

ESCAPING VICTIMHOOD

Registered Charity No. 1121708

Company No. 6356205

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

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ESCAPING VICTIMHOOD

Report of the Board of Trustees for the year ended 31 March 2022

Charitable Status

Escaping Victimhood is a charity, registered in England, number 1121708. It is also a company limited by guarantee, registered in England number 6356205.

Trustees

The Board of Trustees, who are the charity trustees, and directors of Escaping Victimhood (the charitable company), have pleasure in presenting their report, which incorporates the report of the directors for the purposes of company law, and the accounts for the year ended 31 March 2022.

The trustees/directors who have held office at any point during the year ended 31 March 2022 and to the date of this report are as follows:-

Trustees:	Tim Newell (Chair) Nigel Byford Robert Cornell (appointed 24 June 2022) Kevin Piper Morag Robertson
Company Secretary:	Tim Newell
Registered Office:	21, Ludlow Drive, Thame, Oxfordshire OX9 3XS
Independent Examiner:	Peter J Stevenson, FCA
Bankers:	The Cooperative Bank PO Box 8888 Swindon SN12 1TS

Structure, Governance and Management

The charity is established via the memorandum and articles of the company, adopted in 2007.

All new Trustees are recruited on the recommendation of organisations and people with whom the charity works, or by existing Trustees; they are given an induction pack and offered appropriate training in order to fulfil their role.

Robert Cornell comes to the charity with much experience of charitable work, and insight into the needs of its client group.

Objectives and activities

The objects of Escaping Victimhood are to relieve persons in the UK who are in need, sickness and distress as a result of crime or disaster, and the families thereof; also, to advance public education and awareness by research into relevant issues.

Achievements and performance

21-22 has been a difficult year for the charity, with the gradual emergence from the lockdowns brought about by the COVID pandemic. Our preferred venue, Woodbrooke, has been having problems with hosting events on site. Referrals have reduced and the recovery from the trauma of the restrictions, and the anxiety about the continuing potential of the virus, have made for greater uncertainty in planning and delivery of our sensitive, demanding work.

We delivered one workshop in the reporting period. For the first time we were able to gain funding from the Mayor's Office in London and in the autumn we held a workshop in Kairos, a Roman Catholic Retreat Centre near Richmond Park. This was carried out with a partnership with Trauma Treatment International, with whom we have had involvement and good contact for many years. They provided some preparation for those referred and some post workshop support also. We were able to attract 12 participants and carried out some formal evaluation of the workshop through Bath University.

Providing post workshop support for participants has always been available through our facilitators but this model added to the process for more participants. We have continued to provide on-line support for some past participants and have a Facebook page to support the contact. There are often difficulties getting responses from past participants who don't seem to call for further contact.

During the year we have continued to develop our relationship with the National Homicide Service and there are several referrals that have resulted so that we can plan a workshop for bereaved families through homicide when Woodbrooke can host us.

The funding of a workshop by the Isle of Wight Quakers for people abused in childhood was sadly not possible to deliver when we wanted it because of the lockdowns. We continue to look for some way to meet the need.

Our work continues to be much needed, and although the constraints of the past two years have limited us, we remain certain that that need should be met.

Public Benefit

The Trustees of the charity have had due regard both to the objectives of the charity, as set out above, and also to the guidance on public benefit published by the Charity Commission, in exercising their powers and duties.

Financial Review

The charity achieved an overall surplus of £3,496 compared with a deficit of £4,346 in 2020/21. On restricted funds there was a surplus for the year of £10,796 and, after a transfer of £6,250 to unrestricted funds in the year of funds no longer restricted, there remained a restricted fund balance of £37,125 to be carried forward (2021: £32,579). In the year £41,230 was received from MQPAC, £10,000 from Awards for All, and £7,186 from the Ministry of Justice; all of these initiatives will help the charity's work to continue at a satisfactory level in 2022/23.

None of the trustees is paid by Escaping Victimhood, and there were no related party transactions; expenses paid to trustees totalled £NIL (2021: £NIL); the average number of employees was 0 (2021: 0). The charity recognises the support it receives through the voluntary assistance of a number of individuals.

Reserves and Investment Policy

The trustees believe that the charity's assets are available and adequate to fulfil the obligations of the charity as a whole. Surplus funds are placed on deposit when appropriate, and the accounts are prepared on a going concern basis.

Going concern

The Trustees have taken action to minimise the impact of Covid-19 on its operations and, under all scenarios reviewed, the charity has sufficient reserves to enable it to continue as a going concern for at least 12 months from the date of signing this report. For this reason, it continues to adopt the going concern basis in preparing the financial statements.

Future plans

Our funders look for some continuing possibility for those who seek it after the workshop. We realise the benefit of a Users' Group and are in the process of developing a group to advise us as well as support each other. As part of this process we continue to support a group of past participants who are looking to establish a programme of activities that continue to support resiliency and wellbeing.

Sadly because of the effects of the pandemic and the subsequent lockdowns we have been unable to deliver workshops over the past year but have focused our work on sustaining those past participants in need of support and on developing our capacity to deliver our workshop programme in future. We have strengthened our capacity to improve the experience for participants and increase the likely take-up of offered places in future. There has been a history of people dropping out of coming as the workshop dates come nearer.

Our work continues to be much needed, and we hope to emerge from the lockdowns in a stronger position to provide for the needs of people affected by serious trauma. We look forward to providing our service in the forthcoming months.

Risk management

The trustees believe the principal risk to which the charity is exposed is any reduction in income available to fund future workshop programmes, and the ability to run workshops in the light of the uncertainty surrounding the ongoing effect of Covid 19. The level of future commitments is carefully monitored in order to manage this risk, and strenuous efforts are made to foster links with key relevant grant-making trusts and funders.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Report of the Trustees and financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the Trustees are required to select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as the Trustees are aware, there is no relevant information (information needed by the company's independent examiner in connection with preparing his report) of which the company's examiner is unaware, and each Trustee has taken all the steps that he or she ought to have taken as a director in order to make themselves aware of any relevant information and to establish that the company's examiner is aware of that information.

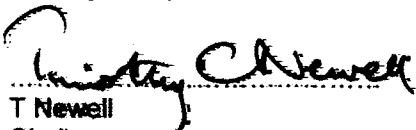
Independent examination

The independent examination of the charity's accounts has been undertaken by Peter Stevenson, Chartered Accountant.

This report has been prepared in accordance with the Small Companies regime under the Companies Act 2006.

Approved by the Trustees on 7 October 2022

And signed by order of the board by


T Newell
Chairman

Independent Examiner's Report to the Trustees of Escaping Vietnamhood

I report to the charity trustees on the accounts of the charity for the year ended 31st March 2022, which are set out on pages 5 to 8.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011. In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination, giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Peter J. Stevenson

Peter J. Stevenson
Chartered Accountant

8 Harbord Road
Oxford
OX2 8LJ

Date: 7th October 2022

STATEMENT OF FINANCIAL ACTIVITIES AS AT 31ST MARCH 2022
(including Income and Expenditure Account)

	Notes	Restricted Funds £	Unrestricted Funds £	2022 Totals £	Restricted Funds £	Unrestricted Funds £	2021 Totals £
INCOME							
Donations and legacies:							
Grants and donations		60,416	754	61,170	16,746	0	16,746
Activities for generating funds:							
Workshop fees		0	0	0	0	0	0
Other income		0	0	0	0	0	0
Total income		60,416	754	61,170	16,746	0	16,746
EXPENDITURE							
Costs of generating funds	3	0	0	0	0	0	0
Expenditure on charitable activities							
Staff costs		0	0	0	0	0	0
Activity costs		49,620	6,545	56,165	18,463	0	18,463
Other costs		0	1,509	1,509	2,275	354	2,629
Total expenditure		49,620	8,054	57,674	20,738	354	21,092
NET MOVEMENT IN FUNDS		10,796	-7,300	3,496	-3,992	-354	-4,346
Transfer between funds		-6,250	6,250	0	8,271	-8,271	0
Reconciliation of funds							
Total funds b/f at 1st April 2021		32,579	16,169	48,748	28,300	24,794	53,094
Total funds c/f at 31st March 2022		£37,125	£15,119	£52,244	£32,579	£16,169	£48,748

Movements on reserves and all recognised gains and losses are shown above; all of the activities of the charity are continuing.

ESCAPING VICTIMHOOD
COMPANY NO: 6356205
BALANCE SHEET AS AT 31 MARCH 2022


	Note:	2022 £	2021 £
FIXED ASSETS			
Tangible assets:		0	0
CURRENT ASSETS			
Debtors	4	1,714	1,698
Cash at bank and in hand:		<u>52,047</u>	<u>49,145</u>
		53,761	50,843
LIABILITIES:			
CREDITORS FALLING DUE WITHIN ONE YEAR	5	<u>(1,517)</u>	<u>(2,095)</u>
NET CURRENT ASSETS		<u>52,244</u>	<u>48,748</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		52,244	48,748
CREDITORS FALLING DUE AFTER MORE THAN ONE YEAR		<u>(0)</u>	<u>(0)</u>
NET ASSETS		<u>52,244</u>	<u>48,748</u>
THE FUNDS OF THE CHARITY			
Restricted funds	6	37,125	32,579
Unrestricted funds:		<u>15,119</u>	<u>16,169</u>
		<u>52,244</u>	<u>48,748</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006. No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records which comply with section 386 and for the preparation of accounts in accordance with section 393.

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Approved and authorised for issue by the board on 7 October 2022 and signed on its behalf by

 Trustee
 Mr T Newell

 Trustee
 Mr K Piper

ESCAPING VICTIMHOOD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and with the Charities Act 2011 and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, and on the going concern basis.

Escaping Victimhood meets the definition of a public entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

a) **Income**

Income generally is recognised when the charity has entitlement to the funds, any performance conditions attached to the funds have been met, it is probable that the income will be received, and the amount can be measured reliably.

Grants are credited to the Statement of Financial Activities in the year when they are received, and placed in a restricted fund.

b) **Expenditure**

Expenditure is recognised in the accounts once a legal or constructive obligation arises to make payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably. It is included on an accruals basis, together with irrecoverable VAT.

Charitable activities also include governance costs associated with meeting the statutory and constitutional requirements of the charity.

c) **Depreciation**

Where applicable, assets of a capital nature are shown as fixed assets and depreciated over their expected lives.

2 **NET INCOME/(EXPENDITURE) FOR THE YEAR**

2022	2021
£	£

The net income/(expenditure) is stated after charging:

Independent examiner's fee	0	0
Depreciation	<u>0</u>	<u>0</u>

3 **STAFF COSTS**

2022	2021
£	£

<u>0</u>	<u>0</u>
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The average number of employees was 0 (2021: 0). Fundraising and other consultancy services are provided on an invoiced basis as required.

No trustee received any remuneration nor were there any related party transactions in either year. Expenses of £NIL (2021 £60) were reimbursed to 0 trustees (2021: 1).

ESCAPING VICTIMHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4	DEBTORS	2022	2021
		£	£
	Prepayments	1,714	1,698
	Other debtors	0	0
		<u>1,714</u>	<u>1,698</u>

5	LIABILITIES: CREDITORS FALLING DUE WITHIN ONE YEAR	2022	2021
		£	£
	HM Revenue and Customs	-	-
	Other creditors: activity costs	1,517	2,095
		<u>1,517</u>	<u>2,095</u>

6 RESTRICTED FUNDS

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Workshop & travel funds	32,579	60,416	(49,620)	(6,250)	37,125
	<u>32,579</u>	<u>60,416</u>	<u>(49,620)</u>	<u>(6,250)</u>	<u>37,125</u>

7 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted £	Unrestricted £	Total £
Tangible assets	0	0	0
Current assets	37,125	16,636	53,761
Current liabilities	(0)	(1,517)	(1,517)
Creditors > 1 year	(0)	-	(0)
	<u>37,125</u>	<u>15,119</u>	<u>52,244</u>

8 SHARE CAPITAL

Escaping Victimhood is a company limited by guarantee and as such does not have any issued share capital.