



ADDICTION
FAMILY SUPPORT

Annual Report

And Financial Statements
for Addiction Family Support

For the year ended
31 December 2025

CONTENT

Reference and Administrative Information	3
Chair's Foreword	4
Objectives	5
Activities	5
Achievements and Performance	
Output	8
Outcomes and Impact	12
Funding	14
Structure, Governance and Management	15
Responsibilities of the Trustees/Directors	15
Financial Review	16
Report of the Independent Examiner	17
Statement of Financial Activities	18
Balance Sheet	19
Statement of Cashflows	20
Notes to the Financial Statements	21

REFERENCE AND ADMINISTRATIVE INFORMATION

Company / Charity name	Addiction Family Support
Registered Company no.	06414684
Registered Charity number	1123316
Registered Office	86-90 Paul Street, London, EC2A 4NE
Honorary President	Elizabeth Burton-Phillips MBE (Founder)
Patrons	Emilia Fox Sir Anthony Seldon FRSA FRHistS FKC Professor Sir John Strang MBBS, FRCPsych, FRCP, MD, F.Med.Sci.
Directors / Trustees	Rodney D'Costa (Chair & Treasurer) Amelia Adams Louise Morris David Hollins Dr Stacey Kennedy (appointed 8 August 2025) Rebecca King Simon Mills Rosalind Pilcher Sarah Power
Ambassadors	Heather Harper MBE Professor Keith Humphreys Susan Jackson Professor John Kelly
Junior Ambassador	James Sabin
Chief Executive Officer	Paul Rompani
Secretary	Natalie Archer ACA
Independent Examiner	Alan Endersby FCA Streets Suite B1 Building 210 Butterfield Great Marlings Luton Bedfordshire LU2 8DL
Bank	HSBC UK Bank plc 1 Corn Market High Wycombe Buckinghamshire HP11 2AY

CHAIR'S FOREWORD

It is my pleasure to introduce the 2025 Annual Report for Addiction Family Support. We started the year secure in the knowledge that – through some prior hard-nosed decisions – we had laid the groundwork for an in-year financial strategy designed to see us through some challenges.

A decrease in income in 2025 was more than matched by a corresponding *planned* decrease in expenditure. Overall, we ended the year with a modest surplus, compared with the previous year's deficit.

As we progress through 2026, we need to be mindful of macro-economic shocks exacerbated by global events, which will inevitably filter through to third-sector organisations like Addiction Family Support. The context for this is elegantly set out in the Charities Aid Foundation research paper, [UK Giving 2026](#). Aligned with this, Addiction Family Support set up a working group comprising key staff and trustees to develop a Fundraising Strategy and help focus our efforts on income generation

Despite the challenges, it is very pleasing to report that delivery on our core mission *to support adults affected or bereaved by another person's harmful use of alcohol, drugs, substances, or gambling* was achieved with most (if not all) metrics – outputs **and** outcomes – showing an increase on the previous year. In simple terms, **AFS continued to make a significant positive impact on the lives of our clients.**

It is also worth mentioning that work by staff and trustees on refreshing our Strategic Plan means that our activities and achievements are now grouped under a revised framework comprising eight strategic aims (pages 5 – 14 refer). This has the added benefit of facilitating strengthened scrutiny of the charity business by trustees.

Towards the end of 2025, we completed recruitment of a fresh cohort of seven trustees to complement the existing two serving trustees. All new recruits undertook external training on the duties and responsibilities of trustees. Additional work (via the Governance App) has commenced to consolidate our governance at board level.

Thank you for your continued support and commitment to helping Addiction Family Support realise its vision of a future without the stigma of addiction and for those affected or bereaved by addiction to have the support and understanding they want and need from their family, friends, colleagues, and the wider community.



Rodney D'Costa
Chair of Trustees & Treasurer

OBJECTIVES

Addiction Family Support provides safe, caring and confidential support free of charge to adults affected or bereaved by someone else's harmful use of alcohol, drugs, substances or gambling.

People affected by a loved one in addiction experience isolation, loneliness, prejudice and often judgement from friends, family and the wider community, accompanied with feelings of guilt, shame, helplessness and fear. Those bereaved from the death of a loved one to addiction also experience a unique and complex grief.

OUR AIMS

Our eight key strategic aims are:

- Increase the number and diversity of capable **volunteers** effectively and efficiently recruited, trained and supported.
- Ensure we maintain a caring culture, where members of **staff** are sufficiently trained, managed, motivated and supported to do their jobs effectively and efficiently.
- Ensure efficient and effective management of **operations** and delivery of accessible support services.
- Provide more **services** delivering more support to more people who need it.
- Monitor, evaluate and report on the output, outcomes and **impact** of our work.
- Raise **awareness** of Addiction Family Support.
- Develop and maintain sustainable **income** streams from a variety of sources.
- Identify, engage and **partner** with individuals, groups and organisations across sectors to achieve our aims and objectives.

We endeavour to achieve these aims whilst keeping the people we support, our clients, at the heart of what we do.

It is important that whilst we innovate and professionalise how we operate we continue to provide people with the space to legitimately express their feelings and to respond with empathy, care and understanding.

OUR MISSION & VISION

Our mission is to support adults affected or bereaved by another person's harmful use of alcohol, drugs, substances, or gambling.

Our vision is a future without the stigma of addiction and for those affected or bereaved by addiction to have the support and understanding they want and need from their family, friends, colleagues and the wider community.

ACTIVITIES

We present activities under our eight key strategic aims.

Increase the number and diversity of capable volunteers effectively and efficiently recruited, trained and supported

During the year, we undertook a wide range of activities to recruit, train and support volunteers to deliver services safely and effectively.

Volunteer recruitment activity was ongoing, with regular enquiry, introduction, application, interview and training cycles maintained throughout the year. Recruitment increasingly relied on organic routes such as online search, referrals, NHS platforms, newsletters, social media and former clients, rather than paid advertising.

The volunteer pathway was further developed and refined, including clearer eligibility criteria, enhanced safeguarding requirements and improved role clarity.

Core helpline training, suicide awareness training, 5-Step Method (5SM) training, group facilitation training and specialist bereavement training were delivered to new and existing volunteers. Work also began to explore external accreditation of key training modules.

Volunteer support activity included regular debrief sessions, bi-monthly clinical supervision, improved monitoring through the CRM system, and the development of recognition initiatives and opportunities for connection, including an annual national volunteer and staff event in London.

Ensure we maintain a caring culture, where members of staff are sufficiently trained, managed, motivated and supported to do their jobs effectively and efficiently

The charity undertook a range of activities to support staff wellbeing, capability and performance.

New senior management roles were recruited and onboarded, and updated role structure charts were produced and shared to provide clarity across the organisation.

All staff participated in regular clinical supervision and formal appraisal processes. Training activity included safeguarding, bereavement support and delivery of the 5-Step Method. Job titles and responsibilities were reviewed and updated where appropriate to reflect roles more accurately.

Organisation-wide activities were also delivered to strengthen relationships and maintain a caring organisational culture, including events and activities bringing together staff, volunteers and trustees.

Ensure efficient and effective management of operations and delivery of accessible support services

Throughout the year, significant activity focused on strengthening operational systems and processes.

Ongoing development of the CRM system improved volunteer and client pathways, safeguarding alerts, automation and data capture. These developments supported more consistent service delivery, improved oversight and better reporting.

Operational activity also included changes to the charity's registered address, closure of unused office premises, improvements to cyber security arrangements, and external reviews of safeguarding policies and procedures.

Provide more services delivering effective support to more people who need it

A wide range of support services continued to be delivered, developed and piloted across the year.

This included the national helpline, one-to-one support, couple support, group support, peer

support models, bereavement support services and the Forces Family Support service.

Activities included piloting and expanding 5-Step Method informed group programmes, adapting and piloting the 5-Step Method one-to-one intervention for bereaved clients, refining support group models and developing new digital and written resources for clients.

Work also progressed on the development of additional online and digital resources to complement existing services.

Monitor, evaluate and report on the output, outcomes and impact of our work

Monitoring and evaluation activity continued to be embedded across services. Volunteers and staff recorded helpline evaluation data, client feedback and service usage information.

Client satisfaction surveys were reviewed and updated to reflect the full range of services delivered.

Work progressed to consolidate Strategic Plan KPIs into a single reporting framework, supported by improved data capture and reporting tools within the CRM.

Regular reports, including quantitative data and qualitative feedback, were prepared for trustees.

Raise awareness of Addiction Family Support across demographics and sectors

Awareness-raising activities were delivered across digital, media and community channels.

This included regular e-newsletters, website updates, social media engagement, media interviews, opinion pieces and participation in national awareness days.

Brand guidelines were maintained and strengthened, accessibility improvements were implemented on the website, and a Digital Communications Strategy was developed to guide future activity.

The charity also produced and distributed printed materials to support specific services and audiences.

Develop and maintain sustainable income streams from a variety of sources to ensure financial sustainability and longevity

Fundraising and income-generation activities were delivered across trusts and foundations, appeals, individual giving, legacy and in-memory giving, and corporate engagement.

Funding applications were prepared and submitted throughout the year, alongside ongoing grant management and reporting.

Infrastructure to support fundraising activity was strengthened, including the development of donor pathways within the CRM, automated communications, legacy and in-memory giving webpages and the preparation of materials to support major donor engagement.

Identify, engage and partner with individuals, groups and organisations across sectors to achieve our aims and objectives

Partnership and networking activities were undertaken across the health, social care, Armed Forces, academic, voluntary and corporate sectors.

This included engagement with statutory and voluntary organisations to support referrals

and co-promotion, collaboration on service development and research activity, and participation in sector networks and events.

The charity also progressed relationships with potential corporate partners, academic institutions and national sector bodies, supporting shared learning, increased reach and longer-term strategic objectives.

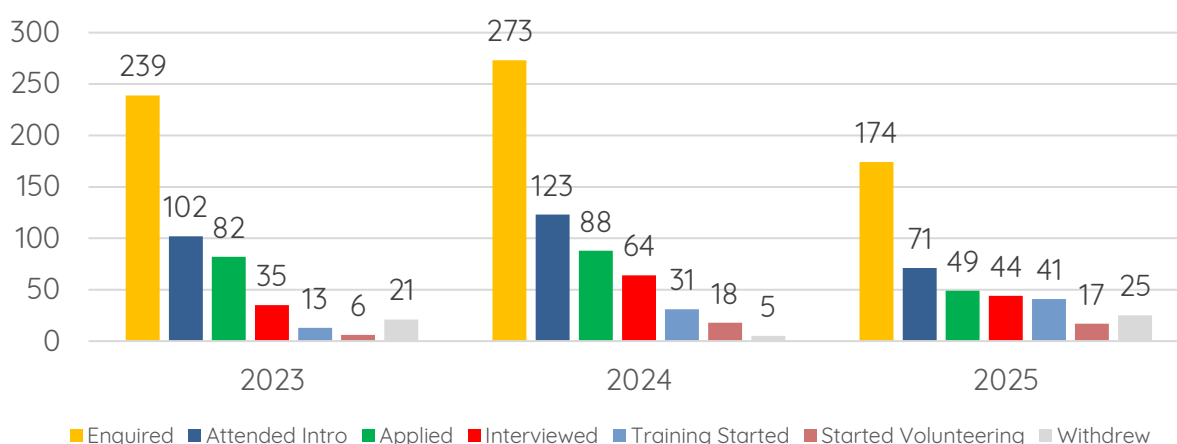
ACHIEVEMENTS AND PERFORMANCE

OUTPUT

Number of volunteers

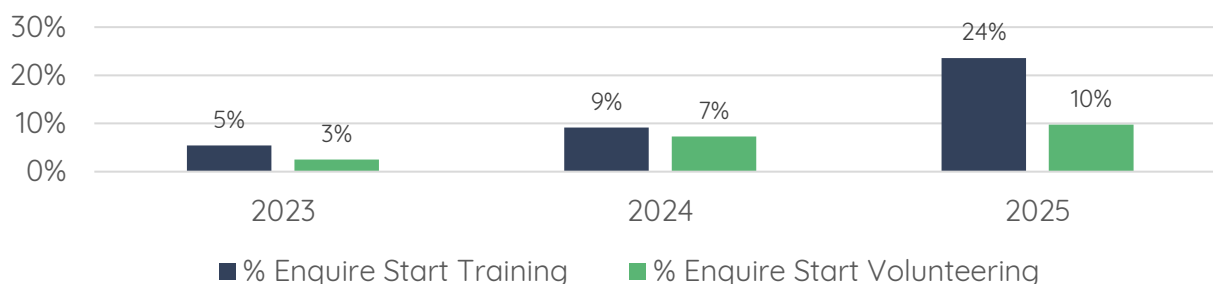
By the end of 2025 we had 17 new volunteers actively supporting clients.

Volunteer Recruitment Figures 2023 – 2025



We saw a significant increase in both the percentage of people who enquired starting training and volunteering:

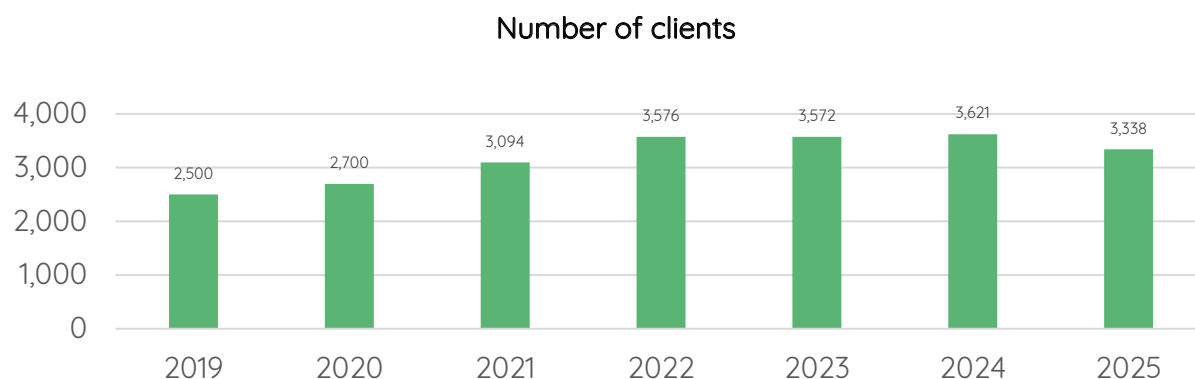
Percentage of people enquiring, starting training and volunteering 2025



“Volunteering for AFS gives me an incredible sense of purpose and with every call I take, I feel more gratitude that the service exists and recognise what a privilege it is to be able to volunteer for the organisation. The amount of and the way volunteer care is structured is phenomenal. The debrief sessions are a goldmine I really enjoy them.”

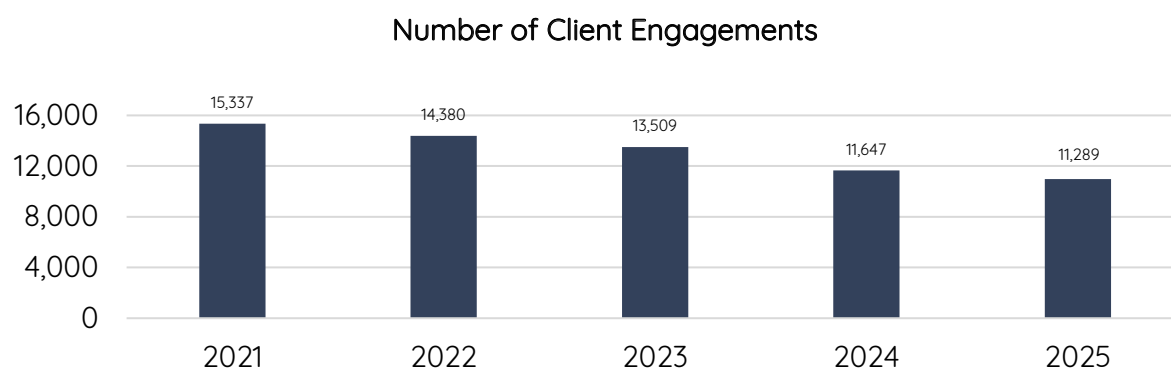
Number of clients

During the year we directly supported 3,338 people (283 fewer than in 2024), due mainly to our temporary drop in support capacity and our delivery of the 5SM One to One Programme for affected clients and piloting of the adapted 5SM One to One Programme for bereaved clients, which engages clients for five to six hours, two to three more hours than our previous, one to one support model.



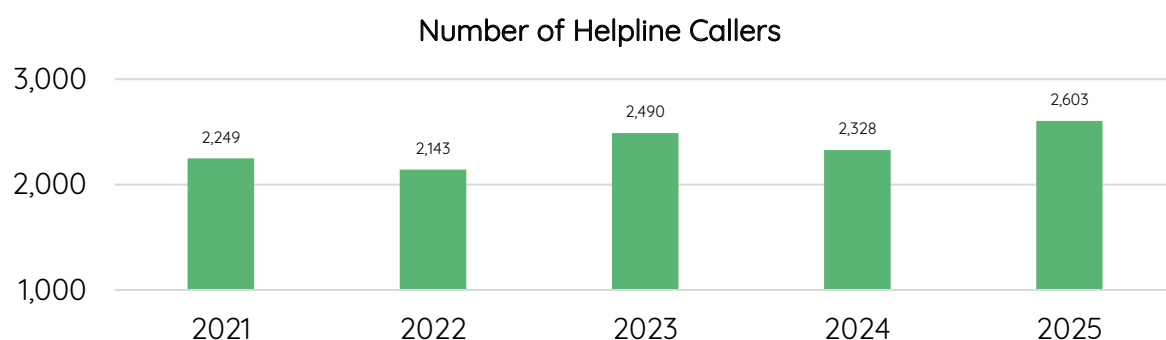
Number of client engagements

We engaged with those 3,338 clients 11,289 times (compared to 11,647 times in 2024). The number of engagements per client has been decreasing each year for the last five years, indicating more efficient and effective delivery of support.



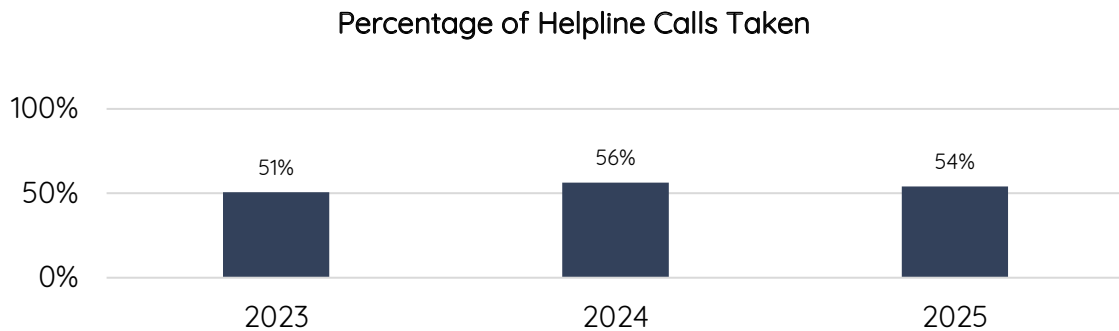
Number of Helpline Callers Supported

The number of Helpline callers provided support in 2025 was 2,603 (2,328 in 2024), the highest number for several years.



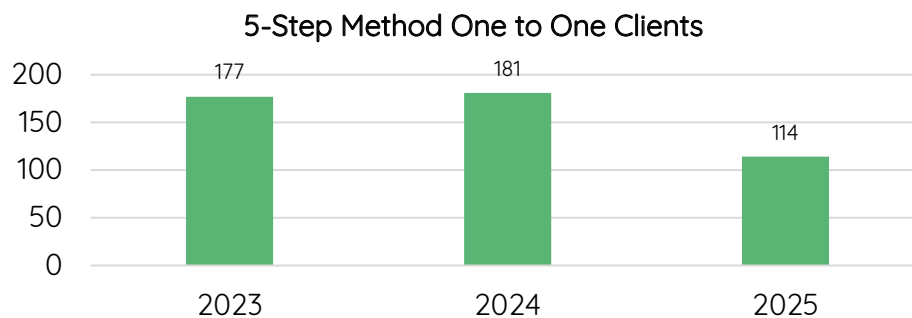
Percentage of Helpline calls taken

Our first time Helpline call answer rate dropped from 56% to 54% but remained an improvement on the 2023 rate.



5-Step Method One to One

The number of affected and bereaved clients receiving the 5-Step Method One to One intervention was 114, 3 fewer than the previous year.

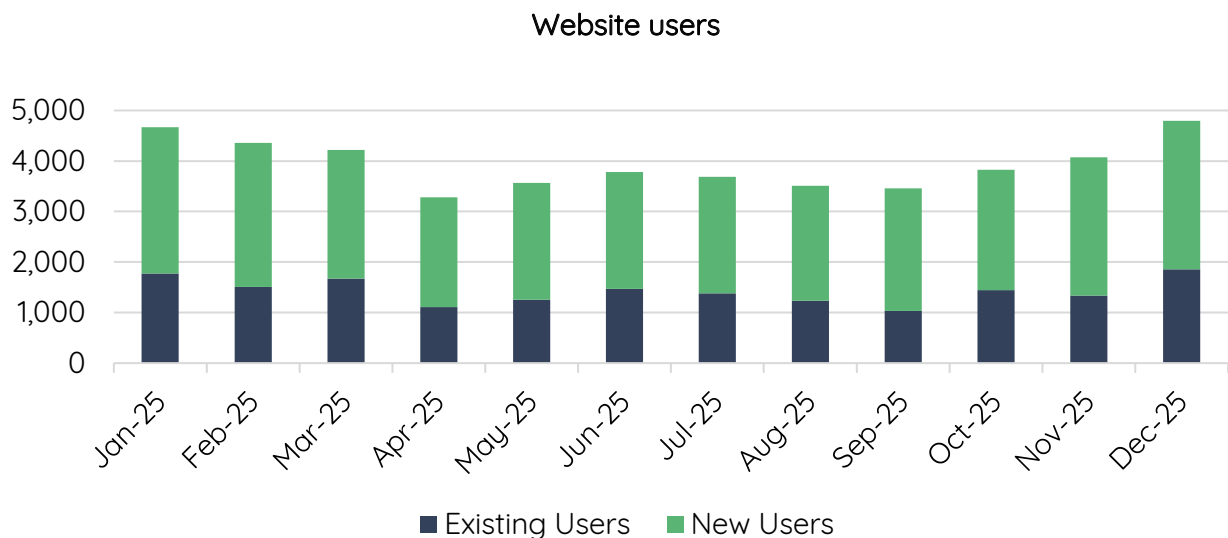


5-Step Method Group Pilot

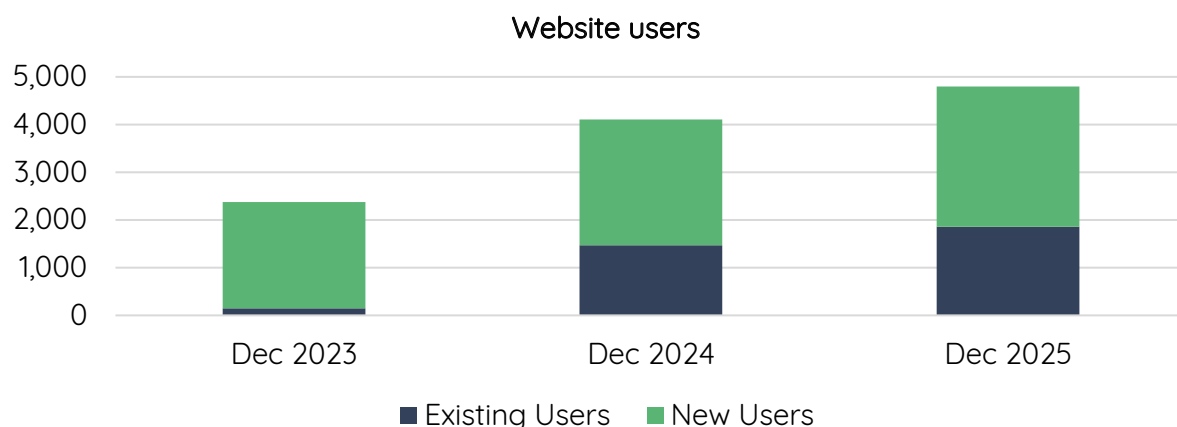
12 clients took part in the 5-Step Method Group pilot.

Website users

The number of existing users and new users of our website dropped during the year then rose to end on the highest figures we have ever achieved:

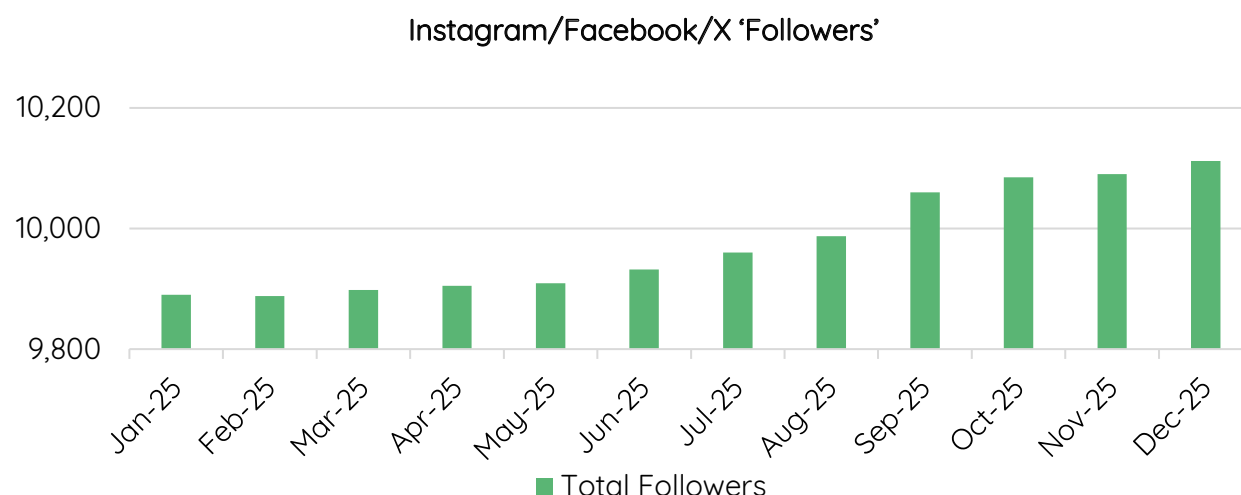


In comparison to previous years:



Social Media

During the year we saw a gradual increase in the number of Twitter/X, Instagram and Facebook followers:

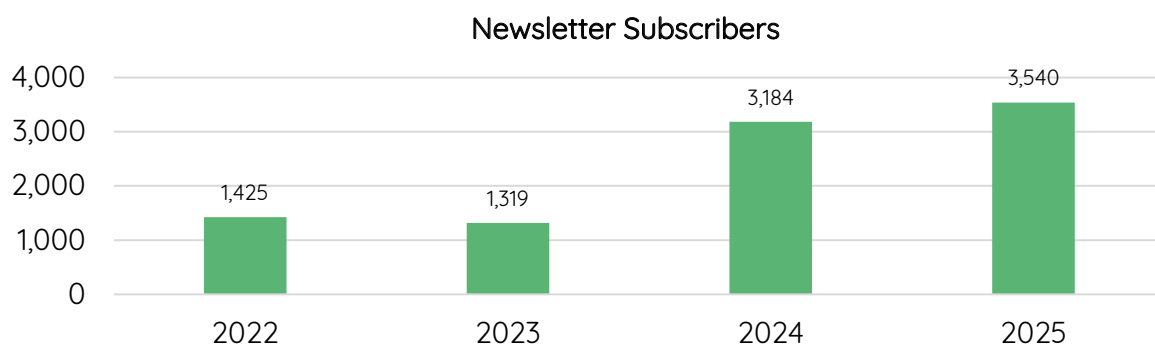


Newsletter subscribers

By the end of the year 3,540 people were subscribed to the charity's email newsletter with an average open rate of 57% which is an improvement on last year's rate of 50%, which is significantly better than the sector average of 26.2% (Campaign Monitor, 2022 Email Marketing Benchmarks Report).

The click rate of 16% was also an improvement on last year's rate of 10%.

In comparison to previous years, we see a steady increase in year-end Newsletter subscriber numbers:



OUTCOMES AND IMPACT

We endeavour to collect feedback for all clients, and it continues to be very positive. Data collected shows substantial improvements in respondents' satisfaction with various aspects of their lives since first receiving support.

Helpline

At the end of a Helpline call the call taker determines if the caller benefitted from the call and if they would call again. The average responses for the year are shown below:

Did you benefit from call?

Yes	96.9%
Not Sure	2.8%
No	0.3%

Would you call again?

Yes	84.3%
Not sure	10.9%
No - One call was helpful enough	4.5%
No - Not Helpful	0.3%

5-Step Method One to One and Group (Affected)

Clients affected by a loved one's addiction who receive 5-Step Method support complete the Family Member Questionnaire (FMQ) before their support, a second time when it ends and a third time around three months post intervention.

The 33 questions cover family relationships, finances, mental well-being, situation with the loved one harmfully using and connections with other family/friends/health workers.

Results returned from clients during 2025 show an average 43% improvement between the 'before' and 'after' questionnaires, improving to 51% three months later.

5-Step Method One to One (Bereaved)

Clients bereaved by a loved one's addiction who receive 5-Step Method support complete the Living with and Adapting to Bereavement Following an Alcohol, Other Drug or Gambling Related Death Questionnaire (LABQ) before their support, a second time when it ends and a third time around three months post intervention.

This is adapted from the FMQ and completed by bereaved clients who have taken part in the

5-Step Method bereavement support pilot. The 32 questions cover the physical and mental impact of grief, how well the client is coping, their support networks and facing the stigma of bereavement through addiction.

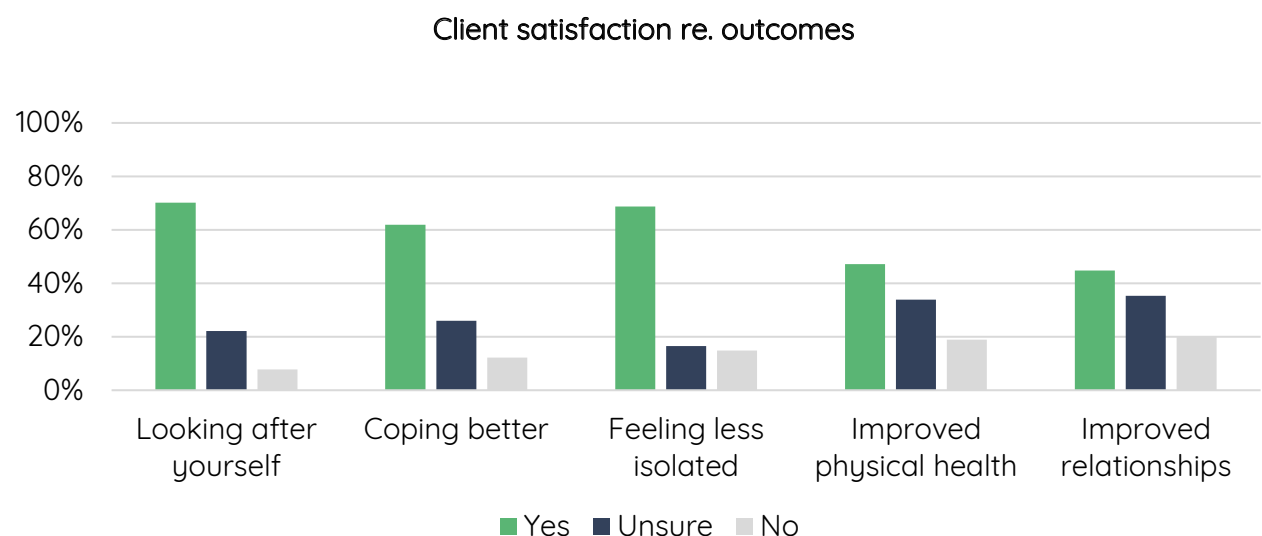
Four clients so far have provided two sets of results ('before' and 'after'), all of whom have shown improvements.

Bereaved clients also complete the Adult Attitude to Grief (AAG) scale survey, which is a brief, professional survey used to measure responses to grief, consisting of nine questions.

During the reporting period, 13 bereaved clients returned a second set of results following their support by us, nine of whom reported significant improvements across the nine questions.

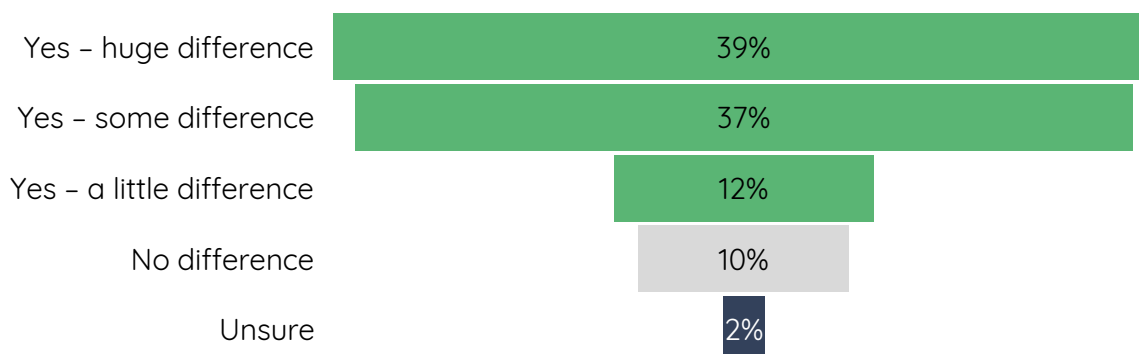
Client Satisfaction

The charts below illustrate responses to our Client Satisfaction Survey completed by clients supported across all services:



88% of questionnaire respondents reported that contacting Addiction Family Support had made a positive difference to them, whilst 10% saw no difference and 2% were unsure.

Overall, has contacting Addiction Family Support made a positive difference to you?



80% reported they would recommend Addiction Family Support to a friend, family member or colleague.

The three most reported reasons for contacting us were:

1. To talk to someone - to be listened to, reassured and understood- 85%
2. For help to explore and develop new ways of coping and responding – 66%
3. For information – 56%

(This was a question to which more than one answer could be selected.)

FUNDING

Income generated from all sources in 2025 totalled £297,877 (2024: £354,362). Note 3 to the Financial Statements presents a breakdown of income for the year and the prior year.

Income largely derived from a National Lottery grant, grants from trusts and foundations, and donations from the public. Other sources of income during the year were corporate grants, the justice system, one local government authority contract, donations in memoriam, a legacy donation and a Christmas fundraising appeal.

The National Lottery grant ended on 31 December 2025. This was a multi-year grant awarded from their Reaching Communities England-Wide programme and contributed significantly towards the development and growth of the charity's support services throughout 2023, 2024 and 2025. Notable achievements to which the grant contributed were the charity rebrand, a new website and increased volunteer recruitment. We are very grateful to The National Lottery for their support and belief in our work.

Similar to prior year, 2025 saw a wide variety of fundraising activities carried out by clients, volunteers and other supporters: the Thames Path Ultra Challenge, the London Marathon, the London Half Marathon, the Race to the King ultramarathon, the Thames Bridges Moonlight Walk, the Winter 55 Miles Race, the Greater Manchester Half Marathon, a skydive, a substance recovery campaign, an online football fundraiser, a pool tournament, pub quiz and games, a tabletop sale, fundraisers in memoriam and selling on eBay for charity.

Fundraising is an ongoing activity for the charity, carried out by three members of staff and assisted by colleagues, trustees and volunteers. We are constantly striving to find new

funding opportunities from an ever-wider range of sources with the aim to achieve a more diverse and sustainable income profile.

As for many UK charities, 2025 was a challenging year for fundraising and we are grateful to all those who have supported the charity throughout the year, either through donations, sponsorship, fundraising or volunteering their valuable time and expertise. We are also grateful to the organisations that have supported us during the year through charitable grants and awards.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Constitution and organisation

Addiction Family Support is a registered charity (No. 1123316) and a company limited by guarantee (No. 06414684) incorporated on 31 October 2007 (formerly known as DrugFAM / The Nicholas Mills Foundation).

The assets of the predecessor organisation (The Nicholas Mills Foundation), founded in August 2006, were transferred to the new company on incorporation.

A board of directors manages the charity in accordance with the Articles of Association of the company and the Board of Trustees Terms of Reference.

RESPONSIBILITIES OF THE TRUSTEES / DIRECTORS

Company and Charity laws require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements the Trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- state whether the policies adopted are in accordance with the Charities Statement of Recommended Practice (SORP) effective 1ST January 2019 and with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements, and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees, who are the Directors of the company for the purposes of company law, are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable it to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The Trustees have considered the Charity Commission's guidance on public benefit and have taken the guidance into account when making any decision to which it is relevant. The Trustees believe that they have complied with their obligations under section 17(5) of the Charities Act 2011.

FINANCIAL REVIEW

Addiction Family Support ended the year with a financial surplus of £6,215 compared with a deficit of £10,979 in 2024. The principal cause of the 2025 surplus was reduced expenditure.

Compared with prior year, total income for 2025 decreased by £56,485 (16%). Most of the charity's income during 2025 funded the costs of carrying out charitable activities, with 12% (2024: 10%) spent on fundraising activity.

Compared with prior year, total expenditure in 2025 decreased by £73,679 (20%). This decrease was achieved largely through cost savings relating to payroll, IT and telecommunications.

The charity is committed to controlling expenditure provided that the quality of support services is not compromised. We are pleased that we have continued to invest in service content development during the year, notably piloting new programmes, training staff and volunteers, holding a team-building event and maintaining our Helplines accreditation. To fund our anticipated operating costs for the forthcoming year we are focussed on further diversifying sources of income, prioritising donor stewardship, and have established a Fundraising Strategy Task and Finish workgroup. Due to the charity's strong cash position at the end of the year and some fundraising success early in 2026 we are confident that Addiction Family Support will continue to be financially viable for the forthcoming year and beyond.

Cash in hand and on deposit at 31 December 2025 totalled £119,990. This is a decrease of £4,690 (4%) from the prior year-end balance of £124,680. Free cash reserves at 31 December 2025 represented four and a half months' worth of cash operating costs, which is within the Reserves Policy of holding between three to six months' worth.

Reserves

The charity's Reserves Policy states that it should maintain 'free' (i.e. unrestricted) cash reserves equivalent to between three and six months of operating expenditure. This level of reserves is intended to provide a buffer against potential shortfalls in income and to cover the costs associated with an orderly closure of the charity, should this ever become necessary. The policy is reviewed annually, with the CEO and Finance Manager monitoring cash flow monthly to ensure compliance.

The directors have approved the Reserves Policy during the year and decided to adopt it for the foreseeable future.

Signed on behalf of the Board of Directors.



Rodney D'Costa
Chair of Trustees & Treasurer
12 May 2026

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ADDICTION FAMILY SUPPORT

I report to the charity trustees on my examination of the accounts of Addiction Family Support ('the Company') for the year ended 31 December 2025 set out on pages 18 to 29.

Responsibilities and basis of report

As the charity trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income has exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- (1) accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



A Endersby FCA

31st March 2026

Streets

Suite B1

Building 210 Butterfield, Great Marlings, Luton, Bedfordshire LU2 8DL

Addiction Family Support
STATEMENT OF FINANCIAL ACTIVITIES
Year to 31 December 2025

	Note	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Income from:					
Grants and donations	3	80,878	194,467	275,345	337,768
Charitable activities	4	11,927	8,547	20,474	14,376
Investments		2,058	-	2,058	2,218
		<hr/>			<hr/>
Total income		94,863	203,014	297,877	354,362
<hr/>					
Expenditure on:					
Raising funds	5	35,091	-	35,091	35,218
Charitable activities	5	42,357	214,214	256,571	330,123
		<hr/>			<hr/>
Total expenditure	5	77,448	214,214	291,662	365,341
		<hr/>			<hr/>
Net income/(expenditure)		17,415	(11,200)	6,215	(10,979)
		<hr/>			<hr/>
Reconciliation of funds:					
Net movement in funds		17,415	(11,200)	6,215	(10,979)
Total funds brought forward at the beginning of the year		73,545	27,364	100,909	111,888
		<hr/>			<hr/>
Total funds carried forward at the end of the year		90,960	16,164	107,124	100,909
		<hr/>			<hr/>

Addiction Family Support
BALANCE SHEET
At 31 December 2025

	Note	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Tangible fixed assets					
Computer equipment	7	1,273	-	1,273	888
Total tangible fixed assets		1,273	-	1,273	888
Current assets					
Debtors	8	9,964	-	9,964	10,595
Cash at bank & in hand		87,420	32,570	119,990	124,680
Total current assets		97,384	32,570	129,954	135,275
Current liabilities					
Creditors: amounts falling due within one year	9	(7,697)	(16,406)	(24,103)	(35,254)
Net current assets		89,687	16,164	105,851	100,021
Total net assets		90,960	16,164	107,124	100,909
The funds of the charity					
Unrestricted funds		90,960	-	90,960	73,545
Restricted income funds	13	-	16,164	16,164	27,364
Total charity funds		90,960	16,164	107,124	100,909

For the year ending 31 December 2025, the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 SORP.

These financial statements were approved by the Board of Directors on 12 May 2026, and are signed on their behalf by:



Rodney D'Costa, Director and Chair of Trustees

Addiction Family Support
STATEMENT OF CASHFLOWS
Year to 31 December 2025

	Note	2025 Total £	2024 Total £
Cashflow from operating activities			
Net cash (used in) operating activities		<u>(5,227)</u>	<u>(43,802)</u>
Cashflows from investing activities			
Purchase of computer equipment	7	<u>(1,521)</u>	<u>-</u>
Net cash (used in) investing activities		<u>(1,521)</u>	<u>-</u>
Cashflows from financing activities			
Bank interest received		<u>2,058</u>	<u>2,218</u>
Net cash provided by financing activities		<u>2,058</u>	<u>2,218</u>
Change in cash & cash equivalents in the reporting period		(4,690)	(41,584)
Cash & cash equivalents at the beginning of the reporting period		124,680	166,264
Cash & cash equivalents at the end of the reporting period		<u>119,990</u>	<u>124,680</u>

All cash is held in bank accounts without a notice period.

Reconciliation of net movement in funds to net cashflow from operating activities

Net movement in funds for the reporting period (as per the Statement of Financial Activities)		6,215	(10,979)
Adjustments for:			
Depreciation charges	7	1,136	931
Write off of tangible fixed asset		-	-
Bank interest income		(2,058)	(2,218)
Decrease in debtors	8	631	6,248
(Decrease) in creditors	9	(11,151)	(37,784)
Net cash (used in) operating activities		<u>(5,227)</u>	<u>(43,802)</u>

Addiction Family Support

NOTES TO THE FINANCIAL STATEMENTS

Year to 31 December 2025

1. Basis of preparation

The financial statements have been prepared on the basis of historic cost in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Companies Act 2006 and with the Charities Act 2011.

The financial statements are prepared on the accruals basis.

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

To comply with FRS102, the accounts include a Statement of Cash Flows for both 2025 and 2024.

No changes have been made to the accounts for previous years.

2. Accounting policies

Income

Income is included in the Statement of Financial Activities when the charity becomes entitled to the income, when the trustees are virtually certain they will receive the income, and when the monetary value can be measured with sufficient reliability.

Where income has related expenditure (as with fundraising or contract income) the income and related expenditure are reported gross in the Statement of Financial Activities.

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Contractual income and performance related grants are only included in the Statement of Financial Activities once the related goods or services have been delivered.

The value of any volunteer help received is not included in the accounts but is described elsewhere in the report.

Investment income is included in the accounts when receivable.

Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Assets

Tangible fixed assets for use by the charity are capitalised if they can be used for more than one year and cost at least £450. Depreciation is provided at the following annual rates in order to write off the asset over its estimated future economic life: Computer and Telephone Equipment - 33% on cost. Tangible Fixed Assets are valued in the accounts at cost less accumulated depreciation.

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

3. Income from grants and donations

	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
The Army Central Fund		10,000	10,000	-
Berkshire Community Foundation			-	2,800
The Britford Bridge Trust		10,000	10,000	10,000
Camurus AB		15,000	15,000	7,083
Ethypharm UK Ltd			-	25,000
Garfield Weston Foundation			-	30,000
The Headley Trust		19,166	19,166	29,167
Indivior UK Ltd			-	10,000
The Liz & Terry Bramall Foundation			-	5,000
The National Lottery Reaching Communities Fund (grant 1)			-	46,150
The National Lottery Reaching Communities Fund (grant 2)		57,301	57,301	60,253
Postcode Community Trust		50,000	50,000	-
St. James's Place Charitable Foundation		10,000	10,000	-
Schroders			-	5,000
The Shanly Foundation		3,000	3,000	500
The Worshipful Company of Tin Plate Workers Alias Wire Workers			-	10,000
From Individuals, other Trusts & Foundations and other sources	80,878	20,000	100,878	96,815
Total income from grants and donations	80,878	194,467	275,345	337,768

Movement of restricted funds – see note 14.

Where donations in this list are performance related, the proportion carried forward is not included above.

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Charity's fundraising events	11,927		11,927	1,756
Local Authority Adult services contract		8,547	8,547	8,815
Education and awareness activities			-	2,816
Miscellaneous income			-	989
	<hr/>			<hr/>
Total income from charitable activities	11,927	8,547	20,474	14,376

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

5. Expenditure	Raising Funds	Charitable Activities	2025 Total	2024 Total
	£	£	£	£
Staff costs (note 12)	32,798	207,491	240,289	307,226
Computer software and IT support		9,878	9,878	11,830
Depreciation of tangible fixed assets		1,136	1,136	931
Evaluation and surveys		288	288	288
Fundraising and events	1,973		1,973	3,116
Gifts			-	877
Governance costs		1,129	1,129	568
Insurance		2,204	2,204	2,144
Marketing and media expenses		2,351	2,351	2,577
Office expenses		971	971	420
Printing, postage and stationery	320	881	1,201	626
Professional fees (including HR) *		6,942	6,942	8,619
Recruitment		906	906	371
Rent, premises costs and venue hire		7,460	7,460	7,306
Subscriptions		795	795	386
Telephone and internet		8,121	8,121	12,323
Training		4,293	4,293	1,773
Travel and subsistence		1,556	1,556	214
Miscellaneous		169	169	130
	35,091	256,571	291,662	361,725
Annual National Bereavement Conf. **			-	1,800
Education and awareness activities			-	1,816
Total expenditure	35,091	256,571	291,662	365,341

*Counselling, safeguarding and supervision has been carried out in house for both years.

** The Annual National Bereavement Conference for 2024 did not take place. Costs incurred during that year relate to non-refundable deposits paid.

6. Audit, independent examination and other financial service fees

Included in Professional fees is a fee of £2,340 for the independent examination for 2025 (2024: £2,100).

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

7. Tangible fixed assets	Computer Equipment £	2025 Total £	2024 Total £
Cost			
Balance brought forward	31,075	31,075	31,075
Additions	1,521	1,521	-
Disposals	(23,738)	(23,738)	-
Balance carried forward	<u>8,858</u>	<u>8,858</u>	<u>31,075</u>
Accumulated depreciation			
Balance brought forward	30,187	30,187	29,256
Charge for the year	1,136	1,136	931
Disposals	(23,738)	(23,738)	-
Balance carried forward	<u>7,585</u>	<u>7,585</u>	<u>30,187</u>
Net book value			
Balance brought forward	<u>888</u>	<u>888</u>	<u>1,819</u>
Balance carried forward	<u>1,273</u>	<u>1,273</u>	<u>888</u>

Computer equipment is being depreciated on a straight-line basis over three years from the date of installation.

The charity's head office was closed during the year. This resulted in the disposal of computer equipment with a net book value of £nil.

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

8. Debtors	2025 £	2024 £
Prepayments and accrued income	<u>9,964</u>	<u>10,595</u>
Total debtors	<u>9,964</u>	<u>10,595</u>

9. Creditors

Trade creditors	-	(49)
Prepaid revenue	(9,167)	(18,333)
Prepaid grants	(5,000)	(5,000)
Payroll liabilities	(5,110)	(4,477)
Other liabilities	(2,239)	(2,239)
Accruals	(2,587)	(5,156)
Total creditors: amounts falling due within one year	<u>(24,103)</u>	<u>(35,254)</u>

10. Payments to trustees for expenses incurred

Amelia Adams	124	-
Rodney D'Costa	74	-
Dr Stacey Kennedy	55	-
Simon Mills	51	9
Isobel Morrow MBE	-	173
Total payments	<u>304</u>	<u>182</u>

Throughout 2025 and 2024, the above-named trustees received the above reimbursements from Addiction Family Support in the course of carrying out volunteer duties, fundraising and awareness activities including reasonable travel, postage and printing expenses. The Board has agreed that they continue to be reimbursed expenses incurred in carrying out volunteer duties, fundraising and awareness activities for Addiction Family Support but not for carrying out trustee related duties.

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

11. Transactions with related parties

During 2025, payments totalling £6,300 (2024: £6,300) were made to a trustee for contracted professional IT support services for the charity, which included configuring computer equipment for staff working from home.

There were no other transactions with related parties during the year.

None of the trustees were paid remuneration or received any benefits from Addiction Family Support during the year (2024: £nil).

12. Employees	2025	2024
	Total	Total
Employee count		
Employees at beginning of year	12	14
Employees at end of year	14	12
Full time equivalent at end of year	7.1	6.7
Staff costs	£	£
Wages and salaries *	223,874	285,065
Employer's national insurance	11,607	16,816
Employer's pension contribution **	4,808	5,345
	<hr/>	<hr/>
Total staff costs	<u>240,289</u>	<u>307,226</u>

* Wages and salaries include £nil of redundancy payments (2024: £6,502 which were funded from the charity's unrestricted funds).

** The workplace pension scheme commenced 1st April 2016.

No employees received employment benefits of more than £60,000 during the year (2024: one).

Addiction Family Support
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2025

13. Restricted income funds

Movement of funds during 2025 was as follows:

	Fund balance brought fwd	Incoming resources	(Deferred)	(Outgoing Resources)	Fund balances carried fwd
	£	£	£	£	£
The Army Central Fund	-	10,000	-	(10,000)	-
Austin Hope Pilkington Trust	714	-	-	-	714
The Britford Bridge Trust	-	10,000	-	-	10,000
Camurus AB	-	15,000	-	(15,000)	-
Garfield Weston Foundation	20,000	-	-	(20,000)	-
Harrall Fundraising	6,050	-	-	(1,200)	4,850
The Headley Trust	-	28,333	(9,167)	(19,166)	-
National Lottery Community Fund (2)	-	57,301	-	(57,301)	-
Postcode Community Trust	-	50,000	-	(50,000)	-
The Rank Foundation	600	-	-	-	600
St. James's Place Charitable Foundation	-	10,000	-	(10,000)	-
The Shanly Foundation	-	3,000	-	(3,000)	-
Wokingham Borough Council	-	8,547	-	(8,547)	-
Other	-	20,000	-	(20,000)	-
Total	27,364	212,181	(9,167)	(214,214)	16,164

Our Approach

We use the following approach with each client we support:

Listen



We provide a safe, non-judgmental space for people to share their stories and emotions openly. By actively listening, we acknowledge their situation's complexities and the emotional weight they carry, ensuring they feel heard and validated.

Understand



After listening, we strive to fully comprehend the unique challenges people face. Our team, many with lived experiences of similar issues, appreciate the depth of people's emotional and practical needs.

Support



By understanding people's needs, we can tailor our support to suit their unique circumstances, helping them navigate their journey more effectively.

Listen



We provide a safe, non-judgmental space for people to share their stories and emotions openly. By actively listening, we acknowledge their situation's complexities and the emotional weight they carry, ensuring they feel heard and validated.

Understand



After listening, we strive to fully comprehend the unique challenges people face. Our team, many with lived experiences of similar issues, appreciate the depth of people's emotional and practical needs.

Support



By understanding people's needs, we can tailor our support to suit their unique circumstances, helping them navigate their journey more effectively.