



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 1 April 2021 Period start date To 31 March 2022 Period end date

Charity name: Yewdale Counselling Services

Charity registration number: 1120232

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide for the relief of distress and anxiety among the community and in furtherance thereof to provide assistance in the form of counselling and other talking therapies; to provide, maintain and operate a Centre or Centres for the provision of these therapies and to provide education and training in the field of counselling and other talking therapies
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To offer a counselling service within the community offering Person-Centred, Cognitive Behavioural and Integral counselling tailored to the clients' needs We abide by the BACP ethical framework Our counsellors have received monthly external supervision Placement for Trainee counsellors have continued to be offered this year
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have copies of all the Public Benefit Guidance from the Charity Commission and have referred to it as an aid when making a decision to which the Guidance is relevant. The trustees declare that in undertaking the above activities they have had regard to this Guidance and in particular understand both aspects ie the 'benefit aspect' and the 'public aspect.'

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Counselling Appointments</b> During the year 522 clients were offered 3267 counselling hours.</p> <p>Client Comments</p> <p>"I'd just like to thank * for her help over the past weeks. She has been a patient listener and also make the right interjections to help me. I am so grateful to her and would like this to be passed onto her. She has helped me lighten the load of my past and help me move forward. I can't express how much her help has meant to me. Thank you so much."</p> <p>"I feel like a completely different person. Thank you"</p> <p>"Thank you. I wouldn't be here today if I hadn't come here – finally I'm happy"</p> <p>"Since I have been with this service I have been happy and enjoy things. Very helpful and I thank the service people for their help"</p> <p>"Yewdale is an amazing place, your put at ease right from coming through the door. All staff are friendly and caring, to me it's a place I feel safe and it's a place that just by thinking about coming gets me through tough times because I know I have someone to open up to. Thank you"</p> <p>"I am really glad we have got this service available to us. In my case I feel it's been a life saver. It has shown me how to cope with thoughts and feelings that would overwhelm me but now I can see more clearly that these thoughts are not true. Thank you."</p> <p>"* is amazing, she has helped me in so many ways and was incredibly supportive, kind, and caring throughout all of my sessions"</p> <p>"I was seen very quickly which meant I was able to receive the support needed before 'crisis point'. "</p> <p>"I feel like a whole new person! The service not only helped the problem I came with, but other areas of my life too. I feel healthier, happier &amp; assured of the support available if I were to ever need it again."</p> <p>"I cannot express how grateful I am to * &amp; I would recommend Yewdale to anyone– thank you so much!"</p> <p>" * has been amazing, feel easier to be able to talk more openly about how I'm feeling."</p> <p>"I received the best service and the counselling sessions was beneficial. I am definitely more stronger than before. I will definitely recommend my friends the counselling service."</p> <p>"Helped me massively. Feel very welcomed. Great staff."</p> <p>"These appointments have helped me so much, credit to * she has been fantastic."</p> <p>" I have had such an amazing experience with my sessions. * has helped me process my thoughts &amp; it's helped me to become much calmer &amp; to deal with anxiety in such a more processed way. I can't thank her enough."</p> <p>" The staff at Yewdale are just fantastic, so calm and supportive. * is a wonderful counsellor, I cannot thank her enough. As I said to her, this is not over, I have a lot to do, but I know if I can't cope I will be welcomed back. Thank you Yewdale Team."</p>

		<p>"I am very thankful for the counselling service that Yewdale provides. It has helped me significantly and I would highly recommend them to anyone in need of what they provide."</p> <p>"Thank you for the amazing service, it has really helped me find my focus and take control."</p> <p>"Having a safe space to talk about it all has helped, along with a fantastic counsellor, feel like I'm left with the tools I need to carry on getting better."</p> <p>"Couldn't thank you all enough for everything you have done for me and my mental health."</p> <p>"Thank you. You've made things easier to cope with."</p> <p>"Much better with the help and support from *."</p> <p>"I am a new woman in control. Thanks."</p> <p>"Wonderful. Thank you so much."</p> <p>"Everyone at Yewdale has always made me feel welcomed and important during the time I spend with them."</p> <p>"Very, very happy with my progress. I never could have imagined feeling this much better."</p> <p>"* has been amazing. The whole service has been so helpful, I honestly can't thank them enough."</p> <p>"It was helpful to talk about my problems. I was very impressed by * professional approach."</p> <p>"Amazing people"</p> <p>"I'm amazed by my progress. I can't thank * enough for her help."</p> <p>"Fabulous service."</p> <p>"Very welcoming, understanding, kind, respectful."</p> <p>"I really appreciate the warm and kind nature of my counsellor *. It is a hard situation I'm living in and she was always so understanding and made me feel safe. I'm grateful for her time and understanding. Yewdale is such a lifeline. Thank you."</p> <p>"It's been absolutely, utterly fantastic &amp; I am incredibly thankful for this opportunity. I'm now on a positive journey with tools for the challenges of life."</p>
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### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserve for repairs and expenses to the building (contingencies and risks)
Amount of reserves held	Para 1.22	£20,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	Company
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by board

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Yewdale Counselling Services
Other name the charity uses	
Registered charity number	1120232
Charity's principal address	Sue Mobey House 300 Yewdale Skelmersdale WN8 6ES

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Judith Taylor	Chair		
2	Mark Thomas			
3	Ailsa Hayter			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>M Thomas , A Hayter</i>	<i>J Taylor</i>
Full name(s)	Mark Thomas, Ailsa Hayter	Judith Taylor
Position (eg Secretary, Chair, etc)	Trustees	Chair
Date	29 January 2023	

Registered number  
05401493

Yewdale Counselling Services

Report and Accounts

31 March 2022

## **Yewdale Counselling Services**

**Registered number: 05401493**

### **Directors' Report**

The directors present their report and accounts for the year ended 31 March 2022.

### **Principal activities**

The company's principal activity during the year continued to be a counselling charity.

### **Directors**

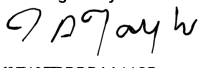
The following persons served as directors during the year:

Mark Paul Thomas  
Alisa Suzanne Hayter  
Judith Taylor

### **Small company provisions**

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 9 January 2023 and signed on its behalf.

DocuSigned by:  
  
JUDITH TAYLOR  
Director

## **Yewdale Counselling Services**

A company limited by guarantee having no share capital

### **Independent Examiner's Report to the Trustees of Yewdale Counselling Services**

I report on the accounts of the Trust for the year ended 31 March 2021, which are set out on pages 2 to 4.

#### **Respective responsibilities of the trustees and examiner**

As the Charity's Trustees you are responsible for the preparation of the Accounts.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005 in preparing the annual report and financial statements of the charity.

It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners, whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the Statement of Standards for Reporting Accountants. An examination includes a review of the accounting records kept by the charity, and making such limited enquiries of the officers of the charity as we considered necessary for the purpose of the report. procedures provide only the assurance expressed in our opinion.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the accounts.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with SORP, to prepare accounts which accord with the accounting records and to comply with the accounting requirements. have not been met: or
2. to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

DNS Accountants (Wigan) Ltd  
Accountants  
Wigan Inve  
Wigan  
WN3 5BA

9 January 2023

**Yewdale Counselling Services**  
**Profit and Loss Account**  
**for the year ended 31 March 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>	2,474	227
Administrative expenses	(70,224)	(54,114)
Other operating income	94,086	48,742
<b>Operating profit/(loss)</b>	<u>26,336</u>	<u>(5,145)</u>
<b>Profit/(loss) before taxation</b>	<u>26,336</u>	<u>(5,145)</u>
Tax on profit/(loss)	-	-
<b>Profit/(loss) for the financial year</b>	<u>26,336</u>	<u>(5,145)</u>

**Yewdale Counselling Services****Registered number:** 05401493**Balance Sheet****as at 31 March 2022**

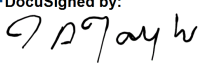
	<b>Notes</b>	<b>2022</b> <b>£</b>	<b>2021</b> <b>£</b>
<b>Current assets</b>			
Cash at bank and in hand	60,916	33,848	
<b>Creditors: amounts falling due within one year</b>	3 (1,433)	(701)	
<b>Net current assets</b>		59,483	33,147
<b>Net assets</b>		59,483	33,147
<b>Capital and reserves</b>			
Profit and loss account		59,483	33,147
<b>Shareholder's funds</b>		59,483	33,147

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

DocuSigned by:  
  
 AE40DCDDAA14CB...

Judith Taylor

Director

Approved by the board on 9 January 2023

**Yewdale Counselling Services**  
**Notes to the Accounts**  
**for the year ended 31 March 2022**

**1 Accounting policies**

**1.1 Basis of preparation of financial statements**

The financial statements of the charity are prepared in accordance with the Charities (Accounts and Reports) Regulations 2005 and the Statement of Recommended Practice Accounting & Reporting by Charities' issued in 2005 and with applicable accounting standards. These accounts are prepared under the historical cost convention and include the results of the charity's operations which are described in the Trustee's Report and all of which are continuing.

**1.2 Donations and fund accounting funds**

Donations received for the general aims of the Charity are included as unrestricted funds. Donations restricted by the wishes or aims of the donor are classified as "restricted".

**1.3 Resources expended**

Resources expended are included in the Statement of Financial Activities on a payments basis, inclusive of any irrecoverable VAT.

**1.4. Movements in shareholders funds**

Yewdale Counselling Services is a private company limited by guarantee without a share capital and therefore there are no shareholders funds.

**Debtors**

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

**Creditors**

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

<b>2 Employees</b>	<b>2022 Number</b>	<b>2021 Number</b>
Average number of persons employed by the company	<u>1</u>	<u>1</u>
<b>3 Creditors: amounts falling due within one year</b>	<b>2022 £</b>	<b>2021 £</b>
Other creditors	<u>1,433</u>	<u>701</u>

**4 Other information**

Yewdale Counselling Services is a private company limited by shares and incorporated in England. Its registered office is:  
 Office 13, CT3 Building  
 Wigan Investment Centre  
 Waterside Drive  
 Wigan  
 WN3 5BA

**Yewdale Counselling Services**  
**Detailed profit and loss account**  
**for the year ended 31 March 2022**

*This schedule does not form part of the statutory accounts*

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Sales</b>	2,474	227
Administrative expenses	(70,224)	(54,114)
Other operating income	94,086	48,742
<b>Operating profit/(loss)</b>	<u>26,336</u>	<u>(5,145)</u>
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**Yewdale Counselling Services**  
**Detailed profit and loss account**  
**for the year ended 31 March 2022**

*This schedule does not form part of the statutory accounts*

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Sales</b>		
Sales	<u>2,474</u>	<u>227</u>
<b>Administrative expenses</b>		
Employee costs:		
Wages and salaries	25,488	19,908
Pensions	668	411
Counsellors fees	39,135	29,265
Staff training and welfare	93	138
	<u>65,384</u>	<u>49,722</u>
Premises costs:		
Rates	548	184
Light and heat	788	929
	<u>1,336</u>	<u>1,113</u>
General administrative expenses:		
Telephone and fax	538	714
Postage	66	136
Stationery and printing	169	88
Insurance	652	639
Software	-	142
Repairs and maintenance	135	299
Hosting	70	-
Sundry expenses	5	245
	<u>1,635</u>	<u>2,263</u>
Legal and professional costs:		
Accountancy fees	732	610
Other legal and professional	1,137	406
	<u>1,869</u>	<u>1,016</u>
	<u>70,224</u>	<u>54,114</u>
<b>Other operating income</b>		
Other operating income	<u>94,086</u>	<u>48,742</u>

Registered number  
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Yewdale Counselling Services

Report and Accounts

31 March 2022

**Yewdale Counselling Services**  
**Registered number: 05401493**  
**Directors' Report**

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**Principal activities**

The company's principal activity during the year continued to be a counselling charity.

**Directors**

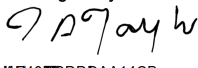
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This report was approved by the board on 9 January 2023 and signed on its behalf.

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JUDITH TAYLOR  
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### **Independent Examiner's Report to the Trustees of Yewdale Counselling Services**

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#### **Respective responsibilities of the trustees and examiner**

As the Charity's Trustees you are responsible for the preparation of the Accounts.

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It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters.

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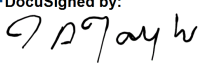
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Judith Taylor

Director

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**Yewdale Counselling Services**  
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Other legal and professional	1,137	406
	<u>1,869</u>	<u>1,016</u>
	<u>70,224</u>	<u>54,114</u>
<b>Other operating income</b>		
Other operating income	<u>94,086</u>	<u>48,742</u>