

REGISTERED COMPANY NUMBER: 06218426 (England and Wales)
REGISTERED CHARITY NUMBER: 1121701

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 30 June 2021
for
Community Cougars Foundation

Walkers Accountants Limited
Aireside House
Aireside Business Centre
Royd Ings Avenue
Keighley
West Yorkshire
BD21 4BZ

Community Cougars Foundation

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for the year ended 30 June 2021

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Community Cougars Foundation

Reference and Administrative Details
for the year ended 30 June 2021

TRUSTEES	M D Hurley P Rodgers (appointed 16.11.20) P E Shaw M J Dawson (resigned 11.10.21) B Morris (resigned 11.10.21)
COMPANY SECRETARY	M D Hurley
REGISTERED OFFICE	Keighley Town Council Keighley Civic Centre North Street Keighley West Yorkshire BD21 3RZ
REGISTERED COMPANY NUMBER	06218426 (England and Wales)
REGISTERED CHARITY NUMBER	1121701
INDEPENDENT EXAMINER	Walkers Accountants Limited Aireside House Aireside Business Centre Royd Ings Avenue Keighley West Yorkshire BD21 4BZ
BANKERS	Barclays Bank PLC 77 North Street Keighley BD21 3RZ

Report of the Trustees
for the year ended 30 June 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 June 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

The aim of the Community Cougars Foundation (CCF) is to improve opportunities for young people from disadvantaged background, using physical activities and education workshops to address various health, wellbeing and social inclusion imperatives.

Our work is guided by the following objectives:

Educating young people through workshops about the pros and cons of their lifestyle choices, and the benefits of making positive decisions. Through physical activity sessions, we enable young people to learn and develop personal and social life skills. For example, communicating and working as a team; becoming more physically active and making healthier lifestyle choices; and becoming resilient and understanding the benefits of hard work.

Empowering young people to become future role models for others in their local neighbourhoods and communities, by developing their educational and career aspirations. Through a pro-active approach to including young people in a range of decision-making situations through the educational and physical activity sessions, young people are given a voice to raise and explore their individual needs and wishes as well as support others through peer mentoring and other voluntary work.

Connecting young people to positive networks of care to offset feelings of loneliness. By expanding their social connections and wider links to other community organisations, the young people have access to on-going forms of social, physical, and mental health support facilities as well as inspiring their future educational, employment, and lifestyle choices.

Report of the Trustees
for the year ended 30 June 2021

OBJECTIVES AND ACTIVITIES

Achievements and key performance indicators

Our Key objectives for the work we have done in this financial year, has led to the following outcomes:

1. Prevented at-risk young people (between the ages of 11 to 18 years old) engaging in crime and anti-social behaviour, ensuring all project participants are transferred to one or more of our programme exit pathways (to ensure long-term prevention).
2. Increased the number of marginalised groups - particularly those from Black, African, and British Asian backgrounds (at higher-risk of obesity-related health conditions) - engaging in a variety of physical activity to enhance their health and fitness levels.
3. Developed the personal attributes of young people by not only raising their educational/ employability skills and competences but, also, improving their social skills and abilities to engage with a range of people.
4. Provided much needed forms of community and care whilst many other private, public, and third-sector services were closed and/or unable to recruit and sustain the long-term engagement of at-risk young people.

How did we meet our objectives?

We know that many young people are in-need of additional support to address their different and complex social, physical, and mental health needs, to improve their life chances, and become responsible members of the local community. During this financial year, the challenges of Covid19 heightened the needs of many young people, missing long-periods away from the structures of school support and care especially during periods of lockdown and/or self-isolation. The sudden and serious threat of Covid, made us diversify how we work so we could continue to meet the complex needs of those most vulnerable in society. That is, to off-set the impacts of Covid upon the health and well-being of already vulnerable groups.

Despite the challenges of working during the height of the Covid epidemic in the UK, and especially as it developed in the Bradford and Keighley areas, Community Cougars Foundation are pleased to report that we did not have to access the government furlough scheme (to maintain our provision to those who most needed it). Indeed, we were able to adapt and expand our services (to include also a greater number of not in education at-risk young people) by working with community partners (e.g. secondary schools, Keighley Council, and local parents, carers, and youth services) to ensure mutual financial sustainability. During this financial year, our income from public sector grants has increased and, despite the additional cost of ensuring we followed strict national and local Covid restrictions and safety guidelines, we were able to maintain a £30,000 reserve amount.

Project Summaries:

Give Bradford Resilience Fund

Was funded to continue to support the work we do with young people, specifically in terms of our after-school community provision, and new forms of delivery at Keighley Civic Centre. With Covid19 impacting young people's access to local support services, this provision developed our work to meet the needs of those who were specifically not-in-school or engaged in part-time education. Thus, ensuring we had the organisational capacity and skills to engage this new and vulnerable demographic.

Holiday Activities and Food programme (HAFP)

Funded by Bradford Council enabled Community Cougars Foundation to deliver food parcels to pupils of low-income families, to ensure no families go hungry during the Christmas holiday of 2020/2021. Working with young people to identify cost effective and healthy food choices (supported by Morrison's supermarket), food parcels was made-up to ensure a family of seven could cook two hot meals a day, for a period of 10 days, using recipes from cookbook included in the donated packages.

Inspiring BAME Girls

This project was funded by an "Awards for All" grant, delivered between 2020 - February 2021. We worked specifically with BAME young girls to address their physical and mental health needs. By delivering a range of taster activities, to promote long term engagement in physical activity, the young girls were connected to other (free or relatively cheap) community providers of the sport and physical activities they enjoyed the most.

Report of the Trustees
for the year ended 30 June 2021

OBJECTIVES AND ACTIVITIES

Inspiring Others

- Building on past provision (Home Office and West Yorkshire Police 2020/2022 funded grant), during this financial period we successfully won a Covid19 emergency grant to continue our work with at-risk groups. Working closely with secondary school headteachers, and meeting Covid health and safety guidelines, a programme of sport and educational activities was delivered on school premises with at-risk pupils. The programme activities enabled young people to better understand the consequences of engagement in serious and organised forms of crime such as county lines, grooming, modern day slavery, and cybercrime.

- In 2021 we also delivered an adapted version of Inspiring Others specifically to South Asian young people (using a National Lottery, Covid 19 emergency grant). At the time of applying for funds, we noted the higher incidence of Covid 19 cases (and greater death toll) amongst ethnic minority populations (especially in the Bradford and Keighley regions of the UK). Exacerbating the health needs of already vulnerable South Asian communities who are genetically prone to diabetes, for instance. Thus, in addition to delivering sessions about serious and organised forms of crime (see above) this provision specifically addressed the physical, mental, and social health needs of at-risk pupils of mainly Pakistani backgrounds. We also used this opportunity to pilot new forms of research and evaluation: 1) to measure and monitor the success of the project in terms of preventing serious and organised forms of crime; 2) expanding the social networks of project participants; and 3) improving physical and mental health levels of the young people.

Love Sport, Hate Crime

Funded by Safer Communities. This project arose from knowledge shared with CCF networks and partners about the challenging behaviours demonstrated by many young people following long periods away from school during the first UK lockdown, and subsequent regional and individual periods of isolation. Thus, this project used games and physical activity to work on the social, emotional, and mental health of young people to address their engagement in (and sometimes as victims of) hate crime such as racist discrimination, bullying, and fighting. Through the development of pro-social behaviours, learning about respect, and working with one another, we also supported young people develop personal skills and attributes relevant to the workplace.

Tackling Violence through Sport

Funded by West Yorkshire Violent Crime Reduction Unit (September 2020 to March 2021) to divert young people from engaging in violent crime and reducing re-offending rates. The work especially focused upon addressing knife crimes, gang fights (related to drug-trading), and hate crime, by using sport and educational workshops to teach young people about the risks and consequences of such activities as well as how to make decisions to keep themselves safe (and away from risky people and places). The provision was delivered at the Keighley Civic Centre, mainly delivering to at-risk young people not in education.

Doorstep Sports Project

This is based on the philosophy of using after-school provision to engage young people who may not be able to afford to play sport in the local community. Significantly, we base our provision at local schools, encouraging young people to join us in a space that is familiar and feels safe to them. The timings also suit most of our young people (of BAME heritage) who are often required to be home in time to attend the Mosque (Monday-Friday) between 5-7pm. Thus, we have come to develop strong relationships of trust with many local parents, who also prefer the school-setting as a safe space, resulting in our ability to recruit and retain large numbers of participants through our provision. The activities we provide are free in-cost, mixing different exercises and training drills, using new and different equipment. Significantly, we focus on learning to get along through various teamwork games and tasks, which at the same time promotes cohesion amongst the different racial and ethnic young people who participate in the project (i.e. tackling race-based gang cultures and violent rivalries).

Achievement and Key Performance Indicators:

- Number of School Partnerships - Six - (unable to fund engagement with all schools on our waiting list, so we have targeted the most vulnerable communities) where we know crime-related activities to be high.

- Number of young people we have directly worked with 895

- Percent of in-need young people whose understanding of SOC and how to stay safe, improved from the start-to-end of programme intervention 95%

Report of the Trustees
for the year ended 30 June 2021

OBJECTIVES AND ACTIVITIES

- Percentage of in-need young people who progressed from Community Cougars Foundation Inspiring Others to our after-school provision 100%
- Percentage of young people who join local amateur clubs (where they can access on-going positive networks of support and care) 30%
- Percentage of young people who go on to play for a semi-professional or professional rugby league club 5%
- Percentage who go onto access Community Cougars Foundation Leadership and Mentor Programme 80% (through this one-year qualification -accredited through the Duke of Edinburgh leadership award - young people support the delivery of our workshop (and after-school sport provision) to develop their leadership capacities and, become role models to younger secondary school-aged pupils.

CCF Leadership and Mentor Scheme

58% of pupils who attend our Community Cougars Foundation after-school provision, took up the opportunity to access our Community Cougars Foundation leadership programme by undertaking an annual learning programme (aiming to meet the criteria for the Duke of Edinburgh Award).

Social Return on investments

- Empowerment of young people especially those disadvantaged in some way, enabling them to play a more active role and access opportunities open to them (sporting or otherwise). This would support them in making informed positive choices in their everyday lives and routines to overcome the challenges they face.
- Have ensure that 'sport' is used as effective tool in community regeneration, social exclusion, health inequalities, community safety, education and lifelong learning and bringing communities together.
- Raised aspirations and motivation leading to greater community involvement and seeking out social, educational and employment opportunities.
- Improved physical, mental and emotional health and well-being including physiological changes, raised levels of self-esteem and self-confidence, and a sense of trust in themselves and others. Also improvements in more specific ways relating to physical health and healthier lifestyles.
- More informed and better life choices in relation to health, well-being and participating in sports and physical activity.
- Increased opportunities, encouragement & support for young people who may not normally participate in sporting/outdoor education/physical activities particularly those who may experience barriers to involvement.
- Increased skills levels in specific sports.
- Outdoor activities which they can use in the future to promote their health & well-being through recreation or in a professional sense by accessing employment in these fields.
- Young people seeking positive alternatives to drug, alcohol misuse and criminal activity.
- Young people achieving formal qualifications which for many of the young women we work with will be the first time they have done so especially if they have missed out in more traditional educational settings.

FINANCIAL REVIEW

Financial review

During the year the charity made a surplus of £2,447 (2020; surplus of £11,568). Reserves at the end of the year were £52,068 (2020; £49,621) of which £46,782 (2020; £49,621) are freely available. The trustees are keen to see the reserves increase to provide a fall back should the funding relied upon for the continuation of it's activities be withdrawn.

Report of the Trustees
for the year ended 30 June 2021

FINANCIAL REVIEW

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

FUTURE PLANS

Having been awarded a National Lottery Reaching Communities 5-year fund, we start delivery of our "Inspiring Others" programme. In the first year of delivery, we will work with five secondary schools to specifically engage vulnerable young people (from across Year 7, 8 and 9). We will also be working with younger aged primary school pupils by delivering taster sessions across each secondary school partners' feeder primary school

We wish to showcase our past and on-going work through public dissemination activity including press reports, events, and media outputs.

We will continue to expand our organisational resilience in the post-Covid environment, to ensure we have the skills, facilitates, and staff team, to further build our out-of-school deliver with a range of young people (including those not in education).

We will also be aiming to improve the quality of our provision by applying for small-scale funding bids to focus upon working with neuro-diverse learners, one-to-one mentoring, and using new and different technologies to develop our educational resources.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, memorandum and articles of association dated 18 April 2007 as amended by special resolution dated 9 July 2007.

Recruitment and appointment of new trustees

New trustees are selected and appointed from the local and regional area, they are selected from areas of business, public service or third sector organisation into roles that fit the pillars of the trust and therefore play a part in the driving forward of activities.

Approved by order of the board of trustees on 23/3/22 and signed on its behalf by:



.....
P E Shaw - Trustee

Independent Examiner's Report to the Trustees of
Community Cougars Foundation

Independent examiner's report to the trustees of Community Cougars Foundation ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 June 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Andrew Day
ACA
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West Yorkshire
BD21 4BZ

Date: 23 March 2022

Community Cougars Foundation

Statement of Financial Activities
for the year ended 30 June 2021

	Notes	Unrestricted funds £	Restricted fund £	30.6.21 Total funds £	30.6.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		76	1	77	289
Charitable activities					
Charitable activities		5,450	79,940	85,390	63,000
Total		<u>5,526</u>	<u>79,941</u>	<u>85,467</u>	<u>63,289</u>
EXPENDITURE ON					
Charitable activities					
Support		766	-	766	766
Charitable activities		11,303	70,951	82,254	50,955
Total		<u>12,069</u>	<u>70,951</u>	<u>83,020</u>	<u>51,721</u>
NET INCOME/(EXPENDITURE)		<u>(6,543)</u>	<u>8,990</u>	<u>2,447</u>	<u>11,568</u>
Transfers between funds	6	<u>4</u>	<u>(4)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(6,539)</u>	<u>8,986</u>	<u>2,447</u>	<u>11,568</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>49,621</u>	<u>-</u>	<u>49,621</u>	<u>38,053</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>43,082</u></u>	<u><u>8,986</u></u>	<u><u>52,068</u></u>	<u><u>49,621</u></u>

The notes form part of these financial statements

Community Cougars Foundation (Registered number: 06218426)

Balance Sheet
30 June 2021

	Notes	Unrestricted funds £	Restricted fund £	30.6.21 Total funds £	30.6.20 Total funds £
CURRENT ASSETS					
Debtors	4	-	-	-	10,000
Cash at bank		47,548	10,672	58,220	50,337
		<u>47,548</u>	<u>10,672</u>	<u>58,220</u>	<u>60,337</u>
CREDITORS					
Amounts falling due within one year	5	(4,466)	(1,686)	(6,152)	(10,716)
		<u>43,082</u>	<u>8,986</u>	<u>52,068</u>	<u>49,621</u>
NET CURRENT ASSETS					
		<u>43,082</u>	<u>8,986</u>	<u>52,068</u>	<u>49,621</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>43,082</u>	<u>8,986</u>	<u>52,068</u>	<u>49,621</u>
NET ASSETS					
		<u>43,082</u>	<u>8,986</u>	<u>52,068</u>	<u>49,621</u>
FUNDS	6				
Unrestricted funds				43,082	49,621
Restricted funds				<u>8,986</u>	<u>-</u>
TOTAL FUNDS				<u>52,068</u>	<u>49,621</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 June 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 June 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23/3/22 and were signed on its behalf by:



P E Shaw - Trustee

The notes form part of these financial statements

Community Cougars Foundation

Notes to the Financial Statements **for the year ended 30 June 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable activities

Includes expenditure associated with the costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Include those activities incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Donated assets

Donated assets are included in incoming resources when the benefit is reasonably quantifiable and measurable. These assets are valued by the trustees at their current value.

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2021

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 June 2021 nor for the year ended 30 June 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 30 June 2021 nor for the year ended 30 June 2020.

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	30.6.21	30.6.20
Service providers (Self Employed)	2	1
	<u>2</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.21	30.6.20
	£	£
Prepayments and accrued income	-	10,000
	<u>-</u>	<u>10,000</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.6.21	30.6.20
	£	£
Accruals and deferred income	6,152	10,716
	<u>6,152</u>	<u>10,716</u>

6. MOVEMENT IN FUNDS

	At 1.7.20	Net	Transfers	At
	£	movement	between	30.6.21
		in funds	funds	£
		£	£	
Unrestricted funds				
Charitable fund	49,621	(6,543)	4	43,082
Restricted funds				
Restricted fund	-	8,990	(4)	8,986
TOTAL FUNDS	<u>49,621</u>	<u>2,447</u>	<u>-</u>	<u>52,068</u>

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2021

6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable fund	5,526	(12,069)	(6,543)
Restricted funds			
Restricted fund	79,941	(70,951)	8,990
TOTAL FUNDS	<u>85,467</u>	<u>(83,020)</u>	<u>2,447</u>

Comparatives for movement in funds

	At 1.7.19 £	Net movement in funds £	Transfers between funds £	At 30.6.20 £
Unrestricted funds				
Charitable fund	37,769	11,568	284	49,621
Restricted funds				
Restricted fund	284	-	(284)	-
TOTAL FUNDS	<u>38,053</u>	<u>11,568</u>	<u>-</u>	<u>49,621</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Charitable fund	53,289	(41,721)	11,568
Restricted funds			
Restricted fund	10,000	(10,000)	-
TOTAL FUNDS	<u>63,289</u>	<u>(51,721)</u>	<u>11,568</u>

Community Cougars Foundation

Notes to the Financial Statements - continued
for the year ended 30 June 2021

6. MOVEMENT IN FUNDS - continued

Name of Fund	Description, nature and purpose of the fund
General	The 'free reserves' available to undertake the charitable objectives of the charity.
Restricted	<p>Restricted funds can only used for specific purposes within the objective of the charity. Restrictions arise when specified by the donor restricted funds during the year were</p> <p>Grants from Keighley Town Council and Awards For All, Sport which were used to deliver programmes to provide positive activities to young people, improving their confidence and lifestyles through sport.</p>

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 June 2021.