

Charity Registration No. 1122735

Company Registration No. 06402655 (England and Wales)

TEAMS & BENSHAM COMMUNITY CARE

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TEAMS & BENSAM COMMUNITY CARE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Rev B Howell	
	Dr M Sherratt	
	Mr G Hall	
	Mrs Eileen McMaster	(Appointed 26 June 2023)
	Mrs A Chirnside	(Appointed 26 June 2023)
Charity number	1122735	
Company number	06402655	
Registered office	Holy Rosary Parish House Northumberland Street Teams Gateshead Tyne & Wear NE8 2PQ	
Independent examiner	Stephen Lamb, FCA 12 Bessemer Court Hownsgill Industrial Park Knitsley Lane Consett Co Durham DH8 7BL	

TEAMS & BENSHAM COMMUNITY CARE

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TEAMS & BENSAM COMMUNITY CARE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The objects are to promote the relief of the aged to provide and assist in facilities for recreation and encourage activities which assist in the promotion of health in the Borough of Gateshead.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Over the last 12 months we have continued to build on the positive changes that our attendees experienced as a result of returning to face to face activities following the coronavirus crisis. The team has worked closely with older people, who struggled to recover from the prolonged period of isolation, to attend and connect with others. During the year, the people we support have told us about the lasting impact of the pandemic, and it highlighted that support was still needed to help older people to overcome their anxieties so that they can improve quality of life and wellbeing.

Attendees that join us for lunch and activities tell us they are experiencing improved happiness and positivity and that they are gaining new skills, friendships and confidence. Attendees have told us about feeling better in regards to their physical health, and their mental health too in terms of feeling more relaxed and less anxious or unhappy. Our team notice people's communication skills improving, and we have seen more people than ever are motivated to take part in activities. It is really encouraging to see people's confidence in their abilities grow, both creatively, and when joining in with exercise.

Our men's groups and lunch clubs are now running at their full capacity, and we've been able to source additional funding from Global's Make Some Noise, The Inman Charity and the VCSE Community Mental Health Fund to deliver lots of creative, musical and exercise-based activities to improve people's overall wellbeing.

We delivered hot meals during the previous year when our face to face activities were on hold, and due the need and impact of this service, it is now a permanent offer to local older people in our area.

As we continue to grow our attendee numbers after the impact of the coronavirus crisis, we are also in the process of moving our day centre to a new location. With the planned demolition of Redheugh and Eslington Court, we are in the early stages of moving into the Holy Rosary Parish House chapel. To date we have consulted with the diocese, sought permission from the head of Property Services within the Catholic church, drawn up our plans of renovation with an architect, and received a positive outcome from our pre-application to the planning department. We have met with Gateshead Council about the move, and they have offered lots of reassurance that the charity will be supported during the process.

TEAMS & BENSAM COMMUNITY CARE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

During 2022/23 there been many funders and organisations who have given us their time, assistance, reassurance and understanding. We would like to say a heartfelt thank you to:-

- Gateshead Council
- The National Lottery Community Fund
- Community Foundation Tyne and Wear and Northumberland
- Global's Make Some Noise
- Asda Gateshead
- Connected Voice
- NHS North East and North Cumbria

Financial review

The financial statements show a surplus of £5,207 (2022: £12,375) on unrestricted funding. Monies received in 2021/22 for restricted activities was spent during the year. Work continues applying for grant income while building up trading activities. Cash at the bank was £116,252 (2022: £110,415).

The trustees consider that the ideal level of reserves as at 31 March 2023 would be £75,000. At this level of unrestricted reserves the charity could maintain operation for six months.

Current unrestricted reserves after adjusting for fixed assets amount to £88,982 (2022: £83,775). The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months. Grant applications are being submitted and everyone is optimistic for their success in gaining funding.

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Rev B Howell

Dr M Sherratt

Mr G Hall

M Scott

(Resigned 4 October 2023)

Mrs B Gill

(Resigned 4 October 2023)

Mrs Eileen McMaster

(Appointed 26 June 2023)

Mrs A Chirnside

(Appointed 26 June 2023)

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

TEAMS & BENSHAM COMMUNITY CARE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

The charity has a management committee of up to 10 members who meet monthly.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

The trustees' report was approved by the Board of Trustees.

Rev B Howell

Trustee

Dated: 21 November 2023

TEAMS & BENSAM COMMUNITY CARE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEAMS & BENSAM COMMUNITY CARE

I report to the trustees on my examination of the financial statements of Teams & Bensham Community Care (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stephen Lamb, FCA

12 Bessemer Court
Hownsgill Industrial Park
Knitsley Lane
Consett
Co Durham
DH8 7BL

Dated: 21 November 2023

TEAMS & BENSHAM COMMUNITY CARE

**STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income and endowments from:							
Donations and legacies	2	37,500	75,890	113,390	7,000	68,917	75,917
Charitable activities	3	38,822	-	38,822	26,940	-	26,940
Investments	4	52	-	52	2	-	2
Other income	5	4,107	-	4,107	20,959	-	20,959
Total income		80,481	75,890	156,371	54,901	68,917	123,818
Expenditure on:							
Raising funds	6	9,529	-	9,529	8,433	-	8,433
Charitable activities	7	68,745	72,390	141,135	34,093	89,465	123,558
Total resources expended		78,274	72,390	150,664	42,526	89,465	131,991
Net incoming/(outgoing) resources before transfers		2,207	3,500	5,707	12,375	(20,548)	(8,173)
Gross transfers between funds		3,000	(3,000)	-	-	-	-
Net income/(expenditure) for the year/ Net movement in funds		5,207	500	5,707	12,375	(20,548)	(8,173)
Fund balances at 1 April 2022		83,775	3,000	86,775	71,400	23,548	94,948
Fund balances at 31 March 2023		88,982	3,500	92,482	83,775	3,000	86,775

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEAMS & BENSHAM COMMUNITY CARE**BALANCE SHEET****AS AT 31 MARCH 2023**

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	10	1,159		1,088	
Cash at bank and in hand		116,252		110,415	
		<u>117,411</u>		<u>111,503</u>	
Creditors: amounts falling due within one year	11	(24,929)		(24,728)	
Net current assets			92,482		86,775
Income funds					
Restricted funds			3,500		3,000
Unrestricted funds			88,982		83,775
			<u>92,482</u>		<u>86,775</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 21 November 2023

Rev B Howell
Trustee

Company Registration No. 06402655

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Teams & Bensham Community Care is a private company limited by guarantee incorporated in England and Wales. The registered office is Holy Rosary Parish House, Northumberland Street, Teams, Gateshead, Tyne & Wear, NE8 2PQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Donations and gifts	-	-	-	1,000	-	1,000
Grants	37,500	75,890	113,390	6,000	68,917	74,917
	<u>37,500</u>	<u>75,890</u>	<u>113,390</u>	<u>7,000</u>	<u>68,917</u>	<u>75,917</u>
Grants receivable for core activities						
Edward Gosling Foundation	-	-	-	5,000	-	5,000
Inman Charity	-	2,500	2,500	-	-	-
Community Foundation	27,500	-	27,500	-	12,500	12,500
Gateshead MBC - SLA	-	45,315	45,315	-	45,315	45,315
Global's Make Some Noise	-	17,837	17,837	-	-	-
Connected Voice	-	3,920	3,920	-	-	-
NHS Mental Health	-	5,500	5,500	-	-	-
TNL Community Fund	10,000	-	10,000	-	10,000	10,000
Other grants	-	818	818	1,000	1,102	2,102
	<u>37,500</u>	<u>75,890</u>	<u>113,390</u>	<u>6,000</u>	<u>68,917</u>	<u>74,917</u>

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	Lunch club 2023 £	Lunch club 2022 £
Catering income	32,103	23,567
Bus Escort	6,719	3,373
	<u>38,822</u>	<u>26,940</u>

4 Investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Interest receivable	<u>52</u>	<u>2</u>

5 Other income

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Job Retention Scheme Grants	-	14,484
GMBC - Covid suport	-	3,294
Employment allowance	4,107	3,181
	<u>4,107</u>	<u>20,959</u>

6 Raising funds

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
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TEAMS & BENSHAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6	Raising funds		(Continued)
	<u>Trading costs</u>		
	Catering stock purchases	9,529	8,433
		<u> </u>	<u> </u>
		9,529	8,433
		<u> </u>	<u> </u>

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Operating People costs		Total	Operating People costs		Total
	Costs		2023	Costs		2022
	2023	2023		2022	2022	
	£	£	£	£	£	£
Staff costs	-	100,089	100,089	-	92,146	92,146
Direct costs	3,539	-	3,539	2,005	-	2,005
Establishment	4,993	-	4,993	2,253	-	2,253
Motor and travel	6,541	-	6,541	5,029	-	5,029
Office costs	1,002	-	1,002	1,014	-	1,014
Telephone	752	-	752	605	-	605
Accountancy	990	-	990	900	-	900
Software and IT	1,332	-	1,332	1,560	-	1,560
Donations	25	-	25	-	-	-
Repairs and renewals	4,026	-	4,026	1,465	-	1,465
Bank charges	390	-	390	349	-	349
Depreciation and loss on disposal	-	-	-	1,248	-	1,248
Subscriptions	197	-	197	136	-	136
Insurance	2,480	-	2,480	2,224	-	2,224
Training	1,579	-	1,579	-	-	-
Contributions to Core	13,200	-	13,200	12,624	-	12,624
	41,046	100,089	141,135	31,412	92,146	123,558
	41,046	100,089	141,135	31,412	92,146	123,558
Analysis by fund						
Unrestricted funds	33,326	35,419	68,745	29,407	4,686	34,093
Restricted funds	7,720	64,670	72,390	2,005	87,460	89,465
	41,046	100,089	141,135	31,412	92,146	123,558

The above accountancy charges of £990 (2022: £900) represent the total charges levied by the Independent Examiner.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

9 Employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
	9	7
	<u> </u>	<u> </u>

Employment costs	2023	2022
	£	£
Wages and salaries	95,020	88,334
Social security costs	4,107	3,181
Other pension costs	962	631
	<u> </u>	<u> </u>
	100,089	92,146
	<u> </u>	<u> </u>

There were no employees whose annual remuneration was £60,000 or more.

10 Debtors

	2023	2022
Amounts falling due within one year:	£	£
Prepayments and accrued income	1,159	1,088
	<u> </u>	<u> </u>

11 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	173	62
Other creditors	23,766	23,766
Accruals and deferred income	990	900
	<u> </u>	<u> </u>
	24,929	24,728
	<u> </u>	<u> </u>

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

12 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Current assets/(liabilities)	88,982	3,500	92,482	83,775	3,000	86,775
	<u>88,982</u>	<u>3,500</u>	<u>92,482</u>	<u>83,775</u>	<u>3,000</u>	<u>86,775</u>

13 Related party transactions

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £13,200 (2022: £12,624). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,724 (2022: £2,952).

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