

SUE LAMBERT TRUST
(A Company Limited by Guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

SUE LAMBERT TRUST

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SUE LAMBERT TRUST

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2025

Trustees	Mr B S Higham (Chair to 8 December 2025) (resigned as Trustee 8 December 2025) Ms C Lowes-De Bank (Chair from 8 December 2025) (appointed Trustee 11 November 2024) Ms D Bishop (appointed Vice Chair 8 December 2025) (appointed Trustee 8 October 2024) Mr N J Horsley-Heather (resigned 25 March 2025) Ms A Soanes (appointed 29 April 2024) Ms H Myers (resigned 1 September 2025) Ms J Brown (appointed 1 May 2025) Ms T Florence (resigned 12 April 2024) Ms L Kinchenton (appointed 26 June 2024, resigned 15 December 2024) Ms C Stevens (resigned 4 June 2024) Mr D Vail (resigned 11 September 2024) Ms A J Brooke (appointed 8 December 2025)
Chief Executive Officer	Mr D C Evans
Company registered number	06217814
Charity registered number	1120957
Registered office	St Julians Hall 6 Music House Lane Norwich NR1 1QL
Independent Examiners	Price Bailey LLP Chartered Accountants Anglia House, 6 Central Avenue St Andrews Business Park Thorpe St Andrew Norwich Norfolk NR7 0HR

SUE LAMBERT TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The trustees submit their report along with the financial statements of the charity for the year ended 31 March 2025. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing documents, the Charities Act 2011 and the Charities SORP (FRS 102).

Objectives of Sue Lambert Trust

To preserve and protect the mental and physical health of people who have suffered sexual assault, sexual abuse and/or domestic violence, and to advance public education about all matters related to sexual violence.

Our vision

We believe that everyone has the potential to heal from the trauma of sexual abuse and sexual violence with access to the right help. Our vision for the future is to be part of a society where anyone who needs support can easily and promptly access professional, compassionate and personalised therapy to aid that recovery.

Our mission

Our mission is to provide a safe, respectful, and welcoming space for all people who have experienced sexual abuse or sexual violence at some point in their lives: helping them to recover, heal and build resilience following this trauma.

Our clients

Anyone aged 11 or over, living in Norfolk and Waveney, can self-refer to Sue Lambert Trust. The people we support range from young teenagers to those in later-life, people who may have suffered abuse decades ago and have struggled to live with its lifelong impact. All our clients have experienced, or are experiencing, trauma in response to sexual abuse or sexual violence.

Our roots

The Sue Lambert Trust (SLT) was established in 2007 following the merger of Norwich Rape Crisis and Mpower. It is constituted and registered with the Charity Commission for England and Wales number 1120957 and became incorporated in England and Wales under number 06217814.

Where we are now

It is well documented that survivors of childhood sexual abuse and sexual violence live with long-term negative impacts on their mental and physical health. Research shows they are more likely than the general population to experience depression, PTSD, self-harm, make suicide attempts, and be more at risk from a range of other poor health conditions. Survivors also make greater use of GP and hospital services, reflecting the ongoing toll of trauma.

If left unsupported, this can lead to survivors experiencing further challenges such as housing insecurity, difficulties in securing or maintaining work and relationships, alcohol and drug misuse and increased use of emergency services.

Responding to rising demand

In 2024/25, we launched our *More Room to Care* campaign to highlight the increasing numbers of people bravely coming forward for support and our capacity to respond limited by investment and available rooms. We:

1. **Informed and influenced** – engaging with local MPs and other decision-makers to put forward our case for greater investment.
2. **Raised public awareness** – securing significant local media coverage and community support, explaining the rising demand for our services.
3. **Secured funds towards new premises** – raising nearly half of the required costs through local trusts and foundations, with the aim to increase our capacity.
4. **Explored sustainability** – seeking longer-term income generating opportunities to meet growing demand.

SUE LAMBERT TRUST

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2025

Despite this progress, due to a period of uncertainty in the funding priorities of the incoming government in July 2024 our major funders moved to short term grants leaving us without the financial security needed to expand. In August 2025, the Board made the difficult decision to pause plans for new premises until longer-term commitments can be secured.

Strengthening sustainability

With demand still increasing and income under pressure, we adapted our model by moving from reliance on freelance counsellors to employing permanent counselling roles. Even though it required some short-term disruption to established services, now having a permanent team of counsellors ensures greater stability for the survivors we support and better aligns costs with available funding.

We remain committed to meeting the needs of survivors across Norfolk and Waveney and to building the secure, sustainable capacity our community urgently requires.

Our year at Sue Lambert Trust:

Strand 1: Recover, heal and build resilience

Our services are rooted in a trauma-aware, person-centred approach that supports survivors of sexual abuse and sexual violence through a safe and coherent journey of recovery.

Recovery and stabilisation

We help clients feel safer, develop coping strategies, and manage the immediate impact of trauma.

- 170 clients accessed support around debt and finances (53%), housing (17%), health and social care (22%), and education or employment (4%).
- This was delivered through 2,932 individual contacts.

Healing and therapy

We provide a range of therapeutic interventions tailored to client need.

- 394 people accessed counselling or EMDR, with up to 52 sessions each.
- 10,180 sessions were delivered by 48 trained counsellors.

Building resilience and reintegration

We create opportunities for survivors to connect, strengthen networks, and increase resilience.

- 205 peer group sessions were held across 5 different groups
- Our outreach programme expanded partnerships with Opening Doors, Magdalene Group, Feather Futures, Mancroft Advice Project, Youth Advisory Boards, and The Bridge Project.

Healthy Relationships

Our Healthy Relationships Programme is designed to increase confidence and understanding of consent, relationship boundaries and what is acceptable and unacceptable with the aim to reduce the prevalence of sexual assaults, rape and sexual violence. During the year it was delivered to 1680 people across Norfolk in schools, clubs and workshops amongst many other venues.

Partnerships

Rape and Sexual Abuse Fund (RASAF): We continued with our partnership with Rowan Project (Daisy Programme), Brave Futures and 1:1 Programme funded by the Ministry of Justice RASAF with the aim of sharing counselling capacity across the partnership, reduce waiting times and provide alternative options for clients. We also share organisational development programmes such as training and provide on-going mutual support, as we continue to work side by side, supporting survivors living in Norfolk and Waveney.

**TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2025**

Norfolk and Suffolk Foundation Trust (NSFT): Through an NHS programme Enhanced Mental Health Pathway (For Survivors and Victims of Sexual Abuse and Assault) we have been given access to a team of Clinical Psychologists who provide further support to clients with complex presentations, and give our clients access to other therapies within the NHS.

The impact of our work

We ask every client for feedback at the end of their therapeutic programme with us. This helps us understand the impact of our work and ensures we continue to provide support with kindness and compassion.

- **78%** of clients reported a reliable improvement or significant clinical change in their mental health and wellbeing (CORE analysis).
- **93%** said they knew how to stay safe.
- **90%** felt safer and more secure.
- **87%** improved their coping mechanisms.
- **86%** felt more able to manage aspects of everyday life.
- **71%** reported a reduction in suicidal thoughts (with 25% saying this was not applicable).

"My counsellor made me feel heard and understood. I am grateful for all the effort given throughout the sessions, the level of professionalism I was shown, and the kindness I was given." — Client

Strand 2: The clients' voice

Our clients are at the heart of everything we do. We believe every survivor deserves to be heard, and we listen with care and respect their voices.

This year we continued with our co-production approach in developing peer and resilience groups, which led to greater engagement and stronger outcomes. Building on this success, we are now creating a co-production strategy for the whole organisation.

Our Client Voice Group, made up of a number of former and current clients, provided formal consultation helping to shape our new strategy and co-designing tools such as the online self-referral form.

Clients who responded to our feedback requests (13% response rate) told us:

- **100%** felt listened to when communicating with us
- **100%** considered Sue Lambert Trust a professional organisation
- **100%** felt our communications were kind
- **100%** would return for support if needed

Strand 3: Experience and influence

For over 40 years, Sue Lambert Trust has been the leading charity in Norfolk to provide specialist support and therapeutic counselling for survivors of sexual violence and sexual abuse. We are proud of our reputation as a trusted and respected organisation delivering vital services across the county.

Through our More Room to Care campaign, social media presence, outreach work and Healthy Relationships programme, our profile has grown significantly. We were honoured to be chosen as Charity of the Year by two local companies - Howes Percival and Acora One - and are deeply grateful for their support.

Strand 4: Sustainability

In 2024/25, and continuing today, financial pressures have highlighted the urgent need for Sue Lambert Trust to diversify its income. Short-term and unpredictable funding, often shaped by shifting government priorities, creates insecurity and prevents us from planning effectively to meet the needs of more survivors.

SUE LAMBERT TRUST

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2025

Our long-standing ambition to increase capacity has been blocked by the very funding systems that should enable it. Once again, we are being asked to sign grant agreements with “tackling the waiting list” as a key performance indicator, without the investment required to make this possible. Yet we have already proven that with core investment from all of our major funders as demonstrated in previous years we can increase counselling and support capacity, waiting lists can be reduced to under 50 people, with a significant number of clients starting therapy within six months.

We have also demonstrated the wider value of our work. By focusing on reducing GP and hospital admissions, supporting people with drug and alcohol misuse, and preventing future harm through our Healthy Relationships programme, our service could save the local NHS almost £6 million over five years.

Without stable income, we cannot plan, innovate, or build the sustainable future needed to ensure every survivor in Norfolk and Waveney gets the support they deserve.

We would like to thank the Norfolk Office of the Police and Crime Commissioner, the National Lottery, Norwich City Council, Ministry of Justice, Alan Boswell Charitable Trust, Ellerdale Trust along with the following who contributed or committed funds to our More Room to Care campaign:

Smith and Pinching Charitable Trust, Lady Hind Trust, Hopestead, Norwich Consolidated Charities, Jarrold Trust, Anne French Memorial Trust, B&Q Foundation, Paul Bassham Trust and Septagon Trust.

Strand 5: Our people

Sue Lambert Trust is built on the dedication of our staff and volunteers. Without them, our work would not be possible. We are committed to supporting, developing and valuing our people, and ensuring they feel motivated and appreciated.

At the end of March 2025, we employed 19.1 FTE staff, an increase from 18.1 in the previous year. All new counsellors - whether qualified or in training – as well as all support workers complete our mandatory induction programme before working with clients, ensuring a consistent, trauma-aware approach.

By March 2025, we had 31 counsellors (35 the previous year) who collectively delivered 10,180 counselling sessions, up from 8,814 in 2023/24.

We are equally grateful to our volunteers, who give their time, energy and compassion to extend the reach of our services and strengthen the support we provide to survivors.

Due to the funding limitations during the year our training and development opportunities were scaled back which if prolonged over time will impact on the external assurances and accreditations we hold impacting on the quality of our support to our clients. However, we were still able to provide the following personal development courses for our clinical team:

- Sand Tray Training
- Gender Diversity Training
- Working with Male Survivors
- Blue Star Pre Trial Therapy
- Personality Disorder and Complex Emotional Needs
- Understanding Complex Trauma and Dissociation

All counsellors and relevant staff receive regular clinical supervision sessions, to help them maintain their focus on clients, and to support them in managing the pressures they experience because of their roles.

SUE LAMBERT TRUST

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31 MARCH 2025

Financial results

In year results

During the period, the charity raised £725,262 with 76% of income coming from the Norfolk Police and Crime Commissioner and the Ministry of Justice compared to 49% (of £1,074,061) in 23/24. Revenue expenditure incurred was £1,261,450 with 53% of expenses being salaries. The deficit incurred was offset by previous years unrestricted reserves.

The Board of Trustees undesignated funds to ensure we had sufficient funding to continue with our activities for 24/25.

Reserves policy

To ensure that sufficient funds are available to manage potential future liabilities and maintain full-service delivery, Sue Lambert Trust aims to set aside an amount of free reserves to cover a minimum of three months' running and operational costs.

The free reserves target based on the above scenario is recalculated annually and agreed by the trustees as part of the budget planning process. The free reserves target at the year end was £241,778 and excludes any restricted funding, designated funding, and fixed assets.

At the end of year free reserves totalled £233,861 and represents 97% of the target. The trustees intend to build additional free reserves to meet the current target by obtaining unrestricted funding wherever possible, as well as funding which will cover an apportionment of central overheads.

Public benefit

The trustees confirm that they have referred to the Charity Commission's general guidance on public benefit when reviewing the charitable company's aims and objectives and in planning future activities and setting policy for the year as follows:

- There is an identifiable benefit to the public from the provision of counselling and support services. This is recognised by our clients as well as Health and Social Services. These benefits are consistent with the charity's aims and objectives.
- Our services are accessible to all members of the public. The charity makes a clear commitment that all clients - irrespective of the group(s) they might represent e.g. sexual orientation, ethnicity, religion, race, gender etc. can access our services. The Board of Trustees will seek to ensure that its make-up reflects the profile of the community it serves.

Organisation

The current trustees (who are also the directors of the company for the purposes of company law) and the charity's chief executive officer, who have served during the year and since the year end, are set out on page 1 of this document. The trustees listed below have held office during the whole of the period from 1 April 2024 to the date of this report.

Mr B S Higham (Chair)

Other changes in trustees holding office are as follows:

Ms Tanya Florence (resigned 12th April 2024)
Mr Nick Heather (resigned 25th March 2025)
Miss Heidi Myers (resigned 30th August 2025)
Miss Amanda Soanes (joined 26th March 2024)
Mrs Linda Kinchenton (joined 26th June 2024 resigned 14th December 2024)
Ms Donna-Louise Bishop (joined 18th July 2024)
Ms Catherine Lowes-De Bank (joined 3rd March 2025)
Ms Jade Brown (joined 4th August 2025)

SUE LAMBERT TRUST**TRUSTEES' REPORT (continued)
FOR THE YEAR ENDED 31 MARCH 2025**

Sue Lambert Trust recognises the need for its Board to have the relevant skills and commitment essential to the effective governance and management of the charity. The trustees meet on a quarterly basis at full board meetings and, in addition, the finance sub-group trustees also meet quarterly prior to the Board.

Recruitment of new trustees is the responsibility of existing trustees. The recruitment policy will be based upon the principle of fairness, transparency and equality of opportunity. Relevant training is provided.



During the year and ongoing we have been kindly supported by No 8 Thorpe Road, Norwich who have donated the use of their rooms for our Board and Committee meetings. We are very grateful for their contribution to our organisation.

Trustees' responsibilities

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for the financial year which show a true and fair view of the charity's financial activities during the year, and its financial position at the end of the year. In preparing the financial statements the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on an ongoing concern basis, unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose, with reasonable accuracy, the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Risk management

The trustees conduct their own review of major risks to which Sue Lambert Trust is exposed. These procedures are reviewed periodically to make sure they still meet the needs of the charity and are as follows:

- An annual review of the risks which the charity may face
- The establishment of the systems and procedures to mitigate those risks identified
- The implementation of procedures designed to minimise potential impact on the charity should any of the risks materialise.

Independent examiner

Price Bailey have expressed their willingness to continue as examiners and a resolution for their re-appointment will be proposed at the next annual general meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the General Directions given by the Charities Commission under Section 145(5)(b) of the Charities Act 2011.

ON BEHALF OF THE TRUSTEES:

Signed by:

18531A6B08F848B.....
 Catherine Lowes-De Bank

Date. 24 December 2025

SUE LAMBERT TRUST

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SUE LAMBERT TRUST FOR THE YEAR ENDED 31 MARCH 2025

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025 which are set out on pages 10 to 26.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants of England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Suzanne Goldsmith FCA

Price Bailey LLP

Chartered Accountants

Anglia House, 6 Central Avenue

St Andrews Business Park

Thorpe St Andrew

Norwich

NR7 0HR

Date: 19 January 2026

SUE LAMBERT TRUST

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	As restated Total Funds 2024 £
Income:					
<i>Donations and legacies</i>	2	28,152		28,152	26,225
<i>Income from charitable activities</i>	3	3,250	669,476	672,726	1,020,706
<i>Investment income</i>	4	23,884	-	23,884	25,336
<i>Other income</i>	5	500	-	500	1,794
Total income		55,786	669,476	725,262	1,074,061
Expenditure:					
<i>Cost of raising funds</i>	6	29,856	36,986	66,842	42,907
<i>Expenditure on charitable activities</i>	7	529,668	664,940	1,194,608	1,024,570
Total expenditure		559,524	701,926	1,261,450	1,067,477
Net (expenditure) / income for the year, being movement in funds		(503,738)	(32,450)	(536,188)	6,584
Reconciliation of funds:					
Total funds brought forward as previously stated		963,640	39,566	1,003,206	1,004,628
Prior year restatement (note 22)		8,006	-	8,006	-
Total funds carried forward	16	467,908	7,116	475,024	1,011,212

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 13 to 26 form part of these financial statements.

SUE LAMBERT TRUST**COMPANY NUMBER: 06217814****BALANCE SHEET AS AT 31 MARCH 2025**

	Note	2025 £	As restated 2024 £
Fixed Assets			
Tangible assets	10	225,746	296,292
Intangible assets	11	<u>8,301</u>	<u>12,452</u>
		234,047	308,744
Current assets			
Investments	12	150,820	500,000
Debtors	13	46,200	43,698
Cash at bank and in hand		187,806	247,116
		<u>384,826</u>	<u>790,814</u>
Liabilities			
Creditors: amounts falling due within one year	14	<u>(143,849)</u>	<u>(88,346)</u>
Net current assets		240,977	702,468
Total net assets		<u><u>475,024</u></u>	<u><u>1,011,212</u></u>
The funds of the charity:			
Restricted funds	16	7,116	39,566
Unrestricted funds	16	467,908	971,646
Total funds		<u><u>475,024</u></u>	<u><u>1,011,212</u></u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the trustees and signed and authorised for issue on their behalf by:

Signed by:

 18531A6B08F343B...
Catherine Lowes-De Bank
 Trustee

Date: 24 December 2025

The notes on pages 13 to 26 form part of these financial statements.

SUE LAMBERT TRUST

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2025

	2025	As restated
	£	2024
		£
Cash flows from operating activities:		
Net (expenditure)/income for the year (as per the SOFA)	(536,188)	6,584
<u>Adjustments for:</u>		
Depreciation charges	4,489	34,247
Amortisation charges	4,151	4,151
Loss on disposal of fixed assets	10,438	-
Impairment of fixed assets	58,820	
(Increase)/Decrease in debtors	(2,502)	(21,840)
Increase/(Decrease) in creditors	55,504	(179,994)
Interest received	(22,684)	(25,336)
Net cash provided by operating activities	<u>(427,972)</u>	<u>(182,188)</u>
Cash flows from investing activities:		
Purchase of tangible fixed assets	(3,202)	(4,689)
Interest received	22,684	25,336
Purchase of investments	-	(500,000)
Sale of investments	349,180	-
Net cash used in investing activities	<u>368,662</u>	<u>(479,353)</u>
Change in cash and cash equivalents in the reporting period	<u>(59,310)</u>	<u>(661,541)</u>
Cash and cash equivalents at the beginning of the period	247,116	910,061
Cash and cash equivalents at the end of the reporting period	<u>187,806</u>	<u>248,520</u>
Cash in hand	187,806	247,116
Total cash and cash equivalents at end of the period	<u><u>187,806</u></u>	<u><u>247,116</u></u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

General information

The Charity is a company limited by guarantee and was incorporated in the United Kingdom. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The number of members in 2025 were 12 (2024: 8). The registered office is St Julians Hall, 6 Music House Lane, Norwich, NR1 1QL. The registered company number is 06217814 and the registered charity number is 1120957. The charitable company is a public benefit entity in accordance with FRS 102.

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP 2019 (FRS 102)).

The financial statements are presented in pounds sterling (£), rounded to the nearest pound.

1.2 Going concern

The Trustees have prepared the financial statements on a going concern basis in accordance with FRS 102 and the Charities SORP (FRS 102).

During the year, the charity experienced a significant reduction in income, resulting in a deficit for the financial year. This primarily reflected the cessation of a major funding stream that had supported the charity in the prior year.

In assessing the charity's ability to continue as a going concern, the Trustees have considered approved budgets, cash flow forecasts and business plans, together with a review of funding sources, the level of reserves held and the charity's reliance on major funders. This assessment covers a period of at least 12 months from the date of approval of these financial statements, in line with the requirements of FRS 102 and the Charities SORP.

In response to the financial challenges identified, the Trustees implemented mitigating actions in the subsequent financial year, including strict budgetary controls, reductions in expenditure, staff restructures and a reduction in service capacity, to ensure that ongoing costs are aligned with sustainable income levels.

Subsequent to the year end, the charity has been offered, subject to signing a multi-year contract with a statutory funder, providing a stable and predictable income stream and materially improving the charity's financial resilience and funding certainty.

Based on the Trustees' review of budgets, forecasts, funding arrangements and the mitigating actions taken, the Trustees are satisfied that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, the Trustees consider that there are no material uncertainties that would cast significant doubt on the charity's ability to continue as a going concern, and the financial statements have therefore been prepared on this basis.

1.3 Fund accounting

Funds held by the charity are:

- Unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Designated funds which are unrestricted funds earmarked by the trustees for particular purposes.
- Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

1 Accounting policies (continued)

1.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Voluntary income is received by the way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. The value of services provided by volunteers has not been included.

Grants are recognised in full in the Statement of Financial Activities in the year which they are receivable.

Income from investments are included when receivable.

Rental income is recognised in the period to which the rental property is provided to the tenants.

For legacies, entitlement is taken on a case by case basis at the earlier of the date when the Charity is aware that probate has been granted, and either:

- the estate has been finalised and estate accounts have been received by the charity; or
- when a distribution is received from the estate.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis under the following headings:

Expenditure on charitable activities comprises of the costs incurred by the charity in the delivery of its activities and services for its beneficiaries, activities undertaken to further the purpose of the charity and their associated support costs.

Expenditure on raising funds comprises of the costs incurred by the charity in seeking donations and grants.

Allocation of support costs

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the Charity's activities. These costs have been allocated to expenditure on charitable activities based on cost and employee time.

Governance costs are included in support costs and relate to the direct running of the Charity, allowing it to operate and generate the information required for public accountability. They include the costs of accounts preparation and independent examination/audit.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

1 Accounting policies (continued)

1.6 Tangible fixed assets and depreciation

Assets which are intended to be of ongoing use to the Charity in carrying out its activities are capitalised as fixed assets. All purchased fixed assets are initially recorded at cost.

Assets donated for use by the charity are recognised as income when receivable and capitalised at their open market value.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Freehold property	- 2% straight-line
Office furniture	- 33% straight-line
Computer equipment	- 33% straight-line
Improvements to property	over the period remaining on the lease or 12 years if the improvements relate to the freehold property.

1.7 Intangible fixed assets and amortisation

Intangible assets are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably. Intangible assets are initially recognised at cost and are subsequently measured at cost net of amortisation and any provision for impairment. Current amortisation rates are as follows:

Website	-20% straight-line
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1.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any discounts due. Accruing income is included at the best estimate of the amounts receivable at the balance sheet date.

1.9 Investments

Current asset investments consist of cash equivalents (on deposit) with a maturity date of less than one year.

1.10 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.11 Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any discounts due.

1.12 Pensions

The Charity provides a defined contribution pension scheme, whereby the charity and its staff each fund the scheme, managed by a third party provider, the assets of which are held by the provider separately from the assets of the charity. The pension charge in the financial statements represents the amounts payable by the charity to the fund in respect of the period.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

1 Accounting policies (continued)

1.13 Operating leases

Operating leases are recognised over the period of which the lease falls due.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight line basis over the period of the lease.

1.14 Taxation

The company is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

1.15 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value. Fixed assets are recorded at depreciated historical cost.

1.16 Critical accounting estimates

There are no judgements or critical accounting estimates which have been used in the preparation of these financial statements.

2 Income from donation, grants and legacies

	Unrestricted	Unrestricted
	2025	2024
	£	£
Donations	<u>28,152</u>	<u>26,225</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)

3 Income from charitable activities

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Ellerdale	3,000	-	3,000	2,000	-	2,000
Paul Bassham Trust	-	-	-	10,000	-	10,000
Henry Smith	-	-	-	50,000	-	50,000
EON	250	-	250	-	-	-
MOJ Rape Support Fund	-	319,616	319,616	-	300,346	300,346
NHS Norfolk and Wavney CCG	-	-	-	-	200,000	200,000
Norfolk Police and Crime	-	229,610	229,610	-	229,610	229,610
Norwich City Council	-	7,000	7,000	7,000	-	7,000
The National Lottery Community Fund	-	113,250	113,250	-	134,750	134,750
Alan Boswell Group Charitable Trust	-	-	-	-	16,000	16,000
The Barratt Family Charitable Trust	-	-	-	1,000	-	1,000
UK Government	-	-	-	-	70,000	70,000
	<u>3,250</u>	<u>669,476</u>	<u>672,726</u>	<u>70,000</u>	<u>950,706</u>	<u>1,020,706</u>

4 Investment income

	Unrestricted 2025 £	Unrestricted 2024 £
Bank interest	22,684	23,836
Rental income	1,200	1,500
	<u>23,884</u>	<u>25,336</u>

5 Other income

	Unrestricted 2025 £	Unrestricted 2024 £
Insurance Income	-	1,794
Training income	500	-
	<u>500</u>	<u>1,794</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

6 Raising Funds

	Total Funds 2025 £	Total Funds 2024 £
Salaries	49,788	33,857
Event costs	1,365	2,970
Fundraising assistance	15,689	6,080
	<u>66,842</u>	<u>42,907</u>

During the year, total expenditure on raising funds was £66,842 (2024: £42,907) of which unrestricted expenditure amounted to £29,856 (2024: £633) and restricted expenditure amounted to £36,986 (2024: £42,274). Costs are allocated directly to the relevant fund.

Raising funds were exclusively direct costs in the current and prior year.

7 Expenditure on charitable activities

	Total Funds 2025 £	As restated total Funds 2024 £
Direct Expenditure	948,543	737,150
Support Expenditure	246,065	287,420
	<u>1,194,608</u>	<u>1,024,570</u>

During the year, total expenditure on charitable activities was £1,194,608 (2024: £1,021,823), of which unrestricted expenditure amounted to £529,668 (2024: £116,236) and restricted expenditure amounted to £664,940 (2024: £905,587). Costs are allocated directly to the relevant fund.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

7 Expenditure on charitable activities (continued)

	Total Funds 2025 £	As restated Total Funds 2024 £
Direct expenditure on charitable activities		
Salaries	495,730	375,288
Supervision	41,645	32,309
Counselling and services	191,477	146,073
Telephone	5,647	9,333
Stationery, postage and printing	3,592	4,266
Travel and subsistence	18,483	25,508
Light and heat	9,028	8,057
Partnership agency programme	70,917	47,272
Room hire	1,067	4,002
Rent	8,150	8,300
Rates	4,826	2,640
Training	16,977	25,524
Recruitment	1,351	6,086
Information materials	376	745
Client access fund	1,379	4,753
Depreciation of freehold property	2,250	2,250
Depreciation of improvements to property	200	17,162
Depreciation of office furniture	-	1,741
Depreciation of computer equipment	2,039	11,690
Amortisation of website	4,151	4,151
Loss on disposal of fixed assets	10,438	-
Impairment	58,820	-
	<u>948,543</u>	<u>737,150</u>
Support costs		
Salaries	125,977	154,321
Staff wellbeing	4,809	4,887
Insurance	8,291	7,043
IT consumables and maintenance	6,935	7,056
Marketing and communications	35,752	31,639
Repairs and maintenance	9,416	26,415
Subscriptions	11,445	16,949
Cleaning	12,911	7,421
Waste collection	2,130	1,991
Sundry expenses	2,059	3,175
Payroll	3,242	2,076
Website	1,746	1,443
Bank charges	50	-
Governance costs:		
Audit and accountancy	6,825	17,028
Professional Fees	14,331	5,976
Trustee expenses	146	-
	<u>246,065</u>	<u>287,420</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

8 Net expenditure for the year is after charging:

	2025	2024
	£	£
Depreciation and amortisation of fixed assets	8,640	36,994
Loss on disposal of fixed assets	10,438	-
Impairment of fixed assets	58,820	
Independent auditors fee	-	15,000
Fees payable to the Charity's Independent Auditors in respect of other services	-	2,028
Independent examination fee	3,100	-
Fees payable to the Charity's Independent Examiners in respect of other services	3,725	-
Operating lease rentals	<u>8,150</u>	<u>8,300</u>

9 Analysis of staff costs and key management personnel

	2025	2024
	£	£
Wages and salaries	607,779	493,198
Social security costs	46,868	35,529
Pension costs	16,847	13,091
Temporary staff	-	21,648
	<u>671,494</u>	<u>563,466</u>

The charity trustees were not paid or received any other benefits from employment with the charity in the period (2024: £Nil). One trustee (2024: none) had expenses reimbursed of £146 during the year (2024: £Nil).

The average monthly head count was 24 (2024: 22).

No employees received employee benefits excluding pension contributions over £60,000 (2024: none).

The Trust considers that the key management personnel comprises the Chief Executive Officer, Head of Counselling, Operations Manager, and Finance Manager.

Employee benefits of key management personnel, excluding employers national insurance, of the Trust were £161,941 (2024: £143,595).

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)

10 Tangible fixed assets

	Freehold Property £	Improvements To Property £	Office Furniture £	Computer Equipment £	Total £
Cost					
<i>As at 1 April 2024</i>	225,000	186,389	10,189	50,742	472,320
<i>Additions</i>	-	1,500	-	1,702	3,202
<i>Disposals</i>	-	-	(10,189)	(36,964)	(47,153)
<i>As at 31 March 2025</i>	225,000	187,889	-	15,480	428,369
Depreciation					
<i>As at 1 April 2024</i>	3,000	127,569	7,170	38,289	176,028
<i>Charge for the period</i>	2,250	200	-	2,039	4,489
<i>Disposals</i>	-	-	(7,170)	(29,544)	(36,714)
<i>Impairment</i>	-	58,820	-	-	58,820
<i>As at 31 March 2025</i>	5,250	186,589	-	10,784	202,623
<i>Net book value as at 31 March 2025</i>	219,750	1,300	-	4,696	225,746
<i>Net book value as at 1 April 2024</i>	222,000	58,820	3,019	12,453	296,292

Included in freehold property is land at a value of £112,500 which is not depreciated (2024: £112,500).

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

11 Intangible fixed assets

	Website £
Cost	
<i>As at 1 April 2024 (as restated)</i>	20,754
As at 31 March 2025	<u>20,754</u>
Depreciation	
<i>As at 1 April 2024 (as restated)</i>	8,302
<i>Charge for the period</i>	4,151
As at 31 March 2025	<u>12,453</u>
Net book value at 31 March 2025	<u>8,301</u>
<i>Net book value at 1 April 2024</i>	<u>12,452</u>

12 Current asset investments

	2025 £	2024 £
Unlisted investments	<u>150,820</u>	<u>500,000</u>

Included in the current asset investment of £171,161 (2024: £500,000), £150,816 (2024: £250,000) is held in a 95 day deposit account and £27,341 (2024: £250,000) is held in 1 year bonds.

13 Debtors

	2025 £	2024 £
Trade debtors	7,400	12,403
Prepayments and accrued income	38,800	31,295
	<u>46,200</u>	<u>43,698</u>

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	57,150	45,458
Other creditors	110	2,573
Other taxation and social security	13,164	10,884
Accruals and deferred income	73,425	29,431
	<u>143,849</u>	<u>88,346</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

15 Deferred income

	2025 £	2024 £
At 1 April 2024	12,703	200,300
Amount deferred in year	69,000	12,703
Amounts released	(12,703)	(200,300)
At 31 March 2025	69,000	12,703

Deferred income relates to the More Room to Care and Norwich City Council funding (2024: Norfolk Police & Crime Commissioner funding and Shepherd Hut rental income) paid in advance.

16 Funds summary

2025	As restated as at 1 April £	Income £	Expenditure £	As at 31 March £
Restricted funds				
Community Workshop Trustees	21,002	-	(21,002)	-
National Lottery	774	113,250	(114,024)	-
Norfolk Police and Crime Commissioner (CRM system)	2,790	229,610	(232,400)	-
Ministry of Justice	-	319,616	(319,616)	-
Alan Boswell	15,000	-	(7,884)	7,116
Norwich City Council	-	7,000	(7,000)	-
Total restricted	39,566	669,476	(701,926)	7,116
Designated funds				
Client services fund	126,459	-	(126,459)	-
Financial stability fund	69,770	-	(69,770)	-
Property fund	66,700	-	(66,700)	-
Total designated	262,929	-	(262,929)	-
Unrestricted funds	708,717	55,786	(296,595)	467,908
Total unrestricted	971,646	55,786	(559,524)	467,908
Total funds	1,011,212	725,262	(1,261,450)	475,024

Restricted Fund

Description, nature and purpose of the fund

COCLF (groundwork)

Providing Emotional & Practical Support with finance, housing & health

Community Workshop Trustees

Maintenance of Music Lane building and professional fees related to fund transfer

Ministry of Justice

Received for provision of emotional and practical support for victims of rape and other forms of sexual abuse

Ministry of Justice

Male rape group support services

Norfolk Police and Crime Commissioner

Received for charitable activities in South Norwich, Norwich and Broadland.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)

16 Funds summary (continued)

National Lottery	Received for charitable activities at Great Yarmouth
NHS Norfolk and Waveney	Support for recovery from Trauma of Abuse
Alan Boswell	Funds for running Emotional Skills Workshops and Women's Group Sessions only
Norwich City Council	Funds for supporting survivors of sexual abuse and sexual violence in Norwich

The general reserve represents funds of the charity which are provided on an unrestricted basis. It includes donations, fund raising and surpluses and deficits arising from projects funded from various external sources.

Designated funds

Client services fund	For increasing capacity and developing new client services.
Financial stability fund	To invest in securing future financial stability through fundraising and external communications.
Property fund	Provision for premises expenditure.

	As restated as at 1 April £	Income £	As restated expenditure £	As restated as at 31 March £
2024				
Restricted funds				
Community Workshop Trustees	26,249	-	(5,247)	21,002
National Lottery	4,805	134,750	(138,781)	774
Norfolk Police and Crime Commissioner (CRM system)	5,667	-	(2,877)	2,790
Norfolk Police and Crime Commissioner (Norwich outreach and groups)	-	49,610	(49,610)	-
Norfolk Police and Crime Commissioner (Norwich, Broadland & South)	-	180,000	(180,000)	-
Ministry of Justice	-	300,346	(300,346)	-
Alan Boswell	-	16,000	(1,000)	15,000
COCLF (groundwork)	-	70,000	(70,000)	-
NHS Norfolk and Wavney CCG	-	200,000	(200,000)	-
Total restricted	36,721	950,706	(947,861)	39,566
Designated funds				
Client services fund	170,000	-	(43,541)	126,459
Financial stability fund	69,770	-	-	69,770
Property fund	66,700	-	-	66,700
Total designated	306,470	-	(43,541)	262,929
Unrestricted funds	661,437	123,355	(76,075)	708,717
Total unrestricted	967,907	123,355	(119,616)	971,646
Total funds	1,004,628	1,074,061	(1,067,477)	1,011,212

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

17 Net assets by funds

	Unrestricted funds	Restricted funds	Total funds 2025
	£	£	£
Tangible fixed assets	225,746	-	225,746
Intangible fixed assets	8,301	-	8,301
Investements	150,820	-	150,820
Debtors	46,200	-	46,200
Cash	111,690	76,116	187,806
Creditors falling due in less than one year	(74,849)	(69,000)	(143,849)
	<u>467,908</u>	<u>7,116</u>	<u>475,024</u>

	Unrestricted funds 2024	Restricted funds 2024	As restated total funds 2024
	£	£	£
Tangible fixed assets	296,292	-	296,292
Intangible fixed assets	12,452	-	12,452
Investements	500,000	-	500,000
Debtors	43,698	-	43,698
Cash	207,550	39,566	247,116
Creditors falling due in less than one year	(88,346)	-	(88,346)
	<u>971,646</u>	<u>39,566</u>	<u>1,011,212</u>

18 Pension commitments

The Charity operates one defined contribution pension scheme. The assets of the schemes are held separately from those of the Charity in independently administered funds. The total pension cost charge represents contributions payable by the Charity to the funds and amounted to £15,394 (2024: £13,091). Amounts of £Nil were outstanding at year end (2024: £2,573).

19 Operating lease commitments

At 31 March 2025, Sue Lambert Trust had future minimum lease payments under non-cancellable operating leases as follows:

Land and buildings

	2025 £	2024 £
Under 1 year	8,000	8,000
Between 2 and 5 years	14,000	22,000
	<u>22,000</u>	<u>30,000</u>
		As restated
Other	2025	2024
	£	£
Under 1 year	10,547	9,841
Between 2 and 5 years	17,108	26,244
	<u>27,655</u>	<u>36,085</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025 (continued)**

20 Related party transactions

No charity trustees received payment for professional or other services supplied to the charity (2024: £Nil).

No further related party transactions took place in the period (2024: £Nil).

21 Funds received as an agent

During the period the charity acted as an agent for a Acts 435 providing extra support for their clients. Funds received during the period totalled £2,093 (2024: £1,340). Funds paid out during the period were £1,983 (2024: £1,340). There was £110 owed to Acts 435 as at the year end (2024: £Nil).

22 Prior year restatement

The prior year restatement relates to intangible fixed assets previously misclassified as expenditure. The effect of the adjustment is an increase in intangible assets as at 31 March 2024 by £8,006, increase in unrestricted funds as at 1 April 2023 forward by £10,753 and an increase in expenditure on charitable activities by £2,747.