

**VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**  
**(A Company Limited by Guarantee)**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

Company number: 05536120  
Charity number: 1120222

**VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

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## **VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **FOR THE YEAR ENDED 31 MARCH 2024**

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Status: The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

Company Number: 05536120

Charity Number: 1120222

Registered Office and Operational Address: First Floor, 85 Great Portland Street, London, England, W1W 7LT

Trustees The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1 April 2023 up to the date of approval of these financial statements were as follows:

Dr Sridevi Kalidindi	- Chair
Sanjay Shah	- Treasurer
Aileen Edwards	- CEO Second Step (resigned 31 December 2023)
Mark Winstanley-Kimmis	- CEO Rethink Mental Illness
Rachel Peacock	- CEO Making Space
Julie Layton	- CEO Advance UK
Steve Gilbert	- Independent Consultant
Steve Appleton	- CEO Contact Consulting
Linda Bryant	- CEO Together for Mental Wellbeing
Sarah Maguire	- CEO Choice Support
Ashwin Mathews	- CEO Centre for Better Health (resigned 31 December 2023)
Derek Caren	CEO Richmond Fellowship (resigned 1 June 2023)
Margaret Hanson	CEO Imagine Independence (resigned 23 May 2023)

Chief Executive Officer and Company Secretary: Kathy Roberts

Bankers: CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4QT

Independent Examiner: Michael Tourville  
Beever and Struthers  
150 Minories  
London  
EC3N 1LS

# **VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

## **TRUSTEES' REPORT**

**FOR THE YEAR ENDED 31 MARCH 2024**

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The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006 in preparing the annual report and financial statements of the charity.

### **Structure, governance & management**

The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

### **Aims and public benefit**

Voluntary Sector Mental Health Providers Forum trading as the Association of Mental Health Providers (The Association), formerly Mental Health Providers Forum, is a representative organisation for providers of mental health and wellbeing services. The Association want service users to have access to joined up, seamless services from the organisations that support them, and are committed to working in equal partnership with statutory agencies involved in providing health and social care support for people with mental health needs.

We facilitate this through supporting and promoting effective service delivery, information exchange and the sharing of best practice across the voluntary, statutory and private sectors.

### **Our charitable objects:**

To relieve the needs of people with mental health conditions in England and Wales by:

- Improving the range, quality and volume of services and support available
- Contributing to policy and practice developments concerned with improving services and promoting better mental health
- Sharing information and experience with a view to improving services and promoting better mental health.

### **Our values**

A society where everyone with mental health concerns has the right to get the support they need from a wide range of providers, implementing demonstrable values which include:

- Respecting service user perspectives, empowerment and choices
- Believing in and supporting recovery, social inclusion and enabling people with enduring mental health conditions to live their best lives.
- Commitment to collaboration, sharing partnership and coproduction.
- Commitment to service excellence, innovation, evidence-based practice and continuous improvement
- Developing and promoting the unique value-based contribution of the voluntary mental health sector.

### **Statement of Public Benefit**

The Directors confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. How the charity delivers public benefit is explained under section 3 "Current Activities and Work Programmes" below.

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### **1 Strategic overview**

Association of Mental Health Providers continues to be the leading representative body for voluntary sector providers of mental health services with members drawn from national, regional and locally based organisations operating across England. As the only representative body for mental health VCSE providers, The Association is ideally placed to work across all types of service provision. Our members provide services covering the full range of provision from crisis care, liaison and diversion services, substance misuse services, complex needs, to advice and counselling to people with lived experience. Specialisms amongst our members include BME mental health, children and young people's mental health, housing and homelessness, employment support, IAPT and secure pathways – taking a whole-life and whole-person approach. Our members are united by their desire to improve the quality of care for people with mental health needs and the outcomes of the services provided.

### **2 Strategic priorities, objectives and activities**

#### **Overarching priorities**

- Valuing the Voluntary and Community Sector and influencing sector sustainability and growth
- Improving practice in mental health
- Addressing inequalities
- Ensuring the VCSE mental health provider sector is represented in mental health policy
- Increasing membership.

#### **Strategic objectives**

- Representing Members and Lived experience Involvement, Engagement and coproduction
- Influencing Policy and Strategy
- Best Practice Profiling
- Shaping and Growing the Market for the Sector
- Facilitating Networks and Engagement
- Fostering Partnerships and Collaboration
- Development of Frameworks and Guidance
- Supporting Safer Practice
- Developing Positive Outcomes
- Supporting Equality and Parity in service Development and Implementation.

#### **Support to members**

- An authoritative, representative voice to policy makers, commissioners and other public funders
- Access to key decision making forums, expertise, policy makers and influence
- Translation between policy and practice
- Breaking down complexities of the market place
- Market intelligence and access to new markets
- Innovative products & tools
- Support and navigation in difficult and changing times
- Collaborative development opportunities
- Confidence in strength of numbers.

### **3. Achievements and Performance**

#### **3.1 Social Care and Mental Health**

The Mental Health Social Care Policy Oversight and Advisory Group, co-chaired by Kathy Roberts and Peter Devlin (ADASS), continued to meet on a six-weekly basis with a range of stakeholders that comprise its membership. The Group's work supports that of the Department of Health and Social Care's social care and wider mental health policy teams. The Group's status as the leading source of advice and intelligence to DHSC and other national partners on mental health social care policy and practice was confirmed by its production for the Department of what has become established as the key reference document on this area.

for developing research in terms of defining mental health social care, identifying its neglect in terms of policy and research and lived experience and practice. An NIHR-funded scoping project, a partnership involving the LSE, University of Manchester, The Association and people with lived experience), is complete and in the process of being written up. Over the last year, this document and related work has been instrumental in securing investment by the National Institute for Health and Care Research in a Mental Health Social Care Research and Practice Programme, involving the University of Manchester, the LSE and the Association. This programme will add further to the identity and authority of mental health social care and the role of the VCSE mental health sector in its provision.

The Group continues to provide the Association with a vehicle for conveying concerns of its members as they endeavour to ensure continuity and sustainability in both NHS and LA commissioned mental health and wellbeing services. Recent issues have included the implementation of new policy the National Partnership Agreement redefining the engagement of the police in responding to people experiencing a mental health crisis.

#### **3.2 Recovery and Prevention**

One of the key objectives of the Association is to promote the ability of people with mental health conditions to recover but also to enable people with enduring mental illness to live their best lives. There is growing awareness that to achieve these objectives, a person-centred approach which considers all aspects of individuals' lives and which focuses on more than 'clinical' recovery, is required. There is an emphasis on improved self-management, coproduction, stronger social relationships, suitable and settled accommodation, improved chances in education, higher employment rate and participation in community life

Previous policy roadmaps setting out priorities for and changes to the operating frameworks for NHS e.g. The Five Year Forward View have also been clear that prevention plans should be developed in every community across England, to help integrate public health, social care and housing and improve health outcomes, with mental health champions in every community.

The Association has continued to work with the Department of Health and Social Care and arm's length bodies to help build resilience and promote prevention so that more people are supported earlier. The Association is also.

In order to deliver improved prevention, crisis support and recovery The Association continues to promote whole system solutions and a more collaborative and integrated, person-centred approach to the design and provision of services, with involvement in service transformation planning, case studies and knowledge and working closely with system partners

#### **Public Benefit**

- Better outcomes and service user leadership
- Improved understanding of value of VCSE input
- Improved commissioning
- More effective use of both charitable funding and public sector resources.
- Safety Planning and Information Sharing
- Values based Commissioning
- Service user involvement and influence on commissioning objectives

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- Supporting quality in service delivery for members
- Taking forward research and learning which is publicly shared and widely accessible
- Foundational underpinning for person centred practice
- Supporting members with commissioning and regulation

### **3.3 Programmes**

#### **Health and Wellbeing Alliance**

The Association became a key partner of the VCSE Health and Wellbeing Alliance in April 2017, which is jointly managed by the Department of Health and Social Care, Public Health England, and NHS England. The programme follows on from the Department of Health Third Sector Strategic Partnership Programme, which we were partners in from April 2010 – March 2017. The Association has been the lead partner, in both programmes, of a group of voluntary sector mental health organisations – the Mental Health Consortium - including Centre for Mental Health, Mental Health Foundation, Mind, National Survivor User Network, and Rethink Mental Illness. Since April 2021, The Association has led the Consortium in the newly-refreshed VCSE Health and Wellbeing Alliance and brought into the Consortium, a new partner, to represent the interests of children and young people – Young Minds. Together, we work to promote better outcomes for mental health service users and carers, making information and best practice more accessible. The Health and Wellbeing Alliance is made up of 18 other not-for-profit partners that represent communities who share protected characteristics or that experience health inequalities, and through our individual networks, the partners can link with communities and VCSE organisations across England. Through the Programme, the Mental Health Consortium links with System Partners to undertake specific agreed work programmes aimed at benefiting the strategic development of the not for profit mental health, and wider health and social care sector.

The Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance has been established to:

- Facilitate integrated working between the voluntary and statutory sectors
- Support a two-way flow of information between communities, the VCSE sector and policy leads
- Amplify the voice of the VCSE sector and people with lived experience to inform national policy
- Facilitate co-produced solutions to promote equality and reduce health inequalities.

The objectives of the Programme are to:

- Encourage co-production in the creation of person-centred, community-based health and care which promotes equality for all;
- Enable the voice of people with lived experience and those experiencing health inequalities to inform national policy making and shape the delivery of services;
- Build evidence of sustainable, scalable solutions to mitigate and prevent inequalities impacting on the health and wellbeing of communities.

The Mental Health Consortium partners worked collaboratively to support the development of health and social care policy across government in order to:

- Influence change in health and social care to benefit those who access and need services, especially individuals needing mental health support
- Champion the cause for service users and carers with mental health conditions
- Interpret government policy for third sector mental health organisations for local application
- Mapping the health and social care reforms to facilitate engagement and input to the process of quality assurance and outcomes
- Advise and inform Department of Health and Social Care, NHS England and Public Health England about key issues in the health and social care field affecting the third sector
- Achieve shared objectives in improving health and well-being and reducing health inequalities
- Provide methods for disseminating information, policy developments and key programmes – enabling third sector organisations to engage in the delivery of health and well-being objectives.

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Our work programmes with other Health and Wellbeing Alliance partners, leading to March 2023 have been diverse and each of the projects for 2022-23 have been completed and disseminated within the sector. The Association undertook three projects as part of our core Alliance work that must focus on reducing health inequalities. The projects, which heavily involved people with lived experience as well as our membership of VCSE mental health service providers, focused on:

1. The impact of the cost-of-living crisis and financial insecurity on mental health and wellbeing across different communities where we explored the impact of the cost-of-living crisis on people's mental health especially those facing health inequalities, such as racialised communities or older people, who are more likely to experience poverty.
2. The importance of coproduction and engaging with people with lived experience of poor mental health and illness in informing policy and practice, and supporting the design of mental health services. In this project, we have videoed people with lived experience of poor mental health and illness talking about what coproduction means to them, where they have been involved in coproduction and how it impacted their mental health, and their top tips for "good" coproduction. We have compiled the contributions into short videos, which will form a collection of resources alongside a Top Tips document and short briefing paper. We have also included case studies from members on how they're working with people with lived experience in their services, and share a series of blog.
3. Embedding mental health throughout the Major Conditions Strategy and ensuring the role of the VCSE provider sector is realised, where we highlight the impact physical health conditions have on mental health and, how people with poor mental health and illness are more likely to experience physical health conditions and die younger comparatively. A key part of this work is to highlight the value of the VCSE sector in the mental health system and where lessons can be learnt in terms of collaboration and best practice. A briefing paper has been submitted to the DHSC team working on the Strategy and includes several case studies from the VCSE sector, including services that support marginalised communities. There has been a significant delay in publishing the Strategy, but we continue to work with the DHSC team to ensure we can inform and influence the final version and ensure the VCSE mental health sector is appropriately recognised.

We have also continued to lead the Social Care Subgroup and participate in the Experiences of Care Subgroup, where we continue to support Policy Leads on different strategic areas and priorities.

With the support of NHS England, we have developed a project on supporting ICBs to address mental health inequalities through data collection at a regional level, which will be our focus as part of the Programme over the next year.

#### **Public Benefit**

- This work assists other charities to represent the concerns of the people they serve by providing wider information about policy initiatives and sectoral representation into key areas of public policy development
- It also creates a two-way conduit whereby the mental health voluntary sector can positively influence and advocate with statutory bodies enabling the not-for-profit sector to have an active voice into decision making
- Fosters a culture of collaboration with strategic partners across all sectors and specialisms.
- It sources additional important intelligence for both local and national mental health systems on the nature and prevalence of need for services and support

#### **Enterprise Development Programme**

The EDP moved into its 'Alumni Phase' coordinator role our objectives are focused on; (i) Network facilitation, (ii) continued Individual VCSE support, and (iii) generating Knowledge and Learning for the wider sector.

Q3 of 23-24 has seen the Programme wrap up formally in terms of delivering funding and learning support to providers in the cohorts. We hosted a final joint cross-sector session for the participants on social investment and finalised the 4 films on their journey in the EDP.



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Whilst the EDP has come to a formal conclusion, we will continue to support the organisations that came into our membership through this route in the next year.

Insights into providers' programme experiences:

Our Time – supported with therapeutic services sold to schools.

- *"The most useful part of the grant was the money which allowed us to devote staff time to developing our evidence base and our schools programme. We also found the peer mentoring very useful and we got good contacts and advice from those."*

Unforgettable Experiences – supported with their wellbeing support services sold to various public sector departments.

- *"EDP has been instrumental in helping us to define how our organisation makes a difference to the lives of adults with cognitive impairments through the development of its Theory of Change and Impact Measurement Framework."*

Oakleaf Enterprise – supported with their Oakleaf at Home retail enterprise.

- *"Apart from the investment to be able to get the social enterprise off the ground and create recognition for our client artists, the quarterly check ins were invaluable. A great forum to bounce ideas off of Greg. This provided the opportunity to learn from shared findings from other social enterprises. The networking sessions were also hugely valuable to learn from the other enterprises experience to be able to continuously adapt to new trading conditions and again bounce off ideas on each other."*

#### Care Provider Alliance

The Care Provider Alliance, which is collective, national voice of adult social care providers in England. The CPA brings together the ten national associations which represent private, voluntary and community sector providers and speaks for the whole of the adult social care sector including care homes, home care services, Shared Lives schemes and retirement communities.

The CPA represents providers of support to adults with physical, sensory or learning disabilities, people with mental ill-health, and older people. CPA members cover almost 10,000 organisations, employ over 600,000 staff, and support an estimated 1 million people every day.

The CPA's role is to:

- **coordinate** responses across all care providers
- **inform and influence** policymakers
- **provide leadership** to the sector
- **work in partnership** to improve care
- **build awareness** of the care provider sector

The CPA's unparalleled reach into the care sector enables us to collect, collate and communicate insights about new developments, innovations and market trends, and their impact on care providers and the people they support. Working with our network of CPA members, developing and sharing practical advice and guidance for care managers, owners and staff.

During 2023 to 2024 the CPA focused on the following areas:

- Market sustainability including Fair Cost of Care,
- CQC Assurance,
- Intermediate Care guidance and development of the first NHS blueprint for intermediate care services (not Mental Health specific)
- Continuing Health Care payments.
- People at the heart of Care next steps- including improvement and innovation unit

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- Supported work on Essential Care Givers
- Supported the sector well-being survey development and cascade by IPSOS Mori to provide 5000 responses to DHSC

CPA and Policy Directors supported planning and expert guidance sessions with DHSC. policy colleagues on workforce matters including:

- International recruitment - Uncovering poor practice and providing advice within the International recruitment Home Offices process for care worker visa.
- Oliver McGowan mandatory training requests for social care funding
- Targeting workforce funding and pathway providers recruited for testing, portable care certificate 3.
- International Recruitment concerns regarding exploitation and provider guidance on the scheme – published Feb
- Learning networks for ICS and Care providers joint delivery with NHS England – 2nd Feb event supported housing and Mental Health

The CPA Established NHS and Social Care partnership meeting between National Director of Urgent and Emergency Care and Deputy Chief Operating Officer

The CPA met with the Minister for care on a quarterly basis

### 3.4 Stakeholder Engagement

Our communications outputs enable The Association to make information accessible to promote the work of the organisation to a wider audience. This enables The Association to reach out to organisations across the voluntary, private and statutory sector. It promotes dialogue across the sectors and the sharing of ways of working that have an impact on the quality of care provision.

During 2023/2024 The Association hosted over 120 meetings with members, to foster engagement between the organisation and its membership, increase networking opportunities, outline our work programme to encourage involvement, as well as provide opportunities for VCSE providers to share best practice to improve service delivery.

#### Lived Experience Advisory Group

We have restructured our lived experience engagement by taking an alternative three-pronged approach:

- Focusing on engaging a wider Lived Experience Network on specific pieces of work and projects, based on people's experiences and backgrounds.
- Ensuring at least two people with lived experience are members of every advisory group for a project and/or programme from the start for meaningful coproduction, not involvement
- Utilising the Lived Experience Leads' Network to engage coproduction groups in, and people supported through, member organisations as well as the professional providing support

By learning from the process of setting up a Lived Experience Advisory Group and pivoting our approach to engagement, we hope to have more positive outcomes and coproduce meaningfully.

#### Member Networks

In response to suggestions from members, the Association announced the launch (and relaunch) of its Member Networks for Directors/Leads to engage with their counterparts in other organisations within our membership.

We have launched the following 6 networks, with 5 becoming active in 23-24, and 1 to be established with its first meeting in 24-25:

1. Minoritised Communities Network
2. Lived Experience Leads Network
3. CEOs Network

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4. Communications Leads Network
5. Business Development Leads Network
6. HR Network (to be established)

The intention is for these networks to be 'safe/confidential' spaces for colleagues to collaborate, share challenges, and learn from each other and where possible, be entirely member- led/ facilitated. The networks have garnered keen interest from members, and we hope to have productive discussions and offer supportive environments to all colleagues who join.

#### **Communications**

The Association has improved communications with our members by sending regular updates to inform colleagues of our work, enabling further networking and shared learning opportunities through our Communications Leads Network, and through the expansion of our social media presence which is now published each weekday across our five channels. A fortnightly bulletin is sent to members that consists of relevant updates on the Association's, members/partners, and sector news, as well as key publications, opportunities, and events. Members also receive detailed updates regarding our work across our priority areas and policy updates containing vital information about policy developments and further opportunities for sector engagement.

#### **Profiling the Sector and The Association**

Promoting the role of providers in the sector is a key role for The Association as well as a better understanding of the role of the organisation. The Association has continued to pursue opportunities to raise the profile the sector and the contribution it makes in providing mental health services. Among the main activities have been:

- Influencing Government and Drivers at National, Regional and local level including Board, and other National Forums
- Profiling Best and Better practice
- Facilitating Networks and engagement.

#### **Public Benefit**

- Communicating about our work with our members and other stakeholders is central to sharing information and experience and contributing to policy development with a view to improving services and understanding the sector contribution and impact
- Allowing for wider engagement with The Association
- Creating flexibility in dissemination and information sharing.

#### **3.5 Strategic Influencing**

The Association has been in a good position to influence the shaping of mental health policy and practice and has undertaken several key tasks in order to ensure that the not-for-profit mental health provider community has a clear voice:

- Representation of the Care Providers Alliance
- Chair of the Mental Health Leaders Group
- Chair of the Mental Health and Wellbeing Policy and Oversight Group
- Representation on the Think Local Act Personal Programme Board, co-chairing the Self-Directed Support Group
- Representation of the community Mental Health rehab guidance task force
- Representation of the NHSE Mental Health and policy Group plus
- Representation on NHSE Adult Mental Health Steering Group
- Representation and Participation in CQC External Reference Panels
- Care and Support Programme Board
- Representation on DHSC Capacity and Discharge planning
- Representation on the Right Care, Right Person National Oversight Group
- CQC ASC Trade association monthly meetings

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- CQC External Strategic Advisory Group quarterly meetings.
- Representation and Participation in the All-Party Parliamentary Group sessions

#### 3.6 Plans for Future Periods

The Association will continue to

- Advocate clearly so that minister their officials and system leaders obtain a greater understanding of the breadth and depth of the Mental Health Voluntary and Community Sector, its role, reach and impact so as to utilise existing charitable and public sector resources
- Stand in an independent space to engage and be representative of the wider Mental Health and Community Sector of providers
- Emphasise equity, concentrating on creating a whole system service with an even spread across providers of mental health services; based on ability to deliver what people want and need irrespective type of provider.
- Produce guidelines and briefings for ministers and commissioners that contain a more consistent and clarified understanding of outcomes and benefits of services provided, including cost analysis, properly showcasing the added value of the voluntary and community sector
- Endorse and encourage a better understanding of integration and contribution to whole system solutions beyond looking at process and joint resources
- Endorse and encourage overall improved commissioning and viable contracting, that demonstrates a clear understanding of the needs of a changing and evolving health and care landscape
- Endorse and encourage a sustained commitment to better resourcing of prevention in mental health, with the foresight that such investment can save both resource and human lives
- Market widely the qualities of Mental Health Voluntary and Community Sector providers, and encourage their involvement in the development of regulation and statute, ensuring that there is an open and responsive dialogue between Voluntary and Community Sector practice and statute
- Endorse and encourage the current commitment to creating parity of esteem for mental health care, and would like to encourage Government to continue the commitment to a reduction in waiting times and standards for mental health, to improve access for people to appropriate care
- Encourage policymakers to take note of the weight that regulation and commissioning requirements can impose on high quality smaller scale voluntary and community sector organisations, resulting in an inability to retain or support workforce, and a reduction in the quality of overall practice and support
- Encourage policymakers to take note of existing innovation and pilot models already existing in the voluntary and community sector and to allocate resources for a wide range of mental health services, to ensure there is a choice for all
- Showcase and encourage developing partnership models that bring NHS and voluntary and community sector providers together effectively to create new and more flexible collaborative whole system vehicles delivering a more holistic range of person-centred services.

#### 4. Governance

The Chief Executive is responsible to the Chair for organisational management and supporting the Governance. The Board of Trustees meets quarterly where quarterly performance and strategies are discussed. The Board of Trustees then delegate operational responsibility to the Chief Executive who is supported by staff in delivering The Association's objectives.

##### Board of Directors/Trustees

The Association's Board is elected from the membership at Chief Executive level of organisations involved in the mental health sector. Dr Sri Kalidindi was appointed as Chair on 3 November 2021. Sanjay Shah, Finance Director for Certitude was appointed as Treasurer in December 2009. Trustees are familiar with the aims of the organisation through their work in the sector. Training is provided as required to assist Trustees in making decisions to benefit the work of The Association.

##### Staff

The Association employed a total of 9 staff during the year:

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Kathy Roberts	Chief Executive Officer – FT
Dania Hanif	Director of Policy and Programmes – FT
Duncan Tree	Director of Strategy and Relationships – FT
Greg Woolley	Social Enterprise Development Manager – FT (contracted ended in August 2023)
Jyoti Shah	Finance Officer – PT
Hayley Alton	Community Engagement Officer – FT (contract ended in July 2023)
Cheryl Hollis	Operations and Business Support Lead – PT (contract ended in November 2023)
Ella Dunthorne	Communications Officer – PT
Aqsa Suleman	Policy and Projects Officer – PT (contract started in November 2023)

#### Membership

The Association had 175 members (plus 137 Local Mind associations, plus 11 associate members) at the year end. A full list of members at 31<sup>st</sup> March 2024 is given on pages 12 to 14.

#### 5. Financial Review

The Association has continued to manage resources well despite the significant tightening of funds available across the sector due to financial pressures in the current economic climate. Grant income increased in 2023/24 to £330,538 (2022/23: £316,225). This includes £90,000 for the Health & Wellbeing Alliance, £1,500 from Social Investment Business, £141,838 from Access, £50,000 from Choice Support, £2,200 from Care Provider Alliance (CPA), £40,000 from Rethink Mental Illness, and £5,000 from the Registered Nursing Home Association.

Membership subscription in 2023/24 increased to £92,761 (2022/23: £82,644). The full membership list is included on pages 12 to 14.

Access funded a three-year Enterprise Development Programme which ended on 30 September 2022 and then provided further funding to continue the programme to 31 March 2024. We have £160,206 left from this funding to utilise in 2024/25. We also have other funding from 2023/24 (£30,279 from Choice Support, £41,314 from CPA, and £1,497 from Rethink Mental Illness) to utilise in 2024/25.

At the year end the financial statements show a surplus of £5,509 (2022/23: £86,260 deficit). Expenditure has been managed well leaving £17,324 of unrestricted reserves to be utilised for future years.

There has been a decrease in debtors to £7,564 (2022/23: £11,602) which are mainly trade debtors.

There has been a decrease in creditors to £3,408 (2022/23: £52,006). Creditors have been managed well by the team during the year thus maximising the overall cash position.

At present we are budgeting for new grant income of £130,000 for 2024/25, however the ongoing impact of cost-of-living price increases and the economic climate will continue to make accessibility to new grant income more challenging.

#### Reserves policy

The Board have agreed to keep a minimum of 3 months operating costs as reserves to ensure the on-going viability of the organisation. The Association is reliant on membership and grant income which remains difficult to maintain and has fluctuated over the past few years. To ensure The Association can continue to provide good effective support to its members it needs to ensure it has sufficient reserves to manage further reduction in income and protect its core activities to its members.

Following the deficit generated on restricted funds for 2023/24, the restricted funds have decreased from £245,112 in 2022/23 to £233,297 in 2023/24. Further detail on these restricted funds can be found in the accounts on page 26.

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Following the surplus generated on unrestricted funds for 2023/24, the unrestricted funds have increased from £344,952 in 2022/23 to £362,276 in 2023/24.

The reserves target is currently being exceeded with reserves of over 12 months based on 2024/25 budgeted expenditure.

#### **Going Concern**

We have set out above a review of financial performance and the organisations reserves position. We have adequate financial resources and are well placed to manage the business risks. Our planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We believe that there are no material uncertainties that call into doubt the organisation's ability to continue. The accounts have therefore been prepared on the basis that the organisation is a going concern.

Detailed cash flow projections have been undertaken for the next 12 months and there are no material changes projected to both cash and reserves. We can manage our expenditure should the need arise where our income is reduced.

#### **Staff Remuneration**

Our approach to remuneration is designed to ensure we can attract and retain the talented and motivated people we need to achieve our mission and deliver our strategic goals. It is applied consistently across the organisation. We aim to pay competitively in the not-for-profit sector within the context of affordability. The Chief executive reviews and recommends pay reviews for all staff to the Board, the chair reviews and recommends the Chief Executive's remuneration review to the Board.

#### **Related parties**

The organisations for which the Trustees hold Chief Executive Positions are also members of The Association with membership fees paid under the same terms as for all members. The Association holds the lead and co-ordination role for the Health and Wellbeing Alliance funded by the Department of Health and Social Care. Funds are distributed to the Mental Health Foundation, Mind National, National Survivor User Network, Rethink Mental Illness and Centre for Mental Health, where appropriate. Please see note 17 for any related party transactions.

#### **MEMBERSHIP**

- |  |   |
|--|---|
| 1. Action for Aspergers                        | 21. Bridges for Children CIC                                |
| 2. Addictions North East                       | 22. Care in Mind  |
| 3. Addictions UK                               | 23. CASSPLUS  |
| 4. Advance                                     | 24. Centre for Better Health                                |
| 5. Al Hurraya                                  | 25. Centre of Wellbeing, Training & Culture (CWTC)          |
| 6. Alridha Foundation                          | 26. Certitude   |
| 7. Anne Robson Trust                           | 27. Chasing the Stigma                                      |
| 8. Anorexia and Bulimia Care                   | 28. Chester Sexual Abuse Support Service                    |
| 9. Anxiety UK                                  | 29. Chilli Studios  |
| 10. Anxious Minds                              | 30. Chiltern Music Therapy                                  |
| 11. Arterne: Enriching the next generation CIC | 31. Choice Support  |
| 12. Artlift                                    | 32. Choices Islington                                       |
| 13. Asian Family Counselling Service (AFCS)    | 33. Chrysalis Care New Generation                           |
| 14. Asperger's Children and Carers Together    | 34. Citizen Coaching  |
| 15. Autism Family Support Oxfordshire          | 35. Cocoon Kids - Creative Counselling and Play Therapy CIC |
| 16. Baby Umbrella                              | 36. Community Glue  |
| 17. Bipolar UK                                 | 37. Coping with Cancer North East                           |
| 18. Black Health Initiative                    | 38. Crea8ing Careers  |
| 19. BLAM UK                                    |   |
| 20. Bridge Support                             |   |

## VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

### TRUSTEES' REPORT

#### FOR THE YEAR ENDED 31 MARCH 2024

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- |   |   |
|---|---|
| 39. Creativity Works  | 91. Mthwakazi Queens  |
| 40. Cycling Minds CIC   | 92. Multicultural Resource Centre                               |
| 41. Deaf-initely Women  | 93. Mums Aid  |
| 42. Dementia Friendly Keighley  | 94. Music24   |
| 43. Encompass (Dorset)  | 95. Muslim Women's Council                                      |
| 44. Every Life Matters  | 96. Muslim Youth Helpline                                       |
| 45. Family Compass  | 97. Mustaqbill (Future) Foundation                              |
| 46. First Steps ED  | 98. N Compass   |
| 47. Free Your Instinct  | 99. Next Chapter NW CIC   |
| 48. Growing Well  | 100. NIWE Eating distress service                               |
| 49. Hackney Herbal CIC  | 101. No5 Young People   |
| 50. Hammersley Homes  | 102. North East Wellbeing                                       |
| 51. Happy Times Activities  | 103. North London Music Therapy                                 |
| 52. hArt  | 104. Oakleaf Enterprise   |
| 53. Headssup CIC  | 105. Off the record - BANES                                     |
| 54. HoardingUK Ltd  | 106. Open Briefing  |
| 55. Home Start Elmbridge  | 107. Open Door Charity  |
| 56. Home Start South & West Devon   | 108. Our Place Support CIC                                      |
| 57. Hope for the Community  | 109. Our Time   |
| 58. HOPE- South Yorkshire Fire, Road and<br>Water-related Trauma Support for Families | 110. Oxfordshire Chinese Community and<br>Advice Centre (OCCAC) |
| 59. I Can Do That! CIC  | 111. Oxygen   |
| 60. Illuminate  | 112. PANDAS Foundation  |
| 61. Imagine Independence  | 113. Parenting Project  |
| 62. In Your Corner  | 114. Pregnancy Crisis Care (Plymouth & SE<br>Cornwall)          |
| 63. Independent Mental Health Network   | 115. Radiate Arts C.I.C   |
| 64. Infinite Wellbeing C.I.C.   | 116. RAHAB PROJECT  |
| 65. Just for Women  | 117. Reach Out for Mental Health                                |
| 66. Just Psychology CIC   | 118. Recovery Republic CIC                                      |
| 67. Kab's & Kabs cares CIC  | 119. Relate Chesterfield and North Derbyshire                   |
| 68. KAG Advocacy  | 120. Rethink Mental Illness                                     |
| 69. Kanlungan Filipino Consortium   | 121. Reverse The Trend Foundation                               |
| 70. Keren   | 122. Richmond Fellowship  |
| 71. KeyRing   | 123. Ripple Suicide Prevention Charity                          |
| 72. Kids Inspire  | 124. Sandwell African Caribbean Mental Health<br>Foundation     |
| 73. Kindred Minds   | 125. Scarborough Survivors                                      |
| 74. Little Miracles Charitable Incorporated<br>Organisation                           | 126. Seaview  |
| 75. Living Well Consortium  | 127. Second Step  |
| 76. London Nightline  | 128. Seed of Hope   |
| 77. Make A Difference   | 129. Self Help Services   |
| 78. Make a move   | 130. Sheffield Flourish   |
| 79. Making space  | 131. Somewhere House Somerset                                   |
| 80. ManHealth   | 132. South Asian Health Action                                  |
| 81. Maytree   | 133. Southside Rehab  |
| 82. Mental Health Concern   | 134. Space to Breathe CIC Ltd                                   |
| 83. Mental health Matters   | 135. Step Out Mentoring (The Wells Trust)                       |
| 84. MHFA England  | 136. Studio Upstairs  |
| 85. MhIST (Mental Health Independent Support<br>Team)                                 | 137. Suicide Prevention Bristol Charity                         |
| 86. Mindful Peak Performance CIC  | 138. Support ME Maternal Project                                |
| 87. Minds Ahead   | 139. Swans CIC  |
| 88. Moodswings  | 140. Sydenham Garden  |
| 89. Mosac   | 141. Talk for Health  |
| 90. Mosaic Clubhouse  | 142. Tandem   |

## **VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

### **TRUSTEES' REPORT**

#### **FOR THE YEAR ENDED 31 MARCH 2024**

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- |   |                                      |
|---|--------------------------------------|
| 143. Taraki Wellbeing                                     | 159. Turning point                   |
| 144. The 180 Programme CIC                                | 160. Tyneside Women's Health         |
| 145. The Brave Project Community Interest Company         | 161. Ultimate Counselling            |
| 146. The Cellar Trust                                     | 162. Unforgettable Experiences       |
| 147. The Centre for Specialist Educational Assistance Ltd | 163. Viewpoint (Herts Viewpoint)     |
| 148. The Craig Tyler Trust                                | 164. Voades                          |
| 149. The Flowhesion Foundation                            | 165. Voice Ability                   |
| 150. The Grow Project                                     | 166. Warrington Community living     |
| 151. The Harbour Project                                  | 167. Winchester Youth Counselling    |
| 152. The Listening Place                                  | 168. Wish                            |
| 153. The Parent House                                     | 169. Working Well Trust              |
| 154. The Recovery Circle                                  | 170. Worth-it Positive Education CIC |
| 155. The Restoration Trust                                | 171. Yellow House                    |
| 156. The Sporting Memories Foundation                     | 172. YIS                             |
| 157. The Warrior Programme                                | 173. You Raise Me Up                 |
| 158. Together for Mental Wellbeing                        | 174. Youth Arts and Health Trust     |
|   | 175. Youthline Ltd                   |

#### **ASSOCIATE MEMBERSHIP**

1. Agenda
2. Centre for Mental Health
3. Consortium - The National LGB&T partnership
4. Faith Action
5. Men's Health Forum
6. Mental Health Foundation
7. Mental Health North East
8. Mind
9. National Survivor User Network
10. Suicide Prevention and Intervention
11. Volition



## **VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

### **TRUSTEES' REPORT**

**FOR THE YEAR ENDED 31 MARCH 2024**

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#### **Trustees' Responsibilities in Relation to the Financial Statements**

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 24 July 2024 and was signed on its behalf, by:



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**Dr Sridevi Kalidindi**  
Chair



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**Sanjay Shah**  
Treasurer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES  
OF VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM  
FOR THE YEAR ENDED 31 MARCH 2024**

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I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2024 which are set out on pages 17 to 29.

**Responsibilities and basis of report**

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Michael Tourville FCA  
Beever and Struthers  
Chartered Accountants**

**150 Minories,  
London,  
EC3N 1LS**

**Date: 9 September 2024**

# VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

## STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account)

FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income and Endowments from:</b>					
<b>Investments:</b>					
Investment income	3	13,233	-	13,233	3,798
<b>Charitable activities:</b>					
Grants receivable		-	330,538	330,538	316,225
Membership services, conferences and events		92,761	-	92,761	82,644
	2	92,761	330,538	423,299	398,869
<b>Total incoming resources</b>		<b>105,994</b>	<b>330,538</b>	<b>436,532</b>	<b>402,667</b>
<b>Expenditure on:</b>					
<b>Charitable activities</b>	4	<b>88,670</b>	<b>342,353</b>	<b>431,023</b>	<b>488,927</b>
<b>Total resources expended</b>		<b>88,670</b>	<b>342,353</b>	<b>431,023</b>	<b>488,927</b>
<b>Net incoming / (expenditure)</b>	7	<b>17,324</b>	<b>(11,815)</b>	<b>5,509</b>	<b>(86,260)</b>
Transfers between funds		-	-	-	-
<b>Net movement in funds</b>		<b>17,324</b>	<b>(11,815)</b>	<b>5,509</b>	<b>(86,260)</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		344,952	245,112	590,064	676,324
<b>Total funds carried forward</b>		<b>362,276</b>	<b>233,297</b>	<b>595,573</b>	<b>590,064</b>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The notes on pages 20 to 29 form an integral part of these financial statements.

# VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

COMPANY NUMBER: 05536120

## STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2024

	Notes	£	2024 £	£	2023 £
<b>FIXED ASSETS</b>					
Tangible assets	9		2,484		2,628
Intangible assets	10		-		-
<b>CURRENT ASSETS</b>					
Debtors	11	7,564		11,602	
Cash at bank and in hand		588,933		627,840	
			<u>596,497</u>	<u>639,442</u>	
<b>CREDITORS: amounts falling due within one year</b>	12	<u>(3,408)</u>		<u>(52,006)</u>	
<b>NET CURRENT ASSETS</b>			<b>593,089</b>		<b>587,436</b>
<b>TOTAL NET ASSETS</b>	13		<u><b>595,573</b></u>		<u><b>590,064</b></u>
<b>CHARITY FUNDS</b>					
Unrestricted reserves	14		362,276		344,952
Restricted reserves	15		233,297		245,112
			<u><b>595,573</b></u>		<u><b>590,064</b></u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102).

The financial statements on pages 17 to 29 were approved and authorised for issue by the Trustees on 24 July 2024 and signed on their behalf, by:



**Dr Sridevi Kalidindi**  
Chair



**Sanjay Shah**  
Treasurer

The notes on pages 20 to 29 form an integral part of these financial statements.

**VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

**STATEMENT OF CASH FLOWS**

**FOR THE YEAR ENDED 31 MARCH 2024**

		<b>2024</b>	<b>2023</b>
		£	£
	<b>Notes</b>		
<b>Cash flow from operating activities</b>			
<b>Net cash flow from operating activities</b>	i	<b>(51,104)</b>	<b>(40,314)</b>
<b>Cash flow from investing activities</b>			
Investment income		<b>13,233</b>	3,798
Purchase of tangible fixed assets		<b>(1,096)</b>	(1,108)
<b>Net cash provided by/(used in) investing activities</b>		<b>12,137</b>	<b>2,690</b>
<b>Cash flow from financing activities</b>		-	-
<b>Net Cash provided by/(used in) financing activities</b>		-	-
<b>Change in cash and cash equivalents in the year</b>		<b>(38,907)</b>	<b>(38,188)</b>
<b>Cash and cash equivalents brought forward</b>		<b>627,840</b>	<b>666,028</b>
<b>Cash and cash equivalents carried forward</b>		<b>588,933</b>	<b>627,840</b>
<b>Cash and cash equivalents consist of:</b>			
Cash at bank and in hand		<b>588,933</b>	<b>627,840</b>
<b>Note i</b>			
Net movement in funds		<b>5,509</b>	(85,756)
Depreciation		<b>1,240</b>	1,312
Investment income		<b>(13,233)</b>	(3,798)
Decrease/(increase) in debtors		<b>4,038</b>	32,625
Increase/(decrease) in creditors		<b>(48,658)</b>	15,303
<b>Net cash outflow from operating activities</b>		<b>(51,104)</b>	<b>(40,314)</b>

The notes on pages 20 to 29 form an integral part of these financial statements.

# **VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

## **NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

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### **1. ACCOUNTING POLICIES**

#### **Legal Status**

Voluntary Sector Mental Health Providers Forum is a charitable company limited by guarantee (Charity number 1120222, Company number: 05536120) with the Charity Commission incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is First Floor, 85 Great Portland Street, London, England, W1W 7LT. The nature of the charity's operations and principal activities are supporting voluntary sector mental health organisations in influencing mental health practice and policy.

#### **Basis of Accounting**

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost basis of accounting and are presented in sterling £.

As a public benefit entity, Voluntary Sector Mental Health Providers Forum, has applied the public benefit entity 'PBE' prefixed paragraphs of FRS 102.

#### **Tangible fixed assets**

Tangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Depreciation is calculated so as to the write off cost of fixed assets over the estimated useful lives of the assets concerned as follows:

Computer equipment	Over 3 years
--------------------	--------------

#### **Intangible fixed assets**

Intangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Amortisation is calculated so as to the write off cost of fixed assets over the estimated useful lives and their useful lifespans of the assets concerned as follows:

Software	Over 3 years
----------	--------------

#### **Income**

Membership income is recognised over the year to which it relates, net of VAT.

Revenue grants are credited to the financial statements when received or receivable, whichever is earlier, unless they relate to a specific future year, in which case they are deferred.

#### **Expenditure**

Resources expended are recognised in the year in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Costs are allocated to activities where directly attributable. Support costs are apportioned based on an estimate of staff time spent on each activity.

Governance costs include costs incurred in meeting constitutional and statutory requirements.

**1. ACCOUNTING POLICIES (continued)**

**Fund accounting**

The general fund comprises those monies that may be used towards meeting the charitable objectives at the discretion of the Trustees.

The restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor imposed conditions. Expenditure meeting the relevant criteria is charged to this fund.

**Taxation**

The company is a registered charity and therefore is not liable for income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**Pension costs**

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charitable company to the fund. The charitable company has no liability under the scheme other than for the payment of those contributions.

**Going Concern**

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**Financial instruments**

Financial instruments such as loans, accounts payables, accounts receivables and cash are classified either as basic or complex. All financial instruments are initially measured at their fair values at the time the transactions occur. Subsequently all basic instruments are measured at amortised cost and all complex financial instruments are measured at a fair value through the Statement of Financial Activities.

Financial instruments held by the charity are classified as follows:

- Financial assets such as cash are held at cost,
- Financial assets such as cash, current asset investments and receivables are classified as loans and receivables and held at amortised cost using the effective interest method,
- Financial liabilities such as bonds and loans are held at amortised cost using the effective interest method.

**Judgements and key sources of estimation uncertainty**

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

- Depreciation rates for tangible fixed assets,
- Amortisation rates for intangible fixed assets.

# VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

### 2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
<b>Grants receivable</b>				
Health and Wellbeing Alliance	-	90,000	90,000	90,000
Health and Wellbeing Alliance Social Care Subgroup Project	-	-	-	4,000
Access	-	141,838	141,838	164,700
Choice Support	-	50,000	50,000	-
NHS England	-	-	-	7,475
CAF Community Mental Health Transformation	-	40,000	40,000	40,000
CPA Additional Work Funding	-	2,200	2,200	1,500
Mental Health Sustainability Programme	-	-	-	2,750
Registered Nursing Home Association	-	5,000	5,000	5,800
Social Investment Business	-	1,500	1,500	-
	-	330,538	330,538	316,225
Membership services, conferences and events				
Membership subscriptions	92,761	-	92,761	82,644
	92,761	-	92,761	82,644
<b>Total</b>	<b>92,761</b>	<b>330,538</b>	<b>423,299</b>	<b>398,869</b>

In 2024, of the total income from charitable activities, £92,761 was unrestricted and £330,538 was restricted.

### 3. INVESTMENT INCOME

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Bank deposit interest	13,233	-	13,233	3,798

In 2024 all income from investments was unrestricted.



# VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

### 4. TOTAL RESOURCES EXPENDED

	Direct staff costs £	Direct costs £	Support costs £	2024 Total £	2023 Total £
<i>Charitable activities</i>					
Membership services, conferences and events	77,155	11,515	-	88,670	114,240
Health and Wellbeing Alliance	69,000	21,000	-	90,000	90,000
Health and Wellbeing Alliance Social Care Subgroup Project	-	-	-	-	4,000
Access	60,668	36,635	17,902	115,205	101,923
National Care Forum	-	-	-	-	5,568
NHS England	-	4,550	-	4,550	2,925
NHS East of England	-	-	-	-	32,260
CAF Community Mental Health Transformation	38,477	-	2,778	41,255	50,767
CPA Additional Funding	28,560	266	4,876	33,702	98
Mental Health Sustainability Programme	11,535	19,885	-	31,420	81,346
Choice Support	19,686	35	-	19,721	-
Social Investment Business	1,500	-	-	1,500	-
Registered Nursing Home Association	5,000	-	-	5,000	5,800
Total resources expended	311,581	93,886	25,556	431,023	488,927

Total support costs of £25,556 (2023: £31,433) are analysed in Note 5.

### 5. SUPPORT COSTS

	2024 £	2023 £
Wages and salaries	13,945	16,986
Governance	8,274	6,689
Premises costs	916	786
Office costs	300	410
IT	2,121	6,562
	25,556	31,433

Total governance costs of £8,274 (2023: £6,689) are analysed in Note 6.

### 6. GOVERNANCE COSTS

	2024 £	2023 £
Travel, welfare, and sustenance	3,426	2,226
Governance and Board Meetings	347	1,040
Consultancy and Legal Fees	2361	1,417
Independent Examination	1,237	1,159
Accounts preparation	903	847
	8,274	6,689

# VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

### 7. NET OUTGOING RESOURCES BEFORE TRANSFERS

	2024	2023
	£	£
This has been arrived at after charging (excluding VAT):		
Independent Examiner's remuneration	1,237	1,159
Accounts preparation	903	847
	<b>2,140</b>	<b>2,006</b>

In common with many other organisations of our size and nature we use our Independent Examiner to assist with the preparation of the financial statements.

### 8. STAFF COSTS AND KEY MANAGEMENT PERSONNEL REMUNERATION

	2024 No.	2023 No.
The average number of persons employed during the year expressed in full time equivalents (35 hours per week) was:		
Number	8	9
Full time equivalents	8	9
	2024 £	2023 £
Staff costs during the year were as follows:		
Wages and salaries	285,103	319,025
Social security costs	25,624	30,590
Pension costs	22,984	25,385
	<b>333,711</b>	<b>375,000</b>

The number of employees who received total employee benefits (excluding employer pension costs) of more than £60,000 is as follows:

	2024 Number	2023 Number
£60,000-£70,000	2	-
£70,000-£80,000	-	-
£80,000-£90,000	1	1

No other employees earned over this amount (2023: 0). The highest paid staff member received pension contributions in the year of £6,829 (2023: £6,443).

The Charity considers its key management personnel comprise the Trustees and the Chief Executive Officer.

No Trustee received any remuneration in respect of their services (2023: £0). Trustees received expenses reimbursed during the year to the value of £0 in relation to travel costs (2023: £0).

The total amount of employee benefits received by other key management personnel is £102,723 (2023: £97,358).

**VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

**9. TANGIBLE FIXED ASSETS**

	<b>Computer Equipment £</b>	<b>Total £</b>
<b>Cost:</b>		
At 1 April 2023	7,799	7,799
Additions	1,096	1,096
Disposals		
At 31 March 2024	<b>8,895</b>	<b>8,895</b>
<b>Depreciation:</b>		
At 1 April 2023	5,171	5,171
Charge for year	1,240	1,240
At 31 March 2024	<b>6,411</b>	<b>6,411</b>
<b>Net Book Value:</b>		
At 31 March 2024	<b>2,484</b>	<b>2,484</b>
At 31 March 2023	2,628	2,628

**10. INTANGIBLE FIXED ASSETS**

	<b>Software £</b>	<b>Total £</b>
<b>Cost:</b>		
At 1 April 2023	-	-
Additions	-	-
Disposals	-	-
At 31 March 2024	-	-
<b>Amortisation:</b>		
At 1 April 2023	-	-
Charge for year	-	-
At 31 March 2024	-	-
<b>Net Book Value:</b>		
At 31 March 2024	-	-
At 31 March 2023	-	-

# VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

### 11. DEBTORS

	2024 £	2023 £
Trade Debtors	6,500	9,800
Prepayments	1,063	1,802
	<b>7,563</b>	<b>11,602</b>

All debtors are due within one year.

### 12. CREDITORS: Amounts falling due within one year

	2024 £	2023 £
Trade Creditors	3,325	50,000
Taxation and social security	-	-
Accruals and Deferred Income	83	2,006
Other creditors	-	-
	<b>3,408</b>	<b>52,006</b>

### 13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Fixed assets	2,484	-	2,484	2,628
Current assets	363,200	233,297	596,497	639,442
Creditors: amounts falling due within one year	(3,408)	-	(3,408)	(52,006)
	<b>362,276</b>	<b>233,297</b>	<b>595,573</b>	<b>590,064</b>

### 14. UNRESTRICTED FUNDS

	Balance at 1 April 2023 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2024 £
General Funds	344,952	105,994	(88,670)	-	362,276
	<b>344,952</b>	<b>105,994</b>	<b>(88,670)</b>	<b>-</b>	<b>362,276</b>

## VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 MARCH 2024

#### 15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of grants to be applied for specific purposes.

	Balance at 1 April 2023 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Health and Wellbeing Alliance	-	90,000	(90,000)	-	-
Social Investment Business	-	1,500	(1,500)	-	-
Access	133,573	141,838	(115,205)	-	<b>160,206</b>
Choice Support	-	50,000	(19,720)	-	<b>30,280</b>
NHS England	4,550	-	(4,550)	-	-
CPA	72,816	2,200	(33,702)	-	<b>41,314</b>
Mental Health Sustainability Programme	31,421	-	(31,421)	-	-
Rethink Mental Illness	2,752	40,000	(41,255)	-	<b>1,497</b>
Registered Nursing Home Association	-	5,000	(5,000)	-	-
	<b>245,112</b>	<b>330,538</b>	<b>(342,353)</b>	<b>-</b>	<b>233,297</b>

The VCSE Health and Wellbeing Alliance is a key element of the VCSE Health and Wellbeing Programme; a partnership between voluntary sectors and the care system to provide a voice and improve the health and wellbeing for all communities.

Access funded a three-year Enterprise Development Programme to support the small and medium sized enterprise sector in its diversification of income streams. The Association has been selected to deliver this programme as the main mental health sector partner. Access provided further funding to continue this programme from October 2022 to March 2024 and has agreed to remaining funds being utilised in 2024-2025.

NHS East of England has funded The Association to deliver a programme of work related to digital access to personalised mental health care.

Care Provider Alliance (CPA) Additional Funding covers grants from the Department of Health and Social Care and others to the CPA programme lead, which is the National Care Forum and they work with the 9 other CPA partners including us.

The Mental Health Sustainability Programme is to aim to sustain services and improve and protect peoples' mental health and wellbeing during and after the coronavirus pandemic.

The funding from the Registered Nursing Home Association is funding for a Digital Social Care membership grant and for a digital social care project along with four other organisations.

#### 16. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

## VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 MARCH 2024

#### 17. RELATED PARTY TRANSACTIONS

All the Directors hold senior positions at organisations that are either members of The Association or related non-provider organisations. Membership fees are paid to the Forum under the same terms as for all members.

The Association holds the co-ordination role for the VCSE Health and Wellbeing Alliance funded by the Department of Health and Social Care. The Association receives all funding and makes payments to the partners, these are:

Mental Health Foundation  
Mind (National)  
National Survivor User Network (NSUN)  
Rethink Mental Illness  
Central for Mental Health (CMH)

The Finance Officer, Jyoti Shah, is the wife of the Treasurer, Sanjay Shah. The Finance Officer received gross salary of £12,169 in the year and employer pension contributions of £974 (2023: gross salary £11,480 and employer pension contributions of £918). The Trustees are satisfied that the salary is at or below market rate for similar roles in the area.

#### 18. TAXATION

By virtue of s.478 Corporation Tax Act 2010, the charitable company is exempt from Corporation Tax.

#### 19. FINANCIAL INSTRUMENTS

	2024 £	2023 £
The Charity's financial instruments may be analysed as follows		
<b>Financial Assets</b>		
<b>Financial Assets Measured at Cost</b>		
Cash and Cash Equivalents	588,933	627,840
<b>Financial Assets Measured at Amortised Cost</b>		
Trade Debtors	6,500	11,602
Accrued income	-	-
<b>Total Financial Assets</b>	<b>595,433</b>	<b>639,442</b>
<b>Financial Liabilities</b>		
<b>Financial Liabilities Measured at Amortised Cost</b>		
Trade Creditors	3,325	50,000
Other Creditors	83	2,006
<b>Total Financial Liabilities</b>	<b>3,408</b>	<b>52,006</b>

#### 20. OPERATING LEASES

The Charity had no operating lease commitments as at 31 March 2024 (2023: Nil).

## VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 MARCH 2024

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#### 21. CAPITAL COMMITMENTS

The Charity had no capital commitments as at 31 March 2024 (2023: Nil).

#### 22. ANALYSIS OF CHANGES IN NET FUNDS

	2023	Cash flows	2024
	£	£	£
Short and long term loan liabilities	-	-	-
<b>Total loan liabilities</b>	-	-	-
Cash and cash equivalents	627,840	(38,907)	<b>588,933</b>
<b>Change in funds resulting from cashflows</b>	<b>627,840</b>	<b>(38,907)</b>	<b>588,933</b>