



**THE AMECA TRUST**  
**Registered Charity No. 1121240**  
**Registered Company No. 06354971 (England and Wales)**

**TRUSTEES ANNUAL REPORT**  
**AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

Bullimores LLP  
Old Printers Yard  
156 South Street  
Dorking  
Surrey  
RH4 2HF



**THE AMECA TRUST**  
**Registered Charity No. 1121240**

**CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 AUGUST 2023**

	Page
Report of the Trustees	1 to 20
Independent Examiner's Report	21
Statement of Financial Activities	22
Balance Sheet	23 to 24
Notes to the Financial Statements	25 to 33

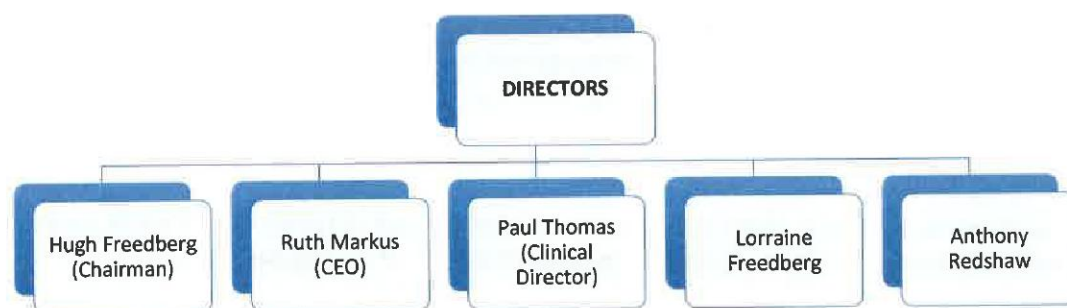
**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **ABOUT AMECA**

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15 October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is also incorporated in Malawi as a Not for Profit Limited Company. AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

With no employees, the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Directors. AMECA works from home, both in the UK and in Malawi, thereby minimising expenses and maximising donor and grant income.

Our Independent examiner is Patrick Casey FCA at Bullimores LLP, Old Printers Yard, 156 South Street, Dorking, Surrey, RH4 2HF.

Ruth Markus wishes to acknowledge the time, advice and support given freely to AMECA by all Directors, both in the UK and in Malawi. A heartfelt thank you to Sarah Powell, for her support and counsel and for her hard work over so many years. We also wish to thank Patrick Casey at Bullimores, for his time and support.

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**OUR PATRON**

**Major Levison Wood**

A close university and Army friend of Alex, in whose name the charity was founded, Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent several years as an Officer in the British Parachute Regiment, before becoming a bestselling author. He is a Fellow of the Royal Geographical Society. <http://www.levisonwood.com/>

**PUBLIC BENEFIT**

This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

**OUR ETHOS**

AMECA believes in measured and achievable ventures, which should be sustainable over the long term, striving to solve issues at their root cause, rather than be a well-intentioned, but short-term "fix". We believe in working in partnership with others and therefore we work with established medical schools, hospitals, doctors, local health departments and other organisations in Malawi. Such partnerships are vital to the long-term sustainability of any venture.

**OUR MISSION**

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

**TO ACHIEVE THIS MISSION, OUR AIMS ARE:**

- To support medical training in Malawi.
- To support sustainable healthcare initiatives through liaison with local department of health authorities in Malawi.
- To improve rural community access to healthcare.

**OUR CURRENT INITIATIVES INCLUDE:**

- Continuing our liaison with the Blantyre District Health Office to support the AMECA Health Centre with equipment and repairs when deemed appropriate.
- Continuing to support the introduction of Physiotherapy services at the AMECA Health Centre.
- Continuing to expand numbers of scholarships for students at Kamuzu University of Health Sciences, KUHES, (formally College of Medicine) and the College of Health Sciences to fund educational fees for medical and clinical officer studies.
- Continuing to provide scholarship students with a laptop and with subsistence, thereby enabling the students to afford their rent and purchase internet bundles.
- Undertaking research into the feasibility of financing a student accommodation hostel for AMECA's scholarship students in collaboration with KUHES.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**RISK MANAGEMENT**

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting professionals and students are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are briefed on the options regarding safe and secure accommodation on the ground in Malawi.

**OUR WORK IN MALAWI**

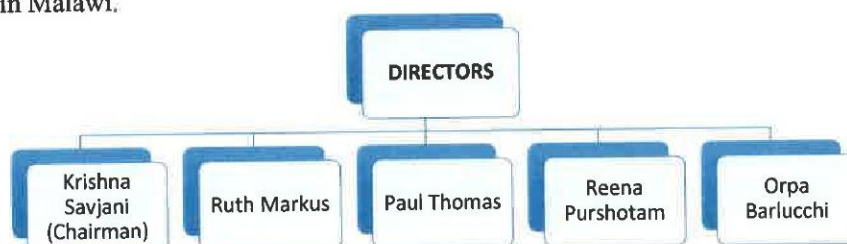
AMECA's activities are currently based in Malawi. The paucity of accessible care in rural areas of Malawi, together with the requirement for better training for healthcare professionals and the lack of affordability of university and college fees, sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals and primary healthcare facilities would result in a reduction in mortality and reduce the pressure on overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

**AMECA's objectives for the year included:**

- Continuing to liaise with Blantyre District Health Office in supporting the AMECA Health Centre at Chilaweni and the Maternity Clinic by assisting in the provision of administration resources and clinical equipment as and when deemed appropriate.
- Maintaining the maternity staff mentorship programme for midwifery staff at the maternity unit till the end December 2022.
- Continuing to update grant funders with reports in accordance with grant agreements.
- Maintaining support for students receiving charitable sponsorship and ensuring that we receive notification of examination results, student progress and any challenges that may arise.
- Expanding the number of student sponsorship placements, subject to affordability.
- Understanding a memorandum of Agreement with the Canadian Medical Foundation, (<https://medicalfoundation.ca/>)
- Completing construction of a High dependency Unit at Holy Family Mission Hospital, Phalombe.
- Establishing and supporting a Physiotherapy Clinic at the AMECA Health Centre.
- Providing support for the Cyclone relief effort, following a devastating cyclone in March 2023.

**AMECA HEALTHCARE AFRICA LIMITED**

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 as a Not for Profit Limited Company in Malawi. Ruth Markus and Paul Thomas hold positions as Board Directors. Reena Purshotam, a corporate lawyer, and Orpa Barlucchi, an experienced businesswoman, joined the Board of Directors this year. The Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. An average of £10,000 is normally held in Malawi; funds are transferred as and when any payments are required. Any funds raised in Malawi remain in Malawi for AMECA's initiatives.

The AMECA Trust in the UK extend its gratitude to the Board Directors in Malawi for their time and advice and to Savjani & Co. in Blantyre for providing office space, in which Director's meetings are held. AMECA Healthcare also extends gratitude to its accountants, Bhagya and Shankar in Blantyre, for their sage advice and for undertaking AMECA Healthcare's annual accounts, without charge, for so many years.

**THE AMECA HEALTH CENTRE IN CHILAWENI**

The facility was completed in May 2017 and handed over to The Blantyre District Health Office. Under a Memorandum of Understanding, the Blantyre DHO are mandated to run the clinic and to hire and remunerate staff. Whilst having no ongoing responsibility for the running of the clinic, AMECA is aware of the financial constraints that prevail, and we do our best to support genuine challenges within the limits of affordability.

The AMECA Health centre, which was upgraded from being initially a Primary Healthcare Unit, to a Health Centre, due to the addition of the maternity unit in 2020, serves a catchment population of 38,000 people. The Under 5's, Hypertension, Youth Friendly and Family Planning Clinics are well-attended; the Pharmacy is normally well stocked but is subject to the usual national shortages of some drugs. Drug shortages nationally have been particularly challenging during the year.



A Hospital Advisory Committee, (HAC) continues to meet once a month, having representation from staff, AMECA and community members. The committee endeavours to secure monthly contributions from the community to assist with the purchase of cleaning materials for the clinic. Community members can raise any concerns, and healthcare staff can and do ask the community for assistance with ground maintenance. Devaluations of the Malawi Kwacha resulted in increases in the cost of fuel and other goods, and shortages and challenges prevail at all facilities. However, the AMECA Health Centre remains comparatively well stocked and AMECA continues to support with measured requests for assistance. The clinic grounds have been landscaped and grasses, new trees and flowers were planted. AMECA engaged a part time gardener from one of the villages, to ensure that the new trees and flowers flourished during the first year. Visitors and patients and staff love the environment and frequently comment that it looks stunning.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**MATERNITY SERVICES**

Construction of the maternity unit and further staff accommodation began in September 2019 and was completed in October 2020, on time and within the quoted budget. The Honourable Minister of Health, Khumbize Chiponda, has visited the facility and expressed her admiration for the health centre, the new maternity unit and the mentorship programme.



Maternity clinic (left) links to Primary health clinic



Busy Postnatal Ward

The maternity clinic comprises a 3-bed Delivery Room, a 4-bed Antenatal Ward and a 6-bed Postnatal Ward, together with an admission room, a large out-patients waiting area, examination rooms, nurse station, a sluice and a staff room. Two new duplex houses were constructed, providing further accommodation for four staff members and their families. Individual patient cubicles were fitted in the delivery room in keeping with AMECA's vision for safe, respectful and patient-centred maternity care.

**MATERNITY STAFF MENTORSHIP PROGRAMME**

With agreement from the Blantyre District Health Office, AMECA implemented a Maternity Mentorship Programme for midwifery staff. Originally running for 12 months, the success of this venture resulted in an extension of the programme for a further year, which ran to the end of 2022.



Midwife mentor Stella with two young mothers



Midwife mentor Ruth with an Antenatal patient

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

The mentorship programme has led to tangible improvements in the clinical skills of the staff and delivery of patient-centred respectful maternity care. Along with improved leadership, this is resulting in an enthusiastic and positive atmosphere at the facility with good outcomes and improved patient satisfaction. Monthly reports detail the number of admissions, deliveries and referrals. Excellent reporting procedures are now in place, together with clinical audits of all referrals. Ultrasound training undertaken by key staff has resulted in more than 90% of all women being scanned during their pregnancy, most during their first antenatal visit. Staff are often able to detect potential complications and refer patients, if required, to tertiary facilities, increasing the welfare and safety for mothers and newborn.



Ultrasound scanning

It is not common in Malawi for male partners to be involved in any aspect of pregnancy or birth, but through community education, males were actively encouraged to attend antenatal classes and the births of their partners. A register for the male involvement was provided and midwives were encouraged to document the statistics daily. This is still work in progress, with male partners still reluctant to attend at the birth.

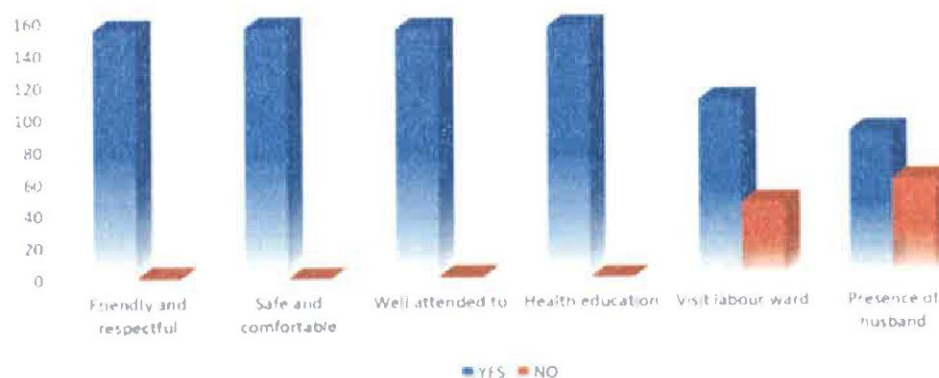
The table below shows the data collected from June 2021 to December 2022.

	Number of maternity clients	COUPLES
<b>Antenatal Initial Visits</b>	660	109
<b>Antenatal Follow up.</b>	930	98
<b>Labour and delivery</b>	432	15

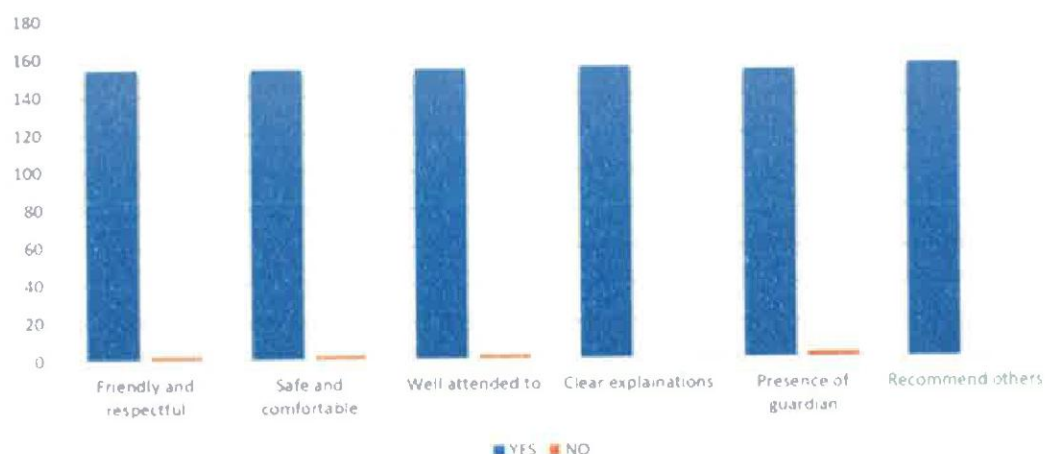
A further challenge in Malawi is that women are sadly not always treated with the respect they deserve and therefore staff were given training in this area. Interviews and questionnaires are conducted with all mothers to evaluate if women received respect and dignity throughout maternal care. Feedback has been very positive.

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

### ANTENATAL CLINIC



### LABOUR AND DELIVERY



The Mentorship Programme has been widely praised and the maternity clinic is undoubtedly the best clinic at any government health centre in Malawi, both structurally, aesthetically and for the level of clinical care it provides. Following the end of the official mentorship, clinical standards have been well upheld and the Matron in Charge continues to provide AMECA with maternity data and updates. The AMECA Maternity Unit is regarded by The Blantyre District Health Office as a centre of excellence for maternity care and effectively undertakes the role of a bench marking facility. It is clear from the mentors' reports that the program successfully achieved its goals which is evidenced through the qualitative and quantitative data provided.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**EXPANSION OF MEDICAL AND CLINICAL OFFICER SCHOLARSHIPS**

AMECA believes that education should be a right and not a privilege.

However, the increase in academic fees for tertiary students in recent years is becoming an insurmountable challenge for so many; what loans exist, levy repayments unaffordable to most, resulting in hardship, anxiety, and stress. We have noticed that students try to cover expenses by working through their studies, often falling asleep in class and often suffering from hunger. They find it difficult to afford their rent, minibus fares to college are expensive and college accommodation is insufficient for those seeking placements.

In keeping with the charity's ethos, we have therefore increased the number of scholarships awarded to students to fund their Medical and Clinical Officer fees at Kamuzu University of Health Sciences, KUHES, (formally College of Medicine) and to the College of Health Sciences.



Medical students Genti, Abraham and Levishon



C.O students, Kondwani, Patricia, Thoko & Chrissie

Furthermore, The Canadian Medical Foundation, (CMF), contacted AMECA for guidance on donating scholarships for medical training in Malawi. In a Memorandum of Understanding with AMECA, CMF is currently supporting 4 sponsorship placements at Kamuzu University of Health Sciences. AMECA administers these placements for CMF and provides a report on the students' progress and welfare.  
<https://medicalfoundation.ca/>

There are currently only 2,064 doctors for an estimated population of 20,700,000 in Malawi (Source, U.N), which equates to around 1 doctor for every 10,000 people.

The paucity of qualified doctors in Malawi is not a new phenomenon; many qualified doctors and nurses continue to leave the country for better conditions and pay abroad. Owing to this shortage of doctors, clinical officers (COs) are the backbone of healthcare in Malawi and most of the district hospitals only have clinical officers on the ground. Depending on their prior qualifications, these students will study for either a period 3 semesters followed by a year internship in a district hospital, or for 3 years, to qualify with a Diploma in Clinical Medical.

AMECA believes that supporting the opportunity to study represents a very valuable contribution to Malawi's healthcare system; moreover, it is life changing for the student. Furthermore, we realized that it is not enough to simply pay their academic fees, as in most cases, students are unable to afford their rent, food and internet bundles. AMECA therefore support students with a laptop and a monthly subsistence package. We are most grateful to CMF for the donation of their laptop bags.

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**



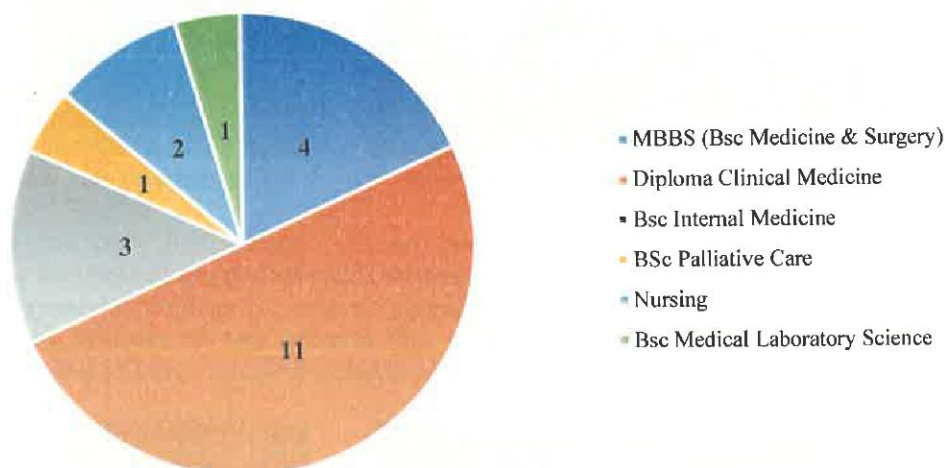
Genti, Abraham and Levishon with new computers and laptop bags



James Phiri, studying BSc Medicine & BSc Surgery

AMECA is currently sponsoring a total of 22 students, although 4 of the clinical officer students finished their final examinations in July and are undertaking a year internship in a district hospital. (Note that 4 of the 22 students are funded by the Canadian Medical Foundation but administrated by AMECA). AMECA had also sponsored a nursing student, who, on graduation in 2022, has yet to secure a permanent post.

**Scholarship Placements indicating number of students per discipline.**



Although we are currently supporting 2 student nurses, we are not intending to support further nursing scholarships, as many graduate nurses are unable to find permanent positions and may leave Malawi. Furthermore, priority is given to students attending government colleges as opposed to Mission College placements, due to the high level of fees imposed at Mission colleges.

A list of sponsorship students can be viewed on the charity website at:  
<https://www.ameca.org.uk/sponsored-placements>



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**INTRODUCTION OF PHYSIOTHERAPY AT THE HEALTH CENTRE**

We became increasingly aware of the challenges faced in the community for disabled elderly people and for so many children with physical disabilities. Disability in the villages, whether through trauma, neurological or other medical conditions, presents insurmountable challenges. Few people can afford the transport to a tertiary hospital and most rural health centres do not have either the qualified staff or any facilities to offer physiotherapy or treatment. With the endorsement of the Blantyre District Health Office, we commissioned Joshua Orphan and Community Care field workers to undertake research into disability needs in the catchment villages, which provided an initial snapshot of the range and ages of disability amongst the community and the challenges faced.

Following meetings with the Blantyre District Health Office, a DHO Physio team member, Chindikani, was assigned to run a Physiotherapy clinic at the AMECA Health Centre. We also had advice and guidance from Belinda, an experienced retired UK Physiotherapist, who was in Malawi at the time.



With Belinda and Chindikani, planning equipment needs



With local carpenter Gibson, fitting out physio equipment.

Physiotherapy equipment, including a Tens machine, exercise ball, mats and an infra-red lamp were purchased in the UK, as this was far less expensive than procuring in Malawi, but we used a local carpenter to make some of the other fixtures. Physiotherapy services commenced in January 2023, with clinics being held every Thursday. The clinic is currently well-attended, and the excellent services, time and attention given by Chindikani and Physiotherapy assistant Annie are highly valued by patients and their families.



With Chindikani and the District Medical Officer, Dr Jere



Measuring a patient for a standing frame

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

The conditions frequently seen range from cerebral palsy, complications due to birth asphyxia, hemiparesis, (weakness on one side), Downs syndrome and accidents. In adults, the majority of patients have had a stroke or have arthritis. Much of our inherited walking aids were not fit for purpose and AMECA used local carpenters to make Standing Frames, Walking Frames and Adaptive Chairs at very low cost.



Pictured above, Tafazwa, aged 4, was born with Cerebral Palsy, almost certainly due to birth asphyxia, (lack of oxygen). She was delighted with her new adaptive chair, which is going to make such a difference to her ability to sit and play with support. Tafazwa was also given a standing frame to take home, which will help her postural management and allow a great degree of social participation. These low-cost locally made physiotherapy aids will make a huge difference to the quality of life for children and their mothers. AMECA is funding transport costs for the first year of the clinic, after which time the Blantyre DHO office will take over this cost, but we will continue to assist with physiotherapy aids for patients within the limits of funding availability.

Our heartfelt thanks to [Rotary Club of Epsom](#) for their generous grant for the Physiotherapy Clinic, enabling the purchase of further equipment and the funding of outreach clinics.

#### **HEALTH CENTRE MAINTENANCE TRAINING FUNDING**

Over the years, we noticed that maintenance at Blantyre's health centres has been a perpetual challenge, as health centres normally lack a trained member of staff to carry out the myriad of basic maintenance tasks which cause problems. AMECA asked the Blantyre District Health Office if it would be beneficial to have a trained member of staff at every health centre who could undertake routine repairs. The Blantyre District Health Office and AMECA jointly sponsored a 10-week course at Soche Technical College in Basic Construction Skills Training for 24 members of staff from the health centres.



Participants in class at Soche College



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

Participants attended both theory and practical sessions in electrical installation, plumbing, painting and decorating, bricklaying, carpentry and other vocational skills. They thoroughly enjoyed their time and commented, "because in the facilities, things don't tend to get fixed, we feel that the course has provided us with some skills to carry out basic maintenance work".



Practical sessions in basic plumbing maintenance

Although only a short course, we nevertheless felt that the achievements of the healthcare employees should be recognised and a truly uplifting graduation ceremony was held at Soche College in May, attended by the District Health Officer, the Principal of Soche College and AMECA.



**CONSTRUCTION OF A HIGH DEPENDENCY UNIT AT HOLY FAMILY MISSION HOSPITAL**

Construction of a 4-bed High Dependency Unit at Holy Family Mission Hospital in Phalombe began in March 2022 and was completed by September, within time and under budget. The facility is dedicated to the memory of Dutch colleague Sjon Reus, who tragically died in 2019, whilst teaching on a course at Phalombe.



Unused hospital room before renovation.



New completed 4-bed HDU showing patient bays and nurse station.

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

Taking a measured view of the clinical requirement for a High Dependency Unit, huge savings were made by renovating an existing, but dilapidated room at the hospital as opposed to constructing a new building, resulting in an equally excellent facility. Repairs to the roof were carried out prior to the internal construction of the individual patient bays and nurse station. Renovated medical equipment such as vital signs monitors and suction machines were sourced from Holland and hospital furniture was locally produced in Malawi.



The official opening of the HDU took place in November 2022, attended by members of the Catholic Diocese, AMECA, colleagues from Malawi.Kom and local health department staff. AMECA acknowledge our profound gratitude to Architect Jan Sonke and contractor Mr Mbwewe of B M Contractors.

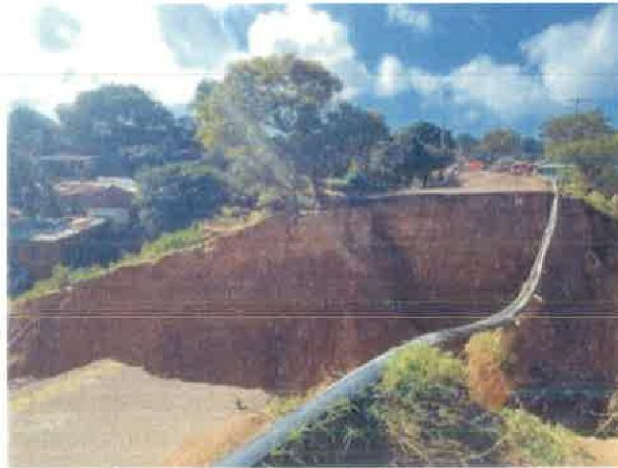




**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**CYCLONE FREDDY**

On the 12 March 2023, Southern Malawi was hit by Tropical Cyclone Freddy, which has been recorded as one of the strongest storms to hit the Southern Hemisphere. Over 2.2 million people were affected, with nearly 660,000 people displaced. There were at least 700 recorded deaths, over 2,000 injuries and more than 500 people remain missing. The cyclone caused significant disruption to housing, agriculture, food security, transport, education, health, water and sanitation. At the time of the cyclone, Malawi's communities were already suffering from a cholera epidemic.



Although disaster relief does not normally form part of AMECA's remit, the sheer scale of the effects of the cyclone on Blantyre and its surrounds has been devastating, and the plight and suffering of local communities motivated our response.

In one of the relief camps close to Chilomoni, where AMECA is based, around 150 displaced people were sheltering in the camp, including pregnant mothers, breast-feeding mothers and many children. They had no blankets and were sleeping in classrooms on a stone floor. Initial donations included blankets, cups and plates, soap and some ground maize.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

In collaboration with Dzuka Chilomoni, a local community support voluntary organisation, donations of plastic sheeting were made to the cyclone victims, together with responsibly sourced blue gum poles to which the plastic sheets could be attached. Rather than making ad hoc donations of plastic sheeting to numerous locations, we decided to follow through with a few local communities to ensure that they had the means to be able to at least make effective temporary repairs.



AMECA is aware that food security will become a challenge, due to the destruction of crops by the cyclone and therefore we are liaising with [Beehive](#) and [Dzuka Chilomoni](#), who are very experienced with community enterprises, to provide assistance with crops, such as sweet potato and cassava, from which future cuttings can be taken and donated to others.

Since the cyclone in March, this relief work has dominated much of AMECA's normal work in Malawi, but the health and well-being of our local communities is an important and much-needed priority. It was exhausting and uplifting in equal measure, and the gratitude of the communities in the villages we assisted has been palpable. AMECA extends heartfelt gratitude to the scores of people who donated funds so generously, with a special mention to [Epsom Rotary Club](#) and to [St Martins of Tours](#) in Epsom, UK. Full reports and financial accountability are available from AMECA on request.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**AMECA IN THE UK**

**THE AMECA STUDENT BURSARY AWARDS**

AMECA feels that the current situation in Malawi for students unable to afford their college fees represents a more pressing need and will have a more significant outcome than funding electives for medical students in the UK. We are therefore not intending to fund any more bursaries for UK elective students but a list of our Alumni students and their elective reports can be viewed on the charity website at <http://ameca.org.uk/alumni/>.

**FUNDRAISING ACTIVITIES & EVENTS**

**Epsom Rotary**

Ruth Markus continues to attend meetings, either by Zoom transmission from Malawi or in person in the UK at the Rotary Club of Epsom and is a member of the International Committee of the Club. The Rotary Club of Epsom continue to make grant donations to AMECA, recent donations having been made for the Cyclone Relief and for the Physiotherapy Clinic at the AMECA Health centre. AMECA wishes to extend its gratitude to Rotary Club members for their continuing support and enthusiasm.

**Invitation to 10 Downing Street**

AMECA was invited to speak at Computer Aid International's event held in the State Room of 10 Downing Street. Computer Aid, which celebrates its 25<sup>th</sup> anniversary this year, has provided over 300,000 devices in over 100 countries and AMECA's scholarship healthcare students in Malawi are the beneficiaries of their wonderful and affordable refurbished laptop computers. The event explored the deepening divide this exists for those who do not have access to computer technology.



**St Martins Parish Church, Epsom**

AMECA continues to receive support from St Martin' of Tours, Epsom and once more, we were invited to address the congregation and update church members on the activities of the last year. We extend gratitude to St. Martins Mission Fund for their generous donation of £500 towards the cyclone relief.



**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**Regular Donations**

AMECA's regular income of just over £20,000 per annum via various charitable giving platforms and regular standing orders represents a very important income stream for the charity, enabling travel to Malawi and maintaining safe accommodation which also functions as an office, permitting us to carry out the charity's charitable objectives in Malawi.

**On Line Donations**

AMECA receive on line donations through [Give as you Live](#), or via direct contributions to our bank account.

**Grants and other Donations in the year:**

Erach & Roshan Sadri Foundation:	£20,000
St Martin's of Tours, Epsom	£1,000
Rotary Club of Epsom:	£1,000
Michael & Betty Little Trust	£5,000
Rotary Club of Ewell:	£500
A well-wisher in Australia:	£5,000

The above list excludes a significant amount given through Charities Aid Foundation, (CAF), during the past year and the scores of individual donations.

Due to the underspend on the High Dependency Unit at Holy Family Mission Hospital, an amount of £1,810.07 was refunded to Foundation Eagle, who had generously funded the construction of the HDU.

AMECA extends a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

**NEWSLETTER**

The charity's newsletter receives a wealth of positive feedback from our readers; all newsletters are available to view at: <http://ameca.org.uk/category/newsletters>

**FINANCIAL REVIEW**

**Financial position**

The total net surplus for the year was £4,951 (2022 - £16,112) and at that date AMECA had reserves of £83,030 (2022 - £78,079)

**Principal funding sources**

The charity continued to raise funds from voluntary donations and its fundraising activities.

**Investment policy**

The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

**Reserves policy**

In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**Going Concern**

The trustees have not identified any significant material uncertainty which would cast doubt about the ability of the charity to continue as a going concern subject to the continuing receipt of regular donations and grants and, adapting its activities for any changes to funding.

**FUTURE PLANS**

Support for the AMECA Heath Centre and the Physiotherapy Clinic will be ongoing, within the limits of available funding. AMECA will also endeavour to expand the number of healthcare scholarships, again, within the constraints of our funding.

As mentioned earlier in this report, AMECA is aware of the growing challenges for students to find suitable, affordable accommodation near to the university campus. Students frequently struggle with unsuitable accommodation, which may be far from the campus, resulting in expensive minibus fares, onerous journeys and fatigue. Often, their accommodation is unsecure and unsuitable, and robberies are commonplace.

AMECA is currently fundraising to enable the purchase of a suitable property that can be used for a student accommodation hostel for scholarship students at the College of Medicine, now known as at Kamuzu University of Health Sciences. Initial discussion with the Dean of Students and the Assistant Registrar indicate that the University would welcome this initiative as providing valuable assistance in terms of accommodating students.

Although this initiative is at an embryonic stage, the general intention would be that, under a future Memorandum of Understanding, with the proviso of sufficient funding being available, AMECA would purchase a property to be registered in the name of the University, to provide accommodation for between 12 and 16 medical students, who receive scholarships from the charity. The university would be responsible thereafter, for the maintenance and security of the property. The subsistence package received by the students from AMECA, would enable the students to pay rent to the university and the university in turn would therefore use this rental income to maintain the property and provide security.

Research to locate suitable properties and ascertain the possible funding requirement, will be ongoing, with a view to the charity being able to fund this purchase for KUHES in the latter part of 2024. As part of the future MOU, it is envisaged that AMECA will make the necessary alterations to enable a three or four bed property to be suitable for student accommodation and furnish the interior.

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company Number**

06354971 (England and Wales)

**Registered Charity Number**

1121240 **Registered Office**

48 Woodlands Road

Epsom

Surrey

KT18 7HP

**Trustees**

Bettie Ruth Markus CEO

Lorraine Freedberg

Paul Roderick Spensley Thomas Clinical Director

Hugh Ronald Freedberg Chairman

Anthony John Gransden Redshaw

**Company Secretary**

Bettie Ruth Markus

**Independent Examiner**

Patrick Casey FCA

Bullimores LLP

Old Printers Yard

156 South Street

Dorking

Surrey

RH4 2HF

**Website** [www.ameca.org.uk](http://www.ameca.org.uk)

**THE AMECA TRUST**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of The Ameca Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20/12/2023 and signed on its behalf by:



Bettie Ruth Markus - Trustee

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE AMECA TRUST

### Independent examiner's report to the trustees of The Ameca Trust ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2023.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

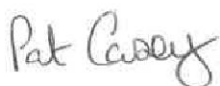
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Patrick Casey

Bullimores LLP  
Chartered Accountants  
Old Printers Yard  
156 South Street  
Dorking  
Surrey  
RH4 2HF

Date: 29/12/2023

**THE AMECA TRUST**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

	Notes	Unrestricted fund £	Restricted funds £	31.8.23 Total funds £	31.8.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations		57,887	1,000	58,887	51,790
<b>Charitable activities</b>	4				
Provision of medical education and facilities		20,000	(1,810)	18,190	47,642
Other trading activities	2	100	-	100	-
Investment income	3	190	-	190	1
Other income	5	-	-	-	493
<b>Total</b>		<u>78,177</u>	<u>(810)</u>	<u>77,367</u>	<u>99,926</u>
<b>EXPENDITURE ON</b>					
Raising funds		837	-	837	743
<b>Charitable activities</b>	6				
Provision of medical education and facilities		29,442	1,954	31,396	40,391
Donations		36,848	-	36,848	40,000
Other activities		<u>3,335</u>	<u>-</u>	<u>3,335</u>	<u>2,680</u>
<b>Total</b>		<u>70,462</u>	<u>1,954</u>	<u>72,416</u>	<u>83,814</u>
<b>NET INCOME/(EXPENDITURE)</b>		7,715	(2,764)	4,951	16,112
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		75,296	2,783	78,079	61,967
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>83,011</u>	<u>19</u>	<u>83,030</u>	<u>78,079</u>

The notes form part of these financial statements

**THE AMECA TRUST (Registered Number: 06354971)**

**BALANCE SHEET  
31 AUGUST 2023**

	Notes	Unrestricted fund £	Restricted funds £	31.8.23 Total funds £	31.8.22 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	11	10,217	-	10,217	6,591
Cash at bank		<u>75,668</u>	<u>19</u>	<u>75,687</u>	<u>73,648</u>
		85,885	19	85,904	80,239
<b>CREDITORS</b>					
Amounts falling due within one year	12	(2,874)	-	(2,874)	(2,160)
		<u>83,011</u>	<u>19</u>	<u>83,030</u>	<u>78,079</u>
<b>NET CURRENT ASSETS</b>					
		83,011	19	83,030	78,079
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		83,011	19	83,030	78,079
<b>NET ASSETS</b>					
		<u>83,011</u>	<u>19</u>	<u>83,030</u>	<u>78,079</u>
<b>FUNDS</b>	14				
Unrestricted funds				83,011	75,296
Restricted funds				<u>19</u>	<u>2,783</u>
<b>TOTAL FUNDS</b>				<u>83,030</u>	<u>78,079</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.


The notes form part of these financial statements



**THE AMECA TRUST**  
**BALANCE SHEET - CONTINUED**  
**31 AUGUST 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....20/12/2023.....  
and were signed on its behalf by:

  
Bettie Ruth Markus - Trustee

The notes form part of these financial statements

**THE AMECA TRUST**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Going concern**

The charity receives regular donations and grants as outlined in the Trustees report that help support its charitable activities. Other than its reliance on the continuance of these sources, the trustees have not identified any significant material uncertainty which would cast doubt on the charity's ability to continue as a going concern.

**Financial reporting standard 102 - reduced disclosure exemptions**

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Raising funds**

Costs of generating funds comprise the costs associated with attracting voluntary income.

**Charitable activities**

Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment            -    33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

**Taxation**

The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

**THE AMECA TRUST**  
**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

The restricted funds are as follows:

- refurbishment of High Dependency Units
- Maternity Unit Project, Chilaweni

**Foreign currencies**

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

**2. OTHER TRADING ACTIVITIES**

	31.8.23	31.8.22
	£	£
Fundraising events	<u>100</u>	<u>-</u>

**3. INVESTMENT INCOME**

	31.8.23	31.8.22
	£	£
Deposit account interest	<u>190</u>	<u>1</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	31.8.23	31.8.22
	£	£
Grants		
Activity		
Provision of medical education and facilities	<u>18,190</u>	<u>47,642</u>

Grants received, included in the above, are as follows:

	31.8.23	31.8.22
	£	£
Catz Charity Foundation	-	5,642
Erach and Roshan Sadri Foundation	20,000	25,000
Foundation Eagle	<u>-</u>	<u>17,000</u>
	<u>20,000</u>	<u>47,642</u>

# THE AMECA TRUST

## NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 AUGUST 2023

### 5. OTHER INCOME

	31.8.23	31.8.22
	£	£
Foreign exchange gains	<u>-</u>	<u>493</u>

### 6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Provision of medical education and facilities	31,163	233	31,396
Donations	36,848	-	36,848
Other activities	<u>-</u>	<u>3,335</u>	<u>3,335</u>
	<u>68,011</u>	<u>3,568</u>	<u>71,579</u>

Donations paid in the year were to AMECA Healthcare Africa Limited, a Not for Profit company incorporated in Malawi with two trustees in common and under common control. The funds donated to AMECA Healthcare Africa Limited were used by that company towards the cost of the new maternity clinic, including mentorship, sponsorship of medical training and other expenditure to meet similar aims to the AMECA Trust.

### 7. INDEPENDENT EXAMINER'S REMUNERATION

	31.8.23	31.8.22
	£	£
Independent examination fee	2,840	2,620
Other non-audit services	<u>460</u>	<u>-</u>

### 8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2023 nor for the year ended 31 August 2022.

#### Trustees' expenses

Trustee's expenses of £3,508 (2022 - £4,096) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

**THE AMECA TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 AUGUST 2023**

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations	50,542	1,248	51,790
<b>Charitable activities</b>			
Provision of medical education and facilities	25,000	22,642	47,642
Investment income	1	-	1
Other income	493	-	493
<b>Total</b>	<u>76,036</u>	<u>23,890</u>	<u>99,926</u>
<b>EXPENDITURE ON</b>			
Raising funds	743	-	743
<b>Charitable activities</b>			
Provision of medical education and facilities	35,026	5,365	40,391
Donations	24,258	15,742	40,000
Other activities	2,680	-	2,680
<b>Total</b>	<u>62,707</u>	<u>21,107</u>	<u>83,814</u>
<b>NET INCOME</b>	13,329	2,783	16,112
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	61,967	-	61,967
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>75,296</u>	<u>2,783</u>	<u>78,079</u>

**THE AMECA TRUST**  
**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**10. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 September 2022 and 31 August 2023	<u>2,356</u>
<b>DEPRECIATION</b>	
At 1 September 2022 and 31 August 2023	<u>2,356</u>
<b>NET BOOK VALUE</b>	
At 31 August 2023	<u>-</u>
At 31 August 2022	<u>-</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.8.23 £	31.8.22 £
Accrued income	4,712	4,035
Prepayments	<u>5,505</u>	<u>2,556</u>
	<u>10,217</u>	<u>6,591</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.8.23 £	31.8.22 £
Accrued expenses	<u>2,874</u>	<u>2,160</u>

**13. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.8.23 £	31.8.22 £
Within one year	810	5,762
Between one and five years	<u>-</u>	<u>2,572</u>
	<u>810</u>	<u>8,334</u>

**THE AMECA TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 AUGUST 2023**

**14. MOVEMENT IN FUNDS**

	At 1.9.22 £	Net movement in funds £	At 31.8.23 £
<b>Unrestricted funds</b>			
General fund	75,296	7,715	83,011
<b>Restricted funds</b>			
Construcion of HDU at Holy Family Mission, Phalombe District	2,783	(2,783)	-
Physio Clinic	<u>-</u>	<u>19</u>	<u>19</u>
	<u>2,783</u>	<u>(2,764)</u>	<u>19</u>
<b>TOTAL FUNDS</b>	<u>78,079</u>	<u>4,951</u>	<u>83,030</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	78,177	(70,462)	7,715
<b>Restricted funds</b>			
Construcion of HDU at Holy Family Mission, Phalombe District	(1,810)	(973)	(2,783)
Physio Clinic	<u>1,000</u>	<u>(981)</u>	<u>19</u>
	<u>(810)</u>	<u>(1,954)</u>	<u>(2,764)</u>
<b>TOTAL FUNDS</b>	<u>77,367</u>	<u>(72,416)</u>	<u>4,951</u>

**THE AMECA TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 AUGUST 2023**

**14. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.9.21 £	Net movement in funds £	At 31.8.22 £
<b>Unrestricted funds</b>			
General fund	61,967	13,329	75,296
<b>Restricted funds</b>			
Construcion of HDU at Holy Family Mission, Phalombe District	-	2,783	2,783
	<u>61,967</u>	<u>16,112</u>	<u>78,079</u>
<b>TOTAL FUNDS</b>	<u>61,967</u>	<u>16,112</u>	<u>78,079</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	76,036	(62,707)	13,329
<b>Restricted funds</b>			
Construcion of HDU at Holy Family Mission, Phalombe District	22,642	(19,859)	2,783
Student sponsorship	<u>1,248</u>	<u>(1,248)</u>	<u>-</u>
	<u>23,890</u>	<u>(21,107)</u>	<u>2,783</u>
<b>TOTAL FUNDS</b>	<u>99,926</u>	<u>(83,814)</u>	<u>16,112</u>



**THE AMECA TRUST**  
**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 AUGUST 2023**

**14. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.21 £	Net movement in funds £	At 31.8.23 £
<b>Unrestricted funds</b>			
General fund	61,967	21,044	83,011
<b>Restricted funds</b>			
Physio Clinic	-	19	19
	<u>61,967</u>	<u>21,063</u>	<u>83,030</u>
<b>TOTAL FUNDS</b>	<u>61,967</u>	<u>21,063</u>	<u>83,030</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	154,213	(133,169)	21,044
<b>Restricted funds</b>			
Construcion of HDU at Holy Family Mission, Phalombe District	20,832	(20,832)	-
Student sponsorship	1,248	(1,248)	-
Physio Clinic	<u>1,000</u>	<u>(981)</u>	<u>19</u>
	<u>23,080</u>	<u>(23,061)</u>	<u>19</u>
<b>TOTAL FUNDS</b>	<u>177,293</u>	<u>(156,230)</u>	<u>21,063</u>

**THE AMECA TRUST**

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 AUGUST 2023**

**15. OTHER FINANCIAL COMMITMENTS**

At the year end the trust had estimated future fee and subsistence allowance commitments of £20,277 in respect of student sponsorship placements to medical training courses.

**16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 August 2023.

**17. ULTIMATE CONTROLLING PARTY**

In the opinion of the trustees the charity has no ultimate controlling party.

**18. LIABILITY OF MEMBERS**

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.