

# ETHNIC HEALTH FORUM

England & Wales · Charity number 1123223

## Details

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**Other names** EHF

**Status** Registered

**Legal form** Other

**Registered** 2013-02-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Ethnic Health Forum  
City View House  
5 Union Street  
Ardwick  
Manchester  
M12 4JD

**Phone** 07918830170

**Email** [info@ethnichealth.org.uk](mailto:info@ethnichealth.org.uk)

**Website** [www.ethnichealth.org.uk](http://www.ethnichealth.org.uk)

## Activities

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**Objects:** 1)TO DEVELOP THE CAPACITY AND SKILLS OF THE MEMBERS OF THE MINORITY ETHNIC COMMUNITIES IN THE UNITED KINGDOM AND IN THE DEVELOPING COUNTRIES IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, AND HELP MEET THEIR HEALTH AND SOCIAL CARE NEEDS AND ENABLE THEM TO PARTICIPATE MORE FULLY IN THE LOCAL SOCIETY2)THE PROMOTION OF EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT BYA)PROMOTING ACTIVITIES TO FOSTER UNDERSTANDING BETWEEN PEOPLE FROM DIVERSE BACKGROUNDS IN HEALTH AND SOCIAL CARE.B)CONDUCTING OR COMMISSIONING RESEARCH ON EQUALITY AND DIVERSITY ISSUES IN HEALTH AND SOCIAL SCIENCES AND PUBLISHING THE RESULTS TO THE PUBLIC.C)CULTIVATING A SENTIMENT IN FAVOUR OF EQUALITY AND DIVERSITY.3)THE PROMOTION OF RACIAL HARMONY FOR THE PUBLIC BENEFIT BY WORKING TOWARDS THE ELIMINATION OF DISCRIMINATION IN HEALTH AND SOCIAL CARE SERVICES ON THE GROUNDS OF RACE, CULTURE, LANGUAGE AND RELIGION.4)THE PROMOTION OF SUSTAINABLE DEVELOPMENT FOR THE BENEFIT OF THE PUBLIC BY:A)THE RELIEF OF POVERTY AND THE IMPROVEMENT OF THE CONDITIONS OF LIFE IN SOCIALLY AND DISADVANTAGED COMMUNITIES(THE PROMOTION OF SUSTAINABLE MEANS OF ACHIEVING GROWTH AND REGENERATION IN HEALTH, SOCIAL CARE AND PERSONAL DEVELOPMENT. SUSTAINABLE DEVELOPMENT MEANS "DEVELOPMENT WHICH MEET THE NEEDS OF THE PRESENT WITHOUT COMPROMISING THE ABILITY OF FUTURE GENERATIONS TO MEET THEIR OWN NEEDS")5) TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF HEALTH, SOCIAL CARE AND PERSONAL DEVELOPMENT.

**Activities:** - ORGANISING HEALTH PROMOTION COMMUNITY PROJECTS- COORDINATING / FACILITATING WORKSHOPS ABOUT PUBLIC HEALTH AND SOCIAL ISSUES FOR VOLUNTARY & COMMUNITY SECTOR- DELIVERING COMMUNITY PROJECTS HELPING TO INCREASE PARTICIPATION IN PHYSICAL ACTIVITIES - COORDINATING HEART HEALTHY - SELF HELP GROUP FOR SOUTH ASIAN MEN- JOB SEARCH SKILLS CLUB - EVERY FIRST THURSDAY OF MONTH

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

## Geography

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- **Area of benefit:** UNITED KINGDOM AND DEVELOPING COUNTRIES
- Manchester City
- Salford City
- Trafford

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£252,564	£230,468	-	-
2024-04-30	£211,838	£199,228	-	-
2023-04-30	£137,328	£109,970	-	-
2022-04-30	£145,950	£135,671	-	-
2021-04-30	£181,058	£107,855	-	-

## Trustees

Name	Role	Appointed
HAMID MAHMOOD ZAFAR		
USMAN AKRAM		
Zainab Yusuf		2014-12-10

**ETHNIC HEALTH FORUM**

England & Wales - Charity number 1123223

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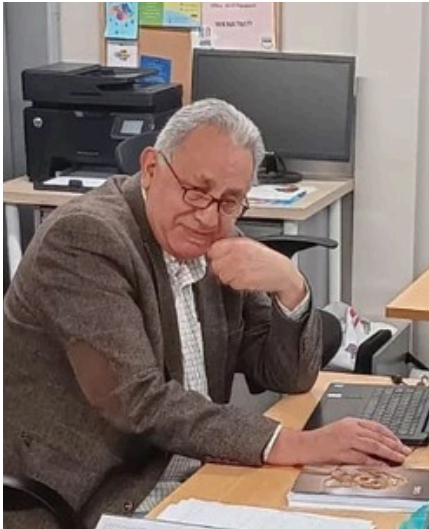
# Accounts

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# 2025 Annual Report

# FOREWORD



Dear Friends and Supporters,

It's with immense pride and gratitude that I reflect on the past year at Ethnic Health Forum. This has been a remarkable journey, and thanks to your unwavering support that we have been able to advance our mission of promoting health and empowering our diverse communities.

This past year, we have focused on tangible, impactful programs. We successfully delivered our Pathway to Prosperity Plus and Happy Homes Projects, in addition to women Yoga and Men's badminton programmes. report.

As we look to the future, we are filled with optimism and a renewed sense of purpose. We are committed to building on this momentum, expanding our reach, and continuing to be a steadfast advocate for health equity.

Your partnership is the engine that drives our progress, and we are deeply grateful for your trust and generosity. Thank you for being a vital part of the Ethnic Health Forum family.

Hanif Bobat,  
Chief Officer



*A Year's Overview*

# WHERE WE ARE NOW



The Ethnic Health Forum (EHF), established in 2002, is dedicated to enhancing the well-being of underserved ethnic minority communities in Greater Manchester. Our approach is multifaceted, offering a range of health and social care programs including welfare rights advice, digital learning, English language skills, psychological support, perinatal psychosocial support and advocacy. Our success is built on a collaborative method that involves stakeholders and local communities who codesign and help us co-create solutions, which is a best practice for achieving lasting positive results.

We are committed to innovative approaches to service delivery, grounded in a deep understanding of the cultural contexts and sensitivities inherent to our diverse communities. This enables us to provide culturally competent and tailored interventions that are both effective and respectful. We are a forward thinking organisation and thanks to Allied Manchester Business School volunteer students, we have introduced Social Return On Investment (SROI) calculations in our data for evaluating the social value our programmes are producing.



# OUR PARTNERS & SUPPORTERS



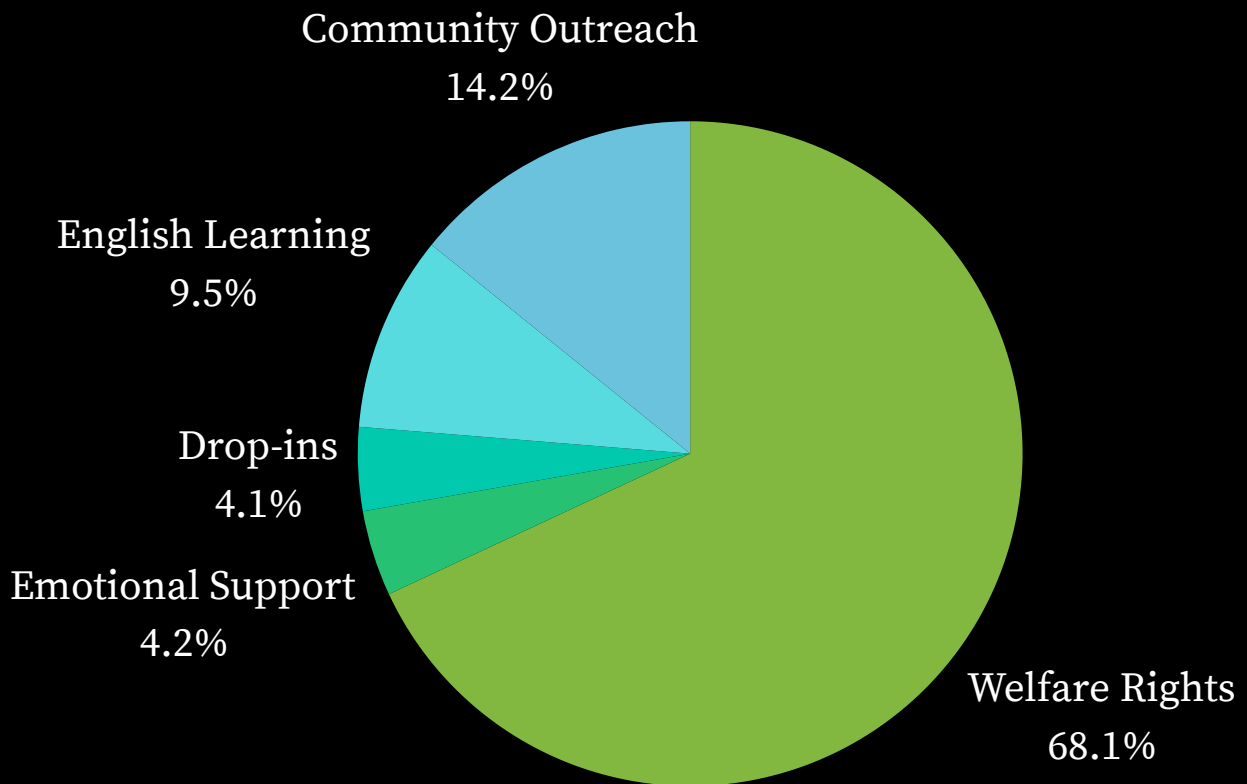
# KEY ACHIEVEMENTS

- Over the past five years, EHF has consistently served an average of over 1000 clients annually, primarily from South Asian and Middle Eastern communities.
- The Manchester Happy Homes Project (MHHP) has successfully provided perinatal support to 85 marginalized ethnic minority families in specific areas of Manchester. This support covers the period from pregnancy up to 12 months after the baby's birth.
- The DigitAll program has empowered mothers through digital literacy and online peer support groups, demonstrating a commitment to bridging the digital divide within the community.
- EHF offers a wide range of health and social care programs, including welfare rights advice, digital learning, English language skills, psychological support, and advocacy, to address the diverse needs of the community.
- The organization has established strong partnerships with key stakeholders, including Saint Mary's Midwifery Unit, Manchester City Council, and the NHS, which enables it to effectively deliver its services and address health disparities.
- The EHF's commitment to rigorous monitoring and evaluation, as demonstrated in the documents, allows it to make data-driven decisions and ensure its services are effective and have a tangible impact.

*Last Year's*

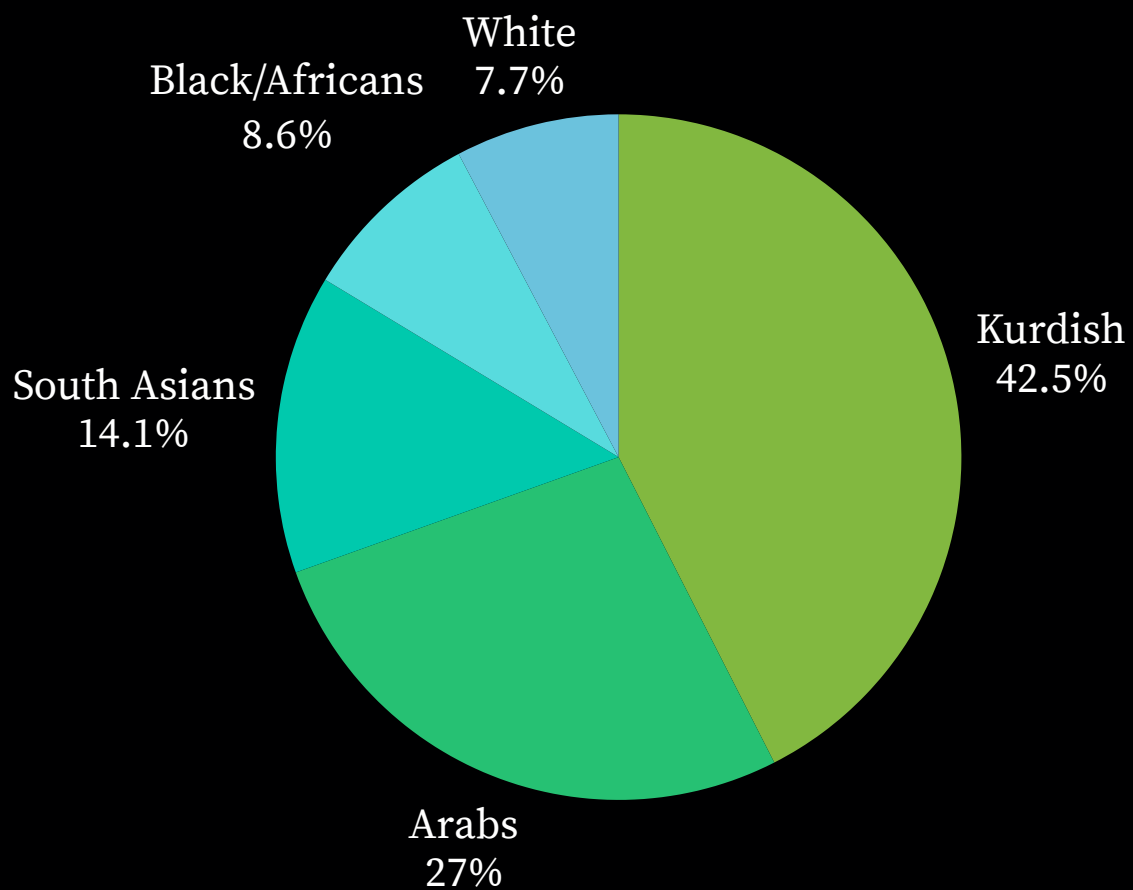
# PATHWAY TO PROSPERITY PLUS - P2P+

Reports are widely used by companies for documenting projects, cash flow and finances, employee performance, marketing st



The Pathway to Prosperity Plus project has continued to deliver comprehensive support in its second year, addressing a range of needs within the community. Our services, which include welfare rights advice, English language conversational sessions, digital literacy and psychological support, have been instrumental in improving the well-being and stability of our clients. Notably, our efforts in welfare rights have led to clients successfully claiming an average of £17654 in monthly financial benefits over the last six months, significantly improving their financial stability.

The program's focus on holistic support also includes a strong emphasis on volunteering and psychological support. By providing volunteering opportunities, we have helped clients gain practical experience, build valuable skills, and establish local professional networks, which in turn enhances their employability. The peer support for psychological well-being has strengthened community resilience and support networks, providing a vital resource for those facing mental health challenges and reducing isolation. These combined achievements highlight the project's success in addressing both the financial and personal development needs of our clients.





# HAPPY HOMES PROJECT

The Manchester Happy Homes Project (MHHP) and Salford Happy Homes Project have demonstrated significant success in providing comprehensive psychosocial support to marginalized ethnic minority families in Greater Manchester during the crucial perinatal period. The project, led by a dedicated team of five women from diverse ethnic backgrounds, has successfully assisted 85 families in areas such as Gorton, Longsight, Moss Side, and Levenshulme over the past six months. This vital assistance spans from pregnancy until the baby is 12 months old, bridging a critical service gap for disadvantaged communities and complementing local midwifery and health visiting services.

Beyond direct family support, a key achievement of the project is the creation of a digital community through its "DigitAll" initiative. This has led to the establishment of three vibrant online peer support groups on WhatsApp for Kurdish, South Asian, and Arabic-speaking women. These groups serve as dynamic platforms where mothers can access and share valuable information on health and family support, while also providing a safe space to discuss perinatal concerns and offer peer support advice. This transformative digital approach ensures mothers are not only supported but are also actively engaged in a supportive community tailored to their needs.



## **LIVING WELL MENTAL HEALTH - PEER SUPPORT WORK**

The "Manchester Living Well" Peer Support work is a collaboration of Manchester VCSE and NHS Living-well teams. The Ethnic Health Forum participation in this programme is aimed at helping individuals with mental health challenges, especially those who may not be adequately served by traditional primary and secondary care. A key component of this service is the use of lived experience to inform and guide the support provided. Peer support workers hold a caseload and offer a "valued listening ear". They also connect with peer support groups across the city to help clients access ongoing support. The service is built on the belief that building trusting and kind relationships can make a significant difference in a person's life.

## **LIVING LIFE TO THE FULL (LLTTF)**

The "Manchester Living Well" Peer Support Programme is a key initiative of the Ethnic Health Forum, designed to provide emotional and mental support to clients and build their resilience. As part of this program, the organization has successfully delivered three workshops to its clients:

"Living Life to the Full," "Reclaim Your Life," and "Enjoy Your Baby." These workshops equip individuals with practical tools and strategies to help them manage stress and other mental health challenges.

Ethnic Health Forum also organised a half day training on "Empty Your mind - Stress management" as part of a series in helping communities to improve mental health and wellbeing.

*New Initiative-2024-25*

## QUALIFICATIONS & SKILLS INTEGRATION & UPGRADATION SERVICE - QSIUS




The Qualifications and Skills Integration & Upgradation Service (QSIUS) is a new initiative from the Ethnic Health Forum designed to help migrant community members overcome the professional challenges they face in the UK. Many of these individuals have a wealth of qualifications and experience from their home countries that are not recognised here, creating a significant barrier to finding suitable employment.

This program addresses these issues head-on by providing personalised, multilingual support. Our team work with each client to assess and reframe their existing skills, adapting their CVs to highlight transferrable abilities that are valuable in the UK job market. We also help them seek entry-level opportunities to gain local experience and guide them toward alternative educational pathways to upgrade their qualifications. This process, which we refer to as the "Staircase Rule," empowers clients to start small, build confidence and local knowledge, and progress toward their long-term career goals.

The QSIUS program is a testament to our commitment to empowering individuals and ensuring that no one is left behind due to systemic barriers.








**Join  
YOGA  
for  
WOMEN**

Every  
**Tuesday, Thursday & Friday**  
9:00 AM  
at Marlborough Road Academy,  
Dudley Street, Salford M7 4XD

Every  
**Monday**  
9:00 AM  
at Unity Community Primary School, The  
nursery building, 41 Allesley  
Drive, Cheetwood, Manchester, M7 4YE

Call or WhatsApp  
**07865 762106**



**TASTE  
&  
TALK**  
*Family Cooking &  
English Learning*

Taste & Talk offers families a unique  
experience to cook, taste and talk  
English together!

Children aged 6-11 and their parents  
are invited to:  
Shop for ingredients  
Cook a healthy meal at home  
Bring & share their meal with others  
Enjoy fun conversations & activities

**HOW TO TAKE PART?**

1. Attend Monday session at 3.30 pm at school
2. Receive £20 cash to shop for ingredients
3. Prepare a healthy meal with your child at home
4. Bring your food for four people to the next Monday session
5. Enjoy sharing food, stories, and meeting other families






**Ethnic Health Forum (Charitable Incorporated Organisation)**

**Charity No. 1199687 (1123223)**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 30 APRIL 2025**

				2025	2024
INCOME FROM:	Notes	Restricted Funds £	Unrestricted Funds £	Total £	Total £
Charitable Activities	4	184,926	67,638	252,564	
<b>Grand Total</b>		<b>184,926</b>	<b>67,638</b>	<b>252,564</b>	<b>211,838</b>
<b>EXPENDITURE ON</b>					
Charitable Expense	5	185,613	44,855	230,468	
<b>Grand Total</b>		<b>185,613</b>	<b>44,855</b>	<b>230,468</b>	<b>199,228</b>
<b>Net Movement in Funds</b>		<b>(687)</b>	<b>22,783</b>	<b>22,096</b>	<b>12,610</b>
<b>Reconciliation of Funds</b>					
Funds brought forward	3	85,281	38,169	123,450	110,840
Funds carried forward	3	84,594	60,952	145,546	123,450

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 12 to 17 form part of these financial statements.

**Ethnic Health Forum (Charitable Incorporated Organisation)**

**Charity No. 1199687 (1123223)**

**BALANCE SHEET**

**AS AT 30 APRIL 2025**

	Notes	£	2025 £	£	2024 £
<b>FIXED ASSETS</b>					
Tangible Fixed Assets	8		1,242		1,553
<b>CURRENT ASSETS</b>					
Debtors	9	-	-	-	-
Cash Deposits		-	-	-	-
Cash at Bank and in Hand		<u>170,153</u>	<u>168,292</u>		
		<b>170,153</b>	<b>168,292</b>		
<b>CREDITORS</b>					
Amounts falling due within one year	10	<u>73,533</u>	<u>52,988</u>		
<b>NET CURRENT ASSETS</b>			<b>96,620</b>		<b>115,303</b>
<b>TOTAL NET ASSETS</b>			<b>97,863</b>		<b>116,856</b>
<b>THE FUNDS OF THE CHARITY</b>					
Unrestricted	3		60,952		38,169
Restricted	3		84,594		85,281
<b>Total Charity Funds</b>			<b>145,546</b>		<b>123,450</b>

The notes on pages 12 to 17 form part of these financial statements.

**Ethnic Health Forum (Charitable Incorporated Organisation)**

**Charity No. 1199687 (1123223)**

**STATEMENT OF CASH FLOWS  
FOR THE YEAR ENDING 30 APRIL 2025**

**RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	<b>Current Year £</b>	<b>Prior Year £</b>
Net movement in funds	22,096	12,610
Add back depreciation	311	388
Deduct investment income	-	-
Decrease/(increase) in debtors	-	-
Increase/(decrease) in creditors	(20,545)	(217)
<b>Net cash used in operating activities</b>	<b>1,861</b>	<b>12,781</b>
<b>Cash flows from investment activities:</b>		
Interest	-	-
Purchase of fixed assets	-	-
<b>Net cash provided by investing activities</b>	<b>-</b>	<b>-</b>
Increase/(decrease) in cash and cash equivalents during the year	1,861	12,781
Cash and cash equivalents brought forward	168,292	155,511
<b>Cash and cash equivalents carried forward</b>	<b>170,153</b>	<b>168,292</b>

The notes on pages 12 to 17 form part of these financial statements.

# **Ethnic Health Forum (Charitable Incorporated Organisation)**

**Charity No. 1199687 (1123223)**

## **Notes to the Financial Statements Year Ended 30 April 2025**

### **1. Summary of Significant Accounting Policies**

#### **(a) General information and basis of preparation**

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on our website ([www.ethnichealth.org.uk](http://www.ethnichealth.org.uk)).

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling, which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in preparing these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### **(b) Funds**

Unrestricted funds are available for use at the trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that the trustees have set aside for particular purposes. The aim and use of each designated fund are set out in the notes to the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the charity for particular purposes. The cost of raising and administering such funds is charged against the specific fund. The aim and use of each restricted fund are set out in the notes to the financial statements.

#### **(c) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA); when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and the income is probable to be received.

For donations to be recognised, the charity will be notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

No amount of volunteer time is included in the financial statements in line with the SORP.

## **Ethnic Health Forum (Charitable Incorporated Organisation)**

**Charity No. 1199687 (1123223)**

### **(c) Income recognition (continued)**

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services to raise funds and is recognised when entitlement occurs.

Income from the government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met; the income will probably be received, and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

### **(d) Expenditure recognition**

All expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties; the settlement will probably be required, and the obligation amount can be measured reliably. It is categorised under the following headings:

#### Expenditure on charitable activities:

Comprises those costs incurred by the charity in delivering its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### Expenditure on raising funds:

Comprises costs which are directly attributable to the charity's fundraising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, giving rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional, relating to performance, then the grant is only accrued when any unfulfilled conditions are outside the charity's control.

### **(e) Tangible fixed assets**

Tangible fixed assets are stated at a cost less than accumulated depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset on a systematic basis over its expected useful life as follows:

Computer equipment 33% straight line

### **(f) Debtors and creditors receivable/payable within one year**

Debtors and creditors with no stated interest rate and are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

# Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

## (g) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount to the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

## (h) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled to be recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

## (i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly,

the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively for charitable purposes.

## (j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure are sufficient, along with the level of reserves, for the charity to continue as a going concern.

## 2. INCOME

This represents grants, contracts, service level agreements, and sundry income receivables for providing care and social welfare services.

## 3. FUNDS OF THE CHARITY FOR THE YEAR 2025

	2025	2024
	£	£
Unrestricted	60,952	38,169
Restricted	84,594	85,281
<b>Total Charity Funds</b>	<b>145,546</b>	<b>123,450</b>

# Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

## 4. INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2025

Related Projects	£
COMMUNITY FUND	67,304
GMCVO	1,200
GMMH Living Well	28,000
Man Uni NHSFT	5,409
Manchester CHEM	15,990
Manchester City Council	27,622
Manchester Mind Garden Project	2,500
MerseyCare NHS FT	3,459
NHS GREATER MANCHESTER	4,000
Salford CVS	26,157
SOCIAL PRESCRIBING FUND	6,822

## 5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Salaries	152,482	
PAYE	8,536	
Project Expenses	7,408	
Rent Expenses	7,200	
Cost of Living Payments	5,400	
Professional Services	4,426	
Travel Expenses	161	
<b>Grand Total</b>	<b>185,613</b>	<b>194,719</b>

## 6. STAFF COSTS

The average monthly number of employees and full-time equivalent (FTE) during the year was as follows:

	2024	2023
Support staff	7	5

## Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

### 6. STAFF COSTS (*continued*)

The total staff costs and employee benefits were as follows:

	£
Wages and salaries	163,610
PAYE contributions	8,536

No employee received a total employee benefit of more than £60,000 (2024: none).

### 7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2024: £Nil).

The Trustees had no expenses reimbursed during the year (2024: £Nil).

### 8. TANGIBLE FIXED ASSETS

	Office Equipment £	Furniture & Fixtures £	Total £
Cost - O.B	6,942	1,571	8,513
Additions	-	-	-
Removals	-	-	-
<b>Cost-CB</b>	<b>6,942</b>	<b>1,571</b>	<b>8,513</b>
Accumulated Depreciation - O.B	5,558	1,402	6,961
Depreciation on removals	-	-	-
Depreciation for the year	277	34	311
<b>Accumulated Depreciation – C.B</b>	<b>5,835</b>	<b>1,436</b>	<b>7,271</b>
Net Assets – O.B	1,384	169	1,553
<b>Net Assets – C.B</b>	<b>1,107</b>	<b>135</b>	<b>1,242</b>

### 9. DEBTORS

There are no debtors in 2025.

## **Ethnic Health Forum (Charitable Incorporated Organisation)**

**Charity No. 1199687 (1123223)**

### **10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

<b>Current Year</b>	<b>Prior Year</b>
73,533	52,988

The trustees aim to maintain free reserves in unrestricted funds at a level that equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to grant applications and cover support and governance costs.

### **11. TAXATION**

Ethnic Health Forum is a registered charity in England and Wales and is therefore exempt from taxation.



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

ETHNIC HEALTH FORUM

**On accounts for the year  
ended**

30/04/2025

**Charity no  
(if any)**

1123223  
1199687 (CIO)

**Set out on pages**

11-19

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2025.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**



**Date:**

05/09/2025

**Name:**

Iftikhar Mian, AFA

**Relevant professional  
qualification(s) or body  
(if any):**

Membership No. 244768  
Institute of Financial Accountants,

**Address:**

1C Selworthy Road, Manchester M16 7UG


**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Nil

**ETHNIC HEALTH FORUM**

England & Wales - Charity number 1123223

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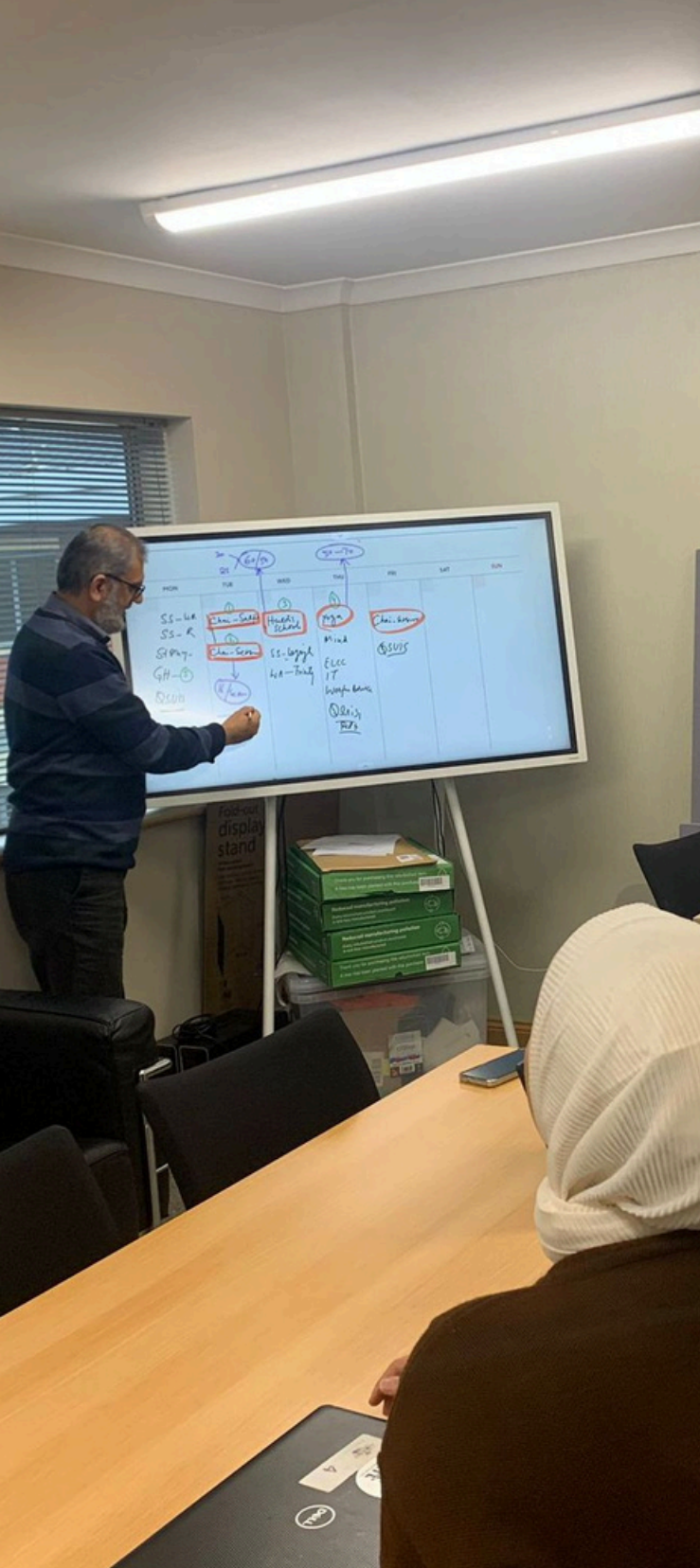
# Accounts

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YEAR 2023-24

# ANNUAL REPORT 2024





# A WORD FROM THE CHIEF OFFICER

Dear Partners, Supporters, and Community Members, As I look back on 2023, I am proud of the tremendous progress the Ethnic Health Forum (EHF) has made in supporting minority ethnic communities across Greater Manchester. Our team's dedication, alongside the invaluable contributions of our partners, has allowed us to expand our services and address the evolving needs of those we serve.

This year, the Manchester Happy Homes Project (MHHP) provided essential perinatal support to 193 families, helping them navigate this critical period's emotional and practical challenges. The DigitAll Program has also empowered women by bridging the digital divide providing vital access to online resources and peer support.

Our Welfare Rights Advisory Service has improved the financial security of many newly arrived migrants, helping them access over £13,500 in unclaimed benefits each month. These programs, combined with our community events, have strengthened the social fabric and well-being of minority ethnic communities. None of these achievements would have been possible without the collaboration of partners like Saint Mary's Midwifery Unit, Manchester City Council, and Vodafone. Together, we have created more inclusive and supportive environments for marginalised families.

As we move into 2024, we are excited to continue our work, deepen our impact, and strengthen the partnerships that make it all possible.

Thank you for your ongoing support and commitment to our shared mission.

Warm regards,

**A RAUF**  
CHIEF OFFICER



## EXECUTIVE SUMMARY

In 2023, the Ethnic Health Forum (EHF) continued its mission to support minority ethnic communities across Greater Manchester. EHF has been dedicated to improving marginalised groups' health, well-being, and social inclusion, particularly during the critical perinatal period. Through key projects such as the Manchester Happy Homes Project (MHHP) and the DigitAll program, EHF has expanded its outreach, successfully supporting 1,150 clients annually, 62% of whom are women.

Our focus on collaboration with healthcare providers, local government bodies, and community organisations has strengthened our ability to deliver culturally competent services. This report highlights our key initiatives, their impact, and our vision for the future as we continue to address the needs of diverse ethnic communities in Greater Manchester.



*Special thanks* to the Community Fund for supporting and trusting us to deliver our multilingual Pathway to Prosperity Plus community Project

## Key Achievements in 2023

1. Manchester Happy Homes Project (MHHP): The MHHP, launched in May 2023, focused on supporting minority ethnic families during the perinatal period. It provided emotional, practical, and digital support to 193 families in Gorton, Longsight, Moss Side, Rusholme, and Levenshulme. The project has successfully empowered families facing psychosocial challenges in partnership with Saint Mary's Midwifery Unit, Sure Start Centres, and Manchester City Council. The team, consisting of five women from diverse ethnic backgrounds, continues to provide holistic care to families from pregnancy until the baby reaches 12 months.
2. DigitAll Program: The DigitAll program addressed the digital inclusion gap among minority ethnic perinatal mothers. Through establishing three online peer support groups (Kurdish, South Asian, and Arabic-speaking women),

we have provided vital digital literacy skills and information on health, baby care, and employment opportunities.. The WhatsApp groups created a safe space for 79 women to share their concerns and support each other, fostering a sense of community.

3. Welfare Rights Advisory Service: EHF continued to expand its welfare rights advisory services, reaching over 1,150 clients annually, many of whom are newly arrived migrants. The service has helped clients claim an average of £13,500 per month in unclaimed benefits. We also provided English language sessions and IT training, empowering individuals to navigate services like Universal Credit and Manchester Move.

4. Cultural Engagement and Community Events: EHF organised several community events, including an International Women's Day celebration that brought together mothers from our peer support groups. These events celebrated cultural diversity, fostered community engagement, and gathered valuable insights into the digital needs of perinatal mothers. EHF's focus on culturally appropriate services ensures our clients feel comfortable and supported.





25%

community engagement activity of Ethnic Health Forum is carried out to assess community needs

15%

of our work includes working and empowering Volunteers to strengthen their self esteem and build confidence.

50%

of our activity includes Welfare Rights Advice including Happy Home Project for perinatal support services for minority ethnic families.

10%

activities include Research Capacity & Capability within the organisation to undertake data synthesis and monitoring, evaluation, accountability and learning (MEAL) framework

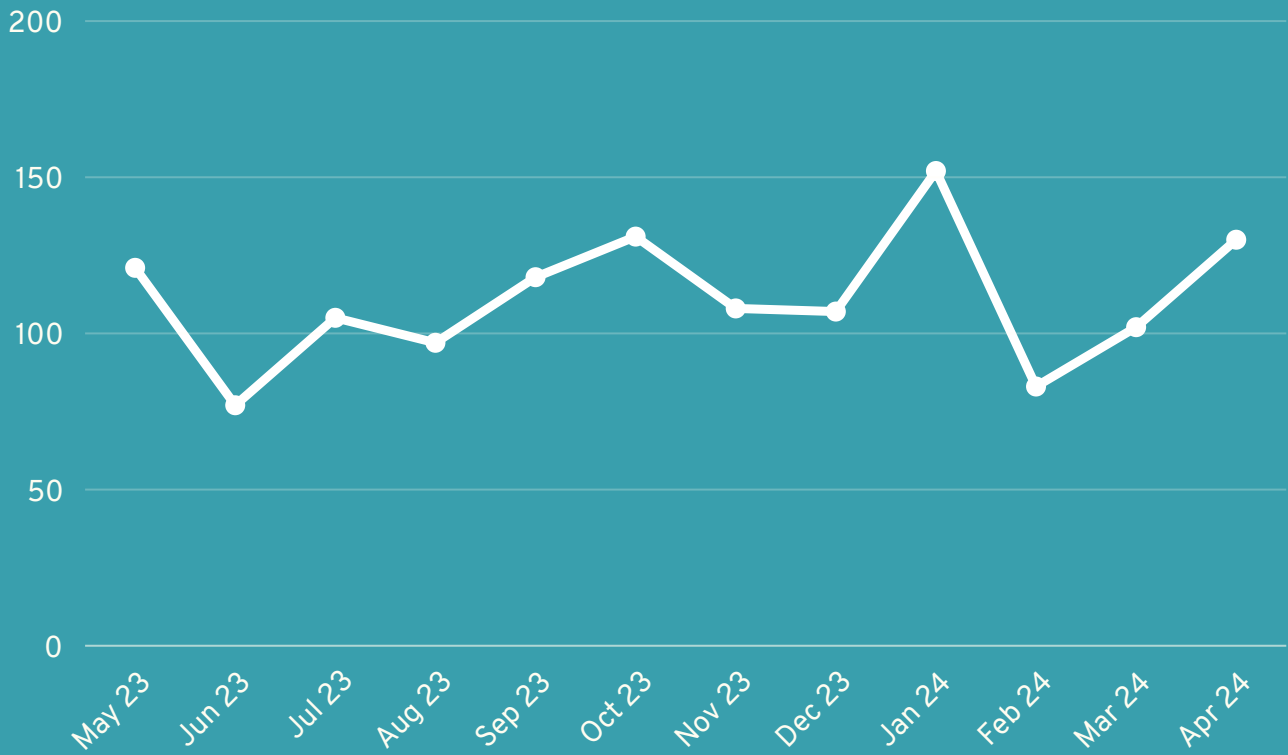
# IMPACT ON THE COMMUNITY - HIGHLIGHTS

EHF's work has had a tangible impact on the communities we serve:

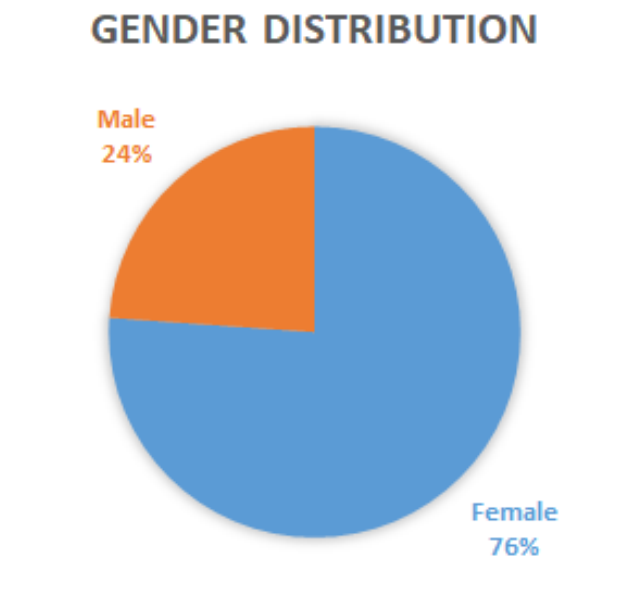
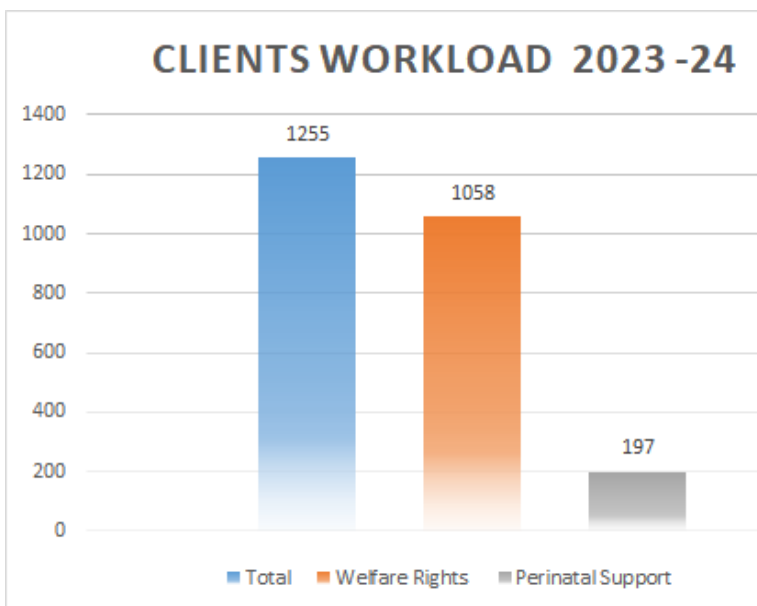
- 1. Improved Health and Well-being:** The perinatal support provided through MHHP has significantly improved the mental and physical health of minority ethnic families. We have seen a reduction in stress and anxiety among mothers as a result of the emotional and practical support offered during pregnancy and postpartum periods.
- 2. Economic Stability:** Our welfare rights advisory service has been instrumental in helping families navigate the complex benefits system, resulting in improved financial security. By ensuring that clients access their entitled benefits, we are reducing the economic pressures faced by marginalised groups.
- 3. Digital Inclusion:** The DigitAll program has empowered women to participate more fully in digital spaces, enabling them to access vital information and connect with others. By improving digital literacy, we are helping to bridge the digital divide and foster greater social inclusion.
- 4. Stronger Community Networks:** Through our peer support groups, community events, and partnerships, we have strengthened the social fabric of minority ethnic communities. These networks provide vital support, reduce isolation, and promote resilience among families.

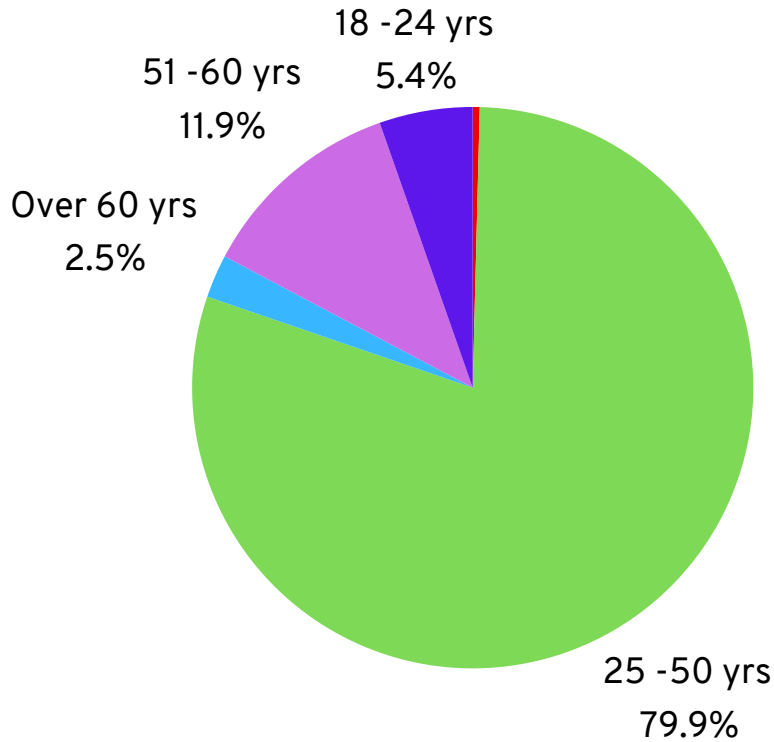


# Monthly Workload 2023 - 24

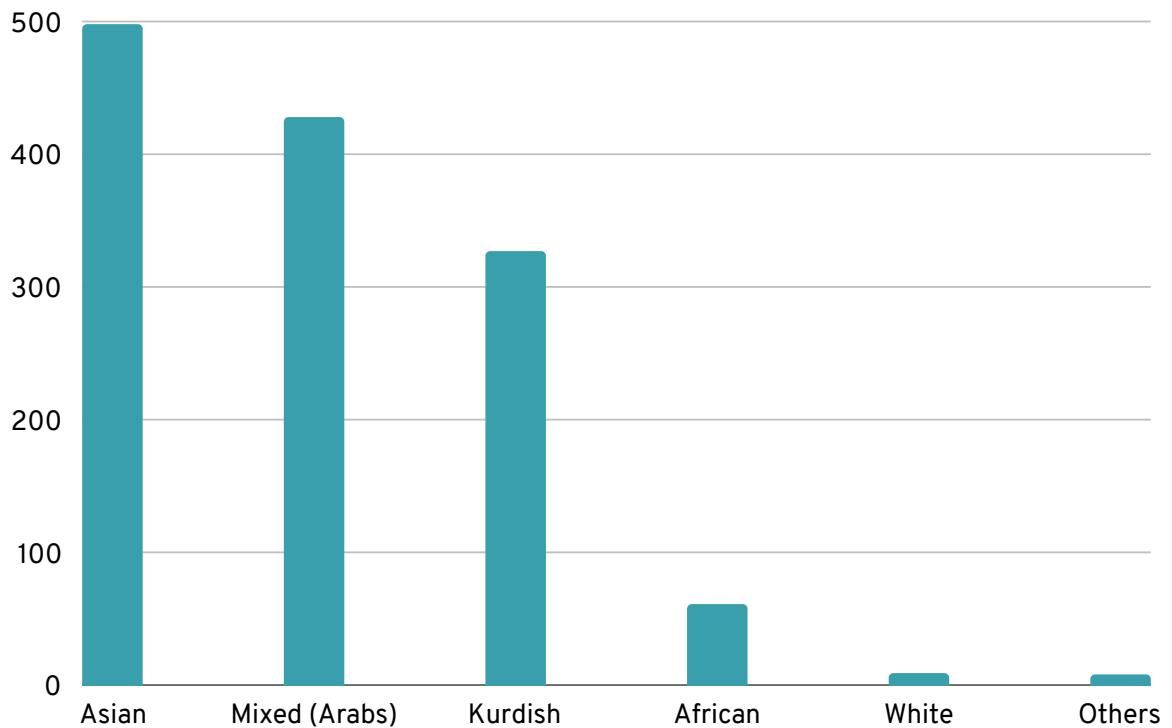


## STATISTICS





Majority of our clients fall within the most active socio-economic age group of 25 to 50 years old. However, we have quite a good number of people started accessing our services from 51-60 yrs of age and 18 to 24 years of age.



The largest three ethnic groups we serve continue to include South Asians, including Bengali, Pakistani, Afghani, Persian, Chinese, Burmese and Indian. The other two groups include the Arabic speaking and Kurdish speaking people from the Middle Eastern origin.

**Ethnic Health Forum (Charitable Incorporated Organisation)**

**Statement of Financial Activities**

**Year Ended 30 April 2024**

	Notes	2024		2023	
		Restricted Funds	Unrestricted Funds	Total	Total
		£	£	£	£
<b>INCOME FROM:</b>					
Charitable Activities	(4)	198,473	13,365	211,838	
<b>TOTAL</b>		<b>198,473</b>	<b>13,365</b>	<b>211,838</b>	<b>137,328</b>
<b>EXPENDITURE ON:</b>					
Charitable Expenses	(5)	194,719	4,509	199,228	
<b>TOTAL</b>		<b>194,719</b>	<b>4,509</b>	<b>199,228</b>	<b>109,970</b>
<b>Net Movement in Funds</b>		<b>3,754</b>	<b>8,856</b>	<b>12,610</b>	<b>27,358</b>
<b>Reconciliation of Funds</b>					
Funds brought forward	(3)	81,527	29,313	110,840	83,842
<b>Funds carried forward</b>	<b>(3)</b>	<b>85,281</b>	<b>38,169</b>	<b>123,450</b>	<b>110,840</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 12 to 16 form part of these financial statements.

**ETHNIC HEALTH FORUM**  
**BALANCE SHEET AS AT 30 APRIL 2024**

CHARITY NO. 1199687 (1123223)

		<b>2024</b>		<b>2023</b>
	Notes	£	£	£
<b>FIXED ASSETS</b>	(8)			
Tangible Fixed Assets			1,553	1,941
<b>CURRENT ASSETS</b>				
Debtors	(9)	0		0.00
Cash Deposits		0		0.00
Cash at Bank and in Hand		<u>168,292</u>		<u>155,511</u>
		<b>168,292</b>		<b>155,511</b>
<b>CREDITORS</b>				
Amounts falling due within one year	(10)	<u>52,988</u>		<u>52,771</u>
<b>NET CURRENT ASSETS</b>			<b>115,303</b>	<b>102,740</b>
<b>TOTAL NET ASSETS</b>			<b>116,856</b>	<b>104,681</b>
<b>THE FUNDS OF THE CHARITY</b>				
Unrestricted	(3)		38,169	29,313
Restricted	(3)		85,281	81,527
<b>Total Charity Funds</b>			<b>123,450</b>	<b>110,840</b>

The notes on pages 12 to 16 form part of these financial statements.

## ETHNIC HEALTH FORUM

### STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2024

#### RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	<b>Current Year</b>	<b>Prior Year</b>
Net movement in funds	12,610	27,358
Add back depreciation	388	485
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase / (decrease) in creditors	(217)	(4,579)
<b>Net cash used in operating activities</b>	<b>12,781</b>	<b>23,264</b>
<b>Cash flows from investment activities:</b>		
Interest	0	0
Purchase of fixed assets	0	0
<b>Net cash provided by investing activities</b>	<b>0</b>	<b>0</b>
Increase/(decrease) in cash and cash equivalents during the year	12,781	23,264
Cash and cash equivalents brought forward.	155,511	113,844
<b>Cash and cash equivalents carried forward</b>	<b>168,292</b>	<b>155,511</b>

The notes on pages 12 to 16 form part of these financial statements.

# **Ethnic Health Forum (Charitable Incorporated Organisation)**

## **Notes to the Financial Statements Year Ended 30 April 2024**

### **1. Summary of Significant Accounting Policies**

#### **(a) General information and basis of preparation**

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on our website ([www.ethnichealth.org.uk](http://www.ethnichealth.org.uk)). The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling, which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in preparing these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### **(b) Funds**

Unrestricted funds are available for use at the trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that the trustees have set aside for particular purposes. The aim and use of each designated fund are set out in the notes to the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the charity for particular purposes. The cost of raising and administering such funds is charged against the specific fund. The aim and use of each restricted fund are set out in the notes to the financial statements.

#### **(c) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA); when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and the income is probable to be received.

For donations to be recognised, the charity will be notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

No amount of volunteer time is included in the financial statements in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services to raise funds and is recognised when entitlement occurs.

Income from the government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met; the income will probably be received, and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

**(d) Expenditure recognition**

All expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties; the settlement will probably be required, and the obligation amount can be measured reliably. It is categorised under the following headings:

**Expenditure on charitable activities**

Comprises those costs incurred by the charity in delivering its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Expenditure on raising funds**

Comprises costs which are directly attributable to the charity's fundraising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, giving rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional, relating to performance, then the grant is only accrued when any unfulfilled conditions are outside the charity's control.

**(e) Tangible fixed assets**

Tangible fixed assets are stated at a cost less than accumulated depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset on a systematic basis over its expected useful life as follows:  
Computer equipment 33% straight line

**(f) Debtors and creditors receivable/payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**(g) Foreign currency**

Foreign currency transactions are initially recognised by applying to the foreign currency amount to the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

**(h) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the **Ethnic Health Forum (Charitable Incorporated Organisation)**

## Notes to the Financial Statements Year Ended 30 April 2024

### 1. Summary of Significant Accounting Policies

employees are entitled to be recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

#### (i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly,

the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively for charitable purposes.

#### (j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure are sufficient, along with the level of reserves, for the charity to continue as a going concern.

### 2 INCOME

This represents grants, contracts, service level agreements, and sundry income receivables for providing care and social welfare services.

### 3 FUNDS OF THE CHARITY FOR THE YEAR 2024

Unrestricted	38,169	29,313
Restricted	85,281	81,527
<b>Total Charity Funds</b>	<b>123,450</b>	<b>110,840</b>

### 4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2023

Big Life Hosting Services	10000
CHEM Perinatal-1	4979.5
COMMUNITY FUND	66029.5
COMMUNITY FUND-COST OF LIVING	4871.67
FAMILY HUB	9867
GMCVO	2400
Living Well	11200
MANCHESTER CHEM GRANT	10450

**Ethnic Health Forum (Charitable Incorporated Organisation)**

## Notes to the Financial Statements Year Ended 30 April 2024

MANCHESTER CITY COUNCIL	10000
MANCHESTER GLOBAL FOUNDATION	31500
SALFORD CVS	19073.9
SOCIAL PRESCRIBING FUND	11822
Trinity House	6279.62

### 5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Other Expense	3,134	
PAYE	10,183	
Professional Services	18,000	
Rent Expenses	16,766	
Salary	130,149	
Travel Expenses	387	
Refund	5000	
Cost of Living Payments	11,100	
<b>Grand Total</b>	<b>194,719</b>	<b>94,145</b>

### 6. STAFF COSTS

The average monthly number of employees and full-time equivalent (FTE) during the year was as follows:

	2024	2023
Support staff	7	5

The total staff costs and employee benefits were as follows:

Wages, salaries	130,149
PAYE contributions	10,183

No employee received a total employee benefit of more than £60,000 (2023: none).

### 7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2023: £Nil).  
The Trustees had no expenses reimbursed during the year (2023: £Nil).

### 8. TANGIBLE FIXED ASSETS

	Office Equipment	Furniture & Fixtures	Total
Cost-OB	6,942.41	1,571.00	8,513.41
Additions	0.00	0.00	0.00
Removals	0.00	0.00	0.00
<b>Cost-CB</b>	<b>6,942.41</b>	<b>1,571.00</b>	<b>8,513.41</b>

Accumulated Depreciation-OB	5,212.24	1,360.06	6,572.30
Depreciation on removals	0.00	0.00	0.00
Depreciation for the year	346.03	42.19	388.22
<b>Accumulated Depreciation-CB</b>	<b>5,558.27</b>	<b>1,402.24</b>	<b>6,960.52</b>
Net Assets-OB	1,730.17	210.94	1,941.11
<b>Net Assets-CB</b>	<b>1,384.14</b>	<b>168.76</b>	<b>1,552.89</b>

## 9. DEBTORS

There will be no debtors in 2024.

## 10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

	<b>Current Year</b>	<b>Prior Year</b>
	52,988	52,771

The trustees aim to maintain free reserves in unrestricted funds at a level that equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to grant applications and cover support and governance costs.

## 11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

ETHNIC HEALTH FORUM

**On accounts for the year  
ended**

30/04/2024

**Charity no  
(if any)**

1123223  
1199687 (CIO)

**Set out on pages**

9-11

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2024.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

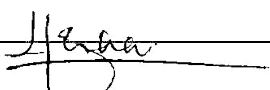
**Independent  
examiner's statement**

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:** 

**Date:** 02/01/2025

**Name:** Iftikhar Mian, AFA

**Relevant professional  
qualification(s) or body  
(if any):** Membership No. 244768  
Institute of Financial Accountants,

**Address:** 1C Selworthy Road, Manchester M16 7UG


**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Nil

**ETHNIC HEALTH FORUM**

England & Wales - Charity number 1123223

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# Accounts

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# ANNUAL REPORT 2022-23

**Ethnic Health Forum**

Charity Number = 1199687 (1123223)

Email: [info@ethnichealth.org.uk](mailto:info@ethnichealth.org.uk)

Tel: 079 188 301 70

Website: [www.ethnichealth.org.uk](http://www.ethnichealth.org.uk)

City View House, M12 4JD

Submitted by Secretary, Board of Trustee: Usman Akram

## Manchester CHEM Covid Chat Programme

### What is a COVID Chat?

These are one to one or small group conversations that residents can have either on the telephone, by video call, or face to face where safe to do so. The conversations take



place between residents and credible, informed people that they trust in order to;

- Ascertain

and address what matters to them

- Understand barriers and motivations for the COVID vaccination
- Provide accurate and factual information about COVID-19

About Mcr Covid Chat programme <https://youtu.be/RcVrXZ2IzHg>

What are we trying to reach & why? <https://youtu.be/S8QVK7IVY60>

Check information Online <https://youtu.be/ud4b9TVtwGs>



I am delighted to present the Ethnic Health Forum's Annual Report for the past year. As we reflect on our journey and accomplishments, it fills me with immense pride to see the positive impact we have made on the lives of individuals and communities we serve.

Over the past year, we have continued our unwavering commitment to improving the health, well-being, and social inclusion of ethnic minority communities in Manchester. Through our dedicated efforts and collaborative approach, we have achieved significant milestones and brought about tangible changes in our communities.

I would like to extend my heartfelt gratitude to each and every member of our team for their dedication, passion, and hard work. Your commitment to our mission has been instrumental in driving our success and impact.

A Rauf  
Chief Officer  
Ethnic Health Forum

## Salford Covid Chat Community Champions Programme

Salford City Council's Public Health Team accessed various community organisations in its endeavours to

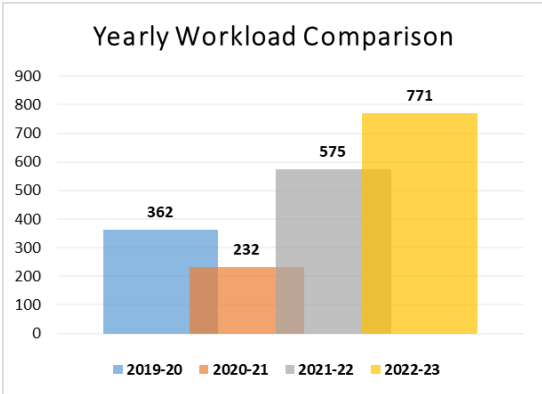
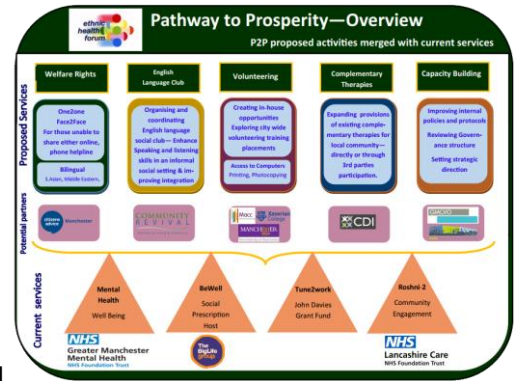
engage communities that Covid-19 has worst hit to improve the uptake of vaccinations in low uptake areas of Salford.



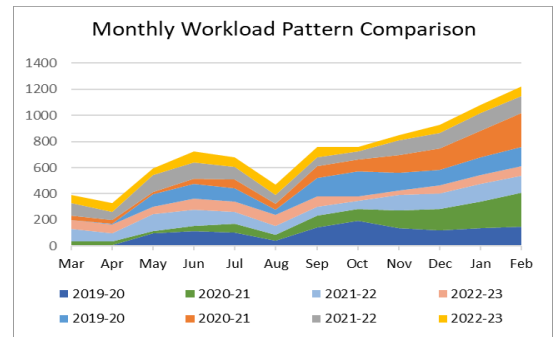
Ethnic Health Forum established its scope by focusing on South Asian communities mainly residing in Broughton and other minority ethnic communities in Eccles and Salford.

# Pathway to Prosperity – a social empowerment programme for Manchester minority ethnic communities

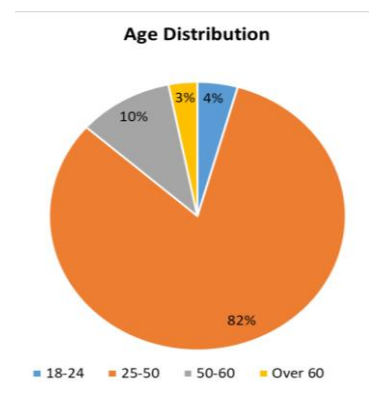
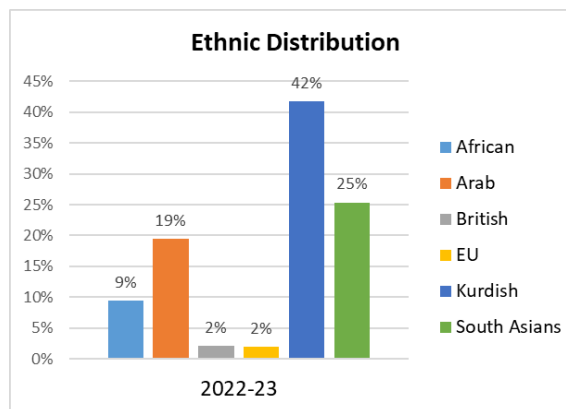
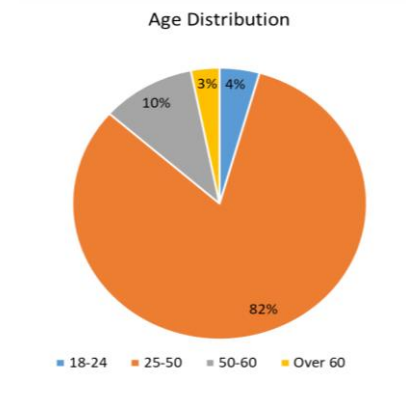
In 2022-23, the number of clients surged to 771, representing a substantial increase from the previous year's count of 575. This significant increase in the number of clients reflects the Ethnic Health Forum's successful execution of community-based services according to our strategic initiatives. The substantial increase in client numbers suggests several potential factors contributing to this uptrend. It could be attributed to implementing practical community engagement outreach work, expanding our service offerings, or improving client experience, resulting in higher client retention and acquisition rates. Moreover, the surge in client numbers in 2022-23 may also reflect a positive response to community needs with rising living costs and people falling within the poverty line. Understanding the underlying drivers behind this increase in clientele provides valuable insights for sustaining momentum by identifying potential funding bodies.



When we observe the trends across the years, specific patterns emerge: **Seasonal Variations:** There are noticeable fluctuations in workload volume across the months within each year. For instance, in 2019-20 and 2020-21, there seems to be a peak in workload from September to November, followed by a decline towards the end of the year. **Stability and Change:** Some months exhibit relative stability in workload



volume across the years, while others show significant changes. For example, February consistently has higher workload volumes across all years, indicating a potential trend or pattern in the tasks assigned during that month. Analysing these trends can offer insights into resource allocation, capacity planning, and identifying peak workload periods to optimise efficiency and productivity in managing tasks and projects throughout the year. The organisation must continue monitoring client trends and feedback and adapting strategies to meet evolving market demands. By leveraging the momentum gained in 2022-23, the organisation can position itself for continued growth and success in the future.

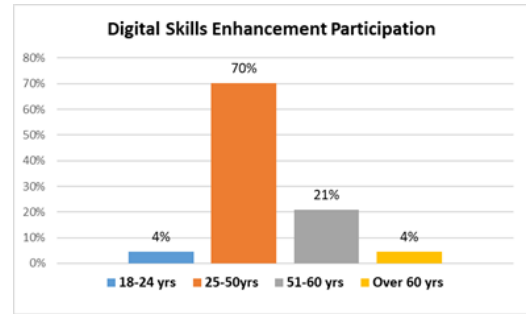


### *Social Prescriber Programme - Move2Wellbeing*

As part of Manchester Social Prescriber Programme, Ethnic Health Forum was funded to expand its Welfare Rights Advice and Volunteering services to the wards of Longsight, Ardwick and Rusholme. The programme was successful in achieving its outcomes of making people to Move on in their life goals, and improve the health and social wellbeing of the minority ethnic communities.

### *Post Covid-19 Digital Inclusion – Enhancing Digital Skills*

Good Things Foundation- EHF delivered a Digital Learning Project supported by the Good Things Foundation, which enabled EHF to help residents access basic IT skills.



### *DWP Kick Start Youth Employment Support Programme*

Three young kick starters joined the EHF for six months to get mentorship, placement and learn skills of community development. After their completion with us, one moved on to Overseas employment, one into full time employment and one joined the University to get Masters qualification.

### *Networking*

During 2022-23, EHF developed further links and created opportunities for the organization to showcase its services and promote EHF. To achieve this, EHF joined the Pakistani Sounding Board (PSB), a forum for local Pakistani community groups and individuals to have a voice and enable PSB to articulate and raise issues and concerns with the senior staff at Manchester City Council. EHF was also a vital member of the South Asian Sounding Board, created before the COVID-19 pandemic, bringing all South Asian community groups together on a single platform to share information and good practice.

### *Working in Partnerships*

During 2022-23, the Ethnic Health Forum consolidated and improved our partnership work with the Be Well Service, a significant service commissioned by NHS Manchester Health Care and provided by the Big Life Company to promote Social prescription in Manchester. EHF continue to build and secure long-term partnerships with the Trinity Community Resource Centre, a vibrant community hub in the multicultural ward of Moss Side and Rusholme.

**Ethnic Health Forum (Charitable Incorporated Organisation)**  
**Statement of Financial Activities**  
**Year Ended 30 April 2023**

	Notes	2023		2022	
		Restricted Funds	Unrestricted Funds	Total	Total
		£	£	£	£
<b>INCOME FROM:</b>					
Charitable Activities	(4)	108,910	28,418	137,328	
<b>TOTAL</b>		<b>108,910</b>	<b>28,418</b>	<b>137,328</b>	<b>145,950</b>
<b>EXPENDITURE ON:</b>					
Charitable Expenses	(5)	94,145	15,825	109,970	
<b>TOTAL</b>		<b>94,145</b>	<b>15,825</b>	<b>109,970</b>	<b>135,671</b>
<b>Net Movement in Funds</b>		<b>14,765</b>	<b>12,592</b>	<b>27,358</b>	<b>10,279</b>
<b>Reconciliation of Funds</b>					
Funds brought forward	(3)	66,762	16,720	83,842	73,203
<b>Funds carried forward</b>	<b>(3)</b>	<b>81,527</b>	<b>29,313</b>	<b>110,840</b>	<b>83,482</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

**ETHNIC HEALTH FORUM**  
**BALANCE SHEET AS AT 30 APRIL 2023**

**CHARITY NO. 1199687 (1123223)**

		<b>2023</b>		<b>2022</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>	(8)			
Tangible Fixed Assets			1,941	2,426
<b>CURRENT ASSETS</b>				
Debtors	(9)	0		0.00
Cash Deposits		0		0.00
Cash at Bank and in Hand		<u>155,511</u>		<u>132,247</u>
		<b>132,247</b>		<b>132,247</b>
<b>CREDITORS</b>				
Amounts falling due within one year	(10)	<u>52,771</u>		<u>48,192</u>
<b>NET CURRENT ASSETS</b>			<b>102,740</b>	<b>84,056</b>
<b>TOTAL NET ASSETS</b>			<b>104,681</b>	<b>86,482</b>
<b>THE FUNDS OF THE CHARITY</b>				
Unrestricted	(3)		29,313	16,720
Restricted	(3)		81,527	66,762
<b>Total Charity Funds</b>			<b>110,840</b>	<b>83,482</b>

The notes on pages 8 to 12 form part of these financial statements.

## ETHNIC HEALTH FORUM

## STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2023

## RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Current Year	Prior Year
Net movement in funds	27,358	22,315
Add back depreciation	485	607
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase / (decrease) in creditors	-4,579	-4,518
<b>Net cash used in operating activities</b>	<b>23,264</b>	<b>18,404</b>
<b>Cash flows from investment activities:</b>		
Interest	0	0
Purchase of fixed assets	0	0
<b>Net cash provided by investing activities</b>	<b>0</b>	<b>0</b>
Increase/(decrease) in cash and cash equivalents during the year	23,264	18,404
Cash and cash equivalents brought forward	132,247	113,844
<b>Cash and cash equivalents carried forward</b>	<b>155,511</b>	<b>132,247</b>

The notes on pages 8 to 12 form part of these financial statements.

## Ethnic Health Forum (Charitable Incorporated Organisation)

### Notes to the Financial Statements Year Ended 30 April 2023

#### 1. Summary of significant accounting policies

##### (a) General information and basis of preparation

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on page X of these financial statements. The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### (b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### (c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

#### **(d) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

##### Expenditure on charitable activities

Comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### Expenditure on raising funds

Comprises costs which are directly attributable to the charity's fund-raising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

#### **(e) Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Computer equipment 33% straight line

#### **(f) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### **(g) Foreign currency**

Foreign currency transactions are initially recognised by applying to the foreign currency amount the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

**(h) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the **Ethnic Health Forum (Charitable Incorporated Organisation)**

**Notes to the Financial Statements Year Ended 30 April 2023****1. Summary of significant accounting policies**

employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

**(i) Tax**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**(j) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 INCOME**

This represents grants, contracts, service level agreements and sundry income receivable for the provision of care and social welfare services.

**3 FUNDS OF THE CHARITY FOR THE YEAR 2023**

Unrestricted	29,313	16,720
Restricted	81,527	66,762
<b>Total Charity Funds</b>	<b>110,840</b>	<b>83,482</b>

**4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2023**

BIG LIFE Partnership	7500
BOLLYFIT ACTIVE	400
EGALITY LIMITED	50
GOOD THINGS FOUNDATION	6420
GMCVO	5000
KING S COLLEGE LONDON	106
Community Fund	32696
MANCHESTER CITY COUNCIL	44794

MANCHESTER GLOBAL FOUNDATION	1500
SALFORD CITY COUNCIL	10000
SALFORD CVS	5000

**Ethnic Health Forum (Charitable Incorporated Organisation)**

**Notes to the Financial Statements Year Ended 30 April 2023**

SOCIAL PRESCRIBING	5000
THE WORK COMPANY	2170
TRINITY HOUSE COMMUNITY CENTRE	16691

**5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES**

<b>EXPENSES</b>	<b>TOTAL FUNDS</b>	<b>TOTAL LAST YEAR</b>
Other Expense	3,200	
PAYE	9,317	
Professional Services	4,787	
Rent Expenses	7,832	
Salary	84,783	
Travel Expenses	51	
<b>Grand Total</b>	<b>109,970</b>	<b>135,671</b>

**6. STAFF COSTS**

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	<b>2023</b>	<b>2022</b>
Support staff	5	5

The total staff costs and employee benefits were as follows:

Wages, salaries	84,783
PAYE contributions	9,317

No employee received total employee benefit of more than £60,000 (2022: none).

**7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES**

The Trustees neither received nor waived any remuneration during the year (2022: £Nil).  
The Trustees did not have any expenses reimbursed during the year (2022: £Nil).

**8. TANGIBLE FIXED ASSETS**

	<b>Office Equipment</b>	<b>Furniture &amp; Fixtures</b>	<b>TOTAL</b>
Cost-OB	6,942	1,571	8,513
Additions	0	0	0
Removals	0	0	0

Cost-CB	6,942	1,571	8,513
Accumulated Depreciation-OB	4,780	1,307	6,087
Depreciation for the year	433	53	485
Accumulated Depreciation-CB	5,212	1,360	6,572
Net Assets-OB	2,163	264	2,426
Net Assets-CB	1,730	211	1,941

## 9. DEBTORS

There is no debtor during the year 2023.

## 10. CREDITORS:AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

	Current Year	Prior Year
	52,771	48,192

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

## 11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

ETHNIC HEALTH FORUM

**On accounts for the year  
ended**

30/04/2022

**Charity no  
(if any)**

1123223

1199687 (CIO)

**Set out on pages**

5-12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2022.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

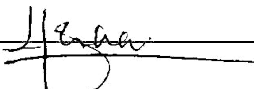
**Independent  
examiner's statement**

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:** 

**Date:** 12/02/2024

**Name:** Iftikhar Mian, AFA

**Relevant professional  
qualification(s) or body  
(if any):**

Membership No. 244768  
Institute of Financial Accountants,

**Address:** 1C Selworthy Road, Manchester M16 7UG


**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Nil

**ETHNIC HEALTH FORUM**

England & Wales - Charity number 1123223

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# Accounts

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## Trustees' Annual Report for the period

From 01/05/2021 To 30/04/2022

Charity name: ETHNIC HEALTH FORUM (EHF)

Charity registration number: 1123223

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The main aim of the charity are: <ul style="list-style-type: none"><li>To provide services in the health and social care sector for the BAME communities in Manchester and the UK.</li><li>To support and work in the field of research around BAME communities in the UK</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities of EHF are: <ul style="list-style-type: none"><li>Welfare and advice support</li><li>Covid Chat Public Health Program</li><li>Volunteering</li><li>Community Health Online</li><li>English Language Conversation Club</li><li>Digital Skills Enhancement</li><li>Digital Inclusion Activities</li><li>Kickstart Placements</li><li>Research Participation - Equality</li></ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees confirm that the charity has followed the guidance about public benefit in all their services and activities, as required and guided by the Charity Commission.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not Applicable</b>

Policy on social investment including program related investment	Para 1.38	<b>Not Applicable</b>
Contribution made by volunteers	Para 1.38	<b>Not Applicable</b>
Other		Safeguarding and Risk Assessment in line with government guidelines due to Covid-19 pandemic circumstances.

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>EHF emerged as a key minority ethnic communities organisation working to deliver the welfare rights advice and other key activities during this post-covid-19 period. EHF was successful in developing various key projects impacting the long term strategic direction of the charity.</p> <p>The key services EHF continued to deliver during this post covid-19 period were:</p> <ol style="list-style-type: none"> <li>1. Pathway to Prosperity – P2P Welfare Rights Advice We were able to scale up the capacity of our community funded project of Pathway to Prosperity in its third year, which was successfully completed in Feb, 2022. The statistics of this three year program are attached herewith in Appendix A.</li> <li>2. Welfare Rights Advice service delivery using mobile App. The project was funded by Community Fund emergency grant during Covid-19 enabling the charity to develop and pilot a mobile App to facilitate the remotely accessed service delivery.</li> <li>3. Community Health Online: EHF was successful in securing this short grant to encourage and inform its</li> </ol>

		<p>clients mainly from BAME communities to access NHS online services. The part of the awareness program was to help clients in downloading and installing NHS mobile App on their mobile phones and encourage them to start using it by either booking their vaccine appointments, accessing clinical records and contacting GP practices.</p> <ol style="list-style-type: none"> <li>4. Covid-Chat Program funded by CHEM, public health Manchester to carry out specific and targeted engagement with the Pakistani and Arabic speaking communities in the central wards of Manchester. EHF supported the program by conducting door to door outreach campaign to raise awareness about the benefits of Covid-19 vaccination and helped its clients in booking appointments for their vaccination.</li> <li>5. Mental Health Support – using LLTTF – Living Life To The Full is a CBT based behaviour change tool promoted at Greater Manchester level. EHF sent two of its volunteers to get training in delivering this course at GMCVO. After getting trained, these volunteers delivered two LLTTF courses to group of clients.</li> <li>6. Research Participation; EHF is a key member of Equality – a London based national organisation whose remit is to engage VCSE sector and enhance their chances of getting involved in research activities. Therefore, EHF was able to actively participate in an academic research led by the University of Aberdeen.</li> <li>7. Volunteering: EHF supported 6 MMU Psychology students to complete their online placement of 7 days stretched over 7 weeks. EHF continued to provide support in volunteering to local minority ethnic communities. EHF had 3 active volunteers during this year. They were awarded the certificate of Appreciation.</li> </ol>
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		<p>8. Work Placements: The GM Growth Company allocated three young people on the Kickstart scheme, providing on job support and skills enhancement for individuals recruited from local DWP job centres. Two of the kickstarts have gained full time employment by the end of the six months period, while one has moved to further postgraduate course of study to complete Masters.</p> <p>9. EHF played an active role in referring its clients to access Food Parcel scheme. BME Network also requested EHF to assist them in their efforts of delivering food to the most in need among our clientele.</p> <p>10. EHF outsourced its HR functions to an independent professional consultancy – Worknest. It has reduced the workload its key management personnel were spending on issues concerning human resource management. The move to outsource also helped the organisation to review its long standing policies and procedures. As a result of this consultancy, EHF has developed a handbook of policies and procedures in line of existing rules and regulations applicable in England.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against the objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity was successful in maintaining its growth and development during this 2022. EHF continued to attract funds mainly in health and social care sector to fulfil its objectives in furthering the aims of the charity.
A statement explaining the policy for holding reserves stating why they are held	Para 1.22	Very few grants cover some of our ongoing invisible but actual costs like business rates and rent. Therefore raising reserves will allow us leverage to pay off such essential costs.
Amount of reserves held	Para 1.22	<b>£43,674</b>
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
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Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are a registered as CIO with Charity Commission, England and Wales.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Every trustee must be appointed for a term of four years by a resolution passed at a properly convened meeting of the charity trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	ETHNIC HEALTH FORUM
Other name the charity uses	
Registered charity number	112332
Charity's principal address	City View House, 5 Union Street, Manchester. M12 4JD

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Waqar Abbasi			
2	Usman Akram			
3	Hamid Zafar			
4	Zainab Yusuf			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		
Not Applicable		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	
Not Applicable		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not Applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not Applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not Applicable

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not Applicable
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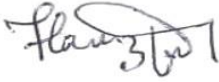
## Other optional information

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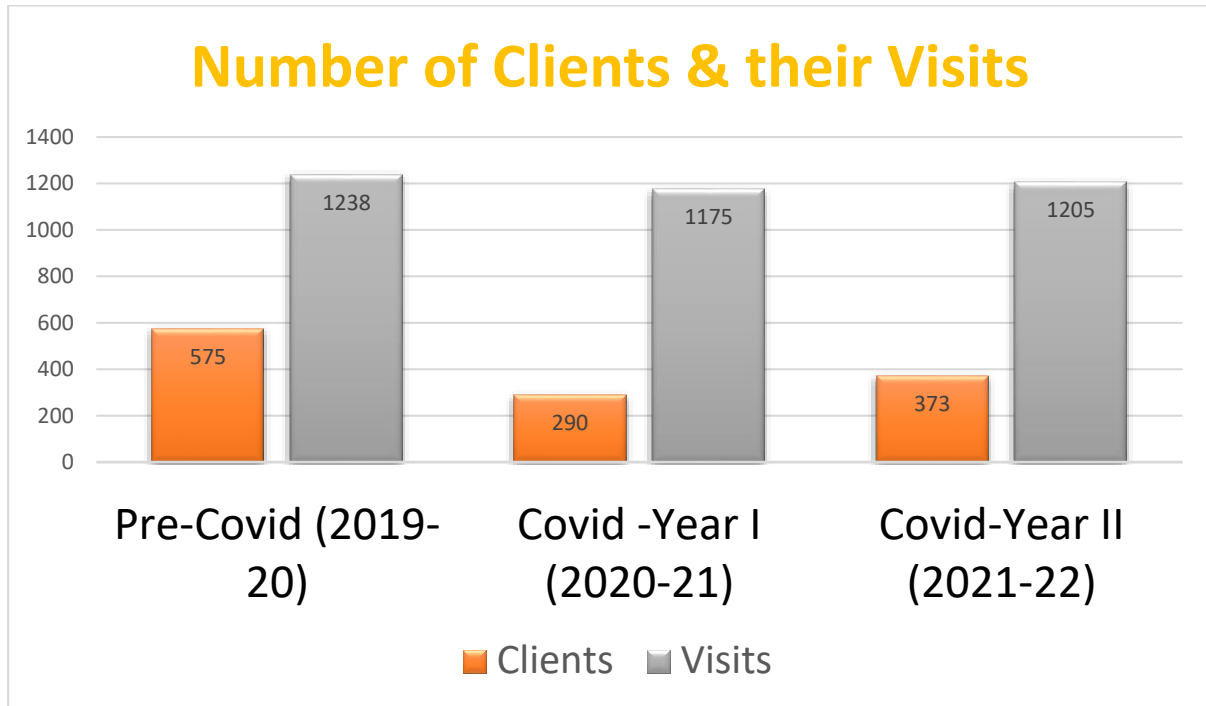
## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

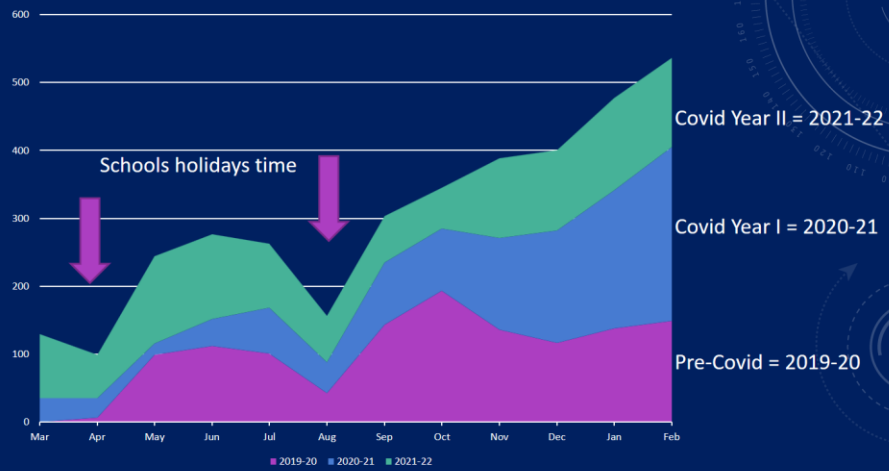
<b>Signature(s)</b>		
<b>Full name(s)</b>	Usman Akram	Hamid Zafar
<b>Position (eg Secretary, Chair, etc)</b>	Secretary	Treasurer
<b>Date</b>	27/02/2023	

## Pathway to Prosperity 2019 – 2021

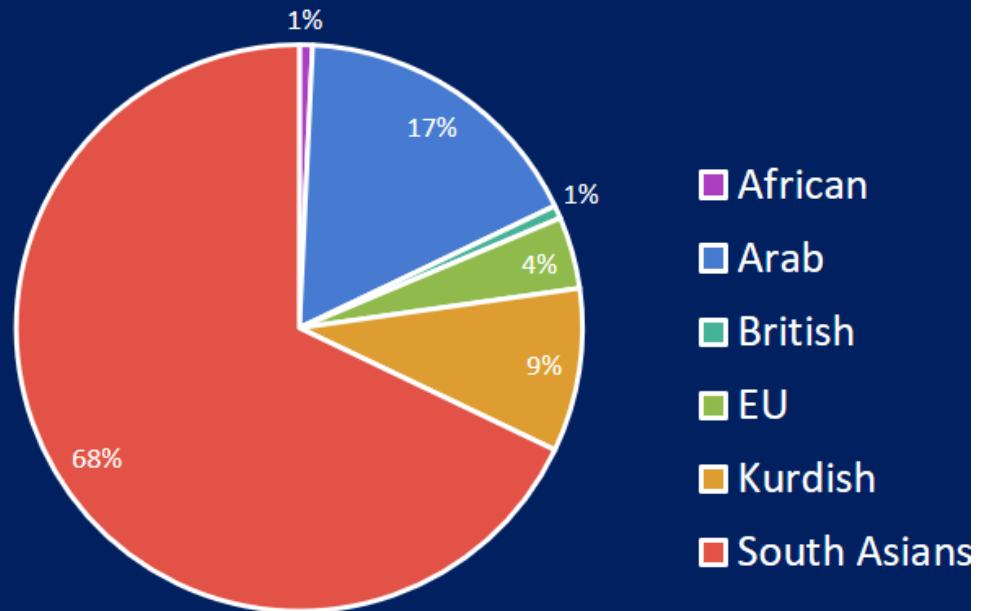


<div style="border: 1px solid green; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">African</div> <p><b>African</b></p> <ul style="list-style-type: none"> <li>• Eritrea</li> <li>• Somali</li> <li>• Sudan</li> </ul>	<div style="border: 1px solid blue; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">Arabs</div> <p><b>Arab</b></p> <ul style="list-style-type: none"> <li>• Egypt</li> <li>• Iraq</li> <li>• Jordan</li> <li>• KSA</li> <li>• Kuwait</li> <li>• Libya</li> <li>• Morocco</li> <li>• Syrian</li> <li>• Yemen</li> </ul>	<div style="border: 1px solid red; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">British</div> <p><b>British</b></p>	<div style="border: 1px solid orange; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">EU</div> <p><b>EU</b></p> <ul style="list-style-type: none"> <li>• Greece</li> <li>• Holland</li> <li>• Irish</li> <li>• Italy</li> <li>• Romanian</li> <li>• Spain</li> <li>• Sweden</li> <li>• Turkey</li> </ul>	<div style="border: 1px solid green; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">Kurdish</div> <p><b>Kurdish</b></p>	<div style="border: 1px solid green; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">South Asians</div> <p><b>South Asians</b></p> <ul style="list-style-type: none"> <li>• Afghani</li> <li>• Bengali</li> <li>• Indian</li> <li>• Irani</li> <li>• Nepal</li> <li>• Pakistani</li> </ul>	<div style="border: 1px solid purple; border-radius: 50%; width: 40px; height: 40px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">Misc.</div>
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### Trends in accessing service



### 2021-22





Section A

Independent Examiner's Report

Report to the trustees/  
members of

ETHNIC HEALTH FORUM

On accounts for the year  
ended

30/04/2022

Charity no  
(if any)

1123223

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2022.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

26/02/2023

Name:

Iftikhar Mian, AFA

Relevant professional  
qualification(s) or body  
(if any):

Membership No. 244768  
Institute of Financial Accountants,

Address:

1C Selworthy Road, Manchester M16 7UG


**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Nil

**Ethnic Health Forum (Charitable Incorporated Organisation)**

**Statement of Financial Activities**

**Year Ended 30 April 2022**

		<b>2022</b>			<b>2021</b>
	<b>Notes</b>	<b>Restricted Funds £</b>	<b>Unrestricted Funds £</b>	<b>Total £</b>	<b>Total £</b>
<b>INCOME FROM:</b>					
Charitable Activities	(4)	95,452	50,498	145,950	
<b>TOTAL</b>		<b>95,452</b>	<b>50,498</b>	<b>145,950</b>	<b>181,058</b>
<b>EXPENDITURE ON:</b>					
Charitable Expenses	(5)	95,250	40,421	135,671	
<b>TOTAL</b>		<b>95,250</b>	<b>40,421</b>	<b>135,671</b>	<b>109,534</b>
<b>Net Movement in Funds</b>		<b>202</b>	<b>10,077</b>	<b>10,279</b>	<b>71,524</b>
<b>Reconciliation of Funds</b>					
Funds brought forward	(3)	66,560	6,643	73,203	1,679
<b>Funds carried forward</b>	<b>(3)</b>	<b>66,762</b>	<b>16,720</b>	<b>83,482</b>	<b>73,203</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 17 to 21 form part of these financial statements.

**ETHNIC HEALTH FORUM**  
**BALANCE SHEET AS AT 30 APRIL 2022**

CHARITY NO. 1123223

	Notes	2022		2021	
		£	£	£	£
<b>FIXED ASSETS</b>	<b>(8)</b>				
Tangible Fixed Assets			2,426		3,033
<b>CURRENT ASSETS</b>					
Debtors	<b>(9)</b>		0	0.00	
Cash Deposits			0	0.00	
Cash at Bank and in Hand		<u>132,247</u>		<u>113,844</u>	
		<b>132,247</b>		<b>113,844</b>	
<b>CREDITORS</b>					
Amounts falling due within one year	<b>(10)</b>		<u>48,192</u>	<u>43,674</u>	
<b>NET CURRENT ASSETS</b>			<b>84,056</b>		<b>70,170</b>
<b>TOTAL NET ASSETS</b>			<b>86,482</b>		<b>73,203</b>
<b>THE FUNDS OF THE CHARITY</b>					
Unrestricted	<b>(3)</b>		16,720		6,643
Restricted	<b>(3)</b>		66,762		66,560
<b>Total Charity Funds</b>			<b>83,482</b>		<b>73,203</b>

The notes on pages 17 to 21 form part of these financial statements.

**ETHNIC HEALTH FORUM**  
**STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2022**

**RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	<b>Current Year</b>	<b>Prior Year</b>
Net movement in funds	10,279	105,828
Add back depreciation	607	758
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase/(decrease) in creditors	-4,518	5,579
<b>Net cash used in operating activities</b>	<b>6,368</b>	<b>112,165</b>
<b>Cash flows from investment activities:</b>		
Interest	0	0
Purchase of fixed assets	0	0
<b>Net cash provided by investing activities</b>	<b>0</b>	<b>0</b>
Increase/(decrease) in cash and cash equivalents during the year	6,368	112,165
Cash and cash equivalents brought forward	113,844	1,679
<b>Cash and cash equivalents carried forward</b>	<b>132,247</b>	<b>113,844</b>

The notes on pages 17 to 21 form part of these financial statements.

## **Ethnic Health Forum (Charitable Incorporated Organisation)**

### **Notes to the Financial Statements Year Ended 30 April 2022**

#### **1. Summary of significant accounting policies**

##### **(a) General information and basis of preparation**

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on page X of these financial statements. The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### **(b) Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### **(c) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

#### **(d) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

##### Expenditure on charitable activities

Comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

##### Expenditure on raising funds

Comprises costs which are directly attributable to the charity's fund-raising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

#### **(e) Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:  
Computer equipment 33% straight line

#### **(f) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### **(g) Foreign currency**

Foreign currency transactions are initially recognised by applying to the foreign currency amount the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

#### **(h) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the

## Ethnic Health Forum (Charitable Incorporated Organisation)

### Notes to the Financial Statements Year Ended 30 April 2022

#### 1. Summary of significant accounting policies

employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

##### (i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

##### (j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

#### 2 INCOME

This represents grants, contracts, service level agreements and sundry income receivable for the provision of care and social welfare services.

#### 3 FUNDS OF THE CHARITY FOR THE YEAR 2022

Unrestricted	16,720	6,643
Restricted	66,762	66,560
<b>Total Charity Funds</b>	<b>83,482</b>	<b>73,203</b>

#### 4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2022

Grants-Community Fund	27,733	27,733
Grants-GMCVO	900	900
Grants-Good Things Foundation	2,300	2,300
Grants-MACC	500	500
Grants-MCC	48,344	48,344
Grants-OM Funds	6,543	6,543
Grants-The Work Company	22,694	22,694
Grants-WEA	14,925	14,925
Income_Lingua GM CIC	720	720
Income-Big Life Partnership	12,500	12,500
Income-BME Network	750	750

## Ethnic Health Forum (Charitable Incorporated Organisation)

### Notes to the Financial Statements Year Ended 30 April 2022

Income-Equality	100	100
Income-GMCVO	3,400	3,400
Income-Lancs BME Network	100	100
Income-MCC	125	125
Income-Mcr Urban	60	60
Income-Refund	1,500	1,500
Income-Uni of Aberdeen	2,757	2,757
<b>Grand Total</b>	<b>145,950</b>	<b>145,950</b>

#### 5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

<b>EXPENSES</b>	<b>TOTAL FUNDS</b>	<b>TOTAL LAST YEAR</b>
Business Rates	754	
Other Expense	3,779	
PAYE	4,555	
Professional Services	9,209	
Rent Expenses	12,443	
Repair & Maintenance	170	
Salary	103,651	
Travel Expenses	1,109	
<b>Grand Total</b>	<b>135,671</b>	<b>109,534.00</b>

#### 6. STAFF COSTS

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	<b>2022</b>	<b>2021</b>
Support staff	5	4

The total staff costs and employee benefits were as follows:

Wages, salaries	103,651
PAYE contributions	4,555

No employee received total employee benefit of more than £60,000 (2021: none).

#### 7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2021: £Nil).

The Trustees did not have any expenses reimbursed during the year (2021: £Nil).

## Ethnic Health Forum (Charitable Incorporated Organisation)

### Notes to the Financial Statements Year Ended 30 April 2022

#### 8. TANGIBLE FIXED ASSETS

	Office Equipment	Furniture & Fixtures	TOTAL
Cost-OB	6942	1571	8513
Additions	0	0	0
Removals	0	0	0
Cost-CB	6942	1571	8513
Accumulated Depreciation-OB	4239	1241	5480
Depreciation for the year	541	66	607
Accumulated Depreciation-CB	4780	1307	6087
Net Assets-OB	2703	330	3033
Net Assets-CB	2163	264	2426

#### 9. DEBTORS

There is no debtor during the year 2022.

#### 10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

Restricted	Unrestricted
48,192	43,674

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

#### 11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.

**ETHNIC HEALTH FORUM**

England & Wales - Charity number 1123223

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# Accounts

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## Trustees' Annual Report for the period

From **01/05/2020** To **30/04/2021**

Charity name: **ETHNIC HEALTH FORUM (EHF)**

Charity registration number: **1123223**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The main aim of the charity are:</p> <ul style="list-style-type: none"> <li>• To provide services in the health and social care sector for the BAME communities in Manchester and the UK.</li> <li>• To support and work in the field of research around BAME communities in the UK</li> </ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The main activities of EHF are:</p> <ul style="list-style-type: none"> <li>• Welfare and advice support</li> <li>• Employment support</li> <li>• Volunteering</li> <li>• Mental health support</li> <li>• English Language Conversation Club</li> <li>• Digital Skills Enhancement</li> <li>• Digital Inclusion Activities</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees confirm that the charity has followed the guidance about public benefit in all their services and activities, as required and guided by the Charity Commission.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not Applicable</b>
	Para 1.38	<b>Not Applicable</b>

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	<b>Not Applicable</b>
Other		Safeguarding and Risk Assessment in line with government guidelines due to Covid-19 pandemic circumstances.

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>EHF, like anyone else, has seen unprecedented circumstances of a pandemic due to the spread of the Covid-19 coronavirus. Society has been completely locked down since 23rd March 2020 to counter this deadly virus's reach and safeguard the people. Therefore, Ethnic Health Forum had to adopt new challenges with respect to staff working and clients' visits to our office as soon as possible.</p> <p>Immediately we had to shut down our face to face services with immediate effect as per government guidelines. The trustees and the Chief Officer started the consultation as to how best we could continue offering our services to people in dire need. The locked-down put communities into many difficult situations based on loss of jobs, closure of businesses and issuance of government guidelines regularly.</p> <p>Thanks to the grant-making bodies and funder, who opened up the opportunity for a small organisation like us to react and empower with digital inclusion skills and resources. Ethnic Health Forum was able to procure laptops and mobile phones for our frontline key staff, thus enabling them to continue to work from home. Our central statistics reflect the surge in clientele by May 2020, which reflects excellent Governance and reflexivity on the part of the Board.</p> <p>Under the social distancing and face to face restrictions, Ethnic Health Forum was enabled by direct, immediate grants and</p>

		<p>reserves to acquire PPE and build a partnership with Trinity Community Centre, Rusholme, to hire a bigger working space to carry out face-to-face meetings and the client work which was highly needed.</p> <p>Ethnic Health Forum staff and Board feel satisfied with how the organisation reacted to this pandemic. The staff continued to provide IAG services in welfare rights, English language, and IT skills enhancement. The digital program focused on enabling clients to access online services, meetings, and training opportunities.</p> <p>Moreover, EHF has played a crucial role in developing partnerships with other local VCSE organisations in Manchester. Forging small partnerships due to this pandemic has improved the internal capacity and capability to achieve UN sustainable growth goal number 17, emphasising collaboration and teamwork. This is a considerable achievement, and as a result of this improved culture within the organisation, the Ethnic Health Forum board is inclined to work in partnerships which are evident in our successful subsequent funding applications.</p> <p>Whilst making efforts to keep our essential services, Ethnic Health Forum also played its community engagement role by contributing to academic research targeted to minority ethnic communities and Covid-19 (University of Manchester) or its vaccination (University of Aberdeen).</p> <p>In doing so, we achieved objects 2, 3 and 4 of our governing documents for the public benefit. We delivered services covering support for the unemployed, people with mild to moderate mental health issues, and fighting against hate-related crime in the local area.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Improved sense of satisfaction and achievement the way organisation reacted during this pandemic.</p> <p>The organisation made a significant impact in its endeavours towards digital inclusion. Ethnic Health Forum provided most of its services remotely using a cloud-based system following GDPR and other IT admin risks.</p> <p>Ethnic Health Forum developed and implemented the idea of its service-based</p>
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		mobile Application in response to this pandemic where its clients' could continue to access our services remotely. The presence of digital devices and the capacity to organise Zoom based meetings was another area of development where we could coordinate online sessions with our target communities.
Performance of fundraising activities against the objectives set	Para 1.41	The response from the Government and other grant-making bodies to combat the impact of the pandemic was highly remarkable. Ethnic Health Forum appreciates and praises this collective response by the VCSE sector. Ethnic Health Forum responded quickly to counter the changing demands in the third sector service provisions. Thanks to the fantastic idea development of its staff and trustee, Ethnic Health Forum was able to attract funding against its brilliant digital inclusion and empowerment project ideas, recommended/acknowledged by funders with their successful funding streams. Ethnic Health Forum has now set its course to enter into the era of digital inclusion with more confidence and improved capacity and capability.
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The organisation delivery of the services complies with financial requirements. The organisation had a successful year financially based on the VCSE response to the pandemic. Therefore, Ethnic Health Forum raised expected funds to carry out its activities and develop some new initiatives.
A statement explaining the policy for holding reserves stating why they are held	Para 1.22	Very few grants cover some of our ongoing invisible but actual costs like business rates and rent. Therefore raising reserves will allow us leverage to pay off such essential costs.
Amount of reserves held	Para 1.22	<b>£33234.00</b>
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the	Para 1.23	Not applicable

charity continuing as a going concern		
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### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	An increase in the number of staff, though part-time, has raised concerns for Human Resource issues that charity needs attention.
Other		

### Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g. <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	We are a registered charity with Charity Commission, England and Wales.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected through the Annual General meeting members voting.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	

Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	ETHNIC HEALTH FORUM
Other name the charity uses	
Registered charity number	112332
Charity's principal address	City View House, 5 Union Street, Manchester. M12 4JD

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Waqar Abbasi			
2	Usman Akram			
3	Hamid Zafar			
4	Zainab Yusuf			
5				
6				
7				
8				
9				
10				
11				
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13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not Applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not Applicable		

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	Not Applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity’s objects	Not Applicable
Details of arrangements for safe custody and segregation of such assets from the charity’s own assets	Not Applicable

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

Not Applicable

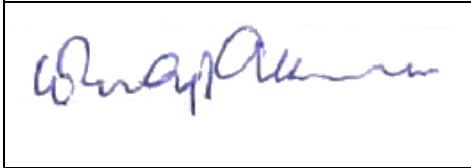
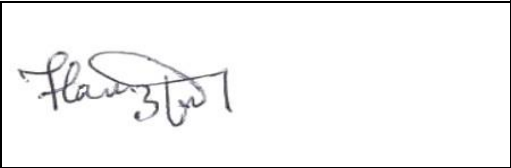
### Other optional information

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### Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Usman Akram	Hamid Zafar
<b>Position (eg Secretary, Chair, etc)</b>	Secretary	Treasurer
<b>Date</b>	06 February 2022	

# **ETHNIC HEALTH FORUM**

## **Annual Accounts**

### **30th April 2021**

Charity No. 1123223

City View House  
5 Union Street  
Manchester  
M12 4JD

# ETHNIC HEALTH FORUM

## Receipts and Payments Accounts

### For the year ending on 30th April 2021

Amount (£)

<b>Receipts</b>	Grant-A4All	9,998	
	Grant-CAST	500	
	Grants-4Ever Mcr	3,490	
	Grants-CF_Covid 19	21,593	
	Grants-Charities Aid Foundation	18,750	
	Grants-Community Fund	55,465	
	Grants-GMCVO	675	
	Grants-Good Things Foundation	2,500	
	Grants-LCFT NHS	1,516	
	Grants-Lloyds Bank Foundation-DCMS	24,460	
	Grants-MACC	1,000	
	Grants-MCC	2,000	
	Grants-One Mcr	4,850	
	Grants-Salford CVS	2,500	
	Grants-University of Warwick	800	
	Grants-WEA	4,975	
	Income-CHAC	7,906	
	Income-Egality	200	
	Income-MUARG	2,000	
	Income-NHS MCR	1,000	
	Income-Trinity House	4,880	171,058
	Income-Non project	0	
	Big Life Partnership	10,000	10,000
	<b>Total Receipts</b>		<b>181,058</b>
<b>Payments</b>	Staff costs	75,232.00	
	Rent	17,082.00	
	Equipment Purchases	3,958.00	
	IT Consultancy	3,500.00	
	Office Expense	2,169.49	
	Venue Hire	1,800.00	
	Training	756.50	104,498
	<b><u>Non Project Expenses</u></b>		
	Depreciation	758	
	Other Expenses	214	
	Fee Paid for services	2,385	3,357
	<b>Total Payments</b>		<b>107,855</b>
	<b>Liability against Projects</b>		<b>66,560</b>
	<b>Excess of Receipts or (Payments)</b>		<b>6,643</b>
	<b>Management Costs on Projects</b>		<b>24,912</b>

# ETHNIC HEALTH FORUM

## Statement of Assets and Liabilities

As on 30th April 2021

		Amount (£)
<b>Assets</b>	Cash at Bank	113,844
	Fixed Assets	3,033
	<b>Total Assets</b>	<b>116,877</b>
<b>Liabilities</b>	Accrued Expenses	0
	Other Liabilities	0
	Liabilities against restricted funds	83,643
	<b>Total Liabilities</b>	<b>83,643</b>
	<b>Surplus of Assets over Liabilities</b>	<b>33,234</b>
	Reserves	1,679
	Addition for the year	31,555
	<b>Net Reserves</b>	<b>33,234</b>

# **ETHNIC HEALTH FORUM**

## **Notes to Receipts and Payments Account**

### **As on 30th April 2021**

Payments for rents and rates have been paid partly out of receipts and partly from reserves

# ETHNIC HEALTH FORUM

30th April 2021


We approve these accounts and confirm that we have made available all the relevant records and information for their preparation.

We certify that these accounts reflect the true and fair picture of the affairs of the business of the organisation.



Signed

Usman Akram - Secretary



Signed

Hamid Zafar - Treasurer

Date: 19/08/2022



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

ETHNIC HEALTH FORUM

**On accounts for the year  
ended**

30/04/2021

**Charity no  
(if any)**

1123223

**Set out on pages**

1 to 5

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2019.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

[The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

25/08/2022

**Name:**

Iftikhar Mian, AFA

**Relevant professional  
qualification(s) or body  
(if any):**

Membership No. 244768  
Institute of Financial Accountants,

**Address:**

1C Selworthy Road, Manchester M16 7UG


**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

Nil