

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

England & Wales · Charity number 1122400

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [06412836](#)

**Registered** 2008-01-22

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Fivefields  
8-10 Grosvenor Gardens  
London  
SW1W 0DH

**Phone** 02079227715

**Email** [info@ayph.org.uk](mailto:info@ayph.org.uk)

**Website** [www.ayph.org.uk](http://www.ayph.org.uk)

## Activities

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**Objects:** TO PRESERVE AND PROTECT THE HEALTH OF YOUNG PEOPLE AND TO ADVANCE EDUCATION IN THE HEALTH OF YOUNG PEOPLE, IN PARTICULAR BUT NOT EXCLUSIVELY BY:-1) DEVELOPING AND MANAGING A SOCIETY FOR ALL PROFESSIONALS AND ORGANISATIONS WORKING IN THE FIELD OF YOUNG PEOPLE'S HEALTH IN THE UNITED KINGDOM;2) PROMOTING MULTI-DISCIPLINARY TRAINING AND EDUCATION IN YOUNG PEOPLE'S HEALTH;3) PROVIDING A CREDIBLE AND INCLUSIVE BASE FOR ADVOCACY FOR IMPROVEMENTS IN YOUNG PEOPLE'S HEALTH AND SERVICES IN PROFESSIONAL, MEDIA AND POLITICAL ARENAS;4) PROVIDING A RESOURCE FOR THE DISSEMINATION OF INFORMATION ON YOUNG PEOPLE'S HEALTH, BOTH THROUGH THE PUBLICATION OF A JOURNAL AND THE MAINTENANCE OF A HIGH QUALITY WEBSITE;5) SUPPORTING RESEARCH IN YOUNG PEOPLE'S HEALTH BY PROVIDING A NETWORK FOR RESEARCHERS BY FOSTERING STRONG LINKS BETWEEN ACADEMIC AND NON-ACADEMIC SETTINGS AND BY MAINTAINING A DATABASE OF CURRENT RESEARCH IN THIS FIELD;6) AFFILIATING INTERNATIONAL BODIES INVOLVED IN YOUNG PEOPLE'S HEALTH.

**Activities:** The Association for Young People's Health is the UK's leading independent voice for youth health. We work to improve the health and wellbeing of 10-24 year olds by: Involving young people in our

work, ensuring their voices are heard  
Working with healthcare providers  
Improving access  
Promoting evidence-based practice  
Increasing communication between practitioners from different sectors.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Other Defined Groups

## Geography

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- **Area of benefit:** NOT DEFINED IN PRACTICE NATIONAL
- Northern Ireland
- Scotland
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£254,790	£306,535	-	-
2024-03-31	£389,448	£360,865	-	-
2023-03-31	£176,768	£397,265	-	-
2022-03-31	£504,610	£361,191	£391,059	9
2021-03-31	£467,993	£362,770	-	-

## Trustees

Name	Role	Appointed
<b>Claire Bethel</b>	Chair	2019-02-11
Christopher Graham Simpson		2021-09-06
Dr Darren Miguel Sharpe		2023-05-16
Dr NICOLA JANE CELINO		
Ghazal Ghaffary		2024-12-02
Neal Patel		2020-12-07
Nicola Jayne Pettitt		2026-02-23
Professor Rona Campbell		2025-02-24
Richard Churchill		2017-09-18

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH**

England & Wales - Charity number 1122400

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# Accounts

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Charity registration number 1122400 (England and Wales)

Company registration number 06412836

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**



# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Dr. N J Celino Mr C G Simpson Dr D M Sharpe Miss E Dowds C Bethel Mr D Churchill Mr N C Patel Miss G Ghaffary Professor R Campbell	(Appointed 2 December 2024) (Appointed 24 February 2025)
<b>Secretary</b>	C Bethel	
<b>Charity number (England and Wales)</b>	1122400	
<b>Company number</b>	06412836	
<b>Registered office</b>	Fivefields 8-10 Grosvenor Gardens London United Kingdom SW1W 0DH	
<b>Independent examiner</b>	Hazel Day Xeinadin Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ	

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# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## CONTENTS

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	<b>Page</b>
Trustees' report	1 - 4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 17

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# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

**FOR THE YEAR ENDED 31 MARCH 2025**

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The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

### Objectives and activities

#### Our vision

All young people have the best possible health and equal access to high quality youth friendly services.

#### Our mission

We work with everyone to understand and meet the particular health and wellbeing needs of 10-25 year olds. Young people and their rights are at the centre of everything we do.

#### Our strategy

Our priorities for change:

- Young people's voice and lived experience is heard and acted upon in health policy, research and practice
- Health services have the capacity, resources and skills to be effectively youth friendly
- Young people's health inequalities are reduced
- Young people live in environments and communities that support and nurture good health

Building networks and partnerships are central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

#### Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

### Achievements and performance

#### Significant activities and achievements against objectives

#### Charitable activities

This financial year we have pursued the following activities that help us achieve our aims:

#### Young people's voice and lived experience is heard and acted upon in health policy, research and practice

AYPH works on an ongoing basis to ensure that young people's voices are heard and acted upon by all those who plan, fund and deliver health and wellbeing services.

We have completed several participation projects this year including:

- developing a training module based on our work on the experiences of young people with epilepsy from communities that experience marginalisation
- worked with young LGBTQ+ people to highlight their perspectives on the Royal College of Paediatrics and Child Health's LGBTQ+ statement of principle. the statement focuses on working in an inclusive way, better understanding the needs of LGBTQ+ children and young people, and supporting paediatricians providing care for them.
- AYPH is leading a programme of Patient and Public Involvement with young people in the process of testing a school-based intervention to prevent dating and relationship violence and gender-based violence.

We provided bespoke support to the young board members of the Children and Young People's NHS Transformation Board, helping them have a direct voice in high level NHS England decision making. We supported the recruitment and induction of a new cohort of young board members during this year and impact analysis on the work of the board.

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2025

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#### **Young people's health inequalities are reduced**

Some young people experience worse health outcomes than others, which is unfair and can be prevented. Differences in young people's health are caused by a range of factors, from education to housing.

- This year saw the start of a programme of work with the University of Bristol, to understand what impacts on young people's mental health and what increases inequalities for different groups of young people – using intersectionality as a lens across the UK. We delivered patient and public involvement activity as part of an economic evaluation of free school meals in secondary schools.
- Our AYPH training programme has an ongoing focus on health inequalities, and we supported our young trainers to present about health inequalities to the Local Government Association conference. We also ran a one-day essential course on adolescent health and health inequalities for the Royal College of GPs.

#### **Health services have the capacity, resources and skills to be effectively youth friendly**

Supporting innovative practice is central to achieving our aims.

- This year saw work begin with the University of Bristol to co-produce resources for healthcare professionals to reduce discrimination and improve quality of healthcare for young women. In Scotland, with local youth organisations and health professionals, AYPH is supporting the engagement of young people involved in this project. As part of our work on Data Trusts, AYPH published a briefing on the role of trustees representing children's health data interests and delivered a webinar for stakeholders.
- Our training programme to support organisations and individuals to understand and meet the particular health needs of 10-25 year olds continued this year. We have worked with young trainers and partner organisations to create change in understanding young people's health inequalities and youth friendly health approaches through the provision of youth led training for healthcare practitioners, commissioners and policy makers. The work will create this change, creating a new cohort of young trainers, increasing the opportunities for our young trainers and youth advisors to develop their skills and confidence as they work with us to influence system wide change.

#### **Young people live in environments and communities that support and nurture good health**

Our work continues to fill gaps in understanding and knowledge in national policy, from better understanding of young people's experiences of food insecurity to the impact of health inequalities.

- Our Shaping Places for Healthier Lives project in the London Borough of Newham concluded this year. Over the three year project we developed complex system maps to improve our understanding of the drivers, held many discussions with stakeholders and young people, and built and tested new interventions based in secondary schools and youth centres. A suite of resources was published and an event to launch the publications was held.
- We supported the UKHSA on engagement with young people on their views on health security, health protection and health information.

Our policy work has continued across all our priorities.

We continue to take part in a number of advisory and steering groups for other organisations, including:

- the NHS Stakeholder Council for the CYP Transformation Programme
- the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau
- the Children and Young People's Mental Health Coalition
- the Inequalities in Health Alliance, the PSHE strategic partnership
- chairing the Advisory Group of a research project focused on safe spaces for LGBTQ+ young people to do physical activity
- the Public Health Intervention Research Study reviewing evaluations of public health interventions from across the UK and the
- Brook service development committee on mental health and neurodiversity

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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### **Building networks and partnerships**

We have continued to maintain and increase the diversity of income streams for the organisation. We work with five Royal Colleges directly and/or via their adolescent and CYP health groups. AYPH is also a member of the International Association for Adolescent Health.

AYPH is a UK-wide organisation, and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2024-25 came from English sources, we continue to engage our home country networks and sustain these partnerships. In 2025 we will be carrying out work in Scotland focused on young women's health. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

### **Financial review**

#### *Reserves policy*

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £152,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources running costs from the previous financial year alongside calculations based on the organisation's current circumstances and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2024/25 and budgeted future costs.

The charity has faced some economic challenges in this financial year which has led to a deficit as shown in these accounts. Changes in the funding landscape, health and policy shifts have impacted on income along with some staff changes. Trustees have been fully aware of the situation and staff have worked to reduce the impact of the shortfall. Regular risk assessments and oversight is in place. At 31st March 2025 the level of unrestricted funds which have not been designated for a specific use was approximately £132,000.

Trustees continue to support planning of our future funding, focusing on strategic aims for the charity. This year saw a refresh of our governance boards, including the recruitment of new Trustees, Advisory Council members and Young Ambassadors. We also reviewed our Patrons and have moved to a new model of a Strategic Advisory Panel. A new strand of work has emerged from this new model: Creating a paradigm shift in adolescent health. We worked with leading thinkers in the adolescent health field to discuss new areas of focus and new ways of looking at adolescent health. We will be highlighting emerging evidence and new ways of thinking about adolescent health and working together with young people and professionals to identify opportunities to change the health trajectories for young people and support wider public health action on the issues affecting them.

Trustees will continue to monitor reserves going forward and will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and any necessary mitigating action is taken as needed.

### **Plans for future periods**

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the launch of a redesigned membership scheme, which included moving to a free model of membership in order to reach a wider audience and influence a larger sector of the community. The move to the new membership model has seen our membership increase to almost 600 members. This year saw the appointment of a new Evidence and Policy Lead /Deputy Chief Executive to the organisation.

### **Structure, governance and management**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2025

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The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr. N J Celino	
Dr C H Parker	(Resigned 31 May 2025)
Mr C G Simpson	
Dr D M Sharpe	
Miss E Dowds	
C Bethel	
Mr D Churchill	
D Fallon	(Resigned 2 December 2024)
Mr N C Patel	
Miss G Ghaffary	(Appointed 2 December 2024)
Professor R Campbell	(Appointed 24 February 2025)

#### *Organisational structure*

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. The Chair and the staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

The trustees' report was approved by the Board of Trustees.



C Bethel

**Trustee**

Date: 15/10/25

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

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I report to the trustees on my examination of the financial statements of The Association For Young People's Health (the charity) for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Hazel Day**  
BSc (Hons) FCA DChA  
Xeinaadin  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ  
Date: 4/11/2025

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Income from:</b>							
Charitable activities	3	75,761	151,014	226,775	230,090	122,413	352,503
Other trading activities	4	24,467	-	24,467	33,365	-	33,365
Investments	5	3,548	-	3,548	3,580	-	3,580
<b>Total income</b>		<u>103,776</u>	<u>151,014</u>	<u>254,790</u>	<u>267,035</u>	<u>122,413</u>	<u>389,448</u>
<b>Expenditure on:</b>							
Charitable activities	6	152,322	154,213	306,535	230,451	130,414	360,865
<b>Total expenditure</b>		<u>152,322</u>	<u>154,213</u>	<u>306,535</u>	<u>230,451</u>	<u>130,414</u>	<u>360,865</u>
<b>Net income/(expenditure) and movement in funds</b>		(48,546)	(3,199)	(51,745)	36,584	(8,001)	28,583
<b>Reconciliation of funds:</b>							
Fund balances at 1 April 2024		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>144,049</u>	<u>26,513</u>	<u>170,562</u>
<b>Fund balances at 31 March 2025</b>		<u>132,087</u>	<u>15,313</u>	<u>147,400</u>	<u>180,633</u>	<u>18,512</u>	<u>199,145</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
<b>Current assets</b>					
Debtors	12	48,798		32,609	
Cash at bank and in hand		110,995		204,533	
		<u>159,793</u>		<u>237,142</u>	
<b>Creditors: amounts falling due within one year</b>	13	<u>(12,393)</u>		<u>(37,997)</u>	
<b>Net current assets</b>			<u>147,400</u>		<u>199,145</u>
<b>The funds of the charity</b>					
Restricted income funds	16		15,313		18,512
Unrestricted funds	17		<u>132,087</u>		<u>180,633</u>
			<u>147,400</u>		<u>199,145</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 15/10/25



C Bethel  
Trustee

Company registration number 06412836 (England and Wales)

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS

*FOR THE YEAR ENDED 31 MARCH 2025*

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### 1 Accounting policies

#### Charity information

The Association For Young People's Health is a private company limited by guarantee incorporated in England and Wales. The registered office is Fivefields, 8-10 Grosvenor Gardens, London, SW1W 0DH, United Kingdom.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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### 1 Accounting policies (Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

**1 Accounting policies** (Continued)

**1.8 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**1.9 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**3 Income from charitable activities**

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>Grants receivable</b>						
Performance related grants	75,761	151,014	226,775	230,090	122,413	352,503
	<u>75,761</u>	<u>151,014</u>	<u>226,775</u>	<u>230,090</u>	<u>122,413</u>	<u>352,503</u>

**4 Income from other trading activities**

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	24,467	33,365
	<u>24,467</u>	<u>33,365</u>

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	3,548	3,580

### 6 Expenditure on charitable activities

	Activities undertaken directly 2025 £	Activities undertaken directly 2024 £
<b>Direct costs</b>		
Staff costs	218,893	215,121
Partner project costs	15,218	76,134
Other expenses	4,513	-
Accessibility costs	-	1,050
Staff training	-	112
Young trainer	2,955	2,656
Travelling expenses	-	2,287
Recruitment costs	1,003	1,232
Consultancy	16,290	17,810
Conference/project costs	20,386	18,610
	<u>279,258</u>	<u>335,012</u>
<b>Share of support and governance costs (see note 7)</b>		
Support	23,008	21,757
Governance	4,269	4,096
	<u>306,535</u>	<u>360,865</u>
<b>Analysis by fund</b>		
Unrestricted funds	152,322	230,451
Restricted funds	154,213	130,414
	<u>306,535</u>	<u>360,865</u>

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 7 Support costs allocated to activities

	2025	2024
	£	£
Insurance	1,166	1,075
Telephone	1,832	2,025
Postage and stationery	434	759
Travelling	1,755	2,455
Repairs and renewals	75	780
Bank charges	125	94
Computer expenses	3,456	3,642
Website expenses	146	180
Office rental	13,274	10,547
Advertising	744	200
Governance costs	4,270	4,096
	<u>27,277</u>	<u>25,853</u>
<b>Analysed between:</b>		
Activities undertaken directly	<u>27,277</u>	<u>25,853</u>

### 8 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	<u>2,250</u>	<u>1,650</u>

### 9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

#### Trustees' expenses

Trustees were reimbursed a total of £191 to 1 trustee (2024 - £152 to 1 trustee) in travelling and other expenses during the year

### 10 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	<u>6</u>	<u>6</u>

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Employees	(Continued)	
Employment costs	2025	2024
	£	£
Wages and salaries	194,739	191,611
Social security costs	14,607	14,147
Other pension costs	9,547	9,363
	<u>218,893</u>	<u>215,121</u>

There were no employees whose annual remuneration was more than £60,000.

### 11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 12 Debtors

	2025	2024
Amounts falling due within one year:	£	£
Other debtors	<u>48,798</u>	<u>32,609</u>

### 13 Creditors: amounts falling due within one year

	Notes	2025	2024
		£	£
Other taxation and social security		-	4,483
Deferred income	14	-	16,786
Other creditors		12,393	16,728
		<u>12,393</u>	<u>37,997</u>

### 14 Deferred income

	2025	2024
	£	£
Other deferred income	<u>-</u>	<u>16,786</u>

Deferred income is included in the financial statements as follows:

	2025	2024
	£	£
Deferred income is included within:		
Current liabilities	<u>-</u>	<u>16,786</u>

Movements in the year:

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2025

14 Deferred income	(Continued)	
Deferred income at 1 April 2024	16,786	10,558
Released from previous periods	(16,786)	(10,558)
Resources deferred in the year	-	16,786
	<u>          </u>	<u>          </u>
Deferred income at 31 March 2025	<u>          </u>	<u>16,786</u>

15 Retirement benefit schemes	2025	2024
Defined contribution schemes	£	£
Charge to profit or loss in respect of defined contribution schemes	9,547	9,363
	<u>          </u>	<u>          </u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

### 16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
Shaping Places	12,498	47,365	(59,841)	22
Data Trusts	-	17,200	(16,952)	248
Data Trusts	1,814	-	(1,676)	138
Youth Health Data Hub	4,200	-	(4,200)	-
Well centre	-	448	(448)	-
Stop GBV DRV trial	-	5,645	(5,645)	-
Paul Hamlyn	-	50,000	(37,350)	12,650
Westminster Foundation	-	7,531	(6,276)	1,255
MH HI Wellcome Fellowship	-	16,825	(16,325)	500
ESRC young women's health	-	4,000	(3,500)	500
PDG	-	2,000	(2,000)	-
	<u>18,512</u>	<u>151,014</u>	<u>(154,213)</u>	<u>15,313</u>

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds		(Continued)			
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £	
HF Inequalities Fellow	12,991	14,905	(27,896)	-	
Rollercoaster Evaluation	325	-	(325)	-	
Dating and Relationship Gender Based Violence	1,843	-	(1,843)	-	
Shaping Places	10,979	59,137	(57,618)	12,498	
Data Trusts	375	-	(375)	-	
Sharing the learning	-	9,421	(9,421)	-	
Data Trusts	-	12,750	(10,936)	1,814	
Youth Health Data Hub	-	4,900	(700)	4,200	
NWL Ren	-	10,000	(10,000)	-	
Well centre	-	11,300	(11,300)	-	
	26,513	122,413	(130,414)	18,512	

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds

(Continued)

### **Shaping Places Phase 2**

AYPH worked with Newham Public Health team to address food insecurity for young people age 11-19 living in Newham by implementing a community-based system dynamics approach focused specifically on food security in schools and youth spaces.

### **Youth Health Data Hub**

AYPH is working to improve the evidence base for investing in young people's health, via our Youth Health Data Hub. This work, funded by the Sir Halley Stewart Trust focused on modernising the way in which AYPH delivers the most up to date and useful data on young people's health, in order to provide the basis for advocacy and service delivery to this age group.

### **STOP GBV DRV (Think Again)**

This school-based intervention to prevent dating and relationship violence (DRV) and gender-based violence (GBV) is informed by three NIHR-funded projects. AYPH is leading a programme of Patient and Public Involvement with young people in the process of testing the intervention. This work aims to support further research to test the effectiveness of resources to teach students about healthy relationships and consent, how to recognise abuse and ask for help and how to reduce gender-based violence.

### **Data Trusts**

Carried out as part of the Born in Scotland birth cohort study, this work explores whether data trusts can help support young people to be more involved in the next generation of birth cohort studies and the ways in which a data trust can be used to govern children's data and data rights. AYPH has led youth engagement exercises, published a briefing on the role of trustees representing children's health data interests and delivered a webinar for stakeholders.

### **User led structural change in young people's health**

Funded by the Paul Hamlyn Foundation, this work aims to create system wide change in understanding young people's health inequalities and youth friendly health approaches through the provision of youth led training for healthcare practitioners, commissioners and policy makers. The work will create this change with new cohorts of young trainers, increasing the opportunities for our young trainers and youth advisors to develop their skills and confidence as they work with us to influence system wide change.

### **Westminster Foundation**

Funding provided by the Westminster Foundation to enable AYPH to occupy office space at their Fivefields offices. The vision is that Fivefields will become a world-class venue for voluntary organisations that share a common goal of supporting children and young people to improve their life outcomes, aligning with the Westminster Foundation's thematic focus, and that by AYPH's occupation of Fivefields this will inspire other youth organisations through community and collaboration which will in turn maximize AYPH's effectiveness.

### **Mental Health & Inequalities - Wellcome Fellowship**

Funded by the University of Bristol, this project is looking to understand what impacts on young people's mental health and what increases inequalities for different groups of young people – using intersectionality as a lens across the UK. AYPH is supporting the engagement of young people involved in this project.

### **Young women's health**

Funded by the University of Bristol, this work will co-produce resources for healthcare professionals to reduce discrimination and improve quality of healthcare for young women. Taking place in Scotland with local youth organisations and health professionals, AYPH is supporting the engagement of young people involved in this project.

### **Programme Development Grant**

This programme development grant led by Imperial College London and provided by the National Institute for Health Research, aims to develop a more integrated approach to evaluating multi-sectoral interventions and policies to improve health outcomes for adolescents.

# THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2025

#### 17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General fund	180,547	103,776	(152,322)	132,001
Youth Led Environmental Enquiry	86	-	-	86
	<u>180,633</u>	<u>103,776</u>	<u>(152,322)</u>	<u>132,087</u>
<b>Previous year:</b>	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2024 £</b>
General fund	138,963	267,035	(225,451)	180,547
Youth Led Environmental Enquiry	86	-	-	86
Recruitment and payment of young trainers	5,000	-	(5,000)	-
	<u>144,049</u>	<u>267,035</u>	<u>(230,451)</u>	<u>180,633</u>

#### 18 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
<b>At 31 March 2025:</b>			
Current assets/(liabilities)	132,087	15,313	147,400
	<u>132,087</u>	<u>15,313</u>	<u>147,400</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>			
Current assets/(liabilities)	180,633	18,512	199,145
	<u>180,633</u>	<u>18,512</u>	<u>199,145</u>

#### 19 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH**

England & Wales - Charity number 1122400

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# Accounts

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**REGISTERED COMPANY NUMBER: 06412836 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1122400**

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Unaudited Financial Statements for the Year Ended 31 March 2024**

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Contents of the Financial Statements  
for the year ended 31 March 2024**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 5
<b>Independent Examiner's Report</b>	6
<b>Statement of Financial Activities</b>	7
<b>Balance Sheet</b>	8
<b>Notes to the Financial Statements</b>	9 to 16

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities**

**Our vision**

All young people have the best possible health and equal access to high quality youth friendly services.

**Our mission**

We work with everyone to understand and meet the particular health and wellbeing needs of 10-25 year olds. Young people and their rights are at the centre of everything we do.

**Our strategy**

Our priorities for change:

- Young people's voice and lived experience is heard and acted upon in health policy, research and practice
- Health services have the capacity, resources and skills to be effectively youth friendly
- Young people's health inequalities are reduced
- Young people live in environments and communities that support and nurture good health

Building networks and partnerships is central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2024**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

This financial year we have pursued the following activities that help us achieve our aims:

**Young people's voice and lived experience is heard and acted upon in health policy, research and practice**  
AYPH works on an ongoing basis to ensure that young people's voices are heard and acted upon by all those who plan, fund and deliver health and wellbeing services.

We have completed several participation projects this year including work on care experienced young people's experiences of health inequalities, children, young people and families' experiences of the new NHS complication from excess weight clinics, the experiences of young people with epilepsy and type 1 diabetes from communities that experience marginalisation, young people's views of new digital tools in complications from excess weight clinics, and young LGBTQ+ people's views on the RCPCH's position on the rights of LGBTQ+ people to eliminate discrimination and stigma, support understanding of the needs of LGBTQ+ children and young people and support health professionals in their role of providing support to LGBTQ+ children and young people.

We provided bespoke support to the youth board members of the Children and Young People's NHS Transformation Board, helping them have a direct voice in high level NHS England planning discussions and supported the recruitment and induction of a new cohort of youth board members during this year.

**Young people's health inequalities are reduced**

Some young people experience worse health outcomes than others, which is unfair and can be prevented. Differences in young people's health are caused by a range of factors, from education to housing.

Our programme of work to better understand the health inequalities faced by young people concluded this year with outputs of data and evidence, policy and training work streams as well as a programme of engagement work with young people and establishing and running a youth panel focusing on the experiences of care experienced young people in partnership with Coram Voice. We also supported young people to present about health inequalities and the impact of the cost of living crisis at a King's Fund conference looking at the ways new Integrated Care Boards can address young people's health inequalities. We also worked with StreetGames to produce a State of the Nation report, looking at key health trends and policy developments in the health and wellbeing of young people in low income areas in England and Wales.

**Health services have the capacity, resources and skills to be effectively youth friendly**

Supporting innovative practice is central to achieving our aims. This year saw work to increase the effectiveness of GPs and other healthcare staff to reduce young people's health inequalities via a learning project with primary care staff and young people from South London.

Our training programme to support organisations and individuals to understand and meet the particular health needs of 10-25 year olds continued this year. We employed five young trainers to deliver a series of courses focussed on improving knowledge and practice across the sector. Courses include: health inequalities and young people, youth mental health first aid, ethical practice in engagement with young people and youth friendly health services. The Young Trainers also worked to co-develop specific training to support grant funded projects on ethical participation for academic researchers, as well as training courses for NHS London and the North West London Integrated Care Board.

**Young people live in environments and communities that support and nurture good health**

Our work continues to fill gaps in understanding and knowledge in national policy from better understanding of young people's experiences of obesity and food insecurity to the impact of health inequalities. In 2023-24 we delivered work to share learning from the Young Voices programme that worked with young people in preventing sexual exploitation. We also worked on an evaluation of the Well Centre, a primary care service for 11-21 year olds in Lambeth and Wandsworth, to identify the transferrable elements of the model and explore how to utilise services such as primary care to deal with the rising tide of mental health problems in this age group.

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of seven voluntary sector young people's organisations. We also established and recruited to a new post of Evidence and Policy Lead.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2024**

We continue to take part in a number of advisory and steering groups for other organisations, including the NHS Stakeholder Council for the CYP Transformation Programme, the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau, the Children and Young People's Mental Health Coalition, the Inequalities in Health Alliance and the World Health Organisation advisory group on measuring adolescent health (GAMA).

**Building networks and partnerships**

We have continued to maintain and increase the diversity of income streams for the organisation. We work with five Royal Colleges directly and/or via their adolescent and CYP health groups. AYPH is also a member of the International Association for Adolescent Health.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2023-24 came from English sources, we continue to engage our home country networks and sustain these partnerships. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

**FINANCIAL REVIEW**

**Review of the Year**

Trustees are pleased to report that the results for the year show a return to a net income position, although there was a marginal deficit within its Restricted Funds, with levels of income reducing significantly from the previous year.

In the previous year there was a significant excess of expenditure over income, however, trustees recognised that its results for the year ended 31 March 2023 reflected its accounting policies with respect to the timing of recognition of income and expenses. Specifically, as stated in Note 1 to these Accounts, Restricted Funds are recognised as income when the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Projects undertaken by the charity typically commit funds to the charity at their outset. Expenses related to those projects are recognised on an accruals basis as and when the expenditure is committed. Generally this means that income is recognised in advance of expenditure.

**Reserves policy**

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £173,500). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources running costs from the previous financial year alongside calculations based on the organisations current circumstances and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2023/24 and budgeted future costs. At 31st March 2024 the level of unrestricted funds which have not been designated for a specific use was approximately £178,000.

Trustees continue to support funding planning focusing on strategic aims for the charity. This year saw the successful start of our new training programme after piloting took place last year, to help AYPH secure unrestricted funding and support the organisation's sustainability. The training programme has been positively received, with our earnings surpassing our original target for the year. The facilitation skills, ethical engagement and health inequalities training have proved to be particularly well received. The inclusion of young trainers leading the courses has been very popular with attendees and has strengthened and expanded our bids for funding.

Trustees will continue to monitor reserves going forward and will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2024**

**FUTURE PLANS**

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the development of a revised fundraising strategy and focus on funding bids to expand the training programme, including the development of a new role to support the Young Trainers. This year the organisation underwent a refresh of roles and structure due to changes in staffing. Our Research Lead has stepped back to an Associate role. Our Health Inequalities Policy Fellow and Youth Participation Coordinator left the organisation to take up new roles. This gave us the opportunity to think about the staffing structure for the organisation and create and recruit to several new roles: an Evidence and Policy Lead and Deputy Chief Executive, and a Youth Engagement and Partners Project Manager. The work of the Evidence and Policy Lead has been embedded into project planning for future work to support income generation for the charity. This year also saw a refresh of the Young People's Advisory Panel. A recruitment drive was carried out and saw the appointment of ten new Youth Ambassadors to the organisation.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Organisational structure**

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. This year we recruited a senior manager to strengthen the management capacity of the organisation. The Chair and the Staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

**Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
06412836 (England and Wales)

**Registered Charity number**  
1122400

**Registered office**  
Fivefields  
8-10 Grosvenor Gardens  
London  
SW1W 0DH

**Trustees**  
N J Celino  
E Dowds  
D Churchill  
C Bethel  
D Fallon  
N C Patel  
C G Simpson Chartered Accountant  
C H Parker Legal And Policy Consultant  
D M Sharpe Academic (appointed 16.5.23)

**Company Secretary**  
C Bethel

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2024**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**  
Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Approved by order of the board of trustees on 12<sup>th</sup> Nov. '24 and signed on its behalf by:



C Bethel - Trustee

**Independent Examiner's Report to the Trustees of  
The Association For Young People's  
Health (Registered number: 06412836)**

**Independent examiner's report to the trustees of The Association For Young People's Health ('the Company')**  
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hazel Day BSc (Hons) FCA DChA

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Date: 13th November 2024

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Statement of Financial Activities  
for the year ended 31 March 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
Grants receivable		230,091	122,413	352,504	168,589
Other trading activities	2	33,365	-	33,365	7,067
Investment income	3	3,580	-	3,580	1,113
Other income		(2)	1	(1)	(1)
<b>Total</b>		<u>267,034</u>	<u>122,414</u>	<u>389,448</u>	<u>176,768</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Activities undertaken directly		<u>230,451</u>	<u>130,414</u>	<u>360,865</u>	<u>397,265</u>
<b>NET INCOME/(EXPENDITURE)</b>		36,583	(8,000)	28,583	(220,497)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		144,049	26,513	170,562	391,059
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>180,632</u></u>	<u><u>18,513</u></u>	<u><u>199,145</u></u>	<u><u>170,562</u></u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet  
31 March 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	8	32,609	-	32,609	13,489
Cash at bank		186,021	18,512	204,533	325,492
		<u>218,630</u>	<u>18,512</u>	<u>237,142</u>	<u>338,981</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(37,997)	-	(37,997)	(168,419)
		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
<b>NET CURRENT ASSETS</b>					
		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
<b>NET ASSETS</b>					
		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>170,562</u>
<b>FUNDS</b>					
	10			<u>180,633</u>	<u>144,049</u>
Unrestricted funds				<u>18,512</u>	<u>26,513</u>
Restricted funds				<u>199,145</u>	<u>170,562</u>
<b>TOTAL FUNDS</b>					
				<u>199,145</u>	<u>170,562</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12th November 2024 and were signed on its behalf by:

  
C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements  
for the year ended 31 March 2024**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	2024	2023
	£	£
Membership	778	1,312
Consultancy	2,088	4,713
Training income	30,499	1,042
	<u>33,365</u>	<u>7,067</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2024

**3. INVESTMENT INCOME**

	2024	2023
	£	£
Deposit account interest	3,580	1,113
	<u>          </u>	<u>          </u>

**4. SUPPORT COSTS**

	Management £	Information technology £	Other £	Governance costs £	Totals £
Activities undertaken directly	20,883	780	94	4,096	25,853
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

**TRUSTEES' EXPENSES**

Trustees were reimbursed a total of £152 to 1 trustee (2023 - £196 to 2 trustees) in travelling and other expenses during the year.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2024	2023
	6	9
Charitable activities	<u>          </u>	<u>          </u>

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2022-23**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Grants receivable	101,511	67,078	168,589
Other trading activities	7,067	-	7,067
Investment income	1,113	-	1,113
Other income	-	(1)	(1)
<b>Total</b>	<u>109,691</u>	<u>67,077</u>	<u>176,768</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Activities undertaken directly	129,511	267,754	397,265
<b>NET INCOME/(EXPENDITURE)</b>	(19,820)	(200,677)	(220,497)

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2024

<b>7.</b>	<b>COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2022-23 - continued</b>		
	Unrestricted funds £	Restricted funds £	Total funds £
	<b>RECONCILIATION OF FUNDS</b>		
	163,869	227,190	391,059
	<u>144,049</u>	<u>26,513</u>	<u>170,562</u>
<b>8.</b>	<b>DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		
		2024 £	2023 £
	Other debtors	<u>32,609</u>	<u>13,489</u>
<b>9.</b>	<b>CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>		
		2024 £	2023 £
	Social security and other taxes	-	8,169
	VAT	4,483	11,381
	Other creditors	16,728	10,558
	Accruals and deferred income	16,786	138,311
		<u>37,997</u>	<u>168,419</u>
<b>10.</b>	<b>MOVEMENT IN FUNDS</b>		
	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
	<b>Unrestricted funds</b>		
	General fund	41,584	180,547
	Youth Led Environmental Enquiry	-	86
	Recruitment and payment of young trainers	(5,000)	-
	<u>144,049</u>	<u>36,584</u>	<u>180,633</u>
	<b>Restricted funds</b>		
	HF Inequalities Fellow.	(12,991)	-
	Rollercoaster Evaluation	(325)	-
	Dating and Relationship Gender Based Violence	(1,843)	-
	Shaping Places	1,519	12,498
	Data Trusts	(375)	-
	Partners for Health	1,814	1,814
	Youth Health Data Hub	4,200	4,200
	<u>26,513</u>	<u>(8,001)</u>	<u>18,512</u>
	<u>170,562</u>	<u>28,583</u>	<u>199,145</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2024**

**10. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	267,034	(225,450)	41,584
Recruitment and payment of young trainers	-	(5,000)	(5,000)
	<u>267,034</u>	<u>(230,450)</u>	<u>36,584</u>
<b>Restricted funds</b>			
HF Inequalities Fellow.	14,905	(27,896)	(12,991)
Rollercoaster Evaluation	-	(325)	(325)
Dating and Relationship Gender Based Violence	-	(1,843)	(1,843)
Shaping Places	59,138	(57,619)	1,519
Data Trusts	-	(375)	(375)
Sharing the learning	9,421	(9,421)	-
Partners for Health	12,750	(10,936)	1,814
Youth Health Data Hub	4,900	(700)	4,200
NWL Ren	10,000	(10,000)	-
Well centre	11,300	(11,300)	-
	<u>122,414</u>	<u>(130,415)</u>	<u>(8,001)</u>
<b>TOTAL FUNDS</b>	<u><u>389,448</u></u>	<u><u>(360,865)</u></u>	<u><u>28,583</u></u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued**  
for the year ended 31 March 2024

**10. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	148,869	(9,906)	138,963
Youth Led Environmental Enquiry	5,000	(4,914)	86
Recruitment and payment of young trainers	5,000	-	5,000
Fundraising and strategic development	5,000	(5,000)	-
	<u>163,869</u>	<u>(19,820)</u>	<u>144,049</u>
<b>Restricted funds</b>			
We're All Right	29,742	(29,742)	-
HF Inequalities Fellow.	97,815	(84,824)	12,991
Rollercoaster Evaluation	1,100	(775)	325
Dating and Relationship Gender Based Violence	1,843	-	1,843
Young People Views on Health Inequalities	6,035	(6,035)	-
Improving practice in Youth Health	71,123	(71,123)	-
Shaping Places Phase 2	5,732	5,247	10,979
Young Voices Evaluation	13,800	(13,800)	-
Data Trusts	-	375	375
	<u>227,190</u>	<u>(200,677)</u>	<u>26,513</u>
<b>TOTAL FUNDS</b>	<u>391,059</u>	<u>(220,497)</u>	<u>170,562</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued**  
for the year ended 31 March 2024

**10. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	109,691	(119,597)	(9,906)
Youth Led Environmental Enquiry	-	(4,914)	(4,914)
Fundraising and strategic development	-	(5,000)	(5,000)
	<u>109,691</u>	<u>(129,511)</u>	<u>(19,820)</u>
<b>Restricted funds</b>			
We're All Right	-	(29,742)	(29,742)
HF Inequalities Fellow.	13,781	(98,605)	(84,824)
Rollercoaster Evaluation	-	(775)	(775)
Ethics of Coproduction	1,000	(1,000)	-
Young People Views on Health Inequalities	-	(6,035)	(6,035)
Improving practice in Youth Health	4,500	(75,623)	(71,123)
Shaping Places Phase 2	28,597	(23,350)	5,247
Young Voices Evaluation	-	(13,800)	(13,800)
Data Trusts	19,199	(18,824)	375
	<u>67,077</u>	<u>(267,754)</u>	<u>(200,677)</u>
<b>TOTAL FUNDS</b>	<u>176,768</u>	<u>(397,265)</u>	<u>(220,497)</u>

Restricted funds include the following:

**We're All Right**

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

**HF Inequalities Fellow**

As part of a Health Foundation programme to focus on health inequalities experienced by young people, AYPH is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

**Rollercoaster Evaluation**

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

**Young People's Views on Health Inequalities**

Funded by the University of Sheffield, AYPH led the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

**Improving Practice in Youth Health**

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2024

**10. MOVEMENT IN FUNDS - continued**

Funded by the Samworth Foundation this work will develop and establish a new youth led programme of education and change to improve policy and practice in young people's health and create a Step Change in Youth Health by nurturing a new cohort of professionals who can learn from young people, experts and each other about the best ways to run services and support young people's health and wellbeing.

**Shaping Places Phase 2**

Following initial funding from Newham Council's Public Health Team to scope, map and plan the influences and potential 'levers for action' for reducing the impact of children's food insecurity and lead engagement of key stakeholders, further funding has been secured for AYPH to work as the national VCSE partner focused on young people's health in the round to address food insecurity for children and young people living in Newham by implementing a community-based system dynamics approach.

**Young Voices Evaluation**

Funded by the Samworth Foundation this work will evaluate the Young Voices programme to assess how successful the programme was in its aim to work with and learn from organisations who place young people at the centre of their design, decision making and model of delivery to influence and effect change in the prevention of Sexual Exploitation.

**Data Trusts**

Working in partnership with the University of Warwick and the University of Edinburgh, AYPH will lead engagement work with young people to hear their views on data protection and the use of representatives to protect their interests. This work will inform planning for a new Data Trust to sit alongside a longitudinal research project.

**Youth Health Data Hub**

AYPH is working to improve the evidence base for investing in young people's health, via our Youth Health Data Hub. This work, funded by the Sir Halley Stewart Trust aims to modernise the way in which AYPH delivers the most up to date and useful data on young people's health to the youth health sector, in order to provide the basis for advocacy and service delivery to this age group.

**NWL REN 3**

This work looks at addressing barriers to diverse and representative research engagement among children and young people. Funded by NHS England this work aims to increase participation of children and young people in research which could lead to more effective and evidence-based interventions to address challenges such as young people's mental health and growing health inequalities.

**Well Centre**

Funded by the Violence Reduction Unit, this work evaluates the Well Centre, a unique, free, confidential primary care service for 11-21 year olds in Lambeth and Wandsworth. The work will track progress and change over the last 8 years of the service, and identify the transferrable elements of the model, including how to utilise services such as primary care to deal with the rising tide of mental health problems in this age group.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2024**

**11. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,130 (2023 - £1,517) were payable to the fund at the year end.

Contributions payable by the charity for the year was £9,362 (2023 - £11,709).

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH**

England & Wales - Charity number 1122400

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# Accounts

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**REGISTERED COMPANY NUMBER: 06412836 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1122400**

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Unaudited Financial Statements for the Year Ended 31 March 2023**

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Contents of the Financial Statements  
for the year ended 31 March 2023**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 6
<b>Independent Examiner's Report</b>	7
<b>Statement of Financial Activities</b>	8
<b>Balance Sheet</b>	9
<b>Notes to the Financial Statements</b>	10 to 17
<b>Detailed Statement of Financial Activities</b>	18 to 19

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities**

**Our vision**

All young people have the best possible health and equal access to high quality youth friendly services.

**Our mission**

We work with everyone to understand and meet the particular health and wellbeing needs of 10-25 year olds. Young people and their rights are at the centre of everything we do.

**Our strategy**

Our priorities for change:

- Young people's voice and lived experience is heard and acted upon in health policy, research and practice
- Health services have the capacity, resources and skills to be effectively youth friendly
- Young people's health inequalities are reduced
- Young people live in environments and communities that support and nurture good health

Building networks and partnerships is central to all of our aims. This year we launched our organisational strategy for 2023 - 2025 which included a theory of change for our work.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2023**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

This financial year we have pursued the following activities that help us achieve our aims:

**Young people's voice and lived experience is heard and acted upon in health policy, research and practice**

AYPH works on an ongoing basis to ensure that young people's voices are heard and acted upon by all those who plan, fund and deliver health and wellbeing services.

We have completed several participation projects including 'We're All Right' which focused on building a rights-based approach with young people affected by sexual violence. Work on this project included the development with young people of the We're All Right learning hub to help improve support for young people affected by sexual violence and other kinds of trauma. Resources include podcasts, activities, infographics, including how to become a youth rights champion. They can be used by professionals working with young people, family members or friends of young people affected by any kind of trauma.

Other projects covered a wide range of topics from diabetes, epilepsy and excess weight to food insecurity, and young people's views on data management and governance. We provided bespoke support to the youth board members of the Children and Young People's NHS Transformation Board, helping them to have a direct voice in high level NHS England planning discussions. We strive to hear from as broad a range of young people as possible to understand the diversity of young people's experience - this year this has included Gypsy, Roma and Traveller young people, young carers, care experienced young people, and young people from ethnic minority backgrounds.

**Health services have the capacity, resources and skills to be effectively youth friendly**

Supporting innovative practice is central to achieving our aims. We have developed methods for evaluating youth friendly health services that have included working closely with two innovative services. This work has informed both the development of these models and decisions about future commissioning. We were commissioned to ensure young people's perspectives are included in research about the new NHS structures - Integrated Care Systems and Sustainability and Transformation Partnerships. We also worked with health professionals on improving access to secondary care for young people particularly in relation to transfers between child and adult health services.

We run regular webinars for those working to support young people's health. This has covered topics including young people's health inequalities, supporting young people affected by sexual violence, making integrated care work for children and young people, and school based interventions to prevent Dating and Relationship Violence and Gender Based Violence. In 2022/23, 787 people attended our on-line events. This is in addition to joint conferences with professional bodies and Royal Colleges that enable us to emphasise the importance of youth health to a wide range of practitioners.

This year saw the development of our training programme to support organisations and individuals to understand and meet the particular health needs of 10-25 year olds. We employed three young training interns to develop and pilot a series of courses focussed on improving knowledge and practice across the sector. Courses include: health inequalities and young people, ethical practice in engagement with young people and youth friendly health services. These courses are now being launched and will be co-delivered with young trainers who have attended our facilitation skills course. New courses are in development to carry on sharing the learning from our work and better support professionals to improve experiences and outcomes for young people.

**Young people's health inequalities are reduced**

Some young people experience worse health outcomes than others due to external factors which is unfair and can be prevented. Differences in young people's health are caused by a range of factors, from education to housing.

Our programme of work to better understand the health inequalities faced by young people continued this year including data and evidence, policy and training work streams as well as a programme of engagement work with young people.

We also compiled over forty charts focused on health inequalities for publication on our Youth Health Data Hub. The charts looked at the drivers of inequality, levers for action and health outcomes. We developed a position statement to help inform policy with the Young People's Health Partnership. This provided data on differences in health alongside direct experiences of young people from the NHS Youth Forum and examples of best practice from across our networks.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2023**

Engagement work with young people has included establishing two youth panels. Working with the Race Equality Foundation, we ran a youth panel focused on understanding the health inequalities experienced by young people from ethnic minority backgrounds. The second youth panel is focusing on the experiences of care-experienced young people in partnership with Coram Voice and will conclude in 2023.

**Young people live in environments and communities that support and nurture good health**

Our work continues to fill gaps in understanding and knowledge in national policy from better understanding of young people's experiences of obesity to the impact of health inequalities. In 2022-23 we held a youth led environmental inquiry to explore the impact of climate change on young people's health. Using various engagement methods including surveys, consultations, a residential event and a multigenerational inquiry event we developed a set of recommendations with young people to determine how communities can support young people's health in the face of climate change. Work also included internal reviews to help shape our own policies and procedures to ensure our sustainability and reduce our environmental impact.

In the last year we have responded to 16 policy consultations and calls for evidence. Our responses have been quoted by the Department of Health and Social Care and used to inform House of Lords debates.

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of seven voluntary sector young people's organisations.

We continue to take part in a number of advisory and steering groups for other organisations, including the NHS Stakeholder Council for the CYP Transformation Programme, the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau, the Inequalities in Health Alliance and the World Health Organisation advisory group on measuring adolescent health (GAMA).

**Building networks and partnerships**

We have continued to maintain and increase the diversity of income streams for the organisation. We have increased our reach via our newsletter and social media platforms - with over 5,000 Twitter followers. Since its launch in April 2022, the new AYPH website has had over 47,000 views. We highlight our members' work, projects and events to add value to their membership via our Twitter feed. We work with five Royal Colleges directly and/or via their adolescent and CYP health groups. AYPH is also a member of the International Association for Adolescent Health.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2022-23 came from English sources, we continue to engage our home country networks and sustain these partnerships. This year AYPH led engagement work with young people in Scotland in partnership with local youth organisations. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2023**

**FINANCIAL REVIEW**

**Review of the Year**

Trustees report that the results for the year show a significant excess of expenditure over income, particularly within its Restricted Funds, with levels of income reducing significantly from the previous year.

However, trustees recognise that its results for the year ended 31 March 2023 reflect its accounting policies with respect to the timing of recognition of income and expenses. Specifically, as stated in Note 1 to these Accounts, Restricted Funds are recognised as income when the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. Projects undertaken by the charity typically commit funds to the charity at their outset. Expenses related to those projects are recognised on an accruals basis as and when the expenditure is committed. Generally this means that income is recognised in advance of expenditure.

As shown in Note 10 to these Accounts, at 31 March 2022, the charity had received, and recognised as income in that year, large amounts of funds in respect of projects where the associated expenditure was spent in the current year, including the HF Inequalities Fellowship, Improving Practice in Youth Health and We're All Right projects.

Trustees remain satisfied that there are sufficient and rigorous cost controls over its projects to ensure that expenditure on each does not exceed income received.

In addition, trustees have reviewed the pipeline of projects to be undertaken in the year ended 31 March 2024 and are content that this is sufficient to enable the charity to continue to operate in accordance with its aims.

Trustees are also satisfied that the level of reserves, whilst being marginally below the amount specified in its Reserves Policy, is not impaired to a degree to cause concern as to the ability of the charity to continue to operate successfully. Trustees also note that the charity's income generation projects have begun to generate positive results.

**Reserves policy**

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £160,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources running costs from the previous financial year alongside calculations based on the organisations current circumstances and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2022/23 and budgeted future costs. At 31st March 2023 the level of unrestricted funds which have not been designated for a specific use was approximately £139k

Trustees continue to support a funding sub-committee focusing on long term funding for the charity. This sub-committee has formulated initial plans for projects which aim to establish contacts with new funding partners and increase the diversity of multi-year funding sources. This year also saw the development of our new training programme to help achieve our aim of improving health services for young people. We hope that this will enable AYPH to secure unrestricted funding and support the organisation's sustainability. Trustees will continue to monitor reserves going forward.

Trustees will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

**FUTURE PLANS**

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the launch of a new organisational strategy, fundraising strategy and theory of change. The work of the Education Lead has also been embedded into project planning for all future work to ensure the sustainability of the organisation and support income generation for the charity. Learning and key outcomes from our projects are being adapted and shared via our training programme to ensure that learning and best practice from work is sustained.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2023**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Organisational structure**

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. This year we recruited a senior manager to strengthen the management capacity of the organisation. The Chair and the Staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

**Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

06412836 (England and Wales)

**Registered Charity number**

1122400

**Registered office**

CAN Mezzanine  
7-14 Great Dover Street  
London  
SE1 4YR

**Trustees**

N J Celino  
E Dowds  
D Churchill  
C Bethel  
D Fallon  
N C Patel  
C G Simpson Chartered Accountant  
C H Parker Legal And Policy Consultant  
D M Sharpe (appointed 16.5.23)

**Company Secretary**

C Bethel

**Independent Examiner**

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Approved by order of the board of trustees on 25 October 2023 and signed on its behalf by:

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2023**

A handwritten signature in black ink that reads "Claire Bethel". The signature is written in a cursive style with a large, sweeping initial 'C'.

C Bethel - Trustee

**Independent Examiner's Report to the Trustees of  
The Association For Young People's  
Health (Registered number: 06412836)**

**Independent examiner's report to the trustees of The Association For Young People's Health ('the Company')**  
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hazel Day BSc (Hons) FCA DChA

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

27 October 2023

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Statement of Financial Activities  
for the year ended 31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
Grants receivable		101,511	67,078	168,589	502,150
Other trading activities	2	7,067	-	7,067	2,381
Investment income	3	1,113	-	1,113	77
Other income		-	(1)	(1)	2
<b>Total</b>		<u>109,691</u>	<u>67,077</u>	<u>176,768</u>	<u>504,610</u>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Activities undertaken directly		<u>129,511</u>	<u>267,754</u>	<u>397,265</u>	<u>361,191</u>
<b>NET INCOME/(EXPENDITURE)</b>		(19,820)	(200,677)	(220,497)	143,419
 <b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>163,869</u>	<u>227,190</u>	<u>391,059</u>	<u>247,640</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>144,049</u></u>	<u><u>26,513</u></u>	<u><u>170,562</u></u>	<u><u>391,059</u></u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet  
31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	8	13,489	-	13,489	16,685
Cash at bank		298,979	26,513	325,492	416,076
		<u>312,468</u>	<u>26,513</u>	<u>338,981</u>	<u>432,761</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(168,419)	-	(168,419)	(41,702)
<b>NET CURRENT ASSETS</b>		<u>144,049</u>	<u>26,513</u>	<u>170,562</u>	<u>391,059</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		144,049	26,513	170,562	391,059
<b>NET ASSETS</b>		<u>144,049</u>	<u>26,513</u>	<u>170,562</u>	<u>391,059</u>
<b>FUNDS</b>					
Unrestricted funds	10			144,049	163,869
Restricted funds				26,513	227,190
<b>TOTAL FUNDS</b>				<u>170,562</u>	<u>391,059</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 October 2023 and were signed on its behalf by:

Claire Bethel

C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements  
for the year ended 31 March 2023**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	2023	2022
	£	£
Membership	1,312	381
Consultancy	4,713	2,000
Training income	1,042	-
	<u>7,067</u>	<u>2,381</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**3. INVESTMENT INCOME**

	2023	2022
	£	£
Deposit account interest	1,113	77
	<u>          </u>	<u>          </u>

**4. SUPPORT COSTS**

	Management £	Information technology £	Other £	Governance costs £	Totals £
Activities undertaken directly	15,732	1,310	92	3,602	20,736
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**TRUSTEES' EXPENSES**

Trustees were reimbursed a total of £196 to 2 trustees (2022 - £117 to 1 trustee) in travelling and other expenses during the year.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable activities	9	9
	<u>          </u>	<u>          </u>

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2021-22**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Grants receivable	87,415	414,735	502,150
Other trading activities	2,381	-	2,381
Investment income	77	-	77
Other income	1	1	2
<b>Total</b>	<u>89,874</u>	<u>414,736</u>	<u>504,610</u>
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Activities undertaken directly	81,625	279,566	361,191
 <b>NET INCOME</b>	 8,249	 135,170	 143,419

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2021-22 - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	155,621	92,019	247,640
<b>TOTAL FUNDS CARRIED FORWARD</b>	163,870	227,189	391,059

**8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Other debtors	13,489	16,685
	13,489	16,685

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Social security and other taxes	8,169	8,381
VAT	11,381	8,549
Other creditors	10,558	4,753
Accruals and deferred income	138,311	20,019
	168,419	41,702

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**10. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	148,869	(9,906)	138,963
Youth Led Environmental Enquiry	5,000	(4,914)	86
Recruitment and payment of young trainers	5,000	-	5,000
Fundraising and strategic development	5,000	(5,000)	-
	<u>163,869</u>	<u>(19,820)</u>	<u>144,049</u>
<b>Restricted funds</b>			
We're All Right	29,742	(29,742)	-
HF Inequalities Fellow.	97,815	(84,824)	12,991
Rollercoaster Evaluation	1,100	(775)	325
Dating and Relationship Gender Based Violence	1,843	-	1,843
Young People Views on Health Inequalities	6,035	(6,035)	-
Improving practice in Youth Health	71,123	(71,123)	-
Shaping Places Phase 2	5,732	5,247	10,979
Young Voices Evaluation	13,800	(13,800)	-
Data Trusts	-	375	375
	<u>227,190</u>	<u>(200,677)</u>	<u>26,513</u>
<b>TOTAL FUNDS</b>	<u><u>391,059</u></u>	<u><u>(220,497)</u></u>	<u><u>170,562</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	109,691	(119,597)	(9,906)
Youth Led Environmental Enquiry	-	(4,914)	(4,914)
Fundraising and strategic development	-	(5,000)	(5,000)
	<u>109,691</u>	<u>(129,511)</u>	<u>(19,820)</u>
<b>Restricted funds</b>			
We're All Right	-	(29,742)	(29,742)
HF Inequalities Fellow.	13,781	(98,605)	(84,824)
Rollercoaster Evaluation	-	(775)	(775)
Ethics of Coproduction	1,000	(1,000)	-
Young People Views on Health Inequalities	-	(6,035)	(6,035)
Improving practice in Youth Health	4,500	(75,623)	(71,123)
Shaping Places Phase 2	28,597	(23,350)	5,247
Young Voices Evaluation	-	(13,800)	(13,800)
Data Trusts	19,199	(18,824)	375
	<u>67,077</u>	<u>(267,754)</u>	<u>(200,677)</u>
<b>TOTAL FUNDS</b>	<u><u>176,768</u></u>	<u><u>(397,265)</u></u>	<u><u>(220,497)</u></u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**10. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	155,621	8,248	(15,000)	148,869
Youth Led Environmental Enquiry	-	-	5,000	5,000
Recruitment and payment of young trainers	-	-	5,000	5,000
Fundraising and strategic development	-	-	5,000	5,000
	<u>155,621</u>	<u>8,248</u>	<u>-</u>	<u>163,869</u>
<b>Restricted funds</b>				
NatCen	900	(900)	-	-
We're All Right	13,002	16,740	-	29,742
Parenting Pilots	1,456	(1,456)	-	-
Key Data for Schools.	6,842	(6,842)	-	-
HF Inequalities Fellow.	20,687	77,128	-	97,815
Rollercoaster Evaluation	11,128	(10,028)	-	1,100
Covid Research Digest	833	(833)	-	-
Dating and Relationship Gender Based Violence	4,621	(2,778)	-	1,843
Young People Views on Health Inequalities	9,479	(3,444)	-	6,035
Key Data 2021	20,911	(20,911)	-	-
Shaping Places	2,160	(2,160)	-	-
Improving practice in Youth Health	-	71,123	-	71,123
Shaping Places Phase 2	-	5,732	-	5,732
Young Voices Evaluation	-	13,800	-	13,800
	<u>92,019</u>	<u>135,171</u>	<u>-</u>	<u>227,190</u>
<b>TOTAL FUNDS</b>	<u><u>247,640</u></u>	<u><u>143,419</u></u>	<u><u>-</u></u>	<u><u>391,059</u></u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**10. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	89,874	(81,626)	8,248
<b>Restricted funds</b>			
NatCen	-	(900)	(900)
We're All Right	54,530	(37,790)	16,740
Parenting Pilots	-	(1,456)	(1,456)
Key Data for Schools.	1,001	(7,843)	(6,842)
HF Inequalities Fellow.	143,535	(66,407)	77,128
Rollercoaster Evaluation	-	(10,028)	(10,028)
Ethics of Coproduction	3,063	(3,063)	-
Covid Research Digest	-	(833)	(833)
Dating and Relationship Gender Based Violence	5,136	(7,914)	(2,778)
Young People Views on Health Inequalities	45,168	(48,612)	(3,444)
Key Data 2021	33,726	(54,637)	(20,911)
Shaping Places	10,700	(12,860)	(2,160)
Spotting the signs	6,624	(6,624)	-
Improving practice in Youth Health	86,456	(15,333)	71,123
Shaping Places Phase 2	9,797	(4,065)	5,732
Young Voices Evaluation	15,000	(1,200)	13,800
	<u>414,736</u>	<u>(279,565)</u>	<u>135,171</u>
<b>TOTAL FUNDS</b>	<u>504,610</u>	<u>(361,191)</u>	<u>143,419</u>

Restricted funds include the following:

**We're All Right**

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

**HF Inequalities Fellow**

As part of a Health Foundation programme to focus on health inequalities experienced by young people, AYPH is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

**Rollercoaster Evaluation**

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

**Ethics of Coproduction**

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**10. MOVEMENT IN FUNDS - continued**

Funded by the Nuffield Foundation this work explored the issues of ethical practice in co-design and co-production projects with young people, and developed a basic set of good practice guidelines to inform the work of researchers, practitioners and participation staff working to engage this age group in service provision and improve engagement practice with young people.

**Young People's Views on Health Inequalities**

Funded by the University of Sheffield, AYPH led the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

**Improving Practice in Youth Health**

Funded by the Samworth Foundation this work will develop and establish a new youth led programme of education and change to improve policy and practice in young people's health and create a Step Change in Youth Health by nurturing a new cohort of professionals who can learn from young people, experts and each other about the best ways to run services and support young people's health and wellbeing.

**Shaping Places Phase 2**

Following initial funding from Newham Council's Public Health Team to scope, map and plan the influences and potential 'levers for action' for reducing the impact of children's food insecurity and lead engagement of key stakeholders, further funding has been secured for AYPH to work as the national VCSE partner focused on young people's health in the round to address food insecurity for children and young people living in Newham by implementing a community-based system dynamics approach.

**Young Voices Evaluation**

Funded by the Samworth Foundation this work will evaluate the Young Voices programme to assess how successful the programme was in its aim to work with and learn from organisations who place young people at the centre of their design, decision making and model of delivery to influence and effect change in the prevention of Sexual Exploitation.

**Data Trusts**

Working in partnership with the University of Warwick and the University of Edinburgh, AYPH will lead engagement work with young people to hear their views on data protection and the use of representatives to protect their interests. This work will inform planning for a new Data Trust to sit alongside a longitudinal research project.

**11. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,517 (2022 - £1,483) were payable to the fund at the year end.

Contributions payable by the charity for the year was £11,709 (2022 - £11,189).

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Detailed Statement of Financial Activities  
for the year ended 31 March 2023**

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Other trading activities</b>		
Membership	1,312	381
Consultancy	4,713	2,000
Training income	1,042	-
	7,067	2,381
<b>Investment income</b>		
Deposit account interest	1,113	77
<b>Charitable activities</b>		
Grants	168,589	502,150
<b>Other income</b>		
Other income	(1)	2
	176,768	504,610
<b>Total incoming resources</b>		
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	254,573	238,329
Social security	20,335	19,001
Pensions	11,710	11,278
Partner project costs	26,502	21,630
Recruitment costs	351	413
Consultancy	24,377	21,843
Conference/project costs	38,681	19,784
Office rent	-	1,920
Irrecoverable input VAT	-	3,727
	376,529	337,925
<b>Support costs</b>		
<b>Management</b>		
Wages	2	-
Insurance	177	909
Telephone	1,098	731
Postage and stationery	760	318
Travelling	2,319	2,823
Computer expenses	1,690	3,314
Website expenses	140	1,696
Office rental	9,546	9,598
	15,732	19,389
<b>Information technology</b>		
Repairs and renewals	1,310	1

This page does not form part of the statutory financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Detailed Statement of Financial Activities  
for the year ended 31 March 2023**

	2023	2022
	£	£
<b>Information technology</b>		
<b>Other</b>		
Bank charges	92	113
<b>Governance costs</b>		
Accountancy	3,602	3,763
Total resources expended	<u>397,265</u>	<u>361,191</u>
Net (expenditure)/income	<u><u>(220,497)</u></u>	<u><u>143,419</u></u>

This page does not form part of the statutory financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH**

England & Wales - Charity number 1122400

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# Accounts

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**REGISTERED COMPANY NUMBER: 06412836 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1122400**

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Unaudited Financial Statements for the Year Ended 31 March 2022**

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Contents of the Financial Statements  
for the year ended 31 March 2022**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 6
<b>Independent Examiner's Report</b>	7
<b>Statement of Financial Activities</b>	8
<b>Balance Sheet</b>	9 to 10
<b>Cash Flow Statement</b>	11
<b>Notes to the Cash Flow Statement</b>	12
<b>Notes to the Financial Statements</b>	13 to 22
<b>Detailed Statement of Financial Activities</b>	23 to 24

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2022**

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities**

The Association for Young People's Health is the UK's leading independent voice for youth health.

**Our mission:** AYPH supports the right of young people age 10-24 to have the best possible health outcomes and access to high quality healthcare. We bring together young people, professionals and organisations working to improve young people's health and wellbeing. By sharing learning and best practice we will promote and provide better services to meet young people's particular health needs. We support young people to have a say and amplify their voices to improve health services for all young people. We work across policy, practice and evidence to promote a better understanding of young people's health needs. We inform young people's health policy and increase understanding of what the implications of policies are for young people.

We are a membership organisation and support young people's health organisations and professionals with information and resources enabling them to share experiences and get support to effectively understand and meet young people's health needs. We have a dynamic specialist team with expertise in research, participation, supporting best practice, policy development and strategic influence.

**Our aims:**

- Increasing young people's participation in health policy, practice and research
- Increasing access to evidence about young people's health
- Improving practice in young people's health
- Supporting and developing new ways of meeting young people's health and wellbeing needs
- Informing regional and national policy and strategy

Building networks and partnerships is central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2022**

**STRATEGIC REPORT**

**Achievement and performance**

**Charitable activities**

**Increasing young people's participation in health policy, practice and research**

AYPH works on an ongoing basis to ensure that young people's voices are heard by all those who plan, fund and deliver health and wellbeing services.

This year saw our Youth Advisory Panel, made up of two age groups (10-15 year olds and 16-25 year olds) from across the UK, contribute to AYPH's work and help set the agenda for future work. One of the main themes to arise from the Panel's work was the impact of environmental change on young people's health in the UK. A new round of recruitment to the panel during this year refreshed the membership and the panel will lead work on an environmental inquiry into the impacts of climate change on young people's health during 22-23.

We continued our work on the 'We're All Right' Project. As we moved into the final year of the project, we focused on the production of resources from the project and an evaluation of the work. We led the co-production of 'A Fair and Equal Opportunity to Enjoy Good Health: A Young People's Toolkit' with young people and researchers funded by the NIHR School for Public Health Research, in partnership with the University of Sheffield. The research asked young people in the North-East of England, South Yorkshire and London to think about the things that make it easier or harder to enjoy good health where they live, what health inequality means to them, and their priorities for change in improving health in their area. The young people then went on to take these themes and develop the toolkit that also includes two animations which bring the stories they spoke about to life.

We partnered with the University of Exeter to deliver youth participation for a research project looking at successful interventions in schools on dating and relationship violence/gender-based violence. We developed and ran a well-attended webinar to promulgate the findings.

We supported young people working with the NHS Children and Young People's Transformation Team. We supported the recruitment, induction and ongoing work of NHS Youth Board members, including an evaluation of their impact on the Board.

We also led programmes of engagement to support work engaging young people in health services research and service design, digital primary care, new NHS England services focused on treating the "complications" related to excess weight and the Newham 11-19 Food Secure project, where we spoke to schoolchildren about their views on food.

**Increasing access to evidence about young people's health**

We developed and launched the 2021 edition of Key Data on Young People. The 13th edition of the report took the form of a new online Youth Health Data Hub. For this edition of Key Data, we also supported three paid youth research internships who, as well as contributing to the research, produced blogs, social media content and gave presentations at the launch event. We also completed an evaluation of the report to help shape future editions.

Work continued on the Health Foundation programme that focuses on health inequalities, including the publication of several briefing papers. One of these set out a new definition and conceptual model that explains the causes and outcomes of young people's health inequalities and the key "levers" for determining whether young people will experience poorer health. This has helped us to generate workable solutions for tackling these inequalities and the use of language and terminology used to describe them. The papers received positive endorsement from colleagues at the Office for Health Improvement and Disparities and the King's Fund, among others. Work also began on the development of a health inequalities data section for the Youth Health Data Hub. The Policy Fellow has also led a programme of individual and partnership responses to a number of consultations that have been published this year, including NHS England's plans to adopt a 'Core20PLUS5' approach to reducing health inequalities, the Commission for Young Lives call for evidence on vulnerable children and young people, the government's Women's Health Strategy, HMRC's plans to update alcohol duties, and the Welsh Government's updated tobacco control strategy. Our submissions have also been quoted in Government responses and have been used to shape published guidance.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2022**

This year also saw the management of an evaluation of the Rollercoaster parenting support service for parents of young people with mental health problems, undertaken by the University of Northumbria, as well as an evaluation of Healthspot a primary care service for young people delivered in a youth work setting in Tower Hamlets.

AYPH staff were also co-authors on a number of refereed journal articles on issues such the importance of quinary age bands for understanding youth health data, and produced a range of book chapters, blogs and other outputs to share evidence and findings more widely.

**Improving practice in young people's health**

Supporting innovative practice is central to achieving our aims.

We started work on our improving practice in youth health education and training programme. Our new Education Lead began to develop new training products, including a pilot for new Integrated Care Systems or others organisations who are developing youth-friendly health services. This programme will be developed in partnership with local partners. A training programme building on our work around ethics and participation of young people in health research is also being developed to support health researchers to work with young people collaboratively and disseminate our findings in this area.

We supported the refresh of the Spotting the Signs tool to help professionals identify violence and exploitation among young people. We designed and distributed an online survey and led engagement with young people who have survived sexual abuse to get young people's views on how to make the refresh up to date and relevant.

We worked with NHS England to help reduce complications and improve outcomes for young people living with excess weight and test new ways of providing services. These services focus on treating the "complications" related to excess weight. To support this programme, AYPH led work on a scoping review of evidence and a programme of engagement with young people and families living with obesity and excess weight.

We contributed to ongoing discussions in the field about improving services to young people, including regular presentations about our evaluations of innovations such as Healthspot, a primary care service for young people delivered in a youth work setting in Tower Hamlets.

We held stakeholder engagement sessions to share good practice and innovations including understanding and enhancing mental health competence in schools, the impacts of Covid-19 on young people and young people's perspectives on the challenges, opportunities and potential interventions arising from the pandemic, and the use of language and health inequalities.

**Supporting and developing new ways of meeting young people's health and wellbeing needs**

We began a new Health Foundation funded project with the Borough of Newham to improve food security for young people in the borough ("Newham Food Secure 11-19") and we are working on youth engagement, stakeholder involvement and complex system mapping, in partnership with the public health department and colleagues from the London School of Health and Tropical Medicine.

We engaged with our Youth Advisory Panel and the Youth Empowerment Squad at Bart's Health Trust to inform and shape research by the University of Durham and the University of Newcastle into young people's views on new NHS structures.

We worked with young people from various backgrounds to be part of a youth panel on digital primary care for the NHS. The group discussed different aspects of digital access to primary care, from training NHS staff, website interface, safeguarding questions and patient information letters and flyers. AYPH developed a scoping review and engagement report from this work.

**Informing regional and national policy and strategy**

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of seven voluntary sector young people's organisations.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2022**

We continue to take part in a number of advisory and steering groups for other organisations, including a Department for Education steering group for randomised control trials of school wellbeing interventions, an Anna Freud steering group on mental health interventions, the NHS Stakeholder Council for the CYP Transformation Programme, the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau, the Inequalities in Health Alliance, the Child Policy Research Unit, and the World Health Organisation advisory group on measuring adolescent health (GAMA).

**Building networks and partnerships**

We have continued to maintain and increase the diversity of income streams for the organisation. We increased our reach via our newsletter and social media platforms - we have 4810 Twitter followers, an increase of over 380 this year. We highlighted our members' work, projects and events to add value to their membership via our Twitter feed. We continue to work with five Royal Colleges directly and/or via their adolescent and CYP health groups.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2021-22 came from English sources, we continue to engage our UK networks and sustain these partnerships. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

At the end of this year AYPH joined the International Association for Adolescent Health to strengthen our international networks, share our learning and advocate more widely for the need to create services that meet young people's needs, and hear young people's voices in the development and evaluation of services that affect their lives.

AYPH's Advisory Council is made up of individuals with different professional backgrounds concerned with young people's health. It supports the Board of Trustees in its governance function by discussing and prioritising issues in the young people's health field from a broad professional perspective and helps to set strategy for the organisation. This year the Advisory Council discussed emerging themes and issues for young people's health in the post-Covid-19 world, education and training for professionals, AYPH in a global context and the NICE Guideline on Healthcare Experience of Babies, Children & Young People. The Advisory Council responds to the needs of the AYPH membership as well as reflecting and responding to the views expressed by other professionals in the field.

Finally, a new Treasurer of the Trustee board, a qualified accountant, and a new Trustee board member with expertise in legal and policy issues, specialising in mental health and human rights, were appointed in 2021.

**Financial review**

**Review of the Year**

Overall trustees are pleased with a successful financial year which has seen the charity moving back to the levels of income of previous years following a drop in income last financial year. This recovery has enabled us to replace the reserves used in the last financial year bringing us in line with the target in our reserves policy. This has occurred despite the significant challenges of operating within the Covid-19 pandemic and is a result of the hard work of the staff team supported by the trustees.

The Covid-19 pandemic and lockdown has nevertheless had an impact on the organisation's activities and work this financial year. We saw a drop in income early in the pandemic and worked hard to address this shortfall both by raising funds and reducing costs. The drop in membership income can be seen as a direct consequence of the pandemic.

In order to manage the impact of Covid-19 additional governance mechanisms were established with an exceptional committee formed, meeting twice monthly in the early stages of the pandemic. An assessment of the risks arising from Covid-19 to existing and planned projects was carried out and an action plan to deal with the impact of the pandemic on the organisation drawn up and agreed with trustees. A reduction in office space was agreed to reduce risk and costs for the organisation. Trustees have been extremely pleased with the ability of the team to work remotely and carry on with all planned projects as well as new ones. In some cases this has involved changes to project plans and delivery which have been negotiated and agreed with funders and we have appreciated the support of funders at this time. This has also resulted in a larger carry forward of funds this year due to delivery moving from face to face to remote methods.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2022**

**STRATEGIC REPORT**

**Financial review**

**Reserves policy**

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £160,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources, running costs from the previous financial year alongside calculations based on the organisation's current circumstances, and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2021/22 and budgeted future costs. At 31st March 2022, the level of unrestricted funds which have not been designated for a specific use was approximately £149,000.

Trustees continue to support a funding sub-committee focusing on long term funding for the charity. This sub-committee has formulated initial plans for projects which aim to increase the diversity of multi-year funding sources, including the development of an education programme to increase the sustainability of the organisation. Trustees will continue to monitor reserves going forward.

Trustees will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

**Future plans**

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the development of a new organisational strategy, fundraising strategy and theory of change which will be launched in 22-23. The work of the Education Lead has also been embedded into project planning for all future work to ensure the sustainability of the organisation and support income generation for the charity. A redesign of the AYPH logo, branding and website was carried out this year, as well as a review and refresh of the membership programme and benefits.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Organisational structure**

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. This year we recruited a senior manager to strengthen the management capacity of the organisation. The Chair and the Staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

**Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)

Report of the Trustees  
for the year ended 31 March 2022

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
06412836 (England and Wales)

**Registered Charity number**  
1122400

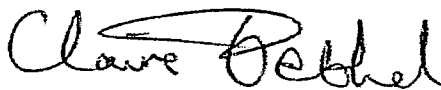
**Registered office**  
CAN Mezzanine  
7-14 Great Dover Street  
London  
SE1 4YR

**Trustees**  
C Bethel  
N J Celino  
D Churchill  
E Dowds  
D Fallon  
N C Patel  
C Parker (appointed 6.9.21)  
C G Simpson Chartered Accountant (appointed 6.9.21)  
E Williams (resigned 6.9.21)

**Company Secretary**  
C Bethel

**Independent Examiner**  
Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors,  
on 6th Dec 2022 and signed on the board's behalf by:



.....  
C Bethel - Trustee

**Independent Examiner's Report to the Trustees of  
The Association For Young People's  
Health (Registered number: 06412836)**

**Independent examiner's report to the trustees of The Association For Young People's Health ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hazel Day BSc (Hons) FCA DChA  
Institute of Chartered Accountants in England and Wales  
Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Date: 6/10/2022

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Statement of Financial Activities  
for the year ended 31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
Grants receivable		87,415	414,735	502,150	460,951
Other trading activities	2	2,381	-	2,381	6,935
Investment income	3	77	-	77	105
Other income		<u>-</u>	<u>2</u>	<u>2</u>	<u>2</u>
<b>Total</b>		<u><b>89,873</b></u>	<u><b>414,737</b></u>	<u><b>504,610</b></u>	<u><b>467,993</b></u>
 <b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Activities undertaken directly	5	81,625	279,566	361,191	362,770
<b>NET INCOME</b>		<b>8,248</b>	<b>135,171</b>	<b>143,419</b>	<b>105,223</b>
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><b>163,869</b></u>	<u><b>227,190</b></u>	<u><b>391,059</b></u>	<u><b>247,640</b></u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet  
31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	10	16,685	-	16,685	94,711
Cash at bank		<u>188,886</u>	<u>227,190</u>	<u>416,076</u>	<u>264,140</u>
		205,571	227,190	432,761	358,851
<b>CREDITORS</b>					
Amounts falling due within one year	11	(41,702)	-	(41,702)	(111,211)
<b>NET CURRENT ASSETS</b>		<u>163,869</u>	<u>227,190</u>	<u>391,059</u>	<u>247,640</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>163,869</u>	<u>227,190</u>	<u>391,059</u>	<u>247,640</u>
<b>NET ASSETS</b>		<u>163,869</u>	<u>227,190</u>	<u>391,059</u>	<u>247,640</u>
<b>FUNDS</b>	12				
Unrestricted funds				163,869	155,621
Restricted funds				<u>227,190</u>	<u>92,019</u>
<b>TOTAL FUNDS</b>				<u>391,059</u>	<u>247,640</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on 6th Dec '22 and were signed on its behalf by:

Clare Beech

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet - continued  
31 March 2022**

C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Cash Flow Statement  
for the year ended 31 March 2022**

	Notes	2022 £	2021 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>151,859</u>	<u>112,550</u>
Net cash provided by operating activities		<u>151,859</u>	<u>112,550</u>
<b>Cash flows from investing activities</b>			
Interest received		<u>77</u>	<u>105</u>
Net cash provided by investing activities		<u>77</u>	<u>105</u>
Change in cash and cash equivalents in the reporting period		151,936	112,655
Cash and cash equivalents at the beginning of the reporting period		<u>264,140</u>	<u>151,485</u>
Cash and cash equivalents at the end of the reporting period		<u>416,076</u>	<u>264,140</u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Cash Flow Statement  
for the year ended 31 March 2022**

<b>1.</b>	<b>RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES</b>		
	2022		2021
	£		£
	143,419		105,223
		(77)	(105)
	78,026		(58,535)
	<u>(69,509)</u>		<u>65,967</u>
	<u>151,859</u>		<u>112,550</u>
<b>2.</b>	<b>ANALYSIS OF CHANGES IN NET FUNDS</b>		
	At 1.4.21	Cash flow	At 31.3.22
	£	£	£
<b>Net cash</b>			
Cash at bank	<u>264,140</u>	<u>151,936</u>	<u>416,076</u>
<b>Total</b>	<u>264,140</u>	<u>151,936</u>	<u>416,076</u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements  
for the year ended 31 March 2022**

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	2022	2021
Membership	£ 381	£ 503
Consultancy	<u>2,000</u>	<u>6,432</u>
	<u>2,381</u>	<u>6,935</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2022**

**3. INVESTMENT INCOME**

	2022	2021
Deposit account interest	£ <u>77</u>	£ <u>105</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	2022	2021
Grants	Grants receivable	£ <u>502,150</u>	£ <u>460,951</u>

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs	Support costs (see note 6)	Totals
Activities undertaken directly	£ <u>337,925</u>	£ <u>23,266</u>	£ <u>361,191</u>

**6. SUPPORT COSTS**

	Management	Other	Governance costs	Totals
Activities undertaken directly	£ <u>19,390</u>	£ <u>113</u>	£ <u>3,763</u>	£ <u>23,266</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

**TRUSTEES' EXPENSES**

Trustees were reimbursed a total of £nil (2020 - £1,169) in travelling and other expenses during the year.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

**8. STAFF COSTS**

	2022	2021
Wages and salaries	£ 238,329	£ 195,249
Social security costs	19,001	15,771
Other pension costs	<u>11,278</u>	<u>9,364</u>
	<u>268,608</u>	<u>220,384</u>

The average monthly number of employees during the year was as follows:

Charitable activities	2022	2021
	<u>9</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2020-21**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Grants receivable	37,575	423,376	460,951
Other trading activities	6,935	-	6,935
Investment income	105	-	105
Other income	<u>-</u>	<u>2</u>	<u>2</u>
<b>Total</b>	<u>44,615</u>	<u>423,378</u>	<u>467,993</u>
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Activities undertaken directly	19,139	343,631	362,770
<b>NET INCOME</b>	25,476	79,747	105,223
 <b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	130,145	12,272	142,417
	<u>155,621</u>	<u>92,019</u>	<u>247,640</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>155,621</u>	<u>92,019</u>	<u>247,640</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

<b>10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>				
		2022		2021
		£		£
Other debtors		16,685		90,796
Prepayments		-		3,915
		<u>16,685</u>		<u>94,711</u>
 <b>11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>				
		2022		2021
		£		£
Social security and other taxes		8,381		6,207
VAT		8,549		1,387
Other creditors		4,753		26,777
Accruals and deferred income		<u>20,019</u>		<u>76,840</u>
		<u>41,702</u>		<u>111,211</u>
 <b>12. MOVEMENT IN FUNDS</b>				
	At 1.4.21	Net movement in funds	Transfers between funds	At 31.3.22
	£	£	£	£
<b>Unrestricted funds</b>				
General fund	155,621	8,248	(15,000)	148,869
Youth Led Environmental Enquiry	-	-	5,000	5,000
Recruitment and payment of young trainers	-	-	5,000	5,000
Fundraising and strategic development	-	-	<u>5,000</u>	<u>5,000</u>
	155,621	8,248	-	163,869
<b>Restricted funds</b>				
NatCen	900	(900)	-	-
We're All Right	13,002	16,740	-	29,742
Parenting Pilots	1,456	(1,456)	-	-
Key Data for Schools.	6,842	(6,842)	-	-
HF Inequalities Fellow.	20,687	77,128	-	97,815
Rollercoaster Evaluation	11,128	(10,028)	-	1,100
Covid Research Digest	833	(833)	-	-
Dating and Relationship Gender Based Violence	4,621	(2,778)	-	1,843
Young People Views on Health Inequalities	9,479	(3,444)	-	6,035
Key Data 2021	20,911	(20,911)	-	-
Shaping Places	2,160	(2,160)	-	-
Improving practice in your health	-	71,123	-	71,123
Shaping Places Phase 2	-	5,732	-	5,732
Young Voices Evaluation	-	<u>13,800</u>	-	<u>13,800</u>
	<u>92,019</u>	<u>135,171</u>	-	<u>227,190</u>
<b>TOTAL FUNDS</b>	<u>247,640</u>	<u>143,419</u>	-	<u>391,059</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

**12. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	89,874	(81,626)	8,248
<b>Restricted funds</b>			
NatCen	-	(900)	(900)
We're All Right	54,530	(37,790)	16,740
Parenting Pilots	-	(1,456)	(1,456)
Key Data for Schools.	1,001	(7,843)	(6,842)
HF Inequalities Fellow.	143,535	(66,407)	77,128
Rollercoaster Evaluation	-	(10,028)	(10,028)
Ethics of Coproduction	3,063	(3,063)	-
Covid Research Digest	-	(833)	(833)
Dating and Relationship Gender Based Violence	5,136	(7,914)	(2,778)
Young People Views on Health Inequalities	45,168	(48,612)	(3,444)
Key Data 2021	33,726	(54,637)	(20,911)
Shaping Places	10,700	(12,860)	(2,160)
Spotting the signs	6,624	(6,624)	-
Improving practice in your health	86,456	(15,333)	71,123
Shaping Places Phase 2	9,797	(4,065)	5,732
Young Voices Evaluation	15,000	(1,200)	13,800
	<u>414,736</u>	<u>(279,565)</u>	<u>135,171</u>
<b>TOTAL FUNDS</b>	<u>504,610</u>	<u>(361,191)</u>	<u>143,419</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2022

12. **MOVEMENT IN FUNDS - continued**

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	130,145	25,476	155,621
<b>Restricted funds</b>			
NatCen	900	-	900
We're All Right	4,296	8,706	13,002
Parenting Pilots	301	1,155	1,456
Key Data for Schools.	-	6,842	6,842
HF Inequalities Fellow.	6,775	13,912	20,687
Rollercoaster Evaluation	-	11,128	11,128
Covid Research Digest	-	833	833
Dating and Relationship Gender Based Violence	-	4,621	4,621
Young People Views on Health Inequalities	-	9,479	9,479
Key Data 2021	-	20,911	20,911
Shaping Places	-	2,160	2,160
	<u>12,272</u>	<u>79,747</u>	<u>92,019</u>
<b>TOTAL FUNDS</b>	<u>142,417</u>	<u>105,223</u>	<u>247,640</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2022**

**12. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	44,615	(19,139)	25,476
<b>Restricted funds</b>			
HW Alliance YPHP	79,453	(79,453)	-
Learning from Experts	13,000	(13,000)	-
HWA Comms	30,000	(30,000)	-
We're All Right	49,313	(40,607)	8,706
Parenting Pilots	5,000	(3,845)	1,155
Key Data for Schools.	15,826	(8,984)	6,842
HF Inequalities Fellow.	64,932	(51,020)	13,912
Rollercoaster Evaluation	37,841	(26,713)	11,128
Ethics of Coproduction	14,845	(14,845)	-
Covid Research Digest	10,000	(9,167)	833
Dating and Relationship Gender Based Violence	5,135	(514)	4,621
Samworth Foundation Covid Support	2,500	(2,500)	-
CYP Asthma HWA	40,001	(40,001)	-
Young People Views on Health Inequalities	21,332	(11,853)	9,479
Key Data 2021	27,000	(6,089)	20,911
Shaping Places	5,700	(3,540)	2,160
Levelling up	1,500	(1,500)	-
	<u>423,378</u>	<u>(343,631)</u>	<u>79,747</u>
<b>TOTAL FUNDS</b>	<u>467,993</u>	<u>(362,770)</u>	<u>105,223</u>

Restricted funds include the following:

**Establishing key ethical principles underpinning co-production with young people - Ethics of Coproduction**

Funded by the Nuffield Foundation this work explored the issues of ethical practice in co-design and co-production projects with young people, and developed a basic set of good practice guidelines to inform the work of researchers, practitioners and participation staff working to engage this age group in service provision and improve engagement practice with young people.

**Evaluation of Rollercoaster Parent Support - Rollercoaster Evaluation**

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2022**

**12. MOVEMENT IN FUNDS - continued**

**Evaluation of the Young Voices programme - Young Voices Evaluation**

Funded by the Samworth Foundation this work will evaluate the Young Voices programme to assess how successful the programme was in its aim to work with and learn from organisations who place young people at the centre of their design, decision making and model of delivery to influence and effect change in the prevention of Sexual Exploitation.

**Improving practice in young people's health - Improving Practice in Youth Health**

Funded by the Samworth Foundation this work will develop and establish a new youth led programme of education and change to improve policy and practice in young people's health and create a Step Change in Youth Health by nurturing a new cohort of professionals who can learn from young people, experts and each other about the best ways to run services and support young people's health and wellbeing.

**Inequalities Policy Fellow - HF Inequalities Fellow**

As part of a Health Foundation programme to focus on health is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

**Key Data on Young People in Schools - 71 R - Key Data for Schools**

Funded by the Health Foundation, AYPH worked with the PSHE Association to develop youth and teacher friendly resources following the publication of Key Data on Young People 2019 to underpin health education in secondary schools. With the introduction of statutory health education in secondary schools from September 2020, there is the need for youth and teacher friendly, authoritative and robust sources of data to underpin lesson plans.

**Key Data on Young People 2021 - Key Data 2021**

The Health Foundation funded AYPH to publish the biennial 'Key Data on Young People 2021' report, pulling together publicly available data on young people from a wide range of sources. KDYP is regularly accessed by health services policy makers, practitioners and associated professionals, and the data and charts are made easily available for downloading and incorporation into colleagues' critical work in making the case for investment young people's health. This edition of Key Data will be supported by 2 paid research internships for young people and will set out the date on young people's health and experiences of the pandemic and lockdown and will be evaluated to find out more about impact and usage in a more detailed and qualitative way than it has been possible to do previously. Evaluation will also inform the planning and future direction of travel in terms of evolution and modernisation of the format from 2021 onwards.

**Mental health and attainment - NatCen**

Working in partnership with NatCen Social Research, AYPH is supporting a project aimed at exploring the links between mental health problems at age 14 and GCSE results at 16. A briefing paper of the results will be published.

**School based interventions to prevent dating and relationship gender-based violence - DRV/GBV**

The National Institute of Health Research has funded the University of Exeter to carry out a systematic review to understand characteristics, mechanisms, implementation and effectiveness of school-based interventions to prevent dating and relationship and gender-based violence. As a co-applicant AYPH will support the engagement of young people who have been affected by sexual violence as key stakeholders with a unique perspective on the issues as well as hosting sessions with young people acting in an advisory capacity for the project.

**Shaping Places for Healthier Lives - Shaping Places Phase 2**

Following initial funding from Newham Council's Public Health Team to scope, map and plan the influences and potential 'levers for action' for reducing the impact of children's food insecurity and lead engagement of key stakeholders, further funding has been secured for AYPH to work as the national VCSE partner focused on young people's health in the round to address food insecurity for children and young people living in Newham by implementing a community-based system dynamics approach.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2022**

**12. MOVEMENT IN FUNDS - continued**

**Spotting the signs - Spotting the Signs**

Funded by Brook AYPH will lead a programme of consultation activities to support Brook to update and disseminate the Spotting the Signs proforma in order to strengthen safeguarding practice and enable professionals who work with young people under 18 to better recognise and respond to child sexual exploitation and child criminal exploitation.

**Supporting the parents of young people with mental health problems - Parenting Pilots**

The Balcombe Charitable Trust has provided funding to support the continuation of our work with parents of young people with mental health problems. The funding in stage one supported the development of good practice tools to support parents based on the work we had conducted to date in this area. In stage two funding is focused on piloting these tools within Child and Adolescent Mental Health Service settings and continuing our strategic work to support effective and appropriate engagement on parents in young people's mental health.

**We're All Right - Young Voices**

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

**Young people, Covid-19 and the impact of the pandemic research digest - COVID Research Digest**

Funded by the Blgrave Trust, AYPH developed a research digest giving an overview of research, guidance and resources published during the pandemic to bring together the emerging evidence of the impact of the pandemic on 16-24 year olds and highlight the key issues. This work is also supported by a series of related webinars for frontline practitioners, commissioners and interested policy makers.

**Young People's Views on Health Inequalities - YP Views on Health Inequalities**

Funded by the University of Sheffield, AYPH is leading the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

**13. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,483 (2021 - £1,333) were payable to the fund at the year end.

Contributions payable by the charity for the year was £11,189 (2021 - £9,365).

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2022**

**14. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH**

England & Wales - Charity number 1122400

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# Accounts

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REGISTERED COMPANY NUMBER: 06412836 (England and Wales)  
REGISTERED CHARITY NUMBER: 1122400

THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH

Unaudited Financial Statements for the Year Ended 31 March 2021

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Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Contents of the Financial Statements  
for the year ended 31 March 2021**

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 5
<b>Independent Examiner's Report</b>	6
<b>Statement of Financial Activities</b>	7
<b>Balance Sheet</b>	8
<b>Notes to the Financial Statements</b>	9 to 16
<b>Detailed Statement of Financial Activities</b>	17 to 18

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**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and activities**

The Association for Young People's Health is the UK's leading independent voice for youth health.

**Our mission:** AYPH supports the right of young people age 10-24 to have the best possible health outcomes and access to high quality healthcare. We bring together young people, professionals and organisations working together to improve young people's health and wellbeing. By sharing learning and best practice we will promote and provide better services to meet young people's particular health needs. We support young people to have a say on their health needs and work to amplify their voices to improve health services for all young people. We work across policy, practice and evidence to promote a better understanding of young people's health needs. We work to inform young people's health policy and increase understanding of what the implications of policies are for young people.

We are a membership organisation and support young people's health organisations and professionals with information and resources enabling them to share experiences and get support to effectively understand and meet young people's health needs. We have a dynamic specialist team with expertise in research, participation, supporting best practice, policy development and strategic influence.

**Our aims:**

- Increasing young people's participation in health policy, practice and research
- Increasing access to evidence about young people's health
- Improving practice in young people's health
- Supporting and developing new ways of meeting young people's health and wellbeing needs
- Increasing the focus on young people's health in regional and national policy and strategy

Building networks and partnerships is central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2021**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

**Increasing young people's participation in health policy, practice and research**

AYPH works on an ongoing basis to ensure that young people's voices are heard by all those who plan, fund and deliver health and wellbeing services.

This year saw the establishment of a Youth Advisory Panel, made up of two developmentally appropriate age groups (10-15 year olds and 16-25 year olds). The panel members live throughout the UK, representing a wide range of lived experiences and a diversity of backgrounds. These groups form a crucial part of AYPH's governance and steer our work in a more youth-led direction.

We continued our work on the 'We're All Right' Project. As face-to-face group work was severely impacted by Covid, we approved changes to our delivery and work plan with the funder and partner services, including an extra funding opportunity to all partner services. Our Youth Advisers worked with us to develop a rights-based resource on coping with lockdown.

We carried out work looking at the ethics of co-production with young people, which included producing a set of top tips on how to get ethics in managing research and participation projects right, which we co-produced with young people, a scoping review of the research evidence, and a well-attended stakeholder engagement event.

Finally, we continued our work with the University of Bedfordshire on the 'Learning from the Experts' project supporting increased understanding about young people's mental health and wellbeing after sexual abuse. This included publishing a user-friendly summary of the main findings of this project, bringing together the main messages from the young people about their mental health needs after experiencing sexual abuse in adolescence. We are also developing a creative resource based on the letters written by young people to encourage people to look into the findings and read the full research report.

**Increasing access to evidence about young people's health**

Work began, funded by the Health Foundation to develop the 2021 edition of Key Data on Young People. The 13th edition of the report will take a new interactive online form which aims to share the latest data on young people's health, chart the impact of the pandemic, improve understanding of health inequalities and improve the use of data. For this edition of Key Data, we have also been able to fund two paid youth research internships.

Work continued on the Health Foundation programme that focuses on health inequalities; our Inequalities Policy Fellow has been working to gather together the available evidence on young people's health inequalities and assessing how effective policy and practice has been at tackling this issue. The aim is to amplify the voices and experiences of young people and to develop resources that can be used to bring about change in reducing health inequalities. The Policy Fellow has also led work on a programme of individual and partnership responses to a number of consultations that have been published this year, including the impact of Covid-19, development of an Office for National Statistics health index, NICE guidelines on babies, children and young people's experiences of healthcare, reforms to the Mental Health Act, and changes to public procurement.

This year also saw the publication of 'Young people and Covid-19, where are we up to?' a research briefing that summarised the evidence on the impact of Covid-19 and subsequent lockdowns on young people as well as webinars and events to share the evidence with a wider audience.

**Improving practice in young people's health**

Supporting innovative practice is central to achieving our aims. We worked with young people to produce a podcast for the PSHE Association on their views of the new statutory RSHE and five tips on how to lead successful Relationships, Sex and Health Education in secondary schools.

We carried out an evaluation of the Healthspot primary care service for young people and began an evaluation of the Rollercoaster parent support group. Rollercoaster is now working nationally with a network of parent support services, and we are producing a briefing on our current thinking about the policy and practice implications of all the parenting work we've done in recent years.

We were very pleased to take part as a team in a Youth Mental Health First Aid training, with colleagues from other organisations who also specialise in youth engagement.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2021**

**Supporting and developing new ways of meeting young people's health and wellbeing needs**

We are leading conversations with policy makers and service providers on the electronic systems used for primary care and how they are working for young people consulting remotely across the whole country.

We worked with researchers from the University of Sheffield, Durham and London School of Hygiene & Tropical Medicine on engagement exploring young people's views on health inequalities in order to lead to better understanding and youth-led action.

We worked with NHS England - London Region to support young people affected by cancer to have their voices heard in relation to some nationally mandated services changes. This work included engagement with young people and parents and carers.

We also continued our work with the WHO Global Action for Measurement of Adolescent Health (GAMA) committee.

**Informing regional and national policy and strategy**

Our policy work has continued across all our priorities. We continued to successfully lead the Young People's Health Partnership (YPHP), a consortium of six voluntary sector young people's organisations as part of the Department of Health & Social Care's Health & Wellbeing Alliance. Work this year included:

- engagement work with young people from LGBTQ+, Gypsy, Traveller and Roma and young carer communities about their experiences of COVID-19 and lockdown, how this has affected their health and how they accessed support which was shared in a report and via webinars with commissioners, health professionals and policy leads
- the development of ten tips to support commissioners and practitioners to develop and embed effective social prescribing for children, young people and families
- a scoping review of existing evidence and findings from engagement work focused on better understanding the experiences of children and young people with chronic asthma from communities that have been marginalised.

Our Chief Executive sat on the board of the Healthy London Partnership Children and Young People's Programme and, as a representative of the Health and Wellbeing Alliance, on the NHS Equality and Diversity Council. AYPH is also a member of the Stakeholder Council for the NHS Children & Young People's Transformation Board. This year also saw our Chief Executive nominated to co-chair the #iwill Health and Social Care Alliance. We presented at a wide range of conferences and events including the 2020 RCPCH Adolescent Health Conference, Action4Youth annual conference, Ready Steady Go Hello conference, the RCGP/AYPH joint webinar on young people, coronavirus and general practice, and a North East London ICS study day.

We also provide the secretariat for the all-party parliamentary group on young people's health, which is co-chaired by Baroness Doreen Massey and Rosie Duffield MP to facilitate discussion about young people and their health outcomes at the heart of Parliament.

**Building networks and partnerships**

We continue to increase our reach via our newsletter and social media platforms - we have 4422 Twitter followers, an increase of over 450 this year. We continue to highlight our member's work, projects and events to add value to their membership via our Twitter feed. We continue to work with five Royal Colleges directly and/or via their adolescent and CYP health groups.

AYPH is a UK-wide organisation and we present data and knowledge from across the UK and beyond. We have continued to maintain and increased the diversity of income streams of the organisation. Whilst most of our funding in 2020-21 came from English sources, we continue to engage our home country networks and sustain these partnerships. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

Finally a new chair of the advisory council and a new member of the Trustee board with expertise in comms and membership were appointed in 2020.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2021**

**FINANCIAL REVIEW**

**Review of the Year**

Overall trustees are pleased with a successful financial year which has seen the charity moving back to the levels of income of previous years following a drop in income last financial year. This recovery has enabled us to replace the reserves used in the last financial year bringing us in line with the target in our reserves policy. This has occurred despite the significant challenges of operating within the COVID-19 pandemic and is a result of the hard work of the staff team supported by the trustees.

The COVID-19 pandemic and lockdown has nevertheless had an impact on the organisation's activities and work this financial year. We saw a drop in income early in the pandemic and worked hard to address this shortfall both by raising funds and reducing costs. The drop in membership income can be seen as a direct consequence of the pandemic.

In order to manage the impact of COVID-19 additional governance mechanisms were established with an exceptional committee formed, meeting twice monthly in the early stages of the pandemic. An assessment of the risks arising from COVID 19 to existing and planned projects was carried out and an action plan to deal with the impact of the pandemic on the organisation drawn up and agreed with trustees. A reduction in office space was agreed to reduce risk and costs for the organisation. Trustees have been extremely pleased with the ability of the team to work remotely and carry on with all planned projects as well as new ones. In some cases this has involved changes to project plans and delivery which have been negotiated and agreed with funders and we have appreciated the support of funders at this challenging time. This has also resulted in a larger carry forward of funds this year due to delivery moving from face to face to remote methods.

**FUTURE PLANS**

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Trustees recognise the long term impact that the pandemic and economic fallout will have on young people's health and wellbeing as well as the whole of the voluntary sector and we will continue to work hard to support the central purpose of AYPH and the sustainability of the organisation within a challenging context. We are delighted to be able to start this work with the appointment of a new senior staff member who will lead an expansion of our education, training and networking work. Other exciting developments for the charity include the launch of Key Data 2021 and a new website and brand for AYPH in Autumn 2021.

**Reserves policy**

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £144,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources, running costs from the previous financial year alongside calculations based on the organisation's current circumstances, and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2020/21 and budgeted future costs. At 31st March 2021 the level of unrestricted funds which have not been designated for a specific use was approximately £155,000.

Trustees continue to support a funding sub-committee focusing on long term funding for the charity. This sub-committee has formulated initial plans for projects which aim to increase the diversity of multi-year funding sources, including the development of an education programme to increase the sustainability of the organisation. Trustees will continue to monitor reserves going forward.

Trustees will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and action is taken as necessary.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Report of the Trustees  
for the year ended 31 March 2021**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Organisational structure**

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. The Chair and the Staffing and General Purposes sub group of the trustees, provide supervision to the Chief Executive.

There are no related parties that require disclosure in the financial statements.

**Risk management**

The trustees have assessed the major risks to which the charity is exposed and these have continued to be assessed on a regular basis by the trustees. The risks were updated in the light of the pandemic and the Trustees are satisfied that systems are in place to mitigate exposure to the major risks.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

06412836 (England and Wales)

**Registered Charity number**

1122400

**Registered office**

CAN Mezzanine  
7-14 Great Dover Street  
London  
SE1 4YR

**Trustees**

N J Celino  
E Dowds  
P J B Wilson (resigned 7.12.20)  
D Churchill  
E Williams  
C Bethel  
D Fallon  
N C Patel (appointed 7.12.20)

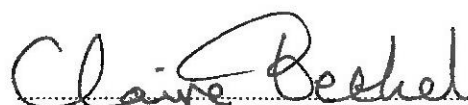
**Company Secretary**

C Bethel

**Independent Examiner**

Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Approved by order of the board of trustees on .....7/9/21..... and signed on its behalf by:



C Bethel - Trustee

**Independent Examiner's Report to the Trustees of  
The Association For Young People's  
Health (Registered number: 06412836)**

**Independent examiner's report to the trustees of The Association For Young People's Health (the Company)**  
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Hazel Day BSc (Hons) FCA DChA  
Institute of Chartered Accountants in England and Wales  
Tudor John Limited  
Nightingale House  
46-48 East Street  
Epsom  
Surrey  
KT17 1HQ

Date: 22nd October 2021

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Statement of Financial Activities  
for the year ended 31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
Grants receivable		37,575	423,376	460,951	238,572
Other trading activities	2	6,935	-	6,935	9,304
Investment income	3	105	-	105	266
Other income		-	2	2	411
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>Total</b>		44,615	423,378	467,993	248,553
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>					
Activities undertaken directly		19,139	343,631	362,770	275,709
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>NET INCOME/(EXPENDITURE)</b>		25,476	79,747	105,223	(27,156)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		130,145	12,272	142,417	169,573
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH (REGISTERED NUMBER: 06412836)**

**Balance Sheet  
31 March 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	8	94,711	-	94,711	36,176
Cash at bank		<u>107,189</u>	<u>156,951</u>	<u>264,140</u>	<u>151,485</u>
		201,900	156,951	358,851	187,661
<b>CREDITORS</b>					
Amounts falling due within one year	9	(46,279)	(64,932)	(111,211)	(45,244)
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
<b>NET CURRENT ASSETS</b>					
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
<b>NET ASSETS</b>					
		<u>155,621</u>	<u>92,019</u>	<u>247,640</u>	<u>142,417</u>
<b>FUNDS</b>					
	10			155,621	130,145
Unrestricted funds				<u>92,019</u>	<u>12,272</u>
Restricted funds				<u>247,640</u>	<u>142,417</u>
<b>TOTAL FUNDS</b>					
				<u>247,640</u>	<u>142,417</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 07/09/21 and were signed on its behalf by:

  
C Bethel - Trustee

The notes form part of these financial statements

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements  
for the year ended 31 March 2021

**1. ACCOUNTING POLICIES**

**BASIS OF PREPARING THE FINANCIAL STATEMENTS**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**INCOME**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**EXPENDITURE**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**TAXATION**

The charity is exempt from corporation tax on its charitable activities.

**FUND ACCOUNTING**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. OTHER TRADING ACTIVITIES**

	2021	2020
	£	£
Membership	503	3,309
Consultancy	<u>6,432</u>	<u>5,995</u>
	<u>6,935</u>	<u>9,304</u>

Membership income dropped substantially in 2020-21 due to the Covid-19 pandemic with a number of members being cautious with their finances. We will work to reverse this trend in 2021-22.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

**3. INVESTMENT INCOME**

	2021	2020
Deposit account interest	£ <u>105</u>	£ <u>266</u>

**4. SUPPORT COSTS**

	Management £	Other £	Governance costs £	Totals £
Activities undertaken directly	<u>23,779</u>	<u>113</u>	<u>5,010</u>	<u>28,902</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**TRUSTEES' EXPENSES**

Trustees were reimbursed a total of £nil (2020 - £1,169) in travelling and other expenses during the year.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	2021	2020
Charitable activities	<u>7</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Grants receivable	34,413	204,159	238,572
Other trading activities	9,304	-	9,304
Investment income	266	-	266
Other income	<u>413</u>	<u>(2)</u>	<u>411</u>
<b>Total</b>	<b>44,396</b>	<b>204,157</b>	<b>248,553</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Activities undertaken directly	<u>66,686</u>	<u>209,023</u>	<u>275,709</u>
<b>NET INCOME/(EXPENDITURE)</b>	<b>(22,290)</b>	<b>(4,866)</b>	<b>(27,156)</b>
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	152,439	17,134	169,573

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued	Unrestricted funds £	Restricted funds £	Total funds £
	_____	_____	_____
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>130,149</u>	<u>12,268</u>	<u>142,417</u>
8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2021	2020
		£	£
Other debtors		90,796	31,363
Prepayments		<u>3,915</u>	<u>4,813</u>
		<u>94,711</u>	<u>36,176</u>
9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		2021	2020
		£	£
Social security and other taxes		6,207	-
VAT		1,387	2,711
Other creditors		26,777	9,557
Accruals and deferred income		<u>76,840</u>	<u>32,976</u>
		<u>111,211</u>	<u>45,244</u>
10. MOVEMENT IN FUNDS		Net movement in funds	At
	At 1.4.20	£	31.3.21
	£	£	£
<b>Unrestricted funds</b>			
General fund	130,145	25,476	155,621
<b>Restricted funds</b>			
NatCen	900	-	900
We're All Right	4,296	8,706	13,002
Parenting Pilots	301	1,155	1,456
Key Data for Schools.	-	6,842	6,842
HF Inequalities Fellow.	6,775	13,912	20,687
Rollercoaster Evaluation	-	11,128	11,128
Covid Research Digest	-	833	833
Dating and relationship gender based violence	-	4,621	4,621
Young People views on Health inequalities	-	9,479	9,479
Key Data 2021	-	20,911	20,911
Shaping Places	-	<u>2,160</u>	<u>2,160</u>
	<u>12,272</u>	<u>79,747</u>	<u>92,019</u>
<b>TOTAL FUNDS</b>	<u>142,417</u>	<u>105,223</u>	<u>247,640</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

**10. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	44,615	(19,139)	25,476
<b>Restricted funds</b>			
HW Alliance YPHP	79,453	(79,453)	-
Learning from Experts	13,000	(13,000)	-
HWA Comms	30,000	(30,000)	-
We're All Right	49,313	(40,607)	8,706
Parenting Pilots	5,000	(3,845)	1,155
Key Data for Schools.	15,826	(8,984)	6,842
HF Inequalities Fellow.	64,932	(51,020)	13,912
Rollercoaster Evaluation	37,841	(26,713)	11,128
Ethics of Coproduction	14,845	(14,845)	-
Covid Research Digest	10,000	(9,167)	833
Dating and relationship gender based violence	5,135	(514)	4,621
Samworth Foundation Covid support	2,500	(2,500)	-
CYP Asthma HWA	40,001	(40,001)	-
Young People views on Health inequalities	21,332	(11,853)	9,479
Key Data 2021	27,000	(6,089)	20,911
Shaping Places	5,700	(3,540)	2,160
Levelling up	1,500	(1,500)	-
	<u>423,378</u>	<u>(343,631)</u>	<u>79,747</u>
<b>TOTAL FUNDS</b>	<u>467,993</u>	<u>(362,770)</u>	<u>105,223</u>

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	142,439	(12,294)	130,145
Education Lead	<u>10,000</u>	<u>(10,000)</u>	<u>-</u>
	152,439	(22,294)	130,145
<b>Restricted funds</b>			
Key Data on Young People 2019	8,930	(8,930)	-
Student Health	3,233	(3,233)	-
Supporting the parents of young people	4,971	(4,971)	-
NatCen	-	900	900
We're All Right	-	4,296	4,296
Parenting Pilots	-	301	301
HF Inequalities Fellow.	<u>-</u>	<u>6,775</u>	<u>6,775</u>
	<u>17,134</u>	<u>(4,862)</u>	<u>12,272</u>
<b>TOTAL FUNDS</b>	<u>169,573</u>	<u>(27,156)</u>	<u>142,417</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	44,397	(56,691)	(12,294)
Education Lead	<u>(1)</u>	<u>(9,999)</u>	<u>(10,000)</u>
	44,396	(66,690)	(22,294)
<b>Restricted funds</b>			
HW Alliance YPHP	57,137	(57,137)	-
Together NIHR	3,960	(3,960)	-
Key Data on Young People 2019	22,026	(30,956)	(8,930)
Learning from Experts	10,000	(10,000)	-
Student Health	-	(3,233)	(3,233)
Supporting the parents of young people	253	(5,224)	(4,971)
NatCen	6,270	(5,370)	900
We're All Right	49,185	(44,889)	4,296
E Nurture Engagement.	5,600	(5,600)	-
Parenting Pilots	10,000	(9,699)	301
Key Data for Schools.	9,726	(9,726)	-
HWA Comm	20,000	(20,000)	-
HF Inequalities Fellow.	<u>10,000</u>	<u>(3,225)</u>	<u>6,775</u>
	<u>204,157</u>	<u>(209,019)</u>	<u>(4,862)</u>
<b>TOTAL FUNDS</b>	<u>248,553</u>	<u>(275,709)</u>	<u>(27,156)</u>

Restricted funds include the following:

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

Notes to the Financial Statements - continued  
for the year ended 31 March 2021

**10. MOVEMENT IN FUNDS - continued**

**Evaluation of Rollercoaster Parent Support**

Funded by the Charlie Waller Memorial Trust, AYPH carried out an evaluation of Rollercoaster parenting support group to consider the process, outcomes and a framework for a wider application for the programme. AYPH managed the evaluation process, securing an evaluation partner, Northumbria University to undertake fieldwork for the project.

**Establishing key ethical principles underpinning co-production with young people**

Funded by the Nuffield Foundation this work explored the issues of ethical practice in co-design and co-production projects with young people, and developed a basic set of good practice guidelines to inform the work of researchers, practitioners and participation staff working to engage this age group in service provision and improve engagement practice with young people.

**Health & Wellbeing Alliance: Communications**

As part of the HWA priority projects programme, AYPH were funded to implement the theory of change for the HWA communications we developed in 2019-20, as well as providing a series of VCSE newsletters for the Department of Health and Social Care and case studies to showcase the core work and resources developed by partners in the programme.

**Health and Wellbeing Alliance: Levelling Up**

As part of the HWA priority projects programme, AYPH were funded as a supporting partner to explore how the VCSE is, or can, positively influence the levelling up agenda around employment through co-production of local initiatives alongside local health and social care delivery via a literature review, engagement with local VCSE organisations and steering group.

**Health and Wellbeing Alliance: YPHP (Young People's Health Partnership)**

AYPH leads the Young People's Health Partnership (YPHP) funded as part of the Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance (HWA). The HWA is jointly managed by the Department of Health & Social Care (DHSC), Public Health England (PHE) and NHS England and is made up of 21 VCSE members that represent communities who share protected characteristics or that experience health inequalities. YPHP is a six strong consortium of organisations working to champion young people's health needs and raise the profile of the health agenda across the voluntary sector.

**Health and Wellbeing Alliance: Asthma**

As part of the HWA priority projects programme, AYPH were funded as lead partner to explore children, young people and families' experiences of chronic asthma management and care. The work involved a scoping review of existing evidence and engagement work focused on better understanding the experiences of children and young people with chronic asthma from communities that have been marginalised.

**Key Data on Young People in Schools**

Funded by the Health Foundation, AYPH worked with the PSHE Association to develop youth and teacher friendly resources following the publication of Key Data on Young People 2019 to underpin health education in secondary schools. With the introduction of statutory health education in secondary schools from September 2020, there is the need for youth and teacher friendly, authoritative and robust sources of data to underpin lesson plans.

**Key Data on Young People 2021**

The Health Foundation funded AYPH to publish the biennial 'Key Data on Young People 2021' report, pulling together publically available data on young people from a wide range of sources. KDYP is regularly accessed by health services policy makers, practitioners and associated professionals, and the data and charts are made easily available for downloading and incorporation into colleagues' critical work in making the case for investment young people's health. This edition of Key Data will be supported by 2 paid research internships for young people and will set out the data on young people's health and experiences of the pandemic and lockdown and will be evaluated to find out more about impact and usage in a more detailed and qualitative way than it has been possible to do previously. Evaluation will also inform the planning and future direction of travel in terms of evolution and modernisation of the format from 2021 onwards.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2021**

**10. MOVEMENT IN FUNDS - continued**

**Learning from the Experts**

The NSPCC and ESRC have funded the University of Bedfordshire to undertake a participatory study on supporting mental health and wellbeing after sexual abuse. AYPH is a co-applicant and is supporting the participation work as well as the dissemination of findings. The study is focused on hearing young people's experiences & perspectives.

**Mental health and attainment**

Working in partnership with NatCen Social Research, AYPH is supporting a project aimed at exploring the links between mental health problems at age 14 and GCSE results at 16. A briefing paper of the results will be published.

**Inequalities Policy Fellow**

As part of a Health Foundation programme to focus on health inequalities, the Inequalities Policy Fellow is responsible for a programme of activities designed to take the lead in raising understanding of health inequalities in the 12-24 age group. This will include producing new and innovative resources to help people get a grasp on the issues, bringing people and sectors together to break down barriers, and galvanising thinking about solutions.

**School based interventions to prevent dating and relationship gender-based violence**

The National Institute of Health Research has funded the University of Exeter to carry out a systematic review to understand characteristics, mechanisms, implementation and effectiveness of school-based interventions to prevent dating and relationship and gender-based violence. As a co-applicant AYPH will support the engagement of young people who have been affected by sexual violence as key stakeholders with a unique perspective on the issues as well as hosting sessions with young people acting in an advisory capacity for the project.

**Understanding and tackling food insecurity in Newham for our children and young people**

Funded by Newham Council's Public Health Team AYPH has been given a small grant to scope, map and plan all the influences and potential 'levers for action' for reducing the impact of children's food insecurity. AYPH is also leading the engagement of key stakeholders in this work including children and their families.

**Supporting the parents of young people with mental health problems**

The Balcombe Charitable Trust has provided funding to support the continuation of our work with parents of young people with mental health problems. The funding in stage one supported the development of good practice tools to support parents based on the work we had conducted to date in this area. In stage two funding is focused on piloting these tools within Child and Adolescent Mental Health Service settings and continuing our strategic work to support effective and appropriate engagement on parents in young people's mental health.

**We're All Right**

Funded by a three year grant from the Samworth Foundation's Young Voices Fund AYPH is working to develop a rights-based approach to working with young people affected by sexual violence. Our work is being co-led with two youth advisors and we are working with four groups of young people from four specialist services across the UK to determine how we can best assert young people's rights in the field of sexual violence. The work will be evaluated by young people working with youth organisations around the country.

**Young people, Covid-19 and the impact of the pandemic research digest**

Funded by the Blagrave Trust, AYPH developed a research digest giving an overview of research, guidance and resources published during the pandemic to bring together the emerging evidence of the impact of the pandemic on 16-24 year olds and highlight the key issues. This work is also supported by a series of related webinars for frontline practitioners, commissioners and interested policy makers.

**Young People's Views on Health Inequalities**

Funded by the University of Sheffield, AYPH is leading the engagement work with young people to help shape our understanding of how health inequalities affect their age group and enable young people to help us produce resources and take action.

**THE ASSOCIATION FOR YOUNG PEOPLE'S  
HEALTH**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2021**

**11. EMPLOYEE BENEFIT OBLIGATIONS**

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. Contributions totalling £1,333 (2020 - £1,014) were payable to the fund at the year end.

Contributions payable by the charity for the year was £9,365 (2020 - £8,139).

**12. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.