

Charity registration number 1122735

Company registration number 06402655 (England and Wales)

TEAMS & BENSHAM COMMUNITY CARE

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

TEAMS & BENSHAM COMMUNITY CARE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Rev B Howell	
	Dr M Sherratt	
	Mrs Eileen McMaster	(Appointed 26 June 2023)
	Mrs A Chirnside	(Appointed 26 June 2023)
Charity number	1122735	
Company number	06402655	
Registered office	Holy Rosary Parish House Northumberland Street Teams Gateshead Tyne & Wear NE8 2PQ	
Independent examiner	Stephen Lamb, FCA 12 Bessemer Court Hownsgill Industrial Park Knitsley Lane Consett Co Durham DH8 7BL	

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TÉAMS & BENSHAM COMMUNITY CARE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects are to promote the relief of the aged to provide and assist in facilities for recreation and encourage activities which assist in the promotion of health in the Borough of Gateshead.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

Over the last 12 months we have continued to host three lunch clubs and two men's groups each week at our warm, welcoming, and accessible centre for local older people who experience age related illness, poor health and well-being, bereavement, memory loss, neurodiversity, and/or disability.

The groups aim to combat social isolation by bringing older people together for a freshly cooked, two-course meal and wellbeing-enhancing activities where meaningful and lasting friendships are created. In addition, we offer accessible, door-to-door minibuss transport to and from our groups for anyone who faces challenges in traveling independently. If our beneficiaries cannot attend, we deliver meals to them at home while also checking they are safe and well. We extend our hot meal delivery service to the wider community too, to older people who do not attend our groups but benefit greatly from having a hot meal delivered regularly to them at home.

We also provide opportunities to volunteer as an alternative way to encourage inclusion and to make positive connections, and six of our 7 volunteers is aged over 65.

Our beneficiaries told us about a wide range of positive changes they experience as a result of coming to the groups.

- 83% confirmed they feel more independent, confident and included in the community since coming to the men's groups and/or lunch clubs,
- 58% of participants feel they have improved life skills,
- 50% feel they have improved physical health since attending the centre, and 67% feel they have improved mental health. Around half of attendees confirmed they were seeing their GP less as a result,
- 75% of participants told us they feel their communication skills have improved by regularly connecting with others,
- 92% feel more supported from others,
- 92% of participants also told us they have greater sense of self-esteem, and
- 92% also told us they feel they have more friendships, and more meaningful connections.

In addition to our core activities, we've been able to provide weekly bowling sessions at our men's group and a weekly exercise to music session at our lunch club with Active Families North East CIC throughout the year.

TÉAMS & BENSHAM COMMUNITY CARE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

For much of the year, we were able to provide our hot meals at our lunch clubs and men's groups at a significantly subsidised price thanks to donation from a grant making foundation (who wish to remain anonymous) of £10,000.

With the planned demolition of Redheugh and Eslington Court, we continue with our aim of moving into the Holy Rosary Parish House chapel. We have continued to receive support from Gateshead Council, the Holy Rosary parishioners, and the Diocese of Hexham and Newcastle. In late 2023/24 we had all of the pre-application surveys, permissions, drawings and costings in place to be able to begin the process of applying for capital funding.

During 2023/24 there been many funders and organisations who have given us their support. We would like to say a heartfelt thank you to:-

- Gateshead Council
- Global's Make Some Noise
- Diocese of Hexham and Newcastle
- The National Lottery Community Fund
- Community Foundation Tyne and Wear and Northumberland
- Trusthouse Charitable Foundation
- VCSE Community Mental Health Grant Fund
- The Joicey Trust
- McCarthy Stone Foundation
- Barchester Charitable Foundation
- Asda Foundation

Financial review

The financial statements show a excess of expenditure over income/surplus of £23,145 (2023: £2,207) on unrestricted funding. Monies received in 2023/24 for restricted activities was spent during the year. Work continues applying for grant income while building up trading activities. Cash at the bank was £94,256 (2023: £116,252).

Reserves policy

The trustees consider that the ideal level of reserves as at 31 March 2024 would be £75,000. At this level of unrestricted reserves the charity could maintain operation for six months.

Current unrestricted reserves amount to £65,837 (2023: £88,982). The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months. Grant applications are being submitted and everyone is optimistic for their success in gaining funding.

Major risks

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

TÉAMS & BENSAM COMMUNITY CARE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Rev B Howell

Dr M Sherratt

Mr G Hall

(Resigned 4 October 2023)

M Scott

(Resigned 4 October 2023)

Mrs B Gill

(Resigned 4 October 2023)

Mrs Eileen McMaster

(Appointed 26 June 2023)

Mrs A Chirnside

(Appointed 26 June 2023)

Recruitment and appointment of trustees

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

Organisational structure

The charity has a management committee of up to 10 members who meet monthly.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

The trustees' report was approved by the Board of Trustees.



Rev B Howell

Trustee

19 November 2024

TEAMS & BENSHAM COMMUNITY CARE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEAMS & BENSHAM COMMUNITY CARE

I report to the trustees on my examination of the financial statements of Teams & Bensham Community Care (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stephen Lamb, FCA

12 Bessemer Court
Hownsgill Industrial Park
Knitsley Lane
Consett
Co Durham
DH8 7BL

Dated: 20 November 2024

TÉAMS & BENSHAM COMMUNITY CARE

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income and endowments from:							
Donations and legacies	2	33,172	91,755	124,927	37,500	75,890	113,390
Charitable activities	3	46,205	-	46,205	38,822	-	38,822
Investments	4	292	-	292	52	-	52
Other income	5	5,000	-	5,000	4,107	-	4,107
Total income		84,669	91,755	176,424	80,481	75,890	156,371
Expenditure on:							
Raising funds	6	12,994	-	12,994	9,529	-	9,529
Charitable activities	7	94,820	92,400	187,220	68,745	72,390	141,135
Total expenditure		107,814	92,400	200,214	78,274	72,390	150,664
Net income/(expenditure)		(23,145)	(645)	(23,790)	2,207	3,500	5,707
Transfers between funds							
		-	-	-	3,000	(3,000)	-
Net movement in funds		(23,145)	(645)	(23,790)	5,207	500	5,707
Reconciliation of funds:							
Fund balances at 1 April 2023		88,982	3,500	92,482	83,775	3,000	86,775
Fund balances at 31 March 2024		65,837	2,855	68,692	88,982	3,500	92,482

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TEAMS & BENSHAM COMMUNITY CARE**BALANCE SHEET****AS AT 31 MARCH 2024**

	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	11	1,186		1,159	
Cash at bank and in hand		94,256		116,252	
		<u>95,442</u>		<u>117,411</u>	
Creditors: amounts falling due within one year	12	(26,750)		(24,929)	
Net current assets			68,692		92,482
Net assets excluding pension liability			68,692		92,482
			<u>68,692</u>		<u>92,482</u>
The funds of the charity					
Restricted income funds			2,855		3,500
Unrestricted funds			65,837		88,982
			<u>68,692</u>		<u>92,482</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 19 November 2024

Brian Howell

Rev B Howell
Trustee

Company registration number 06402655 (England and Wales)

1 Accounting policies

Charity information

Teams & Bensham Community Care is a private company limited by guarantee incorporated in England and Wales. The registered office is Holy Rosary Parish House, Northumberland Street, Teams, Gateshead, Tyne & Wear, NE8 2PQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

TEAMS & BENSHAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Grants	33,172	91,755	124,927	37,500	75,890	113,390
Grants receivable for core activities						
Teamwork Development Trust	14,500	-	14,500	-	-	-
Inman Charity	-	-	-	-	2,500	2,500
Community Foundation	18,272	-	18,272	27,500	-	27,500
Trusthouse Charitable Foundation	-	10,000	10,000	-	-	-
Gateshead MBC - SLA	-	45,315	45,315	-	45,315	45,315
Global's Make Some Noise	-	17,800	17,800	-	17,837	17,837
Connected Voice	-	-	-	-	3,920	3,920
VCSE Community Mental Health Grant	-	5,500	5,500	-	5,500	5,500
TNL Community Fund	-	-	-	10,000	-	10,000
Other Grants	400	13,140	13,540	-	818	818
	33,172	91,755	124,927	37,500	75,890	113,390

TEAMS & BENSHAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

2 Donations and legacies

(Continued)

Include in other restricted grants in the above table are;

- £1,000 received from The Joicey Trust
- £1,200 received from Barchester Charitable Foundation

3 Income from charitable activities

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Catering income	39,123	32,103
Bus Escort	7,082	6,719
	<u>46,205</u>	<u>38,822</u>

4 Income from investments

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Interest receivable	292	52
	<u>292</u>	<u>52</u>

5 Other income

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Employment allowance	5,000	4,107
	<u>5,000</u>	<u>4,107</u>

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Trading costs		
Catering stock purchases	12,994	9,529

7 Expenditure on charitable activities

	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Direct costs						
Staff costs		117,368	117,368		100,089	100,089
Direct costs	17,443		17,443	3,539		3,539
Establishment	3,832		3,832	4,993		4,993
Motor and travel	24,668	-	24,668	6,541		6,541
Office costs	860	-	860	1,002		1,002
Telephone	1,300		1,300	752		752
Accountancy	990		990	990		990
Software and IT	1,356		1,356	1,332		1,332
Donations				25	-	25
Repairs and renewals	2,310		2,310	4,026	-	4,026
Bank charges	452		452	390	-	390
Subscriptions	137		137	197	-	197
Insurance	3,988		3,988	2,480		2,480
Training	510	-	510	1,579		1,579
Contributions to Core	12,006	-	12,006	13,200		13,200
	69,852	117,368	187,220	41,046	100,089	141,135
Analysis by fund						
Unrestricted funds	48,537	46,283	94,820	33,326	35,419	68,745
Restricted funds	21,315	71,085	92,400	7,720	64,670	72,390
	69,852	117,368	187,220	41,046	100,089	141,135

The above accountancy charges of £990 (2023: £900) represent the total charges levied by the Independent Examiner.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	9	9
	<u> </u>	<u> </u>
Employment costs	2024	2023
	£	£
Wages and salaries	110,563	95,020
Social security costs	5,547	4,107
Other pension costs	1,258	962
	<u> </u>	<u> </u>
	117,368	100,089
	<u> </u>	<u> </u>

There were no employees whose annual remuneration was £60,000 or more.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	1,186	1,159
	<u> </u>	<u> </u>

12 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	521	173
Other creditors	25,239	23,766
Accruals and deferred income	990	990
	<u>26,750</u>	<u>24,929</u>

13 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Current assets/(liabilities)	65,837	2,855	68,692
	<u>65,837</u>	<u>2,855</u>	<u>68,692</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Current assets/(liabilities)	88,982	3,500	92,482
	<u>88,982</u>	<u>3,500</u>	<u>92,482</u>

14 Related party transactions

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £13,980 (2023: £13,200). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,436 (2023: £2,724).