

THE PRIMROSE CENTRE
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2020

The trustees, who are also directors of the company for the purpose of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objective and aims

The centre provides complementary therapies, counselling and advice for the sufferers of breast cancer. All therapies have been assessed by medical practitioners as safe, appropriate and beneficial to breast cancer patients. All therapists are fully qualified and accredited practitioners in their particular field. The centre is grateful for donations from visitors to offset costs.

Compliance with public benefit guidance

The Trustees give assurance that they have complied with their duty to have due regard to the Charity Commission's public benefit guidance when they exercised any powers or duties to which the guidance was relevant.

Volunteers

The charity benefits from significant stability, the highly regarded reception staff comprising of a small group of highly skilled and motivated volunteers and are hugely important. It is our ethos to have the highest standards of care, everyone at the centre working towards this. The Trustees wish to thank all those volunteers who have given and who continue to give their time so willingly. Volunteers are vital to the delivery of our services and without their help, both at the Centre, and fund-raising away from it the charity would be at a huge disadvantage.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The charity provides complementary therapies which include, Talk Therapy, Reflexology, Reiki Mindfulness, Lymphodema Drainage, Nutritional Advice and Support for those diagnosed with breast cancer, and their families, all reducing stress and improving sleep patterns.

Fundraising activities

The charity is truly grateful to so many who have contributed to it, be that by making grants, donations, helping at fundraising away from the Centre and donations in kind. Charitable funds have been raised by activities in the community and at the Centre, with regular events.

Funding

The charity's income has been substantially reduced this year due to Covid 19. The

centre has been closed from 18th March to 31st August as our visitors and staff have been shielding and also due to lockdown. During this time cash flow has been one way outwards with the overheads needing payment. We have continued to provide virtual Mindfulness and Talk Therapy but the services of the charity have been greatly missed. We look forward to being able to reopen when the situation improves.

Reserve Policy

The Trustees aim to maintain a reserve equivalent to three months running cost, and this continues to be in place.

Additional, it has continued to be the policy of the Board to operate the charity on a year-on-year, break even basis, and the reserve built up in the past two years has been both sensible and prudent in view of the financial effect of Covid 19.

This will continue to be the aim of the Board.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a company limited by guarantee, as defined by the Companies Act 2006.