

IRANIAN ASSOCIATION

England & Wales · Charity number 1120205

Details

Status	Registered
Legal form	Charitable company
Company number	06124753
Registered	2007-07-24
Register	View on the Charity Commission register

Contact

Address	222 King Street London W6 0RA
Phone	02087412304
Email	info@iranian-association.org.uk
Website	www.iranianassociation.org.uk

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF PERSONS FROM ETHNIC MINORITIES, MIGRANTS, REFUGEES AND ASYLUM SEEKERS, IN PARTICULAR BUT NOT EXCLUSIVELY THOSE OF AN IRANIAN ORIGIN AND THEIR FAMILIES RESIDENT IN THE UNITED KINGDOM, IN PARTICULAR BY THE RELIEF OF POVERTY, PROMOTION OF HEALTH, PROVISION AND ADVANCEMENT OF EDUCATION AND TRAINING; AND THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE- TIME OCCUPATION WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF SAID PERSONS.

Activities: To promote any charitable purpose for the benefit of persons from ethnic minorities, migrants, refugees and asylum seekers, in particular but not exclusively those of Iranian origin and their families resident in the United Kingdom, in particular the relief of poverty, promotion of health, the provision and advancement of education and training.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment
- **Who:** Elderly/old People, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** NATIONAL
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£391,060	£312,985	-	-
2024-03-31	£308,793	£308,833	-	-
2023-03-31	£369,734	£309,800	-	-
2022-03-31	£258,806	£232,695	-	-
2021-03-31	£296,752	£270,083	-	-

Trustees

Name	Role	Appointed
FARIDADIN ANSARI DEZFOULI		2021-12-20
Fariba Nazemi		2021-12-20
Mahram Moarefi		2021-12-20
Mehran Bircan		2021-12-20

IRANIAN ASSOCIATION

England & Wales - Charity number 1120205

Accounts



Iranian Association (IA)



Annual Review April 2024-March 2025

222 King Street, London W6 0RA

Annual Review April 2024-March 2025

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Management Committee Report

The Iranian Association (IA) is a grassroots organisation supporting people with diverse backgrounds to integrate into British society. The IA delivers a wide range of services (in person, on phone, online) to ensure the ethnic minorities receive the support they need to become full citizens. Our services include expert AQS and OISC accredited welfare/immigration advice, advocacy, emotional support/BACP accredited counselling, English/ICT training and health awareness/exercise workshops.

In 2024-25, over 1,500 Iranian and Farsi speaking used a range of our services with 45% of the clients receiving support for more than 3 months. Altogether that year the IA provided over 6000 sessions/interventions. 400 service beneficiaries benefited from multiple welfare advice sessions, 50 service beneficiaries gained new skills by attending the ESOL/ICT classes, over 120 people improved their mental wellbeing through one-to-one emotional support sessions and group counselling, 50 improved their physical/mental health through our healthy lifestyle programme and Yoga classes, 120 patients were supported by the Health Advocate, 100+ people improved vaccine and cancer awareness and several hundred reduced their isolation by attending social/cultural events. Our staff and volunteers also made home visits and helped the housebound older and disabled people use advisory and health services and develop their IT skills in using smartphones and WhatsApp to reduce their isolation. The service beneficiary case studies and client feedback have shown our services helped save lives!

Furthermore, around 25,000 people from diverse ethnic backgrounds were supported to take the citizenship tests at the IA to apply for British citizenship or Settlement.

We work closely with the relevant local and national services to support the service users. In 2024-25, the IA supported several hundred people who were referred by the agencies such as NHS/ GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind. The external agencies have told us that the client would benefit from connecting to the IA and using our services as they experience language/cultural barriers and isolation.

We would like to thank Trust for London, City Bridge Foundation, NHS, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. The IA received a larger number of requests for help than we can support through our funded programmes, so our unrestricted income and reserve was used to meet the higher demand for our services; in the year under review, the IA activities that benefited from our unrestricted income included cultural events, volunteering programme, accredited BACP counselling sessions, immigration advice, physical/mental health awareness workshops, Yoga sessions and arts/craft classes. The IA has received a substantial number of advice requests from the clients outside London as people have heard about our reliability/reputation.



Management Committee Report

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or facing serious mental health challenges.

The IA has strong local and national links with relevant forums and networks which has helped us join conversations about policies at local and regional levels. In 2024-25, the IA Manager continued chairing the BME Health Forum, focusing on improving how the NHS, Public Health and Councils respond to our communities. He participated in the Prevent Advisory Group member meetings to join the relevant local discussions and also sat on the Refugee Advocacy Forum (part of the Refugee Council) board which has aimed to influence government policies on welfare, housing and health issues.

We would like to say our heartfelt thanks to our staff and volunteers for their tireless and productive work.



Summary of Main Activities

ADVISORY SERVICE has provided multiple one-to-one advice sessions to support the clients in developing effective budgeting, finding suitable accommodation, understanding the pension/welfare system and energy bills. Form filling, interpreting/translation, sign-posting/referrals has been integral parts of the service.

ESOL/IT TRAINING has improved the knowledge of British culture and tablet/smart phone skills of the beneficiaries. The programme increases their confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills; the beneficiaries learn to access government online sites and NHS services and overcome isolation through online communication with their family/friends.

CITIZENSHIP TEST AND ADVICE has reflected the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

VOLUNTEERING SUPPORT PROGRAMME has built confidence, developed skills of the job seekers, helped them obtain references for their potential employers or go onto further education/training.

HEALTH ADVOCACY has been aimed at addressing health inequalities by providing culturally appropriate advocacy, interpreting and emotional support for the patients who feel ignored and cannot access GPs and NHS services. The patients have also learned to communicate more effectively with health professionals and book GP appointments online.

HEALTHY LIFESTYLES PROGRAMME has provided advice, set individual goals and monitored closely the clients' progress in reducing weight, eating healthier and increasing physical activities. Workshops on raising awareness about healthy eating, physical exercise, diabetes, cancer and heart disease have been an important part of the programme.

ONE-TO-ONE EMOTIONAL SUPPORT has been delivered through the NHS Warwick Edinburgh wellbeing framework and has provided a culturally sensitive service in helping the clients reduce stress, anxiety and isolation.

GROUP COUNSELLING has helped the beneficiaries reduce and manage trauma, anxiety and/or depression. A Farsi speaking BACP accredited counsellor has supported and facilitated the group sessions.

EXERCISE SESSIONS has included yoga and breathing techniques to improve the participants' fitness and energy levels and muscle function/balance/posture.

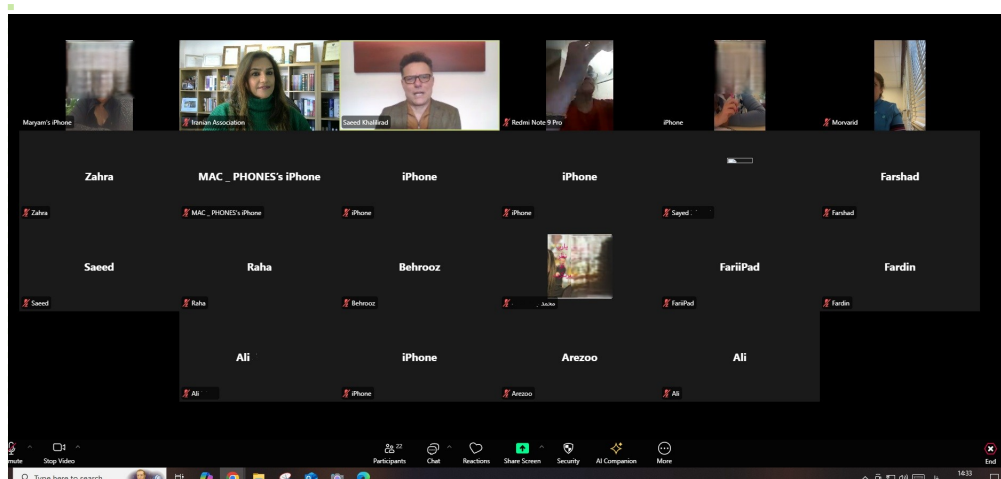
CULTURAL/SOCIAL EVENTS have reduced the isolation of the participants by engaging them in cross-cultural heritage activities and helping them make new friends and join networks/peer support groups.

One-to-One support and Workshops

In the year under review, the project supported over 110 Iranian and Farsi speaking refugees, a demographic consistently turned away by other agencies, to deal with their issues and challenges in adapting to life in London. The project has successfully continued to provide one-to-one support, referrals, workshops and social/community events to support the refugees experiencing isolation and mental/emotional crisis. This has been made possible with the support and dedication of our competent project staff (Emotional support advisor and Admin/Marketing Assistant) who had the relevant lived experience and skills to support the clients. The project staff have liaised closely with our internal services (e.g. benefits/housing/immigration advisors, ESOL/IT classes, volunteering...) and external agencies (e.g. DWP/Universal Credit, GPs/NHS, Housing Departments, Social Services, Colleges ...) to achieve the best outcome for the clients.

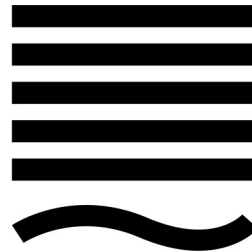
External agencies (NHS/GPs, DWP, Local Authorities, Mind ...) are unable to support Iranian and Farsi-speaking refugees due to severe language and cultural barriers; they have been referring the clients to us because the project provides a culturally sensitive and early intervention service enabled by project staff with relevant lived experience and linguistic competency. So, the project has been bridging a critical systemic gap for Iranian and Farsi speaking refugees.

In the past 12 months, the City Bridge Foundation grant enabled us to continue providing a lifeline service to Iranian and Farsi speaking refugees with no/low English and declining mental health; the project provided a holistic service including 1-2-1 sixty-minute emotional wellbeing sessions, referrals to other services, 4 social/community events, 10 workshops (e.g. Dealing with anxiety, Managing relationships/generation gap, Coping with traumas, Cancer Awareness, ...), 10 meditation/yoga sessions.



After three months of consistent support, being referred to other services and attending workshops, a 28-year woman said, “I am less depressed and more motivated to learn English and plan my future career. With the help of the advisor, I have decided to develop my skills for working in the childcare sector”

Our project surveys have shown that the project services have been much needed by the community. We found that the beneficiaries were unable to access mainstream services before coming to the IA; a large number of them were referred to us by the NHS and other agencies who couldn't help them due to language and cultural barriers. Beneficiaries told us they had been unable to find a similar group and were happy that the IA staff understood their problems, language and culture. Beneficiaries were adult refugees (65% women, 35% men), in receipt of benefits, 85% lived in London boroughs of Barnet, Brent, Camden, Ealing, Enfield, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Westminster and 15% in other boroughs confirming the project services reach across London. The demand for the project services is higher than the expected targets, so we maintain a waiting list which is a clear justification for increased investment.



**CITY BRIDGE
FOUNDATION**

Welfare and Housing Advice

Between April 2024 and March 2025, the project operated during a period of significant economic volatility. For the Iranian and Farsi-speaking refugee community in London, the "cost-of-living crisis" was not just a headline; it was a daily struggle for survival. Most service users arrived with a range of challenges: little to no English language skills, zero familiarity with the UK's welfare system, and no existing social or family networks to guide them.

The project was designed to be more than an advice line; it was a lifeline intended to prevent vulnerable individuals from falling through the cracks of poverty, homelessness, and declining mental health.

Over the 12-month period, the project supported 252 individuals. The approach was holistic, beginning with the removal of the most immediate barrier: communication. Because the DWP and local councils operate almost exclusively in English, the advisor's role as an interpreter was essential. We did not simply speak for the clients; we empowered them. By the end of the period, over 80% of beneficiaries reported a significantly better understanding of the complex "jargon" associated with housing and benefits.

With many forms—specifically Universal Credit—now requiring high levels of digital literacy, the advisor bridged the "digital divide," ensuring that 80% of our service users successfully accessed their entitled benefits. For 32% of our clients, this intervention was the only thing preventing a total loss of income.

Financial stability is the foundation of integration. During this period, we shifted our focus toward proactive money management. Through 1-to-1 sessions and targeted workshops, we helped 130 clients overhaul their approach to personal budgeting.

The narrative of this period was one of resilience. In the face of rising rents and utility bills, 102 households successfully worked with our advisor to identify and reduce non-essential costs. While some cases were so severe they required referrals to food banks, the majority of our clients moved from a state of "financial helplessness" to one of "informed decision-making." They reported a newfound confidence in their ability to track spending and plan for the future.

By linking beneficiaries to our established networks—such as ESOL classes, health workshops, and community outings—the project successfully broke the cycle of isolation.

Furthermore, the project invested in the future of the community by training three volunteers. These individuals gained vital office and customer service skills, strengthening the Iranian Association's internal capacity while building their own professional confidence.

“Everything is online now, but I didn't even know how to start a Universal Credit claim. Without the IA advisor helping me with the forms and the website, I would have lost my benefits and my home. With the prices of food and electricity going up, I was terrified we would end up on the street. The advisor taught me how to track every penny. For the first time, I sat down and made a plan for our money.”

Male project beneficiary

The 2024–2025 monitoring period demonstrates that specialised, culturally specific intervention is not a luxury—it is a necessity. By providing 252 refugees with the tools to communicate, budget, and advocate for their rights, the Welfare Advisor project has done more than just process claims; it has facilitated a smoother transition into British life. We have turned a period of potential destitution into one of stability, ensuring that our clients are now better equipped to contribute to and thrive within their new London communities.



**Trust
for London**



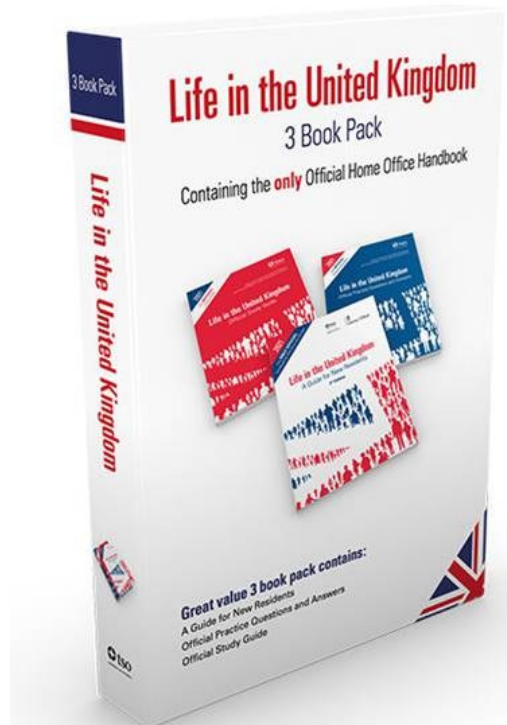
Citizenship Advice and Test

For over three decades, the Iranian Association (IA) has established itself as a premier provider of accredited online and computer-based educational services. A cornerstone of our contribution to the community is our role in facilitating the UK Citizenship Test, a service we have proudly delivered since 2005.

Between April 2024 and March 2025, the IA supported approximately 25,000 candidates from diverse ethnic backgrounds. As a mandatory requirement for Settlement and Naturalisation, this test serves as a vital gateway to migrant integration.

Beyond testing, the IA remains a primary hub for information, managing a daily influx of inquiries via telephone, email, and in-person consultations. By guiding candidates through the complexities of the British legal, social, and political landscape, we continue to foster a more inclusive and civic-minded society.

The high volume of candidates choosing the IA is a clear indicator of our reliability and our commitment to fostering a seamless transition for those seeking to make Britain their home.



Health Advocacy

In the year under review, our health advocate supported individuals and families within the Iranian community to understand and access healthcare services; over 150 people benefited from her support. Her work has focused particularly on people who faced barriers such as language difficulties, limited knowledge of the GPs/NHS, cultural differences, or being new to the UK: her work has had lifesaving impact for the patients with serious health issues. She has aimed to ensure that community members feel informed, confident, and supported when engaging with the health services, while also reducing health inequalities.

One significant example of our health advocacy involved a woman with a family history of breast cancer who was referred to a breast clinic. The hospital sent her appointment details via a text message containing a link to an online letter. Due to language barriers and unfamiliarity with digital systems, she could not understand the message or access the letter and, as a result, missed her appointment. When the client realised she had missed the appointment, she contacted our health advocate, who supported her to contact her GP and request a new referral. The health advocate also advised the client to seek support immediately if she received any further messages or letters. With this support, the client attended her rescheduled appointment and was unfortunately diagnosed with breast cancer and required treatment. However, thanks to the timely intervention of the health advocate, the condition was identified and treatment began promptly. Without this support, the client may have remained unaware and her condition could have worsened. She has now started treatment, which is progressing well.

This case also highlighted a wider issue affecting many community members. Some hospitals were sending appointment letters via time sensitive links in text messages, which many clients were unable to access before the link expired due to language barriers or lack of digital skills. Our health advocate raised this concern with the relevant services, and as a result, changes were made so that the links are no longer time-limited, improving accessibility for patients.

In addition to advocacy, our health advocate has supported individuals with practical tasks related to healthcare access. This has included registering with GP surgeries, booking appointments online or by phone, providing appointment reminders, arranging interpreters, and explaining what to expect during medical visits to reduce anxiety. She has also taught clients how to use online GP and hospital platforms so they can manage future appointments more independently.

Health education and advocacy are central to her role. Our health advocate has shared information on healthy living, disease prevention, mental health, and available support services. She has encouraged individuals to attend health checks, screenings, vaccinations, and follow-up appointments, and has advocated on their behalf when they have experienced difficulties accessing care.

Overall, this project, supported by our experienced health advocate, has helped many individuals improve their quality of life by increasing their understanding of the UK health system and ensuring they know how and where to seek help when needed. Through guidance, interpreting, advocacy, and practical support, she has acted as a vital link between the community and healthcare services, empowering individuals to take an active role in managing their health.

BME
healthforum



Healthy Lifestyles Programme

In 2024-25, the Imperial Health Charity Compassionate Communities grants programme supported the IA to run a project aiming to improve the health and wellbeing of our local community and reduce health inequalities affecting Black and Minority Ethnic communities.

The IA supported members of the Iranian community to make three lifestyle changes to improve their health over three months.

One participant shared how the sessions have improved her mental health. She said: "It's helped me a lot. Before this, I was alone and didn't have many friends to talk to and I was very, very depressed. Now, I've found lots of friends and it helps my mental wellbeing. I was shy and sensitive, but since coming here I feel I can open up."

The sessions have also improved her physical health. She said: "I never exercised before, and now I exercise every day for at least five minutes when I wake up."

For lots of participants, the goal was to adapt their diet to help lose weight or manage health conditions such as diabetes. Collectively, the group lost a total of 60kg.

"I was shy and sensitive, but since coming here I feel I can open up."

Healthy Lifestyles participant.





Digital Consortium

In an increasingly digital world, the transition of essential services to online platforms has left many behind—particularly older adults and those with learning disabilities. To bridge this gap, Imperial College Health Partners funded a specialised consortium led by Open Age, designed to transform digital barriers into gateways of opportunity.

Through this initiative, the learners have received a personalised roadmap to digital literacy. This includes comprehensive skills assessments, and a choice of one-to-one or group support tailored to their unique pace and needs.

As a dedicated training partner within the Digitall consortium, the IA has played a pivotal role in reaching those facing dual barriers: age and limited English language skills. We have ensured that language is not an obstacle to technology. We have observed a profound shift in our project participants; what begins as an introduction to a tablet or smartphone evolves into a significant increase in both the frequency of internet use and, more importantly, the confidence to explore the digital landscape independently.

The impact of this programme has extended far beyond technical proficiency. By integrating online safeguarding into the heart of the curriculum, we have provided participants with the tools to navigate the web safely. This newfound security has had direct, real-life consequences.

Beneficiaries have transitioned from relying on others to independently booking their own medical appointments and managing prescriptions online. By mastering video calls and messaging, participants have reconnected with distant family and friends.

Participant feedback and rigorous monitoring have consistently shown a measurable rise in overall wellbeing. By fostering digital inclusion, we have not just been teaching IT skills—we have been restoring confidence, improving health access, and enhancing the quality of life for our community's most vulnerable members.



Stronger Communities

Between April and September 2024, Community Massage London and the Iranian Association partnered to deliver a comprehensive wellbeing programme. This partnership successfully integrated the specialised expertise of both organisations to improve the health and wellbeing of our beneficiaries. We are pleased to report that the project fully met all targets and expectations.

During this six-month period, the project supported 24 refugees (18 women and 6 men). Participants engaged in up to seven sessions each, including a diverse range of holistic activities: Breathing/Relaxation Techniques, Self-Massage, Reflexology, Chair Yoga and Received massage.

In June 2024, the partnership hosted a successful social and cultural event. Beyond raising awareness for health and wellbeing, the gathering served as a vital space for reducing isolation through community interaction and enhancing the experience with live music and shared enjoyment.

"Before the sessions, my body felt heavy and stiff from stress. After the massage and yoga, I feel lighter, and for the first time in months, the pain in my shoulders has eased."

Female Participant

Project Beneficiaries				
April 2024-25				
Gender break-down	Age	Intervention	Baseline measurement (main health issues reported)	Progress on Exit
18 women	19 aged 25-65 years	24 engaged in a group wellbeing activity	12 reported stress and anxiety	24 reported an improvement in all areas
6 men	7 aged over 65 years		8 reported sleeping or breathing difficulties	
			6 reported headaches	
			6 reported back, shoulder or neck pain	



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FOUNDATION



Iranian Association, 222 King Street, London W6 0RA
0208 748 6682

www.iranianassociation.org.uk
www.facebook.com/iranianassociation
www.instagram.com/iranianassociationlondon



Iranian Association

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS

FOR THE

YEAR ENDED 31 MARCH 2025

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address Charity

222 King Street
London
W6 0RA

Management Committee

Trustees and Company Directors

Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers:

Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners:

Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2025

The Iranian Association (IA) is an experienced grassroots organisation supporting people from ethnic minority backgrounds to integrate into the UK. The IA delivers a wide range of services (in person, on phone, online) to ensure the ethnic minorities receive the support they need to become full citizens. Our services include expert AQS and OISC accredited welfare/immigration advice/advocacy, emotional support/BACP accredited counselling, English/ICT training and health awareness/exercise workshops.

In 2024-25 over 1,600 Iranian and Farsi speaking used a range of the IA services with 45% of the clients receiving support for more than 3 months. Altogether that year the IA provided over 6000 sessions/interventions. 400 service beneficiaries benefited from multiple welfare advice sessions. Over 100 people improved their mental wellbeing through emotional support sessions, 120 patients were supported by the IA Health Advocate, 100+ people benefited from our vaccine and cancer awareness campaigns, 50 service beneficiaries gained new skills by attending the ESOL/ICT classes, 50 improved their physical/mental health through our healthy lifestyle programme and Yoga classes. Our staff and volunteers also made home visits and helped the housebound older and disabled people use advisory and health services and develop their IT skills in using smartphones and social media to reduce their isolation. The case studies and client feedback have shown our services helped save lives!

Furthermore, around 25,000 people from diverse ethnic backgrounds were supported to take the citizenship tests at the IA to apply for British Citizenship or Settlement.

We work closely with the relevant local and national services to support the service users. In 2024-25, the IA supported several hundred people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind. The external agencies have told us that the client would benefit from connecting to the IA and using our services as they experience isolation and language/cultural barriers.

We would like to thank Trust for London, City Bridge Foundation, NHS, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. The IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted income and reserve was used to meet the higher demand for our services; in the year under review, the IA activities that benefited from our unrestricted income included cultural events, volunteering programme, accredited BACP counselling sessions, immigration advice, physical/mental health awareness workshops, Yoga sessions and arts/craft classes. The IA has received a substantial number of advice requests from the clients outside London as people have heard about our reliability/reputation.

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or mental illness.

The IA has had strong local and national links with relevant forums, health networks, and academic/government researchers which has helped us influence policies at local and regional levels. In 2024-25, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence

local authority and government policies on welfare, housing and health issues.

We would like to say our heartfelt thanks to our staff and volunteers for their tireless and productive work.

IA's ACTIVITIES REPORT THE YEAR ENDED 31ST MARCH 2025

ADVICE AND INFORMATION SERVICE supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

ESOL/IT TRAINING improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

CITIZENSHIP ADVICE AND TEST reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

HEALTH ADVOCACY is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

HEALTH AWARENESS WORKSHOPS provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

EMOTIONAL SUPPORT delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

GROUP COUNSELLING helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

EXERCISE SESSIONS includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

VOLUNTEERING SUPPORT builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

COMMUNITY/SOCIAL EVENTS reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

Report of the Management Committee (Continued) **For the Year Ended 31 March 2025**

FINANCIAL REVIEW

The Statement of Financial Activities shows a surplus for the year of £78,075. Our reserves stand at £101,163 restricted, £229,437 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

RISK REVIEW

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSET

The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

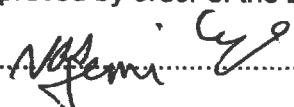
- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures

Disclosed and explained in the financial statements;

- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29 December 2025 and signed on its behalf by:

.....


Ms Fariba Nazemi (Chair of MC)

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2025

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ


Cohen Accountants
129 Station Road
London NW4 4NJ

Date:

30/12/2025

**IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

	Notes	Unrestricted Funds £ 2025	Restricted Funds £ 2025	Total Funds £ 2025	Total Funds 2024
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		152,269	152,269	123,911
Contractual Income	3	231,705		231,705	159,247
Other Income (Donations)		7,086		7,086	25,635
Total Incoming Resources		238,791	152,269	391,060	308,793
Resources Expended					
Direct charitable expenditure					
Activities	4	138,884	124,352	262,236	247,712
Other expenditure					
Fundraising and Publicity	5	13,105	1,687	14,792	14,676
Management and Administration	6	26,806	8,151	34,957	46,445
Total Resources expended		178,795	134,190	312,985	308,833
Net Incoming/(Outgoing) Resources for the Year		59,996	18,079	78,075	(40)
Balances brought forward at 1 April 2022		249,441	83,084	332,525	332,565
Balances Carried Forward at 31st March 2023		309,437	101,163	410,600	332,525

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2025

	Notes	2025		2024	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		15,590		11,789
Current Assets					
Debtors		8,532		0	
Deposits & Cash		249,303		225,397	
Bank Account		18,078		125,620	
Saving Account		151,102			
	11		427,015		351,017
Current Liabilities					
Creditors: Short term	12	13,892		23,315	
Payroll Taxation		3,260		0	
VAT Liability		14,853		6,966	
			32,005		30,281
Net Current Assets			395,010		320,736
Net Assets			410,600		332,525
FUNDS					
Restricted	13	101,163		83,084	
Unrestricted	13	229,437		169,441	
Designated	13	80,000		80,000	
TOTAL FUNDS			410,600		332,525

Trustees' statement required by Section 249B(4) for the year ended 31st March 2025:
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2025 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2025 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 29 December 2025 and were signed on its behalf by:

.....


Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2025	2024
	£	£
Trust for London	48,550	38,000
City Bridge Foundation	33,681	16,533
BME Forum - Comic Relief and other	22,551	28,945
BME Forum - Health Advocacy	23,000	20,150
Open Age Digital	14,473	9,685
Friends of Charing Cross	0	3,000
Community Massage London	5,000	5,470
LB of Hammersmith & Fulham	4,714	1,000
Kingston University	0	1,128
British Museum	300	0
	152,269	123,911

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

3. Contractual Income

The following contractual income was received during the year

	2025	2024
	£	£
PSI and Other Online Tests	213,475	144,525
BTL Group	18,230	14,722
	231,705	159,247

4. Direct Charitable Expenses

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages & Salaries	62,224	42,223	104,447	94,128
Employers NIC	15,931	11,930	27,861	27,510
Office Charge: Rent, Utility, Rate & Telephone	17,354	17,354	34,708	36,594
Postage, Printing, Stationery, Marketing, Books & Software	1,194	1,194	2,388	1,052
Volunteering	9,888	9,887	19,775	18,855
Training	-	690	690	72
Health Advocacy	-	14,182	14,182	14,375
Emotional Wellbeing - Counselling	-	24,100	24,100	11,025
Tuition Fees	2,793	2,792	5,585	9,729
Advice	380	-	380	170
Communications	-	-	1,260	1,260
Travel Expenses	3,508	-	3,508	3,265
Test Supervision	25,612	-	25,612	26,942
Food Vouchers	-	-	260	260
EW Project (Admin)	-	-	-	2,675
Total	138,884	124,352	263,236	247,712

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

	2025	2025	2025	2024
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,974	-	2,974	2,858
Equipment Hire	0	-	0	-
Total	13,105	1,687	14,792	14,676

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	2,771
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	54	-	54	53
Depreciation of Equipment	3,897	-	3,897	2,947
Audit & Accountancy	2,400	-	2,400	2,400
Legal & Professional Fees	-	34	34	500
Room Hire	-	2,055	2,055	1,523
Consumables	1,759	-	1,759	1,509
Maintenance	3,235	-	3,235	18,602
Project's Admin & Workshops	-	5,770	5,770	2,675
Other costs	1,242	-	1,242	3,600
Total	26,806	8,151	34,957	46,445

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

7. Net Incoming Resources for the Year	Total Funds	
	2025	2024
	£	£
This stated after charging:		
Depreciation	3,897	2,947
Independent Examiner Remuneration	2,400	2,400
Total	6,297	5,347

8. Staff Costs and Numbers	Total Funds	
	£	
	2025	2024
Staff costs were as follows:		
Salaries and Wages	121,651	111,332
Employer's NIC	30,090	29,739
Total	151,741	141,071

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2025	2024
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	7.5	7.5

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

10. Fixed Assets

	Office Kitchen & Equipment	
Cost		
At 1 April 2024	48,978	
Additions	7,699	
As at 31st March 2025	56,677	
Accumulated Depreciation		
01 April 2024	37,190	
Charge for the Period	3,897	
At 31st March 2025	41,087	
Net Book Value		
At 31st March 2025	15,590	
31st March 2024	13,483	

11. Debtors

	2025	2024
	£	£
Income Receivable	7,290	714
Other	1,242	4,118
	8,532	89,977

12. Liabilities Amounts falling due within one year

	2025	2024
	£	£
Deferred Grants	0	9,010
Accruals	8,732	0
Other	5,160	0
VAT Liability	0	4,565
	13,892	13,575

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 March
	2024 £	2025 £	2025 £	2025 £	2025 £
Restricted					
Activities Fund	83,084	152,269	134,190	0	101,163
Total Restricted Funds	83,084	152,269	134,190	0	101,163
Unrestricted					
Designated Funds				80,000	80,000
General Funds	169,441	158,791	178,795	0	149,437
Total Unrestricted Funds	169,441	158,791	178,795	0	149,437
Total Funds	332,525	311,060	312,985	0	410,600

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	15,590	15,590
Current Assets	203,567	216,158	427,015
Current Liabilities	(16,643)	(15,362)	(32,005)
	186,924	216,386	410,600

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS

FOR THE

YEAR ENDED 31 MARCH 2025

IRANIAN ASSOCIATION

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Income and Expenditure Account	6
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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address Charity

222 King Street
London
W6 0RA

Management Committee

Trustees and Company Directors

Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers:

Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners:

Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2025

The Iranian Association (IA) is an experienced grassroots organisation supporting people from ethnic minority backgrounds to integrate into the UK. The IA delivers a wide range of services (in person, on phone, online) to ensure the ethnic minorities receive the support they need to become full citizens. Our services include expert AQS and OISC accredited welfare/immigration advice/advocacy, emotional support/BACP accredited counselling, English/ICT training and health awareness/exercise workshops.

In 2024-25 over 1,600 Iranian and Farsi speaking used a range of the IA services with 45% of the clients receiving support for more than 3 months. Altogether that year the IA provided over 6000 sessions/interventions. 400 service beneficiaries benefited from multiple welfare advice sessions. Over 100 people improved their mental wellbeing through emotional support sessions, 120 patients were supported by the IA Health Advocate, 100+ people benefited from our vaccine and cancer awareness campaigns, 50 service beneficiaries gained new skills by attending the ESOL/ICT classes, 50 improved their physical/mental health through our healthy lifestyle programme and Yoga classes. Our staff and volunteers also made home visits and helped the housebound older and disabled people use advisory and health services and develop their IT skills in using smartphones and social media to reduce their isolation. The case studies and client feedback have shown our services helped save lives!

Furthermore, around 25,000 people from diverse ethnic backgrounds were supported to take the citizenship tests at the IA to apply for British Citizenship or Settlement.

We work closely with the relevant local and national services to support the service users. In 2024-25, the IA supported several hundred people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind. The external agencies have told us that the client would benefit from connecting to the IA and using our services as they experience isolation and language/cultural barriers.

We would like to thank Trust for London, City Bridge Foundation, NHS, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. The IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted income and reserve was used to meet the higher demand for our services; in the year under review, the IA activities that benefited from our unrestricted income included cultural events, volunteering programme, accredited BACP counselling sessions, immigration advice, physical/mental health awareness workshops, Yoga sessions and arts/craft classes. The IA has received a substantial number of advice requests from the clients outside London as people have heard about our reliability/reputation.

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or mental illness.

The IA has had strong local and national links with relevant forums, health networks, and academic/government researchers which has helped us influence policies at local and regional levels. In 2024-25, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence

local authority and government policies on welfare, housing and health issues.

We would like to say our heartfelt thanks to our staff and volunteers for their tireless and productive work.

IA's ACTIVITIES REPORT THE YEAR ENDED 31ST MARCH 2025

ADVICE AND INFORMATION SERVICE supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

ESOL/IT TRAINING improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

CITIZENSHIP ADVICE AND TEST reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

HEALTH ADVOCACY is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

HEALTH AWARENESS WORKSHOPS provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

EMOTIONAL SUPPORT delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

GROUP COUNSELLING helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

EXERCISE SESSIONS includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

VOLUNTEERING SUPPORT builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

COMMUNITY/SOCIAL EVENTS reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

Report of the Management Committee (Continued) **For the Year Ended 31 March 2025**

FINANCIAL REVIEW

The Statement of Financial Activities shows a surplus for the year of £78,075. Our reserves stand at £101,163 restricted, £229,437 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

RISK REVIEW

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSET

The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

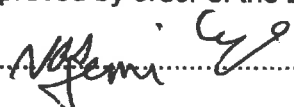
- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures

Disclosed and explained in the financial statements;

- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29 December 2025 and signed on its behalf by:

.....


Ms Fariba Nazemi (Chair of MC)

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2025

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ


Cohen Accountants
129 Station Road
London NW4 4NJ

Date:

30/12/2025

**IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

	Notes	Unrestricted Funds £ 2025	Restricted Funds £ 2025	Total Funds £ 2025	Total Funds 2024
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		152,269	152,269	123,911
Contractual Income	3	231,705		231,705	159,247
Other Income (Donations)		7,086		7,086	25,635
Total Incoming Resources		238,791	152,269	391,060	308,793
Resources Expended					
Direct charitable expenditure					
Activities	4	138,884	124,352	262,236	247,712
Other expenditure					
Fundraising and Publicity	5	13,105	1,687	14,792	14,676
Management and Administration	6	26,806	8,151	34,957	46,445
Total Resources expended		178,795	134,190	312,985	308,833
Net Incoming/(Outgoing) Resources for the Year		59,996	18,079	78,075	(40)
Balances brought forward at 1 April 2022		249,441	83,084	332,525	332,565
Balances Carried Forward at 31st March 2023		309,437	101,163	410,600	332,525

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2025

	Notes	2025		2024	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		15,590		11,789
Current Assets					
Debtors		8,532		0	
Deposits & Cash		249,303		225,397	
Bank Account		18,078		125,620	
Saving Account		151,102			
	11		427,015		351,017
Current Liabilities					
Creditors: Short term	12	13,892		23,315	
Payroll Taxation		3,260		0	
VAT Liability		14,853		6,966	
			32,005		30,281
Net Current Assets			395,010		320,736
Net Assets			410,600		332,525
FUNDS					
Restricted	13	101,163		83,084	
Unrestricted	13	229,437		169,441	
Designated	13	80,000		80,000	
TOTAL FUNDS			410,600		332,525

Trustees' statement required by Section 249B(4) for the year ended 31st March 2025:
 In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2025 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2025 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 29 December 2025 and were signed on its behalf by:



.....

Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2025	2024
	£	£
Trust for London	48,550	38,000
City Bridge Foundation	33,681	16,533
BME Forum - Comic Relief and other	22,551	28,945
BME Forum - Health Advocacy	23,000	20,150
Open Age Digital	14,473	9,685
Friends of Charing Cross	0	3,000
Community Massage London	5,000	5,470
LB of Hammersmith & Fulham	4,714	1,000
Kingston University	0	1,128
British Museum	300	0
	152,269	123,911

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

3. Contractual Income

The following contractual income was received during the year

	2025	2024
	£	£
PSI and Other Online Tests	213,475	144,525
BTL Group	18,230	14,722
	231,705	159,247

4. Direct Charitable Expenses

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages & Salaries	62,224	42,223	104,447	94,128
Employers NIC	15,931	11,930	27,861	27,510
Office Charge: Rent, Utility, Rate & Telephone	17,354	17,354	34,708	36,594
Postage, Printing, Stationery, Marketing, Books & Software	1,194	1,194	2,388	1,052
Volunteering	9,888	9,887	19,775	18,855
Training	-	690	690	72
Health Advocacy	-	14,182	14,182	14,375
Emotional Wellbeing - Counselling	-	24,100	24,100	11,025
Tuition Fees	2,793	2,792	5,585	9,729
Advice	380	-	380	170
Communications	-	-	1,260	1,260
Travel Expenses	3,508	-	3,508	3,265
Test Supervision	25,612	-	25,612	26,942
Food Vouchers	-	-	260	260
EW Project (Admin)	-	-	-	2,675
Total	138,884	124,352	263,236	247,712

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

	2025	2025	2025	2024
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,974	-	2,974	2,858
Equipment Hire	0	-	0	-
Total	13,105	1,687	14,792	14,676

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2025	2025	2025	2024
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	2,771
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	54	-	54	53
Depreciation of Equipment	3,897	-	3,897	2,947
Audit & Accountancy	2,400	-	2,400	2,400
Legal & Professional Fees	-	34	34	500
Room Hire	-	2,055	2,055	1,523
Consumables	1,759	-	1,759	1,509
Maintenance	3,235	-	3,235	18,602
Project's Admin & Workshops	-	5,770	5,770	2,675
Other costs	1,242	-	1,242	3,600
Total	26,806	8,151	34,957	46,445

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025

7. Net Incoming Resources for the Year	Total Funds	
	2025	2024
	£	£
This stated after charging:		
Depreciation	3,897	2,947
Independent Examiner Remuneration	2,400	2,400
Total	6,297	5,347

8. Staff Costs and Numbers	Total Funds	
	£	
	2025	2024
Staff costs were as follows:		
Salaries and Wages	121,651	111,332
Employer's NIC	30,090	29,739
Total	151,741	141,071

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2025	2024
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	7.5	7.5

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

10. Fixed Assets

	Office Kitchen & Equipment
Cost	
At 1 April 2024	48,978
Additions	7,699
 As at 31st March 2025	 56,677
Accumulated Depreciation	
01 April 2024	37,190
Charge for the Period	3,897
 At 31st March 2025	 41,087
 Net Book Value	
At 31st March 2025	15,590
 31st March 2024	 13,483

11. Debtors

	2025	2024
	£	£
Income Receivable	7,290	714
Other	1,242	4,118
	8,532	89,977

12. Liabilities Amounts falling due within one year

	2025	2024
	£	£
Deferred Grants	0	9,010
Accruals	8,732	0
Other	5,160	0
VAT Liability	0	4,565
	13,892	13,575

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2024 TO 31 MARCH 2025**

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 March
	2024 £	2025 £	2025 £	2025 £	2025 £
Restricted					
Activities Fund	83,084	152,269	134,190	0	101,163
Total Restricted Funds	83,084	152,269	134,190	0	101,163
Unrestricted					
Designated Funds				80,000	80,000
General Funds	169,441	158,791	178,795	0	149,437
Total Unrestricted Funds	169,441	158,791	178,795	0	149,437
Total Funds	332,525	311,060	312,985	0	410,600

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	15,590	15,590
Current Assets	203,567	216,158	427,015
Current Liabilities	(16,643)	(15,362)	(32,005)
	186,924	216,386	410,600

IRANIAN ASSOCIATION

England & Wales - Charity number 1120205

Accounts



Iranian Association (IA)

Annual Review April 2023-March 2024

222 King Street, London W6 0RA

Annual Review April 2023-March 2024

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Management Committee Report

The Iranian Association (IA) has been providing person-centred and lifeline services for 39 years. The IA's overarching aim is to ensure the ethnic minorities receive the support they need to become full citizens. We deliver a wide range of services (in-person, on phone, online) to achieve this, ranging from expert AQS and OISC accredited welfare/immigration advice and advocacy, to emotional support/BACP accredited counselling, to English/ICT/Job search training, to health awareness/exercise workshops.

The IA helped over 1,500 clients with multiple needs meet their advice/advocacy (1-2-1 immigration/welfare sessions, interpreting/translation), skills development (Job search, volunteering, English language/IT training), social (networking/events) and/or psychological (1-2-1 emotional support, group counselling) needs; over 50% of the clients have been supported for six months or longer by taking them on a journey of change.

The IA works closely with the relevant local and national services to support the clients; in 2023-24, the IA supported over 300 people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind because the external agencies cannot support Iranians and Farsi speaking people due to language and cultural barriers. When clients came to us, they said they had not been able to find another similar group.

Furthermore, 21,800 people from diverse ethnic backgrounds were supported to take the citizenship tests to apply for British Citizenship or Settlement.

We would like to thank Trust for London, City Bridge Foundation, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. As people have heard about our reliability/good reputation, the IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted reserve was used to meet the higher demand for our services; in the year under review, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, cultural events, arts/craft classes and exercise sessions were supported through our unrestricted fund.

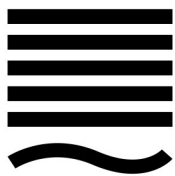
The IA has developed local and national links with the relevant organisations and agencies to help us influence policies at local and regional levels. The IA Manager has continued chairing the BME Health Forum which focuses on addressing the health inequalities. The manager has also continued sitting on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on immigration, welfare, housing and health issues.



Management Committee Report

We would like to thank all the staff and volunteers for their outstanding work throughout the year; without their dedication many isolated and vulnerable people could not be supported.





**CITY BRIDGE
FOUNDATION**

One-to-one support, training, social events and referrals

The project was launched in September 2023 to support the refugees experiencing isolation and mental/emotional crisis. In the past 6 months, our project's greatest achievement was to enable over 60 refugees to deal with their issues, cope with the challenges and adapt to life in London. This was made possible with the support and dedication of the project staff who had the relevant lived experience and skills to support the clients. Our staff liaised closely with our internal services (e.g. benefits/housing/immigration advisors, ESOL/IT classes, volunteering...) and external agencies (e.g. DWP/Universal Credit, GPs, Housing Departments, Social Services, Colleges ...) to achieve the best outcome for the clients.

The project has been addressing a wide service gap in supporting the community. The external agencies such as NHS/GPs, Citizen Advice, DWP, Migrant Help, Local Authorities, Social Services and Mind have been referring the clients to us; the agencies have told us they cannot not support Iranians and Farsi speaking refugees due to language and cultural barriers.

We are proud of providing a lifeline service for the refugees in desperate need of help. The City Bridge Foundation grant has enabled us to provide a culturally sensitive and early intervention service to Iranian and Farsi speaking refugees with no/low English who were at risk of declining mental health. The project has provided a holistic service including 1-2-1 emotional wellbeing sessions, referrals to other services (e.g. volunteering, interpreting, training, benefits, housing, immigration), social/community events, workshops (e.g. Stress management, Dealing with past traumas, Overcoming loneliness, Coping with stressful news/social media posts, Healthy eating ...), meditation/yoga sessions.

The need for this project was identified through consultation with the community members and research, so the project has provided services that have been much needed by the community. The project found that the beneficiaries were unable to access mainstream services before coming to the IA; a large number of them were referred to us by the NHS and other agencies who couldn't help them due to language and cultural barriers. When the project beneficiaries came to us, they said they had not been able to find another similar group and they needed to talk to the staff who understood their problems, language and culture. The project beneficiaries were low income adult refugees (58% women, 42% men), over 80% lived in London boroughs of Barnet, Brent, Camden, Ealing, Hammersmith & Fulham, Hillingdon, Hounslow, Islington, Kensington & Chelsea, Westminster.

We set realistic targets and had an effective system in place to monitor and evaluate the activities. In the past 6 months the client feedback and relevant data indicated the project had made a good progress and exceeded the targets set out in the programme.

After attending the weekly support sessions, being referred to other services and attending social events, a 48-year-old man, who had experienced traumas and felt depressed, said, “I now feel less lonely, more confident in accessing other services, have improved my English and know I can go to the Iranian Association to get help.”

The project staff played key roles in finding out about the benefits of the services for our clients as they had regular meetings with all the beneficiaries. Furthermore, we collected case studies that showed the positive impact of our services on the beneficiaries. The client profile data, feedback and records of outputs/outcomes were reported to the management meetings. The project performance was discussed and monitored in monthly staff meetings with the manager to ensure our project meets the targets. The beneficiaries have been consulted regularly and feedback informed our service delivery. The clients’ positive feedback about our project one-to-one support, workshops and social events exceeded our expectations. We found that the demand for the project activities was much higher than the expected targets. The Iranian Association also supported the staff professional development to ensure they provided a high quality service to the clients.

The positive outcomes reported by the clients have included:

Increased understanding of their complex feelings/thoughts/ experiences and exploring options through 1-2-1 support

Better informed of other services

Feeling less isolated and more able to share feelings and problems with friends and family

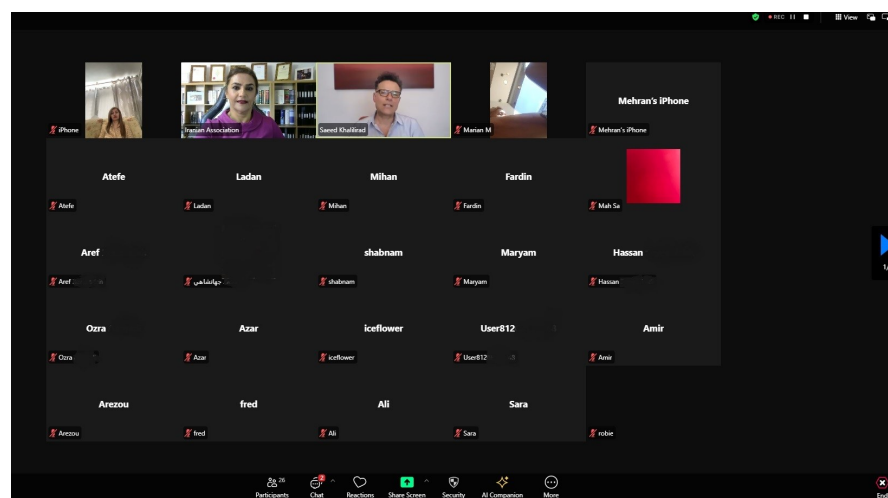
Have learned coping mechanisms for better mental well-being

Increased knowledge about healthier lifestyle

Increased awareness of techniques to manage anxiety and depression

Increased sense of community and belonging

Increased confidence in interacting with others and making new friends



42 years old women:

“I didn’t know what my rights and entitlements were due to low English language and lack of understanding the system. The IA Advisor helped me increase my knowledge of the welfare system and reduce my hardship by benefiting from the interpreting service, form filling support and information/advice on the Universal Credit.”

Welfare and Housing Advice

In the year under review, the project exceeded our target and helped over 240 Iranian and Farsi speaking refugees/migrants in London reduce financial hardship. The project provided one-to-one phone, online and face-to-face advice on Universal Credit, housing, rights/entitlements, form filling and budgeting matters. The clients were also signposted to relevant local services (Councils, GPs, Citizens Advice, Law Centres, Colleges, Foodbanks etc.) and linked into our established support networks e.g. ICT/ESOL classes, health awareness workshops. Over 50% of the project service users were women. By intervening at the earliest possible stage, we prevented already vulnerable Iranian and Farsi refugees from sinking into further poverty, homelessness or mental illness. The project helped the services users feel less isolated due to lack of English; interpreting was an integral part of the service. The clients also benefited from workshops which helped them increase their understanding of the UniversalCredit/ benefits, raise awareness of rights/entitlements and improve budgeting skills. The project also supported volunteers to gain new admin/offices skills and help the IA.

The IA representatives have worked closely with relevant forums, health networks, and external researchers to help us influence policies at local and regional levels. The IA Manager is the current Chair of the BME Health Forum (focus on improving how the NHS, Public Health and Councils support our communities). He also sits on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on welfare and housing issues.

The analysis of the client data and their feedback has indicated that as a result of the project intervention over 80% of the service users received benefits and 30% avoided homelessness or losing their benefit.

90% of the project service users reported an increase in knowledge of their rights/entitlements, 80% percent increased their understanding of the benefits/housing English terms/jargon when hearing or communicating with the agencies or advisors.

45% of the clients improved their personal budgeting skills, 42% percent implemented a spending plan/budget and 80% reduced household costs.



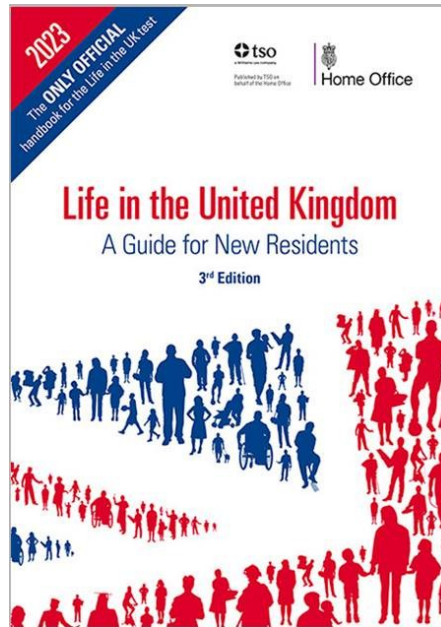
Trust
for London

Citizenship Advice/Test

The Iranian Association (IA) is proud of its achievements in delivering online and computer-based courses/tests, approved by different agencies and awarding bodies, for over three decades.

The IA has been conducting the citizenship test since 2005. In April 2023-March 2024, the centre helped about 22,000 people of different ethnicities take the test, which is a mandatory and integral part of the citizenship application process in the UK.

It should be noted that holding such an important and decisive test is a testament to the credibility of the Iranian Association. On the other hand, the high number of visitors indicates that the IA has been recognised as a reliable centre among various ethnic minorities.



Passing the citizenship test is one of the most important steps towards migrant integration in the UK. The questions asked in this test are related to the English language, legal, social and historical issues, and the political system of Britain.

The IA also deals with telephone, email and face-to-face inquiries about the citizenship process on a daily basis. The candidates need to pass the Life in the UK test before applying for Settlement or Naturalisation in Britain. They book an appointment through their Life in the UK accounts and attend the centre to take the test.

Health Advocacy

The IA has been part of a three-year partnership lead by the BME Health Forum to provide community Health Advocacy to help our clients, particularly people with low or no English, access and use NHS health services and social care services.

The community Health Advocate has helped people to register with GP practices and supports the patients on how to use the NHS app and book appointments, interpreters, hospital, transport or other services. The staff advocate on behalf of the patients when needed and provide additional emotional and practical support for people with serious long-term conditions. The Health Advocate helps the patients in communicating with the NHS; Interpreting is an integral part of the service. Support has been appropriate to the level of need. Some people have just needed some signposting/wayfinding support, while others may have needed ongoing support through complex patient pathways.

The clients' experiences of their difficulties in accessing services and the observations of the Health Advocates have been shared with the NHS and we have worked with the Forum and the NHS to develop services to make them more accessible, improve outcomes, and increase early diagnoses and intervention. For example, the Health Advocate has intervened when the NHS letters did not reach the cancer patients or were not understood by them; some patients have also had technical issues when using the NHS app. The partnership has shared the patients' experience and problems with the NHS. The community health advocacy project helps the NHS develop systems that create more accessible services with improved health outcomes for the communities they serve.



Stronger Communities

The project, a partnership between Community Massage London (CML) and the Iranian Association (IA), combined the experience and expertise of both organisations to provide services that improved the health and well-being of the beneficiaries who participated in one or more of the following sessions: Breathing/ Relaxation Techniques, Self-Massage, Reflexology, Chair Yoga and Received massage. In April 2023-March 2024 a total of forty-three refugees attended up to seven sessions. In total twenty-six women and seventeen men participated in learning and practising the well-being activities. The project exceeded all targets and expectations.

The project partnership organised two very successful and highly enjoyable events that were hosted in the Rivercourt Church in Hammersmith. Over 65 local Iranians attended the harvest well-being event hosted in October 2023. The event raised awareness of good health and well-being, promoted the Stronger Communities project and strengthened partnerships with local organisations such as Hammersmith Community Gardens and the Nutrition Hub. The event offered taster sessions in hand reflexology, seated massage and aromatherapy. The second event, which was attended by over 70 people, was hosted in March 2024 to celebrate Norouz, the Iranian New Year. It was an event which provided an opportunity for the participants to socialise, enjoy music and try different activities such as the massage and reflexology sessions.



Project Beneficiaries				
April 2023-24				
Gender break-down	Age	Intervention	Baseline measurement (main health issues reported)	Progress on Exit
26 women	18 aged 25-65 years	43 engaged in a group wellbeing activity	12 reported stress and anxiety	43 reported an improvement in all areas
17 men	24 aged over 65 years		9 reported sleeping or breathing difficulties	
	1 aged 16-25		9 reported headaches	
			13 reported back, shoulder or neck pain	



Digital Consortium

The Imperial College Health Partners has funded the consortium led by OpenAge to deliver a programme of supporting older adults and adults with learning issues to achieve personalised digital inclusion goals through device and data provision, personalised skills assessment and one-to-one or group support. One of the main aims of the programme has been to improve participants' ability to access services that moved online during the pandemic.

The IA is a training delivery partner of the Digitall consortium and helps the older people with low English language skills improve their IT and digital skills. In terms of impacts achieved, the IA saw the greatest improvement in both confidence and frequency of using the internet.

By improving the digital skills of the older and vulnerable people, they have been better able to achieve their personalised goals and improve their quality of life and wellbeing through being more connected to friends and family and/or an improved ability to access services. Raising awareness of online safeguarding is an integral part of the training programme.

The project beneficiaries have reported an increase in confidence accessing health services online at the end of support. They have also reported an increased confidence in booking appointments online and ordering online prescriptions. The participant feedback and our monitoring indicate that at the end of the support period, wellbeing levels of participants have improved.





Trust
for London



CITY BRIDGE
FOUNDATION



Iranian Association, 222 King Street, London W6 0RA
0208 748 6682

www.iranianassociation.org.uk
www.facebook.com/iranianassociation
www.instagram.com/iranianassociationlondon



Iranian Association

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS

FOR THE

YEAR ENDED 31 MARCH 2024

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address Charity

222 King Street
London
W6 0RA

Management Committee

Trustees and Company Directors

Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers:

Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners:

Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2024

The Iranian Association (IA) has been providing person-centred and lifeline services for 39 years. The IA's overarching aim is to ensure the ethnic minorities receive the support they need to become full citizens. We deliver a wide range of services (in person, on phone, online) to achieve this, ranging from expert AQS and OISC accredited welfare/immigration advice and advocacy, to emotional support/BACP accredited counselling, to English/ICT/Job search training, to health awareness/exercise workshops.

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Furthermore, 21,800 people from diverse ethnic backgrounds were supported to take citizenship tests to apply for citizenship or Settlement.

We would like to thank Trust for London, City Bridge Foundation, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. As people have heard about our reliability/good reputation, the IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted reserve was used to meet the higher demand for our services; in the year under review, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, cultural events, arts/craft classes and exercise sessions were supported through our unrestricted fund.

The IA has developed local and national links with the relevant organisations and agencies to help us influence policies at local and regional levels. The IA Manager has continued chairing the BME Health Forum which focuses on addressing the health inequalities. The manager has also continued sitting on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on immigration, welfare, housing and health issues.

We would like to thank all the staff and volunteers for their outstanding work throughout the year; without their dedication many isolated and vulnerable people could not be supported.

IA's ACTIVITIES REPORT THE YEAR ENDED 31ST MARCH 2024

ADVICE AND INFORMATION SERVICE supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

ESOL/IT TRAINING improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

CITIZENSHIP TEST AND ADVICE reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

HEALTH ADVOCACY is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

HEALTH AWARENESS WORKSHOPS provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

EMOTIONAL SUPPORT delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

GROUP COUNSELLING helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

EXERCISE SESSIONS includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

CULTURAL/SOCIAL EVENTS reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

VOLUNTEERING SUPPORT builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

FINANCIAL REVIEW

The Statement of Financial Activities shows a deficit for the year of -£40. Our reserves stand at £83,084 restricted, £169,441 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

RISK REVIEW

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSET

The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

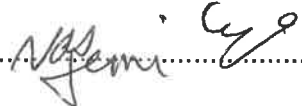
The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures
Disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 13th December 2024 and signed on its behalf by:

..........

Ms Fariba Nazemi (Chair of MC)

**TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2024**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2024

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ



Cohen Accountants
129 Station Road
London NW4 4NJ

Date:

.....13 December 2024.....

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

	Notes	Unrestricted Funds £ 2024	Restricted Funds £ 2024	Total Funds £ 2024	Total Funds 2023
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		123,911	123,911	199,205
Contractual Income	3	159,247		159,247	146,962
Other Income (Donations)		25,635		25,635	23,567
Total Incoming Resources		184,882	123,911	308,793	369,734
Resources Expended					
Direct charitable expenditure					
Activities	4	122,233	125,479	247,712	249,567
Other expenditure					
Fundraising and Publicity	5	12,989	1,687	14,676	12,768
Management and Administration	6	41,455	4,990	46,445	47,465
Total Resources expended		176,677	132,156	308,833	309,800
Net Incoming/(Outgoing) Resources for the Year		8,205	(8,245)	(40)	59,934
Balances brought forward at 1 April 2022		241,236	91,329	332,565	272,631
Balances Carried Forward at 31st March 2023		249,441	83,084	332,525	332,565

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

**IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2024**

	Notes	2024		2023	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		11,789		13,483
Current Assets					
Debtors		0		89,977	
Deposits & Cash		225,397		227,944	
Bank Account		125,620		110,220	
	11		351,017		428,141
Current Liabilities					
Creditors: Short term	12	23,315		115,554	
Payroll Taxation		0		-9,956	
VAT Liability		6,966		3,461	
			30,281		109,060
Net Current Assets			320,736		319,082
Net Assets			332,525		332,565
FUNDS					
Restricted	13	83,084		111,329	
Unrestricted	13	169,441		141,236	
Designated	13	80,000		80,000	
TOTAL FUNDS			332,525		332,565

Trustees' statement required by Section 249B(4) for the year ended 31st March 2024:
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2024 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

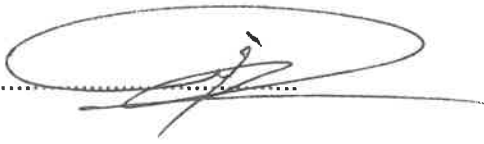
(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2024 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 13th December 2024 and were signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized 'F' and 'A' followed by a horizontal line, positioned above a dotted line.

Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2024	2023
	£	£
Lottery Award for All	0	1,948
CAF - Main Grant	0	74,104
CAF - Resilience Fund	0	15,000
Trust for London	38,000	37,000
City Bridge Foundation	16,533	0
BME Forum - Comic Relief and other	28,945	11,300
BME Forum - Health Advocacy	20,150	10,000
Each Consortium	0	5,880
Lloyds Bank plc	0	23,083
Open Age Digital	9,685	13,520
Friends of Charing Cross	3,000	0
Community Massage London	5,470	5,370
LB of Hammersmith & Fulham	1,000	0
SOBUS	0	2,000
Kingston University	1,128	0
	123,911	199,205

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

3. Contractual Income

The following contractual income was received during the year

	2024	2023
	£	£
PSI and Other Online Tests	144,525	123,740
BTL Group	14,722	17,422
BME Health Forum	0	5,800
	159,247	146,962

4. Direct Charitable Expenses

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2024	2024	2024	2023
Wages & Salaries	47,064	47,064	94,128	81,744
Employers NIC	13,755	13,755	27,510	33,343
Office Charge: Rent, Utility, Rate & Telephone	18,297	18,297	36,594	33,161
Postage, Printing, Stationery, Marketing, Books & Software	501	551	1,052	2,459
Volunteering	9,177	9,178	18,855	9,710
Training	-	72	72	2,000
Health Advocacy	-	14,675	14,375	15,223
Emotional Wellbeing - Counselling	-	11,025	11,025	10,225
Tuition Fees	4,865	4,864	9,729	15,782
Advice	-	170	170	13,632
Communications	-	1,260	1,260	7,045
Travel Expenses	1,632	1,633	3,265	4,218
Test Supervision	26,942	-	26,942	20,002
Food Vouchers	-	260	260	1,020
EW Project (Admin)	-	2,675	2,675	0
Total	122,233	125,479	247,712	249,564

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

	2024	2024	2024	2023
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,858	-	2,858	950
Equipment Hire	0	-	0	-
Total	12,989	1,687	14,676	12,768

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2024	2024	2024	2023
6. Management and Administration of the Charity				
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	4,206
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	53	-	53	61
Depreciation of Equipment	2,947	-	2,947	3,371
Audit & Accountancy	2,400	-	2,400	4,050
Legal & Professional Fees	-	500	500	15,308
Room Hire	-	1,523	1,523	265
Consumables	1,509	-	1,509	1,587
Maintenance	18,602	-	18,602	8,604
Project's Admin	-	2,675	2,675	-
Other costs	3,600	-	3,600	150
Total	41,455	4,990	46,445	47,465

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

7. Net Incoming Resources for the Year	Total Funds	
	2024	2023
	£	£
This stated after charging:		
Depreciation	2,947	3,371
Independent Examiner Remuneration	2,400	4,050
Total	5,347	7,421

8. Staff Costs and Numbers	Total Funds	
	£	
	2024	2023
Staff costs were as follows:		
Salaries and Wages	111,332	98,948
Employer's NIC	29,739	35,572
Total	141,071	134,520

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2024	2023
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	7.5	7.5

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

10. Fixed Assets	Office Kitchen & Equipment	
Cost		
At 1 April 2023	47,475	
Additions	1,503	
As at 31st March 2024	48,978	
Accumulated Depreciation		
01 April 2023	34,243	
Charge for the Period	2,947	
At 31st March 2024	37,190	
Net Book Value At 31st March 2024	11,789	
31st March 2023	13,483	
11. Debtors	2024	2023
	£	£
Income Receivable	714	85,859
Other	4,118	4,118
	4,832	89,977
12. Liabilities Amounts falling due within one year	2024	2023
	£	£
Deferred Grants	9,010	95,121
Accruals	0	10,807
Other	0	6,259
VAT Liability	4,565	3,367
	13,575	115,554

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 March
	2023 £	2024 £	2024 £	2024 £	2024 £
Restricted					
Activities Fund	91,329	123,911	132,156	0	83,084
Total Restricted Funds	91,329	123,911	132,156	0	83,084
Unrestricted					
Designated Funds				80,000	80,000
General Funds	241,236	104,882	176,667	0	169,441
Total Unrestricted Funds	241,236	104,882	176,667	80,000	169,441
Total Funds	332,565	228,793	308,833	80,000	332,525

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	11,789	11,789
Current Assets	170,211	180,806	351,017
Current Liabilities	(15,746)	(14,535)	(30,281)
	154,465	178,060	332,525

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2024

IRANIAN ASSOCIATION

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Income and Expenditure Account	6
Balance Sheet	7- 8
Notes to the Financial Statements	9 – 14

**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address Charity

222 King Street
London
W6 0RA

Management Committee

Trustees and Company Directors

Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers:

Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners:

Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

REPORT OF THE MANAGEMENT COMMITTEE FOR THE YEAR ENDED 31ST MARCH 2024

The Iranian Association (IA) has been providing person-centred and lifeline services for 39 years. The IA's overarching aim is to ensure the ethnic minorities receive the support they need to become full citizens. We deliver a wide range of services (in person, on phone, online) to achieve this, ranging from expert AQS and OISC accredited welfare/immigration advice and advocacy, to emotional support/BACP accredited counselling, to English/ICT/Job search training, to health awareness/exercise workshops.

The IA helped over 1,500 clients with multiple needs meet their advice/advocacy (1-2-1 immigration/welfare sessions, interpreting/translation), skills development (Job search, volunteering, English language/IT training), social (networking/events) and/or psychological (1-2-1 emotional support, group counselling) needs; over 50% of the clients have been supported for six months or longer by taking them on a journey of change.

The IA works closely with the relevant local and national services to support the clients; in 2023-24, the IA supported over 300 people who were referred by the agencies such as NHS/GPs, Local Authorities, Social Services, Citizen Advice, DWP, Migrant Help and Mind because the external agencies cannot support Iranians and Farsi speaking people due to language and cultural barriers. When clients came to us, they said they had not been able to find another similar group.

Furthermore, 21,800 people from diverse ethnic backgrounds were supported to take citizenship tests to apply for citizenship or Settlement.

We would like to thank Trust for London, City Bridge Foundation, BME Health Forum, London Borough of Hammersmith and Fulham and donors for supporting the IA. As people have heard about our reliability/good reputation, the IA receives a larger number of requests for help than we can support through our funded programmes, so our unrestricted reserve was used to meet the higher demand for our services; in the year under review, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, cultural events, arts/craft classes and exercise sessions were supported through our unrestricted fund.

The IA has developed local and national links with the relevant organisations and agencies to help us influence policies at local and regional levels. The IA Manager has continued chairing the BME Health Forum which focuses on addressing the health inequalities. The manager has also continued sitting on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on immigration, welfare, housing and health issues.

We would like to thank all the staff and volunteers for their outstanding work throughout the year; without their dedication many isolated and vulnerable people could not be supported.

IA's ACTIVITIES REPORT THE YEAR ENDED 31ST MARCH 2024

ADVICE AND INFORMATION SERVICE supports the clients in effective budgeting, help with finding accommodation, pension/disability/housing benefits, council tax and energy bills. Form filling, interpreting/translation, sign-posting/referrals are integral parts of the service.

ESOL/IT TRAINING improves the knowledge of British culture and computer/tablet/Smart phone skills of the beneficiaries. This increases confidence, cultural awareness and social interaction by developing reading, writing, speaking and listening skills. The beneficiaries access government online sites and NHS services and reduce their isolation through social media and online communication with family/friends.

CITIZENSHIP TEST AND ADVICE reflects the multi-group nature of the IA by providing the relevant information/advice to a diverse range of the clients and helping them take the test to apply for Settlement or British Citizenship.

HEALTH ADVOCACY is aimed at addressing health inequalities by providing advocacy and interpreting for the patients who feel ignored and cannot access GPs and NHS services.

HEALTH AWARENESS WORKSHOPS provides information and techniques to prevent ill health and reduce anxiety. Topics include diabetes, cancer awareness, heart disease, memory loss and stress. Beneficiaries learn to communicate better with health professionals and book GP appointments online.

EMOTIONAL SUPPORT delivered through the NHS Warwick Edinburgh wellbeing framework helps the clients reduce stress and anxiety.

GROUP COUNSELLING helps the beneficiaries reduce and manage trauma, anxiety and/or depression. The service is delivered through group sessions with a Farsi speaking BACP accredited counsellor.

EXERCISE SESSIONS includes yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

CULTURAL/SOCIAL EVENTS reduce the isolation of the participants, engage them in cross-cultural heritage activities and help them join networks and peer support groups.

VOLUNTEERING SUPPORT builds confidence and develops skills of the job seekers and helps them obtain references for finding work or participating in other activities.

FINANCIAL REVIEW

The Statement of Financial Activities shows a deficit for the year of -£40. Our reserves stand at £83,084 restricted, £169,441 unrestricted and £80,000 designated. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal, running costs and redundancies.

RISK REVIEW

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSET

The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY

The constitution authorises the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

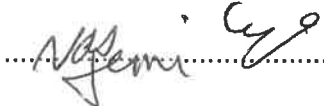
The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures
Disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 13th December 2024 and signed on its behalf by:

..........

Ms Fariba Nazemi (Chair of MC)

**TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2024**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2024

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ



Cohen Accountants
129 Station Road
London NW4 4NJ

Date:

.....13 December 2024.....

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

	Notes	Unrestricted Funds £ 2024	Restricted Funds £ 2024	Total Funds £ 2024	Total Funds 2023
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		123,911	123,911	199,205
Contractual Income	3	159,247		159,247	146,962
Other Income (Donations)		25,635		25,635	23,567
Total Incoming Resources		184,882	123,911	308,793	369,734
Resources Expended					
Direct charitable expenditure					
Activities	4	122,233	125,479	247,712	249,567
Other expenditure					
Fundraising and Publicity	5	12,989	1,687	14,676	12,768
Management and Administration	6	41,455	4,990	46,445	47,465
Total Resources expended		176,677	132,156	308,833	309,800
Net Incoming/(Outgoing) Resources for the Year		8,205	(8,245)	(40)	59,934
Balances brought forward at 1 April 2022		241,236	91,329	332,565	272,631
Balances Carried Forward at 31st March 2023		249,441	83,084	332,525	332,565

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

**IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2024**

	Notes	2024		2023	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		11,789		13,483
Current Assets					
Debtors		0		89,977	
Deposits & Cash		225,397		227,944	
Bank Account		125,620		110,220	
	11		351,017		428,141
Current Liabilities					
Creditors: Short term	12	23,315		115,554	
Payroll Taxation		0		-9,956	
VAT Liability		6,966		3,461	
			30,281		109,060
Net Current Assets			320,736		319,082
Net Assets			332,525		332,565
FUNDS					
Restricted	13	83,084		111,329	
Unrestricted	13	169,441		141,236	
Designated	13	80,000		80,000	
TOTAL FUNDS			332,525		332,565

Trustees' statement required by Section 249B(4) for the year ended 31st March 2024:
In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2024 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

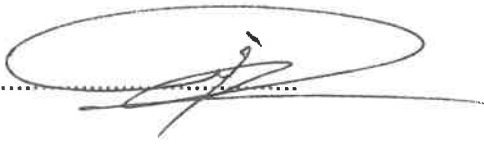
(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2024 and

© that we acknowledge our responsibilities for:

- (1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and
- (2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 13th December 2024 and were signed on its behalf by:

A handwritten signature in black ink, consisting of a large, stylized 'F' and 'A' followed by a horizontal line, positioned above a dotted line.

Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2024	2023
	£	£
Lottery Award for All	0	1,948
CAF - Main Grant	0	74,104
CAF - Resilience Fund	0	15,000
Trust for London	38,000	37,000
City Bridge Foundation	16,533	0
BME Forum - Comic Relief and other	28,945	11,300
BME Forum - Health Advocacy	20,150	10,000
Each Consortium	0	5,880
Lloyds Bank plc	0	23,083
Open Age Digital	9,685	13,520
Friends of Charing Cross	3,000	0
Community Massage London	5,470	5,370
LB of Hammersmith & Fulham	1,000	0
SOBUS	0	2,000
Kingston University	1,128	0
	123,911	199,205

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

3. Contractual Income

The following contractual income was received during the year

	2024	2023
	£	£
PSI and Other Online Tests	144,525	123,740
BTL Group	14,722	17,422
BME Health Forum	0	5,800
	159,247	146,962

4. Direct Charitable Expenses

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
	2024	2024	2024	2023
Wages & Salaries	47,064	47,064	94,128	81,744
Employers NIC	13,755	13,755	27,510	33,343
Office Charge: Rent, Utility, Rate & Telephone	18,297	18,297	36,594	33,161
Postage, Printing, Stationery, Marketing, Books & Software	501	551	1,052	2,459
Volunteering	9,177	9,178	18,855	9,710
Training	-	72	72	2,000
Health Advocacy	-	14,675	14,375	15,223
Emotional Wellbeing - Counselling	-	11,025	11,025	10,225
Tuition Fees	4,865	4,864	9,729	15,782
Advice	-	170	170	13,632
Communications	-	1,260	1,260	7,045
Travel Expenses	1,632	1,633	3,265	4,218
Test Supervision	26,942	-	26,942	20,002
Food Vouchers	-	260	260	1,020
EW Project (Admin)	-	2,675	2,675	0
Total	122,233	125,479	247,712	249,564

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

	2024	2024	2024	2023
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,084	1,300	9,384	9,384
Employers NIC	1,347	87	1,434	1,434
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	2,858	-	2,858	950
Equipment Hire	0	-	0	-
Total	12,989	1,687	14,676	12,768

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
6. Management and Administration of the Charity	£	£	£	£
	2024	2024	2024	2023
Wages and Salaries	7,734	86	7,820	7,820
Employers NIC	714	81	795	795
Insurance & Subscriptions	2,771	-	2,771	4,206
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	53	-	53	61
Depreciation of Equipment	2,947	-	2,947	3,371
Audit & Accountancy	2,400	-	2,400	4,050
Legal & Professional Fees	-	500	500	15,308
Room Hire	-	1,523	1,523	265
Consumables	1,509	-	1,509	1,587
Maintenance	18,602	-	18,602	8,604
Project's Admin	-	2,675	2,675	-
Other costs	3,600	-	3,600	150
Total	41,455	4,990	46,445	47,465

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024

7. Net Incoming Resources for the Year	Total Funds	
	2024	2023
	£	£
This stated after charging:		
Depreciation	2,947	3,371
Independent Examiner Remuneration	2,400	4,050
Total	5,347	7,421

8. Staff Costs and Numbers	Total Funds	
	£	
	2024	2023
Staff costs were as follows:		
Salaries and Wages	111,332	98,948
Employer's NIC	29,739	35,572
Total	141,071	134,520

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2024	2023
Activities	6	6
Fundraising and Publicity	0.5	0.5
Management and administration	1	1
	7.5	7.5

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2023 TO 31 MARCH 2024**

10. Fixed Assets	Office Kitchen & Equipment	
Cost		
At 1 April 2023	47,475	
Additions	1,503	
As at 31st March 2024	48,978	
Accumulated Depreciation		
01 April 2023	34,243	
Charge for the Period	2,947	
At 31st March 2024	37,190	
Net Book Value At 31st March 2024	11,789	
31st March 2023	13,483	
11. Debtors	2024	2023
	£	£
Income Receivable	714	85,859
Other	4,118	4,118
	4,832	89,977
12. Liabilities Amounts falling due within one year	2024	2023
	£	£
Deferred Grants	9,010	95,121
Accruals	0	10,807
Other	0	6,259
VAT Liability	4,565	3,367
	13,575	115,554

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2024**

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 March
	2023 £	2024 £	2024 £	2024 £	2024 £
Restricted					
Activities Fund	91,329	123,911	132,156	0	83,084
Total Restricted Funds	91,329	123,911	132,156	0	83,084
Unrestricted					
Designated Funds				80,000	80,000
General Funds	241,236	104,882	176,667	0	169,441
Total Unrestricted Funds	241,236	104,882	176,667	80,000	169,441
Total Funds	332,565	228,793	308,833	80,000	332,525

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	11,789	11,789
Current Assets	170,211	180,806	351,017
Current Liabilities	(15,746)	(14,535)	(30,281)
	154,465	178,060	332,525

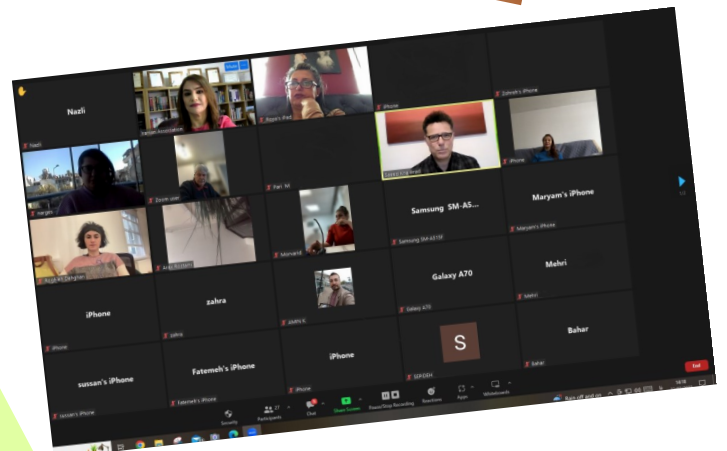
IRANIAN ASSOCIATION

England & Wales - Charity number 1120205

Accounts



Iranian Association (IA)



Annual Review April 2022-March 2023

222 King Street, London W6 0RA

Annual Review April 2022-March 2023

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Management Committee Report

The year under review was characterised by the cost of living crisis and legacies of the COVID pandemic affecting our community members financially, emotionally and socially. We helped thousands of people by providing a hybrid working model that enabled us to continue delivery of our essential and lifesaving services for those in the greatest need. The Iranian Association (IA) management worked hard to support and engage the staff and volunteers to achieve our objectives successfully .

We are grateful to Trust for London, CAF, Lloyds Bank Foundation, Community Fund, BME Health Forum and Comic Relief who funded the IA last year to support over 1,500 people with welfare/housing/immigration advice, health advocacy, physical/emotional advice, ESOL/ICT classes, health awareness workshops and social/cultural events. As a result of the IA intervention, we prevented many vulnerable people from sinking into poverty, homelessness or mental illness. We would like to thank our volunteers who were involved in activities such as organising events, running workshops, supporting the staff and helping older, isolated and disabled members develop their skills in using mobile phones, tablets, laptops and social media. The client surveys and case studies have shown the lifesaving impact of our services. Despite stretched resources and a constantly shifting landscape, the IA has also dealt with requests for help from the community members outside London.

Our staff have worked closely with the relevant local and national services (e.g. NHS, GPs, Councils, Citizens Advice, Colleges etc.) to support the clients; the IA dealt with many requests from other agencies to link people into our established support networks.

A pioneer of delivering computer-based and online courses/tests in London, we have provided the Citizenship tests since 2005. In 2022-23, we helped over 21,000 people take their tests at our centre.

Due to insufficient funding in 2022-23, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, homework classes and yoga sessions were supported through our unrestricted fund.

The value-added partnerships have increased the IA capacity and built its resilience in delivering the services particularly in the time of crisis. We have shared information and good practice with members of BME Health Forum, the Refugee Council Advice Advocacy Forum and the local Advice Forums. The IA has continued its endeavor to develop a better understanding among the communities by working closely with the Prevent Advisory Group and Faith Forum.

The Management Committee would like to say a massive thanks to staff and volunteers for their dedication, support and productive work.



Advice, Emotional Support, ESOL/IT Classes

The CAF main grant enabled the Iranian Association (IA) to support 275 clients; 242 reduced their financial hardship by benefiting from welfare/housing advice (e.g. Universal Credit/Disability allowance/Budgeting), Interpreting, Form filling and Referral/Signposting to other services (e.g. Courses, GPs, etc.); 66 improved their English language skills and IT/tablet/Smart phone skills by attending ESOL/IT classes; Emotional wellbeing advisor helped 74 beneficiaries reduce and manage anxiety/low mood and prevent falling into crisis; Volunteer Coordinator recruited and managed 10 volunteers to develop their office/digital support/ training assistant/ befriending skills; Communication consultants helped the IA improve communication skills and publish newsletters (reaching over 3000 people) to improve the IA's profile/impact.

The project beneficiaries have felt less isolated by knowing that they could go to the Iranian Association to get help. They have been more connected to their community and surroundings and better equipped to deal with the challenges of life. The beneficiaries have gained a better understanding of how the welfare/housing and health services work in Britain and their financial hardship, housing issues and mental health problems have been reduced.

Prior to COVID the clients mainly preferred to meet in person but then during the pandemic the internet became their lifeline and they eagerly embraced it and wanted to learn more. The demand for our services also came from the community in different geographical areas. The project tried and tested a hybrid service delivery which has transformed our way of working in supporting the individuals and the community.

The project ran from the 1st of January 2022 to the 31st of March 2023 with the classes delivered in five terms of ten weeks each. The CAF Main programme enabled the IA to deliver the following project activities.

Project Activities	Target number of clients	Actual number of clients	Achievement against Target %
All Activities	200	275	138%
Clients receiving advice on housing and benefits	160	242	151%
Clients attending ESOL/IT classes	50	66	132%
Emotional Wellbeing Support	64	74	116%
Volunteers	10	10	100%
Communication (Newsletter, Comm. Strategy etc.)	1000 receiving newsletter	3000 received the newsletter	300%

35 years old woman:

"I lacked sufficient English, felt isolated and depressed and needed to talk to a Farsi speaking advisor, so I was signposted to the IA by a Social Prescriber Link worker. The IA emotional support advisor listened to me and made me comfortable to talk about my issues. The advisor also provided some practical guidance and advice when it was possible. I now feel much happier after talking to the advisor"

Project Outcomes

During the pandemic clients' problems were amplified as many were isolated and unable to leave their homes due to speaking little English and not having IT skills.

The programme was designed as a holistic pathway that aimed to address early stage intervention to prevent already vulnerable clients from sinking into further poverty, homelessness or mental illness.

	Project Outcomes	Target number of clients	Actual number of clients	Achievement against Target %
	Reduced Isolation	200	275	138%
	Improved financial situations (housing / budgeting)	160	242	151%
	Improved mental health	64	74	116%
	Widened employment horizon through volunteering (office, befriending, ICT)	10	10	100%
	Better understand the IA's impact.	1000 receiving newsletter	3000 received the newsletter	300%

The Main Grant Client Profiles

Profile of clients participating in the CAF Main Grant activities

Gender break down of clients	Actual	Age break down of clients	Actual	Clients declaring a disability	Actual	Unemployed	Actual
Men	135	65+	27	Yes	53	Yes	275
Female	140	50-64	46	No	222	No	0
		18-49	202				
Total	275		275		275		275

Method of Service Delivery

Delivery Method	No. of clients
Blend of Face-to-Face/Telephone and Online	105
Face-to-Face Only	25
Online Only	33
Telephone Only	112
Total	275

Profile of clients participating in the CAF Main Grant activities by London Borough

London Borough	Clients	London Borough	Clients	London Borough	Clients
Barking	1	Hammersmith & Fulham	31	Lewisham	2
Barnet	58	Haringey	5	Merton	1
Brent	11	Harrow	7	Newham	2
Bromley	1	Hillingdon	7	Redbridge	4
Camden	14	Hounslow	16	Richmond	6
Croydon	3	Ilford	2	Southwark	1
Ealing	42	Islington	4	Tower Hamlets	3
Enfield	1	Kensington & Chelsea	18	Waltham Forest	2
Greenwich	1	Kingston	6	Wandsworth	6
Hackney	1	Lambeth	1	Westminster	18

Resilience Support

The CAF also provided the Resilience Support Grant that has helped the IA benefit from consultancy and training. The executive coaching helped the management that needed support having just pulled the organisation through the challenging time of the pandemic and then the cost-of-living crisis. Furthermore, the grant helped the IA fund the project external evaluation, website review, WordPress, Social Media and communication training. A summary of our achievements as a result of the funding are as follows: 1) Review of our strategy plan, 2) A one-year fundraising plan 3) Higher skilled and experienced leadership/staff/volunteers 4) Established links with Leadership/Communications experts 5) More effective communications strategy

38 years old women:

“I had low English language skills and didn't know what my rights and entitlements were. The IA Advisor helped me reduce my hardship by providing interpreting, form filling support and advice on navigating the Universal Credit web site”

Welfare and Housing Advice

The Trust for London has supported the IA to help refugees with low/no English language who have serious difficulties in accessing and understanding any relevant information about the welfare system, housing and their rights/entitlements. Their problems had been exacerbated by lack of basic IT skills to navigate the web sites (e.g. Universal Credit), access information about benefits or complete online forms. The Universal Credit and housing department staff could only communicate in English mainly on telephone or by email, so lack of English was again a barrier for the clients in claiming benefits or finding an accommodation. Furthermore, due to severe shortage of social housing, the advisor helped many of the clients in looking for renting accommodation from private sector and provided interpreting to help them communicate with the landlords/agencies.

The advisor also helped the clients improve their budgeting skills through one-to-one or workshop/group settings. The refugees were low income and had limited financial resources, so effective budgeting skills had a significant impact on their life. The clients told us that the advisor helped them identify/track their spending and make a plan to stick to their personal budget. The rising inflation, higher rents and utility bills have forced many of the clients to reduce their household costs and just focus on buying essential food and services to survive; some of them had to access foodbank, vouchers or free resources.

The project also signposted the clients to relevant local services (Councils, GPs, Citizens Advice, Law Centres, Solicitors, Colleges, Foodbanks etc.) and linked the clients into our established support network e.g. ICT/ESOL classes, health awareness workshops.

In April 2022-August 2023 period, the project exceeded our target and supported 369 refugees/migrants.

The IA Manager is currently sitting on the Refugee Advocacy Forum board (part of the Refugee Council) which aims to influence government policies on welfare issues.



**Trust
for London**

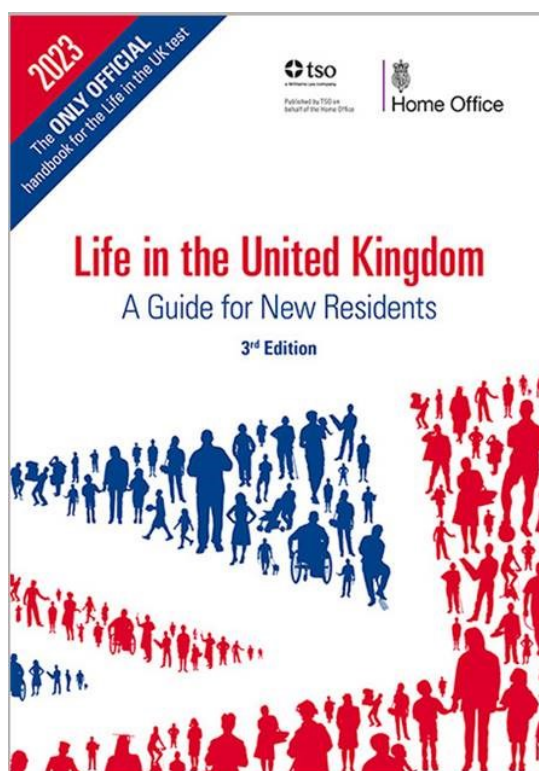


Citizenship Advice/Test

Delivery of computer-based and online courses and tests is a testimony to the resilience of the IA in responding to the needs of ethnic minorities in Britain. The IA is proud of its achievements in delivering online and computer-based courses/tests, approved by different agencies and awarding bodies, for over three decades. Delivering the Life in the UK tests during the pandemic was one of our greatest achievements and demonstrated the IA's high level of commitment to providing the essential services in a challenging time when the staff had to wear masks/visors, follow the COVID-19 guidelines, social distancing rules and sanitise desks/devices continuously to ensure the safety of the test candidates.

The IA is one of around 30 or so Citizenship test centres in the UK and has been running the Life in the UK test since 2005. The centre also deals with telephone, email and face-to-face inquiries about British citizenship process on a daily basis. The candidates need to pass the Life in the UK test before applying for Settlement or Naturalisation in Britain. They book an appointment through their Life in the UK accounts and attend the centre to take the test.

In the year ending 31st March 2023, the IA offered the Life in the UK online tests to over 20,000 people with diverse backgrounds and ethnicities. In addition, the centre delivered a number of other online tests such as the Association of Chartered Certified Accountants exams.



Health Advocacy

Our partnership with the BME Health Forum has helped the IA participate in health promotion campaigns to improve the community members mental/physical wellbeing.

Throughout the pandemic, the Forum helped the IA raise our community's awareness about the health issues (e.g. vaccination, hesitancy, social media misinformation ...) through sharing information and organising regular workshops with the NHS/health professionals. The IA representatives attended the workshops and cascaded the knowledge to our community members.

Currently the IA is part of a three-year partnership lead by the Forum to provide community health advocacy to help our clients, particularly those who do not speak English, access and use NHS health services and social care services.

The advocate helps people to register with GP practices, teaches people how to use apps or book appointments online, book interpreters, hospital transport or other services, advocate on behalf of patients when needed and provide additional emotional and practical support for people with serious long-term conditions.

Support has been appropriate to the level of need. Some people have just needed some signposting/wayfinding support, while others may need ongoing support through complex patient pathways.

The client's experiences of their difficulties in accessing services and the observations of the Health Advocates has been shared with the NHS and we have worked with the Forum and the NHS to develop services to make them more accessible, improve outcomes, and increase early diagnoses and intervention.

The health advocacy project helps the NHS develop systems that create more accessible services with improved health outcomes for the communities they serve.



A female project beneficiary: “I had recently fallen, and my shoulder and hips were in pain. At the reflexology classes I learned to massage the pressure points in my hands to lessen the pain in my hip, shoulder and knees. I am now using this technique daily and it is relieving the pain.”

Stronger Communities

The project is a partnership between Community Massage London and the Iranian Association. The two organisations combined their experience and expertise to provide services that improved the health and well-being of the beneficiaries. Up to and including the 31st March 2023 a total of forty-five refugees attended up to seven sessions. In total thirty-five women and ten men participated in learning and practising the well-being activities. They participated in one or more of the following sessions: Breath-Relaxation Techniques, Self-Massage, Reflexology, Chair Yoga and Received massage .

The project partnership hosted two very successful events. The first was a harvest well-being event hosted in October 2022 for local Iranian refugees. The event raised awareness of good health and well-being, promoted the Stronger Communities project and strengthened partnerships with Community & Sustainability Champions, Hammersmith Community Gardens, and the Nutrition Hub. The event offered taster sessions in hand reflexology, seated massage and aromatherapy.

The second event was hosted on the 10th of March 2023 to celebrate International Women’s Day. This was also hosted in the Rivercourt Church and this time over 60 people attended. It was a highly enjoyable event which provided an opportunity for the participants to socialise, enjoy music and try different activities such as the massage and reflexology sessions.

The project exceeded all targets and expectations. In March 2023 the project was awarded an additional sum of money which would enable it to continue service delivery until the end of September 2023.

Gender breakdown	Age	Ethnic Background	Resident in	Intervention	Baseline measurement	Progress on Exit
35 women and 10 men	42 aged 25-65 years 3 aged over 65 years	45 were Iranian	45 were resident	45 engaged in a group well-being activity	12 reported stress 20 reported sleeping difficulties 14 reported headaches 13 reported physical pain 8 reported low mood	45 reported an improvement in all areas

Digital Consortium

The IA has been a training delivery partner of the Digital consortium led by OpenAge (funded by Imperial College Health Partners). It is a two-year programme supporting older adults and adults with learning disabilities to achieve personalised digital inclusion goals through device and data provision, personalised skills assessment and 1:1 or group support. One of the main aims of the programme has been to improve participants' ability to access services that moved online during the pandemic.

In terms of impacts achieved, the IA saw the greatest improvement in both confidence and frequency of using the internet, with the proportion of participants using the internet weekly or daily increasing from 20% at the start of support to 100% at the end of support.

By improving access and skills for the vulnerable and older people, participants have been better able to achieve their personalised goals and improve their wellbeing and quality of life, whether that is due to being more connected to friends and family and/or by an improved ability to access services.

The participants have reported an increase in confidence accessing health services online at the end of support. They have also reported an increased confidence in booking appointments online and ordering online prescriptions. Our monitoring and findings indicate that at the end of the support period, wellbeing levels of participants have improved.





Iranian Association, 222 King Street, London W6 0RA
0208 748 6682



IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2023

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address of Charity: 222 King Street
London
W6 0RA

**Management Committee,
Trustees and Company Directors** Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers: Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners: Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

**IRANIAN ASSOCIATION
REPORT OF THE MANAGEMENT COMMITTEE
FOR THE YEAR ENDED 31ST MARCH 2023**

The year under review was characterised by the cost of living crisis and legacies of the COVID pandemic affecting our community members financially, emotionally and socially. We helped thousands of people by providing a hybrid working model that enabled us to continue delivery of our essential and lifesaving services for those in the greatest need. The Iranian Association (IA) management worked hard to support and engage the staff and volunteers successfully.

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The Management Committee would like to say a massive thanks to staff and volunteers for their dedication, support and productive work.

**IA's ACTIVITIES REPORT
THE YEAR ENDED 31ST MARCH 2023**

ADVICE AND INFORMATION on immigration process, housing/benefits and effective budgeting. Form filling, interpreting/translation, signposting/referrals are integral parts of the advice service which is approved by Advice Quality Standard (AQS) and Office of the Immigration Services Commissioner (OISC).

ADVICE/TESTS FOR CITIZENSHIP to help over 20,000 people annually from a wide range of ethnic backgrounds obtain the Settlement or Citizenship status in the UK.

ESOL/IT TRAINING to increase confidence, British cultural awareness and social interaction of the learners by developing reading, writing, speaking and listening skills. Beneficiaries will also learn to access government online sites and NHS services and reduce their isolation through social media and online communication with family and friends.

1-2-1 EMOTIONAL SUPPORT to reduce stress and anxiety delivered through the NHS Warwick Edinburgh framework.

HEALTH ADVOCACY to help the clients register with GPs, access interpreting, benefit from advocacy on their behalf when needed, understand/manage their illnesses/conditions and know what support is available.

TRANSLATION of a wide range of documents such as birth, marriage and education certificates to help the clients support their cases and access other services.

VOLUNTEERING SUPPORT to build confidence and develop the skills of volunteers and help them obtain references for employment.

IRANIAN ASSOCIATION

EXERCISE SESSIONS including yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

HEALTH AWARENESS WORKSHOPS to provide information and techniques to prevent ill health and reduce anxiety. Topics include stress, anxiety, healthy diet, diabetes and heart disease. Beneficiaries learn to communicate better with health professionals.

CULTURAL/SOCIAL EVENTS to engage the members in cross-cultural heritage and increase their participation and interest in cultural and social activities.

FINANCIAL REVIEW: The Statement of Financial Activities shows a surplus for the year of £59,934. Our reserves stand at £91,329 restricted and £161,236 unrestricted. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal costs and redundancies.

RISK REVIEW: The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSETS: The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES: The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the unrestricted resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY: The constitution authorizes the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

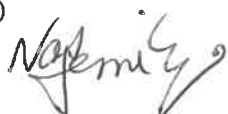
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 18.12.2023..... and signed on its behalf by:

.....
Ms Fariba Nazemi (Chair of MC)



**IRANIAN ASSOCIATION
INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2023**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2023

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ

Date:

15/12/2023

Cohen Accountants
129 Station Road
London NW4 4NJ

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

	Notes	Unrestricted Funds £ 2023	Restricted Funds £ 2023	Total Funds £ 2023	Total Funds 2022
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		199,205	199,205	96,270
Contractual Income	3	146,962		146,962	151,067
Other Income (Donations)		23,567		23,567	11,469
Total Incoming Resources		170,529	199,205	369,734	258,806
Resources Expended					
Direct charitable expenditure					
Activities	4	48,635	200,932	249,567	199,355
Other expenditure					
Fundraising and Publicity	5	8,581	4,187	12,768	12,017
Management and Administration	6	29,102	18,363	47,465	21,323
Total Resources expended		84,211	223,482	309,800	232,695
Net Incoming/(Outgoing) Resources for the Year		64,211	(24,277)	59,934	26,111
Balances brought forward at 1 April 2022		157,025	115,606	272,631	246,520
Balances Carried Forward at 31st March 2023		241,236	91,329	332,565	111,329 272,631

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2023

	Notes	2023		2022	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		13,483		4,456
Current Assets					
Debtors		89,977		4,118	
Deposits & Cash		227,944		286,726	
Bank Account		110,220		63,517	
	11		428,141		354,361
Current Liabilities					
Creditors: Short term	12	115,554		81,703	
Payroll Taxation		-9,956		0	
VAT Liability		3,461		4,483	
			109,060		86,186
Net Current Assets			319,082	0	0
Net Assets			332,565	0	272,631
FUNDS					
Restricted	13	91,329		97,025	
Unrestricted	13	161,236		115,606	
Designated	13	80,000		60,000	
TOTAL FUNDS			332,565		272,631

Trustees' statement required by Section 249B(4) for the year ended 31st March 2023:
 In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2023 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2023 and

© that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 18/12/23. And were signed on its behalf by



Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. Accounting Policies**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2023	2022
	£	£
Big Lottery-Reaching Communities - Bright Life for 50+	0	33,056
Lottery Award for All	1,948	7,792
CAF - Main Grant	74,104	5,000
CAF - Resilience Fund	15,000	0
Trust for London	37,000	0
BME Forum - Comic Relief and other	11,300	12,820
BME Forum - Health Advocacy	10,000	0
Each Consortium	5,880	5,250
Lloyds Bank plc	23,083	30,000
Open Age Digital	13,520	0
Good Things Foundation	0	2,352
Community Massage London	5,370	0
SOBUS	2,000	0
	199,205	96,270

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

3. Contractual Income

The following contractual income was received during the year

	2023	2022
	£	£
PSI and Other Online Tests	123740	108,980
BTL Group	17422	10,672
BME Health Forum	5800	23,015
	146,962	151,067

4. Direct Charitable Expenses

	Unrestrict ed Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
			2023	2022
Wages & Salaries	14,473	67,271	81,744	75,523
Employers NIC	6,001	27,342	33,343	24,124
Office Charge: Rent, Utility, Rate & Telephone	5,624	27,537	33,161	30,099
Postage, Printing, Stationery, Marketing, Books & Software	875	1,584	2,459	3,249
Volunteering	3,160	6,550	9,710	8,105
Training	-	2,000	2,000	588
Health Advocacy	-	15,226	15,226	0
Emotional Wellbeing - Counselling	-	10,225	10,225	7,919
Tuition Fees	6,282	9,500	15,782	13,649
Advice	-	13,632	13,632	7,053
Communications	-	7,045	7,045	0
Travel Expenses	2,218	2,000	4,218	4,081
Test Supervision	10,002	10,000	20,002	24,965
Food Vouchers	-	1,020	1,020	0
Total	63,635	185,932	249,567	199,355

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

			2023	1	2022
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds		Total Funds
	£	£	£		£
Wages and Salaries	5,834	3,550	9,384		9,724
Employers NIC	1,097	337	1,434		902
Office Charge: Rent, Utility, Rate & Telephone	540	60	600		600
Postage, Printing, Stationery, Advertising	160	240	400		400
Events, Fundraising & Refreshment	950	-	950		391
Equipment Hire	0	-	0		-
Total	85,081	4,187	12,768		12,017
6. Management and Administration of the Charity	Unrestricted Funds	Restricted Funds	Total Funds		Total Funds
	£	£	£		£
			2023		2022
Wages and Salaries	5,484	2,336	7,820		8,896
Employers NIC	464	331	795		825
Insurance & Subscriptions	4,206	-	4,206		1,556
Office Charge: Rent, Utility, Rate & Telephone	675	75	750		750
Postage, Printing, Stationery, Advertising	450	50	500		500
Bank Charges and Interest	61	-	61		76
Depreciation of Equipment	3,371	-	3,371		1,113
Audit & Accountancy	4,050	-	4,050		2,985
Legal & Professional Fees	-	15,306	15,306		2,150
Room Hire	-	265	265		0
Consumables	1,587	-	1,587		904
Maintenance	8,604	-	8,604		914
Other costs	150	-	150		654
Total	29,102	18,363	47,465		21,323

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

7. Net Incoming Resources for the Year	Total Funds	
	2023	2022
	£	£
This stated after charging:		
Depreciation	3,371	1113
Independent Examiner Remuneration	4,050	2,400

8. Staff Costs and Numbers	Total Funds	
	£	
	2023	2022
Staff costs were as follows:		
Salaries and Wages	98,948	94,143
Employer's NIC	35,572	25,851
	134,520	119,994

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2023	2022
Activities	6	5
Fundraising and Publicity	0.5	0.5
Management and administration	1	0.5
	7.5	6

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

10. Fixed Assets	Office Kitchen & Equipme nt	
Cost		
At 1 April 2022		35,328
Additions		12,398
 As at 31st March 2023		 47726
Accumulated Depreciation		
01 April 2022		30,872
Charge for the Period		3,371
 At 31st March 2023		 34243
Net Book Value		
At 31st March 2023		13483
 31st March 2022		 4,456
 11. Debtors	2023	2022
	£	£
Income Receivable	85859	4,118
Other	4118	0
	89,977	4,118
 12. Liabilities Amounts falling due within one year	2023	2022
	£	£
Deferred Grants	95,121	69,413
Accruals	10,807	12,290
Other	6,259	0
VAT Liability	3,367	4,483
	115,554	86,186

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 Marc
	2022 £	2023 £	2023 £	2023 £	2023 £
Restricted					
Activities Fund	115,606	199,205	223,482	0	91,329
Total Restricted Funds	115606	199,205	223,482	0	91,329
Unrestricted					
Designated Funds				80,000	80,000
General Funds	157,025	90,529	86,318	0	161,23€
Total Unrestricted Funds	157,025	90,529	86,318	80,000	241,23€
Total Funds	272,631	289,734	309,800	80,000	332,56€

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	13,483	13,483
Current Assets	173,555	180,806	428,141
Current Liabilities	(45,702)	(42,484)	(109,060)
	127,853	151,805	332,565

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2023

IRANIAN ASSOCIATION

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Income and Expenditure Account	5
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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address of Charity: 222 King Street
London
W6 0RA

**Management Committee,
Trustees and Company Directors** Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers: Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners: Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

**IRANIAN ASSOCIATION
REPORT OF THE MANAGEMENT COMMITTEE
FOR THE YEAR ENDED 31ST MARCH 2023**

The year under review was characterised by the cost of living crisis and legacies of the COVID pandemic affecting our community members financially, emotionally and socially. We helped thousands of people by providing a hybrid working model that enabled us to continue delivery of our essential and lifesaving services for those in the greatest need. The Iranian Association (IA) management worked hard to support and engage the staff and volunteers successfully.

We are grateful to Trust for London, CAF, Lloyds Bank Foundation, Community Fund, BME Health Forum and Comic Relief who funded the IA last year to support over 1,500 people with welfare/housing/immigration advice, emotional support, health advocacy, ESOL/ICT classes, health awareness workshops and social/cultural events. As a result of the IA intervention, we prevented many vulnerable people from sinking into poverty, homelessness or mental illness. We would like to thank our volunteers who were involved in activities such as organising events, running workshops, supporting the staff and helping older, isolated and disabled members develop their skills in using mobile phones, tablets, laptops and social media. The client surveys and case studies have shown the lifesaving impact of our services. Despite stretched resources and a constantly shifting landscape, the IA has also dealt with requests for help from the community members outside London.

Our staff have worked closely with the relevant local and national services (e.g. NHS, GPs, Councils, Citizens Advice, Colleges etc.) to support the clients; the IA dealt with many requests from other agencies to link people into our established support networks.

A pioneer of delivering computer-based and online courses/tests in London, we have provided the Citizenship tests since 2005. In 2022-23, we helped over 21,000 people take their tests at our centre.

Due to insufficient funding in 2022-23, a number of the IA activities such as accredited BACP counselling sessions, Immigration advice, health awareness workshops, homework classes and yoga sessions were supported through our unrestricted fund.

The value-added partnerships have increased the IA capacity and built its resilience in delivering the services particularly in the time of crisis. We have shared information and good practice with members of BME Health Forum, the Refugee Council Advice Advocacy Forum and the local Advice Forums. The IA has continued its endeavor to develop a better understanding among the communities by working closely with the Prevent Advisory Group and Faith Forum.

The Management Committee would like to say a massive thanks to staff and volunteers for their dedication, support and productive work.

**IA's ACTIVITIES REPORT
THE YEAR ENDED 31ST MARCH 2023**

ADVICE AND INFORMATION on immigration process, housing/benefits and effective budgeting. Form filling, interpreting/translation, signposting/referrals are integral parts of the advice service which is approved by Advice Quality Standard (AQS) and Office of the Immigration Services Commissioner (OISC).

ADVICE/TESTS FOR CITIZENSHIP to help over 20,000 people annually from a wide range of ethnic backgrounds obtain the Settlement or Citizenship status in the UK.

ESOL/IT TRAINING to increase confidence, British cultural awareness and social interaction of the learners by developing reading, writing, speaking and listening skills. Beneficiaries will also learn to access government online sites and NHS services and reduce their isolation through social media and online communication with family and friends.

1-2-1 EMOTIONAL SUPPORT to reduce stress and anxiety delivered through the NHS Warwick Edinburgh framework.

HEALTH ADVOCACY to help the clients register with GPs, access interpreting, benefit from advocacy on their behalf when needed, understand/manage their illnesses/conditions and know what support is available.

TRANSLATION of a wide range of documents such as birth, marriage and education certificates to help the clients support their cases and access other services.

VOLUNTEERING SUPPORT to build confidence and develop the skills of volunteers and help them obtain references for employment.

IRANIAN ASSOCIATION

EXERCISE SESSIONS including yoga and breathing techniques to improve fitness and energy levels and muscle function/balance/posture.

HEALTH AWARENESS WORKSHOPS to provide information and techniques to prevent ill health and reduce anxiety. Topics include stress, anxiety, healthy diet, diabetes and heart disease. Beneficiaries learn to communicate better with health professionals.

CULTURAL/SOCIAL EVENTS to engage the members in cross-cultural heritage and increase their participation and interest in cultural and social activities.

FINANCIAL REVIEW: The Statement of Financial Activities shows a surplus for the year of £59,934. Our reserves stand at £91,329 restricted and £161,236 unrestricted. During the year £80,000 was transferred from unrestricted reserves to a designated reserve for future contingencies such as removal costs and redundancies.

RISK REVIEW: The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

FIXED ASSETS: The movements in tangible assets during the year are shown in note 10 to the financial statements.

RESERVES: The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the unrestricted resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

INVESTMENT POLICY: The constitution authorizes the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

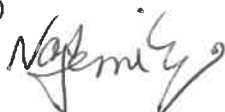
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- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 18.12.2023..... and signed on its behalf by:

.....
Ms Fariba Nazemi (Chair of MC)



**IRANIAN ASSOCIATION
INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2023**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2023

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ

Date:

15/12/2023

Cohen Accountants
129 Station Road
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IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

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Incoming Resources					
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				111,329	272,631

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Current Assets					
Debtors		89,977		4,118	
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Current Liabilities					
Creditors: Short term	12	115,554		81,703	
Payroll Taxation		-9,956		0	
VAT Liability		3,461		4,483	
			109,060		86,186
Net Current Assets			319,082	0	268,175
Net Assets			332,565	0	272,631
FUNDS					
Restricted	13	91,329		97,025	
Unrestricted	13	161,236		115,606	
Designated	13	80,000		60,000	
TOTAL FUNDS			332,565		272,631

Trustees' statement required by Section 249B(4) for the year ended 31st March 2023:
 In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2023 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2023 and

© that we acknowledge our responsibilities for:

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 18/12/23 And were signed on its behalf by

.....


Mr Faridaldin Ansari
(Treasurer)

The notes on pages 9 to 14 form part of these financial statements.

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 20% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2023	2022
	£	£
Big Lottery-Reaching Communities - Bright Life for 50+	0	33,056
Lottery Award for All	1,948	7,792
CAF - Main Grant	74,104	5,000
CAF - Resilience Fund	15,000	0
Trust for London	37,000	0
BME Forum - Comic Relief and other	11,300	12,820
BME Forum - Health Advocacy	10,000	0
Each Consortium	5,880	5,250
Lloyds Bank plc	23,083	30,000
Open Age Digital	13,520	0
Good Things Foundation	0	2,352
Community Massage London	5,370	0
SOBUS	2,000	0
	199,205	96,270

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

3. Contractual Income

The following contractual income was received during the year

	2023	2022
	£	£
PSI and Other Online Tests	123740	108,980
BTL Group	17422	10,672
BME Health Forum	5800	23,015
	146,962	151,067

4. Direct Charitable Expenses

	Unrestrict ed Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
			2023	2022
Wages & Salaries	14,473	67,271	81,744	75,523
Employers NIC	6,001	27,342	33,343	24,124
Office Charge: Rent, Utility, Rate & Telephone	5,624	27,537	33,161	30,099
Postage, Printing, Stationery, Marketing, Books & Software	875	1,584	2,459	3,249
Volunteering	3,160	6,550	9,710	8,105
Training	-	2,000	2,000	588
Health Advocacy	-	15,226	15,226	0
Emotional Wellbeing - Counselling	-	10,225	10,225	7,919
Tuition Fees	6,282	9,500	15,782	13,649
Advice	-	13,632	13,632	7,053
Communications	-	7,045	7,045	0
Travel Expenses	2,218	2,000	4,218	4,081
Test Supervision	10,002	10,000	20,002	24,965
Food Vouchers	-	1,020	1,020	0
Total	63,635	185,932	249,567	199,355

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

			2023	1	2022
5. Fundraising and Publicity	Unrestricted Funds	Restricted Funds	Total Funds		Total Funds
	£	£	£		£
Wages and Salaries	5,834	3,550	9,384		9,724
Employers NIC	1,097	337	1,434		902
Office Charge: Rent, Utility, Rate & Telephone	540	60	600		600
Postage, Printing, Stationery, Advertising	160	240	400		400
Events, Fundraising & Refreshment	950	-	950		391
Equipment Hire	0	-	0		-
Total	85,081	4,187	12,768		12,017
6. Management and Administration of the Charity	Unrestricted Funds	Restricted Funds	Total Funds		Total Funds
	£	£	£		£
			2023		2022
Wages and Salaries	5,484	2,336	7,820		8,896
Employers NIC	464	331	795		825
Insurance & Subscriptions	4,206	-	4,206		1,556
Office Charge: Rent, Utility, Rate & Telephone	675	75	750		750
Postage, Printing, Stationery, Advertising	450	50	500		500
Bank Charges and Interest	61	-	61		76
Depreciation of Equipment	3,371	-	3,371		1,113
Audit & Accountancy	4,050	-	4,050		2,985
Legal & Professional Fees	-	15,306	15,306		2,150
Room Hire	-	265	265		0
Consumables	1,587	-	1,587		904
Maintenance	8,604	-	8,604		914
Other costs	150	-	150		654
Total	29,102	18,363	47,465		21,323

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

7. Net Incoming Resources for the Year	Total Funds	
	2023	2022
	£	£
This stated after charging:		
Depreciation	3,371	1113
Independent Examiner Remuneration	4,050	2,400

8. Staff Costs and Numbers	Total Funds	
	£	
	2023	2022
Staff costs were as follows:		
Salaries and Wages	98,948	94,143
Employer's NIC	35,572	25,851
	134,520	119,994

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2023	2022
Activities	6	5
Fundraising and Publicity	0.5	0.5
Management and administration	1	0.5
	7.5	6

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

10. Fixed Assets	Office Kitchen & Equipme nt	
Cost		
At 1 April 2022	35,328	
Additions	12,398	
As at 31st March 2023	47726	
Accumulated Depreciation		
01 April 2022	30,872	
Charge for the Period	3,371	
At 31st March 2023	34243	
Net Book Value		
At 31st March 2023	13483	
31st March 2022	4,456	
11. Debtors	2023	2022
	£	£
Income Receivable	85859	4,118
Other	4118	0
	89,977	4,118
12. Liabilities Amounts falling due within one year	2023	2022
	£	£
Deferred Grants	95,121	69,413
Accruals	10,807	12,290
Other	6,259	0
VAT Liability	3,367	4,483
	115,554	86,186

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2022 TO 31 MARCH 2023

13. Movements in funds

	At 31 March	Incoming Resources	Outgoing Resources	Transfers	At 31 Marc
	2022 £	2023 £	2023 £	2023 £	2023 £
Restricted					
Activities Fund	115,606	199,205	223,482	0	91,329
Total Restricted Funds	115606	199,205	223,482	0	91,329
Unrestricted					
Designated Funds				80,000	80,000
General Funds	157,025	90,529	86,318	0	161,23€
Total Unrestricted Funds	157,025	90,529	86,318	80,000	241,23€
Total Funds	272,631	289,734	309,800	80,000	332,56€

Balances on restricted funds represent unspent amount given specifically for individual activities.

These balances will be carried forward and spent on each specific activity in the following financial year.

**14. Analysis of Net assets
between funds**

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	13,483	13,483
Current Assets	173,555	180,806	428,141
Current Liabilities	(45,702)	(42,484)	(109,060)
	127,853	151,805	332,565

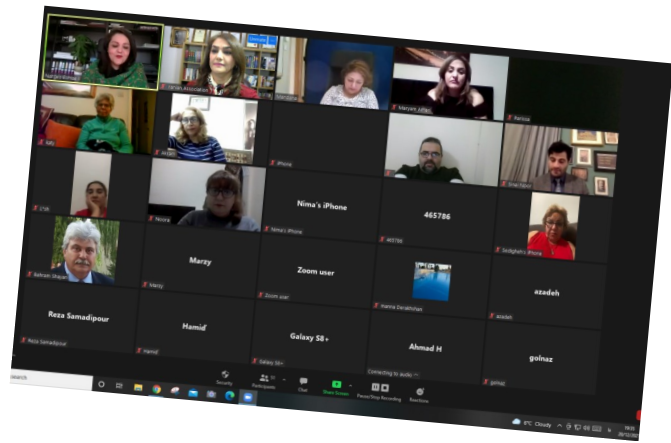
IRANIAN ASSOCIATION

England & Wales - Charity number 1120205

Accounts



Iranian Association (IA)



Annual Review April 2021-March 2022

222 King Street, London W6 0RA

Annual Review April 2021-March 2022

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Management Committee Report

The Iranian Association (IA) has been a resilient organisation which has adapted constantly to meet challenges. As an experienced grassroots organisation supporting low income people to integrate into the UK, we have been keen to improve our services, develop capacity, and ensure our clients gain support needed.

We have been basing our work on our learning process which has set out a holistic pathway to address complex multiple needs for isolated, older and disabled people. Data collection done by our staff and analysed by an external evaluator using focus groups/ leadership discussions, led to our new hybrid service delivery model which offers online/face-to-face welfare/housing advice, emotional support as well as workshops to develop skills.

We would like to thank Lloyds Bank Foundation, CAF, Community Fund, BME Health Forum and Comic Relief who have funded the IA over the last year to support 1,500 people with welfare and/or other advice affecting those struggling to integrate in the UK due to their complex needs. Over 150 people benefited from emotional wellbeing support. 50 people attended ESOL/ICT classes and 40 improved their physical health. We could not deliver this without the volunteers who were involved in activities such as helping older, isolated, disabled members develop their IT skills in using smartphones, tablets, laptops and social media (e.g. Facebook, WhatsApp). The client feedback and case studies have shown our services definitely helped save lives! The IA has noted a substantial increase in advice requests (despite the IA itself being under staffing pressures) from the agencies outside London as people have heard about our reliability/reputation.

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support networks e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or mental illness. A pioneer of online learning/testing in London, we launched our Citizenship tests in 2005; in 2021-22 we helped 19,000 people take their tests at our centre.

The IA has strong local and national links with relevant forums, health networks, and external government researchers which has helped us influence policies at local and regional levels. In 2021-22, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence government policies on immigration, welfare, housing and health issues.

Our report would be incomplete without thanking all the staff and volunteers for their outstanding work throughout the year; without their support many would be left vulnerable and isolated.



Bright Life for 50+

With funding from the National Lottery Community Fund the Iranian Association (IA) delivered the three year “Bright Life for Older People” programme from July 2018 to June 2021. The programme exceeded on all its outcomes. 1261 people were recruited and supported.

The programme offered ESOL, IT and Health Awareness training and an Advisory service. It also included activities to support volunteer befrienders to work with less mobile beneficiaries. Although nobody could have predicted the emergence of COVID-19 and the subsequent lockdowns, these services and the two new initiatives of befriending and the exploration of using mobile and online technology proved invaluable tools to support the beneficiaries.

The IA was able to continue delivering its services throughout the lockdowns. The advice and information, counselling, IT and ESOL training and befriending scheme were needed more than ever. Fifty housebound beneficiaries were supported through befriending. Lockdown encouraged more Iranian and Farsi speaking people to experience volunteering for the first time and they are now eager to continue.

Although the IA had planned to introduce blended learning and explore the potential of offering on-line training and advice sessions, COVID-19 provided the urgency to bring this forward sooner. This has opened up a realm of opportunities as the IA is no longer restricted to deliver only in London and the new technology enables the organisation to support more beneficiaries in a more efficient and cost-effective way.

	Total July 2018-June 2021
Total number of clients	1261
Men	613
Female	648
65+	238
50-64	1023
Disabled	323
Able	938

A 58-year old woman said:

“I am sad to say that I always found it very intimidating that I could not meaningfully engage with my own grandchildren. I attended the ESOL class. Now I can read English and read to my grandchildren. I feel as though I have a more important role in the family.”

A 56-years old woman told us:

“I’ve learnt about so many possibilities using my mobile phone including Zoom, WhatsApp, online shopping, ordering a taxi etc... within the past few months in our IT classes. It helped me to stay in touch with people and to share things with them I wouldn’t have otherwise been able to.”

A 75 year old man said:

“I would not go to an exercise class in which the teacher did not speak Farsi. I would be afraid that I might not understand the instructions and then hurt myself”.

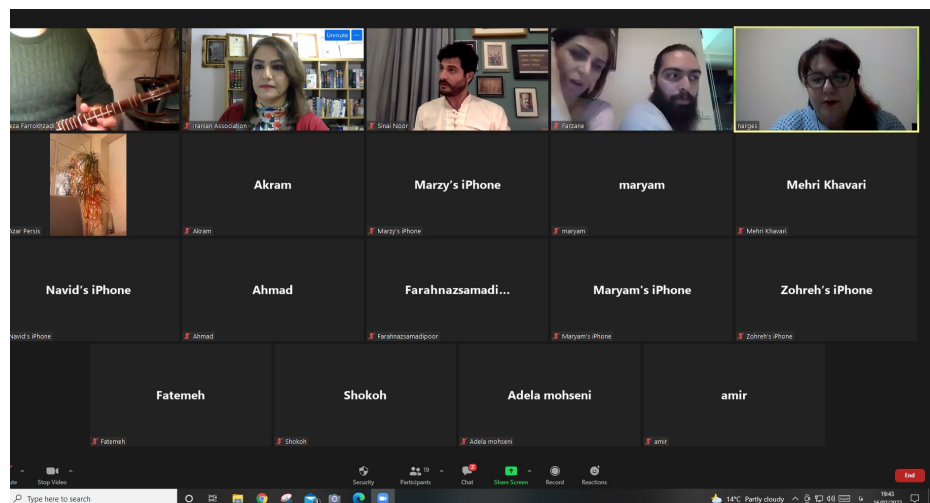
A 35 years old woman told us:

"I've been unemployed and receiving Universal Credit (UC). During the pick of the pandemic the UC increased my payment for daily living. I felt depressed when I found out that this payment was coming to end. I have been struggling to keep up with my bills and payments such as monthly service charge and utility bills. I could not pay my bills on time which led to late payments. The IA advisor provided a listening ear and helped me with budgeting effectively, using other services and linked me into the established support networks. Her support has prevented me from falling into a deeper crisis."

COVID-19 Recovery Grant

The Lloyds Bank Foundation has enabled the IA to provide advisory service, emotional support and classes/workshops and volunteering opportunities particularly for unemployed/low income 18-49 year olds who are the largest group of people in need of IA's services. The COVID-19 has increased the needs of this group due to increased unemployment and family breakdowns. The funding has helped the IA reduce their isolation and financial hardship and prevent severe deterioration of their physical/mental health.

The Lloyds Foundation's COVID-19 Recovery has also provided consultancy support to increase the sustainability of the IA in running the key community projects by helping us develop a fundraising plan to address the funding emergency effectively. The COVID-19 amplified the funding crisis for small charities like the IA, over a decade of financial austerity had already affected the funding for small charities; the local authorities have had almost no funding to offer community projects; the culmination of the difficulties was the cessation of London Councils BMER welfare/housing advisory services funding. The NHS has also had no or only short-term small grants to offer the community organisations. The IA had no funding to support the 18-49 year olds who were experiencing a crisis in their life; if we could not support them, they would be more isolated and experience increased financial hardship and severe deterioration of their wellbeing. As a result of the Lloyds Bank Foundation support and the emergency fundraising plan, the IA secured further funding from CAF Resilience Fund and Comic Relief Global Major Fund to help mitigate the funding challenges, continue our services and develop IA business strategy.



Advice, Emotional Support, ESOL/IT Classes

The Iranian Association (IA) has been successful in securing the CAF Main and Resilience Support grants for a period of fifteen months (January 2022-March 2023). The CAF Resilience Fund is focused on supporting communities hardest hit by the Covid-19 pandemic.

The Main grant has enabled us to fill the funding/support gap left by the pandemic to meet client needs. In the first quarter, we helped 46 clients reduce their isolation, improve financial situations/ mental health, gain new knowledge/skills by benefiting from one or more of the services including housing/welfare advice, emotional support, ESOL/IT classes and volunteering opportunities and development. Furthermore, we have launched a newsletter to ensure more people better understand our impact.

Resilience Support

The grant is aimed at developing our strategic and fundraising plan and producing a roadmap. The CAF support has helped us address our resilience needs in three areas: Organisational Leadership, Finance/Operations and Organisational Impact. It has enabled the Manager (CEO) to free up his time with the help of CAF funded Volunteer Coordinator, Communication freelancer and an executive coach/consultant to concentrate on strategic planning, long term funding and income generation. The funding enabled the Manager to hand over the volunteer management to focus on strategic planning. The consultant has been providing weekly coaching sessions and advice to the Manager to improve strategic decision-making and develop our strategic and fundraising plan; as a result, we have reviewed our values, vision, mission, key strategic objectives, PEST/SWOT, PESTLE, Stakeholder identification/mapping, Risk Assessment etc. Also, the communication expert has been providing advice to help us develop our communication strategy and build IA profile; following his advice we have launched a community newsletter to communicate better our impact.





UK Visas
& Immigration

A female test candidate told us: : "I would like to thank your team this morning at the centre. The staff were really warm and nice. The lady who was checking my docs was really polite and put me at ease whilst doing something that can be uncomfortable like security check.

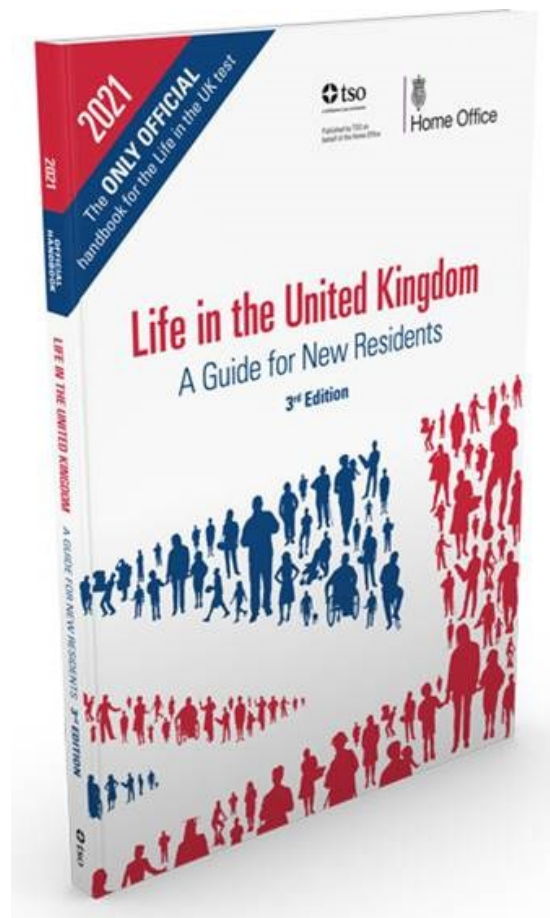
I strongly believe the staff behaviour had a huge positive impact in setting my mindset right today, so thank you. I give the centre 5 stars for the whole process."

Citizenship Advice/Test

The Citizenship test is a compulsory part of the UK immigration application process. The IA launched the Citizenship service in 2005 and is one of 30 or so advice/test centres in the UK. In 2021-22, we helped over 19,000 people with diverse ethnicities take their tests at our centre. At the same time as providing the essential service, the staff have had to follow the COVID-19 guidelines such as social distancing rules, wear masks/visors and sanitise desks/devices continuously to ensure the safety of the test candidates.

On a daily basis the IA deals with telephone, email or face-to-face inquiries about the Citizenship test process and related matters. The candidates need to take the test to apply for Settlement or Naturalisation in Britain. They should book an appointment through their Life in the UK online accounts and attend the centre to take the test.

Delivery of the tests during the COVID health crisis demonstrated the resilience of the IA in providing the essential services to the ethnic minorities.



A middle-aged man told us: "I was behind with my rent and the landlord asked me to attend a court hearing. I was very worried as I did not know what had caused this issue as I thought that the landlord was receiving the rent from Universal Credit (UC) every month. The IA advisor spoke to the UC team and I understood that there was a mistake made on my UC account; due to my low English they misunderstood me. The UC staff informed me that my rent would be paid fully directly to the landlord every month. I am very grateful for all the help I have received from the Iranian association for resolving this serious matter."

Helping Clients Experiencing Racial Inequalities

Through the intervention of the BME Health Forum, the The Global Majority Fund/Comic Relief has supported the IA to work closely and share experience with a range of other communities experiencing racial inequality. Run for 12 months, the project helps the clients across all London boroughs to reduce financial hardship and improve emotional wellbeing by offering 1-to-1 phone, online or face-to-face advice on Universal Credit (UC)/housing run by professional advisors; offering an understanding, listening ear; signposting to relevant local; and linking clients into our established support network.

The project has supported 81 clients since its launch in October 2021 and has achieved the following outcomes:

70 of clients have reduced isolation as they understand there is a place where they can seek advice and form filling and interpreting support

65 have reduced financial hardship as a result of receiving advice on Universal Credit, benefits, housing and budgeting.

27 have improved mental health as they received emotional wellbeing support

53 have increased confidence as a result of the combination of using the advisory service, emotional support and referral to other external services and internal courses.

BME
healthforum

Immigration and Citizenship Information/Advice

The information/advisory service was launched in 1985 and is compliant with the OISC (Office of Immigration Services Commissioner). The service users have usually lacked sufficient English and have had serious difficulties in understanding the information and government guidelines; the advisor has explained their rights and answered their basic questions about the application process and has mainly focused on translating information and explaining the guidelines to the clients who may have also been signposted to other agencies such as immigration solicitors, Law Centres and Migrant Help as appropriate.

Over the last decade there has been limited funding to support immigration advice, so due to the lack of funding, the IA has used the unrestricted fund to provide the basic telephone information/advice on citizenship and immigration/asylum processes and does not provide any case work. According to the Home Office statistics, Iranian people were the largest group of new refugee arrivals in the UK in 2010 and 2011, the second largest group in 2012 and 2013, the third to fourth largest group in 2014 and 2015 and the largest group in 2016, 2017, 2018 and 2019.

An Iranian Refugee:

“After I arrived in the UK, I submitted my political asylum application to the Home Office through a solicitor. However, I lacked sufficient English, could not understand the immigration processes and had a number of queries. I really felt depressed and needed a Farsi speaking advisor to explain the information, so I was signposted to the Iranian Association. The IA advisor answered my queries, read and explained my letters in a language I could understand. I feel much happier after talking to the advisor”





Iranian Association, 222 King Street, London W6 0RA
0208 748 6682
www.iranianassociation.org.uk
www.facebook.com/iranianassociation



IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2022

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address of Charity: 222 King Street
London
W6 0RA

**Management Committee,
Trustees and Company Directors** Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers: Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners: Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

**IRANIAN ASSOCIATION
REPORT OF THE MANAGEMENT COMMITTEE
FOR THE YEAR ENDED 31 MARCH 2022**

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We have been basing our work on our learning process which has set out a holistic pathway to address complex multiple needs for isolated, older and disabled people. Data collection done by our staff and analysed by an external evaluator using focus groups/leadership discussions, led to our new hybrid service delivery model which offers online/face-to-face welfare/housing advice, emotional support as well as workshops to develop skills.

We would like to thank Lloyds Bank Foundation, Comic Relief, Awards for All, CAF and BME Health Forum who funded the IA over the last year to support 1,500 people with welfare and/or other advice affecting those struggling to integrate in the UK due to their complex needs. Over 150 people benefited from emotional wellbeing support. 50 people attended ESOL/ICT classes and 40 improved their physical health. We could not deliver this without the volunteers who were involved in activities such as helping older, isolated, disabled members develop their IT skills in using smartphones, tablets, laptops and social media (e.g. Facebook, WhatsApp). The client feedback and case studies have shown our services definitely helped save lives! The IA has noted a substantial increase in advice requests (despite the IA itself being under staffing pressures) from the agencies outside London as people have heard about our reliability/reputation.

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The IA has strong local and national links with relevant forums, health networks, and external government researchers which has helped us influence policies at local and regional levels. In 2021-22, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence government policies on immigration, welfare, housing and health issues.

Our report would be incomplete without thanking all the staff and volunteers for their outstanding work throughout the year; without their support many would be left vulnerable and isolated.

**IA's ACTIVITIES REPORT
THE YEAR ENDED 31 MARCH 2022**

INFORMATION AND ADVICE: The IA provides advice and information on welfare/housing issues, citizenship, immigration and asylum matters. The service, launched in 1980s, is approved by the Advice Quality Standard (AQS) and OISC and is one of the IA key services.

INTERPRETING/TRANSLATION SERVICE: Alongside interpreting, which is an integral part of the advice service, the IA provided the translation of a wide range of documents such as Birth and Marriage certificates to English.

EMOTIONAL WELLBEING SUPPORT: The service supports people who are going through an emotionally difficult time and found it difficult to access mainstream counselling services.

TRAINING/EDUCATION: The IA delivers online/face-to-face IT and ESOL training for adults.

ADVICE/TESTS FOR CITIZENSHIP: The IA is one of 30 or so citizenship test centres based in the UK.

VOLUNTEERING: The IA supports adult/young volunteers to gain a wide range of experience and provides job references for all the volunteers.

IRANIAN ASSOCIATION

CULTURE AND HERITAGE: The IA organises events/workshops on culture, arts and literature, disseminates information about cross-cultural heritage activities in London and works closely with British heritage institutions to widen participation and interest in cultural activities.

YOUNG PEOPLES PROJECT: The IA provides weekly workshops online to help Iranian and Farsi speaking young people improve their skills in Maths and English. In addition, the IA helps parents and children understand and work through family/relationship issues.

Financial Review

The Statement of Financial Activities shows a surplus for the year of £26,111. Our reserves stand at £115,606 restricted and £157,025 unrestricted. During the year £60,000 was transferred from restricted reserves to a designated reserve for future contingencies such as removal costs and redundancies.

Risk Review

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Fixed Assets

The movements in tangible assets during the year are shown in note 10 to the financial statements.

Reserves

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the unrestricted resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

Investment Policy

The constitution authorizes the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on19.12.2022... and signed on its behalf by:

..........

Ms Fariba Nazemi (Chair of MC)

IRANIAN ASSOCIATION

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2021**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2021

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

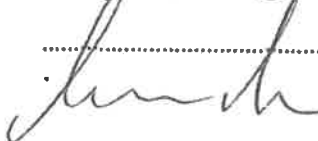
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ

Date: 21 December 2022



Cohen Accountants
129 Station Road
London NW4 4NJ

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2022

	Notes	Unrestricted Funds £ 2022	Restricted Funds £ 2022	Total Funds £ 2022	Total Funds 2021
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		96,270	96,270	167,375
Contractual Income	3	151,067		151,067	124,661
Other Income		11,469		11,469	4,715
Total Incoming Resources		<u>162,536</u>	<u>96,270</u>	<u>258,806</u>	<u>296,752</u>
Resources Expended					
Direct charitable expenditure					
Activities	4	123,447	75,908	199,355	221,154
Other expenditure					
Fundraising and Publicity	5	10,655	1,362	12,017	12,056
Management and Administration	6	17,076	4,247	21,323	36,873
Total Resources expended		<u>151,178</u>	<u>81,517</u>	<u>232,695</u>	<u>270,083</u>
Net Incoming/(Outgoing)					
Resources for the Year		11,358	14,753	26,111	26,669
Balances brought forward at 1 April 2021					
		145,667	100,853	246,520	219,851
Balances Carried Forward at 31st March 2020					
		<u>157,025</u>	<u>115,606</u>	<u>272,631</u>	<u>246,520</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

**IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2022**

	Notes	2022		2021	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		4,456		5,570
Current Assets					
Debtors		4,118		0	
Cash at bank		286,726		310,924	
Bank Account		63,517			
	11		354,361		310,924
Current Liabilities					
Creditors: Short term		81,703		69,974	
VAT Liability		4,483		0	
	12		86,186		
Net Current Assets			268,175		240,950
Net Assets			272,631		246,520
FUNDS					
Unrestricted	13		129,853		145,667
Restricted	13		142,778		100,853
TOTAL FUNDS			272,631		246,520

Trustees' statement required by Section 249B(4) for the year ended 31st March 2022:

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2022 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

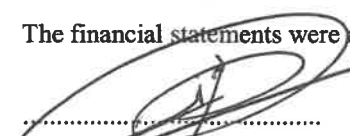
(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2022 and

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 19/02/2027 And were signed on its behalf by:


.....
Mr Faridaldin Ansari (Treasurer)

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 25% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2022	2021
	£	£
Big Lottery-Reaching Communities - Bright Life for 50+	33,056	98,814
Lottery Award for All	7,792	0
CAF – Main & Resilience Support Grants	17,820	0
John Lyon Charity - Youth Club	0	7,000
Each Counselling	5,250	0
Lloyds Bank plc	30,000	10,020
Lloyds Bank DCMS	0	4,167
Good Things Foundation	2,352	3,293
HMRC Furlough Scheme	0	21,461
Total	<u>96,270</u>	<u>144,755</u>

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2022**

3. Contractual Income

The following contractual income was received during the year

	2022	2021
	£	£
PSI and Other Online Tests	108,980	105,103
BTL Group	10,672	4,663
BME Health Forum	31,415	14,895
	<u>151,067</u>	<u>124,661</u>

4. Direct Charitable Expenses	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
			2022	2021
Wages & Salaries	46,936	60,900	107,836	107,836
Employers NIC	4,597	5,418	10,015	10,015
Office Charge: Rent, Utility, Rate & Telephone	21,433	14,018	35,451	35,451
Postage, Printing, Stationery, Advertising, Books & Software	5,954	4,176	10,130	10,130
Volunteering	3,230	2,300	5,530	5,530
Training	-	480	480	480
Counselling Service	-	5,890	5,890	5,890
Tuition Fees	7,525	6,300	13,825	13,825
Room Hiring	-	-	0	0
Travel Expenses	4,782	1,000	5,782	5,782
Test Supervision	24,765	-	24,765	24,765
Youth Club Coordinator	-	-	0	0
Emotional Welbeing	850	-	850	850
Supervision of Counsellor	-	600	600	600
	<u>120,072</u>	<u>101,082</u>	<u>221,154</u>	<u>221,154</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2019 TO 31 MARCH 2022

5. Fundraising and Publicity	Unrestricted	Restricted	2022	2021
	Funds	Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,752	972	9,724	9,724
Employers NIC	812	90	902	902
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	430	-	430	430
Equipment Hire	0	-	0	0
	10,694	1,362	12,056	12,056

6. Management and Administration of the Charity	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	£	£
	£	£	2022	2021
Wages and Salaries	8,006	890	8,896	8,896
Employers NIC	743	82	825	825
Insurance & Subscriptions	2,624	-	2,624	2,624
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	195	-	195	195
Depreciation of Equipment	1,392	-	1,392	1,392
Audit & Accountancy	8,678	-	8,678	8,678
Legal & Professional Fees	-	2,725	2,725	2,725
Consumables	1,880	-	1,880	1,880
Maintenance	6,399	-	6,399	6,399
Other costs	2,009	-	2,009	2,009
	33,051	3,822	36,873	26,873

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2022**

7. Net Incoming Resources for the Year	Total Funds	
	2022	2021
	£	£
This stated after charging:		
Depreciation	1,392	1,392
Auditor's Remuneration	1,843	1,843
	<u>1,843</u>	<u>1,843</u>

8. Staff Costs and Numbers	Total Funds	
	£	
	2022	2021
Staff costs were as follows:		
Salaries and Wages	126,456	126,456
Employer's NIC	11,742	11,742
	<u>138,198</u>	<u>138,198</u>

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2022	2021
Activities	5	5
Fundraising and Publicity	0.5	0.5
Management and administration	0.5	0.5
	<u>6</u>	<u>6</u>

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2021 TO 31 MARCH 2022**

10. Fixed Assets	Office Kitchen & Equipment	
Cost		
At 1 April 2021	35,328	
Additions	0	
 As at 31st March 2022	<u>35328</u>	
 Accumulated Depreciation		
01 April 2021	30,873	
Charge for the Period	1,114	
 At 31st March 2022	<u>31,987</u>	
 Net Book Value		
At 31st March 2022	3,341	
 31st March 2021	<u><u>5,570</u></u>	
 11. Debtors	2022	2021
	£	£
Income Receivable	4,118	7,614
Other	0	0
	<u>4,118</u>	<u>7,614</u>
 12. Liabilities Amounts falling due within one year	2022	2021
	£	£
Deferred Grants	69,413	48,889
Accruals	12,290	15,801
VAT Liability	4,483	5,284
	<u><u>86,186</u></u>	<u><u>69,974</u></u>

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2021 TO 31 MARCH 2022**

13. Movements in funds

	At 31 March 2021 £	Incoming Resources £	Outgoing Resources £	At 31 March 2022 £
Restricted				
Activities Fund	0	96,270	81,517	14,753
Total Restricted Funds	<u>0</u>	<u>96,270</u>	<u>81,517</u>	<u>14,753</u>
Unrestricted				
General funds	146,217	162,536	151,178	157,575
Total Unrestricted Funds	<u>146,217</u>	<u>162,536</u>	<u>151,178</u>	<u>157,575</u>
Total Funds	<u>146,217</u>	<u>258,806</u>	<u>232,695</u>	<u>172,328</u>

Balances on restricted funds represent unspent amount given specifically for individual activities. These balances will be carried forward and spent on each specific activity in the following Financial year.

14. Analysis of Net assets between funds

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	4,456	4,456
Current Assets	173,555	180,806	354,361
Current Liabilities	(43,702)	(42,484)	(86,186)
	<u>129,853</u>	<u>142,778</u>	<u>272,631</u>

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS
FOR THE
YEAR ENDED 31 MARCH 2022

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address of Charity: 222 King Street
London
W6 0RA

**Management Committee,
Trustees and Company Directors** Ms Fariba Nazemi (Chair)
Mr Faridaldin Ansari (Treasurer)
Mr Mahram Moarefi
Mrs Mehran Bircan

Bankers: Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners: Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

**IRANIAN ASSOCIATION
REPORT OF THE MANAGEMENT COMMITTEE
FOR THE YEAR ENDED 31 MARCH 2022**

The Iranian Association (IA) has been a resilient organisation which has adapted constantly to meet challenges. As an experienced grassroots organisation supporting low income people to integrate into the UK, we have been keen to improve our services, develop capacity, and ensure our clients gain support needed.

We have been basing our work on our learning process which has set out a holistic pathway to address complex multiple needs for isolated, older and disabled people. Data collection done by our staff and analysed by an external evaluator using focus groups/leadership discussions, led to our new hybrid service delivery model which offers online/face-to-face welfare/housing advice, emotional support as well as workshops to develop skills.

We would like to thank Lloyds Bank Foundation, Comic Relief, Awards for All, CAF and BME Health Forum who funded the IA over the last year to support 1,500 people with welfare and/or other advice affecting those struggling to integrate in the UK due to their complex needs. Over 150 people benefited from emotional wellbeing support. 50 people attended ESOL/ICT classes and 40 improved their physical health. We could not deliver this without the volunteers who were involved in activities such as helping older, isolated, disabled members develop their IT skills in using smartphones, tablets, laptops and social media (e.g. Facebook, WhatsApp). The client feedback and case studies have shown our services definitely helped save lives! The IA has noted a substantial increase in advice requests (despite the IA itself being under staffing pressures) from the agencies outside London as people have heard about our reliability/reputation.

The IA also signposted the clients to relevant local services (GPs, Councils, Citizens Advice, Colleges etc.) and linked them into our established support network e.g. ICT/ESOL classes. By intervening at the earliest possible stage, we prevented already vulnerable people from sinking into poverty, homelessness or mental illness. A pioneer of online learning/testing in London, we launched our Citizenship tests in 2005; in 2021-22 we helped over 19000 people take their tests at our centre.

The IA has strong local and national links with relevant forums, health networks, and external government researchers which has helped us influence policies at local and regional levels. In 2021-22, the IA Manager continued chairing the BME Health Forum (focus on improving how the NHS, Public Health and Councils respond to our communities). He also sat on the Refugee Advocacy Forum (part of the Refugee Council) which has aimed to influence government policies on immigration, welfare, housing and health issues.

Our report would be incomplete without thanking all the staff and volunteers for their outstanding work throughout the year; without their support many would be left vulnerable and isolated.

**IA's ACTIVITIES REPORT
THE YEAR ENDED 31 MARCH 2022**

INFORMATION AND ADVICE: The IA provides advice and information on welfare/housing issues, citizenship, immigration and asylum matters. The service, launched in 1980s, is approved by the Advice Quality Standard (AQS) and OISC and is one of the IA key services.

INTERPRETING/TRANSLATION SERVICE: Alongside interpreting, which is an integral part of the advice service, the IA provided the translation of a wide range of documents such as Birth and Marriage certificates to English.

EMOTIONAL WELLBEING SUPPORT: The service supports people who are going through an emotionally difficult time and found it difficult to access mainstream counselling services.

TRAINING/EDUCATION: The IA delivers online/face-to-face IT and ESOL training for adults.

ADVICE/TESTS FOR CITIZENSHIP: The IA is one of 30 or so citizenship test centres based in the UK.

VOLUNTEERING: The IA supports adult/young volunteers to gain a wide range of experience and provides job references for all the volunteers.

IRANIAN ASSOCIATION

CULTURE AND HERITAGE: The IA organises events/workshops on culture, arts and literature, disseminates information about cross-cultural heritage activities in London and works closely with British heritage institutions to widen participation and interest in cultural activities.

YOUNG PEOPLES PROJECT: The IA provides weekly workshops online to help Iranian and Farsi speaking young people improve their skills in Maths and English. In addition, the IA helps parents and children understand and work through family/relationship issues.

Financial Review

The Statement of Financial Activities shows a surplus for the year of £26,111. Our reserves stand at £115,606 restricted and £157,025 unrestricted. During the year £60,000 was transferred from restricted reserves to a designated reserve for future contingencies such as removal costs and redundancies.

Risk Review

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Fixed Assets

The movements in tangible assets during the year are shown in note 10 to the financial statements.

Reserves

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the unrestricted resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

Investment Policy

The constitution authorizes the Management Committee to make and hold investments using the general funds of the charity.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on19.12.2022... and signed on its behalf by:

..........

Ms Fariba Nazemi (Chair of MC)

IRANIAN ASSOCIATION

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2021**

Independent examiner's report to the trustees of Iranian Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2021

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

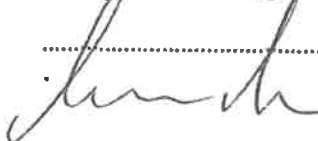
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datasoft Accounting Services Ltd
129 Station Road
London
NW4 4NJ

Date: 21 December 2022



Cohen Accountants
129 Station Road
London NW4 4NJ

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2022

	Notes	Unrestricted Funds £ 2022	Restricted Funds £ 2022	Total Funds £ 2022	Total Funds 2021
Income and Expenditure					
Incoming Resources					
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Direct charitable expenditure					
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Other expenditure					
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Total Resources expended		<u>151,178</u>	<u>81,517</u>	<u>232,695</u>	<u>270,083</u>
Net Incoming/(Outgoing)					
Resources for the Year		11,358	14,753	26,111	26,669
Balances brought forward at 1 April 2021					
		145,667	100,853	246,520	219,851
Balances Carried Forward at 31st March 2020					
		<u>157,025</u>	<u>115,606</u>	<u>272,631</u>	<u>246,520</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

**IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2022**

	Notes	2022		2021	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		4,456		5,570
Current Assets					
Debtors		4,118		0	
Cash at bank		286,726		310,924	
Bank Account		63,517			
	11		354,361		310,924
Current Liabilities					
Creditors: Short term		81,703		69,974	
VAT Liability		4,483		0	
	12		86,186		
Net Current Assets			268,175		240,950
Net Assets			272,631		246,520
FUNDS					
Unrestricted	13		129,853		145,667
Restricted	13		142,778		100,853
TOTAL FUNDS			272,631		246,520

Trustees' statement required by Section 249B(4) for the year ended 31st March 2022:

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2022 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

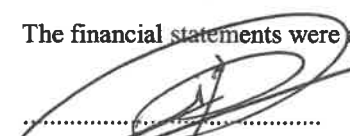
(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2022 and

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on 19/02/2027 And were signed on its behalf by:


.....
Mr Faridaldin Ansari (Treasurer)

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 25% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2022	2021
	£	£
Big Lottery-Reaching Communities - Bright Life for 50+	33,056	98,814
Lottery Award for All	7,792	0
CAF – Main & Resilience Support Grants	17,820	0
John Lyon Charity - Youth Club	0	7,000
Each Counselling	5,250	0
Lloyds Bank plc	30,000	10,020
Lloyds Bank DCMS	0	4,167
Good Things Foundation	2,352	3,293
HMRC Furlough Scheme	0	21,461
Total	<u>96,270</u>	<u>144,755</u>

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2022**

3. Contractual Income

The following contractual income was received during the year

	2022	2021
	£	£
PSI and Other Online Tests	108,980	105,103
BTL Group	10,672	4,663
BME Health Forum	31,415	14,895
	<u>151,067</u>	<u>124,661</u>

4. Direct Charitable Expenses	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
			2022	2021
Wages & Salaries	46,936	60,900	107,836	107,836
Employers NIC	4,597	5,418	10,015	10,015
Office Charge: Rent, Utility, Rate & Telephone	21,433	14,018	35,451	35,451
Postage, Printing, Stationery, Advertising, Books & Software	5,954	4,176	10,130	10,130
Volunteering	3,230	2,300	5,530	5,530
Training	-	480	480	480
Counselling Service	-	5,890	5,890	5,890
Tuition Fees	7,525	6,300	13,825	13,825
Room Hiring	-	-	0	0
Travel Expenses	4,782	1,000	5,782	5,782
Test Supervision	24,765	-	24,765	24,765
Youth Club Coordinator	-	-	0	0
Emotional Welbeing	850	-	850	850
Supervision of Counsellor	-	600	600	600
	<u>120,072</u>	<u>101,082</u>	<u>221,154</u>	<u>221,154</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2019 TO 31 MARCH 2022

5. Fundraising and Publicity	Unrestricted	Restricted	2022	2021
	Funds	Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,752	972	9,724	9,724
Employers NIC	812	90	902	902
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	430	-	430	430
Equipment Hire	0	-	0	0
	10,694	1,362	12,056	12,056

6. Management and Administration of the Charity	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	£	£
	£	£	2022	2021
Wages and Salaries	8,006	890	8,896	8,896
Employers NIC	743	82	825	825
Insurance & Subscriptions	2,624	-	2,624	2,624
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	195	-	195	195
Depreciation of Equipment	1,392	-	1,392	1,392
Audit & Accountancy	8,678	-	8,678	8,678
Legal & Professional Fees	-	2,725	2,725	2,725
Consumables	1,880	-	1,880	1,880
Maintenance	6,399	-	6,399	6,399
Other costs	2,009	-	2,009	2,009
	33,051	3,822	36,873	26,873

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2022**

7. Net Incoming Resources for the Year	Total Funds	
	2022	2021
	£	£
This stated after charging:		
Depreciation	1,392	1,392
Auditor's Remuneration	1,843	1,843
	<u>1,843</u>	<u>1,843</u>

8. Staff Costs and Numbers	Total Funds	
	£	
	2022	2021
Staff costs were as follows:		
Salaries and Wages	126,456	126,456
Employer's NIC	11,742	11,742
	<u>138,198</u>	<u>138,198</u>

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2022	2021
Activities	5	5
Fundraising and Publicity	0.5	0.5
Management and administration	0.5	0.5
	<u>6</u>	<u>6</u>

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2021 TO 31 MARCH 2022**

10. Fixed Assets	Office Kitchen & Equipment	
Cost		
At 1 April 2021	35,328	
Additions	0	
As at 31st March 2022	<u>35328</u>	
Accumulated Depreciation		
01 April 2021	30,873	
Charge for the Period	1,114	
At 31st March 2022	<u>31,987</u>	
Net Book Value		
At 31st March 2022	3,341	
31st March 2021	<u><u>5,570</u></u>	
11. Debtors	2022	2021
	£	£
Income Receivable	4,118	7,614
Other	0	0
	<u>4,118</u>	<u>7,614</u>
12. Liabilities Amounts falling due within one year	2022	2021
	£	£
Deferred Grants	69,413	48,889
Accruals	12,290	15,801
VAT Liability	4,483	5,284
	<u>86,186</u>	<u>69,974</u>

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2021 TO 31 MARCH 2022**

13. Movements in funds

	At 31 March 2021 £	Incoming Resources £	Outgoing Resources £	At 31 March 2022 £
Restricted				
Activities Fund	0	96,270	81,517	14,753
Total Restricted Funds	<u>0</u>	<u>96,270</u>	<u>81,517</u>	<u>14,753</u>
Unrestricted				
General funds	146,217	162,536	151,178	157,575
Total Unrestricted Funds	<u>146,217</u>	<u>162,536</u>	<u>151,178</u>	<u>157,575</u>
Total Funds	<u>146,217</u>	<u>258,806</u>	<u>232,695</u>	<u>172,328</u>

Balances on restricted funds represent unspent amount given specifically for individual activities. These balances will be carried forward and spent on each specific activity in the following Financial year.

14. Analysis of Net assets between funds

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	4,456	4,456
Current Assets	173,555	180,806	354,361
Current Liabilities	<u>(43,702)</u>	<u>(42,484)</u>	<u>(86,186)</u>
	<u>129,853</u>	<u>142,778</u>	<u>272,631</u>

IRANIAN ASSOCIATION

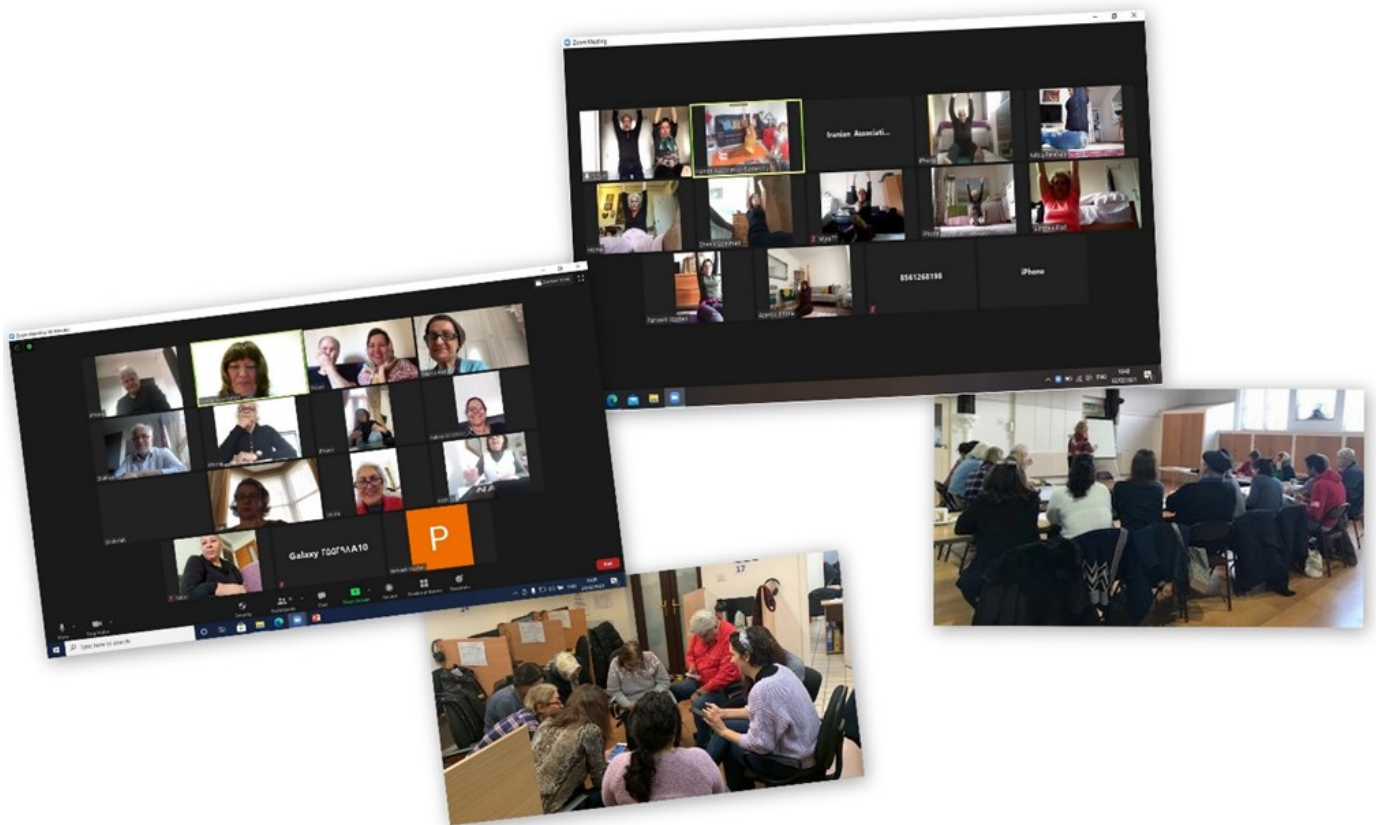
England & Wales - Charity number 1120205

Accounts



Iranian Association (IA)

Annual Review April 2020-March 2021

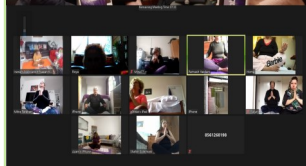
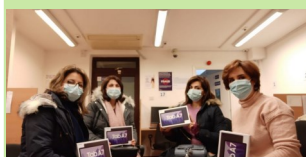


222 King Street, London W6 0RA

Annual Review April 2020-March 2021

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Management Committee Report

The pandemic dominated the year and affected our community members physically, emotionally, socially and financially. With our services we have helped thousands of people cope with their difficulties during the pandemic. We successfully adopted a hybrid working model; moving a number of our services online/on telephone enabled us to continue our lifeline services for those in the greatest need. The Iranian Association (IA) management worked hard to support and engage the staff through the uncertainties.

The IA's continuing prudent financial management meant that we entered the lockdowns and pandemic with a healthy level of reserves. Furthermore, the Lloyds Bank Foundation's COVID-19 Recovery Fund awarded the IA a grant to help us mitigate the financial effects of the health crisis. This has allowed our pandemic response to focus on the needs of the most vulnerable clients. There is no doubt, however, that the disruptions in the availability of long-term grants and reduction in income generation has resulted in a considerable challenge.

Throughout the pandemic and lockdowns, the "Bright Life for 50+" project, supported by the Community Fund, continued providing life-saving services for the most vulnerable Iranian and Farsi speaking older people who benefited from receiving advice, befriending, IT/Mobile workshops, ESOL classes, COVID/Health awareness workshops, exercise sessions and counselling.

Through the COVID response funding awarded to the IA in partnership with the BME Health Forum, our organisation offered advice, advocacy, volunteer expenses and food vouchers to improve the financial, physical and psychological wellbeing of the most vulnerable members of our community.

The IA's resilience and thirty-year experience of delivering online/computer-based courses/tests enabled us to help thousands of people avoid disruptions in their applications to Home Office by taking their Citizenship tests at our centre during the pandemic.

The John Lyons Charity and Lloyds Bank Foundation-DCMS supported the IA to provide workshops, emotional support and advice for Iranian and Farsi speaking children/young people and their parents to address a range of issues. The IA also provided advocacy for the families by working closely with other agencies such as schools and children and adult services. We also provided tablets to the young people who did not have the equipment to access their online lessons.

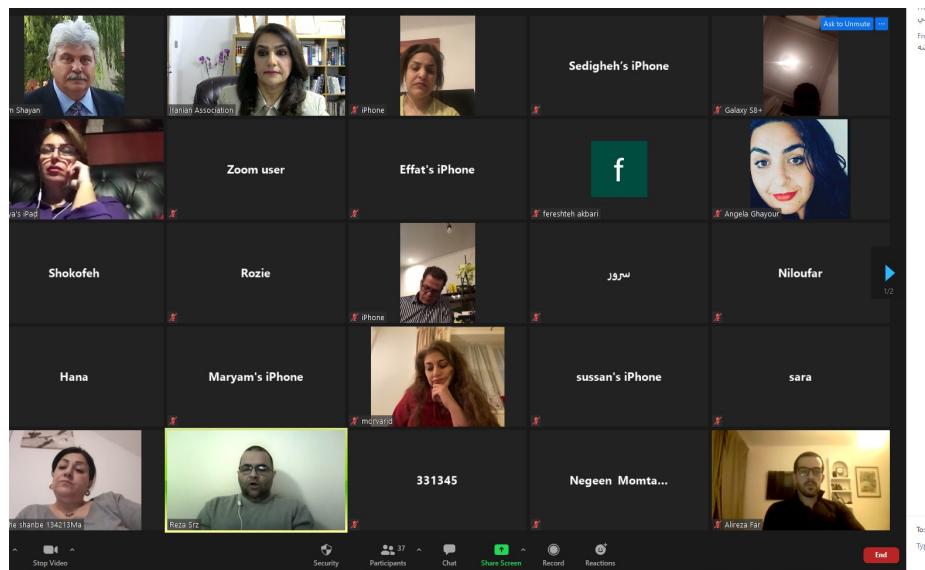
The partnerships with other organisations have built our resilience in delivering the services during the pandemic. The BME Health Forum and NHS helped the IA to support the clients in dealing particularly with the COVID physical and psychological health issues. The IA maintained a productive relationship with the councils, local Youth Foundations, National Resource Centre for Supplementary



Management Committee Report

Education and CVSs to support children and families. We continued sharing information with other founding members of the Refugee Council Advice Advocacy Forum and participated in the local Advice Forums. The IA worked closely with the Prevent Advisory Group and Faith Forum to share experience and develop a better understanding among the communities.

Our staff and volunteers are at the heart of everything we do and we would like to say our heartfelt thanks to them for their tireless and productive work. While there are undoubtedly challenges ahead, we'll face them together with strength, courage and kindness.



Bright Life for 50+

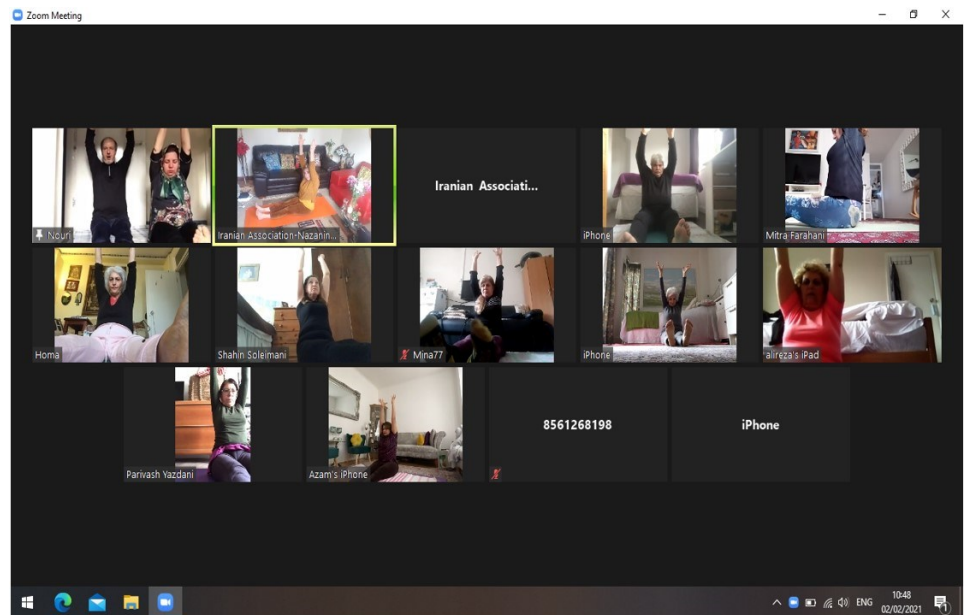
The project continued delivering its services throughout the lockdowns. The advice and information, counselling, IT and ESOL training and befriending scheme were needed more than ever. Over 400 older Iranian and Farsi speaking people benefited from one or more activities. The clients received advice in form filling and dealing with their financial issues including effective budgeting, pension, benefits, housing, energy bills and disability allowances; the advisory service also signposted clients to in-house or external services. Translating information for the clients was an integral part of the service. The project beneficiaries improved their wellbeing by participating in the health awareness workshops, exercise sessions and/or social activities/outings. The health awareness workshops helped the older people learn about Heart Disease, Dementia, Stress, Anxiety, Accessing NHS Services as well as the latest COVID-19 guidelines. The workshops also helped the older people improve their communication with GPs and other health professionals by increasing their knowledge of the health jargon. Older people with psychological issues used the 1-to-1 and/or group accredited CBT counselling to improve their mental wellbeing. The ESOL and IT classes increased the interaction of the learners with British society and made them feel more part of the community; the learners developed their English language skills and knowledge of British culture/society and acquired the IT skills to access the online services and communicate through Zoom and Whatsapp.

A 56-years old woman told us :

“I’ve learnt about so many possibilities using my mobile phone including zoom, WhatsApp, online shopping, ordering a taxi etc... within the past few months in our IT classes. It helped me to stay in touch with people and to share things with them I wouldn’t have otherwise been able to.”

A 72 year old man told the IA staff:

“The IA advisers helped me with the essential translation work that I needed. Such as registering with the GPs, making an appointment with the hospital, answering the letters that I kept receiving from the banks, council, etc. and I had no idea what they said. I’m sure there are some guidelines for me to read but I didn’t know how to read.”



68 year old gentleman told us:

“The 50+ advisor arranged an appointment with the DWP for me to get my National Insurance Number and completed the forms for opening a post office account. She also helped me to apply to the council for a suitable accommodation. I am over the moon and a new chapter has opened in my life.”

Volunteer befrienders were trained and paired with more vulnerable beneficiaries. This service proved to be a lifeline during the pandemic; the housebound beneficiaries reported feeling less lonely and benefitting from befriender home visits, telephone and ‘WhatsApp’ calls. This service has been ground-breaking in introducing volunteer befriending into the Iranian community. Spending time with the befrienders has been helpful for the older people in discovering their inner happiness. These elderly clients not only suffer from isolation but living away from their home in a different country along with financial difficulties; our project evaluation has shown that receiving support from the IA befrienders and staff has increased their hope for a brighter life in the future.

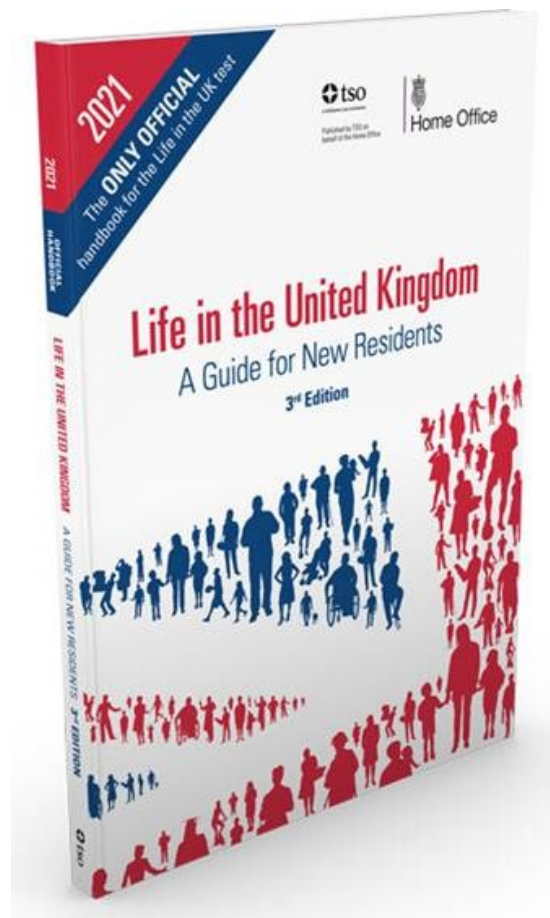
Percentage of 50+ Project Beneficiaries by London Borough

Borough	No. of Clients	%
Barking	4	0.94
Barnet	79	18.50
Bexley	1	0.23
Brent	45	10.54
Bromley	2	0.47
Camden	21	4.92
Croydon	4	0.94
Ealing	62	14.52
Enfield	7	1.64
Hammersmith & Fulham	61	14.29
Hackney	5	1.17
Haringey	5	1.17
Harrow	19	4.45
Hillingdon	7	1.64
Hounslow	28	6.56
Islington	2	0.47
Kensington & Chelsea	34	7.96
Kingston	10	2.34
Newham	1	0.23
Richmond	9	2.11
Southwark	1	0.23
Tower Hamlets	1	0.23
Waltham Forest	1	0.23
Wandsworth	6	1.41
Westminster	12	2.81

Citizenship Tests/Advice

The Iranian Association (IA) is one of 30 or so Citizenship test centres in the UK and has been running the test since 2005. In the year ending 31st March 2021, the IA helped 13,000 people with diverse ethnicities take the Citizenship test which is a compulsory part of the immigration application process. As well as supervising the tests, the staff had to follow the COVID-19 guidelines, social distancing rules, wear masks/visors and sanitise desks and devices continuously to ensure the safety of the test candidates. So a lower number of people could take the test due to the pandemic restrictions. Before the pandemic, at its peak around 20,000 people were supported annually. Delivery of the tests during the COVID health crisis demonstrated the resilience of the IA in providing the essential services to the ethnic minorities.

Furthermore, on a daily basis the IA deals with telephone, email and face-to-face inquiries about the Citizenship test process. The candidates need to take the test to apply for Settlement or Naturalisation in Britain. The candidates book an appointment through their Life in the UK online accounts and attend the centre to take the test.



Emotional Wellbeing project

We have had to deliver this project over the phone since the lockdown in March 2020. During the pandemic, the service beneficiaries were going through an emotionally difficult time and found it hard to access mainstream counselling services because they lacked sufficient English. The advisor provided emotional support by listening, being non-judgmental, and explaining client's options. Through one-to-one sessions, we offered practical help to resolve issues that were causing emotional distress. The advisor offered language support and helped the clients access other services (e.g. Universal Credit, Housing, Courses etc). As a result, their emotional and physical health improved and many attended their GP less frequently. We evaluated the project using the Warwick -Edinburgh Mental Wellbeing Scale and over 80% of clients said their health improved by at least 10%.

A 58 year old lady:

"I did not speak English, felt depressed and wanted someone to listen to me. The advisor encouraged me to think more positively and helped me increase my confidence. I became motivated to leave my flat and go on walks. I have also started attending the IA's English class and making new friends."

BME
healthforum

Immigration and Citizenship Information/Advice

The information/advisory service was launched in 1985 and has continued to be a key service of the IA; the service is compliant with the OISC (Office of Immigration Services Commissioner) for immigration advice, but does not provide any case work. Due to the limited funding, the IA can only provide basic information/advice on immigration/asylum.

According to the Home Office statistics, Iranian people were the largest group of new refugee arrivals in the UK in 2010 and 2011, the second largest group in 2012 and 2013, the third to fourth largest group in 2014 and 2015 and the largest group in 2016, 2017, 2018 and 2019.

In 2020-21, the IA mainly provided telephone one-to-one information/advice on citizenship and immigration process. The staff have mainly focused on translating information and explaining the guidelines to the clients. The service also signposted the clients to other agencies such as immigration solicitors, Law Centres and Migrant Help, if this was the right option for them. The service users usually lacked sufficient English and had serious difficulties in understanding the information; the advisor explained their rights and answered their basic questions about the application process.

An Iranian Refugee:

“I was granted the refugee status, but was not sure about the next stages of the immigration process. The IA advisor read and translated my letters and explained the information in Farsi. I also felt less stress after talking to the advisor”



Services and Workshops for Young People

Homa's mother:

"After attending a dance session, Homa felt cheerful, agile and happy. The workshop gave her a sense of relief along with a reduction in stress, resulting in greater mental being."

Parent of a young girl:

"The children read passages for the tutor over the Zoom so the teacher assessed their level of understanding and reading, as well as their pronunciation. The tutor helped them with their homework during the sessions, and avoided overcorrecting the mistakes, as it helped the children learn and build their confidence."

2020-21 was a challenging year and the COVID-19 health crisis increased the hardship of the Iranian refugee families and children who had already suffered from traumatic experiences of coming to a new home and integrating into the society. The IA staff intervened at the appropriate time to prevent the deterioration of their emotional and financial issues and help them improve their quality of life. The COVID-19 crisis necessitated more flexibility in the service delivery methods, so the workshops and support were offered through Zoom, videos and outdoor when it was possible. The IA made a great difference in the life of Iranian young people who enjoyed their experience, increased their knowledge/life skills and improved their emotional wellbeing through the project services including workshops on Maths/English, Painting/Craft and Dance.

The demand for the emotional wellbeing support was particularly high due to the issues arising as a consequence of the COVID-19 health crisis; the service dealt with problems such as children/parent relationships, behavioural issues, lack of concentration, anxiety, stress, hyperactivity and online safeguarding. The emotional wellbeing support prevented deterioration of the young people's emotional problems.

During the lockdowns, the IA secured tablets and routers with pre-paid Internet access for a number of low income families with two or more children to help them access learning materials and prevent them from falling behind with their school work. Furthermore, the IA provided advice on welfare benefits for the low income parents to reduce their financial hardship and risk of homelessness.



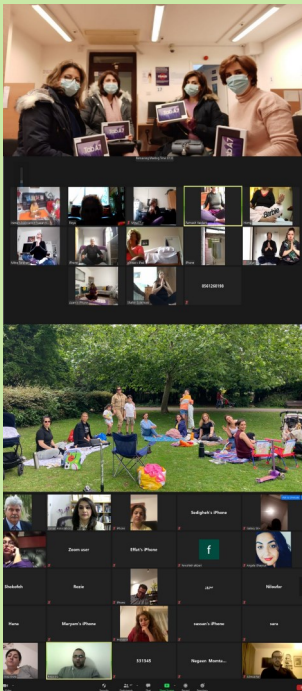


LOTTERY FUNDED

LLOYDS BANK FOUNDATION



JOHN LYON'S CHARITY
PART OF THE HARROW SCHOOL FOUNDATION



Iranian Association, 222 King Street, London W6 0RA
0208 748 6682

www.iranianassociation.org.uk
www.facebook.com/iranianassociation



Iranian Association

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS

FOR THE

YEAR ENDED 31 MARCH 2021

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address of Charity: 222 King Street
London
W6 0RA

**Management Committee,
Trustees and Company Directors** Mr Mohamed Areanfar (Chair)
Mr Faridaldin Ansari (Treasurer)
Ms Fariba Nazemi (Secretary)

Bankers: Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners: Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

**IRANIAN ASSOCIATION
REPORT OF THE MANAGEMENT COMMITTEE
FOR THE YEAR ENDED 31 MARCH 2021**

The pandemic dominated the year and affected our community members physically, emotionally, socially and financially. With our services we have helped thousands of people cope with their difficulties during the pandemic. We successfully adopted a hybrid working model; moving a number of our services online/on telephone enabled us to continue our lifeline services for those in the greatest need. The Iranian Association (IA) management worked hard to support and engage the staff through the uncertainties.

The IA's continuing prudent financial management meant that we entered the lockdowns and pandemic with a healthy level of reserves. Furthermore, the Lloyds Bank Foundation's COVID Recovery Fund awarded the IA a grant to help us mitigate the financial effects of the COVID crisis. This has allowed our pandemic response to focus on the needs of the most vulnerable clients. There is no doubt, however, that the disruptions in the availability of long-term grants and reduction in income generation has resulted in a considerable challenge.

Throughout the pandemic and lockdowns, the "Bright Life for 50+" project, supported by the Community Fund, continued providing lifesaving services for the most vulnerable Iranian and Farsi speaking older people who benefited from receiving advice, befriending, IT/Mobile//ESOL classes, COVID/Health awareness workshops, exercise sessions and counselling.

Through the COVID response funding awarded to the IA in partnership with the BME Health Forum, our organisation offered advice, advocacy, volunteer expenses and food vouchers to improve the physical and psychological wellbeing of the most vulnerable members of our community.

The IA's resilience and thirty-year experience of delivering online/computer-based courses/tests enabled us to help thousands of people avoid disruptions in their applications to Home Office by taking their Citizenship tests at our centre during the pandemic.

The John Lyons Charity and Lloyds Bank Foundation-DCMS supported the IA to provide workshops, emotional support and advice for Iranian and Farsi speaking children/young people and their parents to address a range of issues. The IA also provided advocacy for the families by working closely with other agencies such as schools and children and adult services. We also provided tablets to the young people who did not have the equipment to access their online lessons.

The partnerships with other organisations has built our resilience in delivering the services during the pandemic. The BME Health Forum and NHS helped the IA to support the clients in dealing particularly with the COVID physical and psychological health issues. The IA maintained a productive relationship with the councils, local Youth Foundations, National Resource Centre for Supplementary Education and CVSS to support children and families. We continued sharing information with other founding members of the Refugee Council Advice Advocacy Forum and participated in the local Advice Forums. We worked closely with the Prevent Advisory Group and Faith Forum to share experience and develop a better understanding among the communities.

Our staff and volunteers are at the heart of everything we do and we would like to say our heartfelt thanks to them for their tireless and productive work. While there are undoubtedly challenges ahead, we'll face them together with strength, courage and kindness.

**IA ACTIVITIES REPORT
THE YEAR ENDED 31 MARCH 2021**

BRIGHT LIFE FOR OLDER PEOPLE: The project offered a lifeline to over 400 Iranian and Farsi Speaking older people (50+) by helping them improve their skills, independence and wellbeing. The services included Welfare Advice, Interpreting, Accredited Counselling, COVID 19/Health Awareness Workshops, ESOL/IT workshops, befriending opportunities and social/cultural activities.

SUPPORTING YOUNG PEOPLE AND FAMILIES: The youth club helped the children and young people improve their skills in Maths/English, Painting/Craft, Dance and Video/Photography by attending workshops weekly. The project provided emotional wellbeing support to the young people to help them deal with family/relationship problems, anxiety, lack of concentration and safeguarding issues. Furthermore, the staff provided information and advice to the children and parents about education and welfare. Over 60 children/young people and their families benefited from the project services.

ADVICE/TESTS FOR CITIZENSHIP: One of our greatest achievements has been to help 13,000 people avoid delays in their applications to Home Office by taking their Citizenship tests at our centre during the pandemic from June 2020 to March 2021. The IA is one of around 30 citizenship test centres in the UK providing a service benefiting people with diverse ethnicities.

IRANIAN ASSOCIATION

EMOTIONAL WELBEING SUPPORT: The service supported 170 people who were going through an emotionally difficult time and found it difficult to access mainstream counselling services. The staff offered the clients emotional support by listening, being non-judgmental, and offering options instead of advice.

IMMIGRATION INFORMATION/ADVICE: The advisory service offered information/advice on immigration, asylum matters and form filling. The service also made referrals to immigration solicitors for legal representation. It was launched in 1980s, is approved by OISC and continues to be one of the IA key services.

INTERPRETING/TRANSLATION SERVICE: Alongside interpreting, which is an integral part of the advice service, the IA provided the translation of a wide range of documents such as Birth and Marriage certificates to English.

VOLUNTEERING: 15 volunteers were supported to build their confidence, gain new skills and work experience. They received feedback on their performance at work and were given job reference.

CULTURE AND HERITAGE: The IA organised events and workshops on culture, arts and crafts for adults and young people. The association disseminated information about heritage/cultural activities in London and worked closely with the British heritage institutions.

Financial Review

The Statement of Financial Activities shows a surplus for the year of £26,669. Our reserves stand at £100,853 restricted and £145,667 unrestricted. During the year £60,000 was transferred from restricted reserves to a designated reserve for future contingencies such as removal costs and redundancies.

Risk Review

The management committees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserve at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Fixed Assets

The movements in tangible assets during the year are shown in note 10 to the financial statements.

Reserves

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the unrestricted resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

Investment Policy

The constitution authorizes the Management Committee to make and hold investments using the general funds of the charity.

IRANIAN ASSOCIATION

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on and signed on its behalf by:

.....
Ms Fariba Nazemi (Chair of MC)

Nazemi 20/12/2021

IRANIAN ASSOCIATION

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2021****Independent examiner's report to the trustees of Iranian Association ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2021

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement


I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datsoft Accounting Services
129 Station Road
London
NW4 4NJ

Date: 7/12/2021


Cohen Accountants
129 Station Road
London NW4 4NJ

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

	Notes	Unrestricted Funds £ 2021	Restricted Funds £ 2021	Total Funds £ 2021	Total Funds 2020
Income and Expenditure					
Incoming Resources					
Grants Receivable	2		167,375	167,375	119,796
Contractual Income	3	124,661		124,661	135,910
Other Income		4,716		4,716	8,270
Total Incoming Resources		<u>129,377</u>	<u>167,375</u>	<u>296,752</u>	<u>263,976</u>
Resources Expended					
Direct charitable expenditure					
Activities	4	<u>120,072</u>	<u>101,082</u>	<u>221,154</u>	<u>203,413</u>
Other expenditure					
Fundraising and Publicity	5	10,694	1,362	<u>12,056</u>	21,763
Management and Administration	6	33,051	3,822	<u>36,873</u>	23,872
Total Resources expended		<u>163,817</u>	<u>106,266</u>	<u>270,083</u>	<u>249,048</u>
Net Incoming/(Outgoing)					
Resources for the Year		(34,440)	61,109	26,669	14,928
Balances brought forward at 1 April 2019		180,107	39,744	219,851	204,923
Balances Carried Forward at 31st March 2020		<u>145,667</u>	<u>100,853</u>	<u>246,520</u>	<u>219,851</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2021

	Notes	2021		2020	
		£	£	£	£
FIXED ASSETS					
Tangible Fixed Assets	10		5,570		6,962
Current Assets					
Debtors	11	0		7,614	
Cash at bank		310,924		254,981	
		310,924		262,595	
Current Liabilities					
Liabilities: amounts falling within one year	12	69,974		49,706	
Net Current Assets			240,950		212,889
Net Assets			246,520		219,851
FUNDS					
Unrestricted	13		145,667		180,107
Restricted	13		100,853		39,744
TOTAL FUNDS			246,520		219,851

Trustees' statement required by Section 249B(4) for the year ended 31st March 2021:

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2021 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2021 and

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on: 20.12.21 And were signed on its behalf by:

.....
Mr Faridaldin Ansari (Treasurer)



**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 25% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2021	2020
	£	£
Big Lottery-Reaching Communities - Bright Life for 50+	98,814	98,796
John Lyon Charity - Youth Club	7,000	21,000
BME Health Forum - LCR	22,620	0
Lloyds Bank plc - DCMS	10,020	0
Lloyds Bank plc – Covid-19 Recovery Fund	4,167	0
Good Things Foundation - Census Services	3,293	0
HMRC Furlough Scheme	21,461	0
Total	<u>167,375</u>	<u>119,796</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

3. Contractual Income

The following contractual income was received during the year

	2021	2020
	£	£
Citizenship and Other Online Tests	105,103	101,772
BTL Group	4,663	19,233
BME Health Forum	14,895	14,905
	<u>124,661</u>	<u>135,910</u>

4. Direct Charitable Expenses	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
			2021	2020
Wages & Salaries	46,936	60,900	107,836	69,005
Employers NIC	4,597	5,418	10,015	15,416
Office Charge: Rent, Utility, Rate & Telephone	21,433	14,018	35,451	32,130
Postage, Printing, Stationery, Advertising, Books & Software	5,954	4,176	10,130	5,971
Volunteering	3,230	2,300	5,530	6,717
Training	-	480	480	6,328
Counselling Service	-	5,890	5,890	9,563
Tuition Fees	7,525	6,300	13,825	19,537
Room Hiring	-	-	0	9,470
Travel Expenses	4,782	1,000	5,782	3,422
Test Supervision	24,765	-	24,765	19,823
Youth Club Coordinator	-	-	0	6,031
Emotional Welbeing	850	-	850	0
Supervision of Counsellor	-	600	600	550
	<u>120,072</u>	<u>101,082</u>	<u>221,154</u>	<u>203,963</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2019 TO 31 MARCH 2020

5. Fundraising and Publicity	Unrestricted	Restricted	2021	2020
	Funds	Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,752	972	9,724	9,724
Employers NIC	812	90	902	902
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	430	-	430	10,137
Equipment Hire	0	-	0	-
	10,694	1,362	12,056	21,763

6. Management and Administration of the Charity	Unrestricted	Restricted	2021	2020
	Funds	Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,006	890	8,896	8,896
Employers NIC	743	82	825	825
Insurance & Subscriptions	2,624	-	2,624	1,387
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	195	-	195	164
Depreciation of Equipment	1,392	-	1,392	2,321
Audit & Accountancy	8,678	-	8,678	2,263
Legal & Professional Fees	-	2,725	2,725	3,416
Consumables	1880	-	1,880	1,144
Maintenance	6,399	-	6,399	1,387
Other costs	2009	-	2,009	570
	33,051	3,822	36,873	23,623

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

7. Net Incoming Resources for the Year	Total Funds	
	2021	2020
	£	£
This stated after charging:		
Depreciation	1,392	2321
Auditor's Remuneration	1,843	0
	<u>1,843</u>	<u>0</u>

8. Staff Costs and Numbers	Total Funds	
	£	
	2021	2020
Staff costs were as follows:		
Salaries and Wages	126,456	87,625
Employer's NIC	11,742	17,143
	<u>138,198</u>	<u>104,768</u>

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2021	2020
Activities	5	5
Fundraising and Publicity	0.5	0.5
Management and administration	0.5	0.5
	<u>6</u>	<u>6</u>

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021**

10. Fixed Assets	Office Kitchen & Equipment	
Cost		
At 1 April 2020	35,329	
Additions	0	
 As at 31st March 2021	<u>35329</u>	
 Accumulated Depreciation		
01 April 2020	28,367	
Charge for the Period	1,392	
 At 31st March 2021	<u>29759</u>	
 Net Book Value		
At 31st March 2021	5570	
 31st March 2020	<u><u>6,962</u></u>	
 11. Debtors	2021	2020
	£	£
Income Receivable	0	7,614
Other	0	0
	<u>0</u>	<u>7,614</u>
 12. Liabilities Amounts falling due within one year	2021	2020
	£	£
Deferred Grants	48,889	39,702
Accruals	15,801	4,590
VAT Liability	5,284	5,414
	<u>69,974</u>	<u>49,706</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

13. Movements in funds

	At 31 March 2020 £	Incoming Resources £	Outgoing Resources £	At 31 March 2021 £
Restricted				
Activities Fund	39,744	167,375	106,266	100,853
Total Restricted Funds	<u>39744</u>	<u>167,375</u>	<u>106266</u>	<u>100853</u>
Unrestricted				
General funds	180,657	129,377	163,817	146,217
Total Unrestricted Funds	<u>180,657</u>	<u>129,377</u>	<u>163,817</u>	<u>146,217</u>
Total Funds	<u>220,401</u>	<u>296,752</u>	<u>270,083</u>	<u>247,070</u>

Balances on restricted funds represent unspent amount given specifically for individual activities. These balances will be carried forward and spent on each specific activity in the following financial year.

14. Analysis of Net assets between funds

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	5,570	5,570
Current Assets	140,555	148,268	288,823
Current Liabilities	(39,702)	(7,621)	(47,323)
	<u>100,853</u>	<u>146,217</u>	<u>247,070</u>

IRANIAN ASSOCIATION

CHARITY NO: 1120205
COMPANY NO: 06124753

REPORT AND FINANCIAL STATEMENTS

FOR THE

YEAR ENDED 31 MARCH 2021

IRANIAN ASSOCIATION

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**IRANIAN ASSOCIATION
REFERENCE & ADMINISTRATIVE DETAILS**

Address of Charity: 222 King Street
London
W6 0RA

**Management Committee,
Trustees and Company Directors** Mr Mohamed Areanfar (Chair)
Mr Faridaldin Ansari (Treasurer)
Ms Fariba Nazemi (Secretary)

Bankers: Cooperative Bank plc
14 New Broadway
Ealing
London
W5 2XL

The National Westminster Bank plc
180 King Street
Hammersmith
London
W6 0RA

Independent Examiners: Datasoft Accounting Services Ltd.
129 Station Road
London
NW4 4NJ

**IRANIAN ASSOCIATION
REPORT OF THE MANAGEMENT COMMITTEE
FOR THE YEAR ENDED 31 MARCH 2021**

The pandemic dominated the year and affected our community members physically, emotionally, socially and financially. With our services we have helped thousands of people cope with their difficulties during the pandemic. We successfully adopted a hybrid working model; moving a number of our services online/on telephone enabled us to continue our lifeline services for those in the greatest need. The Iranian Association (IA) management worked hard to support and engage the staff through the uncertainties.

The IA's continuing prudent financial management meant that we entered the lockdowns and pandemic with a healthy level of reserves. Furthermore, the Lloyds Bank Foundation's COVID Recovery Fund awarded the IA a grant to help us mitigate the financial effects of the COVID crisis. This has allowed our pandemic response to focus on the needs of the most vulnerable clients. There is no doubt, however, that the disruptions in the availability of long-term grants and reduction in income generation has resulted in a considerable challenge.

Throughout the pandemic and lockdowns, the "Bright Life for 50+" project, supported by the Community Fund, continued providing lifesaving services for the most vulnerable Iranian and Farsi speaking older people who benefited from receiving advice, befriending, IT/Mobile//ESOL classes, COVID/Health awareness workshops, exercise sessions and counselling.

Through the COVID response funding awarded to the IA in partnership with the BME Health Forum, our organisation offered advice, advocacy, volunteer expenses and food vouchers to improve the physical and psychological wellbeing of the most vulnerable members of our community.

The IA's resilience and thirty-year experience of delivering online/computer-based courses/tests enabled us to help thousands of people avoid disruptions in their applications to Home Office by taking their Citizenship tests at our centre during the pandemic.

The John Lyons Charity and Lloyds Bank Foundation-DCMS supported the IA to provide workshops, emotional support and advice for Iranian and Farsi speaking children/young people and their parents to address a range of issues. The IA also provided advocacy for the families by working closely with other agencies such as schools and children and adult services. We also provided tablets to the young people who did not have the equipment to access their online lessons.

The partnerships with other organisations has built our resilience in delivering the services during the pandemic. The BME Health Forum and NHS helped the IA to support the clients in dealing particularly with the COVID physical and psychological health issues. The IA maintained a productive relationship with the councils, local Youth Foundations, National Resource Centre for Supplementary Education and CVSS to support children and families. We continued sharing information with other founding members of the Refugee Council Advice Advocacy Forum and participated in the local Advice Forums. We worked closely with the Prevent Advisory Group and Faith Forum to share experience and develop a better understanding among the communities.

Our staff and volunteers are at the heart of everything we do and we would like to say our heartfelt thanks to them for their tireless and productive work. While there are undoubtedly challenges ahead, we'll face them together with strength, courage and kindness.

**IA ACTIVITIES REPORT
THE YEAR ENDED 31 MARCH 2021**

BRIGHT LIFE FOR OLDER PEOPLE: The project offered a lifeline to over 400 Iranian and Farsi Speaking older people (50+) by helping them improve their skills, independence and wellbeing. The services included Welfare Advice, Interpreting, Accredited Counselling, COVID 19/Health Awareness Workshops, ESOL/IT workshops, befriending opportunities and social/cultural activities.

SUPPORTING YOUNG PEOPLE AND FAMILIES: The youth club helped the children and young people improve their skills in Maths/English, Painting/Craft, Dance and Video/Photography by attending workshops weekly. The project provided emotional wellbeing support to the young people to help them deal with family/relationship problems, anxiety, lack of concentration and safeguarding issues. Furthermore, the staff provided information and advice to the children and parents about education and welfare. Over 60 children/young people and their families benefited from the project services.

ADVICE/TESTS FOR CITIZENSHIP: One of our greatest achievements has been to help 13,000 people avoid delays in their applications to Home Office by taking their Citizenship tests at our centre during the pandemic from June 2020 to March 2021. The IA is one of around 30 citizenship test centres in the UK providing a service benefiting people with diverse ethnicities.

IRANIAN ASSOCIATION

EMOTIONAL WELBEING SUPPORT: The service supported 170 people who were going through an emotionally difficult time and found it difficult to access mainstream counselling services. The staff offered the clients emotional support by listening, being non-judgmental, and offering options instead of advice.

IMMIGRATION INFORMATION/ADVICE: The advisory service offered information/advice on immigration, asylum matters and form filling. The service also made referrals to immigration solicitors for legal representation. It was launched in 1980s, is approved by OISC and continues to be one of the IA key services.

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The Statement of Financial Activities shows a surplus for the year of £26,669. Our reserves stand at £100,853 restricted and £145,667 unrestricted. During the year £60,000 was transferred from restricted reserves to a designated reserve for future contingencies such as removal costs and redundancies.

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Fixed Assets

The movements in tangible assets during the year are shown in note 10 to the financial statements.

Reserves

The management committee has established a policy whereby the unrestricted funds held by the Association should be 100% of the unrestricted resources expended. At this level the management committee feels they would be able to continue the current activities of the Association in the event of a significant drop in funding.

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The constitution authorizes the Management Committee to make and hold investments using the general funds of the charity.

IRANIAN ASSOCIATION

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The trustees (who are also the directors of Iranian Association for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

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- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The management committee is responsible for keeping proper accounting records which disclose with the reasonable accuracy at any time the financial position of the company and to enable to ensure that the financial statements comply with the Companies Act 2006 and the constitution. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on and signed on its behalf by:

.....
Ms Fariba Nazemi (Chair of MC)

Nazemi 20/12/2021

IRANIAN ASSOCIATION

**INDEPENDENT EXAMINERS REPORT
TO THE TRUSTEES OF IRANIAN ASSOCIATION
FOR THE YEAR ENDED 31 MARCH 2021****Independent examiner's report to the trustees of Iranian Association ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the period ended 31 March 2021

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement


I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
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4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Isaac Cohen Haqi
Datsoft Accounting Services
129 Station Road
London
NW4 4NJ

Date: 7/12/2021


Cohen Accountants
129 Station Road
London NW4 4NJ

IRANIAN ASSOCIATION
INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

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Fundraising and Publicity	5	10,694	1,362	<u>12,056</u>	21,763
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Total Resources expended		<u>163,817</u>	<u>106,266</u>	<u>270,083</u>	<u>249,048</u>
Net Incoming/(Outgoing)					
Resources for the Year		(34,440)	61,109	26,669	14,928
Balances brought forward at 1 April 2019					
		180,107	39,744	219,851	204,923
Balances Carried Forward at 31st March 2020					
		<u>145,667</u>	<u>100,853</u>	<u>246,520</u>	<u>219,851</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 14 to the financial statements.

**IRANIAN ASSOCIATION
BALANCE SHEET AS AT 31ST MARCH 2021**

	Notes	2021	2020
		£	£
FIXED ASSETS			
Tangible Fixed Assets	10	5,570	6,962
Current Assets			
Debtors	11	0	7,614
Cash at bank		310,924	254,981
		310,924	262,595
Current Liabilities			
Liabilities: amounts falling within one year	12	69,974	49,706
Net Current Assets		240,950	212,889
Net Assets		246,520	219,851
FUNDS			
Unrestricted	13	145,667	180,107
Restricted	13	100,853	39,744
TOTAL FUNDS		246,520	219,851

Trustees' statement required by Section 249B(4) for the year ended 31st March 2021:

In approving these financial statements as trustees of the company we hereby confirm:

(a) that for the year ended 31st March 2021 the company was entitled to exemption conferred by Section 477 of the Companies Act 2006;

(b) That no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31st March 2021 and

(1) ensuring that the company keeps proper accounting records which comply with Section 386 and 387 of the Companies Act 2006 and

(2) preparing financial statement which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year ended on that date in accordance with the requirements of Section 394 and 395 and which otherwise comply with the requirements of the companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Trustees on: 20.12.21 And were signed on its behalf by:

.....
Mr Faridaldin Ansari (Treasurer)



**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. Accounting Policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life: Office, Kitchen & Equipment 25% per annum on reducing balance.

2. Grants Receivable

The following restricted grants have been received for the financial year:

	2021	2020
	£	£
Big Lottery-Reaching Communities - Bright Life for 50+	98,814	98,796
John Lyon Charity - Youth Club	7,000	21,000
BME Health Forum - LCR	22,620	0
Lloyds Bank plc - DCMS	10,020	0
Lloyds Bank plc – Covid-19 Recovery Fund	4,167	0
Good Things Foundation - Census Services	3,293	0
HMRC Furlough Scheme	21,461	0
Total	<u>167,375</u>	<u>119,796</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

3. Contractual Income

The following contractual income was received during the year

	2021	2020
	£	£
Citizenship and Other Online Tests	105,103	101,772
BTL Group	4,663	19,233
BME Health Forum	14,895	14,905
	<u>124,661</u>	<u>135,910</u>

4. Direct Charitable Expenses	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
			2021	2020
Wages & Salaries	46,936	60,900	107,836	69,005
Employers NIC	4,597	5,418	10,015	15,416
Office Charge: Rent, Utility, Rate & Telephone	21,433	14,018	35,451	32,130
Postage, Printing, Stationery, Advertising, Books & Software	5,954	4,176	10,130	5,971
Volunteering	3,230	2,300	5,530	6,717
Training	-	480	480	6,328
Counselling Service	-	5,890	5,890	9,563
Tuition Fees	7,525	6,300	13,825	19,537
Room Hiring	-	-	0	9,470
Travel Expenses	4,782	1,000	5,782	3,422
Test Supervision	24,765	-	24,765	19,823
Youth Club Coordinator	-	-	0	6,031
Emotional Welbeing	850	-	850	0
Supervision of Counsellor	-	600	600	550
	<u>120,072</u>	<u>101,082</u>	<u>221,154</u>	<u>203,963</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2019 TO 31 MARCH 2020

5. Fundraising and Publicity	Unrestricted	Restricted	2021	2020
	Funds	Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,752	972	9,724	9,724
Employers NIC	812	90	902	902
Office Charge: Rent, Utility, Rate & Telephone	540	60	600	600
Postage, Printing, Stationery, Advertising	160	240	400	400
Events, Fundraising & Refreshment	430	-	430	10,137
Equipment Hire	0	-	0	-
	10,694	1,362	12,056	21,763

6. Management and Administration of the Charity	Unrestricted	Restricted	2021	2020
	Funds	Funds	Total Funds	Total Funds
	£	£	£	£
Wages and Salaries	8,006	890	8,896	8,896
Employers NIC	743	82	825	825
Insurance & Subscriptions	2,624	-	2,624	1,387
Office Charge: Rent, Utility, Rate & Telephone	675	75	750	750
Postage, Printing, Stationery, Advertising	450	50	500	500
Bank Charges and Interest	195	-	195	164
Depreciation of Equipment	1,392	-	1,392	2,321
Audit & Accountancy	8,678	-	8,678	2,263
Legal & Professional Fees	-	2,725	2,725	3,416
Consumables	1,880	-	1,880	1,144
Maintenance	6,399	-	6,399	1,387
Other costs	2,009	-	2,009	570
	33,051	3,822	36,873	23,623

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

7. Net Incoming Resources for the Year	Total Funds	
	2021	2020
	£	£
This stated after charging:		
Depreciation	1,392	2321
Auditor's Remuneration	1,843	0
	<u>1,843</u>	<u>0</u>

8. Staff Costs and Numbers	Total Funds	
	£	
	2021	2020
Staff costs were as follows:		
Salaries and Wages	126,456	87,625
Employer's NIC	11,742	17,143
	<u>138,198</u>	<u>104,768</u>

No member of the Board of Trustees received any remuneration during the year.

The average weekly number of employees (Full-time equivalent) during the year was as follows:

	Total Funds	
	£	
	2021	2020
Activities	5	5
Fundraising and Publicity	0.5	0.5
Management and administration	0.5	0.5
	<u>6</u>	<u>6</u>

9. Corporation Tax

The Association is exempt from Corporation Tax as it applies all its income to fulfil its charitable purposes.

**IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021**

10. Fixed Assets	Office Kitchen & Equipment	
Cost		
At 1 April 2020	35,329	
Additions	0	
 As at 31st March 2021	 <u>35329</u>	
 Accumulated Depreciation		
01 April 2020	28,367	
Charge for the Period	1,392	
 At 31st March 2021	 <u>29759</u>	
 Net Book Value		
At 31st March 2021	5570	
 31st March 2020	 <u><u>6,962</u></u>	
 11. Debtors	2021	2020
	£	£
Income Receivable	0	7,614
Other	0	0
	<u>0</u>	<u>7,614</u>
 12. Liabilities Amounts falling due within one year	2021	2020
	£	£
Deferred Grants	48,889	39,702
Accruals	15,801	4,590
VAT Liability	5,284	5,414
	<u>69,974</u>	<u>49,706</u>

IRANIAN ASSOCIATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD 01 APRIL 2020 TO 31 MARCH 2021

13. Movements in funds

	At 31 March 2020 £	Incoming Resources £	Outgoing Resources £	At 31 March 2021 £
Restricted				
Activities Fund	39,744	167,375	106,266	100,853
Total Restricted Funds	<u>39744</u>	<u>167,375</u>	<u>106266</u>	<u>100853</u>
Unrestricted				
General funds	180,657	129,377	163,817	146,217
Total Unrestricted Funds	<u>180,657</u>	<u>129,377</u>	<u>163,817</u>	<u>146,217</u>
Total Funds	<u>220,401</u>	<u>296,752</u>	<u>270,083</u>	<u>247,070</u>

Balances on restricted funds represent unspent amount given specifically for individual activities. These balances will be carried forward and spent on each specific activity in the following financial year.

14. Analysis of Net assets between funds

	Restricted Funds £	General Funds £	Total £
Tangible Fixed Assets	-	5,570	5,570
Current Assets	140,555	148,268	288,823
Current Liabilities	(39,702)	(7,621)	(47,323)
	<u>100,853</u>	<u>146,217</u>	<u>247,070</u>