ABILITY NORTH LONDON

England & Wales · Charity number 1121171

Details

Other names	ART - AT RISK TEENAGERS AND YOUNG ADULTS
Status	Registered
Legal form	Other
Registered	2007-10-12
Register	View on the Charity Commission register

Contact

Address	24 Fountayne Road London N16 7DX
Phone	020 8806 3436
Email	bella.sharer@chpct.nhs.uk

Activities

Objects: 1 TO PROMOTE AND ADVANCE THE EDUCATION, TRAINING AND DEVELOPMENT IN LIFE OF TEENAGE CHILDREN IN THE UNITED KINGDOM HAVING PHYSICAL, BEHAVIOURAL DISABILITIES AND/OR LEARNING DIFFICULTIES SO AS TO ENSURE THAT SO FAR AS POSSIBLE THEY MAY DEVELOP AS INDIVIDUALS AND VALUED MEMBERS OF SOCIETY, AND THAT THEIR DIFFICULTIES MAY BE RELIEVED.2 TO PROVIDE FACILITIES FOR THE RECREATION AND OTHER LEISURE TIME OCCUPATION OF THE SAID PERSONS SO AS TO DEVELOP THEIR PHYSICAL AND METAL CAPACITIES AND IMPROVE THEIR CONDITIONS OF LIFE.3 TO PROVIDE RELIEF TO TEENAGE CHILDREN DIAGNOSED WITH PHYSICAL, BEHAVIOURAL DISABILITIES AND/OR LEARNING DIFFICULTIES BY THE PROVISION OF SUPPORT AND TRAINING FACILITIES TO THEIR CARERS.

Activities: To promote and advance the education, training and development of young people/adults in the United Kingdom having physical, behavioural or learning difficulties so as to ensure that so far as possible they may develop as individuals and members of society, and that their difficulties may be relieved.To provide facilities for the recreation and other leisure time occupation of the said persons.

Classification

- **How:** Provides Services
- **What:** Education/training
- **Who:** People With Disabilities

Geography

- **Area of benefit:** UNITED KINGDOM
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£488,010	£416,870	-	-
2023-12-31	£358,937	£375,812	-	-
2022-12-31	£431,381	£397,759	-	-
2021-12-31	£386,818	£340,269	-	-
2020-12-31	£247,594	£201,660	-	-

Trustees

Name	Role	Appointed
ALTE ANITA SCHLESINGER		2024-04-01
Isaac Schlesinger		2025-06-11
Jochanan Stroh		2020-10-12
Samuel Rothschild		2025-06-11

Accounts

REGISTERED CHARITY NUMBER: 1121171

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 December 2024

for

Ability North London

Samuel Feigenblatt ACCA
London Accounting Group Ltd
5 North End Road
London
NW11 7RJ

Ability North London

Contents of the Financial Statements
for the Year Ended 31 December 2024

The trustees present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Ability North London was established by a group of parents of young people and adults with learning disabilities.

Our primary objectives are:

To provide crucial respite to the parent's /carers and families of these challenged individuals.

To advocate and liaise with social services on behalf of our clients.

To improve the lives of young people/adults with learning disabilities through the provision of a day centre which offers a welcoming haven to our clients and includes on and off-site sport, leisure, life skills, learning activities, meals and employment opportunities. A transport service is also provided to enable all clients to participate.

To support our service users and their parents/carers to stay together as a family unit, thus reducing the risk of family break up and of users having to go into care.

Our team of qualified and experienced youth workers' positive attitude and targeted approach
contribute to the good quality of the project.

The annual Merlin Pass enabled the users to visit popular theme parks on a regular basis at substantially reduced rates.

ACHIEVEMENT AND PERFORMANCE

This year has been a very productive one for Ability North London.

We have been focusing on creating an excellent programme for our users, with plenty of activities like swimming, cycling etc to keep them fit. They also go out to work for a part of the day. Users are very satisfied and feel very secure in Ability which is reflected in the calm atmosphere that pervades the place.

We have also added more experienced carers who are more suitable and aware of the cultural needs of our boys which makes them much happier.

We have been very successful in building an excellent relationship with the councils we work with, Hackney and Haringey. They are very pleased with the standard of our care and they keep on recommending new users.

We are currently planning to do works to accommodate the severely physically disabled. This will be a new and exciting project for Ability.

FINANCIAL REVIEW

Reserves policy

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure, and they feel fortunate in having been able to maintain that level of reserves.

FUTURE PLANS

As part of our ongoing plans for the future, we are looking to carry on with our successful work and are constantly fundraising to cover our expenses.

We are always seeking to fill the needs of our service users and we are hoping to incorporate some vital skills particularly in training and employment as part of our programme. This will enable the service users to better their future chances in life. We are seeking funds to cover this additional expense.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Ability North London is constituted under a deed dated 24 November 2004. It is a registered charity number 1121171 and was registered on 12 October 2007.

Charity constitution

There is no chief executive officer nor any other staff employed in the charity. The day to day affairs are undertaken by the charity's founder, A Schlesinger on behalf of the trustees with J Masteran incharge as Manager.

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

Induction and training of new trustees

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

Risk management

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

A Senior Carer manages the daily running of activities, reporting weekly to the Director of Services. The Director reports quarterly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1121171

Principal address

24 Fountayne Road
London
N16 7DX

Trustees

Isaac Schlesinger (appointed 11.6.25)
Samuel Rothschild (appointed 11.6.25)
Jochanan Stroh
ALTE ANITA SCHLESING (appointed 1.4.24)

Independent Examiner

Samuel Feigenblatt ACCA
London Accounting Group Ltd
5 North End Road
London
NW11 7RJ

Approved by order of the board of trustees on .... and signed on its behalf by:

....
Trustee

Independent examiner's report to the trustees of Ability North London
I report to the charity trustees on my examination of the accounts of Ability North London (the Trust) for the year ended 31 December 2024.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Samuel Feigenblatt ACCA

Samuel Feigenblatt ACCA
London Accounting Group Ltd
5 North End Road
London
NW11 7RJ

Date: ....

Ability North London

Statement of Financial Activities
for the Year Ended 31 December 2024

	Notes	Unrestricted fund £	Restricted fund £	31.12.24 Total funds £	31.12.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		465,969	22,041	488,010	358,937
EXPENDITURE ON					
Raising funds		100	-	100	17,573
Charitable activities					
Services running costs		368,210	22,041	390,251	350,831
Other		26,519	-	26,519	7,408
Total		394,829	22,041	416,870	375,812
NET INCOME/(EXPENDITURE)		71,140	-	71,140	(16,875)
RECONCILIATION OF FUNDS					
Total funds brought forward		316,742	-	316,742	333,617
TOTAL FUNDS CARRIED FORWARD		387,882	-	387,882	316,742

Ability North London

Balance Sheet
31 December 2024

	Notes	Unrestricted fund £	Restricted fund £	31.12.24 Total funds £	31.12.23 Total funds £
FIXED ASSETS					
Tangible assets	5	23,715	-	23,715	28,900
Investments	6	669,922	-	669,922	669,922
		693,637	-	693,637	698,822
CURRENT ASSETS					
Debtors	7	53,000	-	53,000	-
Cash at bank		69,154	-	69,154	13,432
		122,154	-	122,154	13,432
CREDITORS					
Amounts falling due within one year	8	(33,537)	-	(33,537)	(1,140)
NET CURRENT ASSETS		88,617	-	88,617	12,292
TOTAL ASSETS LESS CURRENT LIABILITIES		782,254	-	782,254	711,114
CREDITORS					
Amounts falling due after more than one year	9	(394,372)	-	(394,372)	(394,372)
NET ASSETS		387,882	-	387,882	316,742
FUNDS	11				
Unrestricted funds				387,882	316,742
TOTAL FUNDS				387,882	316,742

The financial statements were approved by the Board of Trustees and authorised for issue on .... and were signed on its behalf by:

....
Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

continued...

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.24	31.12.23
Employees	11	13

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	339,237	19,700	358,937
EXPENDITURE ON			
Raising funds	17,573	-	17,573
Charitable activities			
Services running costs	331,131	19,700	350,831
Other	7,408	-	7,408
Total	356,112	19,700	375,812
NET INCOME/(EXPENDITURE)	(16,875)	-	(16,875)
RECONCILIATION OF FUNDS			
Total funds brought forward	333,617	-	333,617
TOTAL FUNDS CARRIED FORWARD	316,742	-	316,742

continued...

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 January 2024	4,505	89,448	-	93,953
Additions	40	-	704	744
At 31 December 2024	4,545	89,448	704	94,697
DEPRECIATION				
At 1 January 2024	1,659	63,394	-	65,053
Charge for year	577	5,211	141	5,929
At 31 December 2024	2,236	68,605	141	70,982
NET BOOK VALUE				
At 31 December 2024	2,309	20,843	563	23,715
At 31 December 2023	2,846	26,054	-	28,900

6. FIXED ASSET INVESTMENTS

	Unlisted investments £
MARKET VALUE	
At 1 January 2024 and 31 December 2024	669,922
NET BOOK VALUE	
At 31 December 2024	669,922
At 31 December 2023	669,922

There were no investment assets outside the UK.

The fixed asset investment is held primarily to provide an investment return for the charity and is valued at historical cost.

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.24 £	31.12.23 £
Other debtors	53,000	-

continued...

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.24	31.12.23
	£	£
Taxation and social security	(148)	-
Other creditors	33,685	1,140
	33,537	1,140

9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.12.24	31.12.23
	£	£
Bank loans (see note 10)	394,372	394,372

10. LOANS

An analysis of the maturity of loans is given below:

	31.12.24	31.12.23
	£	£
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	394,372	394,372

11. MOVEMENT IN FUNDS

	At 1/1/24	Net movement in funds	At 31/12/24
	£	£	£
Unrestricted funds			
General fund	316,742	71,140	387,882
TOTAL FUNDS	316,742	71,140	387,882

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	465,969	(394,829)	71,140
Restricted funds			
Restricted funds	22,041	(22,041)	-
TOTAL FUNDS	488,010	(416,870)	71,140

continued...

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/1/23	Net movement in funds	At 31/12/23
	£	£	£
Unrestricted funds			
General fund	333,617	(16,875)	316,742
TOTAL FUNDS	333,617	(16,875)	316,742

Comparative net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	339,237	(356,112)	(16,875)
Restricted funds			
Restricted funds	19,700	(19,700)	-
TOTAL FUNDS	358,937	(375,812)	(16,875)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/23	Net movement in funds	At 31/12/24
	£	£	£
Unrestricted funds			
General fund	333,617	54,265	387,882
TOTAL FUNDS	333,617	54,265	387,882

continued...

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	805,206	(750,941)	54,265
Restricted funds			
Restricted funds	41,741	(41,741)	-
TOTAL FUNDS	846,947	(792,682)	54,265

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2024.

Accounts

Charity Number 1121171

ABILITY NORTH LONDON

FINANCIAL STATEMENTS

31 DECEMBER 2023

CONTENTS **PAGE**

TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name	ABILITY NORTH LONDON
Charity number	1121171
Principal office	24 Fountayne Road London N16 7DX
Trustees	A Schlesinger S Fischer J Stroh
Managing Director	J Masteran
Secretary	R Fischer
Independent examiner	JS&Co Accountants Ltd 26 Theydon Road London E5 9NA
Bankers	NAT WEST Stoke Newington Branch 198 Stoke Newington High St London N16 7GA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2023

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 December 2023.

REFERENCE AND ADMINISTRATIVE DETAILS
Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES
The trustees who served the company during the period were as follows:

A Schlesinger
S Fischer
J Stroh

There is no chief executive officer nor any other staff employed in the charity. The day to day affairs are undertaken by the charity's founder, A Schlesinger on behalf of the trustees with J Masteran in charge as Manager.

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Ability North London is constituted under a deed dated 24 November 2004. It is a registered charity number 1121171 and was registered on 12 October 2007.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

RISK REVIEW
The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

OBJECTIVES AND ACTIVITIES
Ability North London was established by a group of parents of young people and adults with learning disabilities. Our primary objectives are:

- To provide crucial respite to the parent's /carers and families of these challenged individuals.
- To advocate and liaise with social services on behalf of our clients.
- To improve the lives of young people/adults with learning disabilities through the provision of a day centre which offers a welcoming haven to our clients and includes on and off-site sport, leisure, life skills, learning activities, meals and employment opportunities. A transport service is also provided to enable all clients to participate.
- To support our service users and their parents/carers to stay together as a family unit, thus reducing the risk of family break up and of users having to go into care.

Our team of qualified and experienced youth workers' positive attitude and targeted approach contribute to the good quality of the project.

The annual Merlin Pass enabled the users to visit popular theme parks on a regular basis at substantially reduced rates.

STRUCTURE AND MANAGEMENT
A Senior Carer manages the daily running of activities, reporting weekly to the Director of Services. The Director reports quarterly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

RISK MANAGEMENT
The trustees have put in place systems to identify risks and review the systems regularly.

A REVIEW OF OUR ACHIEVEMENTS AND PERFORMANCES

This year has been a very productive one for Ability North London.

We have been focusing on creating an excellent programme for our users, with plenty of activities like swimming, cycling etc to keep them fit. They also go out to work for a part of the day. Users are very satisfied and feel very secure in Ability which is reflected in the calm atmosphere that pervades the place.

We have also added more experienced carers who are more suitable and aware of the cultural needs of our boys which makes them much happier.

We have been very successful in building an excellent relationship with the councils we work with, Hackney and Haringey. They are very pleased with the standard of our care and they keep on recommending new users. We are currently planning to do works to accommodate the severely physically disabled. This will be a new and exciting project for Ability.

RESERVES
The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure, and they feel fortunate in having been able to maintain that level of reserves.

PLANS FOR THE FUTURE
As part of our ongoing plans for the future, we are looking to carry on with our successful work and are constantly fundraising to cover our expenses.

We are always seeking to fill the needs of our service users and we are hoping to incorporate some vital skills particularly in training and employment as part of our programme. This will enable the service users to better their future chances in life. We are seeking funds to cover this additional expense.

Signed on behalf of the trustees

Trustee

8 October 2024

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2023

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

I report on the accounts of the charity for the year ended 31 December 2023 set out on pages 6 to 9.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

a) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with Section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Balazs Nezmi FCCA
JS&Co Accountants Ltd
26 Theydon Road
London E5 9NA

8 October 2024

ABILITY NORTH LONDON

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 December 2023

	Notes	£ Restricted funds	£ Unrestricted funds	£ Total 2023	£ Total 2022
INCOMING RESOURCES					
Incoming resources from generated funds					
Social Services			173,656	173,656	143,776
Care Packages	3		117,454	117,454	105,969
Grants and donations	4	19,700	48,127	67,827	181,636
Total Incoming resources		19,700	339,237	358,937	431,381
RESOURCES EXPENDED	5				
Cost of Generating funds					
Fundraising Costs			17,573	17,573	23,113
Costs of charitable activities					
Services running Cost		19,700	331,131	350,831	361,052
Governance costs			7,408	7,408	13,594
Total resources expended		19,700	356,112	375,812	397,759
NET INCOMING/(OUTGOING) RESOURCES		0	-16,875	-16,875	33,622
RECONCILIATION OF FUNDS					
Total funds brought forward		0	333,616	333,616	299,994
TOTAL FUNDS CARRIED FORWARD		**0**	**316,741**	**316,741**	**333,616**

ABILITY NORTH LONDON

BALANCE SHEET
31-Dec-23

	Notes	2023 £	2023 £	2022 £	2022 £
FIXED ASSETS					
Investments	6	669,922		669,922	
Fixtures & Fittings	7	28,899		32,704	
			698,821		702,626
CURRENT ASSETS:					
Cash at bank and in hand		13,432		27,737	
			13,432		27,737
CREDITORS: amounts falling due within one year	8	-1,140		-2,375	
Net Current assets/(liabilities)			711,113		727,988
CREDITORS: amounts falling due after more than one year	9		-394,372		-394,372
NET ASSETS:			316,741		333,616
FUNDS	10				
Restricted funds			0		0
Unrestricted funds			316,741		333,616
TOTAL FUNDS			316,741		333,616

Approved by the board of Trustees on: 08 October 2024
And signed on their behalf by:

Trustee

The Notes form part of these financial statements

1 ACCOUNTING POLICIES

Accounting convention
These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice “Accounting and Reporting by Charities” (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended
Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost residual value of each asset over its expected useful life, as follows:

Fixture and fittings - 20% reducing balance
Van - 20% reducing balance

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees remuneration or other benefits for the year ended 31 December 2023.

Trustees Expenses
There were no trustees expenses paid for the year ended 31 December 2023.

3 PARENTAL CONTRIBUTION

These are the funds that were received by parents from the Local Authority, and were forwarded to the Charity

4 OTHER GRANTS AND DONATIONS
A list of grants and donations received are available from the office upon request in writing.

6 **INVESTMENTS**

	2023	2022
	£	£
UK Investment Property	669,922	669,922

The fixed asset investment is held primarily to provide an investment return for the charity and is valued at historical cost.

7 **FIXED ASSETS**

	Fixture and fittings	Van	Totals
COST:	£	£	£
At 1 January 2023	1,085	89,448	90,533
Additions	3,420		3,420
At 31 December 2023	4,505	89,448	93,953
DEPRECIATION:			
At 1 January 2023	948	56,881	57,829
Charge for year	711	6,513	7,225
At 31 December 2023	1,659	63,394	65,054
NET BOOK VALUE:			
At 31 December 2023	2,846	26,054	28,899
At 31 December 2022	137	32,567	32,704

8 **CREDITORS**
DUE WITHIN ONE YEAR

	2023	2022
	£	£
Accruals	1,140	1,056
other creditors		1,319
	1,140	2,375

9 **CREDITORS**
DUE AFTER ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts	394,372	394,372
	394,372	394,372

	At 1.01.23	Net movement in funds	At 31.12.23
			£
Restricted funds	£	£	
Grants	0	0	0
Unrestricted funds			
General fund	333,616	-16,875	316,741
TOTAL FUNDS	333,616	-16,875	316,741

Net movement in funds, included in the above are as follows:

	Incoming resources £	Rescources expended £	Movement in funds £
Restricted funds			
Grants	19,700	19,700	0
Unrestricted funds			
General fund	338,763	355,638	-16,875
TOTAL FUNDS	358,463	375,338	-16,875

Average number of employees, including directors, during the year was: 13 (2022: 11)

ABILITY NORTH LONDON

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 December 2023

		Restricted	Unrestricted	Total 2023	Total 2022
	INCOMING RESOURCES				
		£	£	£	£
	Incoming resources from generated funds				
	Social Services		173,656	173,656	143,776
	Care Packages		117,454	117,454	105,969
4	Other grants and donations	19,700	48,127	67,827	181,636
	Total incoming resources	19,700	339,237	358,937	431,381
5	**RESOURCES EXPENDED**				
	Fundraising Costs		17,573	17,573	23,113
	Services running Cost				
	Wages & Salaries		131,875	131,875	122,883
	Insurance		3,569	3,569	4,444
	Telephone		1,385	1,385	2,742
	Advertising		1,183	1,183	454
	Printing, Postage & Stationary		2,830	2,830	555
	Rent & Admin expenses		39,280	39,280	35,280
	Heat & Light		2,405	2,405	2,918
	Food & refreshments		17,097	17,097	25,977
	Books		1,220	1,220	0
	Office expenses		3,436	3,436	1,686
	Sport and leisure activities	17,200	66,256	83,456	34,097
	Repairs and Maintenance	2,500	12,507	15,007	75,407
	Sundries			0	229
	Cleaning		1,921	1,921	623
	Transport		34,061	34,061	45,581
	Website		4,881	4,881	0
	Depreciation		7,225	7,225	8,176
		19,700	348,704	368,404	384,165
	Governance costs				
	Accountancy		1,140	1,140	1,056
	Professional fees		5,304	5,304	12,048
	Bank charges		964	964	490
		0	7,408	7,408	13,594
	Total resources expended	19,700	356,112	375,812	397,759
	NET INCOME FOR THE YEAR	0	**-16,875**	**-16,875**	**33,622**
	RECONCILIATION OF FUNDS				
	NET INCOME FOR YEAR	0	-16,875	-16,875	33,622
	Total Funds Brought Forward	0	333,616	333,616	299,994
	Total Funds Carried Forward	0	316,741	316,741	333,616

Accounts

Charity Number 1121171

ABILITY NORTH LONDON

FINANCIAL STATEMENTS

31 DECEMBER 2022

ABILITY NORTH LONDON

FINANCIAL STATEMENTS

YEAR ENDED 31 DECEMBER 2022

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ABILITY NORTH LONDON

TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name	ABILITY NORTH LONDON
Charity number	1121171
Principal office	24 Fountayne Road London N16 7DX
Trustees	A Schlesinger S Fischer J Stroh
Managing Director	J Masteran
Secretary	R Fischer
Independent examiner	JS&Co Accountants Ltd 26 Theydon Road London E5 9NA
Bankers	NAT WEST Stoke Newington Branch 198 Stoke Newington High St London N16 7GA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2022

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 December 2022.

REFERENCE AND ADMINISTRATIVE DETAILS
Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES
The trustees who served the company during the period were as follows:

A Schlesinger
S Fischer
J Stroh

There is no chief executive officer nor any other staff employed in the charity. The day to day affairs are undertaken by the charity's founder, A Schlesinger on behalf of the trustees with J Masteran in charge as Manager.

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Ability North London is constituted under a deed dated 24 November 2004. It is a registered charity number 1121171 and was registered on 12 October 2007.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

RISK REVIEW
The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

OBJECTIVES AND ACTIVITIES
Ability North London was established by a group of parents of young people and adults with learning disabilities. Our primary objectives are:

- To provide crucial respite to the parent's /carers and families of these challenged individuals.
- To advocate and liaise with social services on behalf of our clients.
- To improve the lives of young people/adults with learning disabilities through the provision of a day centre which offers a welcoming haven to our clients and includes on and off-site sport, leisure, life skills, learning activities, meals and employment opportunities. A transport service is also provided to enable all clients to participate.
- To support our service users and their parents/carers to stay together as a family unit, thus reducing the risk of family break up and of users having to go into care.

Our team of qualified and experienced youth workers' positive attitude and targeted approach contribute to the good quality of the project.

The annual Merlin Pass enabled the users to visit popular theme parks on a regular basis at substantially reduced rates.

STRUCTURE AND MANAGEMENT

A Senior Carer manages the daily running of activities, reporting weekly to the Director of Services. The Director reports quarterly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

RISK MANAGEMENT

The trustees have put in place systems to identify risks and review the systems regularly.

A REVIEW OF OUR ACHIEVEMENTS AND PERFORMANCES

This year has been a very productive one for Ability North London.

Our users' numbers keep on increasing reflecting our well-rounded support service and great local reputation.

We are extremely grateful that we were able to purchase a building in London. This is currently being rented out, with the plan that it may eventually be purpose built to suit Abilities needs and will be used instead of the building we are now renting.

All of our service users are currently employed, either in-house or externally. We invested in a laundry room with commercial grade machines, and provide a laundry service to the community which has proved very popular with almost all our clients.

Outcomes for beneficiaries and organisation by far exceeded our expectations. In a survey completed by users and stakeholders.

100% of users shared that they enjoy the activity sessions and feel they are well run
95% Reported health and wellbeing improvements, particularly citing swimming and cycling
90% shared that they benefit socially and have made new friendships which extend beyond the daycentre.
80% of young people reported that their Rosenberg Self Esteem scores improved and connected this progress to the daycentre.
Our organisation is so proud of each and every user. We celebrated achievements at a celebratory event and awarded certificates to users that recognised a special achievement for each disabled user.
Financially, we are confident with our reserves levels and are pleased with sustainable funding resources from our investment. We are extremely proud to receive continuous funding from Community Partnerships of Hackney council and appreciate that they believe in us and the people we support.

QUOTES: "ANL is my safe place, i can just be myself and i am loved for who i am. Here my wheelchair feels like a throne and i feel honoured and respected. Mordy 17, user"

My son engaged in sport club very reticently, but now he loves it and has a great time. His physiotherapist and doctors cannot believe the global impact these activities has on his health.

RESERVES

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure, and they feel fortunate in having been able to maintain that level of reserves.

PLANS FOR THE FUTURE

As part of our ongoing plans for the future, we are looking to carry on with our successful work and are constantly fundraising to cover our expenses.

We are always seeking to fill the needs of our service users and we are hoping to incorporate some vital skills particularly in training and employment as part of our programme. This will enable the service users to better their future chances in life. We are seeking funds to cover this additional expense.

Signed on behalf of the trustees

Trustee

19 September 2023

ABILITY NORTH LONDON

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2022

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

I report on the accounts of the charity for the year ended 31 December 2022 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

a) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with Section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Balazs Nezmi FCCA
JS&Co Accountants Ltd
26 Theydon Road
London E5 9NA

19 September 2023

ABILITY NORTH LONDON

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 December 2022

	Notes	£ Restricted funds	£ Unrestricted funds	£ Total 2022	£ Total 2021
INCOMING RESOURCES					
Incoming resources from generated funds					
Social Services			143,776	143,776	83,543
Care Packages	3		105,969	105,969	76,978
Grants and donations	4	0	181,636	181,636	226,297
Total Incoming resources		0	431,381	431,381	386,818
RESOURCES EXPENDED	5				
Cost of Generating funds					
Fundraising Costs			23,113	23,113	35,744
Costs of charitable activities					
Services running Cost		22,770	338,282	361,052	297,434
Governance costs			13,594	13,594	7,091
Total resources expended		22,770	374,989	397,759	340,269
NET INCOMING/(OUTGOING) RESOURCES		-22,770	56,392	33,622	46,549
RECONCILIATION OF FUNDS					
Total funds brought forward		22,770	277,224	299,994	253,445
TOTAL FUNDS CARRIED FORWARD		**0**	**333,616**	**333,616**	**299,994**

The Notes form part of the financial statements

ABILITY NORTH LONDON

BALANCE SHEET
31-Dec-22

	Notes	£	2022 £	£	2021 £
FIXED ASSETS					
Investments	6	669,922		613,538	
Fixtures & Fittings	7	32,704		40,880	
			702,626		654,418
CURRENT ASSETS:					
Other Debtors				3,196	
Cash at bank and in hand		27,737		40,241	
			27,737		43,437
CREDITORS: amounts falling due within one year	8	-2,375		-3,489	
Net Current assets/(liabilities)			727,988		694,366
CREDITORS: amounts falling due after more than one year	9		-394,372		-394,372
NET ASSETS:			333,616		299,994
FUNDS	10				
Restricted funds			0		22,770
Unrestricted funds			333,616		277,224
TOTAL FUNDS			333,616		299,994

Approved by the board of Trustees on: 19 September 2023
And signed on their behalf by:

....

Trustee

The Notes form part of these financial statements

ABILITY NORTH LONDON

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 December 2022

1 **ACCOUNTING POLICIES**

Accounting convention
These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended
Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost residual value of each asset over its expected useful life, as follows:

Fixture and fittings - 20% reducing balance
Van - 20% reducing balance

2 **TRUSTEES REMUNERATION AND BENEFITS**

There were no trustees remuneration or other benefits for the year ended 31 December 2022.

Trustees Expenses
There were no trustees expenses paid for the year ended 31 December 2022.

3 **PARENTAL CONTRIBUTION**

These are the funds that were received by parents from the Local Authority, and were forwarded to the Charity

4 **OTHER GRANTS AND DONATIONS**
A list of grants and donations received are available from the office upon request in writing.

6 INVESTMENTS

	2022	2021
	£	£
UK Investment Property	669,922	613,538

The fixed asset investment is held primarily to provide an investment return for the charity and is valued at historical cost.

7 FIXED ASSETS

	Fixture and fittings	Van	Totals
COST:	£	£	£
At 1 January 2022	1,085	89,448	90,533
Additions			0
At 31 December 2022	1,085	89,448	90,533
DEPRECIATION:			
At 1 January 2022	914	48,739	49,653
Charge for year	34	8,142	8,176
At 31 December 2022	948	56,881	57,829
NET BOOK VALUE:			
At 31 December 2022	137	32,567	32,704
At 31 December 2021	171	40,709	40,880

8 CREDITORS DUE WITHIN ONE YEAR

	2022	2021
	£	£
Accruals	1,056	996
other creditors	1,319	2,493
	2,375	3,489

9 CREDITORS DUE AFTER ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts	394,372	394,372
	394,372	394,372

	At 1.01.22	Net movement in funds	At 31.12.22
			£
Restricted funds	£	£	
Grants	22,770	-22,770	0
Unrestricted funds			
General fund	277,224	56,392	333,616
TOTAL FUNDS	299,994	33,622	333,616

Net movement in funds, included in the above are as follows:

	Incoming resources £	Rescources expended £	Movement in funds £
Restricted funds			
Grants	0	22,770	-22,770
Unrestricted funds			
General fund	431,381	374,989	56,392
TOTAL FUNDS	431,381	397,759	33,622

ABILITY NORTH LONDON

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 December 2022

INCOMING RESOURCES

		Restricted	Unrestricted	Total 2022	Total 2021
		£	£	£	£
	Incoming resources from generated funds				
	Social Services		143,776	143,776	83,543
	Care Packages		105,969	105,969	76,978
4	Other grants and donations		181,636	181,636	226,297
	Total incoming resources	0	431,381	431,381	386,818
5	**RESOURCES EXPENDED**				
	Fundraising Costs		23,113	23,113	35,744
	Services running Cost				
	Wages & Salaries		122,883	122,883	107,331
	Insurance		4,444	4,444	6,484
	Telephone		2,742	2,742	3,413
	Advertising		454	454	7,332
	Printing, Postage & Stationary		555	555	9,239
	Rent & Admin expenses		35,280	35,280	23,608
	Heat & Light		2,918	2,918	0
	Food & refreshments	1,000	24,977	25,977	17,930
	Clothing			0	3,495
	Office expenses		1,686	1,686	2,172
	Sport and leisure activities	2,000	32,097	34,097	67,495
	Repairs and Maintenance	19,770	55,637	75,407	3,236
	Sundries		229	229	0
	Cleaning		623	623	2,165
	Transport		45,581	45,581	33,314
	Depreciation		8,176	8,176	10,220
		22,770	361,395	384,165	333,178
	Governance costs				
	Accountancy		1,056	1,056	996
	Professional fees		12,048	12,048	6,095
	Bank charges		490	490	0
		0	13,594	13,594	7,091
	Total resources expended	22,770	374,989	397,759	340,269
	NET INCOME FOR THE YEAR	-22,770	**56,392**	**33,622**	**46,549**
	RECONCILIATION OF FUNDS				
	NET INCOME FOR YEAR	-22,770	56,392	33,622	46,549
	Total Funds Brought Forward	22,770	277,224	299,994	253,445
	Total Funds Carried Forward	0	333,616	333,616	299,994

Accounts

Charity Number 1121171

ABILITY NORTH LONDON

FINANCIAL STATEMENTS

31 DECEMBER 2021

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TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name	ABILITY NORTH LONDON
Charity number	1121171
Principal office	24 Fountayne Road London N16 7DX
Trustees	A Schlesinger S Fischer J Stroh
Managing Director	J Masteran
Secretary	R Fischer
Independent examiner	JS&Co Accountants Ltd 26 Theydon Road London E5 9NA
Bankers	NAT WEST Stoke Newington Branch 198 Stoke Newington High St London N16 7GA

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2021

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 December 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

A Schlesinger
S Fischer
J Stroh

There is no chief executive officer nor any other staff employed in the charity. The day to day affairs are undertaken by the charity’s founder, A Schlesinger on behalf of the trustees with J Masteran in charge of the activities.

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Ability North London is constituted under a deed dated 24 November 2004. It is a registered charity number 1121171 and was registered on 12 October 2007.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

RISK REVIEW

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

OBJECTIVES AND ACTIVITIES

Ability North London was established by a group of parents of disabled young people and adults to support parents/carers of a disabled young person/adult. Our primary objectives are:

- To provide crucial respite to the parent’s /carers and families of these challenged individuals.
- To improve the lives of young people/adults with physical/mental disabilities by providing a variety of sport and leisure activities.
- To support our users and their parents/carers to stay together as a family unit, thus reducing the risk of family break up and of users having to go into care.

We provide sport and leisure projects on Sundays, weekday evenings and school holidays. We have recruited a team of qualified and experienced youth workers whose positive attitude and targeted approach contribute to the good quality of the project.

The Merlin Pass enabled the users to visit popular theme parks on a regular basis at substantially reduced rates.

STRUCTURE AND MANAGEMENT
A Senior Carer manages the daily running of activities, reporting weekly to the Director of Services. The Director reports quarterly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

RISK MANAGEMENT
The trustees have put in place systems to identify risks and review the systems regularly.

A REVIEW OF OUR ACHIEVEMENTS AND PERFORMANCES

This year has been a very productive one for Ability North London.

We are happy to report that our day centre is now open Sunday – Friday from 9am until 4pm and our after school club from 4pm – 7pm Sunday – Thursday.
Our users numbers keep on increasing reflecting our well rounded support service and great local reputation

Outcomes for beneficiaries and organisation by far exceeded our expectations. In a survey completed by users and stakeholders

100% of users shared that they enjoy the sessions and feel they are well run

95% Reported health and wellbeing improvements, particularly citing swimming and cycling

90% shared that they benefit socially and have made new friendships which extend out of club hours too

80% of young people reported that their Rosenberg Self Esteem scores improved and connected this progress to our club.
Our organization is so proud of each and every user. We celebrated achievements at a celebratory event and awarded certificates to users that recognised a special achievement for each disabled user.

Financially, we are confident with our reserves levels and are pleased with sustainable funding resources from our investment. We are extremely proud to receive continuous funding from Community Partnerships of Hackney council and appreciate that they believe in us and the ABLE people we support.

Funding from St James Place Foundation also helped us fulfil our vision for these users.
to say that financially we have managed to do well enough to pay for all our improvements.

QUOTES: "ANL is my safe place, i can just be myself and i am loved for who i am. Here my wheelchair feels like a throne and i feel honoured and respected. Mordy 17, user"

My son engaged in sport club very reticently, but now he loves it and has a great time. His physiotherapist and doctors cannot believe the global impact these activities has on his health.

RESERVES

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure, and they feel fortunate in having been able to maintain that level of reserves.

PLANS FOR THE FUTURE

As part of our ongoing plans for the future, we are looking to carry on with our successful work and are constantly fundraising to cover our expenses.

We are always seeking to fill the needs of our service users and we are hoping to incorporate some vital skills particularly in training and employment as part of our programme. This will enable the service users to better their future chances in life. We are seeking funds to cover this additional expense.

Signed on behalf of the trustees

Trustee

19 October 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2021

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

I report on the accounts of the charity for the year ended 31 December 2021 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

a) which gives me reasonable cause to believe that, in any material respect, the requirements:

   - to keep accounting records in accordance with Section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Balazs Nezmi FCCA
JS&Co Accountants Ltd
26 Theydon Road
London E5 9NA

19 October 2022

ABILITY NORTH LONDON

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 December 2021

	Notes	£ Restricted funds	£ Unrestricted funds	£ Total 2021	£ Total 2020
INCOMING RESOURCES					
Incoming resources from generated funds					
Social Services			83,543	83,543	0
Parental contribution	3		76,978	76,978	102,789
Grants and donations	4	43,379	182,918	226,297	144,805
Total Incoming resources		43,379	343,439	386,818	247,594
RESOURCES EXPENDED	5				
Cost of Generating funds					
Fundraising Costs			35,744	35,744	12,115
Costs of charitable activities					
Services running Cost		50,968	246,466	297,434	187,104
Governance costs			7,091	7,091	2,441
Total resources expended		50,968	289,301	340,269	201,660
NET INCOMING/(OUTGOING) RESOURCES		-7,589	54,138	46,549	45,934
RECONCILIATION OF FUNDS					
Total funds brought forward		30,359	223,086	253,445	207,511
TOTAL FUNDS CARRIED FORWARD		**22,770**	**277,224**	**299,994**	**253,445**

The Notes form part of the financial statements

ABILITY NORTH LONDON

BALANCE SHEET
31-Dec-21

	Notes	2021 £	2021 £	2020 £	2020 £
FIXED ASSETS					
Investments	6	613,538		640,114	
Fixtures & Fittings	7	40,880		51,099	
			654,418		691,213
CURRENT ASSETS:					
Other Debtors		3,196		69,459	
Cash at bank and in hand		40,241		19,419	
			43,437		88,878
CREDITORS: amounts falling due within one year	8	-3,489		-132,274	
Net Current assets/(liabilities)			694,366		647,817
CREDITORS: amounts falling due after more than one year	9		-394,372		-394,372
NET ASSETS:			299,994		253,445
FUNDS	10				
Restricted funds			22,770		30,359
Unrestricted funds			277,224		223,086
TOTAL FUNDS			299,994		253,445

Approved by the board of Trustees on: 19 October 2022
And signed on their behalf by:

....

Trustee

The Notes form part of these financial statements

ABILITY NORTH LONDON

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 December 2021

1 **ACCOUNTING POLICIES**

Accounting convention
These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended
Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost residual value of each asset over its expected useful life, as follows:

Fixture and fittings - 20% reducing balance
Van - 20% reducing balance

2 **TRUSTEES REMUNERATION AND BENEFITS**

There were no trustees remuneration or other benefits for the year ended 31 December 2021.

Trustees Expenses
There were no trustees expenses paid for the year ended 31 December 2021.

3 **PARENTAL CONTRIBUTION**

These are the funds that were received by parents from the Local Authority, and were forwarded to the Charity

4 **OTHER GRANTS AND DONATIONS**
A list of grants and donations received are available from the office upon request in writing.

6 **INVESTMENTS**

	2021	2020
	£	£
UK Investment Property	613,538	640,114

The fixed asset investment is held primarily to provide an investment return for the charity and is valued at historical cost.

7 **FIXED ASSETS**

	Fixture and fittings	Van	Totals
COST:	£	£	£
At 1 January 2021	1,085	89,448	90,533
Additions			0
At 31 December 2021	1,085	89,448	90,533
DEPRECIATION:			
At 1 January 2021	871	38,562	39,433
Charge for year	43	10,177	10,220
At 31 December 2021	914	48,739	49,653
NET BOOK VALUE:			
At 31 December 2021	171	40,709	40,880
At 31 December 2020	214	50,886	51,100

8 **CREDITORS**
DUE WITHIN ONE YEAR

	2021	2020
	£	£
Accruals	996	744
other creditors	2,493	131,530
	3,489	132,274

9 **CREDITORS**
DUE AFTER ONE YEAR

	2021	2020
	£	£
Bank loans and overdrafts	394,372	394,372
	394,372	394,372

	At 1.01.21	Net movement in funds	At 31.12.21
			£
Restricted funds	£	£	
Grants	30,359	-7,589	22,770
Unrestricted funds			
General fund	223,086	54,138	277,224
TOTAL FUNDS	253,445	46,549	299,994

Net movement in funds, included in the above are as follows:

	Incoming resources £	Rescources expended £	Movement in funds £
Restricted funds			
Grants	43,379	50,968	-7,589
Unrestricted funds			
General fund	343,439	289,301	54,138
TOTAL FUNDS	386,818	340,269	46,549

ABILITY NORTH LONDON

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 December 2021

		Restricted	Unrestricted	Total 2021	Total 2020
	INCOMING RESOURCES	£	£	£	£
	Incoming resources from generated funds				
	Social Services		83,543	83,543	0
	Parental contribution		76,978	76,978	102,789
4	Other grants and donations	43,379	182,918	226,297	144,805
	Total incoming resources	43,379	343,439	386,818	247,594
5	**RESOURCES EXPENDED**				
	Fundraising Costs		35,744	35,744	12,115
	Services running Cost				
	Wages & Salaries	25,008	82,323	107,331	68,872
	Insurance		6,484	6,484	2,321
	Telephone		3,413	3,413	496
	Advertising		7,332	7,332	1,442
	Printing, Postage & Stationary		9,239	9,239	7,109
	Rent & Admin expenses		23,608	23,608	31,292
	Food & refreshments		17,930	17,930	15,307
	Clothing		3,495	3,495	0
	Office expenses		2,172	2,172	1,026
	Sport and leisure activities	21,500	45,995	67,495	20,449
	Repairs and Maintenance		3,236	3,236	8,314
	Cleaning		2,165	2,165	0
	Transport	4,460	28,854	33,314	17,701
	Depreciation		10,220	10,220	12,775
		50,968	282,210	333,178	199,219
	Governance costs				
	Accountancy		996	996	744
	Professional fees		6,095	6,095	1,697
	Property investment expenses			0	0
		0	7,091	7,091	2,441
	Total resources expended	50,968	289,301	340,269	201,660
	NET INCOME FOR THE YEAR	-7,589	**54,138**	**46,549**	**45,934**
	RECONCILIATION OF FUNDS				
	NET INCOME FOR YEAR	-7,589	54,138	46,549	45,934
	Total Funds Brought Forward	30,359	223,086	253,445	207,511
	Total Funds Carried Forward	22,770	277,224	299,994	253,445

ABILITY NORTH LONDON

England & Wales - Charity number 1121171

Accounts

Charity Number 1121171

ABILITY NORTH LONDON

FINANCIAL STATEMENTS

31 DECEMBER 2020

ABILITY NORTH LONDON

FINANCIAL STATEMENTS

YEAR ENDED 31 DECEMBER 2020

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TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name	ABILITY NORTH LONDON
Charity number	1121171
Principal office	24 Fountayne Road London N16 7DX
Trustees	A Schlesinger S Fischer J Stroh
Managing Director	A Schlesinger
Secretary	R Fischer
Independent examiner	JS&Co Accountants Ltd 51 Craven Park Road London N15 6AH
Bankers	NAT WEST Stoke Newington Branch 198 Stoke Newington High St London N16 7GA

ABILITY NORTH LONDON

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2020

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 December 2020.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of trustees and professional advisers on page 1 of the financial statements.

THE TRUSTEES

The trustees who served the company during the period were as follows:

A Schlesinger
S Fischer
J Stroh

There is no chief executive officer nor any other staff employed in the charity. The day to day affairs are undertaken by the charity's founder, A Schlesinger on behalf of the trustees.

All major decisions are taken collectively by the trustees.

The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Ability North London is constituted under a deed dated 24 November 2004. It is a registered charity number 1121171 and was registered on 12 October 2007.

Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation.

RISK REVIEW

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

OBJECTIVES AND ACTIVITIES

Ability North London was established by a group of parents of disabled young people and adults to support parents/carers of a disabled young person/adult. Our primary objectives are:

- To provide crucial respite to the parent's /carers and families of these challenged individuals.
- To improve the lives of young people/adults with physical/mental disabilities by providing a variety of sport and leisure activities.
- To support our users and their parents/carers to stay together as a family unit, thus reducing the risk of family break up and of users having to go into care.

We provide sport and leisure projects on Sundays, weekday evenings and school holidays. We have recruited a team of qualified and experienced youth workers whose positive attitude and targeted approach contribute to the good quality of the project.

The Merlin Pass enabled the users to visit popular theme parks on a regular basis at substantially reduced rates.

STRUCTURE AND MANAGEMENT
A Senior Carer manages the daily running of activities, reporting weekly to the Director of Services. The Director reports quarterly to the trustees on the general running of projects and more frequently where issues need to be addressed. The trustees are responsible for final decisions. Wherever possible, decisions are made in consultation with parents, users, carers and staff.

RISK MANAGEMENT
The trustees have put in place systems to identify risks and review the systems regularly.

A REVIEW OF OUR ACHIEVEMENTS AND PERFORMANCES

This year has been a very productive one for Ability North London.

We are delighted to welcome our new Project Manager, Rachel G is already doing an admirable job. which includes creating a fantastic programme and ensuring the smooth running of it. She has introduced achieving chefs cookery class and DIY- A Series of hands on courses designed to teach life skills and boost users independence..
Our users numbers are increasing at a 205 annual rate, reflecting our well rounded support service and great local reputation
Regarding the investment we purchased, while we enjoyed its immediate benefit we are developing it currently so that its value will appreciate enabling us to sell it at a profit and reinvest with the aim being to have enough capital to buy our own suitable premises. This
will give stability to the charity and financial sustainability as outlined in our financial
strategy summit.
The charity received £182,085 in donations during the year and £65,509 through grants.
There was a surplus of £45,934 for the year, however it has been part earmarked for projects extending to the following year.

Outcomes for beneficiaries and organisation by far exceeded our expectations. In a survey completed by users and stakeholders

100% of users shared that they enjoy the sessions and feel they are well run

95% Reported health and wellbeing improvements, particularly citing swimming and cycling

90% shared that they benefit socially and have made new friendships which extend out of club hours too

80% of young people reported that their Rosenberg Self Esteem scores improved and connected this progress to our club.
Our organization is so proud of each and every user. We celebrated achievements at a celebratory event and awarded certificates to users that recognised a special achievement for each disabled user.

Financially, we are confident with our reserves levels and are pleased with sustainable funding resources from our investment. We are extremely proud to receive continuous funding from Community Partnerships of Hackney council and appreciate that they believe in us and the ABLE people we support.

Funding from St James Place Foundation also helped us fulfil our vision for these users.
to say that financially we have managed to do well enough to pay for all our improvements.

QUOTES: "ANL is my safe place, i can just be myself and i am loved for who i am. Here my wheelchair feels like a throne and i feel honoured and respected. Mordy 17, user"

My son engaged in sport club very reticently, but now he loves it and has a great time. His physiotherapist and doctors cannot believe the global impact these activities has on his health.

RESERVES
The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately three months of unrestricted charitable expenditure, and they feel fortunate in having been able to maintain that level of reserves.

PLANS FOR THE FUTURE
As part of our ongoing plans for the future, we are looking to carry on with our successful work and are constantly fundraising to cover our expenses.

As a long term goal, Ability North London is trying to increase its assets and is actively fundraising for a Day Centre. This will provide customised facilities to meet the needs of our users.

We are always seeking to fill the needs of our service users and we are hoping to incorporate some vital skills particularly in training and employment as part of our programme. This will enable the service users to better their future chances in life. We are seeking funds to cover this additional expense.

Signed on behalf of the trustees

Trustee

14 October 2021

STATEMENT OF TRUSTEES' RESPONSIBILITIES

YEAR ENDED 31 DECEMBER 2020

The charity's trustees are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

I report on the accounts of the charity for the year ended 31 December 2020 set out on pages 7 to 10.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND INDEPENDENT EXAMINER

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

a) which gives me reasonable cause to believe that, in any material respect, the requirements:

   - to keep accounting records in accordance with Section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

JS&Co Accountants Ltd
51 Craven Park Road
London
N15 6AH

14 October 2021

ABILITY NORTH LONDON

STATEMENT OF FINANCIAL ACTIVITIES
for the year ended 31 December 2020

	Notes	£ Restricted funds	£ Unrestricted funds	£ Total 2020	£ Total 2019
INCOMING RESOURCES					
Incoming resources from generated funds					
Public Sector Grants				0	0
Parental contribution	3		102,789	102,789	50,810
Other grants and donations	4	65,509	79,296	144,805	103,781
Total Incoming resources		65,509	182,085	247,594	154,591
RESOURCES EXPENDED	5				
Cost of Generating funds					
Fundraising Costs			12,115	12,115	30,283
Costs of charitable activities					
Services running Cost		80,609	106,495	187,104	84,919
Governance costs			2,441	2,441	15,402
Total resources expended		80,609	121,051	201,660	130,604
NET INCOMING/(OUTGOING) RESOURCES		-15,100	61,034	45,934	23,987
RECONCILIATION OF FUNDS					
Total funds brought forward		45,459	162,052	207,511	183,524
TOTAL FUNDS CARRIED FORWARD		**30,359**	**223,086**	**253,445**	**207,511**

The Notes form part of the financial statements

ABILITY NORTH LONDON

BALANCE SHEET
31-Dec-20

	Notes	£	2020 £	£	2019 £
FIXED ASSETS					
Investments	6	640,114		513,091	
Fixtures & Fittings	7	51,099		8,874	
			691,213		521,965
CURRENT ASSETS:					
Other Debtors		69,459			
Cash at bank and in hand		19,419		39,716	
			88,878		39,716
CREDITORS: amounts falling due within one year	8	-132,274		-6,485	
Net Current assets/(liabilities)			647,817		555,196
CREDITORS: amounts falling due after more than one year	9		-394,372		-347,685
NET ASSETS:			253,445		207,511
FUNDS	10				
Restricted funds			30,359		45,459
Unrestricted funds			223,086		162,052
TOTAL FUNDS			253,445		207,511

Approved by the board of Trustees on: 14 October 2021
And signed on their behalf by:

....

Trustee

The Notes form part of these financial statements

1 ACCOUNTING POLICIES

Accounting convention
These accounts have been prepared in accordance with the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective January 2015). In preparing the accounts, the charity follows best practice as laid down in the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP) issued in March 2005. Where there is a conflict between the FRSSE and the SORP, the SORP has been adopted in accordance with paragraph 419ff of the SORP.

Incoming resources
All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended
Expenditure is accounted for on accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost residual value of each asset over its expected useful life, as follows:

Fixture and fittings - 20% reducing balance
Van - 20% reducing balance

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees remuneration or other benefits for the year ended 31 December 2020.

Trustees Expenses
There were no trustees expenses paid for the year ended 31 December 2020.

3 PARENTAL CONTRIBUTION

These are the funds that were received by parents from the Local Authority, and were forwarded to the Charity

4 OTHER GRANTS AND DONATIONS
A list of grants and donations received are available from the office upon request in writing.

6 **INVESTMENTS**

	2020	2019
	£	£
UK Investment Property	640,114	513,091

The fixed asset investment is held primarily to provide an investment return for the charity and is valued at historical cost.

7 **FIXED ASSETS**

	Fixture and fittings	Van	Totals
COST:	£	£	£
At 1 January 2020	1,085	34,448	35,533
Additions		55,000	55,000
At 31 December 2020	1,085	89,448	90,533
DEPRECIATION:			
At 1 January 2020	818	25,841	26,659
Charge for year	53	12,721	12,775
At 31 December 2020	871	38,562	39,434
NET BOOK VALUE:			
At 31 December 2020	214	50,886	51,099
At 31 December 2019	267	8,607	8,874

8 **CREDITORS**

DUE WITHIN ONE YEAR	2020	2019
	£	£
Accruals	744	660
other creditors	131,530	5,825
	132,274	6,485

9 **CREDITORS**

DUE AFTER ONE YEAR	2020	2019
	£	£
Bank loans and overdrafts	394,372	347,685
	394,372	347,685

	At 1.01.20	Net movement in funds	At 31.12.20
			£
Restricted funds	£	£	
Grants	45,459	-15,100	30,359
Unrestricted funds			
General fund	162,052	61,034	223,086
TOTAL FUNDS	207,511	45,934	253,445

Net movement in funds, included in the above are as follows:

	Incoming resources £	Rescources expended £	Movement in funds £
Restricted funds			
Grants	65,509	80,609	-15,100
Unrestricted funds			
General fund	182,085	121,051	61,034
TOTAL FUNDS	247,594	201,660	45,934

ABILITY NORTH LONDON

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31 December 2020

		Restricted	Unrestricted	Total 2020	Total 2019
	INCOMING RESOURCES				
		£	£	£	£
	Incoming resources from generated funds				
	Public Sector Grants			0	0
	Parental contribution		102,789	102,789	50,810
4	Other grants and donations	65,509	79,296	144,805	103,781
	Total incoming resources	65,509	182,085	247,594	154,591
5	**RESOURCES EXPENDED**				
	Fundraising Costs		12,115	12,115	30,283
	Services running Cost				
	Wages & Salaries	24,370	44,502	68,872	55,920
	Insurance		2,321	2,321	835
	Telephone		496	496	28
	Advertising		1,442	1,442	0
	Printing, Postage & Stationary	3,063	4,046	7,109	1,601
	Rent & Admin expenses	14,490	16,802	31,292	5,645
	Food & refreshments	11,396	3,911	15,307	7,293
	Office expenses		1,026	1,026	0
	Sport and leisure activities	18,250	2,199	20,449	4,902
	Repairs and Maintenance	1,760	6,554	8,314	0
	Transport	7,280	10,421	17,701	5,959
	Donations			0	517
	Depreciation		12,775	12,775	2,219
		80,609	118,610	199,219	115,202
	Governance costs				
	Accountancy		744	744	660
	Professional fees		1,697	1,697	54
	Property investment expenses			0	14,688
		0	2,441	2,441	15,402
	Total resources expended	80,609	121,051	201,660	130,604
	NET INCOME FOR THE YEAR	-15,100	**61,034**	**45,934**	**23,987**
	RECONCILIATION OF FUNDS				
	NET INCOME FOR YEAR	-15,100	61,034	45,934	23,987
	Total Funds Brought Forward	45,459	162,052	207,511	183,524
	Total Funds Carried Forward	30,359	223,086	253,445	207,511