



Iranian Association (IA)

Annual Review April 2024-March 2025

222 King Street, London W6 0RA

Annual Review April 2024-March 2025

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Management Committee Report

The Iranian Association (IA) is a grassroots organisation supporting people with diverse backgrounds to integrate into British society. The IA delivers a wide range of services (in person, on phone, online) to ensure the ethnic minorities receive the support they need to become full citizens. Our services include expert AQS and OISC accredited welfare/immigration advice, advocacy, emotional support/BACP accredited counselling, English/ICT training and health awareness/exercise workshops.

In 2024-25, over 1,500 Iranian and Farsi speaking used a range of our services with 45% of the clients receiving support for more than 3 months. Altogether that year the IA provided over 6000 sessions/interventions. 400 service beneficiaries benefited from multiple welfare advice sessions, 50 service beneficiaries gained new skills by attending the ESOL/ICT classes, over 120 people improved their mental wellbeing through one-to-one emotional support sessions and group counselling, 50 improved their physical/mental health through our healthy lifestyle programme and Yoga classes, 120 patients were supported by the Health Advocate, 100+ people improved vaccine and cancer awareness and several hundred reduced their isolation by attending social/cultural events. Our staff and volunteers also made home visits and helped the housebound older and disabled people use advisory and health services and develop their IT skills in using smartphones and WhatsApp to reduce their isolation. The service beneficiary case studies and client feedback have shown our services helped save lives!

Furthermore, around 25,000 people from diverse ethnic backgrounds were supported to take the citizenship tests at the IA to apply for British citizenship or Settlement.

We work closely with the relevant local and national services to support the service users. In 2024-25, the IA supported several hundred people who were referred by the agencies such as NHS/ GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind. The external agencies have told us that the client would benefit from connecting to the IA and using our services as they experience language/cultural barriers and isolation.

We would like to thank Trust for London, City Bridge Foundation, NHS, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. The IA received a larger number of requests for help than we can support through our funded programmes, so our unrestricted income and reserve was used to meet the higher demand for our services; in the year under review, the IA activities that benefited from our unrestricted income included cultural events, volunteering programme, accredited BACP counselling sessions, immigration advice, physical/mental health awareness workshops, Yoga sessions and arts/craft classes. The IA has received a substantial number of advice requests from the clients outside London as people have heard about our reliability/reputation.



Management Committee Report

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or facing serious mental health challenges.

The IA has strong local and national links with relevant forums and networks which has helped us join conversations about policies at local and regional levels. In 2024-25, the IA Manager continued chairing the BME Health Forum, focusing on improving how the NHS, Public Health and Councils respond to our communities. He participated in the Prevent Advisory Group member meetings to join the relevant local discussions and also sat on the Refugee Advocacy Forum (part of the Refugee Council) board which has aimed to influence government policies on welfare, housing and health issues.

We would like to say our heartfelt thanks to our staff and volunteers for their tireless and productive work.



Summary of Main Activities

ADVISORY SERVICE has provided multiple one-to-one advice sessions to support the clients in developing effective budgeting, finding suitable accommodation, understanding the pension/welfare system and energy bills. Form filling, interpreting/translation, sign-posting/referrals has been integral parts of the service.

ESOL/IT TRAINING has improved the knowledge of British culture and tablet/smart phone skills of the beneficiaries. The programme increases their confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills; the beneficiaries learn to access government online sites and NHS services and overcome isolation through online communication with their family/friends.

CITIZENSHIP TEST AND ADVICE has reflected the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

VOLUNTEERING SUPPORT PROGRAMME has built confidence, developed skills of the job seekers, helped them obtain references for their potential employers or go onto further education/training.

HEALTH ADVOCACY has been aimed at addressing health inequalities by providing culturally appropriate advocacy, interpreting and emotional support for the patients who feel ignored and cannot access GPs and NHS services. The patients have also learned to communicate more effectively with health professionals and book GP appointments online.

HEALTHY LIFESTYLES PROGRAMME has provided advice, set individual goals and monitored closely the clients' progress in reducing weight, eating healthier and increasing physical activities. Workshops on raising awareness about healthy eating, physical exercise, diabetes, cancer and heart disease have been an important part of the programme.

ONE-TO-ONE EMOTIONAL SUPPORT has been delivered through the NHS Warwick Edinburgh wellbeing framework and has provided a culturally sensitive service in helping the clients reduce stress, anxiety and isolation.

GROUP COUNSELLING has helped the beneficiaries reduce and manage trauma, anxiety and/or depression. A Farsi speaking BACP accredited counsellor has supported and facilitated the group sessions.

EXERCISE SESSIONS has included yoga and breathing techniques to improve the participants' fitness and energy levels and muscle function/balance/posture.

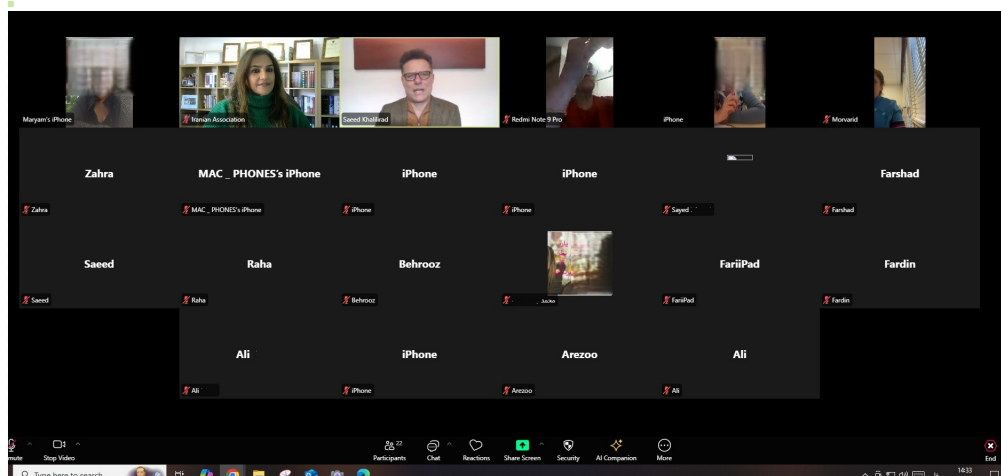
CULTURAL/SOCIAL EVENTS have reduced the isolation of the participants by engaging them in cross-cultural heritage activities and helping them make new friends and join networks/peer support groups.

One-to-One support and Workshops

In the year under review, the project supported over 110 Iranian and Farsi speaking refugees, a demographic consistently turned away by other agencies, to deal with their issues and challenges in adapting to life in London. The project has successfully continued to provide one-to-one support, referrals, workshops and social/community events to support the refugees experiencing isolation and mental/emotional crisis. This has been made possible with the support and dedication of our competent project staff (Emotional support advisor and Admin/Marketing Assistant) who had the relevant lived experience and skills to support the clients. The project staff have liaised closely with our internal services (e.g. benefits/housing/immigration advisors, ESOL/IT classes, volunteering...) and external agencies (e.g. DWP/Universal Credit, GPs/NHS, Housing Departments, Social Services, Colleges ...) to achieve the best outcome for the clients.

External agencies (NHS/GPs, DWP, Local Authorities, Mind ...) are unable to support Iranian and Farsi-speaking refugees due to severe language and cultural barriers; they have been referring the clients to us because the project provides a culturally sensitive and early intervention service enabled by project staff with relevant lived experience and linguistic competency. So, the project has been bridging a critical systemic gap for Iranian and Farsi speaking refugees.

In the past 12 months, the City Bridge Foundation grant enabled us to continue providing a lifeline service to Iranian and Farsi speaking refugees with no/low English and declining mental health; the project provided a holistic service including 1-2-1 sixty-minute emotional wellbeing sessions, referrals to other services, 4 social/community events, 10 workshops (e.g. Dealing with anxiety, Managing relationships/generation gap, Coping with traumas, Cancer Awareness, ...), 10 meditation/yoga sessions.



After three months of consistent support, being referred to other services and attending workshops, a 28-year woman said, “I am less depressed and more motivated to learn English and plan my future career. With the help of the advisor, I have decided to develop my skills for working in the childcare sector”

Our project surveys have shown that the project services have been much needed by the community. We found that the beneficiaries were unable to access mainstream services before coming to the IA; a large number of them were referred to us by the NHS and other agencies who couldn't help them due to language and cultural barriers. Beneficiaries told us they had been unable to find a similar group and were happy that the IA staff understood their problems, language and culture. Beneficiaries were adult refugees (65% women, 35% men), in receipt of benefits, 85% lived in London boroughs of Barnet, Brent, Camden, Ealing, Enfield, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Westminster and 15% in other boroughs confirming the project services reach across London. The demand for the project services is higher than the expected targets, so we maintain a waiting list which is a clear justification for increased investment.



**CITY BRIDGE
FOUNDATION**

Welfare and Housing Advice

Between April 2024 and March 2025, the project operated during a period of significant economic volatility. For the Iranian and Farsi-speaking refugee community in London, the "cost-of-living crisis" was not just a headline; it was a daily struggle for survival. Most service users arrived with a range of challenges: little to no English language skills, zero familiarity with the UK's welfare system, and no existing social or family networks to guide them.

The project was designed to be more than an advice line; it was a lifeline intended to prevent vulnerable individuals from falling through the cracks of poverty, homelessness, and declining mental health.

Over the 12-month period, the project supported 252 individuals. The approach was holistic, beginning with the removal of the most immediate barrier: communication. Because the DWP and local councils operate almost exclusively in English, the advisor's role as an interpreter was essential. We did not simply speak for the clients; we empowered them. By the end of the period, over 80% of beneficiaries reported a significantly better understanding of the complex "jargon" associated with housing and benefits.

With many forms—specifically Universal Credit—now requiring high levels of digital literacy, the advisor bridged the "digital divide," ensuring that 80% of our service users successfully accessed their entitled benefits. For 32% of our clients, this intervention was the only thing preventing a total loss of income.

Financial stability is the foundation of integration. During this period, we shifted our focus toward proactive money management. Through 1-to-1 sessions and targeted workshops, we helped 130 clients overhaul their approach to personal budgeting.

The narrative of this period was one of resilience. In the face of rising rents and utility bills, 102 households successfully worked with our advisor to identify and reduce non-essential costs. While some cases were so severe they required referrals to food banks, the majority of our clients moved from a state of "financial helplessness" to one of "informed decision-making." They reported a newfound confidence in their ability to track spending and plan for the future.

By linking beneficiaries to our established networks—such as ESOL classes, health workshops, and community outings—the project successfully broke the cycle of isolation.

Furthermore, the project invested in the future of the community by training three volunteers. These individuals gained vital office and customer service skills, strengthening the Iranian Association's internal capacity while building their own professional confidence.

“Everything is online now, but I didn't even know how to start a Universal Credit claim. Without the IA advisor helping me with the forms and the website, I would have lost my benefits and my home. With the prices of food and electricity going up, I was terrified we would end up on the street. The advisor taught me how to track every penny. For the first time, I sat down and made a plan for our money.”

Male project beneficiary

The 2024–2025 monitoring period demonstrates that specialised, culturally specific intervention is not a luxury—it is a necessity. By providing 252 refugees with the tools to communicate, budget, and advocate for their rights, the Welfare Advisor project has done more than just process claims; it has facilitated a smoother transition into British life. We have turned a period of potential destitution into one of stability, ensuring that our clients are now better equipped to contribute to and thrive within their new London communities.



Trust
for London

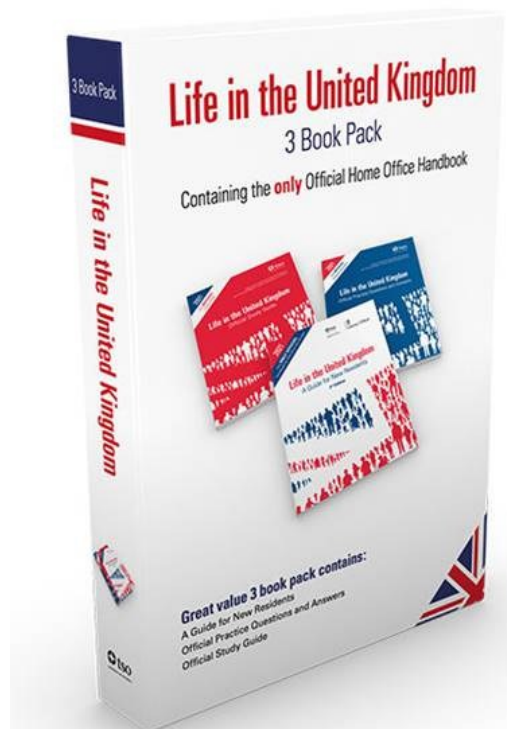
Citizenship Advice and Test

For over three decades, the Iranian Association (IA) has established itself as a premier provider of accredited online and computer-based educational services. A cornerstone of our contribution to the community is our role in facilitating the UK Citizenship Test, a service we have proudly delivered since 2005.

Between April 2024 and March 2025, the IA supported approximately 25,000 candidates from diverse ethnic backgrounds. As a mandatory requirement for Settlement and Naturalisation, this test serves as a vital gateway to migrant integration.

Beyond testing, the IA remains a primary hub for information, managing a daily influx of inquiries via telephone, email, and in-person consultations. By guiding candidates through the complexities of the British legal, social, and political landscape, we continue to foster a more inclusive and civic-minded society.

The high volume of candidates choosing the IA is a clear indicator of our reliability and our commitment to fostering a seamless transition for those seeking to make Britain their home.



Health Advocacy

In the year under review, our health advocate supported individuals and families within the Iranian community to understand and access healthcare services; over 150 people benefited from her support. Her work has focused particularly on people who faced barriers such as language difficulties, limited knowledge of the GPs/NHS, cultural differences, or being new to the UK: her work has had lifesaving impact for the patients with serious health issues. She has aimed to ensure that community members feel informed, confident, and supported when engaging with the health services, while also reducing health inequalities.

One significant example of our health advocacy involved a woman with a family history of breast cancer who was referred to a breast clinic. The hospital sent her appointment details via a text message containing a link to an online letter. Due to language barriers and unfamiliarity with digital systems, she could not understand the message or access the letter and, as a result, missed her appointment. When the client realised she had missed the appointment, she contacted our health advocate, who supported her to contact her GP and request a new referral. The health advocate also advised the client to seek support immediately if she received any further messages or letters. With this support, the client attended her rescheduled appointment and was unfortunately diagnosed with breast cancer and required treatment. However, thanks to the timely intervention of the health advocate, the condition was identified and treatment began promptly. Without this support, the client may have remained unaware and her condition could have worsened. She has now started treatment, which is progressing well.

This case also highlighted a wider issue affecting many community members. Some hospitals were sending appointment letters via time sensitive links in text messages, which many clients were unable to access before the link expired due to language barriers or lack of digital skills. Our health advocate raised this concern with the relevant services, and as a result, changes were made so that the links are no longer time-limited, improving accessibility for patients.

In addition to advocacy, our health advocate has supported individuals with practical tasks related to healthcare access. This has included registering with GP surgeries, booking appointments online or by phone, providing appointment reminders, arranging interpreters, and explaining what to expect during medical visits to reduce anxiety. She has also taught clients how to use online GP and hospital platforms so they can manage future appointments more independently.

Health education and advocacy are central to her role. Our health advocate has shared information on healthy living, disease prevention, mental health, and available support services. She has encouraged individuals to attend health checks, screenings, vaccinations, and follow-up appointments, and has advocated on their behalf when they have experienced difficulties accessing care.

Overall, this project, supported by our experienced health advocate, has helped many individuals improve their quality of life by increasing their understanding of the UK health system and ensuring they know how and where to seek help when needed. Through guidance, interpreting, advocacy, and practical support, she has acted as a vital link between the community and healthcare services, empowering individuals to take an active role in managing their health.



"I was shy and sensitive, but since coming here I feel I can open up."

Healthy Lifestyles participant.

Healthy Lifestyles Programme

In 2024-25, the Imperial Health Charity Compassionate Communities grants programme supported the IA to run a project aiming to improve the health and wellbeing of our local community and reduce health inequalities affecting Black and Minority Ethnic communities.

The IA supported members of the Iranian community to make three lifestyle changes to improve their health over three months.

One participant shared how the sessions have improved her mental health. She said: "It's helped me a lot. Before this, I was alone and didn't have many friends to talk to and I was very, very depressed. Now, I've found lots of friends and it helps my mental wellbeing. I was shy and sensitive, but since coming here I feel I can open up."

The sessions have also improved her physical health. She said: "I never exercised before, and now I exercise every day for at least five minutes when I wake up."

For lots of participants, the goal was to adapt their diet to help lose weight or manage health conditions such as diabetes. Collectively, the group lost a total of 60kg.





Digital Consortium

In an increasingly digital world, the transition of essential services to online platforms has left many behind—particularly older adults and those with learning disabilities. To bridge this gap, Imperial College Health Partners funded a specialised consortium led by Open Age, designed to transform digital barriers into gateways of opportunity.

Through this initiative, the learners have received a personalised roadmap to digital literacy. This includes comprehensive skills assessments, and a choice of one-to-one or group support tailored to their unique pace and needs.

As a dedicated training partner within the Digital consortium, the IA has played a pivotal role in reaching those facing dual barriers: age and limited English language skills. We have ensured that language is not an obstacle to technology. We have observed a profound shift in our project participants; what begins as an introduction to a tablet or smartphone evolves into a significant increase in both the frequency of internet use and, more importantly, the confidence to explore the digital landscape independently.

The impact of this programme has extended far beyond technical proficiency. By integrating online safeguarding into the heart of the curriculum, we have provided participants with the tools to navigate the web safely. This newfound security has had direct, real-life consequences.

Beneficiaries have transitioned from relying on others to independently booking their own medical appointments and managing prescriptions online. By mastering video calls and messaging, participants have reconnected with distant family and friends.

Participant feedback and rigorous monitoring have consistently shown a measurable rise in overall wellbeing. By fostering digital inclusion, we have not just been teaching IT skills—we have been restoring confidence, improving health access, and enhancing the quality of life for our community's most vulnerable members.



Stronger Communities

Between April and September 2024, Community Massage London and the Iranian Association partnered to deliver a comprehensive wellbeing programme. This partnership successfully integrated the specialised expertise of both organisations to improve the health and wellbeing of our beneficiaries. We are pleased to report that the project fully met all targets and expectations.

During this six-month period, the project supported 24 refugees (18 women and 6 men). Participants engaged in up to seven sessions each, including a diverse range of holistic activities: Breathing/Relaxation Techniques, Self-Massage, Reflexology, Chair Yoga and Received massage.

In June 2024, the partnership hosted a successful social and cultural event. Beyond raising awareness for health and wellbeing, the gathering served as a vital space for reducing isolation through community interaction and enhancing the experience with live music and shared enjoyment.

"Before the sessions, my body felt heavy and stiff from stress. After the massage and yoga, I feel lighter, and for the first time in months, the pain in my shoulders has eased."

Female Participant

Project Beneficiaries				
April 2024-25				
Gender breakdown	Age	Intervention	Baseline measurement (main health issues reported)	Progress on Exit
18 women	19 aged 25-65 years	24 engaged in a group wellbeing activity	12 reported stress and anxiety	24 reported an improvement in all areas
6 men	7 aged over 65 years		8 reported sleeping or breathing difficulties	
			6 reported headaches	
			6 reported back, shoulder or neck pain	



**Iranian Association, 222 King Street, London W6 0RA
0208 748 6682**

**www.iranianassociation.org.uk
www.facebook.com/iranianassociation
www.instagram.com/iranianassociationlondon**



IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2025

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address Charity

222 King Street
London
W6 0RA

Management Committee

Trustees and Company Directors

Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers:

Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners:

Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2025

The Iranian Association (IA) is an experienced grassroots organisation supporting people from ethnic minority backgrounds to integrate into the UK. The IA delivers a wide range of services (in person, on phone, online) to ensure the ethnic minorities receive the support they need to become full citizens. Our services include expert AQS and OISC accredited welfare/immigration advice/advocacy, emotional support/BACP accredited counselling, English/ICT training and health awareness/exercise workshops.

In 2024-25 over 1,600 Iranian and Farsi speaking used a range of the IA services with 45% of the clients receiving support for more than 3 months. Altogether that year the IA provided over 6000 sessions/interventions. 400 service beneficiaries benefited from multiple welfare advice sessions. Over 100 people improved their mental wellbeing through emotional support sessions, 120 patients were supported by the IA Health Advocate, 100+ people benefited from our vaccine and cancer awareness campaigns, 50 service beneficiaries gained new skills by attending the ESOL/ICT classes, 50 improved their physical/mental health through our healthy lifestyle programme and Yoga classes. Our staff and volunteers also made home visits and helped the housebound older and disabled people use advisory and health services and develop their IT skills in using smartphones and social media to reduce their isolation. The case studies and client feedback have shown our services helped save lives!

Furthermore, around 25,000 people from diverse ethnic backgrounds were supported to take the citizenship tests at the IA to apply for British Citizenship or Settlement.

We work closely with the relevant local and national services to support the service users. In 2024-25, the IA supported several hundred people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind. The external agencies have told us that the client would benefit from connecting to the IA and using our services as they experience isolation and language/cultural barriers.

We would like to thank Trust for London, City Bridge Foundation, NHS, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. The IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted income and reserve was used to meet the higher demand for our services; in the year under review, the IA activities that benefited from our unrestricted income included cultural events, volunteering programme, accredited BACP counselling sessions, immigration advice, physical/mental health awareness workshops, Yoga sessions and arts/craft classes. The IA has received a substantial number of advice requests from the clients outside London as people have heard about our reliability/reputation.

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or mental illness.

The IA has had strong local and national links with relevant forums, health networks, and academic/government researchers which has helped us influence policies at local and regional levels. In 2024-25, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence

local authority and government policies on welfare, housing and health issues.

We would like to say our heartfelt thanks to our staff and volunteers for their tireless and productive work.

IA's ACTIVITIES REPORT THE YEAR ENDED 31ST MARCH 2025

ADVICE AND INFORMATION SERVICE supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

ESOL/IT TRAINING improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

CITIZENSHIP ADVICE AND TEST reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

HEALTH ADVOCACY is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

HEALTH AWARENESS WORKSHOPS provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

EMOTIONAL SUPPORT delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

GROUP COUNSELLING helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

EXERCISE SESSIONS includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

VOLUNTEERING SUPPORT builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

COMMUNITY/SOCIAL EVENTS reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

Report of the Management Committee (Continued)

For the Year Ended 31 March 2025

FINANCIAL REVIEW

The Statement of Financial Activities shows a surplus for the year of £78,075. Our reserves stand at £101,163 restricted, £229,437 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

RISK REVIEW

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSET

The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

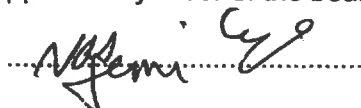
- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures

Disclosed and explained in the financial statements;

- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29 December 2025 and signed on its behalf by:



Ms Fariba Nazemi (Chair of MC)

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2025

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ

Cohen Accountants

129 Station Road
London NW4 4NJ

Date:

30/12/2025.

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

	Notes	Unrestricted Funds £ 2025	Restricted Funds £ 2025	Total Funds £ 2025	Total Funds 2024
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		152,269	152,269	123,911
Contractual Income	3	231,705		231,705	159,247
Other Income (Donations)		7,086		7,086	25,635
Total Incoming Resources		238,791	152,269	391,060	308,793
Resources Expended					
Direct charitable expenditure					
Activities	4	138,884	124,352	262,236	247,712
Other expenditure					
Fundraising and Publicity	5	13,105	1,687	14,792	14,676
Management and Administration	6	26,806	8,151	34,957	46,445
Total Resources expended		178,795	134,190	312,985	308,833
Net Incoming/(Outgoing) Resources for the Year		59,996	18,079	78,075	(40)
Balances brought forward at 1 April 2022		249,441	83,084	332,525	332,565
Balances Carried Forward at 31st March 2023		309,437	101,163	410,600	332,525

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2025

	Notes	2025	2024
		£	£
FIXED ASSETS			
Tangible Fixed Assets	10	15,590	11,789
Current Assets			
Debtors		8,532	0
Deposits & Cash		249,303	225,397
Bank Account		18,078	125,620
Saving Account		151,102	
	11	427,015	351,017
Current Liabilities			
Creditors: Short term	12	13,892	23,315
Payroll Taxation		3,260	0
VAT Liability		14,853	6,966
		32,005	30,281
Net Current Assets		395,010	320,736
Net Assets		410,600	332,525
FUNDS			
Restricted	13	101,163	83,084
Unrestricted	13	229,437	169,441
Designated	13	80,000	80,000
TOTAL FUNDS		410,600	332,525

Trustees' statement required by Section 249B(4) for the year ended 31st March 2025:
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2025 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2025 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 29 December 2025 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to be 'Faridaldin Ansari', is written over a horizontal dotted line.

Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2025	2024
	£	£
Trust for London	48,550	38,000
City Bridge Foundation	33,681	16,533
BME Forum - Comic Relief and other	22,551	28,945
BME Forum - Health Advocacy	23,000	20,150
Open Age Digital	14,473	9,685
Friends of Charing Cross	0	3,000
Community Massage London	5,000	5,470
LB of Hammersmith & Fulham	4,714	1,000
Kingston University	0	1,128
British Museum	300	0
	152,269	123,911

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

3. Contractual Income

The following contractual income was received during the year

	2025	2024
	£	£
PSI and Other Online Tests	213,475	144,525
BTL Group	18,230	14,722
	231,705	159,247

4. Direct Charitable Expenses	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages & Salaries	62,224	42,223	104,447	94,128
Employers NIC	15,931	11,930	27,861	27,510
Office Charge: Rent, Utility, Rate & Telephone	17,354	17,354	34,708	36,594
Postage, Printing, Stationery, Marketing, Books & Software	1,194	1,194	2,388	1,052
Volunteering	9,888	9,887	19,775	18,855
Training	-	690	690	72
Health Advocacy	-	14,182	14,182	14,375
Emotional Wellbeing - Counselling	-	24,100	24,100	11,025
Tuition Fees	2,793	2,792	5,585	9,729
Advice	380	-	380	170
Communications	-	-	1,260	1,260
Travel Expenses	3,508	-	3,508	3,265
Test Supervision	25,612	-	25,612	26,942
Food Vouchers	-	-	260	260
EW Project (Admin)	-	-	-	2,675
Total	138,884	124,352	263,236	247,712

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

	2025	2025	2025	2024
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,974	-	2,974	2,858
Equipment Hire	0	-	0	-
Total	13,105	1,687	14,792	14,676

6. Management and Administration of the Charity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	2,771
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	54	-	54	53
Depreciation of Equipment	3,897	-	3,897	2,947
Audit & Accountancy	2,400	-	2,400	2,400
Legal & Professional Fees	-	34	34	500
Room Hire	-	2,055	2,055	1,523
Consumables	1,759	-	1,759	1,509
Maintenance	3,235	-	3,235	18,602
Project's Admin & Workshops	-	5,770	5,770	2,675
Other costs	1,242	-	1,242	3,600
Total	26,806	8,151	34,957	46,445

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

7. Net Incoming Resources for the Year	Total Funds 2025	2024
This stated after charging:	£	£
Depreciation	3,897	2,947
Independent Examiner Remuneration	2,400	2,400
Total	6,297	5,347

8. Staff Costs and Numbers	Total Funds £ 2025	2024
Staff costs were as follows:		
Salaries and Wages	121,651	111,332
Employer's NIC	30,090	29,739
Total	151,741	141,071

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds £ 2025	2024
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	7.5	7.5

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

10. Fixed Assets

	Office Kitchen & Equipment
Cost	
At 1 April 2024	48,978
Additions	7,699
 As at 31st March 2025	 56,677
Accumulated Depreciation	
01 April 2024	37,190
Charge for the Period	3,897
 At 31st March 2025	 41,087
 Net Book Value	
At 31st March 2025	15,590
 31st March 2024	 13,483

11. Debtors

	2025	2024
	£	£
Income Receivable	7,290	714
Other	1,242	4,118
	8,532	89,977

12. Liabilities Amounts falling due within one year

	2025	2024
	£	£
Deferred Grants	0	9,010
Accruals	8,732	0
Other	5,160	0
VAT Liability	0	4,565
	13,892	13,575

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 March
	2024 £	2025 £	2025 £	2025 £	2025 £
Restricted					
Activities Fund	83,084	152,269	134,190	0	101,163
Total Restricted Funds	83,084	152,269	134,190	0	101,163
Unrestricted					
Designated Funds				80,000	80,000
General Funds	169,441	158,791	178,795	0	149,437
Total Unrestricted Funds	169,441	158,791	178,795	0	149,437
Total Funds	332,525	311,060	312,985	0	410,600

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	15,590	15,590
Current Assets	203,567	216,158	427,015
Current Liabilities	(16,643)	(15,362)	(32,005)
	186,924	216,386	410,600

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2025

IRANIAN ASSOCIATION

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Income and Expenditure Account	6
Balance Sheet	7- 8
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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address Charity

222 King Street
London
W6 0RA

Management Committee

Trustees and Company Directors

Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers:

Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners:

Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2025

The Iranian Association (IA) is an experienced grassroots organisation supporting people from ethnic minority backgrounds to integrate into the UK. The IA delivers a wide range of services (in person, on phone, online) to ensure the ethnic minorities receive the support they need to become full citizens. Our services include expert AQS and OISC accredited welfare/immigration advice/advocacy, emotional support/BACP accredited counselling, English/ICT training and health awareness/exercise workshops.

In 2024-25 over 1,600 Iranian and Farsi speaking used a range of the IA services with 45% of the clients receiving support for more than 3 month. Altogether that year the IA provided over 6000 sessions/interventions. 400 service beneficiaries benefited from multiple welfare advice sessions. Over 100 people improved their mental wellbeing through emotional support sessions, 120 patients were supported by the IA Health Advocate, 100+ people benefited from our vaccine and cancer awareness campaigns, 50 service beneficiaries gained new skills by attending the ESOL/ICT classes, 50 improved their physical/mental health through our healthy lifestyle programme and Yoga classes. Our staff and volunteers also made home visits and helped the housebound older and disabled people use advisory and health services and develop their IT skills in using smartphones and social media to reduce their isolation. The case studies and client feedback have shown our services helped save lives!

Furthermore, around 25,000 people from diverse ethnic backgrounds were supported to take the citizenship tests at the IA to apply for British Citizenship or Settlement.

We work closely with the relevant local and national services to support the service users. In 2024-25, the IA supported several hundred people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind. The external agencies have told us that the client would benefit from connecting to the IA and using our services as they experience isolation and language/cultural barriers.

We would like to thank Trust for London, City Bridge Foundation, NHS, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. The IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted income and reserve was used to meet the higher demand for our services; in the year under review, the IA activities that benefited from our unrestricted income included cultural events, volunteering programme, accredited BACP counselling sessions, immigration advice, physical/mental health awareness workshops, Yoga sessions and arts/craft classes. The IA has received a substantial number of advice requests from the clients outside London as people have heard about our reliability/reputation.

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or mental illness.

The IA has had strong local and national links with relevant forums, health networks, and academic/government researchers which has helped us influence policies at local and regional levels. In 2024-25, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence

local authority and government policies on welfare, housing and health issues.

We would like to say our heartfelt thanks to our staff and volunteers for their tireless and productive work.

IA's ACTIVITIES REPORT THE YEAR ENDED 31ST MARCH 2025

ADVICE AND INFORMATION SERVICE supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

ESOL/IT TRAINING improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

CITIZENSHIP ADVICE AND TEST reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

HEALTH ADVOCACY is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

HEALTH AWARENESS WORKSHOPS provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

EMOTIONAL SUPPORT delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

GROUP COUNSELLING helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

EXERCISE SESSIONS includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

VOLUNTEERING SUPPORT builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

COMMUNITY/SOCIAL EVENTS reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

Report of the Management Committee (Continued)

For the Year Ended 31 March 2025

FINANCIAL REVIEW

The Statement of Financial Activities shows a surplus for the year of £78,075. Our reserves stand at £101,163 restricted, £229,437 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

RISK REVIEW

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSET

The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

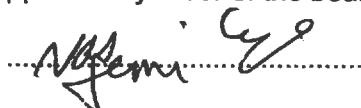
- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures

Disclosed and explained in the financial statements;

- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29 December 2025 and signed on its behalf by:



Ms Fariba Nazemi (Chair of MC)

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2025

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ

Cohen Accountants

129 Station Road
London NW4 4NJ

Date:

30/12/2025.

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

	Notes	Unrestricted Funds £ 2025	Restricted Funds £ 2025	Total Funds £ 2025	Total Funds 2024
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		152,269	152,269	123,911
Contractual Income	3	231,705		231,705	159,247
Other Income (Donations)		7,086		7,086	25,635
Total Incoming Resources		238,791	152,269	391,060	308,793
Resources Expended					
Direct charitable expenditure					
Activities	4	138,884	124,352	262,236	247,712
Other expenditure					
Fundraising and Publicity	5	13,105	1,687	14,792	14,676
Management and Administration	6	26,806	8,151	34,957	46,445
Total Resources expended		178,795	134,190	312,985	308,833
Net Incoming/(Outgoing) Resources for the Year		59,996	18,079	78,075	(40)
Balances brought forward at 1 April 2022		249,441	83,084	332,525	332,565
Balances Carried Forward at 31st March 2023		309,437	101,163	410,600	332,525

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2025

	Notes	2025	2024
		£	£
FIXED ASSETS			
Tangible Fixed Assets	10	15,590	11,789
Current Assets			
Debtors		8,532	0
Deposits & Cash		249,303	225,397
Bank Account		18,078	125,620
Saving Account		151,102	
	11	427,015	351,017
Current Liabilities			
Creditors: Short term	12	13,892	23,315
Payroll Taxation		3,260	0
VAT Liability		14,853	6,966
		32,005	30,281
Net Current Assets		395,010	320,736
Net Assets		410,600	332,525
FUNDS			
Restricted	13	101,163	83,084
Unrestricted	13	229,437	169,441
Designated	13	80,000	80,000
TOTAL FUNDS		410,600	332,525

Trustees' statement required by Section 249B(4) for the year ended 31st March 2025:
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2025 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2025 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 29 December 2025 and were signed on its behalf by:

A handwritten signature in dark ink, appearing to be 'Faridaldin Ansari', is written over a horizontal dotted line.

Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

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Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2025	2024
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Open Age Digital	14,473	9,685
Friends of Charing Cross	0	3,000
Community Massage London	5,000	5,470
LB of Hammersmith & Fulham	4,714	1,000
Kingston University	0	1,128
British Museum	300	0
	152,269	123,911

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

3. Contractual Income

The following contractual income was received during the year

	2025	2024
	£	£
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BTL Group	18,230	14,722
	231,705	159,247

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	£	£	£	£
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Employers NIC	15,931	11,930	27,861	27,510
Office Charge: Rent, Utility, Rate & Telephone	17,354	17,354	34,708	36,594
Postage, Printing, Stationery, Marketing, Books & Software	1,194	1,194	2,388	1,052
Volunteering	9,888	9,887	19,775	18,855
Training	-	690	690	72
Health Advocacy	-	14,182	14,182	14,375
Emotional Wellbeing - Counselling	-	24,100	24,100	11,025
Tuition Fees	2,793	2,792	5,585	9,729
Advice	380	-	380	170
Communications	-	-	1,260	1,260
Travel Expenses	3,508	-	3,508	3,265
Test Supervision	25,612	-	25,612	26,942
Food Vouchers	-	-	260	260
EW Project (Admin)	-	-	-	2,675
Total	138,884	124,352	263,236	247,712

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

	2025	2025	2025	2024
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,974	-	2,974	2,858
Equipment Hire	0	-	0	-
Total	13,105	1,687	14,792	14,676

6. Management and Administration of the Charity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	2,771
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	54	-	54	53
Depreciation of Equipment	3,897	-	3,897	2,947
Audit & Accountancy	2,400	-	2,400	2,400
Legal & Professional Fees	-	34	34	500
Room Hire	-	2,055	2,055	1,523
Consumables	1,759	-	1,759	1,509
Maintenance	3,235	-	3,235	18,602
Project's Admin & Workshops	-	5,770	5,770	2,675
Other costs	1,242	-	1,242	3,600
Total	26,806	8,151	34,957	46,445

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

7. Net Incoming Resources for the Year	Total Funds 2025	2024
This stated after charging:	£	£
Depreciation	3,897	2,947
Independent Examiner Remuneration	2,400	2,400
Total	6,297	5,347

8. Staff Costs and Numbers	Total Funds £ 2025	2024
Staff costs were as follows:		
Salaries and Wages	121,651	111,332
Employer's NIC	30,090	29,739
Total	151,741	141,071

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds £ 2025	2024
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	7.5	7.5

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

10. Fixed Assets

	Office Kitchen & Equipment
Cost	
At 1 April 2024	48,978
Additions	7,699
 As at 31st March 2025	 56,677
Accumulated Depreciation	
01 April 2024	37,190
Charge for the Period	3,897
 At 31st March 2025	 41,087
 Net Book Value	
At 31st March 2025	15,590
 31st March 2024	 13,483

11. Debtors

	2025	2024
	£	£
Income Receivable	7,290	714
Other	1,242	4,118
	8,532	89,977

12. Liabilities Amounts falling due within one year

	2025	2024
	£	£
Deferred Grants	0	9,010
Accruals	8,732	0
Other	5,160	0
VAT Liability	0	4,565
	13,892	13,575

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 March
	2024 £	2025 £	2025 £	2025 £	2025 £
Restricted					
Activities Fund	83,084	152,269	134,190	0	101,163
Total Restricted Funds	83,084	152,269	134,190	0	101,163
Unrestricted					
Designated Funds				80,000	80,000
General Funds	169,441	158,791	178,795	0	149,437
Total Unrestricted Funds	169,441	158,791	178,795	0	149,437
Total Funds	332,525	311,060	312,985	0	410,600

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	15,590	15,590
Current Assets	203,567	216,158	427,015
Current Liabilities	(16,643)	(15,362)	(32,005)
	186,924	216,386	410,600