

**Registered Charity Number: 1120416**

**THE HEAL PROJECT**

**ACCOUNTS**

**31 DECEMBER 2020**

## THE HEAL PROJECT

### CHARITY INFORMATION

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<b>Trustees</b>	M A Macario FCA Mrs J M Sturtridge Mrs J L Ayles D E J Ayles
<b>Registered Charity Number</b>	1120416
<b>Principal address</b>	Meadow Walk New Road Mockbeggar BH24 33NJ
<b>Bankers</b>	Barclays Bank Plc Ringwood Branch
<b>Independent examiner</b>	N Fernyhough FCA CTA The Old Manse Ripley Christchurch BH23 8ES

## **THE HEAL PROJECT**

### **ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020**

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The Trustees submit this report together with the accounts for the year ended 31 December 2020. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20<sup>th</sup> July 2007 and is a registered charity, No. 1120416. The principal address is Meadow Walk, New Road, Mockbeggar, BH24 3NJ. The Trustees who served during the year were:

M A Macario FCA  
Mrs J M Sturtridge  
Mrs J L Ayles  
D E J Ayles

#### **Management and structure**

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

#### **Objectives**

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

#### **Achievements in the year**

The Trustees are pleased to report that despite the Covid 19 Pandemic they have been able to continue to make substantial donations for general purposes to the HEAL Project in Zambia during the year of £42,550 (2019: £47,000). Donations received and other fundraising also held up well at £44,931 (2019: £47,798). All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. A minimum of £2,500 is sent each month to Zambia to fund teachers, food and supplies for the school, and, again, in this year larger amounts have been able to be remitted to enhance the work of the Heal Project in Zambia. The lives of over 300 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 15 years old, are cared for.



## THE HEAL PROJECT

### ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (continued)

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The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well with just over 300 pupils attending. There are 8 classroom teachers plus 3 part time for computer and sewing classes. The school teaches pre-school and children up to Grade 7 in the Zambian government curriculum. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The school closed for 3 weeks in June due to the Government lockdown during the worst of the pandemic period, so the pupils were given assignments to be completed at home. They did, however, visit the school each day to receive a package of food as most families could not afford to give them a mid-day meal. Since that time the school has been working normally. In the autumn term the Government set 15th to 25th October as the mid-term break and will resume lessons until 10th December.

The sewing classes also resumed (these are for the women who come from the neighbouring community) and they have been busy sewing dresses in the colours of the Zambian flag for selling in the markets for the Zambian Independence Day on 24th October.

Whilst not in classes the children spend time in the grounds playing football and other games.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–15 years of age, 16 boys and 19 girls. They are all in school. It is too far for them to attend the school in Ngombe and they were in a private school funded by a Dutch charity. However due to the pandemic the charity could not continue funding them so the younger children are at a small charity school while the 12-15 year olds are attending a Government school with their fees being paid for by a private donor.

The garden is not very productive at the moment because of a water shortage, but the rains should arrive soon. Most of the chickens sold but they were not as profitable as expected due to the bad economy and the increase in the price of chicken feed. The few remaining unsold chickens are, however, laying eggs which are useful in the home. Day old chicks are being purchased with them hoping to be more profitable during the Christmas and New Year period.

There have been a number of achievements by young people at the orphanage:

Mary, Christine, Teaser, Brian, Ethel and Charles are all in universities pursuing their dream careers. Mary is a medical student in her second year at Eden University. Christine is doing a degree programme in environmental health at Levy Mwanaansa University (LMUTH). Brian is in his final year in male nursing at Makeni School of Nursing and has only a remaining few weeks to complete his programme. Ethel is also doing a nursing and midwifery course at the Makeni School of Nursing. Teaser and Charles have been accepted at the Evelyn Hone College, Teaser pursuing a degree programme in physiotherapy while Charles is doing a course as a Laboratory Technician. All these students are being sponsored by individuals and by a church.

It is most encouraging for us to hear of these students for without their years at the orphanage it is doubtful whether they would have achieved their aims.

The money we currently send to the orphanage, is, due to the pandemic, the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.



## **THE HEAL PROJECT**

### **ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (continued)**

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#### **Impact of Covid 19 in Zambia:**

Zambia has been affected by COVID-19 like the rest of the world. Zambia has so far experienced 3 peaks, starting in July 2020. National statistics record a total of 210,000 cases and 3,659 deaths but cases and deaths are likely to be an underestimate due to lack of COVID testing, particularly in more rural areas.

The health system in Zambia is generally weak and therefore the COVID-19 pandemic has put additional strain on limited resources. Hospital capacity is low and therefore hospitals became overwhelmed in the two most recent peaks with extreme shortages of oxygen which resulted in many unnecessary deaths.

Vaccination is urgently needed but few vaccines have been sent to the country. There was initial vaccine hesitancy but with successive waves of infection the demand has increased. It is estimated that 292,000 people from a population of approximately 18million have so far received 2 vaccine doses.

Zambia has responded to the pandemic by increasing public health measures including universal masking, temperature checks and hand sanitisation at entry to public spaces, such as shopping centres. Schools have been closed for prolonged periods during 2020 and 2021 as well as all public gatherings and facilities such as restaurants and bars. Currently all schools are open as are other venues but masks are required in all indoor spaces.

The Trustees are pleased that they have been able to continue to support the school and the orphanage during these challenging times. Since very small beginnings the Heal Project is now proving to be very beneficial in the lives of many children and young people in Zambia. As always funding is not always easy, and has been even more difficult in a period where fundraising events have been cancelled, but we have many interested and loyal donors.

#### **Investment policy**

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

#### **Reserves policy**

At 31 December 2020 the unrestricted reserves of the Charity stood at £5,208. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. However, the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises. There is no intention to hold any substantial funds in the UK, when the money would be better used with those who need help in Zambia.

#### **Risk Management**

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

#### **Public Benefit Statement**

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

## THE HEAL PROJECT

### ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (continued)

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#### Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.

.....  
**Mrs J L Ayles**  
(for the Trustees)

27 October 2021



## THE HEAL PROJECT

### INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

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I report on the accounts of the Charity for the year ended 31 December 2020, which are set out on pages 7 to 10.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention;

- 1 which gives me reasonable cause to believe that in any material respect the requirements
  - to keep proper records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
N Fernyhough FCA CTA

27 October 2021

The Old Manse  
Ripley  
Christchurch  
BH23 8ES

**THE HEAL PROJECT**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2020**

	Notes	2020 Restricted funds £	2020 Unrestricted funds £	2020 Total funds £	2019 Total funds £
<b>Incoming resources</b>					
Donations Received		-	43,976	43,976	44,343
Fundraising events		-	955	955	3,455
		-	44,931	44,931	47,798
Interest received		-	-	-	-
<b>Total incoming resources</b>		-	44,931	44,931	47,798
<b>Charitable resources expended</b>					
Grants payable in furtherance of the charitable objects	4	-	(42,550)	(42,550)	(47,000)
Other expenditure in furtherance of the charitable objects	5	-	(707)	(707)	(816)
<b>Total outgoing resources</b>		-	(43,257)	(43,257)	(47,816)
<b>Net incoming/(outgoing) resources for the year</b>		-	1,674	1,674	(18)
<b>Fund balance as at 1 January 2020</b>		-	3,534	3,534	3,552
<b>Fund balance as at 31 December 2020</b>		-	5,208	5,208	3,534

The notes on pages 9 and 10 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.



**THE HEAL PROJECT**

**BALANCE SHEET  
AS AT 31 DECEMBER 2020**

	<b>2020</b>	<b>2019</b>
	<b>£</b>	<b>£</b>
<b>Current assets</b>		
Cash at bank	5,208	3,534
<b>Net assets</b>	<u>5,208</u>	<u>3,534</u>
Represented by		
<b>Unrestricted funds</b>	5,208	3,534
<b>Restricted funds</b>	-	-
	<u>5,208</u>	<u>3,534</u>

The notes on pages 9 and 10 form part of these accounts.

Approved by the Board of Trustees on 27 October 2021 and signed on its behalf by:

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Mrs J L Ayles

## **THE HEAL PROJECT**

### **NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2020**

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#### **1 Accounting policies**

##### **Basis of accounting**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

##### **Incoming resources**

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

##### **Resources expended**

Expenditure is included on an accruals basis.

##### **Stocks**

No value is placed on the value of donated goods for re-sale.

##### **Fund accounting**

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

##### **Donated goods**

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

##### **Legacies**

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

#### **2 Employees**

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

## THE HEAL PROJECT

### NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2020

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#### 3 Restricted Funds

The charity currently holds no restricted funds.

#### 4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2020 £	2019 £
General Support for HEAL Project Zambia	42,550	47,000
Restricted fund grants	-	-
	<hr/>	<hr/>

#### 5 Other expenditure in furtherance of the charitable objects

Bank transfer and fundraising website charges

£	£
707	816
<hr/>	<hr/>
	823