



ANNUAL REPORT 2022-23

Ethnic Health Forum

Charity Number = 1199687 (1123223)

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City View House, M12 4JD

Submitted by Secretary, Board of Trustee: Usman Akram

Manchester CHEM Covid Chat Programme

What is a COVID Chat?

These are one to one or small group conversations that residents can have either on the telephone, by video call, or face to face where safe to do so. The conversations take



place between residents and credible, informed people that they trust in order to;

- Ascertain

and address what matters to them

- Understand barriers and motivations for the COVID vaccination
- Provide accurate and factual information about COVID-19

About Mcr Covid Chat programme <https://youtu.be/RcVrXZ2IzHg>

What are we trying to reach & why? <https://youtu.be/S8QVK7IVY60>

Check information Online <https://youtu.be/ud4b9TVtwGs>



I am delighted to present the Ethnic Health Forum's Annual Report for the past year. As we reflect on our journey and accomplishments, it fills me with immense pride to see the positive impact we have made on the lives of individuals and communities we serve.

Over the past year, we have continued our unwavering commitment to improving the health, well-being, and social inclusion of ethnic minority communities in Manchester. Through our dedicated efforts and collaborative approach, we have achieved significant milestones and brought about tangible changes in our communities.

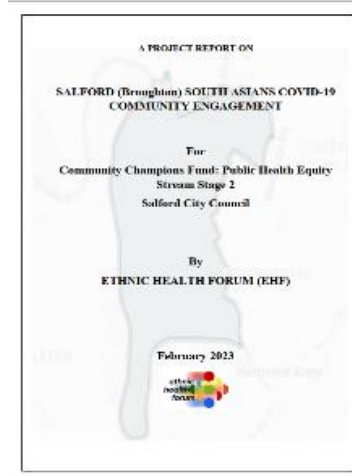
I would like to extend my heartfelt gratitude to each and every member of our team for their dedication, passion, and hard work. Your commitment to our mission has been instrumental in driving our success and impact.

A Rauf
Chief Officer
Ethnic Health Forum

Salford Covid Chat Community Champions Programme

Salford City Council's Public Health Team accessed various community organisations in its endeavours to

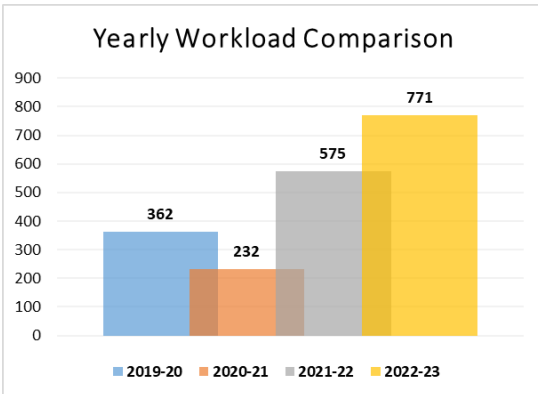
engage communities that Covid-19 has worst hit to improve the uptake of vaccinations in low uptake areas of Salford.



Ethnic Health Forum established its scope by focusing on South Asian communities mainly residing in Broughton and other minority ethnic communities in Eccles and Salford.

Pathway to Prosperity – a social empowerment programme for Manchester minority ethnic communities

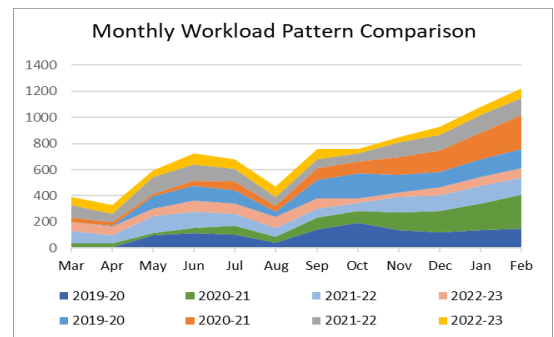
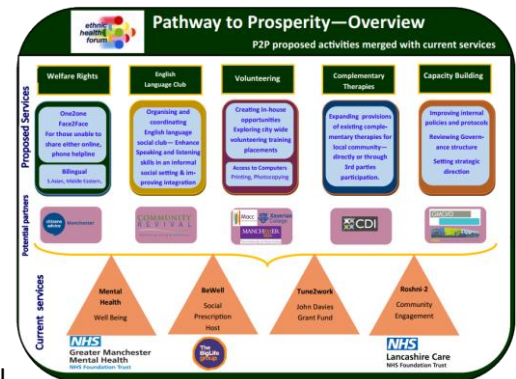
In 2022-23, the number of clients surged to 771, representing a substantial increase from the previous year's count of 575. This significant increase in the number of clients reflects the Ethnic Health Forum's successful execution of community-based services according to our strategic initiatives. The substantial increase in client numbers suggests several potential factors contributing to this uptrend. It could be attributed to implementing practical community engagement outreach work, expanding our service offerings, or improving client experience, resulting in higher client retention and acquisition rates. Moreover, the surge in client numbers in 2022-23 may also reflect a positive response to



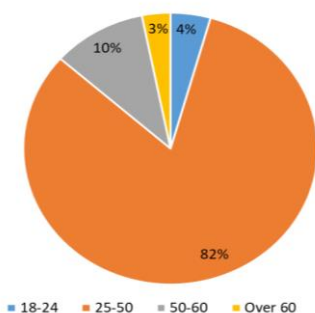
community needs with rising living costs and people falling within the poverty line. Understanding the underlying drivers behind this increase in clientele provides valuable insights for sustaining momentum by identifying potential funding bodies.

When we observe the trends across the years, specific patterns emerge:

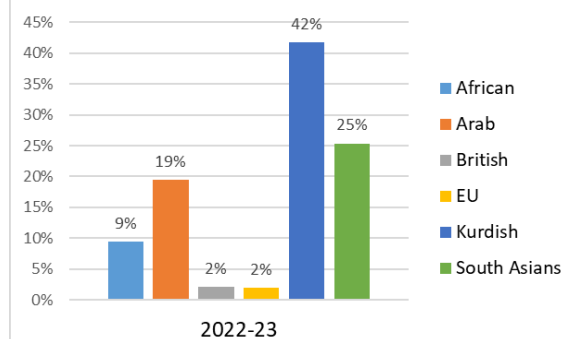
Seasonal Variations: There are noticeable fluctuations in workload volume across the months within each year. For instance, in 2019-20 and 2020-21, there seems to be a peak in workload from September to November, followed by a decline towards the end of the year. **Stability and Change:** Some months exhibit relative stability in workload



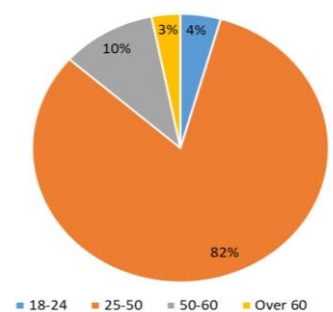
Age Distribution



Ethnic Distribution



Age Distribution



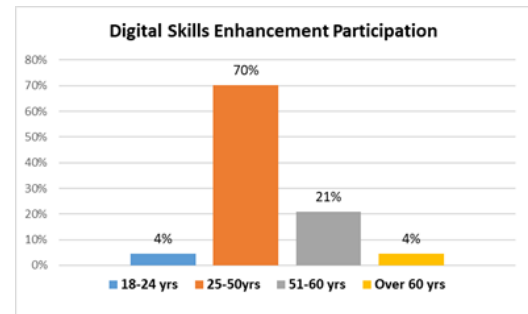
volume across the years, while others show significant changes. For example, February consistently has higher workload volumes across all years, indicating a potential trend or pattern in the tasks assigned during that month. Analysing these trends can offer insights into resource allocation, capacity planning, and identifying peak workload periods to optimise efficiency and productivity in managing tasks and projects throughout the year. The organisation must continue monitoring client trends and feedback and adapting strategies to meet evolving market demands. By leveraging the momentum gained in 2022-23, the organisation can position itself for continued growth and success in the future.

Social Prescriber Programme - Move2Wellbeing

As part of Manchester Social Prescriber Programme, Ethnic Health Forum was funded to expand its Welfare Rights Advice and Volunteering services to the wards of Longsight, Ardwick and Rusholme. The programme was successful in achieving its outcomes of making people to Move on in their life goals, and improve the health and social wellbeing of the minority ethnic communities.

Post Covid-19 Digital Inclusion – Enhancing Digital Skills

Good Things Foundation- EHF delivered a Digital Learning Project supported by the Good Things Foundation, which enabled EHF to help residents access basic IT skills.



DWP Kick Start Youth Employment Support Programme

Three young kick starters joined the EHF for six months to get mentorship, placement and learn skills of community development. After their completion with us, one moved on to Overseas employment, one into full time employment and one joined the University to get Masters qualification.

Networking

During 2022-23, EHF developed further links and created opportunities for the organization to showcase its services and promote EHF. To achieve this, EHF joined the Pakistani Sounding Board (PSB), a forum for local Pakistani community groups and individuals to have a voice and enable PSB to articulate and raise issues and concerns with the senior staff at Manchester City Council. EHF was also a vital member of the South Asian Sounding Board, created before the COVID-19 pandemic, bringing all South Asian community groups together on a single platform to share information and good practice.

Working in Partnerships

During 2022-23, the Ethnic Health Forum consolidated and improved our partnership work with the Be Well Service, a significant service commissioned by NHS Manchester Health Care and provided by the Big Life Company to promote Social prescription in Manchester. EHF continue to build and secure long-term partnerships with the Trinity Community Resource Centre, a vibrant community hub in the multicultural ward of Moss Side and Rusholme.

Ethnic Health Forum (Charitable Incorporated Organisation)

Statement of Financial Activities

Year Ended 30 April 2023

		2023		2022
		Restricted Funds	Unrestricted Funds	Total
	Notes	£	£	£
INCOME FROM:				
Charitable Activities	(4)	108,910	28,418	137,328
TOTAL		108,910	28,418	137,328
EXPENDITURE ON:				
Charitable Expenses	(5)	94,145	15,825	109,970
TOTAL		94,145	15,825	109,970
Net Movement in Funds		14,765	12,592	27,358
Reconciliation of Funds				
Funds brought forward	(3)	66,762	16,720	83,842
Funds carried forward	(3)	81,527	29,313	110,840

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 8 to 12 form part of these financial statements.

ETHNIC HEALTH FORUM
BALANCE SHEET AS AT 30 APRIL 2023

CHARITY NO. 1199687 (1123223)

		2023		2022
	Notes	£	£	£
FIXED ASSETS	(8)			
Tangible Fixed Assets			1,941	2,426
CURRENT ASSETS				
Debtors	(9)	0		0.00
Cash Deposits		0		0.00
Cash at Bank and in Hand		<u>155,511</u>		<u>132,247</u>
		132,247		132,247
CREDITORS				
Amounts falling due within one year	(10)	<u>52,771</u>		<u>48,192</u>
NET CURRENT ASSETS			102,740	84,056
TOTAL NET ASSETS			104,681	86,482
THE FUNDS OF THE CHARITY				
Unrestricted	(3)		29,313	16,720
Restricted	(3)		81,527	66,762
Total Charity Funds			110,840	83,482

The notes on pages 8 to 12 form part of these financial statements.

ETHNIC HEALTH FORUM

STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2023

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Current Year	Prior Year
Net movement in funds	27,358	22,315
Add back depreciation	485	607
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase / (decrease) in creditors	-4,579	-4,518
Net cash used in operating activities	23,264	18,404
Cash flows from investment activities:		
Interest	0	0
Purchase of fixed assets	0	0
Net cash provided by investing activities	0	0
Increase/(decrease) in cash and cash equivalents during the year	23,264	18,404
Cash and cash equivalents brought forward	132,247	113,844
Cash and cash equivalents carried forward	155,511	132,247

The notes on pages 8 to 12 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2023

1. Summary of significant accounting policies

(a) General information and basis of preparation

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on page X of these financial statements. The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

Expenditure on charitable activities

Comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Expenditure on raising funds

Comprises costs which are directly attributable to the charity's fund-raising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(e) Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:
Computer equipment 33% straight line

(f) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(g) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

(h) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the **Ethnic Health Forum (Charitable Incorporated Organisation)**

Notes to the Financial Statements Year Ended 30 April 2023**1. Summary of significant accounting policies**

employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

(j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 INCOME

This represents grants, contracts, service level agreements and sundry income receivable for the provision of care and social welfare services.

3 FUNDS OF THE CHARITY FOR THE YEAR 2023

Unrestricted	29,313	16,720
Restricted	81,527	66,762
Total Charity Funds	110,840	83,482

4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2023

BIG LIFE Partnership	7500
BOLLYFIT ACTIVE	400
EQUALITY LIMITED	50
GOOD THINGS FOUNDATION	6420
GMCVO	5000
KING S COLLEGE LONDON	106
Community Fund	32696
MANCHESTER CITY COUNCIL	44794

MANCHESTER GLOBAL FOUNDATION	1500
SALFORD CITY COUNCIL	10000
SALFORD CVS	5000

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2023

SOCIAL PRESCRIBING	5000
THE WORK COMPANY	2170
TRINITY HOUSE COMMUNITY CENTRE	16691

5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Other Expense	3,200	
PAYE	9,317	
Professional Services	4,787	
Rent Expenses	7,832	
Salary	84,783	
Travel Expenses	51	
Grand Total	109,970	135,671

6. STAFF COSTS

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2023	2022
Support staff	5	5

The total staff costs and employee benefits were as follows:

Wages, salaries	84,783
PAYE contributions	9,317

No employee received total employee benefit of more than £60,000 (2022: none).

7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2022: £Nil).
The Trustees did not have any expenses reimbursed during the year (2022: £Nil).

8. TANGIBLE FIXED ASSETS

	Office Equipment	Furniture & Fixtures	TOTAL
Cost-OB	6,942	1,571	8,513
Additions	0	0	0
Removals	0	0	0

Cost-CB	6,942	1,571	8,513
Accumulated Depreciation-OB	4,780	1,307	6,087
Depreciation for the year	433	53	485
Accumulated Depreciation-CB	5,212	1,360	6,572
Net Assets-OB	2,163	264	2,426
Net Assets-CB	1,730	211	1,941

9. DEBTORS

There is no debtor during the year 2023.

10. CREDITORS:AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

Current Year	Prior Year
52,771	48,192

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.



Section A

Independent Examiner's Report

Report to the trustees/
members of

ETHNIC HEALTH FORUM

On accounts for the year
ended

30/04/2022

Charity no
(if any)

1123223
1199687 (CIO)

Set out on pages

5-12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

12/02/2024

Name:

Iftikhar Mian, AFA

Relevant professional
qualification(s) or body
(if any):

Membership No. 244768
Institute of Financial Accountants,

Address:

1C Selworthy Road, Manchester M16 7UG

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nil