



**Iranian Association (IA)**

**Annual Review April 2023-March 2024**

**222 King Street, London W6 0RA**

# **Annual Review April 2023-March 2024**

## **Contents**

Management Committee Report .....	1
One-to-one support, training, social events and referrals .....	3
Welfare and Housing Advice .....	5
Citizenship Advice/Test.....	6
Health Advocacy .....	7
Stronger Communities.....	8
Digital Consortium .....	9

## Management Committee Report

The Iranian Association (IA) has been providing person-centred and lifeline services for 39 years. The IA's overarching aim is to ensure the ethnic minorities receive the support they need to become full citizens. We deliver a wide range of services (in-person, on phone, online) to achieve this, ranging from expert AQS and OISC accredited welfare/immigration advice and advocacy, to emotional support/BACP accredited counselling, to English/ICT/Job search training, to health awareness/exercise workshops.

The IA helped over 1,500 clients with multiple needs meet their advice/advocacy (1-2-1 immigration/welfare sessions, interpreting/translation), skills development (Job search, volunteering, English language/IT training), social (networking/events) and/or psychological (1-2-1 emotional support, group counselling) needs; over 50% of the clients have been supported for six months or longer by taking them on a journey of change.

The IA works closely with the relevant local and national services to support the clients; in 2023-24, the IA supported over 300 people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind because the external agencies cannot support Iranians and Farsi speaking people due to language and cultural barriers. When clients came to us, they said they had not been able to find another similar group.

Furthermore, 21,800 people from diverse ethnic backgrounds were supported to take the citizenship tests to apply for British Citizenship or Settlement.

We would like to thank Trust for London, City Bridge Foundation, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. As people have heard about our reliability/good reputation, the IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted reserve was used to meet the higher demand for our services; in the year under review, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, cultural events, arts/craft classes and exercise sessions were supported through our unrestricted fund.

The IA has developed local and national links with the relevant organisations and agencies to help us influence policies at local and regional levels. The IA Manager has continued chairing the BME Health Forum which focuses on addressing the health inequalities. The manager has also continued sitting on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on immigration, welfare, housing and health issues.



## Management Committee Report

We would like to thank all the staff and volunteers for their outstanding work throughout the year; without their dedication many isolated and vulnerable people could not be supported.





## **One-to-one support, training, social events and referrals**

The project was launched in September 2023 to support the refugees experiencing isolation and mental/emotional crisis. In the past 6 months, our project's greatest achievement was to enable over 60 refugees to deal with their issues, cope with the challenges and adapt to life in London. This was made possible with the support and dedication of the project staff who had the relevant lived experience and skills to support the clients. Our staff liaised closely with our internal services (e.g. benefits/housing/immigration advisors, ESOL/IT classes, volunteering...) and external agencies (e.g. DWP/Universal Credit, GPs, Housing Departments, Social Services, Colleges ...) to achieve the best outcome for the clients.

The project has been addressing a wide service gap in supporting the community. The external agencies such as NHS/GPs, Citizen Advice, DWP, Migrant Help, Local Authorities, Social Services and Mind have been referring the clients to us; the agencies have told us they cannot not support Iranians and Farsi speaking refugees due to language and cultural barriers.

We are proud of providing a lifeline service for the refugees in desperate need of help. The City Bridge Foundation grant has enabled us to provide a culturally sensitive and early intervention service to Iranian and Farsi speaking refugees with no/low English who were at risk of declining mental health. The project has provided a holistic service including 1-2-1 emotional wellbeing sessions, referrals to other services (e.g. volunteering, interpreting, training, benefits, housing, immigration), social/community events, workshops (e.g. Stress management, Dealing with past traumas, Overcoming loneliness, Coping with stressful news/social media posts, Healthy eating ...), meditation/yoga sessions.

The need for this project was identified through consultation with the community members and research, so the project has provided services that have been much needed by the community. The project found that the beneficiaries were unable to access mainstream services before coming to the IA; a large number of them were referred to us by the NHS and other agencies who couldn't help them due to language and cultural barriers. When the project beneficiaries came to us, they said they had not been able to find another similar group and they needed to talk to the staff who understood their problems, language and culture. The project beneficiaries were low income adult refugees (58% women, 42% men), over 80% lived in London boroughs of Barnet, Brent, Camden, Ealing, Hammersmith & Fulham, Hillingdon, Hounslow, Islington, Kensington & Chelsea, Westminster.

We set realistic targets and had an effective system in place to monitor and evaluate the activities. In the past 6 months the client feedback and relevant data indicated the project had made a good progress and exceeded the targets set out in the programme.

After attending the weekly support sessions, being referred to other services and attending social events, a 48-year-old man, who had experienced traumas and felt depressed, said, “I now feel less lonely, more confident in accessing other services, have improved my English and know I can go to the Iranian Association to get help.”

The project staff played key roles in finding out about the benefits of the services for our clients as they had regular meetings with all the beneficiaries. Furthermore, we collected case studies that showed the positive impact of our services on the beneficiaries. The client profile data, feedback and records of outputs/outcomes were reported to the management meetings. The project performance was discussed and monitored in monthly staff meetings with the manager to ensure our project meets the targets. The beneficiaries have been consulted regularly and feedback informed our service delivery. The clients' positive feedback about our project one-to-one support, workshops and social events exceeded our expectations. We found that the demand for the project activities was much higher than the expected targets. The Iranian Association also supported the staff professional development to ensure they provided a high quality service to the clients.

The positive outcomes reported by the clients have included:

- Increased understanding of their complex feelings/thoughts/ experiences and exploring options through 1-2-1 support

- Better informed of other services

- Feeling less isolated and more able to share feelings and problems with friends and family

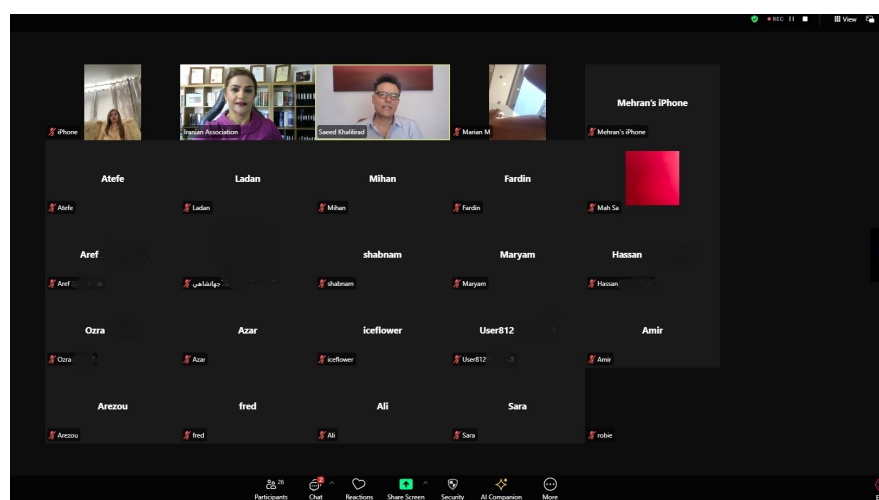
- Have learned coping mechanisms for better mental well-being

- Increased knowledge about healthier lifestyle

- Increased awareness of techniques to manage anxiety and depression

- Increased sense of community and belonging

- Increased confidence in interacting with others and making new friends





#### 42 years old women:

"I didn't know what my rights and entitlements were due to low English language and lack of understanding the system. The IA Advisor helped me increase my knowledge of the welfare system and reduce my hardship by benefiting from the interpreting service, form filling support and information/advice on the Universal Credit."

## Welfare and Housing Advice

In the year under review, the project exceeded our target and helped over 240 Iranian and Farsi speaking refugees/migrants in London reduce financial hardship. The project provided one-to-one phone, online and face-to-face advice on Universal Credit, housing, rights/entitlements, form filling and budgeting matters. The clients were also signposted to relevant local services (Councils, GPs, Citizens Advice, Law Centres, Colleges, Foodbanks etc.) and linked into our established support networks e.g. ICT/ESOL classes, health awareness workshops. Over 50% of the project service users were women. By intervening at the earliest possible stage, we prevented already vulnerable Iranian and Farsi refugees from sinking into further poverty, homelessness or mental illness. The project helped the services users feel less isolated due to lack of English; interpreting was an integral part of the service. The clients also benefited from workshops which helped them increase their understanding of the Universal Credit/benefits, raise awareness of rights/entitlements and improve budgeting skills. The project also supported volunteers to gain new admin/offices skills and help the IA.

The IA representatives have worked closely with relevant forums, health networks, and external researchers to help us influence policies at local and regional levels. The IA Manager is the current Chair of the BME Health Forum (focus on improving how the NHS, Public Health and Councils support our communities). He also sits on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on welfare and housing issues.

The analysis of the client data and their feedback has indicated that as a result of the project intervention over 80% of the service users received benefits and 30% avoided homelessness or losing their benefit.

90% of the project service users reported an increase in knowledge of their rights/entitlements, 80% percent increased their understanding of the benefits/housing English terms/jargon when hearing or communicating with the agencies or advisors.

45% of the clients improved their personal budgeting skills, 42% percent implemented a spending plan/budget and 80% reduced household costs.



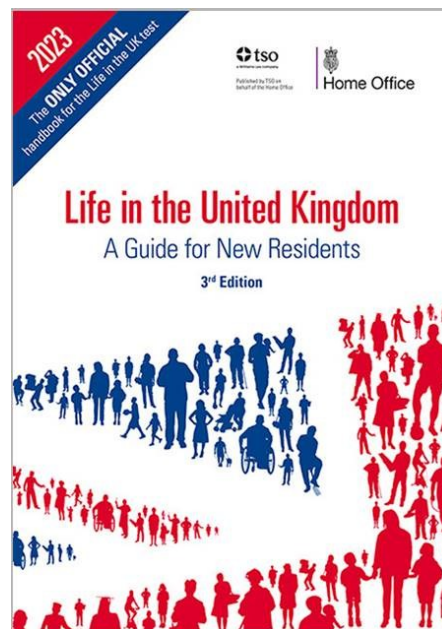
Trust  
for London

## Citizenship Advice/Test

The Iranian Association (IA) is proud of its achievements in delivering online and computer-based courses/tests, approved by different agencies and awarding bodies, for over three decades.

The IA has been conducting the citizenship test since 2005. In April 2023-March 2024, the centre helped about 22,000 people of different ethnicities take the test, which is a mandatory and integral part of the citizenship application process in the UK.

It should be noted that holding such an important and decisive test is a testament to the credibility of the Iranian Association. On the other hand, the high number of visitors indicates that the IA has been recognised as a reliable centre among various ethnic minorities.



Passing the citizenship test is one of the most important steps towards migrant integration in the UK. The questions asked in this test are related to the English language, legal, social and historical issues, and the political system of Britain.

The IA also deals with telephone, email and face-to-face inquiries about the citizenship process on a daily basis. The candidates need to pass the Life in the UK test before applying for Settlement or Naturalisation in Britain. They book an appointment through their Life in the UK accounts and attend the centre to take the test.



## Health Advocacy

The IA has been part of a three-year partnership lead by the BME Health Forum to provide community Health Advocacy to help our clients, particularly people with low or no English, access and use NHS health services and social care services.

The community Health Advocate has helped people to register with GP practices and supports the patients on how to use the NHS app and book appointments, interpreters, hospital, transport or other services. The staff advocate on behalf of the patients when needed and provide additional emotional and practical support for people with serious long-term conditions. The Health Advocate helps the patients in communicating with the NHS; Interpreting is an integral part of the service. Support has been appropriate to the level of need. Some people have just needed some signposting/wayfinding support, while others may have needed ongoing support through complex patient pathways.

The clients' experiences of their difficulties in accessing services and the observations of the Health Advocates have been shared with the NHS and we have worked with the Forum and the NHS to develop services to make them more accessible, improve outcomes, and increase early diagnoses and intervention. For example, the Health Advocate has intervened when the NHS letters did not reach the cancer patients or were not understood by them; some patients have also had technical issues when using the NHS app. The partnership has shared the patients' experience and problems with the NHS. The community health advocacy project helps the NHS develop systems that create more accessible services with improved health outcomes for the communities they serve.





## Stronger Communities

The project, a partnership between Community Massage London (CML) and the Iranian Association (IA), combined the experience and expertise of both organisations to provide services that improved the health and well-being of the beneficiaries who participated in one or more of the following sessions: Breathing/ Relaxation Techniques, Self-Massage, Reflexology, Chair Yoga and Received massage. In April 2023-March 2024 a total of forty-three refugees attended up to seven sessions. In total twenty-six women and seventeen men participated in learning and practising the well-being activities. The project exceeded all targets and expectations.

The project partnership organised two very successful and highly enjoyable events that were hosted in the Rivercourt Church in Hammersmith. Over 65 local Iranians attended the harvest well-being event hosted in October 2023. The event raised awareness of good health and well-being, promoted the Stronger Communities project and strengthened partnerships with local organisations such as Hammersmith Community Gardens and the Nutrition Hub. The event offered taster sessions in hand reflexology, seated massage and aromatherapy. The second event, which was attended by over 70 people, was hosted in March 2024 to celebrate Norouz, the Iranian New Year. It was an event which provided an opportunity for the participants to socialise, enjoy music and try different activities such as the massage and reflexology sessions.

Project Beneficiaries				
April 2023-24				
Gender break-down	Age	Intervention	Baseline measurement (main health issues reported)	Progress on Exit
26 women	18 aged 25-65 years	43 engaged in a group wellbeing activity	12 reported stress and anxiety	43 reported an improvement in all areas
17 men	24 aged over 65 years		9 reported sleeping or breathing difficulties	
	1 aged 16-25		9 reported headaches	
			13 reported back, shoulder or neck pain	



## Digital Consortium

The Imperial College Health Partners has funded the consortium led by OpenAge to deliver a programme of supporting older adults and adults with learning issues to achieve personalised digital inclusion goals through device and data provision, personalised skills assessment and one-to-one or group support. One of the main aims of the programme has been to improve participants' ability to access services that moved online during the pandemic.

The IA is a training delivery partner of the Digital consortium and helps the older people with low English language skills improve their IT and digital skills. In terms of impacts achieved, the IA saw the greatest improvement in both confidence and frequency of using the internet.

By improving the digital skills of the older and vulnerable people, they have been better able to achieve their personalised goals and improve their quality of life and wellbeing through being more connected to friends and family and/or an improved ability to access services. Raising awareness of online safeguarding is an integral part of the training programme.

The project beneficiaries have reported an increase in confidence accessing health services online at the end of support. They have also reported an increased confidence in booking appointments online and ordering online prescriptions. The participant feedback and our monitoring indicate that at the end of the support period, wellbeing levels of participants have improved.





**Iranian Association, 222 King Street, London W6 0RA  
0208 748 6682**

**[www.iranianassociation.org.uk](http://www.iranianassociation.org.uk)  
[www.facebook.com/iranianassociation](https://www.facebook.com/iranianassociation)  
[www.instagram.com/iranianassociationlondon](https://www.instagram.com/iranianassociationlondon)**



**IRANIAN ASSOCIATION**

**CHARITY NO: 1120205**  
**COMPANY NO: 06124753**

**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE**  
**YEAR ENDED 31 MARCH 2024**

## IRANIAN ASSOCIATION

## INDEX

	<b>Page</b>
Legal and Administration Information	1
Report of Management Committee	2-4
Independent Examiners Report	5
Income and Expenditure Account	6
Balance Sheet	7- 8
Notes to the Financial Statements	9 – 14



**IRANIAN ASSOCIATION  
REFERENCE & ADMINISTRATIVE DETAILS**

**Address Charity**

222 King Street  
London  
W6 0RA

**Management Committee**

**Trustees and Company Directors**

Ms Fariba Nazemi (Chair)  
Mr Faridaldin Ansari (Treasurer)  
Mr Mahram Moarefi  
Mrs Mehran Bircan

**Bankers:**

Cooperative Bank plc  
14 New Broadway  
Ealing  
London  
W5 2XL

The National Westminster Bank plc  
180 King Street  
Hammersmith  
London  
W6 0RA

**Independent Examiners:**

Datasoft Accounting Services Ltd.  
129 Station Road  
London  
NW4 4NJ

## **REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

The Iranian Association (IA) has been providing person-centred and lifeline services for 39 years. The IA's overarching aim is to ensure the ethnic minorities receive the support they need to become full citizens. We deliver a wide range of services (in person, on phone, online) to achieve this, ranging from expert AQS and OISC accredited welfare/immigration advice and advocacy, to emotional support/BACP accredited counselling, to English/ICT/Job search training, to health awareness/exercise workshops.

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We would like to thank all the staff and volunteers for their outstanding work throughout the year; without their dedication many isolated and vulnerable people could not be supported.

### **IA's ACTIVITIES REPORT THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

**ADVICE AND INFORMATION SERVICE** supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

**ESOL/IT TRAINING** improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

**CITIZENSHIP TEST AND ADVICE** reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

**HEALTH ADVOCACY** is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

**HEALTH AWARENESS WORKSHOPS** provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

**EMOTIONAL SUPPORT** delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

**GROUP COUNSELLING** helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

**EXERCISE SESSIONS** includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

**CULTURAL/SOCIAL EVENTS** reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

**VOLUNTEERING SUPPORT** builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

#### **FINANCIAL REVIEW**

The Statement of Financial Activities shows a deficit for the year of -£40. Our reserves stand at £83,084 restricted, £169,441 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

#### **RISK REVIEW**

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

#### **FIXED ASSET**

The movements in tangible assets during the year are shown in note 10 to the financial statements.

#### **RESERVES**

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

#### **INVESTMENT POLICY**

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

## STATEMENT OF TRUSTEES RESPONSIBILITIES

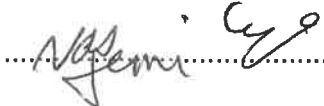
The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures  
Disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 13<sup>th</sup> December 2024 and signed on its behalf by:

..........

Ms Fariba Nazemi (Chair of MC)

**TO THE TRUSTEES OF IRANIAN ASSOCIATION  
FOR THE YEAR ENDED 31 MARCH 2024**

**Independent examiner's report to the trustees of Iranian Association ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2024

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi  
Datasoft Accounting Services Ltd  
129 Station Road  
London  
NW4 4NJ



**Cohen Accountants**  
129 Station Road  
London NW4 4NJ

**Date:**

.....13 December 2024.....

**IRANIAN ASSOCIATION**  
**INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

	Notes	Unrestricted Funds £ 2024	Restricted Funds £ 2024	Total Funds £ 2024	Total Funds  2023
<b>Income and Expenditure</b>					
<b>Incoming Resources</b>					
Grants Receivable	2		123,911	123,911	199,205
Contractual Income	3	159,247		159,247	146,962
Other Income (Donations)		25,635		25,635	23,567
<b>Total Incoming Resources</b>		<b>184,882</b>	<b>123,911</b>	<b>308,793</b>	<b>369,734</b>
<b>Resources Expended</b>					
<b>Direct charitable expenditure</b>					
Activities	4	122,233	125,479	247,712	249,567
<b>Other expenditure</b>					
Fundraising and Publicity	5	12,989	1,687	14,676	12,768
Management and Administration	6	41,455	4,990	46,445	47,465
<b>Total Resources expended</b>		<b>176,677</b>	<b>132,156</b>	<b>308,833</b>	<b>309,800</b>
<b>Net Incoming/(Outgoing) Resources for the Year</b>		<b>8,205</b>	<b>(8,245)</b>	<b>(40)</b>	<b>59,934</b>
<b>Balances brought forward at 1 April 2022</b>		<b>241,236</b>	<b>91,329</b>	<b>332,565</b>	<b>272,631</b>
<b>Balances Carried Forward at 31st March 2023</b>		<b>249,441</b>	<b>83,084</b>	<b>332,525</b>	<b>332,565</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.



**IRANIAN ASSOCIATION**  
**BALANCE SHEET AS AT 31ST MARCH 2024**

	Notes	2024		2023	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Fixed Assets	10		11,789		13,483
<b>Current Assets</b>					
Debtors		0		89,977	
Deposits & Cash		225,397		227,944	
Bank Account		125,620		110,220	
	11		351,017		428,141
<b>Current Liabilities</b>					
Creditors: Short term	12	23,315		115,554	
Payroll Taxation		0		-9,956	
VAT Liability		6,966		3,461	
			30,281		109,060
<b>Net Current Assets</b>			320,736		319,082
<b>Net Assets</b>			<b>332,525</b>		<b>332,565</b>
<b>FUNDS</b>					
Restricted	13	83,084		111,329	
Unrestricted	13	169,441		141,236	
Designated	13	80,000		80,000	
<b>TOTAL FUNDS</b>			<b>332,525</b>		<b>332,565</b>

Trustees' statement required by Section 249B(4) for the year ended 31st March 2024:  
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2024 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

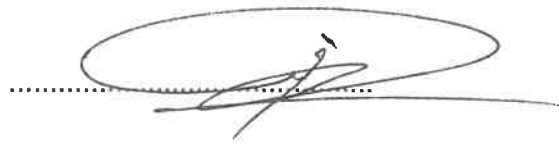
(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2024 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 13<sup>th</sup> December 2024 and were signed on its behalf by:

A handwritten signature in dark ink, consisting of a large, stylized 'F' and 'A' followed by a horizontal line, is written over a dotted line.

Mr Faridaldin Ansari  
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2024**

**1. Accounting Policies**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

**2. Grants Receivable**

The following restricted grants have been received for the financial year:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Lottery Award for All	0	1,948
CAF - Main Grant	0	74,104
CAF - Resilience Fund	0	15,000
Trust for London	38,000	37,000
City Bridge Foundation	16,533	0
BME Forum - Comic Relief and other	28,945	11,300
BME Forum - Health Advocacy	20,150	10,000
Each Consortium	0	5,880
Lloyds Bank plc	0	23,083
Open Age Digital	9,685	13,520
Friends of Charing Cross	3,000	0
Community Massage London	5,470	5,370
LB of Hammersmith & Fulham	1,000	0
SOBUS	0	2,000
Kingston University	1,128	0
	<b>123,911</b>	<b>199,205</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

### 3. Contractual Income

The following contractual income was received during the year

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
PSI and Other Online Tests	144,525	123,740
BTL Group	14,722	17,422
BME Health Forum	0	5,800
	<b>159,247</b>	<b>146,962</b>

<b>4. Direct Charitable Expenses</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
Wages & Salaries	47,064	47,064	94,128	81,744
Employers NIC	13,755	13,755	27,510	33,343
Office Charge: Rent, Utility, Rate & Telephone	18,297	18,297	36,594	33,161
Postage, Printing, Stationery, Marketing, Books & Software	501	551	1,052	2,459
Volunteering	9,177	9,178	18,855	9,710
Training	-	72	72	2,000
Health Advocacy	-	14,675	14,375	15,223
Emotional Wellbeing - Counselling	-	11,025	11,025	10,225
Tuition Fees	4,865	4,864	9,729	15,782
Advice	-	170	170	13,632
Communications	-	1,260	1,260	7,045
Travel Expenses	1,632	1,633	3,265	4,218
Test Supervision	26,942	-	26,942	20,002
Food Vouchers	-	260	260	1,020
EW Project (Admin)	-	2,675	2,675	0
<b>Total</b>	<b>122,233</b>	<b>125,479</b>	<b>247,712</b>	<b>249,564</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
<b>5. Fundraising and Publicity</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,858	-	2,858	950
Equipment Hire	0	-	0	-
<b>Total</b>	<b>12,989</b>	<b>1,687</b>	<b>14,676</b>	<b>12,768</b>

<b>6. Management and Administration of the Charity</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	4,206
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	53	-	53	61
Depreciation of Equipment	2,947	-	2,947	3,371
Audit & Accountancy	2,400	-	2,400	4,050
Legal & Professional Fees	-	500	500	15,308
Room Hire	-	1,523	1,523	265
Consumables	1,509	-	1,509	1,587
Maintenance	18,602	-	18,602	8,604
Project's Admin	-	2,675	2,675	-
Other costs	3,600	-	3,600	150
<b>Total</b>	<b>41,455</b>	<b>4,990</b>	<b>46,445</b>	<b>47,465</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

<b>7. Net Incoming Resources for the Year</b>	<b>Total Funds 2024 £</b>	<b>2023 £</b>
This stated after charging:		
Depreciation	2,947	3,371
Independent Examiner Remuneration	2,400	4,050
<b>Total</b>	<b>5,347</b>	<b>7,421</b>

<b>8. Staff Costs and Numbers</b>	<b>Total Funds £ 2024</b>	<b>2023</b>
Staff costs were as follows:		
Salaries and Wages	111,332	98,948
Employer's NIC	29,739	35,572
<b>Total</b>	<b>141,071</b>	<b>134,520</b>

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	<b>Total Funds £ 2024</b>	<b>2023</b>
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	<b>7.5</b>	<b>7.5</b>

### **9. Corporation Tax**

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.



**IRANIAN ASSOCIATION  
NOTES TO THE ACCOUNTS  
FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

<b>10. Fixed Assets</b>	<b>Office Kitchen &amp; Equipment</b>
<b>Cost</b>	
At 1 April 2023	47,475
Additions	1,503
 As at 31st March 2024	 <b>48,978</b>
<b>Accumulated Depreciation</b>	
01 April 2023	34,243
Charge for the Period	2,947
 <b>At 31st March 2024</b>	 <b>37,190</b>
 <b>Net Book Value</b>	
<b>At 31st March 2024</b>	<b>11,789</b>
 <b>31st March 2023</b>	 <b>13,483</b>

<b>11. Debtors</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Income Receivable	714	85,859
Other	4118	4,118
	<b>4,832</b>	<b>89,977</b>

<b>12. Liabilities Amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Deferred Grants	9,010	95,121
Accruals	0	10,807
Other	0	6,259
VAT Liability	4,565	3,367
	<b>13,575</b>	<b>115,554</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

**13. Movements in funds**

	<b>At 31 March</b>	<b>Incoming Resources</b>	<b>Outgoing Resources</b>	<b>Transfers</b>	<b>At 31 March</b>
	<b>2023 £</b>	<b>2024 £</b>	<b>2024 £</b>	<b>2024 £</b>	<b>2024 £</b>
<b>Restricted</b>					
Activities Fund	91,329	123,911	132,156	0	83,084
<b>Total Restricted Funds</b>	91,329	123,911	132,156	0	83,084
<b>Unrestricted</b>					
<b>Designated Funds</b>				80,000	80,000
<b>General Funds</b>	241,236	104,882	176,667	0	169,441
<b>Total Unrestricted Funds</b>	241,236	104,882	176,667	80,000	169,441
<b>Total Funds</b>	332,565	228,793	308,833	80,000	332,525

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets  
between funds**

	<b>Restricted Funds £</b>	<b>General Funds £</b>	<b>Total £</b>
Tangible Fixed Assets	-	11,789	11,789
Current Assets	170,211	180,806	351,017
Current Liabilities	(15,746)	(14,535)	(30,281)
	154,465	178,060	332,525

**IRANIAN ASSOCIATION**

**CHARITY NO: 1120205**  
**COMPANY NO: 06124753**

**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE**  
**YEAR ENDED 31 MARCH 2024**

## IRANIAN ASSOCIATION

## INDEX

	<b>Page</b>
Legal and Administration Information	1
Report of Management Committee	2-4
Independent Examiners Report	5
Income and Expenditure Account	6
Balance Sheet	7- 8
Notes to the Financial Statements	9 – 14

**IRANIAN ASSOCIATION  
REFERENCE & ADMINISTRATIVE DETAILS**

**Address Charity**

222 King Street  
London  
W6 0RA

**Management Committee**

**Trustees and Company Directors**

Ms Fariba Nazemi (Chair)  
Mr Faridaldin Ansari (Treasurer)  
Mr Mahram Moarefi  
Mrs Mehran Bircan

**Bankers:**

Cooperative Bank plc  
14 New Broadway  
Ealing  
London  
W5 2XL

The National Westminster Bank plc  
180 King Street  
Hammersmith  
London  
W6 0RA

**Independent Examiners:**

Datasoft Accounting Services Ltd.  
129 Station Road  
London  
NW4 4NJ

## **REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

The Iranian Association (IA) has been providing person-centred and lifeline services for 39 years. The IA's overarching aim is to ensure the ethnic minorities receive the support they need to become full citizens. We deliver a wide range of services (in person, on phone, online) to achieve this, ranging from expert AQS and OISC accredited welfare/immigration advice and advocacy, to emotional support/BACP accredited counselling, to English/ICT/Job search training, to health awareness/exercise workshops.

The IA helped over 1,500 clients with multiple needs meet their advice/advocacy (1-2-1 immigration/welfare sessions, interpreting/translation), skills development (Job search, volunteering, English language/IT training), social (networking/events) and/or psychological (1-2-1 emotional support, group counselling) needs; over 50% of the clients have been supported for six months or longer by taking them on a journey of change.

The IA works closely with the relevant local and national services to support the clients; in 2023-24, the IA supported over 300 people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind because the external agencies cannot support Iranians and Farsi speaking people due to language and cultural barriers. When clients came to us, they said they had not been able to find another similar group.

Furthermore, 21,800 people from diverse ethnic backgrounds were supported to take citizenship tests to apply for citizenship or Settlement.

We would like to thank Trust for London, City Bridge Foundation, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. As people have heard about our reliability/good reputation, the IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted reserve was used to meet the higher demand for our services; in the year under review, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, cultural events, arts/craft classes and exercise sessions were supported through our unrestricted fund.

The IA has developed local and national links with the relevant organisations and agencies to help us influence policies at local and regional levels. The IA Manager has continued chairing the BME Health Forum which focuses on addressing the health inequalities. The manager has also continued sitting on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on immigration, welfare, housing and health issues.

We would like to thank all the staff and volunteers for their outstanding work throughout the year; without their dedication many isolated and vulnerable people could not be supported.

### **IA's ACTIVITIES REPORT THE YEAR ENDED 31<sup>ST</sup> MARCH 2024**

**ADVICE AND INFORMATION SERVICE** supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

**ESOL/IT TRAINING** improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.



**CITIZENSHIP TEST AND ADVICE** reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

**HEALTH ADVOCACY** is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

**HEALTH AWARENESS WORKSHOPS** provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

**EMOTIONAL SUPPORT** delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

**GROUP COUNSELLING** helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

**EXERCISE SESSIONS** includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

**CULTURAL/SOCIAL EVENTS** reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

**VOLUNTEERING SUPPORT** builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

#### **FINANCIAL REVIEW**

The Statement of Financial Activities shows a deficit for the year of -£40. Our reserves stand at £83,084 restricted, £169,441 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

#### **RISK REVIEW**

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

#### **FIXED ASSET**

The movements in tangible assets during the year are shown in note 10 to the financial statements.

#### **RESERVES**

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

#### **INVESTMENT POLICY**

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

## STATEMENT OF TRUSTEES RESPONSIBILITIES

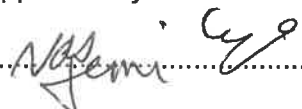
The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 13<sup>th</sup> December 2024 and signed on its behalf by:

..........

Ms Fariba Nazemi (Chair of MC)

**TO THE TRUSTEES OF IRANIAN ASSOCIATION  
FOR THE YEAR ENDED 31 MARCH 2024**

**Independent examiner's report to the trustees of Iranian Association ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2024

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi  
Datasoft Accounting Services Ltd  
129 Station Road  
London  
NW4 4NJ



**Cohen Accountants**  
129 Station Road  
London NW4 4NJ

**Date:**

.....13 December 2024.....

**IRANIAN ASSOCIATION**  
**INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

	Notes	Unrestricted Funds £ 2024	Restricted Funds £ 2024	Total Funds £ 2024	Total Funds 2023
<b>Income and Expenditure</b>					
<b>Incoming Resources</b>					
Grants Receivable	2		123,911	123,911	199,205
Contractual Income	3	159,247		159,247	146,962
Other Income (Donations)		25,635		25,635	23,567
<b>Total Incoming Resources</b>		<b>184,882</b>	<b>123,911</b>	<b>308,793</b>	<b>369,734</b>
<b>Resources Expended</b>					
<b>Direct charitable expenditure</b>					
Activities	4	122,233	125,479	247,712	249,567
<b>Other expenditure</b>					
Fundraising and Publicity	5	12,989	1,687	14,676	12,768
Management and Administration	6	41,455	4,990	46,445	47,465
<b>Total Resources expended</b>		<b>176,677</b>	<b>132,156</b>	<b>308,833</b>	<b>309,800</b>
<b>Net Incoming/(Outgoing) Resources for the Year</b>		<b>8,205</b>	<b>(8,245)</b>	<b>(40)</b>	<b>59,934</b>
<b>Balances brought forward at 1 April 2022</b>		<b>241,236</b>	<b>91,329</b>	<b>332,565</b>	<b>272,631</b>
<b>Balances Carried Forward at 31st March 2023</b>		<b>249,441</b>	<b>83,084</b>	<b>332,525</b>	<b>332,565</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

**IRANIAN ASSOCIATION**  
**BALANCE SHEET AS AT 31ST MARCH 2024**

	Notes	2024		2023	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Fixed Assets	10		11,789		13,483
<b>Current Assets</b>					
Debtors		0		89,977	
Deposits & Cash		225,397		227,944	
Bank Account		125,620		110,220	
	11		351,017		428,141
<b>Current Liabilities</b>					
Creditors: Short term	12	23,315		115,554	
Payroll Taxation		0		-9,956	
VAT Liability		6,966		3,461	
			30,281		109,060
<b>Net Current Assets</b>			320,736		319,082
<b>Net Assets</b>			<b>332,525</b>		<b>332,565</b>
<b>FUNDS</b>					
Restricted	13	83,084		111,329	
Unrestricted	13	169,441		141,236	
Designated	13	80,000		80,000	
<b>TOTAL FUNDS</b>			<b>332,525</b>		<b>332,565</b>

Trustees' statement required by Section 249B(4) for the year ended 31st March 2024:  
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2024 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

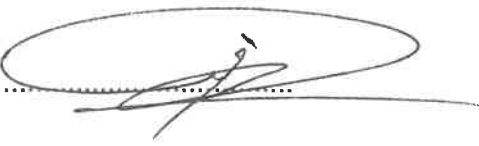
(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2024 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 13<sup>th</sup> December 2024 and were signed on its behalf by:

A handwritten signature in dark ink, consisting of a large, stylized 'F' and 'A' followed by a horizontal line, is written over a dotted line.

Mr Faridaldin Ansari  
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2024**

**1. Accounting Policies**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

**2. Grants Receivable**

The following restricted grants have been received for the financial year:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
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CAF - Main Grant	0	74,104
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Community Massage London	5,470	5,370
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SOBUS	0	2,000
Kingston University	1,128	0
	<b>123,911</b>	<b>199,205</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

### 3. Contractual Income

The following contractual income was received during the year

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
PSI and Other Online Tests	144,525	123,740
BTL Group	14,722	17,422
BME Health Forum	0	5,800
	<b>159,247</b>	<b>146,962</b>

<b>4. Direct Charitable Expenses</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
Wages & Salaries	47,064	47,064	94,128	81,744
Employers NIC	13,755	13,755	27,510	33,343
Office Charge: Rent, Utility, Rate & Telephone	18,297	18,297	36,594	33,161
Postage, Printing, Stationery, Marketing, Books & Software	501	551	1,052	2,459
Volunteering	9,177	9,178	18,855	9,710
Training	-	72	72	2,000
Health Advocacy	-	14,675	14,375	15,223
Emotional Wellbeing - Counselling	-	11,025	11,025	10,225
Tuition Fees	4,865	4,864	9,729	15,782
Advice	-	170	170	13,632
Communications	-	1,260	1,260	7,045
Travel Expenses	1,632	1,633	3,265	4,218
Test Supervision	26,942	-	26,942	20,002
Food Vouchers	-	260	260	1,020
EW Project (Admin)	-	2,675	2,675	0
<b>Total</b>	<b>122,233</b>	<b>125,479</b>	<b>247,712</b>	<b>249,564</b>



**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
<b>5. Fundraising and Publicity</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,858	-	2,858	950
Equipment Hire	0	-	0	-
<b>Total</b>	<b>12,989</b>	<b>1,687</b>	<b>14,676</b>	<b>12,768</b>

<b>6. Management and Administration of the Charity</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	4,206
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	53	-	53	61
Depreciation of Equipment	2,947	-	2,947	3,371
Audit & Accountancy	2,400	-	2,400	4,050
Legal & Professional Fees	-	500	500	15,308
Room Hire	-	1,523	1,523	265
Consumables	1,509	-	1,509	1,587
Maintenance	18,602	-	18,602	8,604
Project's Admin	-	2,675	2,675	-
Other costs	3,600	-	3,600	150
<b>Total</b>	<b>41,455</b>	<b>4,990</b>	<b>46,445</b>	<b>47,465</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

<b>7. Net Incoming Resources for the Year</b>	<b>Total Funds 2024 £</b>	<b>2023 £</b>
This stated after charging:		
Depreciation	2,947	3,371
Independent Examiner Remuneration	2,400	4,050
<b>Total</b>	<b>5,347</b>	<b>7,421</b>

<b>8. Staff Costs and Numbers</b>	<b>Total Funds £ 2024</b>	<b>2023</b>
Staff costs were as follows:		
Salaries and Wages	111,332	98,948
Employer's NIC	29,739	35,572
<b>Total</b>	<b>141,071</b>	<b>134,520</b>

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	<b>Total Funds £ 2024</b>	<b>2023</b>
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	<b>7.5</b>	<b>7.5</b>

**9. Corporation Tax**

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION  
NOTES TO THE ACCOUNTS  
FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

<b>10. Fixed Assets</b>	<b>Office Kitchen &amp; Equipment</b>
<b>Cost</b>	
At 1 April 2023	47,475
Additions	1,503
 As at 31st March 2024	 <b>48,978</b>
<b>Accumulated Depreciation</b>	
01 April 2023	34,243
Charge for the Period	2,947
 <b>At 31st March 2024</b>	 <b>37,190</b>
 <b>Net Book Value</b>	
<b>At 31st March 2024</b>	<b>11,789</b>
 <b>31st March 2023</b>	 <b>13,483</b>

<b>11. Debtors</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Income Receivable	714	85,859
Other	4,118	4,118
	<b>4,832</b>	<b>89,977</b>

<b>12. Liabilities Amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Deferred Grants	9,010	95,121
Accruals	0	10,807
Other	0	6,259
VAT Liability	4,565	3,367
	<b>13,575</b>	<b>115,554</b>

**IRANIAN ASSOCIATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

**13. Movements in funds**

	<b>At 31 March</b>	<b>Incoming Resources</b>	<b>Outgoing Resources</b>	<b>Transfers</b>	<b>At 31 March</b>
	<b>2023 £</b>	<b>2024 £</b>	<b>2024 £</b>	<b>2024 £</b>	<b>2024 £</b>
<b>Restricted</b>					
Activities Fund	91,329	123,911	132,156	0	83,084
<b>Total Restricted Funds</b>	91,329	123,911	132,156	0	83,084
<b>Unrestricted</b>					
<b>Designated Funds</b>				80,000	80,000
<b>General Funds</b>	241,236	104,882	176,667	0	169,441
<b>Total Unrestricted Funds</b>	241,236	104,882	176,667	80,000	169,441
<b>Total Funds</b>	332,565	228,793	308,833	80,000	332,525

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets  
between funds**

	<b>Restricted Funds £</b>	<b>General Funds £</b>	<b>Total £</b>
Tangible Fixed Assets	-	11,789	11,789
Current Assets	170,211	180,806	351,017
Current Liabilities	(15,746)	(14,535)	(30,281)
	154,465	178,060	332,525