

REGISTERED COMPANY NUMBER: 06412836 (England and Wales)
REGISTERED CHARITY NUMBER: 1122400

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Unaudited Financial Statements for the Year Ended 31 March 2024

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

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for the year ended 31 March 2024**

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**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

Our vision

All young people have the best possible health and equal access to high quality youth friendly services.

Our mission

We work with everyone to understand and meet the particular health and wellbeing needs of 10-25 year olds. Young people and their rights are at the centre of everything we do.

Our strategy

Our priorities for change:

- Young people's voice and lived experience is heard and acted upon in health policy, research and practice
- Health services have the capacity, resources and skills to be effectively youth friendly
- Young people's health inequalities are reduced
- Young people live in environments and communities that support and nurture good health

Building networks and partnerships is central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2024**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This financial year we have pursued the following activities that help us achieve our aims:

Young people's voice and lived experience is heard and acted upon in health policy, research and practice

AYPH works on an ongoing basis to ensure that young people's voices are heard and acted upon by all those who plan, fund and deliver health and wellbeing services.

We have completed several participation projects this year including work on care experienced young people's experiences of health inequalities, children, young people and families' experiences of the new NHS complication from excess weight clinics, the experiences of young people with epilepsy and type 1 diabetes from communities that experience marginalisation, young people's views of new digital tools in complications from excess weight clinics, and young LGBTQ+ people's views on the RCPCH's position on the rights of LGBTQ+ people to eliminate discrimination and stigma, support understanding of the needs of LGBTQ+ children and young people and support health professionals in their role of providing support to LGBTQ+ children and young people.

We provided bespoke support to the youth board members of the Children and Young People's NHS Transformation Board, helping them have a direct voice in high level NHS England planning discussions and supported the recruitment and induction of a new cohort of youth board members during this year.

Young people's health inequalities are reduced

Some young people experience worse health outcomes than others, which is unfair and can be prevented. Differences in young people's health are caused by a range of factors, from education to housing.

Our programme of work to better understand the health inequalities faced by young people concluded this year with outputs of data and evidence, policy and training work streams as well as a programme of engagement work with young people and establishing and running a youth panel focusing on the experiences of care experienced young people in partnership with Coram Voice. We also supported young people to present about health inequalities and the impact of the cost of living crisis at a King's Fund conference looking at the ways new Integrated Care Boards can address young people's health inequalities. We also worked with StreetGames to produce a State of the Nation report, looking at key health trends and policy developments in the health and wellbeing of young people in low income areas in England and Wales.

Health services have the capacity, resources and skills to be effectively youth friendly

Supporting innovative practice is central to achieving our aims. This year saw work to increase the effectiveness of GPs and other healthcare staff to reduce young people's health inequalities via a learning project with primary care staff and young people from South London.

Our training programme to support organisations and individuals to understand and meet the particular health needs of 10-25 year olds continued this year. We employed five young trainers to deliver a series of courses focussed on improving knowledge and practice across the sector. Courses include: health inequalities and young people, youth mental health first aid, ethical practice in engagement with young people and youth friendly health services. The Young Trainers also worked to co-develop specific training to support grant funded projects on ethical participation for academic researchers, as well as training courses for NHS London and the North West London Integrated Care Board.

Young people live in environments and communities that support and nurture good health

Our work continues to fill gaps in understanding and knowledge in national policy from better understanding of young people's experiences of obesity and food insecurity to the impact of health inequalities. In 2023-24 we delivered work to share learning from the Young Voices programme that worked with young people in preventing sexual exploitation. We also worked on an evaluation of the Well Centre, a primary care service for 11-21 year olds in Lambeth and Wandsworth, to identify the transferrable elements of the model and explore how to utilise services such as primary care to deal with the rising tide of mental health problems in this age group.

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of seven voluntary sector young people's organisations. We also established and recruited to a new post of Evidence and Policy Lead.

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**Report of the Trustees
for the year ended 31 March 2024**

We continue to take part in a number of advisory and steering groups for other organisations, including the NHS Stakeholder Council for the CYP Transformation Programme, the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau, the Children and Young People's Mental Health Coalition, the Inequalities in Health Alliance and the World Health Organisation advisory group on measuring adolescent health (GAMA).

Building networks and partnerships

We have continued to maintain and increase the diversity of income streams for the organisation. We work with five Royal Colleges directly and/or via their adolescent and CYP health groups. AYPH is also a member of the International Association for Adolescent Health.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2023-24 came from English sources, we continue to engage our home country networks and sustain these partnerships. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

FINANCIAL REVIEW

Review of the Year

Trustees are pleased to report that the results for the year show a return to a net income position, although there was a marginal deficit within its Restricted Funds, with levels of income reducing significantly from the previous year.

In the previous year there was a significant excess of expenditure over income, however, trustees recognised that its results for the year ended 31 March 2023 reflected its accounting policies with respect to the timing of recognition of income and expenses. Specifically, as stated in Note 1 to these Accounts, Restricted Funds are recognised as income when the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Projects undertaken by the charity typically commit funds to the charity at their outset. Expenses related to those projects are recognised on an accruals basis as and when the expenditure is committed. Generally this means that income is recognised in advance of expenditure.

Reserves policy

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £173,500). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources running costs from the previous financial year alongside calculations based on the organisations current circumstances and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2023/24 and budgeted future costs. At 31st March 2024 the level of unrestricted funds which have not been designated for a specific use was approximately £178,000.

Trustees continue to support funding planning focusing on strategic aims for the charity. This year saw the successful start of our new training programme after piloting took place last year, to help AYPH secure unrestricted funding and support the organisation's sustainability. The training programme has been positively received, with our earnings surpassing our original target for the year. The facilitation skills, ethical engagement and health inequalities training have proved to be particularly well received. The inclusion of young trainers leading the courses has been very popular with attendees and has strengthened and expanded our bids for funding.

Trustees will continue to monitor reserves going forward and will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2024**

FUTURE PLANS

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the development of a revised fundraising strategy and focus on funding bids to expand the training programme, including the development of a new role to support the Young Trainers. This year the organisation underwent a refresh of roles and structure due to changes in staffing. Our Research Lead has stepped back to an Associate role. Our Health Inequalities Policy Fellow and Youth Participation Coordinator left the organisation to take up new roles. This gave us the opportunity to think about the staffing structure for the organisation and create and recruit to several new roles: an Evidence and Policy Lead and Deputy Chief Executive, and a Youth Engagement and Partners Project Manager. The work of the Evidence and Policy Lead has been embedded into project planning for future work to support income generation for the charity. This year also saw a refresh of the Young People's Advisory Panel. A recruitment drive was carried out and saw the appointment of ten new Youth Ambassadors to the organisation.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. This year we recruited a senior manager to strengthen the management capacity of the organisation. The Chair and the Staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06412836 (England and Wales)

Registered Charity number

1122400

Registered office

Fivefields
8-10 Grosvenor Gardens
London
SW1W 0DH

Trustees

N J Celino
E Dowds
D Churchill
C Bethel
D Fallon
N C Patel
C G Simpson Chartered Accountant
C H Parker Legal And Policy Consultant
D M Sharpe Academic (appointed 16.5.23)

Company Secretary

C Bethel

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees
for the year ended 31 March 2024**

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Tudor John Limited

Nightingale House

46-48 East Street

Epsom

Surrey

KT17 1HQ

Approved by order of the board of trustees on 12th Nov. '24 and signed on its behalf by:



C Bethel - Trustee

**Independent Examiner's Report to the Trustees of
The Association For Young People's
Health (Registered number: 06412836)**

Independent examiner's report to the trustees of The Association For Young People's Health ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hazel Day BSc (Hons) FCA DChA

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Date: 13th November 2024

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Statement of Financial Activities
for the year ended 31 March 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Grants receivable		230,091	122,413	352,504	168,589
Other trading activities	2	33,365	-	33,365	7,067
Investment income	3	3,580	-	3,580	1,113
Other income		(2)	1	(1)	(1)
Total		<u>267,034</u>	<u>122,414</u>	<u>389,448</u>	<u>176,768</u>
EXPENDITURE ON					
Charitable activities					
Activities undertaken directly		<u>230,451</u>	<u>130,414</u>	<u>360,865</u>	<u>397,265</u>
NET INCOME/(EXPENDITURE)		36,583	(8,000)	28,583	(220,497)
RECONCILIATION OF FUNDS					
Total funds brought forward		144,049	26,513	170,562	391,059
TOTAL FUNDS CARRIED FORWARD		<u><u>180,632</u></u>	<u><u>18,513</u></u>	<u><u>199,145</u></u>	<u><u>170,562</u></u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet
31 March 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
CURRENT ASSETS					
Debtors	8	32,609	-	32,609	13,489
Cash at bank		186,021	18,512	204,533	325,492
		<u>218,630</u>	<u>18,512</u>	<u>237,142</u>	<u>338,981</u>
CREDITORS					
Amounts falling due within one year	9	(37,997)	-	(37,997)	(168,419)
NET CURRENT ASSETS		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
NET ASSETS		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
FUNDS	10				
Unrestricted funds				180,633	144,049
Restricted funds				18,512	26,513
TOTAL FUNDS				<u>199,145</u>	<u>170,562</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12th November 2024 and were signed on its behalf by:


C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements
for the year ended 31 March 2024**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Membership	778	1,312
Consultancy	2,088	4,713
Training income	30,499	1,042
	<u>33,365</u>	<u>7,067</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2024**

3. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	3,580	1,113
	<u> </u>	<u> </u>

4. SUPPORT COSTS

	Management £	Information technology £	Other £	Governance costs £	Totals £
Activities undertaken directly	20,883	780	94	4,096	25,853
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

TRUSTEES' EXPENSES

Trustees were reimbursed a total of £152 to 1 trustee (2023 - £196 to 2 trustees) in travelling and other expenses during the year.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2024	2023
	6	9
Charitable activities	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2022-23

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Grants receivable	101,511	67,078	168,589
Other trading activities	7,067	-	7,067
Investment income	1,113	-	1,113
Other income	-	(1)	(1)
Total	<u>109,691</u>	<u>67,077</u>	<u>176,768</u>
EXPENDITURE ON			
Charitable activities			
Activities undertaken directly	<u>129,511</u>	<u>267,754</u>	<u>397,265</u>
NET INCOME/(EXPENDITURE)	(19,820)	(200,677)	(220,497)

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2024

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2022-23 - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	163,869	227,190	391,059
TOTAL FUNDS CARRIED FORWARD	<u>144,049</u>	<u>26,513</u>	<u>170,562</u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other debtors	<u>32,609</u>	<u>13,489</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Social security and other taxes	-	8,169
VAT	4,483	11,381
Other creditors	16,728	10,558
Accruals and deferred income	16,786	138,311
	<u>37,997</u>	<u>168,419</u>

10. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	138,963	41,584	180,547
Youth Led Environmental Enquiry	86	-	86
Recruitment and payment of young trainers	5,000	(5,000)	-
	<u>144,049</u>	<u>36,584</u>	<u>180,633</u>
Restricted funds			
HF Inequalities Fellow.	12,991	(12,991)	-
Rollercoaster Evaluation	325	(325)	-
Dating and Relationship Gender Based Violence	1,843	(1,843)	-
Shaping Places	10,979	1,519	12,498
Data Trusts	375	(375)	-
Partners for Health	-	1,814	1,814
Youth Health Data Hub	-	4,200	4,200
	<u>26,513</u>	<u>(8,001)</u>	<u>18,512</u>
TOTAL FUNDS	<u>170,562</u>	<u>28,583</u>	<u>199,145</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2024**

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	267,034	(225,450)	41,584
Recruitment and payment of young trainers	-	(5,000)	(5,000)
	<u>267,034</u>	<u>(230,450)</u>	<u>36,584</u>
Restricted funds			
HF Inequalities Fellow.	14,905	(27,896)	(12,991)
Rollercoaster Evaluation	-	(325)	(325)
Dating and Relationship Gender Based Violence	-	(1,843)	(1,843)
Shaping Places	59,138	(57,619)	1,519
Data Trusts	-	(375)	(375)
Sharing the learning	9,421	(9,421)	-
Partners for Health	12,750	(10,936)	1,814
Youth Health Data Hub	4,900	(700)	4,200
NWL Ren	10,000	(10,000)	-
Well centre	11,300	(11,300)	-
	<u>122,414</u>	<u>(130,415)</u>	<u>(8,001)</u>
TOTAL FUNDS	<u>389,448</u>	<u>(360,865)</u>	<u>28,583</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	148,869	(9,906)	138,963
Youth Led Environmental Enquiry	5,000	(4,914)	86
Recruitment and payment of young trainers	5,000	-	5,000
Fundraising and strategic development	5,000	(5,000)	-
	<u>163,869</u>	<u>(19,820)</u>	<u>144,049</u>
Restricted funds			
We're All Right	29,742	(29,742)	-
HF Inequalities Fellow.	97,815	(84,824)	12,991
Rollercoaster Evaluation	1,100	(775)	325
Dating and Relationship Gender Based Violence	1,843	-	1,843
Young People Views on Health Inequalities	6,035	(6,035)	-
Improving practice in Youth Health	71,123	(71,123)	-
Shaping Places Phase 2	5,732	5,247	10,979
Young Voices Evaluation	13,800	(13,800)	-
Data Trusts	-	375	375
	<u>227,190</u>	<u>(200,677)</u>	<u>26,513</u>
TOTAL FUNDS	<u><u>391,059</u></u>	<u><u>(220,497)</u></u>	<u><u>170,562</u></u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Notes to the Financial Statements - continued
for the year ended 31 March 2024

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	109,691	(119,597)	(9,906)
Youth Led Environmental Enquiry	-	(4,914)	(4,914)
Fundraising and strategic development	-	(5,000)	(5,000)
	<u>109,691</u>	<u>(129,511)</u>	<u>(19,820)</u>
Restricted funds			
We're All Right	-	(29,742)	(29,742)
HF Inequalities Fellow.	13,781	(98,605)	(84,824)
Rollercoaster Evaluation	-	(775)	(775)
Ethics of Coproduction	1,000	(1,000)	-
Young People Views on Health Inequalities	-	(6,035)	(6,035)
Improving practice in Youth Health	4,500	(75,623)	(71,123)
Shaping Places Phase 2	28,597	(23,350)	5,247
Young Voices Evaluation	-	(13,800)	(13,800)
Data Trusts	19,199	(18,824)	375
	<u>67,077</u>	<u>(267,754)</u>	<u>(200,677)</u>
TOTAL FUNDS	<u>176,768</u>	<u>(397,265)</u>	<u>(220,497)</u>

Restricted funds include the following:

We're All Right

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

HF Inequalities Fellow

As part of a Health Foundation programme to focus on health inequalities experienced by young people, AYPH is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

Rollercoaster Evaluation

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

Young People's Views on Health Inequalities

Funded by the University of Sheffield, AYPH led the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

Improving Practice in Youth Health

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2024**

10. MOVEMENT IN FUNDS - continued

Funded by the Samworth Foundation this work will develop and establish a new youth led programme of education and change to improve policy and practice in young people's health and create a Step Change in Youth Health by nurturing a new cohort of professionals who can learn from young people, experts and each other about the best ways to run services and support young people's health and wellbeing.

Shaping Places Phase 2

Following initial funding from Newham Council's Public Health Team to scope, map and plan the influences and potential 'levers for action' for reducing the impact of children's food insecurity and lead engagement of key stakeholders, further funding has been secured for AYPH to work as the national VCSE partner focused on young people's health in the round to address food insecurity for children and young people living in Newham by implementing a community-based system dynamics approach.

Young Voices Evaluation

Funded by the Samworth Foundation this work will evaluate the Young Voices programme to assess how successful the programme was in its aim to work with and learn from organisations who place young people at the centre of their design, decision making and model of delivery to influence and effect change in the prevention of Sexual Exploitation.

Data Trusts

Working in partnership with the University of Warwick and the University of Edinburgh, AYPH will lead engagement work with young people to hear their views on data protection and the use of representatives to protect their interests. This work will inform planning for a new Data Trust to sit alongside a longitudinal research project.

Youth Health Data Hub

AYPH is working to improve the evidence base for investing in young people's health, via our Youth Health Data Hub. This work, funded by the Sir Halley Stewart Trust aims to modernise the way in which AYPH delivers the most up to date and useful data on young people's health to the youth health sector, in order to provide the basis for advocacy and service delivery to this age group.

NWL REN 3

This work looks at addressing barriers to diverse and representative research engagement among children and young people. Funded by NHS England this work aims to increase participation of children and young people in research which could lead to more effective and evidence-based interventions to address challenges such as young people's mental health and growing health inequalities.

Well Centre

Funded by the Violence Reduction Unit, this work evaluates the Well Centre, a unique, free, confidential primary care service for 11-21 year olds in Lambeth and Wandsworth. The work will track progress and change over the last 8 years of the service, and identify the transferrable elements of the model, including how to utilise services such as primary care to deal with the rising tide of mental health problems in this age group.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2024**

11. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,130 (2023 - £1,517) were payable to the fund at the year end.

Contributions payable by the charity for the year was £9,362 (2023 - £11,709).

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.