

# TEAMS AND BENSHAM COMMUNITY CARE

England & Wales · Charity number 1122735

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [06402655](#)

**Registered** 2008-02-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Holy Rosary Parish House  
Northumberland Street  
Teams  
Gateshead  
TYNE & WEAR  
NE8 2PQ

**Phone** 01914900945

**Email** [bernie@teamwork-dt.co.uk](mailto:bernie@teamwork-dt.co.uk)

**Website** <http://tbcommunitycare.wix.com/gateshead>

## Activities

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**Objects:** TO PROMOTE THE RELIEF OF THE AGED AND THE PHYSICALLY DISABLED IN THE BOROUGH OF GATESHEAD IN THE COUNTY OF TYNE & WEAR IN ANY MANNER DEEMED BY LAW TO BE CHARITABLE<sup>2</sup> TO PROVIDE OR ASSIST IN THE FACILITIES FOR RECREATION OR OTHER LEISURE-TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE FOR THOSE PERSONS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR AGE, INFIRMITY OR DISABLEMENT, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH THE OBJECTS OF IMPROVING THEIR CONDITIONS OF LIFE; AND<sup>3</sup> TO PROVIDE ACTIVITIES WHICH ASSIST IN THE PROMOTION OF HEALTH

**Activities:** We provide a range of community services to elderly and disabled residents in the Borough of Gateshead, e.g. day clubs, exercise, social activities, arts & crafts

## Classification

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- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- **Area of benefit:** GATESHEAD
- Gateshead

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£294,290	£233,225	-	-
2024-03-31	£176,424	£200,214	-	-
2023-03-31	£156,371	£150,664	-	-
2022-03-31	£123,818	£131,991	-	-
2021-03-31	£161,945	£125,830	-	-

## Trustees

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Name	Role	Appointed
ANGELA CHIRNSIDE		2023-06-26
DOCTOR MARGARET SHERRATT		
EILEEN MCMASTER		2023-06-26
REVEREND BRIAN HOWELL		

**TEAMS AND BENSAM COMMUNITY CARE**

England & Wales - Charity number 1122735

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# Accounts

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**TEAMS & BENSAM COMMUNITY CARE**  
**REPORT AND FINANCIAL STATEMENTS**  
**YEAR ENDED 31 MARCH 2025**

**Charity No 1122735**

**Company registration number 06402655 (England and Wales)**

## TEAMS & BENSAM COMMUNITY CARE

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**TEAMS & BENSAM COMMUNITY CARE**  
**Legal and administrative information**  
**Year ended 31 March 2025**

**1**

<b>Board of Trustees</b>	Rev B Howell Dr M Sherratt E McMaster A Chirnside
<b>Charity Number</b>	1122735
<b>Company Number</b>	06402655
<b>Registered Office</b>	Holy Rosary Parish House Northumberland Street Teams Gateshead Tyne & Wear NE8 2PQ
<b>Independent Examiner</b>	TIG Accountants Metropolitan House Longrigg Road Swalwell Gateshead NE16 3AS

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The trustees present their annual report and financial statements for the year ended 31 March 2025

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### **Objectives and activities**

At Teams and Bensham Community Care, our aim is to ensure people aged 65 and over have a welcoming, inclusive space to come together to enjoy a hot meal and access a wide range of enjoyable and beneficial activities.

For three and a half decades of hosting our lunch clubs and men's groups, we've seen firsthand how vital it is to stay active, connected and supported. This is especially important in a borough like Gateshead. Our local area has a lack of local services and amenities. Older people are affected uniquely by health and economic inequalities, with solutions available to younger people being harder to access in later life, due to factors such as digital exclusion and fewer opportunities to increase income.

People attend our groups for many different reasons. They may be experiencing loneliness and isolation, anxiety and/or low mood, bereavement, memory loss, disability, poor mobility, or carers might need respite for example.

Offering accessible services that are easy to attend and financially inclusive can help older people to stay independent and living in the communities and homes where they feel happiest.

Since the Covid pandemic, people are attending our lunch club and men's groups more frequently, with more people than ever attending three times per week. With transport from home and back again in the surrounding area, accessing our groups is easy and comfortable, and we have continued to deliver our hot, two-course meals to people at home.

Thanks to funding from the NHS, Gateshead Council, Sport England, Bentley, Skipton Building Society, Costco and the Souter Charitable Trust we have been able to deliver a wide range of activities at our lunch clubs and men's groups.

- Trips out
  - General knowledge, music and memory quizzes
  - Travelling pantomime
  - Indoor sports
  - Steady on your Feet courses
-

- Board and card games
- A wide range of arts and crafts activities
- Celebration days with live entertainment
- Seasonal creative activities
- Visits from speakers/special interest organisations
- Digital inclusion sessions

**Our statistics for the year**

- 76 people attended our centre 1 to 3 times each week
- We hosted
  - 149 lunch clubs
  - 99 men's groups
- Over 1,000 activities were delivered
- 3,442 hot meals were served at the centre
- 1,561 hot meals were delivered in the community
- 5 volunteers contributed 1416 hours during the year

**Our Impact**

100% of beneficiaries who took part in our social impact surveys tell us they feel more included, and therefore happier in themselves. They enjoy seeing our staff, benefit from the support available, and look forward to attending the centre. This change encourages positive thinking and behaviour, which is an essential part of good health for older people.

Attendees disclose having increased confidence (70%), self-esteem (70%) and positivity, and for many, this leads to further motivation to engage.

70% experience an improvement to their social life and feel a benefit from taking part in activities and conversation. 80% feel an improvement to their communication skills as a result. We inspire positive well-being by encouraging people to pursue meaningful activities and we improve access and opportunities for them to do so. Impacts within this are extensive.

Evidence suggests that we have been key in creating a sense of community for many people and 90% tell us they feel more supported and better able to cope with situations. 60% feel more independent.

90% disclose feeling improved mental health, and 90% experience better physical health, with around half telling us they see their GP less as a result.

For most beneficiaries, social engagement and interaction is one of the most important and valuable aspects of the service and leads to significant improvements in well-being.

Beneficiaries tell us that the transport we provide enables them to attend activities and, without it, they wouldn't leave the house, sometimes for weeks.

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The gentlemen who attend our men's groups tell us the groups feel like a lifeline during bereavement. The group has given them something to look forward to. They also felt that the social support of other men who have similar experiences is invaluable.

Our work provides indirect support to carers/loved ones too, who are reassured knowing the people they care for are in a safe, inclusive environment while taking much needed respite.

#### **Comments from Beneficiaries**

*"Everybody is really friendly, I have made some good friends."*

*"It's lovely to wake up on a Monday and know that I'm coming here. The food and volunteers are amazing."*

*"I live on my own. I feel happier coming here, the company helps me. Friendships make me feel better."*

*"You help me with everything. Not just staff, but also the volunteers and the attendees."*

*"I come here three times a week. I love it. It's relaxing and good company. I love the crafts and different things."*

*"I have only been attending for four weeks. I really enjoy it. The staff are lovely."*

*"I get all the support I need here. I have been coming to the centre for 10 years. Having an ear to listen, making friends, it's important to me."*

*"I stayed at home for five years before coming here. This service has changed my life. My mental health has improved, I'm more confident. I've made friends. I felt accepted in the group straight away."*

#### **Volunteering**

We simply couldn't make the impact we do without the support of our dedicated volunteers. They not only provide practical support, they also bring joy and companionship to the people who attend our groups.

We have 5 volunteers who contribute their time, skills and positivity every week. They collectively volunteer for 29.5 hours per week. The social capital achieved by our volunteers had a value of £16,199 during the year.

We are delighted that our volunteers gain so much from spending time at our charity too. Our current volunteers, like our attendees, feel a sense of purpose, make positive connections and create strong support networks while at our centre.

*"I have been volunteering for a long time. I thoroughly enjoy it. It is the best thing I have ever done coming here." (Volunteer)*

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**Report of the Trustees****Year ended 31 March 2025**

We're also especially grateful to our local Asda Community Champion, Donna, who gave her time regularly throughout the year, and donated items from Asda to help our charity. It means so much to us have her support, made possible by our local Asda store.

**To every volunteer who has helped us this year we'd like to say a huge thank you. You've made a real difference.**

**Future Plans**

This year, we have embarked on a fundraising campaign to secure a new venue for our charity. With the planned demolition of the Bolam Street communal lounge and nearby flats, we will be relocating to the Holy Rosary Parish House in 2026. Securing this new home for our activities will be an exciting chapter for the charity, and we know from past experience of moving into a new venue, the warm, welcoming atmosphere will come with us. We'd like to say thank you to everyone supporting our move.

We would like to give a special thank you to architect, David Noble, whose generosity, expertise, and steady support have made a big impact on our charity's ability to progress with our move to the Holy Rosary Parish House. David has spent a considerable amount of time designing our plans and to coordinate everything we need to be able to engage a contractor. We are really excited to see the plans come to life in 2025/26 and very grateful for David's time, patience and unwavering commitment to our local community.

The fundraising landscape in the short and medium term for our running costs is going to be challenging, but we are confident that the support, impact and need for our services will help secure our future.

**Thank You to Our supporters**

- Gateshead Council
  - NHS
  - Community Foundation
  - Skipton Charitable Foundation
  - Garfield Weston Foundation
  - Costco
  - Souter Charitable Trust
  - Bentley
  - Sport England
  - Global's Make Some Noise
  - McCarthy Stone Foundation
  - Sir James Knott Trust
  - Hadrian Trust
  - Barbour Foundation
  - Places for People
  - The National Lottery Community Fund
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**Financial review, reserves policy and going concern**

The financial statements show a surplus of £56,065. Restricted surplus was £29,201. Funds carried over from the previous accounting period was spent during the year.

Restricted funding is the main type of income and expenditure. Monies are received for running costs of the office and salaries.

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to at least six months of charitable expenditure. The trustees consider that this level will provide sufficiently for any contingency planning should the need arise.

The trustees consider the charity is currently in a financially stable position and have no concerns about the charity's continuing existence and success.

**Structure, governance, and management**

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

- Rev B Howell
- Dr M Sherratt
- Mrs E McMaster
- Mrs A Chirnside

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

The charity has a management committee of up to 10 members who meet monthly.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

Signed on behalf of the management committee, on 7 November 2025.



Rev B Howell  
Trustee

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**Report of the Independent Examiner to the trustees of Teams & Bensham Community Care**

I report on the financial statements of Teams & Bensham Community Care for the year ended 31 March 2025 which are set out on pages 8 to 14.

**Respective responsibility of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 145 of the 2011 Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act), and
- state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**J Hart FCCA**  
Metropolitan House  
Longrigg Road  
Swalwell  
Gateshead  
NE16 3AS

Date: 7 November 2025

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**TEAMS & BENSHAM COMMUNITY CARE**  
**Statement of Financial Activities**  
**Year ended 31 March 2025**

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	Notes	Unrestricted	Restricted	Total 2025	Total 2024
		£	£	£	£
<b>Income</b>					
Donations and legacies	2	39,685	201,572	241,257	124,927
Charitable activities		47,920	-	47,920	46,205
Investments	3	113	-	113	292
Other Income		5,000	-	5,000	5,000
<b>Total income</b>		<b>92,718</b>	<b>201,572</b>	<b>294,290</b>	<b>176,424</b>
<b>Expenditure</b>					
Raising funds		11,737	-	11,737	12,994
Charitable activities	4	54,117	172,371	226,488	187,220
<b>Total expenditure</b>		<b>65,854</b>	<b>172,371</b>	<b>233,225</b>	<b>200,214</b>
<b>Net income</b>		<b>26,864</b>	<b>29,201</b>	<b>56,065</b>	<b>(23,790)</b>
Transfers		-	-	-	-
<b>Net movement in funds</b>		<b>26,864</b>	<b>29,201</b>	<b>56,065</b>	<b>(23,790)</b>
Total funds brought forward		65,837	2,855	68,692	92,482
<b>Total funds carried forward</b>		<b>92,701</b>	<b>32,056</b>	<b>124,757</b>	<b>68,692</b>

**TEAMS & BENSAM COMMUNITY CARE**  
**Balance Sheet as at 31 March 2025**

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	Notes	2025		2024	
		£	£	£	£
<b>Current assets</b>					
Debtors	9	1,209		1,186	
Cash at bank and in hand		<u>159,048</u>		<u>94,256</u>	
		160,257		95,442	
<b>Creditors – amount due within one year</b>					
	10	<u>35,500</u>		<u>26,750</u>	
Net current assets			<u>124,757</u>		<u>68,692</u>
<b>Net assets</b>			<u>124,757</u>		<u>68,692</u>
<b>Funds of the charity</b>					
Restricted income funds	11		32,056		2,855
Unrestricted funds			<u>92,701</u>		<u>65,837</u>
			<u>124,757</u>		<u>68,692</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 7 November 2025 and signed on the trustees behalf by:

*Brian Howell*

Rev B Howell  
Trustee

**1 Basis of preparation of financial statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

**Basis of accounting**

The charity has adopted the accruals basis of accounting as required by the regulations.

**Income**

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

**Expenditure**

Costs are recognised as and when there becomes a legal or constructive obligation committing the charity to pay out the resources.

**Funds accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the funder, donor or through the terms of an appeal.

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<b>2</b>	<b>Grants</b>		
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	<b>Unrestricted</b>		
	Teamwork Development Trust	19,585	14,500
	Community foundation	-	18,272
	Barbour Foundations	20,000	-
	Other Grants	100	400
		<u>39,685</u>	<u>33,172</u>
	<b>Total unrestricted grants</b>		
	<b>Restricted</b>		
	The National Lottery Community Fund (Awards for All Programme)	20,000	-
	Trusthouse Charitable Foundation	-	10,000
	Gateshead MBC - SLA	45,315	45,315
	Global's Make Some Noise	10,000	17,800
	VCSE Community Mental Health Grant	-	5,500
	Sports England	4,320	-
	McCarthy Stone Foundation	7,000	-
	Garfield Weston Foundation	10,000	-
	Truemark Trust	7,000	-
	Benefact Trust	48,000	-
	Beatrice Laing Trust	3,000	-
	Coop Local Community Fund	500	-
	United Way Uk	1,500	-
	Hadrian Trust	1,000	-
	Skipton Charitable Foundation	937	-
	Sir James Knott Trust	5,000	-
	Souter Charitable Trust	1,500	-
	Kellet Fund	25,000	-
	Gateshead Parochial Charity	1,000	-
	Gateshead Council – Community Chest	10,000	-
	Other Grants	500	13,140
		<u>201,572</u>	<u>91,755</u>
	<b>Total restricted grants</b>		
	<b>Total grants</b>	<u>241,257</u>	<u>124,927</u>
<b>3</b>	<b>Income from Investments</b>		
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Interest receivable	113	292
		<u>113</u>	<u>292</u>

**4 Expenditure**

	Unrestricted	Restricted	2025	2024
	£	£	£	£
<b>Charitable activities</b>				
Staff costs	24,628	130,315	154,943	117,368
Direct costs	3,439	14,017	17,456	17,443
Establishment	-	-	-	3,832
Motor and travel	5,589	-	5,589	24,668
Office costs	2,608	-	2,608	860
Telephone	1,365	-	1,365	1,300
Accountancy	790	-	790	990
Software and IT	2,490	-	2,490	1,356
Donations	-	-	-	-
Repairs and renewals	-	22,799	22,799	2,310
Bank charges	458	-	458	452
Subscriptions	44	-	44	137
Insurance	2,626	-	2,626	3,988
Training	240	-	240	510
Sundry	1,100	-	1,100	-
Management fee and Core Contribution	8,740	5,240	13,980	12,006
	<u>54,117</u>	<u>172,371</u>	<u>226,488</u>	<u>187,220</u>

**5 Trustees expenses**

Expenses paid to trustees during the year: £Nil (2024: £Nil)

**6 Fees for examination of the accounts**

	2025	2024
	£	£
Fee for reporting on the accounts	<u>990</u>	<u>990</u>

**7 Wages**

	2025	2024
	£	£
Gross wages	143,765	110,563
Social security cost	9,022	5,547
Pensions	<u>2,156</u>	<u>1,248</u>
Total staff costs	<u>154,943</u>	<u>117,368</u>

**8 Staff numbers**

Staff numbers during the year were as follows

	Part time	Full time	Total
Management and administration	<u>-</u>	<u>9</u>	<u>9</u>

**9 Debtors**

	2025 £	2024 £
Prepayments and accrued income	<u>1,209</u>	<u>1,186</u>

**10 Creditors – amount falling due within one year**

	2025 £	2024 £
Creditors	6,867	521
Other creditors	27,645	25,239
Accruals and deferred income	<u>990</u>	<u>990</u>
	<u>35,501</u>	<u>26,750</u>

**11 Net movement on funds**

	As at 1 April 2024	Income	Expenditure	Transfer	As at 31 March 2025
	£	£	£	£	£
<b>Unrestricted</b>					
General	65,837	92,718	65,854	-	92,701
<b>Restricted</b>					
Other Funds	<u>2,855</u>	<u>201,572</u>	<u>172,371</u>	<u>-</u>	<u>32,056</u>
	<u>68,692</u>	<u>294,290</u>	<u>238,225</u>	<u>-</u>	<u>124,757</u>

**12 Related party transactions**

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £11,436 (2024: £12,006). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,544 (2024: £2,436).

**TEAMS AND BENSAM COMMUNITY CARE**

England & Wales - Charity number 1122735

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# Accounts

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**Charity registration number 1122735**

**Company registration number 06402655 (England and Wales)**

**TEAMS & BENSHAM COMMUNITY CARE**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

## TEAMS & BENSAM COMMUNITY CARE

### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Rev B Howell Dr M Sherratt Mrs Eileen McMaster Mrs A Chirnside	(Appointed 26 June 2023) (Appointed 26 June 2023)
<b>Charity number</b>	1122735	
<b>Company number</b>	06402655	
<b>Registered office</b>	Holy Rosary Parish House Northumberland Street Teams Gateshead Tyne & Wear NE8 2PQ	
<b>Independent examiner</b>	Stephen Lamb, FCA 12 Bessemer Court Howngill Industrial Park Knitsley Lane Consett Co Durham DH8 7BL	

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## **TÈAMS & BENSHAM COMMUNITY CARE**

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**TÉAMS & BENSAM COMMUNITY CARE**

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

***FOR THE YEAR ENDED 31 MARCH 2024***

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The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

**Objectives and activities**

The objects are to promote the relief of the aged to provide and assist in facilities for recreation and encourage activities which assist in the promotion of health in the Borough of Gateshead.

***Public benefit***

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

## **TÉAMS & BENSAM COMMUNITY CARE**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

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#### **Achievements and performance**

##### *Significant activities and achievements against objectives*

Over the last 12 months we have continued to host three lunch clubs and two men's groups each week at our warm, welcoming, and accessible centre for local older people who experience age related illness, poor health and well-being, bereavement, memory loss, neurodiversity, and/or disability.

The groups aim to combat social isolation by bringing older people together for a freshly cooked, two-course meal and wellbeing-enhancing activities where meaningful and lasting friendships are created. In addition, we offer accessible, door-to-door minibus transport to and from our groups for anyone who faces challenges in traveling independently. If our beneficiaries cannot attend, we deliver meals to them at home while also checking they are safe and well. We extend our hot meal delivery service to the wider community too, to older people who do not attend our groups but benefit greatly from having a hot meal delivered regularly to them at home.

We also provide opportunities to volunteer as an alternative way to encourage inclusion and to make positive connections, and six of our 7 volunteers is aged over 65.

Our beneficiaries told us about a wide range of positive changes they experience as a result of coming to the groups.

- 83% confirmed they feel more independent, confident and included in the community since coming to the men's groups and/or lunch clubs,
- 58% of participants feel they have improved life skills,
- 50% feel they have improved physical health since attending the centre, and 67% feel they have improved mental health. Around half of attendees confirmed they were seeing their GP less as a result,
- 75% of participants told us they feel their communication skills have improved by regularly connecting with others,
- 92% feel more supported from others,
- 92% of participants also told us they have greater sense of self-esteem, and
- 92% also told us they feel they have more friendships, and more meaningful connections.

In addition to our core activities, we've been able to provide weekly bowling sessions at our men's group and a weekly exercise to music session at our lunch club with Active Families North East CIC throughout the year.

## **TÉAMS & BENSAM COMMUNITY CARE**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

#### **FOR THE YEAR ENDED 31 MARCH 2024**

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For much of the year, we were able to provide our hot meals at our lunch clubs and men's groups at a significantly subsidised price thanks to donation from a grant making foundation (who wish to remain anonymous) of £10,000.

With the planned demolition of Redheugh and Eslington Court, we continue with our aim of moving into the Holy Rosary Parish House chapel. We have continued to receive support from Gateshead Council, the Holy Rosary parishioners, and the Diocese of Hexham and Newcastle. In late 2023/24 we had all of the pre-application surveys, permissions, drawings and costings in place to be able to begin the process of applying for capital funding.

During 2023/24 there been many funders and organisations who have given us their support. We would like to say a heartfelt thank you to:-

- Gateshead Council
- Global's Make Some Noise
- Diocese of Hexham and Newcastle
- The National Lottery Community Fund
- Community Foundation Tyne and Wear and Northumberland
- Trusthouse Charitable Foundation
- VCSE Community Mental Health Grant Fund
- The Joicey Trust
- McCarthy Stone Foundation
- Barchester Charitable Foundation
- Asda Foundation

#### **Financial review**

The financial statements show a excess of expenditure over income/surplus of £23,145 (2023: £2,207) on unrestricted funding. Monies received in 2023/24 for restricted activities was spent during the year. Work continues applying for grant income while building up trading activities. Cash at the bank was £94,256 (2023: £116,252).

#### *Reserves policy*

The trustees consider that the ideal level of reserves as at 31 March 2024 would be £75,000. At this level of unrestricted reserves the charity could maintain operation for six months.

Current unrestricted reserves amount to £65,837 (2023: £88,982). The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months. Grant applications are being submitted and everyone is optimistic for their success in gaining funding.

#### *Major risks*

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

## TÉAMS & BENSAM COMMUNITY CARE

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

---

#### Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Rev B Howell

Dr M Sherratt

Mr G Hall (Resigned 4 October 2023)

M Scott (Resigned 4 October 2023)

Mrs B Gill (Resigned 4 October 2023)

Mrs Eileen McMaster (Appointed 26 June 2023)

Mrs A Chirnside (Appointed 26 June 2023)

#### Recruitment and appointment of trustees

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

#### Organisational structure

The charity has a management committee of up to 10 members who meet monthly.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

The trustees' report was approved by the Board of Trustees.



Rev B Howell

Trustee

19 November 2024

## **TEAMS & BENSAM COMMUNITY CARE**

### **INDEPENDENT EXAMINER'S REPORT**

#### **TO THE TRUSTEES OF TEAMS & BENSAM COMMUNITY CARE**

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I report to the trustees on my examination of the financial statements of Teams & Bensham Community Care (the charity) for the year ended 31 March 2024.

#### **Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

**Stephen Lamb, FCA**

12 Bessemer Court  
Hownsgill Industrial Park  
Knitsley Lane  
Consett  
Co Durham  
DH8 7BL

Dated: 20 November 2024

**TÉAMS & BENSAM COMMUNITY CARE**

**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 MARCH 2024**

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
<b>Income and endowments from:</b>							
Donations and legacies	2	33,172	91,755	124,927	37,500	75,890	113,390
Charitable activities	3	46,205	-	46,205	38,822	-	38,822
Investments	4	292	-	292	52	-	52
Other income	5	5,000	-	5,000	4,107	-	4,107
<b>Total income</b>		<b>84,669</b>	<b>91,755</b>	<b>176,424</b>	<b>80,481</b>	<b>75,890</b>	<b>156,371</b>
<b>Expenditure on:</b>							
Raising funds	6	12,994	-	12,994	9,529	-	9,529
Charitable activities	7	94,820	92,400	187,220	68,745	72,390	141,135
<b>Total expenditure</b>		<b>107,814</b>	<b>92,400</b>	<b>200,214</b>	<b>78,274</b>	<b>72,390</b>	<b>150,664</b>
<b>Net income/(expenditure)</b>		<b>(23,145)</b>	<b>(645)</b>	<b>(23,790)</b>	<b>2,207</b>	<b>3,500</b>	<b>5,707</b>
Transfers between funds					3,000	(3,000)	-
<b>Net movement in funds</b>		<b>(23,145)</b>	<b>(645)</b>	<b>(23,790)</b>	<b>5,207</b>	<b>500</b>	<b>5,707</b>
<b>Reconciliation of funds:</b>							
Fund balances at 1 April 2023		88,982	3,500	92,482	83,775	3,000	86,775
<b>Fund balances at 31 March 2024</b>		<b>65,837</b>	<b>2,855</b>	<b>68,692</b>	<b>88,982</b>	<b>3,500</b>	<b>92,482</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

**TEAMS & BENSAM COMMUNITY CARE**

**BALANCE SHEET**

**AS AT 31 MARCH 2024**

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		2024		2023	
	Notes	£	£	£	£
<b>Current assets</b>					
Debtors	11	1,186		1,159	
Cash at bank and in hand		94,256		116,252	
		<u>95,442</u>		<u>117,411</u>	
<b>Creditors: amounts falling due within one year</b>	12	<u>(26,750)</u>		<u>(24,929)</u>	
<b>Net current assets</b>			68,692		92,482
<b>Net assets excluding pension liability</b>			<u>68,692</u>		<u>92,482</u>
<b>The funds of the charity</b>					
Restricted income funds			2,855		3,500
Unrestricted funds			65,837		88,982
			<u>68,692</u>		<u>92,482</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 19 November 2024

*Brian Howell*

Rev B Howell  
Trustee

Company registration number 06402655 (England and Wales)

**1 Accounting policies**

**Charity information**

Teams & Bensham Community Care is a private company limited by guarantee incorporated in England and Wales. The registered office is Holy Rosary Parish House, Northumberland Street, Teams, Gateshead, Tyne & Wear, NE8 2PQ.

**1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

**1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

**1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

**1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

**1 Accounting policies**

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

**1.5 Expenditure**

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

**1.6 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.7 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

**TÉAMS & BENSAM COMMUNITY CARE**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

**1 Accounting policies**

**(Continued)**

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**1.8 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**1.9 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

**2 Donations and legacies**

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Grants	33,172	91,755	124,927	37,500	75,890	113,390
<b>Grants receivable for core activities</b>						
Teamwork Development Trust	14,500	-	14,500	-	-	-
Inman Charity	-	-	-	-	2,500	2,500
Community Foundation	18,272	-	18,272	27,500	-	27,500
Trusthouse Charitable Foundation	-	10,000	10,000	-	-	-
Gateshead MBC - SLA	-	45,315	45,315	-	45,315	45,315
Global's Make Some Noise	-	17,800	17,800	-	17,837	17,837
Connected Voice	-	-	-	-	3,920	3,920
VCSE Community Mental Health Grant	-	5,500	5,500	-	5,500	5,500
TNL Community Fund	-	-	-	10,000	-	10,000
Other Grants	400	13,140	13,540	-	818	818
	33,172	91,755	124,927	37,500	75,890	113,390

**TEAMS & BENSAM COMMUNITY CARE**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

**2 Donations and legacies (Continued)**

Include in other restricted grants in the above table are;

- £1,000 received from The Joicey Trust
- £1,200 received from Barchester Charitable Foundation

**3 Income from charitable activities**

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Catering income	39,123	32,103
Bus Escort	7,082	6,719
	<u>46,205</u>	<u>38,822</u>

**4 Income from investments**

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Interest receivable	292	52
	<u>292</u>	<u>52</u>

**5 Other income**

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
Employment allowance	5,000	4,107
	<u>5,000</u>	<u>4,107</u>

**TÉAMS & BENSAM COMMUNITY CARE**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

**6 Expenditure on raising funds**

	<b>Unrestricted funds 2024 £</b>	<b>Unrestricted funds 2023 £</b>
<b>Trading costs</b>		
Catering stock purchases	12,994	9,529

**7 Expenditure on charitable activities**

	<b>2024 £</b>	<b>2024 £</b>	<b>2024 £</b>	<b>2023 £</b>	<b>2023 £</b>	<b>2023 £</b>
<b>Direct costs</b>						
Staff costs		117,368	117,368		100,089	100,089
Direct costs	17,443		17,443	3,539		3,539
Establishment	3,832		3,832	4,993		4,993
Motor and travel	24,668	-	24,668	6,541		6,541
Office costs	860	-	860	1,002		1,002
Telephone	1,300	-	1,300	752		752
Accountancy	990		990	990		990
Software and IT	1,356		1,356	1,332		1,332
Donations				25	-	25
Repairs and renewals	2,310		2,310	4,026	-	4,026
Bank charges	452		452	390	-	390
Subscriptions	137		137	197	-	197
Insurance	3,988		3,988	2,480		2,480
Training	510	-	510	1,579		1,579
Contributions to Core	12,006	-	12,006	13,200		13,200
	<u>69,852</u>	<u>117,368</u>	<u>187,220</u>	<u>41,046</u>	<u>100,089</u>	<u>141,135</u>
<b>Analysis by fund</b>						
Unrestricted funds	48,537	46,283	94,820	33,326	35,419	68,745
Restricted funds	21,315	71,085	92,400	7,720	64,670	72,390
	<u>69,852</u>	<u>117,368</u>	<u>187,220</u>	<u>41,046</u>	<u>100,089</u>	<u>141,135</u>

The above accountancy charges of £990 (2023: £900) represent the total charges levied by the Independent Examiner.

**TÉAMS & BENSAM COMMUNITY CARE**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2024**

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**8 Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

**9 Employees**

The average monthly number of employees during the year was:

	<b>2024</b>	<b>2023</b>
	<b>Number</b>	<b>Number</b>
	9	9
	<u>9</u>	<u>9</u>
<b>Employment costs</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	110,563	95,020
Social security costs	5,547	4,107
Other pension costs	1,258	962
	<u>117,368</u>	<u>100,089</u>
	<u>117,368</u>	<u>100,089</u>

There were no employees whose annual remuneration was £60,000 or more.

**10 Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

**11 Debtors**

	<b>2024</b>	<b>2023</b>
<b>Amounts falling due within one year:</b>	<b>£</b>	<b>£</b>
Prepayments and accrued income	1,186	1,159
	<u>1,186</u>	<u>1,159</u>

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

12 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	521	173
Other creditors	25,239	23,766
Accruals and deferred income	990	990
	<u>26,750</u>	<u>24,929</u>

13 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>			
Current assets/(liabilities)	65,837	2,855	68,692
	<u>65,837</u>	<u>2,855</u>	<u>68,692</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>At 31 March 2023:</b>			
Current assets/(liabilities)	88,982	3,500	92,482
	<u>88,982</u>	<u>3,500</u>	<u>92,482</u>

14 Related party transactions

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £13,980 (2023: £13,200). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,436 (2023: £2,724).

**TEAMS AND BENSAM COMMUNITY CARE**

England & Wales - Charity number 1122735

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# Accounts

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**Charity Registration No. 1122735**

**Company Registration No. 06402655 (England and Wales)**

**TEAMS & BENSAM COMMUNITY CARE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

## TEAMS & BENSAM COMMUNITY CARE

### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Rev B Howell Dr M Sherratt Mr G Hall Mrs Eileen McMaster Mrs A Chirnside	(Appointed 26 June 2023) (Appointed 26 June 2023)
<b>Charity number</b>	1122735	
<b>Company number</b>	06402655	
<b>Registered office</b>	Holy Rosary Parish House Northumberland Street Teams Gateshead Tyne & Wear NE8 2PQ	
<b>Independent examiner</b>	Stephen Lamb, FCA 12 Bessemer Court Hownsgill Industrial Park Knitsley Lane Consett Co Durham DH8 7BL	

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## TEAMS & BENSAM COMMUNITY CARE

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## **TEAMS & BENSAM COMMUNITY CARE**

### **TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**

#### **FOR THE YEAR ENDED 31 MARCH 2023**

---

The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The objects are to promote the relief of the aged to provide and assist in facilities for recreation and encourage activities which assist in the promotion of health in the Borough of Gateshead.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

Over the last 12 months we have continued to build on the positive changes that our attendees experienced as a result of returning to face to face activities following the coronavirus crisis. The team has worked closely with older people, who struggled to recover from the prolonged period of isolation, to attend and connect with others. During the year, the people we support have told us about the lasting impact of the pandemic, and it highlighted that support was still needed to help older people to overcome their anxieties so that they can improve quality of life and wellbeing.

Attendees that join us for lunch and activities tell us they are experiencing improved happiness and positivity and that they are gaining new skills, friendships and confidence. Attendees have told us about feeling better in regards to their physical health, and their mental health too in terms of feeling more relaxed and less anxious or unhappy. Our team notice people's communication skills improving, and we have seen more people than ever are motivated to take part in activities. It is really encouraging to see people's confidence in their abilities grow, both creatively, and when joining in with exercise.

Our men's groups and lunch clubs are now running at their full capacity, and we've been able to source additional funding from Global's Make Some Noise, The Inman Charity and the VCSE Community Mental Health Fund to deliver lots of creative, musical and exercise-based activities to improve people's overall wellbeing.

We delivered hot meals during the previous year when our face to face activities were on hold, and due the need and impact of this service, it is now a permanent offer to local older people in our area.

As we continue to grow our attendee numbers after the impact of the coronavirus crisis, we are also in the process of moving our day centre to a new location. With the planned demolition of Redheugh and Eslington Court, we are in the early stages of moving into the Holy Rosary Parish House chapel. To date we have consulted with the diocese, sought permission from the head of Property Services within the Catholic church, drawn up our plans of renovation with an architect, and received a positive outcome from our pre-application to the planning department. We have met with Gateshead Council about the move, and they have offered lots of reassurance that the charity will be supported during the process.

## TEAMS & BENSAM COMMUNITY CARE

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2023

---

During 2022/23 there been many funders and organisations who have given us their time, assistance, reassurance and understanding. We would like to say a heartfelt thank you to:-

- Gateshead Council
- The National Lottery Community Fund
- Community Foundation Tyne and Wear and Northumberland
- Global's Make Some Noise
- Asda Gateshead
- Connected Voice
- NHS North East and North Cumbria

#### **Financial review**

The financial statements show a surplus of £5,207 (2022: £12,375) on unrestricted funding. Monies received in 2021/22 for restricted activities was spent during the year. Work continues applying for grant income while building up trading activities. Cash at the bank was £116,252 (2022: £110,415).

The trustees consider that the ideal level of reserves as at 31 March 2023 would be £75,000. At this level of unrestricted reserves the charity could maintain operation for six months.

Current unrestricted reserves after adjusting for fixed assets amount to £88,982 (2022: £83,775). The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months. Grant applications are being submitted and everyone is optimistic for their success in gaining funding.

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Structure, governance and management**

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Rev B Howell

Dr M Sherratt

Mr G Hall

M Scott

(Resigned 4 October 2023)

Mrs B Gill

(Resigned 4 October 2023)

Mrs Eileen McMaster

(Appointed 26 June 2023)

Mrs A Chirnside

(Appointed 26 June 2023)

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

**TEAMS & BENSAM COMMUNITY CARE**

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2023***

---

The charity has a management committee of up to 10 members who meet monthly.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

The trustees' report was approved by the Board of Trustees.

**Rev B Howell**

Trustee

Dated: 21 November 2023

## TEAMS & BENSAM COMMUNITY CARE

### INDEPENDENT EXAMINER'S REPORT

#### TO THE TRUSTEES OF TEAMS & BENSAM COMMUNITY CARE

---

I report to the trustees on my examination of the financial statements of Teams & Bensham Community Care (the charity) for the year ended 31 March 2023.

#### **Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Stephen Lamb, FCA

12 Bessemer Court  
Howngill Industrial Park  
Knitsley Lane  
Consett  
Co Durham  
DH8 7BL

Dated: 21 November 2023

**TEAMS & BENSAM COMMUNITY CARE**

**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 MARCH 2023**

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
<b>Income and endowments from:</b>							
Donations and legacies	2	37,500	75,890	113,390	7,000	68,917	75,917
Charitable activities	3	38,822	-	38,822	26,940	-	26,940
Investments	4	52	-	52	2	-	2
Other income	5	4,107	-	4,107	20,959	-	20,959
<b>Total income</b>		80,481	75,890	156,371	54,901	68,917	123,818
<b>Expenditure on:</b>							
Raising funds	6	9,529	-	9,529	8,433	-	8,433
Charitable activities	7	68,745	72,390	141,135	34,093	89,465	123,558
<b>Total resources expended</b>		78,274	72,390	150,664	42,526	89,465	131,991
<b>Net incoming/(outgoing) resources before transfers</b>		2,207	3,500	5,707	12,375	(20,548)	(8,173)
Gross transfers between funds		3,000	(3,000)	-	-	-	-
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		5,207	500	5,707	12,375	(20,548)	(8,173)
Fund balances at 1 April 2022		83,775	3,000	86,775	71,400	23,548	94,948
<b>Fund balances at 31 March 2023</b>		88,982	3,500	92,482	83,775	3,000	86,775

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

## TEAMS & BENSAM COMMUNITY CARE

### BALANCE SHEET

AS AT 31 MARCH 2023

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	Notes	2023 £	£	2022 £	£
<b>Current assets</b>					
Debtors	10	1,159		1,088	
Cash at bank and in hand		116,252		110,415	
		<u>117,411</u>		<u>111,503</u>	
<b>Creditors: amounts falling due within one year</b>	11	<u>(24,929)</u>		<u>(24,728)</u>	
Net current assets			<u>92,482</u>		<u>86,775</u>
<b>Income funds</b>					
Restricted funds			3,500		3,000
Unrestricted funds			<u>88,982</u>		<u>83,775</u>
			<u>92,482</u>		<u>86,775</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 21 November 2023

Rev B Howell  
Trustee

Company Registration No. 06402655

## TEAMS & BENSAM COMMUNITY CARE

### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 MARCH 2023

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## 1 Accounting policies

### Charity information

Teams & Bensham Community Care is a private company limited by guarantee incorporated in England and Wales. The registered office is Holy Rosary Parish House, Northumberland Street, Teams, Gateshead, Tyne & Wear, NE8 2PQ.

### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

**1 Accounting policies**

**(Continued)**

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

**1.5 Expenditure**

Income and expenses are included in the financial statements as they become receivable or due.

Expenses include VAT where applicable as the company cannot reclaim it.

**1.6 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.7 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Donations and gifts	-	-	-	1,000	-	1,000
Grants	37,500	75,890	113,390	6,000	68,917	74,917
	<u>37,500</u>	<u>75,890</u>	<u>113,390</u>	<u>7,000</u>	<u>68,917</u>	<u>75,917</u>
<b>Grants receivable for core activities</b>						
Edward Gosling Foundation	-	-	-	5,000	-	5,000
Inman Charity	-	2,500	2,500	-	-	-
Community Foundation	27,500	-	27,500	-	12,500	12,500
Gateshead MBC - SLA	-	45,315	45,315	-	45,315	45,315
Global's Make Some Noise	-	17,837	17,837	-	-	-
Connected Voice	-	3,920	3,920	-	-	-
NHS Mental Health	-	5,500	5,500	-	-	-
TNL Community Fund	10,000	-	10,000	-	10,000	10,000
Other grants	-	818	818	1,000	1,102	2,102
	<u>37,500</u>	<u>75,890</u>	<u>113,390</u>	<u>6,000</u>	<u>68,917</u>	<u>74,917</u>

**TEAMS & BENSAM COMMUNITY CARE**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2023**

**3 Charitable activities**

	<b>Lunch club 2023 £</b>	<b>Lunch club 2022 £</b>
Catering income	32,103	23,567
Bus Escort	6,719	3,373
	<u>38,822</u>	<u>26,940</u>

**4 Investments**

	<b>Unrestricted funds 2023 £</b>	<b>Unrestricted funds 2022 £</b>
Interest receivable	52	2
	<u>52</u>	<u>2</u>

**5 Other income**

	<b>Unrestricted funds 2023 £</b>	<b>Unrestricted funds 2022 £</b>
Job Retention Scheme Grants	-	14,484
GMBC - Covid suport	-	3,294
Employment allowance	4,107	3,181
	<u>4,107</u>	<u>20,959</u>

**6 Raising funds**

	<b>Unrestricted funds 2023 £</b>	<b>Unrestricted funds 2022 £</b>
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TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

---

6 Raising funds	(Continued)	
<u>Trading costs</u>		
Catering stock purchases	9,529	8,433
	<u>          </u>	<u>          </u>
	<u>9,529</u>	<u>8,433</u>
	<u>          </u>	<u>          </u>

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Operating People costs		Total 2023	Operating People costs		Total 2022
	Costs			Costs		
	2023	2023		2022	2022	
	£	£	£	£	£	£
Staff costs	-	100,089	100,089	-	92,146	92,146
Direct costs	3,539	-	3,539	2,005	-	2,005
Establishment	4,993	-	4,993	2,253	-	2,253
Motor and travel	6,541	-	6,541	5,029	-	5,029
Office costs	1,002	-	1,002	1,014	-	1,014
Telephone	752	-	752	605	-	605
Accountancy	990	-	990	900	-	900
Software and IT	1,332	-	1,332	1,560	-	1,560
Donations	25	-	25	-	-	-
Repairs and renewals	4,026	-	4,026	1,465	-	1,465
Bank charges	390	-	390	349	-	349
Depreciation and loss on disposal	-	-	-	1,248	-	1,248
Subscriptions	197	-	197	136	-	136
Insurance	2,480	-	2,480	2,224	-	2,224
Training	1,579	-	1,579	-	-	-
Contributions to Core	13,200	-	13,200	12,624	-	12,624
	<u>41,046</u>	<u>100,089</u>	<u>141,135</u>	<u>31,412</u>	<u>92,146</u>	<u>123,558</u>
	<u>41,046</u>	<u>100,089</u>	<u>141,135</u>	<u>31,412</u>	<u>92,146</u>	<u>123,558</u>
<b>Analysis by fund</b>						
Unrestricted funds	33,326	35,419	68,745	29,407	4,686	34,093
Restricted funds	7,720	64,670	72,390	2,005	87,460	89,465
	<u>41,046</u>	<u>100,089</u>	<u>141,135</u>	<u>31,412</u>	<u>92,146</u>	<u>123,558</u>

The above accountancy charges of £990 (2022: £900) represent the total charges levied by the Independent Examiner.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

TEAMS & BENSAM COMMUNITY CARE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

9 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
9	7

Employment costs

	2023 £	2022 £
Wages and salaries	95,020	88,334
Social security costs	4,107	3,181
Other pension costs	962	631
	<u>100,089</u>	<u>92,146</u>

There were no employees whose annual remuneration was £60,000 or more.

10 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Prepayments and accrued income	<u>1,159</u>	<u>1,088</u>

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	173	62
Other creditors	23,766	23,766
Accruals and deferred income	990	900
	<u>24,929</u>	<u>24,728</u>

**TEAMS & BENSAM COMMUNITY CARE****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****12 Analysis of net assets between funds**

	<b>Unrestricted funds 2023 £</b>	<b>Restricted funds 2023 £</b>	<b>Total 2023 £</b>	<b>Unrestricted funds 2022 £</b>	<b>Restricted funds 2022 £</b>	<b>Total 2022 £</b>
Fund balances at 31 March 2023 are represented by:						
Current assets/(liabilities)	88,982	3,500	92,482	83,775	3,000	86,775
	<u>88,982</u>	<u>3,500</u>	<u>92,482</u>	<u>83,775</u>	<u>3,000</u>	<u>86,775</u>

**13 Related party transactions**

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £13,200 (2022: £12,624). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,724 (2022: £2,952).

## Document Activity Report

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**TEAMS AND BENSAM COMMUNITY CARE**

England & Wales - Charity number 1122735

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# Accounts

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Charity registration number 1122735

Company registration number 06402655 (England and Wales)

**TEAMS & BENSAM COMMUNITY CARE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

# TEAMS & BENSAM COMMUNITY CARE

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

Rev B Howell  
Dr M Sherratt  
Mr G Hall  
Mrs M M Scott  
Mrs B Gill

**Charity number**

1122735

**Company number**

06402655

**Registered office**

Holy Rosary Parish House  
Northumberland Street  
Teams  
Gateshead  
Tyne & Wear  
NE8 2PQ

**Independent examiner**

Murray and Lamb Accountants  
A6 Kingfisher House  
Kingsway  
Team Valley Trading Estate  
Gateshead  
Tyne and Wear  
NE11 0JQ

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# TEAMS & BENSAM COMMUNITY CARE

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Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7 - 14

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# TEAMS & BENSAM COMMUNITY CARE

## TRUSTEES' REPORT (INCLUDING DIRECTOR'S REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

---

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the 's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### Objectives and activities

The objects are to promote the relief of the aged to provide and assist in facilities for recreation and encourage activities which assist in the promotion of health in the Borough of Gateshead.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the should undertake.

### Achievements and performance

Our charity reopened in May 2021 after 14 months of closure during the coronavirus outbreak. Leading up to our reopening date, the charity received an increase in referrals to help older people to rebuild their confidence and connections after a prolonged period of loneliness and anxiety.

The closure of our services has highlighted their value and positive impact. People's mobility, mental health, communication skills, and overall wellbeing was markedly different on their return to the centre, however they quickly rebuilt their motivation, confidence and self esteem as a result of being connected, face-to-face, with others.

*"I was counting down the days until I could return. Covid left me so isolated and lonely. I would just sit at home all day." Lunch club attendee*

To ensure social distancing, we slowly built up our attendee numbers at the centre and on our minibus, ensuring each beneficiary attended for at least one face to face day with us per week. The benefits of connecting and enjoying food and activities with others was immediate when our new and existing beneficiaries got together.

*"I have missed the men's group during lockdown. I was raring to get back." Men's group attendee*

Attendees have told us about feeling better in regard to their physical health, and their mental health too, in terms of feeling more relaxed and less anxious. Attendees have told us about the new skills they have gained from taking part in activities, and how they feel more supported and included through the new and improved friendships and social life they are now experiencing.

*"There's nothing like it to go along to TBCC to meet new friends. For those who live alone, who have lost loved ones, it has a mental effect. But to go along, have a meal and a cuppa and a good old chit chat, sharing stories and hobbies, will lift and brighten the day. Also a big thank you to the staff." Lunch club attendee*

## TEAMS & BENSAM COMMUNITY CARE

### TRUSTEES' REPORT (INCLUDING DIRECTOR'S REPORT) (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2022

---

We had to work in new ways at our centre to safely deliver activities. Our activity coordinators worked one-to-one with attendees, rather than delivering activities in larger groups. This helped those whose communication skills, confidence and mobility had suffered during our closure. It also helped people to feel less anxious and we had better opportunities to talk to individuals who might not share their feelings in a group activity. Over the weeks, working in this way also helped us to notice improvements in people's mood, confidence and overall wellbeing and helped us to encourage friendships by introducing new attendees to existing attendees with common interests

*"TBCC has such a welcoming team. I get a lot of satisfaction from helping people and it gives me a sense of purpose. I'm staying connected with others, giving back to the community and gaining experience all at the same time." Volunteer*

The hot meal delivery service had been a 'life line' for many during lockdown and shielding, and the demand did not diminish as much as we anticipated once restrictions were lifted. We have therefore kept the availability of our hot meal delivery service for any older person in the area. During 2020/21, some of our hot meal delivery customers have since joined our lunch clubs and/or men's groups. In total, we have delivered over 2316 meals to 91 older people in the central and inner west communities of Gateshead during the year,

*"It's a relief to know I'll get a hot meal. It really helps with not being able to go out. I got one for my neighbour too." Hot meal delivery customer*

As a result of being able to stay as strong as possible during the past two years, and by continuing to have an impact, we have been able to secure funding from Global's Make Some Noise for 2022/23 and 2023/24. Our charity was one of 60 small charities to be selected across the UK and, during their fundraising campaign, our charity (including some of our staff, trustees, beneficiaries and their relatives) were interviewed on Heart Radio.

During 2021/22 there been many funders and organisations who have given us their time, assistance, reassurance and understanding. We would like to say a heartfelt thank you to:-

- Gateshead Council
- The National Lottery Community Fund
- Community Foundation Tyne and Wear and Northumberland
- Global's Make Some Noise
- Asda Gateshead
- Tracey Tait

#### **Financial review**

The financial statements show a surplus of £12,375 on unrestricted funding. Monies received in 2020/21 for restricted activities was spent during the year. Work continues applying for grant income while building up trading activities. Cash at the bank was £110,415.

The trustees consider that the ideal level of reserves as at 31 March 2021 would be £75,000. At this level of unrestricted reserves the charity could maintain operation for six months.

Current unrestricted reserves after adjusting for fixed assets amount to £83,775. The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months. Grant applications are being submitted and everyone is optimistic for their success in gaining funding.

#### **Structure, governance and management**

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

## TEAMS & BENSAM COMMUNITY CARE

### TRUSTEES' REPORT (INCLUDING DIRECTOR'S REPORT) (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2022

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The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Rev B Howell

Dr M Sherratt

Mr G Hall

Mrs M M Scott

Mrs B Gill

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

The charity has a management committee of up to 10 members who meet monthly.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

The trustees' report was approved by the Board of Trustees.



Rev B Howell

Trustee

21 October 2022

# TEAMS & BENSHAM COMMUNITY CARE

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF TEAMS & BENSHAM COMMUNITY CARE

---

I report to the trustees on my examination of the financial statements of Teams & Bensham Community Care (the ) for the year ended 31 March 2022.

#### **Responsibilities and basis of report**

As the trustees of the (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the 's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

#### **Murray and Lamb Accountants**

A6 Kingfisher House  
Kingsway  
Team Valley Trading Estate  
Gateshead  
Tyne and Wear  
NE11 0JQ

Dated: 21 October 2022

## TEAMS & BENSAM COMMUNITY CARE

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	<b>Notes</b>						
<b>Income and endowments from:</b>							
Donations and legacies	3	7,000	68,917	75,917	50	103,590	103,640
Charitable activities	4	26,940	-	26,940	5,342	-	5,342
Investments	5	2	-	2	9	-	9
Other income	6	20,959	-	20,959	52,954	-	52,954
<b>Total income</b>		<b>54,901</b>	<b>68,917</b>	<b>123,818</b>	<b>58,355</b>	<b>103,590</b>	<b>161,945</b>
<b>Expenditure on:</b>							
Raising funds	7	8,433	-	8,433	3,131	-	3,131
Charitable activities	8	34,093	89,465	123,558	23,238	99,461	122,699
<b>Total expenditure</b>		<b>42,526</b>	<b>89,465</b>	<b>131,991</b>	<b>26,369</b>	<b>99,461</b>	<b>125,830</b>
<b>Net income/(expenditure) for the year/</b>							
<b>Net movement in funds</b>		<b>12,375</b>	<b>(20,548)</b>	<b>(8,173)</b>	<b>31,986</b>	<b>4,129</b>	<b>36,115</b>
Fund balances at 1 April 2021		71,400	23,548	94,948	32,447	26,386	58,833
<b>Fund balances at 31 March 2022</b>		<b>83,775</b>	<b>3,000</b>	<b>86,775</b>	<b>64,433</b>	<b>30,515</b>	<b>94,948</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# TEAMS & BENSHAM COMMUNITY CARE

## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Tangible assets	11		-		1,248
<b>Current assets</b>					
Debtors	12	1,088		832	
Cash at bank and in hand		110,415		117,710	
		<u>111,503</u>		<u>118,542</u>	
<b>Creditors: amounts falling due within one year</b>	13	<u>(24,728)</u>		<u>(24,842)</u>	
Net current assets			86,775		93,700
<b>Total assets less current liabilities</b>			<u>86,775</u>		<u>94,948</u>
<b>Income funds</b>					
Restricted funds			3,000		30,515
Unrestricted funds			83,775		64,433
			<u>86,775</u>		<u>94,948</u>

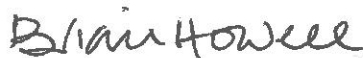
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 21 October 2022



Rev B Howell  
Trustee

Company registration number 06402655

# TEAMS & BENSHAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

#### Charity information

Teams & Bensham Community Care is a private company limited by guarantee incorporated in England and Wales. The registered office is Holy Rosary Parish House, Northumberland Street, Teams, Gateshead, Tyne & Wear, NE8 2PQ.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the 's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The is a Public Benefit Entity as defined by FRS 102.

The has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the . Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the .

#### 1.4 Income

Income is recognised when the is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# TEAMS & BENSHAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment	25% - reducing balance
Computers	25% - reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.9 Financial instruments

The has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the 's balance sheet when the becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# TEAMS & BENSHAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 1 Accounting policies

(Continued)

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the 's contractual obligations expire or are discharged or cancelled.

#### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Critical accounting estimates and judgements

In the application of the 's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and gifts	1,000	-	1,000	50	-	50
Grants	6,000	68,917	74,917	-	103,590	103,590
	<u>7,000</u>	<u>68,917</u>	<u>75,917</u>	<u>50</u>	<u>103,590</u>	<u>103,640</u>

# TEAMS & BENSHAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 3 Donations and legacies

(Continued)

#### Grants receivable for core activities

Asda	-	1,102	1,102	-	300	300
Bernicia Housing	-	-	-	-	6,139	6,139
Community Foundation	-	12,500	12,500	-	15,000	15,000
Gateshead MBC - Winter Food	-	-	-	-	4,640	4,640
Gateshead MBC - SLA	-	45,315	45,315	-	45,315	45,315
Reach North East	-	-	-	-	923	923
Tesco	-	-	-	-	500	500
Reaching Communities	-	-	-	-	30,773	30,773
Sir Jules Thor	1,000	-	1,000	-	-	-
TNL Community Fund	-	10,000	10,000	-	-	-
Edward Gosling Foundation	5,000	-	5,000	-	-	-
	<u>6,000</u>	<u>68,917</u>	<u>74,917</u>	<u>-</u>	<u>103,590</u>	<u>103,590</u>

### 4 Charitable activities

	Lunch club 2022 £	Lunch club 2021 £
Catering income	23,567	5,342
Bus Escort	3,373	-
	<u>26,940</u>	<u>5,342</u>

### 5 Investments

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Interest receivable	<u>2</u>	<u>9</u>

# TEAMS & BENSAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 6 Other income

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Job Retention Scheme Grants	14,484	50,652
GMBC - Covid support	3,294	-
Employment allowance	3,181	2,302
	<u>20,959</u>	<u>52,954</u>

### 7 Raising funds

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
<u>Trading costs</u>		
Catering stock purchases	8,433	3,131
	<u>8,433</u>	<u>3,131</u>

# TEAMS & BENSAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 8 Charitable activities

	Operating Costs 2022 £	People costs 2022 £	Total 2022 £	Operating Costs 2021 £	People costs 2021 £	Total 2021 £
Staff costs	-	92,146	92,146	-	80,998	80,998
Direct costs	2,005	-	2,005	18,463	-	18,463
Establishment	2,253	-	2,253	443	-	443
Motor and travel	5,029	-	5,029	2,879	-	2,879
Office costs	1,014	-	1,014	272	-	272
Telephone	605	-	605	729	-	729
Accountancy	900	-	900	900	-	900
Software and IT	1,560	-	1,560	1,560	-	1,560
Repairs and renewals	1,465	-	1,465	1,842	-	1,842
Bank charges	349	-	349	328	-	328
Depreciation and los on disposal	1,248	-	1,248	404	-	404
Subscriptions	136	-	136	136	-	136
Insurances	832	-	832	761	-	761
Contributions to Core	14,016	-	14,016	12,984	-	12,984
	<u>31,412</u>	<u>92,146</u>	<u>123,558</u>	<u>41,701</u>	<u>80,998</u>	<u>122,699</u>
	<u>31,412</u>	<u>92,146</u>	<u>123,558</u>	<u>41,701</u>	<u>80,998</u>	<u>122,699</u>
<b>Analysis by fund</b>						
Unrestricted funds	29,407	4,686	34,093	23,238	-	23,238
Restricted funds	2,005	87,460	89,465	18,463	80,998	99,461
	<u>31,412</u>	<u>92,146</u>	<u>123,558</u>	<u>41,701</u>	<u>80,998</u>	<u>122,699</u>

### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the during the year.

### 10 Employees

The average monthly number of employees during the year was:

2022 Number	2021 Number
<u>7</u>	<u>6</u>

# TEAMS & BENSAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

<b>10 Employees</b>	<b>(Continued)</b>	
<b>Employment costs</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Wages and salaries	91,515	80,278
Other pension costs	631	720
	<u>92,146</u>	<u>80,998</u>

There were no employees whose annual remuneration was more than £60,000.

<b>11 Tangible fixed assets</b>	<b>Plant and equipment</b>	<b>Computers</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
At 1 April 2021	3,556	1,927	5,483
Disposals	(3,556)	(1,927)	(5,483)
At 1 April 2021	2,486	1,749	4,235
Eliminated in respect of disposals	(2,486)	(1,749)	(4,235)
<b>Carrying amount</b>			
At 31 March 2021	<u>1,070</u>	<u>178</u>	<u>1,248</u>

<b>12 Debtors</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Amounts falling due within one year:		
Prepayments and accrued income	1,088	832
	<u>1,088</u>	<u>832</u>

<b>13 Creditors: amounts falling due within one year</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	62	50
Other creditors	23,766	23,766
Accruals and deferred income	900	1,026
	<u>24,728</u>	<u>24,842</u>

# TEAMS & BENSHAM COMMUNITY CARE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 14 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	-	-	-	1,248	-	1,248
Current assets/(liabilities)	83,775	3,000	86,775	93,700	-	93,700
	<u>83,775</u>	<u>3,000</u>	<u>86,775</u>	<u>94,948</u>	<u>-</u>	<u>94,948</u>

### 15 Related party transactions

Mr B Howell is a director of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £12,624. Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,952.

**TEAMS AND BENSAM COMMUNITY CARE**

England & Wales - Charity number 1122735

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# Accounts

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**TEAMS & BENSAM COMMUNITY CARE**  
(A company limited by guarantee)

**ANNUAL REPORT AND FINANCIAL STATEMENTS**

**YEAR ENDED 31<sup>st</sup> MARCH 2021**

Company number : 06402655  
Charity Number : 1122735

**TEAMS & BENSHAM COMMUNITY CARE**  
(A company limited by guarantee)

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## Report of the trustees for the year ended 31 March 2021

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). The organisation is a Public Benefit Entity within the definitions of s34 FRS 102.

### Our purposes and activities

The objects are to promote the relief of the aged to provide and assist in facilities for recreation and encourage activities which assist in the promotion of health in the Borough of Gateshead.

### Achievements and Performance

Our charity closed all face-to-face support from 23rd March 2020 to keep our beneficiaries, staff and volunteers safe during the coronavirus outbreak.

We have seen first-hand how a pause in our services can be detrimental to the health and wellbeing of those who attend. During heavy snowfall in 2010, our centre was closed for four weeks, and the deterioration of some of our attendees on returning to the centre was significant. Our closure was therefore extremely difficult for our team, knowing how this will affect the people we care for.

*"With Covid, I feel like I had been stopped from seeing my family. My friends at the lunch club are like family." (Lunch Club Attendee)*

From closing in March 2020, non-furloughed staff and volunteers made weekly wellbeing calls to our lunch club and men's group attendees, signposting them for additional support when needed, and with permission of our beneficiaries, we shared contact details so that peer support and friendships made at our centre could continue over the telephone.

*"I really look forward to chatting to the staff. It is touching that they care so much to call me every week." (Men's Group Attendee)*

With fluctuating confirmed cases in the Northeast through 2020/21, the decision to reopen was extremely difficult to make and plans to reopen in the Autumn of 2020 were paused. We felt that the risk to our beneficiaries remained too high, and Public Health agreed that we should not reopen.

When the Government introduced flexible working for furloughed staff, the charity was able to work on a part time basis to provide a hot meal delivery service in the local area. From this point onwards, older people could access a hot, nutritious meal at home, while our driving team carried out wellbeing checks at the same time. Many people disclosed how lovely it was to safely see our staff on a regular basis again and how reassuring it was to have this support.

## Report of the trustees for the year ended 31 March 2021

### Achievements and Performance – continued

*"We just want to say a big thank you for the meal deliveries. My mam says they are delicious and it helps me not to worry knowing she has a good meal." (Daughter of a Hot Meal Delivery Customer)*

The hot meals quickly became very popular, with many non-beneficiaries also placing regular orders, often several times each week. From January to March 2021 the hot meals were provided at a reduced cost thanks to funding from Gateshead Council, which increased our impact even further due to more people placing orders. At Christmas and Easter we were able to deliver additional treats too, and products gifted by Asda Gateshead allowed us to deliver wellbeing packs in March 2021.

*"Thank you for your kindness. I was overwhelmed when I got a free Christmas meal from the charity, and a Christmas gift!" (Non-beneficiary hot meal customer)*

With a planned reopening date of 18th May 2021, we have been focusing on planning and preparing as much as we can for a safe reopening that will help people to rebuild their confidence, connections and wellbeing when they return, while also continuing to support the wellbeing of our team.

The year has been one of the most challenging we have faced in our 3 decades of providing services. There have been many funders and organisations who have given us their time, assistance, reassurance and understanding. We would like to say a heartfelt thank you to:-

- Gateshead Council
- The National Lottery Community Fund
- Community Foundation Tyne and Wear and Northumberland
- Asda Gateshead
- Tracey Tait

### Financial Review

The financial statements show a surplus of £36,115. Work continues applying for grant income while building up trading activities. Cash at the bank was £117,711.

### Reserves policy and going concern

The charity has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should represent up to 6 months running costs. This is estimated at £62,000 so efforts are being made to reach this target.

Current unrestricted reserves after adjusting for fixed assets amount to £93,701. The charity enjoys good liquidity and has no issue on meeting its liabilities when they are due. The trustees are confident for the next twelve months. Grant applications are being submitted and everyone is optimistic for their success in gaining funding.

**Report of the trustees for the year ended 31 March 2021****Legal and administrative information****Constitution**

Teams & Bensham Community Care is a company limited by guarantee and a registered charity governed by its memorandum and articles of association.

Charity number : 1122735  
Company number : 06402655

**Directors and trustees**

B Howell  
M Sherratt  
G W Hall  
M M Scott  
B Gill

**Registered office**

Holy Rosary Parish House  
Northumberland Street  
Gateshead  
Tyne & Wear  
NE8 2PQ

**Independent  
Examiner**

R A Page FCCA  
511 Durham Road  
Low Fell  
Tyne & Wear  
NE9 5EY

**Bankers**

NatWest Bank  
Metrocentre  
103 Cameron Walk Metrocentre  
Gateshead  
Tyne & Wear  
NE11 9GA

**Governing Document**

The organisation is a charitable company limited by guarantee, incorporated on 18 August 2007 and registered as a charity on 11 February 2008. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

## Report of the trustees for the year ended 31 March 2021

### Recruitment and Appointment of Trustees

The directors of the company are also charity trustees for the purpose of charity law.

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth.

### Risk Management

The trustees and management have carried out an assessment of the major risks facing the charity.

### Organisational Structure

The charity has a management committee of up to 10 members who meet monthly. During 2020/21 we were unable to meet face to face but regular update meetings were delivered by telephone and virtually.

A scheme of delegation is in place and day to day responsibility for the provision of services rests with the Senior Day Centre Coordinator, and Teamwork Development Trust CIC who is paid a management fee by the charity to provide management support.

### Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of the incoming resources and application of resources.

In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently

- Observe the methods and principles in the Charities SORP

- Make judgements and estimates that are reasonable and prudent

- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements

- Prepare the financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Signed on behalf of the trustees

**Report of the Independent Examiner to the trustees of Teams & Bensham Community Care**

I report on the financial statements of Teams and Bensham Community Care for the year ended 31 March 2021 which are set out on pages 6 to 12.

**Respective responsibility of trustees and examiner**

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

Examine the accounts under section 145 of the 2011 Act

To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and

To state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that in any material respect the requirements
- . to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - . to prepare financial statements which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities,

have not been met ;or

- (2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**R A Page FCCA**

511 Durham Road

Low Fell

Gateshead

Tyne & Wear

NE9 5EY

30 November 2021

Statement of financial activities (including Income and Expenditure Account)  
Year ended 31 March 2021

	Note	Unrestricted	Restricted	2021	2020
		£	£	£	£
<b>Income</b>					
<i>Income from charitable activities</i>					
Donations		50	-	50	1,350
<i>Grants</i>					
Gateshead MBC SLA		-	45,315	45,315	50,356
Other grants	2	-	58,275	58,275	69,778
<i>Income from other trading activities</i>					
Client contributions		-	-	-	8,978
Catering income		5,342	-	5,342	30,307
<i>Investment income</i>					
Interest		9	-	9	47
<i>Other income</i>					
Employment allowance		2,302	-	2,302	2,469
Job Retention Scheme		50,652	-	50,652	-
<b>Total income</b>		<b>58,355</b>	<b>103,590</b>	<b>161,945</b>	<b>163,285</b>
<b>Expenditure</b>					
<i>Costs of raising funds</i>					
Commercial trading operations		2,071	-	2,071	9,395
Charitable activities		6,426	98,472	104,898	110,789
Support costs		10,905	7,956	18,861	19,305
<b>Total expenditure</b>		<b>19,402</b>	<b>106,428</b>	<b>125,830</b>	<b>139,489</b>
<b>Net income(expenditure) and net movement in funds for the year</b>	3	<b>38,953</b>	<b>(2,838)</b>	<b>36,115</b>	<b>23,796</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		32,447	26,386	58,833	35,037
<b>Total funds carried forward</b>	8	<b>71,400</b>	<b>23,548</b>	<b>94,948</b>	<b>58,833</b>

## Balance sheet as at 31 March 2021

	Note	£	2021 £	£	2020 £
<b>Fixed assets</b>					
Tangible fixed assets	5		1,247		1,582
<b>Current assets</b>					
Debtors	6	832		761	
Cash at bank and in hand		117,711		81,156	
		<u>118,543</u>		<u>81,917</u>	
<b>Creditors: amounts falling due within one year</b>					
	7	<u>24,842</u>		<u>24,666</u>	
<b>Net current assets</b>			<b>93,701</b>		<b>57,251</b>
<b>Total assets less current Liabilities</b>			<u><b>94,948</b></u>		<u><b>58,833</b></u>
<b>Funds</b>	8		<u><b>94,948</b></u>		<u><b>58,833</b></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The trustees have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements were approved by the Board of Trustees on 30 November 2021 and were signed on its behalf by

Statement of Cash Flows  
Year ended 31 March 2021

	2021	2020
<b>Cash used in operations</b>	<b>£</b>	<b>£</b>
Net movement in funds	36,115	23,796
(Increase)/Decrease in debtors	(71)	45
Increase in creditors	176	1,143
Depreciation	405	528
Purchase of fixed assets	<u>(70)</u>	<u>-</u>
<b>Net cash used in operations</b>	<u><b>36,555</b></u>	<u><b>25,512</b></u>
<b>Change in cash in the year</b>	<b>36,555</b>	<b>25,512</b>
Cash brought forward	<b>81,156</b>	<b>55,644</b>
	<u><b>117,711</b></u>	<u><b>81,156</b></u>

**Notes to the financial statements**

Year ended 31 March 2021

**1 Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

**Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

**Grants**

Grants for immediate expenditure are accounted on a receivable basis. Grants where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

**Interest receivable**

Interest is included when received by the charity.

**Expenditure**

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

**Costs**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly and other are apportioned on an appropriate basis such as staff time.

**Tangible fixed assets and depreciation**

Fixed assets for charitable use are capitalised at cost where acquired or market value as determined by the trustees when donated. The assets are stated at cost or value less depreciation.

Depreciation is calculated to write off the cost or valuation of the fixed assets less their estimated residual value over their expected useful lives on the following bases:

Equipment	25% reducing balance
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Notes to the financial statements  
Year ended 31 March 2021

2

	Unrestricted £	Restricted £	2021 £	2020 £
Allen Lane Foundation	-	-	-	4,000
Asda	-	300	300	878
Awards for All (TNL Community Fund)	-	-	-	8,263
Bernicia Housing	-	6,139	6,139	-
Community Foundation	-	15,000	15,000	-
Co-op Local Community Fund	-	-	-	6,741
Gateshead MBC Winter Food Grant	-	4,640	4,640	-
Gateshead Housing Company	-	-	-	3,000
Hadrian Trust	-	-	-	1,000
Masonic Charitable Foundation	-	-	-	10,000
Reach North East	-	923	923	-
Tesco	-	500	500	-
The Ringtons Fund	-	-	-	5,123
National Lottery Community Fund (Reaching Communities Fund)	-	30,773	30,773	30,773
	-	58,275	58,275	69,778

## 3 Expenditure

	Unrestricted £	Restricted £	2021 £	2020 £
<b>Charitable activities</b>				
Staff remuneration	-	80,998	80,998	81,889
Activity costs	3,868	14,595	18,463	20,284
Motor expenses	-	2,879	2,879	5,766
Insurance	2,153	-	2,153	2,323
Depreciation	405	-	405	527
	6,426	98,472	104,898	110,789
<b>Support costs</b>				
Miscellaneous	30	-	30	162
Office expenses	3,878	3,201	7,079	7,751
Volunteer expenses	-	-	-	110
Management fees	5,757	4,755	10,512	10,032
Accountancy	900	-	900	900
Bank charges	327	-	327	337
Legal fees	13	-	13	13
	10,905	7,956	18,861	19,305

Notes to the financial statements  
Year ended 31 March 2021

4 Trustees remuneration

No trustee received any remuneration during the year

5 Tangible fixed assets

	Office equipment	Plant and equipment	Total
	£	£	£
<b>Cost</b>			
As at 1 April 2020	1,857	3,556	5,413
Additions	70	-	70
As at 31 March 2021	<u>1,927</u>	<u>3,556</u>	<u>5,483</u>
<b>Depreciation</b>			
As at 1 April 2020	1,702	2,129	3,831
Charge for year	48	357	405
As at 31 March 2021	<u>1,750</u>	<u>2,486</u>	<u>4,236</u>
<b>Net book value</b>			
As at 31 March 2021	<u>177</u>	<u>1,070</u>	<u>1,247</u>
As at 31 March 2020	<u>155</u>	<u>1,427</u>	<u>1,582</u>

6 Debtors

	2021	2020
	£	£
Prepayments	<u>832</u>	<u>761</u>

7 Creditors – amounts falling due in one year

	2021	2020
	£	£
Trade creditors	50	-
Members bus fund	23,766	23,766
Other creditors	126	-
Accrued expenses	<u>900</u>	<u>900</u>
	<u>24,842</u>	<u>24,666</u>

Notes to the financial statements  
Year ended 31 March 2021

## 8 Movements in funds

	At 1 April 2020	Incoming resources	Outgoing resources	At 31 March 2021
	£	£	£	£
<b>Unrestricted</b>				
General	32,447	58,355	(19,402)	71,400
<b>Restricted</b>				
Gateshead MBC	-	49,955	(49,955)	-
Awards For All (TNL Community Fund)	8,263	-	(8,263)	-
Gateshead Housing Company	3,000	-	(3,000)	-
Masonic Charitable Foundation	5,000	-	(2,084)	2,916
Asda	-	300	(300)	-
Community Fund	5,000	15,000	(17,500)	2,500
The Ringtons Fund	5,123	-	(5,123)	-
Reaching Communities Fund (TNL Community Fund)	-	30,773	(12,641)	18,132
Bernicia Housing	-	6,139	(6,139)	-
Reach North East	-	923	(923)	-
Tesco	-	500	(500)	-
	<u>26,386</u>	<u>103,590</u>	<u>(106,428)</u>	<u>23,548</u>
	<u>58,833</u>	<u>161,945</u>	<u>(125,830)</u>	<u>94,948</u>

## 9 Related parties

Name of related party	Teamwork Development Trust CIC
Nature of relationship	B Howell is a director of both organisations

The charity paid £10,512 (2020 - £10,032) in management services to Teamwork Development Trust CIC.