

REGISTERED COMPANY NUMBER: 06412836 (England and Wales)
REGISTERED CHARITY NUMBER: 1122400

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Unaudited Financial Statements for the Year Ended 31 March 2022

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

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for the year ended 31 March 2022**

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**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees
for the year ended 31 March 2022**

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

The Association for Young People's Health is the UK's leading independent voice for youth health.

Our mission: AYPH supports the right of young people age 10-24 to have the best possible health outcomes and access to high quality healthcare. We bring together young people, professionals and organisations working to improve young people's health and wellbeing. By sharing learning and best practice we will promote and provide better services to meet young people's particular health needs. We support young people to have a say and amplify their voices to improve health services for all young people. We work across policy, practice and evidence to promote a better understanding of young people's health needs. We inform young people's health policy and increase understanding of what the implications of policies are for young people.

We are a membership organisation and support young people's health organisations and professionals with information and resources enabling them to share experiences and get support to effectively understand and meet young people's health needs. We have a dynamic specialist team with expertise in research, participation, supporting best practice, policy development and strategic influence.

Our aims:

- Increasing young people's participation in health policy, practice and research
- Increasing access to evidence about young people's health
- Improving practice in young people's health
- Supporting and developing new ways of meeting young people's health and wellbeing needs
- Informing regional and national policy and strategy

Building networks and partnerships is central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2022**

STRATEGIC REPORT

Achievement and performance

Charitable activities

Increasing young people's participation in health policy, practice and research

AYPH works on an ongoing basis to ensure that young people's voices are heard by all those who plan, fund and deliver health and wellbeing services.

This year saw our Youth Advisory Panel, made up of two age groups (10-15 year olds and 16-25 year olds) from across the UK, contribute to AYPH's work and help set the agenda for future work. One of the main themes to arise from the Panel's work was the impact of environmental change on young people's health in the UK. A new round of recruitment to the panel during this year refreshed the membership and the panel will lead work on an environmental inquiry into the impacts of climate change on young people's health during 22-23.

We continued our work on the 'We're All Right' Project. As we moved into the final year of the project, we focused on the production of resources from the project and an evaluation of the work. We led the co-production of 'A Fair and Equal Opportunity to Enjoy Good Health: A Young People's Toolkit' with young people and researchers funded by the NIHR School for Public Health Research, in partnership with the University of Sheffield. The research asked young people in the North-East of England, South Yorkshire and London to think about the things that make it easier or harder to enjoy good health where they live, what health inequality means to them, and their priorities for change in improving health in their area. The young people then went on to take these themes and develop the toolkit that also includes two animations which bring the stories they spoke about to life.

We partnered with the University of Exeter to deliver youth participation for a research project looking at successful interventions in schools on dating and relationship violence/gender-based violence. We developed and ran a well-attended webinar to promulgate the findings.

We supported young people working with the NHS Children and Young People's Transformation Team. We supported the recruitment, induction and ongoing work of NHS Youth Board members, including an evaluation of their impact on the Board.

We also led programmes of engagement to support work engaging young people in health services research and service design, digital primary care, new NHS England services focused on treating the "complications" related to excess weight and the Newham 11-19 Food Secure project, where we spoke to schoolchildren about their views on food.

Increasing access to evidence about young people's health

We developed and launched the 2021 edition of Key Data on Young People. The 13th edition of the report took the form of a new online Youth Health Data Hub. For this edition of Key Data, we also supported three paid youth research internships who, as well as contributing to the research, produced blogs, social media content and gave presentations at the launch event. We also completed an evaluation of the report to help shape future editions.

Work continued on the Health Foundation programme that focuses on health inequalities, including the publication of several briefing papers. One of these set out a new definition and conceptual model that explains the causes and outcomes of young people's health inequalities and the key "levers" for determining whether young people will experience poorer health. This has helped us to generate workable solutions for tackling these inequalities and the use of language and terminology used to describe them. The papers received positive endorsement from colleagues at the Office for Health Improvement and Disparities and the King's Fund, among others. Work also began on the development of a health inequalities data section for the Youth Health Data Hub. The Policy Fellow has also led a programme of individual and partnership responses to a number of consultations that have been published this year, including NHS England's plans to adopt a 'Core20PLUS5' approach to reducing health inequalities, the Commission for Young Lives call for evidence on vulnerable children and young people, the government's Women's Health Strategy, HMRC's plans to update alcohol duties, and the Welsh Government's updated tobacco control strategy. Our submissions have also been quoted in Government responses and have been used to shape published guidance.

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**Report of the Trustees
for the year ended 31 March 2022**

This year also saw the management of an evaluation of the Rollercoaster parenting support service for parents of young people with mental health problems, undertaken by the University of Northumbria, as well as an evaluation of Healthspot a primary care service for young people delivered in a youth work setting in Tower Hamlets.

AYPH staff were also co-authors on a number of refereed journal articles on issues such the importance of quinary age bands for understanding youth health data, and produced a range of book chapters, blogs and other outputs to share evidence and findings more widely.

Improving practice in young people's health

Supporting innovative practice is central to achieving our aims.

We started work on our improving practice in youth health education and training programme. Our new Education Lead began to develop new training products, including a pilot for new Integrated Care Systems or others organisations who are developing youth-friendly health services. This programme will be developed in partnership with local partners. A training programme building on our work around ethics and participation of young people in health research is also being developed to support health researchers to work with young people collaboratively and disseminate our findings in this area.

We supported the refresh of the Spotting the Signs tool to help professionals identify violence and exploitation among young people. We designed and distributed an online survey and led engagement with young people who have survived sexual abuse to get young people's views on how to make the refresh up to date and relevant.

We worked with NHS England to help reduce complications and improve outcomes for young people living with excess weight and test new ways of providing services. These services focus on treating the "complications" related to excess weight. To support this programme, AYPH led work on a scoping review of evidence and a programme of engagement with young people and families living with obesity and excess weight.

We contributed to ongoing discussions in the field about improving services to young people, including regular presentations about our evaluations of innovations such as Healthspot, a primary care service for young people delivered in a youth work setting in Tower Hamlets.

We held stakeholder engagement sessions to share good practice and innovations including understanding and enhancing mental health competence in schools, the impacts of Covid-19 on young people and young people's perspectives on the challenges, opportunities and potential interventions arising from the pandemic, and the use of language and health inequalities.

Supporting and developing new ways of meeting young people's health and wellbeing needs

We began a new Health Foundation funded project with the Borough of Newham to improve food security for young people in the borough ("Newham Food Secure 11-19") and we are working on youth engagement, stakeholder involvement and complex system mapping, in partnership with the public health department and colleagues from the London School of Health and Tropical Medicine.

We engaged with our Youth Advisory Panel and the Youth Empowerment Squad at Bart's Health Trust to inform and shape research by the University of Durham and the University of Newcastle into young people's views on new NHS structures.

We worked with young people from various backgrounds to be part of a youth panel on digital primary care for the NHS. The group discussed different aspects of digital access to primary care, from training NHS staff, website interface, safeguarding questions and patient information letters and flyers. AYPH developed a scoping review and engagement report from this work.

Informing regional and national policy and strategy

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of seven voluntary sector young people's organisations.

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**Report of the Trustees
for the year ended 31 March 2022**

We continue to take part in a number of advisory and steering groups for other organisations, including a Department for Education steering group for randomised control trials of school wellbeing interventions, an Anna Freud steering group on mental health interventions, the NHS Stakeholder Council for the CYP Transformation Programme, the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau, the Inequalities in Health Alliance, the Child Policy Research Unit, and the World Health Organisation advisory group on measuring adolescent health (GAMA).

Building networks and partnerships

We have continued to maintain and increase the diversity of income streams for the organisation. We increased our reach via our newsletter and social media platforms - we have 4810 Twitter followers, an increase of over 380 this year. We highlighted our members' work, projects and events to add value to their membership via our Twitter feed. We continue to work with five Royal Colleges directly and/or via their adolescent and CYP health groups.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2021-22 came from English sources, we continue to engage our UK networks and sustain these partnerships. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

At the end of this year AYPH joined the International Association for Adolescent Health to strengthen our international networks, share our learning and advocate more widely for the need to create services that meet young people's needs, and hear young people's voices in the development and evaluation of services that affect their lives.

AYPH's Advisory Council is made up of individuals with different professional backgrounds concerned with young people's health. It supports the Board of Trustees in its governance function by discussing and prioritising issues in the young people's health field from a broad professional perspective and helps to set strategy for the organisation. This year the Advisory Council discussed emerging themes and issues for young people's health in the post-Covid-19 world, education and training for professionals, AYPH in a global context and the NICE Guideline on Healthcare Experience of Babies, Children & Young People. The Advisory Council responds to the needs of the AYPH membership as well as reflecting and responding to the views expressed by other professionals in the field.

Finally, a new Treasurer of the Trustee board, a qualified accountant, and a new Trustee board member with expertise in legal and policy issues, specialising in mental health and human rights, were appointed in 2021.

Financial review

Review of the Year

Overall trustees are pleased with a successful financial year which has seen the charity moving back to the levels of income of previous years following a drop in income last financial year. This recovery has enabled us to replace the reserves used in the last financial year bringing us in line with the target in our reserves policy. This has occurred despite the significant challenges of operating within the Covid-19 pandemic and is a result of the hard work of the staff team supported by the trustees.

The Covid-19 pandemic and lockdown has nevertheless had an impact on the organisation's activities and work this financial year. We saw a drop in income early in the pandemic and worked hard to address this shortfall both by raising funds and reducing costs. The drop in membership income can be seen as a direct consequence of the pandemic.

In order to manage the impact of Covid-19 additional governance mechanisms were established with an exceptional committee formed, meeting twice monthly in the early stages of the pandemic. An assessment of the risks arising from Covid-19 to existing and planned projects was carried out and an action plan to deal with the impact of the pandemic on the organisation drawn up and agreed with trustees. A reduction in office space was agreed to reduce risk and costs for the organisation. Trustees have been extremely pleased with the ability of the team to work remotely and carry on with all planned projects as well as new ones. In some cases this has involved changes to project plans and delivery which have been negotiated and agreed with funders and we have appreciated the support of funders at this time. This has also resulted in a larger carry forward of funds this year due to delivery moving from face to face to remote methods.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees
for the year ended 31 March 2022**

STRATEGIC REPORT

Financial review

Reserves policy

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £160,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources, running costs from the previous financial year alongside calculations based on the organisation's current circumstances, and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2021/22 and budgeted future costs. At 31st March 2022, the level of unrestricted funds which have not been designated for a specific use was approximately £149,000.

Trustees continue to support a funding sub-committee focusing on long term funding for the charity. This sub-committee has formulated initial plans for projects which aim to increase the diversity of multi-year funding sources, including the development of an education programme to increase the sustainability of the organisation. Trustees will continue to monitor reserves going forward.

Trustees will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

Future plans

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the development of a new organisational strategy, fundraising strategy and theory of change which will be launched in 22-23. The work of the Education Lead has also been embedded into project planning for all future work to ensure the sustainability of the organisation and support income generation for the charity. A redesign of the AYPH logo, branding and website was carried out this year, as well as a review and refresh of the membership programme and benefits.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. This year we recruited a senior manager to strengthen the management capacity of the organisation. The Chair and the Staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)

Report of the Trustees
for the year ended 31 March 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06412836 (England and Wales)

Registered Charity number
1122400

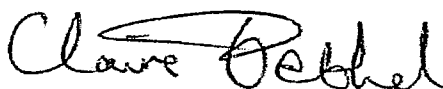
Registered office
CAN Mezzanine
7-14 Great Dover Street
London
SE1 4YR

Trustees
C Bethel
N J Celino
D Churchill
E Dowds
D Fallon
N C Patel
C Parker (appointed 6.9.21)
C G Simpson Chartered Accountant (appointed 6.9.21)
E Williams (resigned 6.9.21)

Company Secretary
C Bethel

Independent Examiner
Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors,
on 6th Dec 2022 and signed on the board's behalf by:



C Bethel - Trustee

**Independent Examiner's Report to the Trustees of
The Association For Young People's
Health (Registered number: 06412836)**

Independent examiner's report to the trustees of The Association For Young People's Health ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hazel Day BSc (Hons) FCA DChA
Institute of Chartered Accountants in England and Wales
Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Date: 6/10/2022

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Statement of Financial Activities
for the year ended 31 March 2022**

| | Notes | Unrestricted funds £ | Restricted funds £ | 2022 Total funds £ | 2021 Total funds £ |
|------------------------------------|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Charitable activities | | | | | |
| Grants receivable | | 87,415 | 414,735 | 502,150 | 460,951 |
| Other trading activities | 2 | 2,381 | - | 2,381 | 6,935 |
| Investment income | 3 | 77 | - | 77 | 105 |
| Other income | | <u>-</u> | <u>2</u> | <u>2</u> | <u>2</u> |
| Total | | <u>89,873</u> | <u>414,737</u> | <u>504,610</u> | <u>467,993</u> |
| EXPENDITURE ON | | | | | |
| Charitable activities | | | | | |
| Activities undertaken directly | 5 | 81,625 | 279,566 | 361,191 | 362,770 |
| NET INCOME | | <u>8,248</u> | <u>135,171</u> | <u>143,419</u> | <u>105,223</u> |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 155,621 | 92,019 | 247,640 | 142,417 |
| TOTAL FUNDS CARRIED FORWARD | | <u>163,869</u> | <u>227,190</u> | <u>391,059</u> | <u>247,640</u> |

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet
31 March 2022**

| | Notes | Unrestricted funds £ | Restricted funds £ | 2022 Total funds £ | 2021 Total funds £ |
|--|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| CURRENT ASSETS | | | | | |
| Debtors | 10 | 16,685 | - | 16,685 | 94,711 |
| Cash at bank | | <u>188,886</u> | <u>227,190</u> | <u>416,076</u> | <u>264,140</u> |
| | | 205,571 | 227,190 | 432,761 | 358,851 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 11 | (41,702) | - | (41,702) | (111,211) |
| NET CURRENT ASSETS | | <u>163,869</u> | <u>227,190</u> | <u>391,059</u> | <u>247,640</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>163,869</u> | <u>227,190</u> | <u>391,059</u> | <u>247,640</u> |
| NET ASSETS | | <u>163,869</u> | <u>227,190</u> | <u>391,059</u> | <u>247,640</u> |
| FUNDS | 12 | | | | |
| Unrestricted funds | | | | 163,869 | 155,621 |
| Restricted funds | | | | <u>227,190</u> | <u>92,019</u> |
| TOTAL FUNDS | | | | <u>391,059</u> | <u>247,640</u> |

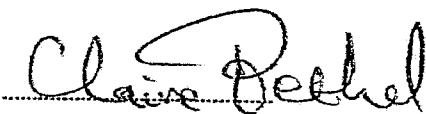
The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 6th Dec '22 and were signed on its behalf by:



The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet - continued
31 March 2022**

C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Cash Flow Statement
for the year ended 31 March 2022**

| | Notes | 2022 £ | 2021 £ |
|---|-------|-----------------------|-----------------------|
| Cash flows from operating activities | | | |
| Cash generated from operations | 1 | <u>151,859</u> | <u>112,550</u> |
| Net cash provided by operating activities | | <u>151,859</u> | <u>112,550</u> |
| Cash flows from investing activities | | | |
| Interest received | | <u>77</u> | <u>105</u> |
| Net cash provided by investing activities | | <u>77</u> | <u>105</u> |
| Change in cash and cash equivalents in the reporting period | | <u>151,936</u> | <u>112,655</u> |
| Cash and cash equivalents at the beginning of the reporting period | | <u>264,140</u> | <u>151,485</u> |
| Cash and cash equivalents at the end of the reporting period | | <u><u>416,076</u></u> | <u><u>264,140</u></u> |

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Cash Flow Statement
for the year ended 31 March 2022**

| | | | |
|--|-----------------|----------------|----------------|
| 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES | | | |
| | 2022 | 2021 | |
| | £ | £ | |
| Net income for the reporting period (as per the Statement of Financial Activities) | 143,419 | 105,223 | |
| Adjustments for: | | | |
| Interest received | (77) | (105) | |
| Decrease/(increase) in debtors | 78,026 | (58,535) | |
| (Decrease)/increase in creditors | <u>(69,509)</u> | <u>65,967</u> | |
| Net cash provided by operations | <u>151,859</u> | <u>112,550</u> | |
| 2. ANALYSIS OF CHANGES IN NET FUNDS | | | |
| | At 1.4.21 | Cash flow | At 31.3.22 |
| | £ | £ | £ |
| Net cash | | | |
| Cash at bank | <u>264,140</u> | <u>151,936</u> | <u>416,076</u> |
| Total | <u>264,140</u> | <u>151,936</u> | <u>416,076</u> |

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements
for the year ended 31 March 2022**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

| | 2022 | 2021 |
|-------------|--------------|--------------|
| | £ | £ |
| Membership | 381 | 503 |
| Consultancy | <u>2,000</u> | <u>6,432</u> |
| | <u>2,381</u> | <u>6,935</u> |

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2022**

3. INVESTMENT INCOME

| | 2022 | 2021 |
|--------------------------|-----------|------------|
| | £ | £ |
| Deposit account interest | <u>77</u> | <u>105</u> |

4. INCOME FROM CHARITABLE ACTIVITIES

| | 2022 | 2021 |
|--------|----------------|----------------|
| | £ | £ |
| Grants | <u>502,150</u> | <u>460,951</u> |

CHARITABLE ACTIVITIES COSTS

5.

| | Direct Costs £ | Support costs (see note 6) £ | Totals £ |
|--------------------------------|----------------------|---------------------------------------|----------------|
| Activities undertaken directly | <u>337,925</u> | <u>23,266</u> | <u>361,191</u> |

6. SUPPORT COSTS

| | Management £ | Other £ | Governance costs £ | Totals £ |
|--------------------------------|-----------------|------------|--------------------------|---------------|
| Activities undertaken directly | <u>19,390</u> | <u>113</u> | <u>3,763</u> | <u>23,266</u> |

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

TRUSTEES' EXPENSES

Trustees were reimbursed a total of £nil (2020 - £1,169) in travelling and other expenses during the year.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Notes to the Financial Statements - continued
for the year ended 31 March 2022

8. STAFF COSTS

| | 2022 | 2021 |
|-----------------------|-----------------------|-----------------------|
| | £ | £ |
| Wages and salaries | 238,329 | 195,249 |
| Social security costs | 19,001 | 15,771 |
| Other pension costs | <u>11,278</u> | <u>9,364</u> |
| | <u>268,608</u> | <u>220,384</u> |

The average monthly number of employees during the year was as follows:

| | 2022 | 2021 |
|-----------------------|----------|----------|
| | 9 | 7 |
| Charitable activities | <u>9</u> | <u>7</u> |

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2020-21

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|------------------------------------|----------------------------|--------------------------|-----------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Charitable activities | | | |
| Grants receivable | 37,575 | 423,376 | 460,951 |
| Other trading activities | 6,935 | - | 6,935 |
| Investment income | 105 | - | 105 |
| Other income | <u>-</u> | <u>2</u> | <u>2</u> |
| Total | <u>44,615</u> | <u>423,378</u> | <u>467,993</u> |
| EXPENDITURE ON | | | |
| Charitable activities | | | |
| Activities undertaken directly | 19,139 | 343,631 | 362,770 |
| NET INCOME | 25,476 | 79,747 | 105,223 |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | 130,145 | 12,272 | 142,417 |
| TOTAL FUNDS CARRIED FORWARD | <u>155,621</u> | <u>92,019</u> | <u>247,640</u> |

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Notes to the Financial Statements - continued
for the year ended 31 March 2022

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2022 | 2021 |
|---------------|---------------|---------------|
| | £ | £ |
| Other debtors | 16,685 | 90,796 |
| Prepayments | - | 3,915 |
| | <u>16,685</u> | <u>94,711</u> |

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2022 | 2021 |
|---------------------------------|---------------|----------------|
| | £ | £ |
| Social security and other taxes | 8,381 | 6,207 |
| VAT | 8,549 | 1,387 |
| Other creditors | 4,753 | 26,777 |
| Accruals and deferred income | 20,019 | 76,840 |
| | <u>41,702</u> | <u>111,211</u> |

12. MOVEMENT IN FUNDS

| | At 1.4.21 | Net movement in funds | Transfers between funds | At 31.3.22 |
|---|----------------|-----------------------|-------------------------|----------------|
| | £ | £ | £ | £ |
| Unrestricted funds | | | | |
| General fund | 155,621 | 8,248 | (15,000) | 148,869 |
| Youth Led Environmental Enquiry | - | - | 5,000 | 5,000 |
| Recruitment and payment of young trainers | - | - | 5,000 | 5,000 |
| Fundraising and strategic development | - | - | 5,000 | 5,000 |
| | 155,621 | 8,248 | - | 163,869 |
| Restricted funds | | | | |
| NatCen | 900 | (900) | - | - |
| We're All Right | 13,002 | 16,740 | - | 29,742 |
| Parenting Pilots | 1,456 | (1,456) | - | - |
| Key Data for Schools. | 6,842 | (6,842) | - | - |
| HF Inequalities Fellow. | 20,687 | 77,128 | - | 97,815 |
| Rollercoaster Evaluation | 11,128 | (10,028) | - | 1,100 |
| Covid Research Digest | 833 | (833) | - | - |
| Dating and Relationship Gender Based Violence | 4,621 | (2,778) | - | 1,843 |
| Young People Views on Health Inequalities | 9,479 | (3,444) | - | 6,035 |
| Key Data 2021 | 20,911 | (20,911) | - | - |
| Shaping Places | 2,160 | (2,160) | - | - |
| Improving practice in your health | - | 71,123 | - | 71,123 |
| Shaping Places Phase 2 | - | 5,732 | - | 5,732 |
| Young Voices Evaluation | - | 13,800 | - | 13,800 |
| | <u>92,019</u> | <u>135,171</u> | - | <u>227,190</u> |
| TOTAL FUNDS | <u>247,640</u> | <u>143,419</u> | - | <u>391,059</u> |

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2022

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|--|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 89,874 | (81,626) | 8,248 |
| Restricted funds | | | |
| NatCen | - | (900) | (900) |
| We're All Right | 54,530 | (37,790) | 16,740 |
| Parenting Pilots | - | (1,456) | (1,456) |
| Key Data for Schools. | 1,001 | (7,843) | (6,842) |
| HF Inequalities Fellow. | 143,535 | (66,407) | 77,128 |
| Rollercoaster Evaluation | - | (10,028) | (10,028) |
| Ethics of Coproduction | 3,063 | (3,063) | - |
| Covid Research Digest | - | (833) | (833) |
| Dating and Relationship Gender Based Violence | 5,136 | (7,914) | (2,778) |
| Young People Views on Health Inequalities | 45,168 | (48,612) | (3,444) |
| Key Data 2021 | 33,726 | (54,637) | (20,911) |
| Shaping Places | 10,700 | (12,860) | (2,160) |
| Spotting the signs | 6,624 | (6,624) | - |
| Improving practice in your health | 86,456 | (15,333) | 71,123 |
| Shaping Places Phase 2 | 9,797 | (4,065) | 5,732 |
| Young Voices Evaluation | 15,000 | (1,200) | 13,800 |
| | <u>414,736</u> | <u>(279,565)</u> | <u>135,171</u> |
| TOTAL FUNDS | <u>504,610</u> | <u>(361,191)</u> | <u>143,419</u> |

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2022

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1.4.20 £ | Net movement in funds £ | At 31.3.21 £ |
|--|----------------|----------------------------------|--------------------|
| Unrestricted funds | | | |
| General fund | 130,145 | 25,476 | 155,621 |
| Restricted funds | | | |
| NatCen | 900 | - | 900 |
| We're All Right | 4,296 | 8,706 | 13,002 |
| Parenting Pilots | 301 | 1,155 | 1,456 |
| Key Data for Schools. | - | 6,842 | 6,842 |
| HF Inequalities Fellow. | 6,775 | 13,912 | 20,687 |
| Rollercoaster Evaluation | - | 11,128 | 11,128 |
| Covid Research Digest | - | 833 | 833 |
| Dating and Relationship Gender Based Violence | - | 4,621 | 4,621 |
| Young People Views on Health Inequalities | - | 9,479 | 9,479 |
| Key Data 2021 | - | 20,911 | 20,911 |
| Shaping Places | - | 2,160 | 2,160 |
| | <u>12,272</u> | <u>79,747</u> | <u>92,019</u> |
| TOTAL FUNDS | <u>142,417</u> | <u>105,223</u> | <u>247,640</u> |

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2022**

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|--|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 44,615 | (19,139) | 25,476 |
| Restricted funds | | | |
| HW Alliance YPHP | 79,453 | (79,453) | - |
| Learning from Experts | 13,000 | (13,000) | - |
| HWA Comms | 30,000 | (30,000) | - |
| We're All Right | 49,313 | (40,607) | 8,706 |
| Parenting Pilots | 5,000 | (3,845) | 1,155 |
| Key Data for Schools. | 15,826 | (8,984) | 6,842 |
| HF Inequalities Fellow. | 64,932 | (51,020) | 13,912 |
| Rollercoaster Evaluation | 37,841 | (26,713) | 11,128 |
| Ethics of Coproduction | 14,845 | (14,845) | - |
| Covid Research Digest | 10,000 | (9,167) | 833 |
| Dating and Relationship Gender Based Violence | 5,135 | (514) | 4,621 |
| Samworth Foundation Covid Support | 2,500 | (2,500) | - |
| CYP Asthma HWA | 40,001 | (40,001) | - |
| Young People Views on Health Inequalities | 21,332 | (11,853) | 9,479 |
| Key Data 2021 | 27,000 | (6,089) | 20,911 |
| Shaping Places | 5,700 | (3,540) | 2,160 |
| Levelling up | 1,500 | (1,500) | - |
| | <u>423,378</u> | <u>(343,631)</u> | <u>79,747</u> |
| TOTAL FUNDS | <u>467,993</u> | <u>(362,770)</u> | <u>105,223</u> |

Restricted funds include the following:

Establishing key ethical principles underpinning co-production with young people - Ethics of Coproduction

Funded by the Nuffield Foundation this work explored the issues of ethical practice in co-design and co-production projects with young people, and developed a basic set of good practice guidelines to inform the work of researchers, practitioners and participation staff working to engage this age group in service provision and improve engagement practice with young people.

Evaluation of Rollercoaster Parent Support - Rollercoaster Evaluation

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2022**

12. MOVEMENT IN FUNDS - continued

Evaluation of the Young Voices programme - Young Voices Evaluation

Funded by the Samworth Foundation this work will evaluate the Young Voices programme to assess how successful the programme was in its aim to work with and learn from organisations who place young people at the centre of their design, decision making and model of delivery to influence and effect change in the prevention of Sexual Exploitation.

Improving practice in young people's health - Improving Practice in Youth Health

Funded by the Samworth Foundation this work will develop and establish a new youth led programme of education and change to improve policy and practice in young people's health and create a Step Change in Youth Health by nurturing a new cohort of professionals who can learn from young people, experts and each other about the best ways to run services and support young people's health and wellbeing.

Inequalities Policy Fellow - HF Inequalities Fellow

As part of a Health Foundation programme to focus on health is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

Key Data on Young People in Schools - 71 R - Key Data for Schools

Funded by the Health Foundation, AYPH worked with the PSHE Association to develop youth and teacher friendly resources following the publication of Key Data on Young People 2019 to underpin health education in secondary schools. With the introduction of statutory health education in secondary schools from September 2020, there is the need for youth and teacher friendly, authoritative and robust sources of data to underpin lesson plans.

Key Data on Young People 2021 - Key Data 2021

The Health Foundation funded AYPH to publish the biennial 'Key Data on Young People 2021' report, pulling together publicly available data on young people from a wide range of sources. KDYP is regularly accessed by health services policy makers, practitioners and associated professionals, and the data and charts are made easily available for downloading and incorporation into colleagues' critical work in making the case for investment young people's health. This edition of Key Data will be supported by 2 paid research internships for young people and will set out the date on young people's health and experiences of the pandemic and lockdown and will be evaluated to find out more about impact and usage in a more detailed and qualitative way than it has been possible to do previously. Evaluation will also inform the planning and future direction of travel in terms of evolution and modernisation of the format from 2021 onwards.

Mental health and attainment - NatCen

Working in partnership with NatCen Social Research, AYPH is supporting a project aimed at exploring the links between mental health problems at age 14 and GCSE results at 16. A briefing paper of the results will be published.

School based interventions to prevent dating and relationship gender-based violence - DRV/GBV

The National Institute of Health Research has funded the University of Exeter to carry out a systematic review to understand characteristics, mechanisms, implementation and effectiveness of school-based interventions to prevent dating and relationship and gender-based violence. As a co-applicant AYPH will support the engagement of young people who have been affected by sexual violence as key stakeholders with a unique perspective on the issues as well as hosting sessions with young people acting in an advisory capacity for the project.

Shaping Places for Healthier Lives - Shaping Places Phase 2

Following initial funding from Newham Council's Public Health Team to scope, map and plan the influences and potential 'levers for action' for reducing the impact of children's food insecurity and lead engagement of key stakeholders, further funding has been secured for AYPH to work as the national VCSE partner focused on young people's health in the round to address food insecurity for children and young people living in Newham by implementing a community-based system dynamics approach.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2022**

12. MOVEMENT IN FUNDS - continued

Spotting the signs - Spotting the Signs

Funded by Brook AYPH will lead a programme of consultation activities to support Brook to update and disseminate the Spotting the Signs proforma in order to strengthen safeguarding practice and enable professionals who work with young people under 18 to better recognise and respond to child sexual exploitation and child criminal exploitation.

Supporting the parents of young people with mental health problems - Parenting Pilots

The Balcombe Charitable Trust has provided funding to support the continuation of our work with parents of young people with mental health problems. The funding in stage one supported the development of good practice tools to support parents based on the work we had conducted to date in this area. In stage two funding is focused on piloting these tools within Child and Adolescent Mental Health Service settings and continuing our strategic work to support effective and appropriate engagement on parents in young people's mental health.

We're All Right - Young Voices

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

Young people, Covid-19 and the impact of the pandemic research digest - COVID Research Digest

Funded by the Blagrove Trust, AYPH developed a research digest giving an overview of research, guidance and resources published during the pandemic to bring together the emerging evidence of the impact of the pandemic on 16-24 year olds and highlight the key issues. This work is also supported by a series of related webinars for frontline practitioners, commissioners and interested policy makers.

Young People's Views on Health Inequalities - YP Views on Health Inequalities

Funded by the University of Sheffield, AYPH is leading the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

13. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,483 (2021 - £1,333) were payable to the fund at the year end.

Contributions payable by the charity for the year was £11,189 (2021 - £9,365).

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Notes to the Financial Statements - continued
for the year ended 31 March 2022**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.