

Charity registration number 1121499

Company registration number 05524738 (England and Wales)

ADHAR PROJECT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

ADHAR PROJECT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

D Patel
H Manjothi (Treasurer)
P Kothari (Chairperson)
R Martin
S Sang

Secretary

H Sandhu

Charity number

1121499

Company number

05524738

Principal address and registered office

79 St Peter's Road
Leicester
LE2 1DH

Independent examiner

David T Mayfield
Mayfield & Co (Accountants) Ltd
2 Merus Court
Meridian Business Park
Leicester
LE19 1RJ

Bankers

CAF Bank
25 Kings Hill Avenue
West Malling
Kent
ME19 4JQ

ADHAR PROJECT

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ADHAR PROJECT

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

We provide a range of mental health support services primarily but not exclusively to Black, Asian Minority Ethnic communities including, domestic violence, welfare benefits, employment support to individuals, and group support to individuals with dual diagnosis experiencing mental health trauma.

Adhar charity exists to promote health and wellbeing, to challenge the stigma and discrimination experienced by those with common and enduring mental health problems primarily in the BAME communities. We offer gender appropriate and safe support services in the community and aim to make those as accessible and welcoming for the diverse and multi faith communities. We promote Independence and take action to empower, promote policy and good practice to meet the needs of adults and to young people with mental health problems.

Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on Public Benefit when reviewing our aims and objectives, and in planning our future activities.

The charity believes it has provided a public benefit during the year through the areas outlined in sections further on.

As, trustees we take our charitable role very seriously and the charity works hard to make sure that it provides charitable services that are socially inclusive.

Achievements and performance

1. We have gone through difficult time with Covid and the uncertain financial climate. Changes have also been implemented, additional health and safety measures have helped service users and staff. We have achieved success in marketing, events including workshops with young people and adults. The evaluations/feedback received has been positive.
2. We have undertaken more DBT/CBT sessions with a number of patients. Including another employment support scheme as part of a consortium within the community renewal fund. This work ends in three months time and we have assisted another forty service users to help them to gain confidence in applying for jobs.
3. We have produced two new documents within our advocacy service, one is mental health and employment support and the other to assist service users/carers. New promotional material/ leaflets have been produced and activity on social media increased.
4. We have secured funding for two years starting this January 2022 from Lloyds Foundation to help with ongoing work to assist us to build sustainability for the long term survival of our charity. We have also successfully secured another twelve months of lottery funding to continue with our therapeutic services. Furtherance to our charitable objectives we have obtained small grants to provide trips and outings, cultural festival celebrations. This was really important to enable service users to begin the post covid journey back into socialising, reducing isolation and starting their educational lessons again.
5. The funding from LCC Football Club enabled us to employ a health and wellbeing instructor for twelve months and again this project has been very successful with members largely from the Black communities, particularly women as it provided them with a safe space to exercise, weight management and build their confidence in a safe and supportive environment. We made a decision to continue with this but due to no further funding we will only be doing one session per week.

ADHAR PROJECT

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

6. The Awards for all grant enabled us to upgrade some of our technologies including the funding from Ubele helped with not only a better new telephone system but also with SWOT analysis and the areas identified needing improvement such as HR, Venues, Office space are being addressed and marketing from a local company is underway.

7. The community asset transfer has been achieved, some paperwork outstanding such as deeds etc, but apart from that we have eventually achieved this after over two years of business planning and meetings with local authority. This also offers us an opportunity to thank the city mayor and his assistant mayor cllr patel for their support and patience! In particular we want to thank our CEO Ms Sandhu.

We made plans and set targets last year but unfortunately due to a number of difficulties such as staff shortage and resources, we were unable to purchase a new minibus Instead we hire one on a daily basis and employed a part time driver. Providing transport to vulnerable adults many of whom are elderly and frail is essential to reducing their isolation and improving their mental health. Again the help line was not possible to achieve due to lack of funding for employing sufficient staff, instead we offer telephone support and weekends and evenings as part of someone's care plan if they need it. NHS England only funded the CYP trainees for 1 year. Both of the CYP staff once qualified obtained employment in the NHS.

Currently, we know there is large numbers of people needing mental health support, referrals are rapidly increasing and we don't have the capacity. Our plans for 2022/23 are:

1. To fundraise for more marketing and to develop a 5 year strategic plan
2. To apply for capital grants to refurbish the building
- 3 To develop more advocacy and other services in some county area's.
4. To Increase direct payment clients via marketing and social media
5. To develop and deliver more mental health not personal care, provision for older people aged 65 and over

As chair, I would on behalf of the board of trustees wish to thank our CEO and the staff for their continuing dedication under what has been another stressful year. Also we would like to salute our Vice Chair Mrs Pravina Chochan who sadly passed away this month 24th March 2022, for her dedication to Adhar and for all the years of volunteering, she was an exceptional human being who loved her family and enjoyed a number of activities particularly TaiChi.

We want to thank all our supporters and funders without whom this vital work would not be possible, you have all made such a difference in the lives of so many individuals and their families.

Financial review

Adhar has against the backdrop of the pandemic, of limited resources and the increasing demands on the services, and insecurities over funding, continued to find it difficult to plan or develop services. Nevertheless the charity, with the aid of sound financial management and the support of both its staff and volunteers generated a very positive financial outcome and exceeded its targets.

The Charity's financial position can be found in the Statement of Financial Activities on page 6 and the Balance Sheet on page 7.

The charity reported total income of £378,037 and expenditure of £404,392. Thus reporting a deficit for the year of £26,355.

At the year end we had reserves of £115,941 split between:

Unrestricted funds general of £46,959

Unrestricted funds designated of £50,000

Restricted Funds of £18,982

ADHAR PROJECT

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Reserves Policy

The reserves as at the year ended 31 March 2022 stood at £115,941, which is down from the previous year's reserves of £142,296. The trustees aim to build sufficient reserves to enable them to maintain reserves in excess of six months "normal costs". The trustees estimate normal ongoing annual costs to be between £200,000 and £300,000. Therefore they are not content with the level of reserves as at the 31 March 2022 but are able to do little about this in the current economic environment.

Principal Funding Sources

Lloyds Foundation (ends Jan 2024)

Lottery

NHS health Education England (ends Feb 22)

Direct payments/personal budgets (ongoing)

Community Renewal Fund positive communities (Dec 2021 – June 2022)

Ubele (funded from Dec 2021- Dec 2022)

Risk Management Policies

The Management Committee together with the staff has conducted a review of the major risks to which the charity is exposed. Where resources permitting systems or procedures have been established to mitigate the risks the charity faces and a reserves policy was agreed at a management committee meeting. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions. Procedural policies are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the project.

Plans for future periods

The board presented a business case to the Leicester City Council for the Community Asset Transfer of the property 79 St Peter's Road, Leicester, LE2 1DH. The case was accepted and the asset transfer was agreed in June 2022. The charity paid £1 for a property valued by Leicester City Council at £130,000. We are currently awaiting HM Land Registry documentation to confirm the transfer, with delays emanating in the post Covid-19 operating environment. Until that documentation is received the asset remains in the name of the Leicester City Council.

Structure, governance and management

Adhar Project is a Charitable Company limited by guarantee, incorporated on 5th August 2005 and re-registered as a charity in January 2008. The organisation was established under a Memorandum of Association which established the objectives and powers of the Charitable Company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

D Patel

H Manjothi (Treasurer)

F Solanki

(Resigned 4 August 2021)

P Kothari (Chairperson)

P Chauhan

(Resigned 31 March 2022)

R Martin

S Sang

ADHAR PROJECT

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2022**

The staff team as on the 31 March 2022 were:

Ms. Harjit Sandhu - CEO
Mrs Susan Brennan - Advocacy Manager
Mrs. Ushma Joshi – Service Co-ordinator
Mr Rana Rajput – DBT /Team Leader
Ms Aisha Docrat (Snr CBT Psychotherapist)
Miss Sophie Nash (Office Administrator)
Mrs Swathi Mistry – Support Worker
Mr Ricky Kothari – Support Worker
Mr Anil Kaira – Driver/Support
Mrs Sumaya Batta – Office Cleaner

Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management Committee are elected to serve and are routinely re-elected.

Due to the nature of mental health much of the charity's work inevitably focuses upon BME people with complex and enduring mental health difficulties. The management committee seeks to ensure that the needs of this group are appropriately reflected through the diversity of the trustee body.

To enhance the organisations work service users and carers are on the management committee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisation

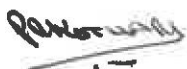
Adhar Project has a Management Committee who meet quarterly and support the manager and external consultants for the strategic direction and policy of the charity.

At present the Committee has nine members from a variety of backgrounds relevant to the work of the charity. The day to day responsibility for the provision of the services rests with the CEO along with the Finance and Administration staff.

The CEO is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

The CEO has responsibility for the day to day operational management of Adhar, individual supervision of the staff team and also ensuring that the team continues to develop their skills and working practices in line with good practice.

On behalf of the board of trustees



P Kothari (Chairperson)
Trustee

21 November 2022

ADHAR PROJECT

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ADHAR PROJECT

I report on the financial statements of the charity for the year ended 31 March 2022, which are set out on pages 6 to 19.

Respective responsibilities of trustees and examiner

The charity's trustees, who are also the directors of ADHAR PROJECT for the purposes of company law, are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of Institute of Chartered Accountants in England and Wales (ICAEW).

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- (i) examine the financial statements under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - (ii) to prepare financial statements which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



David T Mayfield

Institute of Chartered Accountants in England and Wales (ICAEW)
Mayfield & Co (Accountants) Ltd
2 Merus Court
Meridian Business Park
Leicester
LE19 1RJ

Dated: 21 November 2022

ADHAR PROJECT

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds general 2022 £	Unrestricted funds designated 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds general 2021 £	Unrestricted funds designated 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:									
Donations and legacies	3	9,752	-	265,667	275,419	7,972	-	284,863	292,835
Charitable activities	4	102,618	-	-	102,618	105,564	-	-	105,564
Total income		112,370	-	265,667	378,037	113,536	-	284,863	398,399
Expenditure on:									
Charitable activities	5	87,286	5,017	312,089	404,392	94,589	-	232,352	326,941
Net income/(expenditure) before transfers		25,084	(5,017)	(46,422)	(26,355)	18,947	-	52,511	71,458
Gross transfers between funds		(10,017)	10,017	-	-	(13,000)	13,000	-	-
Net income/(expenditure) for the year		15,067	5,000	(46,422)	(26,355)	5,947	13,000	52,511	71,458
Net movement in funds		31,892	45,000	65,404	142,296	25,945	32,000	12,893	70,838
Fund balances at 1 April 2021		46,959	50,000	18,982	115,941	31,892	45,000	65,404	142,296
Fund balances at 31 March 2022		78,851	95,000	84,386	258,237	57,837	87,000	78,297	223,134

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

ADHAR PROJECT

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Debtors	9	35,584		55,833	
Cash at bank and in hand		111,229		173,373	
		<u>146,813</u>		<u>229,206</u>	
Creditors: amounts falling due within one year	10	(30,872)		(86,910)	
Net current assets			<u>115,941</u>		<u>142,296</u>
Income funds					
Restricted funds	12		18,982		65,404
<u>Unrestricted funds</u>					
Designated funds	13	50,000		45,000	
General unrestricted funds		<u>46,959</u>		<u>31,892</u>	
			<u>96,959</u>		<u>76,892</u>
			<u>115,941</u>		<u>142,296</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 21 November 2022

H A M I N A B A Y D

H Manjothi (Treasurer)
Trustee

Company registration number 05524738

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity Information

ADHAR PROJECT is a private company limited by guarantee incorporated in England and Wales. The registered office is 79 St Peter's Road, Leicester, LE2 1DH.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to the spending restrictions imposed by the fund provider.

Unrestricted funds are available for use at the discretion of the trustees at the furtherance of the charity's objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Resources expended

Expenditure and Liabilities

Liability recognition – Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs

Includes costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans, which are subsequently measured at amortised cost using the effective interest method.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds general 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds general 2021 £	Restricted funds 2021 £	Total 2021 £
Donations and gifts	4,952	-	4,952	1,366	-	1,366
Grants receivable	4,800	265,667	270,467	6,606	284,863	291,469
	<u>9,752</u>	<u>265,667</u>	<u>275,419</u>	<u>7,972</u>	<u>284,863</u>	<u>292,835</u>
Donations and gifts						
Donations and other income	4,952	-	4,952	1,366	-	1,366
	<u>4,952</u>	<u>-</u>	<u>4,952</u>	<u>1,366</u>	<u>-</u>	<u>1,366</u>

Grants were received from a number of sources during the year.

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

3	Donations and legacies	(Continued)				
	Grants receivable for core activities					
	Leicester City Football Club	-	30,000	30,000	-	-
	CRF Positive Communities Grant	-	17,730	17,730	-	-
	Big Lottery Community Fund	-	56,324	56,324	-	122,658
	EDF Funding	-	10,330	10,330	-	-
	Awards for all	-	10,000	10,000	-	-
	Health Education England	-	64,651	64,651	-	21,098
	Big Lottery Building Better Opportunities Fund	-	52,119	52,119	-	37,654
	Police Crime Commissioner/Ministry of Justice	-	-	-	-	70,365
	Other Grants	4,800	-	4,800	6,606	-
	Lloyds Foundation Trust	-	24,513	24,513	-	33,088
		<u>4,800</u>	<u>265,667</u>	<u>270,467</u>	<u>6,606</u>	<u>284,863</u>
						<u>291,469</u>

4 Charitable activities

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Personal Direct Payments (PDP)	<u>102,618</u>	<u>105,564</u>

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

5 Charitable activities

	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £	Total 2021 £
Staff costs	15,644	200,668	216,312	142,158
Volunteer costs	-	-	-	650
Group activities and incidents	9,602	8,125	17,727	29,774
Staff travel	340	296	636	38
Equipment purchases	-	7,225	7,225	8,479
Stationery, printing and postage	669	1,622	2,291	1,697
Telephone	1,340	7,471	8,811	3,686
Miscellaneous including hospitality	(193)	77	(116)	1,898
Subscriptions and publications	144	68	212	83
HRM, Conference and Training	404	5,216	5,620	28,485
Bad Debts	2,445	-	2,445	-
	<u>30,395</u>	<u>230,768</u>	<u>261,163</u>	<u>216,948</u>
Share of support costs (see note 7)	38,011	44,113	82,124	51,633
Share of governance costs (see note 7)	23,897	37,208	61,105	58,360
	<u>92,303</u>	<u>312,089</u>	<u>404,392</u>	<u>326,941</u>
Analysis by fund				
Unrestricted funds - general	87,286	-	87,286	94,589
Unrestricted funds - designated	5,017	-	5,017	-
Restricted funds	-	312,089	312,089	232,352
	<u>92,303</u>	<u>312,089</u>	<u>404,392</u>	<u>326,941</u>
For the year ended 31 March 2021				
Unrestricted funds - general	94,589	-		94,589
Restricted funds	-	232,352		232,352
	<u>94,589</u>	<u>232,352</u>		<u>326,941</u>

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year. (2021- one trustee was reimbursed a total of £245 for travelling expenses).

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

7 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Staff costs	50,813	30,755	81,568	42,481	30,066	72,547
Consultancy fees	8,200	-	8,200	1,800	-	1,800
Repairs and renewals	655	-	655	178	-	178
Premises costs	15,596	-	15,596	4,149	-	4,149
Insurance	1,335	-	1,335	1,235	-	1,235
Legal and professional fees	5,525	-	5,525	1,790	-	1,790
Audit fees	-	2,400	2,400	-	2,400	2,400
Accounting and payroll costs	-	27,850	27,850	-	25,825	25,825
Bank Charges	-	100	100	-	69	69
	<u>82,124</u>	<u>61,105</u>	<u>143,229</u>	<u>51,633</u>	<u>58,360</u>	<u>109,993</u>
Analysed between Charitable activities	<u>82,124</u>	<u>61,105</u>	<u>143,229</u>	<u>51,633</u>	<u>58,360</u>	<u>109,993</u>

Governance costs Includes payments to the Independent examiners of £2,400 (2021- £2,400) for examination fees.

8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Service Delivery	8	10
Support Costs	1	1
Governance	1	1
Total	<u>10</u>	<u>12</u>

Employment costs

	2022 £	2021 £
Wages and salaries	287,130	207,341
Other pension costs	10,750	7,364
	<u>297,880</u>	<u>214,705</u>

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

8 Employees

(Continued)

No employee is allocated entirely to either governance or support costs: an assessment of part of each employee's involvement in governance or support costs has been used as the basis for determining the above apportionment of costs.

The number of employees whose annual remuneration was £60,000 or more were:

	2022 Number	2021 Number
Band 70,001 to 80,000	1	-

9 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	29,167	50,068
Other debtors	5,580	5,000
Prepayments and accrued income	837	765
	<u>35,584</u>	<u>55,833</u>

10 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	3,525	6,613
Trade creditors	4,728	8,590
Other creditors	20,219	69,311
Accruals and deferred income	2,400	2,396
	<u>30,872</u>	<u>86,910</u>

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

11 Unrestricted funds

	Balance at 1 April 2020 £	Movement in funds		Transfers	Balance at 1 April 2021 £	Movement in funds		Transfers	Balance at 31 March 2022 £
		Income	Expenditure	£		Income	Expenditure	£	
Own Funds	2,037	827	(4,159)	1,295	-	1,754	(7,062)	5,308	-
Other Projects	7,233	22,455	(6,647)	-	20,537	2,000	(2,445)	(5,308)	14,784
P & D P Services	2,533	70,088	(74,951)	2,330	2,504	94,656	(66,245)	(9,667)	21,248
County PDP Services	14,142	13,560	(2,382)	(16,625)	8,695	13,960	(11,839)	(350)	10,466
COVID support	-	6,606	(6,450)	-	156	-	305	-	461
	25,945	113,536	(94,589)	(13,000)	31,892	112,370	(87,286)	(10,017)	46,959

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020 £	Movement in funds		Balance at 1 April 2021 £	Movement in funds		Transfers	Balance at 31 March 2022 £
		Income £	Expenditure £		Income £	Expenditure £	£	
Mental Health Advocacy		33,088	(33,298)	(210)	18,263	(19,231)	1,178	-
Mental Health Recovery	12,893	122,658	(75,288)	60,263	56,324	(117,037)	-	(450)
BBO	-	37,654	(38,048)	(394)	52,119	(52,725)	1,000	-
LPCC-MOJ	-	70,365	(66,074)	4,291	-	(150)	(1,178)	2,963
CYP-NHS	-	21,098	(19,644)	1,454	64,651	(62,305)	(1,000)	2,800
LCFC	-	-	-	-	30,000	(25,000)	-	5,000
CRF	-	-	-	-	17,730	(21,690)	-	(3,960)
EDF	-	-	-	-	10,330	(7,500)	-	2,830
AWARDS FOR ALL	-	-	-	-	10,000	(6,451)	-	3,549
Lloyds Foundation	-	-	-	-	6,250	-	-	6,250
	12,893	284,863	(232,352)	65,404	265,667	(312,089)	-	18,982

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2020 £	Transfers £	Balance at 1 April 2021 £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Property Funds	14,000	6,000	20,000	(4,667)	9,667	25,000
Transport Funds	18,000	7,000	25,000	(350)	350	25,000
	<u>32,000</u>	<u>13,000</u>	<u>45,000</u>	<u>(5,017)</u>	<u>10,017</u>	<u>50,000</u>

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

14 Analysis of net assets between funds

Fund balances at 31 March 2022 are represented by:
Current assets/(liabilities)

Unrestricted Funds 2022 £	Designated Funds 2022 £	Restricted Funds 2022 £	Total 2022 £	Unrestricted Funds 2021 £	Designated Funds 2021 £	Restricted Funds 2021 £	Total 2021 £
46,959	50,000	18,982	115,941	31,892	45,000	65,404	142,296
46,959	50,000	18,982	115,941	31,892	45,000	65,404	142,296

ADHAR PROJECT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

15 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2022 £	2021 £
Aggregate compensation	<u>76,888</u>	<u>54,263</u>