

Registered Charity Number: 1120416

THE HEAL PROJECT

ACCOUNTS

31 DECEMBER 2023

THE HEAL PROJECT

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THE HEAL PROJECT

CHARITY INFORMATION

Trustees

Mrs J M Sturtridge
D E J Ayles
N F Fernyhough
S-E M Fernyhough

Registered Charity Number

1120416

Principal address

Windwhistle Cottage
Hightown Hill
Ringwood
BH24 3HQ

Bankers

Barclays Bank Plc
Ringwood Branch

Independent examiner

Elizabeth Brierley

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees submit this report together with the accounts for the year ended 31 December 2023. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20th July 2007 and is a registered charity, No. 1120416. The principal address is Windwhistle Cottage, Hightown Hill, Ringwood, BH24 3HQ. The Trustees who served during the year were:

M A Macario FCA (resigned 27 March 2023)
Mrs J M Sturtridge
Mrs J L Ayles (deceased 12 July 2024)
D E J Ayles
N F Fernyhough (appointed 27 March 2023)
S-E M Fernyhough (appointed 27 March 2023)

Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

Achievements in the year

The Trustees took difficult decisions in the previous year to ensure the long-term sustainability of the charity and the entities it supports by advising that until new sources of funding are found they will reduce the monthly donations to Zambia. This decision has meant that some contraction of the activities of the HEAL project in Zambia has been required. The Trustees are pleased to report that despite these limitations both the school and orphanage have continued to operate effectively. Donations for general purposes to the HEAL Project in Zambia during the year were £30,500 (2021: £44,120). Fundraising was limited primarily to donations but it is pleasing that total funds raised held up well at £46,171 (2022: £46,407). The Trustees will continue to keep under review the monthly amount sent to Zambia.

All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023 (continued)

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. An average amount in excess of £1,500 has been sent each month to Zambia to fund teachers, food and supplies for the school and generally to enhance the work of the Heal Project in Zambia. The lives of the 240 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. However, as many charities are finding, fundraising continues to get more difficult, and the ongoing commitment is a significant challenge.

A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 16 years old, are cared for.

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

The school caters for those that cannot avail themselves of the Zambian State's free funding – in the words of the headmistress 'Some children come from challenging backgrounds. Despite the government's introduction of free education which is competitive and has limited spaces the parents can't manage to enrol their children due to financial challenges, (they can't manage to buy school uniforms and other school requirements). Consequently when turned away these children end up wandering the community without attending school. Sadly the majority of our children fall into this category. The school currently has a total number of 240 children.

We are cutting down on the number of children though it is not easy because our school has been running for a long time and many people now know about it and the pass rate of the Grade 7's is very good hence we have a lot of children coming for enrolment'

The beginning of the new year has been very difficult. There have been continual heavy thunderstorms, so much so that there has been flooding throughout the country. Owing to the lack of sanitation facilities in the compounds where most of the people live, sewage has entered the water supply and there is now an outbreak of cholera with subsequent deaths. The government has directed that all schools throughout the country are to be closed until 29th January for thorough cleaning and disinfecting. In view of this the teachers have been busy with soap and disinfectants thoroughly cleaning the whole school premises.

Fortunately the school's own water supply comes from a borehole that was dug when the school was opened over 20 years ago so its water is safe. Although the school was closed the charity continued to send funds to fund the teachers and the cleaning operation. The opportunity was also taken to do some essential maintenance whilst the school was closed.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–16 years of age, 15 boys and 20 girls. They are all at school near to where they live as the Heal Project school in Ngombe is too far away for them to attend. The five eldest, ages 15 & 16 are doing their final year grade 12.

The money we currently send to the orphanage, is the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023 (continued)

Investment policy

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

Reserves policy

At 31 December 2023 the unrestricted reserves of the Charity stood at £20,242. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. This level of reserves is in excess of the level previously held as the Trustees are aware of the need to address the long-term future of the charity and the entities it supports and given the uncertainty concerning future of levels of donations want to ensure there are sufficient funds to be able to provide uninterrupted support. However, it is still the general policy that the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises.

Risk Management

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

Public Benefit Statement

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.



N F Fernyhough
(for the Trustees)

14 October 2024

THE HEAL PROJECT

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

I report on the accounts of the Charity for the year ended 31 December 2023, which are set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

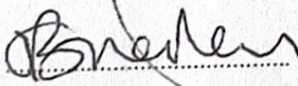
Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - to keep proper records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Elizabeth Brierley FCA

15 October 2024

THE HEAL PROJECT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023 Restricted funds £	2023 Unrestricted funds £	2023 Total funds £	2022 Total funds £
£					
Incoming resources					
Donations Received		-	46,171	46,171	46,407
Fundraising events		-	-	-	-
Interest received		-	-	-	-
Total incoming resources		-	46,171	46,171	46,407
Charitable resources expended					
Grants payable in furtherance of the charitable objects	4	-	30,500	30,500	44,120
Other expenditure in furtherance of the charitable objects	5	-	886	886	828
Total outgoing resources		-	31,386	31,386	44,948
Net incoming resources for the year		-	14,785	14,785	1,459
Fund balance as at 1 January 2023		-	5,457	5,457	3,998
Fund balance as at 31 December 2023		-	20,242	20,242	5,457

The notes on pages 8 and 9 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.

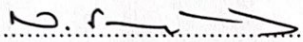
THE HEAL PROJECT

**BALANCE SHEET
AS AT 31 DECEMBER 2023**

	2023	2022
	£	£
Current assets		
Cash at bank	20,242	5,457
Net assets	20,242	5,457
Represented by		
Unrestricted funds	20,242	5,457
Restricted funds	-	-
	20,242	5,457

The notes on pages 8 and 9 form part of these accounts.

Approved by the Board of Trustees on 14 October 2024 and signed on its behalf by:


.....
N F Fernyhough

THE HEAL PROJECT

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Resources expended

Expenditure is included on an accruals basis.

Stocks

No value is placed on the value of donated goods for re-sale.

Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

THE HEAL PROJECT

NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2023

3 Restricted Funds

The charity currently holds no restricted funds.

4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2023 £	2022 £
General Support for HEAL Project Zambia	30,500	44,120
Restricted fund grants	-	-

5 Other expenditure in furtherance of the charitable objects

Bank transfer and fundraising website charges

£	£
886	828
