

REGISTERED COMPANY NUMBER: 06418312 (England and Wales)
REGISTERED CHARITY NUMBER: 1122199

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2021
for
SUPPORT TO RECOVERY

Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

SUPPORT TO RECOVERY

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**Report of the Trustees
for the Year Ended 31st March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity for the year ending 31 March 2021 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may from time-to-time think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

COVID -19 Impact - As Trustees we want to ensure that our organisation is fully accessible to everyone who should choose to connect with us. This could be through leisure time, any health or social reason, isolation, feeling cut off from their community, or wanting to further pursue a skill, hobby and learning, all with the intended outcome of promoting and enabling positive mental health for all people in the Kirklees district. Whatever the individuals' circumstances, S2R wanted to be responsive to assist with positive life outcomes. Our primary focus being to build better resilience and confidence to make better life choices. The increasing focus of our work is developing and delivering intervention and preventative sessions, helping people access the benefits of creativity, and how to recognise their own coping methods to overcome life's challenges.

This year has been like no other, for individuals, and for services that provide care and support. From the early onset of March 2020, the pandemic situation was initially expected to last for a few weeks, with the instruction from the Government to stop all social contact provision and work from home if possible. The Trustees and the Management team devised a short strategy, for closure of our premises, staff to work from home, and regular contact with our attendees to be maintained via various means.

It soon became apparent that this situation was going to continue, so again looking at our strategy to be able to provide a consistent service, support the vulnerable and those in the most need became our focus.

Up-skilling staff to use technology, adapting communication methods within the organisation and developing ways to reach individuals particularly isolated by the lockdown situation. S2R introduced daily online activities, this has been very popular with 896 people visiting our 'How to' videos webpage during the 12 months and 165,973 people engaging with us on social media. We set up and operated a wellbeing telephone helpline for people who didn't have IT connectivity and provided 1:1 support where and when required. Due to the increasing numbers of people who were presenting to us, we produced a series of 12 wellbeing packs that were disseminated online and hard copy - posted to individual households or delivered to local centres and food banks etc. The Wellbeing Packs page on our website was visited 3,573 times and we printed 4,800 copies that were sent into the community.

Poor mental health was identified as a key legacy factor of the pandemic, and as we managed to continue to provide a service throughout, we were able to secure covid relief funds. We welcomed these funds which enabled S2R to provide vital support. The approach to longer-term funding is changing in order to meet new longer-term health needs. S2R is confident that our charitable aims will meet these changes and challenges during the months and year ahead.

**Report of the Trustees
for the Year Ended 31st March 2021**

OBJECTIVES AND ACTIVITIES

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

S2R provided a range of services for people experiencing poor mental health and associated problems. Being people centred, we collaboratively provided responsive approaches in order to meet changing needs resulting from the pandemic. Intervention and prevention of mental health decline and any health issues, have been our focus, building personal resilience to personal situations and challenges during restriction that has impacted so many.

An increasing focus of our work is developing and delivering preventative online sessions, helping people recognise signs and triggers of mental health issues and how to adopt healthy life choices through lockdown that enable better health outcomes. We provided a range of appropriate wellbeing activities and options that people could readily access. There is extensive identified need for this type of intervention and a strong evidence base for all services we were able to provide during the lockdown and social restriction periods. Activities during 2020-21 included:

The Great Outdoors Project - A local authority funded service, to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature. The service has been able to meet with the challenges of the covid restrictions, setting people nature challenges as they took their daily allowed exercise and providing activities people can do at home or in their garden. The on-line delivery has been overwhelming and we have been able to offer a diverse range of nature-based sessions people can join in with throughout the lockdown and restrictive months. The three-year contract was awarded April 2019, extended for 2 further years.

Well Connected - Lottery Covid relief fund - This was a six-month short-term funded project to help enable people to re-connect after the first lockdown ended. Unfortunately, shortly after the funds were awarded we went into the second lockdown, so after negotiations with the Lottery we set about providing alternative ways to ensure people/communities could keep active, in touch and healthy. Providing online health, creative and therapeutic workshops, online connection packs with 658 distributed hard copy, with simple health, emotional and wellbeing information and ways to record personal successes and achievements. During the funding period we provided 18 in-person sessions to 176 participants; delivered 170 Live Digital sessions across Zoom, Microsoft Teams & Facebook Live with 23,013 people taking part; and offered 43 digital pre-recorded sessions reaching 29,812 people.

Community Learning Works - S2R provided a series of online Yoga sessions, funded by Community Learning Works (CLW) these sessions were very much to relieve stress, anxiety and to aid better wellbeing aspects such as, sleep, controlled breathing and relaxation. For some, low self-esteem and lack of motivation acted as barriers to this type of engagement, but the online sessions enabled people to connect in their own homes and build their confidence around the subject. Feedback from participants was extremely positive, with individuals now looking forward to when group activities can commence and join live yoga sessions. Participating groups included The Basement Recovery Project and WomenCentre.

**Report of the Trustees
for the Year Ended 31st March 2021**

Do Something Now - Your Wellness Your Community - Kirklees - Continuing our work towards better wellbeing for everyone and creating more localised community connections. Again due to Covid related restrictions, workshops had to take place online. These were a series of self-determination courses based around the national 5 Ways to Wellbeing, and how including these simple steps into our everyday lives has positive impacts on individual's wellbeing. 'Connect- Learn - Be Active -Take Notice and Give' are all proven that if adopted into lifestyles are beneficial for mental and physical health. As the community interactions could not take place, we adapted by providing online sessions in horticulture, Aromatherapy and how to make everyday products from natural sources e.g. plant based, flowers, herbs. For those people who were not digitally connected we provided 1:1 support by telephone and talked them through the classes so they got the full benefit from the postal handouts.

Creative Minds - As part of the Covid response, Creative Minds offered a themed fund around connecting and reducing isolation for people who receive secondary mental health support in the community and in-patients on mental health wards. As our wellbeing packs were in demand throughout Kirklees, we gained additional funds so the packs could be disseminated to individuals who were impacted by the covid situation but also vulnerable do to their ongoing chronic mental health condition. We also wanted to reach people who were in hospital to bring a sense of reality to the covid situation and that they had not been forgotten amongst the restrictive situation. The funding covered the cost for printing, packing and posting of these packs, as well as the packs being delivered to CMHTs settings and hospital settings. 600 hardcopy packs were provided.

One Community - Due to the success of our first editions of the Wellbeing packs, we quickly realised that there was a growing demand to extend the reach and type of information if we were to continue with them. One Community provided the funding to ensure that isolated, vulnerable and those most impacted by Covid, the lockdown and subsequent social restrictions had some form of contact with the outside world, we not only provided wellbeing information, but local and national awareness information and guidance how to protect yourself from being scammed (telephone, door to door or online) keep people with up to date covid guidance and advice, provide a listening ear service, and information on such things a local bereavement support, should people need it.

Inclusion North - NHS - This short-term funding was to ensure that the most vulnerable people in our society were provided with clear easy to understand information, guidance and support with all things covid related. These individual client groups included people with enduring mental health issues, Learning Disabilities and people who were on the Autism spectrum and subject to either putting themselves at harm, or being abused. We provided telephone and online support to over 100 people, we explained about the importance wearing face coverings, not meeting up with other people and what a social bubble was. If there were any other issues such as shopping or medication needs we would signpost to our colleagues in the Community Response teams, where their situations of need were taken care of.

Anchor Support Fund - Kirklees -TSL - At the emergence of NHS social prescribing, S2R was one of Partnership organisations that worked alongside PCN (GP practices) to identify and report on local health and gaps in service provision. S2Rs role was designated as mental health and wellbeing, so at the onset of Covid the focus changed to us developing and delivering mental health training for staff and community volunteers who were experiencing, first-hand, people who were saying they were impacted by covid and didn't know how to cope with this. The training was a two-pronged approach: informing community staff about Mental Health and informing staff on ways to look after their own wellbeing when supporting others. These are some of the teams we provided training and guidance for: Kirklees council staff, Locala, voluntary sector and NHS staff.

**Report of the Trustees
for the Year Ended 31st March 2021**

Health Inequalities - NHS & TSL - One of the areas identified by the covid pandemic was the health inequalities that some communities presented with. Poor mental health, higher rates of chronic health conditions such as Diabetes, Asthma, etc and unhealthy habits, all contributed to lower life outcomes, and being more likely to be impacted by covid related issues. Working in partnership with other voluntary and local community sector organisations we provided a means to engagement to introduce health themed activities that were not clinical, prescriptive or competitive, but supportive and fun to take part in. We targeted groups of people who were experiencing inequalities due to their health or disability, such as Kirklees visual impairment service. Sessions were online and some outdoors once activities could commenced in open spaces. People were given a personal health journal to map their progression - activities included Zumba for beginners, walking and nature rambles, along with healthy eating on a budget. By introducing small positive steps individuals physical and mental health improved. Moving forward S2R will work to expand our offer to marginalised groups in the community, further creating opportunities for people to get involved with activities designed to improve their mental health, wellbeing and community involvement. We will continue to work flexibly and tailor services to the specific needs of individuals and the wider community.

ESF Positive Minds - This is a partnership between Kirklees Council and voluntary sector, supported by the last of the European funding stream. The project is to provide support to 15-24-year-olds, who are facing barriers to further education and employment through low level mental health issues. S2R are providing therapeutic and practical activities to this group of young people, to assist with building confidence, social skills and practical abilities such as time management and journey planning. This is a three-year contract that commenced in October 2020. The young people have engaged in a varied programme of workshops that include, Aromatherapy, art, sewing, horticulture and growing produce, photography and more. On a monthly basis we have worked with an average of 18 young people, supporting them to access our provision and progress towards and into higher education or employment. By 31st March 2020, 6 of these clients had completed their Positive Minds journey and secured employment.

Working in Partnership - Throughout this year we have continued to work with existing partners and forged new connections that have been valuable for S2R and people most in need. Kirklees Community Plus teams, Link Workers, community responders and MAGs (Mutual Aid Groups) have all been a major factor with our support delivery during the Covid pandemic.

Community Mental Health Partnership - Like any other social care provider / charity, S2R and their colleagues in the Kirklees Community Adult Mental Health Partnership, have had to continue to provide and support people to overcome difficulties along the way.

The aim of these organisations is to:

- Provide better community mental health services, for people and with people.
- Ensure services are accessible to all.
- Increase positive outcomes for people who access our services.
- Enable personal independence and resilience.
- Increase prevention and early intervention services.

We are pleased to report that throughout 2020-21 S2R continued to reach it's aims and provide new and innovative approaches to support communities across Kirklees. This year we reached more people than ever through resourceful utilisations of a range of communication methods, respecting, listening and understanding individuals access needs.

Between 1st April 2020 and 31st March 2021, on social media alone we engaged with in excess of 165,000 people and our website saw more than 10,000 visits this year. We engaged our Community through distribution of thousands of postal packs, social media challenges (such as the '50 Day Nature Challenge'), live and pre-recorded session videos (in excess of 150), WhatsApp groups, Zoom and Microsoft Teams sessions (more than 250), in-person indoor and outdoor experiences, events and activities across Kirklees when government restrictions allowed (80 sessions).

Shop Sales - In the year ending 31 March 2021, sales of craft items produced by S2R and by local artists / makers was suspended due to our premises being closed to the public.

SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)

Report of the Trustees for the Year Ended 31st March 2021

FINANCIAL REVIEW

Financial position

Unrestricted income for 2020/21 was £79,720 (2020: £58,792) and unrestricted expenditure was £11,887 (2020: £65,981), giving a surplus for the year on unrestricted funds of £67,833 (2020: £7,189 deficit), before transfer between funds.

Restricted income for 2020/21 was £302,722 (2020: £138,163) and restricted expenditure was £250,455 (2020: £131,929) giving a surplus on restricted funds of £52,267 (2020: £6,234 surplus), before transfers between funds.

Transfers between funds of £2,462 have been made to recognise restricted funding that has satisfied the purposes of the funding and been released to unrestricted funds and also to recognise allocations for matched funding purposes.

Funds position at 31 March 2021:

	£
Total funds at 31.3.21	231,861
Less : Restricted funds	(62,287)
Less : Held as fixed assets	(16,281)
	<hr/>
	153,293
	<hr/>

Reserves policy

The reserves at the end of 2020/21 are at a level which covers 6 months activities costs and the policy for 2021/2022 will be to work to maintain and, if possible, to increase the reserves, whilst still maintaining a strong focus on the work of the charity.

The Board is realistic in understanding the significant impact that the Covid pandemic has had on funding priorities and changing workstreams, as well as the high level of competition for charitable funding. Trustees and management have put into place appropriate procedures to monitor the changing situation and will continue to exercise all due diligence in overseeing the charity's financial health.

COVID 19 IMPACT AND THE FUTURE PLANS

Since the start of the pandemic, S2R's Covid impact plan has been regularly reviewed and adapted in line with the frequently changing circumstances and regulations, local and national. This plan has proved to be reliable, Covid safe and effective and has the full confidence of the Board and relevant funders and stakeholders.

The expectation for the future is that the policies, procedures and risk assessments now in place will continue to be reviewed until the pandemic is officially at an end. We are satisfied that the experience we have gained during this time will allow S2R to safely carry out our charitable role in Kirklees, and with the enhanced delivery model of assisted technology, will aid our ambition to broaden the scope of activities and to re-establish the fully operating model that was in place pre-pandemic.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

**Report of the Trustees
for the Year Ended 31st March 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Changes to the Board membership

During the year J Pollard was elected as Chair, W Ellis was elected as Treasurer, L Hosey was elected as Vice-Chair and P Wood remained Chief Executive

During the year J Evans and D Store retired from the board and since the year end E K Jackson has been welcomed onto the board as a new trustee.

The Trustees have conducted all meetings digitally via Zoom this year, they have met on 11 occasions and there has been good attendance at all meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06418312 (England and Wales)

Registered Charity number

1122199

Registered office

5 - 7 Brook Street
Huddersfield
West Yorkshire
HD1 1EB

Trustees

J E Pollard (Chair)
L A Hosey (Vice Chair)
W Ellis (Treasurer)
R Buxton
G W Dimmock
J D Evans FCCA (resigned 15/10/20)
E K Jackson (appointed 3/6/21)
K A Smith
S D Storr (resigned 15/10/20)

Independent Examiner

Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)

**Report of the Trustees
for the Year Ended 31st March 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

National Westminster Bank Plc
8 Market Place
Huddersfield
HD1 2AL

CCLA Fund Managers Limited

Senator House
85 Queen Victoria Street
London
EC4V 4ET

Honorary president

Dr N H Booya MB, ChB, FRCPsych, DPM, MSc

Chief Executive

P Wood

STATEMENT OF TRUSTEES' RESPONSIBILITIES

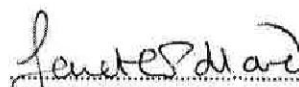
The trustees (who are also the directors of Support to Recovery for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on08-11-2021..... and signed on its behalf by:


.....
J E Pollard - Trustee

**Independent Examiner's Report to the Trustees of
Support to Recovery (Registered number: 06418312)**

Independent examiner's report to the trustees of Support to Recovery ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Victoria Atkinson BA FCA
Institute of Chartered Accountants in England and Wales
Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW



Date: 9 November 2021

SUPPORT TO RECOVERY

Statement of Financial Activities (Incorporating an Income and Expenditure Account) for the Year Ended 31st March 2021

	Notes	Unrestricted funds £	Restricted funds £	31/3/21 Total funds £	31/3/20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	54,960	177,306	232,266	58,578
Charitable activities	5				
Provision of support, advice and other services		24,656	125,416	150,072	129,238
Other trading activities	3	25	-	25	8,817
Investment income	4	79	-	79	322
Total		<u>79,720</u>	<u>302,722</u>	<u>382,442</u>	<u>196,955</u>
EXPENDITURE ON					
Raising funds		13	-	13	2,891
Charitable activities	6				
Provision of support, advice and other services		11,874	250,455	262,329	195,019
Total		<u>11,887</u>	<u>250,455</u>	<u>262,342</u>	<u>197,910</u>
NET INCOME/(EXPENDITURE)		<u>67,833</u>	<u>52,267</u>	<u>120,100</u>	<u>(955)</u>
Transfers between funds	17	(2,462)	2,462	-	-
Net movement in funds		<u>65,371</u>	<u>54,729</u>	<u>120,100</u>	<u>(955)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>104,203</u>	<u>7,558</u>	<u>111,761</u>	<u>112,716</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>169,574</u></u>	<u><u>62,287</u></u>	<u><u>231,861</u></u>	<u><u>111,761</u></u>

The notes form part of these financial statements

SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)

**Balance Sheet
31st March 2021**

	Notes	31/3/21 £	31/3/20 £
FIXED ASSETS			
Tangible assets	12	16,281	19,417
CURRENT ASSETS			
Debtors	13	14,773	13,029
Cash at bank and in hand		209,582	108,758
		<u>224,355</u>	<u>121,787</u>
CREDITORS			
Amounts falling due within one year	14	(8,775)	(29,443)
NET CURRENT ASSETS		<u>215,580</u>	<u>92,344</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		231,861	111,761
NET ASSETS		<u>231,861</u>	<u>111,761</u>
FUNDS	17		
Unrestricted funds		169,575	104,203
Restricted funds		62,286	7,558
TOTAL FUNDS		<u>231,861</u>	<u>111,761</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

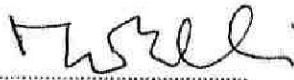
The notes form part of these financial statements

SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)

Balance Sheet - continued
31st March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 08-11-2021 and were signed on its behalf by:


.....
W Ellis - Trustee


.....
J Pollard - Trustee

The notes form part of these financial statements.

SUPPORT TO RECOVERY

Notes to the Financial Statements for the Year Ended 31st March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- over the remaining life of the lease
Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

2. DONATIONS AND LEGACIES

	31/3/21	31/3/20
	£	£
Donations	25,011	10,933
Grants	207,255	47,645
	<u>232,266</u>	<u>58,578</u>

Grants received, included in the above, are as follows:

	31/3/21	31/3/20
	£	£
Baring Foundation	8,000	-
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	-
Dalton Community Fund	-	19,750
European Social Fund - Positive Minds	11,397	-
Inclusion North	3,700	-
Kirklees Council - Community Investment Fund : Do Something Now	-	14,000
Kirklees Council - Community Investment Fund : Wellbeing Fund	37,185	12,395
Kirklees Council - Small Business Grant	10,000	-
M H Anchor	45,000	-
One Community Fund	10,000	-
TBE Growth Fund	-	1,500
TSL Kirklees - Community Learning Works : Anchor Organisation	5,000	-
TSL Kirklees - Community Learning Works : Community Taster Sessions	5,000	-
TSL Kirklees - Community Learning Works : How to Workshops	2,000	-
TSL Kirklees - Covid 10 Wellbeing Services	15,000	-
TSL Kirklees - Health Inequalities Programme	5,000	-
	<u>207,255</u>	<u>47,645</u>

3. OTHER TRADING ACTIVITIES

	31/3/21	31/3/20
	£	£
Art Shop Project Sales	25	8,817
	<u>25</u>	<u>8,817</u>

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

4. INVESTMENT INCOME

	31/3/21	31/3/20
	£	£
Deposit account interest	79	322

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31/3/21	31/3/20
		£	£
Room hire and workshops	Provision of support, advice and other services	1,975	16,934
The Great Outdoors	Provision of support, advice and other services	145,097	107,450
Other sundry income	Provision of support, advice and other services	3,000	4,854
		<u>150,072</u>	<u>129,238</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs £	Totals £
Provision of support, advice and other services	<u>252,850</u>	<u>9,479</u>	<u>262,329</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/3/21	31/3/20
	£	£
Staff costs	192,294	146,055
Rent, rates, services and insurance	13,032	15,731
Insurance	3,457	3,355
Light and heat	1,997	3,297
Telephone & Internet	1,190	1,184
Printing, postage and stationery	11,315	1,812
Sundries	2,005	1,149
Repairs and maintenance	2,375	1,867
Subscriptions	584	52
Training	282	1,096
Refreshments	4	1,576
Group support costs	14,640	2,491
Motor and travel expenses	799	1,459
Bank charges	774	1,032
Bad debts	51	-
Depreciation	8,051	3,821
	<u>252,850</u>	<u>185,977</u>

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/3/21	31/3/20
	£	£
Depreciation - owned assets	8,051	3,821
	<u>8,051</u>	<u>3,821</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2021 nor for the year ended 31st March 2020.

10. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/3/21	31/3/20
	14	13
Charitable	<u>14</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

Key management personnel

The key management personnel of the charity have been identified as the senior manager.

The aggregate employment benefits, including employers national insurance and pension contributions, for these key management personnel for the year was £28,668 (2020: £19,324). The remuneration of the key management is set by the trustee board and reviewed annually.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	31,984	26,594	58,578
Charitable activities			
Provision of support, advice and other services	17,669	111,569	129,238
Other trading activities	8,817	-	8,817
Investment income	322	-	322
Total	<u>58,792</u>	<u>138,163</u>	<u>196,955</u>

SUPPORT TO RECOVERY

**Notes to the Financial Statements - continued
for the Year Ended 31st March 2021**

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	2,891	-	2,891
Charitable activities			
Provision of support, advice and other services	63,090	131,929	195,019
Total	<u>65,981</u>	<u>131,929</u>	<u>197,910</u>
NET INCOME/(EXPENDITURE)	<u>(7,189)</u>	<u>6,234</u>	<u>(955)</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	111,392	1,324	112,716
TOTAL FUNDS CARRIED FORWARD	<u>104,203</u>	<u>7,558</u>	<u>111,761</u>

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1st April 2020	7,241	40,490	35,145	82,876
Additions	-	-	4,915	4,915
At 31st March 2021	<u>7,241</u>	<u>40,490</u>	<u>40,060</u>	<u>87,791</u>
DEPRECIATION				
At 1st April 2020	7,241	22,292	33,926	63,459
Charge for year	-	2,730	5,321	8,051
At 31st March 2021	<u>7,241</u>	<u>25,022</u>	<u>39,247</u>	<u>71,510</u>
NET BOOK VALUE				
At 31st March 2021	<u>-</u>	<u>15,468</u>	<u>813</u>	<u>16,281</u>
At 31st March 2020	<u>-</u>	<u>18,198</u>	<u>1,219</u>	<u>19,417</u>

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

13. DEBTORS

	31/3/21 £	31/3/20 £
Amounts falling due within one year:		
Trade debtors	-	9,461
Salary overpayments	12	12
Prepayments	2,710	2,875
Accrued income	11,400	18
	<u>14,122</u>	<u>12,366</u>
Amounts falling due after more than one year:		
Salary overpayments	<u>651</u>	<u>663</u>
Aggregate amounts	<u>14,773</u>	<u>13,029</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/21 £	31/3/20 £
Trade creditors	740	1,266
Social security and other taxes	3,902	1,890
Net salaries	-	9,979
Pension fund	-	730
Company credit card	2,283	786
Accruals	1,850	2,397
Deferred income	-	12,395
	<u>8,775</u>	<u>29,443</u>

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31/3/21 £	31/3/20 £
Within one year	<u>12,000</u>	<u>12,000</u>

The lease commitment disclosed relates to the premises at Brook Street. The lease has a break out clause at 12 month intervals and therefore only 12 months minimum lease payments are disclosed above.

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31/3/21 Total funds £	31/3/20 Total funds £
Fixed assets	16,281	-	16,281	19,417
Current assets	162,069	62,286	224,355	121,787
Current liabilities	(8,775)	-	(8,775)	(29,443)
	<u>169,575</u>	<u>62,286</u>	<u>231,861</u>	<u>111,761</u>

17. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	104,203	67,834	(2,462)	169,575
Restricted funds				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
European Social Fund - Positive Minds	-	(11,089)	11,089	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund				
- Wellbeing Fund	4,867	2,003	-	6,870
M A Anchor	-	14,150	-	14,150
One Community Foundation	-	(12)	12	-
Something Now - Covid 19	-	1,506	(1,506)	-
The Great Outdoors	2,691	33,601	-	36,292
TSL Kirklees - Health Inequalities Programme	-	4,974	-	4,974
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	<u>7,558</u>	<u>52,266</u>	<u>2,462</u>	<u>62,286</u>
TOTAL FUNDS	<u>111,761</u>	<u>120,100</u>	<u>-</u>	<u>231,861</u>

SUPPORT TO RECOVERY

**Notes to the Financial Statements - continued
for the Year Ended 31st March 2021**

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	79,720	(11,886)	67,834
Restricted funds			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
European Social Fund - Positive Minds	11,398	(22,487)	(11,089)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Wellbeing Fund	37,184	(35,181)	2,003
M A Anchor	45,000	(30,850)	14,150
One Community Foundation	10,000	(10,012)	(12)
Something Now - Covid 19	18,416	(16,910)	1,506
The Great Outdoors	107,051	(73,450)	33,601
TSL Kirklees - Health Inequalities Programme	5,000	(26)	4,974
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	<u>302,722</u>	<u>(250,456)</u>	<u>52,266</u>
TOTAL FUNDS	<u>382,442</u>	<u>(262,342)</u>	<u>120,100</u>

Comparatives for movement in funds

	At 1/4/19 £	Net movement in funds £	At 31/3/20 £
Unrestricted funds			
General fund	111,392	(7,189)	104,203
Restricted funds			
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	4,867	4,867
The Great Outdoors	1,324	1,367	2,691
	<u>1,324</u>	<u>6,234</u>	<u>7,558</u>
TOTAL FUNDS	<u>112,716</u>	<u>(955)</u>	<u>111,761</u>

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	58,792	(65,981)	(7,189)
Restricted funds			
Community Partnerships : Carers Breaks	3,100	(3,100)	-
Kirklees Council - Community Investment Fund			
- Do Something Now	14,000	(14,000)	-
Kirklees Council - Community Investment Fund			
- Wellbeing Fund	12,395	(7,528)	4,867
The Great Outdoors	108,668	(107,301)	1,367
	<u>138,163</u>	<u>(131,929)</u>	<u>6,234</u>
TOTAL FUNDS	<u>196,955</u>	<u>(197,910)</u>	<u>(955)</u>

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	111,392	60,645	(2,462)	169,575
Restricted funds				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
European Social Fund - Positive Minds	-	(11,089)	11,089	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund				
- Wellbeing Fund	-	6,870	-	6,870
M A Anchor	-	14,150	-	14,150
One Community Foundation	-	(12)	12	-
Something Now - Covid 19	-	1,506	(1,506)	-
The Great Outdoors	1,324	34,968	-	36,292
TSL Kirklees - Health Inequalities Programme	-	4,974	-	4,974
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	<u>1,324</u>	<u>58,500</u>	<u>2,462</u>	<u>62,286</u>
TOTAL FUNDS	<u>112,716</u>	<u>119,145</u>	<u>-</u>	<u>231,861</u>

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	138,512	(77,867)	60,645
Restricted funds			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
Community Partnerships : Carers Breaks	3,100	(3,100)	-
European Social Fund - Positive Minds	11,398	(22,487)	(11,089)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Do Something Now	14,000	(14,000)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	49,579	(42,709)	6,870
M A Anchor	45,000	(30,850)	14,150
One Community Foundation	10,000	(10,012)	(12)
Something Now - Covid 19	18,416	(16,910)	1,506
The Great Outdoors	215,719	(180,751)	34,968
TSL Kirklees - Health Inequalities Programme	5,000	(26)	4,974
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	<u>440,885</u>	<u>(382,385)</u>	<u>58,500</u>
TOTAL FUNDS	<u>579,397</u>	<u>(460,252)</u>	<u>119,145</u>

Big Lottery Fund - Covid Response

Short-term, 6 month project. Our Well-Connected project supported our community to stay connected during and between lockdowns and to keep mentally & physically healthy through a varied programme of largely online sessions, postal packs and information distribution.

Creative Minds

Short-term, 4 month provision. Covid-response fund supporting people who receive secondary mental health support to reconnect and reduce isolation. This funding enabled us to disseminate 600 wellbeing packs to those with chronic mental health conditions.

Inclusion North

Short-term 8 weeks funding. Providing phone support and easy to understand support information, during the pandemic, for neurodivergent people (i.e. those with Autism, ADHD, Learning Disabilities) who are vulnerable in terms of their disability, learning or mental health needs in relation to Covid-19.

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

17. MOVEMENT IN FUNDS - continued

Mental Health Anchor

12 month project, working in partnership with GP's, PCN's and other local services to identify and report on local health needs and gaps in provision. Our key role was to support other Anchor organisations through mental health training for their staff and community volunteers, looking at both the wellbeing needs of their clients and the needs of the staff and volunteers themselves during the pandemic.

One Community Foundation

6 months funding to supporting isolated and vulnerable individuals during covid. We provided a phone listening ear service and via post: wellbeing information, local and national awareness information and guidance on protecting yourself against scams; covid guidance & advice; information on services such as bereavement support and more.

Do Something Now - Covid 19

Short-term, 3 month project. Continuing our wellbeing provision through online 5 Ways to Wellbeing courses, horticultural and aromatherapy sessions. For individuals unable to access digitally we provided 1:1 phone support and postal handouts.

Kirklees Translated Wellbeing Packs

Short-term funding during the pandemic to translate 6 editions of our Wellbeing Packs into community languages: Punjabi, Gujarati, Urdu, Hungarian and Romanian. Fund covered translation costs, printing, packaging and distribution across Kirklees to isolated, vulnerable and harder to reach communities.

TSL Health Inequalities

Short-term, 9 month project. Targeted support for groups experiencing health inequalities due to conditions such as: poor mental health and higher rates of chronic health conditions such as Diabetes and Asthma. We offered a range of social activities including Zumba and walking/rambling sessions, tailored to the specific needs of each group.

TSL Covid 19 Wellbeing

6 months funding to develop, design, print and distribute the first 6 Wellbeing pack editions - packs included tips and ideas for how to keep mentally and physically well during and between periods of national lockdown, through practical, creative and nature-based activities. Packs also included locality specific support services information and up to date council & central government guidance.

Transfers between funds

Transfers between funds in this financial year are to recognise expenditure that has been charged to the general unrestricted fund, but should have been allocated to a restricted fund, all of the projects shown has been completed at 31 March 2021 to the satisfaction of the funder.

The transfer between funds of £11,089, of the deficit on the European Social Fund - Positive Minds Inclusion North project, relates to the accounting for the 'matched' funding element of the project, met from Support to Recovery's unrestricted funds.

SUPPORT TO RECOVERY

Notes to the Financial Statements - continued for the Year Ended 31st March 2021

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2021.

19. ULTIMATE CONTROLLING PARTY

The charity is under the control of the board of trustees.

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities for the Year Ended 31st March 2021

	31/3/21 £	31/3/20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	25,011	10,933
Grants	207,255	47,645
	<u>232,266</u>	<u>58,578</u>
Other trading activities		
Art Shop Project Sales	25	8,817
Investment income		
Deposit account interest	79	322
Charitable activities		
Room hire and workshops	1,975	16,934
The Great Outdoors	145,097	107,450
Other sundry income	3,000	4,854
	<u>150,072</u>	<u>129,238</u>
Total incoming resources	<u>382,442</u>	<u>196,955</u>
EXPENDITURE		
Other trading activities		
Commission	13	2,891
Charitable activities		
Wages	178,443	136,703
Social security	7,863	4,524
Pensions	5,988	4,828
Rent, rates, services and insurance	13,032	15,731
Insurance	3,457	3,355
Light and heat	1,997	3,297
Telephone & Internet	1,190	1,184
Printing, postage and stationery	11,315	1,812
Sundries	2,005	1,149
Repairs and maintenance	2,375	1,867
Subscriptions	584	52
Carried forward	228,249	174,502

This page does not form part of the statutory financial statements

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities for the Year Ended 31st March 2021

	31/3/21 £	31/3/20 £
Charitable activities		
Brought forward	228,249	174,502
Training	282	1,096
Refreshments	4	1,576
Group support costs	14,640	2,491
Motor and travel expenses	799	1,459
Bank charges	774	1,032
Bad debts	51	-
Depreciation of tangible fixed assets	8,051	3,821
	<u>252,850</u>	<u>185,977</u>
Support costs		
Governance costs		
Accountancy and legal fees	9,479	9,042
Total resources expended	<u>262,342</u>	<u>197,910</u>
Net income/(expenditure)	<u>120,100</u>	<u>(955)</u>

This page does not form part of the statutory financial statements