



Enhancing children's
quality of life
through mentoring

Annual Report 2023-24



Registered Charity 1120420 | Company Reg No. 5698045

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Trustees

Mr L J Beardmore
(Appointed 28 November 2023)

Mr P J Devlin
(Appointed 28 November 2023)

Mr J P Barwick
(Appointed 11 December 2023)

Mr L J Vincent
(Appointed 11 December 2023)

Ms S Barwick
(Appointed 11 December 2023)

Ms E Fiorentini
(Appointed 12 December 2023)

Mr J Bishop
(Appointed 20 December 2023)

Charity number
1120420

Company number
05698045

Registered office
Regus House, Oakdale Road, Tower Court, York, YO30 4XL

Auditors

Henton & Co LLP, 124 Acomb Road, York, YO24 4EY

Bankers

Barclays Bank UK Plc, 1-3 Parliament Street, York, YO1 8SE
The Co-operative Bank Plc, PO Box 250, Skelmersdale, WN8 6WT

Message from the Chief Executive Officer

The Island has faced new opportunities and challenges brought about by the cost-of-living crisis and what has been termed the cost-of-giving crisis. However, The Island has continued to support and advocate for children and young people for brighter futures. It is also a testament to the incredible commitment, inspiration and creativity of the team and volunteers that consistent, trusted mentoring relationships have continued to positively transform the lives of young people.

Through the guidance and support of dedicated volunteer mentors, mentees have gained invaluable life skills, increased self-confidence, resilience, and self-esteem. This positive influence helps reduce social isolation and encourages active engagement within their communities and all aspects of their daily lives.

"She was very angry, I'm going to use that word, she was angry constantly. She seemed to have this huge chip on her shoulder, and like the world was against her. She's come out of herself more; she has a little bit more self-awareness than what she used to do."

At the heart of mentoring lies the nurturing of a trusting relationship between the mentor and the mentee. This bond creates a safe "island of space and time" where young people feel valued, heard, and understood.

The consistent presence of a positive adult role model provides stability and reassurance, offering a foundation upon which the young person can build their confidence. Knowing that someone believes in them and is invested in their growth can be incredibly empowering, sparking a belief in, and unlocking their own potential.

As self-confidence increases young people's strengths and achievements are recognised and celebrated. Through positive reinforcement and constructive feedback, our volunteer mentors help young people to see their own worth and capabilities. This newfound confidence encourages them to take on challenges and pursue their goals. As they navigate successes and setbacks, the resilience cultivated through mentoring becomes evident. Mentors teach that failure is not a defeat but a learning opportunity, fostering a mindset of perseverance and adaptability.

Self-esteem is further enhanced as young people experience personal growth and achievement. The affirming relationship with a mentor helps them develop a positive self-image and a sense of pride in their accomplishments. This increased self-esteem can permeate all areas of their lives, from academic pursuits to family and personal relationships.

One of the most significant impacts of mentoring this year is the reduction of social isolation. Many young people face loneliness and a sense of disconnect, which can hinder their emotional and social development.



Our volunteer mentors provide a bridge to the wider community, encouraging mentees to engage in social activities, join clubs, and participate in community events. This involvement not only helps them build a network of supportive peers but also fosters a sense of belonging and purpose.

Positive engagement in the community is another hallmark of successful mentoring relationships. Mentors inspire young people to contribute to their surroundings, instilling values of empathy and responsibility. As young people become more involved in their communities, they develop a deeper understanding of social issues and the importance of collective effort in creating positive change. This active participation reinforces their role as valuable members of society, enhancing their sense of identity and self-worth.

They approach challenges with greater confidence, communicate more effectively, and set higher aspirations for themselves.

The pandemic may feel like the past, yet the impact on young people remains. In particular, mental health issues and the numbers not in education or employment have risen, with many unable to access the support they need. However, planning approval has now been granted for an inspirational new children's centre, marking a significant step forward in enhancing the city's educational and recreational facilities. This transformative centre, anticipated to be completed within two years, embodies innovation, inclusivity, and future-focused design.

At the heart of this initiative is a vision to create a safe, stimulating environment where children and young people can thrive, learn, and play. The planning approval signals not just the start of construction, but the beginning of countless opportunities for the young minds who will benefit from this centre. Through integrating advanced technology with nurturing spaces to address the diverse needs of young people, its holistic approach will cater for children, and their families, as well as welcoming in other charities and community groups.

The centre will feature state-of-the-art equipped music, dance, education and other specialist rooms, to facilitate interactive and engaging learning experiences. By inspiring creativity and innovation, children will be encouraged to explore and develop. The inclusion of modern sports facilities and play areas will promote physical health and teamwork.

A key aspect of the new centre is its commitment to inclusivity and accessibility. Designed with input from child development experts, the local community, and most importantly the children themselves, the facility will ensure that every young person, including those with special needs, has access to its resources and programmes. This emphasis on inclusivity reflects a broader commitment to equity, providing every child and young person with the opportunity to reach their full potential.

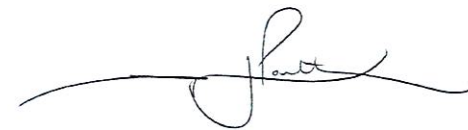
Environmental sustainability is also at the core of the project. The new centre will incorporate green building practices and energy-efficient systems, demonstrating a commitment to protecting the planet for future generations. From solar panels to rainwater harvesting systems, every aspect of the design has been considered to minimize the environmental footprint and teach children the importance of sustainability.

The planning approval process highlighted the collaborative effort between local government, architects, educators, and community members. This partnership ensured that the centre's design reflects the values and needs of the communities it will serve. The overwhelming support for the project underscores a shared belief in the importance of investing in the future of our children.

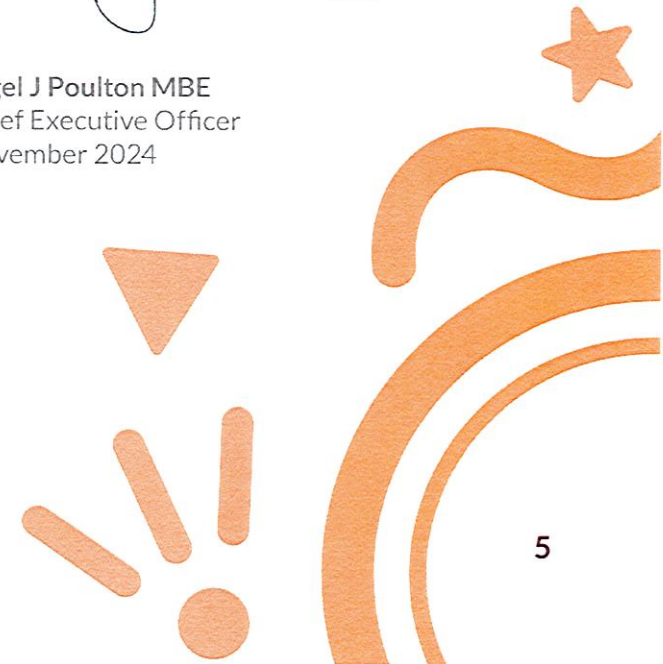
As the groundbreaking ceremony approaches, there is a palpable sense of excitement and optimism. This new children's centre represents more than just a building; it is a symbol of hope, progress, and The Island's dedication to nurturing the next generation.

As the construction progresses, the vision of a vibrant, inclusive, and dynamic space will gradually come to life, culminating in a grand opening that will be celebrated by all the city of York.

The approval of the new state-of-the-art children's centre is a milestone that heralds a brighter future for our community. It reflects a deep commitment to providing high-quality, accessible, and sustainable facilities for York's children and young people, ensuring they have the best possible start in life. This centre will be a beacon of learning, creativity, and inclusivity, inspiring children to dream big and achieve great things. As we look forward to its completion, we can take pride in knowing that we are building a foundation for a brighter, more promising tomorrow.



Nigel J Poulton MBE
Chief Executive Officer
November 2024



Message from the Chair of Trustees

Firstly, a huge thank you to all of the Island professionals, volunteers and supporters both past and present for the incredible commitment and professionalism you have delivered, it is a wonderful privilege to be part of this amazing movement with so many young lives having been supported, nurtured and given hope over the last 17 years.

The need for The Island's presence in York City is growing, with more and more young people needing increasingly complex levels of support, and all this within the backdrop of difficult economic conditions facing the entire Charity sector at present.

Over the past year despite the tough financial environment, we have continued to deliver outstanding services to our young people, helping them to un-lock their potential and build self-confidence and resilience, something which our professionals and volunteer mentor cadre should be justly proud.

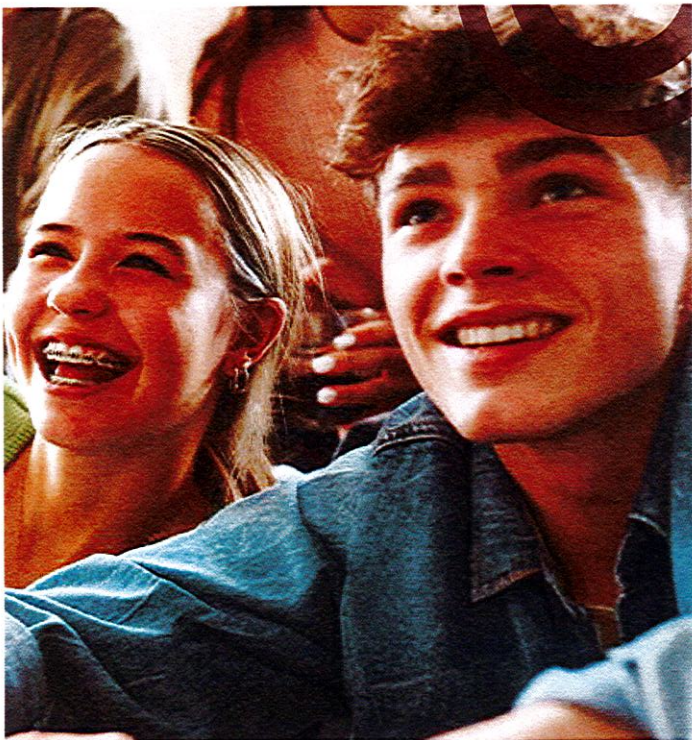
Our job as trustees is to ensure that The Island is governed well and has the resources it needs to deliver its services, something that faces its fair share of challenges. So it is timely that an entirely new board of trustees started to serve in January this year. Our new trustees have a huge amount of experience in a broad spectrum of areas, but not least sound financial and commercial strategy and management.

There is much to do. Firstly we need to ensure the Charity is able to call on the resources it requires to function effectively. A focused campaign building the Island's network of supporters and internal fundraising capabilities is essential. Strong progress has already been made, but this activity requires relentless application and will be the key enduring activity to secure the next 17 years of The Island's journey.

Secondly, and thankfully after several years' delay, we were granted planning permission to build the new centre for The Island, which will be a step change in capability for the charity. Work is now underway to ensure this becomes a reality with a transformation 'Tiger Team' of trustees, experts and supporters re-examining the plans and costings to ensure this becomes a reality. The new centre, known as the Huntington Project, is not just about the new building; it will deliver the ability for The Island to enhance its support and services. By developing new capabilities and sharing the facility with other local charities and community groups we will be able to reach a greater number of children and young people to help them realize their potential and thrive.

So; an exciting, frightening and wonderful future awaits. The board is ready and capable to deliver our part of the journey, the charity is already delivering theirs.





Trustees report

The Trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The Island exists to enhance the quality of life for children and young people through sustainable quality mentoring relationships as they make the transition through childhood and adolescence. It recruits, trains, and supervises volunteers who befriend vulnerable children and young people referred to the service by schools, statutory and non- statutory agencies, or parents.

The Island N1 is a registered charity that has been operating since August 2007. It offers support to vulnerable 8 - 18 year-olds in York who are struggling to cope at home, school, or in the wider community, or who are experiencing difficult transitions in their lives.

It matches these young people with volunteer mentors with whom they meet on a weekly basis over a minimum of one year. This allows them to develop supportive, ongoing relationships, whilst also providing them with the undivided attention and 'islands of space and time' they need to increase their confidence and self-esteem, participate in worthwhile recreational activities, and move forward in their lives. The Trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks. A Risk Register is kept and regularly reviewed.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Over the past year, The Island has continued to make significant strides in supporting vulnerable young people, offering vital resources, education, mentorship, and safe spaces for growth and unlocking potential. Through workshops, and community partnerships, we've impacted hundreds of lives, helping young people overcome challenges and thrive. Looking forward, we're excited that the planning application to build our new children's centre is in the final stages before approval.





The centre shall provide a safe and inspirational environment for children, young people, their families and carers, as well as other charities and community groups. Every young person can enjoy the space, regardless of their socio-economic status; creating long lasting interactions between cultures and identities – encouraging understanding and tolerance.

Fundraising practices

Section 162a of the Charities Act 2011 requires charities to make a statement regarding fundraising activities. The legislation defines fundraising as “soliciting or otherwise procuring money or other property for charitable purposes”. The charity actively raises funds from the public directly and via use of an agent.

The charity has opted to be voluntarily regulated by the Fundraising Regulator and the most recent registration is effective for the year ending 31st March 2025. The charity has received no complaints in relation to fundraising activity for the year under review.

Financial review

During the financial year 2023/24 The Island achieved total income of £381,552 compared with prior year 2022/23 £341,008. Total expenditure for 2023/24 was £477,274, down from £511,036 for 2022/23. This gives a net deficit of £95,722 for the year compared to a deficit of £170,028 for 2022/23.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month’s expenditure.

The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity’s current activities while consideration is given to ways in which additional funds may be raised.

This level of reserves has been maintained throughout the year.

Total reserves held are £1,292,214 of which £154,770 are restricted/designated. Of the £1,137,444 unrestricted funds £1,164,754 relates to our Huntington development. Unrestricted general funds are a deficit of £27,310 this year.

Structure, governance and management

The charity is operated under the rules of its Memorandum and Articles of Association adopted on 14 December 2005 as amended on 13 April 2022.

The charity is a company limited by guarantee, incorporated under the Companies Act 1985 on 4 February 2006 (company number 05698045) and obtained charitable status on 2 August 2007 (registered charity number 1120420).

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr P A Tiffin (Resigned 11 December 2023)

Ms H Durrant (Resigned 9 October 2023)

Mr B Nleya (Resigned 24 July 2023)

Mrs A T Gurnell (Resigned 9 January 2024)

Mr M S Watt (Resigned 9 January 2024)

Mr L J Beardmore (Appointed 28 November 2023)
Mr P J Devlin (Appointed 28 November 2023)
Mr J P Barwick (Appointed 11 December 2023)
Mr L J Vincent (Appointed 11 December 2023)
Ms S Barwick (Appointed 11 December 2023)
Ms E Fiorentini (Appointed 12 December 2023)
Mr J Bishop (Appointed 20 December 2023)
Mr E J Binks (Appointed 15 January 2024 and resigned 24 June 2024)

Recruitment and appointment of trustees

Trustees are elected and/or co-opted under the terms of the Articles of Association.

The Trustees meet on a regular basis, to monitor progress and to review policies and procedures. These meetings include our CEO and Manager of Mentoring Services to ensure a cohesive approach to the management of the charity.

CASE STUDY

Jenny's Story

Jenny was first referred to The Island in July 2022. She has accessed a variety of our provisions. At the time of her referral, Jenny was struggling at school and with her behaviour, she had a difficult upbringing with her parents separated and her father currently serving an 8-year custodial sentence. As her mum Cara noted: 'She was angry [and] seemed to have this huge chip on her shoulder like the world was against her.'

The Island has represented a vital support network, helping Jenny realise she is valued and improving her mindset.

The financial controls, procedures and reporting is made on a regular basis, and managed diligently by our Finance and HR office, in liaison with the Treasurer, at the finance subgroup. Budgets are set at the start of the financial year, and a report and financial summary given by the Treasurer at the Trustee's meetings.

The Island Trustee Board makes all key decision that are routinely brought to the Trustee's meetings. Outside of these, e-mail consultation is regularly used to progress matters. The charity has put in place an annual Skills audit of the Trustees, to ensure we have a broad set of skills and experience in place, and new Trustees are given an initial induction, and further training is given if required.

Auditor

In accordance with the company's articles, a resolution proposing that Henton & Co LLP be reappointed as auditor of the company will be put at a General Meeting.

With her mentor, Sarah, she has had someone to confide in confidentially and has been open about personal issues. Similarly, Jenny has also attended our youth groups, where she has built relationships with peers. Moreover, she has also received alternative educational support, including through our tutoring provision. This latter support has been crucial given Jenny's current low attendance within mainstream schooling.

Overall, the support of The Island has been wide-ranging, coming together to have a transformative and positive impact on Jenny's character, as Cara explained: 'all these little things [have] come together to be one big thing' for her.

Disclosure of information to auditors

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

Small company provisions

This report has been prepared in accordance with the provisions applicable to the small companies exemption.

The trustees' report was approved by the Board of Trustees.



Mr L J Beardmore, Chair
Date - 6th December 2024

Indeed, it is like 'Jenny's little village; they say it takes a village to raise a child, and The Island, that is Jenny's village.'

Now, Cara is much more optimistic about Jenny's future development and transition into adulthood. In her own words, she has 'hopefulness that [in the future] she's going to get a job and get sorted.' Cara ascribes that change in feeling to The Island's help, as she concluded:

'I love The Island; I love every aspect of it. I love the fact that they take the time to help my daughter and the family and everything that they do.'

Statement of trustees responsibilities

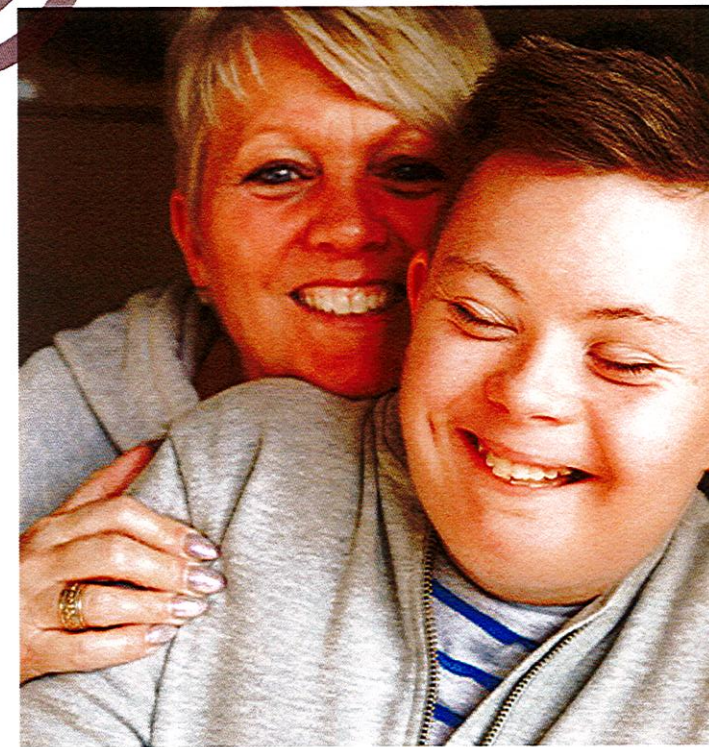
The trustees, who are also the directors of The Island N1 for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Auditors report

Opinion

We have audited the financial statements of The Island N1 (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements: give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, for the year then ended; have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion: the information given in the financial statements is inconsistent in any material respect with the trustees' report; or sufficient accounting records have not been kept; or the financial statements are not in agreement with the accounting records; or we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

- Discussing with the Trustees and management their policies and procedures regarding compliance with laws and regulations;
- Communicating identified laws and regulations throughout our engagement team and remaining alert to any indications of non-compliance throughout our audit; and
- Considering the risk of acts by the charity which were contrary to applicable laws and regulations, including fraud.

Our audit procedures in relation to fraud included but were not limited to:

- Making enquiries of the Trustees and management on whether they had any knowledge of any actual, suspected or alleged fraud;
- Gaining an understanding of the internal controls established to mitigate risks related to fraud;

- Discussing amongst the engagement team the risks of fraud; and
- Addressing the risks of fraud through management override of controls by performing journal entry testing.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [https:// www.frc.org.uk/ auditorsresponsibilities](https://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Brett Davis (Senior Statutory Auditor)
Date - 9th December 2024

for and on behalf of Henton & Co LLP
Chartered Accountants, Statutory Auditor
124 Acomb Road, York YO24 4EY

Statement of financial activities

INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2024

Current financial year						Prior financial year					
		Unrestricted funds	Endowment funds designated	Restricted funds	Total	Total		Unrestricted funds	Endowment funds designated	Restricted funds	Total
		2024	2024	2024	2024	2023		2023	2023	2023	2023
	Notes	£	£	£	£	£	Notes	£	£	£	£
Income and endowments from:						Income and endowments from:					
Donations and legacies	3	93,452	-	246,250	339,702	335,332	3	95,856	-	239,476	335,332
Charitable activities	4	1,860	-	-	1,860	3,408	4	3,408	-	-	3,408
Other trading activities	5	24,988	-	-	24,988	2,251	5	2,251	-	-	2,251
Investments	6	17	-	-	17	17	6	17	-	-	17
Other income	7	14,985	-	-	14,985	-					
Total income		135,302	-	246,250	381,552	341,008		101,532	-	239,476	341,008
Expenditure on:						Expenditure on:					
Raising funds	8	82	-	9,656	9,738	16,681	8	7,603	-	9,078	16,681
Charitable activities	9	142,038	13,800	311,698	467,536	494,355	9	269,599	640	224,116	494,355
Total expenditure		142,120	13,800	321,354	477,274	511,036		277,202	640	233,194	511,036
Net expenditure		(6,818)	(13,800)	(75,104)	(95,722)	(170,028)		(175,670)	(640)	6,282	(170,028)
Transfers between funds		25,033	-	(25,033)	-	-		137,827	-	(137,827)	-
Net movement in funds	11	18,215	(13,800)	(100,137)	(95,722)	(170,028)	11	(37,843)	(640)	(131,545)	(170,028)
Reconciliation of funds:						Reconciliation of funds:					
Fund balances at 1 April 2023		1,119,229	76,800	191,907	1,387,936	1,557,964		1,157,072	77,440	323,452	1,557,964
Fund balances at 31 March 2024		1,137,444	63,000	91,770	1,292,214	1,387,936		1,119,229	76,800	191,907	1,387,936

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	17		1,231,999		1,239,562
Current assets					
Debtors	18	5,584		11,144	
Cash at bank and in hand		71,753		160,237	
		77,337		171,381	
Creditors: amounts falling due within one year	19	(17,122)		(23,007)	
Net current assets			60,215		148,374
Total assets less current liabilities			1,292,214		1,387,936
Net assets excluding pension liability			1,292,214		1,387,936
The funds of the charity					
Endowment funds - designated	22		63,000		76,800
Restricted income funds	21		91,770		191,907
Unrestricted funds			1,137,444		1,119,229
			1,292,214		1,387,936

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 6 December 2024



Mr P J Devlin
Treasurer

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
Cash flows from operating activities					
Cash absorbed by operations	27		(78,798)		(163,890)
Investing activities					
Purchase of tangible fixed assets		(26,712)		(28,990)	
Proceeds from disposal of tangible fixed assets		17,009		-	
Investment income received		17		17	
Net cash used in investing activities			(9,686)		(28,973)
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(88,484)		(192,863)
Cash and cash equivalents at beginning of year			160,237		353,100
Cash and cash equivalents at end of year			71,753		160,237

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

The Island N1 is a private company limited by guarantee incorporated in England and Wales. The registered office is Regus House, Oakdale Road, Tower Court, York, YO30 4XL.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Donations

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Donated professional services

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of the economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market, a corresponding amount is then recognised in expenditure in the period of receipt.

Grants receivable

Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Government grants are recognised at the fair value of the asset received or receivable when there is a reasonable assurance that the grant conditions will be met and the grant will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. When a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

Volunteers

The charity benefits greatly from the involvement and enthusiastic support of its volunteers, details of which are given in our annual report. In accordance with Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the financial statements.

1.5 Expenditure

Expenditure, which includes attributable VAT which cannot be recovered, is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be directly allocated to such activities and those costs of an indirect nature necessary to support them.

Governance costs, included in support costs, include those costs incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements and are allocated to charitable activities.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% straight line
Leasehold land and buildings	Over the life of the lease
Fixtures and fittings	33.3% straight line
Motor vehicles	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

The leasehold property relates to 1,2 Cloisters Mews, Bridlington and is subject to a 125 year lease that expires on 1 January 2134. It was valued by Zoopla at an estimated market value on acquisition in June 2017. Long leasehold properties are depreciated each year at the valuation divided by the term of the lease on a straight line basis.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The Island N1 is a registered charity and as such is a charity within the meaning of schedule 6 of the Finance Act 2010. Accordingly, the Charity is potentially entitled to tax exemption under part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 in respect of income and gains arising.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Creditors and provisions

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

After review the Trustee consider that there are no critical estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the financial statements.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	82,358	246,250	328,608	67,458	239,476	306,934
Grants recieved	10,674	-	10,674	18,775	-	18,775
Membership fees	420	-	420	945	-	945
Donated goods and services	-	-	-	8,678	-	8,678
	<u>93,452</u>	<u>246,250</u>	<u>339,702</u>	<u>95,856</u>	<u>239,476</u>	<u>335,332</u>

Donated goods and services

Donated goods, facilities and services comprises architect services, which are provided free of charge to the Charity. A corresponding amount was included within tangible asset additions.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Charitable activities		
Services provided under contract	1,860	3,008
Charitable rental income	-	400
	<u>1,860</u>	<u>3,408</u>

5 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising events	<u>24,988</u>	<u>2,251</u>

6 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	<u>17</u>	<u>17</u>

7 Other income

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Net gain on disposal of tangible fixed assets	<u>14,985</u>	<u>-</u>

8 Expenditure on raising funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fundraising and publicity						
Staging fundraising events	<u>82</u>	<u>9,656</u>	<u>9,738</u>	<u>7,603</u>	<u>9,078</u>	<u>16,681</u>

9 Expenditure on charitable activities

	Mentoring services 2024 £	Mentoring services 2023 £
Direct costs		
Staff costs	303,794	292,836
Depreciation and impairment	13,800	640
Staff travel	939	539
Club expenses	12,053	9,197
Staff training	8,277	3,887
Mentor travel and activity costs	11,351	25,456
Team building, mentor training and DBS costs	8,749	6,549
School based mentoring costs	1,237	-
Property costs	20,028	16,348
Hamper of Hope costs	7	4,570
Tuition	357	1,358
Therapy	<u>625</u>	<u>593</u>
	<u>381,217</u>	<u>361,973</u>
Share of support and governance costs (see note 10)		
Support	72,105	90,284
Governance	<u>14,214</u>	<u>42,098</u>
	<u>467,536</u>	<u>494,355</u>
Analysis by fund		
Unrestricted funds	142,038	269,599
Endowment funds - designated	13,800	640
Restricted funds	<u>311,698</u>	<u>224,116</u>
	<u>467,536</u>	<u>494,355</u>

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

10 Support costs allocated to activities

	2024 £	2023 £
Depreciation	18,451	21,107
Irrecoverable VAT	11,191	16,565
Postage and stationery	7,249	9,335
Telephone	6,510	2,797
Insurance	4,804	3,560
Advertising	7,839	3,953
Bank charges	315	279
Computer costs	4,359	7,144
Office costs	11,387	25,544
Governance costs	14,214	42,098
	<u>86,319</u>	<u>132,382</u>

Analysed between:

Mentoring services	86,319	132,382
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	2024 £	2023 £
Governance costs comprise:		
Audit fees	4,200	3,850
Accountancy	1,800	2,150
Legal and professional	8,573	15,598
New Lane, Huntington professional costs	(359)	20,500
	<u>14,214</u>	<u>42,098</u>

11 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable to the charity's auditor:		
- for the audit of the charity's financial statements	4,200	3,850
- for other financial services	1,800	2,150
Depreciation of owned tangible fixed assets	19,091	21,747
Impairment of owned tangible fixed assets	13,160	-
Profit on disposal of tangible fixed assets	(14,985)	-

12 Auditor's remuneration

	2024 £	2023 £
Fees payable to the charity's auditor and associates:		
For audit services		
Audit of the financial statements of the charity	4,200	3,850
For other services		
All other non-audit services	1,800	2,150

13 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

No Trustees were reimbursed any expenses incurred for services provided to the Charity.

14 Employees

	2024 Number	2023 Number
The average monthly number of employees during the year was:	17	15

	2024 £	2023 £
Employment costs		
Wages and salaries	303,794	292,836

The average number of full-time equivalent employees during the year was 9.94 (2023: 9.17).

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

	2024 £	2023 £
The remuneration of key management personnel was as follows:		
Aggregate compensation	54,936	59,224

15 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

16 Impairments

Impairment tests have been carried out where appropriate and the following impairment losses have been recognised in profit or loss:

	2024 £	2023 £
In respect of:		
Property, plant and equipment	13,160	-

17 Tangible fixed assets

	Freehold land and buildings £	Leasehold land and buildings £	Fixtures and fittings £	Motor vehicles £	Total £
Cost					
At 1 April 2023	1,144,209	80,000	17,264	57,576	1,299,049
Additions	25,033	-	379	1,300	26,712
Disposals	-	-	-	(32,386)	(32,386)
At 31 March 2024	1,169,242	80,000	17,643	26,490	1,293,375
Depreciation and impairment					
At 1 April 2023	3,491	3,200	12,013	40,783	59,487
Depreciation charged in the year	997	640	3,518	13,936	19,091
Impairment losses	-	13,160	-	-	13,160
Eliminated in respect of disposals	-	-	-	(30,362)	(30,362)
At 31 March 2024	4,488	17,000	15,531	24,357	61,376
Carrying amount					
At 31 March 2024	1,164,754	63,000	2,112	2,133	1,231,999
At 31 March 2023	1,140,718	76,800	5,251	16,793	1,239,562

More information on the impairment arising in the year is given in note 16.

18 Debtors

Amounts falling due within one year:

	2024 £	2023 £
Trade debtors	-	150
Prepayments and accrued income	5,584	10,994
	5,584	11,144

19 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Other taxation and social security		2,653	9,982
Deferred income	20	-	4,922
Trade creditors		6,928	664
Accruals and deferred income		7,541	7,439
		17,122	23,007

20 Deferred income

	2024 £	2023 £
Other deferred income	-	4,922
Deferred income is included in the financial statements as follows:		
	2024 £	2023 £
Deferred income is included within:		
Current liabilities	-	4,922
Movements in the year:		
Deferred income at 1 April 2023	4,922	12,500
Released from previous periods	(4,922)	(12,500)
Resources deferred in the year	-	4,922
Deferred income at 31 March 2024	-	4,922

Deferred income comprises grants which the donor has specified must be used in future accounting periods.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

21 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
Nimbuscare	-	2,730	(2,730)	-	-
Two Ridings	942	12,054	-	-	12,996
Fundraising and mentoring costs	7,662	-	(7,500)	-	162
Huntington development	72,173	-	-	(25,033)	47,140
Plantlife	-	1,000	-	-	1,000
Core costs	94,033	190,000	(284,033)	-	-
National Lottery - Awards for All	-	7,950	(310)	-	7,640
York CVS	-	1,824	-	-	1,824
Sainsbury's Helping Everyone	-	-	-	-	-
Eat Better Grant	-	1,500	-	-	1,500
Jack Brunton Charitable Trust	-	2,000	-	-	2,000
Digital marketing coordinator	17,097	25,000	(24,589)	-	17,508
Foxwood youth club	-	2,192	(2,192)	-	-
	<u>191,907</u>	<u>246,250</u>	<u>(321,354)</u>	<u>(25,033)</u>	<u>91,770</u>

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
Hampers of Hope	-	4,480	(4,480)	-	-
Nimbuscare	-	1,950	(1,950)	-	-
York Children's Trust	252	-	(252)	-	-
Minibus fund	1,714	-	(1,714)	-	-
Two Ridings	5,549	-	(4,607)	-	942
Legal costs	-	931	(931)	-	-
Fundraising and mentoring costs	-	50,074	(42,412)	-	7,662
Equipment contribution	1,000	7,541	(8,541)	-	-
Huntington development	210,000	-	-	(137,827)	72,173
Core costs	56,250	140,000	(102,217)	-	94,033
Sainsbury's Helping Everyone	-	-	-	-	-
Eat Better Grant	583	-	(583)	-	-
North Yorkshire Police	187	-	(187)	-	-
Beverley House costs	47,917	-	(47,917)	-	-
Digital marketing coordinator	-	25,000	(7,903)	-	17,097
Bridlington flat	-	2,925	(2,925)	-	-
Foxwood youth club	-	6,575	(6,575)	-	-
	<u>323,452</u>	<u>239,476</u>	<u>(233,194)</u>	<u>(137,827)</u>	<u>191,907</u>

Hampers of Hope - Funding for provision of food and household items hampers to needy families.

York Children's Trust - Grant towards mentoring of young people aged 8 to 18 years.

Minibus fund - Grant towards purchase of minibuses for use in support of young children.

Two Ridings - Bursary towards Mentoring Service Manager.

Fundraising and mentoring - Grants for mentoring service and fundraising work, and mentoring of young people aged 8 to 18 years.

Equipment contribution - Grant towards purchase of slow cookers for families.

Huntington development - Donations to be applied for the purchase of freehold land on the north side of Thornfield Farm, New Lane, Huntington, York, YO32 9TA and the subsequent development. The transfer in 2023 reflects the funds used for the subsequent development with a corresponding transfer to fixed assets.

Core costs - Grants and donations to support the charity's core costs.

Sainsbury's - Neighbourly grant towards "helping everyone eat better".

North Yorkshire Police - Grant towards resourcing our Group activities for young people.

Beverley House costs - Grants to support additional costs associated with providing services to benefit young people at Beverley House.

Digital marketing coordinator - Grant to support the employment of a Digital Marketing Coordinator.

Bridlington flat - Grant towards the cost of 15 families to stay in the Bridlington Escape flat.

Foxwood youth club - Grant towards the costs of running on open access youth club for young people aged 13 to 18 years at the Foxwood Community Centre.

Nimbuscare - Grant towards the one-to-one mentoring costs for 6 vulnerable young people.

Legal costs - Grant to cover legal costs relating to a visa situation of a potential employee.

National Lottery - Grant from the Awards for All Scheme, in support of The Island's food bank.

Plantlife - Grant from the Growing Community Connections Project to help toward environmental planning at our Huntington development.

York CVS - Grant from the Ways to Wellbeing fund to provide a series of workshops to help children transition to secondary school.

Jack Brunton Charitable Trust - Grant to provide counselling to children and young people.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

22 Endowment funds - designated

These are endowment funds which are material to the charity's activities.

	At 1 April 2023 £	Resources expended £	At 31 March 2024 £
Bridlington Flat	76,800	(13,800)	63,000
Previous year:	At 1 April 2022 £	Resources expended £	At 31 March 2023 £
Bridlington Flat	77,440	(640)	76,800

23 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Huntington build development	1,140,718	-	-	24,036	1,164,754
General funds	(21,489)	135,302	(142,120)	997	(27,310)
	1,119,229	135,302	(142,120)	25,033	1,137,444
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Huntington build development	1,115,923	-	-	24,795	1,140,718
General funds	41,149	101,532	(277,202)	113,032	(21,489)
	1,157,072	101,532	(277,202)	137,827	1,119,229

24 Analysis of net assets between funds

	Unrestricted funds 2024 £	Endowment funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:				
Tangible assets	1,168,999	63,000	-	1,231,999
Current assets/(liabilities)	(31,555)	-	91,770	60,215
	1,137,444	63,000	91,770	1,292,214
	Unrestricted funds 2023 £	Endowment funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:				
Tangible assets	1,162,762	76,800	-	1,239,562
Current assets/(liabilities)	(43,533)	-	191,907	148,374
	1,119,229	76,800	191,907	1,387,936

25 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	2,659	9,010

26 Related party transactions

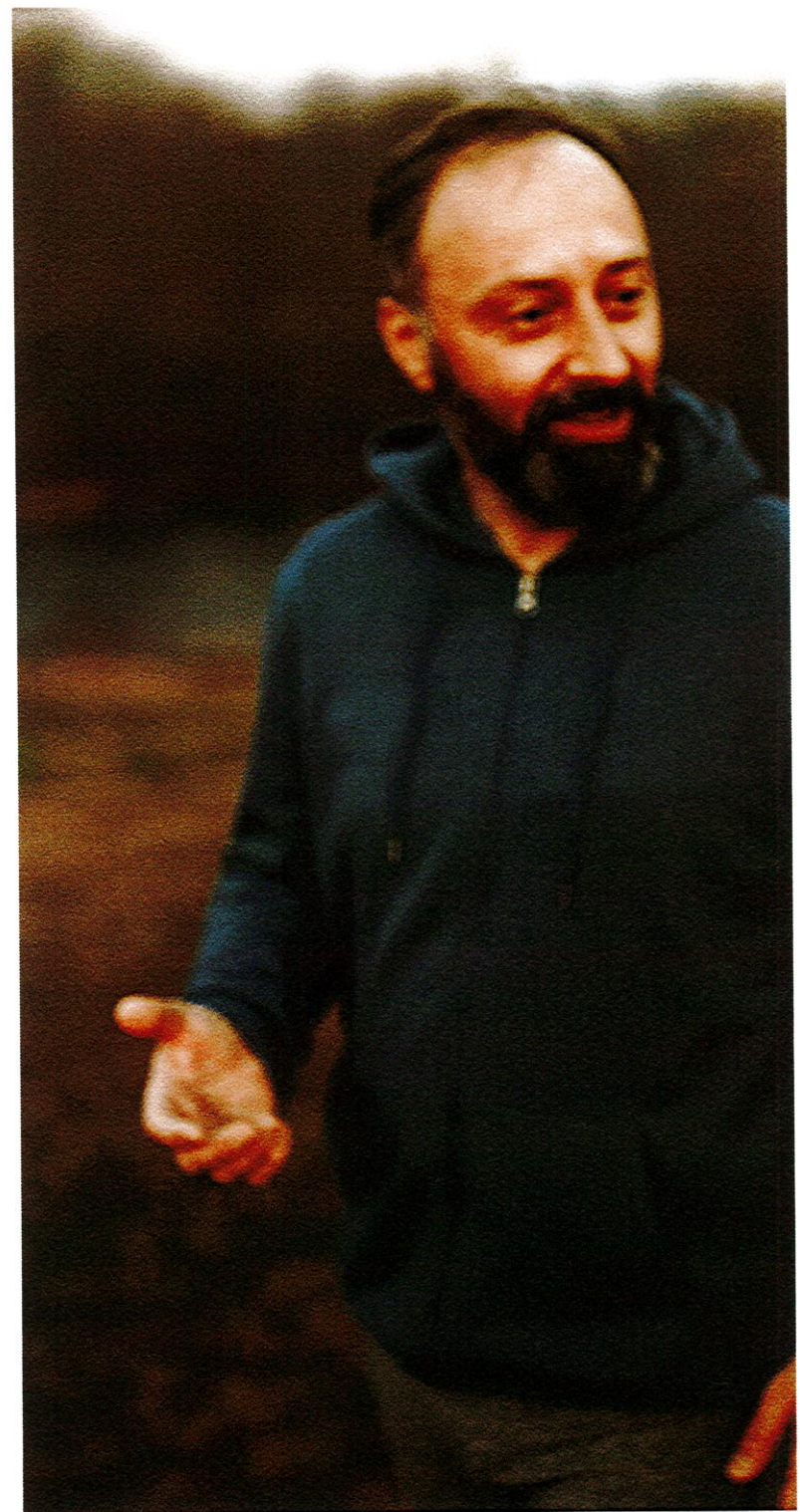
During the year trustees and related parties donated £1,000 (2023: £Nil) to the charity.

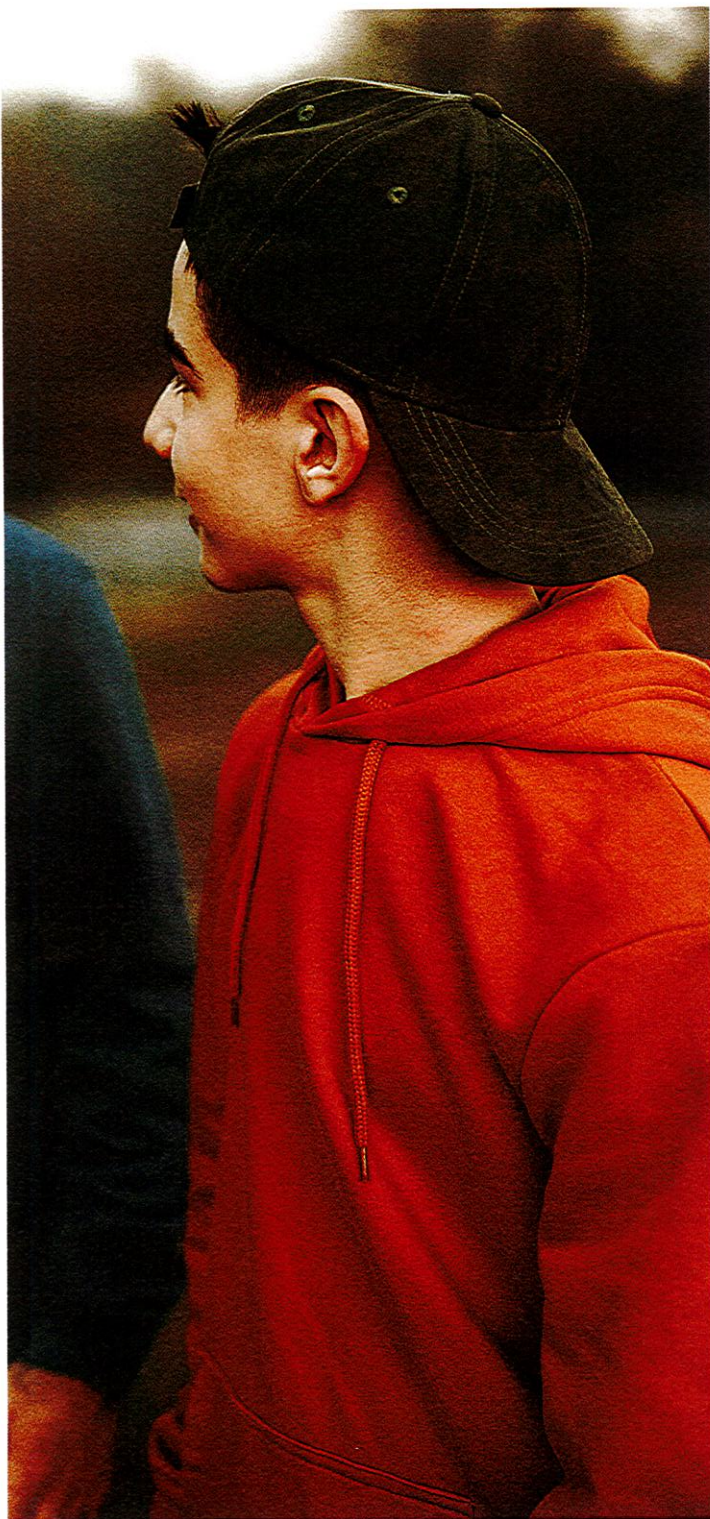
There have been no further transactions requiring disclosure during the year (2023: None).

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

27	Cash generated from operations	2024 £	2023 £
	Deficit for the year	(95,722)	(170,028)
	Adjustments for:		
	Investment income recognised in statement of financial activities	(17)	(17)
	Gain on disposal of tangible fixed assets	(14,985)	-
	Depreciation and impairment of tangible fixed assets	32,251	21,747
	Movements in working capital:		
	Decrease/(increase) in debtors	5,560	(7,146)
	(Decrease) in creditors	(963)	(868)
	(Decrease) in deferred income	(4,922)	(7,578)
	Cash absorbed by operations	<u>(78,798)</u>	<u>(163,890)</u>
28	Analysis of changes in net funds		
	The charity had no material debt during the year.		





CASE STUDY

Jasper's Story

Our mentored young person, Jasper, had a tough childhood before he became engaged with The Island. In Jasper's early years, he was emotionally and physically abused by his father, who, along with his mum, was also misusing drugs and alcohol. He saw 'things kids shouldn't see at that age'. The home situation was unsafe, and Jasper's maternal grandparents would eventually have to intervene and take him on, as special guardians, for his own protection in 2016.

Jasper's troubled upbringing had a profound effect on his psyche and view of life. Jasper's grandad John told The Island that he found social interaction difficult and was 'very shy' around others. He would also often become frustrated with his feelings, which led to aggressive outbursts in the family home; he 'was fiery and low'. Ultimately, John felt that Jasper needed a positive role model as he 'couldn't get through to him on certain stuff.'

Jasper was referred to The Island in 2019 and would receive a range of support through the charity designed to improve his self-esteem and confidence. He began to attend our Thursday Youth Groups, which John notes improved the home situation and led to Jasper's aggression dropping. The 'Thursday Groups made the Wednesday good because we looked forward to the Thursday, and it made the Friday good because we were talking about what happened on the Thursday.' Moreover, The Island also organised entire family getaways, which gave Jasper time to bond with his grandparents.

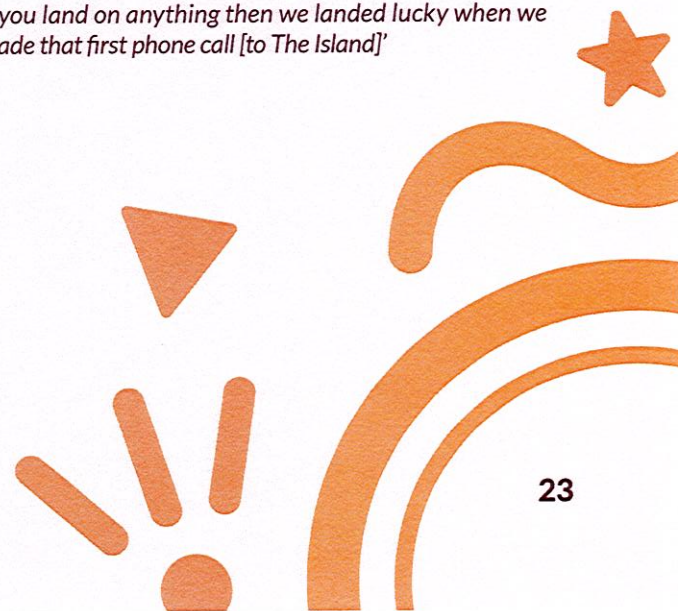
However, John, overall, viewed the mentor relationship with Karl as having the most positive impact, improving Jasper's outlook, and bettering his confidence and self-esteem. In October 2021, The Island matched Jasper with Karl, and they went on to have a mentoring relationship that lasted 22 months.

Each week, during that time together, they would do a variety of activities including badminton, bowling, and football.

As John noted, Karl 'lifted him, his mood up, his confidence, everything,' helping Jasper to develop into a 'nice little human being.' At the time, Jasper needed a positive role model in his life, arising from issues with his father, and here Karl stepped up. Karl became a positive influence in Jasper's life, and gave him 'the chance to change'. He really loved being mentored and actively looked forward to the sessions.

Fast-forward to the present, Jasper is thriving, with a completely different, and more positive outlook on life compared to when he was first referred to The Island. He is now more outgoing, and his educational attainment has also vastly improved, 'he's got the highest [amount of] stamps in his year', and John also notes getting positive emails from his teachers regularly. In the future, he wishes to study illustration at University and become a Graphic Designer. Jasper is now hopeful about his trajectory and has not let his negative early childhood derail his life.

John, his grandad, puts these changes down to The Island and his mentor Karl. As he put when The Island interviewed him: 'It's got to be the best thing that's happened to Jasper. If you land on anything then we landed lucky when we made that first phone call [to The Island]'





Enhancing children's
quality of life
through mentoring



www.theislandyork.org

Call 01904 628449 Email enquiries@theislandyork.org

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