



Inspiring, motivating and
exciting young people
to live healthy lifestyles



132 Anfield Road, Anfield, Liverpool L4 0TF
Tel: 07968193607 - Email: robinbaynes@hotmail.com
www.liverpoolheartbeat.co.uk

Liverpool Heartbeat Annual Report 23/24

27TH DECEMBER 2023 -27TH DECEMBER 2024

On going continuous Project and will be a permanent ongoing program for Liverpool Heartbeat who have partnered with PuzzleDuck who have create a series of Digital Treasure Hunt experiences around a number of cities in the UK. These hunts are powered by an innovative app that helps users to navigate themselves to various secret locations, at which a variety of fun and educational tasks must be attempted.

These tasks include having to find a clue, such as a date on a statue, or a name on a plaque; take a creative photo of users at a specific location; solve a logic puzzle [verbal and non-verbal reasoning, maths] and answer trivia questions either related to the location or of a more general knowledge type.

By their very nature, the hunts are outdoors [although they can be built to include museums/art galleries etc] and they are very active. On average, users walk 3 miles whilst participating in them. The hunts are also inclusive in terms of offering equal access to boys and girls, and also are as wheelchair friendly as we can make them.

The hunts also encourage the development essential soft skills such as communication, resilience, empathy, problem solving, creativity and curiosity, plus leadership.

We believe that these hunts offer a unique alternative to the usual activities that primary schools allocate their PE and Sports Premium to and will not only make a measurable impact on the physical activity of pupils, but will also deliver cultural and heritage education, in small doses, to enable pupils to better appreciate their environment.

The hunts can be built to focus and specific topics. For example, a hunt around Roman Chester could deliver physical activity and at the same time achieve some learning objectives from the curriculum.

Hunts generally last between 90 – 120 mins and allow pupils to play as individuals, teams or one large group.

Continuous Support for Elektric Apple Thearte Group.

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providing an empowering platform for actors and musicians with learning disabilities and special needs. Through their captivating and often hard-hitting productions, Elektric Apple challenges perceptions and showcases the incredible talents of its members, proving that disability is no barrier to artistic excellence.

At the very core of Elektric Apple's success lies the unwavering and invaluable support of Liverpool Heartbeat. The charity has been a steadfast champion, particularly by alleviating the significant financial burden of theatre venue costs.

Liverpool Heartbeat generous contributions mean that Elektric Apple can focus on what they do best: creating "electrifying" performances that resonate with audiences and highlight the abilities of their dedicated cast.

Liverpool Heartbeat's commitment extends far beyond financial aid, offering crucial assistance that enables the group to flourish and reach new heights, from touring nationally to performing at prestigious events like the Edinburgh Fringe.

The symbiotic relationship between Elektric Apple and Liverpool Heartbeat is a testament to the power of community collaboration. It's a partnership that not only fosters artistic expression but also promotes inclusion and well-being within the Liverpool community.

A poignant highlight of this partnership is the annual Prom event, where Robin Baynes, the esteemed founder of Liverpool Heartbeat, presents the Brenda Baynes Courage Award. This deeply meaningful accolade, named in honour of Robin's wife, who suffers with dementia, recognizes the most deserving courageous member of the Elektric Apple Theatre Group.

It's a moment of profound recognition, celebrating individual resilience, dedication, and the courage to shine on stage, while dealing with family problems or hardships embodying the very spirit of both organizations.

The Elektric Apple Theatre Group, powered by the incredible support of Liverpool Heartbeat, continues to be a vibrant and essential part of Liverpool's cultural landscape, inspiring, entertaining, and breaking down barriers, one amazing play at a time.

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May 2024

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It was my pleasure to be asked by Sam Jalloh to be part of his programme with two other inspirational speakers, my talk was from my heart on my life my career and charity

August 2024

Liverpool Heartbeat have been Awarded Youth Engagement from Live Wire this is a National Award for Youth Engagement

Holiday Inn Charity for 2024



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Along this successful bike ride the four of us read Poems from the Leeds Poetry Society at different stages of the Peace Bike Ride that started at Liverpool Town Hall and finished in Leeds Town Hall.

Raising much needed funds for the charity.

November 2024 Liverpool Heartbeat linking up with Liverpool Beatles Museum in Matthew Street.

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I also called in to the Ukrain Centre In liverpool L7 not knowing anybody, they were holding painting classes for children of different age groups, they jumped at the chance to be invited.



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The Beatles Concert organised by Liverpool Heartbeat volunteer

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I gave a short speech about John Hulley who was the first person to register the swim in the Grand Liverpool Olympic Festival in 1863.

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September 2024

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Christmas Presents 2024

December 2024

Basketball



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The money allowed us to provide a performance camp for all our players here at Liverpool Basketball, allowing us to bring in highly qualified, talented and experienced coaches from around the region to provide enhanced training to all our national league players. We were also able to provide a training top for all those that attended, bearing the Liverpool Heartbeat and clubs logo, many of whom still wear the top with pride.

Christmas Presents 2024

CHRISTMAS TOY APPEAL

Liverpool Heartbeat helping The City of Liverpool Lions Club with the delivery of over a 1,000 Toys to various Community Centres across Merseyside.

Robin Baynes MBE

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reaching out ♥ reaching you
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The Queen's Award
for Voluntary Service

LIVERPOOL HEARTBEAT EXPENDITURE 23/24

Racquet Club.	1500 . 00
Bispham Green.	640 . 00
Liverpool Basketball.	2500 . 00
Saffron Hart.	560 . 00
Fenice Media.	354 . 00
Tower Hill ABC.	1000 . 00
Butterworth Spengle.	386 . 41
Liverpool Lighthouse.	1000 . 00
S Hayes.	7500 . 00
Miguel Deforo.	5000 . 00
M Motiwala.	4000 . 00
Puzzleduck.	17211 . 60
Bushell.	2025 . 00
P. Jalloh.	750 . 00
E. Martyn.	1200 . 00
Custom Print.	705 . 00
Miscellaneous.	2500 . 00

TOTAL EXPENDITUE. £. 48832 . 01

I hereby certify this is a true record of the statement of
accounts as at 26th December 2024 of Liverpool Heartbeat.

M.C.
Garner Associates Ltd

Robin Baynes MBE



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LIVERPOOL HEARTBEAT. INCOME 23/24

Donations.	40708 . 42
Puzzleduck.	600 . 00
Golf.	242 . 50
Just Giving.	448 . 39
City of Liverpool.	1500 . 00
S Clark.	100 . 00
Deposit.	545 . 00
Holiday Inn.	1618 . 00

TOTAL INCOME. £. 45762 . 31

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Liverpool Heartbeat Accounts 23/24

Statement of accounts as at 26th December 2024

Balances from 26th December 2023

Current Account.	6026 . 32	
Premium Account.	36 . 31	
Cash.	182 , 59	
		£. 6245 . 22

Income	27/12/23 to 26/12/24.	45762 . 85	
Expenditure.	27/12/23 to 26/12/24.	48831 . 01.	(3068 . 16)
Balance.			£. 3177 . 06

Represented By

Current Account.	2957 . 62
Premium Account.	36 . 85
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Total.

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