

REGISTERED COMPANY NUMBER: 06412836 (England and Wales)
REGISTERED CHARITY NUMBER: 1122400

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Unaudited Financial Statements for the Year Ended 31 March 2023

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

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for the year ended 31 March 2023**

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**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

Our vision

All young people have the best possible health and equal access to high quality youth friendly services.

Our mission

We work with everyone to understand and meet the particular health and wellbeing needs of 10-25 year olds. Young people and their rights are at the centre of everything we do.

Our strategy

Our priorities for change:

- Young people's voice and lived experience is heard and acted upon in health policy, research and practice
- Health services have the capacity, resources and skills to be effectively youth friendly
- Young people's health inequalities are reduced
- Young people live in environments and communities that support and nurture good health

Building networks and partnerships is central to all of our aims. This year we launched our organisational strategy for 2023 - 2025 which included a theory of change for our work.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2023**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

This financial year we have pursued the following activities that help us achieve our aims:

Young people's voice and lived experience is heard and acted upon in health policy, research and practice

AYPH works on an ongoing basis to ensure that young people's voices are heard and acted upon by all those who plan, fund and deliver health and wellbeing services.

We have completed several participation projects including 'We're All Right' which focused on building a rights-based approach with young people affected by sexual violence. Work on this project included the development with young people of the We're All Right learning hub to help improve support for young people affected by sexual violence and other kinds of trauma. Resources include podcasts, activities, infographics, including how to become a youth rights champion. They can be used by professionals working with young people, family members or friends of young people affected by any kind of trauma.

Other projects covered a wide range of topics from diabetes, epilepsy and excess weight to food insecurity, and young people's views on data management and governance. We provided bespoke support to the youth board members of the Children and Young People's NHS Transformation Board, helping them to have a direct voice in high level NHS England planning discussions. We strive to hear from as broad a range of young people as possible to understand the diversity of young people's experience - this year this has included Gypsy, Roma and Traveller young people, young carers, care experienced young people, and young people from ethnic minority backgrounds.

Health services have the capacity, resources and skills to be effectively youth friendly

Supporting innovative practice is central to achieving our aims. We have developed methods for evaluating youth friendly health services that have included working closely with two innovative services. This work has informed both the development of these models and decisions about future commissioning. We were commissioned to ensure young people's perspectives are included in research about the new NHS structures - Integrated Care Systems and Sustainability and Transformation Partnerships. We also worked with health professionals on improving access to secondary care for young people particularly in relation to transfers between child and adult health services.

We run regular webinars for those working to support young people's health. This has covered topics including young people's health inequalities, supporting young people affected by sexual violence, making integrated care work for children and young people, and school based interventions to prevent Dating and Relationship Violence and Gender Based Violence. In 2022/23, 787 people attended our on-line events. This is in addition to joint conferences with professional bodies and Royal Colleges that enable us to emphasise the importance of youth health to a wide range of practitioners.

This year saw the development of our training programme to support organisations and individuals to understand and meet the particular health needs of 10-25 year olds. We employed three young training interns to develop and pilot a series of courses focussed on improving knowledge and practice across the sector. Courses include: health inequalities and young people, ethical practice in engagement with young people and youth friendly health services. These courses are now being launched and will be co-delivered with young trainers who have attended our facilitation skills course. New courses are in development to carry on sharing the learning from our work and better support professionals to improve experiences and outcomes for young people.

Young people's health inequalities are reduced

Some young people experience worse health outcomes than others due to external factors which is unfair and can be prevented. Differences in young people's health are caused by a range of factors, from education to housing.

Our programme of work to better understand the health inequalities faced by young people continued this year including data and evidence, policy and training work streams as well as a programme of engagement work with young people.

We also compiled over forty charts focused on health inequalities for publication on our Youth Health Data Hub. The charts looked at the drivers of inequality, levers for action and health outcomes. We developed a position statement to help inform policy with the Young People's Health Partnership. This provided data on differences in health alongside direct experiences of young people from the NHS Youth Forum and examples of best practice from across our networks.

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**Report of the Trustees
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Engagement work with young people has included establishing two youth panels. Working with the Race Equality Foundation, we ran a youth panel focused on understanding the health inequalities experienced by young people from ethnic minority backgrounds. The second youth panel is focusing on the experiences of care-experienced young people in partnership with Coram Voice and will conclude in 2023.

Young people live in environments and communities that support and nurture good health

Our work continues to fill gaps in understanding and knowledge in national policy from better understanding of young people's experiences of obesity to the impact of health inequalities. In 2022-23 we held a youth led environmental inquiry to explore the impact of climate change on young people's health. Using various engagement methods including surveys, consultations, a residential event and a multigenerational inquiry event we developed a set of recommendations with young people to determine how communities can support young people's health in the face of climate change. Work also included internal reviews to help shape our own policies and procedures to ensure our sustainability and reduce our environmental impact.

In the last year we have responded to 16 policy consultations and calls for evidence. Our responses have been quoted by the Department of Health and Social Care and used to inform House of Lords debates.

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of seven voluntary sector young people's organisations.

We continue to take part in a number of advisory and steering groups for other organisations, including the NHS Stakeholder Council for the CYP Transformation Programme, the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau, the Inequalities in Health Alliance and the World Health Organisation advisory group on measuring adolescent health (GAMA).

Building networks and partnerships

We have continued to maintain and increase the diversity of income streams for the organisation. We have increased our reach via our newsletter and social media platforms - with over 5,000 Twitter followers. Since its launch in April 2022, the new AYPH website has had over 47,000 views. We highlight our members' work, projects and events to add value to their membership via our Twitter feed. We work with five Royal Colleges directly and/or via their adolescent and CYP health groups. AYPH is also a member of the International Association for Adolescent Health.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2022-23 came from English sources, we continue to engage our home country networks and sustain these partnerships. This year AYPH led engagement work with young people in Scotland in partnership with local youth organisations. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2023**

FINANCIAL REVIEW

Review of the Year

Trustees report that the results for the year show a significant excess of expenditure over income, particularly within its Restricted Funds, with levels of income reducing significantly from the previous year.

However, trustees recognise that its results for the year ended 31 March 2023 reflect its accounting policies with respect to the timing of recognition of income and expenses. Specifically, as stated in Note 1 to these Accounts, Restricted Funds are recognised as income when the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Projects undertaken by the charity typically commit funds to the charity at their outset. Expenses related to those projects are recognised on an accruals basis as and when the expenditure is committed. Generally this means that income is recognised in advance of expenditure.

As shown in Note 10 to these Accounts, at 31 March 2022, the charity had received, and recognised as income in that year, large amounts of funds in respect of projects where the associated expenditure was spent in the current year, including the HF Inequalities Fellowship, Improving Practice in Youth Health and We're All Right projects.

Trustees remain satisfied that there are sufficient and rigorous cost controls over its projects to ensure that expenditure on each does not exceed income received.

In addition, trustees have reviewed the pipeline of projects to be undertaken in the year ended 31 March 2024 and are content that this is sufficient to enable the charity to continue to operate in accordance with its aims.

Trustees are also satisfied that the level of reserves, whilst being marginally below the amount specified in its Reserves Policy, is not impaired to a degree to cause concern as to the ability of the charity to continue to operate successfully. Trustees also note that the charity's income generation projects have begun to generate positive results.

Reserves policy

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £160,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources running costs from the previous financial year alongside calculations based on the organisations current circumstances and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2022/23 and budgeted future costs. At 31st March 2023 the level of unrestricted funds which have not been designated for a specific use was approximately £139k

Trustees continue to support a funding sub-committee focusing on long term funding for the charity. This sub-committee has formulated initial plans for projects which aim to establish contacts with new funding partners and increase the diversity of multi-year funding sources. This year also saw the development of our new training programme to help achieve our aim of improving health services for young people. We hope that this will enable AYPH to secure unrestricted funding and support the organisation's sustainability. Trustees will continue to monitor reserves going forward.

Trustees will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

FUTURE PLANS

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the launch of a new organisational strategy, fundraising strategy and theory of change. The work of the Education Lead has also been embedded into project planning for all future work to ensure the sustainability of the organisation and support income generation for the charity. Learning and key outcomes from our projects are being adapted and shared via our training programme to ensure that learning and best practice from work is sustained.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. This year we recruited a senior manager to strengthen the management capacity of the organisation. The Chair and the Staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06412836 (England and Wales)

Registered Charity number

1122400

Registered office

CAN Mezzanine
7-14 Great Dover Street
London
SE1 4YR

Trustees

N J Celino
E Dowds
D Churchill
C Bethel
D Fallon
N C Patel
C G Simpson Chartered Accountant
C H Parker Legal And Policy Consultant
D M Sharpe (appointed 16.5.23)

Company Secretary

C Bethel

Independent Examiner

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Approved by order of the board of trustees on 25 October 2023 and signed on its behalf by:

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees
for the year ended 31 March 2023**

A handwritten signature in black ink that reads "Claire Bethel". The signature is written in a cursive style with a large, sweeping initial 'C'.

C Bethel - Trustee

**Independent Examiner's Report to the Trustees of
The Association For Young People's
Health (Registered number: 06412836)**

Independent examiner's report to the trustees of The Association For Young People's Health ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hazel Day BSc (Hons) FCA DChA

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

27 October 2023

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Statement of Financial Activities
for the year ended 31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Grants receivable		101,511	67,078	168,589	502,150
Other trading activities	2	7,067	-	7,067	2,381
Investment income	3	1,113	-	1,113	77
Other income		-	(1)	(1)	2
Total		<u>109,691</u>	<u>67,077</u>	<u>176,768</u>	<u>504,610</u>
EXPENDITURE ON					
Charitable activities					
Activities undertaken directly		<u>129,511</u>	<u>267,754</u>	<u>397,265</u>	<u>361,191</u>
NET INCOME/(EXPENDITURE)		(19,820)	(200,677)	(220,497)	143,419
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>163,869</u>	<u>227,190</u>	<u>391,059</u>	<u>247,640</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>144,049</u></u>	<u><u>26,513</u></u>	<u><u>170,562</u></u>	<u><u>391,059</u></u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet
31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
CURRENT ASSETS					
Debtors	8	13,489	-	13,489	16,685
Cash at bank		298,979	26,513	325,492	416,076
		<u>312,468</u>	<u>26,513</u>	<u>338,981</u>	<u>432,761</u>
CREDITORS					
Amounts falling due within one year	9	(168,419)	-	(168,419)	(41,702)
NET CURRENT ASSETS		<u>144,049</u>	<u>26,513</u>	<u>170,562</u>	<u>391,059</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>144,049</u>	<u>26,513</u>	<u>170,562</u>	<u>391,059</u>
NET ASSETS		<u>144,049</u>	<u>26,513</u>	<u>170,562</u>	<u>391,059</u>
FUNDS					
Unrestricted funds	10			144,049	163,869
Restricted funds				26,513	227,190
TOTAL FUNDS				<u>170,562</u>	<u>391,059</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 October 2023 and were signed on its behalf by:



C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements
for the year ended 31 March 2023**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Membership	1,312	381
Consultancy	4,713	2,000
Training income	1,042	-
	<u>7,067</u>	<u>2,381</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	1,113	77
	<u>1,113</u>	<u>77</u>

4. SUPPORT COSTS

	Management £	Information technology £	Other £	Governance costs £	Totals £
Activities undertaken directly	15,732	1,310	92	3,602	20,736
	<u>15,732</u>	<u>1,310</u>	<u>92</u>	<u>3,602</u>	<u>20,736</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

TRUSTEES' EXPENSES

Trustees were reimbursed a total of £196 to 2 trustees (2022 - £117 to 1 trustee) in travelling and other expenses during the year.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
	9	9
Charitable activities	<u>9</u>	<u>9</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2021-22

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Grants receivable	87,415	414,735	502,150
Other trading activities	2,381	-	2,381
Investment income	77	-	77
Other income	1	1	2
Total	<u>89,874</u>	<u>414,736</u>	<u>504,610</u>
EXPENDITURE ON			
Charitable activities			
Activities undertaken directly	81,625	279,566	361,191
NET INCOME	8,249	135,170	143,419

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2021-22 - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	155,621	92,019	247,640
TOTAL FUNDS CARRIED FORWARD	<u>163,870</u>	<u>227,189</u>	<u>391,059</u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	<u>13,489</u>	<u>16,685</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Social security and other taxes	8,169	8,381
VAT	11,381	8,549
Other creditors	10,558	4,753
Accruals and deferred income	<u>138,311</u>	<u>20,019</u>
	<u>168,419</u>	<u>41,702</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

10. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	148,869	(9,906)	138,963
Youth Led Environmental Enquiry	5,000	(4,914)	86
Recruitment and payment of young trainers	5,000	-	5,000
Fundraising and strategic development	5,000	(5,000)	-
	<u>163,869</u>	<u>(19,820)</u>	<u>144,049</u>
Restricted funds			
We're All Right	29,742	(29,742)	-
HF Inequalities Fellow.	97,815	(84,824)	12,991
Rollercoaster Evaluation	1,100	(775)	325
Dating and Relationship Gender Based Violence	1,843	-	1,843
Young People Views on Health Inequalities	6,035	(6,035)	-
Improving practice in Youth Health	71,123	(71,123)	-
Shaping Places Phase 2	5,732	5,247	10,979
Young Voices Evaluation	13,800	(13,800)	-
Data Trusts	-	375	375
	<u>227,190</u>	<u>(200,677)</u>	<u>26,513</u>
TOTAL FUNDS	<u>391,059</u>	<u>(220,497)</u>	<u>170,562</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	109,691	(119,597)	(9,906)
Youth Led Environmental Enquiry	-	(4,914)	(4,914)
Fundraising and strategic development	-	(5,000)	(5,000)
	<u>109,691</u>	<u>(129,511)</u>	<u>(19,820)</u>
Restricted funds			
We're All Right	-	(29,742)	(29,742)
HF Inequalities Fellow.	13,781	(98,605)	(84,824)
Rollercoaster Evaluation	-	(775)	(775)
Ethics of Coproduction	1,000	(1,000)	-
Young People Views on Health Inequalities	-	(6,035)	(6,035)
Improving practice in Youth Health	4,500	(75,623)	(71,123)
Shaping Places Phase 2	28,597	(23,350)	5,247
Young Voices Evaluation	-	(13,800)	(13,800)
Data Trusts	19,199	(18,824)	375
	<u>67,077</u>	<u>(267,754)</u>	<u>(200,677)</u>
TOTAL FUNDS	<u>176,768</u>	<u>(397,265)</u>	<u>(220,497)</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	155,621	8,248	(15,000)	148,869
Youth Led Environmental Enquiry	-	-	5,000	5,000
Recruitment and payment of young trainers	-	-	5,000	5,000
Fundraising and strategic development	-	-	5,000	5,000
	<u>155,621</u>	<u>8,248</u>	<u>-</u>	<u>163,869</u>
Restricted funds				
NatCen	900	(900)	-	-
We're All Right	13,002	16,740	-	29,742
Parenting Pilots	1,456	(1,456)	-	-
Key Data for Schools.	6,842	(6,842)	-	-
HF Inequalities Fellow.	20,687	77,128	-	97,815
Rollercoaster Evaluation	11,128	(10,028)	-	1,100
Covid Research Digest	833	(833)	-	-
Dating and Relationship Gender Based Violence	4,621	(2,778)	-	1,843
Young People Views on Health Inequalities	9,479	(3,444)	-	6,035
Key Data 2021	20,911	(20,911)	-	-
Shaping Places	2,160	(2,160)	-	-
Improving practice in Youth Health	-	71,123	-	71,123
Shaping Places Phase 2	-	5,732	-	5,732
Young Voices Evaluation	-	13,800	-	13,800
	<u>92,019</u>	<u>135,171</u>	<u>-</u>	<u>227,190</u>
TOTAL FUNDS	<u>247,640</u>	<u>143,419</u>	<u>-</u>	<u>391,059</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	89,874	(81,626)	8,248
Restricted funds			
NatCen	-	(900)	(900)
We're All Right	54,530	(37,790)	16,740
Parenting Pilots	-	(1,456)	(1,456)
Key Data for Schools.	1,001	(7,843)	(6,842)
HF Inequalities Fellow.	143,535	(66,407)	77,128
Rollercoaster Evaluation	-	(10,028)	(10,028)
Ethics of Coproduction	3,063	(3,063)	-
Covid Research Digest	-	(833)	(833)
Dating and Relationship Gender Based Violence	5,136	(7,914)	(2,778)
Young People Views on Health Inequalities	45,168	(48,612)	(3,444)
Key Data 2021	33,726	(54,637)	(20,911)
Shaping Places	10,700	(12,860)	(2,160)
Spotting the signs	6,624	(6,624)	-
Improving practice in Youth Health	86,456	(15,333)	71,123
Shaping Places Phase 2	9,797	(4,065)	5,732
Young Voices Evaluation	15,000	(1,200)	13,800
	<u>414,736</u>	<u>(279,565)</u>	<u>135,171</u>
TOTAL FUNDS	<u>504,610</u>	<u>(361,191)</u>	<u>143,419</u>

Restricted funds include the following:

We're All Right

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

HF Inequalities Fellow

As part of a Health Foundation programme to focus on health inequalities experienced by young people, AYPH is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

Rollercoaster Evaluation

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

Ethics of Coproduction

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

10. MOVEMENT IN FUNDS - continued

Funded by the Nuffield Foundation this work explored the issues of ethical practice in co-design and co-production projects with young people, and developed a basic set of good practice guidelines to inform the work of researchers, practitioners and participation staff working to engage this age group in service provision and improve engagement practice with young people.

Young People's Views on Health Inequalities

Funded by the University of Sheffield, AYPH led the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

Improving Practice in Youth Health

Funded by the Samworth Foundation this work will develop and establish a new youth led programme of education and change to improve policy and practice in young people's health and create a Step Change in Youth Health by nurturing a new cohort of professionals who can learn from young people, experts and each other about the best ways to run services and support young people's health and wellbeing.

Shaping Places Phase 2

Following initial funding from Newham Council's Public Health Team to scope, map and plan the influences and potential 'levers for action' for reducing the impact of children's food insecurity and lead engagement of key stakeholders, further funding has been secured for AYPH to work as the national VCSE partner focused on young people's health in the round to address food insecurity for children and young people living in Newham by implementing a community-based system dynamics approach.

Young Voices Evaluation

Funded by the Samworth Foundation this work will evaluate the Young Voices programme to assess how successful the programme was in its aim to work with and learn from organisations who place young people at the centre of their design, decision making and model of delivery to influence and effect change in the prevention of Sexual Exploitation.

Data Trusts

Working in partnership with the University of Warwick and the University of Edinburgh, AYPH will lead engagement work with young people to hear their views on data protection and the use of representatives to protect their interests. This work will inform planning for a new Data Trust to sit alongside a longitudinal research project.

11. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,517 (2022 - £1,483) were payable to the fund at the year end.

Contributions payable by the charity for the year was £11,709 (2022 - £11,189).

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2023**

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Detailed Statement of Financial Activities
for the year ended 31 March 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Other trading activities		
Membership	1,312	381
Consultancy	4,713	2,000
Training income	1,042	-
	<hr/> 7,067	<hr/> 2,381
Investment income		
Deposit account interest	1,113	77
Charitable activities		
Grants	168,589	502,150
Other income		
Other income	(1)	2
	<hr/>	<hr/>
Total incoming resources	176,768	504,610
EXPENDITURE		
Charitable activities		
Wages	254,573	238,329
Social security	20,335	19,001
Pensions	11,710	11,278
Partner project costs	26,502	21,630
Recruitment costs	351	413
Consultancy	24,377	21,843
Conference/project costs	38,681	19,784
Office rent	-	1,920
Irrecoverable input VAT	-	3,727
	<hr/> 376,529	<hr/> 337,925
Support costs		
Management		
Wages	2	-
Insurance	177	909
Telephone	1,098	731
Postage and stationery	760	318
Travelling	2,319	2,823
Computer expenses	1,690	3,314
Website expenses	140	1,696
Office rental	9,546	9,598
	<hr/> 15,732	<hr/> 19,389
Information technology		
Repairs and renewals	1,310	1

This page does not form part of the statutory financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Detailed Statement of Financial Activities
for the year ended 31 March 2023**

	2023 £	2022 £
Information technology		
Other		
Bank charges	92	113
Governance costs		
Accountancy	3,602	3,763
Total resources expended	<u>397,265</u>	<u>361,191</u>
Net (expenditure)/income	<u><u>(220,497)</u></u>	<u><u>143,419</u></u>

This page does not form part of the statutory financial statements