

# AMMALIFE

England & Wales · Charity number 1120236

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [05815194](#)

**Registered** 2007-07-25

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 2 Selly Park Road  
Selly Park  
Birmingham  
B29 7PQ

**Phone** 01214711935

**Email** [info@ammalife.org](mailto:info@ammalife.org)

**Website** [www.ammalife.org](http://www.ammalife.org)

## Activities

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**Objects:** TO PROMOTE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF WOMEN.1) PROVIDING EVIDENCE, RESOURCES AND TRAINING TO RELIEVE COMPLICATIONS IN PREGNANCY AND CHILDBIRTH TO REDUCE THE RISK OF MORBIDITY AND MORTALITY;2) PROVIDING EDUCATIONAL, PREVENTIVE AND THERAPEUTIC INTERVENTIONS FOR WOMEN WITH OBSTETRICAL OR GYNAECOLOGICAL CONDITIONS;3) BIRTH ATTENDANTS, MIDWIVES, PRIMARY CARE PHYSICIANS AND HOSPITAL DOCTORS IN ORDER TO IMPROVE THE CARE OF WOMEN IN PREGNANCY AND CHILDBIRTH AS WELL AS OTHER FEMALE CONDITIONS;4) MAINTAINING AN INTERNET BASED, FREELY AVAILABLE EVIDENCE RESOURCE AND SUPPORT NETWORK FOR HEALTH CARE PROVIDERS INTERESTED IN WOMEN'S HEALTH AND CARE;5) A) EFFECTIVE B) SAFE C) AFFORDABLE AND D) SIMPLE TO ADMINISTER IN THE CONTEXT OF WOMEN'S HEALTHCARE; AND6) ADDRESSING AND ADVISING UPON CAPACITY BUILDING, ORGANISATIONAL AND POLICY LEVEL ISSUES AS WELL AS CLINICAL GOVERNANCE AND RISK MANAGEMENT IN THE CONTEXT OF WOMEN'S HEALTH AND CARE.

**Activities:** Supporting projects to reduce maternal deaths and disability in the developing world.Provision of education, health promotion, equipments and research assistance.

## Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Overseas Aid/famine Relief
- **Who:** Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

- **Area of benefit:** NOT DEFINED IN PRACTICE NATIONAL AND OVERSEAS
- Malawi
- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£19,194	£39,241	-	-
2024-05-31	£46,938	£21,729	-	-
2023-05-31	£53,725	£72,343	-	-
2022-05-31	£29,779	£34,207	-	-
2021-05-31	£61,528	£39,852	-	-

## Trustees

Name	Role	Appointed
Imran Pasha BSc MA	Chair	2014-01-16
Dr Chipiliro Florence Kalebe-Nyamongo		2020-06-06
Dr PETER ROOKES		2017-12-16

**AMMALIFE**

England & Wales - Charity number 1120236

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# Accounts

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# Annual Report

**AMMALIFE LIMITED  
TRUSTEE'S REPORT and FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2024**



**Charity Registration Number: 1120236  
Company Registration Number: 05815194  
(England and Wales)**

**amma  
life**  
saving mothers worldwide

# Legal and Administrative Information

<b>Trustees</b>	Mr Imran Pasha (Chair) Mrs Maria Gee Dr Peter Rookes Dr Chipiliro Florence Kalebe-Nyamongo Mr Andrew Jones ( <i>until 31/08/23</i> ) Prof David Davies Prof Harry Gee
<b>Registered Office</b>	4th Floor Institute of Translational Medicine Heritage Building Mindelsohn Way Birmingham B15 2TH
<b>Charity number</b>	1120236
<b>Company number</b>	05815194 (registered in England and Wales)
<b>Independent Examiner</b>	Andrew Hopkins
<b>Accountants</b>	BVSC Latham House 33-34 Paradise Street Birmingham B1 2AJ
<b>Banking</b>	The Co-Operative Bank plc PO Box 250 Skelmersdale WN8 6WT
<b>Date of Report</b>	4 <sup>th</sup> December 2024

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# A heartfelt thanks

## MESSAGE FROM THE CHAIR

Maternal health needs continue to grow. A 2023 UN report on trends in maternal mortality showed that progress has stagnated, and we are not on track to meet the UN Sustainable Development Goal of less than 70 per 100,000 live births.



In the UK, maternal deaths rose to a 20-year high in 2023-24. This brings home the reality that there is still a lot of work to do save mothers lives, which can be achieved with timely use of tried and tested medical interventions.

This is where Ammalife aims to make a positive difference. Through our 3-pronged approach of:

1. investing in inspirational Change Makers who build capacity and raise standards in communities,
2. supporting research into effective solutions and partnering with organisations at the local, national and international level to provide practical support,
3. providing rapid and responsive funding to meet acute needs and gaps in support offered by other organisations,

We continue to make a difference where it is most needed, above and beyond our small organisational stature.

Ammalife is currently run entirely by a dedicated team of volunteers - all professionals in their respective fields - who work tirelessly to make a lasting impact that ultimately is about savings lives and ensuring good health outcomes.

## MESSAGE FROM THE CHAIR, CONTINUED

During the financial year 2023-24, the organisation has taken several steps to ensure greater resilience and sustainability going forward. These steps include recruiting a new Operation Manager and completing a review of organisational processes. Once complete these changes will ensure the efficient and effective daily operations of the charity.

During 2023-24, income was £46,938 and expenditure was £21,729. Both figures are lower than in 2022-23 due to a reduction in activity driven by capacity. The organisation's primary focus this year has been to disburse funds to active projects. There has been less focus on developing and supporting new projects. However, there has been progress in improving administrative processes and governance.

In the second half of 2024, since the financial period being reported, there has been a much-needed increase in unrestricted funding. The charity is also exploring a potential partnership that could underpin long-term financial sustainability for the organisation. In addition, Ammalife has been included as a partner in a multimillion-dollar research application that is being developed as a follow-up to the E-MOTIVE programme which is set to revolutionise postpartum haemorrhage detection and treatment approaches, and on which Ammalife was a partner.

I'd like to take the opportunity to thank every one of our donors, funders, volunteers and well-wishers for their continued support. I look forward to sharing news of our planned initiatives that will put Ammalife in a position to continue improving maternal health until the day when there are no preventable deaths.

*Imran Pasha,  
Chair of Trustees and Director,  
Ammalife Limited*

# A SNAPSHOT OF OUR IMPACT

£21,729

*Awarded to make maternity safer*

£46,938

*Raised to continue our vital work*

In the financial year 2023-24, we have supported:

- More than 30 facilities across Kenya, Tanzania, and Nigeria to provide access to the life-saving E-MOTIVE detection protocol and treatment bundle
- 2 Change Makers working across the UK, Nigeria and Australia

## Can you help save mothers' lives?



Ammalife is a UK-based charity dedicated reducing maternal deaths in some of the world's poorest communities. Treatment for a woman suffering severe bleeding after birth can cost just £2.

We need donations to continue our vital work, please consider fundraising for us.

**DOWNLOAD OUR  
FUNDRAISING PACK NOW**



[www.ammalife.org](http://www.ammalife.org)



## **TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2024**

The Trustees, some of whom are also directors of the charity for the purposes of the Companies Act 2006, present their report and unaudited financial statements of the charity for the year ending 31 May 2024.

### **Trustees**

The Trustees, some of whom are also the directors for the purposes of company law, and who served during the year and up to the date of signature of the unaudited financial statements were:

Mr Imran Pasha (Chair)

Mrs Maria Gee

Dr Peter Rookes

Dr Chipiliro Florence Kalebe-Nyamongo

None of the directors has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of winding up.

### **Objectives and activities**

#### **Policies and objectives**

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charities Commission relating to public benefit.

The principal activity of the Charity is to promote and protect the physical and mental health of women by:

1. Providing evidence, resources and training to relieve complications in pregnancy and childbirth to reduce the risk of morbidity and mortality.
2. Providing educational, preventative and therapeutic interventions for women with obstetrical or gynaecologic conditions.
3. Supporting birth attendants, midwives, primary care physicians and hospital doctors in order to improve the care of women in pregnancy and childbirth as well as other female conditions.
4. Working as internet based, freely available evidence resources and support on networks for healthcare providers interested in women's healthcare.
5. Advocating for effective, safe, affordable and simple to administer practices in the context of women's healthcare.
6. Addressing and advising upon capacity building, organisational and policy level issues as well as clinical governance and risk management in the context of women's health and care.

# **TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2024**

## **Structure, governance and management**

### **Constitution**

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 12 May 2006.

The principal object of the charity is to promote the physical and mental health of women.

### **Methods of appointment or election of Trustees**

Trustees can be appointed by the Board of Trustees, subject to confirmation at the next Annual General Meeting or nominated and elected at an Annual General Meeting.

### **Organisational structure and decision-making policies**

The Board of Trustees meets regularly, at least quarterly, throughout the year to oversee the charity's strategy, finance and legal obligations.

The Executive Board meets frequently, usually monthly, and is responsible for the day-to-day running of the Charity including idea acquisition, projects, fundraising, cash flow, website and social media, and networking and collaboration. The Executive Board reports to the Board of Trustees.

### **Risk management**

A risk register has been established with regular reporting by the Executive Board to the Board of Trustees.

### **Capacity**

The Charity needs to improve capacity at all levels. This includes operational management, Executive Board and Trustees. This improvement needs to be both quantitative and qualitative. Capacity issues have been exacerbated by the departure of the Operations Manager in December 2023. The Executive Board and Trustees have sought to mitigate this by meeting more frequently and undertaking reviews of working practices and the charity intends to recruit a new Operations Manager in early 2025. Both the Executive Board and Trustees are actively considering new membership to further support the stability and growth of the charity.

# **TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2024**

## **Fundraising**

In December 2023, the charity was awarded £27,970.00 from the MacBevan Trust who continue to be an important donor to the organisation. These funds were to provide access to the 'MOTIVE' treatment bundle for postpartum haemorrhage to clinical facilities who acted as 'control' sites for the E-MOTIVE clinical trial. Funds were provided to hospitals in Kenya, Nigeria, and Tanzania.

In May 2024, the MacBevan Trust awarded an additional £5,214.54 to fund Solar Panels for maternity wards in Nigeria.

The charity's regular donors continued to provide a steady and consistent income stream.

Community fundraising and growth of the regular funder base is a priority for the coming year.

## **Website**

This is the main channel for all stakeholders of Ammalife to learn about the organisation and keep up to date with the latest developments.

No major changes were made. A nominal fee was paid for website maintenance and administration, so we were able to update items. This is an area which needs to be constantly reviewed and updated to ensure it is relevant and engaging.

## **Reflection**

The charity has undergone a period of reflection this year, which has led to improved processes, record-keeping and significant additional responsibility taken on by Executive Members, as well as increased input from the Trustees. We have reviewed our operational needs in depth and will recruit for a new Operations Manager in early 2025.

## **Financial review**

### **Performance during the year**

This year the charity has derived income from regular donors and trusts and foundations, giving a total income of £46,938.

Expenditure has included direct spending on projects to provide medicines and equipment to prevent harms and deaths from postpartum haemorrhage in Nigeria, Kenya and Tanzania and to refurbish and improve maternity ward facilities in Nigeria. All these activities were accommodated within an expenditure of £21,729.

# TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2024

## Reserves policy

The reserves policy of the charity is based on an understanding of income streams (including the risk profiles of these); projected activities and contractual commitments to expenditure; and the overall risk environment in which the charity operates. Any designations and/or re-designations of the charity's reserves will be agreed by discussion and recorded in the minutes of meetings of the Trustees and Annual General Meeting of the charity.

The policy was reviewed in 2023 and is currently to hold an amount equivalent to approximately 3 months expenditure. Currently, expenditure is low due to having no dedicated staffing for the organisation. The free reserves at year end were £8,031. (2023: £7,008. 2021: £13,300).

## Statement of Trustees responsibilities

The Trustees (some of whom are also the directors for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities Statement of Recommended Practice;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Approval

The Trustees Report was approved by the Board of Trustees and signed on its behalf by:

Imran Pasha  
Chair of the Trustees  
4<sup>th</sup> December 2024

# INDEPENDENT EXAMINERS REPORT

## TO THE TRUSTEES OF AMMALIFE LIMITED

I report to the trustees on my examination of the financial statements of Ammalife Limited for the year ending 31 May 2024.

### **Responsibilities and basis of report**

As the trustees of the charity (some of whom are also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for an independent examination. I report in respect of the examination of the charity's financial statements carried out under section 144 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent Examiner's Statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).;

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Andrew Hopkins  
Birmingham Voluntary Service Council  
Latham House  
33-34 Paradise Street  
Birmingham  
B1 2AJ

2 December 2024

## STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

**YEAR ENDED 31 MAY 2024**

	Note	Unrestricted funds	Restricted funds	Total	Total
		2024	2024	2024	2023
		£	£	£	£
<u>Income from;</u>					
Donations, grants and legacies	3	11,228	34,410	45,638	53,725
Investments		1,300	-	1,300	-
<b>Total income</b>		<b>12,528</b>	<b>34,410</b>	<b>46,938</b>	<b>53,725</b>
<u>Expenditure on;</u>					
Charitable activities	4	(12,060)	(9,424)	(21,729)	(72,343)
Cost of raising funds		(245)	-	(245)	
Total charitable expenditure		(12,305)	(9,424)	(21,729)	(72,343)
<b>Net (loss)/income for the year/Net movement in funds</b>		<b>223</b>	<b>24,986</b>	<b>25,209</b>	<b>(18,618)</b>
Transfer				-	-
Fund balances at 1 June 2023		7,808	52,431	60,239	78,857
<b>Fund balances at 31 May 2024</b>		<b>8,031</b>	<b>77,417</b>	<b>85,448</b>	<b>60,239</b>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

## BALANCE SHEET

AS AT 31 MAY 2024

	Note	2024 £	2023 £
<b>Current assets</b>			
Debtors	8	-	-
Cash at bank and in hand		87,009	61,841
		87,009	61,841
Creditors: amounts falling due with one year	9	(1,560)	(1,602)
Net current assets		85,449	60,239
Total assets less current liabilities		85,449	60,239
<b>Income funds</b>			
Restricted funds	10	77,417	52,431
Unrestricted funds		8,031	7,808
		<b>85,448</b>	<b>60,239</b>

For the year ending 31 May 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of the financial statements for the year ending 31 May 2024 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 4<sup>th</sup> December 2024, and signed on behalf of the board by:

Imran Pasha  
Chair of the Trustees

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 1. Accounting Policies

#### Accounting convention

The accounts have been prepared in accordance with the Companies Act 2006 and “Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable in the UK and Republic of Ireland (FRS 102)” (as amended for accounting periods commencing from 1 January 2016). The charity is a “Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis if accounting in preparing the financial statements.

#### Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### Incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- The charity becomes legally entitled to the resources after any performance conditions have been met;
- The trustees are virtually certain that they will receive the resources; and
- The monetary value can be measured with sufficient reliability.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 1. Accounting Policies (continued)

#### **Resources expended**

Charitable activities includes all costs relating to general administration, which support the charitable purpose.

Grants offered subject to conditions, which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings that have been allocated to activities on a basis consistent with the use of the resources.

#### **Incoming resources with related expenditure**

When incoming resources have related expenditure (as with fundraising or contract income) both are reported gross in the SOFA.

#### **Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with bankers, other short term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### **Financial instruments**

The charity has elected to apply the provisions of Section 11 “Basic Financial Instruments” and Section 12 “Other Financial Issues” of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity’s balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the assets and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price, including transaction costs and are subsequently carries at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market value of interest. Financial assets classified as receivable within one year are not amortised.

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 1. Accounting Policies (continued)

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

#### **De-recognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### **Pensions**

The company operates a defined contribution pension scheme, and the pension charge represents the amounts payable by the company to the fund for the year.

### 2. Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3. Donations, grants and legacies

	Restricted Funds 2024 £	Unrestricted funds 2024 £	Total 2024 £	Total 2023 £
Donations	-	11,228	11,228	19,419
Grants	34,410	-	34,410	34,306
Total for the year	34,410	11,228	45,638	53,725
Total for 2023	34,306	19,419		53,725

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 4. Expenditure on charitable activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total 2024 £	Total 2023 £
Total for the year	11,301	10,428	21,484	72,343
Total for 2023	57,243	15,100		72,343

#### Analysis by fund

	2024	2023
Unrestricted funds	12,065	25,582
Restricted funds	9,424	46,761
	21,484	72,343

#### Analysis of support costs

	2024 £	2023 £
Staff costs (note 6)	7,442	12,254
Administration and other expenses	1,181	1,286
Independent examiner's fee	1,560	1,560
	10,183	15,100

### 5. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2023 - £nil).

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 6. Staff Costs

The average number of administration employees during the year was 1 (2023 – 1), who did not earn more than £60,000 in either year.

	2024 £	2023 £
Wages and salaries	7,123	11,754
Pension contributions to defined contribution scheme	319	500
	7,442	12,254

### Pension commitments

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company and are independently administered. The pension cost charge above represents contributions payable by the charitable company to the fund. Contributions totalling £0 (2023 – £42) were payable to the fund at the balance sheet date are included in creditors.

### 7. Financial instruments

	2024 £	2023 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	-	-
Carrying value of financial liabilities		
Measured on amortised costs	1,560	1,560

### 8. Debtors

	2024 £	2023 £
Amounts falling due within one year		
Other debtors	-	-
Tax receivable	-	-
	-	-

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 9. Creditors: amounts falling due within one year

	2024 £	2023 £
Pensions payable	-	42
Other taxes and social security	-	-
Accruals and deferred income	1,560	1,560
	1,560	1,602

### 10. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

#### Current Year:

	Balance at 1 June 2023 £	Transfer £	Movement in funds	Resource expended £	Balance at 31 May 2024 £
	£	£	Incoming resources £	£	£
On a roll	10	-	-	-	10
E-MOTIVE	20,218	-	-	(9,424)	10,794
Funding FAST-M	2,866	6,414	-	-	9,280
PRISM	4,000	-	-	-	4,000
Big Give	18,995	-	1,101	-	20,096
TXA fund	(72)	-	-	-	(72)
Cyclone Freddy	6,414	(6,414)	-	-	-
Mac Bevan Charitable Trust	-	-	33,309	-	33,309
	52,431	-	34,410	(9,424)	77,417

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2024

### 10. Restricted funds (continued):

#### Prior Year:

	Movement in funds				
	Balance at 1 June 2022 £	Transfer £	Incoming resources £	Resources expended £	Balance at 31 May 2023 £
EMBRACE	16	(16)	-	-	-
On a roll	468	(468)	10	-	10
E-MOTIVE	32,808	-	4,066	(16,656)	20,218
Funding FAST-M	12,899	-	-	(10,033)	2,866
PRISM	4,000	-	-	-	4,000
Big Give	15,179	-	3,816	-	18,995
COVID 19 Emergency Fund	182	(182)	-	-	-
TXA fund	-	-	20,000	(20,072)	(72)
Cyclone Freddy	-	-	6,414	-	6,414
	65,552	(666)	34,306	(46,761)	52,431

#### EMBRACE

This is restricted funding to be donated onto a similar project to Ammalife working in Tanzania.

#### On a roll

These funds have been donated to provide toilet paper and carbolic soap for 11,000 new mothers in the Maternity Unit at Queen Elizabeth Central Hospital, Malawi. This is the first defence in infection control and offers dignity to new mothers as well as securing the good working order of the new toilets and washing facilities, which Ammalife has co-funded.

#### Funding FAST-M

Ammalife has helped seed fund a collaboration between health workers in Malawi and Birmingham to design FAST-M, a “toolkit” to tackle maternal sepsis in low resource settings: Fluids, Antibiotics, Source identification, Transport to better care and Monitoring of the mother and new born. Right now, we’re supporting staff training and providing essential medical supplies to the fifteen centres involved in the pilot study year. We’re planning to continue our support to these centres after the pilot study so that the lifesaving work can continue.

# NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2024

## **PRISM**

This represents a grant that has been awarded for dissemination.

## **Big Give**

This annual appeal took place in December 2022 as part of the nationwide Big Give Christmas Challenge, run by the Big Give via their online donations platform. This year we were raising funds to support the procurement of tranexamic acid, which is proven to reduce the risk of complications following severe bleeding after childbirth.

## **COVID 19 Emergency Fund**

This appeal was raising money for equipment to protect mothers, babies and healthcare workers in Malawi maternity units from COVID-19. It included the purchase of handwashing stations, soap, paper towels, hand sanitiser and protective equipment for healthcare workers, including gowns and face masks. These supplies have been distributed at Queen Elizabeth Central Hospital, Blantyre and six further sites around the country; Dowa, Kabudula, Chitipa, Ndirande, Thyolo and Zomba.

## **E-MOTIVE**

Is a restricted reserve relating to the translation of the University of Birmingham's research project.

## **11. Analysis of net assets between funds**

Fund balances at 31 May 2024 and 31 May 2023 are represented by current assets/(liabilities).

## **12. Related party transaction**

Donations without restriction from the Trustees during the year amounted to £920 (2023 - £1,380) from 2 (2023 – 3) Trustees.

**AMMALIFE**

England & Wales - Charity number 1120236

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# Accounts

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# Annual Report

**AMMALIFE LIMITED  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MAY 2023**



# **LEGAL AND ADMINISTRATIVE INFORMATION**

## **TRUSTEES**

MR IMRAN PASHA (CHAIR)  
PROF HAROLD GEE  
DR SALIYA CHIPWETE  
MRS MARIA GEE  
MR KIONG CHAN  
DR PETER ROOKES  
DR CHIPILIRO FLORENCE KALEBE-NYAMONGO  
MR ANDREW JONES  
PROF DAVID DAVIES

## **REGISTERED OFFICE**

4TH FLOOR INSTITUTE OF TRANSLATIONAL MEDICINE  
HERITAGE BUILDING  
MINDELSON WAY  
BIRMINGHAM  
B15 2TH

**CHARITY NUMBER: 1120236**

**COMPANY NUMBER:05815194 (REGISTERED IN ENGLAND AND WALES)**

## **INDEPENDENT EXAMINER**

ANDREW HOPKINS

## **ACCOUNTANTS**

BVSC  
FIRST FLOOR  
LIVERY PLACE  
35 LIVERY STREET  
BIRMINGHAM  
B3 2PB

## **BANKERS**

THE CO-OPERATIVE BANK PLC  
PO BOX 250  
SKELMERSDALE  
WN8 6WT

# A heartfelt thanks

## A MESSAGE FROM THE CHAIR

Recent data suggests we are way off track to achieve the UN Sustainable Development Goals target on maternal mortality, and that rather than childbirth being a time of new life, the reality in many low income countries is that it is also a time of death.

However, nearly every death is preventable, and that is why Ammalife is committed to continue helping bring new research to the front line, working with clinicians and supporting the next generation of individuals who are passionate about bringing about tangible, sustainable change in maternal health.

In order to continue to this, we have to grow and develop the charity, and financially, our 22-23 period has seen the charity begin to re-emerge from the post-COVID challenges, with income beginning to rise again, almost doubling from £29,788 in 21/22 to £53,725.

As a small charity we are committed to keeping our costs low, but the need to grow our unrestricted funding and cover core cost's will be integral to the longevity and growth of the charity. This will be a key area of focus for the organisation in the coming year.

I'd like to take the opportunity to thank all our regular donors, and funders for their continued support during this period, and look forward to building on the success in the 2023/24 period.





# Research

## SUPPORTING THE EMOTIVE TRIAL WITH HIGH QUALITY TXA

We helped put the T in E-MOTIVE!

Amalife were able to support with the procurement of high quality TXA, which was proving difficult for many of the trial sites involved in the E-MOTIVE trial which published in May, demonstrated that the treatment bundle led to a 60% reduction in the occurrence of severe bleeds and deaths. That's the equivalent of one mother's life saved every 30 minutes - without high quality TXA this would not have been possible.

## WHAT THIS MEANS IN REALITY

Nurse Ann; "The difference that the Amma Life supply of TXA made during the EMOTIVE trial was undeniable. We saw lives being saved and our efforts bearing fruit once again "

## IMPACT SNAPSHOT

10000

doses of quality TXA funded

60%

reduction in occurrence of  
severe bleeding

1

life saved every 30  
minutes!





## FUNDS AWARDED

£ 25,000

The funds provided by MBT were used to support the procurement of TXA in Tanzania, Nigeria and Kenya, to ensure a supply of high quality medication was available throughout the E-MOTIVE trial

E-MOTIVE published in the New England Journal of Medicine in May

## WHAT THE CLINICS SAID

### Nigeria Hub

"One of our midwives described TXA as the miracle drug that has drastically reduced PPH, the need for drug transfusions and prolonged stay in hospital. This has given many mothers the joy of going back home for the naming ceremony of their newly born baby

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### Tanzania Hub

"the trial team supplied TXA from Ammalife funding, it was readily available in the facility and was stocked in the emergency trolley within the labour ward. We had TXA all the time, and we could access and administer it timely to all women who required it. Consequently, we experienced reduced cases of severe PPH by more than three quarters..."

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### Kenya Hub

Your timely and gracious supply of high-quality TXA marked a turning point in our fight against PPH. The positive effects were truly remarkable - we witnessed a significant reduction in PPH cases, and hope was reignited among our healthcare professionals and the mothers under our care



# Change Makers

This year we welcomed Dr Francis Githae Muriithi to the Change Maker programme. Francis is an Obstetrician and Gynaecologist trained in both Kenya and the United Kingdom. He has ongoing interests in Global Women's Health and Evidence-Based Health Care. He currently works as a Doctoral Research Fellow at the University of Birmingham and the Birmingham Women's Hospital within the Global Maternal Health Research team. Dr Muriithi's PhD project investigates strategies for improving maternal health outcomes and tackling preventable maternal deaths in sub-Saharan Africa.

## **ABOUT THE RESEARCH**

Dr Muriithi's PhD project consists of 4 workstreams as follows understanding factors which contribute to preventable maternal deaths, exploration of the role of client and provider behaviours in tackling preventable maternal deaths, learning from maternal death review reports and identification of unique provider behaviours and practices that could be utilised in the design of a positive deviance strategy for tackling preventable maternal deaths.



**WE WERE PROUD TO SUPPORT**

# NAOCO's 7th Annual Scientific Conference

Since the inception of NAOCO Ammalife have been providing grants to Malawi's National Association of Obstetric Clinical Officers to provide a vital training for clinical officers accross Malaiwi

Outputs from the 2023 conference include:

- Education of 50 attendees from across all health districts in Malawi
- Strengthening of the NAOCO Network, new members and conference attendees
- Developing networks and a culture of embedding research findings and best practice in maternal healthcare in Malawi
- The distribution of 2,300 doses of lifesaving postpartum haemorrhage medication to rural clinics via delegates that would have otherwise proven difficult to reach rural settings due to lack of reliable delivery services

We gathered feedback from over 75% of the attendees at the 2023 NAOCO conference, which rated the educational content as "very good" or "excellent". Most impressively, over 97% of respondents committed to changing their practice as a result of what they had learnt.

Written feedback from the conferences have identified that clinical officers had particularly benefited from learning opportunities with experienced doctors, and from the opportunity to share experiences with other clinicians operating in similar clinical settings to themselves. Sessions which focused on specific skills techniques such as ultrasound were also highly rated. From a practical point of view, there has also been feedback that Clinical Officers would appreciate a full second day of learning, and additional support for travel for those attending from more rural locations to ensure they can attend the full meeting

## **WHAT THE CLINICAL OFFICERS SAY**

*"this is very educative and very inspiring having the doctors encouraging us and sharing to make us better practitioners. I am very inspired"*



# Cyclone Freddy

## **ONE OF THE BENEFITS OF BEING A SMALL CHARITY IS BEING RESPONSIVE TO OUR PARTNERS NEEDS**

Early March 2023, Malawi and particularly Blantyre were bearing the brunt of cyclone Freddy. The damage was exceptional, with landslides and house collapses meaning that the hospital and its mortuaries were unfortunately overflowing.

Blankets and sheets which had been recently donated by Ammalife had arrived on the container and were used in the paediatric A&E for the very large number of patients coming in cold and wet and injured – the gift was received by the head of department and much appreciated.

Due to the unprecedented emergency the trustee's agreed to make funds available, running an emergency appeal with our supporters, which ensured the QECH - linking with the civil disaster response team, were able to ensure that supplies were rapidly purchased and given to the right communities and individuals.



## WHAT THIS MEANS IN REALITY



An initial consignment of 100 birth packs was procured and prepared in less than 24 hours for distribution at the QECH maternity unit-led weekend antenatal clinic for cyclone survivors.

Each birth pack contained a wash basin, small bucket, 6 cloth wrappers for Mum and baby, laundry bar soap, cord clamps and sterile razor blade, rechargeable torch with extra batteries, baby hats and socks.

The Blantyre District Health Office (BT DHO), MLW, Johns Hopkins Project (JHP), Kamuzu University of Health Sciences (KUHES), the community, and the QECH maternity unit collaborated to see 165 expectant mothers over the weekend antenatal clinics on March 18 and 19, 2023.

The women received the basic obstetrical and gynaecological care they needed, including a thorough physical examination, blood tests for haemoglobin, syphilis, HIV, and hepatitis B, as well as urine testing, the findings of which were recorded in brand-new health passport books.

*"The women we served often came to us hungry and in pain, with little ones in tow. One lady who was 8 months pregnant was faint with hunger and had to be led to a chair. Because of the support from Ammalife and Lady Fatemah Trust, we were able to feed them and their small children and make sure they received the supportive treatment necessary. It was such a rewarding day to help those in need."* Louise Irfan (a postdoctoral researcher from MLW who conducted on-site antenatal screening laboratory tests during the weekend clinic)

*"It was crucial to provide immediate support to those most in need and at risk such as pregnant women. It was fulfilling to help these women and the joy on their faces proved that help had come at the right time."* Gertrude Banda (a midwife from MLW who was one of the ANC providers during the weekend clinic)

## AMMALIFE LIMITED

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### TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and unaudited financial statements of the charity for the year ending 31 May 2023.

#### Trustees

The trustees, who are also the directors for the purposes of company law, and who served during the year and up to the date of signature of the unaudited financial statements were:

Mr Imran Pasha (Chair)  
Prof Harold Gee  
Dr Saliya Chipwete  
Mrs Maria Gee  
Mr Kiong Chan  
Dr Peter Rookes  
Dr Chipiliro Florence Kalebe-Nyamongo  
Mr Andrew Jones  
Prof David Davies

None of the directors has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of winding up.

#### Objectives and activities

##### Policies and objectives

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charities Commission relating to public benefit.

The principal activity of the Charity is to promote and protect the physical and mental health of women by:

1. Providing evidence, resources and training to relieve complications in pregnancy and childbirth to reduce the risk of morbidity and mortality;
2. Providing educational, preventative and therapeutic interventions for women with obstetrical or gynaecologic conditions;
3. Supporting birth attendants, midwives, primary care physicians and hospital doctors in order to improve the care of women in pregnancy and childbirth as well as other female conditions;
4. Working as internet based, freely available evidence resources and support on networks for healthcare providers interested in women's healthcare;
5. Advocating for effective, safe, affordable and simple to administer practices in the context of women's healthcare;
6. Addressing and advising upon capacity building, organisational and policy level issues as well as clinical governance and risk management in the context of women's health and care.

## TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2023

### **Structure, governance and management**

#### **Constitution**

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 12 May 2006.

The principal object of the charity is to promote the physical and mental health of women.

#### **Methods of appointment or election of Trustees**

Trustees can be appointed by the Board of Trustees, subject to confirmation at the next Annual General Meeting or nominated and elected at an Annual General Meeting.

#### **Organisational structure and decision-making policies**

The Board of Trustees meets a number of times throughout the year to oversee the charity's strategy, finance and legal obligations.

The Executive Board meets more frequently and is responsible for the day-to-day running of the Charity including idea acquisition, projects, fundraising, website and social media, and networking and collaboration. The Executive Board reports to the Board of Trustees.

#### **Risk management**

A risk register has been established with regular reporting by the Executive Board to the Board of Trustees.

#### **Capacity**

The Charity needs to improve capacity at all levels. This includes operational management, Executive Board and Trustees. This improvement needs to be both quantitative and qualitative. A few initiatives during the year such as more joint Executive and Trustee meetings have helped to ensure greater alignment and focus for the Charity.

New members were appointed to the Executive which will help to strengthen the ability of Ammalife to achieve its objectives. It was recognised that dedicated operational resources are important for the organisation to be able to deliver its objectives effectively.

## **AMMALIFE LIMITED**

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### **TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2023**

#### **Fundraising**

As in previous years, the Big Give was yet again, a source of funding for Ammalife, along with our regular donors.

Ammalife successfully raised over £6000 as part of an emergency appeal for work supporting mothers in Malawi displaced due to cyclone Freddy.

One of our major funders this year was MacBevan Trust, who generously supported our work in ensuring that high quality TXA was available in hospital sites which were part of the E-MOTIVE trial.

Community fundraising, which helps us increase unrestricted funds have not returned to their pre-COVID levels, and are an area of improvement

#### **Website**

This is the main channel for all stakeholders of Ammalife to learn about the organisation and keep up to date with the latest developments.

No major changes were made. A nominal fee was paid for website maintenance and administration so we were able to update items. This is an area which needs to be constantly reviewed and updated to ensure it is relevant and engaging.

#### **Reflection**

The charity has made progress, both operationally and financially this year, with additions to the executive team. There have been some resignations from the trustee board which the remaining members are tasked with recruiting too. We will utilise this as an opportunity to review the skill set gaps within the board, and recruit accordingly.

#### **Financial review**

##### **Performance during the year**

During the year the charity has gained income from regular givers, E-MOTIVE £14,328, and the big give, as in previous year. In addition to this, we have also benefited from supporters raising funds through marathons, and a large grant from MacBevan Trust giving the charity an income of £53725

Expenditure has been spread over the charity's direct spending on projects; providing medicines and equipment for the E-MOTIVE PPH programme, providing support for emergency medical supplies in Malawi and supporting NAOCO's service improvement and professional development work among Clinical Officers; and the regular operational expenses of running the organisation. All these activities were accommodated within an expenditure of £72323. This is recognised as being higher than previous years, in relation to income, but this is due to delayed projects during COVID finally taking place.

## TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2022

### Reserves policy

The reserves policy of the charity is based on an understanding of income streams (including the risk profiles of these); projected activities and contractual commitments to expenditure; and the overall risk environment in which the charity operates. Any designations and/or re-designations of the charity's reserves will be agreed by discussion and recorded in the minutes of meetings of the trustees and Annual General Meeting of the charity.

The policy was reviewed this year and is currently to hold an amount equivalent to approximately 3 months expenditure typically (approximately £7000 - £10000) although it is noted that spend is slightly higher than typical years due to utilising restricted funding which was delayed due to COVID. The free reserves at the year end were £7008. (2021: £13300).

### Statement of Trustees responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Approval

The Trustees Report was approved by the Board of Trustees and signed on its behalf by:

Imran Pasha  
Chair of the Trustees

## INDEPENDENT EXAMINERS REPORT

### TO THE TRUSTEES OF AMMALIFE LIMITED

I report to the trustees on my examination of the financial statements of Ammalife Limited for the year ending 31 May 2023.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for an independent examination. I report in respect of the examination of the charity's financial statements carried out under section 144 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).;

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Andrew Hopkins  
BVSC  
First Floor  
Livery Place  
35 Livery Street  
Birmingham  
B3 2PB

6 December 2023

## AMMALIFE LIMITED

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### STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) YEAR ENDED 31 MAY 2023

	Note	Unrestricted funds	Restricted funds	Total	Total
		2023	2023	2023	2022
		£	£	£	£
<b><u>Income from:</u></b>					
Donations, grants and legacies	3	19,419	34,306	53,725	29,778
Investments		-	-	-	10
<b>Total income</b>		<b>19,419</b>	<b>34,306</b>	<b>53,725</b>	<b>29,788</b>
<b><u>Expenditure on:</u></b>					
Charitable activities	4	(25,582)	(46,761)	(72,343)	(34,207)
<b>Total charitable expenditure</b>		<b>(25,582)</b>	<b>(46,761)</b>	<b>(72,343)</b>	<b>(34,207)</b>
<b>Net (loss)/income for the year/Net movement in funds</b>		<b>(6,163)</b>	<b>(12,455)</b>	<b>(18,618)</b>	<b>(4,419)</b>
Transfer		676	(676)	-	-
<b>Fund balances at 1 June 2022</b>		<b>13,305</b>	<b>65,552</b>	<b>78,857</b>	<b>83,276</b>
<b>Fund balances at 31 May 2023</b>		<b>7,818</b>	<b>52,421</b>	<b>60,239</b>	<b>78,857</b>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

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**BALANCE SHEET**  
**AS AT 31 MAY 2023**

	<b>Note</b>	<b>2023</b> £	<b>2022</b> £
<b>Current assets</b>			
Debtors	8	-	1,930
Cash at bank and in hand		61,841	79,558
		<u>61,841</u>	<u>81,488</u>
<b>Creditors: amounts falling due with one year</b>	9	(1,602)	(2,631)
<b>Net current assets</b>		<u>60,239</u>	<u>78,857</u>
<b>Total assets less current liabilities</b>		<u>60,239</u>	<u>78,857</u>
<b>Income funds</b>			
Restricted funds	10	52,421	65,552
Unrestricted funds		7,818	13,305
		<u>60,239</u>	<u>78,857</u>

For the year ending 31 May 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of the financial statements for the year ending 31 May 2023 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on [ ] 2023, and signed on behalf of the board by:

Imran Pasha  
Chair of the Trustees

## NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2023

### 1. Accounting Policies

#### Accounting convention

The accounts have been prepared in accordance with the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a "Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis if accounting in preparing the financial statements.

#### Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### Incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- The charity becomes legally entitled to the resources after any performance conditions have been met;
- The trustees are virtually certain that they will receive the resources; and
- The monetary value can be measured with sufficient reliability.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

## NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2023

### 1. Accounting Policies (continued)

#### Resources expended

Charitable activities include all costs relating to general administration, which support the charitable purpose.

Grants offered subject to conditions, which have not been met at the year-end date are noted as a commitment, but not accrued as expenditure.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings that have been allocated to activities on a basis consistent with the use of the resources.

#### Incoming resources with related expenditure

When incoming resources have related expenditure (as with fundraising or contract income) both are reported gross in the SOFA.

#### Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with bankers, other short term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### Financial instruments

The charity has elected to apply the provisions of Section 11 "Basic Financial Instruments" and Section 12 "Other Financial Issues" of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the assets and settle the liability simultaneously.

#### *Basic financial assets*

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price, including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market value of interest. Financial assets classified as receivable within one year are not amortised.

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2023**

**1. Accounting Policies (continued)**

*Basic financial liabilities*

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

*Derecognition of financial liabilities*

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**Pensions**

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund for the year.

**2. Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## AMMALIFE LIMITED

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### 3. Donations, grants and legacies

	Restricted Funds	Unrestrict ed funds	Total	Total
	2023	2023	2023	2022
	€	€	€	€
Donations	-	19,419	19,419	15,450
Grants	34,306	-	34,306	14,329
Total for the year	<u>34,306</u>	<u>19,419</u>	<u>53,725</u>	<u>29,779</u>
Total for 2022	<u>14,329</u>	<u>15,450</u>		<u>29,779</u>

NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2023

4. Expenditure on charitable activities

	Activities undertaken directly 2023	Support costs 2023	Total 2023	Total 2022
	£	£	£	£
Total for the year	57,243	15,100	72,343	34,207
Total for 2022	20,379	13,828		34,207

Analysis by fund

	2023	2022
Unrestricted funds	25,582	26,785
Restricted funds	46,761	7,422
	72,343	34,207

Analysis of direct costs

	2023	2022
	£	£
Malawi Project		23,568

Analysis of support costs

	2023	2022
	£	£
Staff costs (note 6)	12,254	11,985
Administration and other expenses	1,286	283
Independent examiner's fee	1,560	1,560
	15,100	16,284

5. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2022 - £nil).

NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2023

6. Staff costs

	2023 £	2022 £
Wages and salaries	11,754	11,508
Pension contributions to defined contribution scheme	500	477
	<u>12,254</u>	<u>11,985</u>

The average number of administration employees during the year was 1 (2022 – 1), who did not earn more than £60,000 in either year.

Pension commitments

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company and are independently administered. The pension cost charge above represents contributions payable by the charitable company to the fund. Contributions totalling £42 (2022 – £46) were payable to the fund at the balance sheet date and are included in creditors.

7. Financial instruments

	2023 £	2022 £
Carrying amount of financial assets		
Debt instruments measured at amortised cost	<u>-</u>	<u>-</u>
Carrying value of financial liabilities		
Measured on amortised costs	<u>1,560</u>	<u>1,560</u>

8. Debtors

	2023 £	2022 £
Amounts falling due within one year		
Other debtors	-	-
Tax receivable	-	1,930
	<u>-</u>	<u>1,930</u>

## AMMALIFE LIMITED

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### NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2023

#### 9. Creditors: amounts falling due within one year

	2023 £	2022 £
Pensions payable	42	46
Other taxes and social security	-	25
Accruals and deferred income	1,560	2,560
	<u>1,602</u>	<u>2,631</u>

## AMMALIFE LIMITED

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### 10. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

#### Current year

	Balance at 1 June 2022	Transfer	Movement in funds	Resource s expended	Balance at 31 May 2023
	£	£	Incoming resources £	£	£
EMBRACE	16	(18)	-	-	-
On a roll	468	(478)	10	-	10
E-MOTIVE	32,808	-	4,068	(16,656)	20,218
Funding FAST-M	12,899	6,414	-	(10,033)	9,280
PRISM	4,000	-	-	-	4,000
Big Give	15,179	-	3,816	-	18,995
COVID 19 Emergency Fund	182	(182)	-	-	-
TXA fund	-	-	20,000	(20,072)	(72)
Cyclone Freddy	-	(6,414)	6,414	-	-
	<u>65,552</u>	<u>(676)</u>	<u>34,308</u>	<u>(46,761)</u>	<u>52,421</u>

NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2022

10. Restricted funds (continued)

Prior year

	Balance at 1 June 2021 £	Transfer £	Movement in funds Incoming resources £	Resource s expended £	Balance at 31 May 2022 £
EMBRACE	16	-	-	-	16
On a roll	458	-	10	-	468
E-MOTIVE	18,490	-	14,318	-	32,808
Funding FAST-M	12,899	-	-	-	12,899
PRISM	4,000	-	-	-	4,000
Big Give	22,384	-	-	(7,185)	15,179
COVID 19 Emergency Fund	419	-	-	(237)	(182)
	<u>58,646</u>	<u>-</u>	<u>14,328</u>	<u>(7,422)</u>	<u>65,552</u>

**EMBRACE**

This is restricted funding to be donated onto a similar project to Ammalife working in Tanzania.

**On a roll**

These funds have been donated to provide toilet paper and carbolic soap for 11,000 new mothers in the Maternity Unit at Queen Elizabeth Central Hospital, Malawi. This is the first defence in infection control and offers dignity to new mothers as well as securing the good working order of the new toilets and washing facilities, which Ammalife has co-funded.

**Funding FAST-M**

Ammalife has helped seed fund a collaboration between health workers in Malawi and Birmingham to design FAST-M, a "toolkit" to tackle maternal sepsis in low resource settings: Fluids, Antibiotics, Source identification, Transport to better care and Monitoring of the mother and [new.bom](http://new.bom). Right now, we're supporting staff training and providing essential medical supplies to the fifteen centres involved in the pilot study year. We're planning to continue our support to these centres after the pilot study so that the lifesaving work can continue.

**PRISM**

This represents a grant that has been awarded for dissemination.

## AMMALIFE LIMITED

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### Big Give

This annual appeal took place in December 2022 as part of the nationwide Big Give Christmas Challenge, run by the Big Give via their online donations platform. This year we were raising funds to support the procurement of tranexamic acid, which is proven to reduce the risk of complications following severe bleeding after childbirth.

## NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2023

### 10. Restricted funds (continued)

#### COVID 19 Emergency Fund

This appeal was raising money for equipment to protect mothers, babies and healthcare workers in Malawi maternity units from COVID-19. It included the purchase of handwashing stations, soap, paper towels, hand sanitiser and protective equipment for healthcare workers, including gowns and face masks. These supplies have been distributed at Queen Elizabeth Central Hospital, Blantyre and six further sites around the country; Dowa, Kabudula, Chitipa, Ndirande, Thyolo and Zomba.

#### E-MOTIVE

Is a restricted reserve relating to the translation of the University of Birmingham's research project.

### 11. Analysis of net assets between funds

Fund balances at 31 May 2023 and 31 May 2022 are represented by current assets/(liabilities).

### 12. Related party transaction

There were no disclosed related party transactions this year.

We couldn't have  
done it without your  
generous *support.*

Thank you

The trustees, executive team and our partners would like to express our sincere thanks for your continued support and helping us towards our goal to a safe and health pregnancy for all mothers, regardless of where they live



[info@ammalife.org](mailto:info@ammalife.org)



[www.ammalife.org](http://www.ammalife.org)



4th floor, Heritage building,  
Mindlesohn Way. B15 2TH



07729453120



**AMMALIFE**

England & Wales - Charity number 1120236

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# Accounts

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**UNAUDITED ANNUAL REPORT & ACCOUNTS**  
**2021-22**

UK REGISTERED CHARITY 1120236

COMPANY REGISTRATION NUMBER: 05815194  
(ENGLAND AND WALES)



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## TRUSTEES

Mr Imran Pasha (Chair)  
Prof Harold Gee  
Dr Saliya Chipwete  
Mrs Maria Gee  
Mr Kiong Chan  
Dr Peter Rookes  
Mr Mukhtar Karim  
Dr Chipiliro Florence Kalebe-Nyamongo  
Mr Andrew Jones  
Prof David Davies

## REGISTERED OFFICE

4th Floor  
Institute of Transitional Medicine  
Heritage Building  
Mindelson Way  
Birmingham  
B15 2TH

None of the directors has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of winding up

Charity number: 1120236

Company number: 05815194 (registered in England and Wales)

**INDEPENDENT EXAMINER: PAUL BOWATER ACA**

**ACCOUNTANTS**

**BVSC**

**FIRST FLOOR**

**LIVERY PLACE**

**35 LIVERY STREET**

**BIRMINGHAM**

**B3 2PB**

**BANK**

**THE CO-OPERATIVE**

**BANK PLC**

**PO BOX 250**

**SKELMERSDALE**

**WN8 6WT**

# MESSAGE FROM THE CHAIR:



## Imran Pasha Chair of Trustees

Covid-19 and its disruption to healthcare systems around the world unfortunately, but not unexpectedly, has had a negative impact on global maternal mortality rates.

In 2019 maternal mortality ratio was 151 deaths per 100,000 live births. The latest data for 2020 which covers the first full year of Covid has seen this increase to 152 per 100,000.

The current trajectory projects 133 deaths per 100,000 live births in 2030, nearly double the SDG target. This is why the work of Ammalife is more crucial now than ever.

Our work is primarily focused on sub Saharan Africa as that is where the challenge is more acute - with 302 deaths per 100,000 live births - with the overwhelming majority of these deaths are avoidable with the right intervention.

Our work has 4 strands – research, change makers, projects and collaboration. Work continued in all these areas during 2021.

Our research work has continued to focus on the two main causes of maternal mortality: post partum haemorrhage and sepsis.

Through the Gates Foundation funded E-MOTIVE programme, Ammalife has secured funding to share evidence of what works. In addition Ammalife has funded life saving medicines for the E-MOTIVE trial in Nigeria.

With regards to sepsis Ammalife has supported the FAST-M research, co-funded the development of the Sepsis bundle and is looking to support a further Change Maker in this area.

With the efforts of everyone involved - including donors, volunteers, partners and change makers - work has continued to save lives through the dissemination of research, sharing and implementing best clinical practice, providing life saving medicines and hygiene products.

Ammalife aims to build its capacity by investing in appropriate resources. With the updated business plan, post pandemic environment and a renewed focus the aim is to ensure Ammalife is fit for purpose to address the challenges in maternal health.

With your ongoing support and encouragement we will continue striving to save mothers lives.

Thank you to all.

## ABOUT US

Founded by doctors and midwives, Ammalife is a specialist, research-driven organisation committed to tackling obstacles to good maternal health in some of the poorest parts of the world.

Everything we do is designed to build on the strengths and capacities of local people to enable them to find economic, culturally appropriate, and sustainable solutions to their problems.

Our Partnerships support appropriate and effective solutions to the problem of maternal death, our Change Makers work on the ground to provide compassionate care and share knowledge and good practice throughout their careers and our practical research is contributing to important discoveries which are profoundly changing practice and improving outcomes for mothers whose health rights are denied.

## AMMALIFE: SAVING MOTHERS AROUND THE WORLD

### ***Vision***

*A safe and healthy pregnancy and childbirth for all mothers, regardless of where they live, now and for future generations.*

### ***Mission***

*We carry out research to make pregnancy and childbirth safer. We support communities and healthcare providers to take evidence-based action that saves the lives of mothers and babies in some of the poorest parts of the world.*



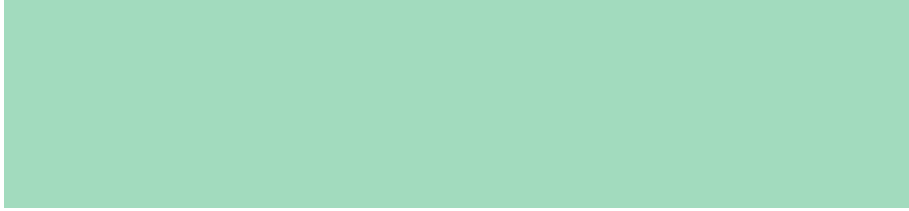
## VALUES:

AMMALIFE OPERATES WITH FIVE KEY PRINCIPLES AT OUR CORE.

WE STRIVE TO ENSURE THAT EVERYTHING WE DO IS:

- *Proactive and agile*
- *Collaborative*
- *Sustainable*
- *Empowering*
- *Transparent*





## **OUR ACHIEVEMENTS:**

Our main focus over the last year continued to be the reduction of sepsis, miscarriage and postpartum hemorrhage, three big contributors to maternal mortality rates globally.

We scaled back COVID response as partner health facilities move towards providing care of pregnant mothers in their “new normal” way.

### **Sepsis Prevention**

Healthcare acquired infection can pose a risk of Sepsis to pregnant and birthing mothers which is why we have invested in research and intervention around handwashing. However, this year one of our partner organisations in Malawi submitted a request for support to re-cover 200 mattresses in their maternity unit, to enable them to be effectively washed and cleaned between patients for infection control purposes. We recognised that sometimes it’s the small practical steps which can make a big difference, and we were pleased to provide a small grant to help make this happen.



## POSTPARTUM HEMORRHAGE (PPH)

The E-MOTIVE trial is the Early detection of Postpartum Haemorrhage and treatment using the WHO MOTIVE 'first response' bundle: a cluster randomised trial with health economic analysis and mixed methods evaluation

Postpartum haemorrhage (PPH), defined as a blood loss of more than 500 ml, is the leading cause of maternal death worldwide and a major concern in low-resource countries.

Ammalife are a key partner with the E-MOTIVE trial, and our work to support the initiative has continued this year. We have continued to raise funds to purchase tranexamic acid in Nigeria and Tanzania, which has ensured that high quality medication has been available for the trial, but more importantly has saved the lives of countless mothers.

### NAOCO CONFERENCE 2022

We were delighted to support the 2022 Annual Scientific conference National Association Of Clinical Officers in Malawi this year, following a year's hiatus due to COVID and the challenges in bringing large numbers of people together safely.

Around 50 obstetric Clinical Officers from across the country and all health districts attended.

The E-MOTIVE More than Blood documentary was aired - ensuring that cutting edge research on treating PPH is reaching those at front line. We were also able to distribute Misoprostol, an important drug for treating PPH, at the conference - for transport back to rural clinics, which would usually be challenging due to unreliable courier services.



I was thinking that I would be treated harshly because the doctors might think that I had terminated it.

- Interviewee, 19 years old

## MISCARRIAGE

Losing a baby during pregnancy is still a taboo subject worldwide. In some countries where abortion is illegal, mothers often fear seeking medical help when they experience symptoms of miscarriage, for fear that they may be accused of terminating their pregnancy. This leaves them at risk of illness and infection.

We are working with communities to tackle these taboos, so that mothers receive appropriate and respectful care.

This year we have produced 2 animations which aim to start sensitive conversations around baby loss, and encourage families to seek help and support. The first, an English language version, was launched during Babyloss Awareness Week, and the second - a Chichewa version was launched during the annual NAOCO conference alongside a related education session.

## MISSION MOROGORO

A full time midwife to serve the community and local women's groups is being employed at Tunguli Health Centre, Tanzania. Ammalife were able to provide funding for a year's salary, which was matched by another charity to fund an additional 12 months.

The midwife will work both clinically and carry out health promotion and public health messaging on maternal and child health issues, with the aim of training community champions to further the health promotion within their communities on a voluntary basis.

In the community they will support our work on PPH by distributing the life saving drug, TXA, and specialist equipment to local health facilities. The midwife will also provide education on signs of sepsis and offer miscarriage support.

They will also be starting dialogues on major health challenges such as anaemia -prevention and treatment including adherence to haematinics, preterm labour and creating birth plans for women with previous Cesarean Sections

**"WITH HARD WORK AND COMMITMENT TOWARDS MATERNAL HEALTH, I AM AN AMMALIFE CHANGEMAKER, BEING SUPPORTED FOR A MASTER OF SCIENCE IN GLOBAL HEALTH AT LIVERPOOL SCHOOL OF TROPICAL MEDICINE."**

## **LAURA MUNTHALI**

**AMMALIFE CHANGE MAKER, SENIOR RESEARCH NURSE (MLW), GLOBAL HEALTH STUDENT (LSTM)**

As the tenure of some of our existing Change Makers drew to a close this year, we were excited to welcome Laura Munthali to our Change Maker programme.

Laura is a graduate with a BSc in Nursing and Midwifery from Kamuzu College of Nursing. She is currently working with the Maternal Health Group, at the Malawi-Liverpool Wellcome Institute on the MAT-SURV project and FAST-M+ study in Blantyre, Malawi while also studying for her Masters degree by distance learning.

She has many years' experience in maternity care, as a team leader on Labour Ward and as a maternity unit Matron. She has also gained experience working with research teams, co-ordinating and conducting research work.

# WHO IS AMMALIFE?

## MEET THE TEAM!



**RAJ KAUR**  
Volunteer Exec Member



**OUR TRUSTEES AND  
FOUNDER**



**LOUISE JACKSON-  
SANDERS**  
Operations Manager

We are keen to ensure that as much of our income goes to finding solutions to improving maternal health outcomes, and as such Ammalife currently has just one part time member of staff. Louise is supported by a dedicated team of volunteers, who give up their time freely because they refuse to sit on the sidelines whilst hundreds of thousands of mothers die in pregnancy and childbirth each year.

These volunteers make up our board of trustees, our voluntary executive team, and support our operations by creating content for our website or social media, summarising the latest research articles, helping us sort and pack donations for shipments and so much more!

**THANKYOU TO EVERYONE WHO DONATES THEIR TIME**  
We couldn't do it without you!

**RAJ KAUR**  
Volunteer Exec Member

**We welcomed Raj to our Executive Team this year; here's why she was keen to support Ammalife:**

"I have been a project manager in academic research for the last ten years and became Centre Manager at Tommy's National Centre for Miscarriage Research in 2020. Through this I became aware of barriers that hugely impact being able to access good maternal healthcare birth in the UK and overseas. When I learnt about Ammalife I felt compelled to give my time and operational knowledge as volunteer for the exec team to contribute to improving maternal outcomes for families."



# TRUSTEES REPORT & ACCOUNTS

THE TRUSTEES, WHO ARE ALSO DIRECTORS OF THE CHARITY FOR THE PURPOSES OF THE COMPANIES ACT 2006, PRESENT THEIR REPORT AND UNAUDITED FINANCIAL STATEMENTS OF THE CHARITY FOR THE YEAR ENDING 31 MAY 2022.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Constitution

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 12 May 2006.

The principal object of the charity is to promote the physical and mental health of women.

### Methods of appointment or election of Trustees

Trustees can be appointed by the Board of Trustees, subject to confirmation at the next Annual General Meeting or nominated and elected at an Annual General Meeting.

### Organisational structure and decision-making policies:

The Board of Trustees meets a number of times throughout the year to oversee the charity's strategy, finance and legal obligations.

The Executive Board meets more frequently and is responsible for the day-to-day running of the Charity including idea acquisition, projects, fundraising, website and social media, and networking and collaboration. The Executive Board reports to the Board of Trustees.

### Risk management

A risk register has been established with regular reporting by the Executive Board to the Board of Trustees.

### Capacity

Capacity continues to be a challenge for the organisation, although there have been improvements this year with the addition of new executive members. We have continued to meet jointly with Executive and Trustee boards to help to ensure greater alignment and focus for the Charity.

### Fundraising

Due to capacity with our only member of staff on maternity leave for a portion of the year, we did not partake in this year's Big Give initiative which generates a large proportion of our usual income. Community fundraising initiatives were also limited due to ongoing COVID limitations. We anticipate both initiatives will be reinstated for the coming financial year. Regular donations have remained stable, and we hope to grow both these, and our trust income, in the coming year with the support of additional fundraising expertise.

### Website

This is the main channel for all stakeholders of Ammalife to learn about the organisation and keep up to date with the latest developments.

No major changes were made. A nominal fee was paid for website maintenance and administration so we were able to update items. This is an area which needs to be constantly reviewed and updated to ensure it is relevant and engaging.

# STRUCTURE, GOVERNANCE AND MANAGEMENT

## Final review and reflection

Operational resilience continues to be an ongoing challenge for the charity. As part of our new strategy the trustee's have committed to building our capacity by means of additional paid staff, and new skilled volunteers.

Despite these operational challenges this year we have developed our partnerships, saved mothers lives by providing life saving drugs, provided education opportunities to clinical officers, and instated a new change maker.

## Financial Review and statement: Performance during the year

During the year the charity has sustained its income with donations from two chief sources. The regular givers have contributed £15,460 and E-MOTIVE £14,328, giving the charity an income of £29,788.

Expenditure has been spread over the charity's direct spending on projects; providing medicines and equipment for the E-MOTIVE PPH programme, providing supplies to support the sepsis work, the COVID emergency appeal supplies for Malawi and supporting NAOOCO's service improvement and professional development work among Clinical Officers; and the regular operational expenses of running the organisation. All these activities were accommodated within an expenditure of £34,207.

## Reserves policy

The reserves policy of the charity is based on an understanding of income streams (including the risk profiles of these); projected activities and contractual commitments to expenditure; and the overall risk environment in which the charity operates. Any designations and/or re-designations of the charity's reserves will be agreed by discussion and recorded in the minutes of meetings of the trustees and Annual General Meeting of the charity.

Currently the policy is to hold an amount equivalent to approximately six months expenditure (approximately £15,000 - £20,000). The free reserves at the year end were £13,305 (2021: £24,630). The trustees will be reviewing the policy in the context of future plans to consider if this remains an appropriate policy.

## Statement of Trustees responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to select suitable accounting policies and then apply them consistently; observe the methods and principles in the Charity SORP; make judgements and estimates that are reasonable and prudent; state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Approval

The Trustees Report was approved by the Board of Trustees and signed on its behalf by:



Imran Pasha  
Chair of the Trustees  
16th September 2022

# INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF AMMALIFE LIMITED

I report to the trustees on my examination of the financial statements of Ammalife Limited for the year ending 31 May 2022.

## Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

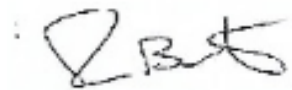
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for an independent examination. I report in respect of the examination of the charity's financial statements carried out under section 144 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

## Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).;

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Paul Bowater ACA  
Birmingham Voluntary Service Council  
138 Digbeth  
Birmingham  
B5 6DR

16th September 2022

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)  
YEAR ENDED 31 MAY 2022

	Note	Unrestricted funds	Restricted funds	Total	Total
		2022	2022	2022	2021
		£	£	£	£
<b>Income from:</b>					
Donations, grants and legacies	3	15,450	14,328	29,778	61,495
Investments		10	-	10	63
<b>Total income</b>		<b>15,460</b>	<b>14,328</b>	<b>29,788</b>	<b>61,528</b>
<b>Expenditure on:</b>					
Charitable activities	4	(26,785)	(7,422)	(34,207)	(39,852)
<b>Total charitable expenditure</b>		<b>(26,785)</b>	<b>(7,422)</b>	<b>(34,207)</b>	<b>(39,852)</b>
<b>Net (loss)/income for the year/Net movement in funds</b>		<b>(11,325)</b>	<b>6,906</b>	<b>(4,419)</b>	<b>21,676</b>
Transfer				-	-
<b>Fund balances at 1 June 2021</b>		<b>24,630</b>	<b>58,646</b>	<b>83,276</b>	<b>61,600</b>
<b>Fund balances at 31 May 2022</b>		<b>13,305</b>	<b>65,552</b>	<b>78,857</b>	<b>83,276</b>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**BALANCE SHEET  
AS AT 31 MAY 2022**

	Note	2022 £	2021 £
<b>Current assets</b>			
Debtors	8	1,930	2,943
Cash at bank and in hand		<u>79,558</u>	<u>81,893</u>
		81,488	84,836
<b>Creditors: amounts falling due with one year</b>	9	(2,631)	(1,500)
<b>Net current assets</b>		<u>78,857</u>	<u>83,276</u>
<b>Total assets less current liabilities</b>		<u>78,857</u>	<u>83,276</u>
<b>Income funds</b>			
Restricted funds	10	65,552	58,646
Unrestricted funds		13,305	24,630
		<u>78,857</u>	<u>83,276</u>

For the year ending 31 May 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of the financial statements for the year ending 31 May 2022 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying of the Act with respect to accounting records and the preparation of financial statements. These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 16th September 2022, and signed on behalf of the board by:

*Imran Pasha*

Imran Pasha  
Chair of the Trustees

# NOTES TO THE FINANCIAL STATEMENTS

## YEAR ENDED 31 MAY 2022

### 1.ACCOUNTING POLICIES

#### Accounting convention

The accounts have been prepared in accordance with the Companies Act 2006 and “Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable in the UK and Republic of Ireland (FRS 102)” (as amended for accounting periods commencing from 1 January 2016). The charity is a “Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis in preparing the financial statements.

#### Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### Incoming resources

These are included in the Statement of Financial Activities (SOFA) when:

- The charity becomes legally entitled to the resources after any performance conditions have been met;
- The trustees are virtually certain that they will receive the resources; and
- The monetary value can be measured with sufficient reliability.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

## **Accounting Policies (continued)**

### **Resources expended**

Charitable activities includes all costs relating to general administration, which support the charitable purpose.

Grants offered subject to conditions, which have not been met at the year-end date are noted as a commitment, but not accrued as expenditure.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings that have been allocated to activities on a basis consistent with the use of the resources.

### **Incoming resources with related expenditure**

When incoming resources have related expenditure (as with fundraising or contract income) both are reported gross in the SOFA.

### **Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with bankers, other short term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

### **Financial instruments**

The charity has elected to apply the provisions of Section 11 “Basic Financial Instruments” and Section 12 “Other Financial Issues” of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity’s balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the assets and settle the liability simultaneously.

### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price, including transaction costs and are subsequently carries at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market value of interest. Financial assets classified as receivable within one year are not amortised.

## Accounting Policies (continued)

### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

### De-recognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

### Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund for the year.

## 2. CRITICAL ACCOUNTING ESTIMATES AND JUDGEMENTS

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis.

Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## 3. DONATIONS, GRANTS AND LEGACIES

	Restricted Funds	Unrestricted funds	Total	Total
	2022 £	2022 £	2022 £	2021 £
Donations	-	15,450	15,450	52,064
Grants	14,329	-	14,329	9,401
Total for the year	<u>14,329</u>	<u>15,450</u>	<u>29,779</u>	<u>61,465</u>
Total for 2021	<u>36,773</u>	<u>24,692</u>		<u>61,465</u>

#### 4. EXPENDITURE ON CHARITABLE ACTIVITIES

	Activities undertaken directly 2022 £	Support costs 2022 £	Total 2022 £	Total 2021 £
Total for the year	<u>20,379</u>	<u>13,828</u>	<u>34,207</u>	<u>39,852</u>
Total for 2021	<u>23,568</u>	<u>16,284</u>		<u>39,852</u>
<b>Analysis by fund</b>				
Unrestricted funds			26,785	26,294
Restricted funds			7,422	13,558
			<u>34,207</u>	<u>39,852</u>
<b>Analysis of direct costs</b>				
			2022 £	2021 £
Malawi projects				<u>23,568</u>
<b>Analysis of support costs</b>				
			2022 £	2021 £
Staff costs (note 6)			11,985	11,691
Administration and other expenses			283	3,033
Independent examiner's fee			1,560	1,560
			<u>13,828</u>	<u>16,284</u>

#### 5. TRUSTEES

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2021 - £nil).

## 6. STAFF COSTS

	2022 £	2021 £
Wages and salaries	11,508	10,823
Pension contributions to defined contribution scheme	477	868
	<u>11,985</u>	<u>11,691</u>

The average number of administration employees during the year was 1 (2021 - 1), who did not earn more than £60,000 in either year.

## Pension commitments

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company and are independently administered. The pension cost charge above represents contributions payable by the charitable company to the fund. Contributions totalling £46 (2021 - £nil) were payable to the fund at the balance sheet date are included in creditors.

## 7. FINANCIAL INSTRUMENTS

	2022 £	2021 £
<b>Carrying amount of financial assets</b>		
Debt instruments measured at amortised cost	<u>-</u>	<u>-</u>
<b>Carrying value of financial liabilities</b>		
Measured on amortised costs	<u>1,560</u>	<u>1,560</u>

## 8. DEBTORS

	2022 £	2021 £
<b>Amounts falling due within one year</b>		
Other debtors	-	-
Tax receivable	1,930	2,943
	<u>1,930</u>	<u>2,943</u>

## 9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Pensions payable	46	-
Other taxes and social security	25	-
Accruals and deferred income	2,560	1,560
	<u>2,631</u>	<u>1,560</u>

## 10. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

### Current year

	Balance at 1 June 2021 £	Transfer £	Movement in funds	Resources expended £	Balance at 31 May 2022 £
	£	£	Incoming resources £	£	£
EMBRACE	16	-	-	-	16
On a roll	458	-	10	-	468
E-MOTIVE	18,490	-	14,318	-	32,808
Funding FAST-M	12,899	-	-	-	12,899
PRISM	4,000	-	-	-	4,000
Big Give	22,364	-	-	7,185	15,179
COVID 19 Emergency Fund	419	-	-	237	182
	<u>58,646</u>	<u>-</u>	<u>14,328</u>	<u>7,422</u>	<u>65,552</u>

## Restricted funds (continued)

### Prior year

	Balance at 1 June 2020	Transfer	Movement in funds	Resources expended	Balance at 31 May 2021
	£	£	Incoming resources £	£	£
EMBRACE	2,816	-	-	(2,800)	16
On a roll	458	-	-	-	458
E-MOTIVE	-	-	18,490	-	18,490
Funding FAST-M	12,899	-	-	-	12,899
PRISM	5,000	-	-	(1,000)	4,000
Big Give	10,128	-	12,236	-	22,364
COVID 19 Emergency Fund	4,130	-	6,047	(9,758)	419
	<u>35,431</u>	<u>-</u>	<u>36,773</u>	<u>(13,558)</u>	<u>58,646</u>

### EMBRACE

This is restricted funding to be donated onto a similar project to Ammalife working in Tanzania.

### On a roll

These funds have been donated to provide toilet paper and carbolic soap for 11,000 new mothers in the Maternity Unit at Queen Elizabeth Central Hospital, Malawi. This is the first defence in infection control and offers dignity to new mothers as well as securing the good working order of the new toilets and washing facilities, which Ammalife has co-funded.

### Funding FAST-M

Ammalife has helped seed fund a collaboration between health workers in Malawi and Birmingham to design FAST-M, a “toolkit” to tackle maternal sepsis in low resource settings: Fluids, Antibiotics, Source identification, Transport to better care and Monitoring of the mother and new born. Right now, we’re supporting staff training and providing essential medical supplies to the fifteen centres involved in the pilot study year. We’re planning to continue our support to these centres after the pilot study so that the lifesaving work can continue.

### PRISM

This represents a grant that has been awarded for dissemination.

### Big Give

This appeal took place in December 2020 as part of the nationwide Big Give Christmas Challenge, run by the Big Give via their online donations platform. The money we raised was for a hand hygiene project to help prevent maternal sepsis in Malawi. This included training for health care workers on hand hygiene, giving access to soap and water through handwashing stations and purchased alcohol gel for hospital maternity units. Additionally, we aimed to improve sustainable access to alcohol gel through investigating the local production of alcohol hand gel.

## **Restricted funds (continued)**

### **COVID 19 Emergency Fund**

This appeal was raising money for equipment to protect mothers, babies and healthcare workers in Malawi maternity units from COVID-19. It included the purchase of handwashing stations, soap, paper towels, hand sanitiser and protective equipment for healthcare workers, including gowns and face masks. These supplies have been distributed at Queen Elizabeth Central Hospital, Blantyre and six further sites around the country; Dowa, Kabudula, Chitipa, Ndirande, Thyolo and Zomba.

### **E-MOTIVE**

Is a restricted reserve relating to the translation of the University of Birmingham's research project.

### **11. Analysis of net assets between funds**

Fund balances at 31 May 2022 and 31 May 2021 are represented by current assets/(liabilities).

### **12. Related party transaction**

Donations without restriction from the Trustees during the year amounted to £1,380 (2021 - £1,412) from 3 (2021 - 3) Trustees.

**AMMALIFE**

England & Wales - Charity number 1120236

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# Accounts

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**Charity Registration Number: 1120236**

**Company Registration Number: 05815194 (England and Wales)**

**AMMALIFE LIMITED**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MAY 2021**



# AMMALIFE LIMITED

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**LEGAL AND ADMINISTRATIVE INFORMATION**

<b>Trustees</b>	Mr Imran Pasha (Chair) Prof Harold Gee Dr Saliya Chipwete Mrs Maria Gee Dr Amie Wilson (resigned 6 June 2020) Mr Kiong Chan Dr Peter Rookes Mr Mukhtar Karim Dr Chipiliro Florence Kalebe-Nyamongo (appointed 6 June 2020) Mr Andrew Jones (appointed December 2020) Prof David Davies (appointed December 2020)
<b>Registered Office</b>	4th Floor Institute of Transitional Medicine Heritage Building Mindelson Way Birmingham B15 2TH
<b>Charity number</b>	1120236
<b>Company number</b>	05815194 (registered in England and Wales)
<b>Independent Examiner</b>	Paul Bowater ACA
<b>Accountants</b>	BVSC 138 Digbeth Birmingham B5 6DR
<b>Bankers</b>	The Co-Operative Bank plc PO Box 250 Skelmersdale WN8 6WT

## AMMALIFE LIMITED

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### TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2021

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report and unaudited financial statements of the charity for the year ending 31 May 2021.

#### Trustees

The trustees, who are also the directors for the purposes of company law, and who served during the year and up to the date of signature of the unaudited financial statements were:

Mr Imran Pasha (Chair)  
Prof Harold Gee  
Dr Saliya Chipwete  
Mrs Maria Gee  
Dr Amie Wilson (resigned 6 June 2020)  
Mr Kiong Chan  
Dr Peter Rookes  
Mr Mukhtar Karim  
Dr Chipiliro Florence Kalebe-Nyamongo (appointed 6 June 2020)  
Mr Andrew Jones (appointed December 2020)  
Prof David Davies (appointed December 2020)

None of the directors has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of winding up.

#### Objectives and activities

##### Policies and objectives

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charities Commission relating to public benefit.

The principal activity of the Charity is to promote and protect the physical and mental health of women by:

1. Providing evidence, resources and training to relieve complications in pregnancy and childbirth to reduce the risk of morbidity and mortality;
2. Providing educational, preventative and therapeutic interventions for women with obstetrical or gynaecologic conditions;
3. Supporting birth attendants, midwives, primary care physicians and hospital doctors in order to improve the care of women in pregnancy and childbirth as well as other female conditions;
4. Working as internet based, freely available evidence resources and support on networks for healthcare providers interested in women's healthcare;
5. Advocating for effective, safe, affordable and simple to administer practices in the context of women's healthcare;
6. Addressing and advising upon capacity building, organisational and policy level issues as well as clinical governance and risk management in the context of women's health and care.

## TRUSTEES REPORT (INCLUDING DIRECTORS REPORT) YEAR ENDED 31 MAY 2021

### Achievements and performance

#### Summary

It has been a challenging year with Covid and the absence due to maternity leave of the only staff member adversely impacting the Charities fundraising and operational activities. Meetings were held online to ensure continuity of the organisation. The past year has highlighted the need for Ammalife to increase capacity at all levels of the organisation.

Despite the challenges Ammalife was able to increase income to £61,528 during this reporting period compared to an income of £38,473 last year. Expenditure was £39,582 during the year, which was similar to the previous year. The main sources of income in descending order were the regular donations, funding from the EMBRACE programme, the Big Give Christmas Challenge and the Covid emergency appeal. The funds raised have been used to purchase and ship much needed emergency supplies to much needed areas of the world and helped to save lives.

A number of Executive and Trustee sessions were held to discuss ideas for the future strategy of Ammalife, which will help to outline a roadmap for next few years.

#### Key activities:

##### 1. E-MOTIVE

Ammalife is a partner in the E-MOTIVE programme for the early detection and first response treatment of postpartum haemorrhage. Ammalife has funds allocated to support a PhD research to undertake data analysis and evidence synthesis work relevant to E-MOTIVE. A suitable candidate has been identified and a research proposal is being developed for registration.

Ammalife has also raised funds to purchase medicines and supporting equipment relevant to the E-MOTIVE programme. This includes 1,200 doses of TXA in Nigeria and Tanzania, over 10,000 oxytocin doses, and a handful of fridges. The TXA was available in the hospital labour wards which meant that women were treated with the addition of TXA when they bled excessively after vaginal birth. Quality-assured oxytocin doses were purchased for hospitals that used sub-optimal products. Fridges were purchased for labour wards that did not have one to store oxytocin. Oxytocin degrades to sub-optimal quality outside the fridge.

##### 2. Sepsis

Sepsis work was mainly focussed on hand hygiene and covid protection/prevention activities. These included funding hand hygiene stations in Queen Elizabeth Hospital, Blantyre, based on the model developed by Dr. Catherine Dunlop, whose research - In Safe Hands – was partly funded by Ammalife.

##### 3. COVID-19

With the ongoing Covid pandemic, Ammalife continued with the work started in 2020 to provide emergency assistance by sending much needed equipment. This included sending emergency medical supplies to hospitals in Malawi including QEH in Blantyre. These included the supply of PPE and an oxygen concentrator.

With support from THET we were able to further develop our partnership and COVID response with Queen Elizabeth Central Hospital to create a mental health support training package to enhance front line staff's mental wellbeing during the pandemic. Front line staff from 3 maternity facilities were trained to be mental health support leads who developed mental health support groups which proved to be a morale booster for the already vulnerable stretched health care workers. Support groups provided both peer to peer support and coping strategies to use during times of increased stress. From a baseline of zero, there are now at least 10 mental health trainer's per facility.

**TRUSTEES REPORT (INCLUDING DIRECTORS REPORT)  
YEAR ENDED 31 MAY 2021**

**Investment in change makers:**

This is an area which needs to be developed further. Over the last year due to a number of factors such as the Covid pandemic and the lack of dedicated operational capacity Ammalife has not been able to progress this area. The intention remains to expand the number of change makers, not only in numbers but also in other countries beyond Malawi, while at the same time improving the framework used to select the appropriate change makers.

NAOCO is the professional body of clinical officers in Malawi who deliver the majority of obstetric care. Ammalife work closely with NAOCO and has sponsored their annual conferences and education events in previous years. Due to COVID, and the challenges in bringing large numbers of people together safely, the annual conference didn't take place this year. We are however developing proposals and risk assessing the possibility for a 2022 scientific conference.

**Structure, governance and management**

**Constitution**

The charity is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 12 May 2006.

The principal object of the charity is to promote the physical and mental health of women.

**Methods of appointment or election of Trustees**

Trustees can be appointed by the Board of Trustees, subject to confirmation at the next Annual General Meeting or nominated and elected at an Annual General Meeting.

**Organisational structure and decision-making policies**

The Board of Trustees meets a number of times throughout the year to oversee the charity's strategy, finance and legal obligations.

The Executive Board meets more frequently and is responsible for the day-to-day running of the Charity including idea acquisition, projects, fundraising, website and social media, and networking and collaboration. The Executive Board reports to the Board of Trustees.

**Risk management**

A risk register has been established with regular reporting by the Executive Board to the Board of Trustees.

**Capacity**

The Charity needs to improve capacity at all levels. This includes operational management, Executive Board and Trustees. This improvement needs to be both quantitative and qualitative. A few initiatives during the year such as more joint Executive and Trustee meetings have helped to ensure greater alignment and focus for the Charity. During these sessions ideas were proposed and adopted to help shape the strategy of the organisation for the next 3 years.

New members were appointed to the Executive and Trustee Board which will help to strengthen the ability of Ammalife to achieve it's objectives. It was recognised that dedicated operational resource is important for the organisation to be able to deliver its objectives effectively.

**TRUSTEES REPORT (INCLUDING DIRECTORS REPORT)  
YEAR ENDED 31 MAY 2021**

**Fundraising**

Big Give: The Charity successfully participated, again, in this exercise to fund continued support of the health facilities involved with the Charity's research fellow's work. Thanks to our supporters in particularly a generous donation by Lady Fatimah Trust over £12,000 was raised.

Continuing from last year Ammalife successfully raised over £6,000 for COVID emergency people. These funds were used to purchase and ship emergency medical supplies to Malawi and helped in the efforts to deal with the pandemic and save lives.

**Website**

This is the main channel for all stakeholders of Ammalife to learn about the organisation and keep up to date with the latest developments.

No major changes were made. A nominal fee was paid for website maintenance and administration so we were able to update items. This is an area which needs to be constantly reviewed and updated to ensure it is relevant and engaging.

There was limited social media activity due to the ongoing COVID situation.

**Reflection**

The charity needs to build operational resilience by reviewing its personnel capacity. The lack of dedicated staff working for the Charity on a continuous basis meant that not on the value add activities but also the routine administrative activities proved challenging. This needs to be addressed to ensure the Charity realises its potential as there are still many unfulfilled needs in maternal health.

In addition there needs to be clear understanding and accountability of responsibilities at all levels including day to day operational management, Executive Board and Trustees. Hitherto the organisation has been reliant on the goodwill of a handful of individuals which is not sustainable in the long run. Ammalife has a lot of goodwill amongst benefactors and volunteers. This needs to be harnessed to ensure the organisation can achieve its full potential and make a big impact on helping improve maternal health.

**Financial review**

**Performance during the year**

During the year the charity has sustained its income with donations from three chief sources. The regular givers have contributed £24,692, the Big Give Christmas Challenge £12,236, E-MOTIVE £18,490 and the COVID-19 Emergency Fund £6,047, giving the charity an income of £61,528.

Expenditure has been spread over the charity's direct spending on projects; providing medicines and equipment for the E-MOTIVE pph programme, providing supplies to support the sepsis work, PPE supplies for the COVID emergency appeal sent to Malawi and supporting NAOCO's service improvement and professional development work among Clinical Officers; and the regular operational expenses of running the organisation. All these activities were accommodated within an expenditure of £39,852.

**TRUSTEES REPORT (INCLUDING DIRECTORS REPORT)  
YEAR ENDED 31 MAY 2021**

**Reserves policy**

The reserves policy of the charity is based on an understanding of income streams (including the risk profiles of these); projected activities and contractual commitments to expenditure; and the overall risk environment in which the charity operates. Any designations and/or re-designations of the charity's reserves will be agreed by discussion and recorded in the minutes of meetings of the trustees and Annual General Meeting of the charity.

Currently the policy is to hold an amount equivalent to approximately six months expenditure (approximately £15,000 - £20,000). The free reserves at the year end were £24,630 (2020: £26,169). The trustees will be reviewing the policy in the context of future plans to consider if this remains an appropriate policy.

**Statement of Trustees responsibilities**

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Approval**

The Trustees Report was approved by the Board of Trustees and signed on its behalf by:



Imran Pasha  
Chair of the Trustees

16 February 2022



# AMMALIFE LIMITED

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## INDEPENDENT EXAMINERS REPORT

### TO THE TRUSTEES OF AMMALIFE LIMITED

I report to the trustees on my examination of the financial statements of Ammalife Limited for the year ending 31 May 2021.

#### Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for an independent examination. I report in respect of the examination of the charity's financial statements carried out under section 144 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).;

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Paul Bowater ACA  
Birmingham Voluntary Service Council  
138 Digbeth  
Birmingham  
B5 6DR

17 February 2022



**AMMALIFE LIMITED**

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)  
YEAR ENDED 31 MAY 2021**

	Note	Unrestricted funds	Restricted funds	Total	Total
		2021	2021	2021	2020
		£	£	£	£
<b><u>Income from:</u></b>					
Donations, grants and legacies	3	24,692	36,773	61,465	38,206
Investments		63	-	63	267
<b>Total income</b>		<b>24,755</b>	<b>36,773</b>	<b>61,528</b>	<b>38,473</b>
<b><u>Expenditure on:</u></b>					
Charitable activities	4	(26,294)	(13,558)	(39,852)	(39,090)
<b>Total charitable expenditure</b>		<b>(26,294)</b>	<b>(13,558)</b>	<b>(39,852)</b>	<b>(39,090)</b>
<b>Net (loss)/income for the year/Net movement in funds</b>		<b>(1,539)</b>	<b>23,215</b>	<b>21,676</b>	<b>(617)</b>
Transfer					-
<b>Fund balances at 1 June 2020</b>		<b>26,169</b>	<b>35,431</b>	<b>61,600</b>	<b>62,217</b>
<b>Fund balances at 31 May 2021</b>		<b>24,630</b>	<b>58,646</b>	<b>83,276</b>	<b>61,600</b>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

## AMMALIFE LIMITED

### BALANCE SHEET AS AT 31 MAY 2021

	Note	2021 £	2020 £
<b>Current assets</b>			
Debtors	8	2,943	7,410
Cash at bank and in hand		<u>81,893</u>	<u>55,750</u>
		84,836	63,160
<b>Creditors: amounts falling due with one year</b>	9	(1,560)	(1,560)
<b>Net current assets</b>		<u>83,276</u>	<u>61,600</u>
<b>Total assets less current liabilities</b>		<u>83,276</u>	<u>61,600</u>
<b>Income funds</b>			
Restricted funds	10	58,646	35,431
Unrestricted funds		24,630	26,169
		<u>83,276</u>	<u>61,600</u>

For the year ending 31 May 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of the financial statements for the year ending 31 May 2020 in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 16 February 2022, and signed on behalf of the board by:



Imran Pasha  
Chair of the Trustees

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2021**

**1. Accounting Policies**

**Accounting convention**

The accounts have been prepared in accordance with the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a "Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

**Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis if accounting in preparing the financial statements.

**Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

**Incoming resources**

These are included in the Statement of Financial Activities (SOFA) when:

- The charity becomes legally entitled to the resources after any performance conditions have been met;
- The trustees are virtually certain that they will receive the resources; and
- The monetary value can be measured with sufficient reliability.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2021**

**1. Accounting Policies (continued)**

**Resources expended**

Charitable activities includes all costs relating to general administration, which support the charitable purpose.

Grants offered subject to conditions, which have not been met at the year-end date are noted as a commitment, but not accrued as expenditure.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings that have been allocated to activities on a basis consistent with the use of the resources.

**Incoming resources with related expenditure**

When incoming resources have related expenditure (as with fundraising or contract income) both are reported gross in the SOFA.

**Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with bankers, other short term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**Financial instruments**

The charity has elected to apply the provisions of Section 11 "Basic Financial Instruments" and Section 12 "Other Financial Issues" of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the assets and settle the liability simultaneously.

**Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price, including transaction costs and are subsequently carries at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market value of interest. Financial assets classified as receivable within one year are not amortised.

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2020**

**1. Accounting Policies (continued)**

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

***De-recognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**Pensions**

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund for the year.

**2. Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**3. Donations, grants and legacies**

	<b>Restricted Funds</b>	<b>Unrestricted funds</b>	<b>Total</b>	<b>Total</b>
	<b>2021 £</b>	<b>2021 £</b>	<b>2021 £</b>	<b>2020 £</b>
Donations	36,773	15,291	52,064	38,206
Grants	-	9,401	9,401	-
Total for the year	<u>36,773</u>	<u>24,692</u>	<u>61,465</u>	<u>38,206</u>
Total for 2020	<u>18,391</u>	<u>19,815</u>	<u>38,206</u>	<u>38,206</u>

# AMMALIFE LIMITED

## NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2021

### 4. Expenditure on charitable activities

	Activities undertaken directly 2021 £	Support costs 2021 £	Total 2021 £	Total 2020 £
Total for the year	<u>23,568</u>	<u>16,284</u>	<u>39,852</u>	<u>39,090</u>
Total for 2020	<u>22,658</u>	<u>16,432</u>	<u>39,090</u>	

### Analysis by fund

Unrestricted funds			26,294	20,989
Restricted funds			13,558	18,101
			<u>39,852</u>	<u>39,090</u>

### Analysis of direct costs

		2021 £	2020 £
Malawi projects			<u>12,658</u>

### Analysis of support costs

		2021 £	2020 £
Staff costs (note 6)		11,691	12,555
Administration and other expenses		3,033	2,317
Independent examiner's fee		1,560	1,560
		<u>16,284</u>	<u>16,432</u>

### 5. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year (2020 - £nil).

## AMMALIFE LIMITED

### NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MAY 2021

#### 6. Staff costs

	2021 £	2020 £
Wages and salaries	10,823	12,282
Pension contributions to defined contribution scheme	868	273
	<u>11,691</u>	<u>12,555</u>

The average number of administration employees during the year was 1 (2020 – 1), who did not earn more than £60,000 in either year.

#### Pension commitments

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company and are independently administered. The pension cost charge above represents contributions payable by the charitable company to the fund. Contributions totalling £ (2020 – £nil) were payable to the fund at the balance sheet date are included in creditors.

#### 7. Financial instruments

	2021 £	2020 £
<b>Carrying amount of financial assets</b>		
Debt instruments measured at amortised cost	<u>-</u>	<u>-</u>
<b>Carrying value of financial liabilities</b>		
Measured on amortised costs	<u>1,560</u>	<u>1,560</u>

#### 8. Debtors

	2021 £	2020 £
<b>Amounts falling due within one year</b>		
Other debtors		-
Tax receivable	2,943	7,410
	<u>2,943</u>	<u>7,410</u>

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2021**

**9. Creditors: amounts falling due within one year**

	2021 £	2020 £
Pensions payable		-
Other creditors		-
Accruals and deferred income	1,560	1,560
	<u>1,560</u>	<u>1,560</u>

**10. Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

**Current year**

	Balance at 1 June 2020 £	Transfer £	Movement in funds Incoming resources £	Resources expended £	Balance at 31 May 2021 £
EMBRACE	2,816	-	-	(2,800)	16
On a roll	458	-	-	-	458
E-MOTIVE	-	-	18,490	-	18,490
Funding FAST-M	12,899	-	-	-	12,899
PRISM	5,000	-	-	(1,000)	4,000
Big Give	10,128	-	12,236	-	22,364
COVID 19 Emergency Fund	4,130	-	6,047	(9,758)	419
	<u>35,431</u>	<u>-</u>	<u>36,773</u>	<u>(13,558)</u>	<u>58,646</u>

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2021**

**10. Restricted funds (continued)**

**Prior year**

	<b>Balance at 1 June 2019</b>	<b>Transfer</b>	<b>Movement in funds Incoming resources</b>	<b>Resources expended</b>	<b>Balance at 31 May 2020</b>
	£	£	£	£	£
EMBRACE	2,816	-	-	-	2,816
On a roll	458	-	-	-	458
Funding FAST-M	12,899	-	-	-	12,899
PRISM	12,000	-	-	(7,000)	5,000
Big Give	-	6,968	12,212	(9,052)	10,128
COVID 19 Emergency Fund	-	-	6,179	(2,049)	4,130
	<u>28,173</u>	<u>6,968</u>	<u>18,391</u>	<u>(18,101)</u>	<u>35,431</u>

**EMBRACE**

This is restricted funding to be donated onto a similar project to Ammalife working in Tanzania.

**On a roll**

These funds have been donated to provide toilet paper and carbolic soap for 11,000 new mothers in the Maternity Unit at Queen Elizabeth Central Hospital, Malawi. This is the first defence in infection control and offers dignity to new mothers as well as securing the good working order of the new toilets and washing facilities, which Ammalife has co-funded.

**Funding FAST-M**

Ammalife has helped seed fund a collaboration between health workers in Malawi and Birmingham to design FAST-M, a "toolkit" to tackle maternal sepsis in low resource settings: Fluids, Antibiotics, Source identification, Transport to better care and Monitoring of the mother and new born. Right now, we're supporting staff training and providing essential medical supplies to the fifteen centres involved in the pilot study year. We're planning to continue our support to these centres after the pilot study so that the lifesaving work can continue.

**PRISM**

This represents a grant that has been awarded for dissemination.

**Big Give**

This appeal took place in December 2020 as part of the nationwide Big Give Christmas Challenge, run by the Big Give via their online donations platform. The money we raised was for a hand hygiene project to help prevent maternal sepsis in Malawi. This included training for health care workers on hand hygiene, giving access to soap and water through handwashing stations and purchased alcohol gel for hospital maternity units. Additionally, we aimed to improve sustainable access to alcohol gel through investigating the local production of alcohol hand gel.

**NOTES TO THE FINANCIAL STATEMENTS  
YEAR ENDED 31 MAY 2021**

**10. Restricted funds (continued)**

**COVID 19 Emergency Fund**

This appeal was raising money for equipment to protect mothers, babies and healthcare workers in Malawi maternity units from COVID-19. It included the purchase of handwashing stations, soap, paper towels, hand sanitiser and protective equipment for healthcare workers, including gowns and face masks. These supplies have been distributed at Queen Elizabeth Central Hospital, Blantyre and six further sites around the country; Dowa, Kabudula, Chitipa, Ndirande, Thyolo and Zomba.

**E-MOTIVE**

Is a restricted reserve relating to the translation of the University of Birmingham's research project.

**11. Analysis of net assets between funds**

Fund balances at 31 May 2021 and 31 May 2020 are represented by current assets/(liabilities).

**12. Related party transaction**

Donations without restriction from the Trustees during the year amounted to £1,412 (2020 - £1,900) from 3 (2020 - 4) Trustees.



