THE AMECA TRUST

England & Wales · Charity number 1121240

Details

Status	Registered
Legal form	Charitable company
Company number	06354971
Registered	2007-10-16
Register	View on the Charity Commission register

Contact

Address	48 Woodlands Road Epsom KT18 7HP
Phone	07946606107
Email	ameca@btinternet.com
Website	www.ameca.org.uk

Activities

Objects: THE RELIEF OF SICKNESS AND THE PROTECTION OF HEALTH BY SUCH MEANS AS THE TRUSTEES SHALL IN THEIR ABSOLUTE DISCRETION THINK FIT INCLUDING ESTABLISHING (OR ASSISTING IN THE ESTABLISHMENT OF) MEDICAL AND EDUCATIONAL FACILITIES TO IMPROVE THE TRAINING OF HEALTHCARE PROFESSIONALS IN AFRICA AND IN ORDER TO PROVIDE TRAINING IN HEALTH CARE ISSUES

Activities: The charity establishes medical and educational training facilities in African countries; it establishes bursary awards and medical placements for UK medical students in African medical communities; it provides travel bursaries for UK school leavers to participate in recognised voluntary projects in African countries and it supports medical training in African Countries.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

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Geography

- **Area of benefit:** AFRICA
- Malawi

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£104,548	£150,755	-	-
2024-09-30	£150,138	£103,168	-	-
2023-08-31	£77,367	£72,416	-	-
2022-08-31	£99,926	£83,814	-	-
2021-08-31	£62,497	£96,923	-	-
2020-08-31	£220,434	£280,601	-	-

Trustees

Name	Role	Appointed
BETTIE RUTH MARKUS		2007-08-29
Dr Caris Elizabeth Grimes		2026-06-17
Elizabeth Margaret Mary Butler		2024-07-05
LORRAINE FREEDBERG		2007-08-29
Orpa Ruth Khoromana		2026-06-17
Paul Roderick Spensley Thomas		2013-11-06
Tony Redshaw		2015-10-26

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THE AMECA TRUST

England & Wales - Charity number 1121240

Accounts

THE AMECA TRUST

Registered Charity No. 1121240

Registered Company No. 06354971 (England and Wales)

TRUSTEES ANNUAL REPORT

AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 SEPTEMBER 2025

Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

THE AMECA TRUST

Registered Charity No. 1121240

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FOR THE YEAR ENDED 30 SEPTEMBER 2025

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THE AMECA TRUST

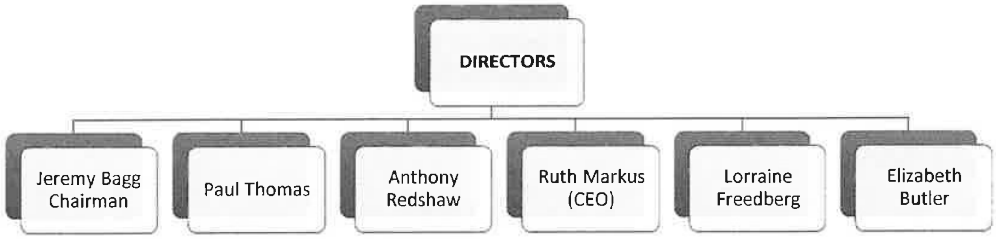
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

ABOUT AMECA

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15 October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is also incorporated in Malawi as a Not for Profit Company, Limited by Guarantee. AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

We welcome Professor Jeremy Bagg, OBE, PhD, FDS, FRCPath, FFPH, as Chairman of the Board of Directors. Jeremy was appointed to the Board on the 9th of July. Jeremy is Emeritus Professor at the University of Glasgow and has worked in Malawi for several years. He is former Head of The University of Glasgow Dental School and Scottish Lead for The MalDent Project, funded by the Scottish Government. Jeremy brings to the Board a wealth of experience, both as an academic and with an in-depth knowledge of policy within the Department of Health in Malawi.

With no employees, the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Directors. AMECA works from home, both in the UK and in Malawi, thereby minimising expenses and maximising donor and grant income.

Our Independent examiner is Patrick Casey FCA at Bullimores LLP, Old Printers Yard, 156 South Street, Dorking, Surrey, RH4 2HF. Ruth Markus wishes to acknowledge the time, advice and support given freely to AMECA by all Directors, both in the UK and in Malawi. A heartfelt thank you to Patrick Casey for his support, counsel and time.

THE AMECA TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 30 SEPTEMBER 2025

OUR PATRON
Major Levison Wood

A close university and British Army friend of Alex, in whose name the charity was founded, Major Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent several years as an Officer in the British Parachute Regiment, before becoming a bestselling author. Levison is a Fellow of the Royal Geographical Society.
http://www.levisonwood.com/

PUBLIC BENEFIT

This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

OUR ETHOS

AMECA believes in measured and achievable ventures, which should be sustainable over the long term, striving to solve issues at their root cause, rather than be a well-intentioned, but short-term "fix". We believe in working in partnership with others and therefore we work with established medical schools, hospitals, doctors, local health departments and other organisations in Malawi. Such partnerships are vital to the long-term sustainability of any venture.

OUR MISSION

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

TO ACHIEVE THIS MISSION, OUR AIMS ARE:

- To establish and/or support medical and educational training facilities in Malawi.
- To support medical training in Malawi through scholarship awards.

OUR CURRENT INITIATIVES INCLUDE:

- Liaising with the Blantyre District Health Office to support the AMECA Health Centre with equipment and repairs when deemed appropriate.
- Supporting Physiotherapy services at the AMECA, Chilomoni and Zingwangwa Health Centres.
- Continuing to support scholarships for students at Kamuzu University of Health Sciences, KUHeS, (formally College of Medicine) and the College of Health Sciences to fund academic fees for medical and dental students, and students undertaking degrees or diplomas in clinical medicine and providing them with a laptop and with subsistence to enable them to afford rent and purchase internet bundles.
- Supporting and liaising with MalDent to fully equip the new exemplar dental clinic at Chilomoni Health Centre and liaise with the Blantyre DHO to ensure that the facility is appropriately staffed.
- Undertaking the administration of Dental Student scholarships at KUHeS.
- Monitoring dental services at Chilomoni with the objective of replicating this facility at a second health centre in the future.
- Investigating the possibility of renovations to the Physiotherapy Clinic at Chileka Health Centre.

RISK MANAGEMENT

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting professionals and students are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are briefed on the options regarding safe and secure accommodation on the ground in Malawi.

OUR WORK IN MALAWI

AMECA's activities are currently based in Malawi where the paucity of accessible care in rural areas of Malawi, together with the requirement for better training for healthcare professionals and the lack of affordability of university and college fees, sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals and primary healthcare facilities would result in a reduction in mortality and reduce the pressure on overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

AMECA's objectives for the year included:

- Liaising with Blantyre District Health Office in supporting the AMECA Health Centre and Maternity Unit at Chilaweni with administration resources and clinical equipment as and when deemed appropriate.
- Continuing to update grant funders with reports in accordance with grant agreements and applying to grant funders for funding as required.
- Maintaining support for students receiving charitable sponsorship and ensuring that AMECA receives notification of examination results, student progress together with any challenges that may arise.
- Expanding the number of student sponsorship placements, subject to affordability.
- Establishing liaison with funders of scholarships for dental students undertaking the Bachelor in Dental Surgery at KUHeS and administering these scholarships.
- Undertaking a further Memorandum of Agreement with the Canadian Medical Foundation, (https://medicalfoundation.ca/) for student sponsorships.
- Maintaining support for the Physiotherapy Clinic at the AMECA Health Centre.
- Undertaking extensive renovations at Chilomoni Health Centre for the Maternity, Outpatients, Physiotherapy and Dental departments.
- Renovating the Physiotherapy Dept at Zingwangwa Health Centre.

AMECA HEALTHCARE AFRICA LIMITED

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 in Malawi as a Not for Profit Company, Limited by Guarantee. Ruth Markus and Paul Thomas hold positions as Board Directors. The Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi. Reena Purshotum, a corporate lawyer, and Orpa Barlucchi, an experienced businesswoman, joined the Board of Directors in 2024.

AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. An average of £10,000 is normally held in Malawi; funds are transferred as and when any payments are required. Any funds raised in Malawi remain in Malawi for AMECA's initiatives.

THE AMECA HEALTH CENTRE IN CHILAWENI

The facility was completed in May 2017 and handed over to The Blantyre District Health Office, which staffs and maintains the clinic. AMECA has no ongoing responsibility for the running of the clinic, but we are aware of the financial constraints that prevail and support genuine challenges within the limits of affordability. Serving a catchment population of 38,000 people, the facility was upgraded from a Primary Healthcare Unit to a Health Centre, following the addition of the maternity unit in 2020. Clinics are well-attended; the Pharmacy is normally well stocked but is subject to the national shortages of some drugs.

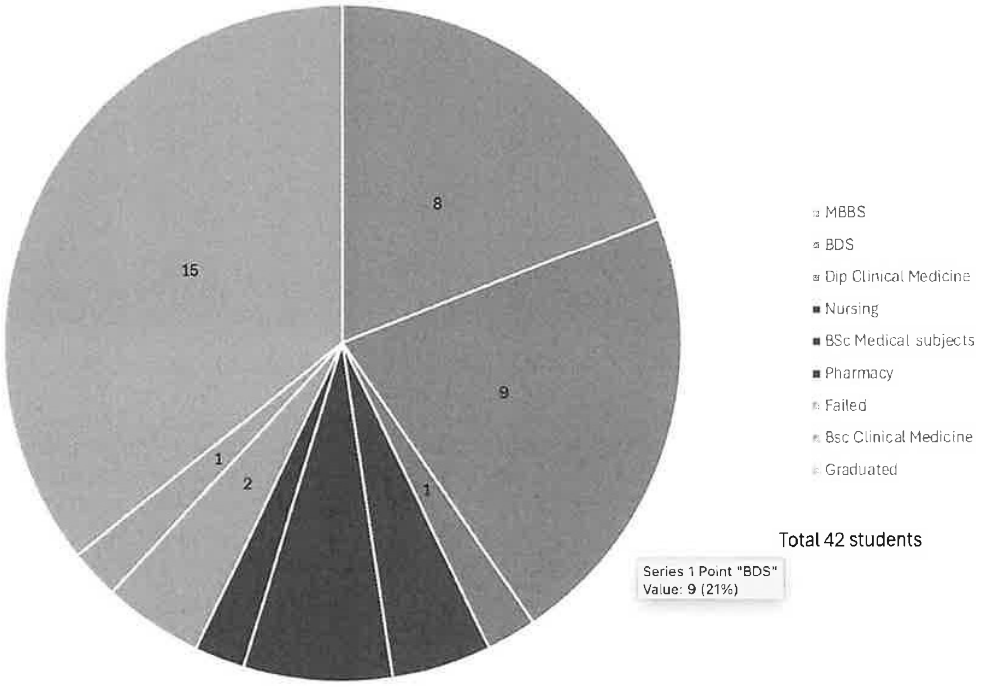
AMECA continues to fund the transport for a physiotherapist to run a weekly clinic at the health centre and supports the salary of a part-time clinic gardener. The community seem very happy with the facility in terms of their care, the tidy appearance of the facility and the very pleasant, landscaped gardens. The maternity clinic is one of the best facilities at any government health centre in Malawi, both structurally, aesthetically and for the level of clinical care it provides. Following the end of the official mentorship, clinical standards have been well upheld, and the Matron in Charge continues to provide AMECA with maternity data and updates.

MEDICAL AND CLINICAL OFFICER SCOLARSHIPS

AMECA believes that education should be a right and not a privilege. There are currently only 2,064 doctors for an estimated population of 20,700,000 in Malawi (Source, U.N), which equates to around 1 doctor for every 10,000 people.

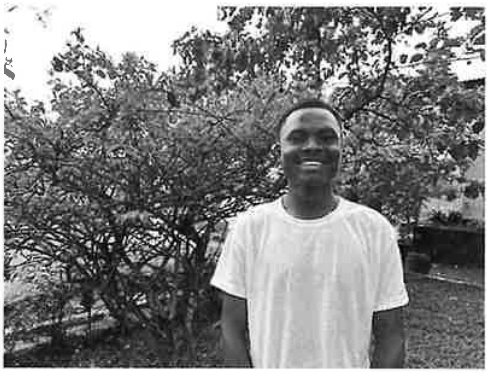
The increase in academic fees for tertiary students presents insurmountable challenges for so many; what loans exist, levy repayments unaffordable to most, resulting in hardship, anxiety, and stress. AMECA believes that supporting the opportunity to study represents a very valuable contribution to Malawi's healthcare system; moreover, it is life changing for the student. Furthermore, we realized that it is not enough to simply pay their academic fees, as in most cases, students are unable to afford their rent, food and internet bundles. AMECA therefore support students with a laptop and a monthly subsistence package.

Scholarship Placements 2024-25 indicating number of students per disipline.



A full list of current scholarship students, graduates and their reports can be viewed at https://ameca.org.uk/scholarship-placements

During the last academic year, AMECA has focussed on the provision and administration of scholarships for Medical and Dental students at KUHeS. Four new MBBS, (Bachelor of Medicine, Bachelor of Surgery) Scholarships were awarded. An important addition this academic year, was the inclusion of 9 students undertaking their Bachelor of Dental Surgery, (BDS). The dental students are sponsored by an array of anonymous UK individual sponsors together with organisations including Smileawi, Epsom Dental Centre, and The Alan Walker Scholarships. We are indebted to your generosity of spirit.

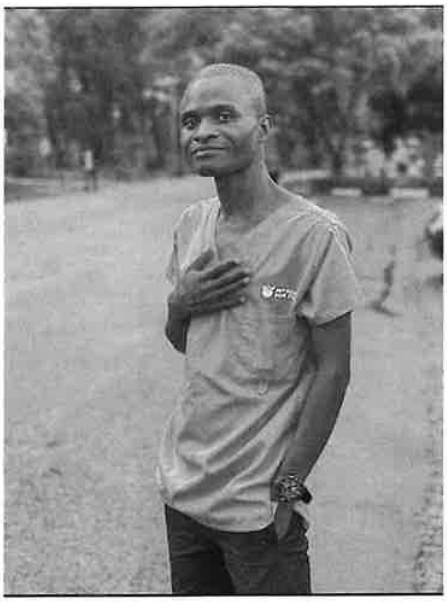


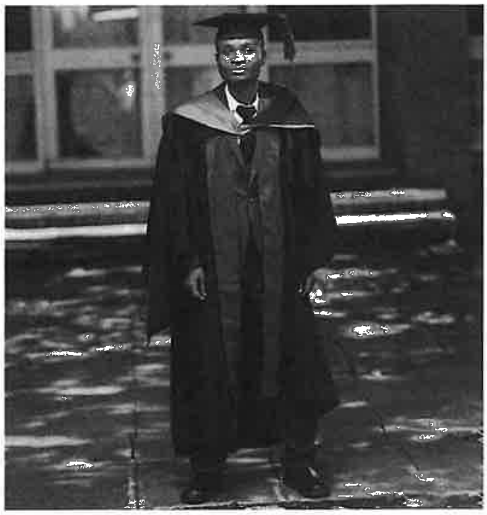
Some of our students of Dentistry. (BDS)

The Canadian Medical Foundation continued to sponsor four medical students for the academic year 2024-25, but sadly one of these students failed to pass their examinations and was withdrawn from his course. Due to the challenging nature of the Foundation Year for students, a decision was taken not to sponsor students in Foundation Year and only consider future scholarship placements from Year 1. The rationale for this decision is that we were finding poor correlation between the Malawi Secondary School results and the ability of some students to cope with the rigorous science subjects that underpin the foundation year.

Kondwani & Grace, new students of Medicine. (MBBS)

We are inordinately proud of Aubrey Filoman, who received his Bachelor of Surgery, Bachelor of Medicine, (MBBS) degree on May 1st. Fili, as he is known to AMECA, is the charity's first graduate doctor.





AMECA is also very proud of Agness Yoswa, (pictured above with Fili), who graduated with Bachelor 1st Class Honours in Medical Laboratory Sciences. Agness was one of our first scholarship students, who contacted AMECA for support after her father died. At the time of writing, Fili is undertaking his internship at Queen Elizabeth Central Hospital, Blantyre and Agness is applying for jobs.

UPGRADING FACILITIES AT CHILOMONI HEALTH CENTRE:

Being more than 52 years old, the original buildings required repairs, which were unaffordable within the budget of Blantyre District Health Office. The renovations undertaken by AMECA were significant and encompassed Dentistry, Maternity, Physiotherapy and Outpatients Departments.

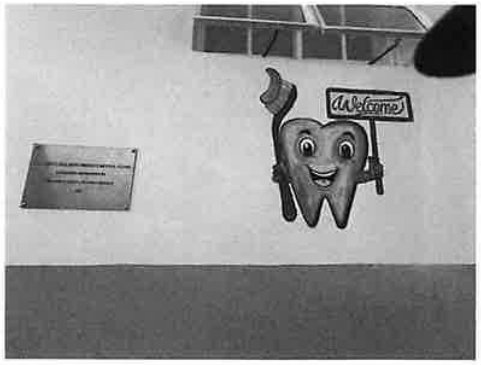
The maternity facilities were no longer fit for purpose, as the local population had substantially increased, and new maternity practices had evolved. The maternity delivery space was very cramped, with only three old and unsuitable delivery beds. There was little privacy for mothers, no working sluice and little functioning clinical equipment. Postnatal and Antenatal mothers were crammed together in an over-crowded ward, and shower and toilet facilities required updated sanitary fittings. Mothers often shared a bed or used a mattress on the floor. With an average of 7 deliveries a day, the situation was very challenging for both mothers and for staff.

The entire maternity unit was demolished internally and an extension created. A Nurses' station with new solar power installation was created, together with a new utility room with a washing machine and an autoclave. Separate antenatal and postnatal wards were built. The photos that follow illustrate the renovations undertaken to the maternity unit:

Prior to the maternity unit renovations, AMECA also undertook the creation of a new Physiotherapy Unit, as the previous facility was located in an inaccessible portacabin at the far end of Chilomoni Health Centre, and disabled patients had struggled to reach the facility. AMECA approached the John Hopkins Project, which has a suitable building on site at Chilomoni and who kindly lent out a spare room in their building for use for physiotherapy. Sited very near the health centre entrance, this perfect space was ideal for disabled members of the community to access the facility. The clinic operates daily and is a very busy facility; patients and staff greatly appreciate the cheerful and well-equipped facility. AMECA also constructed several ramps, which made a huge difference to accessibility for those requiring physiotherapy treatment, and allowed disabled patients to reach all departments.

Despite the significant burden from oral and dental diseases in Malawi, there is very poor access to clinical dental services and only 40-50 dentists and approximately 100 dental therapists currently provide care for Malawi's population of more than 20 million people. AMECA was alerted to a donated dental chair, which lacked the required connections, resulting in very limited dental service provision at Chilomoni Health Centre. We contacted Emeritus Professor Jeremy Bagg, (Former Head of The University of Glasgow Dental School and Lead for the Scottish funded Maldent Project).

Meetings between AMECA, Jeremy, Peter Chimimba, (Malawi Lead for the MalDent Project), and Dr Kawalazira, (Blantyre DHO), led to the idea of developing an exemplar dental clinic at Chilomoni Health Centre. The initiative will provide a model for dental facilities in health centres and address dental provision at local facilities for future dental graduates. A spacious room was located which was perfect for conversion into a dental clinic and moreover, provides space for teaching and training. The development of this exemplar dental facility was an exciting initiative, with AMECA funding the initial renovations required.



As seen in the above photos, the new facility encompasses a paediatric and an adult surgery, a decontamination room and a compressor room. A recent grant will enable AMECA to purchase a range of instruments, a new Compressor, X-Ray equipment, an ultrasonic bath, an autoclave and a Curing Light. The equipment and the addition of a dentist will then allow for the full range of dental services to be available. Equipment has been purchased from Henry Schein in South Africa who will also send a technician to ensure correct installation.

The first of its kind at Health Centre level, the new dental clinic provides space for outreach teaching and training of senior BDS, (Bachelor of Dental Surgery) students, the first cohort of which have just completed their studies. It will also provide a physical model for dental facilities in other health centres and act as a hub for oral health promotion within the community.

AMECA also made the decision to renovate the Outpatients Department, (OPD), the roof of which was in a dire state and the interior of which had suffered massive leakages over time. We realised that simply patching up the holes in the roof would not solve the extensive damage and would merely be a temporary fix. AMECA therefore funded an entire new roof, new ceilings, new electrical fittings, repaired broken windows and either repaired or replaced the sanitary ware, the doors and the locks. Rather than bearing the onerous cost of purchasing new equipment, we engaged Sakaramenta to undertake repairs, which was a massive cost saving. AMECA also mended the incinerator and undertook some landscaping of the grounds, which greatly improved the appearance of the health centre. The photos illustrate the original poor state of the Outpatients Department, and the great improvements made following renovation.

UPGRADING PHYSIOTHERAPY AT ZINGWANGWA HEALTH CENTRE:

AMECA's final project of the financial year was to convert a dark, cramped and gloomy room with virtually no equipment into a bright and well-equipped new physiotherapy clinic at Zingwangwa Health Centre. The patients and staff are delighted with the new facility at which meaningful physiotherapy service delivery is now possible. Clinics are held daily and are staffed by Blessings and Chindikani.

Regular Donations
The charity's regular income stands at approximately £22,000 per annum via various charitable giving platforms and regular standing orders, enabling travel to Malawi and maintaining safe accommodation which also functions as an office, permitting us to carry out the charity's charitable objectives in Malawi.

Online Donations
AMECA receive on line donations through Give as you Live, or via direct contributions to our bank account.

Grants and other Donations in the year:

Erach & Roshan Sadri Foundation:	£4,000
Rotary Club of Epsom:	£1,250
Foundation Eagle:	£21,900
Blendstyle Donation	£700
Caris Grimes Ltd	£8,350

AMECA acknowledge with gratitude, funding from the grant givers and from individuals, who enabled so much of the charity's work to continue. We especially acknowledge the grant from Foundation Eagle, which enabled the purchase of dental equipment for the new dental surgery at Chilomoni Health Centre.

AMECA gives a special mention to Rotary Club of Epsom and to St Martin's of Tours in Epsom, for their ongoing support and funding. We are most grateful to have been given the opportunity to undertake presentations to Rotary members and to St Martin's congregation. A presentation was also given to the Church of Good Shepherd, in Carshalton, Surrey.

AMECA is very sad to report the death of Jeremy Short, who gave a very significant amount of funding over the years via Charities Aid Foundation, (CAF).

AMECA wishes to extend a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

The ability to undertake many of the medical and all the dental scholarships has been made possible by numerous individuals and organisations, some of whom wish to remain anonymous. Your generosity of spirit in changing the lives of these students by making their studies possible is greatly appreciated.

Website
In January of this year, AMECA commissioned Romuled Nsane in Malawi, to re-build and update AMECA's website. The charity is very pleased with the website and grateful to Romuled, for his very competitive pricing. AMECA pays a retainer to Romuled, to assist with the more challenging alterations to the website, that are required during the year.

Newsletter
The charity's newsletter continues to receive a wealth of positive feedback from our readers; all newsletters are available to view at: http://ameca.org.uk/category/newsletters

FINANCIAL REVIEW

Financial position
The total net deficit for the year was £46,207 (2024 Surplus £46,790) and at that date AMECA had reserves of £83,793(2024 £130,000.)

Principal funding sources
The charity continued to raise funds from voluntary donations and its fundraising activities.

Investment policy
The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

Reserves policy
In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

Going Concern
The trustees have not identified any significant material uncertainty which would cast doubt about the ability of the charity to continue as a going concern subject to the continuing receipt of regular donations and grants and, adapting its activities for any changes to funding.

FUTURE PLANS

During the forthcoming year, AMECA intends to maintain support for the AMECA Heath Centre and Maternity Unit at Chilaweni, with reasonable requests for equipment and stationery. Adult and paediatric patients at the AMECA Health Centre, Chilomoni Health Centre and Zingwangwa Heath Centre Physiotherapy Clinics will also be supported with Physiotherapy aids, such as wheelchairs, walking frames etc, within the limits of available funding.

AMECA will oversee the installation of the new dental equipment at the dental clinic at Chilomoni Health Centre. This work will be carried out by one of the technicians from Henry Schein, in South Africa and will encompass the fitting of the decontamination unit, X-ray and compressor. AMECA will also continue to liaise with Blantyre District Health Office to ensure that a fully qualified dentist is employed at the facility.

AMECA will endeavour to expand the number of healthcare scholarships for medical and dental students at KUHeS, within the constraints of our funding.

Subject to funding, AMECA will also consider the renovation of the physiotherapy unit at Chileka Health Centre.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number
06354971 (England and Wales)

Registered Charity Number
1121240

Registered Office
48 Woodlands Road
Epsom
Surrey
KT18 7HP

Trustees
Bettie Ruth Markus CEO
Lorraine Freedberg
Paul Roderick Spensley Thomas Clinical Director
Jeremy Bagg Chairman
Anthony John Gransden Redshaw
Elizabeth Margaret Mary Butler

Company Secretary
Bettie Ruth Markus

Independent Examiner
Patrick Casey FCA
Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Website www.ameca.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The AMECA Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and application law).

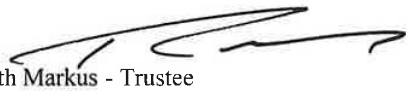
Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ....11/05/26 and signed on its behalf by:



Bettie Ruth Markus - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE AMECA TRUST FOR THE YEAR ENDED 30 SEPTEMBER 2025

Independent examiner's report to the trustees of The Ameca Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Pat Casey

Patrick Casey

Bullimores LLP
Chartered Accountants
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Date: 28/5/2026

THE AMECA TRUST

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2025

	Notes	Unrestricted fund £	Restricted funds £	Year Ended 30.9.25 Total funds £	Period 1.9.23 to 30.9.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations		48,103	26,166	74,269	116,752
Charitable activities	4				
Provision of medical education and facilities		-	28,853	28,853	32,047
Other activities		556	-	556	-
Other trading activities	2	-	-	-	370
Investment income	3	870	-	870	969
Total		49,529	55,019	104,548	150,138
EXPENDITURE ON					
Raising funds		1,658	-	1,658	1,976
Charitable activities	5				
Provision of medical education and facilities		21,733	24,499	46,232	40,927
Donations		66,590	30,520	97,110	56,348
Other activities		5,755	-	5,755	3,917
Total		95,736	55,019	150,755	103,168
NET INCOME/(EXPENDITURE)		(46,207)	-	(46,207)	46,970
RECONCILIATION OF FUNDS					
Total funds brought forward		130,000	-	130,000	83,030
TOTAL FUNDS CARRIED FORWARD		83,793	-	83,793	130,000

The notes form part of these financial statements

THE AMECA TRUST

BALANCE SHEET
30 SEPTEMBER 2025

	Notes	Unrestricted fund £	Restricted funds £	30.9.25 Total funds £	30.9.24 Total funds £
FIXED ASSETS					
Tangible assets	10	15,821	-	15,821	24,069
CURRENT ASSETS					
Debtors	11	10,977	-	10,977	9,155
Cash at bank		60,918	-	60,918	107,440
		71,895	-	71,895	116,595
CREDITORS					
Amounts falling due within one year	12	(3,923)	-	(3,923)	(10,664)
NET CURRENT ASSETS		67,972	-	67,972	105,931
TOTAL ASSETS LESS CURRENT LIABILITIES		83,793	-	83,793	130,000
NET ASSETS		83,793	-	83,793	130,000
FUNDS	14				
Unrestricted funds				83,793	130,000
TOTAL FUNDS				83,793	130,000

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - CONTINUED
30 SEPTEMBER 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11/05/26 and were signed on its behalf by:

.....

Bettie Ruth Markus - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern
The charity receives regular donations and grants as outlined in the Trustees report that help support its charitable activities. Other than its reliance on the continuance of these sources, the trustees have not identified any significant material uncertainty which would cast doubt on the charity's ability to continue as a going concern..

Financial reporting standard 102 - reduced disclosure exemptions
The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds
Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable activities
Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles	- 25% on cost
Computer equipment	- 33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

1. ACCOUNTING POLICIES - continued

Taxation
The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Fund accounting

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
Restricted funds can only be used for particular restricted purposes within the objects of the charity.

The restricted funds are as follows:
- Refurbishment of High Dependency Units
- Maternity Unit Project, Chilaweni
- Physio Clinic at Chilomoni Health Centre
- Student sponsorship

Foreign currencies
Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

2. OTHER TRADING ACTIVITIES

	Year Ended 30.9.25	Period 1.9.23 to 30.9.24
	£	£
Fundraising events	-	370

3. INVESTMENT INCOME

	Year Ended 30.9.25	Period 1.9.23 to 30.9.24
	£	£
Deposit account interest	839	908
Other interest received	31	61
	870	969

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	Year Ended 30.9.25 £	Period 1.9.23 to 30.9.24 £
Grants	Provision of medical education and facilities	28,853	32,047
Other activities	Other activities	556	-
		29,409	32,047

Grants received, included in the above, are as follows:

	Year Ended 30.9.25 £	Period 1.9.23 to 30.9.24 £
Erach and Roshan Sadri Foundation	-	20,000
Friends of Malawi Association	-	1,000
Foundation Eagle	28,853	11,047
	28,853	32,047

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Provision of medical education and facilities	37,771	8,461	46,232
Donations	97,110	-	97,110
Other activities	-	5,755	5,755
	134,881	14,216	149,097

Donations paid in the year were to AMECA Healthcare Africa Limited, a Not for Profit company incorporated in Malawi with two trustees in common and under common control. The funds donated to AMECA Healthcare Africa Limited were used by that company towards the cost of the new maternity clinic, including mentorship, sponsorship of medical training and other expenditure to meet similar aims to the AMECA Trust.

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Year Ended 30.9.25	Period 1.9.23 to 30.9.24
	£	£
Depreciation - owned assets	8,248	8,925

7. INDEPENDENT EXAMINER'S REMUNERATION

	Year Ended 30.9.25	Period 1.9.23 to 30.9.24
	£	£
Independent examination fee	3,840	3,882

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 September 2025 nor for the period ended 30 September 2024.

Trustees' expenses

Trustee's expenses of £1,317 (2024 - £2,307) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations	108,912	7,840	116,752
Charitable activities			
Provision of medical education and facilities	20,000	12,047	32,047
Other trading activities	370	-	370
Investment income	969	-	969
Total	130,251	19,887	150,138
EXPENDITURE ON			
Raising funds	1,976	-	1,976
Charitable activities			
Provision of medical education and facilities	29,966	10,961	40,927
Donations	47,403	8,945	56,348
Other activities	3,917	-	3,917

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Total	83,262	19,906	103,168
NET INCOME/(EXPENDITURE)	46,989	(19)	46,970
RECONCILIATION OF FUNDS			
Total funds brought forward	83,011	19	83,030
TOTAL FUNDS CARRIED FORWARD	130,000	-	130,000

10. TANGIBLE FIXED ASSETS

	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 October 2024 and 30 September 2025	32,994	2,356	35,350
DEPRECIATION			
At 1 October 2024	8,925	2,356	11,281
Charge for year	8,248	-	8,248
At 30 September 2025	17,173	2,356	19,529
NET BOOK VALUE			
At 30 September 2025	15,821	-	15,821
At 30 September 2024	24,069	-	24,069

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.25 £	30.9.24 £
Accrued income	7,160	5,274
Prepayments	3,817	3,881
	10,977	9,155

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.25	30.9.24
	£	£
Deferred income	-	6,953
Accrued expenses	3,923	3,711
	3,923	10,664

There was no deferred income as at 30th September 2025. Prior year (2024) there was deferred income totalling £6,953 which related to unspent funds received for the construction of the maternity unit.

13. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	30.9.25	30.9.24
	£	£
Within one year	742	770

14. MOVEMENT IN FUNDS

	At 1.10.24	Net movement in funds	At 30.9.25
	£	£	£
Unrestricted funds			
General fund	130,000	(46,207)	83,793
TOTAL FUNDS	130,000	(46,207)	83,793

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	49,529	(95,736)	(46,207)
Restricted funds			
Chilaweni Maternity Unit	6,953	(6,953)	-
Student sponsorship	23,416	(23,416)	-
Physio Clinic	1,250	(1,250)	-
Dental Clinic	23,400	(23,400)	-
	55,019	(55,019)	-
TOTAL FUNDS	104,548	(150,755)	(46,207)

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.9.23 £	Net movement in funds £	At 30.9.24 £
Unrestricted funds			
General fund	83,011	46,989	130,000
Restricted funds			
Physio Clinic	19	(19)	-
TOTAL FUNDS	83,030	46,970	130,000

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	130,251	(83,262)	46,989
Restricted funds			
Chilaweni Maternity Unit	11,047	(11,047)	-
Student sponsorship	6,940	(6,940)	-
Physio Clinic	1,900	(1,919)	(19)
	19,887	(19,906)	(19)
TOTAL FUNDS	150,138	(103,168)	46,970

15. OTHER FINANCIAL COMMITMENTS

At the year end the trust had estimated future fee and subsistence allowance commitments of £5,885 (2024 - £7,402) in respect of student sponsorship placements to medical training courses.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 30 September 2025.

17. CONTINGENT ASSET - LEGACY

At the year end, the charity has been notified of its entitlement to a legacy from the estate of a deceased supporter. The amount receivable cannot be reliably measured at this stage, as the administration of the estate is ongoing and the value of the residual assets has not yet been confirmed. In accordance with the Charities SORP (FRS 102), no asset has been recognised in these financial statements. The legacy will be recognised as income in the period when the amount can be measured reliably and receipt is considered probable.

18. ULTIMATE CONTROLLING PARTY

In the opinion of the trustees the charity has no ultimate controlling party.

19. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.

THE AMECA TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 SEPTEMBER 2025

	Year Ended 30.9.25 £	Period 1.9.23 to 30.9.24 £
INCOME AND ENDOWMENTS		
Donations		
Donations	74,269	116,752
Other trading activities		
Fundraising events	-	370
Investment income		
Deposit account interest	839	908
Other interest received	31	61
	870	969
Charitable activities		
Other activities	556	-
Grants	28,853	32,047
	29,409	32,047
Total incoming resources	104,548	150,138
EXPENDITURE		
Raising donations and legacies		
Cost of fundraising events	-	1,382
Publicity	1,458	394
Subscriptions	200	200
	1,658	1,976
Charitable activities		
AMECA house, Blantyre	9,547	11,493
Phone and internet	-	30
Travel and subsistence costs	3,121	5,355
Meetings and entertainment	63	319
Donations	97,110	56,348
Equipment	24,499	2,786
Subscriptions	75	150
Clinic building	466	9,980
	134,881	86,461

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 SEPTEMBER 2025

	Year Ended 30.9.25 £	Period 1.9.23 to 30.9.24 £
Support costs		
Management		
Postage and stationery	81	169
Depreciation of tangible and heritage assets	8,249	8,925
	8,330	9,094
Information technology		
Computer costs	105	80
Other		
Foreign exchange losses	26	1,640
Governance costs		
Independent examiner's fee	3,840	3,882
Sundries	47	35
Accountancy fees	1,868	-
	5,755	3,917
Total resources expended	150,755	103,168
Net (expenditure)/income	(46,207)	46,970

THE AMECA TRUST

England & Wales - Charity number 1121240

Accounts

THE AMECA TRUST

Registered Charity No. 1121240

Registered Company No. 06354971 (England and Wales)

TRUSTEES ANNUAL REPORT

AND FINANCIAL STATEMENTS

FOR THE PERIOD 1 SEPTEMBER 2023 TO 30 SEPTEMBER 2024

Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

THE AMECA TRUST

Registered Charity No. 1121240

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THE AMECA TRUST

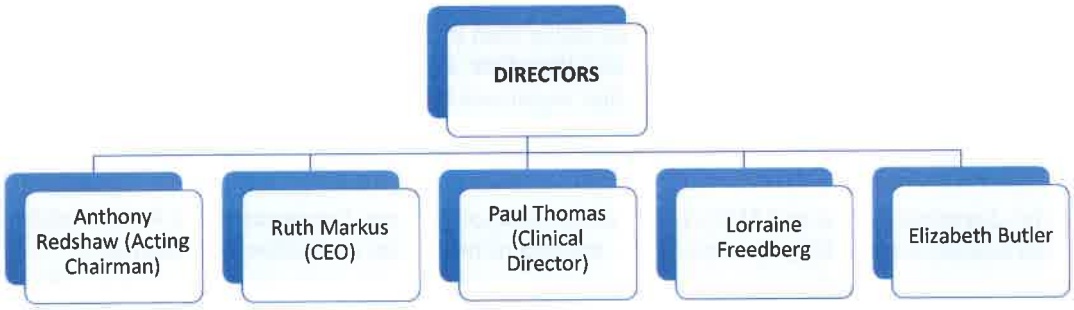
REPORT OF THE TRUSTEES
FOR THE PERIOD 1 SEPTEMBER 2023 TO 30 SEPTEMBER 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the period ended 30 September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

ABOUT AMECA

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15 October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is also incorporated in Malawi as a Not for Profit Limited Company. AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

With deepest sadness we report that Hugh Freedberg, Chairman of AMECA in the UK, sadly died on the 31st August. A man of enormous integrity, measured, honest and loving, Hughie steered AMECA in his quiet way and never missed a detail. Even through his battle with cancer, Hughie remained totally engaged and supportive. An immeasurable loss to AMECA, Hughie will be deeply missed.

We welcome Elizabeth Butler to the Board of Directors; Lizzie was appointed to the Board in July 2024.

With no employees, the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Directors. AMECA works from home, both in the UK and in Malawi, thereby minimising expenses and maximising donor and grant income.

Our Independent examiner is Patrick Casey FCA at Bullimores LLP, Old Printers Yard, 156 South Street, Dorking, Surrey, RH4 2HF.

Ruth Markus wishes to acknowledge the time, advice and support given freely to AMECA by all Directors, both in the UK and in Malawi. A heartfelt thank you to Patrick Casey for his support, counsel and time.

THE AMECA TRUST

REPORT OF THE TRUSTEES
FOR THE PERIOD 1 SEPTEMBER 2023 TO 30 SEPTEMBER 2024

OUR PATRON
Major Levison Wood

A close university and Army friend of Alex, in whose name the charity was founded, Major Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent several years as an Officer in the British Parachute Regiment, before becoming a bestselling author. He is a Fellow of the Royal Geographical Society. http://www.levisonwood.com/

PUBLIC BENEFIT

This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

OUR ETHOS

AMECA believes in measured and achievable ventures, which should be sustainable over the long term, striving to solve issues at their root cause, rather than be a well-intentioned, but short-term "fix". We believe in working in partnership with others and therefore we work with established medical schools, hospitals, doctors, local health departments and other organisations in Malawi. Such partnerships are vital to the long-term sustainability of any venture.

OUR MISSION

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

TO ACHIEVE THIS MISSION, OUR AIMS ARE:

- To establish medical and educational training facilities in Malawi.
- To support medical training in Malawi through scholarship awards.

OUR CURRENT INITIATIVES INCLUDE:

- Ongoing liaison with the Blantyre District Health Office to support the AMECA Health Centre with equipment and repairs when deemed appropriate.
- Supporting Physiotherapy services at the AMECA Health Centre.
- Continuing to support scholarships for students at Kamuzu University of Health Sciences, KUHeS, (formally College of Medicine) and the College of Health Sciences to fund educational fees for medical and clinical officer studies.
- Continuing to provide scholarship students with a laptop and with subsistence, thereby enabling the students to afford their rent and purchase internet bundles.
- Undertaking the total internal renovation of the maternity unit at Chilomoni Health Centre, Blantyre.
- Renovating and equipping a room at Chilomoni Health Centre for use as a Physiotherapy Clinic.
- Supporting and liaising with MalDent to implement an exemplar dental clinic at Chilomoni Health Centre.

RISK MANAGEMENT

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting professionals and students are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are briefed on the options regarding safe and secure accommodation on the ground in Malawi.

OUR WORK IN MALAWI

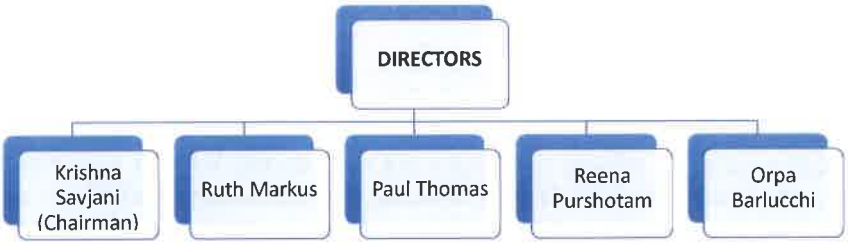
AMECA's activities are currently based in Malawi. The paucity of accessible care in rural areas of Malawi, together with the requirement for better training for healthcare professionals and the lack of affordability of university and college fees, sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals and primary healthcare facilities would result in a reduction in mortality and reduce the pressure on overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

AMECA's objectives for the year included:

- Liaising with Blantyre District Health Office in supporting the AMECA Health Centre and Maternity Unit at Chilaweni with administration resources and clinical equipment as and when deemed appropriate.
- Continuing to update grant funders with reports in accordance with grant agreements and applying to grant funders for funding towards the future initiatives at Chilomoni Health Centre.
- Maintaining support for students receiving charitable sponsorship and ensuring that AMECA receives notification of examination results, student progress and any challenges that may arise.
- Expanding the number of student sponsorship placements, subject to affordability.
- Undertaking a further memorandum of Agreement with the Canadian Medical Foundation, (https://medicalfoundation.ca/) for student sponsorships.
- Maintaining support for the Physiotherapy Clinic at the AMECA Health Centre.
- Liaising with Beehive in Chilomoni to support local communities with crops, following the devastating cyclone in March 2023.
- Researching into the feasibility of establishing a student hostel for AMECA's scholarship students at KUHeS, (College of Medicine).
- Researching into renovations at Chilomoni Health Center, following the charity's decision not to implement the student hostel initiative.

AMECA HEALTHCARE AFRICA LIMITED

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 in Malawi as a Not for Profit Company, Limited by Guarantee. Ruth Markus and Paul Thomas hold positions as Board Directors. The Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi. Reena Purshotum, a corporate lawyer, and Orpa Barlucchi, an experienced businesswoman, joined the Board of Directors last year.



AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. An average of £10,000 is normally held in Malawi; funds are transferred as and when any payments are required. Any funds raised in Malawi remain in Malawi for AMECA's initiatives.

The AMECA Trust in the UK extend its gratitude to the Board Directors in Malawi for their time and advice and to Savjani & Co. in Blantyre for providing office space, in which Director's meetings are held. AMECA Healthcare also extends gratitude to its accountants, Bhagya and Shankar in Blantyre, for their sage advice and for undertaking AMECA Healthcare's annual accounts, without charge, for so many years.

THE AMECA HEALTH CENTRE IN CHILAWENI

The facility was completed in May 2017 and handed over to The Blantyre District Health Office, which staffs and maintains the clinic. AMECA has no ongoing responsibility for the running of the clinic, but we are aware of the financial constraints that prevail and support genuine challenges within the limits of affordability. Serving a catchment population of 38,000 people, the facility was upgraded from a Primary Healthcare Unit to a Health Centre, following the addition of the maternity unit in 2020. Clinics are well-attended; the Pharmacy is normally well stocked but is subject to the national shortages of some drugs.

Following financing maintenance training for healthcare staff, AMECA is pleased to see that routine maintenance is now being carried out at the health centre.

MATERNITY SERVICES

The AMECA Maternity Unit was completed in October 2020, on time and within the quoted budget. It comprises a 3-bed Delivery Room, a 4-bed Antenatal Ward and a 6-bed Postnatal Ward, together with an admission room, a large out-patients waiting area, examination rooms, nurse station, a sluice and a staff room. Individual patient cubicles were fitted in the delivery room in keeping with AMECA's vision for safe, respectful and patient-centred maternity care. Two new duplex houses were constructed and the whole facility has accommodation for seven staff members and their families.

AMECA implemented a 2-year Maternity Mentorship Programme for midwifery staff, which ran to the end of 2022. The mentorship programme has led to tangible improvements in the clinical skills of the staff and delivery of patient-centred respectful maternity care. Along with improved leadership, this resulted in an enthusiastic and positive atmosphere at the facility with good outcomes and improved patient satisfaction. Monthly reports detail the number of admissions, deliveries and referrals. Excellent reporting procedures remain in place, together with clinical audits of all referrals. Ultrasound training undertaken by key staff has resulted in more than 95% of all women being scanned during their pregnancy, most during their first antenatal visit. Staff are often able to detect potential complications and refer patients, if required, to tertiary facilities, increasing the welfare and safety for mothers and newborn.

The maternity clinic is one of the best facilities at any government health centre in Malawi, both structurally, aesthetically and for the level of clinical care it provides. Following the end of the official mentorship, clinical standards have been well upheld, and the Matron in Charge continues to provide AMECA with maternity data and updates. The AMECA Maternity Unit is regarded by The Blantyre District Health Office as a centre of excellence for maternity care and effectively undertakes the role of a bench marking facility. It is clear from the mentors' reports that the program successfully achieved its goals which is evidenced through the qualitative and quantitative data provided.

PHYSIOTHERAPY SERVICES AT THE HEALTH CENTRE

AMECA is aware of the challenges faced in the community for disabled elderly people and for so many children with physical disabilities. Disability in the villages, whether through trauma, neurological or other medical conditions, presents insurmountable challenges. Few people can afford the transport to a tertiary hospital and most rural health centres do not have either the qualified staff or any facilities to offer physiotherapy or treatment.

Following meetings with the Blantyre District Health Office, in January 2023, a DHO physiotherapist was assigned to run a Physiotherapy clinic at the AMECA Health Centre once a week. The clinics are well attended, although there are sometimes challenges accessing the facility due to the poor roads during the rains. Reports indicate that most patients are children with Cerebral Palsy, normally due to birth asphyxia, whilst elderly patients generally present with arthritis or have suffered a stroke.

As physiotherapy consultations increased, requirements for orthopaedic equipment grew and AMECA obtained grants to purchase wheelchairs, standing frames, walking frames, adaptive chairs and orthotics. Unlike the UK, where patient transport services are available and equipment can be provided at hospitals, there are more challenges in Malawi for patients requiring assistance. AMECA saves costs by using a local carpenter for some items, such as standing frames and adaptive chairs.

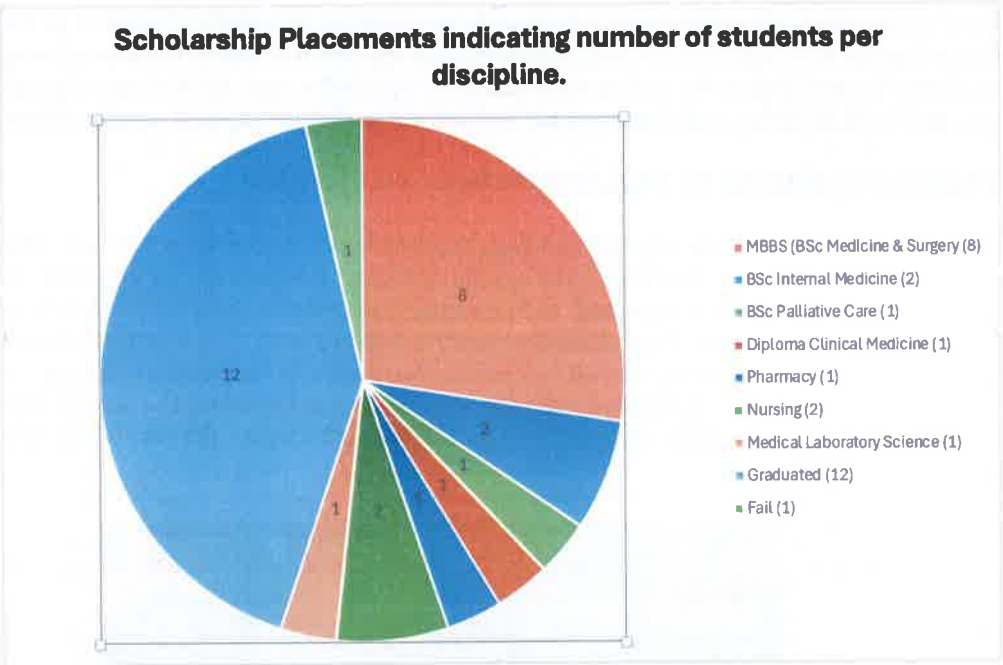
Pictured below are Alipo, (left) and Leticia, both of whom suffer from Cerebral Palsy, both regular attendees at the clinic since we opened in January 2023. Their progress, as a result of regular physiotherapy, has been really encouraging and AMECA was able to purchase both children standing fames and adaptive chairs. Leticia was referred to the Orthopaedic Centre at Queens and received orthotics to strengthen her legs. She received a walking frame, which we purchased from the Orthopaedic Centre. Alipo has progressed to being able to stand, and his ankles are more flexible. He can now sit up whilst supporting himself and has been measured for a standing frame. Great progress for these young patients.

AMECA acknowledge with gratitude, funding from Friends of Malawi, the Rotary Club of Epsom, the Rotary Club of Ewell and the church of St Martin's of Tour in Epsom, for their generous funding for Physiotherapy equipment and training.

MEDICAL AND CLINICAL OFFICER SCHOLARSHIPS

AMECA believes that education should be a right and not a privilege. There are currently only 2,064 doctors for an estimated population of 20,700,000 in Malawi (Source, U.N), which equates to around 1 doctor for every 10,000 people.

The increase in academic fees for tertiary students presents insurmountable challenges for so many; what loans exist, levy repayments unaffordable to most, resulting in hardship, anxiety, and stress. AMECA believes that supporting the opportunity to study represents a very valuable contribution to Malawi's healthcare system; moreover, it is life changing for the student. Furthermore, we realized that it is not enough to simply pay their academic fees, as in most cases, students are unable to afford their rent, food and internet bundles. AMECA therefore support students with a laptop and a monthly subsistence package. We are most grateful to CMF for the donation of their laptop bags.



During the year, AMECA increased the number of scholarships awarded to students to fund their Medical and Clinical Officer fees at Kamuzu University of Health Sciences, KUHeS, (formally College of Medicine) and to the College of Health Sciences. The Canadian Medical Foundation sponsored four medical students in 2023 and have continued their sponsorship for 2024. In addition, a family in the UK who sadly lost their son are currently sponsoring two medical students. AMECA provides the administrative assistance for these scholarships. The academic year 2023/2024 saw five students graduate as Clinical Officers with a Diploma in Clinical Medicine.

An unprecedented number of applications for healthcare related disciplines were received by the charity during the year; a decision was taken to prioritise those students applying for MBBS, (Bachelor of Medicine/Bachelor of Science) degrees and Diplomas in Clinical Medicine as opposed to Clinical Officers wishing to upgrade to a BSc specialty. We furthermore felt that we were unable to support the costs for students training through Mission Colleges, due to the high fee levels imposed and decided not to take on any new nursing student placements.

UPGRADING FACILITIES AT CHILOMONI HEALTH CENTRE:

Being more than 52 years old, the original buildings require repairs, which are not always affordable within the budget of Blantyre District Health Office. The current maternity facilities are no longer fit for purpose, as the local population has substantially increased, and new maternity practices have evolved. The maternity delivery space is very cramped, with only three old and unsuitable delivery beds. There is little privacy for mothers, no working sluice and little functioning clinical equipment. Postnatal and Antenatal mothers are crammed together in an over-crowded ward, and shower and toilet facilities require updated sanitary fittings. Mothers often share a bed or use a mattress on the floor. With an average of 7 deliveries a day, the situation is very challenging for both mothers and for staff.

Plans have been approved by the District Council for the total internal renovation of the maternity unit and work commenced on this project at the beginning of September.

Following on from the success of the Physiotherapy Clinic created last year at the AMECA Health Centre, we were also keen to assist upgrading physiotherapy facilities at Chilomoni. Located in an inaccessible portacabin at the far end of Chilomoni Health Centre, disabled patients currently struggle to reach this facility. There are challenges in delivering effective patient services due to lack of equipment, the distance of the facility from the main entrance to the health centre and the uneven terrain to be negotiated. Having failed to find a suitable space for an alternative physio clinic, AMECA approached the John Hopkins Project, which has a suitable building on site at Chilomoni. AMECA wishes to express gratitude to John Hopkins, who have so kindly lent out a spare room in their building for use for physiotherapy. Sited very near the health centre entrance, this perfect space is ideal for disabled members of the community to access the facility.

The renovated Physiotherapy Clinic opened to patients in September.

AMECA was alerted to a donated dental chair that lacked the required connections, resulting in very limited dental service provision at Chilomoni Health Centre and we contacted Emeritus Professor Jeremy Bagg, (Former Head of The University of Glasgow Dental School and Lead for the Scottish funded Maldent Project) for advice.

Meetings between AMECA, Jeremy, Peter Chimimba, (Malawi Lead for the MalDent Project), and Dr Kawalazira, (Blantyre DHO), led to ideas for developing an exemplar dental clinic at Chilomoni Health Centre. This initiative could provide a model for dental facilities in health centres and address dental provision at local facilities by the dental students graduating next year. A spacious room was located which was perfect for conversion into a dental clinic and moreover, provides space for teaching and training. The development of this exemplar dental facility is an exciting initiative, with AMECA funding the initial renovations required.

Regular Donations
AMECA has been able to increase the charity's regular income to £23,000 per annum via various charitable giving platforms and regular standing orders, which represents a very important income stream for the charity, enabling travel to Malawi and maintaining safe accommodation which also functions as an office, permitting us to carry out the charity's charitable objectives in Malawi.

On Line Donations
AMECA receive on line donations through Give as you Live, or via direct contributions to our bank account.

Grants and other Donations in the year:

Erach & Roshan Sadri Foundation:	£20,000
St Martin's of Tours, Epsom	£1,500
Rotary Club of Epsom:	£900
Rotary Club of Ewell:	£500
Friends of Malawi:	£1,000
Foundation Eagle:	£18,000
After Dinner Speaker, St George's Hill	£3,000
St George's Hill Golf Club Fundraising:	£46,747

The above list excludes a significant amount given by an individual via Charities Aid Foundation, (CAF), during the past year and the scores of individual donations.

AMECA extends a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

NEWSLETTER

The charity's newsletter receives a wealth of positive feedback from our readers; all newsletters are available to view at: http://ameca.org.uk/category/newsletters

FINANCIAL REVIEW

Change of accounting date
The accounting period has been extended by one month to 30 September 2024 to align with the reporting date for Ameca Healthcare Africa Limited with whom the charity works closely to achieve its mission objectives. As this is a thirteen month period comparative amounts, including the notes will not be entirely comparable.

Financial position
The total net surplus for the period was £46,970 (2023 - £4,951) and at that date AMECA had reserves of £130,000 (2023 - £83,030)

Principal funding sources
The charity continued to raise funds from voluntary donations and its fundraising activities.

Investment policy
The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

Reserves policy
In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

Going Concern
The trustees have not identified any significant material uncertainty which would cast doubt about the ability of the charity to continue as a going concern subject to the continuing receipt of regular donations and grants and, adapting its activities for any changes to funding.

FUTURE PLANS

During the forthcoming year, AMECA intends to maintain support for the AMECA Heath Centre and Maternity Unit, with reasonable requests for equipment and stationery. AMECA will also provide assistance with some of the repairs that may be required. Adult and paediatric patients at the Physiotherapy Clinic will also be supported with Physiotherapy aids, such as wheelchairs, walking frames etc, within the limits of available funding.

AMECA will also endeavour to expand the number of healthcare scholarships for medical students at KUHeS and students wishing to upgrade to Clinical Officers at The College of Health Sciences, again, within the constraints of our funding.

AMECA will complete the internal renovations of the maternity unit at Chilomoni Health Centre, being undertaken by B M Contractors. The architectural drawings were carried out by Jan Sonke and approved by the Blantyre District Health Office and Blantyre District Council. Separate Antenatal and Postnatal wards will be created, together with total renovation of the delivery suite, a new sluice and office facilities. Solar power will be provided by a new inverter and lithium batteries. Subject to funding, AMECA will liaise with the Blantyre District Nursing Officer to undertake some uplift training for maternity staff, following the completion of the maternity unit renovations.

AMECA will also fund the building renovations on a room to create an exemplar dental clinic at Chilomoni. The equipment, X-Ray and fittings will be undertaken by funding from The Maldent Project, led by the University of Glasgow professor, Jeremy Bagg. The future 2-dental consultation room area will not only be the first of its kind at primary healthcare level but will also be used as a teaching and training facility for the emerging graduates from the new BSc in Dental Surgery at KUHeS.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number
06354971 (England and Wales)

Registered Charity Number
1121240 **Registered Office**
48 Woodlands Road
Epsom
Surrey
KT18 7HP

Trustees
Bettie Ruth Markus CEO
Hugh Ronald Freedberg (deceased 31.8.2024)
Lorraine Freedberg
Paul Roderick Spensley Thomas Clinical Director
Anthony John Gransden Redshaw
Elizabeth Margaret Mary Butler (appointed 5.7.2024)

Company Secretary
Bettie Ruth Markus

Independent Examiner
Patrick Casey FCA
Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Website www.ameca.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The AMECA Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 25 April 2025 and signed on its behalf by:

Bettie Ruth Markus - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE AMECA TRUST

Independent examiner's report to the trustees of The Ameca Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the period 1 September 2023 to 30 September 2024.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Pat Casey

Patrick Casey

Bullimores LLP
Chartered Accountants
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Date: 30/4/2025

THE AMECA TRUST

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE PERIOD 1 SEPTEMBER 2023 TO 30 SEPTEMBER 2024

	Notes	Unrestricted fund £	Restricted funds £	Period 1.9.23 to 30.9.24 Total funds £	Year Ended 31.8.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations		108,912	7,840	116,752	58,889
Charitable activities	4				
Provision of medical education and facilities		20,000	12,047	32,047	18,190
Other trading activities	2	370	-	370	100
Investment income	3	969	-	969	190
Total		130,251	19,887	150,138	77,369
EXPENDITURE ON					
Raising funds		1,976	-	1,976	839
Charitable activities	5				
Provision of medical education and facilities		29,966	10,961	40,927	31,396
Donations		47,403	8,945	56,348	36,848
Other activities		3,917	-	3,917	3,335
Total		83,262	19,906	103,168	72,418
NET INCOME/(EXPENDITURE)		46,989	(19)	46,970	4,951
RECONCILIATION OF FUNDS					
Total funds brought forward		83,011	19	83,030	78,079
TOTAL FUNDS CARRIED FORWARD		130,000	-	130,000	83,030

The notes form part of these financial statements

BALANCE SHEET
30 SEPTEMBER 2024

	Notes	Unrestricted fund £	Restricted funds £	30.9.24 Total funds £	31.8.23 Total funds £
FIXED ASSETS					
Tangible assets	10	24,069	-	24,069	-
CURRENT ASSETS					
Debtors	11	9,155	-	9,155	10,217
Cash at bank		100,486	6,954	107,440	75,687
		109,641	6,954	116,595	85,904
CREDITORS					
Amounts falling due within one year	12	(3,710)	(6,954)	(10,664)	(2,874)
NET CURRENT ASSETS		105,931	-	105,931	83,030
TOTAL ASSETS LESS CURRENT LIABILITIES		130,000	-	130,000	83,030
NET ASSETS		130,000	-	130,000	83,030
FUNDS	14				
Unrestricted funds				130,000	83,011
Restricted funds				-	19
TOTAL FUNDS				130,000	83,030

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 September 2024.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - CONTINUED

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 April 2025 and were signed on its behalf by:

.....
Bettie Ruth Markus - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern
The charity receives regular donations and grants as outlined in the Trustees report that help support its charitable activities. Other than its reliance on the continuance of these sources, the trustees have not identified any significant material uncertainty which would cast doubt on the charity's ability to continue as a going concern..

Financial reporting standard 102 - reduced disclosure exemptions
The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds
Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable activities
Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles	- 25% on cost
Computer equipment	- 33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

1. ACCOUNTING POLICIES - continued

Taxation
The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Fund accounting
Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
Restricted funds can only be used for particular restricted purposes within the objects of the charity.

The restricted funds are as follows:
- Refurbishment of High Dependency Units
- Maternity Unit Project, Chilaweni
- Physio Clinic at Chilomoni Health Centre
- Student sponsorship

Foreign currencies
Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

2. OTHER TRADING ACTIVITIES

	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
	£	£
Fundraising events	370	100

3. INVESTMENT INCOME

	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
	£	£
Deposit account interest	908	190
Other interest received	61	-
	969	190

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
		£	£
Grants	Provision of medical education and facilities	32,047	18,190

Grants received, included in the above, are as follows:

	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
	£	£
Erach and Roshan Sadri Foundation	20,000	20,000
Carried forward	20,000	20,000

	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
	£	£
Brought forward	20,000	20,000
Friends of Malawi Association	1,000	-
Foundation Eagle	11,047	-
	32,047	20,000

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Provision of medical education and facilities	30,113	10,814	40,927
Donations	56,348	-	56,348
Other activities		3,917	3,917
	86,461	14,731	101,192

Donations paid in the year were to AMECA Healthcare Africa Limited, a Not for Profit company incorporated in Malawi with two trustees in common and under common control. The funds donated to AMECA Healthcare Africa Limited were used by that company towards the cost of the new maternity clinic, including mentorship, sponsorship of medical training and other expenditure to meet similar aims to the AMECA Trust.

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
	£	£
Depreciation - owned assets	8,925	-

7. INDEPENDENT EXAMINER'S REMUNERATION

	Period 1.9.23 to 30.9.24	Year Ended 31.8.23
	£	£
Independent examination fee	3,882	2,840
Other non-examination services	-	460

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 30 September 2024 nor for the year ended 31 August 2023.

Trustees' expenses

Trustee's expenses of £2,307 (2023 - £3,508) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations	57,889	1,000	58,889
Charitable activities			
Provision of medical education and facilities	20,000	(1,810)	18,190
Other trading activities	100	-	100
Investment income	190	-	190
Total	78,179	(810)	77,369

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	839	-	839
Charitable activities			
Provision of medical education and facilities	29,442	1,954	31,396
Donations	36,848	-	36,848
Other activities	3,335	-	3,335
Total	70,464	1,954	72,418
NET INCOME/(EXPENDITURE)	7,715	(2,764)	4,951
RECONCILIATION OF FUNDS			
Total funds brought forward	75,296	2,783	78,079
TOTAL FUNDS CARRIED FORWARD	83,011	19	83,030

10. TANGIBLE FIXED ASSETS

	Motor vehicles £	Computer equipment £	Totals £
COST			
At 1 September 2023	-	2,356	2,356
Additions	32,994	-	32,994
At 30 September 2024	32,994	2,356	35,350
DEPRECIATION			
At 1 September 2023	-	2,356	2,356
Charge for year	8,925	-	8,925
At 30 September 2024	8,925	2,356	11,281
NET BOOK VALUE			
At 30 September 2024	24,069	-	24,069
At 31 August 2023	-	-	-

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.24	31.8.23
	£	£
Accrued income	5,274	4,712
Prepayments	3,881	5,505
	9,155	10,217

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.24	31.8.23
	£	£
Deferred income	6,953	-
Accrued expenses	3,711	2,874
	10,664	2,874

Deferred income of £6,953 (2023 - NIL) represents unspent funds received for the construction of the maternity unit.

13. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	30.9.24	31.8.23
	£	£
Within one year	770	810

14. MOVEMENT IN FUNDS

	At 1.9.23	Net movement in funds	At 30.9.24
	£	£	£
Unrestricted funds			
General fund	83,011	46,989	130,000
Restricted funds			
Physio Clinic	19	(19)	-
TOTAL FUNDS	83,030	46,970	130,000

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	130,251	(83,262)	46,989
Restricted funds			
Chilaweni Maternity Unit	11,047	(11,047)	-
Student sponsorship	6,940	(6,940)	-
Physio Clinic	1,900	(1,919)	(19)
	19,887	(19,906)	(19)
TOTAL FUNDS	150,138	(103,168)	46,970

Comparatives for movement in funds

	At 1.9.22 £	Net movement in funds £	At 31.8.23 £
Unrestricted funds			
General fund	75,296	7,715	83,011
Restricted funds			
Construction of HDU at Holy Family Mission, Phalombe District	2,783	(2,783)	-
Physio Clinic	-	19	19
	2,783	(2,764)	19
TOTAL FUNDS	78,079	4,951	83,030

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	78,179	(70,464)	7,715
Restricted funds			
Construction of HDU at Holy Family Mission, Phalombe District	(1,810)	(973)	(2,783)
Physio Clinic	1,000	(981)	19
	(810)	(1,954)	(2,764)
TOTAL FUNDS	77,369	(72,418)	4,951

15. OTHER FINANCIAL COMMITMENTS

At the year end the trust had estimated future fee and subsistence allowance commitments of £7,402 (2023 - £20,277) in respect of student sponsorship placements to medical training courses.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 30 September 2024.

17. ULTIMATE CONTROLLING PARTY

In the opinion of the trustees the charity has no ultimate controlling party.

18. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.

THE AMECA TRUST

England & Wales - Charity number 1121240

Accounts

THE AMECA TRUST

Registered Charity No. 1121240

Registered Company No. 06354971 (England and Wales)

TRUSTEES ANNUAL REPORT

AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2023

Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

THE AMECA TRUST

Registered Charity No. 1121240

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Balance Sheet	23 to 24
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THE AMECA TRUST

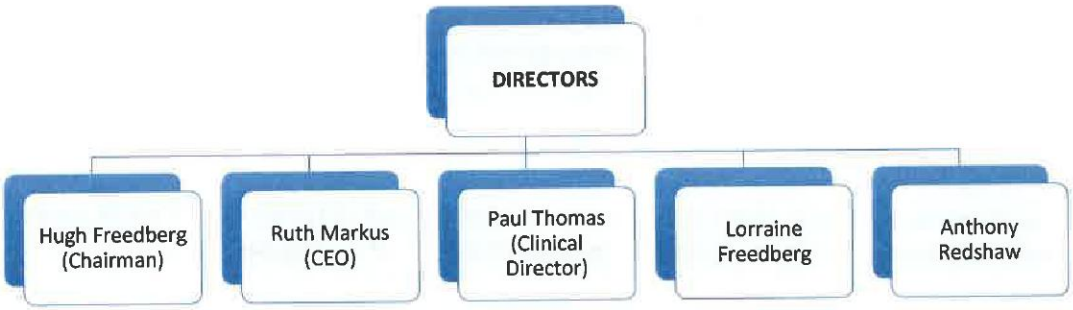
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

ABOUT AMECA

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15 October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is also incorporated in Malawi as a Not for Profit Limited Company. AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

With no employees, the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Directors. AMECA works from home, both in the UK and in Malawi, thereby minimising expenses and maximising donor and grant income.

Our Independent examiner is Patrick Casey FCA at Bullimores LLP, Old Printers Yard, 156 South Street, Dorking, Surrey, RH4 2HF.

Ruth Markus wishes to acknowledge the time, advice and support given freely to AMECA by all Directors, both in the UK and in Malawi. A heartfelt thank you to Sarah Powell, for her support and counsel and for her hard work over so many years. We also wish to thank Patrick Casey at Bullimores, for his time and support.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2023

OUR PATRON
Major Levison Wood

A close university and Army friend of Alex, in whose name the charity was founded, Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent several years as an Officer in the British Parachute Regiment, before becoming a bestselling author. He is a Fellow of the Royal Geographical Society. http://www.levisonwood.com/

PUBLIC BENEFIT

This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

OUR ETHOS

AMECA believes in measured and achievable ventures, which should be sustainable over the long term, striving to solve issues at their root cause, rather than be a well-intentioned, but short-term "fix". We believe in working in partnership with others and therefore we work with established medical schools, hospitals, doctors, local health departments and other organisations in Malawi. Such partnerships are vital to the long-term sustainability of any venture.

OUR MISSION

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

TO ACHIEVE THIS MISSION, OUR AIMS ARE:

- To support medical training in Malawi.
- To support sustainable healthcare initiatives through liaison with local department of health authorities in Malawi.
- To improve rural community access to healthcare.

OUR CURRENT INITIATIVES INCLUDE:

- Continuing our liaison with the Blantyre District Health Office to support the AMECA Health Centre with equipment and repairs when deemed appropriate.
- Continuing to support the introduction of Physiotherapy services at the AMECA Health Centre.
- Continuing to expand numbers of scholarships for students at Kamuzu University of Health Sciences, KUHES, (formally College of Medicine) and the College of Health Sciences to fund educational fees for medical and clinical officer studies.
- Continuing to provide scholarship students with a laptop and with subsistence, thereby enabling the students to afford their rent and purchase internet bundles.
- Undertaking research into the feasibility of financing a student accommodation hostel for AMECA's scholarship students in collaboration with KUHES.

RISK MANAGEMENT

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting professionals and students are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are briefed on the options regarding safe and secure accommodation on the ground in Malawi.

OUR WORK IN MALAWI

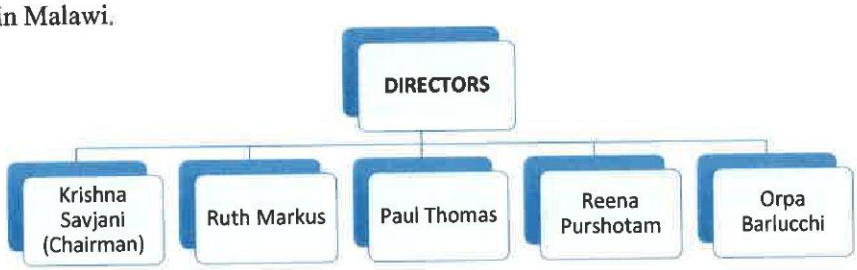
AMECA's activities are currently based in Malawi. The paucity of accessible care in rural areas of Malawi, together with the requirement for better training for healthcare professionals and the lack of affordability of university and college fees, sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals and primary healthcare facilities would result in a reduction in mortality and reduce the pressure on overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

AMECA's objectives for the year included:

- Continuing to liaise with Blantyre District Health Office in supporting the AMECA Health Centre at Chilaweni and the Maternity Clinic by assisting in the provision of administration resources and clinical equipment as and when deemed appropriate.
- Maintaining the maternity staff mentorship programme for midwifery staff at the maternity unit till the end December 2022.
- Continuing to update grant funders with reports in accordance with grant agreements.
- Maintaining support for students receiving charitable sponsorship and ensuring that we receive notification of examination results, student progress and any challenges that may arise.
- Expanding the number of student sponsorship placements, subject to affordability.
- Understanding a memorandum of Agreement with the Canadian Medical Foundation, (https://medicalfoundation.ca/)
- Completing construction of a High dependency Unit at Holy Family Mission Hospital, Phalombe.
- Establishing and supporting a Physiotherapy Clinic at the AMECA Health Centre.
- Providing support for the Cyclone relief effort, following a devastating cyclone in March 2023.

AMECA HEALTHCARE AFRICA LIMITED

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 as a Not for Profit Limited Company in Malawi. Ruth Markus and Paul Thomas hold positions as Board Directors. Reena Purshotam, a corporate lawyer, and Orpa Barlucchi, an experienced businesswoman, joined the Board of Directors this year. The Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi.



AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. An average of £10,000 is normally held in Malawi; funds are transferred as and when any payments are required. Any funds raised in Malawi remain in Malawi for AMECA's initiatives.

The AMECA Trust in the UK extend its gratitude to the Board Directors in Malawi for their time and advice and to Savjani & Co. in Blantyre for providing office space, in which Director's meetings are held. AMECA Healthcare also extends gratitude to its accountants, Bhagya and Shankar in Blantyre, for their sage advice and for undertaking AMECA Healthcare's annual accounts, without charge, for so many years.

THE AMECA HEALTH CENTRE IN CHILAWENI

The facility was completed in May 2017 and handed over to The Blantyre District Health Office. Under a Memorandum of Understanding, the Blantyre DHO are mandated to run the clinic and to hire and remunerate staff. Whilst having no ongoing responsibility for the running of the clinic, AMECA is aware of the financial constraints that prevail, and we do our best to support genuine challenges within the limits of affordability.

The AMECA Health centre, which was upgraded from being initially a Primary Healthcare Unit, to a Health Centre, due to the addition of the maternity unit in 2020, serves a catchment population of 38,000 people. The Under 5's, Hypertension, Youth Friendly and Family Planning Clinics are well-attended; the Pharmacy is normally well stocked but is subject to the usual national shortages of some drugs. Drug shortages nationally have been particularly challenging during the year.

A Hospital Advisory Committee, (HAC) continues to meet once a month, having representation from staff, AMECA and community members. The committee endeavours to secure monthly contributions from the community to assist with the purchase of cleaning materials for the clinic. Community members can raise any concerns, and healthcare staff can and do ask the community for assistance with ground maintenance. Devaluations of the Malawi Kwacha resulted in increases in the cost of fuel and other goods, and shortages and challenges prevail at all facilities. However, the AMECA Health Centre remains comparatively well stocked and AMECA continues to support with measured requests for assistance. The clinic grounds have been landscaped and grasses, new trees and flowers were planted. AMECA engaged a part time gardener from one of the villages, to ensure that the new trees and flowers flourished during the first year. Visitors and patients and staff love the environment and frequently comment that it looks stunning.

MATERNITY SERVICES

Construction of the maternity unit and further staff accommodation began in September 2019 and was completed in October 2020, on time and within the quoted budget. The Honourable Minister of Health, Khumbize Chiponda, has visited the facility and expressed her admiration for the health centre, the new maternity unit and the mentorship programme.

Maternity clinic (left) links to Primary health clinic

Busy Postnatal Ward

The maternity clinic comprises a 3-bed Delivery Room, a 4-bed Antenatal Ward and a 6-bed Postnatal Ward, together with an admission room, a large out-patients waiting area, examination rooms, nurse station, a sluice and a staff room. Two new duplex houses were constructed, providing further accommodation for four staff members and their families. Individual patient cubicles were fitted in the delivery room in keeping with AMECA's vision for safe, respectful and patient-centred maternity care.

MATERNITY STAFF MENTORSHIP PROGRAMME

With agreement from the Blantyre District Health Office, AMECA implemented a Maternity Mentorship Programme for midwifery staff. Originally running for 12 months, the success of this venture resulted in an extension of the programme for a further year, which ran to the end of 2022.

Midwife mentor Stella with two young mothers

Midwife mentor Ruth with an Antenatal patient

The mentorship programme has led to tangible improvements in the clinical skills of the staff and delivery of patient-centred respectful maternity care. Along with improved leadership, this is resulting in an enthusiastic and positive atmosphere at the facility with good outcomes and improved patient satisfaction. Monthly reports detail the number of admissions, deliveries and referrals. Excellent reporting procedures are now in place, together with clinical audits of all referrals. Ultrasound training undertaken by key staff has resulted in more than 90% of all women being scanned during their pregnancy, most during their first antenatal visit. Staff are often able to detect potential complications and refer patients, if required, to tertiary facilities, increasing the welfare and safety for mothers and newborn.

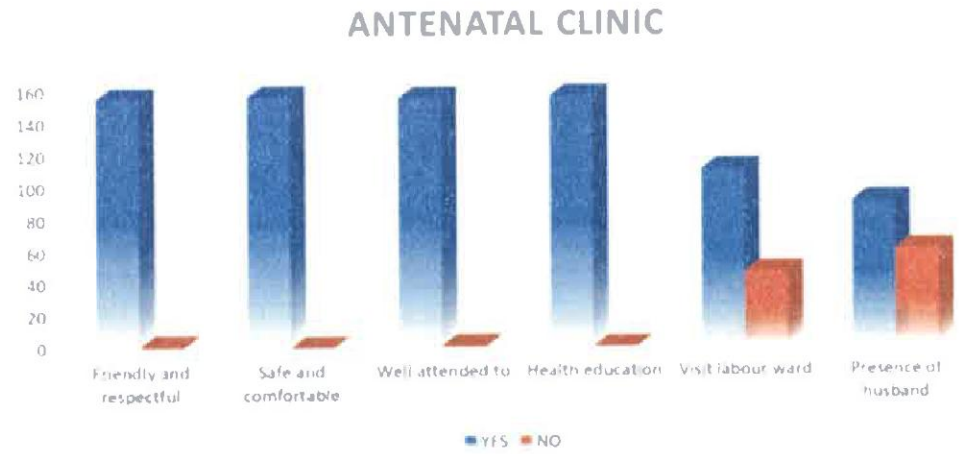
Ultrasound scanning

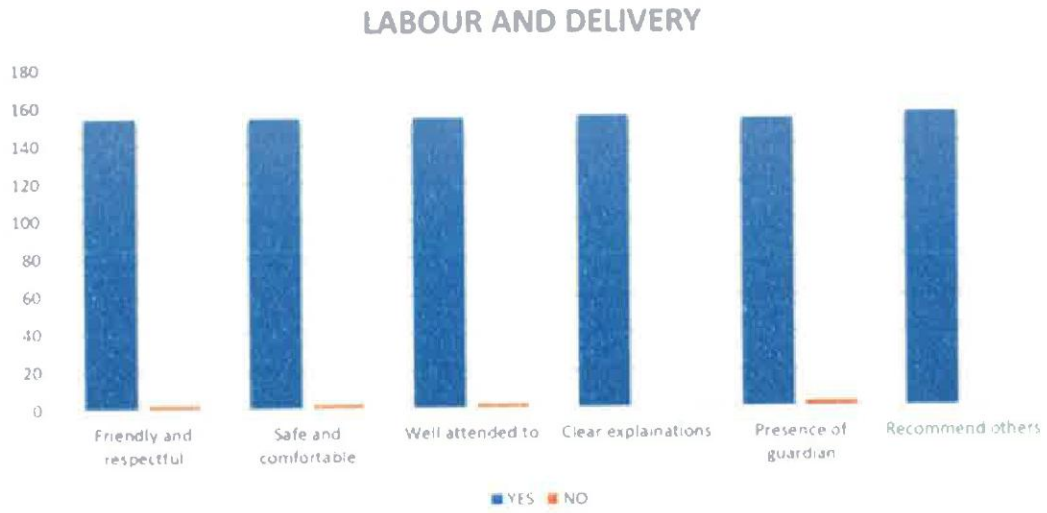
It is not common in Malawi for male partners to be involved in any aspect of pregnancy or birth, but through community education, males were actively encouraged to attend antenatal classes and the births of their partners. A register for the male involvement was provided and midwives were encouraged to document the statistics daily. This is still work in progress, with male partners still reluctant to attend at the birth.

The table below shows the data collected from June 2021 to December 2022.

	Number of maternity clients	**COUPLES**
Antenatal Initial Visits	660	109
Antenatal Follow up.	930	98
Labour and delivery	432	15

A further challenge in Malawi is that women are sadly not always treated with the respect they deserve and therefore staff were given training in this area. Interviews and questionnaires are conducted with all mothers to evaluate if women received respect and dignity throughout maternal care. Feedback has been very positive.





The Mentorship Programme has been widely praised and the maternity clinic is undoubtedly the best clinic at any government health centre in Malawi, both structurally, aesthetically and for the level of clinical care it provides. Following the end of the official mentorship, clinical standards have been well upheld and the Matron in Charge continues to provide AMECA with maternity data and updates. The AMECA Maternity Unit is regarded by The Blantyre District Health Office as a centre of excellence for maternity care and effectively undertakes the role of a bench marking facility. It is clear from the mentors' reports that the program successfully achieved its goals which is evidenced through the qualitative and quantitative data provided.

EXPANSION OF MEDICAL AND CLINICAL OFFICER SCOLARSHIPS

AMECA believes that education should be a right and not a privilege.

However, the increase in academic fees for tertiary students in recent years is becoming an insurmountable challenge for so many; what loans exist, levy repayments unaffordable to most, resulting in hardship, anxiety, and stress. We have noticed that students try to cover expenses by working through their studies, often falling asleep in class and often suffering from hunger. They find it difficult to afford their rent, minibus fares to college are expensive and college accommodation is insufficient for those seeking placements.

In keeping with the charity's ethos, we have therefore increased the number of scholarships awarded to students to fund their Medical and Clinical Officer fees at Kamuzu University of Health Sciences, KUHES, (formally College of Medicine) and to the College of Health Sciences.

Medical students Genti, Abraham and Levishon

C.O students, Kondwani, Patricia, Thoko & Chrissie

Furthermore, The Canadian Medical Foundation, (CMF), contacted AMECA for guidance on donating scholarships for medical training in Malawi. In a Memorandum of Understanding with AMECA, CMF is currently supporting 4 sponsorship placements at Kamuzu University of Health Sciences. AMECA administers these placements for CMF and provides a report on the students' progress and welfare. https://medicalfoundation.ca/

There are currently only 2,064 doctors for an estimated population of 20,700,000 in Malawi (Source, U.N), which equates to around 1 doctor for every 10,000 people.

The paucity of qualified doctors in Malawi is not a new phenomenon; many qualified doctors and nurses continue to leave the country for better conditions and pay abroad. Owing to this shortage of doctors, clinical officers (COs) are the backbone of healthcare in Malawi and most of the district hospitals only have clinical officers on the ground. Depending on their prior qualifications, these students will study for either a period 3 semesters followed by a year internship in a district hospital, or for 3 years, to qualify with a Diploma in Clinical Medical.

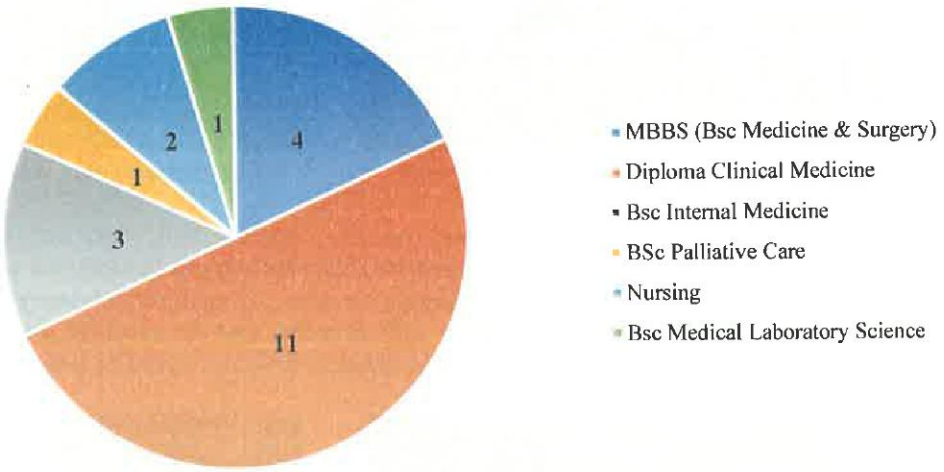
AMECA believes that supporting the opportunity to study represents a very valuable contribution to Malawi's healthcare system; moreover, it is life changing for the student. Furthermore, we realized that it is not enough to simply pay their academic fees, as in most cases, students are unable to afford their rent, food and internet bundles. AMECA therefore support students with a laptop and a monthly subsistence package. We are most grateful to CMF for the donation of their laptop bags.

Genti, Abraham and Levishon with new computers and laptop bags

James Phiri, studying BSc Medicine & BSc Surgery

AMECA is currently sponsoring a total of 22 students, although 4 of the clinical officer students finished their final examinations in July and are undertaking a year internship in a district hospital. (Note that 4 of the 22 students are funded by the Canadian Medical Foundation but administrated by AMECA). AMECA had also sponsored a nursing student, who, on graduation in 2022, has yet to secure a permanent post.

Scholarship Placements indicating number of students per discipline.



Although we are currently supporting 2 student nurses, we are not intending to support further nursing scholarships, as many graduate nurses are unable to find permanent positions and may leave Malawi. Furthermore, priority is given to students attending government colleges as opposed to Mission College placements, due to the high level of fees imposed at Mission colleges.

A list of sponsorship students can be viewed on the charity website at:
https://www.ameca.org.uk/sponsored-placements

INTRODUCTION OF PHYSIOTHERAPY AT THE HEALTH CENTRE

We became increasingly aware of the challenges faced in the community for disabled elderly people and for so many children with physical disabilities. Disability in the villages, whether through trauma, neurological or other medical conditions, presents insurmountable challenges. Few people can afford the transport to a tertiary hospital and most rural health centres do not have either the qualified staff or any facilities to offer physiotherapy or treatment. With the endorsement of the Blantyre District Health Office, we commissioned Joshua Orphan and Community Care field workers to undertake research into disability needs in the catchment villages, which provided an initial snapshot of the range and ages of disability amongst the community and the challenges faced.

Following meetings with the Blantyre District Health Office, a DHO Physio team member, Chindikani, was assigned to run a Physiotherapy clinic at the AMECA Health Centre. We also had advice and guidance form Belinda, an experienced retired UK Physiotherapist, who was in Malawi at the time.

With Belinda and Chindikani, planning equipment needs

With local carpenter Gibson, fitting out physio equipment.

Physiotherapy equipment, including a Tens machine, exercise ball, mats and an infra-red lamp were purchased in the UK, as this was far less expensive than procuring in Malawi, but we used a local carpenter to make some of the other fixtures. Physiotherapy services commenced in January 2023, with clinics being held every Thursday. The clinic is currently well-attended, and the excellent services, time and attention given by Chindikani and Physiotherapy assistant Annie are highly valued by patients and their families.

With Chindikani and the District Medical Officer, Dr Jere

Measuring a patient for a standing frame

The conditions frequently seen range from cerebral palsy, complications due to birth asphyxia, hemiparesis, (weakness on one side), Downs syndrome and accidents. In adults, the majority of patients have had a stroke or have arthritis. Much of our inherited walking aids were not fit for purpose and AMECA used local carpenters to make Standing Frames, Walking Frames and Adaptive Chairs at very low cost.

Pictured above, Tafazwa, aged 4, was born with Cerebral Palsy, almost certainly due to birth asphyxia, (lack of oxygen). She was delighted with her new adaptive chair, which is going to make such a difference to her ability to sit and play with support. Tafazwa was also given a standing frame to take home, which will help her postural management and allow a great degree of social participation. These low-cost locally made physiotherapy aids will make a huge difference to the quality of life for children and their mothers.
AMECA is funding transport costs for the first year of the clinic, after which time the Blantyre DHO office will take over this cost, but we will continue to assist with physiotherapy aids for patients within the limits of funding availability.

Our heartfelt thanks to Rotary Club of Epsom for their generous grant for the Physiotherapy Clinic, enabling the purchase of further equipment and the funding of outreach clinics.

HEALTH CENTRE MAINTENACE TRAINING FUNDING

Over the years, we noticed that maintenance at Blantyre's health centres has been a perpetual challenge, as health centres normally lack a trained member of staff to carry out the myriad of basic maintenance tasks which cause problems. AMECA asked the Blantyre District Health Office if it would be beneficial to have a trained member of staff at every health centre who could undertake routine repairs. The Blantyre District Health Office and AMECA jointly sponsored a 10-week course at Soche Technical College in Basic Construction Skills Training for 24 members of staff from the health centres.

Participants in class at Soche College

Participants attended both theory and practical sessions in electrical installation, plumbing, painting and decorating, bricklaying, carpentry and other vocational skills. They thoroughly enjoyed their time and commented, "because in the facilities, things don't tend to get fixed, we feel that the course has provided us with some skills to carry out basic maintenance work".

Practical sessions in basic plumbing maintenance

Although only a short course, we nevertheless felt that the achievements of the healthcare employees should be recognised and a truly uplifting graduation ceremony was held at Soche College in May, attended by the District Health Officer, the Principal of Soche College and AMECA.

CONSTRUCTION OF A HIGH DEPENDENCY UNIT AT HOLY FAMILY MISSION HOSPITAL

Construction of a 4-bed High Dependency Unit at Holy Family Mission Hospital in Phalombe began in March 2022 and was completed by September, within time and under budget. The facility is dedicated to the memory of Dutch colleague Sjon Reus, who tragically died in 2019, whilst teaching on a course at Phalombe.

Unused hospital room before renovation.

New completed 4-bed HDU showing patient bays and nurse station.

Taking a measured view of the clinical requirement for a High Dependency Unit, huge savings were made by renovating an existing, but dilapidated room at the hospital as opposed to constructing a new building, resulting in an equally excellent facility. Repairs to the roof were carried out prior to the internal construction of the individual patient bays and nurse station. Renovated medical equipment such as vital signs monitors and suction machines were sourced from Holland and hospital furniture was locally produced in Malawi.

The official opening of the HDU took place in November 2022, attended by members of the Catholic Diocese, AMECA, colleagues from Malawi.Kom and local health department staff. AMECA acknowledge our profound gratitude to Architect Jan Sonke and contractor Mr Mbwewe of B M Contractors.

CYCLONE FREDDY

On the 12 March 2023, Southern Malawi was hit by Tropical Cyclone Freddy, which has been recorded as one of the strongest storms to hit the Southern Hemisphere. Over 2.2 million people were affected, with nearly 660,000 people displaced. There were at least 700 recorded deaths, over 2,000 injuries and more than 500 people remain missing. The cyclone caused significant disruption to housing, agriculture, food security, transport, education, health, water and sanitation. At the time of the cyclone, Malawi's communities were already suffering from a cholera epidemic.

Although disaster relief does not normally form part of AMECA's remit, the sheer scale of the effects of the cyclone on Blantyre and its surrounds has been devastating, and the plight and suffering of local communities motivated our response.

In one of the relief camps close to Chilomoni, where AMECA is based, around 150 displaced people were sheltering in the camp, including pregnant mothers, breast-feeding mothers and many children. They had no blankets and were sleeping in classrooms on a stone floor. Initial donations included blankets, cups and plates, soap and some ground maize.

In collaboration with Dzuka Chilomoni, a local community support voluntary organisation, donations of plastic sheeting were made to the cyclone victims, together with responsibly sourced blue gum poles to which the plastic sheets could be attached. Rather than making ad hoc donations of plastic sheeting to numerous locations, we decided to follow through with a few local communities to ensure that they had the means to be able to at least make effective temporary repairs.

AMECA is aware that food security will become a challenge, due to the destruction of crops by the cyclone and therefore we are liaising with Beehive and Dzuka Chilomoni, who are very experienced with community enterprises, to provide assistance with crops, such as sweet potato and cassava, from which future cuttings can be taken and donated to others.

Since the cyclone in March, this relief work has dominated much of AMECA's normal work in Malawi, but the health and well-being of our local communities is an important and much-needed priority. It was exhausting and uplifting in equal measure, and the gratitude of the communities in the villages we assisted has been palpable. AMECA extends heartfelt gratitude to the scores of people who donated funds so generously, with a special mention to Epsom Rotary Club and to St Martins of Tours in Epsom, UK. Full reports and financial accountability are available from AMECA on request.

AMECA IN THE UK

THE AMECA STUDENT BURSARY AWARDS

AMECA feels that the current situation in Malawi for students unable to afford their college fees represents a more pressing need and will have a more significant outcome than funding electives for medical students in the UK. We are therefore not intending to fund any more bursaries for UK elective students but a list of our Alumni students and their elective reports can be viewed on the charity website at http://ameca.org.uk/alumni/.

FUNDRAISING ACTIVITIES & EVENTS

Epsom Rotary

Ruth Markus continues to attend meetings, either by Zoom transmission from Malawi or in person in the UK at the Rotary Club of Epsom and is a member of the International Committee of the Club. The Rotary Club of Epsom continue to make grant donations to AMECA, recent donations having been made for the Cyclone Relief and for the Physiotherapy Clinic at the AMECA Health centre. AMECA wishes to extend its gratitude to Rotary Club members for their continuing support and enthusiasm.

Invitation to 10 Downing Street

AMECA was invited to speak at Computer Aid International's event held in the State Room of 10 Downing Street. Computer Aid, which celebrates its 25th anniversary this year, has provided over 300,000 devices in over 100 countries and AMECA's scholarship healthcare students in Malawi are the beneficiaries of their wonderful and affordable refurbished laptop computers. The event explored the deepening divide this exists for those who do not have access to computer technology.

St Martins Parish Church, Epsom

AMECA continues to receive support from St Martin' of Tours, Epsom and once more, we were invited to address the congregation and update church members on the activities of the last year. We extend gratitude to St. Martins Mission Fund for their generous donation of £500 towards the cyclone relief.

Regular Donations
AMECA's regular income of just over £20,000 per annum via various charitable giving platforms and regular standing orders represents a very important income stream for the charity, enabling travel to Malawi and maintaining safe accommodation which also functions as an office, permitting us to carry out the charity's charitable objectives in Malawi.

On Line Donations
AMECA receive on line donations through Give as you Live, or via direct contributions to our bank account.

Grants and other Donations in the year:

Erach & Roshan Sadri Foundation:	£20,000
St Martin's of Tours, Epsom	£1,000
Rotary Club of Epsom:	£1,000
Michael & Betty Little Trust	£5,000
Rotary Club of Ewell:	£500
A well-wisher in Australia:	£5,000

The above list excludes a significant amount given through Charities Aid Foundation, (CAF), during the past year and the scores of individual donations.

Due to the underspend on the High Dependency Unit at Holy Family Mission Hospital, an amount of £1,810.07 was refunded to Foundation Eagle, who had generously funded the construction of the HDU.

AMECA extends a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

NEWSLETTER

The charity's newsletter receives a wealth of positive feedback from our readers; all newsletters are available to view at: http://ameca.org.uk/category/newsletters

FINANCIAL REVIEW

Financial position
The total net surplus for the year was £4,951 (2022 - £16,112) and at that date AMECA had reserves of £83,030 (2022 - £78,079)

Principal funding sources
The charity continued to raise funds from voluntary donations and its fundraising activities.

Investment policy
The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

Reserves policy
In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

Going Concern
The trustees have not identified any significant material uncertainty which would cast doubt about the ability of the charity to continue as a going concern subject to the continuing receipt of regular donations and grants and, adapting its activities for any changes to funding.

FUTURE PLANS

Support for the AMECA Heath Centre and the Physiotherapy Clinic will be ongoing, within the limits of available funding. AMECA will also endeavour to expand the number of healthcare scholarships, again, within the constraints of our funding.

As mentioned earlier in this report, AMECA is aware of the growing challenges for students to find suitable, affordable accommodation near to the university campus. Students frequently struggle with unsuitable accommodation, which may be far from the campus, resulting in expensive minibus fares, onerous journeys and fatigue. Often, their accommodation is unsecure and unsuitable, and robberies are commonplace.

AMECA is currently fundraising to enable the purchase of a suitable property that can be used for a student accommodation hostel for scholarship students at the College of Medicine, now known as at Kamuzu University of Health Sciences. Initial discussion with the Dean of Students and the Assistant Registrar indicate that the University would welcome this initiative as providing valuable assistance in terms of accommodating students.

Although this initiative is at an embryonic stage, the general intention would be that, under a future Memorandum of Understanding, with the proviso of sufficient funding being available, AMECA would purchase a property to be registered in the name of the University, to provide accommodation for between 12 and 16 medical students, who receive scholarships from the charity. The university would be responsible thereafter, for the maintenance and security of the property. The subsistence package received by the students from AMECA, would enable the students to pay rent to the university and the university in turn would therefore use this rental income to maintain the property and provide security.

Research to locate suitable properties and ascertain the possible funding requirement, will be ongoing, with a view to the charity being able to fund this purchase for KUHES in the latter part of 2024. As part of the future MOU, it is envisaged that AMECA will make the necessary alterations to enable a three or four bed property to be suitable for student accommodation and furnish the interior.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company Number
06354971 (England and Wales)

Registered Charity Number
1121240 **Registered Office**
48 Woodlands Road
Epsom
Surrey
KT18 7HP

Trustees
Bettie Ruth Markus CEO
Lorraine Freedberg
Paul Roderick Spensley Thomas Clinical Director
Hugh Ronald Freedberg Chairman
Anthony John Gransden Redshaw

Company Secretary
Bettie Ruth Markus

Independent Examiner
Patrick Casey FCA
Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Website www.ameca.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The Ameca Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20/12/2023 and signed on its behalf by:

Bettie Ruth Markus - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE AMECA TRUST

Independent examiner's report to the trustees of The Ameca Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Pat Casey

Patrick Casey

Bullimores LLP
Chartered Accountants
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Date: 29/12/2023

THE AMECA TRUST

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 AUGUST 2023

	Notes	Unrestricted fund £	Restricted funds £	31.8.23 Total funds £	31.8.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations		57,887	1,000	58,887	51,790
Charitable activities	4				
Provision of medical education and facilities		20,000	(1,810)	18,190	47,642
Other trading activities	2	100	-	100	-
Investment income	3	190	-	190	1
Other income	5	-	-	-	493
Total		78,177	(810)	77,367	99,926
EXPENDITURE ON					
Raising funds		837	-	837	743
Charitable activities	6				
Provision of medical education and facilities		29,442	1,954	31,396	40,391
Donations		36,848	-	36,848	40,000
Other activities		3,335	-	3,335	2,680
Total		70,462	1,954	72,416	83,814
NET INCOME/(EXPENDITURE)		7,715	(2,764)	4,951	16,112
RECONCILIATION OF FUNDS					
Total funds brought forward		75,296	2,783	78,079	61,967
TOTAL FUNDS CARRIED FORWARD		83,011	19	83,030	78,079

The notes form part of these financial statements

THE AMECA TRUST (Registered Number: 06354971)

BALANCE SHEET
31 AUGUST 2023

	Notes	Unrestricted fund £	Restricted funds £	31.8.23 Total funds £	31.8.22 Total funds £
CURRENT ASSETS					
Debtors	11	10,217	-	10,217	6,591
Cash at bank		75,668	19	75,687	73,648
		85,885	19	85,904	80,239
CREDITORS					
Amounts falling due within one year	12	(2,874)	-	(2,874)	(2,160)
NET CURRENT ASSETS		83,011	19	83,030	78,079
TOTAL ASSETS LESS CURRENT LIABILITIES		83,011	19	83,030	78,079
NET ASSETS		83,011	19	83,030	78,079
FUNDS	14				
Unrestricted funds				83,011	75,296
Restricted funds				19	2,783
TOTAL FUNDS				83,030	78,079

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - CONTINUED
31 AUGUST 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/12/2023 and were signed on its behalf by:

.....
Bettie Ruth Markus - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Going concern

The charity receives regular donations and grants as outlined in the Trustees report that help support its charitable activities. Other than its reliance on the continuance of these sources, the trustees have not identified any significant material uncertainty which would cast doubt on the charity's ability to continue as a going concern.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable activities

Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment	-	33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

Taxation

The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

The restricted funds are as follows:
- refurbishment of High Dependency Units
- Maternity Unit Project, Chilaweni

Foreign currencies

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

2. OTHER TRADING ACTIVITIES

	31.8.23	31.8.22
	£	£
Fundraising events	100	-

3. INVESTMENT INCOME

	31.8.23	31.8.22
	£	£
Deposit account interest	190	1

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.8.23	31.8.22
		£	£
Grants	Provision of medical education and facilities	18,190	47,642

Grants received, included in the above, are as follows:

	31.8.23	31.8.22
	£	£
Catz Charity Foundation	-	5,642
Erach and Roshan Sadri Foundation	20,000	25,000
Foundation Eagle	-	17,000
	20,000	47,642

5. OTHER INCOME

	31.8.23	31.8.22
	£	£
Foreign exchange gains	-	493

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Provision of medical education and facilities	31,163	233	31,396
Donations	36,848	-	36,848
Other activities	-	3,335	3,335
	68,011	3,568	71,579

Donations paid in the year were to AMECA Healthcare Africa Limited, a Not for Profit company incorporated in Malawi with two trustees in common and under common control. The funds donated to AMECA Healthcare Africa Limited were used by that company towards the cost of the new maternity clinic, including mentorship, sponsorship of medical training and other expenditure to meet similar aims to the AMECA Trust.

7. INDEPENDENT EXAMINER'S REMUNERATION

	31.8.23	31.8.22
	£	£
Independent examination fee	2,840	2,620
Other non-audit services	460	-

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2023 nor for the year ended 31 August 2022.

Trustees' expenses

Trustee's expenses of £3,508 (2022 - £4,096) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations	50,542	1,248	51,790
Charitable activities			
Provision of medical education and facilities	25,000	22,642	47,642
Investment income	1	-	1
Other income	493	-	493
Total	76,036	23,890	99,926
EXPENDITURE ON			
Raising funds	743	-	743
Charitable activities			
Provision of medical education and facilities	35,026	5,365	40,391
Donations	24,258	15,742	40,000
Other activities	2,680	-	2,680
Total	62,707	21,107	83,814
NET INCOME	13,329	2,783	16,112
RECONCILIATION OF FUNDS			
Total funds brought forward	61,967	-	61,967
TOTAL FUNDS CARRIED FORWARD	75,296	2,783	78,079

10. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 September 2022 and 31 August 2023	2,356
DEPRECIATION	
At 1 September 2022 and 31 August 2023	2,356
NET BOOK VALUE	
At 31 August 2023	-
At 31 August 2022	-

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.23 £	31.8.22 £
Accrued income	4,712	4,035
Prepayments	5,505	2,556
	10,217	6,591

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.23 £	31.8.22 £
Accrued expenses	2,874	2,160

13. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.8.23 £	31.8.22 £
Within one year	810	5,762
Between one and five years	-	2,572
	810	8,334

14. MOVEMENT IN FUNDS

	At 1.9.22 £	Net movement in funds £	At 31.8.23 £
Unrestricted funds			
General fund	75,296	7,715	83,011
Restricted funds			
Construcion of HDU at Holy Family Mission, Phalombe District	2,783	(2,783)	-
Physio Clinic	-	19	19
	2,783	(2,764)	19
TOTAL FUNDS	78,079	4,951	83,030

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	78,177	(70,462)	7,715
Restricted funds			
Construcion of HDU at Holy Family Mission, Phalombe District	(1,810)	(973)	(2,783)
Physio Clinic	1,000	(981)	19
	(810)	(1,954)	(2,764)
TOTAL FUNDS	77,367	(72,416)	4,951

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.9.21 £	Net movement in funds £	At 31.8.22 £
Unrestricted funds			
General fund	61,967	13,329	75,296
Restricted funds			
Construcion of HDU at Holy Family Mission, Phalombe District	-	2,783	2,783
TOTAL FUNDS	61,967	16,112	78,079

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	76,036	(62,707)	13,329
Restricted funds			
Construcion of HDU at Holy Family Mission, Phalombe District	22,642	(19,859)	2,783
Student sponsorship	1,248	(1,248)	-
	23,890	(21,107)	2,783
TOTAL FUNDS	99,926	(83,814)	16,112

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.21 £	Net movement in funds £	At 31.8.23 £
Unrestricted funds			
General fund	61,967	21,044	83,011
Restricted funds			
Physio Clinic	-	19	19
TOTAL FUNDS	61,967	21,063	83,030

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	154,213	(133,169)	21,044
Restricted funds			
Construcion of HDU at Holy Family Mission, Phalombe District	20,832	(20,832)	-
Student sponsorship	1,248	(1,248)	-
Physio Clinic	1,000	(981)	19
	23,080	(23,061)	19
TOTAL FUNDS	177,293	(156,230)	21,063

15. OTHER FINANCIAL COMMITMENTS

At the year end the trust had estimated future fee and subsistence allowance commitments of £20,277 in respect of student sponsorship placements to medical training courses.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2023.

17. ULTIMATE CONTROLLING PARTY

In the opinion of the trustees the charity has no ultimate controlling party.

18. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.

THE AMECA TRUST

England & Wales - Charity number 1121240

Accounts

THE AMECA TRUST

Registered Charity No. 1121240

Registered Company No. 06354971 (England and Wales)

TRUSTEES ANNUAL REPORT

AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2022

Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

THE AMECA TRUST

Registered Charity No. 1121240

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Notes to the Financial Statements	16 to 23

THE AMECA TRUST

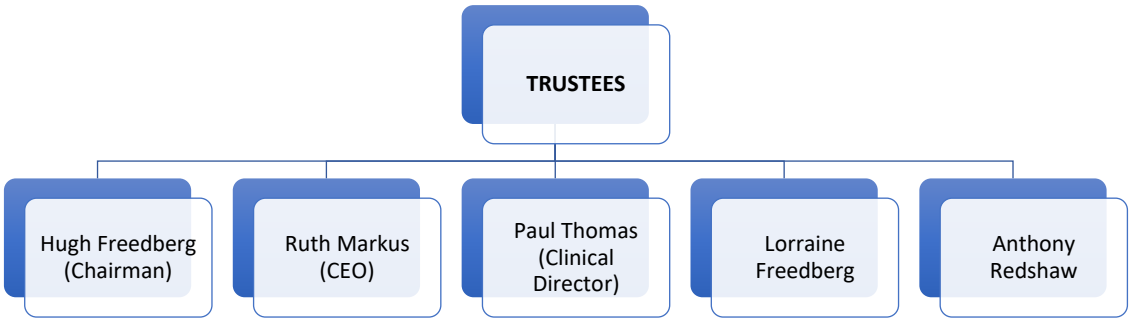
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2022

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31August 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

ABOUT AMECA

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15th October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is also incorporated in Malawi as a Not for Profit Limited Company. AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

With no employees, the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Trustees.

Our Independent examiner is Patrick Casey FCA at Bullimores LLP, Old Printers Yard, 156 South Street, Dorking Surrey RH4 2HF.

Ruth Markus wishes to acknowledge the time, advice and support giving freely to AMECA by all Directors. As ever, a heartfelt thank you to Sarah Powell, for her support and counsel and for her hard work over so many years. We also wish to thank Patrick Casey at Bullimores for his time and support.

OUR PATRON

Major Levison Wood

Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent a number of years as an Officer in the British Parachute Regiment, before becoming a bestselling author. He is a Fellow of the Royal Geographical Society.

PUBLIC BENEFIT

This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

OUR MISSION

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

To achieve this mission, our aims are:

- To establish and support medical and educational training facilities in Malawi.
- To provide mentorship and training for healthcare staff in Malawi.
- To foster positive links between UK medical and surgical professionals and students and African medical and surgical professionals through bursary awards and facilitating placements.
- To support and sponsor medical training in Malawi.

RISK MANAGEMENT

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting professionals and students are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are provided with safe and secure accommodation on the ground in Malawi.

OUR WORK IN MALAWI

AMECA’s activities are currently based in Malawi. The paucity of accessible care in rural areas of Malawi, together with the requirement for better training for healthcare professionals sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals and primary healthcare facilities results in a reduction in mortality and helps to reduce the pressure on overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

AMECA’s objectives for the year included:

- Continuing to liaise with Blantyre District Health Office in supporting the AMECA Health Centre at Chilaweni and the Maternity Clinic by assisting in the provision of administration resources and clinical equipment as and when appropriate.
- Maintaining the maternity staff mentorship programme for midwifery staff at the maternity unit till the end of 2022.
- Continuing to update grant funders with reports in accordance with grant agreements.
- Maintaining support for students receiving charitable sponsorship.

- Supporting the clinic catchment village communities and encouraging communities to generate income through small scale initiatives.
- Expanding opportunities for student sponsorship.
- Constructing a new High dependency Unit at Holy Family Mission Hospital, Phalombe.
- Undertaking a small-scale needs assessment to identify disability challenges in the Health Centre catchment villages.
- Constructing a Guardian Shelter for maternity patient guardians.
- Implementing Physiotherapy services at the Health Centre.

AMECA HEALTHCARE AFRICA LIMITED

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 as a Not for Profit Company limited by guarantee in Malawi. Ruth Markus and Paul Thomas hold positions as Board Directors. Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi.

AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. An average of about £7,500 is normally held in Malawi; funds are transferred as and when any payments are required. Any funds raised in Malawi remain in Malawi for AMECA's initiatives.

The AMECA Trust in the UK extend its gratitude to the Board Directors in Malawi for their time and advice and to Savjani & Co. in Blantyre for providing office space, in which Director's meetings are held. AMECA Healthcare also extends gratitude to its accountants, Bhagya and Shankar in Blantyre, for their sage advice and for undertaking AMECA Healthcare's annual accounts, without charge, for so many years.

THE AMECA HEALTH CENTRE IN CHILAWENI

The clinic was completed in May 2017 and serves a catchment population of 38,000 people in 23 villages.

The facility has been upgraded to a Health Centre, due to the addition of the maternity unit.

The Under 5's, Hypertension, Youth Friendly and Family Planning Clinics are well-attended; the Pharmacy is well stocked on the whole but is subject to the usual national shortages of some drugs on occasion.

The Hospital Advisory Committee, (HAC) continues meets once a month, having representation from staff, and community members. The committee endeavours to secure monthly contributions from the community to assist with the purchase of cleaning materials for the clinic. The devaluation of the Malawi Kwacha during

the year resulted in increases in the cost of fuel and other goods, which has resulted in shortages and challenges at all facilities. However, the AMECA clinic remains comparatively well stocked and well supported and AMECA continues to support with measured requests for assistance.

The clinic grounds have been landscaped and grasses, new trees and flowers were planted. AMECA engaged a part time gardener from one of the villages, to ensure that the new trees and flowers flourished during the first year. Visitors and patients and staff love the environment and frequently comment that it looks lovely.

MATERNITY SERVICES

Construction of the maternity unit and further staff accommodation began in September 2019 and was completed in October 2020, on time and within the quoted budget.

The maternity clinic comprises a 3-bed Delivery Room, a 4-bed Antenatal Ward and a 6-bed Postnatal Ward, together with an admission room, a large out-patients waiting area, examination rooms, nurse station, a sluice and a staff room. Two new duplex houses were constructed, providing further accommodation for four staff members and their families. Individual patient cubicles were fitted in the delivery room in keeping with AMECA's vision for safe, respectful and women-centred maternity care.

In November 2021, Khumbize Chiponda, Honourable Minister of Health, visited the facility and expressed her admiration for our health centre, the new maternity unit and the mentorship programme.

Maternity clinic (left) links to Primary health clinic

Busy Postnatal Ward

MATERNITY STAFF MENTORSHIP PROGRAMME

With agreement from the Blantyre District Health Office, AMECA implemented a Maternity Mentorship Programme for midwifery staff. Originally running for 12 months, the success of this venture resulted in an extension of the programme for a further year, to run to the end of 2022.

Midwife mentor Stella with two young mothers

Midwife mentor Ruth with an Antenatal patient

The mentorship programme has led to tangible improvements in the clinical skills of the staff and delivery of patient-centred respectful maternity care. Along with improved leadership, this is resulting in an enthusiastic and positive atmosphere at the facility with good outcomes and improved patient satisfaction.

Monthly reports detail the number of admissions, deliveries and referrals. Excellent reporting procedures are now in place, together with clinical audits of all referrals. Ultrasound training undertaken by key staff has resulted in more than 85% of all women being scanned during their pregnancy, most during their first antenatal visit. Staff are often able to detect potential complications and refer patients, if required, to tertiary facilities, increasing the welfare and safety for mothers and newborn.

Ultrasound scanning

In Malawi, maternity patients are accompanied by a Guardian, who is often a relative. Responding to a request from the community, AMECA constructed a Guardian Shelter for the guardians which provides male and female accommodation rooms and an area for meeting and cooking.

Exterior of new Guardian Shelter

Using the shelter for a community meeting

CONSTRUCTION OF A HIGH DEPENDENCY UNIT AT HOLY FAMILY MISSION HOSPITAL

Construction of a 4-bed High Dependency Unit at Holy Family Mission Hospital in Phalombe began in March 2022. The facility will be dedicated to the memory of Dutch colleague Sjon Reus, who tragically died in 2019, whilst teaching on a course at Phalombe.

A room was identified which, although needing total renovation, was spacious with existing power and water. Repairs to the roof were carried out prior to the internal construction of the individual patient bays and nurse station. Toilet and shower facilities and a new sluice room will be included.

By the end of April, the main internal construction was completed comprising 4 patient bays, a nurse's station and shower and toilet facilities. Construction was completed in July and at the start of September, AMECA supervised the completion of the finishes and installation of equipment. The official opening of the High Dependency Unit took place in October 2022, when Dutch colleagues were in Malawi.

SPONSORSHIP OF MEDICAL TRAINING IN MALAWI

AMECA is sponsoring a medical school place for Aubrey Filimon, who commenced his studies at The College of Medicine, Blantyre in August 2019 and has almost completed his third year, having been awarded 2 Distinctions during the year. We are so pleased with his progress. Elvis Bizmank graduated from Mulanje Mission School of Nursing earlier this year.

AMECA has further undertaken sponsorship for 3 students at the College of Health Sciences and one student at Mulamulo Campus, Malawi Adventist University who are studying for a Diploma in Clinical Medicine to become Clinical Officers.

AMECA has agreed to sponsor a further Medical School placement later this year for Rhoda Wanda, whose father is a Senior Clinical Officer at St Joseph's Mission Hospital. AMECA is also sponsoring a further nursing placement at Mulanje Mission School of Nursing for Emmanuel Ndala, who registered at the School in July of this year.

AMECA is currently liaising with The Canadian Medical Foundation, who would also like to support some sponsorship placements in Malawi and have asked AMECA to facilitate.

A list of sponsorship students can be viewed on the charity website at:
https://www.ameca.org.uk/sponsored-placements

SURGICAL AND MEDICAL EDUCATION AND TRAINING

In collaboration with Dutch colleagues from Malawi.Kom, AMECA has continued to input into teaching and training at mission hospitals in Malawi. Surgeons and other medical professionals from Malawi.Kom visited Malawi in October 2021 and in March 2022.

Dr. Jan Petit from Malawi.Kom

AMECA Clinical Director Paul Thomas

In January, AMECA hosted the visit by two UK medical students from Birmingham University Medical school for their research projects into maternity care. The students undertook research into respectful maternity care and male involvement, using the AMECA Maternity unit as a base for their projects. The visits were a fantastic success with the students being warmly welcomed by staff and villagers and the girls immersed themselves fully into life in Malawi. Both students were awarded Firsts for their research and the projects were presented at the Global Women's Research Society conference where one of the girls won best poster presentation.

INTRODUCTION OF PHYSIOTHERAPY AT THE HEALTH CENTRE

AMECA commissioned Joshua Orphan and Community Care field workers to undertake research into disability needs in the catchment villages. At the time of writing, AMECA is liaising with the Blantyre Dsitrict Health Office to implement a physiotherapy clinic at the health centre, which will hopefully be operational in November of this year.

AMECA IN THE UK

The AMECA Student Bursary Awards

Due to the expansion of scholarship awards in Malawi, AMECA has not made any Bursary Awards to UK students in this academic year. We feel that the current situation in Malawi for students unable to afford their college fees represents a more pressing need and will have a more significant outcome than funding electives for medical students in the UK.

A list of our Alumni students and their elective reports can be viewed on the charity website at http://ameca.org.uk/alumni/.

FUNDRAISING ACTIVITIES & EVENTS

Epsom Rotary

Ruth Markus continues to attend meetings, either by Zoom transmission from Malawi or in person in the UK at the Rotary Club of Epsom and is a member of the International Committee.

Rotary members arranged an AMECA stand at the Rotary District Conference last October and collected some donations. In May Rotary members held a fundraising brunch and in July, a fundraising quiz for AMECA was held. These events were held to raise funds for a sponsorship place for a Clinical Officer. Together with the proceeds of these events and two large donations from individual members, sufficient funding was raised to sponsor this placement, which is an excellent result.

AMECA wishes to extend its gratitude to Rotary for its continuing support and enthusiasm.

St Martins Parish Church, Epsom
AMECA continues to receive support from St Martin' of Tours, Epsom. In August an address was made to update church members on the maternity mentorship programme and other initiatives. The presentation was very well received and produced much positive feedback. St. Martins Mission Fund has very generously agreed to make a further donation of £500.

Regular Donations
AMECA benefits from a regular income of just under £20,000 per annum via various charitable giving platforms and regular standing order donations. Regular donations represent a very important income stream for the charity, enabling travel to Malawi and maintaining safe accommodation which also functions as an office. This is vital to be able to carry out the charity's objectives in Malawi.

Give As You Live
Due to the closure of the Virgin Money Giving platform at the end of 2021, AMECA have switched their on-line donation platform to Give as you Live. This platform is working well with no difficulties.

Grants and other Donations in the year:

Erach & Roshan Sadri Foundation:	£25,000	
Foundation Eagle:	£17,000	(For construction of the HDU)
Catz Foundation:	£5,642	(For equipment for HDU)
St Paul's Church Guild:	£200	
Rotary Club of Epsom:	£1,248	(For student sponsorship.)

AMECA extends a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

NEWSLETTER

The charity's newsletter maintains great popularity with our readers; all newsletters are available to view at: http://ameca.org.uk/category/newsletters

FINANCIAL REVIEW

Financial position
The total net surplus for the year was £16,112 and at that date AMECA had reserves of £78,079.

Principal funding sources
The charity continued to raise funds from grants, donations and its fundraising activities.

Investment policy
The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

Reserves policy
In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

FUTURE PLANS

AMECA intends to expand the number of scholarships provided to healthcare students in Malawi, with a focus on Medical and Clinical Officer students. A Memorandum of Understanding has been agreed with The Canadian Medical Foundation and AMECA will administrate the students that CMF is sponsoring in Malawi.

AMECA has liaised with the Blantyre District Health Office (DHO) on the provision of a Physiotherapy Clinic at the Health Centre. AMECA intends to assist with some of the transport and other costs incurred to bring a physiotherapist to the village on a weekly basis for a few months, after which patient attendance will be reviewed.

Depending on the outcome of Blantyre DHO initiatives to put forward a workable plan for maternity mentorship training for midwives from other centres, AMECA may assist with some of the logistical costs in supporting two pilot health centres. To date, nothing concrete has been provided by the Blantyre DHO and AMECA is liaising accordingly and will review the outcome of any suggestions from their office.

The Board of Directors will be considering other initiatives over the next few months, with a focus on supporting healthcare students in Malawi.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06354971 (England and Wales)

Registered Charity number
1121240 **Registered office**
48 Woodlands Road
Epsom
Surrey
KT18 7HP

Trustees
Bettie Ruth Markus CEO
Lorraine Freedberg
Paul Roderick Spensley Thomas Clinical Director
Hugh Ronald Freedberg Chairman
Anthony John Gransden Redshaw
Graham Jewell

Company Secretary
Bettie Ruth Markus

Independent Examiner
Patrick Casey FCA
Bullimores LLP
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Website. www.ameca.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The Ameca Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 18 January 2023 and signed on its behalf by:

Bettie Ruth Markus - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE AMECA TRUST

Independent examiner's report to the trustees of The Ameca Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Pat Casey

Patrick Casey
FCA
Bullimores LLP
Chartered Accountants
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Date: 3/2/2023

THE AMECA TRUST

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 AUGUST 2022

	Notes	Unrestricted fund £	Restricted funds £	31.8.22 Total funds £	31.8.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations		50,542	1,248	51,790	26,189
Charitable activities					
Provision of medical education and facilities		25,000	22,642	47,642	30,900
Investment income	2	1	-	1	407
Other income	4	493	-	493	5,001
Total		76,036	23,890	99,926	62,497
EXPENDITURE ON					
Raising funds		743	-	743	1,426
Charitable activities	5				
Provision of medical education and facilities		35,026	5,365	40,391	45,003
Donations		24,258	15,742	40,000	47,827
Other activities		2,680	-	2,680	2,667
Total		62,707	21,107	83,814	96,923
NET INCOME/(EXPENDITURE)		13,329	2,783	16,112	(34,426)
RECONCILIATION OF FUNDS					
Total funds brought forward		61,967	-	61,967	96,393
TOTAL FUNDS CARRIED FORWARD		75,296	2,783	78,079	61,967

The notes form part of these financial statements

THE AMECA TRUST

BALANCE SHEET
31 AUGUST 2022

	Notes	Unrestricted fund £	Restricted funds £	31.8.22 Total funds £	31.8.21 Total funds £
CURRENT ASSETS					
Debtors	10	6,591	-	6,591	6,384
Cash at bank		73,648	-	73,648	57,284
		80,239	-	80,239	63,668
CREDITORS					
Amounts falling due within one year	11	(4,943)	2,783	(2,160)	(1,701)
NET CURRENT ASSETS		75,296	2,783	78,079	61,967
TOTAL ASSETS LESS CURRENT LIABILITIES		75,296	2,783	78,079	61,967
NET ASSETS		75,294	2,783	78,079	61,967
FUNDS	12				
Unrestricted funds				75,296	61,967
Restricted funds				2,783	-
TOTAL FUNDS				78,079	61,967

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The notes form part of these financial statements

The financial statements were approved by the Board of Trustees and authorised for issue on 18 January 2023 and were signed on its behalf by:

.....
Bettie Ruth Markus - Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions
The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds
Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable activities
Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment	-	33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

Taxation
The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

1. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

The restricted funds are as follows:

- refurbishment of High Dependency Units
- Maternity Unit Project, Chilaweni

Foreign currencies
Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

2. INVESTMENT INCOME

	31.8.22	31.8.21
	£	£
Deposit account interest	1	407

3. INCOME FROM CHARITABLE ACTIVITIES

		31.8.22	31.8.21
	Activity	£	£
Grants	Provision of medical education and facilities	47,642	30,900

Grants received, included in the above, are as follows:

	31.8.22	31.8.21
	£	£
Catz Charity Foundation	5,642	-
Erach and Roshan Sadri Foundation	25,000	20,000
Foundation Eagle	17,000	-
Rotary Grant	-	10,900
	47,642	30,900

continued...

4. OTHER INCOME

	31.8.22	31.8.21
	£	£
Foreign exchange gains	493	5,001

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Provision of medical education and facilities	40,204	187	40,391
Donations	40,000	-	40,000
Other activities	-	2,680	2,680
	80,204	2,867	83,071

Donations paid in the year were to AMECA Healthcare Africa Limited, a company incorporated in Malawi which has two trustees in common and is under common control. The funds donated to AMECA Healthcare Africa Limited were used by that company towards the cost of the new maternity clinic and high dependency unit, including mentorship, sponsorship of medical training and other expenditure to meet similar aims to the AMECA Trust.

6. INDEPENDENT EXAMINER'S REMUNERATION

	31.8.22	31.8.21
	£	£
Independent examination fee	2,620	2,149

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2022 nor for the year ended 31 August 2021.

Trustees' expenses

Trustee's expenses of £4,096 (2021 - £5,146) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

continued...

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations	23,327	2,862	26,189
Charitable activities			
Provision of medical education and facilities	10,000	20,900	30,900
Investment income	407	-	407
Other income	4,972	29	5,001
Total	38,706	23,791	62,497
EXPENDITURE ON			
Raising funds	1,286	140	1,426
Charitable activities			
Provision of medical education and facilities	14,640	30,363	45,003
Donations	46,927	900	47,827
Other activities	2,517	150	2,667
Total	65,370	31,553	96,923
NET INCOME/(EXPENDITURE)	(26,664)	(7,762)	(34,426)
Transfers between funds	(66,137)	66,137	-
Net movement in funds	(92,801)	58,375	(34,426)
RECONCILIATION OF FUNDS			
Total funds brought forward	154,768	(58,375)	96,393
TOTAL FUNDS CARRIED FORWARD	61,967	-	61,967

continued...

9. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 September 2021 and 31 August 2022	2,356
DEPRECIATION	
At 1 September 2021 and 31 August 2022	2,356
NET BOOK VALUE	
At 31 August 2022	-
At 31 August 2021	-

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.22 £	31.8.21 £
Accrued income	4,035	4,230
Prepayments	2,556	2,154
	6,591	6,384

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.22 £	31.8.21 £
Accrued expenses	2,160	1,701

12. MOVEMENT IN FUNDS

	At 1.9.21 £	Net movement in funds £	At 31.8.22 £
Unrestricted funds			
General fund	61,967	13,329	75,296
Restricted funds			
Construction of HDU at Holy Family Mission, Phalombe District	-	2,783	2,783
TOTAL FUNDS	61,967	16,112	78,079

continued...

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	76,036	(62,707)	13,329
Restricted funds			
Construction of HDU at Holy Family Mission, Phalombe District	22,642	(19,859)	2,783
Student sponsorship	1,248	(1,248)	-
	23,890	(21,107)	2,783
TOTAL FUNDS	99,926	(83,814)	16,112

Comparatives for movement in funds

	At 1.9.20 £	Net movement in funds £	Transfers between funds £	At 31.8.21 £
Unrestricted funds				
General fund	154,768	(26,664)	(66,137)	61,967
Restricted funds				
Surgical Training Fund	772	(290)	(482)	-
Chilaweni Maternity Unit	(59,147)	(7,472)	66,619	-
	(58,375)	(7,762)	66,137	-
TOTAL FUNDS	96,393	(34,426)	-	61,967

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	38,706	(65,370)	(26,664)
Restricted funds			
Surgical Training Fund	-	(290)	(290)
Other restricted funds	900	(900)	-
Chilaweni Maternity Unit	22,891	(30,363)	(7,472)
	23,791	(31,553)	(7,762)
TOTAL FUNDS	62,497	(96,923)	(34,426)

continued...

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.20 £	Net movement in funds £	Transfers between funds £	At 31.8.22 £
Unrestricted funds				
General fund	154,768	(13,335)	(66,137)	75,296
Restricted funds				
Surgical Training Fund	772	(290)	(482)	-
Chilaweni Maternity Unit	(59,147)	(7,472)	66,619	-
Construction of HDU at Holy Family Mission, Phalombe District	-	2,783	-	2,783
	(58,375)	(4,979)	66,137	2,783
TOTAL FUNDS	96,393	(18,314)	-	78,079

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	114,742	(128,077)	(13,335)
Restricted funds			
Surgical Training Fund	-	(290)	(290)
Other restricted funds	900	(900)	-
Chilaweni Maternity Unit	22,891	(30,363)	(7,472)
Construction of HDU at Holy Family Mission, Phalombe District	22,642	(19,859)	2,783
Student sponsorship	1,248	(1,248)	-
	47,681	(52,660)	(4,979)
TOTAL FUNDS	162,423	(180,737)	(18,314)

13. OTHER FINANCIAL COMMITMENTS

The commitment under the terms of the lease of the AMECA house in Malawi, which is for a period of two years from 1 February 2022, is a payment of £639 per month.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2022.

15. ULTIMATE CONTROLLING PARTY

In the opinion of the trustees the charity has no ultimate controlling party.

16. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.

THE AMECA TRUST

England & Wales - Charity number 1121240

Accounts

THE AMECA TRUST

Registered Charity No. 1121240

Registered Company No. 06354971 (England and Wales)

TRUSTEES ANNUAL REPORT

AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2021

Bullimores LLP
Chartered Accountants
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

THE AMECA TRUST

Registered Charity No. 1121240

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THE AMECA TRUST

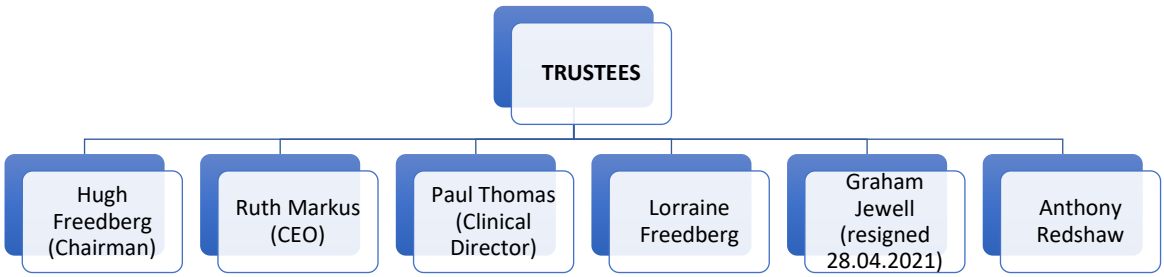
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2021

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31August 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

ABOUT AMECA

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15th October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



The Board of Directors express their heartfelt gratitude to Graham Jewell, for his excellent contribution over the three years during which he served as a Board Director. Graham sadly has stepped down from the Board on the 28th April 2021 due to his onerous work and family commitments. Graham was a much valued Board Director, providing a wealth of sage legal advice; he will be greatly missed.

We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

AMECA has no employees and the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Trustees.

Our Independent examiner is Patrick Casey FCA at Bullimores, Old Printers Yard, 156 South Street, Dorking, Surrey RH4 2HF.

Ruth Markus wishes to acknowledge the time, advice and support given freely to AMECA by all Directors.

OUR PATRON

Major Levison Wood
Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent a number of years as an Officer in the British Parachute Regiment, before becoming a bestselling author. He is a Fellow of the Royal Geographical Society.

THE AMECA TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2021

PUBLIC BENEFIT

This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

OUR MISSION

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

TO ACHIEVE THIS MISSION, OUR AIMS ARE:

- To establish and support medical and educational training facilities in Malawi.
- To provide mentorship and training for healthcare staff in Malawi.
- To foster positive links between UK medical and surgical professionals and students and African medical and surgical professionals through bursary awards and facilitating placements.
- To support and sponsor medical training in Malawi.

RISK MANAGEMENT:

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting surgeons and other professionals are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are provided with safe and secure accommodation on the ground in Malawi.

OUR WORK IN MALAWI:

AMECA's activities are currently based in Malawi. The paucity of accessible care in rural areas of Malawi, together with the requirement for better training for healthcare professionals sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals and primary healthcare facilities would not only result in a reduction in mortality, but also would help to reduce the pressure on the overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

AMECA's objectives for the year included:

- Continuing support for the healthcare clinic at Chilaweni and the Blantyre District Health Office.
- Construction of a maternity clinic and further staff accommodation at Chilaweni.
- Fully equipping the maternity unit as agreed with the Blantyre District Health Office.
- Establishing a maternity staff mentorship and training programme for staff at the maternity unit.
- Liaising with building contractor S R Nicholas, architect and quantity surveyor, as required.
- Updating grant funders with reports on the progress of construction in accordance with grant agreements.
- Maintaining support for surgical and medical training and for students receiving charitable sponsorship.
- Supporting the donation of further equipment as and when deemed appropriate.
- Supporting the clinic catchment village communities and encouraging communities to generate income through small scale initiatives.
- Expanding opportunities for student sponsorship.

THE AMECA TRUST

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2021

AMECA HEALTHCARE AFRICA LIMITED:

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 as a Not for Profit Limited Company in Malawi. Ruth Markus and Paul Thomas hold positions as Board Directors. Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi.

AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. An average of £10,000 is normally held in Malawi; funds are transferred as and when any payments are required. Funds raised in Malawi remain in Malawi for AMECA's initiatives.

The AMECA Trust in the UK extend its gratitude to the Board Directors in Malawi for their time and advice and to Savjani & Co. in Blantyre for providing office space, in which Director's meetings are held. AMECA Healthcare also extends gratitude to its accountants, Bhagya and Shankar in Blantyre, for their sage advice and for undertaking AMECA Healthcare's annual accounts, without charge, for so many years.

THE AMECA PRIMARY HEALTHCARE CENTRE IN CHILAWENI:

The clinic was completed in May 2017 and serves a catchment population of 38,000 people in 23 villages.

The Under 5's, Hypertension Clinic, Youth Friendly services and a Family Planning Clinic are well-attended and the Pharmacy is normally well stocked. The Hospital Advisory Committee meets once a month, having representation from staff, community members and from AMECA. Staff numbers at the clinic have increased during the year and the compliment of staff has increased, currently including a Clinical Officer in charge.

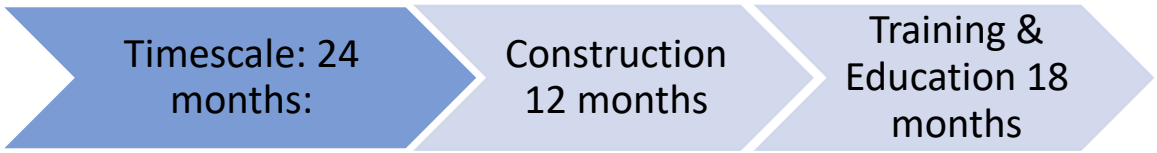
The Covid pandemic saw a sharp decrease in patient attendance at the clinic, due to fear and local beliefs, but numbers have risen during the year. Some staff were required to assist at Covid treatment and vaccination centres, but in the main, clinical service output was maintained.

The Health Advisory Committee has managed to secure monthly contributions from the community to assist with the purchase of cleaning materials for the clinic, which is very encouraging. It is acknowledged that lack of funding in the healthcare sector in Malawi results in shortages at all facilities. However, the AMECA clinic is comparatively well stocked and well supported and AMECA continues to support with measured requests for assistance.

We are delighted to report that the facility was recently upgraded to a Health Centre.

MATERNITY SERVICES:

A Maternity Needs Assessment undertaken in 2018 resulted in a unanimous decision involving all stakeholders, to construct a maternity clinic and further staff accommodation on site.



Training and educations programs to commence one month before clinic operational date.

In September 2019, construction work began and despite the challenges of Covid, the maternity unit and staff accommodation were completed in October 2020, on time and within the quoted budget. AMECA convey deepest gratitude to our contractor S R Nicholas and to architect Jan Sonke for all their help and liaison.

Cleared ground for the start of construction

The completed maternity unit

One of the 2 new Duplex housing units

Staff being instructed about solar power control system

The maternity clinic comprises a 3-bed Delivery Room, a 4-bed Antenatal Ward and a 6-bed Postnatal Ward, together with an admission room, a large out-patients waiting area, examination rooms, nurse station, a sluice and a staff room.

Two new duplex houses were constructed, providing further accommodation for four staff members and their families. One of the houses is being used to provide accommodation for midwife mentors who have been contracted by AMECA. At Christmas, an appeal went out to our friends to help equip and furnish the maternity project house.

Individual patient cubicles were fitted in the delivery room in keeping with AMECA's vision for safe, respectful and women-centred maternity care. The cubicles provide an atmosphere of privacy and dignity, allowing mothers in labour to move around and providing space for patient guardians or partners.

Individual patient bays in delivery room

Each delivery bay is fully equipped for the patients

The first baby, Felista, was safely delivered a few days after the clinic became operational in mid January 2021. A total of 97 babies have been safely delivered up till the end of July.

Felista, the first baby born at the new unit

Postnatal Ward

MATERNITY STAFF MENTORSHIP PROGRAMME:

With agreement and support from the Blantyre District Health Office, training and mentorship for clinical staff began in early October 2020. Nurse midwives and medical assistants in rotation, spent 2-week periods at 2 maternity facilities, where they received mentorship and refresher training. AMECA contracted 2 experienced midwives, who live on site and provide mentorship and support for clinical staff.

Antenatal and family planning clinics take place during the week and postnatal consultations are arranged with mothers, following their delivery.

AMECA's midwife mentors are providing an excellent training programme which is driven by individual staff needs, ascertained by sessions of reflective practice. Healthcare and maternity staff attend weekly classroom training sessions, which also assists staff with their Continuing Professional Development. Theoretical teaching is followed up with practical sessions and individual skills training.

One of the most encouraging outcomes at the maternity clinic has been the increasing number of male partners attending the births of their children and attending antenatal and postnatal clinics. Partner participation is still comparatively rare in Malawi, but hopefully this will change.

SURGICAL AND MEDICAL EDUCATION AND TRAINING:

AMECA continue to collaborate with Dutch colleagues from Malawi.Kom, to assist in the delivery of surgical and trauma training for mission and district hospitals in Malawi. Surgeons and other medical professionals from Malawi.Kom visited Malawi in October 2020 and in March 2021. In addition to delivering courses at various mission hospitals, AMECA is currently collaborating with Malawi.Kom to research into building a High Dependency Unit at Phalombe Mission Hospital in memory of Johannes Reus. Aged only 39, Johannes was a very experienced paramedic in the Netherlands, who died at Phalombe in 2019, whilst teaching on one of the courses.

SPONSORSHIP OF MEDICAL AND NURSING TRAINING IN MALAWI:

AMECA is sponsoring a medical school place for a Clinical Officer at The College of Medicine, Blantyre. Aubrey Filimon commenced his studies in August 2019 and has successfully completed his second year.

Nursing student Elvis Bizmank is completing his final year studies and will graduate shortly, which is wonderful news.

Both students have expressed gratitude to AMECA for their sponsorship and have explained the fact that without this support, they would have been unable to afford the fees.

SUPPORT WITH PPE AND HAND SANITIZER:

A donation of 20 litres of hand sanitizer was kindly made to AMECA for the primary healthcare clinic and maternity unit by Vision for the Voiceless, as part of their "Cover Malawi" Initiative. The aim of this initiative was to assist in the prevention of Covid-19.

AMECA IN THE UK

THE AMECA WEBSITE (www.ameca.org.uk) :

Our gratitude to Dan Wakefield of Dubcode, who continues to provide excellent support and website development.

The Medical Directory is used by medical, nursing and physiotherapy departments in universities across the UK, assisting students with elective studies in African hospitals. The reduction in the number of elective enquiries during the past year was due to travel restrictions.

THE AMECA STUDENT BURSARY AWARDS:

To date, AMECA has made Bursary awards to 79 students of medicine, nursing and physiotherapy to enable them to undertake their electives in a variety of African locations. In the academic year 2020/2021, no new awards were made due to the Covid-19 crisis and international travel restrictions. A list of our Alumni students and their elective reports can be viewed on the charity website at http://ameca.org.uk/alumni/.

In order to support the sponsorship of medical and nursing students in Malawi, AMECA has continued to maintain the maximum amount of funding per student for UK Bursary awards to an amount of £500.

FUNDRAISING ACTIVITIES & EVENTS:

Craft events:
Covid-19 lockdown restrictions during the year prevented any fundraising coffee mornings and craft sales until July 2021. However, recent craft sales undertaken at St Mary's Church, Cuddington and at St Martins of Tours Church in Epsom were very successful, generating much interest and support for the charity.

Much gratitude to Julie Stamford, who continues to kindly manage the organisation of the craft sales.

Epsom Rotary:
Ruth Markus continues to attend meetings, (albeit by Zoom transmission during the last year) at the Rotary Club of Epsom and is a member of the International Committee. AMECA wishes to extend its gratitude to Rotary for its continuing support and enthusiasm. Ruth gave a presentation on the newly opened maternity clinic by Zoom link to the Rotary Club of Epsom and the Rotary Club of Ewell during a joint club meeting.

Regular Donations:
AMECA benefits from a regular income of over £17,000 per annum via various charitable giving platforms and regular standing order donations.

Grants and other Donations received in the year:

Erach & Roshan Sadri Foundation:	£20,000
St Martin's of Tours Church	£1,000
Rotary Club of Epsom:	£10,900

AMECA extends a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

NEWSLETTER:
The charity's newsletter continues to be popular with our readers; all newsletters are available to view at: http://ameca.org.uk/category/newsletters

FINANCIAL REVIEW

Financial position
The total net deficit for the year was £34,426 and at that date AMECA had reserves of £61,967 after funding the building of the new maternity unit.

Since the year end the charity has funded the construction of a high dependency unit at Phalombe Mission Hospital, and is committed to continue with the midwife mentor programme until the end of 2022. AMECA has increased the number of scholarships awarded to healthcare students in Malawi and will continue to offer more scholarships subject to available funding.

Principal funding sources
The charity continued to raise funds from grants, donations and its fundraising activities.

Investment policy
The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

Reserves policy
In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06354971 (England and Wales)

Registered Charity number
1121240 **Registered office**
48 Woodlands Road
Epsom
Surrey
KT18 7HP

Trustees
Ruth Markus CEO
Lorraine Freedberg
Paul Thomas - Clinical Director
Hugh Freedberg - Chairman
Anthony Redshaw
Graham Jewell (resigned 28 April 2021)

Company Secretary
Bettie Ruth Markus

Independent Examiner
Patrick Casey FCA
Bullimores LLP
156 South Street
Dorking
Surrey
RH4 2HF

Website. www.ameca.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The Ameca Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 24 May 2022 and signed on its behalf by:

Bettie Ruth Markus - Trustee

Independent Examiner's Report to the Trustees of
The Ameca Trust

Independent examiner's report to the trustees of The Ameca Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Pat Casey

Patrick Casey
FCA
Bullimores LLP
Chartered Accountants
Old Printers Yard
156 South Street
Dorking
Surrey
RH4 2HF

Date: 26 May 2022

The Ameca Trust

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 August 2021

	Notes	Unrestricted fund £	Restricted funds £	31.8.21 Total funds £	31.8.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations		23,327	2,862	26,189	39,640
Charitable activities	4				
Provision of medical education and facilities		10,000	20,900	30,900	176,559
Other trading activities	2	-	-	-	1,642
Investment income	3	407	-	407	2,593
Other income	5	4,972	29	5,001	-
Total		38,706	23,791	62,497	220,434
EXPENDITURE ON					
Raising funds		1,286	140	1,426	3,178
Charitable activities	6				
Provision of medical education and facilities		14,640	30,363	45,003	271,806
Donations		46,927	900	47,827	3,816
Other activities		2,517	150	2,667	1,801
Total		65,370	31,553	96,923	280,601
NET INCOME/(EXPENDITURE)		(26,664)	(7,762)	(34,426)	(60,167)
Transfers between funds	14	(66,137)	66,137	-	-
Net movement in funds		(92,801)	58,375	(34,426)	(60,167)
RECONCILIATION OF FUNDS					
Total funds brought forward		154,768	(58,375)	96,393	156,560
TOTAL FUNDS CARRIED FORWARD		61,967	-	61,967	96,393

The notes form part of these financial statements

The Ameca Trust
Balance Sheet
31 August 2021

	Notes	Unrestricted fund £	Restricted funds £	31.8.21 Total funds £	31.8.20 Total funds £
CURRENT ASSETS					
Debtors	12	6,384	-	6,384	23,213
Cash at bank		57,284	-	57,284	177,226
		63,668	-	63,668	200,439
CREDITORS					
Amounts falling due within one year	13	(1,701)	-	(1,701)	(104,046)
NET CURRENT ASSETS		61,967	-	61,967	96,393
TOTAL ASSETS LESS CURRENT LIABILITIES		61,967	-	61,967	96,393
NET ASSETS		61,967	-	61,967	96,393
FUNDS	14				
Unrestricted funds				61,967	154,768
Restricted funds				-	(58,375)
TOTAL FUNDS				61,967	96,393

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24 May 2022 and were signed on its behalf by:

Bettie Ruth Markus - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions
The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds
Costs of generating funds comprise the costs associated with attracting voluntary income.

Charitable activities
Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment	-	33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

Taxation
The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

The restricted funds are as follows:
- Maternity Unit Project, Chilaweni
- refurbishment of High Dependency Units

continued...

1. ACCOUNTING POLICIES - continued

Foreign currencies
Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

2. OTHER TRADING ACTIVITIES

	31.8.21	31.8.20
	£	£
Fundraising events	-	1,642

3. INVESTMENT INCOME

	31.8.21	31.8.20
	£	£
Deposit account interest	407	2,593

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.8.21	31.8.20
		£	£
Grants	Provision of medical education and facilities	30,900	176,559

Grants received, included in the above, are as follows:

	31.8.21	31.8.20
	£	£
Erach and Roshan Sadri Foundation	20,000	44,000
Foundation Eagle	-	10,840
Addax & Oryx Foundation	-	121,719
Rotary Grant	10,900	-
	30,900	176,559

5. OTHER INCOME

	31.8.21	31.8.20
	£	£
Foreign exchange gains	5,001	-

continued...

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Provision of medical education and facilities	44,670	333	45,003
Donations	47,827	-	47,827
Other activities	-	2,667	2,667
	92,497	3,000	95,497

Donations paid in the year were to AMECA Healthcare Africa Limited, a Not for Profit company incorporated in Malawi with two trustees in common and under common control. The funds donated to AMECA Healthcare Africa Limited were used by that company towards the cost of the new maternity clinic, nursing sponsorship and other expenditure to meet similar aims to the AMECA Trust.

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.8.21	31.8.20
	£	£
Depreciation - owned assets	-	14

8. INDEPENDENT EXAMINER'S REMUNERATION

	31.8.21	31.8.20
	£	£
Independent examination fee	2,149	1,620

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2021 nor for the year ended 31 August 2020.

Trustees' expenses

Trustee's expenses of £5,146 (2020 - £6,375) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

continued...

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations	32,644	6,996	39,640
Charitable activities			
Provision of medical education and facilities	-	176,559	176,559
Other trading activities	1,642	-	1,642
Investment income	2,593	-	2,593
Total	36,879	183,555	220,434
EXPENDITURE ON			
Raising funds	1,928	1,250	3,178
Charitable activities			
Provision of medical education and facilities	14,478	257,328	271,806
Donations	-	3,816	3,816
Other activities	1,651	150	1,801
Total	18,057	262,544	280,601
NET INCOME/(EXPENDITURE)	18,822	(78,989)	(60,167)
RECONCILIATION OF FUNDS			
Total funds brought forward	135,946	20,614	156,560
TOTAL FUNDS CARRIED FORWARD	154,768	(58,375)	96,393

continued...

11. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 September 2020 and 31 August 2021	2,356
DEPRECIATION	
At 1 September 2020 and 31 August 2021	2,356
NET BOOK VALUE	
At 31 August 2021	-
At 31 August 2020	-

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.21 £	31.8.20 £
Accrued income	4,230	21,053
Prepayments	2,154	2,160
	6,384	23,213

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.8.21 £	31.8.20 £
Accrued expenses	1,701	104,046

14. MOVEMENT IN FUNDS

	At 1.9.20 £	Net movement in funds £	Transfers between funds £	At 31.8.21 £
Unrestricted funds				
General fund	154,768	(26,664)	(66,137)	61,967
Restricted funds				
Surgical Training Fund	772	(290)	300	782
Chilaweni Maternity Unit	(59,147)	(7,472)	65,837	(782)
	(58,375)	(7,762)	66,137	-
TOTAL FUNDS	96,393	(34,426)	-	61,967

continued...

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	38,706	(65,370)	(26,664)
Restricted funds			
Surgical Training Fund	-	(290)	(290)
Other restricted funds	900	(900)	-
Chilaweni Maternity Unit	22,891	(30,363)	(7,472)
	23,791	(31,553)	(7,762)
TOTAL FUNDS	62,497	(96,923)	(34,426)

Comparatives for movement in funds

	At 1.9.19 £	Net movement in funds £	At 31.8.20 £
Unrestricted funds			
General fund	135,946	18,822	154,768
Restricted funds			
Surgical Training Fund	3,064	(2,292)	772
Chilaweni Maternity Unit	17,550	(76,697)	(59,147)
	20,614	(78,989)	(58,375)
TOTAL FUNDS	156,560	(60,167)	96,393

continued...

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	36,879	(18,057)	18,822
Restricted funds			
Surgical Training Fund	-	(2,292)	(2,292)
Other restricted funds	2,000	(2,000)	-
Chilaweni Maternity Unit	181,555	(258,252)	(76,697)
	183,555	(262,544)	(78,989)
TOTAL FUNDS	220,434	(280,601)	(60,167)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.19 £	Net movement in funds £	Transfers between funds £	At 31.8.21 £
Unrestricted funds				
General fund	135,946	(7,842)	(66,137)	61,967
Restricted funds				
Surgical Training Fund	3,064	(2,582)	300	782
Chilaweni Maternity Unit	17,550	(84,169)	65,837	(782)
	20,614	(86,751)	66,137	-
TOTAL FUNDS	156,560	(94,593)	-	61,967

continued...

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	75,585	(83,427)	(7,842)
Restricted funds			
Surgical Training Fund	-	(2,582)	(2,582)
Other restricted funds	2,900	(2,900)	-
Chilaweni Maternity Unit	204,446	(288,615)	(84,169)
	207,346	(294,097)	(86,751)
TOTAL FUNDS	282,931	(377,524)	(94,593)

A transfer from General fund has been made to meet the balance of the cost of the maternity unit.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2021.

16. ULTIMATE CONTROLLING PARTY

In the opinion of the trustees the charity has no ultimate controlling party.

17. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.

The Ameca Trust

Detailed Statement of Financial Activities
for the Year Ended 31 August 2021

	31.8.21 £	31.8.20 £
INCOME AND ENDOWMENTS		
Donations		
Donations	26,189	39,640
Other trading activities		
Fundraising events	-	1,642
Investment income		
Deposit account interest	407	2,593
Charitable activities		
Grants	30,900	176,559
Other income		
Foreign exchange gains	5,001	-
Total incoming resources	62,497	220,434
EXPENDITURE		
Raising donations and legacies		
Cost of fundraising events	272	404
Publicity	942	2,499
Subscriptions	212	275
	1,426	3,178
Charitable activities		
AMECA house, Blantyre	8,904	7,496
Phone and internet	358	106
Sundries	-	18
Travel and subsistence costs	4,115	7,333
Meetings and entertainment	312	390
Donations	47,827	3,816
Equipment	-	2,911
Bicycle ambulances	31	-
Midwife mentor charges	17,848	-
Clinic building	13,102	234,321
	92,497	256,391
Support costs		
Management		
Postage and stationery	206	-
Carried forward	206	-

The Ameca Trust

Detailed Statement of Financial Activities
for the Year Ended 31 August 2021

	31.8.21	31.8.20
	£	£
Management		
Brought forward	206	-
Depreciation of tangible and heritage assets	-	14
	206	14
Information technology		
Computer costs	542	80
Other		
Foreign exchange losses	-	19,231
Governance costs		
Independent examiner's fee	2,149	1,620
Sundries	55	87
Bank charges	48	-
	2,252	1,707
Total resources expended	96,923	280,601
Net expenditure	(34,426)	(60,167)

THE AMECA TRUST

England & Wales - Charity number 1121240

Accounts

THE AMECA TRUST

Registered Charity No. 1121240

Registered Company No. 06354971 (England and Wales)

TRUSTEES ANNUAL REPORT

AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 AUGUST 2020

Powell & Co.
Manor Cottage
Shamley Green
Guildford
Surrey
GU5 0UD

THE AMECA TRUST

Registered Charity No. 1121240

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2020

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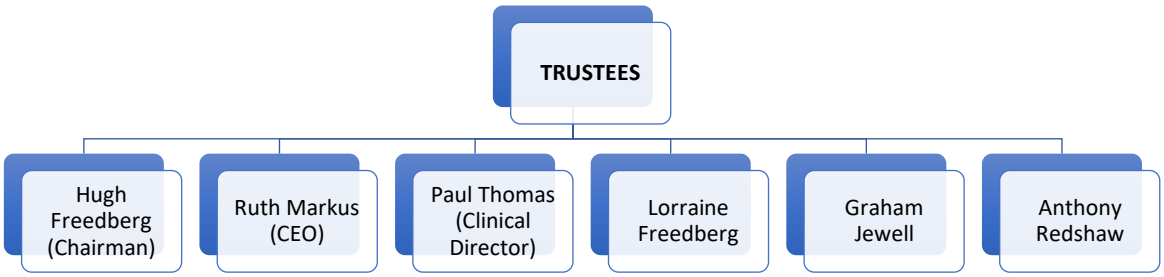
TRUSTEES REPORT FOR THE YEAR ENDED 31 AUGUST 2020

ABOUT AMECA

The AMECA Trust ('AMECA') was founded in December 2006 by Ruth Markus, in memory of her only child, Lt. Alex Coutselos. Alex was a newly qualified doctor in the British Army, an officer in the Royal Army Medical Corps and a recipient of his paratrooper wings. Alex died on 15th October 2006, aged 23.

AMECA is registered as a charity in the UK. Reg. Charity No. 1121240 and Registered Company No. 06354971 (England and Wales). AMECA is also incorporated in Malawi as a Not for Profit Limited Company. AMECA is controlled by its governing document, a deed of trust, and is incorporated as a company limited by guarantee, under the Companies Act 1985. Our registered office is at 48 Woodlands Road, Epsom, Surrey, KT18 7HP.



We recruit and appoint new trustees by resolution of the Board; under the terms of the Articles of Association there shall be not less than three trustees, but there is no maximum. We choose our trustees to bring a wide range of professional, commercial and charity experience; induction of new trustees takes place by a process of informal consultation and written background material is provided.

AMECA has no employees and the day-to-day running of the charity is dealt with by Ruth Markus in consultation, where needed with all Trustees. Clinical advice is given by consultant surgeon Paul Thomas, who regularly travels to Malawi to oversee AMECA's teaching and training initiatives in district hospitals.

Our Independent examiner is Sarah A W Powell, FCA DChA at Powell & Co. Manor Cottage, Guildford, Surrey, GU5 0UD.

Ruth Markus wishes to acknowledge the time, advice and support giving freely to AMECA by all her fellow Directors. A heartfelt thank you to Sarah Powell, for her support and counsel and for her hard work over so many years.

OUR PATRONS

Tim Butcher
Tim is a former journalist with the Daily Telegraph from 1990 to 2009 as chief war correspondent, Africa bureau chief and Middle East correspondent. A great adventurer, Tim is the author of a number of prize- winning books and continues to work for radio and a several publications.

Major Levison Wood
Levison Wood is a writer and explorer who is best known for his extended walking expeditions in Africa, Asia and Central America. Levison spent a number of years as an Officer in the British Parachute Regiment, before becoming a bestselling author. He is a Fellow of the Royal Geographical Society.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2020

PUBLIC BENEFIT
This trustees' report outlines the benefit of our work by explaining our key achievements against the intentions set out in last year's report and states our hopes for the year ahead. The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting the grant making policy.

OUR MISSION

The charitable objects of AMECA include the relief of sickness, the protection of health, establishing medical and educational facilities to improve the training of healthcare professionals in Africa.

TO ACHIEVE THIS MISSION, OUR AIMS ARE:

- To establish medical and educational training facilities in African countries.
- To foster positive links between UK medical students and African medical communities by establishing bursary awards and the promotion of opportunities for medical placements.
- To provide travel bursaries for UK school leavers to travel to African communities for recognised voluntary projects.
- To support medical training in African countries.

RISK MANAGEMENT:

AMECA continues to identify and review the risks to which the charity is exposed on a case-by-case basis and has put appropriate controls in place to provide reasonable assurance against fraud and error. We recognise that working in African countries is not without risk, both for ourselves and for the student and healthcare professionals who visit Malawi. Visiting surgeons and other professionals are given guidance in respect of travel and other challenges in Malawi and we strive to ensure that all visitors undertaking charitable activities in Malawi are provided with as much support as possible, whilst recognising that individuals travel at their own risk. AMECA works hard to ensure that all visitors are provided with safe and secure accommodation on the ground in Malawi.

OUR WORK IN MALAWI:

AMECA's activities are based in Malawi. The paucity of accessible care in rural areas of Malawi sadly still presents a serious challenge for so many. We believe that an uplift in services in rural district hospitals would not only result in a reduction in mortality, but also would help to reduce the pressure on the overstretched tertiary hospitals. AMECA works with local and central Departments of Health, delivering initiatives that are evidence based, achievable and sustainable.

AMECA's objectives for the year included:

- Continuing support for the primary healthcare clinic at Chilaweni and the Blantyre District Health Office;
- Continuing to fundraise for the maternity clinic, community outreach and staff training programmes;
- Liaison with the Blantyre DHO and with future partner Mlambe Health & Social Trust, (MhEST);
- Liaison with building contractor S R Nicholas, architect and quantity surveyor;
- Updating grant funders with reports on the progress of construction in accordance with grant agreements;
- Ensuring safe delivery and secure storage of donated equipment for the maternity unit;
- Maintaining support for surgical and medical training;
- Maintaining donations of equipment as and when appropriate;
- Ongoing monitoring of Bicycle Ambulances in the village communities;
- Expanding opportunities for student sponsorship.

We are delighted to report that we were able to achieve all of the above objectives.

AMECA HEALTHCARE AFRICA LIMITED:

AMECA Healthcare Africa Limited ('AMECA Healthcare') was incorporated in 2013 as a Not for Profit Limited Company in Malawi. Ruth Markus and Paul Thomas hold positions as Board Directors. Board Chairman is Krishna Savjani OBE, who is a qualified lawyer and the Honorary British Consul in Malawi.

AMECA Healthcare continues to hold a modest amount of funds in a savings account with The National Bank of Malawi. No more than £10,000 is held in Malawi, but funds are transferred as and when any payments are required. All funding raised in Malawi remains in Malawi for AMECA's initiatives.

The AMECA Trust in the UK extend its gratitude to the Board Directors in Malawi for their time and advice and moreover to Savjani & Co. in Blantyre for providing office space, in which Director's meetings are held. AMECA Healthcare also extends gratitude to its accountants, Bhagya and Shankar in Blantyre, for their sage advice and for undertaking AMECA Healthcare's annual accounts, without charge, for so many years.

THE AMECA CLINIC IN CHILAWENI:

Completed in May 2017 and serving a catchment population of 38,000 people in 23 villages, the primary healthcare clinic continues to see an average of 4,000 outpatients each month.

Excellent liaison has been maintained with the Blantyre District Health Office. Weekly clinics for the Under 5's, Hypertension Clinic, Youth Friendly services and a Family Planning Clinic are well attended and the Pharmacy is well stocked. The Hospital Advisory Committee meets every two weeks, having representation from staff, community members and from AMECA. Staff numbers at the clinic have increased during the year and the current compliment of staff is as follows:

3 Medical Assistants
1 Senior Registered Nursing Officer
2 Midwifery and Community Health Nursing Technicians
2 Midwifery Nursing Technicians
9 Health Surveillance Assistants
3 HIV Counsellors
1 Desk Clerk
3 Hospital Attendants
2 Ground Labourers
2 Security Guards.

The Health Advisory Committee has managed to secure monthly contributions from the community to assist with the purchase of cleaning materials for the clinic, which is very encouraging.

It is acknowledged that lack of funding in the healthcare sector in Malawi results in shortages at all facilities. However, the AMECA clinic is comparatively well stocked and well supported.

MATERNITY SERVICES:

The Maternity Needs Assessment undertaken in 2018 resulted in a unanimous decision involving all stakeholders, to construct a maternity clinic on site.

Maternity Project Objectives:

1. Build a maternity unit with staff accommodation at Chilaweni Village;
2. Provide remedial training for maternity staff and other healthcare workers;
3. Provide outreach community education.

Training and educations programs to commence one month before clinic operational date.

Three building quotes and a Bill of Quantity were obtained. AMECA felt that the quality of building and the integrity and honesty of the company S R Nicholas demonstrated during previous build projects, were important factors in our choice of contractor. A Memorandum of Understanding with the Blantyre DHO has been agreed. AMECA has been granted both Import Duty exemption and VAT exemption from The Malawi Revenue Authority**.**

In September 2019, construction work began to build a high-quality maternity unit to provide mothers with an accessible facility in which to safely deliver their babies, together with staff housing to ensure that key senior staff is available on site at all times.

Contractor, architect and AMECA on site

The cleared site ready for the start of construction

During October, the foundations were laid, the foundation brick walls were constructed and plastered on the outside to prevent damp, which is especially important during the rainy season and also prevents the entry of termites. During December 2019 and January 2020, the roofing trusses were anchored to the building using steel ties.

Maternity clinic foundations in October 2019

Clinic roofing in January 2020

During February 2020, the internal walls were plastered after the electrical conduit had been placed in all rooms. Liaison took place with the contractor regarding clarification on the siting of medical equipment and furnishings within the maternity clinic. This is an important detail to ensure that electrical connections and plugs are both adequate and correctly positioned, within the delivery suite, wards and offices.

Concurrent to the building of the maternity clinic, the staff accommodation and supporting infrastructure was also constructed, including the septic tanks, ablution block and laundry area. By the second week of March, brickwork had been pointed, the septic tank for the staff accommodation was near completion and the plumbing was in place.

One of the duplexes, comprising 2 staff houses

Detail on brickwork pointing

Front views of Duplex housing June 2020

Following the outbreak of the global Covid-19 pandemic, AMECA left Malawi for the UK during the 3rd week of March, as a result of closing borders and the rapid spread of the Covid virus. Liaison has continued via email and telephone, during our absence and AMECA has also remained in regular contact with the primary healthcare staff on site and with the Blantyre District Health Office, in order to monitor progress.

View of Maternity Clinic

Post Natal Ward

Solar panels for the maternity clinic are on order and will be fitted shortly; the interiors of the buildings have been painted. Wall murals will be undertaken on AMECA's return to Malawi, at which time the clinic will be furnished. A container from the Netherlands, containing further medical equipment which had been purchased by AMECA, arrived in Malawi in April. Effective liaison with the DHO office in Blantyre and with the clearing agent resulted in this equipment being picked up and safely stored with the DHO. Although initial meetings with the Malawi based Dutch company Sakaramenta had taken place earlier in the year, final purchases of hospital furniture can only be made once a return to Malawi is possible.

Currently, borders are closed and no international flights are available to Malawi; whilst Covid-19 figures continue to rise, the situation remains static and AMECA is grounded in the UK. At the time of writing, the building is 85% complete and will be completed within the contract period despite the delays through the slowing down of site activities as a result of the Covid-19.

MATERNITY CLINIC PROJECT UPDATE:

Following AMECA's accounting year end in August 2020, AMECA returned to Malawi in September 2020 once international flights commenced. AMECA is very pleased to report that the maternity unit and staff accommodation construction, complete with solar power backup, was completed by October 2020, on time and within the quoted budget, despite all the challenges of the Covid pandemic. The maternity clinic became operational in January 2021, following 2 months of refresher training by maternity staff, who underwent mentorship at various maternity facilities. AMECA has contracted two experienced midwife mentors to work with maternity staff at Chilaweni for the next year to 18 months.

AMECA will present a detailed report on the maternity clinic and staff mentorship initiative in the next Annual Report.

View of new maternity clinic and existing primary healthcare clinic

Antenatal Ward

Busy Antenatal clinic

PPE DONATION TO BLANTYRE DISITRICT HEALTH OFFICE:

In response to a request from the Blantyre District Health Office, AMECA made a donation of N-95 masks, disposable aprons and full body coveralls to assist with the severe shortage of PPE in Malawi for its healthcare staff. AMECA was assisted with funding for the PPE from The Rotary Club of Epsom. 10,000 disposable aprons, 100 washable coverall suits and 175 N-95 masks were donated and distributed to clinics through Blantyre district.

Clinic staff with their donated PPE

MAINTENANCE OF DONATED BICYCLE AMBULANCES:

In March, a clinic was held to service and repair the bicycle ambulances and provide training on their upkeep. Staff from Sakaramenta met with the bicycle drivers at Chilaweni village to make repairs and provide spare parts. Typical problems included tyre damage due to riding with underinflated tyres and damage to the pedals. In the main, the bicycles are being well looked after and well utilised.

SURGICAL AND MEDICAL EDUCATION AND TRAINING:

AMECA's Clinical Director, Paul Thomas and CEO, Ruth Markus, continue to collaborate with Dutch colleagues from Malawi.Kom, to assist in the delivery of surgical and trauma training for mission and district hospitals in Malawi.

AMECA is very sad to report the untimely death of Johannes Reus, a colleague working with Malawi Kom, in November 2019. Aged only 39, Johannes was a very experienced paramedic in the Netherlands, who will be greatly missed by his colleagues.

The Covid-19 pandemic has impacted on travel to Malawi from early 2020, but Malawi Kom are intending to deliver courses in Malawi in October 2020, once international flights are available.

SPONSORSHIP OF MEDICAL AND NURSING TRAINING IN MALAWI:

AMECA is sponsoring a medical school place for a Clinical Officer at The College of Medicine, Blantyre. Aubrey Filimon commenced his studies in August 2019 and is approaching the end of the first year. However, studies have been interrupted by the Covid-19 pandemic and Aubrey is currently receiving on-line tuition. He has passed all exams to date.

We are also sponsoring a nursing student at the College of Nursing, Mulanje. Elvis Bizmank is just on the point of completing his second-year studies. Elvis has been at home undertaking on-line learning as the school has been closed due to Covid. Examinations will take place once the second semester has been completed.

AMECA IN THE UK

THE AMECA WEBSITE (www.ameca.org.uk) :

AMECA wishes to acknowledge all the help and advice given by freelance web developer Dan Wakefield of Dubcode, who continually provides help and advice with our website.

The Medical Directory continues to be widely used by medical, nursing and physiotherapy departments in universities across the UK, assisting students with elective studies in African hospitals. The directory is free of charge for users. We have been able to populate the database with more hospitals recently, including a hospital in Sierra Leonne and another in Uganda.

THE AMECA STUDENT BURSARY AWARDS:
To date, AMECA has made Bursary awards to 79 students of medicine, nursing and physiotherapy to enable them to undertake their electives in a variety of African locations. In the academic year 2019/20, three bursary awards were made to students at Nottingham Medical School. However, due to the Covid-19 crisis, these students were unable to take up their elective places. A list of our Alumni students and their elective reports can be viewed on the charity website at http://ameca.org.uk/alumni/.

In order to support the sponsorship of medical and nursing students in Malawi, AMECA has continued to maintain the maximum amount of funding per student for UK Bursary awards to an amount of £500.

FUNDRAISING ACTIVITIES & EVENTS:

Craft events:
During the first part of the year, AMECA continued to raise funds through craft sales at churches and through coffee mornings in private homes. These events are always highly enjoyable and very popular. The Covid-19 crisis has impacted on the charity's ability to hold coffee mornings and it is hoped that these will resume in due course. AMECA would like to express gratitude to Julie Stamford, for volunteering to manage the organisation of the craft sales.

Epsom Rotary:
Ruth Markus continues to attend meetings at the Rotary Club of Epsom and is a member of the International Committee. AMECA wishes to extend its gratitude to Rotary for its continuing support and enthusiasm. Ruth has also given presentations at other local Rotary clubs in order to raise the profile of the charity and further the opportunity for charitable donations. We wish to express our gratitude to the Rotary Club of Epsom for its donation towards the maternity clinic and also for a donation towards the purchase of PPE for Malawi. We would also like to thank the Rotary Clubs of Ewell and Addiscombe and Shirley their kind donations.

The Rotary Club of Epsom is currently making an International Grant application to Rotary International, to raise funding for the maternity unit community activity programme.

Regular Donations:
AMECA benefits from a regular income of just over £20,000 per annum via various charitable giving platforms and regular standing order donations.

Grant and other Donations:
Fundraising continues for the Maternity Clinic and Education initiative in Malawi. To date, £223,940 has been received or approved, including the following Foundations and Trusts:

Catz Charity Foundation, Netherlands:	£10,900 ($14,105)
Rotary Club of Epsom:	£2,000
Rotary Club of Ewell	£500
Friends of Malawi:	£1,000
Alice Ellen Cooper Charitable Foundation:	£10,000
Erach & Roshan Sadri Foundation:	£2,000 (For bicycle ambulances)
Valentine Trust:	£5,000
Addax & Oryx Foundation, Switzerland	£121,719 ($150,000)
Erach & Roshan Sadri Foundation:	£44,000
Foundation Eagle	£10,840

Further grant applications are being sought to assist with funding for the community outreach maternity education programme.

The Association of Surgeons in Training raised over £1,500 at a charity dinner event. We are delighted to have had their support and wish them all the best with their training.

Gemma Stillwell undertook a cycle ride across America in aid of AMECA in August 2019, raising over £3,000 for the maternity unit project. We congratulate Gemma on this fantastic achievement and we are indebted to her kindness.

We would also like to thank St Columba's Church in Croydon and St Mary's Church in Cuddington, for their kind donations.

Our gratitude goes to Richard Corbett and Glenys Gadd, for their very generous donations. A further donor who wishes to remain anonymous, has donated £4,500, for which we extend our warmest gratitude.

A legacy of £1,000 was received after Mrs Cissie Myers passed away in December 2019. We shall fondly remember her kindness and support.

The Virgin Money Giving Maternity Unit Appeal site has raised over £19,000 to date.

During the year, AMECA registered with Easy Fundraising, whereby various retail outlets give a donation to the charity for on-line purchases. To date, almost £250 has been raised.

AMECA extends a heartfelt debt of gratitude to the many individuals, who have made donations to the charity and who often give their time so generously.

NEWSLETTER:
The charity's quarterly newsletter continues to be popular with our readers; all newsletters are available to view at: http://ameca.org.uk/category/newsletters

FINANCIAL REVIEW

Financial position
The total net deficit for the year was £60,167 and at that date AMECA had reserves of £96,393 after funding the building of the new maternity unit.

Principal funding sources
The charity continued to raise funds from voluntary donations and its fundraising activities.

Investment policy
The trustees aim to maximise the return on its funds with minimum risk and appropriate access to those funds.

Reserves policy
In the opinion of the trustees the charity should aim to maintain a net current asset balance on unrestricted funds sufficient to continue to support all existing commitments for the duration of the commitment and to provide bursary awards at the discretion of the trustees. The reserves are currently in excess of this amount.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06354971 (England and Wales)

Registered Charity number
1121240 **Registered office**
48 Woodlands Road
Epsom
Surrey
KT18 7HP

Trustees
Bettie Ruth Markus CEO
Lorraine Freedberg
Paul Roderick Spensley Thomas Clinical Director
Hugh Ronald Freedberg Chairman
Anthony John Gransden Redshaw
Graham Jewell

Company Secretary
Bettie Ruth Markus

Independent Examiner
Sarah A W Powell
FCA DChA
Powell & Co.
Manor Cottage Church Hill
Shamley Green
Guildford
Surrey
GU5 0UD

Website
www.ameca.org.uk

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2020

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of The Ameca Trust for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

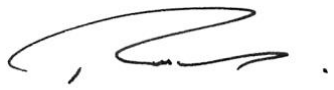
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20 March 2021 and signed on its behalf by:



Bettie Ruth Markus - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE AMECA TRUST

Independent examiner's report to the trustees of The AMECA Trust ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2020.

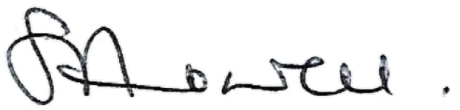
Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sarah A W Powell
FCA DChA
Powell & Co.
Manor Cottage Church Hill
Shamley Green
Guildford
Surrey
GU5 0UD

Date: 2 April 2021

THE AMECA TRUST

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 AUGUST 2020

	Notes	Unrestricted fund £	Restricted funds £	**2020 Total funds £**	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations		**32,644**	**6,996**	**39,640**	56,756
Charitable activities	4				
Development of medical facilities and training		**-**	**176,559**	**176,559**	28,790
Other trading activities	2	**1,642**	**-**	**1,642**	631
Investment income	3	**2,593**	**-**	**2,593**	1,163
Other income		**-**	**-**	**-**	6,264
Total		**36,879**	**183,555**	**220,434**	93,604
EXPENDITURE ON					
Raising funds		**1,928**	**1,250**	**3,178**	3,245
Charitable activities	5				
Development of medical facilities and training		**14,478**	**261,144**	**275,622**	28,239
Student medical elective bursaries		**-**	**-**	**-**	1,650
Surgical training		**-**	**-**	**-**	662
Other activities		**1,651**	**150**	**1,801**	2,177
Total		**18,057**	**262,544**	**280,601**	35,973
NET INCOME/(EXPENDITURE)		**18,822**	**(78,989)**	**(60,167)**	57,631
RECONCILIATION OF FUNDS					
Total funds brought forward		**135,946**	**20,614**	**156,560**	98,929
TOTAL FUNDS CARRIED FORWARD		**154,768**	**(58,375)**	**96,393**	156,560

THE AMECA TRUST

BALANCE SHEET
31 AUGUST 2020

	Notes	Unrestricted fund £	Restricted funds £	**2020 Total funds £**	2019 Total funds £
FIXED ASSETS					
Tangible assets	9	-	-	-	14
CURRENT ASSETS					
Debtors	10	**8,243**	**14,970**	**23,213**	8,021
Cash at bank		**149,100**	**28,126**	**177,226**	160,338
		157,343	**43,096**	**200,439**	168,359
CREDITORS					
Amounts falling due within one year	11	**(2,575)**	**(101,471)**	**(104,046)**	(11,813)
NET CURRENT ASSETS/(LIABILITIES)		**154,768**	**(58,375)**	**96,393**	156,546
TOTAL ASSETS LESS CURRENT LIABILITIES		**154,768**	**(58,375)**	**96,393**	156,560
NET ASSETS		**154,768**	**(58,375)**	**96,393**	156,560
FUNDS	12				
Unrestricted funds				**154,768**	135,946
Restricted funds				**(58,375)**	20,614
TOTAL FUNDS				**96,393**	156,560

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

BALANCE SHEET - continued
31 AUGUST 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 March 2021 and were signed on its behalf by:

Bettie Ruth Markus - Trustee

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2020

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

FINANCIAL REPORTING STANDARD 102 - REDUCED DISCLOSURE EXEMPTIONS

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

RAISING FUNDS

Costs of generating funds comprise the costs associated with attracting voluntary income.

CHARITABLE ACTIVITIES

Costs relating to charitable activities comprise those costs incurred by the charity in the delivery of its activities. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment	-	33% on cost

Tangible assets costing more than £500 are capitalised and included at cost.

TAXATION

The charity is a registered charity and as such no income or capital taxes are payable on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

1. ACCOUNTING POLICIES - continued

FUND ACCOUNTING

The restricted funds are as follows:

- the fund set up to incorporate the activities of Links in Africa for Surgical Training ("LAST")
- provision of bicycle ambulances
- refurbishment of the High Dependency Unit at St Joseph Hospital, Nguludi
- Maternity Unit Project, Chilaweni

FOREIGN CURRENCIES

Assets and liabilities in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of transaction. Exchange differences are included in the Statement of Financial Activities as Charitable activities. Net gains are included in other income and net losses are included in other expenditure.

2. OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Fundraising events	**1,642**	631

3. INVESTMENT INCOME

	2020	2019
	£	£
Deposit account interest	**2,593**	1,163

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	**2020**	2019
		£	£
Grants	Development of medical facilities and training	**176,559**	28,790

Grants received, included in the above, are as follows:

	2020	2019
	£	£
Catz Charity Foundation	**-**	10,790
The Valentine Charitable Trust	**-**	5,000
Erach and Roshan Sadri Foundation	**44,000**	2,000
Alice Ellen Cooper Dean Trust	**-**	10,000
Friends of Malawi Association	**-**	1,000
Foundation Eagle	**10,840**	-
Addax & Oryx Foundation	**121,719**	-
	176,559	28,790

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Development of medical facilities and training	**256,391**	**19,231**	**275,622**
Other activities	**-**	**1,801**	**1,801**
	256,391	**21,032**	**277,423**

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Depreciation - owned assets	**14**	488

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2020 nor for the year ended 31 August 2019.

TRUSTEES' EXPENSES

Trustee's expenses of £6,375 (2019 - £5,656) for travel, entertaining, telephone, postage and disbursements were payable to Ruth Markus in the period.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations	45,074	11,682	56,756
Charitable activities			
Development of medical facilities and training	-	28,790	28,790
Other trading activities	631	-	631
Investment income	1,163	-	1,163
Other income	6,264	-	6,264
Total	53,132	40,472	93,604
EXPENDITURE ON			
Raising funds	3,114	131	3,245
Charitable activities			
Development of medical facilities and training	4,501	23,738	28,239
Student medical elective bursaries	1,650	-	1,650
Surgical training	-	662	662
Other activities	2,027	150	2,177

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Total	11,292	24,681	35,973
NET INCOME	41,840	15,791	57,631
Transfers between funds	1,602	(1,602)	-
Net movement in funds	43,442	14,189	57,631
RECONCILIATION OF FUNDS			
Total funds brought forward	92,504	6,425	98,929
TOTAL FUNDS CARRIED FORWARD	135,946	20,614	156,560

9. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 September 2019 and 31 August 2020	**2,356**
DEPRECIATION	
At 1 September 2019	**2,342**
Charge for year	**14**
At 31 August 2020	**2,356**
NET BOOK VALUE	
At 31 August 2020	**-**
At 31 August 2019	14

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Accrued income	**21,053**	8,021
Prepayments	**2,160**	-
	23,213	8,021

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020	2019
	£	£
AMECA Healthcare Africa Ltd	-	1,200
Accrued expenses	104,046	10,613
	104,046	11,813

12. MOVEMENT IN FUNDS

	At 1.9.19	Net movement in funds	At 31.8.20
	£	£	£
Unrestricted funds			
General fund	**135,946**	**18,822**	**154,768**
Restricted funds			
Surgical Training Fund	**3,064**	**(2,292)**	**772**
Chilaweni Maternity Unit	**17,550**	**(76,697)**	**(59,147)**
	20,614	**(78,989)**	**(58,375)**
TOTAL FUNDS	**156,560**	**(60,167)**	**96,393**

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	**36,879**	**(18,057)**	**18,822**
Restricted funds			
Surgical Training Fund	**-**	**(2,292)**	**(2,292)**
Other restricted funds	**2,000**	**(2,000)**	**-**
Chilaweni Maternity Unit	**181,555**	**(258,252)**	**(76,697)**
	183,555	**(262,544)**	**(78,989)**
TOTAL FUNDS	**220,434**	**(280,601)**	**(60,167)**

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.9.18 £	Net movement in funds £	Transfers between funds £	At 31.8.19 £
Unrestricted funds				
General fund	92,504	41,840	1,602	135,946
Restricted funds				
Surgical Training Fund	4,007	(943)	-	3,064
Other restricted funds	2,418	(2,418)	-	-
Refurbishment of HDU at St Joseph Hospital	-	1,602	(1,602)	-
Chilaweni Maternity Unit	-	17,550	-	17,550
	6,425	15,791	(1,602)	20,614
TOTAL FUNDS	98,929	57,631	-	156,560

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	53,132	(11,292)	41,840
Restricted funds			
Surgical Training Fund	-	(943)	(943)
Other restricted funds	2,000	(4,418)	(2,418)
Refurbishment of HDU at St Joseph Hospital	11,790	(10,188)	1,602
Chilaweni Maternity Unit	26,682	(9,132)	17,550
	40,472	(24,681)	15,791
TOTAL FUNDS	93,604	(35,973)	57,631

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.18 £	Net movement in funds £	Transfers between funds £	At 31.8.20 £
Unrestricted funds				
General fund	92,504	60,662	1,602	154,768
Restricted funds				
Surgical Training Fund	4,007	(3,235)	-	772
Other restricted funds	2,418	(2,418)	-	-
Refurbishment of HDU at St Joseph Hospital	-	1,602	(1,602)	-
Chilaweni Maternity Unit	-	(59,147)	-	(59,147)
	6,425	(63,198)	(1,602)	(58,375)
TOTAL FUNDS	98,929	(2,536)	-	96,393

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	90,011	(29,349)	60,662
Restricted funds			
Surgical Training Fund	-	(3,235)	(3,235)
Other restricted funds	4,000	(6,418)	(2,418)
Refurbishment of HDU at St Joseph Hospital	11,790	(10,188)	1,602
Chilaweni Maternity Unit	208,237	(267,384)	(59,147)
	224,027	(287,225)	(63,198)
TOTAL FUNDS	314,038	(316,574)	(2,536)

The Chilaweni Maternity Unit Fund was in deficit at the balance sheet date because most of the expenditure on the building had been incurred, but further funding was due at that date. A transfer from General fund will be made in the following year to cover any remaining shortfall.

13. CAPITAL COMMITMENTS

AMECA has contracted to build a maternity unit at the AMECA clinic in Chilaweni. Work began in October 2019.and was completed in September 2020. At the year end a further US$ 16,000 was committed for the cost of work needed to complete the contract.

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year other than trustee expenses disclosed in note 7.

15. ULTIMATE CONTROLLING PARTY

In the opinion of the trustees the charity has no ultimate controlling party.

16. LIABILITY OF MEMBERS

The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to a maximum of £10 from each of the trustees.