

# AYRIES TRUST

England & Wales · Charity number 1122947

## Details

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Other names	AYRIES SOCIETY
Status	Registered
Legal form	Trust
Registered	2008-02-25
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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## Activities

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**Objects:** THE RELIEF OF SICKNESS AND POVERTY AND THE PRESERVATION OF HEALTH AMONG CHILDREN AND ADULTS PRIMARILY BUT NOT EXCLUSIVELY RESIDING IN COMMUNITIES IN THE AREA OF VRIDDACHALAM, TAMILNADU, SOUTH INDIA

**Activities:** ADULTS AND CHILDREN IN REMOTE AREAS ARE DIAGNOSED AND WHERE APPROPRIATE TREATED FOR DISEASES SUCH AS TB, HIV AND HEP.B. CHILDREN AND ADULTS WITH PHYSICAL DISABILITIES ACCESS PHYSIOTHERAPY AND ARE PROVIDED WITH MOBILITY EQUIPMENT. CHILDREN WITH DISABILITIES HAVE ACCESS TO EDUCATION AND SOCIAL INTERACTION, NUTRITIOUS MEALS AND CHILD TO CHILD THERAPY. PATIENTS ARE PROVIDED WITH NUTRITION PACKS.

## Classification

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- **How:** Makes Grants To Organisations, Provides Human Resources
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

- **Area of benefit:** PRIMARILY BUT NOT EXCLUSIVELY VRIDDACHALAM, TAMILNADU, SOUTH INDIA
- India

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-10-30	£34,051	£23,485	-	-
2023-10-30	£7,466	£11,613	-	-
2022-10-30	£41,216	£26,600	-	-
2021-10-30	£10,402	£11,778	-	-
2020-10-30	£14,674	£17,806	-	-

## Trustees

Name	Role	Appointed
<b>Amanda Jane Killip</b>	Chair	2011-10-30
ALISTAIR JAMES NORMAN		
DIANA FEARNSIDE		
JULIA CLARK BLOWES		

**AYRIES TRUST**

England & Wales - Charity number 1122947

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# Accounts

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A group of approximately 20 people, mostly men, are seated in a hospital ward. They are all wearing face masks. The room has several ceiling fans and windows. The text is overlaid on a semi-transparent white box in the center of the image.

# Project Report on the Project with Ayries Society

For the Period August 2023 – July 2024

Submitted by: Jimmy Cherian

# Key Activities conducted for TB Care and Rehabilitation & Patients living with HIV

1. Awareness at the village level (IEC). This includes going to the villages and creating awareness and identifying if this is a potential village for ACF
2. Active Case Finding (ACF) for a village
3. Screening for Tuberculosis
4. Sputum collection & Test
5. Conduct community meetings
6. Preparation of Nutrition Powder (MAJOR ACTIVITY)
7. Provide Nutrition Support (for both PWTB and PLHIV)
8. Individual House Visits & Counselling
9. Providing DOTS
10. Reporting to PHC and GH
11. Follow ups
12. Collaboration with Govt, Hospitals, experts
13. Involving with the community



# Key Highlights of Nutrition Program

- Number of Nutrition provided for **PWTB** (for the year) – **2485 packets**
  - 2105 packets were given through Primary Health Centers
  - 122 packets were given when meeting with the beneficiaries individually
  - 258 packets were given during community meetings
  - 1243 packets were distributed in the 1<sup>st</sup> half of the year
  - 1242 packets were distributed in the 2<sup>nd</sup> half of the year
- Number of Nutrition provided for **PLHIV** (for the year) – **439 packets**
  - 216 packets were distributed in the 1<sup>st</sup> half of the year
  - 223 packets were distributed in the 2<sup>nd</sup> half of the year
- For PWTB, the following are provided
  - Nutrition Powder
  - Dates
  - Black Peas
- For PLHIV, the following are provided
  - Nutrition Powder
  - Dates
  - Black Peas
  - Rice
  - Egg

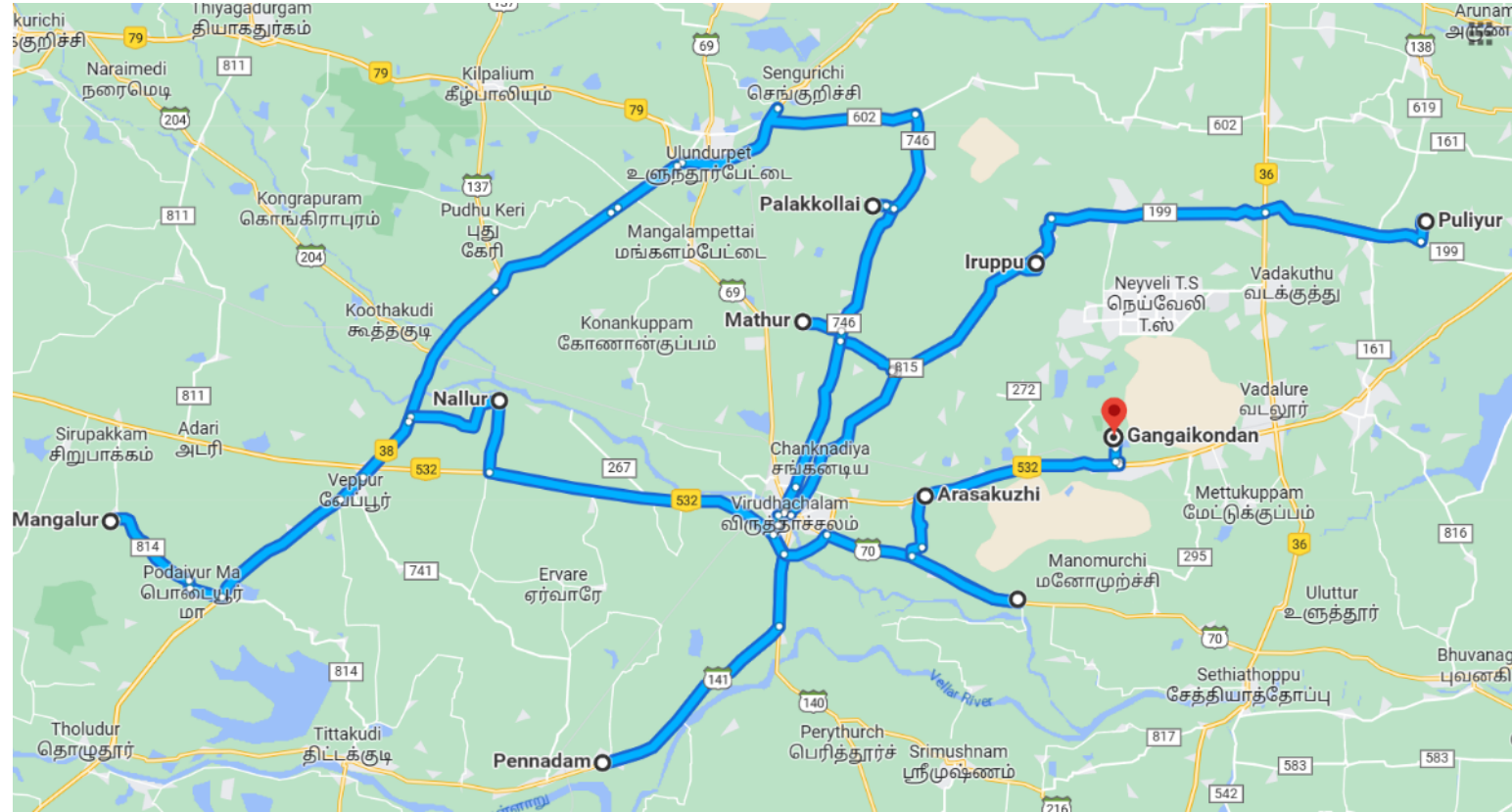
*Start date / End Date of  
the project considered:  
Aug 2023 – July 2024*



# Areas of Intervention – (Virudhachalam / Cuddalore)

Following are the areas supported by Ayries Society through the year

1. Puliur
2. Iruppu
3. Pennadam
4. Palaikollai
5. Manalore Taluk
6. Nallore Taluk
7. Kammapuram
8. Arassakuzhi
9. Gangaikondan
10. Karmangkudi
11. Karuvepellankurchi
12. Mangalampettai
13. Virudhachalam GH (IP)
14. Cuddalore TB Santorium



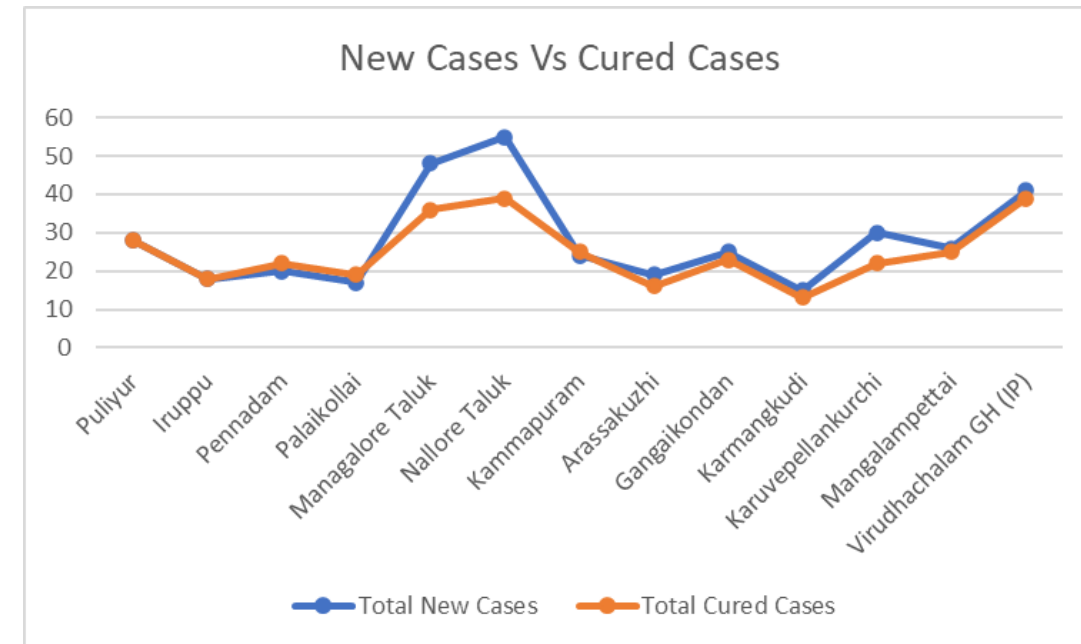
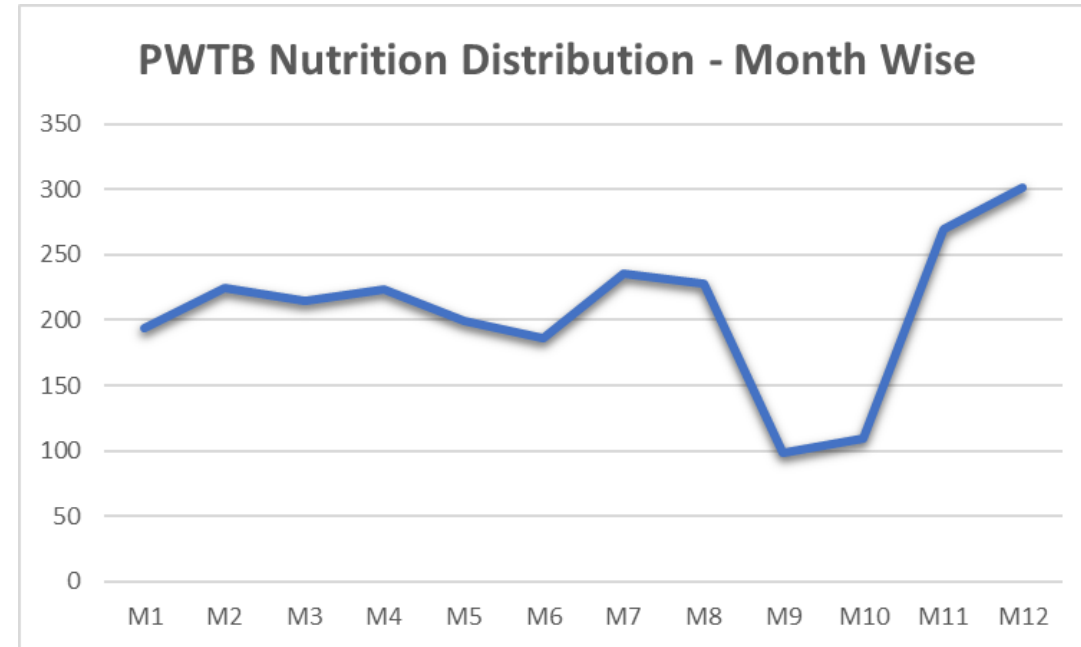
# Key Observations.

- Ayries has collaborated with the Govt. District Sanitorium for TB (Cuddalore) for the distribution of Nutrition. DOTS and medical support are provided by the Govt. And Nutrition supplements provided by Ayries. This facility is a residential program for those who are in an advanced stage ro for those who do not have the basic amenities or support to stay at home.
  - Only the activity of “Nutritional support” is was covered in this area. All the other activities are conducted by the NTEP team (Govt. Team)
  - As this location is extremely far, the available solution is to limit the activities to Nutrition Distribution
- The distribution of Nutrition supplements was reduced during the months of April and May due to the general elections.
- A new formula for the diabetic patients has been initiated. The difference is that the starch items have been reduced and Carbohydrate items have been increased.
- Black rice has been introduced in place of ordinary rice. This is because the black rice has more nutrition benefits than the normal rice
- The price of the Nutrition Powders has significantly increased over the year. The details below is the estimated price for the Nutrition support

Item	UoM	Rate	Total Cost
Dates (1 Packet. 0.5 Kg)	1	95	80
Kondakadalai (1 Kg)	1	104	90
Health Mix powder	1	395	395
TOTAL COST PER PERSON / MONTH			<b>565</b>

# Impact of the Program

- On an average, about 210 patients were catered to each month for PWTB
- And 36 patients catered to for PLHIV
- 191 new cases of TB were identified during the year. This reflects the impact of ACF (Active Case Findings).
  - NOTE – The more we do ACF, the more we can help with the diagnose and elimination of TB
  - The new cases are not only from ACF, but a majority is from ACF
- 21 ACFs were conducted during the year, across locations
  - And through this ACFs (and through individual meetings), 222 samples of Sputum was collected and send for testing
- 325 patients with TB have been cured



# Other Key Indicators

- Screening for Tuberculosis by visiting Primary Healthcare Centres and conducting community meeting - **245**
- No. of symptomatic cases referred to DMC for sputum examination & Chest-Xray. - **146**
- Villages health camps organised with the support of National Tuberculosis Elimination program (NTEP) for vulnerable population located area for active case finding - **176**
- Visits to sites of potential high risk (brick factories, road labourers, mines, Slums and poor malnutritional villages for TB screening. - **232**
- No of Diagnosed TB patients put on Fixed dose Combination (FDC) regime - **251**
- Specific Follow up visits - **90**
- Regular meetings of PLHIV families and individuals with visiting speakers and discussion to increase motivation and educate about taking ART. - **268**
- Pregnant women from risk families tested and TB patients advised and encouraged to take HIV test - **12**
- Counselling provided to PLHIV family for spouse partner testing, Nutrition counselling and CD4 testing - **314**



# Outreach and Awareness

- It is important to reach out to the various communities and stakeholders to address the various challenges of TB. The aim is to address the following
  - Early detection and Diagnosis
  - Creating awareness on various topics (Adherence to Treatment preventing spread, etc)
  - Reducing Stigma
  - Supporting Vulnerable population in the rural areas
  - Ensuring community engagement
- As part of this, the following were implemented
  - **14** public camps were conducted over the year
  - **16** community meeting were held
  - **384** visits were made to the PHCs and General Hospitals
  - **489** DOTS medicines were distributed and
  - General counselling was done **489** times



# Changes to Nutrition Preparation

- Nutrition preparation is segregated into two types
  - Non-Diabetic Patients: This has 14 ingredients powdered. The powder is distributed once every month (1 kg) along with Dates and Black Dhal
  - Diabetic Patients: This also has 14 ingredients. However, the following ingredients are replaced
    - Rice – Replaced by Black Rice
    - Corn – Replaced by Barnyard Millet
    - Barley – Replaced by Foxtail Millet
  - The main objective is to reduce sugar content and starch from the diet and add carbohydrates and Proteins
- The method of preparation is the same as before and is summarized below
  - Purchase of raw materials for 2 batches
  - Grinding of raw materials (one day) for 2 batches, followed by Packing
  - Each batch of nutrition preparation will be for 68 kgs.
  - Nutrition preparation is done every 15 days with 2 batches per day
  - No artificial flavours or components are added
  - Each batch should be used within 3 months



# Key Highlights

- Collector (Mr. Arun Thumburaj IAS) visited the center and during this visit, 148 packets were distributed. This was distributed to both PWTB and non-TB patients.
- Similarly, the state minister (C Ganeshan) also visited the premise and during this event also 204 packets were distributed.
- This visit was mainly to build the community support and also to seek for Govt. Intervention & support. Though this was not in the scope of our activities, it was a good opportunity to network and also to create the much needed visibility.
- The cost for these were funded through local contributions specifically
- A new employee has been hired to address the workload challenge.



# Survey & Key Findings from the Survey

- A short survey was done for 5 PWTB patients
- All of them gave a feedback that they are tired and not able to work
- As there is no work, there is total loss of income and they are depended on their family for daily survival
- All of the patients surveyed are “Below Poverty Line” individuals
- Most of them have side effects due to TB.
- Taking the DOTS medicines make all of them weak (Fatigue / tired)
- There is a need for the patients to be counselled (not part of the scope currently)
- Most of them get a small amount of INR 500 per month allowance from the Govt. This is distributed once in 3 months. Some of them have not received it for various reasons
- Most of the PWTB are above 60 years of age. However, there are some who are younger. We also saw couple of children with TB.
- Key Challenges – (based on the survey and overall discussion)
  - Delay in Diagnosis.
  - Loss of Income
  - Limited access to facilities (Hospital / medicine, etc)
  - Lack of Care & Support
  - Lack of adherence to medication



# HIV Support for the year

- The scope for PLHIV is limited to only Nutrition support.
- However, under the Nutrition support, there is an additional support of providing Rice (5kg) and egg (15 Numbers) per month
- Following are the items distributed
  - Rice (5Kg)
  - Dates (1 Packet. 0.5 Kg)
  - Kondakadalai (1 Kg)
  - Egg (15 Nos)
  - Health Mix powder
- Nutrition Support activities were conducted in 11 villages.
- 6 new PLHIV patients have been identified
- However, 8 of the existing PLHIV patients have stopped receiving the nutrition support. The reasons is due to migration
- Another 6 had lost contact or there is no response from them and therefore, the support has been stopped.
- At the end of the year, 28 PLHIV patients are supported through this program

<b>Village</b>	<b>No. of Beneficiaries at the beginning</b>
Aladi	3
PeriyaVadavadi	3
Muthanamkoppam	1
Karnatham	3
Paravaloor	6
Chinna Kandiankuppam	3
Gopurapuram	4
Mangalampettai	4
Kavanai	3
Poovanur	2
Kovilanur	4
<b>TOTAL</b>	<b>36</b>

# Key Challenges

- New cases are still being identified. Based on the discussion with the Deputy Director of Cuddalore District, an average of 300 new cases per month are identified only in Cuddalore District.
- There is a need to do more ACFs for early detection and Diagnosis. Currently, there are no funds to address this area
- Further more, with the current number of ACFs being carried out, new cases are coming to light. However, the project does not allow for support for these new patients (net new patients)
- There is usually no income for the patients. Financial challenges are high and limited ability / opportunity for employment. Most of them are daily labourers and they are not in a situation to work as daily labourers any more
- The workload of the team is very high.



# Financial Details

Below is the budget for a period of 1 year

Budget for the year-2023 to 2024 - TB /HIV Care Project, Cuddalore					
S.No		Amount in INR	No of Unit	Per Month	One Year
1	Staff Salary for 3 Members	8000	3	24000	2,88,000.00
2	Nutrition support for PLHIV	668	35	23380	2,80,560.00
3	Nutrition support for PWTB.	458	170	77860	9,34,320.00
4	Travel cost for Outreach	700	10	7000	84,000.00
5	Advocacy meeting (IEC)	2000	10		20,000.00
6	Community Meeting (Active Case Finding)	800	3	2400	28,800.00
7	Communal Meals for PLHA	6000	1	6000	48,000.00
8	Monthly Review Meeitng	1500	4	1500	6,000.00
9	Stationary & Printing	500	12	500	6,000.00
<b>Total Budget</b>					<b>16,95,680.00</b>

Below is the Actual Spend for the year

Actual Spend						
Q1	Q2	Q3	Q4	TOTAL SPEND	Difference	Utilization %
61,000.00	74,000.00	78,000.00	76,000.00	2,89,000.00	-1,000.00	100%
59,000.00	61,470.00	82,000.00	81,000.00	2,83,470.00	-2,910.00	101%
2,90,460.00	2,92,692.00	1,77,800.00	1,79,500.00	9,40,452.00	-6,132.00	101%
25,450.00	21,400.00	18,000.00	19,800.00	84,650.00	-650.00	101%
	25,000.00	23,500.00	25,500.00	74,000.00	-54,000.00	370%
4,500.00	4,300.00	9,500.00	10,650.00	28,950.00	-150.00	101%
9,146.00	13,156.00	13,822.00	14,500.00	50,624.00	-2,624.00	105%
	3,000.00	3,000.00	3,000.00	9,000.00	-3,000.00	150%
1,500.00	1,500.00	1,700.00	1,650.00	6,350.00	-350.00	106%
<b>4,51,056.00</b>	<b>4,96,518.00</b>	<b>4,07,322.00</b>	<b>4,89,280.00</b>	<b>18,44,176.00</b>	<b>-1,48,496.00</b>	<b>109%</b>

Notes:

- The actual expenses are more than the budgeted expenses. This is because of various factors, such as:
  - The cost of Raw materials, food and fuel
  - A high amount of funds have been spend to create IEC material (Information, Education and Communication Material). Given that this is the 1<sup>st</sup> year, it is expected that the IEC cost for next year will be comparatively lesser than this year.
  - Nutrition supplement distribution for some PLHIV patients have been discontinued
  - Due to in-house preparation of Nutrition powder, the high costs of raw materials were able to be re-set.



**2024-2025. Plan & Approach**

# Plan for next year

1. The approach was to limit the scope of activities within INR 17 Lakhs per annum.
2. Though there is increased need for both PWTB and PLHIV, and new activities to be undertaken, given the budget constraints, the following decisions were taken.
  1. The number of locations (Intervention areas) to be reduced. (for PWTB)
  2. Similarly for PLHIV program as well
3. Below are the finalized areas of intervention for TB program, along with beneficiary numbers

Beneficiaries for PWTB	
Village	No. of Patients
Puliyur	13
Iruppu	13
Palaikollai	14
Nallore	28
Kammapuram	20
Arassakuzhi	17
Mangalampettai	20
Krishnapuram	20
Varathur	20
Cuddalore TB Santorium	35
<b>TOTAL</b>	<b>200</b>

- The number of Intervention area is reduced to 10 areas (as against 14 areas that were catered to this years)
- The following villages (areas) will not be covered
  - Pennadam
  - Managalore
  - Gangaikondan
  - Karmangkudi
- An average of 200 PWTB patients will be covered per month

# Plan for next year (Contd)

- Below are the finalized areas of intervention for the HIV program, along with beneficiary numbers

Beneficiaries for PLHIV	
Village	No. of Patients
Alladi	3
PeriyaVadavadi	2
Muthanamkoppam	2
Karnatham	4
Chinna Kandiankuppam	4
Gopurapuram	5
Mangalampettai	4
Kovilanur	4
<b>TOTAL</b>	<b>28</b>

- The number of Intervention area is reduced to 8 areas (as against 11 areas that were catered to this years)
- The following villages (areas) will not be covered
  - Paravalloor
  - Kavanai
  - Poovanur
- An average of 28 PLHIV patients will be covered per month

# Amendments made to the Budget

- Reduction in beneficiary numbers and locations
- Reduced the number of Advocacy meetings
- Reduced the cost of ACFs
- Reduced the number of Communal meals
- Removed Stationary & Printing costs
- Not considered Project Management costs
- Changes in the Nutrition Supplements as mentioned below:
  - Removed “Dates” from the Nutrition kit
  - Reduced Kondakadalai from 1 kg to 0.5 kg
  - Provide lower cost Rice for PLHIV patients

Nutrition Support for PWTB			
Item	UoM	Rate	Total Cost
Dates (1 Packet. 0.5 Kg)	1	95	-
Kondakadalai (0.5 Kg)	1	55	55.00
Health Mix powder	1	395	395.00
TOTAL COST PER PERSON / MONTH			450.00
Total Beneficiaries			200
Total COST / Month			90,000.00
<b>Total COST / Year</b>			<b>10,80,000.00</b>

Nutrition Support for PLHIV			
Item	UoM	Rate	Total Cost
Rice	5	40	200.00
Dates (1 Packet. 0.5 Kg)	1	95	-
Kondakadalai (0.5 Kg)	1	55	55.00
Health Mix powder	1	395	395.00
TOTAL COST PER PERSON / MONTH			650.00

# Finalized Budget with Details

Budget for the Year 2024 - 2025. TB /HIV Care Project, Ayries Society						
S.No		Amount in INR	No of Unit	Per Month	One Year	Comments
1	Staff Salary for 3 Members	8500	3	25500	₹ 3,06,000.00	<b>Increased salary by 500 per month per person.</b> The salaries have not been raised since post-covid and therefore, asking for an increase
2	Nutrition support for PLHIV	650	28	18200	₹ 2,18,400.00	<b>Reduced to 28 patients.</b> 8 members have migrated and Ayries team is not able to trace them. The remaining 7 patients are not very responsive and not seeking support / compiling to the norms
3	Nutrition support for PWTB.	450	200	90000	₹ 10,80,000.00	The number of beneficiaries are reduced from last year
4	Travel cost for Outreach	800	10	8000	₹ 80,000.00	<b>Increased travel cost by 100 due to increase in travel prices.</b> This cost is specifically for Nutrition distribution, DOTS distribution for existing patients. Average of 10 visits per month. At times, the visit will be clubbed with other activities as below. The overall aim is that each center should be visited twice every month. But, on an average, I have considered only 1 visit a month
5	Advocacy meeting (IEC)	2000	10		₹ 20,000.00	Average of 10 Advocacy meetings in a year. Cost include Banners, Pamphlets, Tea & Snacks & Travel Allowance. The purpose is awareness of TB & HIV.
6	Community Meeting (Active Case Finding)	800	2	1600	₹ 19,200.00	<b>Average of 2 ACF per month.</b> This costs are for proactively going to villages and Screening people for TB, Collection of Samples, getting it tested and having follow-up meetings
7	Communal Meals for PLHA	6000	1	6000	₹ 36,000.00	Reduced the number of communal meals. The objective is to bring all the beneficiaries together for a meal and focus on their well-being, nutrition distribution, etc
8	Monthly Review Meeting	1500	4	1500	₹ 6,000.00	Meeting with Senior Treatment Supervisor / Health Educator from each of the blocks
<b>Total Budget (INR)</b>					<b>₹ 17,65,600.00</b>	
<b>Total Budget (\$AUD)</b>					<b>₹ 32,101.82</b>	

- Conversion rate of 1 AUD to 56 INR considered
- The total budget is coming to INR 17,65,600 (even with all the reductions & adjustments)

# Key recommendations

- It is good to have the same Nutrition kit as before (***dates and increased quantity of Kondaikadalai***). Most of the beneficiaries depend on this for their daily living. Most of them do not have any income and they also become a burden to their families.
- It is important to do higher number of ACFs. The more ACFs are done, the higher number of detection and diagnosis. (which will ultimately help in the elimination of TB)
- Important to have community partnership and support. This requires activities in the community.
- As mentioned in the Mid-year report, it is important to have a testing lab. Given that the villages are in very remote area and given that there is no / limited facilities for testing, this delays the whole treatments. (testing is not only for TB, but other regular tests like blood, sugar, x-rays, etc)

***It is important for Ayries to find other source of funding to address these to meet the overall objective of TB Care, Rehabilitation and Elimination. Every year, there is a need to generate an extra fund of 3 – 5 Lakh INR***

# Other considerations (not part of the current budget)

- **Livelihood Programs:** Almost all of the patients are not able to work due to low immunity, side effects and also due to their age. However, it is important that there is monthly income for a sustainable future. It will be good to evaluate funds for livelihood programs (as a separate project)
- **Dedicated Testing Unit:** Given the years of experience and expertise and given that there is little or no facilities for testing, Ayries could set up a testing unit (with a subsidised pricing) (*Refer next slide for more details*)
- **Counselling & Well-being Activities:** There is a need to provide professional counselling for the patients. Apart from this, important to have regular wellbeing activities. This will help the in their mental well-being and also to live a life of purpose

*It is important for Ayries to find other source of funding to address these to meet the overall objective of TB Care, Rehabilitation and Elimination.*



# Gallery



Awareness & Education Session



Health Camp



Hospital Visit



Outreach Activity



Active Case Finding



Distribution of Nutrition at PHCs

# Gallery



Cuddalore district collector Mr Arun Thambu Raj visiting Ayries



Communal Meal



Sputum Collection

Initial weight: _____ kgs Height: _____ cms BMI: _____			Month of treatment										DST result during course of treatment (LJ,LC,PA/CBNAAT)					
Weight band: <input type="checkbox"/> <16 kg <input type="checkbox"/> 16-29 kg <input type="checkbox"/> 30-45 kg <input type="checkbox"/> 46-70 kg <input type="checkbox"/> >70 kg			Smear/Culture results				Other investigations						Specimen collection date					
			Date	Lab no	Smear	Culture	S. Cr	LFT	ECG*	CBC/ QTcF	Electrolyte (K, Mg, Ca)	RBS	TSH, T3,T4	Drug	Month	Month	Month	Month
			2 weeks											Type of test				
			1											R				
			2											H (rhdA)				
			3											H (katG)				
			4											S				
			5											E				
			6											Z				
			7											Lfx				
			8											Mtx (1.0)				
			9											Mtx (0.5)				
			10											Lzd				
			11											Ctz				
			12											Km				
			13											Cm				
			14											Am				
			15											FQ				
			16											SLI				
			17											SLI (pt)				
			18											Eto				
			19											PAS				
			20											Bdq*				
			21											Dlm*				
Name & signature of treating physician: _____			* If baseline ECG is normal, repeat to be done after two weeks, then monthly in IP, and when clinically indicated.										*Whenever available					



DOTS Distribution



Thank you

<b>Summary Sheet 2023/24</b>				
<b>INCOME</b>	No.1	No.2	Total	
<b>Trading and Fundraising (Unrestricted)</b>				
<b>Voluntary Donations (Unrestricted)</b>	17728			
<b>Grants (Restricted)</b>	16323			
<b>Interest/Gift Aid (Unrestricted)</b>				
<b>Interest/Gift Aid (Restricted)</b>				
<b>Transfers</b>				
<b>Total Income</b>	34051	0		<b>34051</b>
<b>EXPENDITURE</b>				
<b>Transfers to India</b>	23170			
Transfer from b/ac				
<b>Motivation Equipment</b>				
<b>Trading and Fundraising</b>				
Newsletter				
<b>Bank Fees</b>	315			
<b>Total Expenditure</b>	23485	0		<b>23485</b>
<b>net income</b>	10566	0		
<b>Cash Funds 30 oct 2023</b>	6314	5298		<b>11612</b>
<b>Cash Funds 30 Oct 2022</b>	16880	5298		<b>22178</b>



Ayries Trust Receipts and Payments 01-11-2023 to 31-10-2024					
<b>Section A</b>	<b>Receipts and Payments accounts</b>				
<b>A1</b>	<b>Receipts</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>		<b>Total Funds</b>
	Trading and Fundraising				
	Donations	17728			
	Grants	16323			
	Interest / Gift aid				
	<b>Total Receipt</b>	34051	0		<b>34051</b>
<b>A3</b>	<b>Payments</b>				
	Trading and fundraising costs				
	Grants paid to Ayries Society India	23170			
	Bank fees and charges	315			
	<b>Total Payments</b>	23485	0	0	23485
	<b>Net receipts</b>	10566	0		10566
<b>A6</b>	<b>Cash Funds last year end</b>	6314	5298		<b>11612</b>
	<b>Cash Funds this year end</b>	16880	5298		<b>22178</b>
<b>Section B</b>	<b>Statement of Assets and Liabilities</b>				
<b>B1</b>	<b>Cash funds</b>	16880	5298		<b>22178</b>

No. 1 Account INCOME SHEET 2023/24

Date	Trading and Fundraising (Unrestricted)	Voluntary Donations (Unrestricted)		Grants (Restricted)		Interest/Gift Aid (Unrestricted)		Transfer from no.2		
11/1/23		FK Finance Ltd	400.00							
		P Browne	8.00							
		D Fearnside	10.00							
		N&C Killip	10.00							
		A Killip	15.00							
		R Norman	20.00							
11/6/24		AJ Norman	40.00							
20/112024		N Ruddick	25.00							
11/23/23		C Hallas	10.00							
11/27/23		M littlefield estate	288.23							
12/1/23		FK Finance Ltd	400.00							
		P Browne	8.00							
		N&C Killip	10.00							
		D Fearnside	10.00							
		A Killip	15.00							
		R Norman	20.00							
12/4/23		AJ Norman	40.00							
12/20/23		N Ruddick	25.00							
12/21/23				Meal-a-day grant	16323.07					
12/27/23		C Hallas	10.00							
1/2/24		FK Finance Ltd	500.00							
		P Browne	8.00							
		D Fearnside	10.00							

<b>1/4/24</b>
<b>1/22/24</b>
<b>1/23/24</b>
<b>2/1/24</b>
<b>2/5/24</b>
<b>2/20/24</b>
<b>2/23/24</b>
<b>3/1/24</b>
<b>3/4/24</b>
<b>3/20/24</b>
<b>3/25/24</b>
<b>4/2/24</b>

N&C Killip	10.00								
A Killip	15.00								
R Norman	20.00								
AJ Norman	40.00								
N Ruddick	25.00								
C Hallas	10.00								
FK Finance Ltd	500.00								
P Browne	8.00								
N&C Killip	10.00								
D Fearnside	10.00								
A Killip	15.00								
R Norman	20.00								
AJ Norman	40.00								
N Ruddick	25.00								
C Hallas	10.00								
FK Finance Ltd	500.00								
P Browne	8.00								
N&C Killip	10.00								
D Fearnside	10.00								
A Killip	15.00								
R Norman	20.00								
AJ Norman	40.00								
N Ruddick	25.00								
C Hallas	10.00								
FK Finance Ltd	500.00								
P Browne	8.00								
D Fearnside	10.00								
N&C Killip	10.00								
A Killip	15.00								

<b>4/4/24</b>
<b>4/22/24</b>
<b>4/23/24</b>
<b>5/1/24</b>
<b>5/7/24</b>
<b>5/20/24</b>
<b>5/23/24</b>
<b>6/3/24</b>
<b>6/4/24</b>
<b>6/20/24</b>
<b>6/24/24</b>
<b>7/1/24</b>

R Norman	20.00								
AJ Norman	40.00								
N Ruddick	25.00								
C Hallas	10.00								
FK Finance Ltd	500.00								
P Browne	8.00								
D Fearnside	10.00								
N&C Killip	10.00								
A Killip	15.00								
R Norman	20.00								
AJ Norman	40.00								
N Ruddick	25.00								
C Hallas	10.00								
FK Finance Ltd	500.00								
P Browne	8.00								
D Fearnside	10.00								
N&C Killip	10.00								
A Killip	15.00								
R Norman	20.00								
AJ Norman	40.00								
N Ruddick	25.00								
C Hallas	10.00								
FK Finance Ltd	500.00								
P Browne	8.00								
D Fearnside	10.00								
N&C Killip	10.00								

<b>7/4/24</b>
<b>7/11/24</b>
<b>7/22/24</b>
<b>7/23/24</b>
<b>8/1/24</b>
<b>8/5/24</b>
<b>8/20/24</b>
<b>8/23/24</b>
<b>9/2/24</b>
<b>9/4/24</b>
<b>9/20/24</b>
<b>9/23/24</b>
<b>10/1/24</b>
<b>10/4/24</b>
<b>10/21/24</b>
<b>10/23/24</b>

A Killip	15.00							
R Norman	20.00							
AJ Norman	40.00							
Mr&Mrs Bland	10000.00							
N Ruddick	25.00							
C Hallas	10.00							
FK Finance Ltd	500.00							
P Browne	8.00							
N&C Killip	10.00							
D Fearnside	10.00							
A Killip	15.00							
R Norman	20.00							
AJ Norman	40.00							
N Ruddick	25.00							
C Hallas	10.00							
FK Finance Ltd	500.00							
D Fearnside	10.00							
N&C Killip	10.00							
A Killip	15.00							
R Norman	20.00							
AJ Norman	40.00							
N Ruddick	25.00							
C Hallas	10.00							
FK Finance Ltd	500.00							
D Fearnside	10.00							
N&C Killip	10.00							
A Killip	15.00							
R Norman	20.00							
AJ Norman	40.00							
N Ruddick	25.00							
C Hallas	10.00							











**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
AYRIES TRUST

**On accounts for the year  
ended**

31 OCTOBER 2024

**Charity no  
(if any)**

1122947

**Set out on pages**

1 (one)

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/10/2024

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below\*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

*Roger Pask*

**Date:**

13/08/2025

**Name:**

Roger Pask

**Relevant professional  
qualification(s) or body  
(if any):**

Company Director (retired)

**Address:**

36 Wesley Avenue  
Alsager  
Cheshire ST7 2NG

**AYRIES TRUST**

England & Wales - Charity number 1122947

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# Accounts

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## Trustees' Annual Report for the period

From 31/10/21 Period start date To 30/10/23 Period end date

Charity name: Ayries Trust

Charity registration number: 1122947

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of sickness and poverty and the preservation of health among children and adults primarily but not exclusively residing in the communities in the area of Vriddachalam, Tamil Nadu, South India.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The Ayries Trust exists to support the work of the Ayries Society based in Veerareydeykuppam, Tamil Nadu, South India. The Trust and Society work to improve the health and life choices of some of the poorest rural people in the area.</p> <p>The main areas of work of the Ayries Society include:</p> <ul style="list-style-type: none"><li>•Diagnosing and treating tuberculosis, a 'disease of the poor',</li><li>•Providing education and socialisation, physiotherapy and nutrition for children with special educational needs including those with cerebral palsy, Down's and autism,</li><li>•Advocating and providing nutrition and counselling for people living with AIDS and HIV (PLHA), including help with access to ART treatment and support of</li></ul>

		orphans, •Providing mobility equipment and training for young people and adults.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The Ayries Trust operates entirely by grant making activities, primarily (but not necessarily exclusively) to the Ayries Society in Tamil Nadu, South India, FRCA 007601060
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	Only by donations.
Other		n/a

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Ayries Trust made grants of £26355 in total for this financial year, of which £12850 consisted of restricted funds, awarded by Christadelphian Meal a Day Asia Pacific for the specific purpose of providing nutritional support for the TB and PLHA peoples.  Continued...

		<p>Context for work of Ayries Society:</p> <p>In this rural area HIV/AIDS and TB are common diseases. Often HIV sufferers have TB as an opportunistic disease and co-infected people have a high risk of death. In Tamil Nadu the mortality rate of HIV infected people is higher than it has ever been (although the number of new HIV infections among young people is falling). 60% of deaths of HIV/AIDS patients are from opportunistic infections, most of which are TB (ref: Tamil Nadu State AIDS Control Society (TANSACS)).</p>
		<p>Poor nutrition and malnourishment amongst HIV sufferers due to poverty is directly leading to deaths in the area where low CD4 cell counts and poor nutritional status together are high risk factors for mortality. (Estimates put the income of PLHA families to be 25% of average of non-PLHA families).</p> <p>State provision for children with special educational needs remains poor and difficult to access. This leads to social isolation, lack of status and minimal prospects of employment.</p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>Grants were made to Ayries Society India with the three main objectives in mind.</p> <p><i>A sustained increase in TB patients at any one time from 35 to about 40. (Currently there are 15 to 20 new cases</i></p>
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	<p><i>per month)</i></p> <p>Target met, including administration of DOTS as recommended by WHO and nutritional support, crucial to success of DOTS and hence reducing chance of drug resistance.</p> <p><i>An increase in the number of PLHA families receiving nutrition, advocacy and assistance in accessing ART treatment from 53 to 70.</i></p> <p>Slight reduction in numbers here due to some families moving out of area, and sadly, deaths associated with Covid. Monthly meetings with healthcare professionals held plus provision of nutritional support.</p> <p>Jessica Centre students re-integrated back to school after Covid- 40 students, physiotherapy, social integration and education provided as well as a healthy lunch. They are collected daily by the society's minibus.</p> <p>Grants made from unrestricted funds are largely for staff salaries, fuel, building maintenance, physiotherapy equipment and nutrition for Jessica Centre school children, plus a small number of children orphaned by Covid or AIDS.</p> <p>Relationships with Tamil Nadu state actors remain good, with Ayries staff having access to several Public Health Centres to carry out TB testing.</p> <p>Communication with Ayries India occurs almost daily.</p>
Performance of fundraising	Voluntary donations only and the CMA D grant, for which a bid is made.

activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	n/a
Other		In this period the Trust was in receipt of a sum from the closing Amala Trust.

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£24000 cash funds were held at the end of the period. This equates to about 18 months expenditure by Ayries Trust from its voluntary donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	This small reserve is available any time for grant making purposes but will likely be spent over the next 18 months (as grants to India). It also provides a buffer for the NGO's staff salaries should unforeseen circumstances occur. The trustees are mindful of the changing exchange rate and inflation in India.
Amount of reserves held	Para 1.22	£24156
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	none
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	As above: <ul style="list-style-type: none"> <li>• Voluntary donations from a small number of loyal donors including family members.</li> <li>• Grant from CMaD Asia Pacific</li> <li>• In addition this year £23450 donated by the trustees of Amala trust, a charity that supported an NGO in the same geographical area.</li> </ul>
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	We are mindful of the future retirement of the donors to the charity and the trustees need to address this in the next three years.
Other		n/a

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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Review at a meeting every three years. By election of other trustees.

## Reference and Administrative details

Charity name	Ayries Trust
Other name the charity uses	Ayries Society Trust
Registered charity number	1122947
Charity's principal address	Whitfield View Moor Rd Askrigg N Yorkshire DL8 3HH

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Amanda Killip	Chair		
2	Diane Fearnside	Treasurer		
3	Alistair Norman			
4	Julia Clark Blowes			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

n/a
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## Exemptions from disclosure

#### Reason for non-disclosure of key personnel details

n/a
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## Other optional information



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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Amanda Killip	Alistair Norman
---------------	-----------------

Position (eg Secretary,  
Chair, etc)

Chair	Trustee
-------	---------

Date

20/08/23
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## Summary Sheet 2022/22

### INCOME

No.1

No.2

Total

**Trading and  
Fundraising  
(Unrestricted)**

**Voluntary Donations  
(Unrestricted)**

28366

**Grants (Restricted)**

12850

**Interest/Gift Aid  
(Unrestricted)**

**Interest/Gift Aid  
(Restricted)**

**Transfers**

**Total Income**

41216

0

**41216**

### EXPENDITURE

**Transfers to India**

26355

Transfer from b/ac

**Motivation Equipment**

**Trading and  
Fundraising**

Newsletter

**Bank Fees**

245

**Total Expenditure**

26600

0

**26600**

**net income**

14616

0

**Cash Funds 30 oct 202:**

4242

5298

**9540**

**Cash Funds 30 Oct 202:**

18858

5298

**24156**

## Ayries Trust Receipts and Payments 01-11-2021 to 31-10-2022

<b>Section A Receipts and Payments accounts</b>					
<b>A1</b>	<b>Receipts</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	
	Trading and Fundraising				
	Donations	28366			
	Grants		12850		
	Interest / Gift aid				
	<b>Total Receipt</b>	28366	12850		<b>41216</b>
<b>A3</b>	<b>Payments</b>				
	Trading and fundraising costs				
	Grants paid to Ayries Society India	12180	14175		
	Bank fees and charges	245			
	<b>Total Payments</b>	12425	14175	0	26600
	<b>Net receipts</b>	15941	-1325		14616
<b>A6</b>	<b>Cash Funds last year end</b>	362	9178		<b>9540</b>
	<b>Cash Funds this year end</b>	16303	7853		<b>24156</b>
<b>Section B Statement of Assets and Liabilities</b>					
<b>B1</b>	<b>Cash funds</b>	16303	7853		<b>24156</b>

No. 1 Account INCOME SHEET 2023.02

Date	Trading and Forwarding (Unrealized)	Voluntary (Unrealized)	Grants (Unrealized)	Interests/Gifts (Unrealized)	Transfer from No. 2
01.11.21		F Brouse 8.00			
		N&C K&P 10.00			
		D Fearnside 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
04.11.21		A Norman 40.00			
22.11.21		R Smith 25.00			
23.11.21		C Hatan 10.00			
24.11.21		M Joseph 20.00			
01.12.21		F Brouse 8.00			
		N&C K&P 10.00			
		D Fearnside 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
06.12.21		A Norman 40.00			
20.12.21		R Smith 25.00			
23.12.21		C Hatan 10.00			
04.01.22		M Joseph 20.00			
		F Brouse 8.00			
		D Fearnside 10.00			
		N&C K&P 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
20.01.22		M Joseph 20.00			
		R Smith 25.00			
24.01.22		C Hatan 10.00			
01.02.22		F Brouse 8.00			
		D Fearnside 10.00			
		N&C K&P 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
04.02.22		A Norman 40.00			
07.02.22		Transfer from N&C K&P 180.00			
		AD&C K&P 250.00			
10.02.22		Transfer from 1000.70			
17.02.22		R Smith 25.00			
21.02.22		R Smith 25.00			
23.02.22		C Hatan 10.00			
01.03.22		F Brouse 8.00			
		N&C K&P 10.00			
		D Fearnside 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
03.03.22		meal a day 12450.00			
04.03.22		A Norman 40.00			
17.03.22		M Joseph 20.00			
21.03.22		R Smith 25.00			
23.03.22		C Hatan 10.00			
01.04.22		F Brouse 8.00			
		D Fearnside 10.00			
		N&C K&P 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
04.04.22		A Norman 40.00			
14.04.22		M Joseph 20.00			
20.04.22		R Smith 25.00			
25.04.22		C Hatan 10.00			
01.05.22		F Brouse 8.00			
		D Fearnside 10.00			
		N&C K&P 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
04.05.22		A Norman 40.00			
12.05.22		M Joseph 20.00			
20.05.22		R Smith 25.00			
23.05.22		C Hatan 10.00			
01.06.22		F Brouse 8.00			
		N&C K&P 10.00			
		D Fearnside 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
06.06.22		A Norman 40.00			
09.06.22		M Joseph 20.00			
20.06.22		R Smith 25.00			
23.06.22		C Hatan 10.00			
01.07.22		F Brouse 8.00			
		N&C K&P 10.00			
		D Fearnside 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
07.07.22		A Norman 40.00			
20.07.22		M Joseph 20.00			
25.07.22		R Smith 25.00			
01.08.22		C Hatan 10.00			
		F Brouse 8.00			
		D Fearnside 10.00			
		N&C K&P 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
04.08.22		A Norman 40.00			
22.08.22		R Smith 25.00			
23.08.22		C Hatan 10.00			
01.09.22		F Brouse 8.00			
		N&C K&P 10.00			
		D Fearnside 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
05.09.22		A Norman 40.00			
20.09.22		R Smith 25.00			
23.09.22		C Hatan 10.00			
29.09.22		M Joseph 20.00			
03.10.22		F Brouse 8.00			
		D Fearnside 10.00			
		N&C K&P 10.00			
		A Kilp 15.00			
		R Norman 20.00			
		AD Norman 250.00			
04.10.22		A Norman 40.00			
20.10.22		R Smith 25.00			
24.10.22		C Hatan 10.00			
27.10.22		M Joseph 20.00			
			20366.70	0.00	12450.00

<b>No. 1 Account EXPENDITURE 2021/22</b>	<b>TRANSFER TO AYRIES SOCIETY, INDIA</b>	<b>PRINTING, PUBLICITY</b>		<b>TRAIDCRAFT BILLS</b>	<b>Motivation Mobility Equipment</b>	<b>TRANSFER BANK FEES</b>
<b>13.12.21</b>	1400.00					35.00
<b>14.02.22</b>	3060.00					35.00
<b>08.03.22</b>	1075.00					35.00
<b>13.04.22</b>	4325.00					35.00
<b>08.06.22</b>	3925.00					35.00
<b>22.06.22</b>	1300.00					
<b>20.07.22</b>	3200.00					
<b>01.08.22</b>	3970.00					35.00
<b>11.10.22</b>	4100.00					35.00
	26355.00	0.00		0.00		245.00





**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
AYRIES TRUST

**On accounts for the year  
ended**

31 OCTOBER 2022      **Charity no  
(if any)**      1122947

**Set out on pages**

1 (one) (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 10 / 2022.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

*Roger Pask*

**Date:**

22/08/2023

**Name:**

Roger Pask

**Relevant professional  
qualification(s) or body  
(if any):**

Company Director (retired)

**Address:**

36 Wesley Avenue  
Alsager  
Cheshire ST7 2NG