, Whats up Usage, Vibre Usage, Facebook Basics, camera Use and Email Communication. The objective of this mobile training session was to provide information and educate the participants about how to operate smart phone to keep in touch with their friends, relatives and nearest ones who are not with them in the UK. It also strengthens their communication skills and net-working and keep them updated about up to date information. The sessions were facilitated by IT Specialist Mr. Punya Prasad Regmi.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees



A.R. Timsina

Trustee

16 June 2025

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Independent Examiners Report

Independent Examiner's Report to the trustees of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

I report to the trustees on my examination of the financial statements of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



LN Pandey FCA, M.Sc.

Asmita & Associates Ltd

114-116 Plumstead High St

Plumstead

London

SE18 1SJ

16 June 2025

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Statement of Financial Activities
for the year ended 31 March 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
	Notes				
Income and endowments from:					
Donations and legacies	3	-	41,665	41,665	16,150
Charitable activities	4	5,609	-	5,609	2,055
Total		5,609	41,665	47,274	18,205
Expenditure on:					
Charitable activities	5	-	7,910	7,910	5,845
Other	7	6,264	17,631	23,895	22,703
Total		6,264	25,541	31,805	28,548
Net gains on investments		-	-	-	-
Net income/(expenditure)	8	(655)	16,124	15,469	(10,343)
Transfers between funds		2,309	(2,309)	-	-
Net income/(expenditure) before other gains/(losses)		1,654	13,815	15,469	(10,343)
Other gains and losses					
Net movement in funds		1,654	13,815	15,469	(10,343)
Reconciliation of funds:					
Total funds brought forward		10,851	-	10,851	21,194
Total funds carried forward		12,505	13,815	26,320	10,851

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK**Balance Sheet**

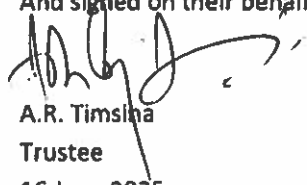
at 31 March 2025

Charity No. 1123534

		2025 £	2024 £
Fixed assets			
Tangible assets	12	7,513	9,391
		<u>7,513</u>	<u>9,391</u>
Current assets			
Cash at bank and in hand		19,518	1,940
		<u>19,518</u>	<u>1,940</u>
Creditors: Amount falling due within one year	13	(711)	(480)
Net current assets		18,807	1,460
Total assets less current liabilities		<u>26,320</u>	<u>10,851</u>
Net assets excluding pension asset or liability		<u>26,320</u>	<u>10,851</u>
Total net assets		<u>26,320</u>	<u>10,851</u>
The funds of the charity			
Restricted funds	14		
Restricted income funds		13,815	-
		<u>13,815</u>	<u>-</u>
Unrestricted funds	14		
General funds		12,505	10,851
		<u>12,505</u>	<u>10,851</u>
Reserves	14		
Total funds		<u>26,320</u>	<u>10,851</u>

Approved by the trustees on 16 June 2025

And signed on their behalf by:



A.R. Timsina

Trustee

16 June 2025

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
-----------------------	---

Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaim on donations and gifts	Income from tax reclaim is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

2 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Income and endowments from:			
Donations and legacies	-	16,150	16,150
Charitable activities	2,055	-	2,055
Total	2,055	16,150	18,205
Expenditure on:			
Charitable activities	-	5,845	5,845
Other	11,379	11,324	22,703
Total	11,379	17,169	28,548
Net income	(9,324)	(1,019)	(10,343)
Transfers between funds	(1,019)	1,019	-
Net income before other gains/(losses)	(10,343)	-	(10,343)
Other gains and losses:			
Net movement in funds	(10,343)	-	(10,343)
Reconciliation of funds:			
Total funds brought forward	21,194	-	21,194
Total funds carried forward	10,851	-	10,851

3 Income from donations and legacies

	Restricted £	Total 2025 £	Total 2024 £
Grants	41,665	41,665	16,150
	41,665	41,665	16,150
Details of grants received			
		Total 2025 £	Total 2024 £
City bridge trust		17,000	16,150
Groundwork London		24,665	-
		41,665	16,150

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

4 Income from charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Unrestricted donations	5,609	5,609	2,055
	<u>5,609</u>	<u>5,609</u>	<u>2,055</u>

5 Expenditure on charitable activities

	Restricted	Total 2025	Total 2024
	£	£	£
<i>Expenditure on charitable activities</i>			
Community event expenses	5,210	5,210	4,045
Volunteer expenses	2,700	2,700	1,800
	<u>7,910</u>	<u>7,910</u>	<u>5,845</u>

6 Analysis of grants

Activity or programme	Support Costs	Total 2025	Total 2024
	£	£	£
Groundwork Project	10,850	10,850	-
City Bridge Trust	14,961	14,961	14,678
	<u>25,811</u>	<u>25,811</u>	<u>14,678</u>

7 Other expenditure

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
Employee costs	-	14,150	14,150	7,488
Premises costs	3,582	2,881	6,463	11,734
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	1,878	-	1,878	2,348
General administrative costs	780	-	780	509
Legal and professional costs	24	600	624	624
	<u>6,264</u>	<u>17,631</u>	<u>23,895</u>	<u>22,703</u>

8 Net income/(expenditure) before transfers

	2025	2024
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	1,878	2,348

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

9 Staff costs

	2025	2024
Salaries and wages	14,150	7,488
	<u>14,150</u>	<u>7,488</u>

No employee received emoluments in excess of £60,000.

10 Trustee remuneration and expenses

No trustee received any remuneration or expenses during the year.

11 Related party disclosures

There were no related party transactions for the year ended 31 March 2025.

12 Tangible fixed assets

	£	£
Cost or revaluation		
At 1 April 2024	39,343	39,343
At 31 March 2025	<u>39,343</u>	<u>39,343</u>
Depreciation and impairment		
At 1 April 2024	29,952	29,952
Depreciation charge for the year	1,878	1,878
At 31 March 2025	<u>31,830</u>	<u>31,830</u>
Net book values		
At 31 March 2025	<u>7,513</u>	<u>7,513</u>
At 31 March 2024	<u>9,391</u>	<u>9,391</u>

13 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Other creditors	231	-
Accruals	480	480
	<u>711</u>	<u>480</u>

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

14 Movement in funds

	At 1 April 2024	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 31 March 2025 £
Restricted funds:					
Restricted income funds:					
		41,665	(25,541)	(2,309)	13,815
Total	-	41,665	(25,541)	(2,309)	13,815
Unrestricted funds:					
General funds	10,851	5,609	(6,264)	2,309	12,505
Total funds	10,851	47,274	(31,805)	-	26,320

15 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	7,513	-	7,513
Net current assets	4,992	13,815	18,807
	12,505	13,815	26,320

16 Reconciliation of net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash and cash equivalents	1,940	17,578	19,518
	1,940	17,578	19,518
Net debt	1,940	17,578	19,518

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Statement of Cash flows
for the year ended 31 March 2025

	2025	2024
	£	£
Cash flows from operating activities		
Net Income/(expenditure) per Statement of Financial Activities	15,469	(10,343)
Adjustments for:		
Depreciation of property, plant and equipment	1,878	2,348
Increase in trade and other payables	231	-
Net cash provided by/(used in) operating activities	17,578	(7,995)
Net cash from investing activities	-	-
Net cash from financing activities	-	-
Net Increase/(decrease) in cash and cash equivalents	17,578	(7,995)
Cash and cash equivalents at the beginning of the year	1,940	9,935
Cash and cash equivalents at the end of the year	19,518	1,940
Components of cash and cash equivalents		
Cash and bank balances	19,518	1,940
	19,518	1,940

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Detailed Statement of Financial Activities
for the year ended 31 March 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:				
Donations and legacies				
Grants	-	41,665	41,665	16,150
	-	41,665	41,665	16,150
Charitable activities				
Unrestricted donations	5,609	-	5,609	2,055
	5,609	-	5,609	2,055
Total income and endowments	5,609	41,665	47,274	18,205
Expenditure on:				
Charitable activities				
Community event expenses	-	5,210	5,210	4,045
Volunteer expenses	-	2,700	2,700	1,800
	-	7,910	7,910	5,845
Total of expenditure on charitable activities	-	7,910	7,910	5,845
Employee costs				
Salaries/wages	-	14,150	14,150	7,488
	-	14,150	14,150	7,488
Premises costs				
Rent	2,074	2,651	4,725	11,100
Light, heat and power	1,508	230	1,738	634
	3,582	2,881	6,463	11,734
General administrative costs, including depreciation and amortisation				
Depreciation of	1,878	-	1,878	2,348
General insurances	294	-	294	230
Information and publications	135	-	135	135
Stationery and printing	311	-	311	104
Subscriptions	40	-	40	40
	2,658	-	2,658	2,857
Legal and professional costs				
Audit/Independent examination fees	24	600	624	624
	24	600	624	624
Total of expenditure of other costs	6,264	17,631	23,895	22,703
Total expenditure	6,264	25,541	31,805	28,548
Net gains on investments	-	-	-	-

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK**Detailed Statement of Financial Activities**

Net income/(expenditure)	(655)	16,124	15,469	(10,343)
Transfers between funds	2,309	(2,309)	-	-
Net income/(expenditure) before other gains/(losses)	1,654	13,815	15,469	(10,343)
Other Gains	-	-	-	-
Net movement in funds	1,654	13,815	15,469	(10,343)
Reconciliation of funds:				
Total funds brought forward	10,851	-	10,851	21,194
Total funds carried forward	12,505	13,815	26,320	10,851

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Independent Examiners Report

Independent Examiner's Report to the trustees of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

I report to the trustees on my examination of the financial statements of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



LN Pandey FCA, M.Sc.

Asmita & Associates Ltd

114-116 Plumstead High St

Plumstead

London

SE18 1SJ

16 June 2025

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2021		31	March	2022

Section A Reference and administration details

Charity name

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES, UK

Other names charity is known by

CESI

Registered charity number (if any)

1123534

Charity's principal address

114-116 PLUMSTEAD HIGH STREET

PLUMSTEAD

LONDON

Postcode

SE18 1SJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	LAXMNA SAH	CHAIR		AGM OF CESI
2	CHAKRA RANA	SECRETARY		AGM OF CESI
3	ARKA RAJ TIMSINA	TREASURER		AGM OF CESI
4	MRS PARWATI GURUNG	MEMBER		AGM OF CESI
5	KARNA BAHADUR PUN MAGAR	MEMBER		AGM OF CESI
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

COMMUNITY GROUP
ANNUAL GENERAL MEETING (AGM) OF CESI

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

CESI executive members are trained in charity management, function of CESI, Preparing Business Plan, Organisational Policy, Strategy and Procedures, Project Planning and preparing Action Plans.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote for the benefit of the public and in particular Minority Asian Community Groups the following charitable purposes include:

1. The relief of poverty.
2. The advancement of education.
3. The promotion of equality and diversity and the elimination of discrimination.
4. The promotion of good relations between persons of different racial groups
5. The development of the capacity and skills of the socially

- or economically disadvantaged members of the community in such a way that they are better able to identify and help meet their needs and to participate more fully in society, and
6. The promotion of such other charitable purposes as the trustees may from time to time determine.

Activities carried out during the reporting period. Reducing Isolation During COVID-19 lock down, many people from this community approached CESI through phone for help and support relating to their isolation and loneliness due to movement restriction. The idea of such types of support emerged from the beneficiaries itself. As CESI have been working with this community for the last 14 years, they are familiar with CESI and thus they approached CESI to find out ways that they could engage with and reduce their isolation. CESI started the process by taking initiatives to develop the project. The process involved a series of telephone conversions with the community key informants as well as others. In this, almost all of them showed keen interest to take part in some kind of interaction with their fellow community members digitally. Representatives from the beneficiaries would work as volunteers as well as sit in the Project Steering Group that would engage itself throughout the process from development to delivery and monitoring the project activities. They would participate in this project digitally. Therefore, this project was completely adoptable to meet the government's social distancing guidelines. Thus, the activities were designed in consultation with the beneficiaries themselves. Keeping this into account, CESI approached some of the funders and applied projects to help support these most vulnerable older Ex-British Gurkha people. CESI was able to solicit some funding from London Community Foundation, The National Lottery Community fund and Neighbourhood Post code Trust fund. The fund was basically used for reducing isolation and loneliness of the ex-British Gurkha veterans and improving their health/wellbeing. With this support, they were trained for using the laptop for participating online meetings using software platform such as zoom or Microsoft team. The participants were contacted digitally to discuss and solicit their stories in relation to what happened to them during the pandemic, what and when did they feel most difficult, when did they become very worried and anxious, how did they manage to live, how did they manage their shopping and medical needs, what they thought was needed to manage such crisis and what do they suggest to be prepared for any possible crisis in future. Apart from the above, other activities such as Songs/jokes for fun, sharing culinary tips and skills, Gardening tips and techniques, Online Yoga sessions, sharing government guidelines and updates about COVID-19, and activities that are refreshing and enjoyable on a regular basis. The above activities were implemented digitally using laptops. To implement the above activities: 30 laptops were purchased and distributed to the beneficiaries, a part time project coordinator was recruited and trained, 3 volunteers were also recruited and trained and

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

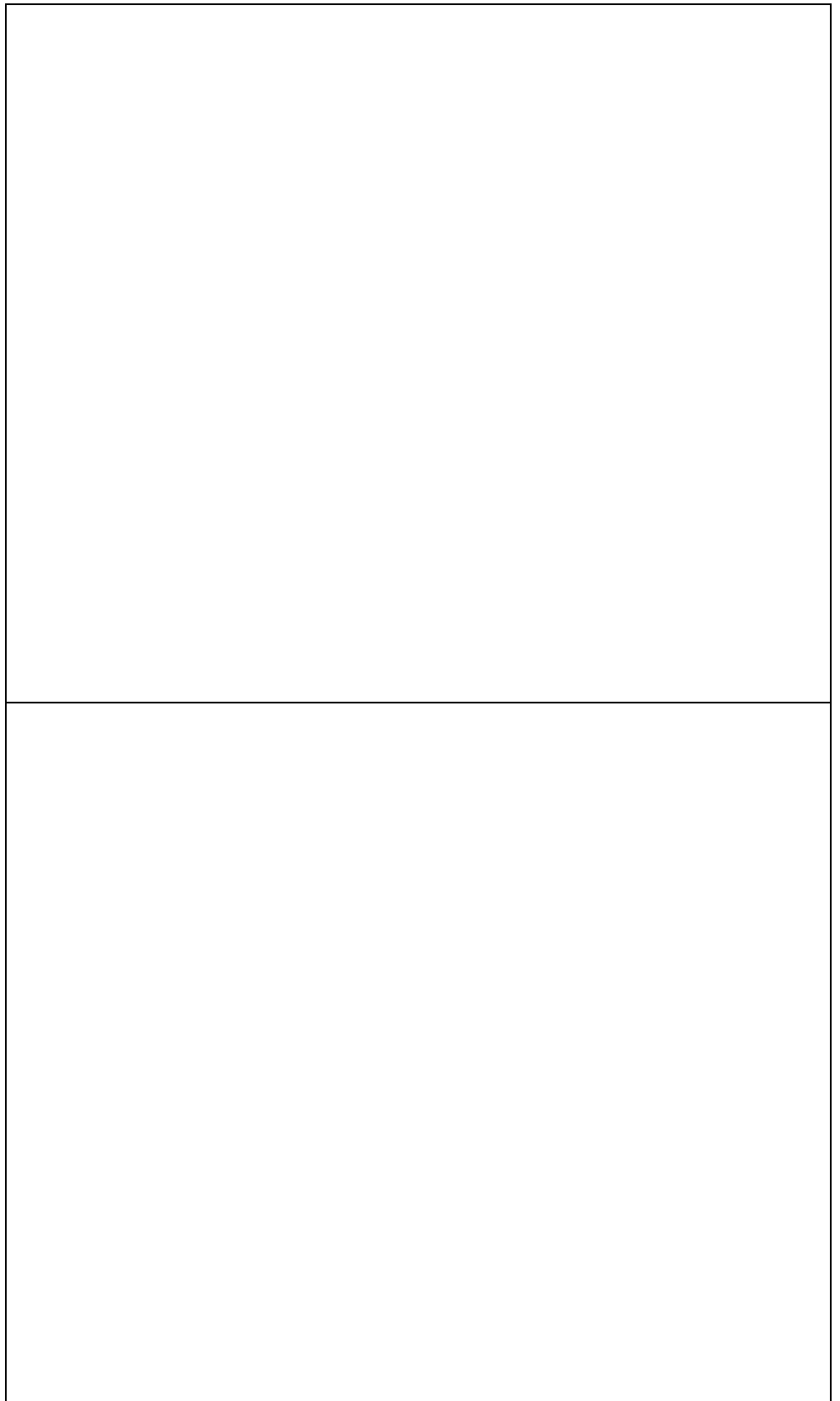
participating beneficiaries were also trained on the use laptop and the use of zoom or Microsoft team application. CESI staff and volunteers helped set up the laptops. A two hour session were run two days a week. The project engaged them online to speak to their fellow community, get involved in activities targeted to reduce their isolation and loneliness. This created an opportunity to come together and deliver the project successfully. The project provided them an opportunity to have an increased interaction and engagement with their community fellows that enhanced their mood/mental well-being and reduced their isolation. Health and healthier living. Informative session on healthy eating was organised on 18th October 2021 at the Greenwich Gurkha Ex-servicemen Association Community centre which was attended by 85 Elderly Nepalese Gurkhas (male 50 and female 35). The objective of this interactive session was to inform and educate the participants about healthy eating habits. Ms. Andrea from Greenwich Healthy Living Services facilitated the session. Similarly Yoga and keep fit classes were organised for 50 elderly people (male 22 and female 28) for 8 weeks. The training was conducted at the Church Hall in Plumstead and was facilitated by Christine Preston. Feedbacks through beneficiary survey were collected to get their individual feelings regarding their increased confidence in accessing health services through visits made to GPs and hospitals as well as improvement in their health. The feedback given by the beneficiaries demonstrated their increased confidence in accessing the health services.

Additional details of objectives and activities (Optional information)

CESI was established on March 2008 with the objective to improve the quality of life of the deprived and minority communities, especially among Nepalese in the UK particularly in the London Borough of Greenwich and raising awareness of the issues faced by them.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.





Section D

Achievements and performance

Achievements and Performance of CESI include the following

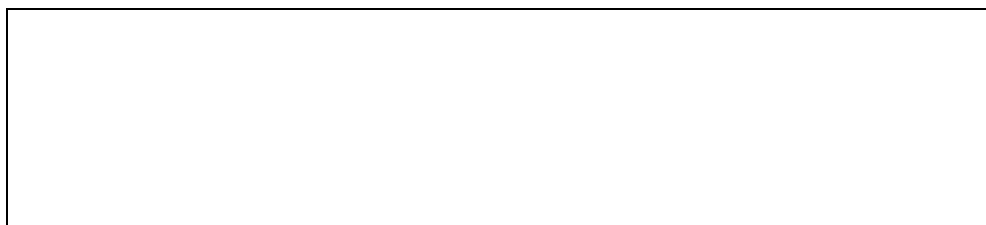
A. CESI Executive Committee members trained in:

- Project Management
- Monitoring and Evaluation
- Policies development
- Strategic Planning including

B. Following CESI's policy, Procedures, system were up-dated and / or developed:

- Adults Safeguarding Policy
- Business plan
- Complaints Policy
- Confidentiality Policy
- Customer satisfaction policy
- Data Protection Policy
- Discipline, Dismissal and Grievance Policy
- Equal Opportunities Policy
- Financial Procedures
- Health and Safety Policy
- IT Usage Policy
- Monitoring Policy
- Quality Assurance Policy
- Recruitment and Selection Policy-Contracts of employment
- Risk management
- Staff Handbook
- Training and Development Policy
- Trustee Code of Conduct
- Volunteer Policy
- Whistle blowing
- CESI Cookies Policy
- CESI Terms and Conditions policy
- CESI Privacy Policy and Notice
- CESI Data Protection and IT Security

Summary of the main achievements of the charity during the year



Section E Financial review

Brief statement of the charity's policy on reserves

The reserve balance is carried forward in order to accomplish remaining activities of the project in the following year.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

CESI has been able to secure funding from the following donors in the year 2021-2022:

1. The National Lottery -Awards for All.
2. The City Bridge Trust
3. London Community Foundation, Wave 3 and Wave 5
4. Postcode Neighbourhood Trust
5. Foyle Foundation

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) laxmansah

Full name(s) Laxman Sah

Position (eg Secretary, Chair, etc) Chairperson

Date 30/11/2022

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES-UK

(CESI)

Charity No. 1123534

Trustee's Report and Financial Statement

31 March 2022

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Contents

	Pages
Trustees' Annual Report	2 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8 to 13
Detailed Statement of Financial Activities	14 to 15

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Trustees Annual Report

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1123534

Principal Office

Second Floor
114-116 Plumstead High Street
London
SE18 1SJ

Trustees

The following trustees served during the year:

P. Gurung
K.B. Pun Magar
C. Rana
L. Sah
A.R. Timsina

Key Management Personnel

Chair	Laxman Sah
Treasurer	Arka Raj Timsina

Independent Examiner

Asmita & Associates Ltd
114-116 Plumstead High St
London
SE18 1SJ

OBJECTIVES AND ACTIVITIES

CESI was established on March 2008 with the objective to improve the quality of life of the deprived and minority communities, especially Nepalese in the UK and particularly in the London Borough of Greenwich and raising awareness of the issues faced by them.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Trustees Annual Report

Activities carried out during the reporting period.

Reducing Isolation

During COVID-19 lock down, many people from this community approached CESI through phone for help and support relating to their isolation and loneliness due to movement restriction.

The idea of such types of support emerged from the beneficiaries itself. As CESI have been working with this community for the last 14 years, they are familiar with CESI and thus they approached CESI to find out ways that they could engage with and reduce their isolation. CESI started the process by taking initiatives to develop the project. The process involved a series of telephone conversations with the community key informants as well as others. In this, almost all of them showed keen interest to take part in some kind of interaction with their fellow community members digitally. Representatives from the beneficiaries would work as volunteers as well as sit in the Project Steering Group that would engage itself throughout the process from development to delivery and monitoring the project activities. They would participate in this project digitally. Therefore, this project was completely adoptable to meet the government's social distancing guidelines. Thus, the activities were designed in consultation with the beneficiaries themselves. Keeping this into account, CESI approached some of the funders and applied projects to help support these most vulnerable older Ex-British Gurkha people. CESI was able to solicit some funding from London Community Foundation, The National Lottery Community fund and Neighbourhood Post code Trust fund. The fund was basically used for reducing isolation and loneliness of the ex-British Gurkha veterans and improving their health/ wellbeing.

With this support, they were trained for using the laptop for participating online meetings using software platform such as zoom or Microsoft team. The participants were contacted digitally to discuss and solicit their stories in relation to what happened to them during the pandemic, what and when did they feel most difficult, when did they become very worried and anxious, how did they manage to live, how did they manage their shopping and medical needs, what they thought was needed to manage such crisis and what do they suggest to be prepared for any possible crisis in future. Apart from the above, other activities such as Songs/jokes for fun, sharing culinary tips and skills, Gardening tips and techniques, Online Yoga sessions, sharing government guidelines and updates about COVID-19, and activities that are refreshing and enjoyable on a regular basis. The above activities were implemented digitally using laptops. To implement the above activities: 30 laptops were purchased and distributed to the beneficiaries, a part time project coordinator was recruited and trained, 3 volunteers were also recruited and trained and participating beneficiaries were also trained on the use laptop and the use of zoom or Microsoft team application. CESI staff and volunteers helped set up the laptops. A two hour session were run two days a week.

The project engaged them online to speak to their fellow community, get involved in activities targeted to reduce their isolation and loneliness. This created an opportunity to come together and deliver the project successfully. The project provided them an opportunity to have an increased interaction and engagement with their community fellows that enhanced their mood/mental well-being and reduced their isolation.

Health and healthier living.

Informative session on healthy eating was organised on 18th October 2021 at the Greenwich Gurkha Ex-servicemen Association Community centre which was attended by 85 Elderly Nepalese Gurkhas (male 50 and female 35). The objective of this interactive session was to inform and educate the participants about healthy eating habits. Ms. Andrea from Greenwich Healthy Living Services facilitated the session.

Similarly Yoga and keep fit classes were organised for 50 elderly people (male 22 and female 28) for 8 weeks. The training was conducted at the Church Hall in Plumstead and was facilitated by Christine Preston.

Feedbacks through beneficiary survey were collected to get their individual feelings regarding their increased confidence in accessing health services through visits made to GPs and hospitals as well as improvement in their health. The feedback given by the beneficiaries demonstrated their increased confidence in accessing the health services.

Statement of trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the charity's trustees



L. Sah
Trustee
27 May 2022

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Independent Examiners Report

Independent Examiner's Report to the trustees of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

I report to the trustees on my examination of the financial statements of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

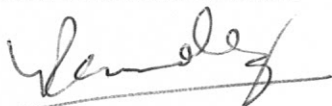
I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of the financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



LN Pandey

ACA, M.Sc.

Asmita & Associates Ltd

114-116 Plumstead High St

London

SE18 1SJ

27 May 2022

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Statement of Financial Activities

for the year ended 31 March 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes				
Income and endowments					
from:					
Donations and legacies	2	4,088	26,975	31,063	104,732
Charitable activities	3	1,250	-	1,250	3,000
Total		5,338	26,975	32,313	107,732
Expenditure on:					
Charitable activities	4	50	28,738	28,788	8,654
Other	6	12,711	9,212	21,923	50,076
Total		12,761	37,950	50,711	58,730
Net gains on investments		-	-	-	-
Net (expenditure)/income	7	(7,423)	(10,975)	(18,398)	49,002
Transfers between funds		-	-	-	-
Net (expenditure)/income before other gains/(losses)		(7,423)	(10,975)	(18,398)	49,002
Other gains and losses					
Net movement in funds		(7,423)	(10,975)	(18,398)	49,002
Reconciliation of funds:					
Total funds brought forward		26,544	47,146	73,690	24,688
Total funds carried forward		19,121	36,171	55,292	73,690

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Balance Sheet

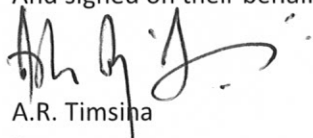
at 31 March 2022

Charity No. 1123534

		2022 £	2021 £
Fixed assets			
Tangible assets	11	14,674	18,342
		<u>14,674</u>	<u>18,342</u>
Current assets			
Cash at bank and in hand		47,470	62,256
		<u>47,470</u>	<u>62,256</u>
Creditors: Amount falling due within one year	12	(6,852)	(6,908)
Net current assets		40,618	55,348
Total assets less current liabilities		55,292	73,690
Net assets excluding pension asset or liability		<u>55,292</u>	<u>73,690</u>
Total net assets		<u>55,292</u>	<u>73,690</u>
The funds of the charity			
Restricted funds	13		
Restricted income funds		36,171	47,146
		<u>36,171</u>	<u>47,146</u>
Unrestricted funds	13		
General funds		26,544	26,544
Designated funds		(7,423)	-
		<u>19,121</u>	<u>26,544</u>
Reserves	13		
Total funds		<u>55,292</u>	<u>73,690</u>

Approved by the trustees on 27 May 2022

And signed on their behalf by:



A.R. Timsina

Trustee

27 May 2022

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Income from donations and legacies

	Unrestricted	Restricted	Total	Total
			2022	2021
	£	£	£	£
Grants	4,088	26,975	31,063	104,732
	<u>4,088</u>	<u>26,975</u>	<u>31,063</u>	<u>104,732</u>

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

3 Income from charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Donations	1,250	1,250	3,000
	<u>1,250</u>	<u>1,250</u>	<u>3,000</u>

4 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Trainer's pay	-	25,169	25,169	774
Community Event Expenses	-	171	171	5,480
Volunteer expenses	-	3,398	3,398	2,400
Donations	50	-	50	-
<i>Governance costs</i>				
	<u>50</u>	<u>28,738</u>	<u>28,788</u>	<u>8,654</u>

5 Analysis of projects

Activity or programme	Support Costs	Total 2022
	£	£
National Lottery	9,903	9,903
Wave 5 LCF	6,616	6,616
Postcode NeighbourhoodTrust	6,622	6,622
City Bridge Trust	11,203	11,203
	<u>34,344</u>	<u>34,344</u>

6 Other expenditure

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Employee costs	4,195	-	4,195	29,817
Premises costs	7,625	3,916	11,541	13,243
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	62	3,606	3,668	1,084
General administrative costs	679	1,690	2,369	4,328
Legal and professional costs	150	-	150	1,604
	<u>12,711</u>	<u>9,212</u>	<u>21,923</u>	<u>50,076</u>

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

7 Net (expenditure)/income before transfers

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	3,668	1,084

8 Staff costs

	2022	2021
Salaries and wages	4,195	29,817
	<u>4,195</u>	<u>29,817</u>

No employee received emoluments in excess of £60,000.

9 Trustee remuneration and expenses

No trustee received remuneration or expenses during the year.

10 Related Party disclosures

There were no related party transactions for the year ended 31 March 2022.

11 Tangible fixed assets

	£	£
Cost or revaluation		
At 1 April 2021	39,343	39,343
At 31 March 2022	<u>39,343</u>	<u>39,343</u>
Depreciation and impairment		
At 1 April 2021	21,001	21,001
Depreciation charge for the year	3,668	3,668
At 31 March 2022	<u>24,669</u>	<u>24,669</u>
Net book values		
At 31 March 2022	<u>14,674</u>	<u>14,674</u>
At 31 March 2021	<u>18,342</u>	<u>18,342</u>

12 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Other creditors	6,852	6,908
	<u>6,852</u>	<u>6,908</u>

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

13 Movement in funds

	At 1 April 2021	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2022 £
Restricted funds:				
Restricted income funds:				
	47,146	26,975	(37,950)	36,171
<i>Total</i>	<u>47,146</u>	<u>26,975</u>	<u>(37,950)</u>	<u>36,171</u>
Unrestricted funds:				
General funds	26,544	-	-	26,544
Designated funds:				
	-	5,338	(12,761)	(7,423)
<i>Total</i>	<u>-</u>	<u>5,338</u>	<u>(12,761)</u>	<u>(7,423)</u>
Total funds	<u>73,690</u>	<u>32,313</u>	<u>(50,711)</u>	<u>55,292</u>

14 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fixed assets	248	14,426	14,674
Net current assets	28,597	12,021	40,618
	<u>28,845</u>	<u>26,447</u>	<u>55,292</u>

15 Reconciliation of net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash and cash equivalents	62,256	(14,786)	47,470
	<u>62,256</u>	<u>(14,786)</u>	<u>47,470</u>
Net debt	<u>62,256</u>	<u>(14,786)</u>	<u>47,470</u>

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Detailed Statement of Financial Activities

for the year ended 31 March 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies				
Grants	4,088	26,975	31,063	104,732
	<u>4,088</u>	<u>26,975</u>	<u>31,063</u>	<u>104,732</u>
Charitable activities				
Trainer's pay	-	-	-	3,000
Donations	1,250	-	1,250	-
	<u>1,250</u>	<u>-</u>	<u>1,250</u>	<u>3,000</u>
Total income and endowments	5,338	26,975	32,313	107,732
Expenditure on:				
Charitable activities				
Trainer's pay	-	25,169	25,169	774
Community Event Expenses	-	171	171	5,480
Volunteer expenses	-	3,398	3,398	2,400
Donations	50	-	50	-
	<u>50</u>	<u>28,738</u>	<u>28,788</u>	<u>8,654</u>
Total of expenditure on charitable activities	50	28,738	28,788	8,654
Employee costs				
Salaries/wages	4,195	-	4,195	29,817
	<u>4,195</u>	<u>-</u>	<u>4,195</u>	<u>29,817</u>
Premises costs				
Rent	7,302	3,000	10,302	11,450
Light, heat and power	323	916	1,239	1,793
	<u>7,625</u>	<u>3,916</u>	<u>11,541</u>	<u>13,243</u>
General administrative costs, including depreciation and amortisation				
Depreciation of	62	3,606	3,668	1,084
Stationery and printing	481	1,690	2,171	4,328
Subscriptions	198	-	198	-
	<u>741</u>	<u>5,296</u>	<u>6,037</u>	<u>5,412</u>
Legal and professional costs				
Audit/Independent examination fees	150	-	150	690
Consultancy fees	-	-	-	914
	<u>150</u>	<u>-</u>	<u>150</u>	<u>1,604</u>
Total of expenditure of other costs	12,711	9,212	21,923	50,076
Total expenditure	12,761	37,950	50,711	58,730

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Detailed Statement of Financial Activities

Net gains on investments	-	-	-	-
Net (expenditure)/income	(7,423)	(10,975)	(18,398)	49,002
Net (expenditure)/income before other gains/(losses)	(7,423)	(10,975)	(18,398)	49,002
Other Gains	-	-	-	-
Net movement in funds	(7,423)	(10,975)	(18,398)	49,002
Reconciliation of funds:				
Total funds brought forward	26,544	47,146	73,690	24,688
Total funds carried forward	<u>19,121</u>	<u>36,171</u>	<u>55,292</u>	<u>73,690</u>

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Independent Examiners Report

Independent Examiner's Report to the trustees of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

I report to the trustees on my examination of the financial statements of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of the financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



LN Pandey

ACA, M.Sc.

Asmita & Associates Ltd

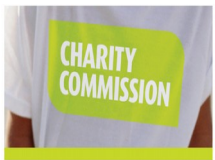
114-116 Plumstead High St

London

SE18 1SJ

27 May 2022

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2020		31	March	2021

Section A Reference and administration details

Charity name

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES, UK

Other names charity is known by

CESI

Registered charity number (if any)

1123534

Charity's principal address

114-116 PLUMSTEAD HIGH STREET

PLUMSTEAD

LONDON

Postcode

SE18 1SJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	LAXMNA SAH	CHAIR		AGM OF CESI
2	CHAKRA RANA	SECRETARY		AGM OF CESI
3	ARKA RAJ TIMSINA	TREASURER		AGM OF CESI
4	MRS PARWATI GURUNG	MEMBER		AGM OF CESI
5	KARNA BAHADUR PUN MAGAR	MEMBER		AGM OF CESI
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B management

Structure, governance and

Description of the charity's trusts

Type of governing document

(eg. trust deed, constitution)

How the charity is
constituted

(eg. trust, association,
company)

Trustee selection methods

(eg. appointed by, elected by)

COMMUNITY GROUP
ANNUAL GENERAL MEETING (AGM) OF CESI

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

CESI executive members are trained in charity management, function of CESI, Preparing Business Plan, Organisational Policy, Strategy and Procedures, Project Planning and preparing Action Plans.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote for the benefit of the public and in particular Minority Asian Community Groups the following charitable purposes include:

1. The relief of poverty.
2. The advancement of education.
3. The promotion of equality and diversity and the elimination of discrimination.
4. The promotion of good relations between persons of different racial groups
5. The development of the capacity and skills of the socially or economically disadvantaged members of the community in such a way that they are better able to identify and help meet their needs and to participate more fully in society, and
6. The promotion of such other charitable purposes as the trustees may from time to time determine.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Before COVID-19 pandemic, CESI has had been supporting the Ex-British Gurkha community in areas of increasing their access to Health and healthier living, Housing and welfare benefits, reducing their isolation and loneliness and integrating them into the local wider communities. These activities were suddenly stopped due to COVID -19 outbreak as they were shielded in their homes with movement restriction which have resulted in severe isolation, loneliness and frustration. Along with the loss of loved ones, this pandemic has created huge unrepairable damage to socio-economic as well as family structure of people. The ethnic minorities had been of the worst affected category. Amongst all, the families of ex- British Gurkhas and other Nepalese had gone through the most difficult situation of their time here in the UK. About 40 older Ex-British Gurkha people died because of COVID-19. Loss of loved ones, lack of socialisation, social distancing and living like an exiled within limited boundaries and fear of death had suppressed people's mental life. They had been mentally worried, physically exhausted and socially despair. The level of distress were elevating causing lowering both physical and mental health condition. Regression, despair, hopelessness, lack of support and absence of initiation had become the fuel on fire.

CESI as an organisation had been affected a lot. Due to the pandemic, CESI staff and volunteers

has not been able to provide the services it aimed to provide. Community people have not been able to visit CESI for important drop-in services and the casework support.

Thus, because of COVID-19 crisis there was an increased demand for services and support for these vulnerable people. support communities to work together digitally to respond to COVID-19.

During COVID-19 lock down, many people from this community approached CESI through phone for help and support relating to their isolation and loneliness due to movement restriction.

The idea of such types of support emerged from the beneficiaries itself. As CESI have been working with this community for the last 14 years, they are familiar with CESI and thus they approached CESI to find out ways that they could engage with and reduce their isolation. CESI started the process by taking initiatives to develop the project. The process involved a series of telephone conversions with the community key informants as well as others. In this, almost all of them showed keen interest to take part in some kind of interaction with their fellow community members digitally. Representatives from the beneficiaries would work as volunteers as well as sit in the Project Steering Group that would engage itself throughout the process from development to delivery and monitoring the project activities. They would participate in this project digitally. Therefore, this project was completely adoptable to meet the government's social distancing guidelines. Thus, the activities were designed in consultation with the beneficiaries themselves. Keeping this into account, CESI approached some of the funders and applied projects to help support these most vulnerable older Ex-British Gurkha people. CESI was able to solicit some funding from London Community Foundation, The National Lottery Community fund and Neighbourhood Post code Trust fund. The fund was basically used for reducing isolation and loneliness of the ex-British Gurkha veterans and improving their health/ wellbeing.

With this support, they were trained for using the

laptop for participating online meetings using software platform such as zoom or Microsoft team. The participants were contacted digitally to discuss and solicit their stories in relation to what happened to them during the pandemic, what and when did they feel most difficult, when did they become very worried and anxious, how did they manage to live, how did they manage their shopping and medical needs, what they thought was needed to manage such crisis and what do they suggest to be prepared for any possible crisis in future. Apart from the above, other activities such as Songs/jokes for fun, sharing culinary tips and skills, Gardening tips and techniques, Online Yoga sessions, sharing government guidelines and updates about COVID-19, and activities that are refreshing and enjoyable on a regular basis. The above activities were implemented digitally using laptops. To implement the above activities: 30 laptops were purchased and distributed to the beneficiaries, a part time project coordinator was recruited and trained, 3 volunteers were also recruited and trained and participating beneficiaries were also trained on the use laptop and the use of zoom or Microsoft team application. CESI staff and volunteers helped set up the laptops. A two hour session were run two days a week.

The project engaged them online to speak to their fellow community, get involved in activities targeted to reduce their isolation and loneliness. This created an opportunity to come together and deliver the project successfully. The project provided them an opportunity to have an increased interaction and engagement with their community fellows that enhanced their mood/mental well-being and reduced their isolation. This will be achieved through online support for a period of six months. Programme coordinator with support from the volunteers led the programme.

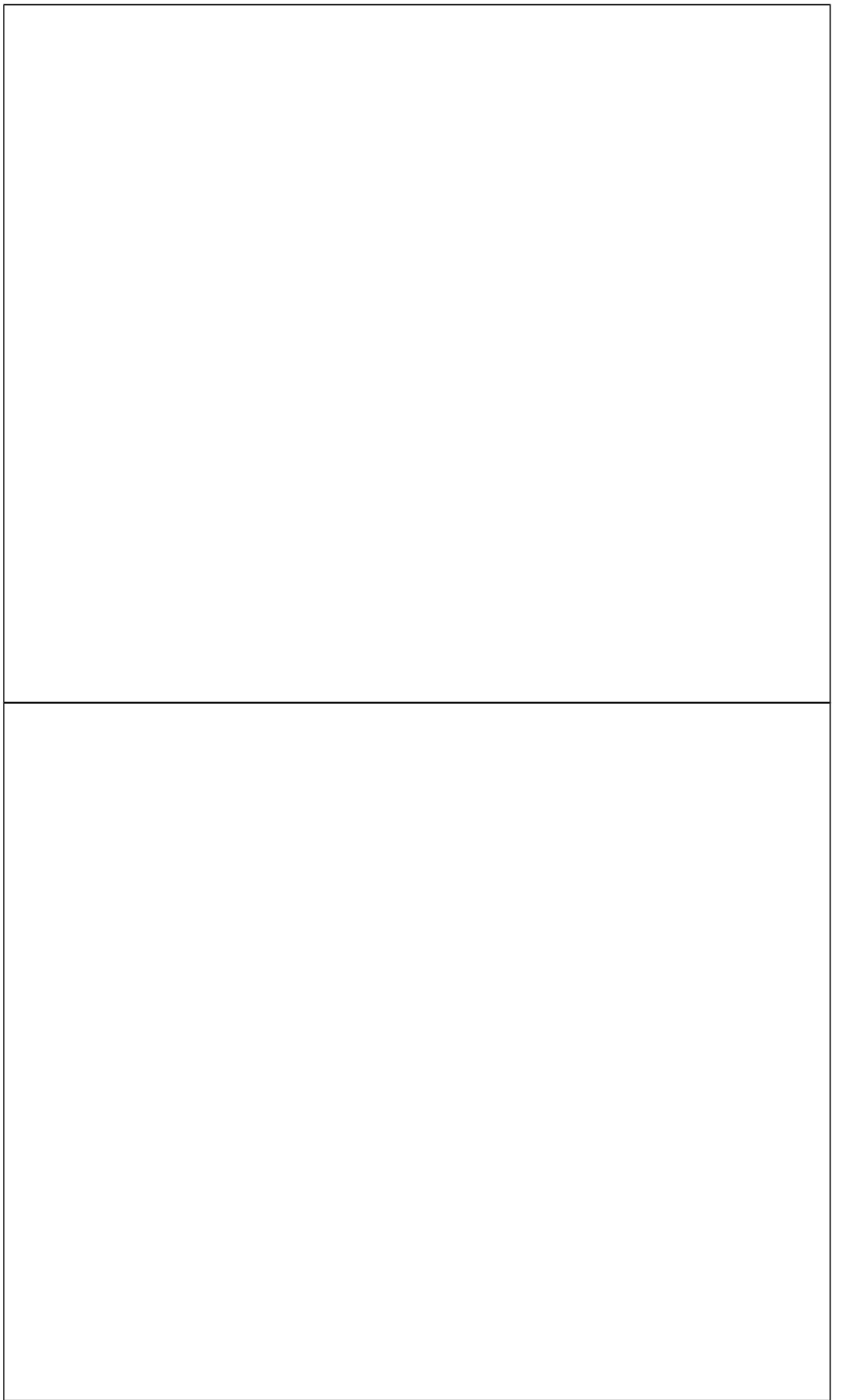
The outputs led to giving an insight on what is needed in this transition for the communities to move towards recovery and renewal and what is possible in the future. A total of 50 older ex-British Gurkhas veterans from 25 household were

benefited from the project. This project made a huge difference in the lives of the participated beneficiaries. They have reduced social isolation and loneliness to a greater extent and increased happiness. If there are further lockdowns, we will still be able to deliver the proposed work and will try to bring them in normal situation.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.



.

Section D Achievements and performance

Achievements and Performance of CESI include the following

A. CESI Executive Committee members trained in:

- ☐ Project Management
- ☐ Monitoring and Evaluation
- ☐ Policies development
- ☐ Strategic Planning including

B. Following CESI's policy, Procedures, system were up-dated and / or developed:

- ☐ Adults Safeguarding Policy
- ☐ Business plan
- ☐ Complaints Policy
- ☐ Confidentiality Policy
- ☐ Customer satisfaction policy
- ☐ Data Protection Policy
- ☐ Discipline, Dismissal and Grievance Policy
- ☐ Equal Opportunities Policy
- ☐ Financial Procedures
- ☐ Health and Safety Policy
- ☐ IT Usage Policy
- ☐ Monitoring Policy
- ☐ Quality Assurance Policy
- ☐ Recruitment and Selection Policy-Contracts of employment
- ☐ Risk management
- ☐ Staff Handbook
- ☐ Training and Development Policy
- ☐ Trustee Code of Conduct
- ☐ Volunteer Policy
- ☐ Whistle blowing
- ☐ CESI Cookies Policy
- ☐ CESI Terms and Conditions policy
- ☐ CESI Privacy Policy and Notice
- ☐ CESI Data Protection and IT Security

Summary of the main achievements of the charity during the year

Section E Financial review

Brief statement of the charity's policy on reserves

The reserve balance is carried forward in order to accomplish remaining activities of the project in the following year.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

CESI has been able to secure funding from the following donors in the year 2020-2021:

1. The National Lottery -Community Fund.
2. The City Bridge Trust
3. London Community Foundation, Wave 3 and Wave 5
4. Postcode Neighbourhood Trust
5. Foyle Foundation

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	laxmansah	
Full name(s)	Laxman Sah	
Position (eg Secretary, Chair, etc)	Chairperson	
Date	25/10/2021	

**COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
(CESI)**

Charity No. 1123534

Trustees' Report and Financial Statements

31 March 2021

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Charity information

Chairperson	Laxman Sah
Treasurer	Arka Raj Timsina
Charity number	1123534
Registered office	Second Floor 114-116 Plumstead High Street Plumstead, London SE18 1SJ UK
Independent Examiner	L N Pandey Asmita & Associates Ltd 114-116 Plumstead High Street Plumstead, London SE18 1SJ UK
Bankers	Lloyds Bank Woolwich Branch SE18

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Contents

	Pages
Trustees' Annual Report	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Notes to the Accounts	7 to 13

Community Empowerment and Support Initiatives (CESI)-UK

The board of trustees present their report and the financial statements for the year ended 31 March 2021.

Principal objective

CESI was established on March 2008 with the objective to improve the quality of life of the deprived and minority communities, especially among Nepalese in the UK particularly in the London Borough of Greenwich and raising awareness of the issues faced by them.

Activities carried out during the reporting period.

Before COVID-19 pandemic, CESI has had been supporting the Ex-British Gurkha community in areas of increasing their access to Health and healthier living, Housing and welfare benefits, reducing their isolation and loneliness and integrating them into the local wider communities. These activities were suddenly stopped due to COVID -19 outbreak as they were shielded in their homes with movement restriction which have resulted in severe isolation, loneliness and frustration. Along with the loss of loved ones, this pandemic has created huge unrepairable damage to socio-economic as well as family structure of people. The ethnic minorities had been of the worst affected category. Amongst all, the families of ex- British Gurkhas and other Nepalese had gone through the most difficult situation of their time here in the UK. About 40 older Ex-British Gurkha people died because of COVID-19. Loss of loved ones, lack of socialization, social distancing and living like an exiled within limited boundaries and fear of death had suppressed people's mental life. They had been mentally worried, physically exhausted and socially despair. The level of distress were elevating causing lowering both physical and mental health condition. Regression, despair, hopelessness, lack of support and absence of initiation had become the fuel on fire.

CESI as an organization had been affected a lot. Due to the pandemic, CESI staff and volunteers has not been able to provide the services it aimed to provide. Community people have not been able to visit CESI for important drop-in services and the casework support.

Thus, because of COVID-19 crisis there was an increased demand for services and support for these vulnerable people. support communities to work together digitally to respond to COVID-19.

During COVID-19 lock down, many people from this community approached CESI through phone for help and support relating to their isolation and loneliness due to movement restriction.

The idea of such types of support emerged from the beneficiaries itself. As CESI have been working with this community for the last 14 years, they are familiar with CESI and thus they approached CESI to find out ways that they could engage with and reduce their isolation. CESI started the process by taking initiatives to develop the project. The process involved a series of telephone conversions with the community key informants as well as others. In this, almost all of them showed keen interest to take part in some kind of interaction with their fellow community members digitally. Representatives from the beneficiaries would work as volunteers as well as sit in the Project Steering Group that would engage itself throughout the process from development to delivery and monitoring the project activities. They would participate in this project digitally. Therefore, this project was completely adoptable to meet the government's social distancing guidelines. Thus, the activities were designed in consultation with the beneficiaries themselves. Keeping this into account, CESI approached some of the funders and applied projects to help support these most vulnerable older Ex-British Gurkha people. CESI was able to solicit some funding from London Community Foundation, The National Lottery Community fund and Neighborhood Post code Trust fund. The fund was

basically used for reducing isolation and loneliness of the ex-British Gurkha veterans and improving their health/ wellbeing.

With this support, they were trained for using the laptop for participating online meetings using software platform such as zoom or Microsoft team. The participants were contacted digitally to discuss and solicit their stories in relation to what happened to them during the pandemic, what and when did they feel most difficult, when did they become very worried and anxious, how did they manage to live, how did they manage their shopping and medical needs, what they thought was needed to manage such crisis and what do they suggest to be prepared for any possible crisis in future. Apart from the above, other activities such as Songs/jokes for fun, sharing culinary tips and skills, Gardening tips and techniques, Online Yoga sessions, sharing government guidelines and updates about COVID-19, and activities that are refreshing and enjoyable on a regular basis. The above activities were implemented digitally using laptops. To implement the above activities: 30 laptops were purchased and distributed to the beneficiaries, a part time project coordinator was recruited and trained, 3 volunteers were also recruited and trained and participating beneficiaries were also trained on the use laptop and the use of zoom or Microsoft team application. CESI staff and volunteers helped set up the laptops. A two hour session were run two days a week.

The project engaged them online to speak to their fellow community, get involved in activities targeted to reduce their isolation and loneliness. This created an opportunity to come together and deliver the project successfully. The project provided them an opportunity to have an increased interaction and engagement with their community fellows that enhanced their mood/mental well-being and reduced their isolation. This will be achieved through online support for a period of six months. Programme coordinator with support from the volunteers led the programme.

The outputs led to giving an insight on what is needed in this transition for the communities to move towards recovery and renewal and what is possible in the future. A total of 50 older ex-British Gurkhas veterans from 25 household were benefited from the project. This project made a huge difference in the lives of the participated beneficiaries. They have reduced social isolation and loneliness to a greater extent and increased happiness. If there are further lockdowns, we will still be able to deliver the proposed work and will try to bring them in normal situation.

Trustees

The trustees who served during the year are as stated below:

Name of Trustee:	Address:
Mr Laxman Sah	117 Crescent Road, London, SE18 7AH
Mr Arka Raj Timsina	2 Tewson Road, Plumstead, SE18 1AY
Mr Chakra Rana	65 Conway Road, Plumstead, SE18 1AS
Mr Karna Bahadur Pun Magar	7 Wordbook Road, London, SE2 0PE
Mrs Parwati Gurung	29 Blacker Court, London, SE7 7ER

This report is prepared in accordance with the Charities Act 1993 relating to charities.

This report was approved by the board of trustees on 16 July 2021 and signed on its behalf by


.....
Laxman Sah
Chairperson

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

**Statement of Financial Activities
for the year ended 31 March 2021**

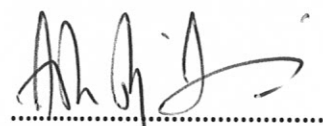
				2021	2020
	Notes	Unrestricted Fund £	Restricted Fund £	Total £	Total £
Incoming Resources					
Grant	3	28,818	75,914	104,732	72,700
Donations	4	3,000	-	3,000	2,500
Investment Income		-	-	-	-
Other Income Resources		-	-	-	-
Total Incoming Resources		31,818	75,914	107,732	75,200
Resources Expended:					
Charitable Activities	5		8,654	8,654	56,737
Governance Activities	6	17,076	33,000	50,076	18,134
Total Resources Expended		17,076	41,654	58,730	74,871
Reconciliation of funds:					
Net incoming/ (outgoing) resources		14,742	34,260	49,002	329
Transfer between funds		6,050	- 6,050	-	-
Net Movement on funds		-	-	-	-
Add funds brought forward		5,752	18,936	24,688	24,359
Funds at 31/03/2021		26,544	47,146	73,690	24,688

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

**Balance Sheet
As at 31 March 2021**

				2021	2020
	Notes	Unrestricted Fund £	Restricted Fund £	Total £	Total £
Fixed Assets					
Tangible Assets	7	310	18,032	18,342	5,426
Current Assets					
Bank Account		26,234	36,022	62,256	26,719
Other Debtors	8	-	-	-	-
Total Assets		26,544	54,054	80,598	32,145
Creditors:					
Creditors : amounts falling due within one year	9	-	6,908	6,908	7,457
Net Assets		26,544	47,146	73,690	24,688
Funds:					
Funds of Charity (Reserve)		-	47,146	47,146	18,936
Unrestricted Fund (Reserve)		26,544	-	26,544	5,752
Total Fund		26,544	47,146	73,690	24,688

The Financial statements set out on pages 5 to 10 were approved by trustees on 16 July 2021.



Arka Raj Timsina
Treasurer

1 Accounting policies**Basis of preparation**

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
-----------------------	---

Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
------------------------	--

Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
-------------------------------------	---

Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
---------------------------------	--

Volunteer help	The value of any volunteer help received is not included in the accounts.
----------------	---

Investment income	This is included in the accounts when receivable.
-------------------	---

Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
---	---

Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.
-------------------------------------	--

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Intangible fixed assets and amortisation

Intangible fixed assets (including purchased goodwill, patents and trademarks) are carried at cost less accumulated amortisation and impairment losses.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Notes to the Accounts

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net

income/expenditure. **Leased assets**

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.

Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the charity pays fixed contributions into a separate entity. Once the contributions have been paid the charity has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the charity in independently administered funds.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Notes to the Accounts

2. Project Summary

Grant/Donations	Budget	Donor	Fund Movement			
			Fund at start of the year	Fund Added	Spent	Remaining Fund at year end
	£		£	£	£	£
Project	Budget		B/F	Added		At end
Gurkha Integration project and Covid 19 recovery	9,000	The National Lottery Community Fund and HM Government	0	9,000	9,000	0
Gurkha Integration project	50,000	The National Lottery - Development Fund	11,023	9,625	20,648	0
Community Support Project	22,700	City Bridge Trust	1,246	6,050	7,296	0
Gurkha Integration project	5,000	Foyle Foundation	0	5,000	5,000	0
Gurkha Integration project and Covid 19 recovery	19,480	Postcode Neighbourhood trust	0	19,480	13,072	6,408
Gurkha Integration project and Covid 19 recovery	9,359	London Community Foundation	0	9,359	9,359	
Gurkha Integration project and Covid 19 recovery	7,500	London Community Foundation	0	7,500	880	6,620

3. Incoming Resources (Grants banked during the year– Restricted)

Donors:	Restricted £ Year 2020/21	Restricted £ Year 2019/20
The London Community Foundation	16,859.00	-
The Foyle Foundation	5,000.00	-
Postcode Neighbourhood Trust	19,480.00	-
The National Lottery Community Fund	9,000.00	-
The National Lottery - Development Fund	19,525.00	50,000.00
City Bridge Trust	6,050.00	22,700.00
Total restricted fund banked during the year	75,914.00	72,700.00

4. Incoming Resources (Donations – Unrestricted)

	Unrestricted £ Year 2020/21	Unrestricted £ Year 2019/20
Donations Collected from Nepalese community (Expended in conjunction with above projects)	3,000	2,500
Unrestricted Covid 19 Grants	28,818	-
Total	31,818	2,500

5. Resources Expended (Charitable Activities)

	Unrestricted £ Year 2020/21	Restricted £ Year 2020/21	Unrestricted £ Year 2019/20	Restricted £ Year 2019/20
Coordinator, Facilitators and Trainers Pay	-	774	-	37,989
Workshop expenses	-	-	-	3,328
Community Events Expenses	-	5,480	-	3,150
Volunteer Expenses (Travelling & Refreshment)	-	2,400	-	4,218
Donations	-	-	-	8,052
Total	-	8,654	-	56,737

6. Resources Expended (Governance Activities)

	Unrestricted £ Year 2020/21	Restricted £ Year 2020/21	Unrestricted £ Year 2019/20	Restricted £ Year 2019/20
Office Equipment	-	-	-	-
Office overheads	-	4,328	-	967
Insurance	-	-	-	290
Salary expenses	15,167	14,650	-	-
Consultancy expenses	-	-	-	1,500
Office Rent	1,513	9,937	-	10,288
Utilities expenses	108	1,685	-	1,847
Accountancy & Audit expenses	210	480	-	315
Marketing and Publicity	-	-	-	700
Equipment maintenance	-	-	-	250
Meeting expenses	-	914	-	620
Subscription	-	-	-	-
Deprecation	78	1,006	97	1,260
Total	17,076	33,000	97	18,037

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK
Notes to the Accounts

7. Tangible Fixed Assets

	Office Equipment (Unrestricted)	Office Equipment (Restricted)	Total
£	£	£	
Cost			
At 01 April 2020	1,576	23,767	25,343
Additions	-	14,000	14,000
At 31 March 2021	1,576	37,767	39,343
Depreciation			
At 01 April 2020	1,188	18,729	19,917
Charge for the year	78	1,006	1,084
At 31 March 2021	1,266	19,735	21,001
Net book values			
At 31 March 2021	310	18,032	18,342
At 1 April 2020	388	5,038	5,426

8. Debtors: amounts falling due within one year

	2021 Unrestricted	2021 Restricted	2020 Total
£	£	£	£
Other Debtors	-	-	-
Total Debtors	-	-	-

9. Creditors: amounts falling due within one year

	2021 Unrestricted	2021 Restricted	2020 Total
£	£	£	£
Wages clearing account	-	6,908	7,457
Trade Creditors	-	-	-
Total Creditors	-	6,908	7,457

10. Trustee remuneration and expenses

No trustee received remuneration or expenses during the year.

11. Staff Costs

No employee received emoluments in excess of £60,000.

12. Related Party Disclosures

There were no related party transactions for the period ended 31 March 2021.

COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

Independent Examiners Report

Independent Examiner's Report to the trustees of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK

I report to the trustees on my examination of the accounts of COMMUNITY EMPOWERMENT AND SUPPORT INITIATIVES - UK for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011('the Act'). The trustees consider that an audit is not required for this year under the Charities Act 2011, s.144(2) (the 2011 Act) and that an independent examination is needed.

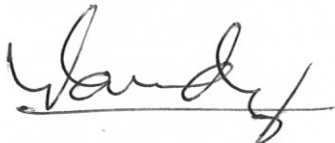
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



LN PANDEY ACA, M.Sc.
Asmita & Associates Ltd
116 Plumstead High Street
London
SE18 1SJ

16 July 2021