

REGISTERED COMPANY NUMBER: 06418312 (England and Wales)  
REGISTERED CHARITY NUMBER: 1122199

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31st March 2023  
for  
SUPPORT TO RECOVERY**

Riley & Co Limited  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

## **SUPPORT TO RECOVERY**

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**Report of the Trustees  
for the Year Ended 31st March 2023**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of the charity for the year ending 31 March 2023 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may, from time to time, think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The board of Trustees want to ensure that our organisation is fully accessible and inclusive to all who choose to connect with us. This could be through a referral or self-referral pathway, and for any health or social reason, including mental and emotional difficulties, social isolation, needing support to improve or maintain personal resilience, or to further pursue a vocational interest, to enable meaningful engagement and life-long learning. Regardless of individuals circumstances, S2R wants to be responsive to needs and assist with positive and healthier life outcomes. An increasing focus of our work is developing and delivering place-based intervention and prevention sessions, helping people draw on the benefits of ecotherapy, creativity, and practical wellbeing to build personal toolkits to overcome life's challenges.

**Post Pandemic**

In the wake of the Covid-19 pandemic our communities have struggled to find a consistent 'new normal'. Throughout 2022/23 residents have experienced challenge after challenge as a result of long-covid, bereavement, loneliness, and financial issues in light of the cost-of-living crisis. We have further broadened our place-based delivery to reach communities such as those who have limited financial means, those with enduring mental and physical health issues, refugees and asylum seekers. Approximately 90% of our delivery is now provided in community venues and spaces, reflective of and reactive to community need. We have also continued to provide digital provision for those unable or not ready to attend face to face engagements, as well as wellbeing opportunities for frontline workers who, like us, are supporting communities through a plethora of current challenges.

**Challenges Ahead**

We anticipate 2023/24 to present similar challenges with the ongoing cost of living crisis impacting all areas of individuals' lives. Poor Mental Health and Wellbeing are still a prominent post pandemic feature, and financial issues are known to significantly contribute to poor mental health for many. We recognise that these issues are affecting not just our participants but their families and carers, our volunteers, staff and professional partners too. We will continue to strive to tackle these difficulties within our communities, working in partnership with our voluntary and charitable sector colleagues and Local Authority to help support individuals, families and communities wherever possible.

**Public benefit**

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

S2R provides a wide range of services for people experiencing poor mental health and associated problems. Being person centered, we continue to develop responsive approaches to meet changing needs brought about by the Pandemic, economic crisis, health care difficulties and so on. Intervention and prevention of mental health decline and any associated health issues is our ongoing focus, helping to build individuals personal resilience during the most challenging of times.

Our resources are focused in communities, with communities, addressing place-based needs and empowering individuals, groups and communities to come together and share experiences, support, learning and skills. Our monthly activity programmes evidence the breadth of our localised wellbeing offers and we are proud to say the feedback from participants and partners alike has been enormously positive. We will continue to provide a tailored offer of creative and imaginative, intervention and prevention opportunities to support Kirklees residents.

Charitable Activities during 2022-23 include:

**The Great Outdoors Project**

3 year contract + 2 years extension. A local authority funded mental health service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working.

**European Social Fund: Positive Minds**

Three years funding, delivering in partnership with Kirklees Council, C&K Careers and Northorpe Hall, to provide an employment programme for inactive or NEET individuals aged 15 - 24 years. S2R's role is to support participants who are experiencing mild to moderate mental health issues which are acting as a barrier to employment / further education.

**Dewsbury Your Health in Mind**

15 month project, delivered in Dewsbury South, East & West wards, to increase community engagement with local greenspaces and nature-based activities, to improve community resilience and attendance at community venues, reduce stigma improve mental health, reduce loneliness, provide and support volunteering opportunities. Funded by Dewsbury Councillors ward budgets.

**Postcode Lottery Neighborhood Trust**

12 month project to provide 144 creative, nature-based and wellbeing activities across Kirklees, to support people to re-engage after Covid restrictions, reduce loneliness and increase resilience and wellbeing.

**Suicide Prevention: Money On Your Mind**

12 month project + 6 month extension, to provide suicide risk factor awareness training and support information to staff and organisations most likely to come into contact with high risk individuals, in this instance men with debt. For example, training has been provided to numerous KMC teams, VCS organisations and financial services. Funded through Public Health.

**This Girl Can: Mix Match Motivate**

12 month Sport England funded project, targeting inactive women and girls aged 16+ to improve confidence to be more active and increase physical activity within their daily routines.

**WEvolve: Where it's at**

12 month project + 6 month extension, working across Huddersfield Central wards and Huddersfield North wards, to increase social connectivity, resilience and engagement within communities, supporting individuals, grassroots groups and community venues. Also providing mental health and wellbeing awareness training with community groups and support services.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**Creative Minds: Creative Views**

12 month project + 12 month extension. South West Yorkshire NHS Trust - Creative Minds - provided funding for us to deliver the 'Creative Views' project working specifically with members of the Kirklees Visual Impairment Network (KVIN) now renamed 'Outlookers', many of whom were particularly vulnerable and isolated due to the pandemic. The funding enabled 24 sessions, led by members interests, and delivered to members of their Huddersfield, Batley & Dewsbury groups.

**Dewsbury and Mirfield Community Anchor**

18 month project, to establish and be responsive to local wellbeing needs by working alongside and helping link together local amenities, including: Anchor organisations, businesses, PCNs, Social Prescribers, Centres and Community Groups. Assisting local groups to develop new skills, access opportunities and thrive; and promoting community resources and helping people to get involved.

**Birkby Walking**

12 month project, funded by Yorkshire Sport, to provide walking groups in Birkby area to improve fitness and locality engagement, based on evidenced community need and interest.

**Creative Minds Wellbeing Packs**

South West Yorkshire NHS Trust - Creative Minds - funded S2R to design, print and package two different wellbeing packs for distribution on in-patient mental health wards.

**Dewsbury Journey Leader**

Funded by City Connect - This project focused on active travel, getting people out of cars for everyday journeys to the shops, work or school for example and in so doing contributing positively toward climate change, clean air and reduced traffic congestion as well as reducing the burden on the NHS, improving the emotional and physical wellbeing of individuals. This project was based on a successful walking group set up when social restrictions were first lifted with Ravensthorpe community centre and also learning from our Greenhead Park walking group. The Start date was postponed due to covid and by other local factors, delivery completed in March 2023.

**Lottery Awards for All: Friday Friendship Group**

12 months funding to support an older peoples social connectivity group in Mirfield. Pre-pandemic the group met independently on a weekly basis and had approximately 70 members most being 70 years+. The group provided companionship, social interaction and entertainment for often otherwise lonely individuals. The group could not meet during the pandemic and unfortunately post-pandemic the committee stepped down and the group was disbanded. With support from Lottery Awards for All we were able to seamlessly lend our support to continue this weekly group which continues to average 45-50 participants per week and has a growing membership.

**Members Local Project Fund: Windybank**

6 months place based working funding to provide a programme of 18 wellbeing sessions with local residents at Windybank Community Centre in Liversedge.

**Homes for Ukraine**

Funded by Kirklees Council and coordinated by Community Anchors, this project aims to provide social and local connection support for resident hosts and their Ukrainian guests.

**Community Champions: Covid Vaccines**

Short-term health messaging project to share accurate vaccine information in communities, myth-bust and capture individual experiences and concerns.

**Community Champions: Winter Health**

Short term winter health messaging project to share accurate cold weather health tips and distribute winter packs containing items such as hot water bottles, blankets, hats and gloves.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**Community Champions: Friday Friendship**

Short term winter health messaging project to share accurate cold weather health tips specifically with elderly residents in Mirfield and to distribute winter packs containing items such as hot water bottles, blankets, hats and gloves.

**We Are Waterloo**

12 months funding through ward Councillors' budgets to address issues raised by Waterloo residents highlighted in the Waterloo Action Plan. S2R was engaged to provide local activities and help build community capacity, through a range of environmental, social, health and wellbeing opportunities, and volunteering events.

**DYHiM Keep Warm Keep Well**

9 months funding through ward Councillors' budgets, to provide 162 activities at local venues in Dewsbury East, West and South wards. Project to provide free local engagement to address mental health issues, loneliness and inaccessibility to opportunities due to financial difficulties. Also intended to support local venues through room hire payments in light of financial pressures on community spaces and encourage increased footfall.

**Creative Minds: Good Morning Blues**

South West Yorkshire NHS Trust - Creative Minds and Kirklees Year of Music funding to provide a 6 week Blues Music course and live performance event night to address mental health, wellbeing, loneliness and other associative issues.

**Community Champions: Mens Migrant Group**

12 months funding through Third Sector Leaders to provide regular activities for a group of migrant men temporarily supported in Mirfield area. Participants had escaped traumatic circumstance in various regions across the world, including Syria, Iran, Sudan, Eritrea and Pakistan.

**Community Plus Fund: Mending Matters**

12 months funding to support the Huddersfield based Repair Café group through provision of a regular venue, staff support and more. The funding is also to enable the development of a North Kirklees based Repair Café style offer to encourage, recycling, reuse and upcycling.

**Multiply**

2 year project to provide vocational mathematics courses, such as sewing or cooking, to upskill adults who do not have a practical understanding of applied mathematics, so that they can, for example: support their children with their mathematics homework, or have more confidence managing their personal finances.

**Creative Minds: Creative Connect**

12 months funding to offer online and out-of-hours e.g. evening and weekend digital courses around creative arts, crafts and environmental themes. To support individuals not able to attend in-person, due to enduring mental and physical health issues, or anyone facing a barrier to accessing in-person services.

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**FINANCIAL REVIEW**

**Financial position**

Unrestricted income for 2022/23 was £35,765 (2022: £55,881) and unrestricted expenditure was £113,191 (2022: £43,586), giving a deficit for the year on unrestricted funds of £77,426 (2022: £12,295 surplus), before transfer between funds.

Restricted income for 2022/23 was £328,944 (2022: £268,218) and restricted expenditure was £297,564 (2022: £308,389) giving a surplus on restricted funds of £31,380 (2022: £40,171 deficit), before transfers between funds.

Transfers between funds of £6,822 have been made to recognise reallocations of expenditure against restricted funds.

**Funds position at 31 March 2023:**

	£
Total funds at 31.3.23	157,939
Less : Restricted funds	(71,903)
Less : Held as fixed assets	(11,831)
	<hr/>
	<b>74,205</b>
	<hr/>

**Reserves policy**

The reserve target remains at 6-12 months running costs. Due to the competitive nature of charitable funding and rising costs in 2022/23 the reserve has reduced. The Board is realistic in understanding the high level of current economic challenges the charity faces and will continue to exercise all due diligence in overseeing the charity's financial health. The reserve policy for 2023/24 is to increase and maintain it within the 6 - 12 months running costs range.

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

**Changes to the Board membership**

There were some changes to management operations structures, Senior Manager P Wood retired in September 2022 with S Averley retained as Senior Manager. D Hegarty joined as the new Deputy Manager in May 2022.

At the AGM in October 2022, the existing Board membership was retained with the additional election of P Wood.

The Trustees have continued meeting digitally via zoom this year, they have met on 9 occasions and there is good attendance at all meetings.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

06418312 (England and Wales)

**Registered Charity number**

1122199

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**Registered office**

5 - 7 Brook Street  
Huddersfield  
West Yorkshire  
HD1 1EB

**Trustees**

R Buxton (resigned 9/2/23)  
A R Clark (appointed 14/8/23)  
R A Cobb (appointed 14/6/23)  
M S D'Cruz (appointed 27/4/23)  
G W Dimmock (resigned 31/3/23)  
F H Douglas-Wilkinson (appointed 25/5/23)  
W Ellis (resigned 25/5/23)  
O J A Harriette (appointed 18/7/23)  
L A Hosey  
E K Jackson  
J E Pollard  
K A Smith  
M J Sturdy (appointed 16/6/23)  
P Wood (appointed 9/11/22)

The following specific roles were held on the board by trustees during the year:

Chair	- J E Pollard
Vice Chair	- L A Hosey
Treasurer	- W Ellis (To May 2023)
	- F Douglas-Wilkinson (From June 2023)
Deputy Treasurer	- M Sturdy (From June 2023)

**Independent Examiner**

Riley & Co Limited  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

**Bankers**

National Westminster Bank Plc  
8 Market Place  
Huddersfield  
HD1 2AL

CCLA Fund Managers Limited  
Senator House  
85 Queen Victoria Street  
London  
EC4V 4ET

**Report of the Trustees  
for the Year Ended 31st March 2023**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Honorary president**

Dr N H Booya MB, ChB, FRCPsych, DPM, MSc

**Senior Managers**

P Wood (Retired September 2022)

S Averley

**Deputy Senior Manager**

D Hegarty (Started May 2022)

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Support to Recovery for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on <sup>03/10/2023</sup>..... and signed on its behalf by:

*Janet E Pollard*

.....  
J E Pollard - Trustee

**Independent Examiner's Report to the Trustees of  
Support to Recovery (Registered number: 06418312)**

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**Independent examiner's report to the trustees of Support to Recovery ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Victoria Atkinson BA FCA  
The Institute of Chartered Accountants in England and Wales

Riley & Co Limited  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW



Date: 3 October 2023

## SUPPORT TO RECOVERY

### Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31st March 2023

	Notes	Unrestricted funds £	Restricted funds £	31/3/23 Total funds £	31/3/22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	23,181	181,164	204,345	181,949
<b>Charitable activities</b>	5				
Provision of support, advice and other services		10,278	147,780	158,058	140,698
Other trading activities	3	266	-	266	1,374
Investment income	4	2,040	-	2,040	78
<b>Total</b>		<u>35,765</u>	<u>328,944</u>	<u>364,709</u>	<u>324,099</u>
<b>EXPENDITURE ON</b>					
Raising funds		71	-	71	169
<b>Charitable activities</b>	6				
Provision of support, advice and other services		<u>113,120</u>	<u>297,564</u>	<u>410,684</u>	<u>351,806</u>
<b>Total</b>		<u>113,191</u>	<u>297,564</u>	<u>410,755</u>	<u>351,975</u>
<b>NET INCOME/(EXPENDITURE)</b>		(77,426)	31,380	(46,046)	(27,876)
Transfers between funds	17	<u>6,822</u>	<u>(6,822)</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		(70,604)	24,558	(46,046)	(27,876)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		156,640	47,345	203,985	231,861
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>86,036</u></u>	<u><u>71,903</u></u>	<u><u>157,939</u></u>	<u><u>203,985</u></u>

The notes form part of these financial statements

**Balance Sheet**  
**31st March 2023**

	Notes	31/3/23 £	31/3/22 £
<b>FIXED ASSETS</b>			
Tangible assets	12	11,831	13,690
<b>CURRENT ASSETS</b>			
Debtors	13	27,738	20,406
Cash at bank and in hand		148,124	232,992
		<u>175,862</u>	<u>253,398</u>
<b>CREDITORS</b>			
Amounts falling due within one year	14	(29,754)	(63,103)
<b>NET CURRENT ASSETS</b>		<u>146,108</u>	<u>190,295</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>157,939</u>	<u>203,985</u>
<b>NET ASSETS</b>		<u>157,939</u>	<u>203,985</u>
<b>FUNDS</b>	17		
Unrestricted funds		86,035	156,640
Restricted funds		71,904	47,345
<b>TOTAL FUNDS</b>		<u>157,939</u>	<u>203,985</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued  
31st March 2023

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 03/10/2023..... and were signed on its behalf by:

*Janet E Pollard*

.....  
J E Pollard - Trustee

*FH Douglas-Wilkinson*

.....  
F H Douglas-Wilkinson - Trustee

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The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31st March 2023**

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**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

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Plant and machinery	- over the remaining life of the lease
Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% on reducing balance

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

#### 2. DONATIONS AND LEGACIES

	31/3/23	31/3/22
	£	£
Donations	1,875	3,755
Grants	202,470	178,194
	<u>204,345</u>	<u>181,949</u>

Grants received, included in the above, are as follows:

	31/3/23	31/3/22
	£	£
Community Acorn Collection	250	-
Homes for Ukraine	9,966	-
Huddersfield Counsellors - We Are Waterloo	14,022	-
Keep Well, Keep Warm	24,756	-
Kirklees Council - Dewsbury Journey Leader / City Connect	4,998	-
Kirklees Council - Dewsbury Your Health in Mind	6,497	-
Kirklees Council - Management and Coordination of Community Project	-	6,000
Kirklees Council - Suicide Prevention	21,417	14,583
Kirklees Council - Support to Recovery	-	58,478
Kirklees Council - Support to Recovery : WEvolve	25,718	14,166
Kirklees Council - Support Work in Communities	44,080	22,040
National Lottery Fund - Awards for All (ID: 20206986)	9,700	-
Postcode Neighbourhood Trust	5,000	15,000
Sport England - This Girl Can	3,706	6,097
TSL Kirklees - Community Champions	1,000	1,000
TSL Kirklees - Community Champions : Covid Vaccine Booster	1,800	-
TSL Kirklees - Community Champions : Digital Inclusion Survey	1,500	-
TSL Kirklees - Community Champions : Men's Migrant Group	1,000	-
TSL Kirklees - Community Champions : Mirfield Friday Friendship	500	-
TSL Kiklees - Well Connected Mirfield Over 50's Group	1,400	-
TSL Kirklees - Well Connected Project	-	10,933
TSL Kirklees - Wellbeing & Learning : Eat Well Move More	17,406	25,371
TSL Kirklees - Winter Health Fund	4,970	3,526
Windybank MLPF	2,784	-
Yorkshire Sport	-	1,000
	<u>202,470</u>	<u>178,194</u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

#### 3. OTHER TRADING ACTIVITIES

	31/3/23	31/3/22
	£	£
Art Shop Project Sales	266	1,374
	<u>266</u>	<u>1,374</u>

#### 4. INVESTMENT INCOME

	31/3/23	31/3/22
	£	£
Deposit account interest	2,040	78
	<u>2,040</u>	<u>78</u>

#### 5. INCOME FROM CHARITABLE ACTIVITIES

	31/3/23	31/3/22
	£	£
Room hire and workshops	6,164	4,615
The Great Outdoors	110,071	107,000
Other sundry income	41,823	29,083
	<u>158,058</u>	<u>140,698</u>

#### 6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs £	Totals £
Provision of support, advice and other services	399,827	10,857	410,684
	<u>399,827</u>	<u>10,857</u>	<u>410,684</u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

#### 7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/3/23	31/3/22
	£	£
Staff costs	333,862	270,472
Rent, rates, services and insurance	20,995	19,048
Insurance	3,672	3,452
Light and heat	1,330	1,470
Telephone & Internet	2,083	1,791
Printing, postage and stationery	3,475	2,568
Sundries	668	8,546
Repairs and maintenance	2,637	2,172
Subscriptions	455	623
Training	1,161	982
Refreshments	606	1,543
Group support costs	14,257	20,798
Motor and travel expenses	4,754	3,813
Bank charges	909	865
Contractors	538	-
Bad debts	-	662
Local Anchor	6,126	-
Depreciation	2,299	2,591
	<u>399,827</u>	<u>341,396</u>

#### 8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/3/23	31/3/22
	£	£
Depreciation - owned assets	<u>2,299</u>	<u>2,591</u>

#### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

##### Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

#### 10. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/3/23	31/3/22
Charitable	23	23
	<u>23</u>	<u>23</u>

No employees received emoluments in excess of £60,000.

#### Key management personnel

The key management personnel of the charity have been identified as the senior manager/s.

The aggregate employment benefits, including employers national insurance and pension contributions, for these key management personnel for the year was £61,997 (2022: £43,302). The remuneration of the key management is set by the trustee board and reviewed annually.

#### 11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	50,586	131,363	181,949
<b>Charitable activities</b>			
Provision of support, advice and other services	3,843	136,855	140,698
Other trading activities	1,374	-	1,374
Investment income	78	-	78
<b>Total</b>	<u>55,881</u>	<u>268,218</u>	<u>324,099</u>
<b>EXPENDITURE ON</b>			
Raising funds	169	-	169
<b>Charitable activities</b>			
Provision of support, advice and other services	43,417	308,389	351,806
<b>Total</b>	<u>43,586</u>	<u>308,389</u>	<u>351,975</u>
<b>NET INCOME/(EXPENDITURE)</b>	12,295	(40,171)	(27,876)
Transfers between funds	(25,230)	25,230	-
<b>Net movement in funds</b>	(12,935)	(14,941)	(27,876)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	169,575	62,286	231,861

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>156,640</u>	<u>47,345</u>	<u>203,985</u>

**12. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>				
At 1st April 2022	7,241	40,490	40,060	87,791
Additions	<u>-</u>	<u>-</u>	<u>440</u>	<u>440</u>
At 31st March 2023	<u>7,241</u>	<u>40,490</u>	<u>40,500</u>	<u>88,231</u>
<b>DEPRECIATION</b>				
At 1st April 2022	7,241	27,342	39,518	74,101
Charge for year	<u>-</u>	<u>1,972</u>	<u>327</u>	<u>2,299</u>
At 31st March 2023	<u>7,241</u>	<u>29,314</u>	<u>39,845</u>	<u>76,400</u>
<b>NET BOOK VALUE</b>				
At 31st March 2023	<u>-</u>	<u>11,176</u>	<u>655</u>	<u>11,831</u>
At 31st March 2022	<u>-</u>	<u>13,148</u>	<u>542</u>	<u>13,690</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31/3/23 £	31/3/22 £
Trade debtors	10,842	4,475
Prepayments	3,902	2,950
Accrued income	<u>12,994</u>	<u>12,981</u>
	<u>27,738</u>	<u>20,406</u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

#### 14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/23	31/3/22
	£	£
Trade creditors	2,026	2,981
Social security and other taxes	4,607	4,676
Pension fund	1,772	1,253
Company credit card	426	3,746
Accruals	2,982	5,339
Deferred income	17,941	45,108
	<u>29,754</u>	<u>63,103</u>

#### 15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31/3/23	31/3/22
	£	£
Within one year	13,100	13,100
Between one and five years	-	13,100
	<u>13,100</u>	<u>26,200</u>

The lease commitment disclosed relates to the charity premises at 5-7 Brook Street, held under a 6 year lease. The lease has a break out clause at 22/4/24 and therefore only lease commitments up to that date are shown above

#### 16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31/3/23 Total funds £	31/3/22 Total funds £
Fixed assets	11,831	-	11,831	13,690
Current assets	103,851	72,011	175,862	253,398
Current liabilities	(29,647)	(107)	(29,754)	(63,103)
	<u>86,035</u>	<u>71,904</u>	<u>157,939</u>	<u>203,985</u>

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2023**

**17. MOVEMENT IN FUNDS**

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	156,640	(77,427)	6,822	86,035
<b>Restricted funds</b>				
Birkby Walking	129	(129)	-	-
Creative Minds - Creative Connect	-	240	-	240
Creative Minds - The Blues Project	-	3,523	-	3,523
Dewsbury and Mirfield Anchor	1,885	675	-	2,560
Dewsbury Your Health In Mind	3,939	(3,939)	-	-
Homes for Ukraine	-	2,789	-	2,789
Huddersfield Counsellors - We Are				
Waterloo	-	9,160	-	9,160
Keep Well, Keep Warm	-	18,781	-	18,781
Multiply	-	(107)	-	(107)
National Lottery Fund - Awards for All (ID: 20206986)	-	4,354	-	4,354
Postcode Neighbourhood Trust	3,058	(3,058)	-	-
Suicide Prevention : Money on Your Mind	959	(959)	-	-
The Great Outdoors	37,421	5	(6,822)	30,604
This Girl Can : Mix Match Motivate	(468)	468	-	-
WEvolve Huddersfield Place : Where's It's At	422	(422)	-	-
	<u>47,345</u>	<u>31,381</u>	<u>(6,822)</u>	<u>71,904</u>
<b>TOTAL FUNDS</b>	<u>203,985</u>	<u>(46,046)</u>	<u>-</u>	<u>157,939</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	35,764	(113,191)	(77,427)
<b>Restricted funds</b>			
Birkby Walking	-	(129)	(129)
Community Champions - Covid Vaccine	1,800	(1,800)	-
Creative Minds - Creative Connect	650	(410)	240
Community Champions - Friday Friendship	500	(500)	-
Community Champions - Mens Migrant Group	1,000	(1,000)	-
Community Champions - Winter Health Messages	4,970	(4,970)	-
Creative Minds	3,000	(3,000)	-
Creative Minds - The Blues Project	4,397	(874)	3,523
Creative Minds - Wellbeing Packs	4,000	(4,000)	-
Dewsbury and Mirfield Anchor	44,080	(43,405)	675
Dewsbury Journey Leader	4,998	(4,998)	-
Dewsbury Your Health In Mind	6,527	(10,466)	(3,939)
European Social Fund - Positive Minds	25,662	(25,662)	-
Homes for Ukraine	9,966	(7,177)	2,789
Huddersfield Counsellors - We Are Waterloo	14,022	(4,862)	9,160
Keep Well, Keep Warm	24,756	(5,975)	18,781
Multiply	-	(107)	(107)
National Lottery Fund - Awards for All (ID: 20206986)	9,700	(5,346)	4,354
Postcode Neighbourhood Trust	5,000	(8,058)	(3,058)
Suicide Prevention : Money on Your Mind	21,417	(22,376)	(959)
The Great Outdoors	110,320	(110,315)	5
This Girl Can : Mix Match Motivate	3,707	(3,239)	468
WEvolve Huddersfield Place : Where's It's At	25,689	(26,111)	(422)
Windybank MLPF	2,784	(2,784)	-
	<u>328,945</u>	<u>(297,564)</u>	<u>31,381</u>
<b>TOTAL FUNDS</b>	<u>364,709</u>	<u>(410,755)</u>	<u>(46,046)</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 17. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	169,575	12,295	(25,230)	156,640
<b>Restricted funds</b>				
Birkby Walking	-	129	-	129
Dewsbury and Mirfield Anchor	-	1,885	-	1,885
Dewsbury Your Health In Mind	-	3,939	-	3,939
European Social Fund - Positive Minds	-	(25,460)	25,460	-
Kirklees Council - Community Investment				
Fund - Wellbeing Fund	6,870	(7,002)	132	-
M A Anchor	14,150	(14,120)	(30)	-
Postcode Neighbourhood Trust	-	3,058	-	3,058
Suicide Prevention : Money on Your Mind	-	959	-	959
The Great Outdoors	36,292	1,129	-	37,421
This Girl Can : Mix Match Motivate	-	(468)	-	(468)
TSL Kirklees - Health Inequalities				
Programme	4,974	(4,642)	(332)	-
WEvolve Huddersfield Place : Where's It's				
At	-	422	-	422
	<u>62,286</u>	<u>(40,171)</u>	<u>25,230</u>	<u>47,345</u>
<b>TOTAL FUNDS</b>	<u>231,861</u>	<u>(27,876)</u>	<u>-</u>	<u>203,985</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	55,881	(43,586)	12,295
<b>Restricted funds</b>			
Birkby Walking	1,000	(871)	129
Creative Minds	3,000	(3,000)	-
Dewsbury and Mirfield Anchor	22,215	(20,330)	1,885
Dewsbury Your Health In Mind	58,478	(54,539)	3,939
European Social Fund - Positive Minds	25,416	(50,876)	(25,460)
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	(7,002)	(7,002)
M A Anchor	1	(14,121)	(14,120)
Postcode Neighbourhood Trust	15,000	(11,942)	3,058
Suicide Prevention : Money on Your Mind	14,583	(13,624)	959
The Great Outdoors	108,235	(107,106)	1,129
This Girl Can : Mix Match Motivate	6,096	(6,564)	(468)
TSL Kirklees - Health Inequalities Programme	(1)	(4,641)	(4,642)
WEvolve Huddersfield Place : Where's It's At	14,195	(13,773)	422
	<u>268,218</u>	<u>(308,389)</u>	<u>(40,171)</u>
<b>TOTAL FUNDS</b>	<u>324,099</u>	<u>(351,975)</u>	<u>(27,876)</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	169,575	(65,132)	(18,408)	86,035
<b>Restricted funds</b>				
Creative Minds - Creative Connect	-	240	-	240
Creative Minds - The Blues Project	-	3,523	-	3,523
Dewsbury and Mirfield Anchor	-	2,560	-	2,560
European Social Fund - Positive Minds	-	(25,460)	25,460	-
Homes for Ukraine	-	2,789	-	2,789
Huddersfield Counsellors - We Are Waterloo	-	9,160	-	9,160
Keep Well, Keep Warm	-	18,781	-	18,781
Kirklees Council - Community Investment Fund - Wellbeing Fund	6,870	(7,002)	132	-
M A Anchor	14,150	(14,120)	(30)	-
Multiply	-	(107)	-	(107)
National Lottery Fund - Awards for All (ID: 20206986)	-	4,354	-	4,354
The Great Outdoors	36,292	1,134	(6,822)	30,604
TSL Kirklees - Health Inequalities Programme	4,974	(4,642)	(332)	-
	<u>62,286</u>	<u>(8,790)</u>	<u>18,408</u>	<u>71,904</u>
<b>TOTAL FUNDS</b>	<u>231,861</u>	<u>(73,922)</u>	<u>-</u>	<u>157,939</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2023

### 17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	91,645	(156,777)	(65,132)
<b>Restricted funds</b>			
Birkby Walking	1,000	(1,000)	-
Community Champions - Covid Vaccine	1,800	(1,800)	-
Creative Minds - Creative Connect	650	(410)	240
Community Champions - Friday Friendship	500	(500)	-
Community Champions - Mens Migrant Group	1,000	(1,000)	-
Community Champions - Winter Health Messages	4,970	(4,970)	-
Creative Minds	6,000	(6,000)	-
Creative Minds - The Blues Project	4,397	(874)	3,523
Creative Minds - Wellbeing Packs	4,000	(4,000)	-
Dewsbury and Mirfield Anchor	66,295	(63,735)	2,560
Dewsbury Journey Leader	4,998	(4,998)	-
Dewsbury Your Health In Mind	65,005	(65,005)	-
European Social Fund - Positive Minds	51,078	(76,538)	(25,460)
Homes for Ukraine	9,966	(7,177)	2,789
Huddersfield Counsellors - We Are Waterloo	14,022	(4,862)	9,160
Keep Well, Keep Warm	24,756	(5,975)	18,781
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	(7,002)	(7,002)
M A Anchor	1	(14,121)	(14,120)
Multiply	-	(107)	(107)
National Lottery Fund - Awards for All (ID: 20206986)	9,700	(5,346)	4,354
Postcode Neighbourhood Trust	20,000	(20,000)	-
Suicide Prevention : Money on Your Mind	36,000	(36,000)	-
The Great Outdoors	218,555	(217,421)	1,134
This Girl Can : Mix Match Motivate	9,803	(9,803)	-
TSL Kirklees - Health Inequalities Programme	(1)	(4,641)	(4,642)
WEvolve Huddersfield Place : Where's It's At	39,884	(39,884)	-
Windybank MLPF	2,784	(2,784)	-
	<u>597,163</u>	<u>(605,953)</u>	<u>(8,790)</u>
<b>TOTAL FUNDS</b>	<u>688,808</u>	<u>(762,730)</u>	<u>(73,922)</u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2023

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#### 17. MOVEMENT IN FUNDS - continued

##### **Birkby Walking**

12 month project, funded by Yorkshire Sport, to provide walking groups in Birkby area to improve fitness and locality engagement, based on evidenced community need and interest.

##### **Dewsbury Your Health In Mind**

12 month project, delivered in Dewsbury South, East & West wards, to increase community engagement with local greenspaces and nature-based activities, to improve community resilience and attendance at community venues, reduce stigma improve mental health, reduce loneliness, provide and support volunteering opportunities.

##### **Dewsbury and Mirfield Anchor**

12 month project, to establish and be responsive to local wellbeing needs by working alongside and helping link together local amenities, including: Anchor organisations, businesses, PCNs, Social Prescribers, Centres and Community Groups. Assisting local groups to develop new skills, access opportunities and thrive; and promoting community resources and helping people to get involved.

##### **European Social Fund - Positive Minds**

Three years funding, delivering in partnership with Kirklees Council, C&K Careers and Northorpe Hall, to provide an employment programme for inactive or NEET individuals aged 15 - 24 years. S2R's role is to support participants who are experiencing mild to moderate mental health issues which are acting as a barrier to employment / further education.

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##### **Postcode Neighbourhood Trust**

12 month project to provide 144 creative, nature-based and wellbeing activities across Kirklees, to support people to re-engage after Covid restrictions, reduce loneliness and increase resilience and wellbeing.

##### **Suicide Prevention: Money on Your Mind**

12 month project to provide suicide risk factor awareness training and support information to staff and organisations most likely to come into contact with high risk individuals i.e. men with debt. For example, training has been provided to numerous KMC teams, VCS organisations and financial services.

##### **The Great Outdoors**

A local authority funded service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working. The contract runs from April 2019 for 3 years with an agreed extension of 2 years from April 2022.

##### **This Girl Can: Mix Match Motivate**

12 month Sport England funded project, targeting inactive women and girls aged 16+ to improve confidence to be more active and increase physical activity within their daily routines.

##### **WEvolve Huddersfield Place: Where's It's At**

12 month project, working across Huddersfield Central and Huddersfield North Wards, to increase social connectivity, resilience and engagement within communities, supporting individuals, grassroots groups and community venues. Also providing mental health and wellbeing awareness training with community groups and support services.

## **SUPPORT TO RECOVERY**

### **Notes to the Financial Statements - continued for the Year Ended 31st March 2023**

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#### **17. MOVEMENT IN FUNDS - continued**

##### **Transfers between funds**

Transfers between funds in this financial year are to recognise expenditure that has been charged to the general unrestricted fund, but should have been allocated to a restricted fund, all of the projects shown has been completed at 31 March 2023 to the satisfaction of the funder.

#### **18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2023.

#### **19. ULTIMATE CONTROLLING PARTY**

The charity is under the control of the board of trustees.

## SUPPORT TO RECOVERY

### Detailed Statement of Financial Activities for the Year Ended 31st March 2023

	31/3/23 £	31/3/22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	1,875	3,755
Grants	202,470	178,194
	<u>204,345</u>	<u>181,949</u>
<b>Other trading activities</b>		
Art Shop Project Sales	266	1,374
<b>Investment income</b>		
Deposit account interest	2,040	78
<b>Charitable activities</b>		
Room hire and workshops	6,164	4,615
The Great Outdoors	110,071	107,000
Other sundry income	41,823	29,083
	<u>158,058</u>	<u>140,698</u>
<b>Total incoming resources</b>	<u>364,709</u>	<u>324,099</u>
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Commission	71	169
<b>Charitable activities</b>		
Wages	307,819	252,639
Social security	17,091	10,679
Pensions	8,952	7,154
Rent, rates, services and insurance	20,995	19,048
Insurance	3,672	3,452
Light and heat	1,330	1,470
Telephone & Internet	2,083	1,791
Printing, postage and stationery	3,475	2,568
Sundries	668	8,546
Repairs and maintenance	2,637	2,172
Subscriptions	455	623
Training	1,161	982
Refreshments	606	1,543
Group support costs	14,257	20,798
Carried forward	385,201	333,465

This page does not form part of the statutory financial statements

## SUPPORT TO RECOVERY

### Detailed Statement of Financial Activities for the Year Ended 31st March 2023

	31/3/23 £	31/3/22 £
<b>Charitable activities</b>		
Brought forward	385,201	333,465
Motor and travel expenses	4,754	3,813
Bank charges	909	865
Contractors	538	-
Bad debts	-	662
Local Anchor	6,126	-
Depreciation of tangible fixed assets	2,299	2,591
	<u>399,827</u>	<u>341,396</u>
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy and legal fees	10,857	10,410
	<u>410,755</u>	<u>351,975</u>
<b>Net expenditure</b>	<u>(46,046)</u>	<u>(27,876)</u>

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