SUPPORT TO RECOVERY

England & Wales · Charity number 1122199

Details

Other names	S2R
Status	Registered
Legal form	Charitable company
Company number	06418312
Registered	2008-01-07
Register	View on the Charity Commission register

Contact

Address	5-7 Brook Street Huddersfield HD1 1EB
Phone	01484539531
Email	contact@s2r.org.uk
Website	www.s2r.org.uk

Activities

Objects: THE OBJECTS OF THE CHARITY WILL BE 1) TO RELIEVE THE NEEDS OF PERSONS WITHIN THE COUNTY OF WEST YORKSHIRE HAVING MENTAL HEALTH PROBLEMS AND THOSE WHO CARE FOR PEOPLE WITH MENTAL HEALTH DIFFICULTIES, BY PREVENTATIVE MEANS, THROUGH SUPPORT, ADVICE, VISUAL ARTS, CREATIVITY, THERAPEUTIC INTERVENTIONS AND PHYSICAL ACTIVITIES AND BY OTHER CHARITABLE MEANS THAT THE TRUSTEES MAY FROM TIME TO TIME THINK FIT 2) TO PROVIDE MENTAL HEALTH SERVICES, VOCATIONAL SERVICES, VISITS AND UNDERTAKE RESEARCH AND DEVELOPMENT.

Activities: Support to Recovery activities relieves the needs of persons within the county of West Yorkshire having mental healthproblems and those who care for people with mental health difficulties, by preventative means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may from time to time think fit;

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Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science, Environment/conservation/heritage, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** WEST YORKSHIRE
- Kirklees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£331,307	£343,660	-	-
2024-03-31	£335,267	£401,711	-	-
2023-03-31	£364,709	£410,755	-	-
2022-03-31	£324,099	£351,975	-	-
2021-03-31	£382,442	£262,342	-	-

Trustees

Name	Role	Appointed
PAULA WOOD	Chair	2022-11-09
Andrew Richard Clark		2023-08-14
Emily Kate Jackson		2021-05-03
Fiona Heather Douglas-Wilkinson		2023-05-25
Maria Sarojini D'Cruz		2023-04-27
Martin James Sturdy		2023-06-16
Olivia Joy Ann Harriette		2023-07-18

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SUPPORT TO RECOVERY

England & Wales - Charity number 1122199

Accounts

Charity registration number 1122199 (England and Wales)

Company registration number 06418312

SUPPORT TO RECOVERY

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

SUPPORT TO RECOVERY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A R Clark M S D'Cruz F H Douglas-Wilkinson O J A Harriette E K Jackson K A Smith M J Sturdy P Wood	
Chair of Trustees	P Wood	
Vice Chair of Trustees	L A Hosey	
Treasurer	F H Douglas-Wilkinson	
Deputy Treasurer	M J Sturdy	
Honorary President	Dr N H Booya MB, ChB, FRCPsych, DPM, MSc	
Senior Managers	S Averley D Hegarty	Chief Executive Officer Operations Manager
Charity number	1122199	
Company number	06418312	
Registered office	5 - 7 Brook Street Huddersfield West Yorkshire HD1 1EB	
Independent examiner	V J Atkinson BK Plus Limited 52 St Johns Lane Halifax West Yorkshire HX1 2BW	
Bankers	National Westminster Bank Plc 8 Market Place Huddersfield HD1 2AL	CCLA Fund Managers Limited Senator House 85 Queen Victoria Street London EC4V 4ET

SUPPORT TO RECOVERY

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SUPPORT TO RECOVERY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

The objectives of the charity for the year ending 31 March 2025 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may, from time to time, think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The board of Trustees want to ensure that our organisation is fully accessible and inclusive to all who choose to connect with us. This could be through a referral or self-referral pathway, and for any health or social reason, including mental and emotional difficulties, social isolation, needing support to improve or maintain personal resilience, or to further pursue a vocational interest, to enable meaningful engagement and life-long learning.

Regardless of individuals circumstances, S2R wants to be responsive to needs and assist with positive and healthier life outcomes. An increasing focus of our work is developing and delivering place-based intervention and prevention sessions, helping people draw on the benefits of ecotherapy, creativity, and practical wellbeing to build personal toolkits to overcome life's challenges.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

S2R offers open-access, inclusive, trauma-informed and person-centred support, activities and opportunities for all who wish to maintain or improve their health and wellbeing, with or without a formal mental health diagnosis.

We recognise the value of wrap-around support where individuals are facing a range of personal challenges and strive to work closely and effectively with statutory and VCSE partners alike to ensure needs are addressed and barriers to access are reduced.

This year we have continued to focus on providing quality place-based services, being responsive and adapting provision to tackle health inequalities in communities. Our offer has been primarily small group work in the form of regular weekly, fortnightly and monthly groups as well as a wide range of one-off workshops, courses and community events. These have taken place both at our base in central Huddersfield as well as at community venues and greenspaces across Kirklees. In an average week we provided 15 group wellbeing sessions, including dedicated activities for the elderly, those over 18, young people aged 14+, families and carers.

As an intervention and prevention service, we have supported individuals to develop their social connections and to feel that they are valued members of their communities, to share their skills and learn new ones, to try new creative and environmental outlets, to co-design and co-produce community engagements, to access wider local opportunities and support services, and to develop their confidence, resilience and aspirations.

Charitable Activities during 2024-25 include:

The Great Outdoors Project
5 year contract + 2 years possible extension. A local authority commissioned mental health service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working. This enables the outdoors team to continue their impactful work for a further 5 years to 2029 and beyond, with the project to be shaped and developed collaboratively with Kirklees communities into the future.

Additionally, TGO took over hosting our local Repair Café once a month at the S2R premises.

Community Champions Campaigns
Throughout the year we have delivered a diverse range of Community Champions (inclusive of Core20Plus5) health messaging campaigns to address health inequalities for those most impacted, including those with physical and learning disabilities, NEET, Black and Asian Ethnicity, low literacy levels, experience of trauma or abuse, poor mental health, living in areas of highest depravation. Campaigns have included: reducing maternal and infant deaths; reducing CVD deaths; reducing respiratory deaths; reducing cancer deaths; reducing SMI deaths; stopping smoking; diabetes support, prevention and management of type 2 diabetes; increasing vaccination take up, including: MMR, Flu, Covid.

Creative Minds Projects
With funding through South West Yorkshire NHS Trust Creative Minds, this year we began delivery of an upcycling project (Underpin) to address poor mental health, loneliness and reducing barriers to accessing support, as well as learning sewing and crafting skills and saving money by recycling old clothing.

Active Birkby Club
With support and funding from the Yorkshire Sport Foundation we set up this club to help the local residents improve their health through exercising more often as well as building social connections and improving their wellbeing.

Dalton and Waterloo Place-based Provision
With funding from Ward Councillors' budgets, Dalton Place Standard Investment Fund, and Third Sector Leaders: this year we have continued delivering a range of place-based community engagements in Dalton and Waterloo areas, helping to build community capacity and address local environmental, social, health and wellbeing issues.

We have also provided a community worker for Moldgreen United Reform Church to assist them with community outreach and development as part of the Unite Connect Respect program. This is being done in partnership.

With some additional funding from Ward councillors and with help from our TGO staff we built a book box library for the local area for free borrowing and donating of books.

Dewsbury and Mirfield Place-based Provision
As the Community Anchor for Dewsbury and Mirfield, this year S2R has provided support to 33 community groups, community interest companies and Charities in Dewsbury and Mirfield, and played a key role in establishing 6 new community groups. In our role as Anchor, we have supported groups to apply for funding, secured free storage units for local arts organisations, initiated peer support groups and contributed to 20 Community events as well as helping find volunteers for 24 community organisations.

With funding support from National Lottery Awards for All and Third Sector Leaders Kirklees we have offered regular weekly provision for elderly and vulnerable residents in Mirfield and Dewsbury through a range of social connection and gentle exercise groups: reducing isolation and connecting people, improving physical and mental health and supporting people to live well for longer.

We have also provided short projects in the area for older people's art sessions and teaching people how to cook with air fryers.

Addressing Mental Health as a Barrier to Employment and Further Learning
With UK Government funding through both Kirklees Councils' Employment and Skills team and Third Sector Leaders Kirklees, this year we continued to deliver two programmes: Brighter and Multiply, that aim to support and upskill individuals experiencing poor mental health and other complex circumstances which are acting as barriers to aspiration and progression. Helping people to develop the skills and confidence to access further learning, volunteering and employment.

Partnerships and Feedback
Throughout 2024/25 S2R have worked to develop our existing partnerships and establish relationships with new partners to best meet the changing and challenging needs of our communities, these partners include, but are not limited to: Ward Councillors, schools, employment services, various Kirklees Council teams, housing providers, refugee and asylum seeker services, substance misuse services, transport services, faith organisations, community groups, local festivals and more. Our Great Outdoors Project alone worked with 169 local partners this year.

Quotes

"I love getting together with you all, it really does give me a boost."

"The garden group should all be very proud of what they've done out there, especially gardening in the rain and cold. It really has made a difference. They all look happy and have been grafting away out there today."

"I wasn't going to come today. I've been so stressed about having to move flat, my mental health has suffered. I knew I'd feel better to get out and join you, and it has helped to see you all and talk. I think the fresh air and exercise has helped too."

"Coming here really helps my mental health, there is a community here."

"CT has been an absolute lifeline during my journey, going above and beyond to support me through what has been a challenging time. Her experience, dedication, and incredible network of contacts have made a real difference. I was on the verge of quitting, but CT stepped in and ensured I had everything I needed to keep going. From supporting my grant applications to connecting me with the right people, her efforts have been invaluable, and I truly couldn't have made it far without her."

"We've done lots of different things together, many of which I didn't think I'd like, or be able to do. But then I've found out differently. It's good to do something different and get out of your comfort zone sometimes."

"I feel more like I belong now, getting involved to make a difference in the community makes me feel better about myself, as well as being good for the area. I enjoy telling people about the different things we do and my family are really pleased that I got involved. It's given me some-thing to look forward to."

Financial review

Unrestricted income for 2024/25 was £77,679 (2024: £23,403) and unrestricted expenditure was £93,372 (2024: £42,062) giving a deficit for the year on unrestricted funds of £15,693 (2024: £18,659), before transfer between funds.

Restricted income for 2024/25 was £253,628 (2024: £311,864) and restricted expenditure was £250,288 (2024: £359,649) giving a surplus on restricted funds of £3,340 (2024: deficit of £47,785), before transfers between funds.

Transfers between funds of £nil have been made to recognise reallocations of expenditure against restricted funds.

Funds position at 31 March 2025:

	£
Total funds at 31.3.25	79,143
Less : Restricted funds	(27,460)
Less : Held as fixed assets	(8,366)
'Free' Reserves	**43,317**

Reserves policy

In line with Charity Commission guidance, the reserve target for 2024/25 continues to be 3 – 6 months running costs, the charity will work to increase and maintain the existing reserve to bring it within the 3 - 6 months costs range. This reflects the changing landscape of funding, as well as recognising the charity's need to use as much of its funds as possible to further the charities' objectives.

The Board is realistic in understanding the high level of current economic challenges faced by the charity. The reserve position will be reviewed within the Treasurers' report at each Trustee meeting throughout the year and the Board will continue to exercise all due diligence in overseeing the charity's financial health.

Plans for future periods

Looking to 2025/26 we expect to see further cuts in the statutory sector and increased financial pressures on our funders, our sector and our participants. The demand for S2R services continues to increase and we do not see this reducing in the foreseeable future, especially as other agencies cease to offer services or close.

We will work to continue to work to meet the needs of our communities in these challenging times. 2024/25 saw a great many achievements and successes for individual participants, valuable project and service outcomes and positive partnerships, these are the foundation for our work into 2025/26, continuing our focus on strong and effective partnership delivery and place-based support for our communities.

For the future we are looking at how we can build and sustain the work we already do as well as new initiatives to broaden our income stream and increase our sustainability. This includes developing our Peer Support offer as well as offering existing sessions in new areas and venues.

We are also working to develop our direct fundraising and donations through the private sector.

Structure, governance and management

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

SUPPORT TO RECOVERY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

A R Clark	
M S D'Cruz	
F H Douglas-Wilkinson	
O J A Harriette	
L A Hosey	(Resigned 17 October 2024)
H L Hunter	(Resigned 23 September 2025)
E K Jackson	
K A Smith	
M J Sturdy	
P Wood	

Recruitment and appointment of trustees
There was one change to management operations structures. CEO Scarlette Averley left on Maternity Leave on 1st November 2024 and Operations Manager David Hegarty took on the role of Acting CEO from this point to the end of the financial year.

In 2024 - 25, no new Board members were appointed and one Board member resigned.

At the AGM in October 2024, the Vice Chair L A Hosey resigned and was replaced by E K Jackson. All other existing Board members were retained and P Wood was re-elected as the Chair.

The trustees have continued meeting digitally via Zoom this year, they have met on ten occasions and there is good attendance at all meetings.

The trustees' report was approved by the Board of Trustees.

.....
P Wood
Trustee

Date: .....

SUPPORT TO RECOVERY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SUPPORT TO RECOVERY

I report to the trustees on my examination of the financial statements of Support to Recovery (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

V J Atkinson
BK Plus Limited
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW
Date: .....

SUPPORT TO RECOVERY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	**3**	47,462	98,011	145,473	560	169,477	170,037
Charitable activities	**4**	27,169	155,617	182,786	17,573	142,387	159,960
Other trading activities	**5**	133	-	133	422	-	422
Investments	**6**	2,915	-	2,915	4,848	-	4,848
Total income		77,679	253,628	331,307	23,403	311,864	335,267
Expenditure on:							
Raising funds	**7**	84	-	84	162	-	162
Charitable activities	**8**	93,288	250,288	343,576	41,900	359,649	401,549
Total expenditure		93,372	250,288	343,660	42,062	359,649	401,711
Net income/(expenditure) and movement in funds		(15,693)	3,340	(12,353)	(18,659)	(47,785)	(66,444)
Reconciliation of funds:							
Fund balances at 1 April 2024		67,376	24,120	91,496	86,035	71,905	157,940
Fund balances at 31 March 2025		51,683	27,460	79,143	67,376	24,120	91,496

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

SUPPORT TO RECOVERY

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	**14**		8,366		9,937
Current assets					
Debtors	**15**	15,842		7,441	
Cash at bank and in hand		78,202		116,311	
		94,044		123,752	
Creditors: amounts falling due within one year	**16**	(23,267)		(42,193)	
Net current assets			70,777		81,559
Total assets less current liabilities			79,143		91,496
The funds of the charity					
Restricted income funds	**19**		27,460		24,120
Unrestricted funds	**20**		51,683		67,376
			79,143		91,496

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on .....

.....	.....
F H Douglas-Wilkinson	P Wood
Trustee	**Trustee**

Company registration number 06418312 (England and Wales)

SUPPORT TO RECOVERY

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Support to Recovery is a private company limited by guarantee incorporated in England and Wales. The registered office is 5 - 7 Brook Street, Huddersfield, West Yorkshire, HD1 1EB.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Gallery fixtures and fittings	over the remaining life of the lease
Fixtures and fittings	15% on reducing balance
Computers	33% on reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	7,562	-	7,562	560	25	585
Grants	39,900	98,011	137,911	-	169,452	169,452
	47,462	98,011	145,473	560	169,477	170,037
Grants receivable for core activities						
CPF Mending Matters	-	-	-	-	18,040	18,040
Dalton Place Standard	-	3,700	3,700	-	1,500	1,500
EK Community Grant	-	-	-	-	14,947	14,947
FF Winter Immunisation	-	-	-	-	500	500
Homes for Ukraine	-	-	-	-	1,107	1,107
Huddersfield Counsellors - We Are Waterloo	-	-	-	-	14,184	14,184
Keep Well, Keep Warm	-	-	-	-	13,347	13,347
Multiply	-	-	-	-	4,272	4,272
TSL Kirklees - Community Champions : Support for Diabetes	-	-	-	-	5,500	5,500
TSL Kirklees - Community Champions : Core20plus5	-	3,500	3,500	-	12,200	12,200
TSL Kirklees - Community Champions : Covid Vaccine Booster	-	4,500	4,500	-	-	-
TSL Kirklees - Community Champions : Dewsbury & Mirfield Anchor	-	40,000	40,000	-	52,750	52,750
TSL Kirklees - Community Champions : Men's Migrant Group	-	-	-	-	1,025	1,025
TSL Kirklees - Community Champions : Mental Health	-	-	-	-	4,800	4,800
TSL Kirklees - Community Champions : MMR Campaign	-	-	-	-	1,000	1,000
TSL Kirklees - Community Champions : Winter Immunisation Covid Booster	-	-	-	-	2,800	2,800
TSL Kirklees - Community Messages : Diabetes Work	-	-	-	-	498	498
TSL Kirklees - Community Support : Diabetes Action Plan	-	-	-	-	16,750	16,750
TSL Kirklees - Lowerhouses Well Connected	-	-	-	-	980	980
TSL Kirklees - NL Move More	-	-	-	-	1,290	1,290

3 Income from donations and legacies **(Continued)**

TSL Kirklees - Rose Court HI	-	-	-	-	962	962
Ward Counsellors - Supporting Lowerhouses Parent Group	-	-	-	-	1,000	1,000
Garfield Weston Foundation	35,000	-	35,000	-	-	-
Hubbub Foundation Nature Hub	-	500	500	-	-	-
Huddersfield Counsellors Waterloo	-	3,289	3,289	-	-	-
Lottery Awards for All	-	19,996	19,996	-	-	-
MLPF Rose Court Craft Group	-	200	200	-	-	-
One Community - Healthy Cooking	-	1,493	1,493	-	-	-
TSL Comm Champs UKSPF	-	14,000	14,000	-	-	-
TSL Keep Hecky Tidy	-	83	83	-	-	-
TSL: Conversations Rose Court	-	996	996	-	-	-
TSL: Sewing Group NL Well Connected	-	1,100	1,100	-	-	-
Warburton Community Grant	400	-	400	-	-	-
Waterloo Knit & Natter	-	1,100	1,100	-	-	-
Yorkshire Housing	500	-	500	-	-	-
Yorkshire Sport Foundation	-	3,553	3,553	-	-	-
Other Grants	4,000		4,000	-	-	-
	39,900	98,011	137,911	-	169,452	169,452

4 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Provision of support, advice and other services						
Sales of services by beneficiaries	23,083	7,410	30,493	11,584	1,161	12,745
Performance related grants	-	115,439	115,439	-	124,586	124,586
Ancillary trading income	4,086	32,768	36,854	5,989	16,640	22,629
	27,169	155,617	182,786	17,573	142,387	159,960

5 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	133	422

6 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	2,915	4,848

7 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Commission to artists for gallery sales	84	162

8 Expenditure on charitable activities

	Provision of support, advice and other services 2025 £	Provision of support, advice and other services 2024 £
Direct costs		
Staff costs	276,492	301,070
Depreciation and impairment	1,570	1,894
Premises costs	23,734	26,949
Repairs and maintenance costs	3,897	4,249
Office costs	3,886	4,271
Motor and travel costs	2,573	3,796
Other staff costs	372	268
Group support costs	15,454	23,441
Contractors	-	2,907
Local Anchor	-	8,000
Working Together Better Partnership	1,154	9,843
Staff training	612	204
Licences, Fees & Subscriptions	903	604
Professional fees	23	157
Finance costs	971	806
Other costs	182	841
	331,823	389,300
Share of support and governance costs (see note 9)		
Support	11,753	12,249
	343,576	401,549
Analysis by fund		
Unrestricted funds	93,288	41,900
Restricted funds	250,288	359,649
	343,576	401,549

9 Support costs allocated to activities

	Provision of support, advice and other services 2025 £	Total 2024 £
Governance	11,753	12,249

9 Support costs allocated to activities **(Continued)**

	2025	2024
Governance costs comprise:	**£**	**£**
Independent examiners fees	2,451	2,336
Accountancy	7,842	8,593
Legal and professional	1,460	1,320
	11,753	12,249

10 Net movement in funds

	2025	2024
	£	**£**
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,451	2,336
Depreciation of owned tangible fixed assets	1,570	1,894

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	**Number**
Charitable staff	19	20

Employment costs	2025	2024
	£	**£**
Wages and salaries	254,085	276,823
Social security costs	13,547	14,913
Other pension costs	8,860	9,334
	276,492	301,070

There were no employees whose annual remuneration was more than £60,000.

12 Employees **(Continued)**

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2025	2024
	£	£
Aggregate compensation	39,521	41,377

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Tangible fixed assets

	Gallery fixtures and fittings	Fixtures and fittings	Computers	Total
	£	£	£	£
Cost				
At 1 April 2024	7,241	40,490	40,500	88,231
At 31 March 2025	7,241	40,490	40,500	88,231
Depreciation and impairment				
At 1 April 2024	7,241	30,991	40,063	78,295
Depreciation charged in the year	-	1,425	145	1,570
At 31 March 2025	7,241	32,416	40,208	79,865
Carrying amount				
At 31 March 2025	-	8,074	292	8,366
At 31 March 2024	-	9,500	437	9,937

15 Debtors

	2025	2024
Amounts falling due within one year:	£	£
Trade debtors	10,668	2,556
Prepayments and accrued income	5,174	4,885
	15,842	7,441

16 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		3,212	4,666
Deferred income	17	12,417	21,773
Trade creditors		1,178	6,752
Other creditors		3,331	6,179
Accruals		3,129	2,823
		23,267	42,193

17 Deferred income

	2025 £	2024 £
Other deferred income	12,417	21,773

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	12,417	21,773
Movements in the year:		
Deferred income at 1 April 2024	21,773	17,941
Released from previous periods	(21,773)	(17,941)
Resources deferred in the year	12,417	21,773
Deferred income at 31 March 2025	12,417	21,773

18 Retirement benefit schemes

Defined contribution schemes	2025 £	2024 £
Charge to profit or loss in respect of defined contribution schemes	8,860	9,334

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2025
	£	£	£	£	£	£
Community Champions - MMR Campaign	500		500	-	-	-
Creative Minds: Underpin	-	4,000	789	-	-	3,211
Dalton Place Standard	759		759	-	-	-
Dalton Ward Cllrs - 12 Waterloo Sessions	-	3,700	2,581	-	-	1,119
EK Community Grant	12,255		12,255	-	-	-
Energy Efficiency Event	-	1,650	1,650	-	-	-
Homes for Ukraine	2,896		(2,896)	-	-	-
Hubbub Foundation Nature Hub	-	500		-	-	500
Huddersfield Common Good Trust	-	795	(795)	-	-	-
Huddersfield Counsellors Waterloo	2,842	3,289	(6,131)	-	-	-
Lepton Little Library - Almondbury Cllrs	-	1,000	(155)	-	-	845
Lottery Awards for All	-	19,996	(11,229)	-	-	8,767
MLPF Rose Court Craft Group	-	200	(200)	-	-	-
Multiply	2,364	6,410	8,774	-	-	-
MURC	-	18,335	(14,233)	-	-	4,102
MURC Expenses Float	-	1,987	(1,462)	-	-	525
One Community - Healthy Cooking	-	1,493	(1,493)	-	-	-
Smoking Cessation Campaign	-	5,000	(5,000)	-	-	-
The Great Outdoors	-	115,439	(112,527)	-	-	2,912
TSL Comm Champs Core20	2,425	3,500	(5,925)	-	-	-
TSL Comm Champs UKSPF	-	14,000	(9,617)	-	-	4,383
TSL Comm Champs Vaccines July to December 24	-	4,500	(4,500)	-	-	-
TSL Community Conversations - Falls Prevention (Additional re Unite Group)	-	1,000	(1,000)	-	-	-

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds **(Continued)**

TSL Dewsbury & Mirfield Anchor	(301)	40,000	(39,453)	-	-	246
TSL Keep Hecky Tidy	-	83		-	-	83
TSL: Conversations Rose Court	-	996	(996)	-	-	-
TSL: Rose Court Health Inequalities	342		(342)	-	-	-
TSL: Sewing Group NL Well Connected	-	1,100	(1,100)	-	-	-
TSL: Well Connected Mirfield Asylum Mens Group	38		38	-	-	-
Waterloo Knit & Natter	-	1,100	334	-	-	766
Yorkshire Sport Foundation	-	3,553	3,553	-	-	-
	24,120	253,627	(250,288)	-	-	27,460

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

19 Restricted funds **(Continued)**

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2024 £
Community Champions - Core20plus5	-	12,200	(9,775)	-	-	2,425
Community Champions - Diabetes Support	-	5,500	(5,500)	-	-	-
Community Champions - Men's Migrant Group	-	1,025	(987)	-	-	38
Community Champions - Mental Health	-	4,800	(4,800)	-	-	-
Community Champions - MMR Campaign	-	1,000	(500)	-	-	500
Community Champions - Winter Immunisation Covid Booster	-	2,800	(2,800)	-	-	-
CPF - Mending Matters	-	18,040	(18,040)	-	-	-
Creative Minds - Creative Connect	240	5,850	(6,090)	-	-	-
Creative Minds - The Blues Project	3,523	-	(3,523)	-	-	-
Dalton Place Standard	-	1,500	(741)	-	-	759
Dewsbury and Mirfield Anchor	2,560	52,750	(55,612)	-	-	(302)
EK Community Grant	-	14,947	(2,692)	-	-	12,255
European Social Fund - Positive Minds	-	10,501	(10,501)	-	-	-
FF Winter Immunisation	-	500	(500)	-	-	-
Homes for Ukraine	2,789	1,107	(1,000)	-	-	2,896
Huddersfield Counsellors - We Are Waterloo	9,160	14,184	(20,503)	-	-	2,841
Keep Well, Keep Warm	18,781	13,347	(32,128)	-	-	-
Multiply	(107)	4,722	(2,249)	-	-	2,366
National Lottery Fund - Awards for All (ID: 20206986)	4,354	-	(4,354)	-	-	-
The Great Outdoors	30,605	125,611	(156,216)	-	-	-
TSL - Community Messages : Diabetes Work	-	498	(498)	-	-	-
TSL - Community Support for Diabetes Action Plan	-	16,750	(16,750)	-	-	-
TSL - Lowerhouses Well Connected	-	980	(980)	-	-	-
TSL - NL Move More	-	1,290	(1,290)	-	-	-
TSL - Rose Court HI	-	962	(620)	-	-	342
Ward Counsellors Supporting Lowerhouses Parent Group	-	1,000	(1,000)	-	-	-

19 Restricted funds **(Continued)**

	71,905	311,864	(359,649)	-	-	24,120

19 Restricted funds **(Continued)**

Community Champions – MMR Campaign : Short term funded heath messaging programme focusing on Measles, Mumps and Rubella.

Creative Minds: Underpin – 12 month funding to run a recycling/upcycling clothing project in the Dewsbury area. Funded by SWYPHT Creative Minds.

Dalton Place Standard : Small grant from the Dalton Place Standard Investment Fund to support environmental and community projects in Waterloo area: growing and planting projects, health and wellbeing projects e.g. walking groups, litter picks, community library.

Dalton Ward Cllrs - 12 Waterloo Sessions – funding provided by local councillors to provide a further 12 sessions in the Waterloo area.

EK Community Grant : UK Government funding, via Kirklees Council – Employment and Skills team, to provide a 11 month support service helping local people to manage, maintain and improve their mental health, meet new people, try new things, upskill and feel more confident to look for employment now or in the future. Aimed specifically at economically inactive individuals: anyone over the age of 16, living in Kirklees and not currently job seeking or in employment.

Energy Efficiency Event - one off event to provide advice and equipment to local residents.

Homes for Ukraine : Funded by Kirklees Council and coordinated by Community Anchors, this project aimed to provide social and local connection support for resident hosts and their Ukrainian guests.

Hubbub Foundation Nature Hub – funding to cover 12 month development of neglected green space in Heckmondwike from Hubbub Foundation for Nature Hubs.

Huddersfield Common Good Trust – funding to provide four additional sewing machines for S2R, for use in our craft groups.

Huddersfield Counsellors – We Are Waterloo : 12 months + 6 months extension project, funded through Ward Councillors' budgets to address issues raised by Waterloo residents highlighted in the Waterloo Action Plan. S2R was engaged to provide local activities and help build community capacity, through a range of environmental, social, health and wellbeing opportunities and volunteering events.

Lepton Little Library - Almondbury Cllrs – funding from ward councillors for a street library.

Lottery Awards for All – two years funding to support the Friday Friendship older peoples social connectivity group in Mirfield. Additionally supporting the Move More group providing gentle chair based exercise for older people in the Mirfield area.

MLPF Rose Court Craft Group – short term funding for a craft group at a residential home provided by local councillors.

19 Restricted funds **(Continued)**

Multiply : UK Government funded, via TSL Kirklees, programme to provide mathematics courses and workshops, such as sewing and cooking, to upskill adults who do not have a practical understanding of applied mathematics, so that they can, for example, support their children worth maths homework, or have more confidence managing their personal finances.

MURC – funding for a part time community development and wellbeing worker role supporting Moldgreen United Reform Church in the Moldgreen & Waterloo area.

MURC Expenses Float – expenses fund for the MURC project.

One Community - Healthy Cooking – short project to give local community skills and knowledge of using air fryers to cook healthy meals with. Funded by One Community.

Smoking Cessation Campaign – funding for short term project across Kirklees to encourage smoking cessation for local residents.

The Great Outdoors – a local authority funded service, working Kirklees wide to promote the mental and physical benefits of accessing outdoor spaces and activities associated with nature and the environment. A five-year contract from 2024 – 2029.

TSL Community Champions – Core20plus5 : 12 months funding, the Core20plus5 health messaging programme focused on reducing health inequalities. The outcomeareas were: reducing maternal and infant deaths, reducing CVD deaths, reducing respiratory deaths, reducing cancer deaths, reducing SMI deaths, and stopping smoking.

TSL Comm Champs UKSPF – funding through the UKSPF to offer a range of health focussed interventions and awareness raising in communities.

TSL Comm Champs Vaccines July to December 24 – short term project to promote the take up of winter vaccinations (COVID, FLU, etc) for the vulnerable and elderly in particular.

TSL Community Conversations - Falls Prevention (Additional re Unite Group) – funding for short term health focussed project to make older and vulnerable people aware of the danger, hazards and preventative measures around falls. Additionally delivered in conjunction with the MURC project attendees.

TSL Dewsbury & Mirfield Anchor - 12 month project responding to local need and assisting local groups to develop new skills, access opportunities and thrive, and promoting community resources and helping people get involved.

TSL Keep Hecky Tidy – short term funding to begin a project developing neglected green space in Heckmondwike.

TSL: Conversations Rose Court – short term funding to develop a social group in a residential setting.

19 Restricted funds **(Continued)**

TSL: Community Champions – Men's Migrant Group : Short term funding to provide activities for a group of migrant men temporarily supported in Mirfield area. Participants had escaped traumatic circumstance in various regions across the world, including Syria, Iran, Sudan, Eritrea and Pakistan.

TSL: Sewing Group NL Well Connected – funding for a series of sewing sessions offering advice and skills in a social setting.

Waterloo Knit & Natter – funding to support the weekly Knit and Natter social group in Waterloo.

Yorkshire Sport Foundation – One year funding to set up the Active Birkby Club promoting healthy activities and wellbeing in the HD2 area.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	67,376	77,679	(93,372)	51,683

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	86,035	23,403	(42,062)	67,376

21 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	8,366	-	8,366
Current assets/(liabilities)	43,317	27,460	70,777
	51,683	27,460	79,143

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	9,937	-	9,937
Current assets/(liabilities)	57,439	24,120	81,559
	67,376	24,120	91,496

22 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	14,220	13,500
Between two and five years	31,600	41,500
	45,820	55,000

The lease commitment disclosed relates to the charity premises at 5-7 Brook Street, held under a 6 year lease, commenced 22/4/22. The lease had a break out clause at 22/4/24, which was not triggered, and therefore the full lease commitment to 21/4/28 is shown above.

23 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

SUPPORT TO RECOVERY

England & Wales - Charity number 1122199

Accounts

Charity registration number 1122199

Company registration number 06418312 (England and Wales)

SUPPORT TO RECOVERY

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

SUPPORT TO RECOVERY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A R Clark	(Appointed 14 August 2023)
	M S D'Cruz	(Appointed 27 April 2023)
	F H Douglas-Wilkinson	(Appointed 25 May 2023)
	O J A Harriette	(Appointed 18 July 2023)
	L A Hosey	
	H L Hunter	(Appointed 15 October 2023)
	E K Jackson	
	K A Smith	
	M J Sturdy	(Appointed 16 June 2023)
	P Wood	
Chair of Trustees	J E Pollard	(To October 2023)
	P Wood	(From October 2023)
Vice Chair of Trustees	L A Hosey	
Treasurer	W Ellis	(To May 2023)
	F H Douglas-Wilkinson	(From June 2023)
Deputy Treasurer	M J Sturdy	(From June 2023)
Honorary President	Dr N H Booya MB, ChB, FRCPsych, DPM, MSc	
Senior Managers	S Averley	Chief Executive Officer
	D Hegarty	Operations Manager
Charity number	1122199	
Company number	06418312	
Registered office	5 - 7 Brook Street Huddersfield West Yorkshire HD1 1EB	
Independent examiner	BK Plus Limited 52 St Johns Lane Halifax West Yorkshire England HX1 2BW	
Bankers	National Westminster Bank Plc 8 Market Place Huddersfield HD1 2AL	CCLA Fund Managers Limited Senator House 85 Queen Victoria Street London EC4V 4ET

SUPPORT TO RECOVERY

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SUPPORT TO RECOVERY

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objectives of the charity for the year ending 31 March 2024 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may, from time to time, think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The board of Trustees want to ensure that our organisation is fully accessible and inclusive to all who choose to connect with us. This could be through a referral or self-referral pathway, and for any health or social reason, including mental and emotional difficulties, social isolation, needing support to improve or maintain personal resilience, or to further pursue a vocational interest, to enable meaningful engagement and life-long learning. Regardless of individuals circumstances, S2R wants to be responsive to needs and assist with positive and healthier life outcomes. An increasing focus of our work is developing and delivering place-based intervention and prevention sessions, helping people draw on the benefits of ecotherapy, creativity, and practical wellbeing to build personal toolkits to overcome life's challenges.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

S2R offers open-access, inclusive, trauma-informed and person centred support, activities and opportunities for all who wish to maintain or improve their health and wellbeing, with or without a formal mental health diagnosis.

We recognise the value of wrap-around support where individuals are facing a range of personal challenges and strive to work closely and effectively with statutory and VCSE partners alike to ensure needs are addressed and barriers to access are reduced.

This year we have continued to focus on providing quality place-based services, being responsive and adapting provision to tackle health inequalities in communities. Our offer has been primarily small group work in the form of regular weekly, fortnightly and monthly groups as well as a wide range of one-off workshops, courses and community events. These have taken place both at our base in central Huddersfield as well as at community venues and greenspaces across Kirklees. In an average week we provided 24 group wellbeing sessions, including dedicated activities for the elderly, those over 18, young people aged 14+, families and carers.

As an intervention and prevention service, we have supported individuals to develop their social connections and to feel that they are valued members of their communities, to share their skills and learn new ones, to try new creative and environmental outlets, to co-design and co-produce community engagements, to access wider local opportunities and support services, and to develop their confidence, resilience and aspirations.

Charitable Activities during 2023-24 include:

The Great Outdoors Project
3 year contract + 2 years extension. A local authority commissioned mental health service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working. We are very pleased to say that this service was re-tendered this year, and following a successful bid, we were awarded the local authority contract once again. This enables the outdoors team to continue their impactful work for a further 5 years to 2029 and the project to be shaped and developed collaboratively with Kirklees communities into the future.

Community Champions Campaigns
Throughout the year we have delivered a diverse range of Community Champions (inclusive of Core20Plus5) health messaging campaigns to address health inequalities for those most impacted, including those with physical and learning disabilities, NEET, Black and Asian Ethnicity, low literacy levels, experience of trauma or abuse, poor mental health, living in areas of highest depravation. Campaigns have included: reducing maternal and infant deaths; reducing CVD deaths; reducing respiratory deaths; reducing cancer deaths; reducing SMI deaths; stopping smoking; diabetes support, prevention and management of type 2 diabetes; increasing vaccination take up, including: MMR, Flu, Covid.

Mending Matters Project
With 12 months funding through the Community Plus Fund we supported the Huddersfield Repair Café group through provision of a regular venue, staff support, storage facility and purchase of equipment. This funding also enabled us to develop a new Dewsbury based Repair Café and provide support for this group to become self-sustaining. We also delivered a series of Upcycling sessions across North and South Kirklees, encouraging footfall to the Repair Cafes and interest in recycling, reuse and upcycling.

Creative Minds Projects
With funding through South West Yorkshire NHS Trust Creative Minds, this year we delivered a Blues Music project and an online creative connections project, both tailored to address poor mental health, loneliness and reducing barriers to accessing support.

Dalton and Waterloo Place-based Provision
With funding from Ward Councillors' budgets, Dalton Place Standard Investment Fund, and Third Sector Leaders: this year we have delivered a range of place-based community engagements in Dalton and Waterloo areas, helping to build community capacity and address local environmental, social, health and wellbeing issues.

Dewsbury and Mirfield Place-based Provision
This year we delivered a variety of support programmes across Dewsbury South, East and West Wards and Mirfield area. The Keep Well Keep Warm project, funded through local Ward Councillor budgets, provided 159 free engagement sessions across Dewsbury addressing local challenges including mental heath issues, loneliness and inaccessibility to opportunities due to financial difficulties.

As the Community Anchor for Dewsbury and Mirfield, this year S2R has provided support to 17 community groups, community interest companies and Charities in Dewsbury and Mirfield, and played a key role in establishing 8 new community groups. In our role as Anchor we have supported groups to apply for funding, secured free storage units for local arts organisations, initiated peer support groups and contributed to 30 community events.

With funding support from National Lottery Awards for All and Third Sector Leaders Kirklees we have offered regular weekly provision for elderly and vulnerable residents in Mirfield and Dewsbury through a range of social connection and gentle exercise groups: reducing isolation and connecting people, improving physical and mental health and supporting people to live well for longer.

Addressing Mental Health as a Barrier to Employment and Further Learning
With UK Government funding through both Kirklees Councils' Employment and Skills team and Third Sector Leaders Kirklees, this year we have delivered two programmes: Brighter and Multiply, that aim to support and upskill individuals experiencing poor mental health and other complex circumstances which are acting as barriers to aspiration and progression. Helping people to develop the skills and confidence to access further learning, volunteering and employment.

Partnerships and Feedback
Throughout 2023-24 S2R have worked to develop our existing partnerships and establish relationships with new partners to best meet the changing and challenging needs of our communities, these partners include, but are not limited to: Ward Councillors, schools, employment services, various Kirklees Council teams, housing providers, refugee and asylum seeker services, substance misuse services, transport services, faith organisations, community groups, local festivals and more. Our Great Outdoors Project alone worked with over 150 local partners this year.

Feedback from the Community Co-ordination Manager for Dewsbury & Mirfield, Kirklees Council:

"Our partnership work with S2R has been valuable to our role supporting individuals to develop and grow what is available for them. Community Plus work involves being responsive to need in our local areas, through partnering with S2R to support the development of new groups, an increased local offer in Dewsbury has been enabled through working together. Over the past 2 years, we have linked residents in Dewsbury to support from S2R to access funding, resources and implemented ways of operating as a group. This has resulted in a number of community- led groups now running weekly in Dewsbury, reducing social isolation for many individuals we support through our service. The support S2R continues to offer enables a stronger and sustainable community-led offer in our area."

We have endeavoured to offer a broad range of innovative activities and opportunities, shaped by participants, to ensure they are accessible, inclusive and beneficial. Participant feedback this year has been extremely positive:

"If it wasn't for you and S2R, I wouldn't be thinking of returning to work and it doesn't mean that I don't need you anymore. You are needed and we're very grateful for the work you do and the time you all put in for us."

"I'm really glad that the Waterloo Project happened, or else I might still have been where I was in my head. Because of these sessions I have met new people, got involved in things all over the area, and have really begun to turn my life around. I feel like its been a new start for me. So thank you."

"Coming here has been amazing. It's been nice to open up about how I've been feeling, you feel like such a burden for family but I don't feel like that here."

"I'm so happy I came. I've not done anything since Covid. I just stayed in the house. Today made me remember how to be happy."

Financial review

Unrestricted income for 2023/24 was £23,403 (2023: £35,763) and unrestricted expenditure was £42,062 (2023: £113,191) giving a deficit for the year on unrestricted funds of £18,659 (2023: £77,428), before transfer between funds.

Restricted income for 2023/24 was £311,864 (2023: £328,945) and restricted expenditure was £359,649 (2023: £297,564) giving a deficit on restricted funds of £47,785 (2023: £31,381 surplus), before transfers between funds.

Transfers between funds of £Nil have been made to recognise reallocations of expenditure against restricted funds.

Funds position at 31 March 2024:

	£
Total funds at 31.3.24	91,496
Less : Restricted funds	(24,120)
Less : Held as fixed assets	(9,937)
'Free' Reserves	**57,439**

Reserves policy

The reserve target remained at 6-12 months running costs for 2023/24. Due to the competitive nature of charitable funding and continued rising costs throughout 2023/24 the reserve balance has reduced.

In line with Charity Commission guidance, the reserve target for 2024/25 has been adjusted to 3 – 6 months running costs, the charity will work to increase and maintain the existing reserve to bring it within the 3 - 6 months costs range. This reflects the changing landscape of funding, as well as recognising the charity's need to use as much of its funds as possible to further the charities' objectives. The Board is realistic in understanding the high level of current economic challenges faced by the charity. The reserve position will be reviewed within the Treasurers' report at each Trustee meeting throughout the year and the Board will continue to exercise all due diligence in overseeing the charity's financial health.

Plans for future periods

Looking to 2024-25 we expect to see further council cuts and increased financial pressures on our funders, our sector and our participants. The demand for S2R services has increased again in 2023-24 and is anticipated to further increase in 2024-25, in line with our charitable aims and objectives, we will work to continue to meet the needs of our communities in these challenging times. 2023-24 saw a great many achievements and successes for individual participants, valuable project and service outcomes and positive partnerships, these are the foundation for our work into 2024-25, continuing our focus on strong and effective partnership delivery and place-based support for our communities.

In 2024-25 we will continue to reach further into neighbourhoods, creating opportunities, social capital and positive mental health and wellbeing outcomes. We will work flexibly and collaboratively, ensuring a whole person approach, tailoring offers to specific needs of individuals and their communities, co-producing and supporting the voice of our participants both in the shaping of our service and in local decision making.

Structure, governance and management

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

A R Clark	(Appointed 14 August 2023)
R A Cobb	(Appointed 14 June 2023 and resigned 10 January 2024)
M S D'Cruz	(Appointed 27 April 2023)
F H Douglas-Wilkinson	(Appointed 25 May 2023)
W Ellis	(Resigned 25 May 2023)
O J A Harriette	(Appointed 18 July 2023)
L A Hosey	
H L Hunter	(Appointed 15 October 2023)
E K Jackson	
J E Pollard	(Resigned 12 October 2023)
K A Smith	
M J Sturdy	(Appointed 16 June 2023)
P Wood	

Recruitment and appointment of trustees

There were no changes to management operations structures, however, existing Senior Manager S Averley was given the new title of Chief Executive Officer in April 2023, and existing Deputy Manager D Hegarty was given the new title of Operations Manager, also in April 2023.

In 2023, 7 new Board members were appointed and 2 Board members resigned, 1 Board member resigned in 2024.

At the AGM in October 2023, the existing Chair Janet Pollard resigned. All other existing Board members were retained and P Wood was elected as the new Chair.

The Trustees have continued meeting digitally via Zoom this year, they have met on 11 occasions and there is good attendance at all meetings.

The trustees' report was approved by the Board of Trustees.

Paula Wood

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P Wood

Trustee

Date: 10/10/2024

SUPPORT TO RECOVERY

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF SUPPORT TO RECOVERY

I report to the trustees on my examination of the financial statements of Support to Recovery (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

BK Plus Limited

52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW
England

BK Plus Limited

Dated: 16 October 2024

SUPPORT TO RECOVERY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and legacies	3	560	169,477	170,037	23,180	181,165	204,345
Charitable activities	4	17,573	142,387	159,960	10,277	147,780	158,057
Other trading activities	5	422	-	422	266	-	266
Investments	6	4,848	-	4,848	2,040	-	2,040
Total income		23,403	311,864	335,267	35,763	328,945	364,708
Expenditure on:							
Raising funds	7	162	-	162	71	-	71
Charitable activities	8	41,900	359,649	401,549	113,120	297,564	410,684
Total expenditure		42,062	359,649	401,711	113,191	297,564	410,755
Net expenditure		(18,659)	(47,785)	(66,444)	(77,428)	31,381	(46,047)
Transfers between funds		-	-	-	6,822	(6,822)	-
Net movement in funds	10	(18,659)	(47,785)	(66,444)	(70,606)	24,559	(46,047)
Reconciliation of funds:							
Fund balances at 1 April 2023		86,035	71,905	157,940	156,641	47,346	203,987
Fund balances at 31 March 2024		67,376	24,120	91,496	86,035	71,905	157,940

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

SUPPORT TO RECOVERY

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	2024 £	2023 £	2023 £
Fixed assets					
Tangible assets	14		9,937		11,831
Current assets					
Debtors	15	7,441		27,738	
Cash at bank and in hand		116,311		148,124	
		123,752		175,862	
Creditors: amounts falling due within one year	16	(42,193)		(29,753)	
Net current assets			81,559		146,109
Total assets less current liabilities			91,496		157,940
Net assets excluding pension liability			91,496		157,940
The funds of the charity					
Restricted income funds	19		24,120		71,905
Unrestricted funds			67,376		86,035
			91,496		157,940

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 10/10/2024

Fiona Douglas-Wilkinson

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F H Douglas-Wilkinson

Trustee

Paula Wood

.....

P Wood

Trustee

Company registration number 06418312 (England and Wales)

1 Accounting policies

Charity information

Support to Recovery is a private company limited by guarantee incorporated in England and Wales. The registered office is 5 - 7 Brook Street, Huddersfield, West Yorkshire, HD1 1EB.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Gallery fixtures and fittings	over the remaining life of the lease
Fixtures and fittings	15% on reducing balance
Computers	33% on reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 **Income from donations and legacies**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	560	25	585	1,874	-	1,874
Grants	-	169,452	169,452	21,306	181,165	202,471
	560	169,477	170,037	23,180	181,165	204,345
Grants receivable for core activities						
Community Acorn Collection	-	-	-	-	250	250
CPF Mending Matters	-	18,040	18,040	-	-	-
Dalton Place Standard	-	1,500	1,500	-	-	-
EK Community Grant	-	14,947	14,947	-	-	-
FF Winter Immunisation	-	500	500	-	-	-
Homes for Ukraine	-	1,107	1,107	-	9,966	9,966
Huddersfield Counsellors - We Are Waterloo	-	14,184	14,184	-	14,022	14,022
Keep Well, Keep Warm	-	13,347	13,347	-	24,756	24,756
Kirklees Council - Dewsbury Journey Leader / City Connect	-	-	-	-	4,998	4,998
Kirklees Council - Dewsbury : Your Health and Mind	-	-	-	-	6,497	6,497
Kirklees Council - Suicide Prevention	-	-	-	-	21,417	21,417
Kirklees Council - Support to Recovery : WEvolve	-	-	-	-	25,718	25,718
Kirklees Council - Support Work in Communities	-	-	-	-	44,080	44,080
Multiply	-	4,272	4,272	-	-	-
National Lottery Fund - Awards for All (ID: 20206986)	-	-	-	-	9,700	9,700
Postcode Neighbourhood Trust	-	-	-	-	5,000	5,000
Sport England - This Girl Can	-	-	-	-	3,706	3,706
TSL Kirklees - Community Champions	-	-	-	1,000	-	1,000
TSL Kirklees - Community Champions : Support for Diabetes	-	5,500	5,500	-	-	-
TSL Kirklees - Community Champions : Core20plus5	-	12,200	12,200	-	-	-

3 Income from donations and legacies **(Continued)**

TSL Kirklees - Community Champions : Covid Vaccine Booster	-	-	-	-	1,800	1,800
TSL Kirklees - Community Champions : Dewsbury & Mirfield Anchor	-	52,750	52,750	-	-	-
TSL Kirklees - Community Champions : Digital Inclusion Survey	-	-	-	-	1,500	1,500
TSL Kirklees - Community Champions : Men's Migrant Group	-	1,025	1,025	-	1,000	1,000
TSL Kirklees - Community Champions : Mirfield Friday Friendship	-	-	-	-	500	500
TSL Kirklees - Community Champions : Mental Health	-	4,800	4,800	-	-	-
TSL Kirklees - Community Champions : MMR Campaign	-	1,000	1,000	-	-	-
TSL Kirklees - Community Champions : Winter Immunisation Covid Booster	-	2,800	2,800	-	-	-
TSL Kirklees - Community Messages : Diabetes Work	-	498	498	-	-	-
TSL Kirklees - Community Support : Diabetes Action Plan	-	16,750	16,750	-	-	-
TSL Kirklees - Lowerhouses Well Connected	-	980	980	-	-	-
TSL Kirklees - NL Move More	-	1,290	1,290	-	-	-
TSL Kirklees - Rose Court HI	-	962	962	-	-	-
TSL Kirklees - Well Connected Mirfield Over 50's Group	-	-	-	1,400	-	1,400
TSL Kirklees - Wellbeing and Learning : Eat Well, Move More	-	-	-	17,406	-	17,406
TSL Kirklees - Winter Health Fund	-	-	-	1,500	3,470	4,970
Ward Counsellors - Supporting Lowerhouses Parent Group	-	1,000	1,000	-	-	-
Windybank MLPF	-	-	-	-	2,785	2,785
	-	169,452	169,452	21,306	181,165	202,471

4 Income from charitable activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Provision of support, advice and other services						
Room hire and workshops	11,584	1,161	12,745	6,164	-	6,164
The Great Outdoors	-	124,586	124,586	-	110,071	110,071
Other sundry income	5,989	16,640	22,629	4,113	37,709	41,822
	17,573	142,387	159,960	10,277	147,780	158,057

5 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Gallery sales	422	266

6 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	4,848	2,040

7 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Commission to artists for gallery sales	162	71

8 Expenditure on charitable activities

	Provision of support, advice and other services 2024 £	Provision of support, advice and other services 2023 £
Direct costs		
Staff costs	301,070	333,863
Depreciation and impairment	1,894	2,299
Premises costs	26,949	25,996
Repairs and maintenance costs	4,249	2,637
Office costs	4,271	5,558
Motor and travel costs	3,796	4,754
Other staff costs	268	-
Group support costs	23,441	14,863
Contractors	2,907	538
Local Anchor	8,000	6,126
Working Together Better Partnership	9,843	-
Staff training	204	1,161
Licences, fees and subscriptions	604	455
Professional fees	157	-
Finance costs	806	909
Other costs	841	668
	389,300	399,827
Share of support and governance costs (see note 9)		
Support	12,249	10,857
	401,549	410,684
Analysis by fund		
Unrestricted funds	41,900	113,120
Restricted funds	359,649	297,564
	401,549	410,684

9 Support costs allocated to activities

	Provision of support, advice and other services 2024 £	Total 2023 £
Governance	12,249	10,857

9 Support costs allocated to activities **(Continued)**

Governance costs comprise:	2024 £	2023 £
Independent examiners fees	2,336	2,225
Accountancy	8,593	8,632
Legal and professional	1,320	-
	12,249	10,857

10 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,336	2,225
Depreciation of owned tangible fixed assets	1,894	2,299

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Charitable staff	20	23

Employment costs	2024 £	2023 £
Wages and salaries	276,823	307,820
Social security costs	14,913	17,091
Other pension costs	9,334	8,952
	301,070	333,863

There were no employees whose annual remuneration was more than £60,000.

12 Employees (Continued)

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024	2023
	£	£
Aggregate compensation	41,377	61,997

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Tangible fixed assets

	Gallery fixtures and fittings	Fixtures and fittings	Computers	Total
	£	£	£	£
Cost				
At 1 April 2023	7,241	40,490	40,500	88,231
At 31 March 2024	7,241	40,490	40,500	88,231
Depreciation and impairment				
At 1 April 2023	7,241	29,314	39,845	76,400
Depreciation charged in the year	-	1,676	218	1,894
At 31 March 2024	7,241	30,990	40,063	78,294
Carrying amount				
At 31 March 2024	-	9,500	437	9,937
At 31 March 2023	-	11,176	655	11,831

15 Debtors

	2024	2023
Amounts falling due within one year:	£	£
Trade debtors	2,556	10,842
Prepayments and accrued income	4,885	16,896
	7,441	27,738

16 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Other taxation and social security		4,666	4,607
Deferred income	17	21,773	17,941
Trade creditors		6,752	2,026
Other creditors		6,179	2,197
Accruals and deferred income		2,823	2,982
		42,193	29,753

17 Deferred income

	2024 £	2023 £
Other deferred income	21,773	17,941

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
Deferred income is included within:		
Current liabilities	21,773	17,941
Movements in the year:		
Deferred income at 1 April 2023	17,941	45,108
Released from previous periods	(17,941)	(45,108)
Resources deferred in the year	21,773	17,941
Deferred income at 31 March 2024	21,773	17,941

18 Retirement benefit schemes

Defined contribution schemes	2024 £	2023 £
Charge to profit or loss in respect of defined contribution schemes	9,334	8,952

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

19 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2024
	£	£	£	£	£	£
Community Champions - Core20plus5	-	12,200	(9,775)	-	-	2,425
Community Champions - Diabetes Support	-	5,500	(5,500)	-	-	-
Community Champions - Men's Migrant Group	-	1,025	(987)	-	-	38
Community Champions - Mental Health	-	4,800	(4,800)	-	-	-
Community Champions - MMR Campaign	-	1,000	(500)	-	-	500
Community Champions - Winter Immunisation Covid Booster	-	2,800	(2,800)	-	-	-
CPF - Mending Matters	-	18,040	(18,040)	-	-	-
Creative Minds - Creative Connect	240	5,850	(6,090)	-	-	-
Creative Minds - The Blues Project	3,523	-	(3,523)	-	-	-
Dalton Place Standard	-	1,500	(741)	-	-	759
Dewsbury and Mirfield Anchor	2,560	52,750	(55,612)	-	-	(302)
EK Community Grant	-	14,947	(2,692)	-	-	12,255
European Social Fund - Positive Minds	-	10,501	(10,501)	-	-	-
FF Winter Immunisation	-	500	(500)	-	-	-
Homes for Ukraine	2,789	1,107	(1,000)	-	-	2,896
Huddersfield Counsellors - We Are Waterloo	9,160	14,184	(20,503)	-	-	2,841
Keep Well, Keep Warm	18,781	13,347	(32,128)	-	-	-
Multiply	(107)	4,722	(2,249)	-	-	2,366
National Lottery Fund - Awards for All (ID: 20206986)	4,354	-	(4,354)	-	-	-
The Great Outdoors	30,605	125,611	(156,216)	-	-	-
TSL - Community Messages : Diabetes Work	-	498	(498)	-	-	-
TSL - Community Support for Diabetes Action Plan	-	16,750	(16,750)	-	-	-
TSL - Lowerhouses Well Connected	-	980	(980)	-	-	-
TSL - NL Move More	-	1,290	(1,290)	-	-	-

19 **Restricted funds** **(Continued)**

TSL - Rose Court HI	-	962	(620)	-	-	342
Ward Counsellors Supporting Lowerhouses Parent Group	-	1,000	(1,000)	-	-	-
	71,905	311,864	(359,649)	-	-	24,120

19 **Restricted funds** (Continued)

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2023 £
Birkby Walking	129	-	(129)	-	-	-
Community Champions - Covid Vaccine	-	1,800	(1,800)	-	-	-
Creative Minds - Creative Connect	-	650	(410)	-	-	240
Community Champions - Friday Friendship	-	500	(500)	-	-	-
Community Champions - Men's Migrant Group	-	1,000	(1,000)	-	-	-
Community Champions - Winter Health Messages	-	4,970	(4,970)	-	-	-
Creative Minds	-	3,000	(3,000)	-	-	-
Creative Minds - The Blues Project	-	4,397	(874)	-	-	3,523
Creative Minds - Wellbeing Packs	-	4,000	(4,000)	-	-	-
Dewsbury and Mirfield Anchor	1,885	44,080	(43,405)	-	-	2,560
Dewsbury - Journey Leader	-	4,998	(4,998)	-	-	-
Dewsbury - Your Health in Mind	3,939	6,527	(10,466)	-	-	-
European Social Fund - Positive Minds	-	25,662	(25,662)	-	-	-
Homes for Ukraine	-	9,966	(7,177)	-	-	2,789
Huddersfield Counsellors - We Are Waterloo	-	14,022	(4,862)	-	-	9,160
Keep Well, Keep Warm	-	24,756	(5,975)	-	-	18,781
Multiply	-	-	(107)	-	-	(107)
National Lottery Fund - Awards for All (ID: 20206986)	-	9,700	(5,346)	-	-	4,354
Postcode Neighbourhood Trust	3,058	5,000	(8,058)	-	-	-
Suicide Prevention : Money in Mind	959	21,417	(22,376)	-	-	-
The Great Outdoors	37,422	110,320	(110,315)	(6,822)	-	30,605
This Girl Can : Mix Match Motivate	(468)	3,707	(3,239)	-	-	-
WEvolve Huddersfield Place : Where It's At	422	25,689	(26,111)	-	-	-
Windybank MLPF	-	2,784	(2,784)	-	-	-
	47,346	328,945	(297,564)	(6,822)	-	71,905

19 Restricted funds **(Continued)**

Community Champions – Core20plus5 : 12 months funding, the Core20plus5 health messaging programme focused on reducing health inequalities. The outcome areas were: reducing maternal and infant deaths, reducing CVD deaths, reducing respiratory deaths, reducing cancer deaths, reducing SMI deaths, and stopping smoking.

Community Champions – Diabetes Support : Short term health messaging funding to raise awareness of the impact of Type 2 diabetes; identify individuals who needed further information; inform people of the support and activities available to them; signpost to peer support groups; and support identified individuals to attend peer support groups.

Community Champions – Men's Migrant Group : Short term funding to provide activities for a group of migrant men temporarily supported in Mirfield area. Participants had escaped traumatic circumstance in various regions across the world, including Syria, Iran, Sudan, Eritrea and Pakistan.

Community Champions – MMR Campaign : Short term funded heath messaging programme focusing on Measles, Mumps and Rubella.

Community Champions – Winter Immunisation Covid Booster : Short term winter health messaging project to share accurate vaccine information in communities, myth-bust and capture individual experiences and concerns.

CPF – Mending Matters : 12 months funding to support the Huddersfield Repair Café group through provision of a regular venue, staff support, storage facility and purchase of equipment. The funding also enabled the development of a new Dewsbury based Repair Café and support for this group to become self-sustaining. We also provided a series of Upcycling sessions across North and South Kirklees, encouraging footfall to the Repair Cafes and interest in recycling, reuse and upcycling.

Creative Minds – Creative Connect : Funding to offer a series of online evening and weekend sessions around arts, crafts and environmental themes. To support individuals not able to attend in-person, due to enduring mental and physical health issues, or anyone facing a barrier to accessing in-person services.

Creative Minds – The Blues Project : South West Yorkshire NHS Trust – Creative Minds and Kirklees Year of Music funding to provide a 6 week Blues music course and live performance event night to address poor mental health, wellbeing, loneliness and other associative issues.

Dalton Place Standard : Small grant from the Dalton Place Standard Investment Fund to support environmental and community projects in Waterloo area: growing and planting projects, health and wellbeing projects e.g. walking groups, litter picks, community library.

EK Community Grant : UK Government funding, via Kirklees Council – Employment and Skills team, to provide a 11 month support service helping local people to manage, maintain and improve their mental health, meet new people, try new things, upskill and feel more confident to look for employment now or in the future. Aimed specifically at economically inactive individuals: anyone over the age of 16, living in Kirklees and not currently job seeking or in employment.

19 **Restricted funds** **(Continued)**

FF Winter Immunisation : Short term health messaging funding to encourage the older residents of Mirfield to uptake winter immunisations, being Kirklees residents disproportionately affected by winter illnesses including flu, Covid 19 and other respiratory illnesses.

Homes for Ukraine : Funded by Kirklees Council and coordinated by Community Anchors, this project aimed to provide social and local connection support for resident hosts and their Ukrainian guests.

Huddersfield Counsellors – We Are Waterloo : 12 months + 6 months extension project, funded through Ward Councillors' budgets to address issues raised by Waterloo residents highlighted in the Waterloo Action Plan. S2R was engaged to provide local activities and help build community capacity, through a range of environmental, social, health and wellbeing opportunities and volunteering events.

Keep Well, Keep Warm : 9 months funding through Ward Councillors' budgets, to provide activities at local venues in Dewsbury East, West and South wards. Project to provide free local engagement opportunities to address mental health issues, loneliness and inaccessibility to opportunities due to financial difficulties. Also intended to support local venues through room hire payments in light of financial pressures on community spaces and encourage footfall.

Multiply : UK Government funded, via TSL Kirklees, programme to provide mathematics courses and workshops, such as sewing and cooking, to upskill adults who do not have a practical understanding of applied mathematics, so that they can, for example, support their children worth maths homework, or have more confidence managing their personal finances.

National Lottery Fund – Awards for All : 12 months funding to support an older people's social connectivity group in Mirfield, meeting weekly with an average attendance of 45 people aged 70 years+. The group provided companionship, activities and regular entertainment, reducing social isolation and improving wellbeing.

TSL – Community Messages: Diabetes Work : Funding to provide 4 x weekly Move More fitness and wellbeing sessions in Mirfield for elderly residents, incorporating seated exercises, relaxation, diet and positive lifestyle information.

TSL – Community Support for Diabetes Action Plan : Project aiming to reduce the number of people diagnosed with Type 2 diabetes and to support and improve self-management of those with Type 2 diabetes. We acted as point of contact for Dewsbury PCN's, co-ordinated local champions, established peer support groups and supported TSL to distribute a Community Grants Programme.

TSL – Lowerhouses Well Connected : National Lottery funded short term project, via TSL Kirklees, to provide further support sessions for parents at Lowerhouses Junior, Infant and Nursery School to enable them to resume being a self-staining community group.

TSL – NL Move More : National Lottery funded short term project, via TSL Kirklees, to provide 12 x chair based exercise sessions using weights and resistance bands to improve strength, flexibility and mobility for isolated elderly residents in Mirfield.

19 **Restricted funds** **(Continued)**

TSL – Rose Court HI : Short term gentle exercise project addressing health inequalities with older people aged over 55 living in single occupancy flats in Dewsbury.

Ward Counsellors Supporting Lowerhouses Parent Group : Local Ward Councillor funding for the provision of group support sessions for parents at Lowerhouses Junior, Infant and Nursery School to address the impacts of local depravation on parents relating in particular to employment prospects and mental health.

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	86,035	23,403	(42,062)	-	67,376

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	156,641	35,763	(113,191)	6,822	86,035

21 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Tangible assets	9,937	-	9,937
Current assets/(liabilities)	57,439	24,120	81,559
	67,376	24,120	91,496

	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£
At 31 March 2023:			
Tangible assets	11,831	-	11,831
Current assets/(liabilities)	74,204	71,905	146,109
	86,035	71,905	157,940

22 Operating lease commitments

Lessee
At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024	2023
	£	£
Within one year	13,500	13,100
Between two and five years	41,500	-
	55,000	13,100

The lease commitment disclosed relates to the charity premises at 5-7 Brook Street, held under a 6 year lease, commenced 22/4/22. The lease had a break out clause at 22/4/24, which was not triggered, and therefore the full lease commitment to 21/4/28 is shown above.

23 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

SUPPORT TO RECOVERY

England & Wales - Charity number 1122199

Accounts

REGISTERED COMPANY NUMBER: 06418312 (England and Wales)
REGISTERED CHARITY NUMBER: 1122199

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31st March 2023

for

SUPPORT TO RECOVERY

Riley & Co Limited
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

SUPPORT TO RECOVERY

Contents of the Financial Statements
for the Year Ended 31st March 2023

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Report of the Trustees
for the Year Ended 31st March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity for the year ending 31 March 2023 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may, from time to time, think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The board of Trustees want to ensure that our organisation is fully accessible and inclusive to all who choose to connect with us. This could be through a referral or self-referral pathway, and for any health or social reason, including mental and emotional difficulties, social isolation, needing support to improve or maintain personal resilience, or to further pursue a vocational interest, to enable meaningful engagement and life-long learning. Regardless of individuals circumstances, S2R wants to be responsive to needs and assist with positive and healthier life outcomes. An increasing focus of our work is developing and delivering place-based intervention and prevention sessions, helping people draw on the benefits of ecotherapy, creativity, and practical wellbeing to build personal toolkits to overcome life's challenges.

Post Pandemic

In the wake of the Covid-19 pandemic our communities have struggled to find a consistent 'new normal'. Throughout 2022/23 residents have experienced challenge after challenge as a result of long-covid, bereavement, loneliness, and financial issues in light of the cost-of-living crisis. We have further broadened our place-based delivery to reach communities such as those who have limited financial means, those with enduring mental and physical health issues, refugees and asylum seekers. Approximately 90% of our delivery is now provided in community venues and spaces, reflective of and reactive to community need. We have also continued to provide digital provision for those unable or not ready to attend face to face engagements, as well as wellbeing opportunities for frontline workers who, like us, are supporting communities through a plethora of current challenges.

Challenges Ahead

We anticipate 2023/24 to present similar challenges with the ongoing cost of living crisis impacting all areas of individuals' lives. Poor Mental Health and Wellbeing are still a prominent post pandemic feature, and financial issues are known to significantly contribute to poor mental heath for many. We recognise that these issues are affecting not just our participants but their families and carers, our volunteers, staff and professional partners too. We will continue to strive to tackle these difficulties within our communities, working in partnership with our voluntary and charitable sector colleagues and Local Authority to help support individuals, families and communities wherever possible.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

S2R provides a wide range of services for people experiencing poor mental health and associated problems. Being person centered, we continue to develop responsive approaches to meet changing needs brought about by the Pandemic, economic crisis, health care difficulties and so on. Intervention and prevention of mental health decline and any associated health issues is our ongoing focus, helping to build individuals personal resilience during the most challenging of times.

Our resources are focused in communities, with communities, addressing place-based needs and empowering individuals, groups and communities to come together and share experiences, support, learning and skills. Our monthly activity programmes evidence the breadth of our localised wellbeing offers and we are proud to say the feedback from participants and partners alike has been enormously positive. We will continue to provide a tailored offer of creative and imaginative, intervention and prevention opportunities to support Kirklees residents.

Charitable Activities during 2022-23 include:

The Great Outdoors Project
3 year contract + 2 years extension. A local authority funded mental health service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working.

European Social Fund: Positive Minds
Three years funding, delivering in partnership with Kirklees Council, C&K Careers and Northorpe Hall, to provide an employment programme for inactive or NEET individuals aged 15 - 24 years. S2R's role is to support participants who are experiencing mild to moderate mental health issues which are acting as a barrier to employment / further education.

Dewsbury Your Health in Mind
15 month project, delivered in Dewsbury South, East & West wards, to increase community engagement with local greenspaces and nature-based activities, to improve community resilience and attendance at community venues, reduce stigma improve mental health, reduce loneliness, provide and support volunteering opportunities. Funded by Dewsbury Councillors ward budgets.

Postcode Lottery Neighborhood Trust
12 month project to provide 144 creative, nature-based and wellbeing activities across Kirklees, to support people to re-engage after Covid restrictions, reduce loneliness and increase resilience and wellbeing.

Suicide Prevention: Money On Your Mind
12 month project + 6 month extension, to provide suicide risk factor awareness training and support information to staff and organisations most likely to come into contact with high risk individuals, in this instance men with debt. For example, training has been provided to numerous KMC teams, VCS organisations and financial services. Funded through Public Health.

This Girl Can: Mix Match Motivate
12 month Sport England funded project, targeting inactive women and girls aged 16+ to improve confidence to be more active and increase physical activity within their daily routines.

WEvolve: Where it's at
12 month project + 6 month extension, working across Huddersfield Central wards and Huddersfield North wards, to increase social connectivity, resilience and engagement within communities, supporting individuals, grassroots groups and community venues. Also providing mental health and wellbeing awareness training with community groups and support services.

Creative Minds: Creative Views
12 month project + 12 month extension. South West Yorkshire NHS Trust - Creative Minds - provided funding for us to deliver the 'Creative Views' project working specifically with members of the Kirklees Visual Impairment Network (KVIN) now renamed 'Outlookers', many of whom were particularly vulnerable and isolated due to the pandemic. The funding enabled 24 sessions, led by members interests, and delivered to members of their Huddersfield, Batley & Dewsbury groups.

Dewsbury and Mirfield Community Anchor
18 month project, to establish and be responsive to local wellbeing needs by working alongside and helping link together local amenities, including: Anchor organisations, businesses, PCNs, Social Prescribers, Centres and Community Groups. Assisting local groups to develop new skills, access opportunities and thrive; and promoting community resources and helping people to get involved.

Birkby Walking
12 month project, funded by Yorkshire Sport, to provide walking groups in Birkby area to improve fitness and locality engagement, based on evidenced community need and interest.

Creative Minds Wellbeing Packs
South West Yorkshire NHS Trust - Creative Minds - funded S2R to design, print and package two different wellbeing packs for distribution on in-patient mental health wards.

Dewsbury Journey Leader
Funded by City Connect - This project focused on active travel, getting people out of cars for everyday journeys to the shops, work or school for example and in so doing contributing positively toward climate change, clean air and reduced traffic congestion as well as reducing the burden on the NHS, improving the emotional and physical wellbeing of individuals. This project was based on a successful walking group set up when social restrictions were first lifted with Ravensthorpe community centre and also learning from our Greenhead Park walking group. The Start date was postponed due to covid and by other local factors, delivery completed in March 2023.

Lottery Awards for All: Friday Friendship Group
12 months funding to support an older peoples social connectivity group in Mirfield. Pre-pandemic the group met independently on a weekly basis and had approximately 70 members most being 70 years+. The group provided companionship, social interaction and entertainment for often otherwise lonely individuals. The group could not meet during the pandemic and unfortunately post-pandemic the committee stepped down and the group was disbanded. With support from Lottery Awards for All we were able to seamlessly lend our support to continue this weekly group which continues to average 45-50 participants per week and has a growing membership.

Members Local Project Fund: Windybank
6 months place based working funding to provide a programme of 18 wellbeing sessions with local residents at Windybank Community Centre in Liversedge.

Homes for Ukraine
Funded by Kirklees Council and coordinated by Community Anchors, this project aims to provide social and local connection support for resident hosts and their Ukrainian guests.

Community Champions: Covid Vaccines
Short-term health messaging project to share accurate vaccine information in communities, myth-bust and capture individual experiences and concerns.

Community Champions: Winter Health
Short term winter health messaging project to share accurate cold weather health tips and distribute winter packs containing items such as hot water bottles, blankets, hats and gloves.

Community Champions: Friday Friendship
Short term winter health messaging project to share accurate cold weather health tips specifically with elderly residents in Mirfield and to distribute winter packs containing items such as hot water bottles, blankets, hats and gloves.

We Are Waterloo
12 months funding through ward Councillors' budgets to address issues raised by Waterloo residents highlighted in the Waterloo Action Plan. S2R was engaged to provide local activities and help build community capacity, through a range of environmental, social, health and wellbeing opportunities, and volunteering events.

DYHiM Keep Warm Keep Well
9 months funding through ward Councillors' budgets, to provide 162 activities at local venues in Dewsbury East, West and South wards. Project to provide free local engagement to address mental health issues, loneliness and inaccessibility to opportunities due to financial difficulties. Also intended to support local venues through room hire payments in light of financial pressures on community spaces and encourage increased footfall.

Creative Minds: Good Morning Blues
South West Yorkshire NHS Trust - Creative Minds and Kirklees Year of Music funding to provide a 6 week Blues Music course and live performance event night to address mental health, wellbeing, loneliness and other associative issues.

Community Champions: Mens Migrant Group
12 months funding through Third Sector Leaders to provide regular activities for a group of migrant men temporarily supported in Mirfield area. Participants had escaped traumatic circumstance in various regions across the world, including Syria, Iran, Sudan, Eritrea and Pakistan.

Community Plus Fund: Mending Matters
12 months funding to support the Huddersfield based Repair Café group through provision of a regular venue, staff support and more. The funding is also to enable the development of a North Kirklees based Repair Café style offer to encourage, recycling, reuse and upcycling.

Multiply
2 year project to provide vocational mathematics courses, such as sewing or cooking, to upskill adults who do not have a practical understanding of applied mathematics, so that they can, for example: support their children with their mathematics homework, or have more confidence managing their personal finances.

Creative Minds: Creative Connect
12 months funding to offer online and out-of-hours e.g. evening and weekend digital courses around creative arts, crafts and environmental themes. To support individuals not able to attend in-person, due to enduring mental and physical health issues, or anyone facing a barrier to accessing in-person services.

FINANCIAL REVIEW

Financial position

Unrestricted income for 2022/23 was £35,765 (2022: £55,881) and unrestricted expenditure was £113,191 (2022: £43,586), giving a deficit for the year on unrestricted funds of £77,426 (2022: £12,295 surplus), before transfer between funds.

Restricted income for 2022/23 was £328,944 (2022: £268,218) and restricted expenditure was £297,564 (2022: £308.389) giving a surplus on restricted funds of £31,380 (2022: £40,171 deficit), before transfers between funds.

Transfers between funds of £6,822 have been made to recognise reallocations of expenditure against restricted funds.

Funds position at 31 March 2023:

	£
Total funds at 31.3.23	157,939
Less : Restricted funds	(71,903)
Less : Held as fixed assets	(11,831)
	74,205

Reserves policy

The reserve target remains at 6-12 months running costs. Due to the competitive nature of charitable funding and rising costs in 2022/23 the reserve has reduced. The Board is realistic in understanding the high level of current economic challenges the charity faces and will continue to exercise all due diligence in overseeing the charity's financial health. The reserve policy for 2023/24 is to increase and maintain it within the 6 - 12 months running costs range.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

Changes to the Board membership

There were some changes to management operations structures, Senior Manager P Wood retired in September 2022 with S Averley retained as Senior Manager. D Hegarty joined as the new Deputy Manager in May 2022.

At the AGM in October 2022, the existing Board membership was retained with the additional election of P Wood.

The Trustees have continued meeting digitally via zoom this year, they have met on 9 occasions and there is good attendance at all meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06418312 (England and Wales)

Registered Charity number

1122199

Registered office
5 - 7 Brook Street
Huddersfield
West Yorkshire
HD1 1EB

Trustees
R Buxton (resigned 9/2/23)
A R Clark (appointed 14/8/23)
R A Cobb (appointed 14/6/23)
M S D'Cruz (appointed 27/4/23)
G W Dimmock (resigned 31/3/23)
F H Douglas-Wilkinson (appointed 25/5/23)
W Ellis (resigned 25/5/23)
O J A Harriette (appointed 18/7/23)
L A Hosey
E K Jackson
J E Pollard
K A Smith
M J Sturdy (appointed 16/6/23)
P Wood (appointed 9/11/22)

The following specific roles were held on the board by trustees during the year:

Chair	-	J E Pollard
Vice Chair	-	L A Hosey
Treasurer	-	W Ellis (To May 2023)
	-	F Douglas-Wilkinson (From June 2023)
Deputy Treasurer	-	M Sturdy (From June 2023)

Independent Examiner
Riley & Co Limited
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

Bankers
National Westminster Bank Plc
8 Market Place
Huddersfield
HD1 2AL

CCLA Fund Managers Limited
Senator House
85 Queen Victoria Street
London
EC4V 4ET

REFERENCE AND ADMINISTRATIVE DETAILS

Honorary president
Dr N H Booya MB, ChB, FRCPsych, DPM, MSc

Senior Managers
P Wood (Retired September 2022)
S Averley

Deputy Senior Manager
D Hegarty (Started May 2022)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Support to Recovery for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 03/10/2023 and signed on its behalf by:

Janet E Pollard

.....
J E Pollard - Trustee

Independent examiner's report to the trustees of Support to Recovery ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Victoria Atkinson BA FCA
The Institute of Chartered Accountants in England and Wales

Riley & Co Limited
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

Date: 3 October 2023

SUPPORT TO RECOVERY

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st March 2023

	Notes	Unrestricted funds £	Restricted funds £	31/3/23 Total funds £	31/3/22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	23,181	181,164	204,345	181,949
Charitable activities	5				
Provision of support, advice and other services		10,278	147,780	158,058	140,698
Other trading activities	3	266	-	266	1,374
Investment income	4	2,040	-	2,040	78
Total		35,765	328,944	364,709	324,099
EXPENDITURE ON					
Raising funds		71	-	71	169
Charitable activities	6				
Provision of support, advice and other services		113,120	297,564	410,684	351,806
Total		113,191	297,564	410,755	351,975
NET INCOME/(EXPENDITURE)		(77,426)	31,380	(46,046)	(27,876)
Transfers between funds	17	6,822	(6,822)	-	-
Net movement in funds		(70,604)	24,558	(46,046)	(27,876)
RECONCILIATION OF FUNDS					
Total funds brought forward		156,640	47,345	203,985	231,861
TOTAL FUNDS CARRIED FORWARD		86,036	71,903	157,939	203,985

The notes form part of these financial statements

Balance Sheet
31st March 2023

	Notes	31/3/23 £	31/3/22 £
FIXED ASSETS			
Tangible assets	12	11,831	13,690
CURRENT ASSETS			
Debtors	13	27,738	20,406
Cash at bank and in hand		148,124	232,992
		175,862	253,398
CREDITORS			
Amounts falling due within one year	14	(29,754)	(63,103)
NET CURRENT ASSETS		146,108	190,295
TOTAL ASSETS LESS CURRENT LIABILITIES		157,939	203,985
NET ASSETS		157,939	203,985
FUNDS	17		
Unrestricted funds		86,035	156,640
Restricted funds		71,904	47,345
TOTAL FUNDS		157,939	203,985

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31st March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 03/10/2023..... and were signed on its behalf by:

Janet E Pollard

.....
J E Pollard - Trustee

FHD-Wilkinson

.....
F H Douglas-Wilkinson - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	-	over the remaining life of the lease
Fixtures and fittings	-	15% on reducing balance
Computer equipment	-	33% on reducing balance

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	31/3/23	31/3/22
	£	£
Donations	1,875	3,755
Grants	202,470	178,194
	204,345	181,949

Grants received, included in the above, are as follows:

	31/3/23	31/3/22
	£	£
Community Acorn Collection	250	-
Homes for Ukraine	9,966	-
Huddersfield Counsellors - We Are Waterloo	14,022	-
Keep Well, Keep Warm	24,756	-
Kirklees Council - Dewsbury Journey Leader / City Connect	4,998	-
Kirklees Council - Dewsbury Your Health in Mind	6,497	-
Kirklees Council - Management and Coordination of Community Project	-	6,000
Kirklees Council - Suicide Prevention	21,417	14,583
Kirklees Council - Support to Recovery	-	58,478
Kirklees Council - Support to Recovery : WEvolve	25,718	14,166
Kirklees Council - Support Work in Communities	44,080	22,040
National Lottery Fund - Awards for All (ID: 20206986)	9,700	-
Postcode Neighbourhood Trust	5,000	15,000
Sport England - This Girl Can	3,706	6,097
TSL Kirklees - Community Champions	1,000	1,000
TSL Kirklees - Community Champions : Covid Vaccine Booster	1,800	-
TSL Kirklees - Community Champions : Digital Inclusion Survey	1,500	-
TSL Kirklees - Community Champions : Men's Migrant Group	1,000	-
TSL Kirklees - Community Champions : Mirfield Friday Friendship	500	-
TSL Kiklees - Well Connected Mirfield Over 50's Group	1,400	-
TSL Kirklees - Well Connected Project	-	10,933
TSL Kirklees - Wellbeing & Learning : Eat Well Move More	17,406	25,371
TSL Kirklees - Winter Health Fund	4,970	3,526
Windybank MLPF	2,784	-
Yorkshire Sport	-	1,000
	202,470	178,194

continued...

3. OTHER TRADING ACTIVITIES

	31/3/23	31/3/22
	£	£
Art Shop Project Sales	266	1,374

4. INVESTMENT INCOME

	31/3/23	31/3/22
	£	£
Deposit account interest	2,040	78

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31/3/23	31/3/22
		£	£
Room hire and workshops	Provision of support, advice and other services	6,164	4,615
The Great Outdoors	Provision of support, advice and other services	110,071	107,000
Other sundry income	Provision of support, advice and other services	41,823	29,083
		158,058	140,698

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs	Totals
	£	£	£
Provision of support, advice and other services	399,827	10,857	410,684

continued...

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/3/23	31/3/22
	£	£
Staff costs	333,862	270,472
Rent, rates, services and insurance	20,995	19,048
Insurance	3,672	3,452
Light and heat	1,330	1,470
Telephone & Internet	2,083	1,791
Printing, postage and stationery	3,475	2,568
Sundries	668	8,546
Repairs and maintenance	2,637	2,172
Subscriptions	455	623
Training	1,161	982
Refreshments	606	1,543
Group support costs	14,257	20,798
Motor and travel expenses	4,754	3,813
Bank charges	909	865
Contractors	538	-
Bad debts	-	662
Local Anchor	6,126	-
Depreciation	2,299	2,591
	399,827	341,396

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/3/23	31/3/22
	£	£
Depreciation - owned assets	2,299	2,591

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2023 nor for the year ended 31st March 2022.

continued...

10. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/3/23	31/3/22
Charitable	23	23

No employees received emoluments in excess of £60,000.

Key management personnel
The key management personnel of the charity have been identified as the senior manager/s.

The aggregate employment benefits, including employers national insurance and pension contributions, for these key management personnel for the year was £61,997 (2022: £43,302). The remuneration of the key management is set by the trustee board and reviewed annually.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	50,586	131,363	181,949
Charitable activities			
Provision of support, advice and other services	3,843	136,855	140,698
Other trading activities	1,374	-	1,374
Investment income	78	-	78
Total	55,881	268,218	324,099
EXPENDITURE ON			
Raising funds	169	-	169
Charitable activities			
Provision of support, advice and other services	43,417	308,389	351,806
Total	43,586	308,389	351,975
NET INCOME/(EXPENDITURE)	12,295	(40,171)	(27,876)
Transfers between funds	(25,230)	25,230	-
Net movement in funds	(12,935)	(14,941)	(27,876)
RECONCILIATION OF FUNDS			
Total funds brought forward	169,575	62,286	231,861

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	156,640	47,345	203,985

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1st April 2022	7,241	40,490	40,060	87,791
Additions	-	-	440	440
At 31st March 2023	7,241	40,490	40,500	88,231
DEPRECIATION				
At 1st April 2022	7,241	27,342	39,518	74,101
Charge for year	-	1,972	327	2,299
At 31st March 2023	7,241	29,314	39,845	76,400
NET BOOK VALUE				
At 31st March 2023	-	11,176	655	11,831
At 31st March 2022	-	13,148	542	13,690

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/23 £	31/3/22 £
Trade debtors	10,842	4,475
Prepayments	3,902	2,950
Accrued income	12,994	12,981
	27,738	20,406

continued...

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/23	31/3/22
	£	£
Trade creditors	2,026	2,981
Social security and other taxes	4,607	4,676
Pension fund	1,772	1,253
Company credit card	426	3,746
Accruals	2,982	5,339
Deferred income	17,941	45,108
	29,754	63,103

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31/3/23	31/3/22
	£	£
Within one year	13,100	13,100
Between one and five years	-	13,100
	13,100	26,200

The lease commitment disclosed relates to the charity premises at 5-7 Brook Street, held under a 6 year lease. The lease has a break out clause at 22/4/24 and therefore only lease commitments up to that date are shown above

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	31/3/23 Total funds	31/3/22 Total funds
	£	£	£	£
Fixed assets	11,831	-	11,831	13,690
Current assets	103,851	72,011	175,862	253,398
Current liabilities	(29,647)	(107)	(29,754)	(63,103)
	86,035	71,904	157,939	203,985

continued...

17. MOVEMENT IN FUNDS

	At 1/4/22	Net movement in funds	Transfers between funds	At 31/3/23
	£	£	£	£
Unrestricted funds				
General fund	156,640	(77,427)	6,822	86,035
Restricted funds				
Birkby Walking	129	(129)	-	-
Creative Minds - Creative Connect	-	240	-	240
Creative Minds - The Blues Project	-	3,523	-	3,523
Dewsbury and Mirfield Anchor	1,885	675	-	2,560
Dewsbury Your Health In Mind	3,939	(3,939)	-	-
Homes for Ukraine	-	2,789	-	2,789
Huddersfield Counsellors - We Are Waterloo	-	9,160	-	9,160
Keep Well, Keep Warm	-	18,781	-	18,781
Multiply	-	(107)	-	(107)
National Lottery Fund - Awards for All (ID: 20206986)	-	4,354	-	4,354
Postcode Neighbourhood Trust	3,058	(3,058)	-	-
Suicide Prevention : Money on Your Mind	959	(959)	-	-
The Great Outdoors	37,421	5	(6,822)	30,604
This Girl Can : Mix Match Motivate	(468)	468	-	-
WEvolve Huddersfield Place : Where's It's At	422	(422)	-	-
	47,345	31,381	(6,822)	71,904
TOTAL FUNDS	203,985	(46,046)	-	157,939

continued...

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	35,764	(113,191)	(77,427)
Restricted funds			
Birkby Walking	-	(129)	(129)
Community Champions - Covid Vaccine	1,800	(1,800)	-
Creative Minds - Creative Connect	650	(410)	240
Community Champions - Friday Friendship	500	(500)	-
Community Champions - Mens Migrant Group	1,000	(1,000)	-
Community Champions - Winter Health Messages	4,970	(4,970)	-
Creative Minds	3,000	(3,000)	-
Creative Minds - The Blues Project	4,397	(874)	3,523
Creative Minds - Wellbeing Packs	4,000	(4,000)	-
Dewsbury and Mirfield Anchor	44,080	(43,405)	675
Dewsbury Journey Leader	4,998	(4,998)	-
Dewsbury Your Health In Mind	6,527	(10,466)	(3,939)
European Social Fund - Positive Minds	25,662	(25,662)	-
Homes for Ukraine	9,966	(7,177)	2,789
Huddersfield Counsellors - We Are Waterloo	14,022	(4,862)	9,160
Keep Well, Keep Warm	24,756	(5,975)	18,781
Multiply	-	(107)	(107)
National Lottery Fund - Awards for All (ID: 20206986)	9,700	(5,346)	4,354
Postcode Neighbourhood Trust	5,000	(8,058)	(3,058)
Suicide Prevention : Money on Your Mind	21,417	(22,376)	(959)
The Great Outdoors	110,320	(110,315)	5
This Girl Can : Mix Match Motivate	3,707	(3,239)	468
WEvolve Huddersfield Place : Where's It's At	25,689	(26,111)	(422)
Windybank MLPF	2,784	(2,784)	-
	328,945	(297,564)	31,381
TOTAL FUNDS	364,709	(410,755)	(46,046)

continued...

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	169,575	12,295	(25,230)	156,640
Restricted funds				
Birkby Walking	-	129	-	129
Dewsbury and Mirfield Anchor	-	1,885	-	1,885
Dewsbury Your Health In Mind	-	3,939	-	3,939
European Social Fund - Positive Minds	-	(25,460)	25,460	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	6,870	(7,002)	132	-
M A Anchor	14,150	(14,120)	(30)	-
Postcode Neighbourhood Trust	-	3,058	-	3,058
Suicide Prevention : Money on Your Mind	-	959	-	959
The Great Outdoors	36,292	1,129	-	37,421
This Girl Can : Mix Match Motivate	-	(468)	-	(468)
TSL Kirklees - Health Inequalities Programme	4,974	(4,642)	(332)	-
WEvolve Huddersfield Place : Where's It's At	-	422	-	422
	62,286	(40,171)	25,230	47,345
TOTAL FUNDS	231,861	(27,876)	-	203,985

continued...

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	55,881	(43,586)	12,295
Restricted funds			
Birkby Walking	1,000	(871)	129
Creative Minds	3,000	(3,000)	-
Dewsbury and Mirfield Anchor	22,215	(20,330)	1,885
Dewsbury Your Health In Mind	58,478	(54,539)	3,939
European Social Fund - Positive Minds	25,416	(50,876)	(25,460)
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	(7,002)	(7,002)
M A Anchor	1	(14,121)	(14,120)
Postcode Neighbourhood Trust	15,000	(11,942)	3,058
Suicide Prevention : Money on Your Mind	14,583	(13,624)	959
The Great Outdoors	108,235	(107,106)	1,129
This Girl Can : Mix Match Motivate	6,096	(6,564)	(468)
TSL Kirklees - Health Inequalities Programme	(1)	(4,641)	(4,642)
WEvolve Huddersfield Place : Where's It's At	14,195	(13,773)	422
	268,218	(308,389)	(40,171)
TOTAL FUNDS	324,099	(351,975)	(27,876)

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	169,575	(65,132)	(18,408)	86,035
Restricted funds				
Creative Minds - Creative Connect	-	240	-	240
Creative Minds - The Blues Project	-	3,523	-	3,523
Dewsbury and Mirfield Anchor	-	2,560	-	2,560
European Social Fund - Positive Minds	-	(25,460)	25,460	-
Homes for Ukraine	-	2,789	-	2,789
Huddersfield Counsellors - We Are Waterloo	-	9,160	-	9,160
Keep Well, Keep Warm	-	18,781	-	18,781
Kirklees Council - Community Investment Fund - Wellbeing Fund	6,870	(7,002)	132	-
M A Anchor	14,150	(14,120)	(30)	-
Multiply	-	(107)	-	(107)
National Lottery Fund - Awards for All (ID: 20206986)	-	4,354	-	4,354
The Great Outdoors	36,292	1,134	(6,822)	30,604
TSL Kirklees - Health Inequalities Programme	4,974	(4,642)	(332)	-
	62,286	(8,790)	18,408	71,904
TOTAL FUNDS	231,861	(73,922)	-	157,939

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	91,645	(156,777)	(65,132)
Restricted funds			
Birkby Walking	1,000	(1,000)	-
Community Champions - Covid Vaccine	1,800	(1,800)	-
Creative Minds - Creative Connect	650	(410)	240
Community Champions - Friday Friendship	500	(500)	-
Community Champions - Mens Migrant Group	1,000	(1,000)	-
Community Champions - Winter Health Messages	4,970	(4,970)	-
Creative Minds	6,000	(6,000)	-
Creative Minds - The Blues Project	4,397	(874)	3,523
Creative Minds - Wellbeing Packs	4,000	(4,000)	-
Dewsbury and Mirfield Anchor	66,295	(63,735)	2,560
Dewsbury Journey Leader	4,998	(4,998)	-
Dewsbury Your Health In Mind	65,005	(65,005)	-
European Social Fund - Positive Minds	51,078	(76,538)	(25,460)
Homes for Ukraine	9,966	(7,177)	2,789
Huddersfield Counsellors - We Are Waterloo	14,022	(4,862)	9,160
Keep Well, Keep Warm	24,756	(5,975)	18,781
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	(7,002)	(7,002)
M A Anchor	1	(14,121)	(14,120)
Multiply	-	(107)	(107)
National Lottery Fund - Awards for All (ID: 20206986)	9,700	(5,346)	4,354
Postcode Neighbourhood Trust	20,000	(20,000)	-
Suicide Prevention : Money on Your Mind	36,000	(36,000)	-
The Great Outdoors	218,555	(217,421)	1,134
This Girl Can : Mix Match Motivate	9,803	(9,803)	-
TSL Kirklees - Health Inequalities Programme	(1)	(4,641)	(4,642)
WEvolve Huddersfield Place : Where's It's At	39,884	(39,884)	-
Windybank MLPF	2,784	(2,784)	-
	597,163	(605,953)	(8,790)
TOTAL FUNDS	688,808	(762,730)	(73,922)

continued...

17. MOVEMENT IN FUNDS - continued

Birkby Walking
12 month project, funded by Yorkshire Sport, to provide walking groups in Birkby area to improve fitness and locality engagement, based on evidenced community need and interest.

Dewsbury Your Health In Mind
12 month project, delivered in Dewsbury South, East & West wards, to increase community engagement with local greenspaces and nature-based activities, to improve community resilience and attendance at community venues, reduce stigma improve mental health, reduce loneliness, provide and support volunteering opportunities.

Dewsbury and Mirfield Anchor
12 month project, to establish and be responsive to local wellbeing needs by working alongside and helping link together local amenities, including: Anchor organisations, businesses, PCNs, Social Prescribers, Centres and Community Groups. Assisting local groups to develop new skills, access opportunities and thrive; and promoting community resources and helping people to get involved.

European Social Fund - Positive Minds
Three years funding, delivering in partnership with Kirklees Council, C&K Careers and Northorpe Hall, to provide an employment programme for inactive or NEET individuals aged 15 - 24 years. S2R's role is to support participants who are experiencing mild to moderate mental health issues which are acting as a barrier to employment / further education.

Postcode Neighbourhood Trust
12 month project to provide 144 creative, nature-based and wellbeing activities across Kirklees, to support people to re-engage after Covid restrictions, reduce loneliness and increase resilience and wellbeing.

Suicide Prevention: Money on Your Mind
12 month project to provide suicide risk factor awareness training and support information to staff and organisations most likely to come into contact with high risk individuals i.e. men with debt. For example, training has been provided to numerous KMC teams, VCS organisations and financial services.

The Great Outdoors
A local authority funded service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working. The contract runs from April 2019 for 3 years with an agreed extension of 2 years from April 2022.

This Girl Can: Mix Match Motivate
12 month Sport England funded project, targeting inactive women and girls aged 16+ to improve confidence to be more active and increase physical activity within their daily routines.

WEvolve Huddersfield Place: Where's It's At
12 month project, working across Huddersfield Central and Huddersfield North Wards, to increase social connectivity, resilience and engagement within communities, supporting individuals, grassroots groups and community venues. Also providing mental health and wellbeing awareness training with community groups and support services.

continued...

17. MOVEMENT IN FUNDS - continued

Transfers between funds

Transfers between funds in this financial year are to recognise expenditure that has been charged to the general unrestricted fund, but should have been allocated to a restricted fund, all of the projects shown has been completed at 31 March 2023 to the satisfaction of the funder.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023.

19. ULTIMATE CONTROLLING PARTY

The charity is under the control of the board of trustees.

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities
for the Year Ended 31st March 2023

	31/3/23 £	31/3/22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	1,875	3,755
Grants	202,470	178,194
	204,345	181,949
Other trading activities		
Art Shop Project Sales	266	1,374
Investment income		
Deposit account interest	2,040	78
Charitable activities		
Room hire and workshops	6,164	4,615
The Great Outdoors	110,071	107,000
Other sundry income	41,823	29,083
	158,058	140,698
Total incoming resources	364,709	324,099
EXPENDITURE		
Other trading activities		
Commission	71	169
Charitable activities		
Wages	307,819	252,639
Social security	17,091	10,679
Pensions	8,952	7,154
Rent, rates, services and insurance	20,995	19,048
Insurance	3,672	3,452
Light and heat	1,330	1,470
Telephone & Internet	2,083	1,791
Printing, postage and stationery	3,475	2,568
Sundries	668	8,546
Repairs and maintenance	2,637	2,172
Subscriptions	455	623
Training	1,161	982
Refreshments	606	1,543
Group support costs	14,257	20,798
Carried forward	385,201	333,465

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities
for the Year Ended 31st March 2023

	31/3/23	31/3/22
	£	£
Charitable activities		
Brought forward	385,201	333,465
Motor and travel expenses	4,754	3,813
Bank charges	909	865
Contractors	538	-
Bad debts	-	662
Local Anchor	6,126	-
Depreciation of tangible fixed assets	2,299	2,591
	399,827	341,396
Support costs		
Governance costs		
Accountancy and legal fees	10,857	10,410
Total resources expended	410,755	351,975
Net expenditure	(46,046)	(27,876)

SUPPORT TO RECOVERY

England & Wales - Charity number 1122199

Accounts

REGISTERED COMPANY NUMBER: 06418312 (England and Wales)
REGISTERED CHARITY NUMBER: 1122199

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31st March 2022

for

SUPPORT TO RECOVERY

Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

SUPPORT TO RECOVERY

Contents of the Financial Statements
for the Year Ended 31st March 2022

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Report of the Trustees
for the Year Ended 31st March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity for the year ending 31 March 2022 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may from time to time think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The board of Trustees want to ensure that our organisation is fully accessible and beneficial to everyone who should choose to connect with us. This could be through referral or self-referral pathway, any health or social reason, mental and emotional difficulties, isolation, feeling adrift from their community, wanting to build personal resilience to life's challenges, further pursue a creative hobby as a means to meaningful activities and life learning skills. With the intended outcome of promoting and enabling positive mental health for all people in the Kirklees district. Whatever the individuals circumstances, S2R wants to be responsive to assist with positive life outcomes. Our primary focus being to build better personal networks and confidence to make better life choices. The increasing focus of our work is developing and delivering intervention and preventative sessions, helping people access the benefits of creativity, and how to recognise their own coping methods to overcome life's challenges.

COVID-19 Impact

Covid -19 continued to play a major role in how we planned and delivered our service this year. With a second lockdown and social restrictions it continued to be challenging to reach the vulnerable, those most risk of being isolated, and to run activities safely in line with Government and local Public Health guidance. The Trustees and the Management team once again devised responsive measures, covid risk assessments and adapted operating systems to enable good pathways for people to connect with our services and be supported in the safest way possible. Once again, we had closures of our premises, staff working from home, with contact to our attendees maintained via various means, phone, social media, online activity sessions, publishing wellbeing information posted out. The one project that was the least impacted was out outdoor environmental service which was able to provide activities following strict social distancing procedure. Challenges aside, were able to implement a strategy that provided a consistent service, supported the vulnerable and provided much needed wellbeing and emotional support to the most needy in our community.

We are continuing to use technology, adapting communication methods and developing ways to reach individuals particularly isolated by the lockdown and the fall out of post lockdown situation. Covid is still very much with us, and we are still being stringent with covid procedures. We are unsure of the legacy and impact that covid will leave but evidence shows there is still nervousness and reluctance to engage in social settings, this is having a negative impact on mental health and resilience in our communities.

Challenges Ahead

There are new challenges on the horizon, with all sections of our community having been impacted by the pandemic. Poor Mental Health and Wellbeing are prominent post pandemic features, coupled with the increases in cost of living: utility bills, fuel for transportation and food prices rising. This is compounding stress and anxiety, for some there is genuine concern and worry that they will need to choose between heating or eating. S2R are well aware of these issues and will strive to tackles them within our communities, working in partnership with our voluntary and charitable sector colleagues and Local Authority to help support individuals, families and communities wherever possible.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

S2R provided a range of services for people experiencing poor mental health and associated problems. Being person centred, we collaboratively provided responsive approaches to meet changing needs brought about by the Pandemic, economic crisis, health care difficulties and so on.

Intervention and prevention of mental health decline and any associated health issues, have been our primary focus, helping to build individuals personal resilience during the most challenging of times.

An increasing focus of our work is post pandemic response, developing and delivering preventative outcomes for local communities, helping people recognise signs and triggers to mental health issues and how to adopt healthy life choices that enable better health outcomes. This year we have implemented a `Place Based Community Capacity Building ` strategy, as we believe if communities come together, they are stronger and more self-supporting. We provided a range of wellbeing activities and courses that people could readily access, these have been widely received and the outcome evidence demonstrates that there was extensive need for this type of intervention. We are very pleased to report that we have continued to reach our aims and provide new and innovative styles and approaches that have enabled us to do this throughout 2021/22.

Charitable Activities during 2021-22 include:

'The Great Outdoors Project':
A local authority commissioned service, to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature. The service has been able to continue with minimal disruption from covid restrictions, applying social distancing when required and setting people 'nature challenges' they can do at home or in their garden. The online delivery continued to be a much liked and used resource and we have continued to provide a diverse range of nature based sessions people can join in with throughout the year. The three year contract was awarded in April 2019 with an extension for 2 further years granted in April 2022.

Creative Minds - 'Wellbeing Packs':

South West Yorkshire NHS Trust - Creative Minds - the fund was Covid driven with a theme of connecting and reducing isolation for people who receive secondary mental health support in the community and in-patients on mental health wards during and post pandemic. As our wellbeing packs were in demand throughout Kirklees during this time, funds were allocated so our packs could be disseminated to individuals who were impacted by the covid situation and had additional vulnerabilities due chronic mental health conditions. People said they were experiencing additional anxieties about the pandemic. The packs were requested as a resource for Community Mental Health Teams across Kirklees and to Mental Health in- patients wards. The feedback and reported outcomes, by individuals and professionals, were very pleasing, the packs brought a welcome distraction and helped individuals focus on positive activities. The funding provided the cost for the printing, packing and posting of packs across Kirklees.

Creative Minds - 'Creative Views':
South West Yorkshire NHS Trust - Creative Minds - provided funding for us to deliver the 'Creative Views' project working specifically with members of the Kirklees Visual Impairment Network (KVIN), many of whom were particularly vulnerable and isolated due to the pandemic. The funding enabled 24 sessions, led by member interests, and delivered to members of their Huddersfield, Batley & Dewsbury groups. Sessions included, yoga, world dance, chair exercise, craft, aromatherapy and wellbeing. Feedback from participants was extremely positive, stating how beneficial these activities had been for their wellbeing, getting them more active, introducing them to creative and new interests, encouraging them to purse these interests further and getting people out & about and feeling more safe to do so. Due to it's success and further need being evidenced, this project was extended by 9 months in April 2022.

'Community Anchor Lead':
Primary Care Network and Kirklees Council funded - the Anchor project is based on Community Capacity building that is democracy driven, connecting with people locally. S2R was awarded the Lead Anchor status for the North Kirklees districts of Dewsbury and Mirfield. The project aims to provide new links and opportunity for people to explore new interests, get involved with local schemes, broaden knowledge of what is on their doorstep, to support groups to set-up, flourish, be connected and enable better health and wellbeing outcomes for residents and local communities. Addressing Primary Care Network health priorities by working in partnership with social prescribing and other community teams, together we embrace diversity and constructively support all sections of the community to come together, forge new local connections, building a network that listens to and assist groups / individuals to address health and wellbeing needs locally, providing a sense of local empowerment that is personal and community driven, for better wellbeing outcomes and resilience. The project is to run from 1st October 2021 - March 2023.

Kirklees New Wellbeing Fund:
Kirklees Council funded - This project was based on the national 5 ways to wellbeing framework. Offering a programme of face-to-face and digital support across the community to individuals, groups, organisations and volunteers. We provided series of emotional wellness sessions, looking at how you can take care of your health and wellbeing through simple techniques and small changes, to equip people with easy simple options that are realistic and achievable. The sessions were mostly delivered online due to the covid restrictions, but some sessions were delivered in community settings across Kirklees. The project was funded for 18 months.

Health Inequalities:
NHS-Third Sector Leaders funded- This project arose from the health inequalities identified in particular communities during the covid pandemic. Poor mental health, higher rates of chronic health conditions such as diabetes, Asthma, etc and unhealthy habits all contributed to poorer life outcomes, and made individuals more likely to be impacted by post-covid related issues. Working in partnership with other voluntary and local community sector organisations we provided a route to engagement through introducing health themed activities that were not clinical, prescriptive or competitive, but supportive and fun to take part in. We targeted groups of people who were experiencing inequalities due to their health or disability, such as KVIN. Sessions were online, and some outdoors once activities could commence in open spaces. People were given a personal health journal to map their progression, by introducing small positive steps individuals physical and mental health improved. S2R will work to expand our offer to marginalised groups in the community, further creating opportunities for people to get involved with activities designed to improve their mental health, wellbeing and community involvement.

ESF 'Positive Minds':
European Social Fund funded - This 'Works Better - Positive Minds' employment programme is delivered in partnership between Kirklees Council and voluntary sector, the last of the ESF funding stream. The project is to provide support to 15-24 year olds, who are facing barriers to further education and employment due to mild - moderate mental health issues. The project was impacted by the pandemic and had to divert to online sessions during some periods. As restrictions were relaxed in-person workshops resumed. S2R are providing therapeutic and practical activities to this cohort of young people, to assist with building confidence, social skills and practical abilities such as time management and journey planning, building resilience and better preparing them for the work environment. Participants have engaged in a varied themed workshops including aromatherapy, art, sewing, horticulture and growing produce, photography, walking groups and more: supporting them to develop their own pathway to progression into higher education or employment. This is a three-year contract that commenced in October 2020.

'Dewsbury Your Health in Mind':
Dewsbury Ward Councillor funded - The project has two main aims: to increase the number of people using local green spaces and facilities on a regular basis, and to increase the number of people who are socially connected with improved mental health and wellbeing. This project is local ward driven, connecting individuals and families to a variety of ways they can engage with the outdoors, learn new skills and have fun. The beginning of the project was impacted by covid restrictions, but we still provided outdoor and online activities for people to enjoy. Once restrictions were eased the project provided social engagement activities to enable people to gain a sense of community connection and belonging, and to access information and practical wellbeing boosting opportunities. A series of outdoor community events in public settings brought local communities and services together, to inform people of support available in their area and to demonstrate what natural resources are open and on their doorstep. We supported local community centres to re-engage with there communities and have produced a series of local walking guided maps as a resource for people all ages and abilities to follow and enjoy the beneficial effects on their emotional wellbeing by getting out to explore. This is a 12 month funded project, which will be extended for an additional quarter April - June 2022.

'Money on Your Mind':
Public Health Funded- In Kirklees, the highest rate of suicide is among men aged 46-55 years. There is also a clear link between deprivation and risk of suicide in Kirklees and there is a clear relationship between money issues and poor mental health; unemployment, dept and worrying about money can make mental health worse. S2R was awarded this project to deliver mental health awareness training and suicide prevention style conversations to Council and community services that provide dept or financial advisory guidance, these include but not limited to: Citizens Advice, Job Centre Plus and Kirklees Neighbourhood Housing. Our delivery model provided information and guidance to support people to be responsive to mental health needs and be confident to ask people `are you alright` and to provide the appropriate response and pathway for frontline staff to connect people to community mental health support and to make sure services are aware of safeguarding and reporting practices. For men with presenting risk factors we are working towards reducing stigma and reluctance to approach outlets for support and advice. Working together with peer support champions through positive message affirmations in places such as B&Q, supermarkets, pubs, bookmakers, libraries, sports and leisure facilities etc. Making connections to dept advice more easily accessible. 12 month funded project.

Postcode Lottery - 'Community Wellbeing':
Funded by Peoples Postcode Lottery - This was a covid response project to help vulnerable people in our community to re-engage socially and safely, helping to combat current and future mental ill health. Throughout the pandemic there has been a sharp increase in demand for mental health and wellbeing support. Many people who were already struggling with feelings of loneliness and anxiety experienced compounding of feelings of fear and isolation. Communities experienced bereavement, economic uncertainty and a sense of disconnection. This project has helped to build personal resilience and healthy routines with tailored wellbeing techniques; bring structure to empty days and provide social distractions to reduce stress, anxiety and fear; to engage people more with sustainable activities and creative outlets; give a sense of purpose and re-establish much needed social connections to build back confidence and self-esteem. Creative, environmental and wellbeing sessions were delivered as a combination of workshops and short courses, with a dual approach where some were delivered in-person at community locations and others digitally. This is a 12 month funded project.

This Girl Can - 'Mix, Match & Motivate':
Funded by Sports England - S2R's approach is to support inactive women and girls 16 years+ to make a positive difference to their emotional and physical well-being though delivering activities based on what women tell us they want or need. Activities are developed in partnership with participants tailored to their specific wishes and delivered in safe, friendly environments where everyone can enjoy learning together. The intension being to break down barriers to exercise and make it more appealing to women of all ages who shy away from the more traditional routes to physical fitness, for example we provided World Dance sessions that incorporated different cultural dances and chair exercises for the more senior/ less mobile attendees. Women have a higher percentage of mental health related issues and lower physical activity rates across the district. These issues impacts on physical health, low self-steam, motivation and personal outlooks. Due to covid restriction we adapted delivery and offered a blended approach of online and in-person sessions when possible. These included: Dance, Yoga, Zumba and how to safely exercise at home, walking groups, tai chi, fitness sessions with resistance bands, skipping, hula hooping and more. All our activities are featured in our monthly schedules that is disseminated across Kirklees. 12 month funded project.

WEvolve - 'Where it's at':
Kirklees Place Partnership together with Ward Councillors, provided funding to address wellbeing issues in their locality. Huddersfield Central and North Ward Councillors wanted to improve the mental health, social connectivity and resilience of local residents, with services to be proactive in providing new initiatives where there are identified needs and gaps so that communities can come together to take part in a safe and effective ways to aid their mental health and wellbeing - during and post Covid. Through our 'Where it's at' project S2R have provided accessible, interesting, enjoyable activities without being prescriptive, mandatory or clinical: so that people and communities are more inclined to engage, contribute, learn and share skills together. Our aim is to equip communities, through life-long learning courses, with the confidence to overcome negative impacts of covid, build resilience and strategies to cope better with life's challenges, enabling communities to learn and grow together and build a wider community forum so people are aware of locally based projects that they can access. To maximise equality of access we have delivered across varied locations, days and times frames, our activities has something for everyone, from practical Mental Health, Wellbeing awareness, visual arts, crafts, nature / environmental and fun physical activities, providing suitable interaction for all ages and abilities and including extended families, relatives and friends. We work alongside other local community specialists e.g. Link workers Kirklees Neighbourhood Housing, Local Area Coordinator, Community Plus, Ward Councillors etc to identify hard to reach pockets of communities and sensitively introduce them to our offer. - 12 month funded project.

'Dewsbury Walk Leader':
Funded by City Connect - This project is about active travel, the theme is getting people out of cars for everyday journeys to the shops, work or school for example and in so doing contributing positively toward climate change, clean air and reduced traffic congestion as well as reducing the burden on the NHS, improving the emotional and physical wellbeing of individuals. This project was based on a successful walking group set up when social restrictions were first lifted with Ravensthorpe community centre and also learning from our Greenhead Park walking group. The Start date was postponed due to covid and by other local factors. The simple 'start a walking group' delivery model proved challenging, as the changing outlook both with the community and with other local emerging walking initiatives reduced the engagement availability. We have, with the help of City Connect, designed a substantial variance on the original proposal, it will include consultation, fact finding and research of what the barriers are to `Active Travel`, which will inform other elements of solution focused delivery working in partnership with local businesses and outlets for them to provide a park and walk for school runs etc. More targeted facilitation, support and training for volunteers and resource development. We have an extension until March 2023 to deliver.

'Birkby Walks':
Funded by Yorkshire Sports Foundation- Birkby Walks is a project focusing in and around Birkby, Fartown and Hillhouse district of Kirklees. Following a community consultation in these areas, walking groups were highlighted as the main activity people wanted to engage in. The project aims to get people in the area more active, then look at ways to sustain the group after the funding has finished, such as walk leader training or volunteer support. Each week the group goes for an 1 hour walk sometimes longer, across selected areas, some routes are suggested by the group or pre-planned based on participants interests or a historical heritage site. The group is flourishing and moving towards a sustainable outcome, with participants still meeting up to walk together even during holiday periods when it's not possible for us to facilitate. 12 month funded project.

Workshops and Shop Sales:
In the year April 2021 ending 31st March 2022, sales of craft items produced by S2R and by local artists / makers were extremely limited and at times suspended due to our premises being closed to the public.

During the course of the year, through the above projects we delivered upwards of 1000 workshops, digitally and in-person at our building on Brook Street, across community sites and greenspace in Kirklees. In the vast majority of circumstances, attendance at these sessions was fully-funded and therefore free for participants.

FINANCIAL REVIEW

Financial position
Unrestricted income for 2021/22 was £55,881 (2021: £79,720) and unrestricted expenditure was £43,586 (2021: £11,887), giving a surplus for the year on unrestricted funds of £12,295 (2021: £67,833 surplus), before transfer between funds.

Restricted income for 2021/22 was £268,218 (2021: £302,722) and restricted expenditure was £308,389 (2021: £250,455) giving a deficit on restricted funds of £40,171 (2021: £52,267 surplus), before transfers between funds.

Transfers between funds of £25,230 have been made to recognise restricted funding that has satisfied the purposes of the funding and been released to unrestricted funds and also to recognise allocations for matched funding purposes.

Funds position at 31 March 2022:

	£
Total funds at 31.3.22	203,985
Less : Restricted funds	(47,345)
Less : Held as fixed assets	(13,690)
	142,950

Reserves policy
The reserve exceeding the target of 6-12 months running costs has now been used to enable continuation of work which had clear need and which met gaps in provision, as well as to develop new partnerships.

The reserve is now at a level which covers adequately 6 months activities and the policy for 2022/23 will be to work to maintain and, if possible, to increase the reserve. The Board is realistic in understanding the high level of competition for charitable funding and will continue to exercise all due diligence in overseeing the charity's financial health.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document
S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Changes to the Board membership

There were small changes to management operations structures, S Averley appointed as Operations Manager in April 2020, then took up the role of Co-Senior Manager in April 2021 to support Senior Manager P Wood with the increasing organisational requirements. D Hegarty has since been welcomed as the new Deputy Manager.

There were no changes to the Board membership at the AGM in October 2021. Elected Board Members are:
J Pollard was elected as chair, W Ellis was elected as Treasurer, L Hosey was elected as Deputy Chair. K Jackson, G Dimmock, R Buxton and KA Smith, were elected as board members.

The Trustees have continued meeting digitally via zoom this year, they have met on 11 occasions and there is good attendance at all meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06418312 (England and Wales)

Registered Charity number
1122199

Registered office
5 - 7 Brook Street
Huddersfield
West Yorkshire
HD1 1EB

Trustees
J E Pollard (Chair)
L A Hosey (Vice Chair)
W Ellis (Treasurer)
R Buxton
G W Dimmock
E K Jackson (appointed 3/6/21)
K A Smith

Independent Examiner
Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers
National Westminster Bank Plc
8 Market Place
Huddersfield
HD1 2AL

CCLA Fund Managers Limited
Senator House
85 Queen Victoria Street
London
EC4V 4ET

Honorary president
Dr N H Booya MB, ChB, FRCPsych, DPM, MSc

Senior Managers
P Wood
S Averley

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Support to Recovery for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 11/10/2022 and signed on its behalf by:

Janet E Pollard

.....
J E Pollard - Trustee

Independent examiner's report to the trustees of Support to Recovery ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Victoria Atkinson BA FCA
Institute of Chartered Accountants in England and Wales
Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

Date: 18 October 2022

SUPPORT TO RECOVERY

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st March 2022

	Notes	Unrestricted funds £	Restricted funds £	31/3/22 Total funds £	31/3/21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	50,586	131,363	181,949	232,266
Charitable activities					
Provision of support, advice and other services		3,843	136,855	140,698	150,072
Other trading activities	3	1,374	-	1,374	25
Investment income	4	78	-	78	79
Total		55,881	268,218	324,099	382,442
EXPENDITURE ON					
Raising funds		169	-	169	13
Charitable activities	6				
Provision of support, advice and other services		43,417	308,389	351,806	262,329
Total		43,586	308,389	351,975	262,342
NET INCOME/(EXPENDITURE)		12,295	(40,171)	(27,876)	120,100
Transfers between funds	17	(25,230)	25,230	-	-
Net movement in funds		(12,935)	(14,941)	(27,876)	120,100
RECONCILIATION OF FUNDS					
Total funds brought forward		169,575	62,286	231,861	111,761
TOTAL FUNDS CARRIED FORWARD		156,640	47,345	203,985	231,861

The notes form part of these financial statements

SUPPORT TO RECOVERY (REGISTERED NUMBER: 06418312)

Balance Sheet
31st March 2022

	Notes	31/3/22 £	31/3/21 £
FIXED ASSETS			
Tangible assets	12	13,690	16,281
CURRENT ASSETS			
Debtors	13	20,406	14,773
Cash at bank and in hand		232,992	209,582
		253,398	224,355
CREDITORS			
Amounts falling due within one year	14	(63,103)	(8,775)
NET CURRENT ASSETS		190,295	215,580
TOTAL ASSETS LESS CURRENT LIABILITIES		203,985	231,861
NET ASSETS		203,985	231,861
FUNDS	17		
Unrestricted funds		156,640	169,575
Restricted funds		47,345	62,286
TOTAL FUNDS		203,985	231,861

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31st March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11/10/2022 and were signed on its behalf by:

Janet E Pollard
.....
J E Pollard - Trustee

.....
W Ellis - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	-	over the remaining life of the lease
Fixtures and fittings	-	15% on reducing balance
Computer equipment	-	33% on reducing balance

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	31/3/22	31/3/21
	£	£
Donations	3,755	25,011
Grants	178,194	207,255
	181,949	232,266

Grants received, included in the above, are as follows:

	31/3/22	31/3/21
	£	£
Baring Foundation	-	8,000
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	49,973
European Social Fund - Positive Minds	-	11,397
Inclusion North	-	3,700
Kirklees Council - Community Investment Fund : Wellbeing Fund	-	37,185
Kirklees Council - Management and Coordination of Community Project	6,000	-
Kirklees Council - Small Business Grant	-	10,000
Kirklees Council - Suicide Prevention	14,583	-
Kirklees Council - Support to Recovery	58,478	-
Kirklees Council - Support to Recovery : WEvolve	14,166	-
Kirklees Council - Support Work in Communities	22,040	-
M H Anchor	-	45,000
One Community Fund	-	10,000
Postcode Neighbourhood Trust	15,000	-
Sport England - This Girl Can	6,097	-
TSL Kirklees - Community Champion	1,000	-
TSL Kirklees - Community Learning Works : Anchor Organisation	-	5,000
TSL Kirklees - Community Learning Works : Community Taster Sessions	-	5,000
TSL Kirklees - Community Learning Works : How to Workshops	-	2,000
TSL Kirklees - Covid 10 Wellbeing Services	-	15,000
TSL Kirklees - Health Inequalities Programme	-	5,000
TSL Kirklees - Well Connected Project	10,933	-
TSL Kirklees - Wellbeing & Learning : Eat Well Move Well - Dewsbury	25,371	-
TSL Kirklees - Winter Health Fund	3,526	-
Yorkshire Sport	1,000	-
	178,194	207,255

continued...

3. OTHER TRADING ACTIVITIES

	31/3/22	31/3/21
	£	£
Art Shop Project Sales	1,374	25

4. INVESTMENT INCOME

	31/3/22	31/3/21
	£	£
Deposit account interest	78	79

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31/3/22	31/3/21
		£	£
Room hire and workshops	Provision of support, advice and other services	4,615	1,975
The Great Outdoors	Provision of support, advice and other services	107,000	107,000
Other sundry income	Provision of support, advice and other services	29,083	41,097
		140,698	150,072

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs	Totals
	£	£	£
Provision of support, advice and other services	341,396	10,410	351,806

continued...

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/3/22	31/3/21
	£	£
Staff costs	270,472	192,294
Rent, rates, services and insurance	19,048	13,032
Insurance	3,452	3,457
Light and heat	1,470	1,997
Telephone & Internet	1,791	1,190
Printing, postage and stationery	2,568	11,315
Sundries	8,546	2,005
Repairs and maintenance	2,172	2,375
Subscriptions	623	584
Training	982	282
Refreshments	1,543	4
Group support costs	20,798	14,640
Motor and travel expenses	3,813	799
Bank charges	865	774
Bad debts	662	51
Depreciation	2,591	8,051
	341,396	252,850

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/3/22	31/3/21
	£	£
Depreciation - owned assets	2,591	8,051

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2022 nor for the year ended 31st March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2022 nor for the year ended 31st March 2021.

continued...

10. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/3/22	31/3/21
Charitable	23	14

No employees received emoluments in excess of £60,000.

Key management personnel
The key management personnel of the charity have been identified as the senior manager/s.

The aggregate employment benefits, including employers national insurance and pension contributions, for these key management personnel for the year was £43,302 (2021: £28,668). The remuneration of the key management is set by the trustee board and reviewed annually.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	54,960	177,306	232,266
Charitable activities			
Provision of support, advice and other services	24,656	125,416	150,072
Other trading activities	25	-	25
Investment income	79	-	79
Total	79,720	302,722	382,442
EXPENDITURE ON			
Raising funds	13	-	13
Charitable activities			
Provision of support, advice and other services	11,874	250,455	262,329
Total	11,887	250,455	262,342
NET INCOME	67,833	52,267	120,100
Transfers between funds	(2,462)	2,462	-
Net movement in funds	65,371	54,729	120,100

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	104,203	7,558	111,761
TOTAL FUNDS CARRIED FORWARD	169,574	62,287	231,861

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1st April 2021 and 31st March 2022	7,241	40,490	40,060	87,791
DEPRECIATION				
At 1st April 2021	7,241	25,022	39,247	71,510
Charge for year	-	2,320	271	2,591
At 31st March 2022	7,241	27,342	39,518	74,101
NET BOOK VALUE				
At 31st March 2022	-	13,148	542	13,690
At 31st March 2021	-	15,468	813	16,281

13. DEBTORS

	31/3/22 £	31/3/21 £
Amounts falling due within one year:		
Trade debtors	4,475	-
Salary overpayments	-	12
Prepayments	2,950	2,710
Accrued income	12,981	11,400
	20,406	14,122

continued...

13. DEBTORS - continued

	31/3/22	31/3/21
	£	£
Amounts falling due after more than one year:		
Salary overpayments	-	651
Aggregate amounts	20,406	14,773

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/22	31/3/21
	£	£
Trade creditors	2,981	740
Social security and other taxes	4,676	3,902
Pension fund	1,253	-
Company credit card	3,746	2,283
Accruals	5,339	1,850
Deferred income	45,108	-
	63,103	8,775

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31/3/22	31/3/21
	£	£
Within one year	13,100	12,000
Between one and five years	13,100	-
	26,200	12,000

The lease commitment disclosed relates to the charity premises at 5-7 Brook Street, held under a 6 year lease. The lease has a break out clause at 22/4/24 and therefore only lease commitments up to that date are shown above

continued...

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31/3/22 Total funds £	31/3/21 Total funds £
Fixed assets	13,690	-	13,690	16,281
Current assets	205,585	47,813	253,398	224,355
Current liabilities	(62,635)	(468)	(63,103)	(8,775)
	156,640	47,345	203,985	231,861

17. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	169,575	12,295	(25,230)	156,640
Restricted funds				
Birkby Walking	-	129	-	129
Dewsbury and Mirfield Anchor	-	1,885	-	1,885
Dewsbury Your Health In Mind	-	3,939	-	3,939
European Social Fund - Positive Minds	-	(25,460)	25,460	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	6,870	(7,002)	132	-
M A Anchor	14,150	(14,120)	(30)	-
Postcode Neighbourhood Trust	-	3,058	-	3,058
Suicide Prevention : Money on Your Mind	-	959	-	959
The Great Outdoors	36,292	1,129	-	37,421
This Girl Can : Mix Match Motivate	-	(468)	-	(468)
TSL Kirklees - Health Inequalities Programme	4,974	(4,642)	(332)	-
WEvolve Huddersfield Place : Where's It's At	-	422	-	422
	62,286	(40,171)	25,230	47,345
TOTAL FUNDS	231,861	(27,876)	-	203,985

continued...

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	55,881	(43,586)	12,295
Restricted funds			
Birkby Walking	1,000	(871)	129
Creative Minds	3,000	(3,000)	-
Dewsbury and Mirfield Anchor	22,215	(20,330)	1,885
Dewsbury Your Health In Mind	58,478	(54,539)	3,939
European Social Fund - Positive Minds	25,416	(50,876)	(25,460)
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	(7,002)	(7,002)
M A Anchor	1	(14,121)	(14,120)
Postcode Neighbourhood Trust	15,000	(11,942)	3,058
Suicide Prevention : Money on Your Mind	14,583	(13,624)	959
The Great Outdoors	108,235	(107,106)	1,129
This Girl Can : Mix Match Motivate	6,096	(6,564)	(468)
TSL Kirklees - Health Inequalities Programme	(1)	(4,641)	(4,642)
WEvolve Huddersfield Place : Where's It's At	14,195	(13,773)	422
	268,218	(308,389)	(40,171)
TOTAL FUNDS	324,099	(351,975)	(27,876)

continued...

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	104,203	67,834	(2,462)	169,575
Restricted funds				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
European Social Fund - Positive Minds	-	(11,089)	11,089	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	4,867	2,003	-	6,870
M A Anchor	-	14,150	-	14,150
One Community Foundation	-	(12)	12	-
Something Now - Covid 19	-	1,506	(1,506)	-
The Great Outdoors	2,691	33,601	-	36,292
TSL Kirklees - Health Inequalities Programme	-	4,974	-	4,974
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	7,558	52,266	2,462	62,286
TOTAL FUNDS	111,761	120,100	-	231,861

continued...

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	79,720	(11,886)	67,834
Restricted funds			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
European Social Fund - Positive Minds	11,398	(22,487)	(11,089)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Wellbeing Fund	37,184	(35,181)	2,003
M A Anchor	45,000	(30,850)	14,150
One Community Foundation	10,000	(10,012)	(12)
Something Now - Covid 19	18,416	(16,910)	1,506
The Great Outdoors	107,051	(73,450)	33,601
TSL Kirklees - Health Inequalities Programme	5,000	(26)	4,974
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	302,722	(250,456)	52,266
TOTAL FUNDS	382,442	(262,342)	120,100

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	104,203	80,129	(27,692)	156,640
Restricted funds				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
Birkby Walking	-	129	-	129
Dewsbury and Mirfield Anchor	-	1,885	-	1,885
Dewsbury Your Health In Mind	-	3,939	-	3,939
European Social Fund - Positive Minds	-	(36,549)	36,549	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	4,867	(4,999)	132	-
M A Anchor	-	30	(30)	-
One Community Foundation	-	(12)	12	-
Postcode Neighbourhood Trust	-	3,058	-	3,058
Something Now - Covid 19	-	1,506	(1,506)	-
Suicide Prevention : Money on Your Mind	-	959	-	959
The Great Outdoors	2,691	34,730	-	37,421
This Girl Can : Mix Match Motivate	-	(468)	-	(468)
TSL Kirklees - Health Inequalities Programme	-	332	(332)	-
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
WEvolve Huddersfield Place : Where's It's At	-	422	-	422
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	7,558	12,095	27,692	47,345
TOTAL FUNDS	111,761	92,224	-	203,985

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	135,601	(55,472)	80,129
Restricted funds			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
Birkby Walking	1,000	(871)	129
Creative Minds	3,000	(3,000)	-
Dewsbury and Mirfield Anchor	22,215	(20,330)	1,885
Dewsbury Your Health In Mind	58,478	(54,539)	3,939
European Social Fund - Positive Minds	36,814	(73,363)	(36,549)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Wellbeing Fund	37,184	(42,183)	(4,999)
M A Anchor	45,001	(44,971)	30
One Community Foundation	10,000	(10,012)	(12)
Postcode Neighbourhood Trust	15,000	(11,942)	3,058
Something Now - Covid 19	18,416	(16,910)	1,506
Suicide Prevention : Money on Your Mind	14,583	(13,624)	959
The Great Outdoors	215,286	(180,556)	34,730
This Girl Can : Mix Match Motivate	6,096	(6,564)	(468)
TSL Kirklees - Health Inequalities Programme	4,999	(4,667)	332
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
WEvolve Huddersfield Place : Where's It's At	14,195	(13,773)	422
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	570,940	(558,845)	12,095
TOTAL FUNDS	706,541	(614,317)	92,224

Birkby Walking
12 month project, funded by Yorkshire Sport, to provide walking groups in Birkby area to improve fitness and locality engagement, based on evidenced community need and interest.

Dewsbury Your Health In Mind
12 month project, delivered in Dewsbury South, East & West wards, to increase community engagement with local greenspaces and nature-based activities, to improve community resilience and attendance at community venues, reduce stigma improve mental health, reduce loneliness, provide and support volunteering opportunities.

continued...

17. MOVEMENT IN FUNDS - continued

Dewsbury and Mirfield Anchor
12 month project, to establish and be responsive to local wellbeing needs by working alongside and helping link together local amenities, including: Anchor organisations, businesses, PCNs, Social Prescribers, Centres and Community Groups. Assisting local groups to develop new skills, access opportunities and thrive; and promoting community resources and helping people to get involved.

European Social Fund - Positive Minds
Three years funding, delivering in partnership with Kirklees Council, C&K Careers and Northorpe Hall, to provide an employment programme for inactive or NEET individuals aged 15 - 24 years. S2R's role is to support participants who are experiencing mild to moderate mental health issues which are acting as a barrier to employment / further education.

Kirklees Translated Wellbeing Packs
Short-term funding during the pandemic to translate 6 editions of our Wellbeing Packs into community languages: Punjabi, Gujarati, Urdu, Hungarian and Romanian. Fund covered translation costs, printing, packaging and distribution across Kirklees to isolated, vulnerable and harder to reach communities.

M A Anchor
12 month project, working in partnership with GP's, PCN's and other local services to identify and report on local health needs and gaps in provision. Our key role was to support other Anchor organisations through mental health training for their staff and community volunteers, looking at both the wellbeing needs of their clients and the needs of the staff and volunteers themselves during the pandemic.

Postcode Neighbourhood Trust
12 month project to provide 144 creative, nature-based and wellbeing activities across Kirklees, to support people to re-engage after Covid restrictions, reduce loneliness and increase resilience and wellbeing.

Suicide Prevention: Money on Your Mind
12 month project to provide suicide risk factor awareness training and support information to staff and organisations most likely to come into contact with high risk individuals i.e. men with debt. For example, training has been provided to numerous KMC teams, VCS organisations and financial services.

TSL Kirklees - Heath Inequalities Programme
Short-term, 9 month project. Targeted support for groups experiencing health inequalities due to conditions such as: poor mental health and higher rates of chronic health conditions such as Diabetes and Asthma. We offered a range of social activities including Zumba and walking/rambling sessions, tailored to the specific needs of each group.

The Great Outdoors
A local authority funded service, working Kirklees-wide to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature, through a varied programme of session delivery, events and partnership working. The contract runs from April 2019 for 3 years with an agreed extension of 2 years from April 2022.

This Girl Can: Mix Match Motivate
12 month Sport England funded project, targeting inactive women and girls aged 16+ to improve confidence to be more active and increase physical activity within their daily routines.

continued...

17. MOVEMENT IN FUNDS - continued

WEvolve Huddersfield Place: Where's It's At
12 month project, working across Huddersfield Central and Huddersfield North Wards, to increase social connectivity, resilience and engagement within communities, supporting individuals, grassroots groups and community venues. Also providing mental health and wellbeing awareness training with community groups and support services.

Transfers between funds

Transfers between funds in this financial year are to recognise expenditure that has been charged to the general unrestricted fund, but should have been allocated to a restricted fund, all of the projects shown has been completed at 31 March 2022 to the satisfaction of the funder.

The transfer between funds of £25,460, of the deficit on the European Social Fund - Positive Minds Inclusion North project, relates to the accounting for the 'matched' funding element of the project, met from Support to Recovery's unrestricted funds.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2022.

19. ULTIMATE CONTROLLING PARTY

The charity is under the control of the board of trustees.

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities
for the Year Ended 31st March 2022

	31/3/22 £	31/3/21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,755	25,011
Grants	178,194	207,255
	181,949	232,266
Other trading activities		
Art Shop Project Sales	1,374	25
Investment income		
Deposit account interest	78	79
Charitable activities		
Room hire and workshops	4,615	1,975
The Great Outdoors	107,000	107,000
Other sundry income	29,083	41,097
	140,698	150,072
Total incoming resources	324,099	382,442
EXPENDITURE		
Other trading activities		
Commission	169	13
Charitable activities		
Wages	252,639	178,443
Social security	10,679	7,863
Pensions	7,154	5,988
Rent, rates, services and insurance	19,048	13,032
Insurance	3,452	3,457
Light and heat	1,470	1,997
Telephone & Internet	1,791	1,190
Printing, postage and stationery	2,568	11,315
Sundries	8,546	2,005
Repairs and maintenance	2,172	2,375
Subscriptions	623	584
Carried forward	310,142	228,249

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities
for the Year Ended 31st March 2022

	31/3/22 £	31/3/21 £
Charitable activities		
Brought forward	310,142	228,249
Training	982	282
Refreshments	1,543	4
Group support costs	20,798	14,640
Motor and travel expenses	3,813	799
Bank charges	865	774
Bad debts	662	51
Depreciation of tangible fixed assets	2,591	8,051
	341,396	252,850
Support costs		
Governance costs		
Accountancy and legal fees	10,410	9,479
Total resources expended	351,975	262,342
Net (expenditure)/income	(27,876)	120,100

This page does not form part of the statutory financial statements

SUPPORT TO RECOVERY

England & Wales - Charity number 1122199

Accounts

REGISTERED COMPANY NUMBER: 06418312 (England and Wales)
REGISTERED CHARITY NUMBER: 1122199

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 31st March 2021

for

SUPPORT TO RECOVERY

Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

SUPPORT TO RECOVERY

Contents of the Financial Statements
for the Year Ended 31st March 2021

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Report of the Trustees
for the Year Ended 31st March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity for the year ending 31 March 2021 were:

To relieve the needs of persons within the county of West Yorkshire having mental health problems and those who care for people with mental health difficulties by preventive means, through support, advice, visual arts, creativity, therapeutic interventions and physical activities and by any other charitable means that the trustees may from time-to-time think fit. To provide mental health services, vocational services, visits and undertake research and developments for public benefit. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

COVID -19 Impact - As Trustees we want to ensure that our organisation is fully accessible to everyone who should choose to connect with us. This could be through leisure time, any health or social reason, isolation, feeling cut off from their community, or wanting to further pursue a skill, hobby and learning, all with the intended outcome of promoting and enabling positive mental health for all people in the Kirklees district. Whatever the individuals' circumstances, S2R wanted to be responsive to assist with positive life outcomes. Our primary focus being to build better resilience and confidence to make better life choices. The increasing focus of our work is developing and delivering intervention and preventative sessions, helping people access the benefits of creativity, and how to recognise their own coping methods to overcome life's challenges.

This year has been like no other, for individuals, and for services that provide care and support. From the early onset of March 2020, the pandemic situation was initially expected to last for a few weeks, with the instruction from the Government to stop all social contact provision and work from home if possible. The Trustees and the Management team devised a short strategy, for closure of our premises, staff to work from home, and regular contact with our attendees to be maintained via various means.

It soon became apparent that this situation was going to continue, so again looking at our strategy to be able to provide a consistent service, support the vulnerable and those in the most need became our focus.

Up-skilling staff to use technology, adapting communication methods within the organisation and developing ways to reach individuals particularly isolated by the lockdown situation. S2R introduced daily online activities, this has been very popular with 896 people visiting our 'How to' videos webpage during the 12 months and 165,973 people engaging with us on social media. We set up and operated a wellbeing telephone helpline for people who didn't have IT connectivity and provided 1:1 support where and when required. Due to the increasing numbers of people who were presenting to us, we produced a series of 12 wellbeing packs that were disseminated online and hard copy - posted to individual households or delivered to local centres and food banks etc. The Wellbeing Packs page on our website was visited 3,573 times and we printed 4,800 copies that were sent into the community.

Poor mental health was identified as a key legacy factor of the pandemic, and as we managed to continue to provide a service throughout, we were able to secure covid relief funds. We welcomed these funds which enabled S2R to provide vital support. The approach to longer-term funding is changing in order to meet new longer-term health needs. S2R is confident that our charitable aims will meet these changes and challenges during the months and year ahead.

OBJECTIVES AND ACTIVITIES

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

S2R provided a range of services for people experiencing poor mental health and associated problems. Being people centred, we collaboratively provided responsive approaches in order to meet changing needs resulting from the pandemic. Intervention and prevention of mental health decline and any health issues, have been our focus, building personal resilience to personal situations and challenges during restriction that has impacted so many.

An increasing focus of our work is developing and delivering preventative online sessions, helping people recognise signs and triggers of mental health issues and how to adopt healthy life choices through lockdown that enable better health outcomes. We provided a range of appropriate wellbeing activities and options that people could readily access. There is extensive identified need for this type of intervention and a strong evidence base for all services we were able to provide during the lockdown and social restriction periods. Activities during 2020-21 included:

The Great Outdoors Project - A local authority funded service, to promote the mental and physical health benefits of accessing outdoor spaces and activities associated with nature. The service has been able to meet with the challenges of the covid restrictions, setting people nature challenges as they took their daily allowed exercise and providing activities people can do at home or in their garden. The on-line delivery has been overwhelming and we have been able to offer a diverse range of nature-based sessions people can join in with throughout the lockdown and restrictive months. The three-year contract was awarded April 2019, extended for 2 further years.

Well Connected - Lottery Covid relief fund - This was a six-month short-term funded project to help enable people to re-connect after the first lockdown ended. Unfortunately, shortly after the funds were awarded we went into the second lockdown, so after negotiations with the Lottery we set about providing alternative ways to ensure people/communities could keep active, in touch and healthy. Providing online health, creative and therapeutic workshops, online connection packs with 658 distributed hard copy, with simple health, emotional and wellbeing information and ways to record personal successes and achievements. During the funding period we provided 18 in-person sessions to 176 participants; delivered 170 Live Digital sessions across Zoom, Microsoft Teams & Facebook Live with 23,013 people taking part; and offered 43 digital pre-recorded sessions reaching 29,812 people.

Community Learning Works - S2R provided a series of online Yoga sessions, funded by Community Learning Works (CLW) these sessions were very much to relieve stress, anxiety and to aid better wellbeing aspects such as, sleep, controlled breathing and relaxation. For some, low self-esteem and lack of motivation acted as barriers to this type of engagement, but the online sessions enabled people to connect in their own homes and build their confidence around the subject. Feedback from participants was extremely positive, with individuals now looking forward to when group activities can commence and join live yoga sessions. Participating groups included The Basement Recovery Project and WomenCentre.

Do Something Now - Your Wellness Your Community - Kirklees - Continuing our work towards better wellbeing for everyone and creating more localised community connections. Again due to Covid related restrictions, workshops had to take place online. These were a series of self-determination courses based around the national 5 Ways to Wellbeing, and how including these simple steps into our everyday lives has positive impacts on individual's wellbeing. 'Connect- Learn - Be Active -Take Notice and Give' are all proven that if adopted into lifestyles are beneficial for mental and physical health. As the community interactions could not take place, we adapted by providing online sessions in horticulture, Aromatherapy and how to make everyday products from natural sources e.g. plant based, flowers, herbs. For those people who were not digitally connected we provided 1:1 support by telephone and talked them through the classes so they got the full benefit from the postal handouts.

Creative Minds - As part of the Covid response, Creative Minds offered a themed fund around connecting and reducing isolation for people who receive secondary mental health support in the community and in-patients on mental health wards. As our wellbeing packs were in demand throughout Kirklees, we gained additional funds so the packs could be disseminated to individuals who were impacted by the covid situation but also vulnerable do to their ongoing chronic mental health condition. We also wanted to reach people who were in hospital to bring a sense of reality to the covid situation and that they had not been forgotten amongst the restrictive situation. The funding covered the cost for printing, packing and posting of these packs, as well as the packs being delivered to CMHTs settings and hospital settings. 600 hardcopy packs were provided.

One Community - Due to the success of our first editions of the Wellbeing packs, we quickly realised that there was a growing demand to extend the reach and type of information if we were to continue with them. One Community provided the funding to ensure that isolated, vulnerable and those most impacted by Covid, the lockdown and subsequent social restrictions had some form of contact with the outside world, we not only provided wellbeing information, but local and national awareness information and guidance how to protect yourself from being scammed (telephone, door to door or online) keep people with up to date covid guidance and advice, provide a listening ear service, and information on such things a local bereavement support, should people need it.

Inclusion North - NHS - This short-term funding was to ensure that the most vulnerable people in our society were provided with clear easy to understand information, guidance and support with all things covid related. These individual client groups included people with enduring mental health issues, Learning Disabilities and people who were on the Autism spectrum and subject to either putting themselves at harm, or being abused. We provided telephone and online support to over 100 people, we explained about the importance wearing face coverings, not meeting up with other people and what a social bubble was. If there were any other issues such as shopping or medication needs we would signpost to our colleagues in the Community Response teams, where their situations of need were taken care of.

Anchor Support Fund - Kirklees -TSL - At the emergence of NHS social prescribing, S2R was one of Partnership organisations that worked alongside PCN (GP practices) to identify and report on local health and gaps in service provision. S2Rs role was designated as mental health and wellbeing, so at the onset of Covid the focus changed to us developing and delivering mental health training for staff and community volunteers who were experiencing, first-hand, people who were saying they were impacted by covid and didn't know how to cope with this. The training was a two-pronged approach: informing community staff about Mental Health and informing staff on ways to look after their own wellbeing when supporting others. These are some of the teams we provided training and guidance for: Kirklees council staff, Locala, voluntary sector and NHS staff.

Health Inequalities - NHS & TSL - One of the areas identified by the covid pandemic was the health inequalities that some communities presented with. Poor mental health, higher rates of chronic health conditions such as Diabetes, Asthma, etc and unhealthy habits, all contributed to lower life outcomes, and being more likely to be impacted by covid related issues. Working in partnership with other voluntary and local community sector organisations we provided a means to engagement to introduce health themed activities that were not clinical, prescriptive or competitive, but supportive and fun to take part in. We targeted groups of people who were experiencing inequalities due to their health or disability, such as Kirklees visual impairment service. Sessions were online and some outdoors once activities could commenced in open spaces. People were given a personal health journal to map their progression - activities included Zumba for beginners, walking and nature rambles, along with healthy eating on a budget. By introducing small positive steps individuals physical and mental health improved. Moving forward S2R will work to expand our offer to marginalised groups in the community, further creating opportunities for people to get involved with activities designed to improve their mental health, wellbeing and community involvement. We will continue to work flexibly and tailor services to the specific needs of individuals and the wider community.

ESF Positive Minds - This is a partnership between Kirklees Council and voluntary sector, supported by the last of the European funding stream. The project is to provide support to 15-24-year-olds, who are facing barriers to further education and employment through low level mental health issues. S2R are providing therapeutic and practical activities to this group of young people, to assist with building confidence, social skills and practical abilities such as time management and journey planning. This is a three-year contract that commenced in October 2020. The young people have engaged in a varied programme of workshops that include, Aromatherapy, art, sewing, horticulture and growing produce, photography and more. On a monthly basis we have worked with an average of 18 young people, supporting them to access our provision and progress towards and into higher education or employment. By 31st March 2020, 6 of these clients had completed their Positive Minds journey and secured employment.

Working in Partnership -Throughout this year we have continued to work with existing partners and forged new connections that have been valuable for S2R and people most in need. Kirklees Community Plus teams, Link Workers, community responders and MAGs (Mutual Aid Groups) have all been a major factor with our support delivery during the Covid pandemic.

Community Mental Health Partnership - Like any other social care provider / charity, S2R and their colleagues in the Kirklees Community Adult Mental Health Partnership, have had to continue to provide and support people to overcome difficulties along the way.
The aim of these organisations is to:

- Provide better community mental health services, for people and with people.
- Ensure services are accessible to all.
- Increase positive outcomes for people who access our services.
- Enable personal independence and resilience.
- Increase prevention and early intervention services.

We are pleased to report that throughout 2020-21 S2R continued to reach it's aims and provide new and innovative approaches to support communities across Kirklees. This year we reached more people than ever through resourceful utilisations of a range of communication methods, respecting, listening and understanding individuals access needs.

Between 1st April 2020 and 31st March 2021, on social media alone we engaged with in excess of 165,000 people and our website saw more than 10,000 visits this year. We engaged our Community through distribution of thousands of postal packs, social media challenges (such as the '50 Day Nature Challenge'), live and pre-recorded session videos (in excess of 150), WhatsApp groups, Zoom and Microsoft Teams sessions (more than 250), in-person indoor and outdoor experiences, events and activities across Kirklees when government restrictions allowed (80 sessions).

Shop Sales - In the year ending 31 March 2021, sales of craft items produced by S2R and by local artists / makers was suspended due to our premises being closed to the public.

FINANCIAL REVIEW

Financial position

Unrestricted income for 2020/21 was £79,720 (2020: £58,792) and unrestricted expenditure was £11,887 (2020: £65,981), giving a surplus for the year on unrestricted funds of £67,833 (2020: £7,189 deficit), before transfer between funds.

Restricted income for 2020/21 was £302,722 (2020: £138,163) and restricted expenditure was £250,455 (2020: £131,929) giving a surplus on restricted funds of £52,267 (2020: £6,234 surplus), before transfers between funds.

Transfers between funds of £2,462 have been made to recognise restricted funding that has satisfied the purposes of the funding and been released to unrestricted funds and also to recognise allocations for matched funding purposes.

Funds position at 31 March 2021:

	£
Total funds at 31.3.21	231,861
Less : Restricted funds	(62,287)
Less : Held as fixed assets	(16,281)
	153,293

Reserves policy

The reserves at the end of 2020/21 are at a level which covers 6 months activities costs and the policy for 2021/2022 will be to work to maintain and, if possible, to increase the reserves, whilst still maintaining a strong focus on the work of the charity.

The Board is realistic in understanding the significant impact that the Covid pandemic has had on funding priorities and changing workstreams, as well as the high level of competition for charitable funding. Trustees and management have put into place appropriate procedures to monitor the changing situation and will continue to exercise all due diligence in overseeing the charity's financial health.

COVID 19 IMPACT AND THE FUTURE PLANS

Since the start of the pandemic, S2R's Covid impact plan has been regularly reviewed and adapted in line with the frequently changing circumstances and regulations, local and national. This plan has proved to be reliable, Covid safe and effective and has the full confidence of the Board and relevant funders and stakeholders.

The expectation for the future is that the policies, procedures and risk assessments now in place will continue to be reviewed until the pandemic is officially at an end. We are satisfied that the experience we have gained during this time will allow S2R to safely carry out our charitable role in Kirklees, and with the enhanced delivery model of assisted technology, will aid our ambition to broaden the scope of activities and to re-establish the fully operating model that was in place pre-pandemic.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

S2R is a registered charity, number 1122199, registered on 7th January 2008 and a Company Limited by Guarantee, number 6418312, incorporated on 5th November 2007. The charity is governed by its Memorandum and Articles of Association.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Changes to the Board membership

During the year J Pollard was elected as Chair, W Ellis was elected as Treasurer, L Hosey was elected as Vice-Chair and P Wood remained Chief Executive

During the year J Evans and D Store retired from the board and since the year end E K Jackson has been welcomed onto the board as a new trustee.

The Trustees have conducted all meetings digitally via Zoom this year, they have met on 11 occasions and there has been good attendance at all meetings.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06418312 (England and Wales)

Registered Charity number
1122199

Registered office
5 - 7 Brook Street
Huddersfield
West Yorkshire
HD1 1EB

Trustees
J E Pollard (Chair)
L A Hosey (Vice Chair)
W Ellis (Treasurer)
R Buxton
G W Dimmock
J D Evans FCCA (resigned 15/10/20)
E K Jackson (appointed 3/6/21)
K A Smith
S D Storr (resigned 15/10/20)

Independent Examiner
Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers
National Westminster Bank Plc
8 Market Place
Huddersfield
HD1 2AL

CCLA Fund Managers Limited
Senator House
85 Queen Victoria Street
London
EC4V 4ET

Honorary president
Dr N H Booya MB, ChB, FRCPsych, DPM, MSc

Chief Executive
P Wood

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Support to Recovery for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 08-11-2021 and signed on its behalf by:

Janet Pollard

J E Pollard - Trustee

Independent examiner's report to the trustees of Support to Recovery ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st March 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Victoria Atkinson BA FCA
Institute of Chartered Accountants in England and Wales
Riley & Co Limited
Chartered Accountants
52 St Johns Lane
Halifax
West Yorkshire
HX1 2BW

Date: 9 November 2021

SUPPORT TO RECOVERY

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31st March 2021

	Notes	Unrestricted funds £	Restricted funds £	31/3/21 Total funds £	31/3/20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	54,960	177,306	232,266	58,578
Charitable activities	5				
Provision of support, advice and other services		24,656	125,416	150,072	129,238
Other trading activities	3	25	-	25	8,817
Investment income	4	79	-	79	322
Total		79,720	302,722	382,442	196,955
EXPENDITURE ON					
Raising funds		13	-	13	2,891
Charitable activities	6				
Provision of support, advice and other services		11,874	250,455	262,329	195,019
Total		11,887	250,455	262,342	197,910
NET INCOME/(EXPENDITURE)		67,833	52,267	120,100	(955)
Transfers between funds	17	(2,462)	2,462	-	-
Net movement in funds		65,371	54,729	120,100	(955)
RECONCILIATION OF FUNDS					
Total funds brought forward		104,203	7,558	111,761	112,716
TOTAL FUNDS CARRIED FORWARD		169,574	62,287	231,861	111,761

The notes form part of these financial statements

Balance Sheet
31st March 2021

	Notes	31/3/21 £	31/3/20 £
FIXED ASSETS			
Tangible assets	12	16,281	19,417
CURRENT ASSETS			
Debtors	13	14,773	13,029
Cash at bank and in hand		209,582	108,758
		224,355	121,787
CREDITORS			
Amounts falling due within one year	14	(8,775)	(29,443)
NET CURRENT ASSETS		215,580	92,344
TOTAL ASSETS LESS CURRENT LIABILITIES		231,861	111,761
NET ASSETS		231,861	111,761
FUNDS	17		
Unrestricted funds		169,575	104,203
Restricted funds		62,286	7,558
TOTAL FUNDS		231,861	111,761

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

Balance Sheet - continued
31st March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 08-11-2021 and were signed on its behalf by:

W Ellis - Trustee

L E Pollard - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- over the remaining life of the lease
Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 33% on reducing balance

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of any restricted fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	31/3/21	31/3/20
	£	£
Donations	25,011	10,933
Grants	207,255	47,645
	232,266	58,578

Grants received, included in the above, are as follows:

	31/3/21	31/3/20
	£	£
Baring Foundation	8,000	-
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	-
Dalton Community Fund	-	19,750
European Social Fund - Positive Minds	11,397	-
Inclusion North	3,700	-
Kirklees Council - Community Investment Fund : Do Something Now	-	14,000
Kirklees Council - Community Investment Fund : Wellbeing Fund	37,185	12,395
Kirklees Council - Small Business Grant	10,000	-
M H Anchor	45,000	-
One Community Fund	10,000	-
TBE Growth Fund	-	1,500
TSL Kirklees - Community Learning Works : Anchor Organisation	5,000	-
TSL Kirklees - Community Learning Works : Community Taster Sessions	5,000	-
TSL Kirklees - Community Learning Works : How to Workshops	2,000	-
TSL Kirklees - Covid 10 Wellbeing Services	15,000	-
TSL Kirklees - Health Inequalities Programme	5,000	-
	207,255	47,645

3. OTHER TRADING ACTIVITIES

	31/3/21	31/3/20
	£	£
Art Shop Project Sales	25	8,817

continued...

4. INVESTMENT INCOME

	31/3/21	31/3/20
	£	£
Deposit account interest	79	322

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31/3/21	31/3/20
		£	£
Room hire and workshops	Provision of support, advice and other services	1,975	16,934
The Great Outdoors	Provision of support, advice and other services	145,097	107,450
Other sundry income	Provision of support, advice and other services	3,000	4,854
		150,072	129,238

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs	Totals
	£	£	£
Provision of support, advice and other services	252,850	9,479	262,329

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31/3/21	31/3/20
	£	£
Staff costs	192,294	146,055
Rent, rates, services and insurance	13,032	15,731
Insurance	3,457	3,355
Light and heat	1,997	3,297
Telephone & Internet	1,190	1,184
Printing, postage and stationery	11,315	1,812
Sundries	2,005	1,149
Repairs and maintenance	2,375	1,867
Subscriptions	584	52
Training	282	1,096
Refreshments	4	1,576
Group support costs	14,640	2,491
Motor and travel expenses	799	1,459
Bank charges	774	1,032
Bad debts	51	-
Depreciation	8,051	3,821
	252,850	185,977

continued...

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/3/21	31/3/20
	£	£
Depreciation - owned assets	8,051	3,821

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2021 nor for the year ended 31st March 2020.

10. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/3/21	31/3/20
Charitable	14	13

No employees received emoluments in excess of £60,000.

Key management personnel
The key management personnel of the charity have been identified as the senior manager.

The aggregate employment benefits, including employers national insurance and pension contributions, for these key management personnel for the year was £28,668 (2020: £19,324). The remuneration of the key management is set by the trustee board and reviewed annually.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	31,984	26,594	58,578
Charitable activities			
Provision of support, advice and other services	17,669	111,569	129,238
Other trading activities	8,817	-	8,817
Investment income	322	-	322
Total	58,792	138,163	196,955

continued...

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	2,891	-	2,891
Charitable activities			
Provision of support, advice and other services	63,090	131,929	195,019
Total	65,981	131,929	197,910
NET INCOME/(EXPENDITURE)	(7,189)	6,234	(955)
RECONCILIATION OF FUNDS			
Total funds brought forward	111,392	1,324	112,716
TOTAL FUNDS CARRIED FORWARD	104,203	7,558	111,761

12. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1st April 2020	7,241	40,490	35,145	82,876
Additions	-	-	4,915	4,915
At 31st March 2021	7,241	40,490	40,060	87,791
DEPRECIATION				
At 1st April 2020	7,241	22,292	33,926	63,459
Charge for year	-	2,730	5,321	8,051
At 31st March 2021	7,241	25,022	39,247	71,510
NET BOOK VALUE				
At 31st March 2021	-	15,468	813	16,281
At 31st March 2020	-	18,198	1,219	19,417

continued...

13. DEBTORS

	31/3/21	31/3/20
	£	£
Amounts falling due within one year:		
Trade debtors	-	9,461
Salary overpayments	12	12
Prepayments	2,710	2,875
Accrued income	11,400	18
	14,122	12,366
Amounts falling due after more than one year:		
Salary overpayments	651	663
Aggregate amounts	14,773	13,029

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/3/21	31/3/20
	£	£
Trade creditors	740	1,266
Social security and other taxes	3,902	1,890
Net salaries	-	9,979
Pension fund	-	730
Company credit card	2,283	786
Accruals	1,850	2,397
Deferred income	-	12,395
	8,775	29,443

15. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31/3/21	31/3/20
	£	£
Within one year	12,000	12,000

The lease commitment disclosed relates to the premises at Brook Street. The lease has a break out clause at 12 month intervals and therefore only 12 months minimum lease payments are disclosed above.

continued...

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31/3/21 Total funds £	31/3/20 Total funds £
Fixed assets	16,281	-	16,281	19,417
Current assets	162,069	62,286	224,355	121,787
Current liabilities	(8,775)	-	(8,775)	(29,443)
	169,575	62,286	231,861	111,761

17. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	104,203	67,834	(2,462)	169,575
Restricted funds				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
European Social Fund - Positive Minds	-	(11,089)	11,089	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	4,867	2,003	-	6,870
M A Anchor	-	14,150	-	14,150
One Community Foundation	-	(12)	12	-
Something Now - Covid 19	-	1,506	(1,506)	-
The Great Outdoors	2,691	33,601	-	36,292
TSL Kirklees - Health Inequalities Programme	-	4,974	-	4,974
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	7,558	52,266	2,462	62,286
TOTAL FUNDS	111,761	120,100	-	231,861

continued...

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	79,720	(11,886)	67,834
Restricted funds			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
European Social Fund - Positive Minds	11,398	(22,487)	(11,089)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Community Investment Fund - Wellbeing Fund	37,184	(35,181)	2,003
M A Anchor	45,000	(30,850)	14,150
One Community Foundation	10,000	(10,012)	(12)
Something Now - Covid 19	18,416	(16,910)	1,506
The Great Outdoors	107,051	(73,450)	33,601
TSL Kirklees - Health Inequalities Programme	5,000	(26)	4,974
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	302,722	(250,456)	52,266
TOTAL FUNDS	382,442	(262,342)	120,100

Comparatives for movement in funds

	At 1/4/19 £	Net movement in funds £	At 31/3/20 £
Unrestricted funds			
General fund	111,392	(7,189)	104,203
Restricted funds			
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	4,867	4,867
The Great Outdoors	1,324	1,367	2,691
	1,324	6,234	7,558
TOTAL FUNDS	112,716	(955)	111,761

continued...

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	58,792	(65,981)	(7,189)
Restricted funds			
Community Partnerships : Carers Breaks	3,100	(3,100)	-
Kirklees Council - Comminity Investment Fund - Do Something Now	14,000	(14,000)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	12,395	(7,528)	4,867
The Great Outdoors	108,668	(107,301)	1,367
	138,163	(131,929)	6,234
TOTAL FUNDS	196,955	(197,910)	(955)

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	111,392	60,645	(2,462)	169,575
Restricted funds				
Big Lottery Fund - Covid 19 Response (ID: 20145245)	-	880	(880)	-
European Social Fund - Positive Minds	-	(11,089)	11,089	-
Inclusion North	-	3,675	(3,675)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	-	6,870	-	6,870
M A Anchor	-	14,150	-	14,150
One Community Foundation	-	(12)	12	-
Something Now - Covid 19	-	1,506	(1,506)	-
The Great Outdoors	1,324	34,968	-	36,292
TSL Kirklees - Health Inequalities Programme	-	4,974	-	4,974
TSL Kirklees - Covid 19 Wellbeing fund	-	2,589	(2,589)	-
West Yorkshire Police - Safer Communities Fund	-	(11)	11	-
	1,324	58,500	2,462	62,286
TOTAL FUNDS	112,716	119,145	-	231,861

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	138,512	(77,867)	60,645
Restricted funds			
Big Lottery Fund - Covid 19 Response (ID: 20145245)	49,973	(49,093)	880
Community Partnerships : Carers Breaks	3,100	(3,100)	-
European Social Fund - Positive Minds	11,398	(22,487)	(11,089)
Inclusion North	3,700	(25)	3,675
Kirklees Council - Comminity Investment Fund - Do Something Now	14,000	(14,000)	-
Kirklees Council - Community Investment Fund - Wellbeing Fund	49,579	(42,709)	6,870
M A Anchor	45,000	(30,850)	14,150
One Community Foundation	10,000	(10,012)	(12)
Something Now - Covid 19	18,416	(16,910)	1,506
The Great Outdoors	215,719	(180,751)	34,968
TSL Kirklees - Health Inequalities Programme	5,000	(26)	4,974
TSL Kirklees - Covid 19 Wellbeing fund	15,000	(12,411)	2,589
West Yorkshire Police - Safer Communities Fund	-	(11)	(11)
	440,885	(382,385)	58,500
TOTAL FUNDS	579,397	(460,252)	119,145

Big Lottery Fund - Covid Response
Short-term, 6 month project. Our Well-Connected project supported our community to stay connected during and between lockdowns and to keep mentally & physically healthy through a varied programme of largely online sessions, postal packs and information distribution.

Creative Minds
Short-term, 4 month provision. Covid-response fund supporting people who receive secondary mental health support to reconnect and reduce isolation. This funding enabled us to disseminate 600 wellbeing packs to those with chronic mental health conditions.

Inclusion North
Short-term 8 weeks funding. Providing phone support and easy to understand support information, during the pandemic, for neurodivergent people (i.e. those with Autism, ADHD, Learning Disabilities) who are vulnerable in terms of their disability, learning or mental health needs in relation to Covid-19.

continued...

17. MOVEMENT IN FUNDS - continued

Mental Health Anchor
12 month project, working in partnership with GP's, PCN's and other local services to identify and report on local health needs and gaps in provision. Our key role was to support other Anchor organisations through mental health training for their staff and community volunteers, looking at both the wellbeing needs of their clients and the needs of the staff and volunteers themselves during the pandemic.

One Community Foundation
6 months funding to supporting isolated and vulnerable individuals during covid. We provided a phone listening ear service and via post: wellbeing information, local and national awareness information and guidance on protecting yourself against scams; covid guidance & advice; information on services such as bereavement support and more.

Do Something Now - Covid 19
Short-term, 3 month project. Continuing our wellbeing provision through online 5 Ways to Wellbeing courses, horticultural and aromatherapy sessions. For individuals unable to access digitally we provided 1:1 phone support and postal handouts.

Kirklees Translated Wellbeing Packs
Short-term funding during the pandemic to translate 6 editions of our Wellbeing Packs into community languages: Punjabi, Gujarati, Urdu, Hungarian and Romanian. Fund covered translation costs, printing, packaging and distribution across Kirklees to isolated, vulnerable and harder to reach communities.

TSL Heath Inequalities
Short-term, 9 month project. Targeted support for groups experiencing health inequalities due to conditions such as: poor mental health and higher rates of chronic health conditions such as Diabetes and Asthma. We offered a range of social activities including Zumba and walking/rambling sessions, tailored to the specific needs of each group.

TSL Covid 19 Wellbeing
6 months funding to develop, design, print and distribute the first 6 Wellbeing pack editions - packs included tips and ideas for how to keep mentally and physically well during and between periods of national lockdown, through practical, creative and nature-based activities. Packs also included locality specific support services information and up to date council & central government guidance.

Transfers between funds

Transfers between funds in this financial year are to recognise expenditure that has been charged to the general unrestricted fund, but should have been allocated to a restricted fund, all of the projects shown has been completed at 31 March 2021 to the satisfaction of the funder.

The transfer between funds of £11,089, of the deficit on the European Social Fund - Positive Minds Inclusion North project, relates to the accounting for the 'matched' funding element of the project, met from Support to Recovery's unrestricted funds.

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18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2021.

19. ULTIMATE CONTROLLING PARTY

The charity is under the control of the board of trustees.

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities
for the Year Ended 31st March 2021

	31/3/21 £	31/3/20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	25,011	10,933
Grants	207,255	47,645
	232,266	58,578
Other trading activities		
Art Shop Project Sales	25	8,817
Investment income		
Deposit account interest	79	322
Charitable activities		
Room hire and workshops	1,975	16,934
The Great Outdoors	145,097	107,450
Other sundry income	3,000	4,854
	150,072	129,238
Total incoming resources	382,442	196,955
EXPENDITURE		
Other trading activities		
Commission	13	2,891
Charitable activities		
Wages	178,443	136,703
Social security	7,863	4,524
Pensions	5,988	4,828
Rent, rates, services and insurance	13,032	15,731
Insurance	3,457	3,355
Light and heat	1,997	3,297
Telephone & Internet	1,190	1,184
Printing, postage and stationery	11,315	1,812
Sundries	2,005	1,149
Repairs and maintenance	2,375	1,867
Subscriptions	584	52
Carried forward	228,249	174,502

SUPPORT TO RECOVERY

Detailed Statement of Financial Activities
for the Year Ended 31st March 2021

	31/3/21 £	31/3/20 £
Charitable activities		
Brought forward	228,249	174,502
Training	282	1,096
Refreshments	4	1,576
Group support costs	14,640	2,491
Motor and travel expenses	799	1,459
Bank charges	774	1,032
Bad debts	51	-
Depreciation of tangible fixed assets	8,051	3,821
	252,850	185,977
Support costs		
Governance costs		
Accountancy and legal fees	9,479	9,042
Total resources expended	262,342	197,910
Net income/(expenditure)	120,100	(955)

This page does not form part of the statutory financial statements