

HEAL PROJECT

England & Wales · Charity number 1120416

Details

Status Registered

Legal form Other

Registered 2007-08-02

Register [View on the Charity Commission register](#)

Contact

Address Meadow Walk
New Road
Mockbeggar
Ringwood
Hampshire
BH24 3NJ

Phone 01425474033

Email windwhistle266@btinternet.com

Website healprojectzambia.org

Activities

Objects: TO ADVANCE EDUCATION AND RELIEVE SICKNESS FOR FAMILIES AFFECTED BY HIV/AIDS IN PARTICULAR BUT NOT EXCLUSIVELY WITHIN ZAMBIA AND TO MEET THE NEEDS OF ORPHANED CHILDREN.

Activities: The charity continues to make donations to support the Heal Project in Zambia which runs a school for 300 children up to Zambian school grade 7 and an orphanage housing about 35 children ranging from 3-15 years old. All funds donated continue to be remitted to Zambia with no UK costs other than money transfer fees. All work on fundraising and administration is done by volunteers.

Classification

- **How:** Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services
- **What:** Education/training, Overseas Aid/famine Relief
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** ZAMBIA
- Zambia
- Hampshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£51,238	£43,556	-	-
2023-12-31	£46,171	£31,386	-	-
2022-12-31	£46,407	£44,948	-	-
2021-12-31	£44,061	£45,271	-	-
2020-12-31	£44,931	£43,257	-	-

Trustees

Name	Role	Appointed
DAVID ERNEST JOHN AYLES	Chair	
JENNIFER MILDRED STURTRIDGE		
Nicholas Francis Fernyhough		2023-03-27
Sian-Elen Michael Fernyhough		2023-03-27

HEAL PROJECT

England & Wales - Charity number 1120416

Accounts

THE HEAL PROJECT

ACCOUNTS

31 DECEMBER 2024

THE HEAL PROJECT

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THE HEAL PROJECT

CHARITY INFORMATION

Trustees

Mrs J M Sturtridge
D E J Ayles
N F Fernyhough
S-E M Fernyhough

Registered Charity Number

1120416

Principal address

Meadow Walk
New Road
Mockbeggar
Ringwood
BH24 3NJ

Bankers

Barclays Bank Plc
Ringwood Branch

Independent examiner

Dr J P Wise

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2024

The Trustees submit this report together with the accounts for the year ended 31 December 2024. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (effective 1 January 2019).

The Heal Project has a constitution adopted on 20th July 2007 and is a registered charity, No. 1120416. The principal address is Meadow Walk, New Road, Mockbeggar, Ringwood BH24 3NJ. The Trustees who served during the year were:

Mrs J M Sturtridge
Mrs J L Ayles (deceased 12 July 2024)
D E J Ayles
N F Fernyhough
S-E M Fernyhough

Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL Project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts.

Achievements in the year

After a reduction in the support given in 2023 in order to ensure the long-term sustainability of the charity and the entities it supports the Trustees were pleased to be able to reverse this following the receipt of a significant legacy during 2024. This has enabled funding to return to previous levels and the number of children attending the school has increased in line with the ability to employ more teachers. Following a recent visit by two of the Trustees to Zambia the Trustees are pleased to report that the school and orphanage are operating effectively – performing essential work despite the inevitable financial restraints. Donations for general purposes to the HEAL Project in Zambia during the year were £42,500 (2023: £30,500). Fundraising was supported by the legacy of £35,000 meaning that total funds raised were £51,238 (2022: £46,170). The Trustees will continue to keep under review the monthly amount sent to Zambia.

All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2024 (continued)

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. The average monthly amount sent to the school in Zambia increased during the year from £1,500 to £2,000 and this is used to fund teachers, food and supplies for the school and generally to enhance the work of the Heal Project in Zambia. There are currently 315 children at the school, and their lives can be changed by the confidence and skills they gain through attendance at the school, and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. However, as many charities are finding, fundraising continues to get more difficult, and the ongoing commitment is a significant challenge.

Similarly, the monthly amount sent to the orphanage in the Chamba Valley, where 35 children and young people are cared for has increased from £1,000 to £1,500 during the year.

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school. There is a staff of eight people, including five teachers who cover eight year groups, with morning and afternoon sessions. Lunch is given to all, and continues to be provided during the school holidays as this may well be the children's best source of nutrition during the day. A typical meal consists of soya, greens (often grown on the grounds) and nshima, the staple Zambian dish made from maize.

The school caters for those that cannot avail themselves of the Zambian State's free funding – in the words of the headmistress 'Some children come from challenging backgrounds. Despite the government's introduction of free education which is competitive and has limited spaces the parents can't manage to enrol their children due to financial challenges, (they can't manage to buy school uniforms and other school requirements). Consequently when turned away these children end up wandering the community without attending school. Sadly the majority of our children fall into this category'.

The school also accepts children who missed schooling at an early stage, allowing them to catch up. The state system does not accept these children. The state system itself is under massive funding challenges with very high class sizes (at levels we in the UK would think to be unworkable) and thus has no capacity to cater for the children that attend the Heal Project School.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 4–16 years of age, 14 boys and 21 girls. They are all at school near to where they live as the Heal Project school in Ngombe is too far away for them to attend. The orphanage caters for some children with special needs, for whom state care is significantly underfunded.

The money we currently send to the orphanage is the only regular money they are receiving, although another donor has advanced funds to enable the property to be refurbished. The staff in Zambia express their thanks to the Trustees and supporters for continuing to fund them.

In turn the Trustees acknowledge the hard work and dedication of the staff at the school and the orphanage who are achieving so much with limited resources in a challenging environment.

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2024 (continued)

Investment policy

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

Reserves policy

At 31 December 2024 the unrestricted reserves of the Charity stood at £27,924. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. This level of reserves reflects the need to address the long-term future of the charity and the entities it supports and given the uncertainty concerning future of levels of donations the Trustees want to ensure there are sufficient funds to be able to provide uninterrupted support. However, it is still the general policy that the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises.

Risk Management

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

Public Benefit Statement

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.

S-E Fernyhough

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S-E M Fernyhough
(for the Trustees)

25 October 2025

**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 DECEMBER 2024**

I report on the accounts of the Charity for the year ended 31 December 2024, which are set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - to keep proper records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J P Wise

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Dr J P Wise

25 October 2025

THE HEAL PROJECT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	2024 Restricted funds £	2024 Unrestricted funds £	2024 Total funds £	2023 Total funds £ £
Incoming resources					
Donations Received		-	16,238	16,238	46,171
Legacies		-	35,000	35,000	-
Total incoming resources		-	51,238	51,238	46,171
Charitable resources expended					
Grants payable in furtherance of the charitable objects	4	-	42,500	42,500	30,500
Other expenditure in furtherance of the charitable objects	5	-	1,056	1,056	886
Total outgoing resources		-	43,556	43,556	31,386
Net incoming resources for the year		-	7,682	7,682	14,785
Fund balance as at 1 January 2024		-	20,242	20,242	5,457
Fund balance as at 31 December 2024		-	27,924	27,924	20,242

The notes on pages 8 and 9 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.

THE HEAL PROJECT

BALANCE SHEET AS AT 31 DECEMBER 2024

	2023 £	2022 £
Current assets		
Cash at bank	27,924	20,242
Net assets	27,924	20,242
Represented by		
Unrestricted funds	27,924	20,242
Restricted funds	-	-
	27,924	20,242

The notes on pages 8 and 9 form part of these accounts.

Approved by the Board of Trustees on 25 October 2025 and signed on its behalf by:

N Fernyhough

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N F Fernyhough

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (effective 1 January 2019). The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Resources expended

Expenditure is included on a cash basis.

Stocks

No value is placed on the value of donated goods for re-sale.

Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

NOTES TO THE ACCOUNTS (Continued)
FOR THE YEAR ENDED 31 DECEMBER 2024

3 Restricted Funds

The charity currently holds no restricted funds.

4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2024	2023
	£	£
General Support for HEAL Project Zambia	42,500	30,500
Restricted fund grants	-	-

5 Other expenditure in furtherance of the charitable objects

	£	£
Bank transfer and fundraising website charges	1,056	886

HEAL PROJECT

England & Wales - Charity number 1120416

Accounts

Registered Charity Number: 1120416

THE HEAL PROJECT

ACCOUNTS

31 DECEMBER 2023

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THE HEAL PROJECT

CHARITY INFORMATION

Trustees

Mrs J M Sturtridge
D E J Ayles
N F Fernyhough
S-E M Fernyhough

Registered Charity Number

1120416

Principal address

Windwhistle Cottage
Hightown Hill
Ringwood
BH24 3HQ

Bankers

Barclays Bank Plc
Ringwood Branch

Independent examiner

Elizabeth Brierley

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

The Trustees submit this report together with the accounts for the year ended 31 December 2023. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20th July 2007 and is a registered charity, No. 1120416. The principal address is Windwhistle Cottage, Hightown Hill, Ringwood, BH24 3HQ. The Trustees who served during the year were:

M A Macario FCA (resigned 27 March 2023)
Mrs J M Sturtridge
Mrs J L Ayles (deceased 12 July 2024)
D E J Ayles
N F Fernyhough (appointed 27 March 2023)
S-E M Fernyhough (appointed 27 March 2023)

Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

Achievements in the year

The Trustees took difficult decisions in the previous year to ensure the long-term sustainability of the charity and the entities it supports by advising that until new sources of funding are found they will reduce the monthly donations to Zambia. This decision has meant that some contraction of the activities of the HEAL project in Zambia has been required. The Trustees are pleased to report that despite these limitations both the school and orphanage have continued to operate effectively. Donations for general purposes to the HEAL Project in Zambia during the year were £30,500 (2021: £44,120). Fundraising was limited primarily to donations but it is pleasing that total funds raised held up well at £46,171 (2022: £46,407). The Trustees will continue to keep under review the monthly amount sent to Zambia.

All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023 (continued)

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. An average amount in excess of £1,500 has been sent each month to Zambia to fund teachers, food and supplies for the school and generally to enhance the work of the Heal Project in Zambia. The lives of the 240 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. However, as many charities are finding, fundraising continues to get more difficult, and the ongoing commitment is a significant challenge.

A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 16 years old, are cared for.

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

The school caters for those that cannot avail themselves of the Zambian State's free funding – in the words of the headmistress 'Some children come from challenging backgrounds. Despite the government's introduction of free education which is competitive and has limited spaces the parents can't manage to enrol their children due to financial challenges, (they can't manage to buy school uniforms and other school requirements). Consequently when turned away these children end up wandering the community without attending school. Sadly the majority of our children fall into this category. The school currently has a total number of 240 children.

We are cutting down on the number of children though it is not easy because our school has been running for a long time and many people now know about it and the pass rate of the Grade 7's is very good hence we have a lot of children coming for enrolment'

The beginning of the new year has been very difficult. There have been continual heavy thunderstorms, so much so that there has been flooding throughout the country. Owing to the lack of sanitation facilities in the compounds where most of the people live, sewage has entered the water supply and there is now an outbreak of cholera with subsequent deaths. The government has directed that all schools throughout the country are to be closed until 29th January for thorough cleaning and disinfecting. In view of this the teachers have been busy with soap and disinfectants thoroughly cleaning the whole school premises.

Fortunately the school's own water supply comes from a borehole that was dug when the school was opened over 20 years ago so its water is safe. Although the school was closed the charity continued to send funds to fund the teachers and the cleaning operation. The opportunity was also taken to do some essential maintenance whilst the school was closed.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–16 years of age, 15 boys and 20 girls. They are all at school near to where they live as the Heal Project school in Ngombe is too far away for them to attend. The five eldest, ages 15 & 16 are doing their final year grade 12.

The money we currently send to the orphanage, is the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2023 (continued)

Investment policy

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

Reserves policy

At 31 December 2023 the unrestricted reserves of the Charity stood at £20,242. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. This level of reserves is in excess of the level previously held as the Trustees are aware of the need to address the long-term future of the charity and the entities it supports and given the uncertainty concerning future of levels of donations want to ensure there are sufficient funds to be able to provide uninterrupted support. However, it is still the general policy that the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises.

Risk Management

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

Public Benefit Statement

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.



N F Fernyhough
(for the Trustees)

14 October 2024

THE HEAL PROJECT

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2023

I report on the accounts of the Charity for the year ended 31 December 2023, which are set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

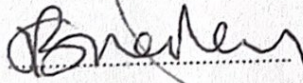
Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - to keep proper records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Elizabeth Brierley FCA

15 October 2024

THE HEAL PROJECT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	2023 Restricted funds £	2023 Unrestricted funds £	2023 Total funds £	2022 Total funds £
£					
Incoming resources					
Donations Received		-	46,171	46,171	46,407
Fundraising events		-	-	-	-
Interest received		-	-	-	-
Total incoming resources		-	46,171	46,171	46,407
Charitable resources expended					
Grants payable in furtherance of the charitable objects	4	-	30,500	30,500	44,120
Other expenditure in furtherance of the charitable objects	5	-	886	886	828
Total outgoing resources		-	31,386	31,386	44,948
Net incoming resources for the year		-	14,785	14,785	1,459
Fund balance as at 1 January 2023		-	5,457	5,457	3,998
Fund balance as at 31 December 2023		-	20,242	20,242	5,457

The notes on pages 8 and 9 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.

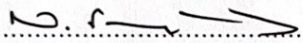
THE HEAL PROJECT

**BALANCE SHEET
AS AT 31 DECEMBER 2023**

	2023	2022
	£	£
Current assets		
Cash at bank	20,242	5,457
Net assets	20,242	5,457
Represented by		
Unrestricted funds	20,242	5,457
Restricted funds	-	-
	20,242	5,457

The notes on pages 8 and 9 form part of these accounts.

Approved by the Board of Trustees on 14 October 2024 and signed on its behalf by:


.....
N F Fernyhough

THE HEAL PROJECT

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2023

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Resources expended

Expenditure is included on an accruals basis.

Stocks

No value is placed on the value of donated goods for re-sale.

Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

THE HEAL PROJECT

NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2023

3 Restricted Funds

The charity currently holds no restricted funds.

4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2023 £	2022 £
General Support for HEAL Project Zambia	30,500	44,120
Restricted fund grants	-	-

5 Other expenditure in furtherance of the charitable objects

Bank transfer and fundraising website charges

£	£
886	828

HEAL PROJECT

England & Wales - Charity number 1120416

Accounts

Registered Charity Number: 1120416

THE HEAL PROJECT

ACCOUNTS

31 DECEMBER 2022

THE HEAL PROJECT

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THE HEAL PROJECT

CHARITY INFORMATION

Trustees	M A Macario FCA Mrs J M Sturtridge Mrs J L Ayles D E J Ayles
Registered Charity Number	1120416
Principal address	Meadow Walk New Road Mockbeggar Ringwood Hampshire BH24 3NJ
Bankers	Barclays Bank Plc Ringwood Branch
Independent examiner	N Fernyhough FCA CTA The Old Manse Ripley Christchurch BH23 8ES

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

The Trustees submit this report together with the accounts for the year ended 31 December 2022. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20th July 2007 and is a registered charity, No. 1120416. The principal address is Meadow Walk, New Road, Mockbeggar, Ringwood, BH24 3NJ. The Trustees who served during the year were:

M A Macario FCA
Mrs J M Sturtridge
Mrs J L Ayles
D E J Ayles

Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

Achievements in the year

The Trustees are pleased to report that despite the tighter economic conditions in the UK, as the country recovers from the Pandemic, they have been able to continue to maintain donations at a similar level. Donations for general purposes to the HEAL Project in Zambia during the year were £44,120 (2021: £44,500). Fundraising was still limited to donations as events were not held, but it is pleasing that total funds raised held up well at £46,407 (2021: £44,061). All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. Exchange rates have moved so that our sterling donations are buying less local currency adding to the challenges. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. A minimum of £2,500 has been sent each month to Zambia to fund teachers, food and supplies for the school, and, again, in this year larger amounts have been able to be remitted to enhance the work of the Heal Project in Zambia. The lives of over 300 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. However, as many charities are finding, fundraising continues to get more difficult, and the ongoing commitment is a significant challenge.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2022 (continued)

A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 16 years old, are cared for.

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

Due to uncertainties about the ability of this charity to continue to donate at the current level some difficult decisions have been made in Zambia to cut costs, including reducing the number of teachers employed by the school. The school staff are looking at every way possible to generate money locally or to find additional external funding to reduce their reliance on the UK charity. However, they are fully committed to keeping the school going given its importance to so many pupils.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–16 years of age, 15 boys and 20 girls. They are all at school near to where they live as the Heal Project school in Ngombe is too far away for them to attend. The five eldest, ages 15 & 16 are doing their final year grade 12.

Three students brought up in the home are continuing their college education. Floyd is at Fairview College studying food and nutrition management, Charles is at Evelyn Hone College studying to become a lab technician, and Theresa also at Evelyn Hone is studying to become a physiotherapist. All three are being sponsored by private donors who already donate to the Heal Project.

The money we currently send to the orphanage, is the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.

Investment policy

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

Reserves policy

At 31 December 2022 the unrestricted reserves of the Charity stood at £3,998. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. However, the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises. There is no intention to hold any substantial funds in the UK, when the money would be better used with those who need help in Zambia.

Risk Management

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

Public Benefit Statement

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2022(continued)

Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.

.....
Mrs J L Ayles
(for the Trustees)

9 March 2023

THE HEAL PROJECT

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2022

I report on the accounts of the Charity for the year ended 31 December 2022, which are set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

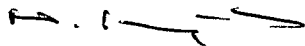
Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - to keep proper records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



N Fernyhough FCA CTA

9 March 2023

The Old Manse
Ripley
Christchurch
BH23 8ES

THE HEAL PROJECT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	2022 Restricted funds £	2022 Unrestricted funds £	2022 Total funds £	2021 Total funds
£					
Incoming resources					
Donations Received		-	46,407	46,407	44,061
Fundraising events		-	-	-	-
		-	-	-	44,061
Interest received		-	-	-	-
Total incoming resources		-	46,407	46,407	44,061
Charitable resources expended					
Grants payable in furtherance of the charitable objects	4	-	44,120	44,120	(44,500)
Other expenditure in furtherance of the charitable objects	5	-	828	828	(771)
Total outgoing resources		-	44,948	44,948	(45,271)
Net incoming/(outgoing) resources for the year		-	1,459	1,459	(1,210)
Fund balance as at 1 January 2022		-	3,998	3,998	5,208
Fund balance as at 31 December 2022		-	5,457	5,457	3,998

The notes on pages 8 and 9 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.

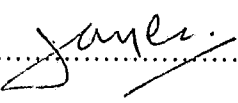
THE HEAL PROJECT

BALANCE SHEET AS AT 31 DECEMBER 2022

	2022 £	2021 £
Current assets		
Cash at bank	5,457	3,998
Net assets	<u>5,457</u>	<u>3,998</u>
Represented by		
Unrestricted funds	5,457	3,998
Restricted funds	-	-
	<u>5,457</u>	<u>3,998</u>

The notes on pages 8 and 9 form part of these accounts.

Approved by the Board of Trustees on 9 March 2023 and signed on its behalf by:

.....
Mrs J L Ayles 

THE HEAL PROJECT

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2022

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Resources expended

Expenditure is included on an accruals basis.

Stocks

No value is placed on the value of donated goods for re-sale.

Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

THE HEAL PROJECT

NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2021

3 Restricted Funds

The charity currently holds no restricted funds.

4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2022 £	2021 £
General Support for HEAL Project Zambia	44,120	44,500
Restricted fund grants	-	-

5 Other expenditure in furtherance of the charitable objects

	£	£
Bank transfer and fundraising website charges	828	771

HEAL PROJECT

England & Wales - Charity number 1120416

Accounts

Registered Charity Number: 1120416

THE HEAL PROJECT

ACCOUNTS

31 DECEMBER 2021

THE HEAL PROJECT

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THE HEAL PROJECT

CHARITY INFORMATION

Trustees

M A Macario FCA
Mrs J M Sturtridge
Mrs J L Ayles
D E J Ayles

Registered Charity Number

1120416

Principal address

Meadow Walk
New Road
Mockbeggar
Ringwood
BH24 3NJ

Bankers

Barclays Bank Plc
Ringwood Branch

Independent examiner

N Fernyhough FCA CTA
The Old Manse
Ripley
Christchurch
BH23 8ES

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2021

The Trustees submit this report together with the accounts for the year ended 31 December 2020. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20th July 2007 and is a registered charity, No. 1120416. The principal address is Meadow Walk, New Road, Mockbeggar, Ringwood BH24 3NJ. The Trustees who served during the year were:

M A Macario FCA
Mrs J M Sturtridge
Mrs J L Ayles
D E J Ayles

Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

Achievements in the year

The Trustees are pleased to report that despite the impact of the continuing Covid 19 Pandemic during the year they have been able to continue to make slightly increased donations for general purposes to the HEAL Project in Zambia during the year of £44,500 (2020: £42,550). Due to the Pandemic fundraising was limited to donations as events were not held, but it is pleasing that total fundraising held up well at £44,061 (2020: £44,931). All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. Exchange rates have moved so that our sterling donations are buying less local currency adding to the challenges. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. A minimum of £2,500 continues to be sent each month to Zambia to fund teachers, food and supplies for the school, and, again, in this year larger amounts have been able to be remitted to enhance the work of the Heal Project in Zambia. The lives of over 300 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. However, as many charities are finding, fundraising continues to get more difficult, and the ongoing commitment is a significant challenge.

THE HEAL PROJECT

ANNUAL REPORT

FOR THE YEAR ENDED 31 DECEMBER 2021 (continued)

A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 16 years old, are cared for.

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well with 320 pupils attending in May 2022 as the school re-opens and the possibility of further increases in numbers due to continuing demand. There are 8 classroom teachers plus 3 part time for computer and sewing classes as well as 4 general staff. The school teaches pre-school and children up to Grade 7 in the Zambian government curriculum. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–16 years of age, 15 boys and 20 girls. They are all at school near to where they live as the Heal Project school in Ngombe is too far away for them to attend. The five eldest, ages 15 & 16 are doing their final year grade 12.

Three students brought up in the home are beginning college education. Floyd is at Fairview College studying food and nutrition management, Charles is at Evelyn Hone College studying to become a lab technician, and Theresa also at Evelyn Hone is studying to become a physiotherapist. All three are being sponsored by private donors who already donate to the Heal Project.

The children continue to sow seeds in the vegetable garden concentrating on tomatoes, onions, rape, cabbage, and pumpkin leaves which are easy to grow, and have just sold the last batch of chickens and have ordered another 500 day old chicks to grow on for future sales.

Recently the home has received a large donation of clothes and toys from a charity in Amsterdam. They have also bought new sofas and chairs for the sitting room, all very gratefully received.

The money we currently send to the orphanage, is, due to the pandemic, the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.

Investment policy

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

Reserves policy

At 31 December 2021 the unrestricted reserves of the Charity stood at £3,998. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. However, the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises. There is no intention to hold any substantial funds in the UK, when the money would be better used with those who need help in Zambia.

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2021(continued)

Risk Management

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

Public Benefit Statement

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

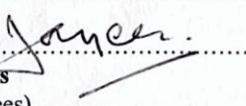
Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.

.....

Mrs J L Ayles
(for the Trustees)

19 October 2022

THE HEAL PROJECT

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2021

I report on the accounts of the Charity for the year ended 31 December 2021, which are set out on pages 6 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - to keep proper records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


N Fernyhough FCA CTA

19 October 2022

The Old Manse
Ripley
Christchurch
BH23 8ES

THE HEAL PROJECT

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	2021 Restricted funds £	2021 Unrestricted funds £	2021 Total funds £	2020 Total funds £
Incoming resources					
Donations Received		-	44,061	44,061	43,976
Fundraising events		-	-	-	955
Interest received		-	44,061	44,061	44,931
Total incoming resources		-	44,061	44,061	44,931
Charitable resources expended					
Grants payable in furtherance of the charitable objects	4	-	(44,500)	(44,500)	(42,550)
Other expenditure in furtherance of the charitable objects	5	-	(771)	(771)	(707)
Total outgoing resources		-	(45,271)	(45,271)	(43,257)
Net (outgoing)/incoming resources for the year		-	(1,210)	(1,210)	1,674
Fund balance as at 1 January 2021		-	5,208	5,208	3,534
Fund balance as at 31 December 2021		-	3,998	3,998	5,208

The notes on pages 8 and 9 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.

THE HEAL PROJECT

BALANCE SHEET AS AT 31 DECEMBER 2021

	2021 £	2020 £
Current assets		
Cash at bank	3,998	5,208
Net assets	3,998	5,208
Represented by		
Unrestricted funds	3,998	5,208
Restricted funds	-	-
	3,998	5,208

The notes on pages 8 and 9 form part of these accounts.

Approved by the Board of Trustees on 19 October 2022 and signed on its behalf by:

.....
Mrs J L Ayles

THE HEAL PROJECT

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Resources expended

Expenditure is included on an accruals basis.

Stocks

No value is placed on the value of donated goods for re-sale.

Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

THE HEAL PROJECT

NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2021

3 Restricted Funds

The charity currently holds no restricted funds.

4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2021 £	2020 £
General Support for HEAL Project Zambia	44,500	42,550
Restricted fund grants	-	-

5 Other expenditure in furtherance of the charitable objects

Bank transfer and fundraising website charges

£	£
771	707

Accounts

Registered Charity Number: 1120416

THE HEAL PROJECT

ACCOUNTS

31 DECEMBER 2020

THE HEAL PROJECT

CHARITY INFORMATION

Trustees	M A Macario FCA Mrs J M Sturtridge Mrs J L Ayles D E J Ayles
Registered Charity Number	1120416
Principal address	Meadow Walk New Road Mockbeggar BH24 33NJ
Bankers	Barclays Bank Plc Ringwood Branch
Independent examiner	N Fernyhough FCA CTA The Old Manse Ripley Christchurch BH23 8ES

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

The Trustees submit this report together with the accounts for the year ended 31 December 2020. The accounts and annual report have been prepared in accordance with current statutory requirements, the Charity's governing document and the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP 2015).

The Heal Project has a constitution adopted on 20th July 2007 and is a registered charity, No. 1120416. The principal address is Meadow Walk, New Road, Mockbeggar, BH24 3NJ. The Trustees who served during the year were:

M A Macario FCA
Mrs J M Sturtridge
Mrs J L Ayles
D E J Ayles

Management and structure

The Charity is managed by the Trustees, who meet regularly to discuss the fundraising projects and approach, to review the progress and requirements of the Heal Project in Zambia and to determine the level and donations to be made. The Trustees have power to appoint new Trustees, who are selected on the basis of their relevant skills. The day to day management of the Charity is carried out by the Trustees. All trustees give their services voluntarily and received no benefits from the charity during the year.

Objectives

The objective of the charity is to advance education and relieve sickness for families affected by HIV/AIDS in particular, but not exclusively, within Zambia, and to meet the needs of orphaned children. The HEAL project in the UK primarily raises funds for the HEAL Project in Zambia, a separate organisation which provides the education and assistance to the families in Zambia. HEAL stands for HIV Empowered And Living and aims to help those affected by HIV/AIDS to work together, support themselves, and to support others to improve the quality of life for adults and children.

The Charity is funded mainly by donations from corporate bodies, service organisations and private individuals, together with fund-raising efforts including table-top sales.

Achievements in the year

The Trustees are pleased to report that despite the Covid 19 Pandemic they have been able to continue to make substantial donations for general purposes to the HEAL Project in Zambia during the year of £42,550 (2019: £47,000). Donations received and other fundraising also held up well at £44,931 (2019: £47,798). All funding is voluntary and irregular by nature, whilst the need for funds in Zambia is constant (and increasing) to pay salaries and other costs on a monthly basis, so the Trustees must ensure the matching of income and payments to Zambia is carefully managed. The charity received significant funds from HMRC under the gift aid scheme and continues to encourage donations to be made in a qualifying manner.

The Trustees would like to thank all those who have helped in so many ways. Your prayerful support and donations (some of which have been anonymous) have been very gratefully received. A minimum of £2,500 is sent each month to Zambia to fund teachers, food and supplies for the school, and, again, in this year larger amounts have been able to be remitted to enhance the work of the Heal Project in Zambia. The lives of over 300 children at the school can be changed by the confidence and skills they gain through attendance at the school and it is the intention of the Trustees to keep raising funds to support this hugely worthwhile project. A further £1,000 per month is sent to the orphanage in the Chamba Valley where 35 children and young people, ranging from 3 – 15 years old, are cared for.

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (continued)

The school at Ngombe (known as an open Community School, inspected by the Zambian Education Authority, but not funded by the Zambian Government), is progressing well with just over 300 pupils attending. There are 8 classroom teachers plus 3 part time for computer and sewing classes. The school teaches pre-school and children up to Grade 7 in the Zambian government curriculum. There is a waiting list for places. However, only vulnerable, orphaned or children from very poor families are accepted into the school.

The school closed for 3 weeks in June due to the Government lockdown during the worst of the pandemic period, so the pupils were given assignments to be completed at home. They did, however, visit the school each day to receive a package of food as most families could not afford to give them a mid-day meal. Since that time the school has been working normally. In the autumn term the Government set 15th to 25th October as the mid-term break and will resume lessons until 10th December.

The sewing classes also resumed (these are for the women who come from the neighbouring community) and they have been busy sewing dresses in the colours of the Zambian flag for selling in the markets for the Zambian Independence Day on 24th October.

Whilst not in classes the children spend time in the grounds playing football and other games.

The money sent each month covers the cost of the salaries of the teachers and other staff, school books and other teaching requirements, food, electricity, sanitizing liquids, masks, etc.

The orphanage in the Chamba Valley near Lusaka has 35 children and young people in their care ranging from 3–15 years of age, 16 boys and 19 girls. They are all in school. It is too far for them to attend the school in Ngombe and they were in a private school funded by a Dutch charity. However due to the pandemic the charity could not continue funding them so the younger children are at a small charity school while the 12-15 year olds are attending a Government school with their fees being paid for by a private donor.

The garden is not very productive at the moment because of a water shortage, but the rains should arrive soon. Most of the chickens sold but they were not as profitable as expected due to the bad economy and the increase in the price of chicken feed. The few remaining unsold chickens are, however, laying eggs which are useful in the home. Day old chicks are being purchased with them hoping to be more profitable during the Christmas and New Year period.

There have been a number of achievements by young people at the orphanage:

Mary, Christine, Teaser, Brian, Ethel and Charles are all in universities pursuing their dream careers. Mary is a medical student in her second year at Eden University. Christine is doing a degree programme in environmental health at Levy Mwanaansa University (LMUTH). Brian is in his final year in male nursing at Makeni School of Nursing and has only a remaining few weeks to complete his programme. Ethel is also doing a nursing and midwifery course at the Makeni School of Nursing. Teaser and Charles have been accepted at the Evelyn Hone College, Teaser pursuing a degree programme in physiotherapy while Charles is doing a course as a Laboratory Technician. All these students are being sponsored by individuals and by a church.

It is most encouraging for us to hear of these students for without their years at the orphanage it is doubtful whether they would have achieved their aims.

The money we currently send to the orphanage, is, due to the pandemic, the only money they are receiving. They express their thanks to the Trustees and supporters for continuing to fund them.

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (continued)

Impact of Covid 19 in Zambia:

Zambia has been affected by COVID-19 like the rest of the world. Zambia has so far experienced 3 peaks, starting in July 2020. National statistics record a total of 210,000 cases and 3,659 deaths but cases and deaths are likely to be an underestimate due to lack of COVID testing, particularly in more rural areas.

The health system in Zambia is generally weak and therefore the COVID-19 pandemic has put additional strain on limited resources. Hospital capacity is low and therefore hospitals became overwhelmed in the two most recent peaks with extreme shortages of oxygen which resulted in many unnecessary deaths.

Vaccination is urgently needed but few vaccines have been sent to the country. There was initial vaccine hesitancy but with successive waves of infection the demand has increased. It is estimated that 292,000 people from a population of approximately 18million have so far received 2 vaccine doses.

Zambia has responded to the pandemic by increasing public health measures including universal masking, temperature checks and hand sanitisation at entry to public spaces, such as shopping centres. Schools have been closed for prolonged periods during 2020 and 2021 as well as all public gatherings and facilities such as restaurants and bars. Currently all schools are open as are other venues but masks are required in all indoor spaces.

The Trustees are pleased that they have been able to continue to support the school and the orphanage during these challenging times. Since very small beginnings the Heal Project is now proving to be very beneficial in the lives of many children and young people in Zambia. As always funding is not always easy, and has been even more difficult in a period where fundraising events have been cancelled, but we have many interested and loyal donors.

Investment policy

The Trustees have power to make investments as they see fit. The strategy for investments is one of low risk and as such the assets are held in liquid funds.

Reserves policy

At 31 December 2020 the unrestricted reserves of the Charity stood at £5,208. The Trustees consider the level of the Charity's reserves to be sufficient to meet its charitable objectives. In doing so, they recognise the importance of donations received and will not make grants in excess of the funds available. However, the charity's need for reserves is low and it is anticipated that funds held by the Charity will be promptly donated when the need arises. There is no intention to hold any substantial funds in the UK, when the money would be better used with those who need help in Zambia.

Risk Management

The Trustees have made an assessment of the major risks to which the Charity is exposed and taken action to mitigate such risks. Where appropriate procedures have been established to mitigate any impact they may have on the charity.

Public Benefit Statement

In considering its future strategy, aims and objectives, the charity trustees have paid due regard to the Charity Commission's guidance on Public Benefit. The trustees are satisfied that through its primary activities the charity provides identifiable benefits consistent with its charitable objects. The trustees do not consider that these activities produce any identifiable detriment or harm. The trustees are satisfied that any private benefit is incidental to its public benefit activity.

THE HEAL PROJECT

ANNUAL REPORT FOR THE YEAR ENDED 31 DECEMBER 2020 (continued)

Trustees' responsibilities

Charity law requires the Trustees to prepare accounts that give a true and fair view of the state of affairs of the Charity and its income and expenditure for the financial year. In doing so, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the accounts comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We approve these accounts and confirm that we have prepared them from the books and records of the Charity.

.....
Mrs J L Ayles
(for the Trustees)

27 October 2021

THE HEAL PROJECT

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

I report on the accounts of the Charity for the year ended 31 December 2020, which are set out on pages 7 to 10.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention;

- 1 which gives me reasonable cause to believe that in any material respect the requirements
 - to keep proper records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act;have not been met;
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


N Fernyhough FCA CTA

27 October 2021

The Old Manse
Ripley
Christchurch
BH23 8ES

THE HEAL PROJECT

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2020**

	Notes	2020 Restricted funds £	2020 Unrestricted funds £	2020 Total funds £	2019 Total funds £
Incoming resources					
Donations Received		-	43,976	43,976	44,343
Fundraising events		-	955	955	3,455
		-	44,931	44,931	47,798
Interest received		-	-	-	-
Total incoming resources		-	44,931	44,931	47,798
Charitable resources expended					
Grants payable in furtherance of the charitable objects	4	-	(42,550)	(42,550)	(47,000)
Other expenditure in furtherance of the charitable objects	5	-	(707)	(707)	(816)
Total outgoing resources		-	(43,257)	(43,257)	(47,816)
Net incoming/(outgoing) resources for the year		-	1,674	1,674	(18)
Fund balance as at 1 January 2020		-	3,534	3,534	3,552
Fund balance as at 31 December 2020		-	5,208	5,208	3,534

The notes on pages 9 and 10 form part of these accounts.

All activities are classed as continuing. All gains and losses recognised in the year are included.

THE HEAL PROJECT

**BALANCE SHEET
AS AT 31 DECEMBER 2020**

	2020	2019
	£	£
Current assets		
Cash at bank	5,208	3,534
Net assets	<u>5,208</u>	<u>3,534</u>
Represented by		
Unrestricted funds	5,208	3,534
Restricted funds	-	-
	<u>5,208</u>	<u>3,534</u>

The notes on pages 9 and 10 form part of these accounts.

Approved by the Board of Trustees on 27 October 2021 and signed on its behalf by:

.....
Mrs J L Ayles

THE HEAL PROJECT

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 DECEMBER 2020

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2015). The principal accounting policies adopted in the preparation of the financial statements are set out below.

Incoming resources

Income is recognised in the statement of financial activities in the period when the Charity becomes fully entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred only when the Charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Resources expended

Expenditure is included on an accruals basis.

Stocks

No value is placed on the value of donated goods for re-sale.

Fund accounting

Funds that may be held by the Charity are either:

Unrestricted general funds – these are funds which can be used by the charity in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds – these are funds set aside by the Trustees out of the unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for a particular restricted purpose within the objects of the charity. Restrictions arise when specified by the donor or when funds have been raised for particular restricted purposes.

Donated goods

The goods sold at the table-top sales are all donated to the charity, but as it is not possible to calculate a value for these goods no amounts are included either in respect of this donation or the cost of goods sold.

Legacies

Legacies are accounted for when the charity is made aware of the unconditional nature of the bequest and has been notified of the amount of the legacy.

2 Employees

None of the Trustees received any remuneration from the Charity.

The Charity has no employees.

THE HEAL PROJECT

NOTES TO THE ACCOUNTS (Continued) FOR THE YEAR ENDED 31 DECEMBER 2020

3 Restricted Funds

The charity currently holds no restricted funds.

4 Grants payable in furtherance of the charitable objects:

The following donations were made:

	2020 £	2019 £
General Support for HEAL Project Zambia	42,550	47,000
Restricted fund grants	-	-

5 Other expenditure in furtherance of the charitable objects

Bank transfer and fundraising website charges

£	£
707	816
	823