

REGISTERED COMPANY NUMBER: 06418312 (England and Wales)  
REGISTERED CHARITY NUMBER: 1122199

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31st March 2022  
for  
SUPPORT TO RECOVERY**

Riley & Co Limited  
Chartered Accountants  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

## **SUPPORT TO RECOVERY**

### **Contents of the Financial Statements for the Year Ended 31st March 2022**

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**Report of the Trustees  
for the Year Ended 31st March 2022**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objectives of the charity for the year ending 31 March 2022 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may from time to time think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The board of Trustees want to ensure that our organisation is fully accessible and beneficial to everyone who should choose to connect with us. This could be through referral or self-referral pathway, any health or social reason, mental and emotional difficulties, isolation, feeling adrift from their community, wanting to build personal resilience to life's challenges, further pursue a creative hobby as a means to meaningful activities and life learning skills. With the intended outcome of promoting and enabling positive mental health for all people in the Kirklees district. Whatever the individuals circumstances, S2R wants to be responsive to assist with positive life outcomes. Our primary focus being to build better personal networks and confidence to make better life choices. The increasing focus of our work is developing and delivering intervention and preventative sessions, helping people access the benefits of creativity, and how to recognise their own coping methods to overcome life's challenges.

**COVID-19 Impact**

Covid -19 continued to play a major role in how we planned and delivered our service this year. With a second lockdown and social restrictions it continued to be challenging to reach the vulnerable, those most risk of being isolated, and to run activities safely in line with Government and local Public Health guidance. The Trustees and the Management team once again devised responsive measures, covid risk assessments and adapted operating systems to enable good pathways for people to connect with our services and be supported in the safest way possible. Once again, we had closures of our premises, staff working from home, with contact to our attendees maintained via various means, phone, social media, online activity sessions, publishing wellbeing information posted out. The one project that was the least impacted was our outdoor environmental service which was able to provide activities following strict social distancing procedure. Challenges aside, we were able to implement a strategy that provided a consistent service, supported the vulnerable and provided much needed wellbeing and emotional support to the most needy in our community.

We are continuing to use technology, adapting communication methods and developing ways to reach individuals particularly isolated by the lockdown and the fall out of post lockdown situation. Covid is still very much with us, and we are still being stringent with covid procedures. We are unsure of the legacy and impact that covid will leave but evidence shows there is still nervousness and reluctance to engage in social settings, this is having a negative impact on mental health and resilience in our communities.

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**Challenges Ahead**

There are new challenges on the horizon, with all sections of our community having been impacted by the pandemic. Poor Mental Health and Wellbeing are prominent post pandemic features, coupled with the increases in cost of living: utility bills, fuel for transportation and food prices rising. This is compounding stress and anxiety, for some there is genuine concern and worry that they will need to choose between heating or eating. S2R are well aware of these issues and will strive to tackle them within our communities, working in partnership with our voluntary and charitable sector colleagues and Local Authority to help support individuals, families and communities wherever possible.

**Public benefit**

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

S2R provided a range of services for people experiencing poor mental health and associated problems. Being person centred, we collaboratively provided responsive approaches to meet changing needs brought about by the Pandemic, economic crisis, health care difficulties and so on.

Intervention and prevention of mental health decline and any associated health issues, have been our primary focus, helping to build individuals personal resilience during the most challenging of times.

An increasing focus of our work is post pandemic response, developing and delivering preventative outcomes for local communities, helping people recognise signs and triggers to mental health issues and how to adopt healthy life choices that enable better health outcomes. This year we have implemented a 'Place Based Community Capacity Building' strategy, as we believe if communities come together, they are stronger and more self-supporting. We provided a range of wellbeing activities and courses that people could readily access, these have been widely received and the outcome evidence demonstrates that there was extensive need for this type of intervention. We are very pleased to report that we have continued to reach our aims and provide new and innovative styles and approaches that have enabled us to do this throughout 2021/22.

**Charitable Activities during 2021-22 include:**

**'The Great Outdoors Project':**

A local authority commissioned service, to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature. The service has been able to continue with minimal disruption from covid restrictions, applying social distancing when required and setting people 'nature challenges' they can do at home or in their garden. The online delivery continued to be a much liked and used resource and we have continued to provide a diverse range of nature based sessions people can join in with throughout the year. The three year contract was awarded in April 2019 with an extension for 2 further years granted in April 2022.

**Creative Minds - 'Wellbeing Packs':**

South West Yorkshire NHS Trust - Creative Minds - the fund was Covid driven with a theme of connecting and reducing isolation for people who receive secondary mental health support in the community and in-patients on mental health wards during and post pandemic. As our wellbeing packs were in demand throughout Kirklees during this time, funds were allocated so our packs could be disseminated to individuals who were impacted by the covid situation and had additional vulnerabilities due chronic mental health conditions. People said they were experiencing additional anxieties about the pandemic. The packs were requested as a resource for Community Mental Health Teams across Kirklees and to Mental Health in-patients wards. The feedback and reported outcomes, by individuals and professionals, were very pleasing, the packs brought a welcome distraction and helped individuals focus on positive activities. The funding provided the cost for the printing, packing and posting of packs across Kirklees.

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**Creative Minds - 'Creative Views':**

South West Yorkshire NHS Trust - Creative Minds - provided funding for us to deliver the 'Creative Views' project working specifically with members of the Kirklees Visual Impairment Network (KVIN), many of whom were particularly vulnerable and isolated due to the pandemic. The funding enabled 24 sessions, led by member interests, and delivered to members of their Huddersfield, Batley & Dewsbury groups. Sessions included, yoga, world dance, chair exercise, craft, aromatherapy and wellbeing. Feedback from participants was extremely positive, stating how beneficial these activities had been for their wellbeing, getting them more active, introducing them to creative and new interests, encouraging them to pursue these interests further and getting people out & about and feeling more safe to do so. Due to its success and further need being evidenced, this project was extended by 9 months in April 2022.

**'Community Anchor Lead':**

Primary Care Network and Kirklees Council funded - the Anchor project is based on Community Capacity building that is democracy driven, connecting with people locally. S2R was awarded the Lead Anchor status for the North Kirklees districts of Dewsbury and Mirfield. The project aims to provide new links and opportunity for people to explore new interests, get involved with local schemes, broaden knowledge of what is on their doorstep, to support groups to set-up, flourish, be connected and enable better health and wellbeing outcomes for residents and local communities. Addressing Primary Care Network health priorities by working in partnership with social prescribing and other community teams, together we embrace diversity and constructively support all sections of the community to come together, forge new local connections, building a network that listens to and assist groups / individuals to address health and wellbeing needs locally, providing a sense of local empowerment that is personal and community driven, for better wellbeing outcomes and resilience. The project is to run from 1st October 2021 - March 2023.

**Kirklees New Wellbeing Fund:**

Kirklees Council funded - This project was based on the national 5 ways to wellbeing framework. Offering a programme of face-to-face and digital support across the community to individuals, groups, organisations and volunteers. We provided series of emotional wellness sessions, looking at how you can take care of your health and wellbeing through simple techniques and small changes, to equip people with easy simple options that are realistic and achievable. The sessions were mostly delivered online due to the covid restrictions, but some sessions were delivered in community settings across Kirklees. The project was funded for 18 months.

**Health Inequalities:**

NHS-Third Sector Leaders funded- This project arose from the health inequalities identified in particular communities during the covid pandemic. Poor mental health, higher rates of chronic health conditions such as diabetes, Asthma, etc and unhealthy habits all contributed to poorer life outcomes, and made individuals more likely to be impacted by post-covid related issues. Working in partnership with other voluntary and local community sector organisations we provided a route to engagement through introducing health themed activities that were not clinical, prescriptive or competitive, but supportive and fun to take part in. We targeted groups of people who were experiencing inequalities due to their health or disability, such as KVIN. Sessions were online, and some outdoors once activities could commence in open spaces. People were given a personal health journal to map their progression, by introducing small positive steps individuals physical and mental health improved. S2R will work to expand our offer to marginalised groups in the community, further creating opportunities for people to get involved with activities designed to improve their mental health, wellbeing and community involvement.

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**ESF 'Positive Minds':**

European Social Fund funded - This 'Works Better - Positive Minds' employment programme is delivered in partnership between Kirklees Council and voluntary sector, the last of the ESF funding stream. The project is to provide support to 15-24 year olds, who are facing barriers to further education and employment due to mild - moderate mental health issues. The project was impacted by the pandemic and had to divert to online sessions during some periods. As restrictions were relaxed in-person workshops resumed. S2R are providing therapeutic and practical activities to this cohort of young people, to assist with building confidence, social skills and practical abilities such as time management and journey planning, building resilience and better preparing them for the work environment. Participants have engaged in a varied themed workshops including aromatherapy, art, sewing, horticulture and growing produce, photography, walking groups and more: supporting them to develop their own pathway to progression into higher education or employment. This is a three-year contract that commenced in October 2020.

**'Dewsbury Your Health in Mind':**

Dewsbury Ward Councillor funded - The project has two main aims: to increase the number of people using local green spaces and facilities on a regular basis, and to increase the number of people who are socially connected with improved mental health and wellbeing. This project is local ward driven, connecting individuals and families to a variety of ways they can engage with the outdoors, learn new skills and have fun. The beginning of the project was impacted by covid restrictions, but we still provided outdoor and online activities for people to enjoy. Once restrictions were eased the project provided social engagement activities to enable people to gain a sense of community connection and belonging, and to access information and practical wellbeing boosting opportunities. A series of outdoor community events in public settings brought local communities and services together, to inform people of support available in their area and to demonstrate what natural resources are open and on their doorstep. We supported local community centres to re-engage with their communities and have produced a series of local walking guided maps as a resource for people all ages and abilities to follow and enjoy the beneficial effects on their emotional wellbeing by getting out to explore. This is a 12 month funded project, which will be extended for an additional quarter April - June 2022.

**'Money on Your Mind':**

Public Health Funded- In Kirklees, the highest rate of suicide is among men aged 46-55 years. There is also a clear link between deprivation and risk of suicide in Kirklees and there is a clear relationship between money issues and poor mental health; unemployment, debt and worrying about money can make mental health worse. S2R was awarded this project to deliver mental health awareness training and suicide prevention style conversations to Council and community services that provide debt or financial advisory guidance, these include but not limited to: Citizens Advice, Job Centre Plus and Kirklees Neighbourhood Housing. Our delivery model provided information and guidance to support people to be responsive to mental health needs and be confident to ask people 'are you alright' and to provide the appropriate response and pathway for frontline staff to connect people to community mental health support and to make sure services are aware of safeguarding and reporting practices. For men with presenting risk factors we are working towards reducing stigma and reluctance to approach outlets for support and advice. Working together with peer support champions through positive message affirmations in places such as B&Q, supermarkets, pubs, bookmakers, libraries, sports and leisure facilities etc. Making connections to debt advice more easily accessible. 12 month funded project.

**Postcode Lottery - 'Community Wellbeing':**

Funded by Peoples Postcode Lottery - This was a covid response project to help vulnerable people in our community to re-engage socially and safely, helping to combat current and future mental ill health. Throughout the pandemic there has been a sharp increase in demand for mental health and wellbeing support. Many people who were already struggling with feelings of loneliness and anxiety experienced compounding of feelings of fear and isolation. Communities experienced bereavement, economic uncertainty and a sense of disconnection. This project has helped to build personal resilience and healthy routines with tailored wellbeing techniques; bring structure to empty days and provide social distractions to reduce stress, anxiety and fear; to engage people more with sustainable activities and creative outlets; give a sense of purpose and re-establish much needed social connections to build back confidence and self-esteem. Creative, environmental and wellbeing sessions were delivered as a combination of workshops and short courses, with a dual approach where some were delivered in-person at community locations and others digitally. This is a 12 month funded project.

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**This Girl Can - 'Mix, Match & Motivate':**

Funded by Sports England - S2R's approach is to support inactive women and girls 16 years+ to make a positive difference to their emotional and physical well-being through delivering activities based on what women tell us they want or need. Activities are developed in partnership with participants tailored to their specific wishes and delivered in safe, friendly environments where everyone can enjoy learning together. The intention being to break down barriers to exercise and make it more appealing to women of all ages who shy away from the more traditional routes to physical fitness, for example we provided World Dance sessions that incorporated different cultural dances and chair exercises for the more senior/ less mobile attendees. Women have a higher percentage of mental health related issues and lower physical activity rates across the district. These issues impact on physical health, low self-esteem, motivation and personal outlooks. Due to covid restriction we adapted delivery and offered a blended approach of online and in-person sessions when possible. These included: Dance, Yoga, Zumba and how to safely exercise at home, walking groups, tai chi, fitness sessions with resistance bands, skipping, hula hooping and more. All our activities are featured in our monthly schedules that is disseminated across Kirklees. 12 month funded project.

**WEvolve - 'Where it's at':**

Kirklees Place Partnership together with Ward Councillors, provided funding to address wellbeing issues in their locality. Huddersfield Central and North Ward Councillors wanted to improve the mental health, social connectivity and resilience of local residents, with services to be proactive in providing new initiatives where there are identified needs and gaps so that communities can come together to take part in a safe and effective ways to aid their mental health and wellbeing - during and post Covid. Through our 'Where it's at' project S2R have provided accessible, interesting, enjoyable activities without being prescriptive, mandatory or clinical: so that people and communities are more inclined to engage, contribute, learn and share skills together. Our aim is to equip communities, through life-long learning courses, with the confidence to overcome negative impacts of covid, build resilience and strategies to cope better with life's challenges, enabling communities to learn and grow together and build a wider community forum so people are aware of locally based projects that they can access. To maximise equality of access we have delivered across varied locations, days and times frames, our activities has something for everyone, from practical Mental Health, Wellbeing awareness, visual arts, crafts, nature / environmental and fun physical activities, providing suitable interaction for all ages and abilities and including extended families, relatives and friends. We work alongside other local community specialists e.g. Link workers Kirklees Neighbourhood Housing, Local Area Coordinator, Community Plus, Ward Councillors etc to identify hard to reach pockets of communities and sensitively introduce them to our offer. - 12 month funded project.

**'Dewsbury Walk Leader':**

Funded by City Connect - This project is about active travel, the theme is getting people out of cars for everyday journeys to the shops, work or school for example and in so doing contributing positively toward climate change, clean air and reduced traffic congestion as well as reducing the burden on the NHS, improving the emotional and physical wellbeing of individuals. This project was based on a successful walking group set up when social restrictions were first lifted with Ravensthorpe community centre and also learning from our Greenhead Park walking group. The Start date was postponed due to covid and by other local factors. The simple 'start a walking group' delivery model proved challenging, as the changing outlook both with the community and with other local emerging walking initiatives reduced the engagement availability. We have, with the help of City Connect, designed a substantial variance on the original proposal, it will include consultation, fact finding and research of what the barriers are to 'Active Travel', which will inform other elements of solution focused delivery working in partnership with local businesses and outlets for them to provide a park and walk for school runs etc. More targeted facilitation, support and training for volunteers and resource development. We have an extension until March 2023 to deliver.

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**'Birkby Walks':**

Funded by Yorkshire Sports Foundation- Birkby Walks is a project focusing in and around Birkby, Fartown and Hillhouse district of Kirklees. Following a community consultation in these areas, walking groups were highlighted as the main activity people wanted to engage in. The project aims to get people in the area more active, then look at ways to sustain the group after the funding has finished, such as walk leader training or volunteer support. Each week the group goes for an 1 hour walk sometimes longer, across selected areas, some routes are suggested by the group or pre-planned based on participants interests or a historical heritage site. The group is flourishing and moving towards a sustainable outcome, with participants still meeting up to walk together even during holiday periods when it's not possible for us to facilitate. 12 month funded project.

**Workshops and Shop Sales:**

In the year April 2021 ending 31st March 2022, sales of craft items produced by S2R and by local artists / makers were extremely limited and at times suspended due to our premises being closed to the public.

During the course of the year, through the above projects we delivered upwards of 1000 workshops, digitally and in-person at our building on Brook Street, across community sites and greenspace in Kirklees. In the vast majority of circumstances, attendance at these sessions was fully-funded and therefore free for participants.

**FINANCIAL REVIEW**

**Financial position**

Unrestricted income for 2021/22 was £55,881 (2021: £79,720) and unrestricted expenditure was £43,586 (2021: £11,887), giving a surplus for the year on unrestricted funds of £12,295 (2021: £67,833 surplus), before transfer between funds.

Restricted income for 2021/22 was £268,218 (2021: £302,722) and restricted expenditure was £308,389 (2021: £250,455) giving a deficit on restricted funds of £40,171 (2021: £52,267 surplus), before transfers between funds.

Transfers between funds of £25,230 have been made to recognise restricted funding that has satisfied the purposes of the funding and been released to unrestricted funds and also to recognise allocations for matched funding purposes.

**Funds position at 31 March 2022:**

	£
Total funds at 31.3.22	203,985
Less : Restricted funds	(47,345)
Less : Held as fixed assets	(13,690)
	<hr/>
	<b>142,950</b>
	<hr/>

**Reserves policy**

The reserve exceeding the target of 6-12 months running costs has now been used to enable continuation of work which had clear need and which met gaps in provision, as well as to develop new partnerships.

The reserve is now at a level which covers adequately 6 months activities and the policy for 2022/23 will be to work to maintain and, if possible, to increase the reserve. The Board is realistic in understanding the high level of competition for charitable funding and will continue to exercise all due diligence in overseeing the charity's financial health.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Changes to the Board membership**

There were small changes to management operations structures, S Averley appointed as Operations Manager in April 2020, then took up the role of Co-Senior Manager in April 2021 to support Senior Manager P Wood with the increasing organisational requirements. D Hegarty has since been welcomed as the new Deputy Manager.

There were no changes to the Board membership at the AGM in October 2021. Elected Board Members are:

J Pollard was elected as chair, W Ellis was elected as Treasurer, L Hosey was elected as Deputy Chair. K Jackson, G Dimmock, R Buxton and KA Smith, were elected as board members.

The Trustees have continued meeting digitally via zoom this year, they have met on 11 occasions and there is good attendance at all meetings.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

06418312 (England and Wales)

**Registered Charity number**

1122199

**Registered office**

5 - 7 Brook Street  
Huddersfield  
West Yorkshire  
HD1 1EB

**Trustees**

J E Pollard (Chair)  
L A Hosey (Vice Chair)  
W Ellis (Treasurer)  
R Buxton  
G W Dimmock  
E K Jackson (appointed 3/6/21)  
K A Smith

**Independent Examiner**

Riley & Co Limited  
Chartered Accountants  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW

**Report of the Trustees  
for the Year Ended 31st March 2022**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Bankers**

National Westminster Bank Plc  
8 Market Place  
Huddersfield  
HD1 2AL

CCLA Fund Managers Limited  
Senator House  
85 Queen Victoria Street  
London  
EC4V 4ET

**Honorary president**

Dr N H Booya MB, ChB, FRCPsych, DPM, MSc

**Senior Managers**

P Wood  
S Averley

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Support to Recovery for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

11/10/2022

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
J E Pollard - Trustee

**Independent Examiner's Report to the Trustees of  
Support to Recovery (Registered number: 06418312)**

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**Independent examiner's report to the trustees of Support to Recovery ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Victoria Atkinson BA FCA  
Institute of Chartered Accountants in England and Wales  
Riley & Co Limited  
Chartered Accountants  
52 St Johns Lane  
Halifax  
West Yorkshire  
HX1 2BW



Date: 18 October 2022

## SUPPORT TO RECOVERY

### Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31st March 2022

		Unrestricted funds £	Restricted funds £	31/3/22 Total funds £	31/3/21 Total funds £
	Notes				
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	50,586	131,363	181,949	232,266
<b>Charitable activities</b>					
Provision of support, advice and other services		3,843	136,855	140,698	150,072
Other trading activities	3	1,374	-	1,374	25
Investment income	4	78	-	78	79
<b>Total</b>		<u>55,881</u>	<u>268,218</u>	<u>324,099</u>	<u>382,442</u>
<b>EXPENDITURE ON</b>					
Raising funds		169	-	169	13
<b>Charitable activities</b>	6				
Provision of support, advice and other services		43,417	308,389	351,806	262,329
<b>Total</b>		<u>43,586</u>	<u>308,389</u>	<u>351,975</u>	<u>262,342</u>
<b>NET INCOME/(EXPENDITURE)</b>		12,295	(40,171)	(27,876)	120,100
<b>Transfers between funds</b>	17	(25,230)	25,230	-	-
<b>Net movement in funds</b>		(12,935)	(14,941)	(27,876)	120,100
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		169,575	62,286	231,861	111,761
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>156,640</u>	<u>47,345</u>	<u>203,985</u>	<u>231,861</u>

The notes form part of these financial statements

**SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)**

**Balance Sheet  
31st March 2022**

	Notes	31/3/22 £	31/3/21 £
<b>FIXED ASSETS</b>			
Tangible assets	12	13,690	16,281
<b>CURRENT ASSETS</b>			
Debtors	13	20,406	14,773
Cash at bank and in hand		232,992	209,582
		<u>253,398</u>	<u>224,355</u>
<b>CREDITORS</b>			
Amounts falling due within one year	14	(63,103)	(8,775)
<b>NET CURRENT ASSETS</b>		<u>190,295</u>	<u>215,580</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		203,985	231,861
<b>NET ASSETS</b>		<u>203,985</u>	<u>231,861</u>
<b>FUNDS</b>	17		
Unrestricted funds		156,640	169,575
Restricted funds		47,345	62,286
<b>TOTAL FUNDS</b>		<u>203,985</u>	<u>231,861</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)

Balance Sheet - continued  
31st March 2022

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11/10/2022 ..... and were signed on its behalf by:

*Janet E Pollard*

.....  
J E Pollard - Trustee



.....  
W Ellis - Trustee

The notes form part of these financial statements

## SUPPORT TO RECOVERY

### Notes to the Financial Statements for the Year Ended 31st March 2022

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#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- over the remaining life of the lease
Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% on reducing balance

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 2. DONATIONS AND LEGACIES

	31/3/22	31/3/21
	£	£
Donations	3,755	25,011
Grants	178,194	207,255
	<u>181,949</u>	<u>232,266</u>

Grants received, included in the above, are as follows:

	31/3/22	31/3/21
	£	£
Baring Foundation	-	8,000
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	49,973
European Social Fund - Positive Minds	-	11,397
Inclusion North	-	3,700
Kirklees Council - Community Investment Fund : Wellbeing Fund	-	37,185
Kirklees Council - Management and Coordination of Community Project	6,000	-
Kirklees Council - Small Business Grant	-	10,000
Kirklees Council - Suicide Prevention	14,583	-
Kirklees Council - Support to Recovery	58,478	-
Kirklees Council - Support to Recovery : WEvolve	14,166	-
Kirklees Council - Support Work in Communities	22,040	-
M H Anchor	-	45,000
One Community Fund	-	10,000
Postcode Neighbourhood Trust	15,000	-
Sport England - This Girl Can	6,097	-
TSL Kirklees - Community Champion	1,000	-
TSL Kirklees - Community Learning Works : Anchor Organisation	-	5,000
TSL Kirklees - Community Learning Works : Community Taster Sessions	-	5,000
TSL Kirklees - Community Learning Works : How to Workshops	-	2,000
TSL Kirklees - Covid 10 Wellbeing Services	-	15,000
TSL Kirklees - Health Inequalities Programme	-	5,000
TSL Kirklees - Well Connected Project	10,933	-
TSL Kirklees - Wellbeing & Learning : Eat Well Move Well - Dewsbury	25,371	-
TSL Kirklees - Winter Health Fund	3,526	-
Yorkshire Sport	1,000	-
	<u>178,194</u>	<u>207,255</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2022

### 3. OTHER TRADING ACTIVITIES

	31/3/22	31/3/21
	£	£
Art Shop Project Sales	1,374	25
	<u>          </u>	<u>          </u>

### 4. INVESTMENT INCOME

	31/3/22	31/3/21
	£	£
Deposit account interest	78	79
	<u>          </u>	<u>          </u>

### 5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31/3/22	31/3/21
		£	£
Room hire and workshops	Provision of support, advice and other services	4,615	1,975
The Great Outdoors	Provision of support, advice and other services	107,000	107,000
Other sundry income	Provision of support, advice and other services	29,083	41,097
		<u>          </u>	<u>          </u>
		140,698	150,072
		<u>          </u>	<u>          </u>

### 6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs £	Totals £
Provision of support, advice and other services	341,396	10,410	351,806
	<u>          </u>	<u>          </u>	<u>          </u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/3/22	31/3/21
	£	£
Staff costs	270,472	192,294
Rent, rates, services and insurance	19,048	13,032
Insurance	3,452	3,457
Light and heat	1,470	1,997
Telephone & Internet	1,791	1,190
Printing, postage and stationery	2,568	11,315
Sundries	8,546	2,005
Repairs and maintenance	2,172	2,375
Subscriptions	623	584
Training	982	282
Refreshments	1,543	4
Group support costs	20,798	14,640
Motor and travel expenses	3,813	799
Bank charges	865	774
Bad debts	662	51
Depreciation	2,591	8,051
	<u>341,396</u>	<u>252,850</u>

#### 8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/3/22	31/3/21
	£	£
Depreciation - owned assets	<u>2,591</u>	<u>8,051</u>

#### 9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

##### Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 10. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/3/22	31/3/21
Charitable	23	14
	<u>23</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

#### Key management personnel

The key management personnel of the charity have been identified as the senior manager/s.

The aggregate employment benefits, including employers national insurance and pension contributions, for these key management personnel for the year was £43,302 (2021: £28,668). The remuneration of the key management is set by the trustee board and reviewed annually.

#### 11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	54,960	177,306	232,266
<b>Charitable activities</b>			
Provision of support, advice and other services	24,656	125,416	150,072
Other trading activities	25	-	25
Investment income	79	-	79
<b>Total</b>	<u>79,720</u>	<u>302,722</u>	<u>382,442</u>
<b>EXPENDITURE ON</b>			
Raising funds	13	-	13
<b>Charitable activities</b>			
Provision of support, advice and other services	11,874	250,455	262,329
<b>Total</b>	<u>11,887</u>	<u>250,455</u>	<u>262,342</u>
<b>NET INCOME</b>	67,833	52,267	120,100
<b>Transfers between funds</b>	<u>(2,462)</u>	<u>2,462</u>	<u>-</u>
<b>Net movement in funds</b>	65,371	54,729	120,100

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022**

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	104,203	7,558	111,761
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>169,574</u>	<u>62,287</u>	<u>231,861</u>

**12. TANGIBLE FIXED ASSETS**

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>				
At 1st April 2021 and 31st March 2022	<u>7,241</u>	<u>40,490</u>	<u>40,060</u>	<u>87,791</u>
<b>DEPRECIATION</b>				
At 1st April 2021	7,241	25,022	39,247	71,510
Charge for year	-	2,320	271	2,591
At 31st March 2022	<u>7,241</u>	<u>27,342</u>	<u>39,518</u>	<u>74,101</u>
<b>NET BOOK VALUE</b>				
At 31st March 2022	<u>-</u>	<u>13,148</u>	<u>542</u>	<u>13,690</u>
At 31st March 2021	<u>-</u>	<u>15,468</u>	<u>813</u>	<u>16,281</u>

**13. DEBTORS**

	31/3/22 £	31/3/21 £
Amounts falling due within one year:		
Trade debtors	4,475	-
Salary overpayments	-	12
Prepayments	2,950	2,710
Accrued income	12,981	11,400
	<u>20,406</u>	<u>14,122</u>

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022**

**13. DEBTORS - continued**

	31/3/22 £	31/3/21 £
Amounts falling due after more than one year:		
Salary overpayments	-	651
	<u>          </u>	<u>          </u>
Aggregate amounts	<u>20,406</u>	<u>14,773</u>

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31/3/22 £	31/3/21 £
Trade creditors	2,981	740
Social security and other taxes	4,676	3,902
Pension fund	1,253	-
Company credit card	3,746	2,283
Accruals	5,339	1,850
Deferred income	45,108	-
	<u>63,103</u>	<u>8,775</u>

**15. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31/3/22 £	31/3/21 £
Within one year	13,100	12,000
Between one and five years	13,100	-
	<u>26,200</u>	<u>12,000</u>

The lease commitment disclosed relates to the charity premises at 5-7 Brook Street, held under a 6 year lease. The lease has a break out clause at 22/4/24 and therefore only lease commitments up to that date are shown above

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022**

**16. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds	Restricted funds	31/3/22 Total funds	31/3/21 Total funds
	£	£	£	£
Fixed assets	13,690	-	13,690	16,281
Current assets	205,585	47,813	253,398	224,355
Current liabilities	(62,635)	(468)	(63,103)	(8,775)
	<u>156,640</u>	<u>47,345</u>	<u>203,985</u>	<u>231,861</u>

**17. MOVEMENT IN FUNDS**

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	169,575	12,295	(25,230)	156,640
<b>Restricted funds</b>				
Birkby Walking	-	129	-	129
Dewsbury and Mirfield Anchor	-	1,885	-	1,885
Dewsbury Your Health In Mind	-	3,939	-	3,939
European Social Fund - Positive Minds	-	(25,460)	25,460	-
Kirklees Council - Community Investment Fund				
- Wellbeing Fund	6,870	(7,002)	132	-
M A Anchor	14,150	(14,120)	(30)	-
Postcode Neighbourhood Trust	-	3,058	-	3,058
Suicide Prevention : Money on Your Mind	-	959	-	959
The Great Outdoors	36,292	1,129	-	37,421
This Girl Can : Mix Match Motivate	-	(468)	-	(468)
TSL Kirklees - Health Inequalities Programme	4,974	(4,642)	(332)	-
WEvolve Huddersfield Place : Where's It's At	-	422	-	422
	<u>62,286</u>	<u>(40,171)</u>	<u>25,230</u>	<u>47,345</u>
<b>TOTAL FUNDS</b>	<u>231,861</u>	<u>(27,876)</u>	<u>-</u>	<u>203,985</u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	55,881	(43,586)	12,295
<b>Restricted funds</b>			
Birkby Walking	1,000	(871)	129
Creative Minds	3,000	(3,000)	-
Dewsbury and Mirfield Anchor	22,215	(20,330)	1,885
Dewsbury Your Health In Mind	58,478	(54,539)	3,939
European Social Fund - Positive Minds	25,416	(50,876)	(25,460)
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	(7,002)	(7,002)
M A Anchor	1	(14,121)	(14,120)
Postcode Neighbourhood Trust	15,000	(11,942)	3,058
Suicide Prevention : Money on Your Mind	14,583	(13,624)	959
The Great Outdoors	108,235	(107,106)	1,129
This Girl Can : Mix Match Motivate	6,096	(6,564)	(468)
TSL Kirklees - Health Inequalities Programme	(1)	(4,641)	(4,642)
WEvolve Huddersfield Place : Where's It's At	14,195	(13,773)	422
	<u>268,218</u>	<u>(308,389)</u>	<u>(40,171)</u>
<b>TOTAL FUNDS</b>	<u><u>324,099</u></u>	<u><u>(351,975)</u></u>	<u><u>(27,876)</u></u>

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022**

**17. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
<b>Unrestricted funds</b>				
General fund	104,203	67,834	(2,462)	169,575
<b>Restricted funds</b>				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
European Social Fund - Positive Minds	-	(11,089)	11,089	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund				
- Wellbeing Fund	4,867	2,003	-	6,870
M A Anchor	-	14,150	-	14,150
One Community Foundation	-	(12)	12	-
Something Now - Covid 19	-	1,506	(1,506)	-
The Great Outdoors	2,691	33,601	-	36,292
TSL Kirklees - Health Inequalities Programme	-	4,974	-	4,974
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	<u>7,558</u>	<u>52,266</u>	<u>2,462</u>	<u>62,286</u>
<b>TOTAL FUNDS</b>	<u>111,761</u>	<u>120,100</u>	<u>-</u>	<u>231,861</u>

# SUPPORT TO RECOVERY

## Notes to the Financial Statements - continued for the Year Ended 31st March 2022

### 17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	79,720	(11,886)	67,834
<b>Restricted funds</b>			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
European Social Fund - Positive Minds	11,398	(22,487)	(11,089)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Wellbeing Fund	37,184	(35,181)	2,003
M A Anchor	45,000	(30,850)	14,150
One Community Foundation	10,000	(10,012)	(12)
Something Now - Covid 19	18,416	(16,910)	1,506
The Great Outdoors	107,051	(73,450)	33,601
TSL Kirklees - Health Inequalities Programme	5,000	(26)	4,974
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	<u>302,722</u>	<u>(250,456)</u>	<u>52,266</u>
<b>TOTAL FUNDS</b>	<u><u>382,442</u></u>	<u><u>(262,342)</u></u>	<u><u>120,100</u></u>

**SUPPORT TO RECOVERY**

**Notes to the Financial Statements - continued  
for the Year Ended 31st March 2022**

**17. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
<b>Unrestricted funds</b>				
General fund	104,203	80,129	(27,692)	156,640
<b>Restricted funds</b>				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
Birkby Walking	-	129	-	129
Dewsbury and Mirfield Anchor	-	1,885	-	1,885
Dewsbury Your Health In Mind	-	3,939	-	3,939
European Social Fund - Positive Minds	-	(36,549)	36,549	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund				
- Wellbeing Fund	4,867	(4,999)	132	-
M A Anchor	-	30	(30)	-
One Community Foundation	-	(12)	12	-
Postcode Neighbourhood Trust	-	3,058	-	3,058
Something Now - Covid 19	-	1,506	(1,506)	-
Suicide Prevention : Money on Your Mind	-	959	-	959
The Great Outdoors	2,691	34,730	-	37,421
This Girl Can : Mix Match Motivate	-	(468)	-	(468)
TSL Kirklees - Health Inequalities Programme	-	332	(332)	-
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
WEvolve Huddersfield Place : Where's It's At	-	422	-	422
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	<u>7,558</u>	<u>12,095</u>	<u>27,692</u>	<u>47,345</u>
<b>TOTAL FUNDS</b>	<u><u>111,761</u></u>	<u><u>92,224</u></u>	<u><u>-</u></u>	<u><u>203,985</u></u>

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

#### 17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	135,601	(55,472)	80,129
<b>Restricted funds</b>			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
Birkby Walking	1,000	(871)	129
Creative Minds	3,000	(3,000)	-
Dewsbury and Mirfield Anchor	22,215	(20,330)	1,885
Dewsbury Your Health In Mind	58,478	(54,539)	3,939
European Social Fund - Positive Minds	36,814	(73,363)	(36,549)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Wellbeing Fund	37,184	(42,183)	(4,999)
M A Anchor	45,001	(44,971)	30
One Community Foundation	10,000	(10,012)	(12)
Postcode Neighbourhood Trust	15,000	(11,942)	3,058
Something Now - Covid 19	18,416	(16,910)	1,506
Suicide Prevention : Money on Your Mind	14,583	(13,624)	959
The Great Outdoors	215,286	(180,556)	34,730
This Girl Can : Mix Match Motivate	6,096	(6,564)	(468)
TSL Kirklees - Health Inequalities Programme	4,999	(4,667)	332
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
WEvolve Huddersfield Place : Where's It's At	14,195	(13,773)	422
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	<u>570,940</u>	<u>(558,845)</u>	<u>12,095</u>
<b>TOTAL FUNDS</b>	<u>706,541</u>	<u>(614,317)</u>	<u>92,224</u>

#### **Birkby Walking**

12 month project, funded by Yorkshire Sport, to provide walking groups in Birkby area to improve fitness and locality engagement, based on evidenced community need and interest.

#### **Dewsbury Your Health In Mind**

12 month project, delivered in Dewsbury South, East & West wards, to increase community engagement with local greenspaces and nature-based activities, to improve community resilience and attendance at community venues, reduce stigma improve mental health, reduce loneliness, provide and support volunteering opportunities.

## SUPPORT TO RECOVERY

### Notes to the Financial Statements - continued for the Year Ended 31st March 2022

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#### 17. MOVEMENT IN FUNDS - continued

##### **Dewsbury and Mirfield Anchor**

12 month project, to establish and be responsive to local wellbeing needs by working alongside and helping link together local amenities, including: Anchor organisations, businesses, PCNs, Social Prescribers, Centres and Community Groups. Assisting local groups to develop new skills, access opportunities and thrive; and promoting community resources and helping people to get involved.

##### **European Social Fund - Positive Minds**

Three years funding, delivering in partnership with Kirklees Council, C&K Careers and Northorpe Hall, to provide an employment programme for inactive or NEET individuals aged 15 - 24 years. S2R's role is to support participants who are experiencing mild to moderate mental health issues which are acting as a barrier to employment / further education.

##### **Kirklees Translated Wellbeing Packs**

Short-term funding during the pandemic to translate 6 editions of our Wellbeing Packs into community languages: Punjabi, Gujarati, Urdu, Hungarian and Romanian. Fund covered translation costs, printing, packaging and distribution across Kirklees to isolated, vulnerable and harder to reach communities.

##### **M A Anchor**

12 month project, working in partnership with GP's, PCN's and other local services to identify and report on local health needs and gaps in provision. Our key role was to support other Anchor organisations through mental health training for their staff and community volunteers, looking at both the wellbeing needs of their clients and the needs of the staff and volunteers themselves during the pandemic.

##### **Postcode Neighbourhood Trust**

12 month project to provide 144 creative, nature-based and wellbeing activities across Kirklees, to support people to re-engage after Covid restrictions, reduce loneliness and increase resilience and wellbeing.

##### **Suicide Prevention: Money on Your Mind**

12 month project to provide suicide risk factor awareness training and support information to staff and organisations most likely to come into contact with high risk individuals i.e. men with debt. For example, training has been provided to numerous KMC teams, VCS organisations and financial services.

##### **TSL Kirklees - Health Inequalities Programme**

Short-term, 9 month project. Targeted support for groups experiencing health inequalities due to conditions such as: poor mental health and higher rates of chronic health conditions such as Diabetes and Asthma. We offered a range of social activities including Zumba and walking/rambling sessions, tailored to the specific needs of each group.

##### **The Great Outdoors**

A local authority funded service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working. The contract runs from April 2019 for 3 years with an agreed extension of 2 years from April 2022.

##### **This Girl Can: Mix Match Motivate**

12 month Sport England funded project, targeting inactive women and girls aged 16+ to improve confidence to be more active and increase physical activity within their daily routines.

## **SUPPORT TO RECOVERY**

### **Notes to the Financial Statements - continued for the Year Ended 31st March 2022**

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#### **17. MOVEMENT IN FUNDS - continued**

##### **WEvolve Huddersfield Place: Where's It's At**

12 month project, working across Huddersfield Central and Huddersfield North Wards, to increase social connectivity, resilience and engagement within communities, supporting individuals, grassroots groups and community venues. Also providing mental health and wellbeing awareness training with community groups and support services.

##### **Transfers between funds**

Transfers between funds in this financial year are to recognise expenditure that has been charged to the general unrestricted fund, but should have been allocated to a restricted fund, all of the projects shown has been completed at 31 March 2022 to the satisfaction of the funder.

The transfer between funds of £25,460, of the deficit on the European Social Fund - Positive Minds Inclusion North project, relates to the accounting for the 'matched' funding element of the project, met from Support to Recovery's unrestricted funds.

#### **18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31st March 2022.

#### **19. ULTIMATE CONTROLLING PARTY**

The charity is under the control of the board of trustees.

# SUPPORT TO RECOVERY

## Detailed Statement of Financial Activities for the Year Ended 31st March 2022

	31/3/22 £	31/3/21 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	3,755	25,011
Grants	178,194	207,255
	<u>181,949</u>	<u>232,266</u>
<b>Other trading activities</b>		
Art Shop Project Sales	1,374	25
<b>Investment income</b>		
Deposit account interest	78	79
<b>Charitable activities</b>		
Room hire and workshops	4,615	1,975
The Great Outdoors	107,000	107,000
Other sundry income	29,083	41,097
	<u>140,698</u>	<u>150,072</u>
<b>Total incoming resources</b>	<b>324,099</b>	<b>382,442</b>
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Commission	169	13
<b>Charitable activities</b>		
Wages	252,639	178,443
Social security	10,679	7,863
Pensions	7,154	5,988
Rent, rates, services and insurance	19,048	13,032
Insurance	3,452	3,457
Light and heat	1,470	1,997
Telephone & Internet	1,791	1,190
Printing, postage and stationery	2,568	11,315
Sundries	8,546	2,005
Repairs and maintenance	2,172	2,375
Subscriptions	623	584
Carried forward	310,142	228,249

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## SUPPORT TO RECOVERY

### Detailed Statement of Financial Activities for the Year Ended 31st March 2022

	31/3/22 £	31/3/21 £
<b>Charitable activities</b>		
Brought forward	310,142	228,249
Training	982	282
Refreshments	1,543	4
Group support costs	20,798	14,640
Motor and travel expenses	3,813	799
Bank charges	865	774
Bad debts	662	51
Depreciation of tangible fixed assets	2,591	8,051
	<u>341,396</u>	<u>252,850</u>
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy and legal fees	10,410	9,479
	<u>351,975</u>	<u>262,342</u>
<b>Total resources expended</b>		
	<u>(27,876)</u>	<u>120,100</u>
<b>Net (expenditure)/income</b>		

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