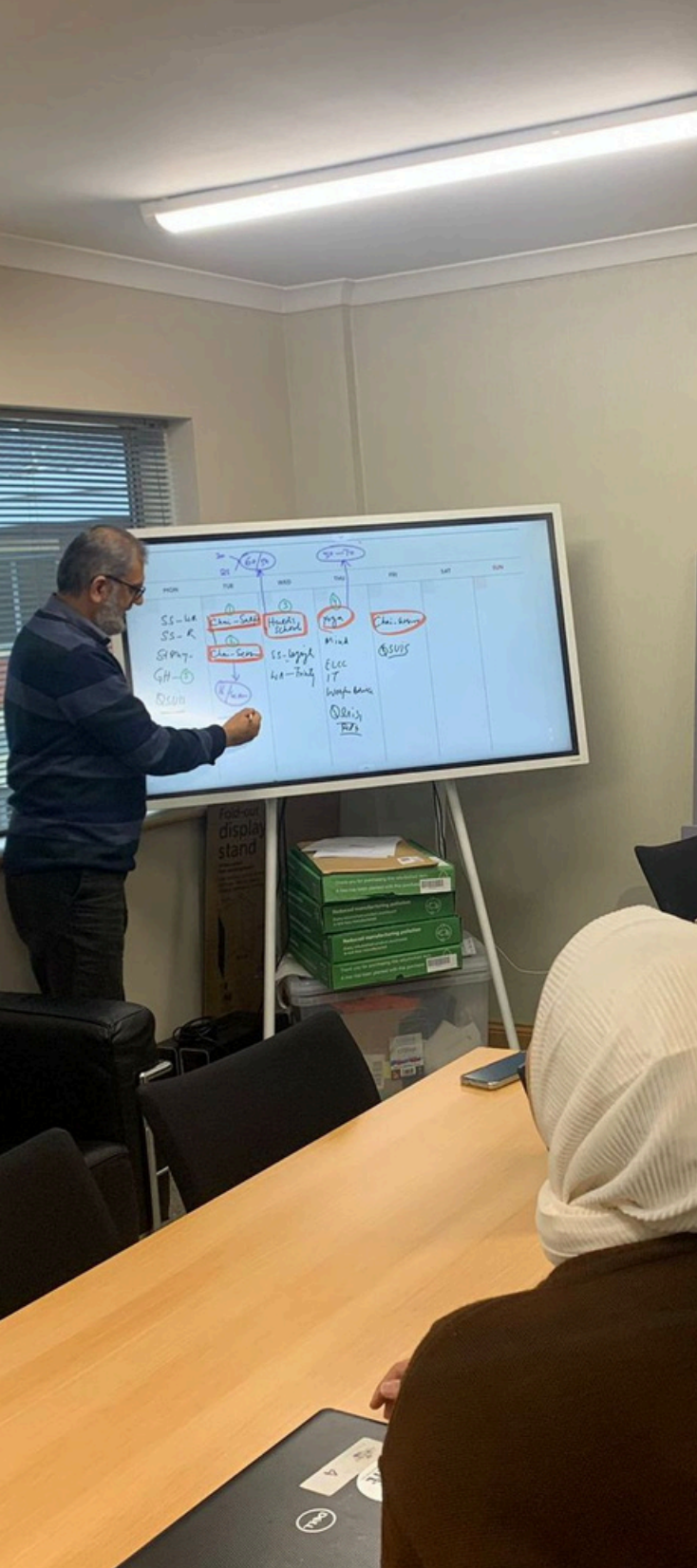


YEAR 2023-24

ANNUAL REPORT 2024





A WORD FROM THE CHIEF OFFICER

Dear Partners, Supporters, and Community Members, As I look back on 2023, I am proud of the tremendous progress the Ethnic Health Forum (EHF) has made in supporting minority ethnic communities across Greater Manchester. Our team's dedication, alongside the invaluable contributions of our partners, has allowed us to expand our services and address the evolving needs of those we serve.

This year, the Manchester Happy Homes Project (MHHP) provided essential perinatal support to 193 families, helping them navigate this critical period's emotional and practical challenges. The DigitAll Program has also empowered women by bridging the digital divide providing vital access to online resources and peer support.

Our Welfare Rights Advisory Service has improved the financial security of many newly arrived migrants, helping them access over £13,500 in unclaimed benefits each month. These programs, combined with our community events, have strengthened the social fabric and well-being of minority ethnic communities. None of these achievements would have been possible without the collaboration of partners like Saint Mary's Midwifery Unit, Manchester City Council, and Vodafone. Together, we have created more inclusive and supportive environments for marginalised families.

As we move into 2024, we are excited to continue our work, deepen our impact, and strengthen the partnerships that make it all possible.

Thank you for your ongoing support and commitment to our shared mission.

Warm regards,

A RAUF
CHIEF OFFICER



EXECUTIVE SUMMARY

In 2023, the Ethnic Health Forum (EHF) continued its mission to support minority ethnic communities across Greater Manchester. EHF has been dedicated to improving marginalised groups' health, well-being, and social inclusion, particularly during the critical perinatal period. Through key projects such as the Manchester Happy Homes Project (MHHP) and the DigitAll program, EHF has expanded its outreach, successfully supporting 1,150 clients annually, 62% of whom are women.

Our focus on collaboration with healthcare providers, local government bodies, and community organisations has strengthened our ability to deliver culturally competent services. This report highlights our key initiatives, their impact, and our vision for the future as we continue to address the needs of diverse ethnic communities in Greater Manchester.



Special thanks to the Community Fund for supporting and trusting us to deliver our multilingual Pathway to Prosperity Plus community Project

Key Achievements in 2023

1. Manchester Happy Homes Project (MHHP): The MHHP, launched in May 2023, focused on supporting minority ethnic families during the perinatal period. It provided emotional, practical, and digital support to 193 families in Gorton, Longsight, Moss Side, Rusholme, and Levenshulme. The project has successfully empowered families facing psychosocial challenges in partnership with Saint Mary's Midwifery Unit, Sure Start Centres, and Manchester City Council. The team, consisting of five women from diverse ethnic backgrounds, continues to provide holistic care to families from pregnancy until the baby reaches 12 months.
2. DigitAll Program: The DigitAll program addressed the digital inclusion gap among minority ethnic perinatal mothers. Through establishing three online peer support groups (Kurdish, South Asian, and Arabic-speaking women),

we have provided vital digital literacy skills and information on health, baby care, and employment opportunities.. The WhatsApp groups created a safe space for 79 women to share their concerns and support each other, fostering a sense of community.

3. Welfare Rights Advisory Service: EHF continued to expand its welfare rights advisory services, reaching over 1,150 clients annually, many of whom are newly arrived migrants. The service has helped clients claim an average of £13,500 per month in unclaimed benefits. We also provided English language sessions and IT training, empowering individuals to navigate services like Universal Credit and Manchester Move.

4. Cultural Engagement and Community Events: EHF organised several community events, including an International Women's Day celebration that brought together mothers from our peer support groups. These events celebrated cultural diversity, fostered community engagement, and gathered valuable insights into the digital needs of perinatal mothers. EHF's focus on culturally appropriate services ensures our clients feel comfortable and supported.





25%

community engagement activity of Ethnic Health Forum is carried out to assess community needs

15%

of our work includes working and empowering Volunteers to strengthen their self esteem and build confidence.

50%

of our activity includes Welfare Rights Advice including Happy Home Project for perinatal support services for minority ethnic families.

10%

activities include Research Capacity & Capability within the organisation to undertake data synthesis and monitoring, evaluation, accountability and learning (MEAL) framework

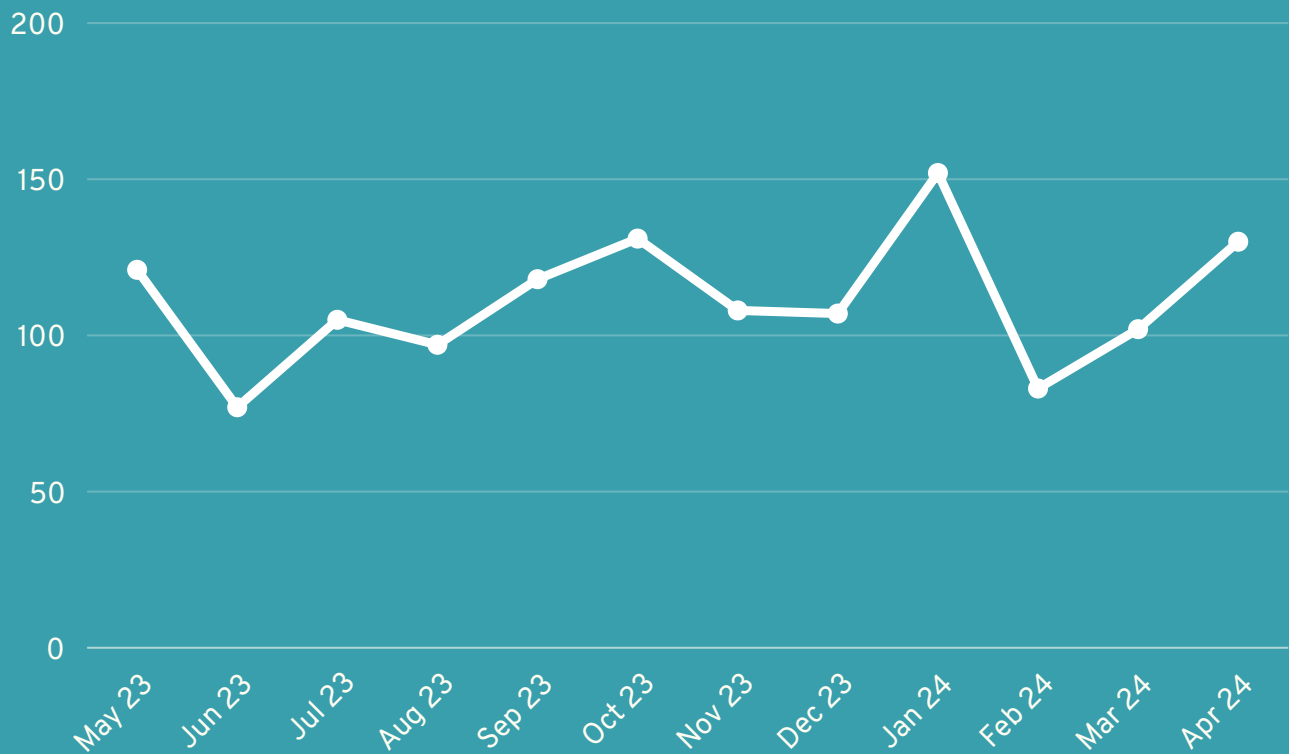
IMPACT ON THE COMMUNITY - HIGHLIGHTS

EHF's work has had a tangible impact on the communities we serve:

1. **Improved Health and Well-being:** The perinatal support provided through MHHP has significantly improved the mental and physical health of minority ethnic families. We have seen a reduction in stress and anxiety among mothers as a result of the emotional and practical support offered during pregnancy and postpartum periods.
2. **Economic Stability:** Our welfare rights advisory service has been instrumental in helping families navigate the complex benefits system, resulting in improved financial security. By ensuring that clients access their entitled benefits, we are reducing the economic pressures faced by marginalised groups.
3. **Digital Inclusion:** The DigitAll program has empowered women to participate more fully in digital spaces, enabling them to access vital information and connect with others. By improving digital literacy, we are helping to bridge the digital divide and foster greater social inclusion.
4. **Stronger Community Networks:** Through our peer support groups, community events, and partnerships, we have strengthened the social fabric of minority ethnic communities. These networks provide vital support, reduce isolation, and promote resilience among families.

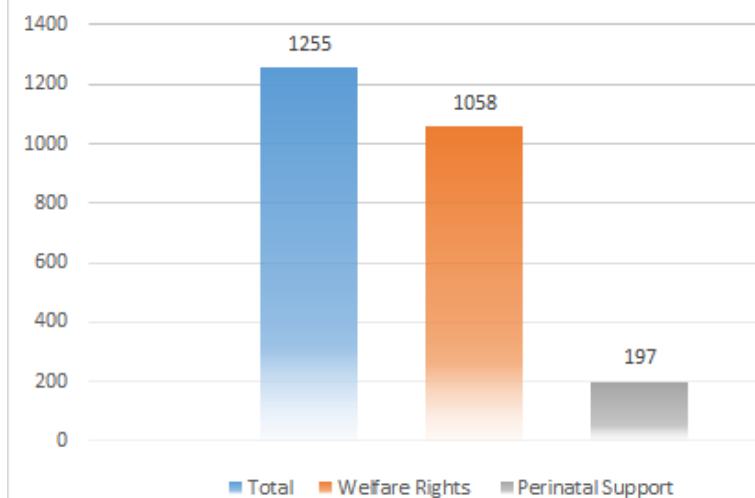


Monthly Workload 2023 - 24

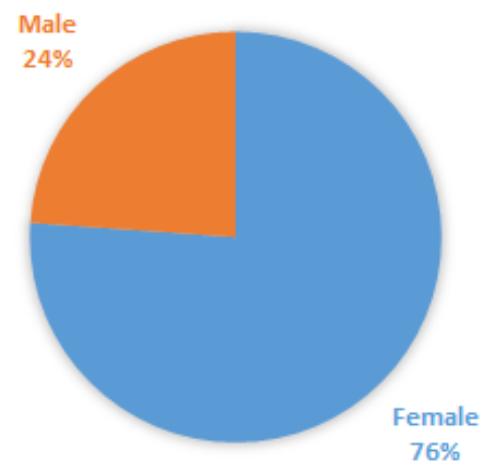


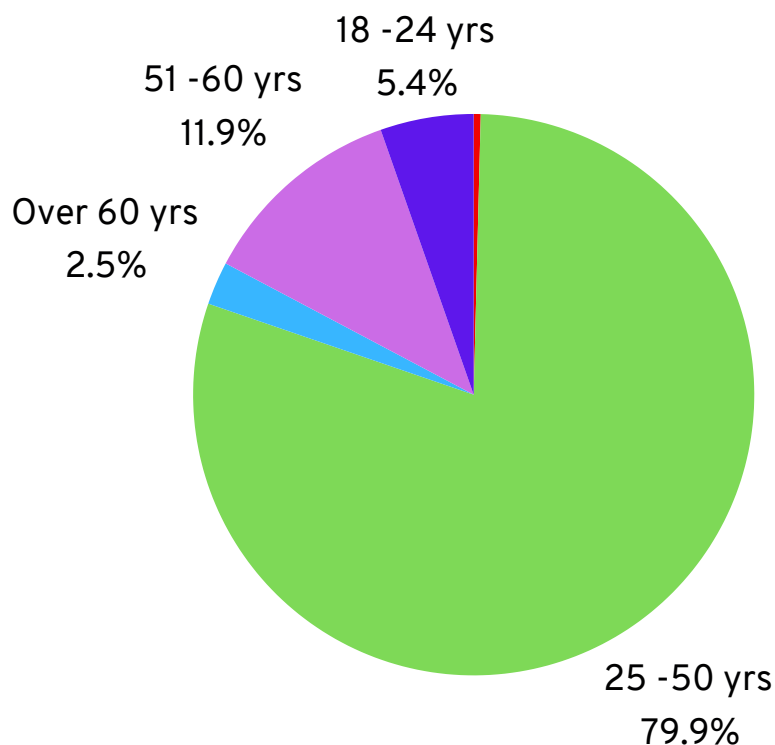
STATISTICS

CLIENTS WORKLOAD 2023 -24

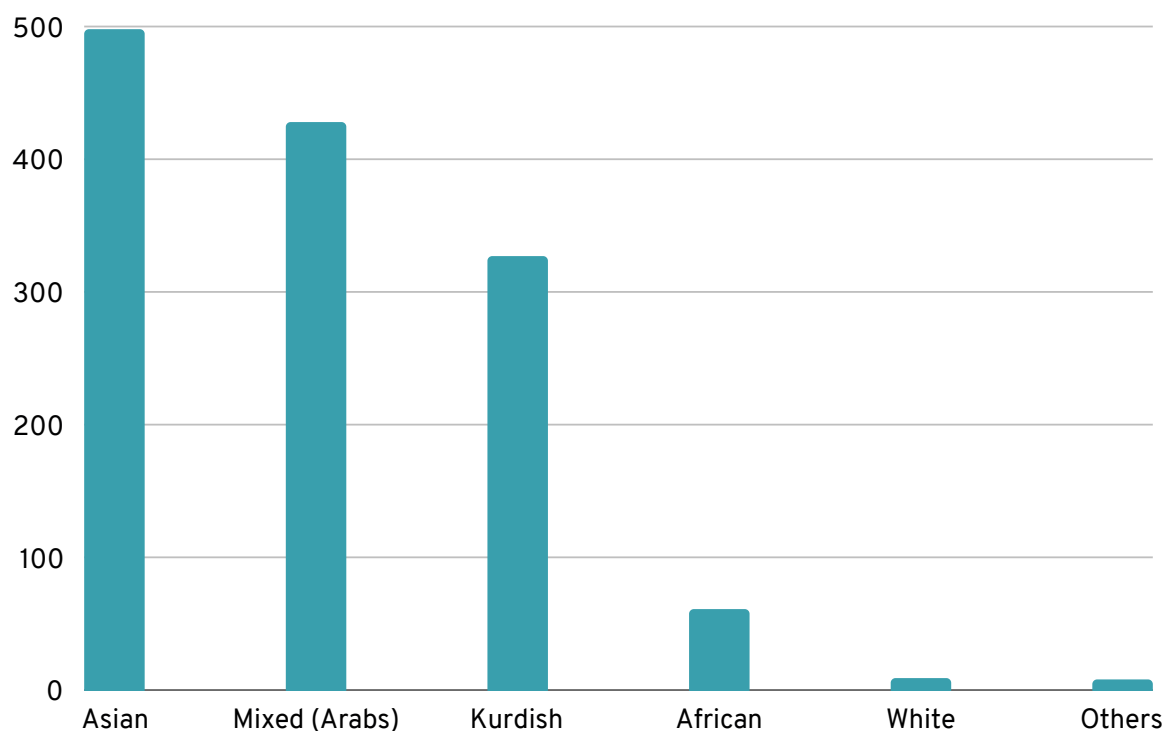


GENDER DISTRIBUTION





Majority of our clients fall within the most active socio-economic age group of 25 to 50 years old. However, we have quite a good number of people started accessing our services from 51-60 yrs of age and 18 to 24 years of age.



The largest three ethnic groups we serve continue to include South Asians, including Bengali, Pakistani, Afghani, Persian, Chinese, Burmese and Indian. The other two groups include the Arabic speaking and Kurdish speaking people from the Middle Eastern origin.

Ethnic Health Forum (Charitable Incorporated Organisation)

Statement of Financial Activities

Year Ended 30 April 2024

	Notes	2024		2023	
		Restricted	Unrestricted	Total	Total
		Funds	Funds	Total	Total
		£	£	£	£
INCOME FROM:					
Charitable Activities	(4)	198,473	13,365	211,838	
TOTAL		198,473	13,365	211,838	137,328
EXPENDITURE ON:					
Charitable Expenses	(5)	194,719	4,509	199,228	
TOTAL		194,719	4,509	199,228	109,970
Net Movement in Funds		3,754	8,856	12,610	27,358
Reconciliation of Funds					
Funds brought forward	(3)	81,527	29,313	110,840	83,842
Funds carried forward	(3)	85,281	38,169	123,450	110,840

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 12 to 16 form part of these financial statements.

ETHNIC HEALTH FORUM
BALANCE SHEET AS AT 30 APRIL 2024

CHARITY NO. 1199687 (1123223)

		2024		2023
	Notes	£	£	£
FIXED ASSETS	(8)			
Tangible Fixed Assets			1,553	1,941
CURRENT ASSETS				
Debtors	(9)	0		0.00
Cash Deposits		0		0.00
Cash at Bank and in Hand		<u>168,292</u>		<u>155,511</u>
		168,292		155,511
CREDITORS				
Amounts falling due within one year	(10)	<u>52,988</u>		<u>52,771</u>
NET CURRENT ASSETS			115,303	102,740
TOTAL NET ASSETS			116,856	104,681
THE FUNDS OF THE CHARITY				
Unrestricted	(3)		38,169	29,313
Restricted	(3)		85,281	81,527
Total Charity Funds			123,450	110,840

The notes on pages 12 to 16 form part of these financial statements.

ETHNIC HEALTH FORUM

STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2024

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Current Year	Prior Year
Net movement in funds	12,610	27,358
Add back depreciation	388	485
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase / (decrease) in creditors	(217)	(4,579)
Net cash used in operating activities	12,781	23,264
Cash flows from investment activities:		
Interest	0	0
Purchase of fixed assets	0	0
Net cash provided by investing activities	0	0
Increase/(decrease) in cash and cash equivalents during the year	12,781	23,264
Cash and cash equivalents brought forward.	155,511	113,844
Cash and cash equivalents carried forward	168,292	155,511

The notes on pages 12 to 16 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2024

1. Summary of Significant Accounting Policies

(a) General information and basis of preparation

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on our website (www.ethnichealth.org.uk). The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling, which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in preparing these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that the trustees have set aside for particular purposes. The aim and use of each designated fund are set out in the notes to the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the charity for particular purposes. The cost of raising and administering such funds is charged against the specific fund. The aim and use of each restricted fund are set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA); when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and the income is probable to be received.

For donations to be recognised, the charity will be notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

No amount of volunteer time is included in the financial statements in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services to raise funds and is recognised when entitlement occurs.

Income from the government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met; the income will probably be received, and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

(d) Expenditure recognition

All expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties; the settlement will probably be required, and the obligation amount can be measured reliably. It is categorised under the following headings:

Expenditure on charitable activities

Comprises those costs incurred by the charity in delivering its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Expenditure on raising funds

Comprises costs which are directly attributable to the charity's fundraising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, giving rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional, relating to performance, then the grant is only accrued when any unfulfilled conditions are outside the charity's control.

(e) Tangible fixed assets

Tangible fixed assets are stated at a cost less than accumulated depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset on a systematic basis over its expected useful life as follows:
Computer equipment 33% straight line

(f) Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(g) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount to the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

(h) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the **Ethnic Health Forum (Charitable Incorporated Organisation)**

Notes to the Financial Statements Year Ended 30 April 2024

1. Summary of Significant Accounting Policies

employees are entitled to be recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly,

the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively for charitable purposes.

(j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure are sufficient, along with the level of reserves, for the charity to continue as a going concern.

2 INCOME

This represents grants, contracts, service level agreements, and sundry income receivables for providing care and social welfare services.

3 FUNDS OF THE CHARITY FOR THE YEAR 2024

Unrestricted	38,169	29,313
Restricted	85,281	81,527
Total Charity Funds	123,450	110,840

4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2023

Big Life Hosting Services	10000
CHEM Perinatal-1	4979.5
COMMUNITY FUND	66029.5
COMMUNITY FUND-COST OF LIVING	4871.67
FAMILY HUB	9867
GMCVO	2400
Living Well	11200
MANCHESTER CHEM GRANT	10450

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2024

MANCHESTER CITY COUNCIL	10000
MANCHESTER GLOBAL FOUNDATION	31500
SALFORD CVS	19073.9
SOCIAL PRESCRIBING FUND	11822
Trinity House	6279.62

5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Other Expense	3,134	
PAYE	10,183	
Professional Services	18,000	
Rent Expenses	16,766	
Salary	130,149	
Travel Expenses	387	
Refund	5000	
Cost of Living Payments	11,100	
Grand Total	194,719	94,145

6. STAFF COSTS

The average monthly number of employees and full-time equivalent (FTE) during the year was as follows:

	2024	2023
Support staff	7	5

The total staff costs and employee benefits were as follows:

Wages, salaries	130,149
PAYE contributions	10,183

No employee received a total employee benefit of more than £60,000 (2023: none).

7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2023: £Nil).
The Trustees had no expenses reimbursed during the year (2023: £Nil).

8. TANGIBLE FIXED ASSETS

	Office Equipment	Furniture & Fixtures	Total
Cost-OB	6,942.41	1,571.00	8,513.41
Additions	0.00	0.00	0.00
Removals	0.00	0.00	0.00
Cost-CB	6,942.41	1,571.00	8,513.41

Accumulated Depreciation-OB	5,212.24	1,360.06	6,572.30
Depreciation on removals	0.00	0.00	0.00
Depreciation for the year	346.03	42.19	388.22
Accumulated Depreciation-CB	5,558.27	1,402.24	6,960.52
Net Assets-OB	1,730.17	210.94	1,941.11
Net Assets-CB	1,384.14	168.76	1,552.89

9. DEBTORS

There will be no debtors in 2024.

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

Current Year	Prior Year
52,988	52,771

The trustees aim to maintain free reserves in unrestricted funds at a level that equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to grant applications and cover support and governance costs.

11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.



Section A

Independent Examiner's Report

Report to the trustees/
members of

ETHNIC HEALTH FORUM

On accounts for the year
ended

30/04/2024

Charity no
(if any)

1123223
1199687 (CIO)

Set out on pages

9-11

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

02/01/2025

Name:

Iftikhar Mian, AFA

Relevant professional
qualification(s) or body
(if any):

Membership No. 244768
Institute of Financial Accountants,

Address:

1C Selworthy Road, Manchester M16 7UG

Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nil
