

REGISTERED COMPANY NUMBER: 06412836 (England and Wales)
REGISTERED CHARITY NUMBER: 1122400

THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH

Unaudited Financial Statements for the Year Ended 31 March 2021

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

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for the year ended 31 March 2021**

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**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees
for the year ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

The Association for Young People's Health is the UK's leading independent voice for youth health.

Our mission: AYPH supports the right of young people age 10-24 to have the best possible health outcomes and access to high quality healthcare. We bring together young people, professionals and organisations working together to improve young people's health and wellbeing. By sharing learning and best practice we will promote and provide better services to meet young people's particular health needs. We support young people to have a say on their health needs and work to amplify their voices to improve health services for all young people. We work across policy, practice and evidence to promote a better understanding of young people's health needs. We work to inform young people's health policy and increase understanding of what the implications of policies are for young people.

We are a membership organisation and support young people's health organisations and professionals with information and resources enabling them to share experiences and get support to effectively understand and meet young people's health needs. We have a dynamic specialist team with expertise in research, participation, supporting best practice, policy development and strategic influence.

Our aims:

- Increasing young people's participation in health policy, practice and research
- Increasing access to evidence about young people's health
- Improving practice in young people's health
- Supporting and developing new ways of meeting young people's health and wellbeing needs
- Increasing the focus on young people's health in regional and national policy and strategy

Building networks and partnerships is central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2021**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Increasing young people's participation in health policy, practice and research

AYPH works on an ongoing basis to ensure that young people's voices are heard by all those who plan, fund and deliver health and wellbeing services.

This year saw the establishment of a Youth Advisory Panel, made up of two developmentally appropriate age groups (10-15 year olds and 16-25 year olds). The panel members live throughout the UK, representing a wide range of lived experiences and a diversity of backgrounds. These groups form a crucial part of AYPH's governance and steer our work in a more youth-led direction.

We continued our work on the 'We're All Right' Project. As face-to-face group work was severely impacted by Covid, we approved changes to our delivery and work plan with the funder and partner services, including an extra funding opportunity to all partner services. Our Youth Advisers worked with us to develop a rights-based resource on coping with lockdown.

We carried out work looking at the ethics of co-production with young people, which included producing a set of top tips on how to get ethics in managing research and participation projects right, which we co-produced with young people, a scoping review of the research evidence, and a well-attended stakeholder engagement event.

Finally, we continued our work with the University of Bedfordshire on the 'Learning from the Experts' project supporting increased understanding about young people's mental health and wellbeing after sexual abuse. This included publishing a user-friendly summary of the main findings of this project, bringing together the main messages from the young people about their mental health needs after experiencing sexual abuse in adolescence. We are also developing a creative resource based on the letters written by young people to encourage people to look into the findings and read the full research report.

Increasing access to evidence about young people's health

Work began, funded by the Health Foundation to develop the 2021 edition of Key Data on Young People. The 13th edition of the report will take a new interactive online form which aims to share the latest data on young people's health, chart the impact of the pandemic, improve understanding of health inequalities and improve the use of data. For this edition of Key Data, we have also been able to fund two paid youth research internships.

Work continued on the Health Foundation programme that focuses on health inequalities; our Inequalities Policy Fellow has been working to gather together the available evidence on young people's health inequalities and assessing how effective policy and practice has been at tackling this issue. The aim is to amplify the voices and experiences of young people and to develop resources that can be used to bring about change in reducing health inequalities. The Policy Fellow has also led work on a programme of individual and partnership responses to a number of consultations that have been published this year, including the impact of Covid-19, development of an Office for National Statistics health index, NICE guidelines on babies, children and young people's experiences of healthcare, reforms to the Mental Health Act, and changes to public procurement.

This year also saw the publication of 'Young people and Covid-19, where are we up to?' a research briefing that summarised the evidence on the impact of Covid-19 and subsequent lockdowns on young people as well as webinars and events to share the evidence with a wider audience.

Improving practice in young people's health

Supporting innovative practice is central to achieving our aims. We worked with young people to produce a podcast for the PSHE Association on their views of the new statutory RSHE and five tips on how to lead successful Relationships, Sex and Health Education in secondary schools.

We carried out an evaluation of the Healthspot primary care service for young people and began an evaluation of the Rollercoaster parent support group. Rollercoaster is now working nationally with a network of parent support services, and we are producing a briefing on our current thinking about the policy and practice implications of all the parenting work we've done in recent years.

We were very pleased to take part as a team in a Youth Mental Health First Aid training, with colleagues from other organisations who also specialise in youth engagement.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2021**

Supporting and developing new ways of meeting young people's health and wellbeing needs

We are leading conversations with policy makers and service providers on the electronic systems used for primary care and how they are working for young people consulting remotely across the whole country.

We worked with researchers from the University of Sheffield, Durham and London School of Hygiene & Tropical Medicine on engagement exploring young people's views on health inequalities in order to lead to better understanding and youth-led action.

We worked with NHS England - London Region to support young people affected by cancer to have their voices heard in relation to some nationally mandated services changes. This work included engagement with young people and parents and carers.

We also continued our work with the WHO Global Action for Measurement of Adolescent Health (GAMA) committee.

Informing regional and national policy and strategy

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of six voluntary sector young people's organisations as part of the Department of Health & Social Care's Health & Wellbeing Alliance. Work this year included:

- engagement work with young people from LGBTQ+, Gypsy, Traveller and Roma and young carer communities about their experiences of COVID-19 and lockdown, how this has affected their health and how they accessed support which was shared in a report and via webinars with commissioners, health professionals and policy leads
- the development of ten tips to support commissioners and practitioners to develop and embed effective social prescribing for children, young people and families
- a scoping review of existing evidence and findings from engagement work focused on better understanding the experiences of children and young people with chronic asthma from communities that have been marginalised.

Our Chief Executive sat on the board of the Healthy London Partnership Children and Young People's Programme and, as a representative of the Health and Wellbeing Alliance, on the NHS Equality and Diversity Council. AYPH is also a member of the Stakeholder Council for the NHS Children & Young People's Transformation Board. This year also saw our Chief Executive nominated to co-chair the #iwill Health and Social Care Alliance. We presented at a wide range of conferences and events including the 2020 RCPC Adolescent Health Conference, Action4Youth annual conference, Ready Steady Go Hello conference, the RCGP/AYPH joint webinar on young people, coronavirus and general practice, and a North East London ICS study day.

We also provide the secretariat for the all-party parliamentary group on young people's health, which is co-chaired by Baroness Doreen Massey and Rosie Duffield MP to facilitate discussion about young people and their health outcomes at the heart of Parliament.

Building networks and partnerships

We continue to increase our reach via our newsletter and social media platforms - we have 4422 Twitter followers, an increase of over 450 this year. We continue to highlight our member's work, projects and events to add value to their membership via our Twitter feed. We continue to work with five Royal Colleges directly and/or via their adolescent and CYP health groups.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. We have continued to maintain and increased the diversity of income streams of the organisation. Whilst most of our funding in 2020-21 came from English sources, we continue to engage our home country networks and sustain these partnerships. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

Finally a new chair of the advisory council and a new member of the Trustee board with expertise in comms and membership were appointed in 2020.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees
for the year ended 31 March 2021**

FINANCIAL REVIEW

Review of the Year

Overall trustees are pleased with a successful financial year which has seen the charity moving back to the levels of income of previous years following a drop in income last financial year. This recovery has enabled us to replace the reserves used in the last financial year bringing us in line with the target in our reserves policy. This has occurred despite the significant challenges of operating within the COVID-19 pandemic and is a result of the hard work of the staff team supported by the trustees.

The COVID-19 pandemic and lockdown has nevertheless had an impact on the organisation's activities and work this financial year. We saw a drop in income early in the pandemic and worked hard to address this shortfall both by raising funds and reducing costs. The drop in membership income can be seen as a direct consequence of the pandemic.

In order to manage the impact of COVID-19 additional governance mechanisms were established with an exceptional committee formed, meeting twice monthly in the early stages of the pandemic. An assessment of the risks arising from COVID 19 to existing and planned projects was carried out and an action plan to deal with the impact of the pandemic on the organisation drawn up and agreed with trustees. A reduction in office space was agreed to reduce risk and costs for the organisation. Trustees have been extremely pleased with the ability of the team to work remotely and carry on with all planned projects as well as new ones. In some cases this has involved changes to project plans and delivery which have been negotiated and agreed with funders and we have appreciated the support of funders at this challenging time. This has also resulted in a larger carry forward of funds this year due to delivery moving from face to face to remote methods.

FUTURE PLANS

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Trustees recognise the long term impact that the pandemic and economic fallout will have on young people's health and wellbeing as well as the whole of the voluntary sector and we will continue to work hard to support the central purpose of AYPH and the sustainability of the organisation within a challenging context. We are delighted to be able to start this work with the appointment of a new senior staff member who will lead an expansion of our education, training and networking work. Other exciting developments for the charity include the launch of Key Data 2021 and a new website and brand for AYPH in Autumn 2021.

Reserves policy

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £144,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources, running costs from the previous financial year alongside calculations based on the organisation's current circumstances, and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2020/21 and budgeted future costs. At 31st March 2021 the level of unrestricted funds which have not been designated for a specific use was approximately £155,000.

Trustees continue to support a funding sub-committee focusing on long term funding for the charity. This sub-committee has formulated initial plans for projects which aim to increase the diversity of multi-year funding sources, including the development of an education programme to increase the sustainability of the organisation. Trustees will continue to monitor reserves going forward.

Trustees will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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**Report of the Trustees
for the year ended 31 March 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Organisational structure

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. The Chair and the Staffing and General Purposes sub group of the trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

Risk management

The trustees have assessed the major risks to which the charity is exposed and these have continued to be assessed on a regular basis by the trustees. The risks were updated in the light of the pandemic and the Trustees are satisfied that systems are in place to mitigate exposure to the major risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06412836 (England and Wales)

Registered Charity number

1122400

Registered office

CAN Mezzanine
7-14 Great Dover Street
London
SE1 4YR

Trustees

N J Celino
E Dowds
P J B Wilson (resigned 7.12.20)
D Churchill
E Williams
C Bethel
D Fallon
N C Patel (appointed 7.12.20)

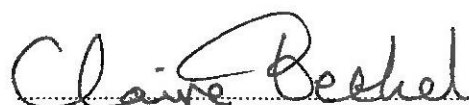
Company Secretary

C Bethel

Independent Examiner

Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Approved by order of the board of trustees on 7/9/21 and signed on its behalf by:



C Bethel - Trustee

**Independent Examiner's Report to the Trustees of
The Association For Young People's
Health (Registered number: 06412836)**

Independent examiner's report to the trustees of The Association For Young People's Health (the Company)
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hazel Day BSc (Hons) FCA DChA
Institute of Chartered Accountants in England and Wales
Tudor John Limited
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ

Date: 22nd October 2021

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Statement of Financial Activities
for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
Grants receivable		37,575	423,376	460,951	238,572
Other trading activities	2	6,935	-	6,935	9,304
Investment income	3	105	-	105	266
Other income		-	2	2	411
Total		44,615	423,378	467,993	248,553
 EXPENDITURE ON					
Charitable activities					
Activities undertaken directly		19,139	343,631	362,770	275,709
NET INCOME/(EXPENDITURE)		25,476	79,747	105,223	(27,156)
 RECONCILIATION OF FUNDS					
Total funds brought forward		130,145	12,272	142,417	169,573
TOTAL FUNDS CARRIED FORWARD		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Debtors	8	94,711	-	94,711	36,176
Cash at bank		<u>107,189</u>	<u>156,951</u>	<u>264,140</u>	<u>151,485</u>
		201,900	156,951	358,851	187,661
CREDITORS					
Amounts falling due within one year	9	(46,279)	(64,932)	(111,211)	(45,244)
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
NET CURRENT ASSETS					
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
NET ASSETS					
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
FUNDS	10				
Unrestricted funds				155,621	130,145
Restricted funds				<u>92,019</u>	<u>12,272</u>
TOTAL FUNDS				<u>247,640</u>	<u>142,417</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 07/09/21 and were signed on its behalf by:


C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements
for the year ended 31 March 2021**

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Membership	503	3,309
Consultancy	<u>6,432</u>	<u>5,995</u>
	<u>6,935</u>	<u>9,304</u>

Membership income dropped substantially in 2020-21 due to the Covid-19 pandemic with a number of members being cautious with their finances. We will work to reverse this trend in 2021-22.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2021

3. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	<u>105</u>	<u>266</u>

4. SUPPORT COSTS

	Management £	Other £	Governance costs £	Totals £
Activities undertaken directly	<u>23,779</u>	<u>113</u>	<u>5,010</u>	<u>28,902</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

TRUSTEES' EXPENSES

Trustees were reimbursed a total of £nil (2020 - £1,169) in travelling and other expenses during the year.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021	2020
	7	6
Charitable activities	<u>7</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
Grants receivable	34,413	204,159	238,572
Other trading activities	9,304	-	9,304
Investment income	266	-	266
Other income	<u>413</u>	<u>(2)</u>	<u>411</u>
Total	44,396	204,157	248,553
EXPENDITURE ON			
Charitable activities			
Activities undertaken directly	<u>66,686</u>	<u>209,023</u>	<u>275,709</u>
NET INCOME/(EXPENDITURE)	(22,290)	(4,866)	(27,156)
RECONCILIATION OF FUNDS			
Total funds brought forward	152,439	17,134	169,573

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2021

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
	_____	_____	_____
TOTAL FUNDS CARRIED FORWARD	<u>130,149</u>	<u>12,268</u>	<u>142,417</u>

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Other debtors	90,796	31,363
Prepayments	<u>3,915</u>	<u>4,813</u>
	<u>94,711</u>	<u>36,176</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Social security and other taxes	6,207	-
VAT	1,387	2,711
Other creditors	26,777	9,557
Accruals and deferred income	<u>76,840</u>	<u>32,976</u>
	<u>111,211</u>	<u>45,244</u>

10. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	130,145	25,476	155,621
Restricted funds			
NatCen	900	-	900
We're All Right	4,296	8,706	13,002
Parenting Pilots	301	1,155	1,456
Key Data for Schools.	-	6,842	6,842
HF Inequalities Fellow.	6,775	13,912	20,687
Rollercoaster Evaluation	-	11,128	11,128
Covid Research Digest	-	833	833
Dating and relationship gender based violence	-	4,621	4,621
Young People views on Health inequalities	-	9,479	9,479
Key Data 2021	-	20,911	20,911
Shaping Places	<u>-</u>	<u>2,160</u>	<u>2,160</u>
	<u>12,272</u>	<u>79,747</u>	<u>92,019</u>
TOTAL FUNDS	<u>142,417</u>	<u>105,223</u>	<u>247,640</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

Notes to the Financial Statements - continued
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,615	(19,139)	25,476
Restricted funds			
HW Alliance YPHP	79,453	(79,453)	-
Learning from Experts	13,000	(13,000)	-
HWA Comms	30,000	(30,000)	-
We're All Right	49,313	(40,607)	8,706
Parenting Pilots	5,000	(3,845)	1,155
Key Data for Schools.	15,826	(8,984)	6,842
HF Inequalities Fellow.	64,932	(51,020)	13,912
Rollercoaster Evaluation	37,841	(26,713)	11,128
Ethics of Coproduction	14,845	(14,845)	-
Covid Research Digest	10,000	(9,167)	833
Dating and relationship gender based violence	5,135	(514)	4,621
Samworth Foundation Covid support	2,500	(2,500)	-
CYP Asthma HWA	40,001	(40,001)	-
Young People views on Health inequalities	21,332	(11,853)	9,479
Key Data 2021	27,000	(6,089)	20,911
Shaping Places	5,700	(3,540)	2,160
Levelling up	1,500	(1,500)	-
	<u>423,378</u>	<u>(343,631)</u>	<u>79,747</u>
TOTAL FUNDS	<u>467,993</u>	<u>(362,770)</u>	<u>105,223</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S
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Notes to the Financial Statements - continued
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	142,439	(12,294)	130,145
Education Lead	<u>10,000</u>	<u>(10,000)</u>	<u>-</u>
	152,439	(22,294)	130,145
Restricted funds			
Key Data on Young People 2019	8,930	(8,930)	-
Student Health	3,233	(3,233)	-
Supporting the parents of young people	4,971	(4,971)	-
NatCen	-	900	900
We're All Right	-	4,296	4,296
Parenting Pilots	-	301	301
HF Inequalities Fellow.	<u>-</u>	<u>6,775</u>	<u>6,775</u>
	<u>17,134</u>	<u>(4,862)</u>	<u>12,272</u>
TOTAL FUNDS	<u>169,573</u>	<u>(27,156)</u>	<u>142,417</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,397	(56,691)	(12,294)
Education Lead	<u>(1)</u>	<u>(9,999)</u>	<u>(10,000)</u>
	44,396	(66,690)	(22,294)
Restricted funds			
HW Alliance YPHP	57,137	(57,137)	-
Together NIHR	3,960	(3,960)	-
Key Data on Young People 2019	22,026	(30,956)	(8,930)
Learning from Experts	10,000	(10,000)	-
Student Health	-	(3,233)	(3,233)
Supporting the parents of young people	253	(5,224)	(4,971)
NatCen	6,270	(5,370)	900
We're All Right	49,185	(44,889)	4,296
E Nurture Engagement.	5,600	(5,600)	-
Parenting Pilots	10,000	(9,699)	301
Key Data for Schools.	9,726	(9,726)	-
HWA Comm	20,000	(20,000)	-
HF Inequalities Fellow.	<u>10,000</u>	<u>(3,225)</u>	<u>6,775</u>
	<u>204,157</u>	<u>(209,019)</u>	<u>(4,862)</u>
TOTAL FUNDS	<u>248,553</u>	<u>(275,709)</u>	<u>(27,156)</u>

Restricted funds include the following:

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

**Notes to the Financial Statements - continued
for the year ended 31 March 2021**

10. MOVEMENT IN FUNDS - continued

Evaluation of Rollercoaster Parent Support

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

Establishing key ethical principles underpinning co-production with young people

Funded by the Nuffield Foundation this work explored the issues of ethical practice in co-design and co-production projects with young people, and developed a basic set of good practice guidelines to inform the work of researchers, practitioners and participation staff working to engage this age group in service provision and improve engagement practice with young people.

Health & Wellbeing Alliance: Communications

As part of the HWA priority projects programme, AYPH were funded to implement the theory of change for the HWA communications we developed in 2019-20, as well as providing a series of VCSE newsletters for the Department of Health and Social Care and case studies to showcase the core work and resources developed by partners in the programme.

Health and Wellbeing Alliance: Levelling Up

As part of the HWA priority projects programme, AYPH were funded as a supporting partner to explore how the VCSE is, or can, positively influence the levelling up agenda around employment through co-production of local initiatives alongside local health and social care delivery via a literature review, engagement with local VCSE organisations and steering group.

Health and Wellbeing Alliance: YPHP (Young People's Health Partnership)

AYPH leads the Young People's Health Partnership (YPHP) funded as part of the Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance (HWA). The HWA is jointly managed by the Department of Health & Social Care (DHSC), Public Health England (PHE) and NHS England and is made up of 21 VCSE members that represent communities who share protected characteristics or that experience health inequalities. YPHP is a six strong consortium of organisations working to champion young people's health needs and raise the profile of the health agenda across the voluntary sector.

Health and Wellbeing Alliance: Asthma

As part of the HWA priority projects programme, AYPH were funded as lead partner to explore children, young people and families' experiences of chronic asthma management and care. The work involved a scoping review of existing evidence and engagement work focused on better understanding the experiences of children and young people with chronic asthma from communities that have been marginalised.

Key Data on Young People in Schools

Funded by the Health Foundation, AYPH worked with the PSHE Association to develop youth and teacher friendly resources following the publication of Key Data on Young People 2019 to underpin health education in secondary schools. With the introduction of statutory health education in secondary schools from September 2020, there is the need for youth and teacher friendly, authoritative and robust sources of data to underpin lesson plans.

Key Data on Young People 2021

The Health Foundation funded AYPH to publish the biennial 'Key Data on Young People 2021' report, pulling together publically available data on young people from a wide range of sources. KDYP is regularly accessed by health services policy makers, practitioners and associated professionals, and the data and charts are made easily available for downloading and incorporation into colleagues' critical work in making the case for investment young people's health. This edition of Key Data will be supported by 2 paid research internships for young people and will set out the data on young people's health and experiences of the pandemic and lockdown and will be evaluated to find out more about impact and usage in a more detailed and qualitative way than it has been possible to do previously. Evaluation will also inform the planning and future direction of travel in terms of evolution and modernisation of the format from 2021 onwards.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

Notes to the Financial Statements - continued
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

Learning from the Experts

The NSPCC and ESRC have funded the University of Bedfordshire to undertake a participatory study on supporting mental health and wellbeing after sexual abuse. AYPH is a co-applicant and is supporting the participation work as well as the dissemination of findings. The study is focused on hearing young people's experiences & perspectives.

Mental health and attainment

Working in partnership with NatCen Social Research, AYPH is supporting a project aimed at exploring the links between mental health problems at age 14 and GCSE results at 16. A briefing paper of the results will be published.

Inequalities Policy Fellow

As part of a Health Foundation programme to focus on health inequalities, the Inequalities Policy Fellow is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

School based interventions to prevent dating and relationship gender-based violence

The National Institute of Health Research has funded the University of Exeter to carry out a systematic review to understand characteristics, mechanisms, implementation and effectiveness of school-based interventions to prevent dating and relationship and gender-based violence. As a co-applicant AYPH will support the engagement of young people who have been affected by sexual violence as key stakeholders with a unique perspective on the issues as well as hosting sessions with young people acting in an advisory capacity for the project.

Understanding and tackling food insecurity in Newham for our children and young people

Funded by Newham Council's Public Health Team AYPH has been given a small grant to scope, map and plan all the influences and potential 'levers for action' for reducing the impact of children's food insecurity. AYPH is also leading the engagement of key stakeholders in this work including children and their families.

Supporting the parents of young people with mental health problems

The Balcombe Charitable Trust has provided funding to support the continuation of our work with parents of young people with mental health problems. The funding in stage one supported the development of good practice tools to support parents based on the work we had conducted to date in this area. In stage two funding is focused on piloting these tools within Child and Adolescent Mental Health Service settings and continuing our strategic work to support effective and appropriate engagement on parents in young people's mental health.

We're All Right

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

Young people, Covid-19 and the impact of the pandemic research digest

Funded by the Blgrave Trust, AYPH developed a research digest giving an overview of research, guidance and resources published during the pandemic to bring together the emerging evidence of the impact of the pandemic on 16-24 year olds and highlight the key issues. This work is also supported by a series of related webinars for frontline practitioners, commissioners and interested policy makers.

Young People's Views on Health Inequalities

Funded by the University of Sheffield, AYPH is leading the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

**THE ASSOCIATION FOR YOUNG PEOPLE'S
HEALTH**

**Notes to the Financial Statements - continued
for the year ended 31 March 2021**

11. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,333 (2020 - £1,014) were payable to the fund at the year end.

Contributions payable by the charity for the year was £9,365 (2020 - £8,139).

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.