



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 April 2020 Period start date To 31 March 2021 Period end date

Charity name: Yewdale Counselling Services

Charity registration number: 1120232

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To provide for the relief of distress and anxiety among the community and in furtherance thereof to provide assistance in the form of counselling and other talking therapies; to provide, maintain and operate a Centre or Centres for the provision of these therapies and to provide education and training in the field of counselling and other talking therapies
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To offer a counselling service within the community offering Person-Centred, Cognitive Behavioural and Integral counselling tailored to the clients' needs We abide by the BACP ethical framework Our counsellors have received monthly external supervision Placement for Trainee counsellors have continued to be offered this year
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have copies of all the Public Benefit Guidance from the Charity Commission and have referred to it as an aid when making a decision to which the Guidance is relevant. The trustees declare that in undertaking the above activities they have had regard to this Guidance and in particular understand both aspects ie the 'benefit aspect' and the 'public aspect.'

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Counselling Appointments During the year 316 clients were offered 2201 counselling hours.</p> <p>During this reporting period we have developed and implemented a remoted model of working.</p> <p>Client Comments</p> <p>" I have got a very happy and healthy outlook on what my future hold and that's down to my counsellor."</p> <p>"I had been actively trying to combat my mental health issues for around a year and was sceptical, I had a terrible time before. * was just amazing and made me feel comfortable. I wish everywhere was as good as this service. My life now and my life before therapy are polar opposites in the best ways possible. Massive thanks to * for listening and helping me."</p> <p>" * is incredible and I feel like I've made huge amounts of progress while working with her. She really went the extra mile to work with me and it's paid off in ways I had never expected. She's so kind and accepting and creates a perfect environment in which to make progress."</p> <p>"Thank you for doing everything you do. You're making a huge difference to people's lives. Yewdale is INCREDIBLE!"</p> <p>"Counselling and counsellor was brilliant in every way. I was very happy with my counselling. My counsellor was amazing I found I was listened to and understood. I feel I understand myself and needs."</p> <p>" The sessions were fabulous but having lived for years with high stress and negative thought process & low self esteem I'm definitely a work in progress but I now have tools to help me keep moving forward."</p> <p>"I would like to personally thank * for helping me improve and see things in a better perspective than prior. Thanks to your help I am now more self aware and knowledgeable. Thank you again as well as all of the staff you're doing a wonderful job."</p> <p>"After my sessions I feel a lot better than I did when I first came. I can now understand and manage how I feel a lot better."</p> <p>"It is a remarkable service, I can't thank * enough. I am incredibly thankful for the opportunity I've had. Yewdale has been life transforming for me and given me hope for the future. Thank you so much!"</p> <p>" * was very helpful. She helped me to work through my worries. I am much better now, but happy to know I can be seen again if required. Thank you."</p> <p>"Good to talk to a person that understands you."</p> <p>"Friendly, caring and very helpful. Thank you very much."</p> <p>"You have saved my family"</p>

Additional information (optional)

You may choose to include further statements where relevant about:

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserve for repairs and expenses to the building (contingencies and risks)
Amount of reserves held	Para 1.22	£20,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Company
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by board

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Yewdale Counselling Services
Other name the charity uses	
Registered charity number	1120232
Charity's principal address	Sue Mobey House 300 Yewdale Skelmersdale WN8 6ES

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Judith Taylor	Chair		
2	Mark Thomas			
3	Ailsa Hayter			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>M Thomas , A Hayter</i>	<i>J Taylor</i>
Full name(s)	Mark Thomas, Ailsa Hayter	Judith Taylor
Position (eg Secretary, Chair, etc)	Trustees	Chair
Date	24 January 2022	

Registered number
5401493

Yewdale Counselling Services

Report and Accounts

31 March 2021

Yewdale Counselling Services

Registered number: 5401493

Directors' Report

The directors present their report and accounts for the year ended 31 March 2021.

Principal activities

The company's principal activity during the year continued to be a counselling charity.

Directors

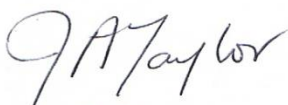
The following persons served as directors during the year:

Mark Paul Thomas
Alisa Suzanne Hayter
Hubert Brian Mobey
Judith Taylor

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 10 August 2021 and signed on its behalf.



Judith Taylor
Director

Yewdale Counselling Services

A company limited by guarantee having no share capital

Independent Examiner's Report to the Trustees of Yewdale Counselling Services

I report on the accounts of the Trust for the year ended 31 March 2021, which are set out on pages 2 to 4.

Respective responsibilities of the trustees and examiner

As the Charity's Trustees you are responsible for the preparation of the Accounts.

The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005 in preparing the annual report and financial statements of the charity.

It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners, whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the Statement of Standards for Reporting Accountants. An examination includes a review of the accounting records kept by the charity, and making such limited enquiries of the officers of the charity as we considered necessary for the purpose of the report. procedures provide only the assurance expressed in our opinion.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements: to keep accounting records in accordance with SORP, to prepare accounts which accord with the accounting records and to comply with the accounting requirements. have not been met: or
2. to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

DNS Accountants (Wigan) Ltd
Accountants
1a Miry La
Wigan
WN3 4AF

10 August 2021

Yewdale Counselling Services
Profit and Loss Account
for the year ended 31 March 2021

	2021	2020
	£	£
Turnover	227	7,586
Administrative expenses	(54,114)	(35,484)
Other operating income	48,742	32,369
Operating (loss)/profit	<u>(5,145)</u>	<u>4,471</u>
Interest receivable	-	2
(Loss)/profit before taxation	<u>(5,145)</u>	<u>4,473</u>
Tax on (loss)/profit	-	-
(Loss)/profit for the financial year	<u>(5,145)</u>	<u>4,473</u>

Yewdale Counselling Services**Registered number:** 5401493**Balance Sheet
as at 31 March 2021**

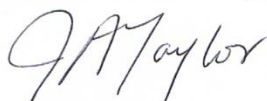
	Notes	2021 £	2020 £
Current assets			
Cash at bank and in hand	33,848	38,902	
Creditors: amounts falling due within one year	3 (701)	(610)	
Net current assets		33,147	38,292
Net assets		33,147	38,292
Capital and reserves			
Profit and loss account		33,147	38,292
Shareholder's funds		33,147	38,292

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



Judith Taylor
Director

Approved by the board on 10 August 2021

Yewdale Counselling Services
Notes to the Accounts
for the year ended 31 March 2021

1 Accounting policies

1.1 Basis of preparation of financial statements

The financial statements of the charity are prepared in accordance with the Charities (Accounts and Reports) Regulations 2005 and the Statement of Recommended Practice Accounting & Reporting by Charities' issued in 2005 and with applicable accounting standards. These accounts are prepared under the historical cost convention and include the results of the charity's operations which are described in the Trustee's Report and all of which are continuing.

1.2 Donations and fund accounting funds

Donations received for the general aims of the Charity are included as unrestricted funds. Donations restricted by the wishes or aims of the donor are classified as "restricted".

1.3 Resources expended

Resources expended are included in the Statement of Financial Activities on a payments basis, inclusive of any irrecoverable VAT.

1.4. Movements in shareholders funds

Yewdale Counselling Services is a private company limited by guarantee without a share capital and therefore there are no shareholders funds.

Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

Creditors

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

2 Employees	2021	2020
	Number	Number
Average number of persons employed by the company	1	1

3 Creditors: amounts falling due within one year	2021	2020
	£	£
Other creditors	701	610

4 Other information

Yewdale Counselling Services is a private company limited by shares and incorporated in England. Its registered office is:
300 Yewdale
Southway
Skelmersdale
Lancs
WN8 6ES

Yewdale Counselling Services
Detailed profit and loss account
for the year ended 31 March 2021

This schedule does not form part of the statutory accounts

	2021	2020
	£	£
Sales	227	7,586
Administrative expenses	(54,114)	(35,484)
Other operating income	48,742	32,369
Operating (loss)/profit	(5,145)	4,471
Interest receivable	-	2
(Loss)/profit before tax	(5,145)	4,473

Yewdale Counselling Services
Detailed profit and loss account
for the year ended 31 March 2021

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	2021 £	2020 £
Sales		
Sales	227	7,586
Administrative expenses		
Employee costs:		
Wages and salaries	19,908	15,414
Pensions	411	278
Counsellors fees	29,265	14,704
Staff training and welfare	138	646
	49,722	31,042
Premises costs:		
Rates	184	463
Light and heat	929	976
	1,113	1,439
General administrative expenses:		
Telephone and fax	714	496
Postage	136	69
Stationery and printing	88	216
Insurance	639	628
Software	142	150
Repairs and maintenance	299	119
Sundry expenses	245	304
	2,263	1,982
Legal and professional costs:		
Accountancy fees	610	610
Other legal and professional	406	411
	1,016	1,021
	54,114	35,484
Other operating income		
Other operating income	48,742	32,369

Registered number
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Yewdale Counselling Services

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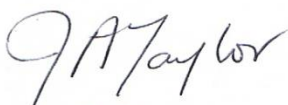
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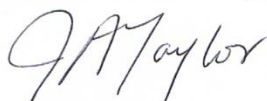
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