

Adventure Ashram

Charity No. 1122629

Company No. 05952642

Trustees' Report and Unaudited Accounts

31 October 2022

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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 October 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 05952642

Charity No. 1122629

Registered Office

86-90
Paul Street
London
EC2A 4NE

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

R. Clark	
I. Crockart	(Resigned 6 May 2022)
M. Edwards	
C. Jarvis	
U. Naidoo	
D. Pinkney	(Resigned 20 July 2022)
M.E. Ring	(Appointed on 25 April 2022)
C. Taylor	

Key Management Personnel

Chair	C. Taylor
Secretary	S.E.A Morton(Appointed on 25 April 2022)
Independent examiner	

Solutions Accountancy & Bookkeeping Ltd
1 The Mews
Little Brunswick Street
Huddersfield
HD1 5JL

OBJECTIVES AND ACTIVITIES

Adventure Ashram's organisational aim remains to help some the poorest people living on or around the route's adventurers supporting the charity travel. The organisation's mission is to empower and support communities through education, healthcare and refuge from human trafficking.

Charities Supported

Grace Charitable Trust: Facilitating access to education for children in the remote Mudumalai Tiger Reserve, Tamil Nadu, India.

Odanadi Seva Trust: Support for women and children affected by human trafficking, Mysore, Karnataka, India.

Staffing:

In Oct 2021, Jemina Talja resigned as CEO, but agreed to work one day per week in a freelance capacity, until a new CEO was appointed. A new CEO, Siobhan McCarthy Morton, was appointed on 25th April 2022. This role continues to be part-time, 20 hours per week. The charity continues to employ Chloe Tucker as a communications & campaign coordinator in a part-time role, 24 hours per week. A part-time bookkeeper is employed in a freelance capacity, approximately 12 hours per month.

ACHIEVEMENTS AND PERFORMANCE

Charitable Activities:

The 2021/2022 financial year continued to be difficult for many small charities and their beneficiaries across the globe, and Adventure Ashram was no exception. Following the COVID:19 Pandemic, there have been additional global challenges such as the war in Ukraine, the cost of living crisis and the energy crisis, all of which have had an adverse impact on fundraising. Adventure Ashram has continued to face a reduced income as a result of these ongoing external factors.

A great deal of commitment and passion goes into delivering Adventure Ashram's offerings and programmes over the course of a year. The projects and campaigns are delivered by a small PT staff team and a small number of volunteers.

During this financial year Adventure Ashram was able to provide support to our partner charities in India to help with the following:

Grace Charitable Trust:

- Provide educational opportunities for 250 children living in the Mudumalai region of South India. This included funding uniforms and books, transport to and from school using four buses, tuition centre running costs and tuition centre teacher salaries.
- Arts & crafts and sports equipment for children at six tuition centres.

Odanadi Seva Trust:

- Support the running costs of two refuges, a home for women and children which can house up to 100 people. Plus, a second home for boys, which can house up to 30 people. This includes paying towards the running costs, such as salaries of house staff, clothing and uniforms, education costs and also wellbeing activities, including yoga, karate and other activities.
- Sports equipment for residents of the safe houses.
- Mechanical workshop running costs. This includes salary of the teacher, tools and equipment that the young men need to help them train to become mechanics.

Financial Year 2021/22 Achievements:

Despite the difficult global and national circumstances, Adventure Ashram delivered some successful fundraisers In 2021/2022:

- The 2021 Christmas Appeal raised over £2,000. This was spent on arts and sports kits for children supported by Grace Charitable Trust and Odanadi Seva Trust. Thank you to companies Norfolk Holiday Properties and Arbiter Drucken for matching donations.
- We launched our first Karma Curry campaign raising just over £1,700. We were successful in securing donations from the following restaurants and companies: P & B Foods, Tuk in Foods, Sappho Sounds, Bolly Foods, Ganapati Peckham, Imm Thai Fusion Wimbledon, Imm Thai Fusion Beckenham, Babur, DabbaDrop, VEL Brighton, VEL Reading, and Kopitiam.
- The UK Car & Motorbike Rally returned in May 2022, raising £15,200. This fundraising event had been postponed during the COVID:19 Pandemic, and this was therefore the first time the event was able to go ahead since 2019. The event was held in the Peak District, and comprised a day's Rally riding and also a raffle and auction. Several supporters sponsored the event and funds were raised through a percentage of ticket sales, raffle tickets, auction prizes and event sponsorship.
- The 4th global Yoga Stops Traffick campaign managed by Adventure Ashram took place on Sat 12th March 2022. Over 70 yoga studios across the globe took part in this campaign raising funds to support the Odanadi safe houses and survivors of human trafficking in India. Just over £14,000 was raised via Adventure Ashram, and £2000 directly in India. We are very grateful for the global yoga community for adopting this campaign as their own, and for the corporate partners helping us run the campaign.
- Several fundraising challenges took place during the year, including RideLondon, the London Marathon and a new Adventure Ashram fundraiser the '10 for 10 Challenge' which involved a team of people running every day for 10 days in October 2022.
 - We thank Rebecca Smith, Gene Cook and Simon Johnson for taking part in RideLondon and raising just over £1,500 in total.
 - We thank Jayavanth Kini for opting to run for Adventure Ashram in the first in-person London Marathon since the COVID:19 Pandemic, and raising £340.
 - We thank trustee, Margaret Ring, and CEO, Siobhan McCarthy Morton, for running in the 10 for 10 Challenge and raising £1,450 in total.
- We were fortunate to attend the OM Yoga Show at Alexandra Palace, London in Oct 2022, thanks to the help of two supporters who covered the cost of our stall. We spent two days at the show, which provided an excellent opportunity to meet lots of potential YST supporters and raise donations.
- Despite ongoing challenges in the corporate fundraising sector Adventure Ashram was thankful to receive corporate donations from the following companies during this financial year: Wacka Café, Edwards Interiors, Bransby Wilson and Arbiter Drucken.
- We were excited to welcome new volunteers to Adventure Ashram from May 2022, who assisted with social media and organising the Karma Curry campaign.
- We are incredibly fortunate to have dedicated supporters who provide regular donations for Grace Charitable Trust and the Odanadi Seva Trust through direct debits. We give a huge thank you to everyone who has continued to support Adventure Ashram with direct debits and regular donations.
- Adventure Ashram is fortunate to have the support of some major donors and key supporters, and we would like to thank those individuals who have supported the charity with significant donations during this financial year.

After making appropriate enquires, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future.

Adventure Ashram continues to follow up the progress of and impact on supported projects with regular visits by trustees and staff teams.

FINANCIAL REVIEW

The 2021/22 financial year was challenging for many small charities, and this includes Adventure Ashram. Due to continuing difficulties following the COVID:19 Pandemic and further global challenges such as the war in Ukraine, the cost of living and energy crises resulting in ongoing economic uncertainty affecting charitable giving, we were unable to increase Adventure Ashram's organisational income from the previous financial year.

The total income raised was £77,276 (31/10/2022) compared to £112,316 (31/10/2021). There was a deficit of £17,666 for the year ended 31/10/2022 compared to deficit of £856 for the year ended 31/10/2021 and this was a result of reduced income.

In April 2022, prior to the appointment of the new CEO, the trustee board agreed to allocate £5,000 of their reserves towards core costs, as a result of having reduced income and a low amount of free funds in the current account at that time. In September 2022 a further £3,000 of reserves was allocated to support salary costs.

Adventure Ashram continues to hold organisational reserves with the aim of holding a minimum of 3 months of operational funds as free reserves. The charity currently holds £9,534 in reserves and as such needs to increase the reserves held to meet this requirement fully.

Adventure Ashram enters the new financial year extremely cautiously. As the world continues to slowly recover from the pandemic, we expect there to be a continued period of slow financial growth. We have taken this into account in the projections we have made and projects we have planned for the new financial year. We do, however, carry over earmarked funding for a number of projects we wish to deliver in the new financial year and with this carry-over, increased fundraising activities and balance of reserves the Trustees feel reassured for the organisation's financial stability and future. The trustees are also considering the reduction of core costs, where possible.

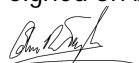
STRUCTURE, GOVERNANCE AND MANAGEMENT

The company is registered as a charitable company limited by guarantee and is governed by its Memorandum and Articles of Association dated 2 October 2006. In the event of the company being wound up, each member is required to contribute an amount not exceeding £10. The company is constituted under a trust deed and is a registered charity number 1122629. The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board



C. Taylor
Trustee

21 June 2023

Independent Examiner's Report to the trustees of Adventure Ashram

I report to the charity trustees on my examination of the financial statements of Adventure Ashram for the year ended 31 October 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



CPAA

Solutions Accountancy & Bookkeeping Ltd

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21 June 2023

Adventure Ashram
Statement of Financial Activities
for the year ended 31 October 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes				
Income and endowments from:					
Charitable activities	4	35,095	36,892	71,987	112,131
Other	5	5,289	-	5,289	185
Total		40,384	36,892	77,276	112,316
Expenditure on:					
Charitable activities	6	7,307	37,358	44,665	63,789
Other	7	50,277	-	50,277	49,383
Total		57,584	37,358	94,942	113,172
Net gains on investments		-	-	-	-
Net expenditure	8	(17,200)	(466)	(17,666)	(856)
Transfers between funds		(7,082)	7,082	-	-
Net expenditure before other gains/(losses)		(24,282)	6,616	(17,666)	(856)
Other gains and losses					
Net movement in funds		(24,282)	6,616	(17,666)	(856)
Reconciliation of funds:					
Total funds brought forward		41,107	14,243	55,350	56,206
Total funds carried forward		16,825	20,859	37,684	55,350

Adventure Ashram
Summary Income and Expenditure Account
for the year ended 31 October 2022

	2022 £	2021 £
Income	77,276	112,316
Gross income for the year	<u>77,276</u>	<u>112,316</u>
Expenditure	94,942	113,172
Total expenditure for the year	<u>94,942</u>	<u>113,172</u>
Net expenditure before tax for the year	(17,666)	(856)
Net expenditure for the year	<u>(17,666)</u>	<u>(856)</u>

Adventure Ashram
Balance Sheet
at 31 October 2022

Company No. 05952642	Notes	2022 £	2021 £
Current assets			
Cash at bank and in hand		37,684	59,038
		<u>37,684</u>	<u>59,038</u>
Creditors: Amount falling due within one year	10	-	(3,688)
Net current assets		<u>37,684</u>	<u>55,350</u>
Total assets less current liabilities		<u>37,684</u>	<u>55,350</u>
Net assets excluding pension asset or liability		<u>37,684</u>	<u>55,350</u>
Total net assets		<u><u>37,684</u></u>	<u><u>55,350</u></u>
The funds of the charity			
Restricted funds	11		
Restricted income funds		20,859	14,243
		<u>20,859</u>	<u>14,243</u>
Unrestricted funds	11		
General funds		16,825	41,107
		<u>16,825</u>	<u>41,107</u>
Reserves	11		
Total funds		<u><u>37,684</u></u>	<u><u>55,350</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 October 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 21 June 2023

And signed on its behalf by:



C. Taylor
Trustee
21 June 2023

Adventure Ashram
Statement of Cash flows
for the year ended 31 October 2022

	2022 £	2021 £
Cash flows from operating activities		
Net expenditure per Statement of Financial Activities	(17,666)	(856)
Adjustments for:		
Dividends, interest and rents from investments	(5,289)	(185)
Other gains/losses	-	-
Decrease in trade and other payables	(3,688)	(7,700)
Net cash used in operating activities	<u>(26,643)</u>	<u>(8,741)</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	5,289	185
Net cash from investing activities	<u>5,289</u>	<u>185</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net decrease in cash and cash equivalents	(21,354)	(8,556)
Cash and cash equivalents at the beginning of the year	59,038	67,594
Cash and cash equivalents at the end of the year	<u>37,684</u>	<u>59,038</u>
Components of cash and cash equivalents		
Cash and bank balances	37,684	59,038
	<u>37,684</u>	<u>59,038</u>

for the year ended 31 October 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
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Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
------------------------	--

Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
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Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
---------------------------------	--

Volunteer help	The value of any volunteer help received is not included in the accounts.
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Investment income	This is included in the accounts when receivable.
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Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
---	---

Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.
-------------------------------------	--

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:			
Charitable activities	78,593	33,538	112,131
Other	185	-	185
Total	<u>78,778</u>	<u>33,538</u>	<u>112,316</u>
Expenditure on:			
Charitable activities	1,870	61,919	63,789
Other	49,383	-	49,383
Total	<u>51,253</u>	<u>61,919</u>	<u>113,172</u>
Net income	<u>27,525</u>	<u>(28,381)</u>	<u>(856)</u>
Net income before other gains/(losses)	27,525	(28,381)	(856)
Other gains and losses:			
Net movement in funds	<u>27,525</u>	<u>(28,381)</u>	<u>(856)</u>
Reconciliation of funds:			
Total funds brought forward	13,582	42,624	56,206
Total funds carried forward	<u>41,107</u>	<u>14,243</u>	<u>55,350</u>

4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Donations, Grants and Other Income	35,095	36,892	71,987	112,131
	<u>35,095</u>	<u>36,892</u>	<u>71,987</u>	<u>112,131</u>

5 Other income

	Unrestricted £	Total 2022 £	Total 2021 £
Other Incoming Resources	5,259	5,259	179
Bank Interest Received	30	30	6
	<u>5,289</u>	<u>5,289</u>	<u>185</u>

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Grant Given and Other Costs	7,307	37,358	44,665	63,789
<i>Governance costs</i>				
	<u>7,307</u>	<u>37,358</u>	<u>44,665</u>	<u>63,789</u>

7 Other expenditure

	Unrestricted	Total 2022	Total 2021
	£	£	£
Employee costs	39,745	39,745	42,582
Motor and travel costs	515	515	58
Premises costs	2,170	2,170	2,040
General administrative costs	2,805	2,805	3,248
Legal and professional costs	5,042	5,042	1,455
	<u>50,277</u>	<u>50,277</u>	<u>49,383</u>

8 Net expenditure before transfers

	2022	2021
	£	£
This is stated after charging:		
Independent Examiner's fee	1,200	900

9 Staff costs

	2022	2021
Salaries and wages	37,571	40,712
Pension costs	2,174	1,870
	<u>39,745</u>	<u>42,582</u>

No employee received emoluments in excess of £60,000.

10 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Deferred income	-	3,688
	<u>-</u>	<u>3,688</u>

11 Movement in funds

	At 1 November 2021	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 31 October 2022 £
Restricted funds:					
Restricted income funds:					
Grace Charitable Trust	20,510	13,810	(14,160)	(20,006)	154
Odanadi	(12,364)	13,997	(22,698)	40,817	19,752
Actif	(100)	-	-	100	-
Ted Jervis	19	250	(500)	1,184	953
Charitable Trusts	6,178	8,835	-	(15,013)	-
<i>Total</i>	<u>14,243</u>	<u>36,892</u>	<u>(37,358)</u>	<u>7,082</u>	<u>20,859</u>
Unrestricted funds:					
General funds	41,107	40,384	(57,584)	(7,082)	16,825
Total funds	<u><u>55,350</u></u>	<u><u>77,276</u></u>	<u><u>(94,942)</u></u>	<u><u>-</u></u>	<u><u>37,684</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Grace Charitable Trust

Odanadi

Actif

Ted Jervis

Charitable Trusts

12 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Net current assets	35,292	2,392	37,684
	<u>35,292</u>	<u>2,392</u>	<u>37,684</u>

13 Reconciliation of net debt

	At 1 November 2021 £	Cash flows £	At 31 October 2022 £
Cash and cash equivalents	59,038	(21,354)	37,684
	<u>59,038</u>	<u>(21,354)</u>	<u>37,684</u>
Net debt	<u>59,038</u>	<u>(21,354)</u>	<u>37,684</u>

14 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2022	2022	2021	2021
	Land and	Other	Land and	Other
	buildings		buildings	
	£	£	£	£
Operating leases with expiry date:				

Pension commitments

	2022	2021
	£	£
The pension cost charge to the company amounted to:	<u>2,174</u>	<u>1,870</u>

15 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Adventure Ashram
Detailed Statement of Financial Activities
for the year ended 31 October 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Charitable activities				
Donations, Grants and Other Income	35,095	36,892	71,987	112,131
	<u>35,095</u>	<u>36,892</u>	<u>71,987</u>	<u>112,131</u>
Other				
Other Incoming Resources	5,259	-	5,259	179
Bank Interest Received	30	-	30	6
	<u>5,289</u>	<u>-</u>	<u>5,289</u>	<u>185</u>
Total income and endowments	40,384	36,892	77,276	112,316
Expenditure on:				
Charitable activities				
Grant Given and Other Costs	7,307	37,358	44,665	63,789
	<u>7,307</u>	<u>37,358</u>	<u>44,665</u>	<u>63,789</u>
Total of expenditure on charitable activities	7,307	37,358	44,665	63,789
Employee costs				
Salaries/wages	37,571	-	37,571	40,712
Pension costs	2,174	-	2,174	1,870
	<u>39,745</u>	<u>-</u>	<u>39,745</u>	<u>42,582</u>
Motor and travel costs				
Travel and subsistence	515	-	515	58
	<u>515</u>	<u>-</u>	<u>515</u>	<u>58</u>
Premises costs				
Rent	2,170	-	2,170	2,040
	<u>2,170</u>	<u>-</u>	<u>2,170</u>	<u>2,040</u>
General administrative costs, including depreciation and amortisation				
Bank charges	817	-	817	1,311
General insurances	720	-	720	713
Postage and couriers	30	-	30	-
Software, IT support and related costs	1,144	-	1,144	815
Stationery and printing	76	-	76	69
Telephone, fax and broadband	18	-	18	340
	<u>2,805</u>	<u>-</u>	<u>2,805</u>	<u>3,248</u>
Legal and professional costs				
Accountancy and bookkeeping	1,200	-	1,200	900
Consultancy fees	3,300	-	3,300	-

Adventure Ashram

Detailed Statement of Financial Activities

Other legal and professional costs	542	-	542	555
	<u>5,042</u>	<u>-</u>	<u>5,042</u>	<u>1,455</u>
Total of expenditure of other costs	<u>50,277</u>	<u>-</u>	<u>50,277</u>	<u>49,383</u>
Total expenditure	57,584	37,358	94,942	113,172
Net gains on investments	-	-	-	-
	<u>(17,200)</u>	<u>(466)</u>	<u>(17,666)</u>	<u>(856)</u>
Net expenditure	(17,200)	(466)	(17,666)	(856)
Transfers between funds	(7,082)	7,082	-	-
Net expenditure before other gains/(losses)	<u>(24,282)</u>	<u>6,616</u>	<u>(17,666)</u>	<u>(856)</u>
Other Gains	-	-	-	-
	<u>(24,282)</u>	<u>6,616</u>	<u>(17,666)</u>	<u>(856)</u>
Net movement in funds	<u>(24,282)</u>	<u>6,616</u>	<u>(17,666)</u>	<u>(856)</u>
Reconciliation of funds:				
Total funds brought forward	41,107	14,243	55,350	56,206
Total funds carried forward	<u>16,825</u>	<u>20,859</u>	<u>37,684</u>	<u>55,350</u>