
	<p>KARIBU African Women's Support Group</p>	<p>Burlington Baptist Hall Burlington Road Ipswich Suffolk IP1 2EU Tel: 01473487004 Mob: 07751660833 Email: karibu_wsg@yahoo.co.uk Website: www.karibuawsg.com Charity No. 1122028</p>	
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KARIBU AFRICAN WOMEN'S SUPPORT GROUP'S TRUSTEES' ANNUAL REPORT 2023

**Register Office: Burlington Baptist Church Hall Burlington Road Ipswich
Suffolk IP1 2EU**

Charity Number: 1122028

Trustees:

Mrs Elizabeth Adejuwon
Miss Secilia Ausiku
Mrs Adebunkola Ifejika
Mrs Uzoma Ihedirimadu
Miss Tlodupjane Maria Mamabolo
Ms Belinda Maskell
Mrs L O Ojo

Structure, Governance and Management:

KARIBU was set up in March of 2005 and became a registered charity by constitution in December 2007. Our earlier trustees were appointed by their peers and the new ones on merit and in the recognition of their passion and contributions to the development and achievement of the organisation.

The day to day running of the charity's projects is done by the Manager and the Administrative Assistant, with the support of the Board of Trustees of the organisation; the Volunteers and Sessional Workers supporting in the delivery of our activities.

Objectives and Activities

Summary of the objects of KARIBU African Women's Support Group as set out in our governing document:

- To relieve any charitable need of African women and children in Suffolk in particular, but not exclusively
- The relief of financial need and sickness

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- The advancement of education
- The promotion of racial and religious harmony and the provision or assistance in the provision of facilities for recreation or other leisure time occupation in the interest of sound welfare with the object of improving the conditions of life for beneficiaries without distinction of sex or of political, religious or other opinions.

Some of the activities we carry out in relation to these objects:

In pursuit of our objects:

- We continue to inform and advice our members and service users on the information we gather through networking, from statutory organisations and other sources.
- We offer Peer Support to each other and reach out to those who are referred to us or called upon to help and those who come to us seeking help or advice.
- We run a Saturday term time supplementary school with lessons in English, Mathematics, basic Science, art and craft and culturally based activities like dancing, cooking, drumming & storytelling. We also run workshops and activities for our adult population.
- With the cooperation of our members and volunteers we organise activities and attend events to commemorate and celebrate historical and current events such as African History Month, International Women's Day; hold stalls for information and promotion of the charity etc.
- We network with other organisations by participating in several meetings and events during the year, to ensure that all our members are kept informed of events and activities in and around Suffolk.

Achievements and Performance

Summary of the main achievements and disappointments of the charity during 2022 / 2023:

- We have continued to maintain a very strong presence within Ipswich and have remained as a reference point for the local African and ethnic minority communities. We ran health and well-being activities which benefit very diverse set of participants, such as Mindfulness, Food and Mood, Dance and Exercise.
- Hosted amazing and well attended events to celebrate International Women's Day the King's coronation and events to celebrate African History Month, such as Jollof rice extravaganza, Gospel night and Culture and Heritage Day.
- The Saturday Supplementary School continues to be popular and appreciated by parents as a community service. We continue to see tangible improvement in the attending children; with huge improvement in their confidence and social skills particularly as most of the children

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come from homes where they have English as their second language. We ran a few workshops in Swahili language and African cooking over the summer and made a trip to the seaside. It is especially heartwarming to see the children bonding and forming great friendships.

- Karibu continues to provide members of the female African population and other ethnic minority communities with effective help and peers' support, meet and connect with one another to share in each other's experiences and encourage each other to make personal individual progress and development.
- We are currently helping to integrate 43 young asylum and refugee men into the British society.
- We have continued in our support of Suffolk Sickle Cell Society with its work in the community. We also serve in advisory roles within the Gambian and Nigerian Associations. We work in collaboration with other organisations such as Refugee Support, African Cultural Forum, Suffolk Black Forum, Inside Out Community, Arts O'lam, Future Female Society, The HIVE & Ladies of Vision. As part of our works in the community we are member of The Engaged Communities which now meets monthly. Karibu remains the main hub of the local African community and are often the first point of call for enquiries from outside the County and by the Social Services when there is an African person in need of peer support. Karibu remains the CHAMPION of the Africans and other Minority Ethnic women and children in Ipswich. The highlights of the year were the Gospel Night which was attended by over 120 people from across the County, our first since COVID and Lockdowns and appointments on our Board of Trustees two amazing and committed ladies!!

Disappointment:

- We were hoping that Karibu would have by now own its own space big enough to accommodate all our activities and resources.
- Still waiting to secure core funding to maintain and retain our staff.

Financial Information

- We are most grateful to all our funders especially, Suffolk Community Foundation's, Suffolk County Council, Frank Jackson Foundation, Garfield Weston, Henry Smith, Mrs Rope, Peoples health Lottery and ASDA who have all funded us during this period and without whose

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support we couldn't have done much. The Charity raised a total of £37,952.10 during the financial year and a total expenditure of £27,059.80 during the same period.

Appreciation

- We are very grateful to our Landlords - Burlington Baptist Church for their understanding, help and support in making it a lot easier for us to stay afloat by offering amazing discounts on the use of the halls and our office space. We are very grateful to all our volunteers, sessional and regular staff and board of trustees who all make a fantastic team. We also thank our colleagues from other organisations and all our service users especially the ladies and gentlemen who attend our health and well-being activities on Mondays and Thursdays. Special appreciation goes to our chairperson, Ms Belinda Maskell who continues to do so much for us despite her own personal workload.
- Thank you everyone we couldn't have done it without you all!!

Other information:

It is our hope that KARIBU will continue to perform its unique role amongst its members, other ethnic minorities, service users and the British public at large.

Karibu's 22/23 Trustees Report

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	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Ipswich Borough Council	-	2,317	-	2,317	2,000
Suffolk County Council	-	2,550	-	2,550	10,357
S C Foundation (Household Support)	-	-	-	-	5,700
SCF (Realising Ambition)	-	-	-	-	4,284
SCF (Maurken Fund)	-	-	-	-	2,000
The Tudwick Foundation	-	-	-	-	2,492
Colchester Borough Council	-	-	-	-	1,860
Lottery Communities Fund	-	661	-	661	18,522
Mrs D Rope	-	4,185	-	4,185	-
The Henry Smith	-	1,770	-	1,770	-
People's Health Trust	-	7,778	-	7,778	-
SCF - Frank Jackson Fund	-	4,800	-	4,800	-
East Suffolk Together Fund	-	2,648	-	2,648	-
ASDA	-	800	-	800	-
Garfield Weston	-	3,000	-	3,000	-
Suffolk Community Foundation	-	787	-	787	-
Covid Memorial	-	5,558	-	5,558	-
Generated Fund	1,098	-	-	1,098	1,171
Sub total (Gross income for AR)	1,098	36,854	-	37,952	48,386
A2 Asset and investment sales, (see table).					
Sub total	-	-	-	-	-
Total receipts	1,098	36,854	-	37,952	48,386
A3 Payments					
Activity materials	15	698	-	713	371
Advertising and promotion	-	-	-	-	211
Affiliation and membership	-	-	-	-	50
Education and learning	-	70	-	70	272
Events / Workshops	-	2,085	-	2,085	400
Office and sundry expenses	28	37	-	65	366
Insurance	-	179	-	179	179
Professional fees	-	1,288	-	1,288	-
Refreshments	-	190	-	190	33
Rent and premises hire	-	2,828	-	2,828	3,418
Salary / Sessional fees	-	16,784	-	16,784	17,874
Stationary and postage	1	232	-	233	104
Travel / Volunteer expenses	188	1,110	-	1,298	290
Telecom and internet	139	164	-	303	627
Covid household support	-	-	-	-	5,700
Sub total	371	25,665	-	26,036	29,895
A4 Asset and investment purchases, (see table)					
Office equipment	-	1,023	-	1,023	-
Sub total	-	1,023	-	1,023	-
Total payments	371	26,688	-	27,059	29,895
Net of receipts/(payments)	727	10,166	-	10,893	18,491
A5 Transfers between funds					
A6 Cash funds last year end	2,019	25,992	-	28,011	-
Cash funds this year end	2,746	36,158	-	38,904	18,491

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	2,746	36,158	-
		-	-	-
		-	-	-
	Total cash funds	2,746	36,158	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		CECILIA AUSIKU	24.08.2023	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees	Karibu African Women's Support Group		
On accounts for the year ended	31/3/2023	Charity no (if any)	1122028
Set out on pages	1 and 2		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/3/2023**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: 

Date: 24/8/2023

Name: Simon Sturman

Relevant professional qualification(s) or body (if any):

FCCA

Address:

Simply Accounts & Tax

Epsilon House
Ransomes Europark
Ipswich. IP3 9FJ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.