

**Registered Charity Number: 1120416**

**THE HEAL PROJECT**

**ACCOUNTS**

**31 DECEMBER 2022**

# THE HEAL PROJECT

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# THE HEAL PROJECT

## CHARITY INFORMATION

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<b>Trustees</b>	M A Macario FCA Mrs J M Sturtridge Mrs J L Ayles D E J Ayles
<b>Registered Charity Number</b>	1120416
<b>Principal address</b>	Meadow Walk New Road Mockbeggar Ringwood Hampshire BH24 3NJ
<b>Bankers</b>	Barclays Bank Plc Ringwood Branch
<b>Independent examiner</b>	N Fernyhough FCA CTA The Old Manse Ripley Christchurch BH23 8ES

# THE HEAL PROJECT

## ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

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The Trustees submit this report together with the accounts for the year ended 31 December 2022. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20<sup>th</sup> July 2007 and is a registered charity, No. 1120416. The principal address is Meadow Walk, New Road, Mockbeggar, Ringwood, BH24 3NJ. The Trustees who served during the year were:

M A Macario FCA  
Mrs J M Sturtridge  
Mrs J L Ayles  
D E J Ayles

### Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

### Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

### Achievements in the year

The Trustees are pleased to report that despite the tighter economic conditions in the UK, as the country recovers from the Pandemic, they have been able to continue to maintain donations at a similar level. Donations for general purposes to the HEAL Project in Zambia during the year were £44,120 (2021: £44,500). Fundraising was still limited to donations as events were not held, but it is pleasing that total funds raised held up well at £46,407 (2021: £44,061). All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. Exchange rates have moved so that our sterling donations are buying less local currency adding to the challenges. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. A minimum of £2,500 has been sent each month to Zambia to fund teachers, food and supplies for the school, and, again, in this year larger amounts have been able to be remitted to enhance the work of the Heal Project in Zambia. The lives of over 300 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. However, as many charities are finding, fundraising continues to get more difficult, and the ongoing commitment is a significant challenge.

## **THE HEAL PROJECT**

### **ANNUAL REPORT**

#### **FOR THE YEAR ENDED 31 DECEMBER 2022 (continued)**

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A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 16 years old, are cared for.

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

Due to uncertainties about the ability of this charity to continue to donate at the current level some difficult decisions have been made in Zambia to cut costs, including reducing the number of teachers employed by the school. The school staff are looking at every way possible to generate money locally or to find additional external funding to reduce their reliance on the UK charity. However, they are fully committed to keeping the school going given its importance to so many pupils.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–16 years of age, 15 boys and 20 girls. They are all at school near to where they live as the Heal Project school in Ngombe is too far away for them to attend. The five eldest, ages 15 & 16 are doing their final year grade 12.

Three students brought up in the home are continuing their college education. Floyd is at Fairview College studying food and nutrition management, Charles is at Evelyn Hone College studying to become a lab technician, and Theresa also at Evelyn Hone is studying to become a physiotherapist. All three are being sponsored by private donors who already donate to the Heal Project.

The money we currently send to the orphanage, is the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.

#### **Investment policy**

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

#### **Reserves policy**

At 31 December 2022 the unrestricted reserves of the Charity stood at £3,998. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. However, the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises. There is no intention to hold any substantial funds in the UK, when the money would be better used with those who need help in Zambia.

#### **Risk Management**

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

#### **Public Benefit Statement**

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

## THE HEAL PROJECT

### ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2022(continued)

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#### Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.

.....  
Mrs J L Ayles  
(for the Trustees)

9 March 2023

## THE HEAL PROJECT

### INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

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I report on the accounts of the Charity for the year ended 31 December 2022, which are set out on pages 6 to 9.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

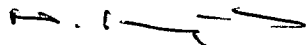
#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention;

- 1 which gives me reasonable cause to believe that in any material respect the requirements
  - to keep proper records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



N Fernyhough FCA CTA

9 March 2023

The Old Manse  
Ripley  
Christchurch  
BH23 8ES

# THE HEAL PROJECT

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	2022 Restricted funds £	2022 Unrestricted funds £	2022 Total funds £	2021 Total funds
£					
<b>Incoming resources</b>					
Donations Received		-	46,407	46,407	44,061
Fundraising events		-	-	-	-
		-	-	-	44,061
Interest received		-	-	-	-
<b>Total incoming resources</b>		-	46,407	46,407	44,061
<b>Charitable resources expended</b>					
Grants payable in furtherance of the charitable objects	4	-	44,120	44,120	(44,500)
Other expenditure in furtherance of the charitable objects	5	-	828	828	(771)
<b>Total outgoing resources</b>		-	44,948	44,948	(45,271)
<b>Net incoming/(outgoing) resources for the year</b>		-	1,459	1,459	(1,210)
<b>Fund balance as at 1 January 2022</b>		-	3,998	3,998	5,208
<b>Fund balance as at 31 December 2022</b>		-	5,457	5,457	3,998

The notes on pages 8 and 9 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.



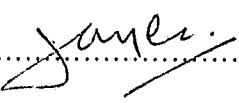
# THE HEAL PROJECT

## BALANCE SHEET AS AT 31 DECEMBER 2022

	2022 £	2021 £
<b>Current assets</b>		
Cash at bank	5,457	3,998
<b>Net assets</b>	<u>5,457</u>	<u>3,998</u>
Represented by		
<b>Unrestricted funds</b>	5,457	3,998
<b>Restricted funds</b>	-	-
	<u>5,457</u>	<u>3,998</u>

The notes on pages 8 and 9 form part of these accounts.

Approved by the Board of Trustees on 9 March 2023 and signed on its behalf by:

.....  
Mrs J L Ayles 

# THE HEAL PROJECT

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2022

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### 1 Accounting policies

#### Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

#### Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

#### Resources expended

Expenditure is included on an accruals basis.

#### Stocks

No value is placed on the value of donated goods for re-sale.

#### Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

#### Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

#### Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

### 2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

## THE HEAL PROJECT

### NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2021

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#### 3 Restricted Funds

The charity currently holds no restricted funds.

#### 4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2022 £	2021 £
General Support for HEAL Project Zambia	44,120	44,500
Restricted fund grants	-	-

#### 5 Other expenditure in furtherance of the charitable objects

	£	£
Bank transfer and fundraising website charges	828	771

