

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

England & Wales · Charity number 1120222

Details

Status Registered

Legal form Charitable company

Company number [05536120](#)

Registered 2007-07-24

Register [View on the Charity Commission register](#)

Contact

Address 85 Great Portland Street
First Floor
London
W1W 7LT

Phone 07780468830

Email info@amhp.org.uk

Website www.amhp.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE WITH MENTAL HEALTH PROBLEMS IN ENGLAND IN PARTICULAR BUT NOT EXCLUSIVELY BY:. IMPROVING THE RANGE, QUALITY AND VOLUME OF SERVICES FOR PEOPLE WITH MENTAL HEALTH PROBLEMS IN ENGLAND. CONTRIBUTING TO POLICY DEVELOPMENT WITH VIEW TO IMPROVING SERVICES. SHARING INFORMATION AND EXPERIENCE WITH A VIEW TO IMPROVING SERVICES.

Activities: Association of Mental Health Providers is the national umbrella organisation representing the not-for-profit mental health provider sector. By underpinning good and better practice, influencing and supporting policy, facilitating positive collaborations and partnerships, The Association promotes the best quality and results for all individuals using mental health services.

Classification

- **How:** Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- **Area of benefit:** NATIONAL 'NOT DEFINED IN PRACTICE'
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£208,359	£385,380	-	-
2024-03-31	£436,532	£431,023	-	-
2023-03-31	£402,667	£488,927	-	-
2022-03-31	£635,603	£674,153	£676,324	9
2021-03-31	£920,759	£497,580	£714,874	7

Trustees

Name	Role	Appointed
Stephen John Appleton	Chair	2018-03-28
Alun Thomas		2025-05-22
Amanda Jane Hughes		2023-10-01
JULIE LAYTON		2017-11-07
Linda Bryant		2018-12-01
Mark Winstanley-Kimmis		2016-09-13
Raymond Sheehy		2023-10-01
SANJAY SHAH		
Steven Hill		2023-10-01

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

England & Wales - Charity number 1120222

Accounts

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
(A Company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

Company number: 05536120
Charity number: 1120222

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

Contents	Page
Trustees' Report	2 – 13
Independent Examiner's Report	14
Statement of Financial Activities	15
Statement of Financial Position	16 - 17
Statement of Cash Flows	18
Notes to the Financial Statements	19 – 28

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REFERENCE AND ADMINISTRATIVE DETAILS

FOR THE YEAR ENDED 31 MARCH 2025

Status: The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

Company Number: 05536120

Charity Number: 1120222

Registered Office and Operational Address: 85 Great Portland Street, Great Portland Street, London, England, W1W 7LT

Trustees The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1 April 2024 up to the date of approval of these financial statements were as follows:

Dr Sridevi Kalidindi	- Chair (resigned 31 July 2024)
Stephen Appleton	- Chair (appointed 1 August 2024)
Sanjay Shah	- Treasurer
Mark Winstanley-Kimmis	- CEO Rethink Mental Illness
Rachel Peacock	- CEO Making Space (resigned 31 January 2025)
Julie Layton	- CEO Advance UK
Steve Gilbert	- Independent Consultant (resigned 31 January 2025)
Steven Hill	- CEO Coventry and Warwickshire Mind
Linda Bryant	- CEO Together for Mental Wellbeing
Raymond Sheehy	- CEO Bridge Support
Sarah Maguire	- CEO Choice Support (resigned 31 March 2025)
Jane Hughes	- CEO Mental Health Matters
Maaria Mahmood	- CEO Muslim Youth Helpline (appointed 3 July 2024)

Chief Executive Officer and Company Secretary: Kathy Roberts

Bankers: CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4QT

Independent Examiner: George Shillam
Beever and Struthers
150 Minories
London
EC3N 1LS

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006 in preparing the annual report and financial statements of the charity.

Structure, governance & management

The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Aims and public benefit

Voluntary Sector Mental Health Providers Forum trading as the Association of Mental Health Providers (The Association), formerly Mental Health Providers Forum, is a representative organisation for providers of mental health and wellbeing services. The Association want service users to have access to joined up, seamless services from the organisations that support them, and are committed to working in equal partnership with statutory agencies involved in providing health and social care support for people with mental health needs.

We facilitate this through supporting and promoting effective service delivery, information exchange and the sharing of best practice across the voluntary, statutory and private sectors.

Our charitable objects:

To relieve the needs of people with mental health conditions in England and Wales by:

- Improving the range, quality and volume of services and support available
- Contributing to policy and practice developments concerned with improving services and promoting better mental health
- Sharing information and experience with a view to improving services and promoting better mental health.

Our values

A society where everyone with mental health concerns has the right to get the support they need from a wide range of providers, implementing demonstrable values which include:

- Respecting service user perspectives, empowerment and choices
- Believing in and supporting recovery, social inclusion and enabling people with enduring mental health conditions to live their best lives.
- Commitment to collaboration, sharing partnership and coproduction.
- Commitment to service excellence, innovation, evidence-based practice and continuous improvement
- Developing and promoting the unique value-based contribution of the voluntary mental health sector.

Statement of Public Benefit

The Directors confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. How the charity delivers public benefit is explained under section 3 "Current Activities and Work Programmes" below.

1 Strategic overview

Association of Mental Health Providers continues to be the leading representative body for voluntary sector providers of mental health services with members drawn from national, regional and locally based organisations operating across England. As the only representative body for mental health VCSE providers, The Association is ideally placed to work across all types of service provision. Our members provide services covering the full range of provision from crisis care, liaison and diversion services, substance misuse services, complex needs, to advice and counselling to people with lived experience. Specialisms amongst our members include BME mental health, children and young people's mental health, housing and homelessness, employment support, IAPT and secure pathways – taking a whole-life and whole-person approach. Our members are united by their desire to improve the quality of care for people with mental health needs and the outcomes of the services provided.

2 Strategic priorities, objectives and activities

Overarching priorities

- Valuing the Voluntary and Community Sector and influencing sector sustainability and growth
- Improving practice in mental health
- Addressing inequalities
- Ensuring the VCSE mental health provider sector is represented in mental health policy
- Increasing membership.

Strategic objectives

- Representing Members and Lived experience Involvement, Engagement and coproduction
- Influencing Policy and Strategy
- Best Practice Profiling
- Shaping and Growing the Market for the Sector
- Facilitating Networks and Engagement
- Fostering Partnerships and Collaboration
- Development of Frameworks and Guidance
- Supporting Safer Practice
- Developing Positive Outcomes
- Supporting Equality and Parity in service Development and Implementation.

Support to members

- An authoritative, representative voice to policy makers, commissioners and other public funders
- Access to key decision making forums, expertise, policy makers and influence
- Translation between policy and practice
- Breaking down complexities of the market place
- Market intelligence and access to new markets
- Innovative products & tools
- Support and navigation in difficult and changing times
- Collaborative development opportunities
- Confidence in strength of numbers.

3. Achievements and Performance

3.1 Membership Engagement and Sector Insight

Throughout the reporting year from April 2024 to March 2025, the Association prioritised meaningful and consistent engagement with its diverse membership. This approach ensured that the Association's activities were deeply informed by the realities faced by members, enabling a responsive and collaborative model of advocacy and support. The fortnightly member meetings served as a vital space for discussing systemic challenges and opportunities, such as the implications of the National Living Wage increases, regulatory developments, and the integration of VCSE perspectives into national health and social care planning.

During the winter and spring quarters, discussions expanded to include critical national initiatives, such as the Mental Health Bill and the ongoing implementation of the Right Care, Right Person (RCRP) framework. These sessions emphasised the importance of VCSE involvement in shaping national reforms and tackling barriers to equitable service delivery. The Business and Service Continuity Subgroup also played a key role in guiding sector responses to operational challenges, such as fee rate negotiations and regulatory compliance, ensuring members were equipped with the tools needed to address immediate risks.

Member Networks

In response to member feedback, the Association reinvigorated and launched several Member Networks to provide tailored support and a platform for collaboration. These networks fostered safe and confidential spaces for professionals to connect, share challenges, and develop sector-wide solutions.

- **Minoritised Communities' Network:** Meeting monthly, this network explored nuanced issues such as racial solidarity, the adultification of minoritised children, and the intersection of poverty and mental health. While attendance fluctuated, the discussions were vibrant and pointed to the need for deeper engagement on systemic inequalities.
- **Business Development Leads Network:** This group addressed pressing issues such as financial sustainability, fee rate disparities, and challenges in contract bidding. Members shared experiences with fundraising, managing mergers, and navigating TUPE complexities, creating a shared repository of strategies for overcoming systemic obstacles.
- **CEO Network:** Meeting every six weeks, the CEO Network provided executive-level discussions on topics such as governance, commissioning, and the implications of NHS restructuring. These meetings offered peer support and enabled collaborative advocacy on shared concerns, such as workforce planning and equitable funding.
- **Lived Experience Leads Network:** This network brought together individuals with lived experience to inform the development of mental health social care policy. A key achievement was the group's input into the Casey-led Independent Commission on Adult Social Care, emphasising the unique value of community-based support systems.
- **HR Network:** Focused on recruitment and retention strategies, the HR Network explored ways to address workforce challenges, particularly in light of increased National Insurance contributions. Discussions emphasised non-financial rewards and workforce well-being as critical components of retention.

These networks significantly enhanced the Association's ability to provide targeted support and amplify member voices in national policy discussions.

3.2 Policy Development and Strategic Influence

The Association expanded its influence on mental health policy significantly throughout the year. Contributions to the House of Commons Health and Social Care Select Committee Inquiry into Community Mental Health Services were a key achievement, combining detailed evidence with real-world case studies to demonstrate the essential role of VCSE organisations in delivering personalised, place-based care. This work led to an invitation for oral evidence, solidifying the Association's position as a trusted voice in national policymaking.

Engagement with the NHS Ten-Year Health Plan provided another avenue for influence, with the Association ensuring that VCSE perspectives were embedded in planning for both adult and child mental health services. Advocacy efforts emphasised the need for better integration between health and social care systems and highlighted the critical importance of population-level planning in addressing mental health disparities.

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The Association also played a leading role in discussions surrounding the Fair Pay Agreement for Social Care, advocating for greater clarity on how proposed changes would impact the VCSE sector. Collaborative efforts with the Care Provider Alliance and direct dialogues with DHSC policy teams helped ensure that the unique needs and contributions of mental health providers were represented in national conversations.

System Reform and Neighbourhood Health Integration

The Association's commitment to systemic reform was evident in its active participation in initiatives aimed at transforming community mental health systems. Through its involvement in the development of 24/7 Neighbourhood Mental Health Centres, the Association championed rights-based, person-centred care models that integrate housing, education, and employment support. These models align with the sector's strengths in early intervention and holistic care, setting a blueprint for future mental health service delivery.

In response to the Government's announcement of the Independent Commission on Adult Social Care, the Association coordinated a strategic narrative that underscored the VCSE sector's indispensable role in addressing complex mental health needs. This work emphasised the importance of neighbourhood-based health systems and called for consistent, equitable funding mechanisms to support their implementation.

Workforce, Regulation, and Evidence Building

Workforce challenges remained a central focus, with the Association's workforce mapping project revealing critical issues such as high vacancy rates, turnover, and recruitment gaps in specialist roles. These findings informed policy recommendations and practical tools aimed at addressing workforce sustainability.

Regulatory engagement with the Care Quality Commission (CQC) addressed systemic inconsistencies and explored ways to better integrate VCSE contributions into local and national oversight frameworks. The Association's Geographic Information System (GIS) mapping tools were highlighted as innovative resources for improving data-driven decision-making and regulatory accountability.

Collaborative efforts with academic and policy partners also supported evidence-building initiatives, such as the Mental Health Social Care Research Incubator. This program has advanced the sector's capacity for impactful, evidence-based practice, ensuring that VCSE contributions to mental health care are both visible and valued.

3.3 Data Observatory and Workforce Mapping

The Association's commitment to advancing data-driven decision-making was epitomised by the continued development and impact of the Mental Health Data Observatory and its associated workforce mapping initiatives. These projects provided critical insights into workforce trends, funding pressures, and service distribution, enabling more informed policy advocacy and operational planning across the VCSE mental health sector.

Key achievements during the reporting year included updates to the Mental Health Geographic Information System (GIS) and the Workforce Mapping Tool. The GIS now offers an integrated, longitudinal view of VCSE mental health services, filterable by local authority, Integrated Care Board (ICB), and parliamentary constituency. These enhancements allow stakeholders to visualise service gaps and opportunities, facilitating targeted interventions.

The Workforce Mapping Tool revealed significant challenges, including:

- A workforce vacancy rate of 13,500 positions, with turnover rates exceeding 40% in some regions.
- Persistent recruitment gaps in specialist roles, such as occupational therapy and mental health nursing, totalling over 3,000 unfilled positions nationally.
- A disproportionate financial strain on smaller providers, exacerbated by wage increases and insufficient fee uplifts.

Presentations of these findings to national forums, such as the NHS England/Improvement Mental Health, Learning Disability & Autism National Specialty & Clinical Advisors Meeting, emphasised the urgency of addressing these issues. Collaborations with the Quality Transformation Leads further supported the development of tools to illustrate how VCSE contributions can mitigate systemic pressures on statutory services. Additionally, the Association expanded the scope of its data analysis to include young people's mental health services. By integrating data from organisations like Barnardo's and the Centre for Young Lives, the Observatory highlighted critical concerns, such as the rising prevalence of mental health disorders among young people and the delays in accessing care. These insights are informing strategic responses to this growing crisis.

3.4 Mental Health Social Care

The Association underscored the indispensable role of mental health social care as a core component of the broader mental health ecosystem. This area of focus emphasised community-based, person-centred care that addresses clinical needs alongside broader social determinants, such as housing, relationships, and employment. Despite ongoing funding and regulatory challenges, mental health social care was celebrated for its distinct capacity to reach underserved populations and those with complex needs.

Key to these efforts was the Association's leadership within the Mental Health Social Care Policy and Oversight Group, co-chaired by Kathy Roberts and the Association of Directors of Social Services. Meeting on a six-weekly basis, the Group's membership includes representatives from the Department of Health and Social Care (DHSC) and NHS England and has been strengthened by the inclusion of the Association's members Everyturn Mental Health and Creative Minds. The Group remains the leading national network and source of advice and intelligence for DHSC and other national partners on mental health social care policy and practice.

The Group also continues to provide the Association with a forum for reviewing the issues faced by its members as they endeavour to ensure the continuity and sustainability of VCSE-arranged mental health social care services and support. It also considers the policy and practice responses required to address these challenges. A significant area of focus this year has been identifying how best to engage with and inform the work of the independent Commission on Social Care, announced by the Government in December 2025 and led by Baroness Casey of Bostock. The Group aims to ensure that the Commission is informed by an understanding of the value of mental health social care—both for people experiencing poor mental health and their unpaid carers, as well as for the wider social care and support system.

The Association also contributed to the development of neighbourhood health models, such as the 24/7 Neighbourhood Mental Health Centres initiative, which integrates psychosocial care with housing, education, and employment services. This innovative framework aligns with the sector's strengths in early intervention and rights-based care, establishing a vision for the future of mental health support.

Collaborations with CQC leadership highlighted ongoing regulatory challenges, such as the exclusion of many VCSE providers from formal inspection frameworks, which has led to systemic underestimation of their impact. By advocating for inspection and assurance systems tailored to the nature of VCSE services, the Association has laid the groundwork for a more inclusive regulatory landscape.

Additionally, the Mental Health Social Care Research Incubator Collaborative, funded by the National Institute for Health and Social Care Research (NIHR), continued its valuable work. This partnership between the London School of Economics, the University of Manchester, and the Association identifies and enables research opportunities in mental health social care. The program places particular emphasis on facilitating the participation of people with lived experience and those working in the VCSE mental health sector. Through initiatives like the Stepping into Research program, colleagues from several member organisations have contributed to this important work in the past year.

3.5 Advancing Mental Health Equalities

Advancing mental health equalities remained a cornerstone of the Association's work throughout 2024-2025, with a particular focus on tackling disparities in access, outcomes, and experiences for marginalised groups. Through its leadership in NHS England's Advancing Mental Health Equalities Taskforce, the Association helped steer national efforts to reduce systemic inequities, ensuring that the VCSE sector's contributions were recognised and amplified.

Patient and Carer Race Equality Framework (PCREF)

The implementation of the Patient and Carer Race Equality Framework (PCREF) within VCSE settings was a major focus of the year. Working closely with members such as Everyturn, the Association supported the development of advisory boards and best practice guides. This collaboration provided practical tools for organisations to embed equity-focused policies into their operations.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The Association also participated in the PCREF communications subgroup, contributing to podcasts, webinars, and other materials designed to raise awareness and encourage widespread adoption of the framework. These efforts were bolstered by the development of an implementation guide tailored to the unique challenges and opportunities faced by VCSE providers.

Data-Driven Equity Initiatives

The Association's data projects further advanced the equity agenda by providing actionable insights into disparities across mental health systems. Through partnerships with ICBs and regional NHS teams, the Association hosted strategy sessions and roundtables to identify gaps in service delivery and resource allocation. These findings informed the creation of an evaluation framework designed to help ICBs measure progress toward reducing mental health inequalities.

A flagship project, funded through the VCSE Health and Wellbeing Alliance, involved mapping how local systems address mental health disparities. Insights from this work will be published in a briefing paper and used to develop training resources for commissioners and service providers.

3.6 Partnerships and Advocacy

The Association continued to advocate for systemic reforms through partnerships with national organisations. Collaborative responses to government initiatives, such as the Pathways to Work Green Paper, emphasised the intersection of social security policies and mental health inequalities. This work highlighted the disproportionate impact of proposed reforms on individuals with mental health conditions and unpaid carers, ensuring their experiences were reflected in policy deliberations.

3.7 Strategic Communications and Public Profile

The Association's communications strategy was instrumental in raising awareness of the VCSE mental health sector's contributions and challenges. By leveraging social media, blogs, webinars, and targeted campaigns, the Association amplified member voices and shaped public and political narratives around mental health care.

Social Media and Campaigns

The Association's campaigns, such as #ValueSocialCare and #TheFinalStraw, galvanised public support and elevated the sector's profile. These initiatives highlighted the economic and social impact of VCSE mental health services, emphasising the urgent need for sustainable funding and equitable recognition.

A key milestone was the Providers Unite Day of Action on February 25, 2025, where members convened in Westminster to demand systemic reforms. The Association played a pivotal role in organising this event, providing members with resources for engaging MPs and amplifying their messages through coordinated social media activity.

Across social media platforms, the Association experienced significant growth. On LinkedIn, engagement increased by over 20%, driven by content that resonated with both members and policymakers. The shift from X (formerly Twitter) to Bluesky and Threads reflected a commitment to maintaining an inclusive and values-aligned online presence. Posts highlighted critical issues, including responses to the Spring Budget and the Mental Health Bill, as well as campaigns on mental health awareness and stigma reduction.

Member Communications

The Association's fortnightly bulletins provided a mix of sector news, funding opportunities, and insights into advocacy efforts. Topics ranged from fee rate surveys and benefits reform to grassroots campaigns like #DumpTheScales. These bulletins ensured members remained informed and equipped to engage with evolving policy landscapes.

In addition to bulletins, the Association hosted two highly attended webinars on care planning and accommodation-based support, providing members with actionable guidance on navigating complex regulatory frameworks. These sessions were recorded and made available to all members, extending their reach and impact.

Media and Narrative Development

The Association took a proactive approach to challenging harmful narratives in the media, particularly those framing mental health conditions and poverty as personal failings. Discussions within the Communications Leads Network focused on crafting empathetic and accurate messaging to counter stereotypes and influence policy.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

Blogs and news articles authored by the Association and its members tackled key issues, such as the benefits reform Green Paper and community mental health funding disparities.

Through these efforts, the Association not only elevated the profile of its members but also positioned itself as a leading voice in the national conversation on mental health care.

Conclusion

Through its comprehensive engagement with members, strategic communications, data observatory, workforce mapping, and equity-focused initiatives, the Association has demonstrated its unwavering commitment to systemic change. These efforts reflect the critical contributions of the VCSE mental health sector to the broader health and social care landscape, ensuring that the needs of the most vulnerable populations remain at the forefront of national reform agendas.

3.8 Strategic Influencing

The Association has been in a good position to influence the shaping of mental health policy and practice and has undertaken several key tasks in order to ensure that the not-for-profit mental health provider community has a clear voice:

- Representation of the Care Providers Alliance
- Chair of the Mental Health Leaders Group
- Chair of the Mental Health and Wellbeing Policy and Oversight & Advisory Group
- Representation on the Think Local Act Personal Programme Board,
- Representation on the Adult Social Care Time to Act Reform Board
- Representation of the community Mental Health rehab guidance task force
- Representation of the NHSE Mental Health and policy Group plus
- Representation on NHSE Adult Mental Health Steering Group
- Representation and Participation in CQC External Reference Panels
- Care and Support Programme Board
- Representation on DHSC Capacity and Discharge planning
- Representation on the Right Care, Right Person National Oversight Group
- CQC ASC Trade association monthly meetings
- CQC External Strategic Advisory Group quarterly meetings.
- Representation and Participation in the All-Party Parliamentary Group sessions

3.9 Plans for Future Periods

The Association will continue to

- Advocate clearly so that minister their officials and system leaders obtain a greater understanding of the breadth and depth of the Mental Health Voluntary and Community Sector, its role, reach and impact so as to utilise existing charitable and public sector resources
- Stand in an independent space to engage and be representative of the wider Mental Health and Community Sector of providers
- Emphasise equity, concentrating on creating a whole system service with an even spread across providers of mental health services; based on ability to deliver what people want and need irrespective type of provider.
- Produce guidelines and briefings for ministers and commissioners that contain a more consistent and clarified understanding of outcomes and benefits of services provided, including cost analysis, properly showcasing the added value of the voluntary and community sector
- Endorse and encourage a better understanding of integration and contribution to whole system solutions beyond looking at process and joint resources
- Endorse and encourage overall improved commissioning and viable contracting, that demonstrates a clear understanding of the needs of a changing and evolving health and care landscape
- Endorse and encourage a sustained commitment to better resourcing of prevention in mental health, with the foresight that such investment can save both resource and human lives

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

- Market widely the qualities of Mental Health Voluntary and Community Sector providers, and encourage their involvement in the development of regulation and statute, ensuring that there is an open and responsive dialogue between Voluntary and Community Sector practice and statute
- Endorse and encourage the current commitment to creating parity of esteem for mental health care, and would like to encourage Government to continue the commitment to a reduction in waiting times and standards for mental health, to improve access for people to appropriate care
- Encourage policymakers to take note of the weight that regulation and commissioning requirements can impose on high quality smaller scale voluntary and community sector organisations, resulting in an inability to retain or support workforce, and a reduction in the quality of overall practice and support
- Encourage policymakers to take note of existing innovation and pilot models already existing in the voluntary and community sector and to allocate resources for a wide range of mental health services, to ensure there is a choice for all
- Showcase and encourage developing partnership models that bring NHS and voluntary and community sector providers together effectively to create new and more flexible collaborative whole system vehicles delivering a more holistic range of person-centred services.

4. Governance

The Chief Executive is responsible to the Chair for organisational management and supporting the Governance. The Board of Trustees meets quarterly where quarterly performance and strategies are discussed. The Board of Trustees then delegate operational responsibility to the Chief Executive who is supported by staff in delivering The Association's objectives.

Board of Directors/Trustees

The Association's Board is elected from the membership at Chief Executive level of organisations involved in the mental health sector. Dr Sri Kalidindi was appointed as Chair on 3 November 2021 and resigned on 31 July 2024. Stephen Appleton was appointed as Chair on 1 August 2024. Sanjay Shah, Finance Director for Certitude was appointed as Treasurer in December 2009. Trustees are familiar with the aims of the organisation through their work in the sector. Training is provided as required to assist Trustees in making decisions to benefit the work of The Association.

Staff

The Association employed a total of 6 staff during the year:

Kathy Roberts	Chief Executive Officer – FT
Dania Hanif	Director of Policy and Programmes – FT
Duncan Tree	Director of Strategy and Relationships – FT
Jyoti Shah	Finance Officer – PT
Ella Dunthorne	Communications Officer – FT
Aqsa Suleman	Policy and Projects Officer – PT (contract ended February 2025)

Membership

The Association had 175 members (plus 137 Local Mind associations, plus 11 associate members) at the year end. A full list of members at 31st March 2025 is given on pages 11 to 12.

5. Financial Review

The Association has continued to manage resources well despite the significant tightening of funds available across the sector due to financial pressures in the current economic climate. Grant income decreased in 2024/25 to £108,230 (2023/24 : £330,538). This includes £90,000 for the Health & Wellbeing Alliance, £13,230 from Care Provider Alliance (CPA) and £5,000 from the Registered Nursing Home Association.

Membership subscription in 2024/25 decreased to £88,418 (2023/24: £92,761). The full membership list is included on pages 11 to 12.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

Access funded a three-year Enterprise Development Programme which ended on 30 September 2022 and then provided further funding to continue the programme to 31 March 2024. We have £29,297 left from this funding to utilise in 2025/26. We also have £14,901 from CPA to utilise in 2025/26.

At the year end the financial statements show a deficit of £177,021 (2023/24: £5,509 surplus). Expenditure has been managed well leaving £12,078 of unrestricted reserves to be utilised for future years.

There has been an increase in debtors to £12,026 (2023/24 : £7,564) which are mainly trade debtors.

There has been an increase in creditors to £6,316 (2023/24: £3,408). Creditors have been managed well by the team during the year thus maximising the overall cash position.

At present we are budgeting for new grant income of £145,000 for 2025/26, however the ongoing impact of cost-of-living price increases and the economic climate will continue to make accessibility to new grant income more challenging.

Reserves policy

The Board have agreed to keep a minimum of 3 months operating costs as reserves to ensure the on-going viability of the organisation. The Association is reliant on membership and grant income which remains difficult to maintain and has fluctuated over the past few years. To ensure The Association can continue to provide good effective support to its members it needs to ensure it has sufficient reserves to manage further reduction in income and protect its core activities to its members.

Following the deficit generated on restricted funds for 2024/25, the restricted funds have decreased from £233,297 in 2023/24 to £44,198 in 2024/25. Further detail on these restricted funds can be found in the accounts on page 25.

Following the surplus generated on unrestricted funds for 2024/25, the unrestricted funds have increased from £362,276 in 2023/24 to £374,354 in 2024/25.

The reserves target is currently being exceeded with reserves of over 12 months based on 2025/26 budgeted expenditure.

Going Concern

We have set out above a review of financial performance and the organisations reserves position. We have adequate financial resources and are well placed to manage the business risks. Our planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We believe that there are no material uncertainties that call into doubt the organisation's ability to continue. The accounts have therefore been prepared on the basis that the organisation is a going concern.

Detailed cash flow projections have been undertaken for the next 12 months and there are no material changes projected to both cash and reserves. We can manage our expenditure should the need arise where our income is reduced.

Staff Remuneration

Our approach to remuneration is designed to ensure we can attract and retain the talented and motivated people we need to achieve our mission and deliver our strategic goals. It is applied consistently across the organisation. We aim to pay competitively in the not-for-profit sector within the context of affordability. The Chief executive reviews and recommends pay reviews for all staff to the Board, the chair reviews and recommends the Chief Executive's remuneration review to the Board.

Related parties

The organisations for which the Trustees hold Chief Executive Positions are also members of The Association

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

with membership fees paid under the same terms as for all members. The Association holds the lead and co-ordination role for the Health and Wellbeing Alliance funded by the Department of Health and Social Care. Funds are distributed to the Mental Health Foundation, Mind National, National Survivor User Network, Rethink Mental Illness and Centre for Mental Health, where appropriate. Please see note 17 for any related party transactions.

MEMBERSHIP

- | | |
|--|---|
| 1. Action for Aspergers | 49. Hackney Herbal CIC |
| 2. Addictions North East | 50. Hammersley Homes |
| 3. Addictions UK | 51. Happy Times Activities |
| 4. Advance | 52. hArt |
| 5. Al Hurraya | 53. Headssup CIC |
| 6. Alridha Foundation | 54. HoardingUK Ltd |
| 7. Anne Robson Trust | 55. Home Start Elmbridge |
| 8. Anorexia and Bulimia Care | 56. Home Start South & West Devon |
| 9. Anxiety UK | 57. Hope for the Community |
| 10. Anxious Minds | 58. HOPE- South Yorkshire Fire, Road and
Water-related Trauma Support for Families |
| 11. Arterne: Enriching the next generation CIC | 59. I Can Do That! CIC |
| 12. Artlift | 60. Illuminate |
| 13. Asian Family Counselling Service (AFCS) | 61. Imagine Independence |
| 14. Asperger's Children and Carers Together | 62. In Your Corner |
| 15. Autism Family Support Oxfordshire | 63. Independent Mental Health Network |
| 16. Baby Umbrella | 64. Infinite Wellbeing C.I.C. |
| 17. Bipolar UK | 65. Just for Women |
| 18. Black Health Initiative | 66. Just Psychology CIC |
| 19. BLAM UK | 67. Kab's & Kabs cares CIC |
| 20. Bridge Support | 68. KAG Advocacy |
| 21. Bridges for Children CIC | 69. Kanlungan Filipino Consortium |
| 22. Care in Mind | 70. Keren |
| 23. CASSPLUS | 71. KeyRing |
| 24. Centre for Better Health | 72. Kids Inspire |
| 25. Centre of Wellbeing, Training & Culture
(CWTC) | 73. Kindred Minds |
| 26. Certitude | 74. Little Miracles Charitable Incorporated
Organisation |
| 27. Chasing the Stigma | 75. Living Well Consortium |
| 28. Chester Sexual Abuse Support Service | 76. London Nightline |
| 29. Chilli Studios | 77. Make A Difference |
| 30. Chiltern Music Therapy | 78. Make a move |
| 31. Choice Support | 79. Making space |
| 32. Choices Islington | 80. ManHealth |
| 33. Chrysalis Care New Generation | 81. Maytree |
| 34. Citizen Coaching | 82. Mental Health Concern |
| 35. Cocoon Kids - Creative Counselling and Play
Therapy CIC | 83. Mental health Matters |
| 36. Community Glue | 84. MHFA England |
| 37. Coping with Cancer North East | 85. MhIST (Mental Health Independent Support
Team) |
| 38. Crea8ing Careers | 86. Mindful Peak Performance CIC |
| 39. Creativity Works | 87. Minds Ahead |
| 40. Cycling Minds CIC | 88. Moodswings |
| 41. Deaf-initely Women | 89. Mosac |
| 42. Dementia Friendly Keighley | 90. Mosaic Clubhouse |
| 43. Encompass (Dorset) | 91. Mthwakazi Queens |
| 44. Every Life Matters | 92. Multicultural Resource Centre |
| 45. Family Compass | 93. Mums Aid |
| 46. First Steps ED | 94. Music24 |
| 47. Free Your Instinct | 95. Muslim Women's Council |
| 48. Growing Well | |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

- | | |
|--|---|
| 96. Muslim Youth Helpline | 136. Studio Upstairs |
| 97. Mustaqbill (Future) Foundation | 137. Suicide Prevention Bristol Charity |
| 98. N Compass | 138. Support ME Maternal Project |
| 99. Next Chapter NW CIC | 139. Swans CIC |
| 100. NIWE Eating distress service | 140. Sydenham Garden |
| 101. No5 Young People | 141. Talk for Health |
| 102. North East Wellbeing | 142. Tandem |
| 103. North London Music Therapy | 143. Taraki Wellbeing |
| 104. Oakleaf Enterprise | 144. The 180 Programme CIC |
| 105. Off the record - BANES | 145. The Brave Project Community Interest Company |
| 106. Open Briefing | 146. The Cellar Trust |
| 107. Open Door Charity | 147. The Centre for Specialist Educational Assistance Ltd |
| 108. Our Place Support CIC | 148. The Craig Tyler Trust |
| 109. Our Time | 149. The Flowhession Foundation |
| 110. Oxfordshire Chinese Community and Advice Centre (OCCAC) | 150. The Grow Project |
| 111. Oxygen | 151. The Harbour Project |
| 112. PANDAS Foundation | 152. The Listening Place |
| 113. Parenting Project | 153. The Parent House |
| 114. Pregnancy Crisis Care (Plymouth & SE Cornwall) | 154. The Recovery Circle |
| 115. Radiate Arts C.I.C | 155. The Restoration Trust |
| 116. RAHAB PROJECT | 156. The Sporting Memories Foundation |
| 117. Reach Out for Mental Health | 157. The Warrior Programme |
| 118. Recovery Republic CIC | 158. Together for Mental Wellbeing |
| 119. Relate Chesterfield and North Derbyshire | 159. Turning point |
| 120. Rethink Mental Illness | 160. Tyneside Women's Health |
| 121. Reverse The Trend Foundation | 161. Ultimate Counselling |
| 122. Richmond Fellowship | 162. Unforgettable Experiences |
| 123. Ripple Suicide Prevention Charity | 163. Viewpoint (Herts Viewpoint) |
| 124. Sandwell African Caribbean Mental Health Foundation | 164. Voades |
| 125. Scarborough Survivors | 165. Voice Ability |
| 126. Seaview | 166. Warrington Community living |
| 127. Second Step | 167. Winchester Youth Counselling |
| 128. Seed of Hope | 168. Wish |
| 129. Self Help Services | 169. Working Well Trust |
| 130. Sheffield Flourish | 170. Worth-it Positive Education CIC |
| 131. Somewhere House Somerset | 171. Yellow House |
| 132. South Asian Health Action | 172. YIS |
| 133. Southside Rehab | 173. You Raise Me Up |
| 134. Space to Breathe CIC Ltd | 174. Youth Arts and Health Trust |
| 135. Step Out Mentoring (The Wells Trust) | 175. Youthline Ltd |

ASSOCIATE MEMBERSHIP

- | | |
|--|---|
| 1. Agenda | 6. Mental Health Foundation |
| 2. Centre for Mental Health | 7. Mental Health North East |
| 3. Consortium - The National LGB&T partnership | 8. Mind |
| 4. Faith Action | 9. National Survivor User Network |
| 5. Men's Health Forum | 10. Suicide Prevention and Intervention |
| | 11. Volition |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

Trustees' Responsibilities in Relation to the Financial Statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 23 July 2025 and was signed on its behalf by:



Stephen Appleton
Chair



Sanjay Shah
Treasurer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
FOR THE YEAR ENDED 31 MARCH 2025**

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2025 which are set out on pages 15 to 28.

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**George Shillam ACA
Beever and Struthers
Chartered Accountants**

**150 Minories,
London,
EC3N 1LS**

Date: 11 August 2025

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account)

FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Income and Endowments from:					
Investments:					
Investment income	3	11,711	-	11,711	13,233
Charitable activities:					
Grants receivable		-	108,230	108,230	330,538
Membership services, conferences and events		88,418	-	88,418	92,761
	2	88,418	108,230	196,648	423,299
Total incoming resources		100,129	108,230	208,359	436,532
Expenditure on:					
Charitable activities	4	88,051	297,329	385,380	431,023
Total resources expended		88,051	297,329	385,380	431,023
Net incoming / (expenditure)	7	12,078	(189,099)	(177,021)	5,509
Transfers between funds		-	-	-	-
Net movement in funds		12,078	(189,099)	(177,021)	5,509
Reconciliation of funds:					
Total funds brought forward		362,276	233,297	595,573	590,064
Total funds carried forward		374,354	44,198	418,552	595,573

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The notes on pages 19 to 28 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

COMPANY NUMBER: 05536120

STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2025

	Notes	£	2025 £	£	2024 £
FIXED ASSETS					
Tangible assets	9		1,657		2,484
Intangible assets	10		-		-
CURRENT ASSETS					
Debtors	11	12,026		7,564	
Cash at bank and in hand		411,185		588,933	
		<u>423,211</u>		<u>596,497</u>	
CREDITORS: amounts falling due within one year	12	<u>(6,316)</u>		<u>(3,408)</u>	
NET CURRENT ASSETS			416,895		593,089
TOTAL NET ASSETS	13		<u>418,552</u>		<u>595,573</u>
CHARITY FUNDS					
Unrestricted reserves	14		374,354		362,276
Restricted reserves	15		44,198		233,297
			<u>418,552</u>		<u>595,573</u>

For the year ending 31 March 2025, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102).

The financial statements on pages 15 to 28 were approved and authorised for issue by the Trustees on 23 July 2025 and signed on their behalf, by:



Stephen Appleton
Chair



Sanjay Shah
Treasurer

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

COMPANY NUMBER: 05536120

**STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2025**

The notes on pages 19 to 28 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

		2025	2024
		£	£
	Notes		
Cash flow from operating activities			
Net cash flow from operating activities	i	(189,460)	(51,104)
Cash flow from investing activities			
Investment income		11,711	13,233
Purchase of tangible fixed assets		-	(1,096)
Net cash provided by/(used in) investing activities		11,711	12,137
Cash flow from financing activities		-	-
Net Cash provided by/(used in) financing activities		-	-
Change in cash and cash equivalents in the year		(177,748)	(38,907)
Cash and cash equivalents brought forward		588,933	627,840
Cash and cash equivalents carried forward		411,185	588,933
Cash and cash equivalents consist of:			
Cash at bank and in hand		411,185	588,933
Note i			
Net movement in funds		(177,022)	5,509
Depreciation		827	1,240
Investment income		(11,711)	(13,233)
Decrease/(increase) in debtors		(4,462)	4,038
Increase/(decrease) in creditors		2,908	(48,658)
Net cash inflow from operating activities		(189,460)	(51,104)

The notes on pages 19 to 28 form an integral part of these financial statements.

1. ACCOUNTING POLICIES

Legal Status

Voluntary Sector Mental Health Providers Forum is a charitable company limited by guarantee (Charity number 1120222, Company number: 05536120) with the Charity Commission incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is 3rd Floor Watson House, 54 Baker Street, London, W1U 7BU. The nature of the charity's operations and principal activities are supporting voluntary sector mental health organisations in influencing mental health practice and policy.

Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost basis of accounting and are presented in sterling £.

As a public benefit entity, Voluntary Sector Mental Health Providers Forum, has applied the public benefit entity 'PBE' prefixed paragraphs of FRS 102.

Tangible fixed assets

Tangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Depreciation is calculated so as to the write off cost of fixed assets over the estimated useful lives of the assets concerned as follows:

Computer equipment	Over 3 years
--------------------	--------------

Intangible fixed assets

Intangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Amortisation is calculated so as to the write off cost of fixed assets over the estimated useful lives and their useful lifespans of the assets concerned as follows:

Software	Over 3 years
----------	--------------

Income

Membership income is recognised over the year to which it relates, net of VAT.

Revenue grants are credited to the financial statements when received or receivable, whichever is earlier, unless they relate to a specific future year, in which case they are deferred.

Expenditure

Resources expended are recognised in the year in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Costs are allocated to activities where directly attributable. Support costs are apportioned based on an estimate of staff time spent on each activity.

Governance costs include costs incurred in meeting constitutional and statutory requirements.

1. ACCOUNTING POLICIES (continued)

Fund accounting

The general fund comprises those monies that may be used towards meeting the charitable objectives at the discretion of the Trustees.

The restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor-imposed conditions. Expenditure meeting the relevant criteria is charged to this fund.

Taxation

The company is a registered charity and therefore is not liable for income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

Pension costs

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charitable company to the fund. The charitable company has no liability under the scheme other than for the payment of those contributions.

Going Concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Financial instruments

Financial instruments such as loans, accounts payables, accounts receivables and cash are classified either as basic or complex. All financial instruments are initially measured at their fair values at the time the transactions occur. Subsequently all basic instruments are measured at amortised cost and all complex financial instruments are measured at a fair value through the comprehensive income.

Financial instruments held by the charity are classified as follows:

- Financial assets such as cash are held at cost,
- Financial assets such as cash, current asset investments and receivables are classified as loans and receivables and held at amortised cost using the effective interest method,
- Financial liabilities such as bonds and loans are held at amortised cost using the effective interest method.

Judgements and key sources of estimation uncertainty

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

- Depreciation rates for tangible fixed assets,
- Amortisation rates for intangible fixed assets.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Grants receivable				
Health and Wellbeing Alliance	-	90,000	90,000	90,000
Health and Wellbeing Alliance Social Care Subgroup Project Access	-	-	-	4,000
Choice Support	-	-	-	141,838
CAF Community Mental Health Transformation	-	-	-	50,000
CPA Additional Work Funding	-	13,230	13,230	40,000
Registered Nursing Home Association	-	5,000	5,000	2,200
Social Investment Business	-	-	-	5,000
Donations and miscellaneous income	1,011	-	1,011	1,500
	1,011	108,230	109,241	330,538
Membership services, conferences and events				
Membership subscriptions	87,407	-	87,407	92,761
	87,407	-	87,407	92,761
Total	88,418	108,230	196,648	423,299

In 2025, of the total income from charitable activities, £1,011 was unrestricted and £108,230 was restricted.

3. INVESTMENT INCOME

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Bank deposit interest	11,711	-	11,711	13,233

In 2025 all income from investments was unrestricted.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

4. TOTAL RESOURCES EXPENDED

	Direct staff costs £	Direct costs £	Support costs £	2025 Total £	2024 Total £
<i>Charitable activities</i>					
Membership services, conferences and events	75,385	12,667	-	88,052	88,670
Health and Wellbeing Alliance	81,000	9,000	-	90,000	90,000
Access	116,178	4,318	10,413	130,909	115,205
NHS England	-	-	-	-	4,550
CAF Community Mental Health Transformation	-	-	-	-	41,255
CPA Additional Funding	32,852	3,246	3,545	39,643	33,702
Mental Health Sustainability Programme					31,420
Choice Support	29,254	1,025	-	30,279	19,721
Social Investment Business					1,500
Registered Nursing Home Association	5,000	-	-	5,000	5,000
Rethink Mental Illness	1,347	-	150	1,497	-
Total resources expended	341,016	30,256	14,108	385,380	431,023

Total support costs of £14,108 (2024: £25,556) are analysed in Note 5.

5. SUPPORT COSTS

	2025 £	2024 £
Wages and salaries	945	13,945
Governance	11,144	8,274
Premises costs	993	916
Office costs	224	300
IT	802	2,121
	14,108	25,556

Total governance costs of £11,144 (2024: £8,274) are analysed in Note 6.

6. GOVERNANCE COSTS

	2025 £	2024 £
Travel, welfare, and sustenance	3,241	3,426
Governance and Board Meetings	4,088	347
Consultancy and Legal Fees	1,638	2,361
Independent Examination	1,258	1,237
Accounts preparation	919	903
	11,144	8,274

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

7. NET OUTGOING RESOURCES BEFORE TRANSFERS

	2025	2024
	£	£
This has been arrived at after charging (excluding VAT):		
Independent Examiner's remuneration	1,258	1,237
Accounts preparation	919	903
	2,177	2,140

In common with many other organisations of our size and nature we use our Independent Examiner to assist with the preparation of the financial statements.

8. STAFF COSTS AND KEY MANAGEMENT PERSONNEL REMUNERATION

	2025	2024
	No.	No.
The average number of persons employed during the year expressed in full time equivalents (35 hours per week) was:		
Number		8
Full time equivalents		8
	2025	2024
	£	£
Staff costs during the year were as follows:		
Wages and salaries	273,933	285,103
Social security costs	25,480	25,624
Pension costs	21,914	22,984
	321,327	333,711

The number of employees who received total employee benefits (excluding employer pension costs) of more than £60,000 is as follows:

	2025	2024
	Number	Number
£60,000-£70,000	2	2
£70,000-£80,000	-	-
£80,000-£90,000	1	1

No other employees earned over this amount (2024: 0). The highest paid staff member received pension contributions in the year of £7,171 (2024: £6,829).

The Charity considers its key management personnel comprise the Trustees and the Chief Executive Officer.

No Trustee received any remuneration in respect of their services (2024: £0). Trustees received expenses reimbursed during the year to the value of £312 in relation to travel costs (2024: £0).

The total amount of employee benefits received by other key management personnel is £54,423 (2024: £102,723).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

9. TANGIBLE FIXED ASSETS

	Computer Equipment £	Total £
Cost:		
At 1 April 2024	8,895	8,895
Additions	-	-
Disposals	-	-
At 31 March 2025	8,895	8,895
Depreciation:		
At 1 April 2024	6,641	6,411
Charge for year	827	827
At 31 March 2025	7,238	7,238
Net Book Value:		
At 31 March 2025	1,657	1,657
At 31 March 2024	2,484	2,484

10. INTANGIBLE FIXED ASSETS

	Software £	Total £
Cost:		
At 1 April 2024	-	-
Additions	-	-
Disposals	-	-
At 31 March 2025	-	-
Amortisation:		
At 1 April 2024	-	-
Charge for year	-	-
At 31 March 2025	-	-
Net Book Value:		
At 31 March 2025	-	-
At 31 March 2024	-	-

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

11. DEBTORS

	2025	2024
	£	£
Trade Debtors	10,931	6,500
Prepayments	1,095	1,064
	12,026	7,564

All debtors are due within one year.

12. CREDITORS: Amounts falling due within one year

	2025	2024
	£	£
Trade Creditors	6,000	3,325
Taxation and social security	-	-
Accruals and Deferred Income	316	83
Other creditors	-	-
	6,316	3,408

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds
	£	£	£	2024
				£
Fixed assets	1,657	-	1,657	2,484
Current assets	379,013	44,198	423,211	596,497
Creditors: amounts falling due within one year	(6,316)	-	(6,316)	(3,408)
	374,354	44,198	418,552	595,573

14. UNRESTRICTED FUNDS

	Balance at 1 April 2024	Incoming Resources	Expenditure	Transfers	Balance at 31 March 2025
	£	£	£	£	£
General Funds	362,276	100,129	(88,051)	-	374,354
	362,276	100,129	(88,051)	-	374,354

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of grants to be applied for specific purposes.

	Balance at 1 April 2024 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2025 £
Health and Wellbeing Alliance	-	90,000	(90,000)	-	-
Access	160,207	-	(130,910)	-	29,297
Choice Support	30,279	-	(30,279)	-	-
CPA	41,314	13,230	(39,643)	-	14,901
Rethink Mental Illness	1,497	-	(1,497)	-	-
Registered Nursing Home Association	-	5,000	(5,000)	-	-
	233,297	108,230	(297,329)	-	44,198

The VCSE Health and Wellbeing Alliance is a key element of the VCSE Health and Wellbeing Programme; a partnership between voluntary sectors and the care system to provide a voice and improve the health and wellbeing for all communities.

Access funded a three-year Enterprise Development Programme (which ended on 30th September 2022) to support the small and medium sized enterprise sector in its diversification of income streams. The Association has been selected to deliver this programme as the main mental health sector partner. Access provided further funding to continue this programme from October 2022 to March 2024, and we have received agreement to carry over our work on enterprise development and our support for smaller organisations with the funding.

Choice Support funded the Association with £50,000 in 2023/24 for the Refuge Mental Health Research Project.

National Care Forum, on behalf of the Care Provider Alliance, are sub-contracting The Association alongside 9 other CPA partner organisations, with funding provided by the Department of Health and Social Care, to support policy priorities through the collective representation of the health and social care sector.

Care Provider Alliance (CPA) Additional Funding covers grants from the Department of Health and Social Care and others to the CPA programme lead, which is the National Care Forum, and they work with the 9 other CPA partners including us.

The funding from the Registered Nursing Home Association is funding for a Digital Social Care membership grant and for a digital social care project along with four other organisations.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

16. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

17. RELATED PARTY TRANSACTIONS

All the Directors hold senior positions at organisations that are either members of The Association or related non-provider organisations. Membership fees are paid to the Forum under the same terms as for all members.

The Association holds the co-ordination role for the VCSE Health and Wellbeing Alliance funded by the Department of Health and Social Care. The Association receives all funding and makes payments to the partners, these are:

Mental Health Foundation
Mind (National)
National Survivor User Network (NSUN)
Rethink Mental Illness
Central for Mental Health (CMH)

The Finance Officer, Jyoti Shah, is the wife of the Treasurer, Sanjay Shah. The Finance Officer received gross salary of £12,778 in the year and employer pension contributions of £1,022 (2024: gross salary £12,168 and employer pension contributions of £974). The Trustees are satisfied that the salary is at or below market rate for similar roles in the area.

18. TAXATION

By virtue of s.478 Corporation Tax Act 2010, the charitable company is exempt from Corporation Tax.

19. FINANCIAL INSTRUMENTS

	2025 £	2024 £
The Charity's financial instruments may be analysed as follows		
Financial Assets		
Financial Assets Measured at Cost		
Cash and Cash Equivalents	411,185	588,933
Financial Assets Measured at Amortised Cost		
Trade Debtors	10,931	6,500
Accrued income	-	-
Total Financial Assets	422,116	595,433
Financial Liabilities		
Financial Liabilities Measured at Amortised Cost		
Trade Creditors	6,000	3,325
Other Creditors	319	83
Total Financial Liabilities	6,319	3,408

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

20. OPERATING LEASES

The Charity had no operating lease commitments as at 31 March 2025 (2024: Nil).

21. CAPITAL COMMITMENTS

The Charity had no capital commitments as at 31 March 2025 (2024: Nil).

22. ANALYSIS OF CHANGES IN NET DEBT

	2024	Cash flows	2025
	£	£	£
Short and long term loan liabilities	-	-	-
Total loan liabilities	-	-	-
Cash and cash equivalents	588,933	(177,748)	411,185
Change in debt resulting from cashflows	588,933	(177,748)	411,185

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

England & Wales - Charity number 1120222

Accounts

**VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
(A Company Limited by Guarantee)**

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

Company number: 05536120
Charity number: 1120222

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

Contents	Page
Trustees' Report	2 – 15
Independent Examiner's Report	16
Statement of Financial Activities	17
Statement of Financial Position	18
Statement of Cash Flows	19
Notes to the Financial Statements	20 – 29

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REFERENCE AND ADMINISTRATIVE DETAILS

FOR THE YEAR ENDED 31 MARCH 2024

Status: The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

Company Number: 05536120

Charity Number: 1120222

Registered Office and Operational Address: First Floor, 85 Great Portland Street, London, England, W1W 7LT

Trustees The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1 April 2023 up to the date of approval of these financial statements were as follows:

Dr Sridevi Kalidindi	- Chair
Sanjay Shah	- Treasurer
Aileen Edwards	- CEO Second Step (resigned 31 December 2023)
Mark Winstanley-Kimmis	- CEO Rethink Mental Illness
Rachel Peacock	- CEO Making Space
Julie Layton	- CEO Advance UK
Steve Gilbert	- Independent Consultant
Steve Appleton	- CEO Contact Consulting
Linda Bryant	- CEO Together for Mental Wellbeing
Sarah Maguire	- CEO Choice Support
Ashwin Mathews	- CEO Centre for Better Health (resigned 31 December 2023)
Derek Caren	CEO Richmond Fellowship (resigned 1 June 2023)
Margaret Hanson	CEO Imagine Independence (resigned 23 May 2023)

Chief Executive Officer and Company Secretary: Kathy Roberts

Bankers: CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4QT

Independent Examiner: Michael Tourville
Beever and Struthers
150 Minories
London
EC3N 1LS

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006 in preparing the annual report and financial statements of the charity.

Structure, governance & management

The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Aims and public benefit

Voluntary Sector Mental Health Providers Forum trading as the Association of Mental Health Providers (The Association), formerly Mental Health Providers Forum, is a representative organisation for providers of mental health and wellbeing services. The Association want service users to have access to joined up, seamless services from the organisations that support them, and are committed to working in equal partnership with statutory agencies involved in providing health and social care support for people with mental health needs.

We facilitate this through supporting and promoting effective service delivery, information exchange and the sharing of best practice across the voluntary, statutory and private sectors.

Our charitable objects:

To relieve the needs of people with mental health conditions in England and Wales by:

- Improving the range, quality and volume of services and support available
- Contributing to policy and practice developments concerned with improving services and promoting better mental health
- Sharing information and experience with a view to improving services and promoting better mental health.

Our values

A society where everyone with mental health concerns has the right to get the support they need from a wide range of providers, implementing demonstrable values which include:

- Respecting service user perspectives, empowerment and choices
- Believing in and supporting recovery, social inclusion and enabling people with enduring mental health conditions to live their best lives.
- Commitment to collaboration, sharing partnership and coproduction.
- Commitment to service excellence, innovation, evidence-based practice and continuous improvement
- Developing and promoting the unique value-based contribution of the voluntary mental health sector.

Statement of Public Benefit

The Directors confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. How the charity delivers public benefit is explained under section 3 "Current Activities and Work Programmes" below.

1 Strategic overview

Association of Mental Health Providers continues to be the leading representative body for voluntary sector providers of mental health services with members drawn from national, regional and locally based organisations operating across England. As the only representative body for mental health VCSE providers, The Association is ideally placed to work across all types of service provision. Our members provide services covering the full range of provision from crisis care, liaison and diversion services, substance misuse services, complex needs, to advice and counselling to people with lived experience. Specialisms amongst our members include BME mental health, children and young people's mental health, housing and homelessness, employment support, IAPT and secure pathways – taking a whole-life and whole-person approach. Our members are united by their desire to improve the quality of care for people with mental health needs and the outcomes of the services provided.

2 Strategic priorities, objectives and activities

Overarching priorities

- Valuing the Voluntary and Community Sector and influencing sector sustainability and growth
- Improving practice in mental health
- Addressing inequalities
- Ensuring the VCSE mental health provider sector is represented in mental health policy
- Increasing membership.

Strategic objectives

- Representing Members and Lived experience Involvement, Engagement and coproduction
- Influencing Policy and Strategy
- Best Practice Profiling
- Shaping and Growing the Market for the Sector
- Facilitating Networks and Engagement
- Fostering Partnerships and Collaboration
- Development of Frameworks and Guidance
- Supporting Safer Practice
- Developing Positive Outcomes
- Supporting Equality and Parity in service Development and Implementation.

Support to members

- An authoritative, representative voice to policy makers, commissioners and other public funders
- Access to key decision making forums, expertise, policy makers and influence
- Translation between policy and practice
- Breaking down complexities of the market place
- Market intelligence and access to new markets
- Innovative products & tools
- Support and navigation in difficult and changing times
- Collaborative development opportunities
- Confidence in strength of numbers.

3. Achievements and Performance

3.1 Social Care and Mental Health

The Mental Health Social Care Policy Oversight and Advisory Group, co-chaired by Kathy Roberts and Peter Devlin (ADASS), continued to meet on a six-weekly basis with a range of stakeholders that comprise its membership. The Group's work supports that of the Department of Health and Social Care's social care and wider mental health policy teams. The Group's status as the leading source of advice and intelligence to DHSC and other national partners on mental health social care policy and practice was confirmed by its production for the Department of what has become established as the key reference document on this area.

for developing research in terms of defining mental health social care, identifying its neglect in terms of policy and research and lived experience and practice. An NIHR-funded scoping project, a partnership involving the LSE, University of Manchester, The Association and people with lived experience), is complete and in the process of being written up. Over the last year, this document and related work has been instrumental in securing investment by the National Institute for Health and Care Research in a Mental Health Social Care Research and Practice Programme, involving the University of Manchester, the LSE and the Association. This programme will add further to the identity and authority of mental health social care and the role of the VCSE mental health sector in its provision.

The Group continues to provide the Association with a vehicle for conveying concerns of its members as they endeavour to ensure continuity and sustainability in both NHS and LA commissioned mental health and wellbeing services. Recent issues have included the implementation of new policy the National Partnership Agreement redefining the engagement of the police in responding to people experiencing a mental health crisis.

3.2 Recovery and Prevention

One of the key objectives of the Association is to promote the ability of people with mental health conditions to recover but also to enable people with enduring mental illness to live their best lives. There is growing awareness that to achieve these objectives, a person-centred approach which considers all aspects of individuals' lives and which focuses on more than 'clinical' recovery, is required. There is an emphasis on improved self-management, coproduction, stronger social relationships, suitable and settled accommodation, improved chances in education, higher employment rate and participation in community life

Previous policy roadmaps setting out priorities for and changes to the operating frameworks for NHS e.g. The Five Year Forward View have also been clear that prevention plans should be developed in every community across England, to help integrate public health, social care and housing and improve health outcomes, with mental health champions in every community.

The Association has continued to work with the Department of Health and Social Care and arm's length bodies to help build resilience and promote prevention so that more people are supported earlier. The Association is also.

In order to deliver improved prevention, crisis support and recovery The Association continues to promote whole system solutions and a more collaborative and integrated, person-centred approach to the design and provision of services, with involvement in service transformation planning, case studies and knowledge and working closely with system partners

Public Benefit

- Better outcomes and service user leadership
- Improved understanding of value of VCSE input
- Improved commissioning
- More effective use of both charitable funding and public sector resources.
- Safety Planning and Information Sharing
- Values based Commissioning
- Service user involvement and influence on commissioning objectives

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

- Supporting quality in service delivery for members
- Taking forward research and learning which is publicly shared and widely accessible
- Foundational underpinning for person centred practice
- Supporting members with commissioning and regulation

3.3 Programmes

Health and Wellbeing Alliance

The Association became a key partner of the VCSE Health and Wellbeing Alliance in April 2017, which is jointly managed by the Department of Health and Social Care, Public Health England, and NHS England. The programme follows on from the Department of Health Third Sector Strategic Partnership Programme, which we were partners in from April 2010 – March 2017. The Association has been the lead partner, in both programmes, of a group of voluntary sector mental health organisations – the Mental Health Consortium - including Centre for Mental Health, Mental Health Foundation, Mind, National Survivor User Network, and Rethink Mental Illness. Since April 2021, The Association has led the Consortium in the newly-refreshed VCSE Health and Wellbeing Alliance and brought into the Consortium, a new partner, to represent the interests of children and young people – Young Minds. Together, we work to promote better outcomes for mental health service users and carers, making information and best practice more accessible. The Health and Wellbeing Alliance is made up of 18 other not-for-profit partners that represent communities who share protected characteristics or that experience health inequalities, and through our individual networks, the partners can link with communities and VCSE organisations across England. Through the Programme, the Mental Health Consortium links with System Partners to undertake specific agreed work programmes aimed at benefiting the strategic development of the not for profit mental health, and wider health and social care sector.

The Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance has been established to:

- Facilitate integrated working between the voluntary and statutory sectors
- Support a two-way flow of information between communities, the VCSE sector and policy leads
- Amplify the voice of the VCSE sector and people with lived experience to inform national policy
- Facilitate co-produced solutions to promote equality and reduce health inequalities.

The objectives of the Programme are to:

- Encourage co-production in the creation of person-centred, community-based health and care which promotes equality for all;
- Enable the voice of people with lived experience and those experiencing health inequalities to inform national policy making and shape the delivery of services;
- Build evidence of sustainable, scalable solutions to mitigate and prevent inequalities impacting on the health and wellbeing of communities.

The Mental Health Consortium partners worked collaboratively to support the development of health and social care policy across government in order to:

- Influence change in health and social care to benefit those who access and need services, especially individuals needing mental health support
- Champion the cause for service users and carers with mental health conditions
- Interpret government policy for third sector mental health organisations for local application
- Mapping the health and social care reforms to facilitate engagement and input to the process of quality assurance and outcomes
- Advise and inform Department of Health and Social Care, NHS England and Public Health England about key issues in the health and social care field affecting the third sector
- Achieve shared objectives in improving health and well-being and reducing health inequalities
- Provide methods for disseminating information, policy developments and key programmes – enabling third sector organisations to engage in the delivery of health and well-being objectives.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Our work programmes with other Health and Wellbeing Alliance partners, leading to March 2023 have been diverse and each of the projects for 2022-23 have been completed and disseminated within the sector. The Association undertook three projects as part of our core Alliance work that must focus on reducing health inequalities. The projects, which heavily involved people with lived experience as well as our membership of VCSE mental health service providers, focused on:

1. The impact of the cost-of-living crisis and financial insecurity on mental health and wellbeing across different communities where we explored the impact of the cost-of-living crisis on people's mental health especially those facing health inequalities, such as racialised communities or older people, who are more likely to experience poverty.
2. The importance of coproduction and engaging with people with lived experience of poor mental health and illness in informing policy and practice, and supporting the design of mental health services. In this project, we have videoed people with lived experience of poor mental health and illness talking about what coproduction means to them, where they have been involved in coproduction and how it impacted their mental health, and their top tips for "good" coproduction. We have compiled the contributions into short videos, which will form a collection of resources alongside a Top Tips document and short briefing paper. We have also included case studies from members on how they're working with people with lived experience in their services, and share a series of blog.
3. Embedding mental health throughout the Major Conditions Strategy and ensuring the role of the VCSE provider sector is realised, where we highlight the impact physical health conditions have on mental health and, how people with poor mental health and illness are more likely to experience physical health conditions and die younger comparatively. A key part of this work is to highlight the value of the VCSE sector in the mental health system and where lessons can be learnt in terms of collaboration and best practice. A briefing paper has been submitted to the DHSC team working on the Strategy and includes several case studies from the VCSE sector, including services that support marginalised communities. There has been a significant delay in publishing the Strategy, but we continue to work with the DHSC team to ensure we can inform and influence the final version and ensure the VCSE mental health sector is appropriately recognised.

We have also continued to lead the Social Care Subgroup and participate in the Experiences of Care Subgroup, where we continue to support Policy Leads on different strategic areas and priorities.

With the support of NHS England, we have developed a project on supporting ICBs to address mental health inequalities through data collection at a regional level, which will be our focus as part of the Programme over the next year.

Public Benefit

- This work assists other charities to represent the concerns of the people they serve by providing wider information about policy initiatives and sectoral representation into key areas of public policy development
- It also creates a two-way conduit whereby the mental health voluntary sector can positively influence and advocate with statutory bodies enabling the not-for-profit sector to have an active voice into decision making
- Fosters a culture of collaboration with strategic partners across all sectors and specialisms.
- It sources additional important intelligence for both local and national mental health systems on the nature and prevalence of need for services and support

Enterprise Development Programme

The EDP moved into its 'Alumni Phase' coordinator role our objectives are focused on; (i) Network facilitation, (ii) continued Individual VCSE support, and (iii) generating Knowledge and Learning for the wider sector.

Q3 of 23-24 has seen the Programme wrap up formally in terms of delivering funding and learning support to providers in the cohorts. We hosted a final joint cross-sector session for the participants on social investment and finalised the 4 films on their journey in the EDP.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Whilst the EDP has come to a formal conclusion, we will continue to support the organisations that came into our membership through this route in the next year.

Insights into providers' programme experiences:

Our Time – supported with therapeutic services sold to schools.

- *"The most useful part of the grant was the money which allowed us to devote staff time to developing our evidence base and our schools programme. We also found the peer mentoring very useful and we got good contacts and advice from those."*

Unforgettable Experiences – supported with their wellbeing support services sold to various public sector departments.

- *"EDP has been instrumental in helping us to define how our organisation makes a difference to the lives of adults with cognitive impairments through the development of its Theory of Change and Impact Measurement Framework."*

Oakleaf Enterprise – supported with their Oakleaf at Home retail enterprise.

- *"Apart from the investment to be able to get the social enterprise off the ground and create recognition for our client artists, the quarterly check ins were invaluable. A great forum to bounce ideas off of Greg. This provided the opportunity to learn from shared findings from other social enterprises. The networking sessions were also hugely valuable to learn from the other enterprises experience to be able to continuously adapt to new trading conditions and again bounce off ideas on each other."*

Care Provider Alliance

The Care Provider Alliance, which is collective, national voice of adult social care providers in England. The CPA brings together the ten national associations which represent private, voluntary and community sector providers and speaks for the whole of the adult social care sector including care homes, home care services, Shared Lives schemes and retirement communities.

The CPA represents providers of support to adults with physical, sensory or learning disabilities, people with mental ill-health, and older people. CPA members cover almost 10,000 organisations, employ over 600,000 staff, and support an estimated 1 million people every day.

The CPA's role is to:

- **coordinate** responses across all care providers
- **inform and influence** policymakers
- **provide leadership** to the sector
- **work in partnership** to improve care
- **build awareness** of the care provider sector

The CPA's unparalleled reach into the care sector enables us to collect, collate and communicate insights about new developments, innovations and market trends, and their impact on care providers and the people they support. Working with our network of CPA members, developing and sharing practical advice and guidance for care managers, owners and staff.

During 2023 to 2024 the CPA focused on the following areas:

- Market sustainability including Fair Cost of Care,
- CQC Assurance,
- Intermediate Care guidance and development of the first NHS blueprint for intermediate care services (not Mental Health specific)
- Continuing Health Care payments.
- People at the heart of Care next steps- including improvement and innovation unit

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

- Supported work on Essential Care Givers
- Supported the sector well-being survey development and cascade by IPSOS Mori to provide 5000 responses to DHSC

CPA and Policy Directors supported planning and expert guidance sessions with DHSC. policy colleagues on workforce matters including:

- International recruitment - Uncovering poor practice and providing advice within the International recruitment Home Offices process for care worker visa.
- Oliver McGowan mandatory training requests for social care funding
- Targeting workforce funding and pathway providers recruited for testing, portable care certificate 3.
- International Recruitment concerns regarding exploitation and provider guidance on the scheme – published Feb
- Learning networks for ICS and Care providers joint delivery with NHS England – 2nd Feb event supported housing and Mental Health

The CPA Established NHS and Social Care partnership meeting between National Director of Urgent and Emergency Care and Deputy Chief Operating Officer

The CPA met with the Minister for care on a quarterly basis

3.4 Stakeholder Engagement

Our communications outputs enable The Association to make information accessible to promote the work of the organisation to a wider audience. This enables The Association to reach out to organisations across the voluntary, private and statutory sector. It promotes dialogue across the sectors and the sharing of ways of working that have an impact on the quality of care provision.

During 2023/2024 The Association hosted over 120 meetings with members, to foster engagement between the organisation and its membership, increase networking opportunities, outline our work programme to encourage involvement, as well as provide opportunities for VCSE providers to share best practice to improve service delivery.

Lived Experience Advisory Group

We have restructured our lived experience engagement by taking an alternative three-pronged approach:

- Focusing on engaging a wider Lived Experience Network on specific pieces of work and projects, based on people's experiences and backgrounds.
- Ensuring at least two people with lived experience are members of every advisory group for a project and/or programme from the start for meaningful coproduction, not involvement
- Utilising the Lived Experience Leads' Network to engage coproduction groups in, and people supported through, member organisations as well as the professional providing support

By learning from the process of setting up a Lived Experience Advisory Group and pivoting our approach to engagement, we hope to have more positive outcomes and coproduce meaningfully.

Member Networks

In response to suggestions from members, the Association announced the launch (and relaunch) of its Member Networks for Directors/Leads to engage with their counterparts in other organisations within our membership.

We have launched the following 6 networks, with 5 becoming active in 23-24, and 1 to be established with its first meeting in 24-25:

1. Minoritised Communities Network
2. Lived Experience Leads Network
3. CEOs Network

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

4. Communications Leads Network
5. Business Development Leads Network
6. HR Network (to be established)

The intention is for these networks to be 'safe/confidential' spaces for colleagues to collaborate, share challenges, and learn from each other and where possible, be entirely member- led/ facilitated. The networks have garnered keen interest from members, and we hope to have productive discussions and offer supportive environments to all colleagues who join.

Communications

The Association has improved communications with our members by sending regular updates to inform colleagues of our work, enabling further networking and shared learning opportunities through our Communications Leads Network, and through the expansion of our social media presence which is now published each weekday across our five channels. A fortnightly bulletin is sent to members that consists of relevant updates on the Association's, members/partners, and sector news, as well as key publications, opportunities, and events. Members also receive detailed updates regarding our work across our priority areas and policy updates containing vital information about policy developments and further opportunities for sector engagement.

Profiling the Sector and The Association

Promoting the role of providers in the sector is a key role for The Association as well as a better understanding of the role of the organisation. The Association has continued to pursue opportunities to raise the profile the sector and the contribution it makes in providing mental health services. Among the main activities have been:

- Influencing Government and Drivers at National, Regional and local level including Board, and other National Forums
- Profiling Best and Better practice
- Facilitating Networks and engagement.

Public Benefit

- Communicating about our work with our members and other stakeholders is central to sharing information and experience and contributing to policy development with a view to improving services and understanding the sector contribution and impact
- Allowing for wider engagement with The Association
- Creating flexibility in dissemination and information sharing.

3.5 Strategic Influencing

The Association has been in a good position to influence the shaping of mental health policy and practice and has undertaken several key tasks in order to ensure that the not-for-profit mental health provider community has a clear voice:

- Representation of the Care Providers Alliance
- Chair of the Mental Health Leaders Group
- Chair of the Mental Health and Wellbeing Policy and Oversight Group
- Representation on the Think Local Act Personal Programme Board, co-chairing the Self-Directed Support Group
- Representation of the community Mental Health rehab guidance task force
- Representation of the NHSE Mental Health and policy Group plus
- Representation on NHSE Adult Mental Health Steering Group
- Representation and Participation in CQC External Reference Panels
- Care and Support Programme Board
- Representation on DHSC Capacity and Discharge planning
- Representation on the Right Care, Right Person National Oversight Group
- CQC ASC Trade association monthly meetings

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

- CQC External Strategic Advisory Group quarterly meetings.
- Representation and Participation in the All-Party Parliamentary Group sessions

3.6 Plans for Future Periods

The Association will continue to

- Advocate clearly so that minister their officials and system leaders obtain a greater understanding of the breadth and depth of the Mental Health Voluntary and Community Sector, its role, reach and impact so as to utilise existing charitable and public sector resources
- Stand in an independent space to engage and be representative of the wider Mental Health and Community Sector of providers
- Emphasise equity, concentrating on creating a whole system service with an even spread across providers of mental health services; based on ability to deliver what people want and need irrespective type of provider.
- Produce guidelines and briefings for ministers and commissioners that contain a more consistent and clarified understanding of outcomes and benefits of services provided, including cost analysis, properly showcasing the added value of the voluntary and community sector
- Endorse and encourage a better understanding of integration and contribution to whole system solutions beyond looking at process and joint resources
- Endorse and encourage overall improved commissioning and viable contracting, that demonstrates a clear understanding of the needs of a changing and evolving health and care landscape
- Endorse and encourage a sustained commitment to better resourcing of prevention in mental health, with the foresight that such investment can save both resource and human lives
- Market widely the qualities of Mental Health Voluntary and Community Sector providers, and encourage their involvement in the development of regulation and statute, ensuring that there is an open and responsive dialogue between Voluntary and Community Sector practice and statute
- Endorse and encourage the current commitment to creating parity of esteem for mental health care, and would like to encourage Government to continue the commitment to a reduction in waiting times and standards for mental health, to improve access for people to appropriate care
- Encourage policymakers to take note of the weight that regulation and commissioning requirements can impose on high quality smaller scale voluntary and community sector organisations, resulting in an inability to retain or support workforce, and a reduction in the quality of overall practice and support
- Encourage policymakers to take note of existing innovation and pilot models already existing in the voluntary and community sector and to allocate resources for a wide range of mental health services, to ensure there is a choice for all
- Showcase and encourage developing partnership models that bring NHS and voluntary and community sector providers together effectively to create new and more flexible collaborative whole system vehicles delivering a more holistic range of person-centred services.

4. Governance

The Chief Executive is responsible to the Chair for organisational management and supporting the Governance. The Board of Trustees meets quarterly where quarterly performance and strategies are discussed. The Board of Trustees then delegate operational responsibility to the Chief Executive who is supported by staff in delivering The Association's objectives.

Board of Directors/Trustees

The Association's Board is elected from the membership at Chief Executive level of organisations involved in the mental health sector. Dr Sri Kalidindi was appointed as Chair on 3 November 2021. Sanjay Shah, Finance Director for Certitude was appointed as Treasurer in December 2009. Trustees are familiar with the aims of the organisation through their work in the sector. Training is provided as required to assist Trustees in making decisions to benefit the work of The Association.

Staff

The Association employed a total of 9 staff during the year:

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Kathy Roberts	Chief Executive Officer – FT
Dania Hanif	Director of Policy and Programmes – FT
Duncan Tree	Director of Strategy and Relationships – FT
Greg Woolley	Social Enterprise Development Manager – FT (contracted ended in August 2023)
Jyoti Shah	Finance Officer – PT
Hayley Alton	Community Engagement Officer – FT (contract ended in July 2023)
Cheryl Hollis	Operations and Business Support Lead – PT (contract ended in November 2023)
Ella Dunthorne	Communications Officer – PT
Aqsa Suleman	Policy and Projects Officer – PT (contract started in November 2023)

Membership

The Association had 175 members (plus 137 Local Mind associations, plus 11 associate members) at the year end. A full list of members at 31st March 2024 is given on pages 12 to 14.

5. Financial Review

The Association has continued to manage resources well despite the significant tightening of funds available across the sector due to financial pressures in the current economic climate. Grant income increased in 2023/24 to £330,538 (2022/23: £316,225). This includes £90,000 for the Health & Wellbeing Alliance, £1,500 from Social Investment Business, £141,838 from Access, £50,000 from Choice Support, £2,200 from Care Provider Alliance (CPA), £40,000 from Rethink Mental Illness, and £5,000 from the Registered Nursing Home Association.

Membership subscription in 2023/24 increased to £92,761 (2022/23: £82,644). The full membership list is included on pages 12 to 14.

Access funded a three-year Enterprise Development Programme which ended on 30 September 2022 and then provided further funding to continue the programme to 31 March 2024. We have £160,206 left from this funding to utilise in 2024/25. We also have other funding from 2023/24 (£30,279 from Choice Support, £41,314 from CPA, and £1,497 from Rethink Mental Illness) to utilise in 2024/25.

At the year end the financial statements show a surplus of £5,509 (2022/23: £86,260 deficit). Expenditure has been managed well leaving £17,324 of unrestricted reserves to be utilised for future years.

There has been a decrease in debtors to £7,564 (2022/23: £11,602) which are mainly trade debtors.

There has been a decrease in creditors to £3,408 (2022/23: £52,006). Creditors have been managed well by the team during the year thus maximising the overall cash position.

At present we are budgeting for new grant income of £130,000 for 2024/25, however the ongoing impact of cost-of-living price increases and the economic climate will continue to make accessibility to new grant income more challenging.

Reserves policy

The Board have agreed to keep a minimum of 3 months operating costs as reserves to ensure the on-going viability of the organisation. The Association is reliant on membership and grant income which remains difficult to maintain and has fluctuated over the past few years. To ensure The Association can continue to provide good effective support to its members it needs to ensure it has sufficient reserves to manage further reduction in income and protect its core activities to its members.

Following the deficit generated on restricted funds for 2023/24, the restricted funds have decreased from £245,112 in 2022/23 to £233,297 in 2023/24. Further detail on these restricted funds can be found in the accounts on page 26.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Following the surplus generated on unrestricted funds for 2023/24, the unrestricted funds have increased from £344,952 in 2022/23 to £362,276 in 2023/24.

The reserves target is currently being exceeded with reserves of over 12 months based on 2024/25 budgeted expenditure.

Going Concern

We have set out above a review of financial performance and the organisations reserves position. We have adequate financial resources and are well placed to manage the business risks. Our planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We believe that there are no material uncertainties that call into doubt the organisation's ability to continue. The accounts have therefore been prepared on the basis that the organisation is a going concern.

Detailed cash flow projections have been undertaken for the next 12 months and there are no material changes projected to both cash and reserves. We can manage our expenditure should the need arise where our income is reduced.

Staff Remuneration

Our approach to remuneration is designed to ensure we can attract and retain the talented and motivated people we need to achieve our mission and deliver our strategic goals. It is applied consistently across the organisation. We aim to pay competitively in the not-for-profit sector within the context of affordability. The Chief executive reviews and recommends pay reviews for all staff to the Board, the chair reviews and recommends the Chief Executive's remuneration review to the Board.

Related parties

The organisations for which the Trustees hold Chief Executive Positions are also members of The Association with membership fees paid under the same terms as for all members. The Association holds the lead and co-ordination role for the Health and Wellbeing Alliance funded by the Department of Health and Social Care. Funds are distributed to the Mental Health Foundation, Mind National, National Survivor User Network, Rethink Mental Illness and Centre for Mental Health, where appropriate. Please see note 17 for any related party transactions.

MEMBERSHIP

- | | |
|--|---|
| 1. Action for Aspergers | 21. Bridges for Children CIC |
| 2. Addictions North East | 22. Care in Mind |
| 3. Addictions UK | 23. CASSPLUS |
| 4. Advance | 24. Centre for Better Health |
| 5. Al Hurraya | 25. Centre of Wellbeing, Training & Culture (CWTC) |
| 6. Alridha Foundation | 26. Certitude |
| 7. Anne Robson Trust | 27. Chasing the Stigma |
| 8. Anorexia and Bulimia Care | 28. Chester Sexual Abuse Support Service |
| 9. Anxiety UK | 29. Chilli Studios |
| 10. Anxious Minds | 30. Chiltern Music Therapy |
| 11. Arterne: Enriching the next generation CIC | 31. Choice Support |
| 12. Artlift | 32. Choices Islington |
| 13. Asian Family Counselling Service (AFCS) | 33. Chrysalis Care New Generation |
| 14. Asperger's Children and Carers Together | 34. Citizen Coaching |
| 15. Autism Family Support Oxfordshire | 35. Cocoon Kids - Creative Counselling and Play Therapy CIC |
| 16. Baby Umbrella | 36. Community Glue |
| 17. Bipolar UK | 37. Coping with Cancer North East |
| 18. Black Health Initiative | 38. Crea8ing Careers |
| 19. BLAM UK | |
| 20. Bridge Support | |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

- | | |
|---|---|
| 39. Creativity Works | 91. Mthwakazi Queens |
| 40. Cycling Minds CIC | 92. Multicultural Resource Centre |
| 41. Deaf-initely Women | 93. Mums Aid |
| 42. Dementia Friendly Keighley | 94. Music24 |
| 43. Encompass (Dorset) | 95. Muslim Women's Council |
| 44. Every Life Matters | 96. Muslim Youth Helpline |
| 45. Family Compass | 97. Mustaqbill (Future) Foundation |
| 46. First Steps ED | 98. N Compass |
| 47. Free Your Instinct | 99. Next Chapter NW CIC |
| 48. Growing Well | 100. NIWE Eating distress service |
| 49. Hackney Herbal CIC | 101. No5 Young People |
| 50. Hammersley Homes | 102. North East Wellbeing |
| 51. Happy Times Activities | 103. North London Music Therapy |
| 52. hArt | 104. Oakleaf Enterprise |
| 53. Headssup CIC | 105. Off the record - BANES |
| 54. HoardingUK Ltd | 106. Open Briefing |
| 55. Home Start Elmbridge | 107. Open Door Charity |
| 56. Home Start South & West Devon | 108. Our Place Support CIC |
| 57. Hope for the Community | 109. Our Time |
| 58. HOPE- South Yorkshire Fire, Road and
Water-related Trauma Support for Families | 110. Oxfordshire Chinese Community and
Advice Centre (OCCAC) |
| 59. I Can Do That! CIC | 111. Oxygen |
| 60. Illuminate | 112. PANDAS Foundation |
| 61. Imagine Independence | 113. Parenting Project |
| 62. In Your Corner | 114. Pregnancy Crisis Care (Plymouth & SE
Cornwall) |
| 63. Independent Mental Health Network | 115. Radiate Arts C.I.C |
| 64. Infinite Wellbeing C.I.C. | 116. RAHAB PROJECT |
| 65. Just for Women | 117. Reach Out for Mental Health |
| 66. Just Psychology CIC | 118. Recovery Republic CIC |
| 67. Kab's & Kabs cares CIC | 119. Relate Chesterfield and North Derbyshire |
| 68. KAG Advocacy | 120. Rethink Mental Illness |
| 69. Kanlungan Filipino Consortium | 121. Reverse The Trend Foundation |
| 70. Keren | 122. Richmond Fellowship |
| 71. KeyRing | 123. Ripple Suicide Prevention Charity |
| 72. Kids Inspire | 124. Sandwell African Caribbean Mental Health
Foundation |
| 73. Kindred Minds | 125. Scarborough Survivors |
| 74. Little Miracles Charitable Incorporated
Organisation | 126. Seaview |
| 75. Living Well Consortium | 127. Second Step |
| 76. London Nightline | 128. Seed of Hope |
| 77. Make A Difference | 129. Self Help Services |
| 78. Make a move | 130. Sheffield Flourish |
| 79. Making space | 131. Somewhere House Somerset |
| 80. ManHealth | 132. South Asian Health Action |
| 81. Maytree | 133. Southside Rehab |
| 82. Mental Health Concern | 134. Space to Breathe CIC Ltd |
| 83. Mental health Matters | 135. Step Out Mentoring (The Wells Trust) |
| 84. MHFA England | 136. Studio Upstairs |
| 85. MhiST (Mental Health Independent Support
Team) | 137. Suicide Prevention Bristol Charity |
| 86. Mindful Peak Performance CIC | 138. Support ME Maternal Project |
| 87. Minds Ahead | 139. Swans CIC |
| 88. Moodswings | 140. Sydenham Garden |
| 89. Mosac | 141. Talk for Health |
| 90. Mosaic Clubhouse | 142. Tandem |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

- | | |
|---|--------------------------------------|
| 143. Taraki Wellbeing | 159. Turning point |
| 144. The 180 Programme CIC | 160. Tyneside Women's Health |
| 145. The Brave Project Community Interest Company | 161. Ultimate Counselling |
| 146. The Cellar Trust | 162. Unforgettable Experiences |
| 147. The Centre for Specialist Educational Assistance Ltd | 163. Viewpoint (Herts Viewpoint) |
| 148. The Craig Tyler Trust | 164. Voades |
| 149. The Flowhesion Foundation | 165. Voice Ability |
| 150. The Grow Project | 166. Warrington Community living |
| 151. The Harbour Project | 167. Winchester Youth Counselling |
| 152. The Listening Place | 168. Wish |
| 153. The Parent House | 169. Working Well Trust |
| 154. The Recovery Circle | 170. Worth-it Positive Education CIC |
| 155. The Restoration Trust | 171. Yellow House |
| 156. The Sporting Memories Foundation | 172. YIS |
| 157. The Warrior Programme | 173. You Raise Me Up |
| 158. Together for Mental Wellbeing | 174. Youth Arts and Health Trust |
| | 175. Youthline Ltd |

ASSOCIATE MEMBERSHIP

1. Agenda
2. Centre for Mental Health
3. Consortium - The National LGB&T partnership
4. Faith Action
5. Men's Health Forum
6. Mental Health Foundation
7. Mental Health North East
8. Mind
9. National Survivor User Network
10. Suicide Prevention and Intervention
11. Volition

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

Trustees' Responsibilities in Relation to the Financial Statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 24 July 2024 and was signed on its behalf, by:



Dr Sridevi Kalidindi
Chair



Sanjay Shah
Treasurer

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
FOR THE YEAR ENDED 31 MARCH 2024

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2024 which are set out on pages 17 to 29.

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Michael Tourville FCA
Beever and Struthers
Chartered Accountants

150 Minories,
London,
EC3N 1LS

Date: 9 September 2024

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account)

FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Income and Endowments from:					
Investments:					
Investment income	3	13,233	-	13,233	3,798
Charitable activities:					
Grants receivable		-	330,538	330,538	316,225
Membership services, conferences and events		92,761	-	92,761	82,644
	2	92,761	330,538	423,299	398,869
Total incoming resources		105,994	330,538	436,532	402,667
Expenditure on:					
Charitable activities	4	88,670	342,353	431,023	488,927
Total resources expended		88,670	342,353	431,023	488,927
Net incoming / (expenditure)	7	17,324	(11,815)	5,509	(86,260)
Transfers between funds		-	-	-	-
Net movement in funds		17,324	(11,815)	5,509	(86,260)
Reconciliation of funds:					
Total funds brought forward		344,952	245,112	590,064	676,324
Total funds carried forward		362,276	233,297	595,573	590,064

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The notes on pages 20 to 29 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

COMPANY NUMBER: 05536120

STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2024

	Notes	£	2024 £	£	2023 £
FIXED ASSETS					
Tangible assets	9		2,484		2,628
Intangible assets	10		-		-
CURRENT ASSETS					
Debtors	11	7,564		11,602	
Cash at bank and in hand		588,933		627,840	
			<u>596,497</u>	<u>639,442</u>	
CREDITORS: amounts falling due within one year	12	<u>(3,408)</u>		<u>(52,006)</u>	
NET CURRENT ASSETS			593,089		587,436
TOTAL NET ASSETS	13		<u>595,573</u>		<u>590,064</u>
CHARITY FUNDS					
Unrestricted reserves	14		362,276		344,952
Restricted reserves	15		233,297		245,112
			<u>595,573</u>		<u>590,064</u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102).

The financial statements on pages 17 to 29 were approved and authorised for issue by the Trustees on 24 July 2024 and signed on their behalf, by:



Dr Sridevi Kalidindi
Chair



Sanjay Shah
Treasurer

The notes on pages 20 to 29 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

		2024	2023
		£	£
	Notes		
Cash flow from operating activities			
Net cash flow from operating activities	i	(51,104)	(40,314)
Cash flow from investing activities			
Investment income		13,233	3,798
Purchase of tangible fixed assets		(1,096)	(1,108)
Net cash provided by/(used in) investing activities		12,137	2,690
Cash flow from financing activities		-	-
Net Cash provided by/(used in) financing activities		-	-
Change in cash and cash equivalents in the year		(38,907)	(38,188)
Cash and cash equivalents brought forward		627,840	666,028
Cash and cash equivalents carried forward		588,933	627,840
Cash and cash equivalents consist of:			
Cash at bank and in hand		588,933	627,840
Note i			
Net movement in funds		5,509	(85,756)
Depreciation		1,240	1,312
Investment income		(13,233)	(3,798)
Decrease/(increase) in debtors		4,038	32,625
Increase/(decrease) in creditors		(48,658)	15,303
Net cash outflow from operating activities		(51,104)	(40,314)

The notes on pages 20 to 29 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Legal Status

Voluntary Sector Mental Health Providers Forum is a charitable company limited by guarantee (Charity number 1120222, Company number: 05536120) with the Charity Commission incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is First Floor, 85 Great Portland Street, London, England, W1W 7LT. The nature of the charity's operations and principal activities are supporting voluntary sector mental health organisations in influencing mental health practice and policy.

Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost basis of accounting and are presented in sterling £.

As a public benefit entity, Voluntary Sector Mental Health Providers Forum, has applied the public benefit entity 'PBE' prefixed paragraphs of FRS 102.

Tangible fixed assets

Tangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Depreciation is calculated so as to the write off cost of fixed assets over the estimated useful lives of the assets concerned as follows:

Computer equipment	Over 3 years
--------------------	--------------

Intangible fixed assets

Intangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Amortisation is calculated so as to the write off cost of fixed assets over the estimated useful lives and their useful lifespans of the assets concerned as follows:

Software	Over 3 years
----------	--------------

Income

Membership income is recognised over the year to which it relates, net of VAT.

Revenue grants are credited to the financial statements when received or receivable, whichever is earlier, unless they relate to a specific future year, in which case they are deferred.

Expenditure

Resources expended are recognised in the year in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Costs are allocated to activities where directly attributable. Support costs are apportioned based on an estimate of staff time spent on each activity.

Governance costs include costs incurred in meeting constitutional and statutory requirements.

1. ACCOUNTING POLICIES (continued)

Fund accounting

The general fund comprises those monies that may be used towards meeting the charitable objectives at the discretion of the Trustees.

The restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor imposed conditions. Expenditure meeting the relevant criteria is charged to this fund.

Taxation

The company is a registered charity and therefore is not liable for income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

Pension costs

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charitable company to the fund. The charitable company has no liability under the scheme other than for the payment of those contributions.

Going Concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Financial instruments

Financial instruments such as loans, accounts payables, accounts receivables and cash are classified either as basic or complex. All financial instruments are initially measured at their fair values at the time the transactions occur. Subsequently all basic instruments are measured at amortised cost and all complex financial instruments are measured at a fair value through the Statement of Financial Activities.

Financial instruments held by the charity are classified as follows:

- Financial assets such as cash are held at cost,
- Financial assets such as cash, current asset investments and receivables are classified as loans and receivables and held at amortised cost using the effective interest method,
- Financial liabilities such as bonds and loans are held at amortised cost using the effective interest method.

Judgements and key sources of estimation uncertainty

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

- Depreciation rates for tangible fixed assets,
- Amortisation rates for intangible fixed assets.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Grants receivable				
Health and Wellbeing Alliance	-	90,000	90,000	90,000
Health and Wellbeing Alliance Social Care Subgroup Project	-	-	-	4,000
Access	-	141,838	141,838	164,700
Choice Support	-	50,000	50,000	-
NHS England	-	-	-	7,475
CAF Community Mental Health Transformation	-	40,000	40,000	40,000
CPA Additional Work Funding	-	2,200	2,200	1,500
Mental Health Sustainability Programme	-	-	-	2,750
Registered Nursing Home Association	-	5,000	5,000	5,800
Social Investment Business	-	1,500	1,500	-
	-	330,538	330,538	316,225
Membership services, conferences and events				
Membership subscriptions	92,761	-	92,761	82,644
	92,761	-	92,761	82,644
Total	92,761	330,538	423,299	398,869

In 2024, of the total income from charitable activities, £92,761 was unrestricted and £330,538 was restricted.

3. INVESTMENT INCOME

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Bank deposit interest	13,233	-	13,233	3,798

In 2024 all income from investments was unrestricted.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

4. TOTAL RESOURCES EXPENDED

	Direct staff costs £	Direct costs £	Support costs £	2024 Total £	2023 Total £
<i>Charitable activities</i>					
Membership services, conferences and events	77,155	11,515	-	88,670	114,240
Health and Wellbeing Alliance	69,000	21,000	-	90,000	90,000
Health and Wellbeing Alliance Social Care Subgroup Project	-	-	-	-	4,000
Access	60,668	36,635	17,902	115,205	101,923
National Care Forum	-	-	-	-	5,568
NHS England	-	4,550	-	4,550	2,925
NHS East of England	-	-	-	-	32,260
CAF Community Mental Health Transformation	38,477	-	2,778	41,255	50,767
CPA Additional Funding	28,560	266	4,876	33,702	98
Mental Health Sustainability Programme	11,535	19,885	-	31,420	81,346
Choice Support	19,686	35	-	19,721	-
Social Investment Business	1,500	-	-	1,500	-
Registered Nursing Home Association	5,000	-	-	5,000	5,800
Total resources expended	311,581	93,886	25,556	431,023	488,927

Total support costs of £25,556 (2023: £31,433) are analysed in Note 5.

5. SUPPORT COSTS

	2024 £	2023 £
Wages and salaries	13,945	16,986
Governance	8,274	6,689
Premises costs	916	786
Office costs	300	410
IT	2,121	6,562
	25,556	31,433

Total governance costs of £8,274 (2023: £6,689) are analysed in Note 6.

6. GOVERNANCE COSTS

	2024 £	2023 £
Travel, welfare, and sustenance	3,426	2,226
Governance and Board Meetings	347	1,040
Consultancy and Legal Fees	2361	1,417
Independent Examination	1,237	1,159
Accounts preparation	903	847
	8,274	6,689

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

7. NET OUTGOING RESOURCES BEFORE TRANSFERS

	2024	2023
	£	£
This has been arrived at after charging (excluding VAT):		
Independent Examiner's remuneration	1,237	1,159
Accounts preparation	903	847
	2,140	2,006

In common with many other organisations of our size and nature we use our Independent Examiner to assist with the preparation of the financial statements.

8. STAFF COSTS AND KEY MANAGEMENT PERSONNEL REMUNERATION

	2024 No.	2023 No.
The average number of persons employed during the year expressed in full time equivalents (35 hours per week) was:		
Number	8	9
Full time equivalents	8	9
	2024 £	2023 £
Staff costs during the year were as follows:		
Wages and salaries	285,103	319,025
Social security costs	25,624	30,590
Pension costs	22,984	25,385
	333,711	375,000

The number of employees who received total employee benefits (excluding employer pension costs) of more than £60,000 is as follows:

	2024 Number	2023 Number
£60,000-£70,000	2	-
£70,000-£80,000	-	-
£80,000-£90,000	1	1

No other employees earned over this amount (2023: 0). The highest paid staff member received pension contributions in the year of £6,829 (2023: £6,443).

The Charity considers its key management personnel comprise the Trustees and the Chief Executive Officer.

No Trustee received any remuneration in respect of their services (2023: £0). Trustees received expenses reimbursed during the year to the value of £0 in relation to travel costs (2023: £0).

The total amount of employee benefits received by other key management personnel is £102,723 (2023: £97,358).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

9. TANGIBLE FIXED ASSETS

	Computer Equipment £	Total £
Cost:		
At 1 April 2023	7,799	7,799
Additions	1,096	1,096
Disposals		
At 31 March 2024	8,895	8,895
Depreciation:		
At 1 April 2023	5,171	5,171
Charge for year	1,240	1,240
At 31 March 2024	6,411	6,411
Net Book Value:		
At 31 March 2024	2,484	2,484
At 31 March 2023	2,628	2,628

10. INTANGIBLE FIXED ASSETS

	Software £	Total £
Cost:		
At 1 April 2023	-	-
Additions	-	-
Disposals	-	-
At 31 March 2024	-	-
Amortisation:		
At 1 April 2023	-	-
Charge for year	-	-
At 31 March 2024	-	-
Net Book Value:		
At 31 March 2024	-	-
At 31 March 2023	-	-

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

11. DEBTORS

	2024 £	2023 £
Trade Debtors	6,500	9,800
Prepayments	1,063	1,802
	7,563	11,602

All debtors are due within one year.

12. CREDITORS: Amounts falling due within one year

	2024 £	2023 £
Trade Creditors	3,325	50,000
Taxation and social security	-	-
Accruals and Deferred Income	83	2,006
Other creditors	-	-
	3,408	52,006

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Fixed assets	2,484	-	2,484	2,628
Current assets	363,200	233,297	596,497	639,442
Creditors: amounts falling due within one year	(3,408)	-	(3,408)	(52,006)
	362,276	233,297	595,573	590,064

14. UNRESTRICTED FUNDS

	Balance at 1 April 2023 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2024 £
General Funds	344,952	105,994	(88,670)	-	362,276
	344,952	105,994	(88,670)	-	362,276

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of grants to be applied for specific purposes.

	Balance at 1 April 2023 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Health and Wellbeing Alliance	-	90,000	(90,000)	-	-
Social Investment Business	-	1,500	(1,500)	-	-
Access	133,573	141,838	(115,205)	-	160,206
Choice Support	-	50,000	(19,720)	-	30,280
NHS England	4,550	-	(4,550)	-	-
CPA	72,816	2,200	(33,702)	-	41,314
Mental Health Sustainability Programme	31,421	-	(31,421)	-	-
Rethink Mental Illness	2,752	40,000	(41,255)	-	1,497
Registered Nursing Home Association	-	5,000	(5,000)	-	-
	245,112	330,538	(342,353)	-	233,297

The VCSE Health and Wellbeing Alliance is a key element of the VCSE Health and Wellbeing Programme; a partnership between voluntary sectors and the care system to provide a voice and improve the health and wellbeing for all communities.

Access funded a three-year Enterprise Development Programme to support the small and medium sized enterprise sector in its diversification of income streams. The Association has been selected to deliver this programme as the main mental health sector partner. Access provided further funding to continue this programme from October 2022 to March 2024 and has agreed to remaining funds being utilised in 2024-2025.

NHS East of England has funded The Association to deliver a programme of work related to digital access to personalised mental health care.

Care Provider Alliance (CPA) Additional Funding covers grants from the Department of Health and Social Care and others to the CPA programme lead, which is the National Care Forum and they work with the 9 other CPA partners including us.

The Mental Health Sustainability Programme is to aim to sustain services and improve and protect peoples' mental health and wellbeing during and after the coronavirus pandemic.

The funding from the Registered Nursing Home Association is funding for a Digital Social Care membership grant and for a digital social care project along with four other organisations.

16. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

17. RELATED PARTY TRANSACTIONS

All the Directors hold senior positions at organisations that are either members of The Association or related non-provider organisations. Membership fees are paid to the Forum under the same terms as for all members.

The Association holds the co-ordination role for the VCSE Health and Wellbeing Alliance funded by the Department of Health and Social Care. The Association receives all funding and makes payments to the partners, these are:

Mental Health Foundation
Mind (National)
National Survivor User Network (NSUN)
Rethink Mental Illness
Central for Mental Health (CMH)

The Finance Officer, Jyoti Shah, is the wife of the Treasurer, Sanjay Shah. The Finance Officer received gross salary of £12,169 in the year and employer pension contributions of £974 (2023: gross salary £11,480 and employer pension contributions of £918). The Trustees are satisfied that the salary is at or below market rate for similar roles in the area.

18. TAXATION

By virtue of s.478 Corporation Tax Act 2010, the charitable company is exempt from Corporation Tax.

19. FINANCIAL INSTRUMENTS

	2024 £	2023 £
The Charity's financial instruments may be analysed as follows		
Financial Assets		
Financial Assets Measured at Cost		
Cash and Cash Equivalents	588,933	627,840
Financial Assets Measured at Amortised Cost		
Trade Debtors	6,500	11,602
Accrued income	-	-
Total Financial Assets	595,433	639,442
Financial Liabilities		
Financial Liabilities Measured at Amortised Cost		
Trade Creditors	3,325	50,000
Other Creditors	83	2,006
Total Financial Liabilities	3,408	52,006

20. OPERATING LEASES

The Charity had no operating lease commitments as at 31 March 2024 (2023: Nil).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

21. CAPITAL COMMITMENTS

The Charity had no capital commitments as at 31 March 2024 (2023: Nil).

22. ANALYSIS OF CHANGES IN NET FUNDS

	2023	Cash flows	2024
	£	£	£
Short and long term loan liabilities	-	-	-
Total loan liabilities	-	-	-
Cash and cash equivalents	627,840	(38,907)	588,933
Change in funds resulting from cashflows	627,840	(38,907)	588,933

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

England & Wales - Charity number 1120222

Accounts

**VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
(A Company Limited by Guarantee)**

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

Company number: 05536120

Charity number: 1120222

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

Contents	Page
Trustees' Report	1 – 18
Independent Examiner's Report	19
Statement of Financial Activities	20
Statement of Financial Position	21
Statement of Cash Flows	22
Notes to the Financial Statements	23 – 32

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REFERENCE AND ADMINISTRATIVE DETAILS

FOR THE YEAR ENDED 31 MARCH 2023

Status: The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

Company Number: 05536120

Charity Number: 1120222

Registered Office and Operational Address: 85 Great Portland Street, Great Portland Street, London, England, W1W 7LT

Trustees The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1 April 2022 up to the date of approval of these financial statements were as follows:

Dr Sridevi Kalidindi	- Chair
Sanjay Shah	- Treasurer
Aileen Edwards	- CEO Second Step
Derek Caren	- CEO Richmond Fellowship (resigned June 2023)
Mark Winstanley-Kimmis	- CEO Rethink Mental Illness
Rachel Peacock	- CEO Making Space
Julie Layton	- CEO Advance UK
Sarah Hughes	- CEO Centre for Mental Health (resigned May 2022)
Steve Gilbert	- Independent Consultant
Steve Appleton	- CEO Contact Consulting
Linda Bryant	- CEO Together for Mental Wellbeing
Margaret Hanson	- CEO Imagine Independence (resigned May 2023)
Sarah Maguire	- CEO Choice Support
Ashwin Mathews	- CEO Centre for Better Health

Chief Executive Officer and Company Secretary: Kathy Roberts

Bankers: CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4QT

Independent Examiner: Michael Tourville FCA
Beever and Struthers
150 Minories
London
EC3N 1LS

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006 in preparing the annual report and financial statements of the charity.

Structure, governance & management

The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Aims and public benefit

Voluntary Sector Mental Health Providers Forum trading as the Association of Mental Health Providers (The Association), formerly Mental Health Providers Forum, is a representative organisation for providers of mental health and wellbeing services. The Association want service users to have access to joined up, seamless services from the organisations that support them, and are committed to working in equal partnership with statutory agencies involved in providing health and social care support for people with mental health needs.

We facilitate this through supporting and promoting effective service delivery, information exchange and the sharing of best practice across the voluntary, statutory and private sectors.

Our charitable objects:

To relieve the needs of people with mental health conditions in England and Wales by:

- Improving the range, quality and volume of services for people with mental health needs
- Contributing to policy development with a view to improving services
- Sharing information and experience with a view to improving services.

Our values

A society where everyone with mental health concerns has the right to get the support they need from a wide range of providers, implementing demonstrable values which include:

- Respecting service user perspectives, empowerment and choices
- Believing in and supporting recovery and social inclusion
- Commitment to collaboration, sharing and partnership
- Commitment to service excellence, innovation, evidence-based practice and continuous improvement
- Developing and promoting the unique value-based contribution of the voluntary mental health sector.

Statement of Public Benefit

The Directors confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. How the charity delivers public benefit is explained under section 3 "Current Activities and Work Programmes" below.

1 Strategic overview

Association of Mental Health Providers is the only leading representative body for voluntary sector providers of mental health and wellbeing services with members drawn from national, regional and locally based organisations operating across England and Wales. As the only representative body for mental health VCSE providers, The Association is ideally placed to work across all types of service provision. Our members provide services covering the full range of provision from crisis care, liaison and diversion services, substance misuse services, complex needs, to advice and counselling to people with lived experience. Specialisms amongst our members include BME mental health, children and young people's mental health, housing and homelessness, employment support, IAPT and secure pathways – taking a whole-life and whole-person approach. Our members are united by their desire to improve the quality of care for people with mental health needs and the outcomes of the services provided.

2 Strategic priorities, objectives and activities

Overarching priorities

- Valuing the Voluntary and Community Sector and influencing sector growth
- Improving practice in mental health
- Ensuring the VCSE mental health provider sector is represented in mental health policy
- Increasing membership.

Strategic objectives

- Representing Members and Service User Involvement & Engagement
- Influencing Policy and Strategy
- Best Practice Profiling
- Shaping and Growing the Market for the Sector
- Facilitating Networks and Engagement
- Fostering Partnerships and Collaboration
- Development of Frameworks and Guidance
- Supporting Safer Practice
- Developing Positive Outcomes
- Supporting Equality and Parity in service Development and Implementation.

Support to members

- An authoritative, representative voice to policy makers and commissioners
- Access to key decision making forums, expertise, policy makers and influence
- Translation between policy and practice
- Breaking down complexities of the market place
- Market intelligence and access to new markets
- Innovative products & tools
- Support and navigation in difficult and changing times
- Collaborative development opportunities
- Confidence in strength of numbers.

3. Achievements and Performance

3.1 Projects

Mental Health Social Care

The Association has provided, through its facilitation and co-chairing (with the Association of Directors of Adult Social Services) of the Mental Health Social Care Policy and Oversight Group, national leadership on the mental health social care. This Group continues provide advice to government, relevant bodies, partners, statutory health and care services and the mental health social care provider sector on:

- the strategic priorities for social care and support services for people living with mental illness or experiencing mental distress and their unpaid carers, and those with relevant other needs e.g., related to substance misuse and homelessness;
- the priority actions (and those responsible for these) necessary to maintain stability and continuity in mental health social care and its integration with services in local systems of care and support, to ensure they remain accessible, improve quality of life and other outcomes and keep people safe; and
- how to address equality and human rights obligations relating to the mental health and wellbeing of our population, particularly supporting an intersectional approach to equity of access to support and outcomes.

The Group also provides a particularly Important forum for consideration of the essential role of charities in providing mental health social care and the perspectives of people with lived experience of mental illness and their unpaid carers.

In responding to a request from the Department of Health and Social Care in June 2022, the Group produced a detailed narrative defining mental health social care in the context of the establishment and priorities of Integrated Care Boards and Systems, [Mental Health Social Care: What it is, why and how it matters for Integrated Care - Association of Mental Health Providers \(amhp.org.uk\)](https://www.amhp.org.uk/mental-health-social-care-what-it-is-why-and-how-it-matters-for-integrated-care-association-of-mental-health-providers). This is now recognised as a key reference and resource, for understanding what mental health social care is, what it currently does, and its potential in local systems for delivering outcomes to help people experiencing mental illness or distress live meaningful lives as active citizens.

Mental Health Equality Now Campaign

In March 2023, the Association launched a new campaign, #MHEqualityNow, calling for urgent action to support community mental health services, as our new research reveals alarming insights into the demand on mental health services. Over 8 million people are supported by mental health charities providing services - that is 1 in 8 of our population – and a survey of The Association's 300+ members revealed:

- a 100 per cent increase in waiting times for access to specialist referral and crisis services since summer 2022.
- a 50 per cent rise in people presenting with increasing needs, particularly with anxieties related to money and housing because of the cost-of-living crisis.

We urged the Government to propose a plan of action to support mental health charities providing services and commit to sustainable ongoing and future funding for the sector. We continue to campaign to ensure the sector can meet demand and the cost of care and support from mental health charities is met fully.

We continue to call on the Government to consider the essential role of mental health charities in delivering services but also, in supporting vital parts of the wider system including social care, health, employment, housing, and criminal justice.

Mapping the Mental Health Sector

In March 2023, we were able to launch the first national picture of mental health service provision across England via a [freely available interactive](#) map by combining data from The Association's members and other NHS and LA mental health service providers, as well demographic data including age, race, faith, and carers based on the recent Census. The tool has been developed for commissioners, service providers, and strategy makers, which

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

maps mental health services within Integrated Care System/Board regions and Local Authority footprints. A high-level resource, developed to support commissioning and collaborations locally, the map demonstrates the first national picture of mental health service provision. Initial findings suggested a level of unmet need for 2 million people in England.

To further support this work to understand mental health service provision, in May 2023, we published a clearer overview of the national and regional picture of the mental health social care workforce, which can be visualised via a [freely available interactive](#) map and census data dashboard.

Both resources evidence the growing challenges in the provision of and access to mental health services across England, and the challenges the VCSE sector faces. By bringing these datasets together in one place, The Association hope to improve understanding of how local, regional and national labour markets interact and what these interactions mean for workforce planning locally and regionally, particularly when reviewing specialist positions.

Community Mental Health Transformation Programme

As a strategic partner of Community Mental Health Transformation Programme, a three-year programme, funded by the Charities Aid Foundation, the Association has continued to support its delivery over the past year, guided by a reference and advisory group established for this purpose.

The Advisory Group has provided the Programme with an opportunity to consider:

- how the needs of and support for unpaid carers of people with mental illness are being met via community mental health transformation initiatives; and
- the experience of personalised care and particularly the numbers of people with mental illness in receipt of a Personal Health Budget in those localities participating in the Programme.

The Association's contribution to the work of this Programme has also helped enable it to consider how best to secure the engagement and sustainability of the full range of charities providing mental health services and support in the redesign and improvement of local mental health services.

NHS England National Workforce Census of Social Workers and Social Care Workforce within Mental Health Services 2022

During 2022-23, the Association has worked with the NHS Benchmarking Network and NHS England to deliver a workforce census focusing on social worker and social care staff provision within mental health services as on 31 March 2022.

This project built a comprehensive census of social workers and social care staff in mental health services delivered across NHS Trusts, local authorities, independent sector organisations, and the voluntary, community and social enterprise (VCSE) sector. The project captured a detailed profile of:

- Workforce size and composition, including employment arrangements,
- Social worker positioning within mental health services,
- Social worker activity,
- Workforce demographics and key performance indicators,
- Service model and workforce composition of VCSE sector services supporting people with mental health conditions.

The first of its kind to include mental health charities, the survey's findings illustrate that the VCSE mental health workforce is more highly skilled, extensive and meeting a wider, often more complex range of mental health needs, in settings from hospital to home, than has hitherto been fully acknowledged, or understood.

Digital Social Care

Throughout the year, The Association has been able to deliver a range of bespoke communications to support members with key digital and technology updates for the care and support market. These cover a range of topics including digital readiness, preparation of the roll out of care management tools, peer to peer webinar learnings session and advice on cyber security. We were also able to support members to ensure they maintain compliance with the [DSTP toolkit](#) for working with NHS services.

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

Lived Experience Advisory Group

The Association established its own Lived Experience Advisory Group (LEAG) in July 2022, which is co-chaired by two experts of mental health services in their capacity as a “user of services” and a “carer”, bringing two different perspectives of access, delivery, and receipt of services.

Through the LEAG, the Association aims to better understand people’s experiences of mental health services, whether delivered by its members, the wider VCSE and social care mental health sector, or the NHS. We hope the knowledge we gain from people who have lived experience will support the work of Government and inform national policy as well as drive change in practice and service delivery.

The LEAG brings together people from across the country, from different backgrounds, facing different challenges, as we aim to be inclusive of varying perspectives and experiences and ensure we can be as representative as possible. Its membership is representative of people who share protected characteristics and/or that experience health inequalities, whilst also considering the role of wider social and economic determinants on their differing experiences.

People who draw on services and their families and carers are central to everything we do and through the sharing of their experiences in this Group, The Association aims to embed the voice of living experience in all our programmes and projects, with members offering advice, guidance, and feedback on our work.

The Group works in collaboration with The Association’s existing project-specific advisory groups and through other joint-working, as appropriate. The LEAG supports The Association's team, as well as challenges them, on living experience involvement, inclusion, representation, and coproduction.

Over the last year, the Group has engaged with our communications activities supporting our content to be more person-centred and has supported our campaign on mental health equality to ensure that our work is meeting the needs of people with lived experience and continues to centre them in all workstreams.

3.2 Recovery and Prevention

One of the key objectives of The Association is to promote recovery of mental health conditions. There is growing awareness that this should take in all areas of individuals’ lives, a holistic process that focuses on more than clinical recovery. There is an emphasis on improved self-management, stronger social relationships, suitable and settled accommodation, improved chances in education and higher employment rates.

The Five Year Forward View also stated that there needs to be prevention plans in every community across England to help integrate public health, social care and housing and improve health outcomes, with mental health champions in every community.

The Association has continued to work with the Department of Health and Social Care and Public Health England to build resilience and promote prevention so that more people are supported earlier.

In order to deliver improved prevention, crisis support and recovery The Association continues to promote whole system solutions and a more collaborative and integrated approach to the provision of services, with involvement in service transformation planning, case studies and knowledge and working closely with system partners.

Public Benefit

- Better outcomes and service user leadership
- Improved understanding of value of VCSE input
- Improved commissioning
- Safety Planning and Information Sharing
- Values based Commissioning
- Service user involvement and influence on commissioning objectives
- Supporting quality in service delivery for members
- Taking forward research and learning which is publicly shared and widely accessible
- Foundational underpinning for person centred practice
- Supporting members with commissioning and regulation

3.3 Programmes

Health and Wellbeing Alliance

The Association became a key partner of the VCSE Health and Wellbeing Alliance in April 2017, which is jointly managed by the Department of Health and Social Care, Public Health England, and NHS England. The programme follows on from the Department of Health Third Sector Strategic Partnership Programme, which we were partners in from April 2010 – March 2017. The Association has been the lead partner, in both programmes, of a group of voluntary sector mental health organisations – the Mental Health Consortium - including Centre for Mental Health, Mental Health Foundation, Mind, National Survivor User Network, and Rethink Mental Illness. Since April 2021, The Association has led the Consortium in the newly-refreshed VCSE Health and Wellbeing Alliance and brought into the Consortium, a new partner, to represent the interests of children and young people – Young Minds. Together, we work to promote better outcomes for mental health service users and carers, making information and best practice more accessible. The Health and Wellbeing Alliance is made up of 18 other not-for-profit partners that represent communities who share protected characteristics or that experience health inequalities, and through our individual networks, the partners can link with communities and VCSE organisations across England. Through the Programme, the Mental Health Consortium links with System Partners to undertake specific agreed work programmes aimed at benefiting the strategic development of the not-for-profit mental health, and wider health and social care, sector.

The Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance has been established to:

- Facilitate integrated working between the voluntary and statutory sectors
- Support a two-way flow of information between communities, the VCSE sector and policy leads
- Amplify the voice of the VCSE sector and people with lived experience to inform national policy
- Facilitate co-produced solutions to promote equality and reduce health inequalities.

The objectives of the Programme are to:

- Encourage co-production in the creation of person-centred, community-based health and care which promotes equality for all.
- Enable the voice of people with lived experience and those experiencing health inequalities to inform national policy making and shape the delivery of services.
- Build evidence of sustainable, scalable solutions to mitigate and prevent inequalities impacting on the health and wellbeing of communities.

The Mental Health Consortium partners worked collaboratively to support the development of health and social care policy across government in order to:

- Influence change in health and social care to benefit those who access and rely on services, especially individuals needing mental health support
- Champion the cause for service users and carers with mental health conditions
- Interpret government policy for third sector mental health organisations for local application
- Mapping the health and social care reforms to facilitate engagement and input to the process of quality assurance and outcomes
- Advise and inform Department of Health and Social Care, NHS England and UK Health Security Agency about key issues in the health and social care field affecting the third sector
- Achieve shared objectives in improving health and well-being and reducing health inequalities
- Provide methods for disseminating information, policy developments and key programmes – enabling third sector organisations to engage in the delivery of health and well-being objectives.

Our work programmes with other Health and Wellbeing Alliance partners, leading to March 2023 have been diverse and each of the projects for 2022-23 have been completed and disseminated within the sector. The Association undertook three projects as part of our core Alliance work that must focus on reducing health inequalities. All three of our projects were developed from work to support the Advancing Mental Health Equalities Taskforce and were presented to the Taskforce in its June meeting. Whilst the Taskforce itself is currently focusing on racial inequalities only, two out of three of our supporting projects are approaching this from a wider lens and

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

considering inequalities faced by different communities such as LGBT, homeless, those in contact with the CJS, older people, and more.

The projects focused on racism in Talking Therapies (IAPT services), advancing equalities in local systems, and using data and intelligence to advance equalities. This work was also closely related to our work on data.

We have supported partners in the HWA with their projects by disseminating surveys and sharing opportunities to engage to ensure the VCSE mental health sector is informing a range of projects. These include: The role of community spaces in young people's mental health and community engagement; maternal mental health and neonatal care project; Exploring the impact of digital exclusion on access to (mental) healthcare among people seeking asylum in England; Older people's mental health diagnosis and treatment; and more.

Furthermore, we are participating in two subgroups focusing on social care and experiences of care. Since Year 1, Kathy Roberts has co-chaired the social care subgroup offering significant and insightful influencing to policy colleagues from across the DHSC. The Association also worked with DHSC to deliver a webinar on the social care narrative as part of our dissemination activities from the previous year's project, which highlighted tips, resources, and case studies from the sector. The subgroup offers partners the opportunity to engage with developing policies and strategies such as the major conditions strategy, winter planning, workforce survey and the autumn statement. For the experiences of care subgroup, we worked with 4 other organisations in the HWA to deliver a short 3-month project focusing on coproduction in the VCSE sector and ICSSs to build a database of case studies from a lived experience and provider perspective.

Public Benefit

- This work assists other charities to represent the concerns of the people they serve by providing wider information about policy initiatives and sectoral representation into key areas of public policy development
- It also creates a two-way conduit whereby the mental health voluntary sector can positively influence and advocate with statutory bodies enabling the not-for-profit sector to have an active voice into decision making
- Fosters a culture of collaboration with strategic partners across all sectors and specialisms.

Enterprise Development Programme

The Association continued its role as a sector partner on the Enterprise Development Programme, funded by Access, the foundation for social investment. It offers grant and learning support for SME social sector organisations operating in England, to help them test, implement or scale enterprise activities, in turn helping a diversification of income and increased organisational sustainability.

Between April 2022 and March 2023, no further organisations were added to the cohort, however the existing 55 organisations continued to be offered varied support opportunities. By the end of the year a total of the maximum £1.3M had been allocated to participating organisation across the programme's lifetime. The organisations continued to access learning workshops that were considered valuable (e.g. marketing and branding, pricing, tendering, strategic planning, impact measurement), and 1:1 in-depth financial management expertise, to upgrade reporting processes / procedures and/or gain greater ability to forecast and plan future financial scenarios. A final block of virtual peer learning sessions were also held giving opportunity for organisations to have regular access to a community of other Providers facing similar questions and obstacles (specifically around trading and enterprise).

Part-way through this financial year, the Association transitioned into an Alumni Phase 'coordinator' role on the programme where more focus was given to (i) Network facilitation, (ii) continued Individual VCSE support, and (iii) generating Knowledge and Learning for the wider sector. As part of this we saw commissioned research by Bayes University on *the models of beneficiary involvement in social enterprise operations*. The research offers various 'segments' of useful insight from 'how organisations approach the subject of pay', 'what new ventures of this kind need to consider from the start', 'how organisations support their employees', and 'how organisations monitor/measure the impact upon employees'.

Another big part of the knowledge generation work has been to 'spotlight' a variety of mental health organisations in terms of their trading and enterprise models, the journey of developing this income, and the consequent impact

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

on their mission. These have the objective of being a useful resource for organisations who haven't had access to the Enterprise Development Programme, to help them on their own enterprise journeys.

Insights to Provider's programme experiences

Unforgettable Experiences – supported with their wellbeing support services sold to various public sector departments.

- “EDP has been instrumental in helping us to define how our organisation makes a difference to the lives of adults with cognitive impairments through the development of its Theory of Change and Impact Measurement Framework. Meeting with Greg Woolley to discuss UE's plans and challenges for information, advice, and guidance - this support was priceless and understated. Financial support to invest in development of market research, theory of change and additional staff capacity. Without this, UE would not be in the position it is in as there would have been no one to lead the helm during an exceptionally challenging year.”*

Oakleaf Enterprise – supported with their Oakleaf at Home retail enterprise.

- “Apart from the investment to be able to get the social enterprise off the ground and create recognition for our client artists, the quarterly check ins were invaluable. A great forum to bounce ideas off of Greg. This provided the opportunity to learn from shared findings from other social enterprises. The networking sessions were also hugely valuable to learn from the other enterprises experience to be able to continuously adapt to new trading conditions and again bounce off ideas on each other.”*

Family Compass – supported with expanding their room hire trading income.

- “The support from the programme has been transformational, both financially and in terms of the expertise offered. We've seen our trading income grow 60% this year, whilst we forecast a bigger increase next year. And importantly we have such clarity in terms of our 'social' and more commercial activities.*

Youth and Arts Health Trust – supported to expand their therapeutic services sold to schools

- “The grant has enabled us to “protect” time for me to work on developing our trading offer, rebranding and also “selling” to potential customers. This has enabled us to review what and how we provide, and how we communicate it. In turn, across the programme, the organisation has more than tripled its sales target, achieving £17,650.*

The Restoration Trust – supported with creating a new consultancy service (focused on using heritage to small health and wellbeing)

- “It's great to feel connected with a community of knowledge and good practice, and to be in contact with other organisations facing similar challenges and overcoming them in creative and inspirational ways. The Peer Support was also fantastic, and I think it is vital to have this kind of reflective space. Thank you for that.”*

Mental Health Sustainability Programme

In response to the pandemic, The Association, in coalition with 15 other leading mental health charities and social enterprises launched the Mental Health Sustainability Programme to help VCSE mental health service providers sustain their services during and after the pandemic. The Programme particularly seeks to support communities who have been disproportionately impacted by the pandemic due to existing health inequalities, such as minoritised communities, LGBT+, children and young people, older people, new mothers, and those in contact with the criminal justice system.

A key element of the Programme, facilitated by the funding received, was the employment of the Community Engagement Officer, now Senior Programme Officer, who has been integral to the functioning and expansion of the Programme.

We have continued to reach the 100+ providers we have been connected to over the course of this year, sustaining contact and developing the Programme with them in mind. This development includes:

- The release of our final evaluation report [attached] – which includes the successful reporting on the second grant round and further Programme deliverables (such as webinars, sustainability toolkit sessions and more); as well as greater analysis of our successes and learnings to embed in our own work now the Programme has formally been completed.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

- A diverse offer of webinars and peer support forums (continuing on an ad-hoc basis since our last report); with webinars providing organisations with “so much [knowledge]...I can now take back to my workplace”, whilst peer support forums left leaders feeling “privileged to be part of the network...[and have] the opportunity to network with like-minded [individuals].”
- Ad-hoc sounding board and more partner-led and sector-led sessions for providers to receive more bespoke support from industry professionals (across the VCSE and our private sector partners) where providers “left [the Sounding Board session] feeling seen and heard [which] means a lot to me. Any doubts or uncertainties I had today have been removed [thanks to this session]”.
- Our new headline offer of Sustainably Toolkits – an “induction-like” building block of six sessions on organisational development, finance, legal, HR, wellbeing and EDI that has enabled leaders to be more responsive and knowledgeable in core areas of business/organisational management, where they have been lacking internal capacity and expertise. With feedback such as “I thought the facilitator was excellent and covered a huge range of very helpful information in a short space of time and in a really clear and accessible way” – all of which contributed to more resilient organisations and leaders.

We formally wrapped up the Programme, choosing to take the continued deliverables in-house, as a result of finishing the aims of this programme as they were laid out in May 2020.

The Association is proud to still have these organisations in our membership today and are committed to continuing to provide support to them as we move through 2023 and beyond.

We have also continued to build on a matched funded partnership with Creative Minds, a charity hosted by South West Yorkshire NHS Foundation Trust, which develops creative activities in partnership with community organisations to improve the health and wellbeing of Trust service users. The matched funding partnership with Creative Minds, a charity hosted by Southwest Yorkshire NHS Foundation Trust, continues in the form of a “community project”. The interim updates on this project, which develops creative activities in partnership with community organisations to improve the health and wellbeing of Trust service users, has been incredibly positive, especially considering the continued lockdowns/after-effects and the effect on mental health, loneliness, creativity, community and cohesion.

Care Provider Alliance

The Association is a key partner in the Care Provider Alliance, which is collective, national voice of adult social care providers in England, and was chaired by Kathy Roberts (CEO) in 2020-2021. The CPA brings together the ten national associations which represent private, voluntary and community sector providers and speaks for the whole of the adult social care sector including care homes, home care services, Shared Lives schemes and retirement communities.

Our CEO continues to be a key influencer within the Care Provider Alliance whose focus has been to coordinate and inform policymakers on behalf of the mental health social care sector. The regular weekly meetings and other key events throughout the year have focused on the Government’s publication’s, People at the Heart of Care Next Steps, development as well as social care provider funding and workforce concerns impacting our members. Much of the focus has been on the integrated care emerging practice and influencing the recently published Hewitt Review Report.

The CPA represents providers of support to adults with physical, sensory or learning disabilities, people with mental ill-health, and older people. CPA members cover almost 10,000 organisations, employ over 600,000 staff, and support an estimated 1 million people every day.

The CPA’s role is to:

- **coordinate** responses across all care providers
- **inform and influence** policymakers
- **provide leadership** to the sector
- **work in partnership** to improve care
- **build awareness** of the care provider sector

The CPA’s unparalleled reach into the care sector enables us to collect, collate and communicate insights about new developments, innovations and market trends, and their impact on care providers and the people they

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

support. Working with our network of CPA members, developing and sharing practical advice and guidance for care managers, owners and staff.

3.4 Stakeholder Engagement

Our engagement and communications outputs enable The Association to make information accessible to promote the work of the organisation to a wider audience. This enables The Association to reach out to organisations across the voluntary, private and statutory sector. It promotes dialogue across the sectors and the sharing of ways of working that have an impact on the quality of care provision.

During 2022/23 The Association hosted 60 members meetings to foster engagement between the organisation and its membership, increase networking opportunities, outline our work programme to encourage involvement, as well as provide opportunities for VCSE providers to share best practice to improve service delivery. The meetings allowed members to share their experiences of the ongoing pandemic and the impact on service delivery, learn from and support each other, and share challenges and solutions. The engagement with members helped inform policy throughout the year. We have built on these engagement meetings by also hosting roundtable/ webinars events to inform the direction of mental health policy.

Our meetings with the Association's membership are important for sharing intelligence and the development of a distinct and strong national network of VCSE mental health provider organisations. We continue to receive positive feedback from a range of those colleagues attending these meetings, who indicate their value as an important place to find peer support and for sharing both strategic and operational challenges and solutions.

In addition to this, the Business and Service Continuity Group, initially established at the onset of the pandemic, now meets fortnightly to share, review and advise on operational priorities and developments. The meetings, which are attended by a small group of members (predominantly but not exclusively larger providers), provide a focused space to share information (and where feasible) promote and support the development of guidance and good practice in relation to the commissioning, management, and delivery of VCSE mental health and other related services during the pandemic.

This Group continues to help ensure that the Association's ongoing representation and identification of providers' interests and concerns, in discussions with government and other national bodies and partners, remains as fully informed and current as possible.

Communications

A greater focus has been placed on our communications and engagement activities in the last year and has seen an increase in our media coverage, including radio interviews and articles in sector press. Social media channels for both the Association and the CEO have seen a steady increase, with the campaign and map launches resulting in peak social media activity and engagement.

In addition, the campaign achieved radio coverage via Broadcast Revolution:

- 5 interviews resulting in 2,197,000 total audience reach
- 75 syndicated stations, 3,337,326 total audience reach

Total coverage, 80 stations, with 5,534,326 total audience reach.

The Association has improved communications with our members by sending regular updates to inform colleagues of our work. A monthly bulletin is sent that consists of relevant updates on strategic system changes and allows members to respond actively to government and national strategy. Members also receive detailed updates regarding our work across our priority areas and policy updates containing vital information about policy developments and further opportunities for engagement.

Profiling the Sector and The Association

Promoting the role of providers in the sector is a key role for The Association as well as a better understanding of the role of the organisation. The Association has continued to pursue opportunities to raise the profile the sector and the contribution it makes in providing mental health services. Among the main activities have been:

- Influencing Government and Drivers at National, Regional and local level including NHS England, interface with the DHSC, CQC, Care Provider Alliance, Think Local Act Personal Programme Board (TLAP), the Mental Health Independent Advisory and Oversight Group, and Advancing Mental Health Taskforce
- Profiling Best and Better practice
- Facilitating Networks and engagement.

Public Benefit

- Communicating about our work with our members and other stakeholders is central to sharing information and experience and contributing to policy development with a view to improving services and understanding the sector contribution and impact
- Allowing for wider engagement with The Association
- Creating flexibility in dissemination and information sharing.

3.5 Strategic Influencing

The Association has been in a good position to influence the shaping of mental health policy and practice and has undertaken several key tasks in order to ensure that the not-for-profit mental health provider community has a clear voice:

- Representation in the Care Providers Alliance
- Representation in the Mental Health Leaders Group
- Chair of the Mental Health and Wellbeing Policy and Oversight Group
- Representation in the Mental Health Independent Advisory and Oversight Group
- Representation in the Advancing Mental Health Equality Taskforce
- Representation in the Social Care Leads Group
- Representation on the Think Local Act Personal Programme Board
- Representation and Participation in CQC External Reference Panels
- Care and Support Programme Board
- CQC ASC Trade association monthly meetings
- Representation and Participation in the All-Party Parliamentary Group sessions

3.6 Plans for Future Periods

The Association will continue to

- Advocate clearly so that ministers and system partners obtain a greater understanding of the breadth and depth of the Mental Health Voluntary and Community Sector to better utilise existing social capital.
- Stand in an independent space to engage and be representative of the wider Mental Health and Community Sector of providers.
- Emphasise equity, concentrating on creating a whole system service with an even spread across providers of mental health services; based on ability to deliver what people want and need irrespective type of provider.
- Produce guidelines and briefings for ministers and commissioners that contain a more consistent and clarified understanding of outcomes and benefits of services provided, including cost analysis, properly showcasing the added value of the voluntary and community sector.
- Endorse and encourage a better understanding of integration and contribution to whole system solutions beyond looking at process and joint resources.
- Endorse and encourage overall improved commissioning and viable contracting, that demonstrates a clear understanding of the needs of a changing and evolving health and care landscape.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

- Endorse and encourage a sustained commitment to better resourcing of prevention in mental health, with the foresight that such investment can save both resource and human lives.
- Market widely the qualities of Mental Health Voluntary and Community Sector providers, and encourage their involvement in the development of regulation and statute, ensuring that there is an open and responsive dialogue between Voluntary and Community Sector practice and statute.
- Endorse and encourage the current commitment to creating parity of esteem for mental health care, and would like to encourage Government to continue the commitment to a reduction in waiting times and standards for mental health, to improve access for people to appropriate care.
- Encourage policymakers to take note of the weight that regulation and commissioning requirements can impose on high quality smaller scale voluntary and community sector organisations, resulting in an inability to retain or support workforce, and a reduction in the quality of overall practice and support.
- Encourage policymakers to take note of existing innovation and pilot models already existing in the voluntary and community sector and to allocate resources for a wide range of mental health services, to ensure there is a choice for all.
- Showcase and encourage developing partnership models that bring NHS and voluntary and community sector providers together effectively to create new and more flexible collaborative whole system vehicles delivering a more holistic range of person-centred services.

4. Governance

The Chief Executive is responsible to the Chair for organisational management and supporting the Governance. The Board of Trustees meets quarterly where quarterly performance and strategies are discussed. The Board of Trustees then delegate operational responsibility to the Chief Executive who is supported by staff in delivering The Association's objectives.

Board of Directors/Trustees

The Association's Board is elected from the membership at Chief Executive level of organisations involved in the mental health sector. Dr Sri Kalidindi was appointed as Chair on 3 November 2021. Sanjay Shah, Finance Director for Certitude was appointed as Treasurer in December 2009. Trustees are familiar with the aims of the organisation through their work in the sector. Training is provided as required to assist Trustees in making decisions to benefit the work of The Association.

Staff

The Association employed a total of 9 staff during the year:

Kathy Roberts	Chief Executive Officer - FT
Dania Hanif	Head of Policy and Programmes - FT
Duncan Tree	Director of Policy and Partnerships – FT
Greg Woolley	Social Enterprise Development Manager – FT
Jyoti Shah	Finance Officer - PT
Hayley Alton	Community Engagement Officer – FT (contract ends 31 July 2023)
Dan Garbutt	Communications and Media Lead – PT (contract ended 30 November 2022)
Cheryl Hollis	Operations and Business Support Lead - PT
Ella Dunthorne	Digital Content Assistant – PT

Membership

The Association had 175 members (plus 137 Local Mind associations, plus 11 associate members) at the year end. A full list of members at 31st March 2023 is given on pages 15-17.

5. Financial Review

The Association has continued to manage resources effectively particularly during the past 12 months. Grant income decreased in 2022/23 to £313,475 (2021/22: £545,509), this was primarily as a result of some large, restricted funds received in 2021/22.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

At present we are budgeting for new income of £419,559 for 2023/24, however the ongoing impact of cost-of-living price increases and the economic climate we face could result in a reduction of grant income.

In 2020/21 we received £503,750 from the private sector to lead on the Mental Health Sustainability Programme and £304,539 was carried forward to 2021/22. We received another donation of £50,000 in 2021/22 for this programme and £110,017 was carried forward to 2022/23. We now have £31,421 left from this funding to utilise in 2023/24.

We also received other grant income of £313,475 for several different programmes. This includes £90,000 from the Department of Health and Social Care for the Health and Wellbeing Alliance (HWA), £164,700 from Access for the Enterprise Development Programme, and £40,000 from Rethink Mental Illness for the CAF Community Mental Health Transformation Programme.

At the year end the financial statements show a deficit of £86,260 (2021/22: £38,550 deficit). The main reason for the deficit is due to expenditure incurred on restricted funds, which were brought forward from 2021/22 to be utilised in 2022/23.

Membership subscription in 2022/23 has decreased slightly to £82,644 (2021/22: £87,229) due to a few organisations having been unable to renew membership due to financial pressures in the current economic climate. The full membership list is on pages 15-17.

Reserves policy

The Board have agreed to keep a minimum of 3 months operating costs as reserves to ensure the on-going viability of the organisation. The Association is reliant on membership and grant income which remains difficult to maintain and has fluctuated over the past few years. To ensure The Association can continue to provide good effective support to its members it needs to ensure it has sufficient reserves to manage further reduction in income and protect its core support that it provides.

Following the deficit generated on both restricted and unrestricted funds for 2022/23, the general reserves for unrestricted funds have decreased from £372,750 to £342,212, and for restricted funds have decreased from £303,574 to £247,852.

The reserves target is currently being exceeded with reserves of over 12 months based on 2023/24 budgeted expenditure. This is being kept under review by the Board and commitments being made to ensure continued development but allowing for financial uncertainty particularly when we are reliant on grants.

Going Concern

We have set out above a review of financial performance and the organisations reserves position. We have adequate financial resources and are well placed to manage the business risks. Our planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We believe that there are no material uncertainties that call into doubt the organisation's ability to continue. The accounts have therefore been prepared on the basis that the organisation is a going concern.

Detailed cash flow projections have been undertaken for the next 24 months and there are no material changes projected to both cash and reserves. We can manage our expenditure should the need arise where our income is reduced.

Staff Remuneration

Our approach to remuneration is designed to ensure we can attract and retain the talented and motivated people we need to achieve our mission and deliver our strategic goals. It is applied consistently across the organisation. We aim to pay competitively in the not-for-profit sector within the context of affordability. The Chief executive reviews and recommends pay reviews for all staff to the Board, the chair reviews and recommends the Chief Executive's remuneration review to the Board.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

Related parties

The organisations for which the Trustees hold Chief Executive Positions are also members of The Association with membership fees paid under the same terms as for all members. The Association holds the lead and co-ordination role for the Health and Wellbeing Alliance funded by the Department of Health and Social Care. Funds are distributed to the Mental Health Foundation, Mind National, National Survivor User Network, Rethink Mental Illness and Centre for Mental Health, where appropriate. Please see note 17 for any related party transactions.

MEMBERSHIP

- | | |
|---|--|
| 1. Action for Aspergers | 46. First Steps ED |
| 2. Addictions North East | 47. Free Your Instinct |
| 3. Addictions UK | 48. Growing Well |
| 4. Advance | 49. Hackney Herbal CIC |
| 5. Al Hurraya | 50. Hammersley Homes |
| 6. Alridha Foundation | 51. Happy Times Activities |
| 7. Anne Robson Trust | 52. hArt |
| 8. Anorexia and Bulimia Care | 53. Headssup CIC |
| 9. Anxiety UK | 54. HoardingUK Ltd |
| 10. Anxious Minds | 55. Home Start Elmbridge |
| 11. Arterne: Enriching the next generation CIC | 56. Home Start South & West Devon |
| 12. Arlift | 57. Hope for the Community |
| 13. Asian Family Counselling Service (AFCS) | 58. HOPE- South Yorkshire Fire, Road and Water-related Trauma Support for Families |
| 14. Asperger's Children and Carers Together | 59. I Can Do That! CIC |
| 15. Autism Family Support Oxfordshire | 60. Illuminate |
| 16. Baby Umbrella | 61. Imagine Independence |
| 17. Bipolar UK | 62. In Your Corner |
| 18. Black Health Initiative | 63. Independent Mental Health Network |
| 19. BLAM UK | 64. Infinite Wellbeing C.I.C. |
| 20. Bridge Support | 65. Just for Women |
| 21. Bridges for Children CIC | 66. Just Psychology CIC |
| 22. Care in Mind | 67. Kab's & Kabs cares CIC |
| 23. CASSPLUS | 68. KAG Advocacy |
| 24. Centre for Better Health | 69. Kanlungan Filipino Consortium |
| 25. Centre of Wellbeing, Training & Culture (CWTC) | 70. Keren |
| 26. Certitude | 71. KeyRing |
| 27. Chasing the Stigma | 72. Kids Inspire |
| 28. Chester Sexual Abuse Support Service | 73. Kindred Minds |
| 29. Chilli Studios | 74. Little Miracles Charitable Incorporated Organisation |
| 30. Chiltern Music Therapy | 75. Living Well Consortium |
| 31. Choice Support | 76. London Nightline |
| 32. Choices Islington | 77. Make A Difference |
| 33. Chrysalis Care New Generation | 78. Make a move |
| 34. Citizen Coaching | 79. Making space |
| 35. Cocoon Kids - Creative Counselling and Play Therapy CIC | 80. ManHealth |
| 36. Community Glue | 81. Maytree |
| 37. Coping with Cancer North East | 82. Mental Health Concern |
| 38. Crea8ing Careers | 83. Mental health Matters |
| 39. Creativity Works | 84. MHFA England |
| 40. Cycling Minds CIC | 85. MhIST (Mental Health Independent Support Team) |
| 41. Deaf-initely Women | 86. Mindful Peak Performance CIC |
| 42. Dementia Friendly Keighley | 87. Minds Ahead |
| 43. Encompass (Dorset) | 88. Moodswings |
| 44. Every Life Matters | 89. Mosac |
| 45. Family Compass | |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

- | | |
|--|---|
| 90. Mosaic Clubhouse | 133. Southside Rehab |
| 91. Mthwakazi Queens | 134. Space to Breathe CIC Ltd |
| 92. Multicultural Resource Centre | 135. Step Out Mentoring (The Wells Trust) |
| 93. Mums Aid | 136. Studio Upstairs |
| 94. Music24 | 137. Suicide Prevention Bristol Charity |
| 95. Muslim Women's Council | 138. Support ME Maternal Project |
| 96. Muslim Youth Helpline | 139. Swans CIC |
| 97. Mustaqbill (Future) Foundation | 140. Sydenham Garden |
| 98. N Compass | 141. Talk for Health |
| 99. Next Chapter NW CIC | 142. Tandem |
| 100. NIWE Eating distress service | 143. Taraki Wellbeing |
| 101. No5 Young People | 144. The 180 Programme CIC |
| 102. North East Wellbeing | 145. The Brave Project Community Interest Company |
| 103. North London Music Therapy | 146. The Cellar Trust |
| 104. Oakleaf Enterprise | 147. The Centre for Specialist Educational Assistance Ltd |
| 105. Off the record - BANES | 148. The Craig Tyler Trust |
| 106. Open Briefing | 149. The Flowhesion Foundation |
| 107. Open Door Charity | 150. The Grow Project |
| 108. Our Place Support CIC | 151. The Harbour Project |
| 109. Our Time | 152. The Listening Place |
| 110. Oxfordshire Chinese Community and Advice Centre (OCCAC) | 153. The Parent House |
| 111. Oxygen | 154. The Recovery Circle |
| 112. PANDAS Foundation | 155. The Restoration Trust |
| 113. Parenting Project | 156. The Sporting Memories Foundation |
| 114. Pregnancy Crisis Care (Plymouth & SE Cornwall) | 157. The Warrior Programme |
| 115. Radiate Arts C.I.C | 158. Together for Mental Wellbeing |
| 116. RAHAB PROJECT | 159. Turning point |
| 117. Reach Out for Mental Health | 160. Tyneside Women's Health |
| 118. Recovery Republic CIC | 161. Ultimate Counselling |
| 119. Relate Chesterfield and North Derbyshire | 162. Unforgettable Experiences |
| 120. Rethink Mental Illness | 163. Viewpoint (Herts Viewpoint) |
| 121. Reverse The Trend Foundation | 164. Voades |
| 122. Richmond Fellowship | 165. Voice Ability |
| 123. Ripple Suicide Prevention Charity | 166. Warrington Community living |
| 124. Sandwell African Caribbean Mental Health Foundation | 167. Winchester Youth Counselling |
| 125. Scarborough Survivors | 168. Wish |
| 126. Seaview | 169. Working Well Trust |
| 127. Second Step | 170. Worth-it Positive Education CIC |
| 128. Seed of Hope | 171. Yellow House |
| 129. Self Help Services | 172. YIS |
| 130. Sheffield Flourish | 173. You Raise Me Up |
| 131. Somewhere House Somerset | 174. Youth Arts and Health Trust |
| 132. South Asian Health Action | 175. Youthline Ltd |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

ASSOCIATE MEMBERSHIP

1. Agenda
2. Centre for Mental Health
3. Consortium - The National LGB&T partnership
4. Faith Action
5. Men's Health Forum
6. Mental Health Foundation
7. Mental Health North East
8. Mind
9. National Survivor User Network
10. Suicide Prevention and Intervention
11. Volition

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

Trustees' Responsibilities in Relation to the Financial Statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 5 July 2023 and was signed on its behalf, by:



Dr Sridevi Kalidindi
Chair



Sanjay Shah
Treasurer

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
FOR THE YEAR ENDED 31 MARCH 2023

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2023 which are set out on pages 20 to 32.

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Michael Tourville FCA
Beever and Struthers
Chartered Accountants

150 Minories,
London,
EC3N 1LS

Date: 27 September 2023

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account)

FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Income and Endowments from:					
Investments:					
Investment income	3	3,798	-	3,798	115
Charitable activities:					
Grants receivable		-	316,225	316,225	548,259
Membership services, conferences and events		82,644	-	82,644	87,229
	2	82,644	316,225	398,869	635,488
Total incoming resources		86,442	316,225	402,667	635,603
Expenditure on:					
Charitable activities	4	114,240	374,687	488,927	674,153
Total resources expended		114,240	374,687	488,927	674,153
Net income / (expenditure)	7	(27,798)	(58,462)	(86,260)	(38,550)
Transfers between funds		-	-	-	-
Net movement in funds		(27,798)	(58,462)	(86,260)	(38,550)
Reconciliation of funds:					
Total funds brought forward		372,750	303,574	676,324	714,874
Total funds carried forward		344,952	245,112	590,064	676,324

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The notes on pages 23 to 32 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

COMPANY NUMBER: 05536120

STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2023

	Notes	£	2023 £	£	2022 £
FIXED ASSETS					
Tangible fixed assets	9		2,628		2,832
Intangible fixed assets	10		-		-
CURRENT ASSETS					
Debtors	11	11,602		44,227	
Cash at bank and in hand		627,840		666,028	
			639,442	710,255	
CREDITORS: amounts falling due within one year	12	(52,006)		(36,763)	
NET CURRENT ASSETS			587,436		673,492
TOTAL NET ASSETS	13		590,064		676,324
CHARITY FUNDS					
Unrestricted reserves	14		344,952		372,750
Restricted reserves	15		245,112		303,574
			590,064		676,324

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102).

The financial statements on pages 20 to 32 were approved and authorised for issue by the Trustees on 5 July 2023 and signed on their behalf, by:



Dr Sridevi Kalidindi
Chair



Sanjay Shah
Treasurer

The notes on pages 23 to 32 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

		2023	2022
		£	£
	Notes		
Cash flow from operating activities			
Net cash flow from operating activities	i	(40,314)	(67,933)
Cash flow from investing activities			
Investment income		3,798	115
Purchase of tangible fixed assets		(1,108)	(378)
Net cash provided by/(used in) investing activities		2,690	(263)
Cash flow from financing activities		-	-
Net Cash provided by/(used in) financing activities		-	-
Change in cash and cash equivalents in the year		(38,188)	(69,273)
Cash and cash equivalents brought forward		666,028	735,301
Cash and cash equivalents carried forward		627,840	666,028
Cash and cash equivalents consist of:			
Cash at bank and in hand		627,840	666,028
Note i			
Net movement in funds		(85,756)	(38,550)
Depreciation		1,312	1,416
Investment income		(3,798)	(115)
Decrease/(increase) in debtors		32,625	(40,703)
Increase/(decrease) in creditors		15,303	10,019
Net cash inflow from operating activities		(40,314)	(67,933)

The notes on pages 23 to 32 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Legal Status

Voluntary Sector Mental Health Providers Forum is a charitable company limited by guarantee (Charity number 1120222, Company number: 05536120) with the Charity Commission incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is 3rd Floor Watson House, 54 Baker Street, London, W1U 7BU. The nature of the charity's operations and principal activities are supporting voluntary sector mental health organisations in influencing mental health practice and policy.

Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost basis of accounting and are presented in sterling £.

As a public benefit entity, Voluntary Sector Mental Health Providers Forum, has applied the public benefit entity 'PBE' prefixed paragraphs of FRS 102.

Tangible fixed assets

Tangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Depreciation is calculated so as to the write off cost of fixed assets over the estimated useful lives of the assets concerned as follows:

Computer equipment	Over 3 years
--------------------	--------------

Intangible fixed assets

Intangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Amortisation is calculated so as to the write off cost of fixed assets over the estimated useful lives and their useful lifespans of the assets concerned as follows:

Software	Over 3 years
----------	--------------

Income

Membership income is recognised over the year to which it relates, net of VAT.

Revenue grants are credited to the financial statements when received or receivable, whichever is earlier, unless they relate to a specific future year, in which case they are deferred.

Expenditure

Resources expended are recognised in the year in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Costs are allocated to activities where directly attributable. Support costs are apportioned based on an estimate of staff time spent on each activity.

Governance costs include costs incurred in meeting constitutional and statutory requirements.

1. ACCOUNTING POLICIES (continued)

Fund accounting

The general fund comprises those monies that may be used towards meeting the charitable objectives at the discretion of the Trustees.

The restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor-imposed conditions. Expenditure meeting the relevant criteria is charged to this fund.

Taxation

The company is a registered charity and therefore is not liable for income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

Pension costs

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charitable company to the fund. The charitable company has no liability under the scheme other than for the payment of those contributions.

Going Concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure are sufficient with the level of reserves for the charity to be able to continue as a going concern.

Financial instruments

Financial instruments such as loans, accounts payables, accounts receivables and cash are classified either as basic or complex. All financial instruments are initially measured at their fair values at the time the transactions occur. Subsequently all basic instruments are measured at amortised cost and all complex financial instruments are measured at a fair value through the comprehensive income.

Financial instruments held by the charity are classified as follows:

- Financial assets such as cash are held at cost,
- Financial assets such as cash, current asset investments and receivables are classified as loans and receivables and held at amortised cost using the effective interest method,
- Financial liabilities such as bonds and loans are held at amortised cost using the effective interest method.

Judgements and key sources of estimation uncertainty

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

- Depreciation rates for tangible fixed assets,
- Amortisation rates for intangible fixed assets.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Grants receivable				
Health and Wellbeing Alliance	-	90,000	90,000	92,750
Health and Wellbeing Alliance Experiences of Care Subgroup Project	-	4,000	4,000	52,500
Access	-	164,700	164,700	138,968
National Care Forum	-	-	-	33,562
NHS East of England	-	-	-	102,750
NHS England	-	7,475	7,475	-
CAF Community Mental Health Transformation	-	40,000	40,000	40,000
CPA Additional Work Funding	-	1,500	1,500	37,229
Mental Health Sustainability Programme	-	2,750	2,750	50,000
Registered Nursing Home Association	-	5,800	5,800	-
Donations	-	-	-	3,601
	-	316,225	316,225	551,360
Membership services, conferences and events				
Membership subscriptions	82,644	-	82,644	84,128
	82,644	-	82,644	84,128
Total	82,644	316,225	398,869	635,488

In 2022/2023, of the total income from charitable activities, £82,664 was unrestricted and £316,225 was restricted.

3. INVESTMENT INCOME

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Bank deposit interest	3,798	-	3,798	115

In 2022/2023 all income from investments was unrestricted.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

4. TOTAL RESOURCES EXPENDED

	Direct staff costs £	Direct costs £	Support costs £	2023 Total £	2022 Total £
<i>Charitable activities</i>					
Membership services, conferences and events	99,617	-	14,623	114,240	14,451
Health and Wellbeing Alliance	68,000	22,000	-	90,000	90,000
Health and Wellbeing Alliance	4,000	-	-	4,000	52,500
Experiences of Care Subgroup Project Access	57,674	33,542	10,707	101,923	98,843
National Care Forum	2,443	3,125	-	5,568	52,811
NHS England	2,925	-	-	2,925	
NHS East of England	29,034	-	3,226	32,260	92,441
CAF Community Mental Health Transformation	48,167	-	2,600	50,767	26,481
CPA Additional Funding	-	-	98	98	465
Strategic Partnership Programme					1,139
Mental Health Sustainability Programme	42,059	39,108	179	81,346	245,023
Registered Nursing Home Association	5,800	-	-	5,800	-
Total resources expended	359,719	97,775	31,433	488,927	674,154

Total support costs of £31,433 (2022: £20,490) are analysed in Note 5.

5. SUPPORT COSTS

	2023 £	2022 £
Wages and salaries	16,986	15,104
Governance	6,689	3,611
Premises costs	786	589
Office costs	410	282
IT	6,562	904
	31,433	20,490

Total governance costs of £6,689 (2022: £3,611) are analysed in Note 6.

6. GOVERNANCE COSTS

	2023 £	2022 £
Travel, welfare, and sustenance	2,226	49
Governance and Board Meetings	1,040	1,021
Consultancy and Legal Fees	1,417	719
Independent Examination	1,159	1,053
Accounts preparation	847	769
	6,689	3,611

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

7. NET OUTGOING RESOURCES BEFORE TRANSFERS

	2023	2022
	£	£
This has been arrived at after charging (excluding VAT):		
Independent Examiner's remuneration	1,159	1,053
Accounts preparation	847	769
	2,006	1,822

In common with many other organisations of our size and nature we use our Independent Examiner to assist with the preparation of the financial statements.

8. STAFF COSTS AND KEY MANAGEMENT PERSONNEL REMUNERATION

	2023 No.	2022 No.
The average number of persons employed during the year expressed in full time equivalents (35 hours per week) was:		
Number	9	7
Full time equivalents	9	6
	2023	2022
	£	£
Staff costs during the year were as follows:		
Wages and salaries	319,025	288,247
Social security costs	30,590	26,726
Pension costs	25,385	22,008
	375,000	336,981

The number of employees who received total employee benefits (excluding employer pension costs) of more than £60,000 is as follows:

	2023 Number	2022 Number
£60,000-£70,000	-	-
£70,000-£80,000	-	-
£80,000-£90,000	1	1

No other employees earned over this amount (2022: 0). The highest paid staff member received pension contributions in the year of £6,443 (2022: £6,409).

The Charity considers its key management personnel comprise the Trustees and the Chief Executive Officer.

No Trustee received any remuneration in respect of their services (2022: £0). Trustees received expenses reimbursed during the year to the value of £0 in relation to travel costs (2022: £0).

The total amount of employee benefits received by other key management personnel is £97,358 (2022: £96,355).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

9. TANGIBLE FIXED ASSETS

	Computer Equipment £	Total £
Cost:		
At 1 April 2022	6,691	6,691
Additions	1,108	1,108
Disposals	-	-
At 31 March 2023	7,799	7,799
Depreciation:		
At 1 April 2022	3,859	3,859
Charge for year	1,312	1,312
At 31 March 2023	5,171	5,171
Net Book Value:		
At 31 March 2023	2,628	2,628
At 31 March 2022	2,832	2,832

10. INTANGIBLE FIXED ASSETS

	Software £	Total £
Cost:		
At 1 April 2022	-	-
Additions	-	-
Disposals	-	-
At 31 March 2023	-	-
Amortisation:		
At 1 April 2022	-	-
Charge for year	-	-
At 31 March 2023	-	-
Net Book Value:		
At 31 March 2022	-	-
At 31 March 2023	-	-

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

11. DEBTORS

	2023	2022
	£	£
Trade Debtors	9,800	43,315
Prepayments	1,802	912
Accrued Income	-	-
	11,602	44,227

All debtors are due within one year.

12. CREDITORS: Amounts falling due within one year

	2023	2022
	£	£
Trade Creditors	50,000	33,360
Taxation and social security	60	1,952
Accruals and Deferred Income	2,006	1,451
Other creditors	-	-
	52,066	36,763

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Fixed assets	2,628	-	2,628	2,832
Current assets	394,330	245,112	639,442	710,255
Creditors: amounts falling due within one year	(52,006)	-	(52,006)	(36,763)
	344,952	245,112	590,064	676,324

14. UNRESTRICTED FUNDS

	Balance at 1 April 2022	Incoming Resources	Expenditure	Transfers	Balance at 31 March 2023
	£	£	£	£	£
General Funds	372,750	86,442	(114,240)	-	344,952
	372,750	86,442	(114,240)	-	344,952

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of grants to be applied for specific purposes.

	Balance at 1 April 2022 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2023 £
Health and Wellbeing Alliance	-	90,000	(90,000)	-	-
Health and Wellbeing Alliance Experiences of Care Subgroup Project	-	4,000	(4,000)	-	-
Access	70,796	164,700	(101,923)	-	133,573
National Care Forum	5,568	-	(5,568)	-	-
NHS East of England	32,260	-	(32,260)	-	-
NHS England	-	7,475	(2,925)	-	4,550
CPA Additional Funding	71,414	1,500	(98)	-	72,816
Mental Health Sustainability Programme	110,017	2,750	(81,346)	-	31,421
CAF Community Mental Health Transformation	13,519	40,000	(50,767)	-	2,752
Registered Nursing Home Association	-	5,800	(5,800)	-	-
	303,574	316,225	(374,687)	-	245,112

The VCSE Health and Wellbeing Alliance is a key element of the VCSE Health and Wellbeing Programme; a partnership between voluntary sectors and the care system to provide a voice and improve the health and wellbeing for all communities.

Access funded a three-year Enterprise Development Programme (which ended on 30th September 2022) to support the small and medium sized enterprise sector in its diversification of income streams. The Association has been selected to deliver this programme as the main mental health sector partner. Access is providing further funding to continue this programme from October 2022 to March 2024.

National Care Forum, on behalf of the Care Provider Alliance, are sub-contracting The Association alongside 9 other CPA partner organisations, with funding provided by the Department of Health and Social Care, to support policy priorities through the collective representation of the health and social care sector.

NHS East of England has funded The Association to deliver a programme of work related to digital access to personalised mental health care. At year end, this work has been adapted to focus on the response to the pandemic.

Care Provider Alliance (CPA) Additional Funding covers grants from the Department of Health and Social Care and others to the CPA programme lead, which is the National Care Forum, and they work with the 9 other CPA partners including us.

The Mental Health Sustainability Programme aims to sustain services and improve and protect peoples' mental health and wellbeing during and after the coronavirus pandemic.

The Registered Nursing Home Association (RNHA) provided funding in respect of the collaborative agreement held by the Association with RNHA for the provision of digital social care members communications.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

16. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

17. RELATED PARTY TRANSACTIONS

All the Directors hold senior positions at organisations that are either members of The Association or related non-provider organisations. Membership fees are paid to the The Association under the same terms as for all members.

The Association holds the co-ordination role for the VCSE Health and Wellbeing Alliance funded by the Department of Health and Social Care. The Association receives all funding and makes payments to the partners where appropriate, these are:

Mental Health Foundation
Mind (National)
National Survivor User Network (NSUN)
Rethink Mental Illness
Central for Mental Health (CMH)
Young Minds

The Finance Officer, Jyoti Shah, is the wife of the Treasurer, Sanjay Shah. The Finance Officer received gross salary of £11,480 in the year and employer pension contributions of £918 (2022: gross salary £11,039 and employer pension contributions of £883). The Trustees are satisfied that the salary is at or below market rate for similar roles in the area.

18. TAXATION

By virtue of s.478 Corporation Tax Act 2010, the charitable company is exempt from Corporation Tax.

19. FINANCIAL INSTRUMENTS

	2023 £	2022 £
The Charity's financial instruments may be analysed as follows		
Financial Assets		
Financial Assets Measured at Cost		
Cash and Cash Equivalents	627,840	666,028
Financial Assets Measured at Amortised Cost		
Trade Debtors	11,602	44,227
Accrued income	-	-
Total Financial Assets	639,442	710,255
Financial Liabilities		
Financial Liabilities Measured at Amortised Cost		
Trade Creditors	50,000	33,360
Other Creditors	2,066	-
Total Financial Liabilities	52,066	33,360

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

20. OPERATING LEASES

The Charity had no operating lease commitments as at 31 March 2023 (2022: Nil).

21. CAPITAL COMMITMENTS

The Charity had no capital commitments as at 31 March 2023 (2022: Nil).

22. ANALYSIS OF CHANGES IN NET DEBT

	2022	Cash flows	2023
	£	£	£
Short and long term loan liabilities	-	-	-
Total loan liabilities	-	-	-
Cash and cash equivalents	666,028	(38,188)	627,840
Change in debt resulting from cashflows	666,028	(38,188)	627,840

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

England & Wales - Charity number 1120222

Accounts

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
(A Company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

Company number: 05536120
Charity number: 1120222

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

Contents	Page
Trustees' Report	1 – 13
Independent Examiner's Report	14
Statement of Financial Activities	15
Statement of Financial Position	16
Statement of Cash Flows	17
Notes to the Financial Statements	18 – 27

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REFERENCE AND ADMINISTRATIVE DETAILS

FOR THE YEAR ENDED 31 MARCH 2022

Status: The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

Company Number: 05536120

Charity Number: 1120222

Registered Office and Operational Address: 85 Great Portland Street, Great Portland Street, London, England, W1W 7LT

Trustees The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1 April 2021 up to the date of approval of these financial statements were as follows:

Stephen Shrubbs	- Chair (resigned 3 November 2021)
Dr Sridevi Kalidindi	- Chair (appointed 3 November 2021)
Sanjay Shah	- Treasurer
Aileen Edwards	- CEO Second Step
Derek Caren	- CEO Richmond Fellowship
Mark Winstanley-Kimmis	- CEO Rethink Mental Illness
Rachel Peacock	- CEO Making Space
Julie Layton	- CEO Advance UK
Sarah Hughes	- CEO Centre for Mental Health (resigned 4 May 2022)
Steve Gilbert	- Independent Consultant
Steve Appleton	- CEO Contact Consulting
Linda Bryant	- CEO Together for Mental Wellbeing
Margaret Hanson	- CEO Imagine Independence
Sarah Maguire	- CEO Choice Support
Ashwin Mathews	- CEO Centre for Better Health

Chief Executive Officer and Company Secretary: Kathy Roberts

Bankers: CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4QT

Independent Examiner: Michael Tourville
Beever and Struthers
15 Bunhill Row
London
EC1Y 8LP

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006 in preparing the annual report and financial statements of the charity.

Structure, governance & management

The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Aims and public benefit

Voluntary Sector Mental Health Providers Forum trading as the Association of Mental Health Providers (The Association), formerly Mental Health Providers Forum, is a representative organisation for providers of mental health and wellbeing services. The Association want service users to have access to joined up, seamless services from the organisations that support them, and are committed to working in equal partnership with statutory agencies involved in providing health and social care support for people with mental health needs.

We facilitate this through supporting and promoting effective service delivery, information exchange and the sharing of best practice across the voluntary, statutory and private sectors.

Our charitable objects:

To relieve the needs of people with mental health conditions in England and Wales by:

- Improving the range, quality and volume of services for people with mental health needs
- Contributing to policy development with a view to improving services
- Sharing information and experience with a view to improving services.

Our values

A society where everyone with mental health concerns has the right to get the support they need from a wide range of providers, implementing demonstrable values which include:

- Respecting service user perspectives, empowerment and choices
- Believing in and supporting recovery and social inclusion
- Commitment to collaboration, sharing and partnership
- Commitment to service excellence, innovation, evidence-based practice and continuous improvement
- Developing and promoting the unique value-based contribution of the voluntary mental health sector.

Statement of Public Benefit

The Directors confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. How the charity delivers public benefit is explained under section 3 "Current Activities and Work Programmes" below.

1 Strategic overview

Association of Mental Health Providers continues to be the leading representative body for voluntary sector providers of mental health services with members drawn from national, regional and locally based organisations operating across England. As the only representative body for mental health VCSE providers, The Association is ideally placed to work across all types of service provision. Our members provide services covering the full range of provision from crisis care, liaison and diversion services, substance misuse services, complex needs, to advice and counselling to people with lived experience. Specialisms amongst our members include BME mental health, children and young people's mental health, housing and homelessness, employment support, IAPT and secure pathways – taking a whole-life and whole-person approach. Our members are united by their desire to improve the quality of care for people with mental health needs and the outcomes of the services provided.

2 Strategic priorities, objectives and activities

Overarching priorities

- Valuing the Voluntary and Community Sector and influencing sector growth
- Improving practice in mental health
- Ensuring the VCSE mental health provider sector is represented in mental health policy
- Increasing membership.

Strategic objectives

- Representing Members and Service User Involvement & Engagement
- Influencing Policy and Strategy
- Best Practice Profiling
- Shaping and Growing the Market for the Sector
- Facilitating Networks and Engagement
- Fostering Partnerships and Collaboration
- Development of Frameworks and Guidance
- Supporting Safer Practice
- Developing Positive Outcomes
- Supporting Equality and Parity in service Development and Implementation.

Support to members

- An authoritative, representative voice to policy makers and commissioners
- Access to key decision making forums, expertise, policy makers and influence
- Translation between policy and practice
- Breaking down complexities of the market place
- Market intelligence and access to new markets
- Innovative products & tools
- Support and navigation in difficult and changing times
- Collaborative development opportunities
- Confidence in strength of numbers.

3. Achievements and Performance

3.1 Social Care and Mental Health

The Mental Health and Wellbeing Policy and Oversight Group, co-chaired by Kathy Roberts and Mel Brooks (ADASS), continues to meet monthly with a range of stakeholders that comprise this Group. The Group's work support the work of the Department of Health and Social Care's social care and wider mental health policy teams. The Group's status as a key source of advice and intelligence to DHSC and other national partners was confirmed in the former's Winter Plan for Social Care 2022, published in October, which indicated the Department's commitment to work with the Group further in the context of its report of July on the necessary strategic and operational priorities and improvements, if local authority led and commissioned social care and support is to be effective for, and accessible to, people with mental illness, people experiencing poor mental health and their carers.

In the last year, The Association and the wider group, published a report on developing the mental health social care workforce, which focused on delivering the vision of the community mental health framework across the social care workforce and with the NHS, considering the priorities for a skilled and valued workforce. Furthermore, the Group made recommendations to the Government on the Mental Health and Wellbeing Winter Plan 2021/22, which were recognised and in the published Plan.

The Group continues to provide us with a vehicle to convey concerns for members as they endeavour to ensure business and service continuity in both NHS and LA commissioned mental health and wellbeing services. We have also been able to take the opportunity of the work of this Group to explore with LGA colleagues the potential for an improvement plan for social care and mental health and wellbeing services during and beyond the pandemic.

3.2 Recovery and Prevention

One of the key objectives of The Association is to promote recovery of mental health conditions. There is growing awareness that this should take in all areas of individuals' lives, a holistic process that focuses on more than clinical recovery. There is an emphasis on improved self-management, stronger social relationships, suitable and settled accommodation, improved chances in education and higher employment rates.

The Five Year Forward View also stated that there needs to be prevention plans in every community across England to help integrate public health, social care and housing and improve health outcomes, with mental health champions in every community.

The Association has continued to work with the Department of Health and Social Care and Public Health England to build resilience and promote prevention so that more people are supported earlier. The Association is also a founding partner of the Mental Health Challenge programme, and has continued its involvement in the delivery of support to Champions in Local Authorities.

In order to deliver improved prevention, crisis support and recovery The Association continues to promote whole system solutions and a more collaborative and integrated approach to the provision of services, with involvement in service transformation planning, case studies and knowledge and working closely with system partners

Public Benefit

- Better outcomes and service user leadership
- Improved understanding of value of VCSE input
- Improved commissioning
- Safety Planning and Information Sharing
- Values based Commissioning
- Service user involvement and influence on commissioning objectives
- Supporting quality in service delivery for members
- Taking forward research and learning which is publicly shared and widely accessible
- Foundational underpinning for person centred practice

- Supporting members with commissioning and regulation

3.3 Programmes

Health and Wellbeing Alliance

The Association became a key partner of the VCSE Health and Wellbeing Alliance in April 2017, which is jointly managed by the Department of Health and Social Care, Public Health England, and NHS England. The programme follows on from the Department of Health Third Sector Strategic Partnership Programme, which we were partners in from April 2010 – March 2017. The Association has been the lead partner, in both programmes, of a group of voluntary sector mental health organisations – the Mental Health Consortium - including Centre for Mental Health, Mental Health Foundation, Mind, National Survivor User Network, and Rethink Mental Illness. Since April 2021, The Association has led the Consortium in the newly-refreshed VCSE Health and Wellbeing Alliance and brought into the Consortium, a new partner, to represent the interests of children and young people – Young Minds. Together, we work to promote better outcomes for mental health service users and carers, making information and best practice more accessible. The Health and Wellbeing Alliance is made up of 18 other not-for-profit partners that represent communities who share protected characteristics or that experience health inequalities, and through our individual networks, the partners can link with communities and VCSE organisations across England. Through the Programme, the Mental Health Consortium links with System Partners to undertake specific agreed work programmes aimed at benefiting the strategic development of the not for profit mental health, and wider health and social care, sector.

The Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance has been established to:

- Facilitate integrated working between the voluntary and statutory sectors
- Support a two-way flow of information between communities, the VCSE sector and policy leads
- Amplify the voice of the VCSE sector and people with lived experience to inform national policy
- Facilitate co-produced solutions to promote equality and reduce health inequalities.

The objectives of the Programme are to:

- Encourage co-production in the creation of person-centred, community-based health and care which promotes equality for all;
- Enable the voice of people with lived experience and those experiencing health inequalities to inform national policy making and shape the delivery of services;
- Build evidence of sustainable, scalable solutions to mitigate and prevent inequalities impacting on the health and wellbeing of communities.

The Mental Health Consortium partners worked collaboratively to support the development of health and social care policy across government in order to:

- Influence change in health and social care to benefit those who access and rely on services, especially individuals needing mental health support
- Champion the cause for service users and carers with mental health conditions
- Interpret government policy for third sector mental health organisations for local application
- Mapping the health and social care reforms to facilitate engagement and input to the process of quality assurance and outcomes
- Advise and inform Department of Health and Social Care, NHS England and Public Health England about key issues in the health and social care field affecting the third sector
- Achieve shared objectives in improving health and well-being and reducing health inequalities
- Provide methods for disseminating information, policy developments and key programmes – enabling third sector organisations to engage in the delivery of health and well-being objectives.

Our work programmes with other Health and Wellbeing Alliance partners, leading to March 2022 have been diverse and each of the projects for 2021-2022 have made significant progress:

- Transitions in mental health services for young people

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

- Supporting people with mental health needs into a home
- Developing a social care narrative

Our other projects which supported the work of partners include:

- Addressing health inequalities: better understanding NHS health checks for people with a severe mental illness from Black, Asian and Minority Ethnic communities
- Tackling suicide inequalities in Gypsy and Traveller communities
- Tackling suicide inequalities in Gypsy and Traveller communities
- Understanding the need and barriers to accessing mental health and suicide prevention services for people seeking asylum
- Alcohol, suicide, and self-harm: engaging with people with lived experience to improve understanding of how to reduce the risk of self-harm and suicide by people with alcohol issues
- Economic disruption and disadvantage, suicidality, self-harm and addiction – lived experience and inequalities: understanding the impact of economic disruption and disadvantage on addiction, suicidality and self-harm
- Easier access to services and support for excluded groups and those that experience barriers
- Understanding the benefits of digital inclusion
- Support the workstreams linked to the Building the Right Support Oversight Board develop their engagement plans and support DHSC embed coproduction in the activities under the Building the Right Support governance
- Community based approaches to improving health and wellbeing and to reduce re-offending and the use of short custodial sentences.

Public Benefit

- This work assists other charities to represent the concerns of the people they serve by providing wider information about policy initiatives and sectoral representation into key areas of public policy development
- It also creates a two-way conduit whereby the mental health voluntary sector can positively influence and advocate with statutory bodies enabling the not-for-profit sector to have an active voice into decision making
- Fosters a culture of collaboration with strategic partners across all sectors and specialisms.

Enterprise Development Programme

The Association were chosen as the mental health sector partner for the EDP and is managing the programme until September 2022. It offers grant and learning support for SME social sector organisations operating in England, to help them test, implement or scale enterprise activities, in turn helping a diversification of income and increased organisational sustainability. Furthermore, there will be great opportunity for The Association to collect and communicate learning for the benefit of the wider Mental Health sector such as the critical factors of different enterprise models.

Between April 2021 and March 2022, we have welcomed a third and fourth cohort (totalling 30 more organisations) to the Programme to receive learning and grant support. The variety of organisations offers good diversity in terms of geography, trading ideas, and types of mental health support services offered. We have supported these organisations by allocating £741k, with an average of £23k per organisation, where 56% of grants allocated have been for increasing capacity. 44 days of support have been given by strategic finance consultants to improve financial systems, processes, and strategy. All organisations in the programme have been able to access ongoing learning opportunities funded by the programme, across the core subjects of social enterprise – e.g., business development, pricing, marketing, financial planning, social impact measurement. Additionally, all organisations have had access to facilitated peer learning sessions, where they meet monthly with a group of fellow charities / social enterprises who are exploring trading models and work through their challenges and objectives.

In the following financial year, there will be no further intakes of organisations. Instead, the focus will be on organisations still active in the programme, to encourage maximisation of the support available and capturing

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

learning around different trading activities which can be shared with the wider mental health sector. For example, we will be tendering for a piece of research and evaluation, specifically into trading models that involve training or employment of individuals with mental health issues. We're keen to understand the financial 'make-up' of these trading activities and if/how they can be operated impactfully and sustainably. Additionally, we will be working alongside our programme colleagues to identify potential pathways for organisations to receive follow-on support beyond the programme. We recognise following the programme many organisations are not yet at a point of financial self-sufficiency, so we're keen to identify other potential funders who may want to support such organisations, as this will increase the legacy of this programme.

Mental Health Sustainability Programme

In response to the pandemic, The Association, in coalition with 15 other leading mental health charities and social enterprises launched the Mental Health Sustainability Programme to help VCSE mental health service providers sustain their services during and after the pandemic. The Programme particularly seeks to support communities who have been disproportionately impacted by the pandemic due to existing health inequalities, such as minoritised communities, LGBT+, children and young people, older people, new mothers, and those in contact with the criminal justice system.

A key element of the Programme, facilitated by the funding received, was the employment of the Community Engagement Officer, now Senior Programme Officer, who has been integral to the functioning and expansion of the Programme.

Significantly, in this financial period, The Association reached its initial target of supporting more than 100 VCSE mental health service providers who had been disproportionately impacted by the pandemic through our Programme.

In 2021/22, we delivered a further small grants round; with funding going to an additional 29 mental health service providers who are focused on working in communities disproportionately impacted by the pandemic. This round built on our success and format (as well as additionally sought feedback) from the first round and again, we are pleased to have spent nearly £100,000 to support providers' sustainability.

We have developed a diverse offer of webinars and peer support forums (both monthly since April 2021); with webinars enhancing an organisation's realisation on "how I can have more impact" and offering a perspective that "challenged [them]", whilst peer support forums offered mutual support and connection in an environment that is "enjoyable...[and] a bit like a group supervision". Also, we have developed an ad-hoc sounding board and more partner-led and sector-led sessions for providers to receive more bespoke support from industry professionals (across the VCSE and our private sector partners).

We have also established a matched funded partnership with Creative Minds, a charity hosted by South West Yorkshire NHS Foundation Trust, which develops creative activities in partnership with community organisations to improve the health and wellbeing of Trust service users. The matched funding partnership with Creative Minds, a charity hosted by South West Yorkshire NHS Foundation Trust, continues in the form of a "community project". The interim updates on this project, which develops creative activities in partnership with community organisations to improve the health and wellbeing of Trust service users, has been incredibly positive, especially considering the continued lockdowns/after-effects and the effect on mental health, loneliness, creativity, community and cohesion.

Care Provider Alliance

From August 2020 until September 2021, our CEO, Kathy Roberts has chaired the Care Provider Alliance, which is collective, national voice of adult social care providers in England. The CPA brings together the ten national associations which represent private, voluntary and community sector providers and speaks for the whole of the adult social care sector including care homes, home care services, Shared Lives schemes and retirement communities.

The CPA represents providers of support to adults with physical, sensory or learning disabilities, people with mental ill-health, and older people. CPA members cover almost 10,000 organisations, employ over 600,000 staff,

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

and support an estimated 1 million people every day. The CPA has worked on the following priorities during 2020-2021

- **Coronavirus:** working with CPA members, central and local government to lobby for the crucial support care providers and their staff need. Developing guidance and addressing Provider issues
- **Business continuity:** developing a range of guidance to support business continuity.
- **EU Settlement Scheme:** developing guidance to help care providers to inform their staff and service users about the Scheme and how to apply.

The CPA's role is to:

- **coordinate** responses across all care providers
- **inform and influence** policymakers
- **provide leadership** to the sector
- **work in partnership** to improve care
- **build awareness** of the care provider sector

The CPA's unparalleled reach into the care sector enables us to collect, collate and communicate insights about new developments, innovations and market trends, and their impact on care providers and the people they support. Working with our network of CPA members, developing and sharing practical advice and guidance for care managers, owners and staff.

3.4 Stakeholder Engagement

Our communications outputs enable The Association to make information accessible to promote the work of the organisation to a wider audience. This enables The Association to reach out to organisations across the voluntary, private and statutory sector. It promotes dialogue across the sectors and the sharing of ways of working that have an impact on the quality of care provision.

During 2021/22 The Association hosted over 120 members meetings to foster engagement between the organisation and its membership, increase networking opportunities, outline our work programme to encourage involvement, as well as provide opportunities for VCSE providers to share best practice to improve service delivery. The meetings allowed members to share their experiences of the ongoing pandemic and the impact on service delivery, learn from and support each other, and share challenges and solutions. The engagement with members helped inform policy throughout the year. We have built on these engagement meetings by also hosting roundtable/ webinars events to inform the direction of mental health policy.

Communications

The Association has improved communications with our members by sending regular updates to inform colleagues of our work. A monthly bulletin is sent that consists of relevant updates on strategic system changes and allows members to respond actively to government and national strategy. Members also receive detailed updates regarding our work across our priority areas and policy updates containing vital information about policy developments and further opportunities for engagement.

Profiling the Sector and The Association

Promoting the role of providers in the sector is a key role for The Association as well as a better understanding of the role of the organisation. The Association has continued to pursue opportunities to raise the profile the sector and the contribution it makes in providing mental health services. Among the main activities have been:

- Influencing Government and Drivers at National, Regional and local level including; NHS England, interface with the DHSC and Public Health England, CQC, Care Provider Alliance, Think Local Act Personal Programme Board (TLAP), the Joint Commissioning Panel on Mental Health, Mental Health Strategic Partnership Board, and other National Forums
- Profiling Best and Better practice
- Facilitating Networks and engagement.

Public Benefit

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

- Communicating about our work with our members and other stakeholders is central to sharing information and experience and contributing to policy development with a view to improving services and understanding the sector contribution and impact
- Allowing for wider engagement with The Association
- Creating flexibility in dissemination and information sharing.

3.5 Strategic Influencing

The Association has been in a good position to influence the shaping of mental health policy and practice and has undertaken several key tasks in order to ensure that the not-for-profit mental health provider community has a clear voice:

- Representation and Chair of the Care Providers Alliance
- Representation in the Mental Health Leaders Group
- Chair of the Mental Health and Wellbeing Policy and Oversight Group
- Representation on the Think Local Act Personal Programme Board, co-chairing the Self-Directed Support Group
- Representation and Participation in CQC External Reference Panels
- Care and Support Programme Board
- CQC ASC Trade association monthly meetings
- Representation and Participation in the All-Party Parliamentary Group sessions

3.6 Plans for Future Periods

The Association will continue to

- Advocate clearly so that ministers and system partners obtain a greater understanding of the breadth and depth of the Mental Health Voluntary and Community Sector to better utilise existing social capital
- Stand in an independent space to engage and be representative of the wider Mental Health and Community Sector of providers
- Emphasise equity, concentrating on creating a whole system service with an even spread across providers of mental health services; based on ability to deliver what people want and need irrespective type of provider.
- Produce guidelines and briefings for ministers and commissioners that contain a more consistent and clarified understanding of outcomes and benefits of services provided, including cost analysis, properly showcasing the added value of the voluntary and community sector
- Endorse and encourage a better understanding of integration and contribution to whole system solutions beyond looking at process and joint resources
- Endorse and encourage overall improved commissioning and viable contracting, that demonstrates a clear understanding of the needs of a changing and evolving health and care landscape
- Endorse and encourage a sustained commitment to better resourcing of prevention in mental health, with the foresight that such investment can save both resource and human lives
- Market widely the qualities of Mental Health Voluntary and Community Sector providers, and encourage their involvement in the development of regulation and statute, ensuring that there is an open and responsive dialogue between Voluntary and Community Sector practice and statute
- Endorse and encourage the current commitment to creating parity of esteem for mental health care, and would like to encourage Government to continue the commitment to a reduction in waiting times and standards for mental health, to improve access for people to appropriate care
- Encourage policymakers to take note of the weight that regulation and commissioning requirements can impose on high quality smaller scale voluntary and community sector organisations, resulting in an inability to retain or support workforce, and a reduction in the quality of overall practice and support
- Encourage policymakers to take note of existing innovation and pilot models already existing in the voluntary and community sector and to allocate resources for a wide range of mental health services, to ensure there is a choice for all
- Showcase and encourage developing partnership models that bring NHS and voluntary and community sector providers together effectively to create new and more flexible collaborative whole system vehicles delivering a more holistic range of person-centred services.

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

4. Governance

The Chief Executive is responsible to the Chair for organisational management and supporting the Governance. The Board of Trustees meets quarterly where quarterly performance and strategies are discussed. The Board of Trustees then delegate operational responsibility to the Chief Executive who is supported by staff in delivering The Association's objectives.

Board of Directors/Trustees

The Association's Board is elected from the membership at Chief Executive level of organisations involved in the mental health sector. Stephen Shrubbs resigned in November 2021 and Dr Sri Kalidindi was appointed on 3 November 2021. Sanjay Shah, Finance Director for Certitude was appointed as Treasurer in December 2009. Trustees are familiar with the aims of the organisation through their work in the sector. Training is provided as required to assist Trustees in making decisions to benefit the work of The Association.

Staff

The Association employed a total of 11 staff during the year:

Kathy Roberts	Chief Executive Officer - FT
Dania Hanif	Head of Policy and Programmes - FT
Duncan Tree	Director of Policy and Partnerships – FT
Greg Woolley	Social Enterprise Development Manager – FT
Jyoti Shah	Finance Officer - PT
Hayley Alton	Community Engagement Officer - FT
Daniah Hafez	Project Support Coordinator (contracted ended 31 October 2021)
Caitlin McFee	Project Lead, MHSP (one-year secondment funded by her employer Linklaters LLP – ended 2 September 2021)
Dan Garbutt	Communications and Media Lead – PT (started December 2021)
Cheryl Hollis	Operations and Business Support Lead – PT (started January 2022)
Ella Dunthorne	Digital Content Assistant – PT (started January 2022)

Membership

The Association had 182 members (plus 137 Local Mind associations plus 11 associate members) at the year end. A full list of members at 31st March 2021 is given on page 11.

5. Financial Review

The Association has continued to manage resources effectively particularly during the past 12 months where we have continued to see a significant tightening of funds available across the sector as we continue to work through the impact of the Covid-19 pandemic. Grant income decreased in 2021/22 to £545,509 (2020/21: £834,286), this was primarily as a result of some large, restricted funds received in 2020/21.

At present we are budgeting for new income of £351,004 for 2022/23, however the ongoing impact of cost-of-living price increases and the economic climate we face could result in a reduction of grant income.

In 2020/21 we received £503,750 from the private sector to lead on the Mental Health Sustainability Programme and £304,539 was carried forward to 2021/22. We received another donation of £50,000 in 2021/22 for this programme.

We also received other grant income of £495,009 for several different programmes. This includes £93,000 from NHS England for a joint work programme 'Tackling Inequalities in Mental Health Through Personalised Care' with the Race Equality Foundation, and £90,000 from the Department of Health and Social Care for the Health and Wellbeing Alliance (HWA) and £52,500 for an HWA Social Care Subgroup Project.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

At the year end the financial statements show a deficit of £38,550 (2020/21: £423,179 surplus). The main reason for the deficit is due to expenditure incurred on restricted funds, being large grant awards made during the year. Overall expenditure has been managed very well leaving £75,643 of unrestricted reserves to be used next year if required.

Membership subscription in 2021/22 has increased to £87,229 (2020/21: £80,114) due to several small organisations joining our membership. The full membership list is on page 11.

The increase in debtors is a result of the work on The Light Touch Project invoiced to The National Care Forum in March 2022 but received in May 2022.

The increase in creditors is a result of invoices being received at the end of March 2022 but paid in April 2022. Creditors have been managed well by the team during the year thus maximising the overall cash position.

Reserves policy

The Board have agreed to keep a minimum of 3 months operating costs as reserves to ensure the on-going viability of the organisation. The Association is reliant on membership and grant income which remains difficult to maintain and has fluctuated over the past few years. To ensure The Association can continue to provide good effective support to its members it needs to ensure it has sufficient reserves to manage further reduction in income and protect its core support that it provides.

Following the surplus generated on unrestricted funds for 2021/22, the general reserves have increased from £297,107 to £372,750. Restricted funds have decreased from £417,767 to £303,574.

The reserves target is currently being exceeded with reserves of over 12 months based on 2022/23 budgeted expenditure.

Going Concern

We have set out above a review of financial performance and the organisations reserves position. We have adequate financial resources and are well placed to manage the business risks. Our planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We believe that there are no material uncertainties that call into doubt the organisation's ability to continue. The accounts have therefore been prepared on the basis that the organisation is a going concern.

Detailed cash flow projections have been undertaken for the next 24 months and there are no material changes projected to both cash and reserves. We can manage our expenditure should the need arise where our income is reduced.

Staff Remuneration

Our approach to remuneration is designed to ensure we can attract and retain the talented and motivated people we need to achieve our mission and deliver our strategic goals. It is applied consistently across the organisation. We aim to pay competitively in the not-for-profit sector within the context of affordability. The Chief executive reviews and recommends pay reviews for all staff to the Board, the chair reviews and recommends the Chief Executive's remuneration review to the Board.

Related parties

The organisations for which the Trustees hold Chief Executive Positions are also members of The Association with membership fees paid under the same terms as for all members. The Association holds the lead and co-ordination role for the Health and Wellbeing Alliance funded by the Department of Health and Social Care. Funds are distributed to the Mental Health Foundation, Mind National, National Survivor User Network, Rethink Mental Illness and Centre for Mental Health, where appropriate. Please see note 17 for any related party transactions.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

MEMBERSHIP

1. Action for Aspergers
2. Addictions North East
3. Addictions UK
4. Advance
5. Al Hurraya
6. Alridha Foundation
7. Anne Robson Trust
8. Anorexia and Bulimia Care
9. Anxiety UK
10. Anxious Minds
11. Arterne: Enriching the next generation CIC
12. Artlift
13. Asian Family Counselling Service (AFCS)
14. Asperger's Children and Carers Together
15. Autism Family Support Oxfordshire
16. Baby Umbrella
17. Bipolar UK
18. Black Health Initiative
19. BLAM UK
20. Blue Stone Collaborative
21. BreakThru
22. Bridge Support
23. Bridges for Children CIC
24. Care in Mind
25. CASSPLUS
26. Centre for Better Health
27. Centre of Wellbeing, Training & Culture (CWTC)
28. Certitude
29. Chapter Mental Health
30. Chasing the Stigma
31. Chester Sexual Abuse Support Service
32. Chilli Studios
33. Chiltern Music Therapy
34. Choice Support
35. Choices Islington
36. Chrysalis Care New Generation
37. Citizen Coaching
38. Cocoon Kids - Creative Counselling and Play Therapy CIC
39. Community Glue
40. Coping with Cancer North East
41. Crea8ing Careers
42. Creativity Works
43. Cycling Minds CIC
44. Deaf-initely Women
45. Dementia Friendly Keighley
46. Encompass (Dorset)
47. Every Life Matters
48. Family Compass
49. First Steps ED
50. Free Your Instinct
51. Growing Well
52. Hackney Herbal CIC
53. Hammersley Homes
54. Happy Times Activities
55. hArt
56. Heads2minds
57. Headssup CIC
58. HoardingUK Ltd
59. Home Start Elmbridge
60. Home Start South & West Devon
61. Hope for the Community
62. HOPE- South Yorkshire Fire, Road and Water-related Trauma Support for Families
63. I Can Do That! CIC
64. Illuminate
65. Imagine Independence
66. In Your Corner
67. Independent Mental Health Network
68. Infinite Wellbeing C.I.C.
69. Just for Women
70. Just Psychology CIC
71. Kab's & Kabs cares CIC
72. KAG Advocacy
73. Kanlungan Filipino Consortium
74. Keren
75. KeyRing
76. Kids Inspire
77. Kindred Minds
78. Little Miracles Charitable Incorporated Organisation
79. Living Well Consortium
80. London Nightline
81. Make A Difference
82. Make a move
83. Making space
84. ManHealth
85. Maytree
86. Mental Health Concern
87. Mental health Matters
88. MHFA England
89. MhIST (Mental Health Independent Support Team)
90. Mindful Peak Performance CIC
91. Minds Ahead
92. Moodswings
93. Mosac
94. Mosaic Clubhouse
95. Mthwakazi Queens
96. Multicultural Resource Centre
97. Mums Aid
98. Music24
99. Muslim Women's Council

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

- | | |
|--|---|
| 100. Muslim Youth Helpline | 141. Studio Upstairs |
| 101. Mustaqbill (Future) Foundation | 142. Suicide Prevention Bristol Charity |
| 102. N Compass | 143. Support ME Maternal Project |
| 103. Next Chapter NW CIC | 144. Swans CIC |
| 104. NIWE Eating distress service | 145. Sydenham Garden |
| 105. No5 Young People | 146. Talk for Health |
| 106. North East Wellbeing | 147. Tandem |
| 107. North London Music Therapy | 148. Taraki Wellbeing |
| 108. Oakleaf Enterprise | 149. The 180 Programme CIC |
| 109. OCD UK | 150. The Brave Project Community Interest Company |
| 110. Off the record - BANES | 151. The Cellar Trust |
| 111. Open Briefing | 152. The Centre for Specialist Educational Assistance Ltd |
| 112. Open Door Charity | 153. The Craig Tyler Trust |
| 113. Our Place Support CIC | 154. The Flowhession Foundation |
| 114. Our Time | 155. The Grow Project |
| 115. Oxfordshire Chinese Community and Advice Centre (OCCAC) | 156. The Harbour Project |
| 116. Oxygen | 157. The Listening Place |
| 117. PANDAS Foundation | 158. The Mentor Ring |
| 118. Parenting Project | 159. The Parent House |
| 119. Pregnancy Crisis Care (Plymouth & SE Cornwall) | 160. The Recovery Circle |
| 120. Radiate Arts C.I.C | 161. The Restoration Trust |
| 121. RAHAB PROJECT | 162. The Sporting Memories Foundation |
| 122. Reach Out for Mental Health | 163. The Warrior Programme |
| 123. Recovery Republic CIC | 164. Together for Mental Wellbeing |
| 124. Relate Chesterfield and North Derbyshire | 165. Triumph Over Phobia UK |
| 125. Rethink Mental Illness | 166. Turning point |
| 126. Reverse The Trend Foundation | 167. Tyneside Women's Health |
| 127. Richmond Fellowship | 168. Ultimate Counselling |
| 128. Ripple Suicide Prevention Charity | 169. Unforgettable Experiences |
| 129. Sandwell African Caribbean Mental Health Foundation | 170. Viewpoint (Herts Viewpoint) |
| 130. Scarborough Survivors | 171. Voades |
| 131. Seaview | 172. Voice Ability |
| 132. Second Step | 173. Warrington Community living |
| 133. Seed of Hope | 174. Winchester Youth Counselling |
| 134. Self Help Services | 175. Wish |
| 135. Sheffield Flourish | 176. Working Well Trust |
| 136. Somewhere House Somerset | 177. Worth-it Positive Education CIC |
| 137. South Asian Health Action | 178. Yellow House |
| 138. Southside Rehab | 179. YIS |
| 139. Space to Breathe CIC Ltd | 180. You Raise Me Up |
| 140. Step Out Mentoring (The Wells Trust) | 181. Youth Arts and Health Trust |
| | 182. Youthline Ltd |

ASSOCIATE MEMBERSHIP

- | | |
|--|---|
| 1. Agenda | 6. Mental Health Foundation |
| 2. Centre for Mental Health | 7. Mental Health North East |
| 3. Consortium - The National LGB&T partnership | 8. Mind |
| 4. Faith Action | 9. National Survivor User Network |
| 5. Men's Health Forum | 10. Suicide Prevention and Intervention |
| | 11. Volition |

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

Trustees' Responsibilities in Relation to the Financial Statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 13 July 2022 and was signed on its behalf, by:



Dr Sridevi Kalidindi
Chair



Sanjay Shah
Treasurer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
FOR THE YEAR ENDED 31 MARCH 2022**

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2022 which are set out on pages 15 to 27.

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Michael Tourville ACA
Beever and Struthers
Chartered Accountants**

**15 Bunhill Row,
London,
EC1Y 8LP**

Date: 15 September 2022

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account)

FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Income and Endowments from:					
Investments:					
Investment income	3	115	-	115	153
Charitable activities:					
Grants receivable		2,750	545,509	548,259	840,492
Membership services, conferences and events		87,229	-	87,229	80,114
	2	89,979	545,509	635,488	920,606
Total incoming resources		90,094	545,509	635,603	920,759
Expenditure on:					
Charitable activities	4	14,451	659,702	674,153	497,580
Total resources expended		14,451	659,702	674,153	479,580
Net incoming / (expenditure)	7	75,643	(114,193)	(38,550)	423,179
Transfers between funds		-	-	-	-
Net movement in funds		75,643	(114,193)	(38,550)	423,179
Reconciliation of funds:					
Total funds brought forward		297,107	417,767	714,874	291,695
Total funds carried forward		372,750	303,574	676,324	714,874

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The notes on pages 18 to 27 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**COMPANY NUMBER: 05536120****STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2022**

	Notes	£	2022 £	£	2021 £
FIXED ASSETS					
Tangible assets	9		2,832		2,792
Intangible assets	10		-		-
CURRENT ASSETS					
Debtors	11	44,227		3,524	
Cash at bank and in hand		666,028		735,301	
		710,255		738,825	
CREDITORS: amounts falling due within one year	12	(36,763)		(26,743)	
NET CURRENT ASSETS			673,492		712,082
TOTAL NET ASSETS	13		676,324		714,874
CHARITY FUNDS					
Unrestricted reserves	14		372,750		297,107
Restricted reserves	15		303,574		417,767
			676,324		714,874

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102).

The financial statements on pages 14 to 26 were approved and authorised for issue by the Trustees on 13 July 2022 and signed on their behalf, by:



Dr Sridevi Kalidindi
Chair



Sanjay Shah
Treasurer

The notes on pages 18 to 27 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

		2022	2021
		£	£
	Notes		
Cash flow from operating activities			
Net cash flow from operating activities	i	(67,933)	473,845
Cash flow from investing activities			
Investment income		115	153
Purchase of tangible fixed assets		(378)	(3,235)
Net cash provided by/(used in) investing activities		(263)	(3,082)
Cash flow from financing activities		-	-
Net Cash provided by/(used in) financing activities		-	-
Change in cash and cash equivalents in the year		(69,273)	470,763
Cash and cash equivalents brought forward		735,301	264,538
Cash and cash equivalents carried forward		666,028	735,301
Cash and cash equivalents consist of:			
Cash at bank and in hand		666,028	735,301
Note i			
Net movement in funds		(38,550)	423,179
Depreciation		1,416	3,334
Investment income		(115)	(153)
Decrease/(increase) in debtors		(40,703)	37,425
Increase/(decrease) in creditors		10,019	10,060
Net cash inflow from operating activities		(67,933)	473,845

The notes on pages 18 to 26 form an integral part of these financial statements.

1. ACCOUNTING POLICIES

Legal Status

Voluntary Sector Mental Health Providers Forum is a charitable company limited by guarantee (Charity number 1120222, Company number: 05536120) with the Charity Commission incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is 3rd Floor Watson House, 54 Baker Street, London, W1U 7BU. The nature of the charity's operations and principal activities are supporting voluntary sector mental health organisations in influencing mental health practice and policy.

Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost basis of accounting and are presented in sterling £.

As a public benefit entity, Voluntary Sector Mental Health Providers Forum, has applied the public benefit entity 'PBE' prefixed paragraphs of FRS 102.

Tangible fixed assets

Tangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Depreciation is calculated so as to the write off cost of fixed assets over the estimated useful lives of the assets concerned as follows:

Computer equipment	Over 3 years
--------------------	--------------

Intangible fixed assets

Intangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Amortisation is calculated so as to the write off cost of fixed assets over the estimated useful lives and their useful lifespans of the assets concerned as follows:

Software	Over 3 years
----------	--------------

Income

Membership income is recognised over the year to which it relates, net of VAT.

Revenue grants are credited to the financial statements when received or receivable, whichever is earlier, unless they relate to a specific future year, in which case they are deferred.

Expenditure

Resources expended are recognised in the year in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Costs are allocated to activities where directly attributable. Support costs are apportioned based on an estimate of staff time spent on each activity.

Governance costs include costs incurred in meeting constitutional and statutory requirements.

1. ACCOUNTING POLICIES (continued)

Fund accounting

The general fund comprises those monies that may be used towards meeting the charitable objectives at the discretion of the Trustees.

The restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor imposed conditions. Expenditure meeting the relevant criteria is charged to this fund.

Taxation

The company is a registered charity and therefore is not liable for income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

Pension costs

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charitable company to the fund. The charitable company has no liability under the scheme other than for the payment of those contributions.

Going Concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Financial instruments

Financial instruments such as loans, accounts payables, accounts receivables and cash are classified either as basic or complex. All financial instruments are initially measured at their fair values at the time the transactions occur. Subsequently all basic instruments are measured at amortised cost and all complex financial instruments are measured at a fair value through the comprehensive income.

Financial instruments held by the charity are classified as follows:

- Financial assets such as cash are held at cost,
- Financial assets such as cash, current asset investments and receivables are classified as loans and receivables and held at amortised cost using the effective interest method,
- Financial liabilities such as bonds and loans are held at amortised cost using the effective interest method.

Judgements and key sources of estimation uncertainty

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

- Depreciation rates for tangible fixed assets,
- Amortisation rates for intangible fixed assets.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Grants receivable				
Health and Wellbeing Alliance	2,750	90,000	92,750	86,206
Health and Wellbeing Alliance Social Care Subgroup Project Access	-	52,500	52,500	
National Care Forum	-	138,968	138,968	137,688
NHS East of England	-	33,562	33,562	30,963
CAF Community Mental Health Transformation	-	102,750	102,750	29,975
Santander Internship Funding	-	40,000	40,000	-
CPA Additional Work Funding	-	-	-	-
Mental Health Sustainability Programme	-	37,229	37,229	51,910
Donations	-	50,000	50,000	503,750
	3,101	500	3,601	-
	5,851	545,509	551,360	840,492
Membership services, conferences and events				
Membership subscriptions	84,128	-	84,128	80,114
	84,128	-	84,128	80,114
Total	89,979	545,509	635,488	920,606

In 2021, of the total income from charitable activities, £90,094 was unrestricted and £545,509 was restricted.

3. INVESTMENT INCOME

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Bank deposit interest	115	-	115	153

In 2021 all income from investments was unrestricted.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

4. TOTAL RESOURCES EXPENDED

	Direct staff costs £	Direct costs £	Support costs £	2022 Total £	2021 Total £
<i>Charitable activities</i>					
Membership services, conferences and events	-	-	14,451	14,451	13,144
Health and Wellbeing Alliance	77,512	11,988	500	90,000	80,000
Health and Wellbeing Alliance Social Care Subgroup Project	41,750	10,750	-	52,500	-
Access	44,346	52,760	1,737	98,843	128,862
National Care Forum	22,454	29,937	420	52,811	25,955
NHS East of England	26,436	64,720	1,285	92,441	18,024
Rethink Mental Illness	25,981	-	500	26,481	-
CPA Additional Funding	-	-	465	465	17,260
Strategic Partnership Programme	1,139	-	-	1,139	15,124
Mental Health Sustainability Programme	78,934	164,957	1,132	245,023	199,211
Total resources expended	318,552	335,112	20,490	674,154	497,580

Total support costs of £19,490 (2021: £29,067) are analysed in Note 5.

5. SUPPORT COSTS

	2022 £	2021 £
Wages and salaries	15,104	14,186
Governance	3,611	3,524
Premises costs	589	4,203
Office costs	282	1,187
IT	904	5,967
	20,490	29,067

Total governance costs of £2,611 (2021: £3,524) are analysed in Note 6.

6. GOVERNANCE COSTS

	2022 £	2021 £
Travel, welfare, and sustenance	49	-
Governance and Board Meetings	1,021	13
Consultancy and Legal Fees	719	1,774
Independent Examination	1,053	1,004
Accounts preparation	769	733
	3,611	3,524

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

7. NET OUTGOING RESOURCES BEFORE TRANSFERS

	2022	2021
	£	£
This has been arrived at after charging (excluding VAT):		
Independent Examiner's remuneration	1,053	1,004
Accounts preparation	769	733
	1,822	1,737

In common with many other organisations of our size and nature we use our Independent Examiner to assist with the preparation of the financial statements.

8. STAFF COSTS AND KEY MANAGEMENT PERSONNEL REMUNERATION

	2022	2021
	No.	No.
The average number of persons employed during the year expressed in full time equivalents (35 hours per week) was:		
Number	7	7
Full time equivalents	6	6
	2022	2021
	£	£
Staff costs during the year were as follows:		
Wages and salaries	288,247	231,869
Social security costs	26,726	20,739
Pension costs	22,008	18,279
	336,981	270,887

The number of employees who received total employee benefits (excluding employer pension costs) of more than £60,000 is as follows:

	2022	2021
	Number	Number
£60,000-£70,000	-	-
£70,000-£80,000	-	1
£80,000-£90,000	1	-

No other employees earned over this amount (2021: 0). The highest paid staff member received pension contributions in the year of £6,409 (2021: £6,195).

The Charity considers its key management personnel comprise the Trustees and the Chief Executive Officer.

No Trustee received any remuneration in respect of their services (2021: £0). Trustees received expenses reimbursed during the year to the value of £0 in relation to travel costs (2021: £0).

The total amount of employee benefits received by other key management personnel is £96,355 (2021: £83,633).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

9. TANGIBLE FIXED ASSETS

	Computer Equipment £	Total £
Cost:		
At 1 April 2021	6,313	6,313
Additions	378	378
Disposals	-	-
At 31 March 2022	6,691	6,691
Depreciation:		
At 1 April 2021	2,444	2,444
Charge for year	1,415	1,415
At 31 March 2022	3,859	3,859
Net Book Value:		
At 31 March 2022	2,832	2,832
At 31 March 2021	3,869	3,869

10. INTANGIBLE FIXED ASSETS

	Software £	Total £
Cost:		
At 1 April 2021	-	-
Additions	-	-
Disposals	-	-
At 31 March 2022	-	-
Amortisation:		
At 1 April 2020	-	-
Charge for year	-	-
At 31 March 2021	-	-
Net Book Value:		
At 31 March 2021	-	-
At 31 March 2020	-	-

11. DEBTORS

	2022 £	2021 £
Trade Debtors	43,315	2,700
Prepayments	912	824
Accrued Income	-	-
	44,227	3,524

All debtors are due within one year.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

12. CREDITORS: Amounts falling due within one year

	2022	2021
	£	£
Trade Creditors	33,360	12,645
Taxation and social security	1,952	-
Accruals and Deferred Income	1,451	5,432
Other creditors	-	8,666
	36,763	26,743

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Fixed assets	2,832	-	2,832	2,792
Current assets	406,681	303,574	695,803	738,825
Creditors: amounts falling due within one year	(36,763)	-	(36,763)	(26,743)
	372,750	303,574	661,872	714,874

14. UNRESTRICTED FUNDS

	Balance at 1 April 2021 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2022 £
General Funds	297,107	90,094	(14,451)	-	372,750
	297,107	90,094	(14,451)	-	372,750

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of grants to be applied for specific purposes.

	Balance at 1 April 2021 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Strategic Partnership Programme	1,139	-	(1,139)	-	-
Health and Wellbeing Alliance	-	90,000	(90,000)	-	-
Health and Wellbeing Alliance Social Care Subgroup Project	-	52,500	(52,500)	-	-
Access	30,671	138,968	(98,843)	-	70,796
National Care Forum	24,817	33,562	(52,811)	-	5,568
NHS East of England	21,951	102,750	(92,441)	-	32,260
CPA Additional Funding	34,650	37,229	(465)	-	71,414
Mental Health Sustainability Programme	304,539	50,500	(245,022)	-	110,017
Rethink Mental Illness	-	40,000	(26,481)	-	13,519
	417,767	545,509	(659,702)	-	303,574

The Strategic Partnership Programme was funded for three years by the Department of Health starting April 2010 to enable policy and practice collaboration bringing together seven national mental health networks co-ordinated by the Association of Mental Health Providers (formerly known as MHPF) to work with the Department of Health.

The VCSE Health and Wellbeing Alliance is a key element of the VCSE Health and Wellbeing Programme; a partnership between voluntary sectors and the care system to provide a voice and improve the health and wellbeing for all communities.

Access are funding a three-year Enterprise Development Programme to support the small and medium sized enterprise sector in its diversification of income streams. The Association has been selected to deliver this programme as the main mental health sector partner.

National Care Forum, on behalf of the Care Provider Alliance, are sub-contracting The Association alongside 9 other CPA partner organisations, with funding provided by the Department of Health and Social Care, to support policy priorities through the collective representation of the health and social care sector.

NHS East of England has funded The Association to deliver a programme of work related to digital access to personalised mental health care. At year end, this work has been adapted to focus on the response to the pandemic.

Care Provider Alliance (CPA) Additional Funding covers grants from the Department of Health and Social Care and others to the CPA programme lead, which is the National Care Forum and they work with the 9 other CPA partners including us.

The Mental Health Sustainability Programme is to aim to sustain services and improve and protect peoples' mental health and wellbeing during and after the coronavirus pandemic. Donations were made from the private sector for this programme.

16. LIABILITY OF MEMBERS

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

The charity is constituted as a company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

17. RELATED PARTY TRANSACTIONS

All the Directors hold senior positions at organisations that are either members of The Association or related non-provider organisations. Membership fees are paid to the Forum under the same terms as for all members.

The Association holds the co-ordination role for the VCSE Health and Wellbeing Alliance funded by the Department of Health and Social Care. The Association receives all funding and makes payments to the partners, these are:

Mental Health Foundation
Mind (National)
National Survivor User Network (NSUN)
Rethink Mental Illness
Central for Mental Health (CMH)

The Finance Officer, Jyoti Shah, is the wife of the Treasurer, Sanjay Shah. The Finance Officer received gross salary of £11,039 in the year and employer pension contributions of £883 (2021: gross salary £11,142 and employer pension contributions of £891). The Trustees are satisfied that the salary is at or below market rate for similar roles in the area.

18. TAXATION

By virtue of s.478 Corporation Tax Act 2010, the charitable company is exempt from Corporation Tax.

19. FINANCIAL INSTRUMENTS

	2022 £	2021 £
The Charity's financial instruments may be analysed as follows		
Financial Assets		
Financial Assets Measured at Cost		
Cash and Cash Equivalents	666,028	735,301
Financial Assets Measured at Amortised Cost		
Trade Debtors	44,227	2,700
Accrued income	-	-
Total Financial Assets	710,255	738,825
Financial Liabilities		
Financial Liabilities Measured at Amortised Cost		
Trade Creditors	33,360	12,645
Other Creditors	-	-
Total Financial Liabilities	33,360	26,743

20. OPERATING LEASES

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

The Charity had no operating lease commitments as at 31 March 2022 (2021: Nil).

21. CAPITAL COMMITMENTS

The Charity had no capital commitments as at 31 March 2022 (2021: Nil).

22. ANALYSIS OF CHANGES IN NET DEBT

	2021	Cash flows	2022
	£	£	£
Short and long term loan liabilities	-	-	-
Total loan liabilities	-	-	-
Cash and cash equivalents	735,301	(69,273)	666,028
Change in debt resulting from cashflows	735,301	(69,273)	666,028

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

England & Wales - Charity number 1120222

Accounts

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
(A Company Limited by Guarantee)

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

Company number: 05536120
Charity number: 1120222

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

Contents	Page
Trustees' Report	1 – 14
Independent Examiner's Report	15
Statement of Financial Activities	16
Statement of Financial Position	17
Statement of Cash Flows	18
Notes to the Financial Statements	19 – 28

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

REFERENCE AND ADMINISTRATIVE DETAILS

FOR THE YEAR ENDED 31 MARCH 2021

Status: The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

Company Number: 05536120

Charity Number: 1120222

Registered Office and Operational Address: 3rd Floor Watson House, 54 Baker Street, London, W1U 7BU

Trustees The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1 April 2020 up to the date of approval of these financial statements were as follows:

Stephen Shrubbs	- Chair
Sanjay Shah	- Treasurer
Aileen Edwards	- CEO Second Step
Brendan Hill	- CEO Mental Health Concern (resigned 31 March 2021)
Derek Caren	- CEO Richmond Fellowship
Mark Winstanley-Kimmis	- CEO Rethink Mental Illness
Rachel Peacock	- CEO Making Space
Julie Layton	- CEO Advance UK
Sarah Hughes	- CEO Centre for Mental Health
Steve Gilbert	- Independent Consultant
Steve Appleton	- CEO Contact Consulting
Linda Bryant	- CEO Together for Mental Wellbeing
Margaret Hanson	- CEO Imagine Independence
Sarah Maguire	- CEO Choice Support
Ashwin Mathews	- CEO Centre for Better Health

Chief Executive Officer and Company Secretary: Kathy Roberts

Bankers: CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4QT

Independent Examiner: Michael Tourville
Beever and Struthers
15 Bunhill Row
London
EC1Y 8LP

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) published in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and the Companies Act 2006 in preparing the annual report and financial statements of the charity.

Structure, governance & management

The organisation is a charitable company limited by guarantee, incorporated on 15 August 2005 and registered as a charity on 24 July 2007.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association.

Aims and public benefit

Voluntary Sector Mental Health Providers Forum trading as the Association of Mental Health Providers (The Association), formerly Mental Health Providers Forum, is a representative organisation for providers of mental health and wellbeing services. The Association want service users to have access to joined up, seamless services from the organisations that support them, and are committed to working in equal partnership with statutory agencies involved in providing health and social care support for people with mental health needs.

We facilitate this through supporting and promoting effective service delivery, information exchange and the sharing of best practice across the voluntary, statutory and private sectors.

Our charitable objects:

To relieve the needs of people with mental health conditions in England and Wales by:

- Improving the range, quality and volume of services for people with mental health needs
- Contributing to policy development with a view to improving services
- Sharing information and experience with a view to improving services.

Our values

A society where everyone with mental health concerns has the right to get the support they need from a wide range of providers, implementing demonstrable values which include:

- Respecting service user perspectives, empowerment and choices
- Believing in and supporting recovery and social inclusion
- Commitment to collaboration, sharing and partnership
- Commitment to service excellence, innovation, evidence-based practice and continuous improvement
- Developing and promoting the unique value-based contribution of the voluntary mental health sector.

Statement of Public Benefit

The Directors confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity. How the charity delivers public benefit is explained under section 3 "Current Activities and Work Programmes" below.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

1 Strategic overview

Association of Mental Health Providers continues to be the leading representative body for voluntary sector providers of mental health services with members drawn from national, regional and locally based organisations operating across England. As the only representative body for mental health VCSE providers, The Association is ideally placed to work across all types of service provision. Our members provide services covering the full range of provision from crisis care, liaison and diversion services, substance misuse services, complex needs, to advice and counselling to people with lived experience. Specialisms amongst our members include BME mental health, children and young people's mental health, housing and homelessness, employment support, IAPT and secure pathways – taking a whole-life and whole-person approach. Our members are united by their desire to improve the quality of care for people with mental health needs and the outcomes of the services provided.

2 Strategic priorities, objectives and activities

Overarching priorities

- Valuing the Voluntary and Community Sector and influencing sector growth
- Improving practice in mental health
- Increasing membership.

Strategic objectives

- Representing Members and Service User Involvement & Engagement
- Influencing Policy and Strategy
- Best Practice Profiling
- Shaping and Growing the Market for the Sector
- Facilitating Networks and Engagement
- Fostering Partnerships and Collaboration
- Development of Frameworks and Guidance
- Supporting Safer Practice
- Developing Positive Outcomes
- Supporting Equality and Parity in service Development and Implementation.

Support to members

- An authoritative, representative voice to policy makers and commissioners
- Access to key decision making forums, expertise, policy makers and influence
- Translation between policy and practice
- Breaking down complexities of the market place
- Market intelligence and access to new markets
- Innovative products & tools
- Support and navigation in difficult and changing times
- Collaborative development opportunities
- Confidence in strength of numbers.

3. Achievements and Performance

3.1 Social Care and Mental Health

Our CEO, Kathy Roberts, was invited to co-chair the Department of Health and Social Care's Mental Health and Wellbeing Advisory group, reporting to the Social Care Taskforce chaired by David Pearson, Director of Social Care at DHSC. The Advisory group met four times between July and August and submitted a final report with their advice and recommendations to be considered by the Social Care Taskforce/DHSC. The themes that were discussed during the sessions included the impact of Covid-19 on people with mental health needs; impact of Covid-19 on mental health service providers and commissioners; and the capacity and wellbeing of the workforce and volunteers. Membership of the Advisory Group consisted of VCSE mental health service providers, ADASS, LGA, NHSE&I, PHE, DHSC, people with lived experience, and others.

The Social Care Task Force has now been reconstituted as an advisory and implementation group, which Kathy continues to represent the mental health and social care sector on. The Association continues to support the work of the Group through the Mental Health and Wellbeing Policy and Oversight Group (replacing the advisory group), which continues to be chaired by Kathy Roberts.

The Group continues to provide us with a vehicle to convey concerns for members as they endeavour to ensure business and service continuity in both NHS and LA commissioned mental health and wellbeing services. We have also been able to take the opportunity of the work of this Group to explore with LGA colleagues the potential for an improvement plan for social care and mental health and wellbeing services during and beyond the pandemic.

3.2 Recovery and Prevention

One of the key objectives of The Association is to promote recovery of mental health conditions. There is growing awareness that this should take in all areas of individuals' lives, a holistic process that focuses on more than clinical recovery. There is an emphasis on improved self-management, stronger social relationships, suitable and settled accommodation, improved chances in education and higher employment rates.

The Five Year Forward View also stated that there needs to be prevention plans in every community across England to help integrate public health, social care and housing and improve health outcomes, with mental health champions in every community.

The Association has continued to work with the Department of Health and Social Care and Public Health England to build resilience and promote prevention so that more people are supported earlier. The Association is also a founding partner of the Mental Health Challenge programme, and has continued its involvement in the delivery of support to Champions in Local Authorities.

In order to deliver improved prevention, crisis support and recovery The Association continues to promote whole system solutions and a more collaborative and integrated approach to the provision of services, with involvement in service transformation planning, case studies and knowledge and working closely with system partners

Public Benefit

- Better outcomes and service user leadership
- Improved understanding of value of VCSE input
- Improved commissioning
- Safety Planning and Information Sharing
- Values based Commissioning
- Service user involvement and influence on commissioning objectives
- Supporting quality in service delivery for members
- Taking forward research and learning which is publicly shared and widely accessible
- Foundational underpinning for person centred practice
- Supporting members with commissioning and regulation

3.3 Programmes

Health and Wellbeing Alliance

The Association became a key partner of the VCSE Health and Wellbeing Alliance in April 2017, which is jointly managed by the Department of Health and Social Care, Public Health England, and NHS England. The programme follows on from the Department of Health Third Sector Strategic Partnership Programme, which we were partners in from April 2010 – March 2017. The Association has been the lead partner, in both programmes, of a group of voluntary sector mental health organisations – the Mental Health Consortium - including Centre for Mental Health, Mental Health Foundation, Mind, National Survivor User Network, and Rethink Mental Illness. Together, we work to promote better outcomes for mental health service users and carers, making information and best practice more accessible. The Health and Wellbeing Alliance is made up of 20 other not-for-profit partners that represent communities who share protected characteristics or that experience health inequalities, and through our individual networks, the partners can link with communities and VCSE organisations across England. Through the Programme, the Mental Health Consortium links with System Partners to undertake specific agreed work programmes aimed at benefiting the strategic development of the not for profit mental health, and wider health and social care, sector.

The Voluntary Community and Social Enterprise (VCSE) Health and Wellbeing Alliance has been established to:

- Facilitate integrated working between the voluntary and statutory sectors
- Support a two-way flow of information between communities, the VCSE sector and policy leads
- Amplify the voice of the VCSE sector and people with lived experience to inform national policy
- Facilitate co-produced solutions to promote equality and reduce health inequalities.

The objectives of the Programme are to:

- Encourage co-production in the creation of person-centred, community-based health and care which promotes equality for all;
- Enable the voice of people with lived experience and those experiencing health inequalities to inform national policy making and shape the delivery of services;
- Build evidence of sustainable, scalable solutions to mitigate and prevent inequalities impacting on the health and wellbeing of communities.

The Mental Health Consortium partners worked collaboratively to support the development of health and social care policy across government in order to:

- Influence change in health and social care to benefit those who access and rely on services, especially individuals needing mental health support
- Champion the cause for service users and carers with mental health conditions
- Interpret government policy for third sector mental health organisations for local application
- Mapping the health and social care reforms to facilitate engagement and input to the process of quality assurance and outcomes
- Advise and inform Department of Health and Social Care, NHS England and Public Health England about key issues in the health and social care field affecting the third sector
- Achieve shared objectives in improving health and well-being and reducing health inequalities
- Provide methods for disseminating information, policy developments and key programmes – enabling third sector organisations to engage in the delivery of health and well-being objectives.

Our work programmes with other Health and Wellbeing Alliance partners, leading to March 2021 have been diverse and each of the projects for 2020-2021 have made significant progress:

- VCSE Data and Intelligence
- Improving well-being by reducing parental conflict
- Ageing Well
- Levelling up and tackling health inequalities

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Public Benefit

- This work assists other charities to represent the concerns of the people they serve by providing wider information about policy initiatives and sectoral representation into key areas of public policy development
- It also creates a two-way conduit whereby the mental health voluntary sector can positively influence and advocate with statutory bodies enabling the not for profit sector to have an active voice into decision making
- Fosters a culture of collaboration with strategic partners across all sectors and specialisms.

Enterprise Development Programme

The Association were chosen as the mental health sector partner for the EDP and is managing the programme until September 2022. It offers grant and learning support for SME social sector organisations operating in England, to help them test, implement or scale enterprise activities, in turn helping a diversification of income and increased organisational sustainability. Furthermore, there will be great opportunity for The Association to collect and communicate learning for the benefit of the wider Mental Health sector such as the critical factors of different enterprise models.

Between April 2020 and March 2021, we have welcomed two cohorts of 26 organisations in total to the Programme to receive learning and grant support. The variety of organisations offers good diversity in terms of geography, trading ideas, and types of mental health support services offered. We have supported these organisations by allocating £510,000, with an average of £19,000 per organisation, where 42% of grants allocated have been for increasing capacity. 60 days of support have been given by strategic finance consultants to improve financial systems and processes. All organisations in the first intake were given access to a “core learning programme” (a block of 9 modules across 6 months focused on the fundamentals of running a successful enterprise, provided by School of Social Entrepreneurs. This also had elements of peer networking / learning built into the design.)

The application window for the third cohort was also launched in this financial year, with this cohort welcomed in June 2021. Going forward, the diversity of organisations to date is encouraging but we want to continue this. As we launch further application windows, we want to increase the representation of user-led organisations and those specifically ethnic minority communities. As we move out of Covid restrictions, we want to consider how the programme support may want to operate in comparison to fully remote nature to date. For example, in what scenarios is there. As we continue to design learning opportunities for participants, we're keen to increase our pool of 'expert witnesses', i.e. leaders from the Mental Health sector with experience in trading / enterprise income models who can share their experience to supplement workshops. Moving into Year 2, a key consideration is how we capture learning around enterprise models so other organisations in the Mental Health sector can benefit. Initial ideas being considered at the moment are 'a enterprise model library', 'an enterprise idea generator tool'.

Mental Health Sustainability Programme

In response to the pandemic, The Association, in coalition with 15 other leading mental health charities and social enterprises launched the Mental Health Sustainability Programme to help VCSE mental health service providers sustain their services during and after the pandemic. The Programme particularly seeks to support communities who have been disproportionately impacted by the pandemic due to existing health inequalities, such as minoritised communities, LGBT+, children and young people, older people, new mothers, and those in contact with the criminal justice system.

A key element of the Programme, facilitated by the funding received, was the employment of the Community Engagement Officer who has been integral to the functioning and expansion of the Programme.

The Programme has successfully matched 9 Providers with private sector partner organisations, and most of those projects are ongoing. We have also welcomed a new cohort of Providers and are currently working with private sector partners to facilitate matches to support their needs.

In December 2020/January 2021, we ran a small grants funding round, awarding just over £100,000 to 34 providers to ensure all costs awarded would justifiably support the Providers' sustainability. This was a very

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

successful and impactful element of the Programme, and we are beginning to receive very positive feedback of funds having been spent and the benefit this has provided to the beneficiaries.

We have also established a matched funded partnership with Creative Minds, a charity hosted by South West Yorkshire NHS Foundation Trust, which develops creative activities in partnership with community organisations to improve the health and wellbeing of Trust service users. To date, they have used the Programme's funding to train community reporters in partnership with People's Voice Media, whose role it is to collect stories from communities in order to co-create relevant creative projects. They are now moving into project creation and we look forward to hearing more about these in the near future.

In response to frequently raised queries, the Programme has also developed to provide further services to the enrolled Providers, namely:

- A 'Learning Portal', hosted in the members' area of the Association's website, providing access to useful resources on all of the following topics: legal issues, governance and regulatory, fundraising and bid-writing, marketing and communications, strategy and services support, and race(ism);
- A monthly peer to peer support forum, chaired by the Programme's Community Engagement Officer, which is open to, and well attended by, the Providers enrolled in either the volunteering or the grants functions of the Programme; and
- A monthly webinar, hosted by the Association in partnership with our private sector partners, on key areas of interest to Providers. To date, we have run webinars on marketing, wellbeing, and returning to face to face delivery.

Care Provider Alliance

From August 2020, our CEO, Kathy Roberts has chaired the Care Provider Alliance, which is collective, national voice of adult social care providers in England. The CPA brings together the ten national associations which represent private, voluntary and community sector providers and speaks for the whole of the adult social care sector including care homes, home care services, Shared Lives schemes and retirement communities.

The CPA represents providers of support to adults with physical, sensory or learning disabilities, people with mental ill-health, and older people. CPA members cover almost 10,000 organisations, employ over 600,000 staff, and support an estimated 1 million people every day. The CPA has worked on the following priorities during 2020-2021

- **Coronavirus:** working with CPA members, central and local government to lobby for the crucial support care providers and their staff need. Developing guidance and addressing Provider issues
- **Business continuity:** developing a range of guidance to support business continuity.
- **EU Settlement Scheme:** developing guidance to help care providers to inform their staff and service users about the Scheme and how to apply.

The CPA's role is to:

- **coordinate** responses across all care providers
- **inform and influence** policymakers
- **provide leadership** to the sector
- **work in partnership** to improve care
- **build awareness** of the care provider sector

The CPA's unparalleled reach into the care sector enables us to collect, collate and communicate insights about new developments, innovations and market trends, and their impact on care providers and the people they support. Working with our network of CPA members, developing and sharing practical advice and guidance for care managers, owners and staff.

3.4 Stakeholder Engagement

Our communications outputs enable The Association to make information accessible to promote the work of the organisation to a wider audience. This enables The Association to reach out to organisations across the voluntary, private and statutory sector. It promotes dialogue across the sectors and the sharing of ways of working that have an impact on the quality of care provision.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

During 2020/21 The Association hosted over 100 members meetings to foster engagement between the organisation and its membership, increase networking opportunities, outline our work programme to encourage involvement, as well as provide opportunities for VCSE providers to share best practice to improve service delivery. The meetings allowed members to share their experiences of the pandemic and the impact on service delivery, learn from and support each other, and share challenges and solutions. The engagement with members helped inform policy throughout the year. We have built on these engagement meetings by also hosting roundtable/ webinars events to inform the direction of mental health policy.

The Association has also developed two subgroups for members to participate in specific themed areas of work. Through our engagement with members, we established three new member-led workstreams which have informed policy and practice through events and publications.

Communications

The Association has improved communications with our members by sending regular updates to inform colleagues of our work. A monthly bulletin is sent that consists of relevant updates on strategic system changes and allows members to respond actively to government and national strategy. Members also receive detailed updates regarding our work across our priority areas and policy updates containing vital information about policy developments and further opportunities for engagement.

Profiling the Sector and The Association

Promoting the role of providers in the sector is a key role for The Association as well as a better understanding of the role of the organisation. The Association has continued to pursue opportunities to raise the profile the sector and the contribution it makes in providing mental health services. Among the main activities have been:

- Influencing Government and Drivers at National, Regional and local level including; NHS England, interface with the DHSC and Public Health England, CQC, Care Provider Alliance, Think Local Act Personal Programme Board (TLAP), the Joint Commissioning Panel on Mental Health, Mental Health Strategic Partnership Board, and other National Forums
- Profiling Best and Better practice
- Facilitating Networks and engagement.

Public Benefit

- Communicating about our work with our members and other stakeholders is central to sharing information and experience and contributing to policy development with a view to improving services and understanding the sector contribution and impact
- Allowing for wider engagement with The Association
- Creating flexibility in dissemination and information sharing.

3.5 Strategic Influencing

The Association has been in a good position to influence the shaping of mental health policy and practice and has undertaken several key tasks in order to ensure that the not-for-profit mental health provider community has a clear voice:

- Representation and Chair of the Care Providers Alliance
- Representation in the Mental Health Leaders Group
- Chair of the DHSC Social Care Task force Mental Health and Wellbeing Advisory Group
- Representation on the Think Local Act Personal Programme Board, co-chairing the Self-Directed Support Group
- Representation and Participation in CQC External Reference Panels
- Care and Support Programme Board
- CQC ASC Trade association monthly meetings
- Representation and Participation in the All-Party Parliamentary Group sessions

3.6 Plans for Future Periods

The Association will continue to

- Advocate clearly so that ministers and system partners obtain a greater understanding of the breadth and depth of the Mental Health Voluntary and Community Sector to better utilise existing social capital
- Stand in an independent space to engage and be representative of the wider Mental Health and Community Sector of providers
- Emphasise equity, concentrating on creating a whole system service with an even spread across providers of mental health services; based on ability to deliver what people want and need irrespective type of provider.
- Produce guidelines and briefings for ministers and commissioners that contain a more consistent and clarified understanding of outcomes and benefits of services provided, including cost analysis, properly showcasing the added value of the voluntary and community sector
- Endorse and encourage a better understanding of integration and contribution to whole system solutions beyond looking at process and joint resources
- Endorse and encourage overall improved commissioning and viable contracting, that demonstrates a clear understanding of the needs of a changing and evolving health and care landscape
- Endorse and encourage a sustained commitment to better resourcing of prevention in mental health, with the foresight that such investment can save both resource and human lives
- Market widely the qualities of Mental Health Voluntary and Community Sector providers, and encourage their involvement in the development of regulation and statute, ensuring that there is an open and responsive dialogue between Voluntary and Community Sector practice and statute
- Endorse and encourage the current commitment to creating parity of esteem for mental health care, and would like to encourage Government to continue the commitment to a reduction in waiting times and standards for mental health, to improve access for people to appropriate care
- Encourage policymakers to take note of the weight that regulation and commissioning requirements can impose on high quality smaller scale voluntary and community sector organisations, resulting in an inability to retain or support workforce, and a reduction in the quality of overall practice and support
- Encourage policymakers to take note of existing innovation and pilot models already existing in the voluntary and community sector and to allocate resources for a wide range of mental health services, to ensure there is a choice for all
- Showcase and encourage developing partnership models that bring NHS and voluntary and community sector providers together effectively to create new and more flexible collaborative whole system vehicles delivering a more holistic range of person-centred services.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

4. Governance

The Chief Executive is responsible to the Chair for organisational management and supporting the Governance. The Board of Trustees meets quarterly where quarterly performance and strategies are discussed. The Board of Trustees then delegate operational responsibility to the Chief Executive who is supported by staff in delivering The Association's objectives.

Board of Directors/Trustees

The Association's Board is elected from the membership at Chief Executive level of organisations involved in the mental health sector. Stephen Shrubbs was appointed as Chair in September 2017. Sanjay Shah, Finance Director for Certitude was appointed as Treasurer in December 2009. Trustees are familiar with the aims of the organisation through their work in the sector. Training is provided as required to assist Trustees in making decisions to benefit the work of The Association.

Staff

The Association employed a total of 8 staff during the year:

Kathy Roberts	Chief Executive Officer - FT
Dania Hanif	Policy and Communications Lead (until August 2020) Head of Policy and Programmes (from August 2020) - FT
Duncan Tree	Director of Policy and Partnerships – FT from February 2020
Greg Woolley	Social Enterprise Development Manager – FT
Jyoti Shah	Finance Officer - PT
Hayley Alton	Community Engagement Officer (started September 2020)
Daniah Hafez	Project Support Coordinator (started November 2020)
Caitlin McFee	Project Lead, MHSP (one-year secondment funded by her employer Linklaters LLP – started September 2020)

Membership

The Association has 230 members of which 122 are Local Mind Associations at year end. We also have 9 Associate Members who are not service providers but organisations with aligned values and mission. A full list of members on 31st March 2021 is given on pages 11-13.

5. Financial Review

The Association has continued to manage resources effectively particularly during the past 12 months where we have continued to see a significant tightening of funds available across the sector as we work through the impact of Covid19. We have seen some significant changes to our income base which was due to the organisation being asked to lead on the Mental Health Sustainability Programme which is to sustain services and improve and protect peoples' mental health and wellbeing during and after the coronavirus pandemic. Donations were made from the private sector for this programme but it is grant income for AMHP, in total £504k was received. In addition, we received other grant income of £336k for a number of different programmes.

At the year end the financial statements show a surplus of £423,179 (2019/20: £42,577) mainly due to a surplus on grant income which will be utilised in 2021/22 and further. Expenditure has been managed very well leaving £73,329 of unrestricted reserves to be used next year if required.

Membership subscription in 2020/21 has decreased marginally to £80,114 (2019/20: £80,410). The full membership list is on pages 11-13.

Debtors have been managed very well during the year with membership fees and other income being paid on a timely basis. Creditors have been managed well by the team during the year thus maximising the overall cash position.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Sanjay Shah as Treasurer liaises with the Chief Executive and Finance Officer on financial matters and advises the Board and the Executive Committee. We continue to receive the valued support and input of our independent examiners, Beever and Struthers.

Reserves policy

The Board have agreed to keep a minimum of 3 months operating costs as reserves to ensure the on-going viability of the organisation. The Association is reliant on membership and grant income which remains difficult to maintain and has fluctuated over the past few years. To ensure The Association can continue to provide good effective support to its members it needs to ensure it has sufficient reserves to manage further reduction in income and protect its core support that it provides.

Following the surplus generated for 2020/21, the general reserves have increased from £223,778 to £297,107. Restricted funds have increased from £67,917 to £417,767 as a result of large grants received during the year.

The reserves target is currently being exceeded with reserves of over 12 months based on 2021/22 budgeted expenditure.

Going Concern

We have set out above a review of financial performance and the organisations reserves position. We have adequate financial resources and are well placed to manage the business risks. Our planning process, including financial projections, has taken into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We believe that there are no material uncertainties that call into doubt the organisation's ability to continue. The accounts have therefore been prepared on the basis that the organisation is a going concern.

Detailed cash flow projections have been undertaken for the next 24 months and there are no material changes projected to both cash and reserves. We can manage our expenditure should the need arise where our income is reduced.

Staff Remuneration

Our approach to remuneration is designed to ensure we can attract and retain the talented and motivated people we need to achieve our mission and deliver our strategic goals. It is applied consistently across the organisation. We aim to pay competitively in the not-for-profit sector within the context of affordability. The Chief executive reviews and recommends pay reviews for all staff to the Board, the chair reviews and recommends the Chief Executive's remuneration review to the Board.

Related parties

The organisations for which the Trustees hold Chief Executive Positions are also members of The Association with membership fees paid under the same terms as for all members. The Association holds the lead and co-ordination role for the Health and Wellbeing Alliance funded by the Department of Health and Social Care. Funds are distributed to the Mental Health Foundation, Mind National, National Survivor User Network, Rethink Mental Illness and Centre for Mental Health. Please see note 17 for related party transactions.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

MEMBERSHIP

1. Action for Asperger's
2. Addictions Northeast
3. Addictions UK
4. Advance Housing and Support Ltd
5. Al Hurraya
6. Anxiety UK
7. Anxious Minds
8. Arterne: Enriching the next generation CIC
9. Artlift
10. Asian Family and Counselling Centre
11. Asperger's Children and Carers Together
12. Black Health Initiative
13. Blue Stone Consortium
14. Bridge Mental Health
15. Bridges for Children CIC
16. Brighton Housing Trust
17. Care in Mind
18. Cass Plus
19. Centre for Better Health
20. Centre for Wellbeing, Training and Culture
21. Certitude Support
22. Chapter Mental Health
23. Chasing the Stigma
24. Chilli Studios
25. Choice Support
26. Choices Islington
27. Coping with Cancer
28. Crea8ing Careers
29. Cygnus Support
30. Deaf-initely Women
31. Dementia Friendly Keighley
32. Growing Well
33. hArt
34. Headssup CIC
35. Home Start Elmbridge
36. Home Start South & West Devon
37. Hope for the Community
38. I Can Do That! CIC
39. Illuminate
40. Imagine Independence
41. Independent Mental Health Network
42. Just for Women
43. Kab's & Kabs cares CIC
44. Kanlungan Filipino Consortium
45. KeyRing
46. Kids Inspire
47. Kindred Minds
48. Living Well Consortium
49. Local Mind Associations (122 independent, affiliated charities)
50. Make a move
51. Making Space
52. ManHealth
53. Mashriq Challenge Resource Centre (MCRC)
54. Maytree Respite Centre
55. Mental Health Concern
56. Mental Health Matters
57. MHFA England

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

58. MhIST (Mental Health Independent Support Team)
59. Minds Ahead
60. Moodswings Network
61. Mosac
62. Mosaic Clubhouse
63. Multicultural Resource Centre
64. Mums Aid
65. Muslim Womens Council
66. Muslim Youth Helpline
67. N | Compass Northwest
68. Next Chapter NW CIC
69. NIWE Eating distress service
70. No5 Young People
71. North East Wellbeing
72. Oakleaf Enterprise
73. OCD UK
74. Open Briefing
75. Open Door Centre
76. Our Place Support CIC
77. Our Time
78. Radiate Arts C.I.C
79. Relate Chesterfield and North Derbyshire
80. Recovery Republic
81. Rethink Mental Illness
82. Richmond Fellowship
83. Recovery Republic CIC
84. Seaview Project
85. Second Step Housing Association Ltd
86. Self Help Services Ltd
87. Sheffield Flourish
88. Southside Rehabilitation Association
89. Studio Upstairs
90. Talk for Health
91. Taraki Wellbeing
92. The Cellar Trust
93. The Centre for Specialist Educational Assistance Ltd
94. The Listening Place
95. The Parent House
96. The Parenting Project
97. The Recovery Circle
98. The Warrior Programme
99. Together for Mental Wellbeing
100. Triumph over Phobia
101. Turning Point
102. Tyneside Womens Health
103. Voades
104. VoiceAbility
105. Warrington Community Living
106. Wish
107. Working Well Trust
108. Yellow House
109. YiS Young People's Mental Health

ASSOCIATE MEMBERSHIP

1. Agenda – Alliance for Women and Girls at Risk
2. Centre for Mental Health
3. FaithAction

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

4. Men's Health Forum
5. Mental Health Foundation
6. Mental Health North East
7. National LGBT Partnership
8. National Survivor User Network
9. Volition

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Trustees' Responsibilities in Relation to the Financial Statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 20 July 2021 and was signed on its behalf, by:



Stephen Shrubbs
Chair



Sanjay Shah
Treasurer

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM
FOR THE YEAR ENDED 31 MARCH 2021**

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2021 which are set out on pages 16 to 28.

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



**Michael Tourville ACA
Beever and Struthers
Chartered Accountants**

**15 Bunhill Row,
London,
EC1Y 8LP**

Date: 22 September 2021

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF FINANCIAL ACTIVITIES (incorporating the Income and Expenditure Account)

FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Income and Endowments from:					
Investments:					
Investment income	3	153	-	153	350
Charitable activities:					
Grants receivable		6,206	834,286	840,492	302,279
Membership services, conferences and events		80,114	-	80,114	80,410
	2	86,320	834,286	920,606	378,559
Total incoming resources		86,473	834,286	920,759	378,909
Expenditure on:					
Charitable activities	4	13,144	484,436	497,580	336,332
Total resources expended		13,144	484,436	497,580	336,332
Net incoming / (expenditure)	7	73,329	349,850	423,179	42,577
Transfers between funds		-	-	-	-
Net movement in funds		73,329	349,850	423,179	42,577
Reconciliation of funds:					
Total funds brought forward		223,778	67,917	291,695	249,118
Total funds carried forward		297,107	417,767	714,874	291,695

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above.

The notes on pages 19 to 28 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM**COMPANY NUMBER: 05536120****STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2021**

	Notes	£	2021 £	£	2020 £
FIXED ASSETS					
Tangible assets	9		2,792		1,267
Intangible assets	10		-		1,624
CURRENT ASSETS					
Debtors	11	3,524		40,949	
Cash at bank and in hand		735,301		264,538	
			738,825	305,487	
CREDITORS: amounts falling due within one year	12	(26,743)		(16,683)	
NET CURRENT ASSETS			712,082		288,804
TOTAL NET ASSETS	13		714,874		291,695
CHARITY FUNDS					
Unrestricted reserves	14		297,107		223,778
Restricted reserves	15		417,767		67,917
			714,874		291,695

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The Directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102).

The financial statements on pages 16 to 28 were approved and authorised for issue by the Trustees on 20 July 2021 and signed on their behalf, by:



Stephen Shrubbs
Chair



Sanjay Shah
Treasurer

The notes on pages 19 to 28 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

		2021	2020
		£	£
	Notes		
Cash flow from operating activities			
Net cash flow from operating activities	i	473,845	5,816
Cash flow from investing activities			
Investment income		153	350
Purchase of tangible fixed assets		(3,235)	(1,900)
Net cash provided by/(used in) investing activities		(3,082)	(1,550)
Cash flow from financing activities		-	-
Net Cash provided by/(used in) financing activities		-	-
Change in cash and cash equivalents in the year		470,763	4,266
Cash and cash equivalents brought forward		264,538	260,272
Cash and cash equivalents carried forward		735,301	264,538
Cash and cash equivalents consist of:			
Cash at bank and in hand		735,301	264,538
Note i			
Net movement in funds		423,179	42,577
Depreciation		3,334	2,258
Investment income		(153)	(350)
Decrease/(increase) in debtors		37,425	(39,580)
Increase/(decrease) in creditors		10,060	911
Net cash inflow from operating activities		473,845	5,816

The notes on pages 19 to 28 form an integral part of these financial statements.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Legal Status

Voluntary Sector Mental Health Providers Forum is a charitable company limited by guarantee (Charity number 1120222, Company number: 05536120) with the Charity Commission incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is 3rd Floor Watson House, 54 Baker Street, London, W1U 7BU. The nature of the charity's operations and principal activities are supporting voluntary sector mental health organisations in influencing mental health practice and policy.

Basis of Accounting

The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost basis of accounting and are presented in sterling £.

As a public benefit entity, Voluntary Sector Mental Health Providers Forum, has applied the public benefit entity 'PBE' prefixed paragraphs of FRS 102.

Tangible fixed assets

Tangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Depreciation is calculated so as to the write off cost of fixed assets over the estimated useful lives of the assets concerned as follows:

Computer equipment	Over 3 years
--------------------	--------------

Intangible fixed assets

Intangible fixed assets are stated at cost and represent amounts expended on capital items exceeding £500.

Amortisation is calculated so as to the write off cost of fixed assets over the estimated useful lives and their useful lifespans of the assets concerned as follows:

Software	Over 3 years
----------	--------------

Income

Membership income is recognised over the year to which it relates, net of VAT.

Revenue grants are credited to the financial statements when received or receivable, whichever is earlier, unless they relate to a specific future year, in which case they are deferred.

Expenditure

Resources expended are recognised in the year in which they are incurred. Resources expended include attributable VAT which cannot be recovered. Costs are allocated to activities where directly attributable. Support costs are apportioned based on an estimate of staff time spent on each activity.

Governance costs include costs incurred in meeting constitutional and statutory requirements.

1. ACCOUNTING POLICIES (continued)

Fund accounting

The general fund comprises those monies that may be used towards meeting the charitable objectives at the discretion of the Trustees.

The restricted funds are monies raised for, and their use restricted to, a specific purpose, or donations subject to donor imposed conditions. Expenditure meeting the relevant criteria is charged to this fund.

Taxation

The company is a registered charity and therefore is not liable for income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

Pension costs

The charitable company operates a defined contribution scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable under the scheme by the charitable company to the fund. The charitable company has no liability under the scheme other than for the payment of those contributions.

Going Concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Financial instruments

Financial instruments such as loans, accounts payables, accounts receivables and cash are classified either as basic or complex. All financial instruments are initially measured at their fair values at the time the transactions occur. Subsequently all basic instruments are measured at amortised cost and all complex financial instruments are measured at a fair value through the comprehensive income.

Financial instruments held by the charity are classified as follows:

- Financial assets such as cash are held at cost,
- Financial assets such as cash, current asset investments and receivables are classified as loans and receivables and held at amortised cost using the effective interest method,
- Financial liabilities such as bonds and loans are held at amortised cost using the effective interest method.

Judgements and key sources of estimation uncertainty

The following judgements (apart from those involving estimates) have been made in the process of applying the above accounting policies that have had the most significant effect on amounts recognised in the financial statements:

- Depreciation rates for tangible fixed assets,
- Amortisation rates for intangible fixed assets.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Grants receivable				
Health and Wellbeing Alliance	6,206	80,000	86,206	210,545
Access	-	137,688	137,688	35,442
National Care Forum	-	30,963	30,963	23,654
NHS East of England	-	29,975	29,975	10,000
Health Education England	-	-	-	15,000
Voluntary Organisations Disability Group	-	-	-	5,792
Santander Internship Funding	-	-	-	1,846
CPA Additional Work Funding	-	51,910	51,910	-
Mental Health Sustainability Programme	-	503,750	503,750	-
	6,206	834,286	840,492	302,279
Membership services, conferences and events				
Membership subscriptions	80,114	-	80,114	76,280
	80,114	-	80,114	76,280
Total	86,320	834,286	920,606	378,559

In 2020, of the total income from charitable activities, £78,126 was unrestricted and £300,433 was restricted.

3. INVESTMENT INCOME

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Bank deposit interest	153	-	153	350

In 2020 all income from investments was unrestricted.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

4. TOTAL RESOURCES EXPENDED

	Direct staff costs £	Direct costs £	Support costs £	2021 Total £	2020 Total £
<i>Charitable activities</i>					
Membership services, conferences and events	-	-	13,144	13,144	50,793
Health and Wellbeing Alliance	77,642	2,358	-	80,000	247,305
Access	95,780	25,106	7,976	128,862	13,597
National Care Forum	8,963	14,453	2,539	25,955	3,845
NHS East of England	13,731	2,294	1,999	18,024	-
Health Education England	-	-	-	-	15,000
Voluntary Organisations Disability Group	-	-	-	-	5,792
CPA Additional Funding	1,032	13,632	2,596	17,260	-
Strategic Partnership Programme	14,311	-	813	15,124	-
Mental Health Sustainability Programme	46,438	152,773	-	199,211	-
Total resources expended	257,897	210,616	29,067	497,580	336,332

Total support costs of £29,067 (2020: £84,277) are analysed in Note 5.

5. SUPPORT COSTS

	2021 £	2020 £
Wages and salaries	14,186	59,242
Governance	3,524	11,623
Premises costs	4,203	6,181
Office costs	1,187	975
IT	5,967	6,256
	29,067	84,277

Total governance costs of £3,524 (2020: £11,623) are analysed in Note 6.

6. GOVERNANCE COSTS

	2021 £	2020 £
Travel, welfare, and sustenance	-	7,244
Governance and Board Meetings	13	1,688
Consultancy and Legal Fees	1,774	1,112
Independent Examination	1,004	913
Accounts preparation	733	666
	3,524	11,623

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

7. NET OUTGOING RESOURCES BEFORE TRANSFERS

	2021 £	2020 £
This has been arrived at after charging (excluding VAT):		
Independent Examiner's remuneration	1,004	913
Accounts preparation	733	666
	1,737	1,579

In common with many other organisations of our size and nature we use our Independent Examiner to assist with the preparation of the financial statements.

8. STAFF COSTS AND KEY MANAGEMENT PERSONNEL REMUNERATION

	2021 No.	2020 No.
The average number of persons employed during the year expressed in full time equivalents (35 hours per week) was:		
Number	7	5
Full time equivalents	6	3

	2021 £	2020 £
Staff costs during the year were as follows:		
Wages and salaries	231,869	144,941
Social security costs	20,739	12,257
Pension costs	18,279	11,221
	270,887	168,419

The number of employees who received total employee benefits (excluding employer pension costs) of more than £60,000 is as follows:

	2021 Number	2020 Number
£60,000-£70,000	-	-
£70,000-£80,000	1	1

No other employees earned over this amount (2020: 0). The highest paid staff member received pension contributions in the year of £6,195 (2020: £6,073).

The Charity considers its key management personnel comprise the Trustees and the Chief Executive Officer.

No Trustee received any remuneration in respect of their services (2020: £0). Trustees received expenses reimbursed during the year to the value of £0 in relation to travel costs (2020: 3 Trustees received £1,616).

The total amount of employee benefits received by other key management personnel is £83,633 (2020: £81,994).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

9. TANGIBLE FIXED ASSETS

	Computer Equipment £	Total £
Cost:		
At 1 April 2020	3,078	3,078
Additions	3,235	3,235
Disposals	-	-
At 31 March 2021	6,313	6,313
Depreciation:		
At 1 April 2020	1,811	1,811
Charge for year	1,710	1,078
At 31 March 2021	3,521	3,521
Net Book Value:		
At 31 March 2021	2,792	2,792
At 31 March 2020	1,267	1,267

10. INTANGIBLE FIXED ASSETS

	Software £	Total £
Cost:		
At 1 April 2020	4,874	4,874
Additions	-	-
Disposals	-	-
At 31 March 2021	4,874	4,874
Amortisation:		
At 1 April 2020	3,250	3,250
Charge for year	1,624	1,624
At 31 March 2021	4,874	4,874
Net Book Value:		
At 31 March 2021	-	-
At 31 March 2020	1,624	1,624

11. DEBTORS

	2021 £	2020 £
Trade Debtors	2,700	40,739
Prepayments	824	-
Accrued Income	-	210
	3,524	40,949

All debtors are due within one year.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

12. CREDITORS: Amounts falling due within one year

	2021	2020
	£	£
Trade Creditors	12,645	7,930
Taxation and social security	-	2,201
Accruals and Deferred Income	5,432	3,750
Other creditors	8,666	2,802
	26,743	16,683

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds
	£	£	£	2020
				£
Fixed assets	2,792	-	2,792	2,891
Current assets	321,058	417,767	738,825	305,487
Creditors: amounts falling due within one year	(26,743)	-	(26,743)	(16,683)
	297,107	417,767	714,874	291,695

14. UNRESTRICTED FUNDS

	Balance at 1 April 2020	Incoming Resources	Expenditure	Transfers	Balance at 31 March 2021
	£	£	£	£	£
General Funds	223,778	86,473	(13,144)	-	297,107
	223,778	86,473	(13,144)	-	297,107

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

15. RESTRICTED FUNDS

The income funds of the charity include restricted funds comprising the following unexpended balances of grants to be applied for specific purposes.

	Balance at 1 April 2020 £	Incoming Resources £	Expenditure £	Transfers £	Balance at 31 March 2021 £
Strategic Partnership Programme	16,263	-	(15,124)	-	1,139
Health and Wellbeing Alliance	-	80,000	(80,000)	-	-
Access	21,845	137,688	(128,862)	-	30,671
National Care Forum	19,809	30,963	(25,955)	-	24,817
NHS East of England	10,000	29,975	(18,024)	-	21,951
CPA Additional Funding	-	51,910	(17,260)	-	34,650
Mental Health Sustainability Programme	-	503,750	(199,211)	-	304,539
	67,917	834,286	(484,436)	-	417,767

The Strategic Partnership Programme was funded for three years by the Department of Health starting April 2010 to enable policy and practice collaboration bringing together seven national mental health networks co-ordinated by the Association of Mental Health Providers (formerly known as MHPF) to work with the Department of Health.

The VCSE Health and Wellbeing Alliance is a key element of the VCSE Health and Wellbeing Programme; a partnership between voluntary sectors and the care system to provide a voice and improve the health and wellbeing for all communities.

Access are funding a three-year Enterprise Development Programme to support the small and medium sized enterprise sector in its diversification of income streams. The Association has been selected to deliver this programme as the main mental health sector partner.

National Care Forum, on behalf of the Care Provider Alliance, are sub-contracting The Association alongside 9 other CPA partner organisations, with funding provided by the Department of Health and Social Care, to support policy priorities through the collective representation of the health and social care sector.

NHS East of England has funded The Association to deliver a programme of work related to digital access to personalised mental health care. At year end, this work has been adapted to focus on the response to the pandemic.

Care Provider Alliance (CPA) Additional Funding covers grants from the Department of Health and Social Care and others to the CPA programme lead, which is the National Care Forum and they work with the 9 other CPA partners including us.

The Mental Health Sustainability Programme is to aim to sustain services and improve and protect peoples' mental health and wellbeing during and after the coronavirus pandemic. Donations were made from the private sector for this programme.

16. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

17. RELATED PARTY TRANSACTIONS

All the Directors hold senior positions at organisations that are either members of The Association or related non-provider organisations. Membership fees are paid to the Forum under the same terms as for all members.

The Association holds the co-ordination role for the VCSE Health and Wellbeing Alliance funded by the Department of Health and Social Care. The Association receives all funding and makes payments to the partners, these are:

Mental Health Foundation
Mind (National)
National Survivor User Network (NSUN)
Rethink Mental Illness
Central for Mental Health (CMH)

The Finance Officer, Jyoti Shah, is the wife of the Treasurer, Sanjay Shah. The Finance Officer received gross salary of £11,142 in the year and employer pension contributions of £891 (2020: gross salary £10,822 and employer pension contributions of £866). The Trustees are satisfied that the salary is at or below market rate for similar roles in the area.

18. TAXATION

By virtue of s.478 Corporation Tax Act 2010, the charitable company is exempt from Corporation Tax.

19. FINANCIAL INSTRUMENTS

	2021 £	2020 £
The Charity's financial instruments may be analysed as follows		
Financial Assets		
Financial Assets Measured at Cost		
Cash and Cash Equivalents	735,301	264,538
Financial Assets Measured at Amortised Cost		
Trade Debtors	2,700	40,739
Accrued income	-	210
Total Financial Assets	738,825	305,487
Financial Liabilities		
Financial Liabilities Measured at Amortised Cost		
Trade Creditors	12,645	7,930
Other Creditors	-	2,802
Total Financial Liabilities	26,743	10,732

20. OPERATING LEASES

The Charity had no operating lease commitments as at 31 March 2021 (2020: Nil).

21. CAPITAL COMMITMENTS

The Charity had no capital commitments as at 31 March 2021 (2020: Nil).

VOLUNTARY SECTOR MENTAL HEALTH PROVIDERS FORUM

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

22. ANALYSIS OF CHANGES IN NET DEBT

	2020	Cash flows	2021
	£	£	£
Short and long term loan liabilities	-	-	-
Total loan liabilities	-	-	-
Cash and cash equivalents	264,538	470,763	735,301
Change in debt resulting from cashflows	264,538	470,763	735,301