



Annual Report

And Financial Statements for DrugFAM
(The Nicholas Mills Foundation)

For the year ended 31 December 2023



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REFERENCE AND ADMINISTRATIVE INFORMATION

Company / Charity name	DrugFAM / The Nicholas Mills Foundation
Registered Company number	06414684
Registered Charity number	1123316
Registered Office	Oakley Hall 8 Castle Street High Wycombe Buckinghamshire HP13 6RF
Honorary President	Elizabeth Burton-Phillips MBE (Founder) – appointed 19 December 2023
Patrons	Emilia Fox Sir Anthony Seldon FRSA FRHistS FKC Professor Sir John Strang MBBS, FRCPsych, FRCP, MD, F.Med.Sci.
Directors / Trustees	Catherine Adcock – resigned 18 February 2024 Elizabeth Burton-Phillips MBE (Founder) – resigned 19 December 2023 Rodney D’Costa (Treasurer) Miranda Dunn Laura Furness (Chair) Simon Mills Noel McDermott – resigned 12 March 2023 Isobel Morrow MBE
Ambassadors	Heather Harper MBE Professor Keith Humphreys Susan Jackson Professor John Kelly Nellie Williams
Junior Ambassador	James Sabin
Chief Executive Officer	Paul Rompani
Secretary	Natalie Archer ACA
Independent Examiner	Alan Endersby FCA Streets S J Males Limited Basepoint Business & Innovation Centre 110 Butterfield, Great Marlings Luton Bedfordshire LU2 8DL
Bank	HSBC UK Bank plc 1 Corn Market High Wycombe Buckinghamshire HP11 2AY

CHAIR'S FOREWORD

As we reflect on the journey of DrugFAM over the past year, it is with both humility and pride that we present our 2023 Annual Report. In a world constantly evolving, our commitment to supporting individuals and families affected and bereaved by addiction remains steadfast.



2023 has been another busy year for DrugFAM and we have continued to offer safe, caring and professional support to families, friends, partners and significant others who are struggling to cope with a loved one's addiction to drugs, alcohol or gambling. We have also continued to support those bereaved by drugs, alcohol, gambling and related causes.

We continue to see a high demand for DrugFAM services, having supported 3,572 people with feedback from clients reporting high satisfaction with our helpline, one-to-one and group support. Additionally, 59% felt better equipped to cope with their challenges, 66% experienced a significant decrease in feelings of isolation and 42% reported improved relationships with their loved ones after receiving support. One client fed back:

"DrugFam provided me with both emotional and practical support which empowered me to reinstate my boundaries, take some distance and look after my own well-being. DrugFAM's advice not only had a positive impact on me, but also had a massively positive impact upon the person I was supporting. Thank you, I am very grateful for your support."

Sadly, we have supported 188 people who have been bereaved which is a stark reminder of the human cost of drugs, alcohol or gambling. We never forget our core purpose and send our heartfelt condolences to those who have lost loved ones. Indeed, February 2024 marked 20 years since Nicholas Mills died. Nicholas's journey was the inspiration for DrugFAM, founded by Nick's Mum, Elizabeth Burton-Phillips, and we continue to remember him in our work.

We held a series of successful fundraising events in 2023 with our Coronation Ball and Big Give campaign and are immensely grateful to those who attended or donated to these. We can only exist through the generosity of our supporters and don't take your investment for granted. We also secured additional grant funding to deliver the helpline and other work and give our continued appreciation to those funders who believe in our purpose.

Our success is not measured solely by the numbers but by the lives transformed and the futures reclaimed. It is a testament to the dedication of our staff, volunteers, donors and partners who tirelessly work towards our shared vision of a world free from the grip of addiction.

As we look ahead, we do so with renewed determination and optimism. Together, we will continue to break down barriers, challenge stigma, and foster healing and recovery. With your continued support, we will build a future where every individual facing a loved one's addiction finds the help and support they need to thrive.

Thank you for your unwavering commitment to DrugFAM and the countless lives it touches. Together, we are making a difference, one person, one family, one community at a time.

A handwritten signature in black ink, which appears to read 'Laura Furness'. The signature is fluid and cursive.

Laura Furness
Chair of Trustees
DrugFAM

OBJECTIVES AND ACTIVITIES

DrugFAM provides safe, caring and confidential support free of charge to those affected or bereaved by someone else's harmful use of alcohol, drugs, substances and gambling.

People affected by a loved one in addiction experience isolation, loneliness, prejudice and often disownment from friends, family and the wider community, accompanied with feelings of guilt, shame, helplessness and fear; whilst those bereaved from the death of a loved one to addiction also experience a unique and complex grief.

OUR AIMS

Our six key strategic aims are to:

- Increase the number and diversity of volunteers effectively and efficiently recruited, inducted, trained and supported to deliver services and support nationwide.
- Increase the number and diversity of people contacting us requiring help, interested in volunteering and offering support.
- Ensure efficient and effective management and delivery of physical and digital support services to every person who contacts us.
- Monitor, evaluate and report on the output, outcomes and impact of all aspects of our operations.
- Develop and diversify sustainable income streams from a variety of sources.
- Identify, engage and partner with individuals, groups and organisations in the education, recovery, rehabilitation, treatment and family support sectors to achieve our aims.

We endeavour to achieve these aims while keeping the people we support, our clients, at the centre of what we do.

My first contact, today, with DrugFAM was so supportive; it has enabled me to feel more confident to carry on with my plan to help my granddaughter.

ACTIVITIES

Strategy

Our mission is to support people affected or bereaved by another person's harmful use of alcohol, drugs, substances, or gambling, including family, friends and colleagues.

Our vision is a future without the stigma of addiction and for those affected or bereaved by addiction to have the support and understanding they want and need from their family, friends, colleagues and the wider community.

Operations

During the year we continued to introduce new ways of working to 'future proof' DrugFAM and improve its efficiency and effectiveness, which included adopting new digital and online platforms and automating processes.

In March we launched the new 'Virtual Contact Centre' Helpline telephone system provided by Call Handling (<https://www.callhandling.co.uk/product>). This robust system gives us the ability to answer Helpline calls over the internet, making it cheaper and providing a solution for volunteers and staff call takers who live in a poor mobile network area. It provides a call queuing system that enables us to speak to more people the first time they call, if they are willing to wait. In addition, call takers can see the calls coming in, can see who is on shift with them, communicate with others on shift and monitor the volume of calls made during their shift.

The new system has proved far more reliable than our previous system, with zero downtime since it was launched. In comparison to the average 22% of calls answered first time of calling under the previous system, during 2023 we were answering around 62% of first-time calls. We aim to increase that to 75% or more with further volunteer recruitment. One day during the year we answered 100% of calls made.

As a consequence, there has been a reduction in the number of calls made to the Helpline, as callers don't have to keep trying to get through, and an increase in the number of Helpline calls answered.

Previously when someone called the Helpline they were presented with the same menu of options as if they had called the charity's office number. In April we tweaked the system to ensure anyone calling the Helpline number is put straight through to the Helpline.

During the year we introduced a calendar system for staff delivering the 5-Step Method (5SM) One to One programme to ensure adequate capacity to take Helpline calls.

Later in the year we started researching suitable Customer Relationship Management systems ('CRMs'), to replace our current system, that will better help us to monitor and manage client engagement. The new system should integrate with the new Helpline telephone system and other platforms and forms that capture client data and information. We decided to use the Bitrix24 CRM, the beta version of which we will launch in May 2024.

It is important that whilst we professionalise how we operate we continue to provide people with the space to legitimately express their feelings and to respond with empathy, care and understanding.

It was a huge help to get your support and to be able to speak with someone who clearly understood so much about what we are experiencing and really nice not to feel judged in anyway.

Staff recruitment

In March, thanks largely to funding from The National Lottery's Reaching Communities programme, we appointed Matty Tilbrook to the newly created part time Marketing & Communications Manager role. Previously we had relied upon pro bono support from a design agency, volunteers and members of staff fulfilling other roles to manage our design, website and social media activity.

Since then, Matty has worked with staff and volunteers to develop, plan and deliver a marketing and communications strategy using digital and print collateral assets to communicate our services and the impact of our work and to promote fundraising and volunteering opportunities. This includes work on the charity's website, social media, newsletter, case studies, infographics, presentations slides, marketing of fundraising events and blogs.

After advertising the newly created Training & Support Manager position in December and following two stages of interviews, in January 2024 we recruited Fay Kepidou to the role. From March 2024 Fay will work with relevant colleagues to develop, plan and deliver a programme to increase the number and diversity of volunteers effectively and efficiently recruited, inducted, trained and supported to deliver services and support nationwide.

It's helped enormously knowing that I'm not alone with this. I will spread the word about the great work this charity is doing.

Volunteer recruitment

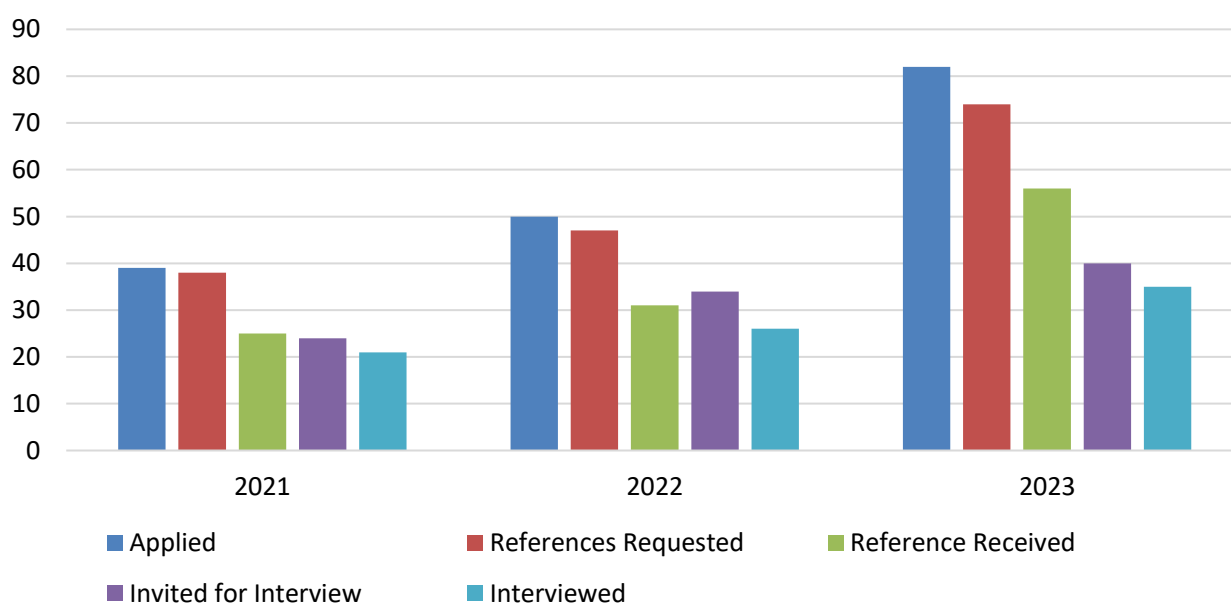
In September we began preparing for a volunteer recruitment drive, which involved making several changes to the volunteer page on the website (drugfam.co.uk/volunteer), reviewing and revising the Family Support Volunteer Role Descriptions (for Helpline Call Takers and Support Group Facilitators) and drafting copy for an ad promoting the roles. The online Volunteer Application Form was replaced with a

short Volunteer Enquiry Form, to avoid wasting time processing applicants without relevant and appropriate skills, experiences and motivations for volunteering. We established a one hour online 'Introduction to DrugFAM' session, to be held one weekday evening and Saturday morning every week, for those who completed the enquiry form to attend. Ads were uploaded to Google, Indeed and CharityJob.

In 2023 we had:

217 enquiries from people interested in volunteering on our Helpline (53 in 22, 41 in 21 and 21 in 20).
82 of which converted into formal applications (50 in 22, 39 in 21 and 17 in 20).
40 of whom provided references and were invited to interview (26 in 22 and 24 in 21).
18 of whom had completed their training by the end of the year (12 in 22, 11 in 21 and 7 in 20).

Volunteer Recruitment 2021 - 2023



I will definitely continue to make contact with the helpline as I have found it very supportive and everyone I have spoken to so far or made contact with has been so understanding and welcoming.

Staff and volunteer training

In June we adopted the Moodle online training platform to support our staff and volunteer training.

Throughout the year we made several changes to our Helpline Call Taker Training Programme including adding new role play, case study and recorded call modules and introducing training in small groups, to take advantage of economies of scale and the benefits of group learning.

A new Support Group Facilitator Training Programme was developed, comprising modules taught on the Helpline Call Taker Training Programme and modules specific to support group facilitation.

I want to thank you from the bottom of my heart to you all at DrugFAM and the lovely people in the same scenario as me on the meetings - I hope they find peace. Especially thank you to my two facilitators for listening, giving me crucial advice when I was alone and in the darkest moments of his addiction.

Staff and volunteer support

During the year we established a new weekly de-brief supervision session facilitated by one of our Family Support Workers for Family Support Volunteers to meet, ask questions, share difficult or challenging

support experiences and learn from others.

In September we merged the six-weekly volunteer Support Group Facilitator meeting with the monthly volunteer Helpline Call Taker meeting, to create a single monthly Family Support Volunteers meeting for both sets of volunteers.

In October, we held our second day-long in-person meeting for all staff to get to know each other better, discuss how we can improve the way we work and put some plans in place for the future. Trustees joined later in the day, to meet staff and discuss strategic direction, followed by dinner.

I cannot praise this service highly enough. We contacted DrugFAM out of sheer desperation and despair one particular day. X answered our call and from the start her compassion and understanding felt like a lifeline and her experience and advice has been life changing for me - in that I actually now have a life for myself. Knowing that X, and the service, is always there and continues to provide support when needed helps me to get through the most difficult times. DrugFAM is a wonderful service. Thank you

Helpline Standard Accreditation

During the year we began the six-month process to have our Helpline accredited for the Helplines Standard, by the Helplines Partnership. The Helplines Standard is the nationally recognised quality standard which defines and certifies best practice in helpline work. We are looking at receiving accreditation by May 2024.

Supporting people affected

This year most of our clients were people affected by a loved one's harmful use of alcohol, drugs and gambling. We continued to support clients via our telephone Helpline, one to one sessions and weekly support group meetings. During the year we ran eight online support groups.

All services were delivered online, using Microsoft Teams and Zoom, and we plan to reopen former in-person support groups and establish new online and in-person groups in 2024.

Following the success of our 5 Step Method (5SM) One to One Programme pilot, in September we fully transitioned from delivering unstructured unlimited one to one support, to delivering the structured five session 5SM One to One Programme across our active addiction services.

The 5SM is a widely recognised, evidence-based, outcome evaluated brief intervention programme for supporting family members. The five steps are:

- Getting to know the client and their problem - listen, reassure, understand and explore.
- Providing the client with relevant, specific, and targeted information.
- Exploring how the client is reacting, responding and coping.
- Exploring and enhancing the client's social support (family, friends and colleagues).
- Identifying the client's further needs and referring on for further help.

Later in the year we started planning the launch of a pilot 5SM Group Programme, which will run for a period of six months for around six clients who have completed the 5SM One to One Programme. A new Programme Manual was developed, informed by Turning Point who have also established a 5SM Group Programme. Following the launch of the pilot, we will also be piloting a six-month 5SM Group Programme for clients who have not undertaken the 5SM One to One Programme. The new group programmes will be piloted by two Family Support Volunteers who became accredited 5SM Practitioners earlier in the year. The plan is for our Family Support Workers to follow suit and become accredited.

Thank you so much for your email, I feel from all the professionals I have reached out to you seem to understand the most.

In June we piloted a new concept (with a support group in Richmond, London) whereby we offer 'DrugFAM Support Group Accreditation' for independent groups that provide peer support for people affected by a loved one's harmful use of alcohol, drugs, substances and gambling. In so doing, the accredited groups would be referred to as a DrugFAM support group and use the DrugFAM logo (in addition to their own if they have one). The purpose is to ensure people affected are provided safe and effective peer support and to provide DrugFAM with the opportunity to refer/signpost clients to peer support services. Existing independent support groups can apply for accreditation by completing a form that enables DrugFAM to determine eligibility and undertake an 'audit' of their policies, processes, procedures and practice. Those support groups that do not meet the eligibility criteria or the requirements for accreditation can undergo a development process. Those support groups that meet the eligibility criteria or the requirements for accreditation sign an agreement and receive a 12-month accreditation certificate. DrugFAM Support Group accreditation lapses every 12 months. Support Groups wishing to retain/renew DrugFAM accreditation for another 12 months must sign a new agreement in the eleventh month after being accredited.

DrugFAM will list all accredited support groups on its website and refer/signpost clients and enquirers to those groups in their area. DrugFAM accredited support groups use DrugFAM designed/formatted leaflets and digital assets to promote the group in person or online. DrugFAM accredited support groups facilitators will be entitled to attend DrugFAM training to refresh previous training or develop new knowledge, skills, and abilities. Facilitators will be invited to attend monthly video conference meetings with other facilitators from around the UK to share, listen, support, request information and provide feedback, ideas, comments, and suggestions. DrugFAM accredited support groups will be covered by DrugFAM's public liability insurance.

The meetings have been very helpful and supportive but feel now is a good time to offer my place to someone else who is in more need of support and guidance. I am extremely grateful for the love and support I have received from Drugfam and wish you all well x

After several months of planning and preparation, in June we launched Forces Family Support (FFS), a standalone DrugFAM service delivering a programme of support for UK Armed Forces serving personnel, reservists, ex-Service personnel and their families, who have been affected or bereaved by a loved one's harmful use of alcohol, drugs or gambling. The programme was designed by the Project Lead, who is a qualified counsellor with significant experience working with Armed Forces personnel and their families through one to one and group counselling and therapy sessions, in consultation with relevant military support organisations. Support services are underpinned by the 5 Step Method framework and overseen by a Family Support Worker who has knowledge of the specific circumstances and challenges of military life.

We liaised with the Army Welfare Service, the Army Families Federation and Army Welfare personnel to receive referrals into the project.

In November we implemented Support Reviews (assessments) of helpline clients who are not benefitting or moving forward to determine the urgency of their need for additional support and the nature of support required. A review includes completing the Short Warwick-Edinburgh Mental Well-Being Scale ('SWEMWBS') survey alongside answering questions to ensure they understand and are in the right place to receive the more structured support that is now available.

Supporting people bereaved

We started holding more of our smaller Bereavement Support Group meetings in the interim period between the larger Quarterly Bereavement Support Group meetings.

I had to contact you to say that the group is the best thing I've been part of since my son passed away. I felt understood and really connected. Thank you for facilitating this, I hope it becomes a regular thing.

In May we met with Lorna Templeton to discuss the development of the 5 Step Method Bereavement Programme. In 2024 we hope to finalise the materials and resources, train our Bereavement Support Workers and begin delivering the new programme, with regular review and evaluation sessions. We are excited to be at the forefront of this work to adapt the evidence-based outcome evaluated 5 Step Method for use with people bereaved by a loved one's harmful use of alcohol, drugs and gambling.

Bereavement Support is distinct from DrugFAM's other support services due to a number of factors including the complexity of the clients' grief and the time given to supporting them. The Quarterly Bereavement Support Groups are facilitated by two Bereavement Support Workers and attended by 20 to 25 clients.

You gave me such comfort in the darkest time of my life, I was shocked to find myself in the position I was but was equally ashamed to talk to anyone. I wanted you to know you made such a difference.

Marketing and communications

Following the appointment of our new Marketing & Communications Manager, several developments occurred throughout the year including:

- Developing and implementing a new social media strategy with optimised posting using Hootsuite, that includes sharing quotes from clients, celebrating fundraisers, and harnessing awareness days.
- Fixing website technical issues and updating pages while designing a new format for case studies, volunteering pages and annual reports.
- Re-designing DrugFAM's newsletter into a simpler and more modern email format.
- Establishing a safeguarded system of contacting clients for social media quotes and case studies, interviewing three clients and publishing two case studies.
- Creating the Forces Family Support brand: designing the website, flyers, business cards and roll-up banners; producing printed marketing materials and creating Twitter and LinkedIn profiles.
- Collating a list of journalists who have contacted DrugFAM, for future engagement, from the BBC, Sunday Times, ITV, Sky and others.

In April we embarked on a full rebranding exercise (concerning our name, logo and colour palette) that included three stages of engagement with internal stakeholders, clients, donors, and external audiences.

This is the resulting new name and logo, approved by the Board in February 2024, to be launched in May 2024:



We have done very little marketing of our services to potential clients pending the full implementation of new systems, new service delivery frameworks and the launch of the new brand.

Thank you so much for your support today; it has helped a lot and to know I have the right support when I need it.

Partnership & Networking

In February, we had the privilege of attending NACOA's inspiring event in the Houses of Parliament as part of COA (Children of Alcoholics) Week, with several excellent speakers including Jonathan Ashworth MP, the shadow Secretary for the Department of Work and Pensions, Calum Best, Camilla Tominey and Hannah Thomas.

In April our CEO Paul Rompani accepted an invitation to represent DrugFAM in the new Berkshire Combating Drugs Partnership, which brings together system-wide strategic leads including Police, education, Public Health, and the voluntary sector. It meets monthly and directly influences the UK Drug Strategy delivery and the local delivery plan.

To raise awareness of our Forces Family Support initiative, discussions have been had with The Ripple Pond, Veterans at Ease, The Army Welfare Service, The Army Families Federation, The Naval Families Federation, The Royal Air Force Families Federation and The Kings Centre for Military Health Research, all of which confirm that there is a need for focused, caring and confidential family support work within Armed Forces communities for members who are struggling to cope with a loved one's harmful use of alcohol, drugs or gambling.

We signed the Armed Forces Covenant, which demonstrates our support for the Armed Forces Community and confirms our commitment to do so. Later in the year we applied for a Defence Employer Recognition Scheme (ERS) Bronze award, which we hope to receive in 2024.

In July Paul met with the Head of Commercial Strategy & Growth for Turning Point to discuss partnering with them and OASIS in a bid to deliver the family support element of substance use treatment services in Buckinghamshire.

In October Paul and FFS Project Lead, Cathie, represented Forces Family Support at an all-day multi-disciplinary conference to showcase the work taking place across the Southeast in support of the Armed Forces Community.

In December we attended GambleAware's Annual Conference, which was a useful opportunity to learn about (and establish connections in) the gambling harms prevention and treatment sector.

Thank you so much for taking the time to write this to me. I can't tell you how deeply impacted I am by your care. It is a very lonely and isolating secret that I feel I'm carrying.

Research & Advocacy

As a member of the Alcohol & Families Alliance, in March we joined a collective call for funding for children of alcohol dependent parents to be reinstated by joint signing a letter to the Chancellor and also in July to the Secretary of State for Health and Social Care.

In May our application to become a member of the Alcohol Health Alliance was approved. Founded in 2007, the AHA is a coalition of more than 60 organisations working together to reduce alcohol-related harm. Members include medical royal colleges, charities and treatment providers. They advocate for population-level policy changes to reduce alcohol harm.

We supported The Institute for Crime & Justice Policy Research (Birkbeck, University of London) and the Centre for Death & Society (University of Bath) with their important research into bereaved people's experiences of inquests – 'Voicing Loss: Meanings and Implications of Participation by Bereaved People in Inquests'. Several of our bereaved clients were interviewed.

Following a proposal by our Patron Professor Sir John Strang (Head of Department, National Addiction Centre, Institute of Psychiatry, Psychology & Neuroscience at King's College London (KCL)) we partnered with KCL on two research projects and supported two KCL MSc students to undertake a national research study to better understand the experience of family members, friends or colleague in the UK who have been affected or bereaved by a loved one's harmful use of alcohol, drugs and other substances.

Thank you. What a great and worthwhile charity. I wish we had met sooner but I'm glad that we have.

Risk and safeguarding

During the year the number of safeguarding concerns brought to the Designated Safeguarding Lead by volunteers/staff members every month remained low, which suggests staff and volunteers are becoming more confident with identifying relevant concerns.

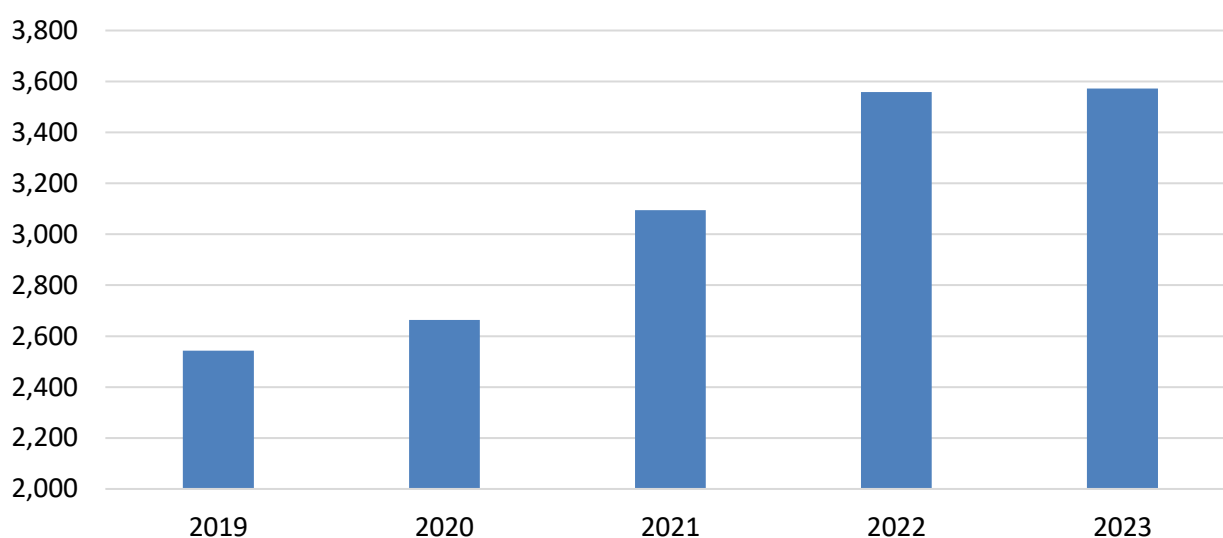
Thank you so much for listening to me, you and your colleagues do an amazing job.

ACHIEVEMENT AND PERFORMANCE

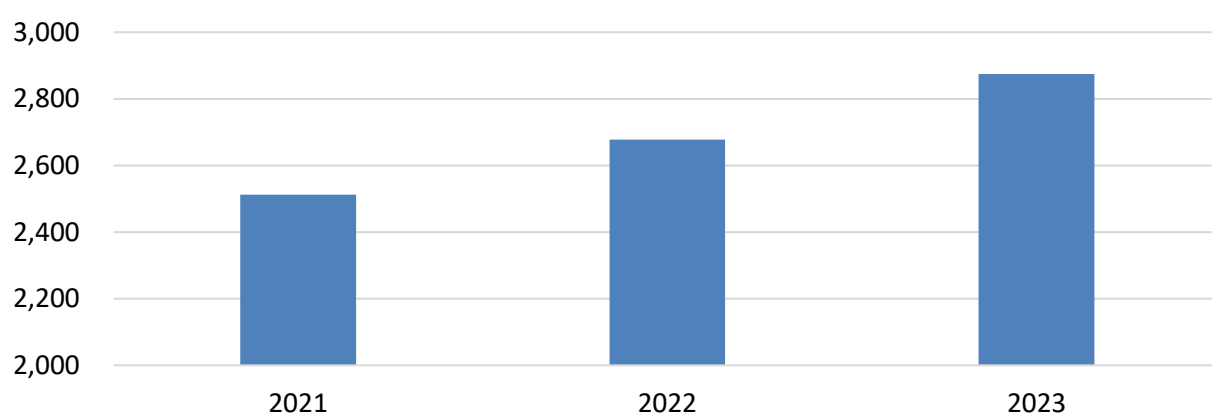
Output

During the year 3,572 clients engaged with us 13,509 times (compared to 3,558 people engaging 14,380 times in 2022). Our new client numbers increased from 2,678 in 2022 to 2,875 in 2023.

Number of clients (affected and bereaved)

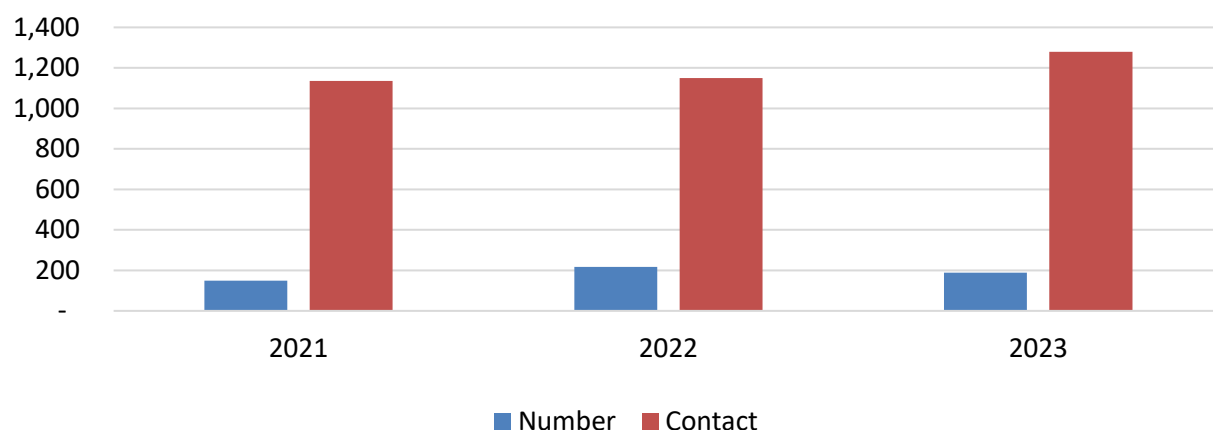


Number of new clients (affected and bereaved)



The total number of bereaved clients supported during the year was 188, of whom 121 were new bereaved clients. These client figures are slightly less than in 2022 (217 and 126 respectively) but the number of times contact was made with all bereaved clients increased for the second year in a row, from 1,160 to 1,287. This suggests the average contact per client has increased from just over 5 to almost 7.

Number of bereaved clients and contacts



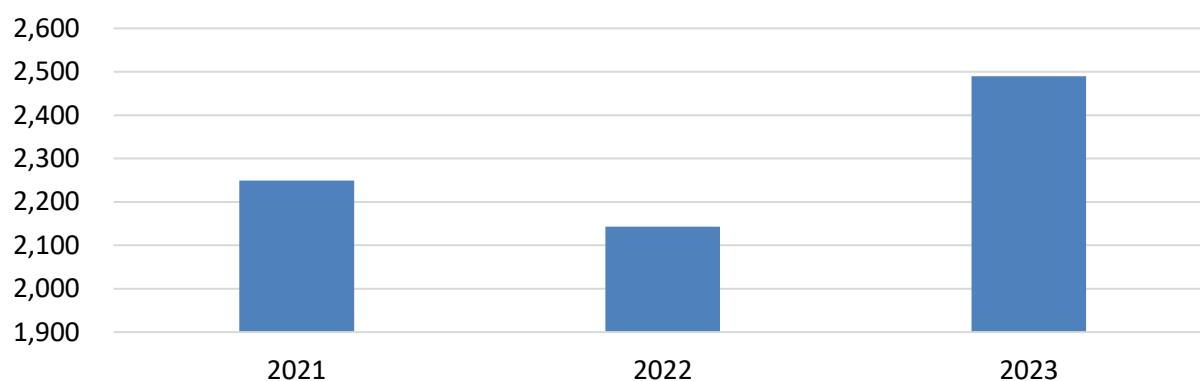
I wanted to thank you very much for the support and understanding over the past few months. It really has been invaluable. I've also shared your advice and the 5-S tep program with my mum, daughter and partner so you've helped quite a few people! Rowan has gone silent on me so I can but only hope he's getting himself together but when he does reappear in my life I'm going to be able to handle him in a healthier way.

The chart below shows the distribution of engagement across our services:

Description	2019	2020	2021	2022	2023
Total Reach (# of Clients)	2,543	2,664	3,094	3,558	3,572
Total Volume (# of Contacts)	10,019	15,196	15,337	14,380	13,509
Total Helpline Calls Received	9,707	9,461	11,601	10,914	10,525
Average Call Length (minutes)	25	27	27	26	28
Helpline Reach (# of Clients)	2,171	2,217	2,249	2,143	2,490
Helpline Volume (# of Contacts)	4,482	5,025	4,775	3,856	4,243
Total Cost Per Client	£98	£86	£82	£87	£105

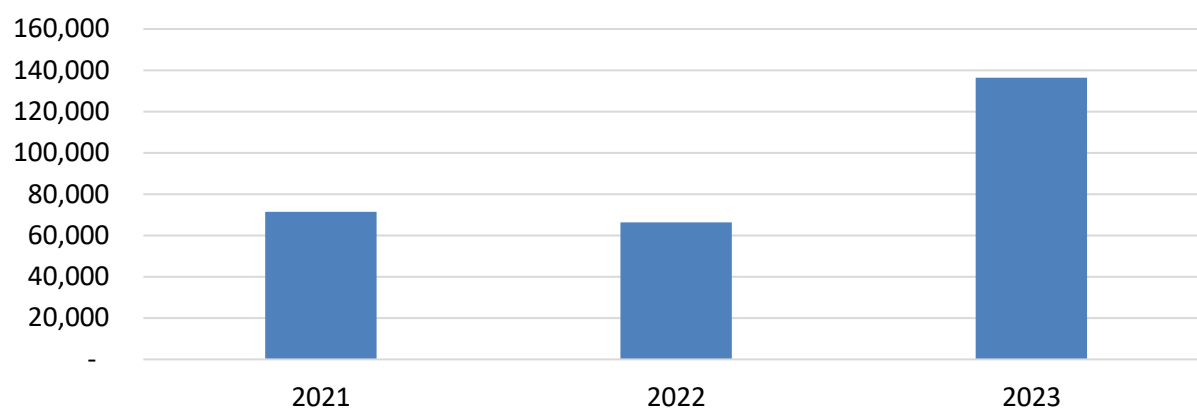
The number of Helpline clients in 2023 (2,490) was higher than in 2022 (2,143).

Number of Helpline Clients 2021 – 2023



And the amount of time spent on helpline calls increased significantly:

Number of Helpline Call Minutes 2021 – 2023



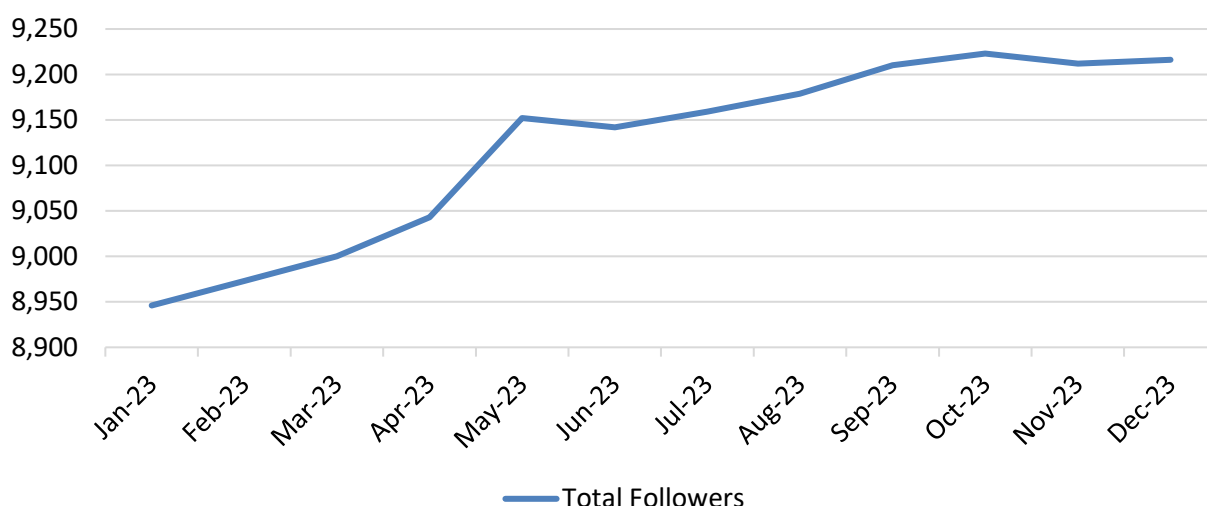
We provided 640 one to one sessions to 177 different people during the year, compared to 480 sessions delivered to 195 people in 2022.

During the year we asked our clients how they heard about us. 2,814 clients responded (2,749 in 2022). The most common response, up 10% from 2022 to 56.3%, was the internet:

	2023		2022		2021	
	Number	%	Number	%	Number	%
Internet	1,585	56.30%	1,290	46.90%	939	42.70%
Ask Frank	387	13.80%	430	15.60%	514	23.40%
Family member	131	4.60%	156	5.70%	117	5.30%
Friend	125	4.40%	157	5.70%	86	3.90%
NHS Choices	118	4.20%	86	3.10%	28	1.30%
Drug and Alcohol Service	114	4.10%	184	6.70%	106	4.80%
Other	57	2.00%	85	3.10%	70	3.20%
GP	43	1.50%	53	1.90%	38	1.70%
EBP's book	41	1.50%	40	1.50%	33	1.50%
Counselling services	40	1.40%	45	1.60%	43	2.00%
Word of mouth	33	1.20%	25	0.90%	26	1.20%
Drinkline	27	1.00%	33	1.20%	45	2.00%
Social media	27	1.00%	27	1.00%	34	1.50%
Adfam	26	0.90%	45	1.60%	30	1.40%
Drink Aware	19	0.70%	17	0.60%	30	1.40%
Media	18	0.60%	56	2.00%	34	1.50%
Social Services	11	0.40%	10	0.40%	8	0.40%
Police	6	0.20%	7	0.30%	10	0.50%
Cruse Bereavement	6	0.20%	3	0.10%	6	0.30%
	2,814	100%	2,749	100%	2,197	100%

All web and social media stats show a steady increase in followers/likes and engagement since during the year.

Number of Instagram/Facebook/Twitter Followers 2023



Outcomes and impact

Quantitative and qualitative feedback is collected for all clients and continues to be very positive. Data collected shows substantial improvements in respondents' satisfaction with various aspects of their lives since first receiving support.

DrugFAM is such an important service for families as it gives you the opportunity to talk to people who understand and know what you are going through. It helps you process your feelings, and gives you some coping skills which enable you to carry on.

In 2023, 93% (2022: 92%) of our clients reported that contacting DrugFAM had made a positive difference to them.

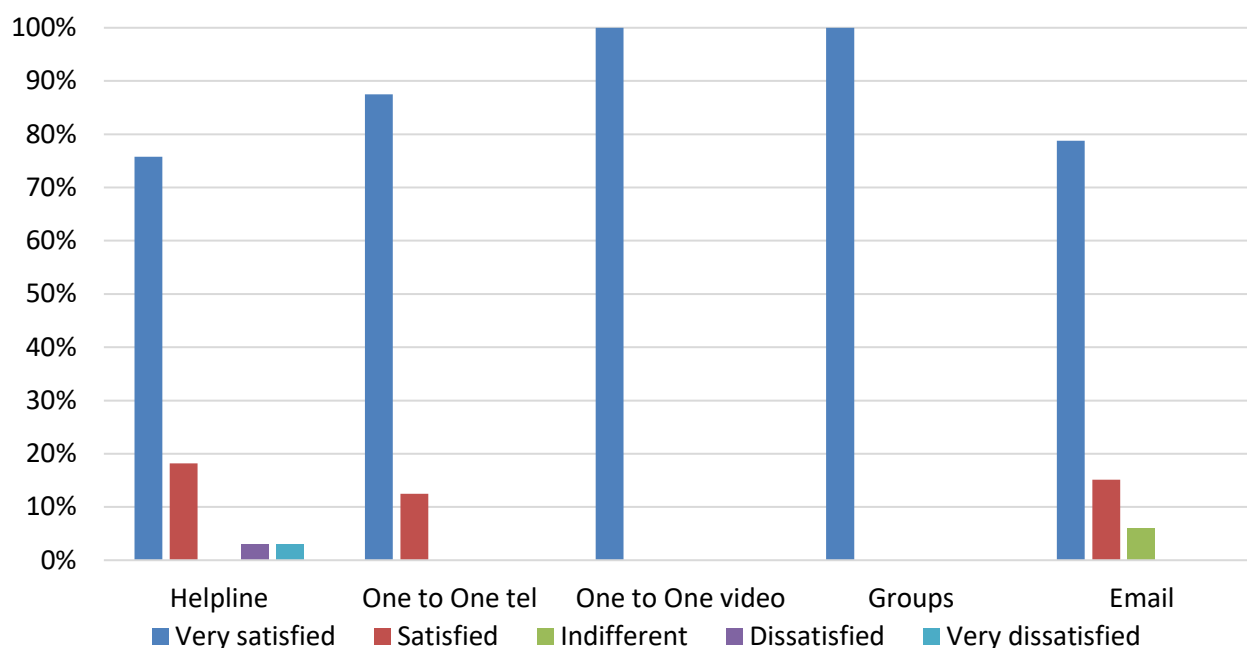
We measure project outcomes using the Short Warwick Edinburgh Mental Well-Being Scale. The average scores show a positive change (improved client outcome) achieved across the board:

		start	finish	change	%
1	I've been feeling optimistic about the future	2.29	3.13	0.84	37%
2	I've been feeling useful	2.64	3.31	0.67	25%
3	I've been feeling relaxed	2.02	2.91	0.89	44%
4	I've been dealing with problems well	2.50	3.39	0.89	36%
5	I've been thinking clearly	2.65	3.53	0.88	33%
6	I've been feeling close to other people	2.85	3.55	0.70	24%
7	I've been able to make up my own mind about things	2.88	3.74	0.86	30%

It means so much to me that you were there when I desperately needed it, I want in some small way to give back so that anyone feeling as I did, have somewhere to turn to. You are all amazing and have saved my life.

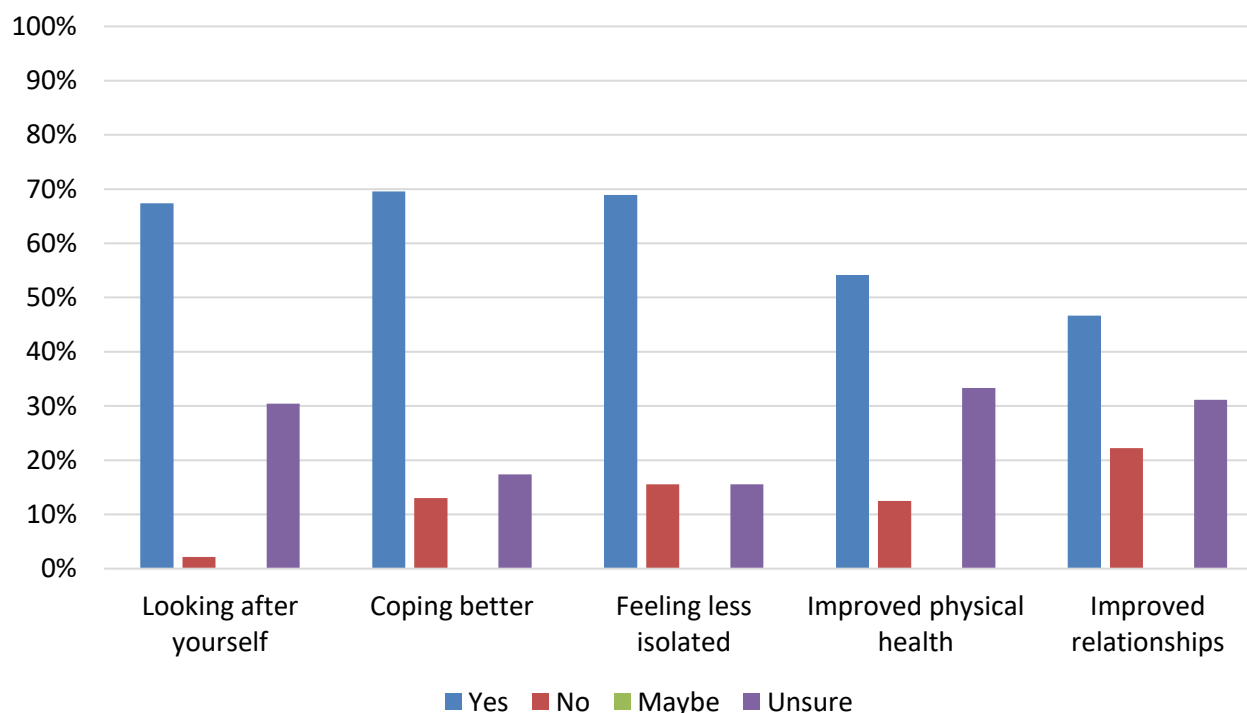
Our Client Satisfaction Survey was completed by clients who had engaged with DrugFAM for the first time during 2023. In response to being asked how satisfied they were with the support they received they responded:

Client Satisfaction Survey Results



Responses to being asked how better they were looking after themselves, coping, feeling less isolated and whether their physical health or relationships had improved, following support from DrugFAM, were:

Client Satisfaction Survey Results (Outcomes)



FUNDING

Income from all sources in 2023 totalled £371,415 (2022: £509,823, 2021: £237,242). Note 3 to the Accounts gives a breakdown of income for the year and the prior year.

DrugFAM's income in 2023 has derived mainly from two National Lottery grants, partnership project work and fundraising activities by the charity and its supporters. The balance of income came from Trusts and Foundations, corporate organisations, donations in memoriam and donations for DrugFAM's awareness presentations given in schools and other community settings. Overall, the charity's income profile for 2023 was similar to the prior year, with the exception of a significant unrestricted donation of £149,000 received in June 2022.

2023 saw the first full year of a second three-year grant from The National Lottery Community Fund, as part of their Reaching Communities England Wide programme, to fund towards DrugFAM's expansion throughout 2023, 2024 and 2025. This has enabled us to invest in human and digital resources to further promote support services, update web-based and printed materials and launch a wide-reaching volunteer recruitment campaign to help expand capacity to meet demand. We are very grateful to The National Lottery for their support and belief in our work.

Similar to prior year, 2023 saw a variety of fundraising activities carried out by DrugFAM's clients, volunteers and supporters: a 15,000 feet sky dive, a winter night walk, hiking in the Peak District, running the 100 mile Thames Path marathon, the Great North Run, the historic Run to The Stones in Wiltshire, walking the 100km Cotswold Way, a 100km cycle ride from London to Brighton, half marathons in Sheffield, York, Birmingham, Bournemouth Bay and Corsham, hiking and camping the iconic 'North Coast 500' route, an inspirational music concert, walking on hot coals, birthday fundraisers, the Riverfest Rocks in Olney and selling on eBay for charity.

A 'Coronation Ball' took place in June which was attended by 320 people and raised £30,000 for DrugFAM. Our sincere thanks go to the committee of volunteers who organised such a successful event. The other significant fundraising by the charity was a Christmas match funding campaign in conjunction with Big Give and supported by DrugFAM patron, Emilia Fox.

DrugFAM's education and awareness presentations to schools continued throughout 2023, both in person and online. This activity will continue in 2024.

The Annual National Bereavement Conference, scheduled to take place in October, had to be cancelled due to illness. We are still considering whether to hold a similar event in 2024.

We are immensely grateful to all the people who have supported us during the year, either through donations, sponsorship, organising their own fundraisers or volunteering their time and expertise.

I just wanted to thank you for your time today and your beautifully patient listening ear, support and advice. I feel emotionally exhausted but as if a small weight has been lifted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Constitution and organisation

DrugFAM/The Nicholas Mills Foundation is a registered charity (No. 1123316) and a company (No. 06414684) incorporated on 31 October 2007.

The assets of the predecessor organisation (The Nicholas Mills Foundation), founded in August 2006, were transferred to the new company on incorporation.

A board of directors manages DrugFAM/The Nicholas Mills Foundation in accordance with the Articles of Association of the company and the Board of Trustees Terms of Reference.

Responsibilities of the Trustees/Directors

Company and Charity laws require the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing those financial statements the Trustees should follow best practice and: select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent; state whether the policies adopted are in accordance with the Charities Statement of Recommended Practice (SORP) effective 1ST January 2019 and with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees, who are the Directors of the company for the purposes of company law, are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable it to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

The Trustees have considered the Charity Commission's guidance on public benefit and have taken the guidance into account when making any decision it is relevant to. The Trustees believe that they have complied with their obligations under section 17(5) of the Charities Act 2011.

Thank you so much for your email, and for taking my call and for speaking to me so kindly. I forget how beneficial it is speaking to someone else who understands my experience, it really helped me refocus and consider my next steps.

FINANCIAL REVIEW

DrugFAM ended the year with a deficit of £49,749 compared to a surplus of £158,425 in 2022 (and deficit of £47,680 in 2021). The principal causes of this deficit were a more than expected lack of success with some grant applications, and surplus costs incurred for cancelling the Annual Bereavement Conference.

Compared to prior year, total income for 2023 decreased by £138,408 (27%) because of the significant donation that was received in 2022. Most of the charity's income during the year funded the costs of carrying out charitable activities with 12% (2022: 8%) spent on fundraising activities.

Compared to prior year, total expenditure in 2023 increased by £69,766 (20%). This increase was due mainly to pay rises for all staff, employing a new Marketing and Communications Manager, increased telecommunications expenditure consistent with more minutes given supporting helpline calls, and a one-off fee for a helpline accreditation project.

DrugFAM is committed to controlling and reducing costs where necessary provided that the quality of service is not compromised. We are pleased that we have continued to invest in staff and volunteers'

learning and development during the year through advanced 5 Step Method training, instructive seminars and a second off-site team building day attended by charity staff and trustees. In order to fund our anticipated operating costs for the forthcoming year we will focus on further diversifying sources of income, achieving collaborative work and carrying out two large-scale fundraising events. Thanks to The National Lottery's support and our ongoing fundraising work we are confident that DrugFAM will continue to be financially viable for the forthcoming year and beyond.

Cash in hand and on deposit on 31 December 2023 totalled £166,264. This is a decrease of £49,765 (23%) from the prior year end balance of £216,029. Free cash reserves at the year-end represented four months' worth of cash operating costs versus our policy of holding between three to six months.

Words cannot express how grateful we are to have been so fortunate to of found DrugFAM, you've given us the time, the understanding of an addict but most importantly the tools to move forward.

The Trustees and charity management have considered the charity's cashflow and income generation for the twelve-month period following approval of the financial statements. Given the uncertainty of grant income in the medium to long term, it has been decided to make some significant cost savings to boost the charity's cashflow during this time, including reducing the telephone helpline service opening hours, to ensure the charity is a going concern.

Reserves

The reserves policy was adopted in 2013 and revised in 2023. The current policy is that the charity should hold 'free' (i.e., unrestricted) cash reserves of between three to six months' cash operating costs to allow for shortcomings in income and to cover the cost of closing down the charity should such a need ever arise.

The directors have approved the reserves policy during the year and decided to adopt it for the foreseeable future.

Signed on behalf of the Board of Directors.



Laura Furness, Chair of Trustees.
24th May 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DRUGFAM / THE NICHOLAS MILLS FOUNDATION

I report to the charity trustees on my examination of the accounts of DrugFAM / The Nicholas Mills Foundation ('the Company') for the year ended 31 December 2023 set out on pages 21 to 31.

Responsibilities and basis of report

As the charity trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- (1) accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



A Endersby
FCA
24th May 2024
Streets S J Males Limited
Chartered Accountants
Basepoint Business & Innovation Centre
110 Butterfield
Great Marlings
Luton
Bedfordshire LU2 8DL

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
STATEMENT OF FINANCIAL ACTIVITIES
Year to 31 December 2023

	Note	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Income from:					
Grants and donations	3	58,683	175,460	234,143	395,836
Charitable activities	4	36,225	98,500	134,725	113,477
Other trading activities	5	169	-	169	285
Investments		2,378	-	2,378	225
Total income		97,455	273,960	371,415	509,823
Expenditure on:					
Raising funds	6	45,708	-	45,708	40,387
Charitable activities	6	100,859	274,597	375,456	311,011
Total expenditure	6	146,567	274,597	421,164	351,398
Net (expenditure) / income		(49,112)	(637)	(49,749)	158,425
Reconciliation of funds:					
Net movement in funds		(49,112)	(637)	(49,749)	158,425
Total funds brought forward at the beginning of the year		143,015	18,622	161,637	3,212
Total funds carried forward at the end of the year		93,903	17,985	111,888	161,637

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
BALANCE SHEET
At 31 December 2023

	Note	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Tangible fixed assets					
Computer equipment	8	1,819	-	1,819	3,023
Total tangible fixed assets		1,819	-	1,819	3,023
Current assets					
Debtors	9	16,843	-	16,843	6,462
Cash at bank & in hand		95,957	70,307	166,264	216,029
Total current assets		112,800	70,307	183,107	222,491
Current liabilities					
Creditors: amounts falling due within one year	10	(20,716)	(52,322)	(73,038)	(63,877)
Net current assets		92,084	17,985	110,069	158,614
Total net assets		93,903	17,985	111,888	161,637
The funds of the charity					
Unrestricted funds		93,903	-	93,903	143,015
Restricted income funds	14	-	17,985	17,985	18,622
Total charity funds		93,903	17,985	111,888	161,637

For the year ending 31 December 2023, the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 SORP.

These financial statements were approved by the Board of Directors on 24th May 2024, and are signed on their behalf by:



Laura Furness, Director and Chair of Trustees

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
STATEMENT OF CASHFLOWS
Year to 31 December 2023

	Note	2023 Total £	2022 Total £
Cashflow from operating activities			
Net cash (used in) / provided by operating activities		<u>(50,707)</u>	<u>137,603</u>
Cashflows from investing activities			
Purchase of computer equipment	8	<u>(1,436)</u>	<u>(1,887)</u>
Net cash (used in) investing activities		<u>(1,436)</u>	<u>(1,887)</u>
Cashflows from financing activities			
Bank interest received		<u>2,378</u>	<u>225</u>
Net cash provided by financing activities		<u>2,378</u>	<u>225</u>
Change in cash & cash equivalents in the reporting period		(49,765)	135,941
Cash & cash equivalents at the beginning of the reporting period		<u>216,029</u>	<u>80,088</u>
Cash & cash equivalents at the end of the reporting period		<u>166,264</u>	<u>216,029</u>
All cash is held in bank accounts without a notice period.			
Reconciliation of net movement in funds to net cashflow from operating activities			
Net movement in funds for the reporting period (as per the Statement of Financial Activities)		(49,749)	158,425
Adjustments for:			
Depreciation charges	8	2,277	2,802
Write off of tangible fixed asset	8	363	216
Bank interest income		(2,378)	(225)
(Increase) in debtors	9	(10,381)	(3,244)
Increase / (decrease) in creditors	10	<u>9,161</u>	<u>(20,371)</u>
Net cash (used in) / provided by operating activities		<u>(50,707)</u>	<u>137,603</u>

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS
Year to 31 December 2023

1. Basis of preparation

The financial statements have been prepared on the basis of historic cost in accordance with Accounting and Reporting by Charities – Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Companies Act 2006 and with the Charities Act 2011.

The financial statements are prepared on the accruals basis.

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

To comply with FRS102, the accounts include a Statement of Cash Flows for both 2023 and 2022.

No changes have been made to the accounts for previous years.

2. Accounting policies

Income

Income is included in the Statement of Financial Activities when the charity becomes entitled to the income, when the trustees are virtually certain they will receive the income, and when the monetary value can be measured with sufficient reliability.

Where income has related expenditure (as with fundraising or contract income) the income and related expenditure are reported gross in the Statement of Financial Activities.

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Contractual income and performance related grants are only included in the Statement of Financial Activities once the related goods or services have been delivered.

The value of any volunteer help received is not included in the accounts but is described elsewhere in the report.

Investment income is included in the accounts when receivable.

Expenditure and liabilities

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Assets

Tangible fixed assets for use by the charity are capitalised if they can be used for more than one year and cost at least £500. Depreciation is provided at the following annual rates in order to write off the asset over its estimated future economic life: Computer and Telephone Equipment - 33% on cost. Tangible Fixed Assets are valued in the accounts at cost less accumulated depreciation.

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

3. Income from grants and donations

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
AbbVie UK Pharmaceuticals			-	3,852
Berkshire Community Foundation		2,083	2,083	2,917
The Britford Bridge Trust		5,000	5,000	-
Camurus AB		1,417	1,417	7,500
Garfield Weston Foundation			-	6,000
The Headley Trust		2,500	2,500	-
Heart of Bucks			-	2,917
High Wycombe Community Board			-	4,700
Indivior		5,000	5,000	-
The National Lottery Reaching Communities Fund (grant 1)		92,300	92,300	138,450
The National Lottery Reaching Communities Fund (grant 2)		65,593	65,593	-
Schroders	5,000		5,000	-
The Shanly Foundation		1,500	1,500	-
Wates Foundation			-	4,166
From Individuals, other Trusts & Foundations and other Organisations	53,683	67	53,750	225,334
Total income from grants and donations	58,683	175,460	234,143	395,836

Movement of restricted funds – see note 14.

Where donations in this list are performance related, the proportion carried forward is not included above.

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

4. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Annual National Bereavement Conference			-	4,155
DrugFAM's fundraising events	33,266		33,266	27,054
Partnership project to reduce gambling harm		91,000	91,000	70,700
Wokingham Borough Council – Adult services contract		7,500	7,500	9,375
Education and awareness presentations	2,700		2,700	2,030
Miscellaneous income	259		259	163
Total income from charitable activities	36,225	98,500	134,725	113,477

5. Income from other trading activities

	2023 £	2022 £
Sales of books and cards	<u>169</u>	<u>285</u>

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

6. Expenditure	Raising Funds £	Charitable Activities £	2023 Total £	2022 Total £
Staff costs (note 13)	39,282	310,320	349,602	276,621
Advertising and promotion			-	402
Computer software & equipment		12,782	12,782	10,174
Counselling fees		205	205	400
Depreciation of tangible fixed assets		2,277	2,277	2,802
Evaluation and surveys		3,780	3,780	288
Fundraising and events	5,925	-	5,925	10,200
Gifts		478	478	1,034
Governance costs		687	687	395
Insurance		2,005	2,005	1,531
Media expenses		132	132	-
Office expenses		969	969	1,346
Printing, postage and stationery	235	1,838	2,073	1,464
Professional fees (including Human Resources)		5,473	5,473	5,751
Recruitment		888	888	-
Rent and premises costs		5,130	5,130	4,554
Safeguarding and supervision *		60	60	120
Subscriptions		597	597	356
Telephone and internet		13,700	13,700	10,336
Training costs	80	4,410	4,490	8,045
Travel and subsistence	186	7,003	7,189	3,048
Miscellaneous		651	651	625
	45,708	373,385	419,093	339,492
Annual National Bereavement Conference **		2,071	2,071	11,906
Total expenditure	45,708	375,456	421,164	351,398

*Safeguarding supervision has been carried out in house for both years.

** The Annual National Bereavement Conference for 2023 did not take place due to illness. Costs incurred during the year relate to a non-refundable deposit. In 2022 the Conference was held at an off-site location and streamed online.

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

7. Audit, independent examination and other financial service fees

Included in Professional fees is a fee of £1,890 chargeable for the independent examination for 2023 (2022: £1,800).

8. Tangible fixed assets	Computer Equipment £	2023 Total £	2022 Total £
Cost			
Balance brought forward	30,817	30,817	29,579
Additions	1,436	1,436	1,887
Disposals	(1,178)	(1,178)	(649)
Balance carried forward	<u>31,075</u>	<u>31,075</u>	<u>30,817</u>
Accumulated depreciation			
Balance brought forward	27,794	27,794	25,425
Charge for the year	2,277	2,277	2,802
Disposals	(815)	(815)	(433)
Balance carried forward	<u>29,256</u>	<u>29,256</u>	<u>27,794</u>
Net book value			
Balance brought forward	<u>3,023</u>	<u>3,023</u>	<u>4,154</u>
Balance carried forward	<u>1,819</u>	<u>1,819</u>	<u>3,023</u>

Computer Equipment is being depreciated on a straight-line basis over three years from the date of installation.

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

9. Debtors	2023	2022
	£	£
Prepayments and accrued income	<u>16,843</u>	<u>6,462</u>
Total debtors	<u>16,843</u>	<u>6,462</u>

10. Creditors

Trade creditors	(7,441)	(2,943)
Prepaid revenue (note 14)	(45,083)	(30,083)
Prepaid grants	(5,000)	(21,398)
Payroll liabilities	(8,244)	(4,983)
Other liabilities	(2,239)	(2,239)
Accruals	(5,031)	(2,231)
Total creditors: amounts falling due within one year	<u>(73,038)</u>	<u>(63,877)</u>

11. Payments to trustees for expenses incurred

Elizabeth Burton-Phillips MBE	355	2,252
Simon Mills	2,257	2,052
Charles Owen-Conway	-	160
Isobel Morrow MBE	216	524
Rodney D'Costa	15	10
Total payments	<u>2,843</u>	<u>4,998</u>

Throughout 2023 and 2022, the above-named trustees received the above reimbursements from DrugFAM in the course of carrying out volunteer duties and fundraising services including reasonable travel, postage and printing expenses. The Board has agreed that they continue to be reimbursed expenses incurred in carrying out volunteer duties and fundraising services for DrugFAM but not for carrying out trustee related duties.

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

12. Transactions with related parties

During 2023, payments totalling £6,300 (2022: £6,000) were made to a trustee for contracted professional IT support services for the charity, which included configuring computer equipment for staff working from home.

There were no other transactions with related parties during the year.

None of the trustees were paid remuneration or received any benefits from DrugFAM during the year (2022: £nil).

13. Employees

	2023	2022
	Total	Total
Employee count		
Employees at beginning of year	14	10
Employees at end of year	14	14
Full time equivalent at end of year	10.4	9.9
Staff costs	£	£
Wages and salaries	321,958	256,005
Employer's national insurance	21,197	15,616
Employer's pension contribution *	6,447	5,000
	<hr/>	<hr/>
Total staff costs	<u>349,602</u>	<u>276,621</u>

*The workplace pension scheme commenced 1st April 2016.

There are no employees who received remuneration of more than £60,000 during the year (2022: none).

DrugFAM / The Nicholas Mills Foundation
(Operating as DrugFAM)
NOTES TO THE FINANCIAL STATEMENTS - continued
Year to 31 December 2023

14. Restricted income funds

Movement of funds during 2023 was as follows:

	Fund balance brought fwd	Incoming resources	(Deferred)	(Outgoing Resources)	Fund balances carried fwd
	£	£	£	£	£
Ara Recovery For All *	-	91,000	-	(91,000)	-
Austin Hope Pilkington Trust	714	-	-	-	714
Berkshire Community Foundation	-	2,083	-	(2,083)	-
The Britford Bridge Trust	-	15,000	(10,000)	(5,000)	-
Camurus AB	-	8,500	(7,083)	(1,417)	-
Garfield Weston Foundation	4,875	-	-	-	4,875
Harrall Fundraising	12,433	67	-	(704)	11,796
The Headley Trust	-	30,000	(27,500)	(2,500)	-
Indivior	-	5,000	-	(5,000)	-
National Lottery Community Fund (1)	-	92,300	-	(92,300)	-
National Lottery Community Fund (2)	-	65,593	-	(65,593)	-
The Rank Foundation	600	-	-	-	600
The Shanly Foundation	-	2,000	(500)	(1,500)	-
Wokingham Borough Council	-	7,500	-	(7,500)	-
Total	18,622	319,043	(45,083)	(274,597)	17,985

*Relates to the partnership project to reduce gambling harm for which the 2023 income is disclosed as Income from Charitable Activities.