



# THE MARY HOW TRUST FOR CANCER PREVENTION

**Annual Report**

**and Audited Financial Statements**

for the year ended 31 March 2025

**Registered Charity Number 1122393**

**Registered Company Number 06324356**

# **THE MARY HOW TRUST FOR CANCER PREVENTION**

AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## **INDEX**

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	<b>Page</b>
<b>Charity information</b>	<b>1</b>
<b>Chair's statement</b>	<b>2</b>
<b>Welcome from the Chief Executive</b>	<b>3</b>
<b>Trustees' report</b>	<b>4</b>
<b>Auditor's report</b>	<b>11</b>
<b>Statement of financial activities</b>	<b>14</b>
<b>Balance sheet</b>	<b>15</b>
<b>Statement of cash flow</b>	<b>16</b>
<b>Accounting policies</b>	<b>17</b>
<b>Notes to the financial statements</b>	<b>20</b>

# THE MARY HOW TRUST FOR CANCER PREVENTION

AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## CHARITY INFORMATION

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### Trustees

J A Ross		
J H Barder		
M C Wratten		(Resigned 24 June 2024)
D P Mathieson		
C Meeking		
N Stanbury		
C Scaramanga		
J H G Ellis		(Resigned 17 March 2025)
T Morley		(Appointed 20 May 2025)
N M Neal-Smith	Chair	(Appointed 01 September 2025)
I L Lloyd		(Appointed 09 October 2025)

### Registered & Principal office

Unit 1 & 2 The Colonnades  
17 London Road  
Pulborough  
West Sussex  
RH20 1AS

### Registered charity number

1122393

### Registered company number

06324356

### Auditor

Blue Spire Limited  
Cawley Priory  
South Pallant  
Chichester  
West Sussex  
PO19 1SY

### Investment advisor

Quilter Cheviot  
Senator House  
85 Queen Victoria Street  
London  
EC4V 4AB

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### CHAIR'S STATEMENT

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I am pleased to present the annual report and financial statements for The Mary How Trust for Cancer Prevention ('The Mary How Trust') for the year ended 31 March 2025. It has been another extremely successful year for our charity.

The Trust has continued to grow achieving more than 3700 screenings in the year, an increase of 900 on 2023/24, and close to the full capacity of the Colonnades. This has resulted in the early detection of more potential diseases offering the possibility of improved outcomes for those effected. This growth in screening numbers is also reflected in a surplus, which includes legacy contributions, donations, fund raising and our Charity Shop.

Another notable accomplishment for the year has been the establishment of the Medical Advisory Board (MAB). This group of medical professionals will provide oversight and guidance to the Trust's clinical operations, helping to improve both the effectiveness and efficiency of the service we offer.

During the year we have been actively searching for an appropriate second site so that we can significantly grow our client base in another area, in line with the Trust's aim to provide access to our unique service to as wide a group as possible. This has proved to be more difficult than we first expected. However, it is important that we choose the right site and are hopeful that we will identify somewhere soon.

The last year has also seen some notable Trustee changes. After 10 years as Finance Director, James Ross will retire at the next Annual General Meeting. We would like to express our heartfelt thanks to James not only for his diligent work as finance director but also for his considerable efforts in facilitating the move to the Colonnades and the current search for new premises. The Board would also like to thank John Ellis who has stepped aside as Chair and Trustee, for his contributions to the Trust.

I am delighted to have joined The Mary How Trust this year and to have taken on the role of Chair. It is a privilege to be part of such a dedicated and compassionate organisation whose work makes a tangible difference to people's lives. The Trust's commitment to early detection and prevention – offering high-quality health screening regardless of ability to pay – is both inspiring and vital. I am excited to build on the strong foundations laid by my predecessors and to work alongside our talented team, Trustees, and volunteers as we continue to expand our reach and impact in the years ahead.

We are as always, immensely grateful to all those who continue to support our remarkable charity. In particular, the Trustees would like to thank our staff and volunteers led by Lynda Vowles, our exceptional CEO. Thanks to their efforts, we continue to develop our service and are entering an exciting time with the opportunity for significant expansion thereby improving the health outcomes for a wider group of people.

**Nicky Neal-Smith**

Chair of Trustees

Dated: 24 November 2025

# **THE MARY HOW TRUST FOR CANCER PREVENTION**

## **AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025**

### **WELCOME FROM THE CHIEF EXECUTIVE**

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As we close the financial year ending 31 March 2025, I'm proud to look back on what has been a remarkable and inspiring year for The Mary How Trust. Together, we have reached more people, strengthened our services, and taken meaningful steps toward a healthier future for our communities.

This year, we carried out 3,793 health screenings—exceeding our target and reaffirming our belief that everyone deserves access to life-saving, preventative health checks, regardless of their financial situation. Thanks to our donation-based model, we continue to make early detection accessible to all adults, helping people take charge of their health and their futures.

We are excited to be preparing for a second premises, with lease negotiations now underway. Once open, this new site will enable us to provide additional screenings each year, reducing waiting times and helping even more people in our local communities benefit from timely health checks.

Our veterans' pilot programme has already shown encouraging outcomes, and with further funding, we hope to expand this initiative in the coming year. Our partnership with Surrey and Sussex Police is also progressing well, with pilot screenings due to begin in the first half of the new financial year.

The establishment of our Medical Advisory Board (MAB) marks another major milestone. Bringing together respected professionals from across medical disciplines, the Board provides expert guidance to strengthen our clinical standards and ensure our services remain evidence-based, effective, and responsive to evolving health screening needs.

None of these achievements would be possible without the dedication and passion of our staff, volunteers, trustees, and supporters. Every person who gives their time, energy, or donations plays a vital role in helping us save lives through early detection and prevention.

We are truly grateful for your ongoing support, which allows us to help more people take control of their health and access our vital screenings. Together, we really are making a difference.

**Lynda Vowles**  
Chief Executive Officer

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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The Trustees, who are directors for the purposes of company law, present their report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies, set out in notes to the accounts and comply with the charity's governing document, the Companies Act 2006, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (as amended for accounting periods commencing from 1 January 2019).

Since the charitable company qualifies as small under section 382, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

#### Objectives and activities

The objects of the charitable company as set out in its Memorandum and Articles of Association are:

- To prevent sickness by providing a Health Screening service with the aim of detecting all types of cancer in particular, life-threatening diseases in general, and to make this service available to all adults.
- To advance public education in general health matters, and in the prevention, and detection, of cancer and other life-threatening diseases.

#### Activities for achieving objectives

We deliver comprehensive health screening and wellness consultations to self-referred, asymptomatic adults aged 18 and over. Our services include nurses' consultation, ultrasound scans and detailed health reports, which are shared with clients and, with consent, their GPs.

Our donation-based model ensures accessibility for all, supported by income from our charity shop, fundraising events, grants, and legacies. We have expanded our facilities and clinical team to meet growing demand and help reduce waiting times.

Our team included two full-time and seventeen part-time staff, supported by dedicated volunteers. The charity shop, also based in Pulborough, operates six days a week and plays a vital role in funding our services.

The Board of Trustees has considered the guidance provided by the Charity Commission when determining the activities that the charity should undertake.

#### Main activities undertaken to further the charity's purposes for the public benefit

The Board of Trustees ensures that all activities align with the Charity Commission's guidance on public benefit. Our charitable services are designed to deliver meaningful health outcomes and empower individuals to take control of their well-being.

We deliver screenings on a donation basis, ensuring accessibility for all. Our operational costs are supported through diversified income streams, including our charity shop, fundraising, donations and legacy giving.

We actively collaborate with local GPs, other charities and community organisations to ensure continuity of care and promote health awareness. Our services are inclusive and non-discriminatory, reaching individuals from all walks of life.

#### Relationships with other organisations

We continue to strengthen partnerships with other charities, healthcare providers, and community groups. Our collaboration with Veterans Outreach Support has grown and saw a pilot scheme during the year. A collaboration with Surrey and Sussex Police is progressing, with pilot screenings scheduled for early 2025/26. These relationships are key to expanding our reach and enhancing service delivery.

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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#### Environmental impact

We prioritise sustainability through energy-efficient procurement, paperless operations – wherever possible, and recycling initiatives. Our charity shop contributes to a circular economy by repurposing unsaleable goods. Staff are actively engaged in promoting eco-friendly practices, and our Environmental Policy is reviewed annually.

#### Achievements and performance

##### *2024/2025 in Summary*

The year 2024/25 brought significant change both at home and abroad. Here in the UK, the new government's first months in office marked a period of adjustment and anticipation. The Chancellor, Rachel Reeves, set out her first Budget, focused on rebuilding public services and boosting economic growth. However, changes to public spending and employer National Insurance contributions created new pressures for many charities, including ours.

Inflation reached 3.6% in the autumn, and while it has since eased, interest rates remained high for much of the year—driving up operational costs for organisations across the voluntary sector.

Globally, uncertainty continued to shape the economic landscape. The election of Donald Trump as US President brought renewed trade tensions, with increased tariffs contributing to higher import prices and supply chain costs. Ongoing conflicts, climate-related crises, and humanitarian challenges also continued to influence donor behaviour and funding patterns worldwide.

In this complex environment, demand for charitable services grew—often outpacing available resources. Yet, despite these challenges, The Mary How Trust remained focused on our mission of early detection and prevention.

Over the past twelve months, we have:

- Delivered 3,793 health screenings, exceeding our target.
- Expanded our clinical team, strengthening capacity and expertise.
- Begun preparations for our second premises, which will dramatically increase access to our services.
- Deepened our partnership with St Richard's NHS Trust, sponsoring a full-time member of their laboratory team and enhancing our diagnostic capabilities.
- Advanced our veterans' pilot programme, laying the groundwork for future expansion.

We appointed Blue Spire as our new accountants to guide us through our transition to full audit requirements, following our turnover exceeding £1 million—a milestone that reflects both our growth and the trust placed in our work.

Throughout another year of change and challenge, The Mary How Trust has continued to adapt, evolve, and deliver. Thanks to the steadfast support of our community, staff, volunteers, and partners, we remain on a strong path toward a healthier future for all.

#### Financial review

##### *Going concern*

The Trustees have a reasonable expectation that the charity has sufficient resources to continue operating for the foreseeable future. This is supported by strong financial management, diversified income streams, and robust reserves. The going concern basis remains appropriate for preparing the financial statements.

##### *Investment policy*

All investments are now held with Quilter Cheviot, split between the Global Income & Growth Fund for Charities and short-term Money Market Bonds. Monthly monitoring and quarterly reviews are conducted to ensure alignment with our objectives and risk profile.

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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#### *Principal risks and uncertainties*

Key risks include economic volatility, inflation, and changes in government policy. Adjustments to employer National Insurance and broader tax reforms have increased operational costs. Global instability and weak business sentiment have also affected donor behaviour and funding availability.

We monitor regulatory changes from the Care Quality Commission, Charity Commission, and GDPR legislation. Internal controls have been reviewed using the Charity Commission's CC8 checklist and found to be robust.

#### *Reserves*

We maintain reserves equivalent to at least nine months of budgeted expenditure, currently £904,000 for the year 2025/26. This ensures financial stability and supports our strategic growth. The Board reviews the policy annually and monitors reserves on a monthly basis.

#### **Review 2024/2025**

The 2024/25 financial year was shaped by economic uncertainty, rising costs, and growing demand for charitable services. In this context, The Mary How Trust delivered a strong financial performance, enabling us to continue expanding access to life-saving health screenings and planning for future growth.

Total funds increased to £1,797,311 (2024: £983,00), with £352 (2024 £1,905) allocated for restricted purposes. This reflects both careful financial management and the generosity of our supporters. After accounting for funds designated for Fixed Assets, Intangible Assets, and Restricted Funds our Free Reserves stand at £903,415 (2024: £379,246), providing a solid foundation to maintain our services and respond to emerging needs.

During the year, we sold our M&G Charibonds and transferred the funds to Quilter Cheviot, ensuring continued growth and security of our investments. Day-to-day liquidity is maintained through cash holdings with Barclays Bank PLC, allowing us to meet operational requirements with confidence.

Our charity shop continued to perform strongly, providing not only essential income but also a visible presence in the community and an opportunity for supporters to engage directly with our work.

We are deeply grateful for a generous legacy received this year, which will help bring our ambitious plans for expansion to fruition.

Despite the financial pressures faced by many organisations this year, careful planning, prudent investment decisions, and the dedication of our supporters have allowed The Mary How Trust to remain financially resilient. These resources will underpin our ongoing mission to deliver accessible, preventative health screening services and support the expansion of our programmes in the coming year.

#### **Plans for future periods**

##### *Community Engagement*

We will deepen our engagement with the community, raising awareness of the importance of early detection and prevention. Outreach efforts will focus on underserved populations and promoting health education.

##### *Financial Growth*

With turnover now exceeding £1 million, we are subject to full audit requirements. We remain focused on securing sustainable funding to support our expanding services and ensure long-term financial resilience.



# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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#### *Commitment to Growth*

We are committed to increasing our screening capacity and plan to open a second premises in 2026. This expansion will allow us to reach more individuals and help reduce waiting times, ensuring equitable access to our services.

#### *Risk Mitigation*

We continue to monitor economic, regulatory, and operational risks closely. Our systems for risk identification and mitigation are robust and regularly reviewed. These include a comprehensive risk management matrix and a business continuity plan, both of which are standing items on our Trustee meeting agendas.

### **Key Objectives for the Future**

#### *Capacity Expansion*

We anticipate reaching a full capacity of approximately 4,000 screenings by the end of the next financial year. Exciting plans for a second site are progressing well—a suitable property has been identified, to the north of our area, and lease negotiations are underway. Once fully operational, this new facility will enable up to 10,000 additional screenings annually, helping to reduce waiting times and expand access to preventative health services across our communities. Full capacity is expected to be achieved over the next five years.

#### *Community Awareness*

Raising awareness of our services and the importance of early detection remains a top priority. We will continue to deliver outreach campaigns that engage underserved populations, promote health education, and empower people to take charge of their health.

#### *Accessibility and Inclusivity*

We are committed to ensuring our services are accessible to all adults, regardless of geography, background, or financial means. Special focus will be placed on supporting disadvantaged and underrepresented groups, with tailored outreach and additional support where needed.

#### *Service Enhancement*

Our Medical Advisory Board (MAB) is now fully active, guiding our clinical strategy and supporting service development. Drawing on expertise across oncology, general practice, diagnostics, and public health, the MAB helps ensure our screening programmes remain evidence-based, innovative, and responsive to emerging health screening trends.

#### *Data Utilisation*

We will continue to use anonymised data to inform our marketing, brand development, and service improvement strategies, always in full compliance with GDPR regulations. During the year, we were delighted to undergo the Cyber Essentials audit, achieving certification and reinforcing our commitment to data security and privacy.

#### *Healthcare Professional Collaboration*

We continue to strengthen relationships with local healthcare professionals, charities, and community organisations. The MAB plays a central role in these partnerships, providing expert oversight and helping us maintain alignment with best practice in preventative health screening.

### **Looking to the Future**

The Mary How Trust is poised to make an even greater impact in the years ahead. With expanded screening capacity, a second premises, and growing partnerships, we will be able to reach more people and save more lives through the early detection of cancer and other life-limiting illnesses.

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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Our second premises will play a crucial role in reducing waiting times and ensuring equitable access to our services across the region. The veterans' pilot screening programme has already demonstrated strong outcomes, and with anticipated funding, we aim to expand this initiative in 2025/26. Collaborations with Surrey and Sussex Police are progressing well, with pilot screenings scheduled to launch in the second quarter of the new financial year.

#### Conclusion

The Mary How Trust is excited about the opportunities ahead. Building on our strong foundations, we will continue to develop innovative programmes, strengthen partnerships, and extend our reach into communities that need us most.

We will focus on enhancing the experience for everyone using our services, improving engagement and support, and exploring new ways to educate and empower the public about the importance of early detection. By nurturing collaborations with local healthcare professionals, community groups, and other organisations, we aim to create a more connected, informed, and healthy community.

As we look ahead, our commitment remains unwavering: to provide inclusive, high-quality health screening and to make a tangible difference in the lives of those we serve.

#### Structure, governance and management

##### Constitution

The Mary How Trust, founded in June 1988, is a charitable company limited by guarantee, incorporated on 25 July 2007. It is governed by the Memorandum and Articles of Association of the charitable company and is controlled by a board of trustees whose members are elected at the Annual General Meeting and are directors for the purposes of company law and trustees for the purposes of charity law. Registered charity number 1122393; Company Registration No: 06324356.

The vision, mission and values of The Mary How Trust guide us and remain as important today as they were when the charity was first formed back in 1988.

##### *Appointment and Election of Trustees*

The strategic leadership of our charity rests with our dedicated Trustees, each contributing their unique knowledge, skills, and passion to advance the charity's mission. They bear the critical responsibility of steering the charity, ensuring its continued growth and impact. Guided by the provisions outlined in the Articles of Association, our Trustees, whether elected or co-opted, possess the authority to appoint new Directors/Trustees, when necessary, thus reinforcing our commitment to the charity's long-term success.

##### *Induction and Training of Trustees*

In alignment with the Charity Commission's guidance on trustees' induction and training, our Board places great emphasis on recruiting trustees with specific skills that can significantly contribute to the charitable company. Prospective trustees or directors are required to initiate their engagement by writing to the Chair of the Board and providing a comprehensive curriculum vitae. To support their integration, we provide a Trustee Information Pack and facilitate initial discussions, followed by interviews. Newly appointed trustees undertake a probationary period before their formal confirmation, which is ratified at the next scheduled Annual General Meeting (AGM).

In adherence to regulatory requirements and good governance principles, all new trustees undergo an induction process. This includes providing detail of their legal obligations under charity and company law, as well as familiarity with the contents of the Memorandum and Articles of Association. Additionally, we ensure that they are well-informed about the committee structure, decision-making processes, and the recent financial performance of the charity. To further enhance their knowledge, they are provided with the Charity Commission booklet 'CC3': 'The Essential Trustee'. We also encourage our Trustees to engage in relevant external and online training events, which are financially supported by the charity, enhancing their effectiveness in fulfilling their roles.

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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Trustees do not hold any beneficial interest in the company and all of them are members of the company. We believe that good governance is fundamental to our success and take our trustee responsibilities seriously.

Our organisational structure and decision-making processes are continually reviewed by the Board of Trustees. The Board convenes six times a year to discuss and determine the charity's direction. In addition, we have an Investment Committee, whilst financial controls are entrusted to the Finance Director.

Trustee meetings follow a structured agenda that includes standing items such as comprehensive management account reporting, risk assessments, health and safety considerations, incident management, and safeguarding. Additionally, we engage subgroups as needed. The day-to-day management of the charity is delegated to Lynda Vowles, the CEO, and the Senior Management Team.

We are committed to active risk management, addressing the major risks to which the charity may be exposed. Our systems are designed to mitigate these risks, incorporating a risk management matrix and a business continuity plan, both of which undergo regular reviews. Risk is a recurring agenda item at the Trustee meetings.

The charity operates under the oversight of regulatory bodies, including the Charity Commission, Companies House, and the Care Quality Commission.

#### *Personnel*

During the year, we experienced change in our leadership team. Our Chair, John Ellis, stepped down due to personal family matters. We extend our sincere thanks to John for his guidance, dedication, and service. We wish him well. Recruitment of a new Chair, Nicola Neal-Smith, has been completed, and we look forward to welcoming them in the next financial year. Mary Wratten retired from the Board in June 2024 after ten years of dedicated service. During her tenure, she played a pivotal role in advancing the charity's mission, and the Board extends its deepest gratitude for her outstanding contribution. We are pleased that Mary continues to support the organisation in a voluntary capacity. James Ross, our Finance Trustee, will be stepping down at the AGM in November after ten years of dedicated service. We are deeply grateful for his commitment and valuable contribution over the past decade. Tim Morley has been appointed to succeed James in this role and will be shadowing him in the coming months to ensure a smooth handover. We also look forward to Ian Lloyd joining the board in the new financial year.

We said a heartfelt farewell to Sarah Ross, our Charity Shop Manager, who left due to health reasons. Sarah had been with the charity for ten years and was instrumental in making the shop a thriving hub within the community. Her keen eye for donations, skill in pricing, and commitment to customer service significantly increased revenue and strengthened the shop's role as a welcoming, inclusive space. Sarah's warmth, expertise, and dedication will be deeply missed by both the team and the wider community.

The Mary How Trust remains committed to attracting and retaining a skilled, motivated, and supported workforce. We prioritise clear communication, professional development, and performance management. Regular supervision, reviews, and open dialogue ensure that our team is aligned with the charity's strategic goals and empowered to thrive in their roles.

Our management team comprises the Chief Executive Officer, Practice Manager/Head of Operations, Lead Health & Wellbeing Screening Nurses, Ultrasound Lead, Charity Shop Manager, and Accounts Lead. Volunteers continue to play a vital role, supporting administration, fundraising, and charity shop operations, and are an essential part of our success.

#### *Remuneration and Diversity*

We ensure that remuneration for key personnel is fair, competitive, and in line with sector standards. Salaries are reviewed regularly to reflect evolving responsibilities and market conditions, ensuring our team is recognised and rewarded appropriately.

Equally, we are committed to fostering a diverse, inclusive, and supportive workplace, where all individuals are valued and empowered to contribute fully—regardless of background, identity, or circumstance. This commitment underpins our culture and helps us deliver the highest-quality services to the communities we serve.

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### TRUSTEES' REPORT

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#### Trustees' responsibilities statement

The trustees (who are also directors of The Mary How Trust for Cancer Prevention for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

#### Appointment of Auditor

Blue Spire has expressed its willingness to stand for reappointment as the charity's auditors. A resolution proposing their reappointment will be put forward at the Annual General Meeting.

The Trustees' Report was approved by the Board of Trustees.

*N Neal-Smith*

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N Neal-Smith

Trustee  
Dated 02 December 2025 .....

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### AUDITOR'S REPORT

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#### Independent Auditor's Report to the Trustees of The Mary How Trust for Cancer Prevention

##### Opinion

We have audited the financial statements of The Mary How Trust for Cancer Prevention (the 'charitable company') for the year ended 31 March 2025 comprise Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

##### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

##### Other matter

The financial statements of the charity for the year ended 31 March 2024 were not audited but independently examined by another firm. Accordingly, we make no overall comment nor draw any conclusions in respect of the year to 31 March 2024, undertaking necessary work to satisfy ourselves of the opening balance positions of the charity. Through this work we identified an apparent understatement of the charity's investment holding market value which has been aligned through change in market value in the current year. It was considered not worthwhile to include a prior year restatement in respect of this.

##### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

##### Other information

The other information comprises the information included in the trustees' report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# THE MARY HOW TRUST FOR CANCER PREVENTION

## AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

### AUDITOR'S REPORT

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#### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

#### Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement [set out on page ...], the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### Auditor responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management, those charged with governance around actual and potential litigation and claim;
- Enquiry of entity staff to identify any instances of non-compliance with laws and regulations;
- Reviewing minutes of meetings of those charged with governance;
- Reviewing financial statement disclosure and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustment for appropriates, evaluating the business rationale of significant transactions outside the normal course of business course of business and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the FRC's website at: <https://www.frc.org.uk/auditors/audit-assurance/auditor-s-responsibilities-for-the-audit-of-the-fi/description-of-the-auditor%E2%80%99s-responsibilities-for>. This description forms part of our auditor's report

# THE MARY HOW TRUST FOR CANCER PREVENTION

AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## AUDITOR'S REPORT

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We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

### Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Blue Spire limited*

**Blue Spire Limited**  
Statutory Auditor

Date 02 December 2025

*Blue Spire Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.*

# THE MARY HOW TRUST FOR CANCER PREVENTION

AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Note	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 Total Funds £
<b>INCOME AND ENDOWMENTS FROM:</b>					
Donations and legacies	1	1,472,841	645	1,473,486	853,171
Other trading activities	2	134,730	-	134,730	121,463
Investments	3	43,319	-	43,319	21,948
<b>Total income and endowments</b>		<u>1,650,890</u>	<u>645</u>	<u>1,651,535</u>	<u>996,582</u>
<b>EXPENDITURE ON:</b>					
Raising funds	4	92,109	312	92,421	91,733
Charitable activities	5	749,848	1,890	751,738	674,356
<b>Total expenditure</b>		<u>841,957</u>	<u>2,202</u>	<u>844,159</u>	<u>766,089</u>
Net gains/(losses on investments)	12	<u>7,287</u>	<u>-</u>	<u>7,287</u>	<u>34,170</u>
<b>Net Income/(expenditure)</b>		816,220	(1,557)	814,663	264,663
Transfers between funds	17	(4)	4	-	-
<b>Net movement in funds</b>		<u>816,216</u>	<u>(1,553)</u>	<u>814,663</u>	<u>264,663</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>	16, 17	981,095	1,905	983,000	718,337
<b>Total funds carried forward</b>	16, 17	<u>1,797,311</u>	<u>352</u>	<u>1,797,663</u>	<u>983,000</u>

The statement of financial activities includes all gains and losses recognised during the year.  
All of the above results are derived from continuing activities.



# THE MARY HOW TRUST FOR CANCER PREVENTION

AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025		2024	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	11	43,896		56,443	
Investments	12	<u>1,563,880</u>		<u>604,565</u>	
			1,607,776		661,008
<b>CURRENT ASSETS</b>					
Debtors	13	4,327		7,033	
Current Investments	14	173,448		165,406	
Cash at hand and in bank		<u>91,359</u>		<u>182,057</u>	
<b>Total current assets</b>		269,134		354,496	
<b>CURRENT LIABILITIES</b>					
Creditors: amounts falling due within one year	15	<u>(79,247)</u>		<u>(32,504)</u>	
<b>Net current assets/(liabilities)</b>			189,887		321,992
<b>Net assets/(liabilities)</b>			<u>1,797,663</u>		<u>983,000</u>
<b>THE FUNDS OF THE CHARITY</b>					
<b>Restricted funds</b>	17		352		1,905
Designated funds		893,896		545,406	
General Funds		<u>903,415</u>		<u>435,689</u>	
<b>Unrestricted funds</b>	17		1,797,311		981,095
<b>Total charity funds</b>			<u>1,797,663</u>		<u>983,000</u>

For the year ended 31 March 2025 the charity was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements were approved and authorised for issue by the trustees and signed on their behalf by:

*N Neal-Smith*  
 .....  
 N Neal-Smith  
 Trustee

02 December 2025  
 .....  
 Date

The Mary How Trust for Cancer Prevention  
 Registered Charity Number 1122393  
 Registered Company Number 06324356

# THE MARY HOW TRUST FOR CANCER PREVENTION

AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## STATEMENT OF CASH FLOWS

	2025		2024	
	£	£	£	£
<b>Net cash flow from operating activities (see below)</b>		826,434		192,776
<b>Cash flow from investing activities</b>				
Payments to acquire tangible fixed assets	(381)			
Payments to acquire fixed asset investments	(1,132,908)		(125,000)	
Proceeds on sale of investments	183,917		-	
Investment income	43,319		27,354	
<b>Net cash flow from investing activities</b>		(906,053)		(97,646)
<b>Net increase/(decrease) in cash and cash equivalents</b>		(79,619)		95,130
<b>Cash and cash equivalents brought forward</b>		347,463		252,333
<b>Cash and cash equivalents carried forward</b>		<u>267,844</u>		<u>347,463</u>
<b>Cash and cash equivalents consist of:</b>				
Cash at bank and in hand		91,359		182,057
Cash held within investment portfolio		3,037		-
Short term deposits		173,448		165,406
<b>Cash and cash equivalents at 31 March</b>		<u>267,844</u>		<u>347,463</u>

### Reconciliation of net income to net cash flow from operating activities

	2025		2024	
	£	£	£	£
Net income for the year		814,663		264,663
Adjusted for:				
Investment income	(43,319)		(21,948)	
(Gains)/losses on investments	(7,287)		(34,170)	
Depreciation and impairment of tangible fixed assets	12,928		12,805	
Decrease/(increase) in accrued investment income	-		(5,406)	
Decrease/(increase) in debtors	2,706		5,677	
Increase/(decrease) in creditors	46,743		(28,845)	
		11,771		(71,887)
		<u>826,434</u>		<u>192,776</u>

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## ACCOUNTING POLICIES

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### General information, scope and basis of the financial statements

The Mary How Trust for Cancer Prevention is a private limited company, incorporated in England, limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member.

The registered office address of the charitable company is Units 1&2, The Colonnades, 17 London Road, Pulborough, West Sussex, England, RH20 1AS.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

### Going concern

The trustees have considered relevant information, including the annual budget and the impact of subsequent events, in making their assessment.

Based on these assessments and having regard to the resources available to the entity, the trustees have concluded that there is no material uncertainty in relation to the appropriateness of continuing to adopt the going concern basis in preparing the annual report and accounts.

### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used.

Further details of the use and purpose of each fund are disclosed in Notes 17 and 18.

### Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation. Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time of the investment income is receivable.

### Resources expended

Expenditure is recognised as soon as there is a legal or constructive obligation committing the charity to make payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

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# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## ACCOUNTING POLICIES

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Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities event and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

### Fixed assets

Tangible fixed assets costing £10,000 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses. All costs incurred to bring a tangible asset into its intended working condition should be included in the measurement of cost.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold improvements	On a straight line basis, to the lease break date
Plant and equipment	33.3% straight line basis
Fixtures and fittings	33.3% straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

### Fixed and current asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the statement of financial activities.

### Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

### Debtors and creditors receivable / payable within one year

Trade and other debtors are recognised at the settlement amount after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

### VAT

The charity is not registered for VAT and is unable to recover VAT incurred. On this basis costs are recorded inclusive of VAT within the SOFA.

### Taxation

The charity is considered to pass the tests set out in sections 521 to 536 Income Tax Act 2007 (ITA 2007), as such no income tax is payable on the charity's activities.

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## ACCOUNTING POLICIES

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### **Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instrument Issues' of FRS 102 to all of its financial statements.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

### *Basic financial assets*

Basic financial assets, which include debtors and cash and bank balances are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

### *Basic financial liabilities*

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

### **Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### **Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### **Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

### 1. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Donations and gifts	854,052	645	854,697	624,077	8,540	632,617
Legacies receivable	453,469	-	453,469	100,000	-	100,000
Grants	1,000	-	1,000	-	3,289	3,289
Other	164,320	-	164,320	117,265	-	117,265
	<u>1,472,841</u>	<u>645</u>	<u>1,473,486</u>	<u>841,342</u>	<u>11,829</u>	<u>853,171</u>

### 2. Other trading activities

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Fundraising events	17,429	-	17,429	7,499	-	7,499
Shop	102,567	-	102,567	105,137	-	105,137
Other	14,734	-	14,734	8,827	-	8,827
	<u>134,730</u>	<u>-</u>	<u>134,730</u>	<u>121,463</u>	<u>-</u>	<u>121,463</u>

### 3. Income from investments

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Bank interest	13,846	-	13,846	1,172	-	1,172
Investment interest	29,473	-	29,473	20,776	-	20,776
	<u>43,319</u>	<u>-</u>	<u>43,319</u>	<u>21,948</u>	<u>-</u>	<u>21,948</u>

### 4. Raising funds expenditure

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
<b>Fundraising and publicity</b>						
Other fundraising costs	16,546	120	16,666	13,326	37	13,363
Staff costs	58,459	-	58,459	59,003	-	59,003
	<u>75,005</u>	<u>120</u>	<u>75,125</u>	<u>72,329</u>	<u>37</u>	<u>72,366</u>
<b>Trading costs</b>						
Operating charity shops	17,104	192	17,296	13,761	5,606	19,367
	<u>92,109</u>	<u>312</u>	<u>92,421</u>	<u>86,090</u>	<u>5,643</u>	<u>91,733</u>

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

### 5. Charitable activities

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Staff costs	472,642	-	472,642	395,287	-	395,287
Depreciation	12,925	-	12,925	12,805	-	12,805
Screening supplies	122,696	1,293	123,989	120,745	2,878	123,623
Accommodation costs	42,769	-	42,769	40,423	-	40,423
Insurance	9,524	-	9,524	7,640	-	7,640
Cleaning & medical waste disposal	11,421	-	11,421	10,491	-	10,491
Repairs to equipment	13,226	-	13,226	15,659	-	15,659
Printing, stationery, postage & telephone	2,123	-	2,123	1,795	-	1,795
Sundry	25,454	597	26,051	21,986	-	21,986
Screening	1,153	-	1,153	3,449	-	3,449
Bank interest and charges	1,173	-	1,173	1,568	-	1,568
Support costs (note 6)	5,589	-	5,589	16,599	-	16,599
Governance costs (note 7)	29,153	-	29,153	23,031	-	23,031
	<u>749,848</u>	<u>1,890</u>	<u>751,738</u>	<u>671,478</u>	<u>2,878</u>	<u>674,356</u>

### 6. Support costs

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Staff costs	5,589	-	5,589	16,599	-	16,599
	<u>5,589</u>	<u>-</u>	<u>5,589</u>	<u>16,599</u>	<u>-</u>	<u>16,599</u>

### 7. Governance costs

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Staff costs	16,073	-	16,073	16,126	-	16,126
Accountancy fees	10,167	-	10,167	6,522	-	6,522
Legal and professional fees	2,913	-	2,913	383	-	383
	<u>29,153</u>	<u>-</u>	<u>29,153</u>	<u>23,031</u>	<u>-</u>	<u>23,031</u>

### 8. Auditor's remuneration and examiner's fees

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Auditor's remuneration - audit	6,600	-	6,600	-	-	-
Examiner's fees - examination	324	-	324	3,600	-	3,600
Payroll services	2,880	-	2,880	2,922	-	2,922
	<u>9,804</u>	<u>-</u>	<u>9,804</u>	<u>6,522</u>	<u>-</u>	<u>6,522</u>

The charity's independent examiner also charged £363 during the year under review plus £468 in the comparative year for the provision of accountancy software.

**THE MARY HOW TRUST FOR CANCER PREVENTION**  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

**NOTES TO THE FINANCIAL STATEMENTS**

**9. Related party transactions**

No trustees received any remuneration or other benefits, and no trustees expenses have been reimbursed by the charity in either the current or comparative year

Aggregate donations received from trustees during the year amounted to £728 (2024:£523)

Mrs S Ross, the wife of Mr J Ross, a representative on the board of trustees and the finance director, was employed as the lead shop manager and was paid £29,657 (2024: £28,988) in salary and pension.

During the year £456 was paid for marketing services to Scaramanga Marketing Limited for which the sole director is a trustee for the charity.

There are no further related party transactions during the financial year which require disclosure.

**10. Wages and salary cost**

	<b>2025 Total Funds £</b>	<b>2024 Total Funds £</b>
Gross wages	424,252	405,950
Employer's national insurance costs (net of employment allowance)	31,800	27,072
Employer's pension contributions	12,069	10,552
Total payroll costs	<u>468,121</u>	<u>443,574</u>
Self employed clinicians	71,482	65,535
Self employed admin	5,832	-
Employer's pension contributions outside payroll	7,504	10,716
	<u>84,818</u>	<u>76,251</u>
	<u><u>552,939</u></u>	<u><u>519,825</u></u>

There were no employees with emoluments (excluding employer pension costs) above £60,000 in this or the preceding year

	<b>2025</b>	<b>2024</b>
The average number of employees during the year was:	19	20
	<u>19</u>	<u>20</u>

**Key management personnel**

A charity's key management personnel are those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. Employee benefits for the charity's key management personnel (as detailed in the information page) inclusive of gross pay, employer's national insurance and employer pension contributions amounted to £122,132 (2024: £111,159) in the year under review.



# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

### 11. Tangible fixed assets

	Leasehold improvements	Plant & equipment	Fixtures & Fittings £	Total £
<i>Cost</i>				
At 1 April 2024	64,592	77,127	480	142,199
Additions	-	-	381	381
On disposals	-	-	-	-
At 31 March 2025	<u>64,592</u>	<u>77,127</u>	<u>861</u>	<u>142,580</u>
<i>Depreciation</i>				
Accumulated at 1 April 2024	21,422	63,854	480	85,756
Charge for the year	6,168	6,633	127	12,928
On disposals	-	-	-	-
At 31 March 2025	<u>27,590</u>	<u>70,487</u>	<u>607</u>	<u>98,684</u>
Net book value at 31 March 2025	<u>37,002</u>	<u>6,640</u>	<u>254</u>	<u>43,896</u>
Net book value at 31 March 2024	<u>43,170</u>	<u>13,273</u>	<u>-</u>	<u>56,443</u>

### 12. Fixed asset investments

	Listed Investments £ 2025	Listed Investments £ 2024
<i>Cost or valuation</i>		
At 1 April	604,565	445,395
Additions	1,132,908	125,000
Disposals	(183,917)	-
Valuation changes	7,287	34,170
At 31 March	<u>1,560,843</u>	<u>604,565</u>
Cash held in investments	3,037	-
Total fixed asset investment at 31 March	<u>1,563,880</u>	<u>604,565</u>

### 13. Debtors

	2025 Total Funds £	2024 Total Funds £
Trade debtors	-	395
Prepayments and accrued income	<u>4,327</u>	<u>6,638</u>
	<u>4,327</u>	<u>7,033</u>

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

### 14. Current asset investments

	2025 Total Funds £	2024 Total Funds £
Short term deposits	173,448	165,406
	<u>173,448</u>	<u>165,406</u>

### 15. Creditors: amounts falling due within one year

	2025 Total Funds £	2024 Total Funds £
Trade creditors	12,888	13,230
Accruals and deferred income	55,002	8,993
Other taxation and social security	8,663	8,069
Other creditors	2,694	2,212
	<u>79,247</u>	<u>32,504</u>

### 16. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
Tangible fixed assets	43,896	-	43,896	56,443	-	56,443
Investments	1,563,880	-	1,563,880	604,565	-	604,565
Current assets	268,782	352	269,134	352,591	1,905	354,496
Current liabilities	(79,247)	-	(79,247)	(32,504)	-	(32,504)
	<u>1,797,311</u>	<u>352</u>	<u>1,797,663</u>	<u>981,095</u>	<u>1,905</u>	<u>983,000</u>

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

### 17. Analysis of net movement in funds

	Year ended 31 Mar 2025					
	Total funds brought forward £	Total incoming resources £	Total resources expended £	Transfers between funds £	Gains/(losses) on investment assets £	Total funds carried forward £
<i>Restricted funds</i>						
Billingshurst Lions	-	-	-	-	-	-
Bowerman Trust	192	-	(192)	-	-	-
Equipment for Room 3	-	-	-	-	-	-
Defibtech	-	-	-	-	-	-
Shanly Foundation	-	-	-	-	-	-
HDC LEAP Grant	-	-	-	-	-	-
HDC Lottery Grant	1,000	-	(1,000)	-	-	-
HDC Community Grant	500	-	(500)	-	-	-
HDC Big Help out	213	-	(217)	4	-	-
Billingshurst Parish Council	-	645	(293)	-	-	352
<i>Total restricted funds</i>	<u>1,905</u>	<u>645</u>	<u>(2,202)</u>	<u>4</u>	<u>-</u>	<u>352</u>
<i>Unrestricted funds</i>						
<i>Designated funds</i>						
Capacity extension	330,000	-	-	470,000	-	800,000
Clinical IT Upgrade	50,000	-	-	-	-	50,000
Short term investments	165,406	-	-	(165,406)	-	-
Fixed asset reserve	-	-	-	43,896	-	43,896
	<u>545,406</u>	<u>-</u>	<u>-</u>	<u>348,490</u>	<u>-</u>	<u>893,896</u>
General Fund	435,689	1,650,890	(841,957)	(348,494)	7,287	903,415
<i>Total unrestricted funds</i>	<u>981,095</u>	<u>1,650,890</u>	<u>(841,957)</u>	<u>(4)</u>	<u>7,287</u>	<u>1,797,311</u>
Total funds	<u>983,000</u>	<u>1,651,535</u>	<u>(844,159)</u>	<u>-</u>	<u>7,287</u>	<u>1,797,663</u>

	Year ended 31 Mar 2024					
	Total funds brought forward £	Total incoming resources £	Total resources expended £	Transfers between funds £	Gains/(losses) on investment assets £	Total funds carried forward £
<i>Restricted funds</i>						
Billingshurst Lions	-	-	-	-	-	-
Bowerman Trust	-	5,798	(5,606)	-	-	192
Equipment for Room 3	-	-	-	-	-	-
Defibtech	-	-	-	-	-	-
Shanly Foundation	-	2,742	(2,878)	136	-	-
HDC LEAP Grant	-	1,539	-	(1,539)	-	-
HDC Lottery Grant	-	1,000	-	-	-	1,000
HDC Community Grant	-	500	-	-	-	500
HDC Big Help out	-	250	(37)	-	-	213
<i>Total restricted funds</i>	<u>-</u>	<u>11,829</u>	<u>(8,521)</u>	<u>(1,403)</u>	<u>-</u>	<u>1,905</u>
<i>Unrestricted funds</i>						
<i>Designated funds</i>						
Capacity extension	150,000	-	-	180,000	-	330,000
Clinical IT Upgrade	-	-	-	50,000	-	50,000
Short term investments	160,000	5,406	-	-	-	165,406
	<u>310,000</u>	<u>5,406</u>	<u>-</u>	<u>230,000</u>	<u>-</u>	<u>545,406</u>
General Fund	408,337	979,348	(757,569)	(228,597)	34,170	435,689
<i>Total unrestricted funds</i>	<u>718,337</u>	<u>984,754</u>	<u>(757,569)</u>	<u>1,403</u>	<u>34,170</u>	<u>981,095</u>
Total funds	<u>718,337</u>	<u>996,583</u>	<u>(766,090)</u>	<u>-</u>	<u>34,170</u>	<u>983,000</u>

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

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### 18. Description of funds

Billingshurst Lions	This fund was used for the purchase of clinical equipment (ECG)
Bowerman Trust	This fund was used for the purchase of a new EPOS system for the charity shop.
Equipment for room 3	This fund was used for the purchase of clinical equipment for the kit-out of room 3
Defibtech	This fund was used for the purchase of a defibrillator
Shanly Foundation	This fund was used for the purchase of clinical equipment (ECG/trolley/electrodes)
HDC LEAP Grant	This fund was used for the purchase of promotional materials. The transfer recognised within the grant relates to the recognition of costs incurred during the previous financial period
HDC Lottery Grant	This fund is to be used for the purchase of clinical equipment (bariatric scales/ measuring stick)
HDC Community Grant	This fund is to be used to create more screening slots
HDC Big Help Out	This fund was used for the purchase of promotional materials
Billingshurst Parish Council	This fund is to be used for the purchase of clinical equipment (bariatric scales/ measuring stick)
Capacity Extension	This fund is to be used for the purchase of a second site, in order to increase screening levels by 3,500 between 2025 - 2027
Clinical IT Upgrade	This fund is to be used for the purpose of upgrading clinical IT software and systems

### 19. Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	33,087	34,337
Between two and five years	106,499	112,789
In over five years	28,197	54,914
	<u>167,783</u>	<u>202,040</u>

# THE MARY HOW TRUST FOR CANCER PREVENTION

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

## NOTES TO THE FINANCIAL STATEMENTS

### 20. Comparative statement of financial activities

	Note	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £
<b>INCOME AND ENDOWMENTS FROM:</b>				
Donations and legacies	1	841,342	11,829	853,171
Other trading activities	2	121,463	-	121,463
Investments	3	21,948	-	21,948
<b>Total income and endowments</b>		<b>984,753</b>	<b>11,829</b>	<b>996,582</b>
<b>EXPENDITURE ON:</b>				
Raising funds	4	86,090	5,643	91,733
Charitable activities	5	671,478	2,878	674,356
<b>Total expenditure</b>		<b>757,568</b>	<b>8,521</b>	<b>766,089</b>
Net gains/(losses on investments)	12	34,170	-	230,493
<b>Net Income/(expenditure)</b>		<b>261,355</b>	<b>3,308</b>	<b>264,663</b>
Transfers between funds	17	1,403	(1,403)	-
<b>Net movement in funds</b>		<b>262,758</b>	<b>1,905</b>	<b>264,663</b>
<b>RECONCILIATION OF FUNDS</b>				
<b>Total funds brought forward</b>	17	<b>718,337</b>	<b>-</b>	<b>718,337</b>
<b>Total funds carried forward</b>	17	<b>981,095</b>	<b>1,905</b>	<b>983,000</b>